

# 'ure Organic Dry Cleaners Lowest dry cleaning prices in the Neighborhood Sorry for the abrupt move- but the good news is our new store is now on East Tremont & Waterbury Come by for our GRAND Opening on Nov 1st To Celebrate our move This month & November We will offer great SPECIALS: **Pants & Blouses** 2 pc. Suits & Dresses We are now the uber of **Dry Cleaning!** Text or Call 917-569-1786 FREE PICKUP & DELIVERY

Mr. Positive is still here!

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# **MORE INFO 718-847-7400** ALL OUR OFFICE FOR





- New Construction
- Luxury Building
- Parking Available
- Security Cameras
- Rooftop
- Gym Location in Building
- Trains, Buses & Stores Nearby







### <u>APPETIZERS</u>

Shrimp Cocktail
Potato Skins w/ Broccoli & Cheese
Baked Stuffed Clams
Buffalo Calamari
Potato Pancakes Served w/ apple sauce



ENTRÉES (served with soup of the day <u>or</u> house salad) PRIME RIB AU JUS - Served with baked potato & broccoli POT ROAST - Served with potato Pancakes & braised Red cabbage PORK ROAST & SAUERKRAUT - Served with mashed potato & carrots HUNGARIAN BEEF GOULASH Served over BUTTER NOODLES STUFFED CHICKEN BREAST w/ Broccoli & Cheese - Served with veggies YAGER SCHNITZEL, SPAETZLE & RED CABBAGE - Veal cutlet sautéed in a hunter mushroom sauce

BRATWURST - Simmered in a malt beer, onion sauce Served with mashed potato BAKED SALMON W/ VEGETABLES - Over rice

WIENER SCHNITZEL – Fried Veal cutlet Served with lemon wedges, spaetzle & Red cabbage

# DESSERTS

CHOCOLATE CAKE • APPLE STRUDEL • CHEESE CAKE • CARROT CAKE TOASTED ALMOND CAKE • TARTUFO • LIMONCELLO TRUFFLE

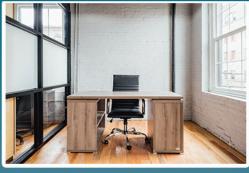
**GERMAN COFFEE -** Made with Peppermint Schnapps **NUTTY IRISHMAN -** Made with Baileys & Franjelico

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Dining Room table, 6 chairs, Hutch 54W by 78H, very good condition, asking \$475, 718-597-0641 SPACIOUS 1 BEDROOM APT FOR RENT IN THE EAST TREMONT AREA IN THE BRONX FOR \$1600 HEAT & HOT WATER INCLUDED WITH A STORAGE UNIT ON THE PROPERTY FOR USE AND ACCESS TO THE BACKYARD.CALL MELISSA AFTER 10AM @646-270-3371. no agents

Office space for rent. Your space shared office community call 914-793-4811 micheal\_buono@ yourspaceoffice.com

A must see... PVt. house furnished studio apartment for rent. Stainless steel appliances, granite counters, only two years old. Close to subways, buses, schools and mall. No smokers. No pets. No laundry. \$1,500 utilities included call landline 10am-6pm - (718) 239-4719

Garage Sale Saturday October, 12. Time:9am-3pm lots new/old stuff DVDS TOOLS Furniture 1427 kennellworth pl

3 bedroom apartment for rent in Pelham Bay. Large living room and dining room, excellent condition, walking distance to #6 train, buses and shops. \$2300 heat/water included. Credit check. No brokers 718-823-7257

No brokers 718-823-7257 TWO WITCHES...AND A MOM GARAGE SALE. Come in for a Spell! Saturday, October 12, 2019, 10:00am–3:30pm, 2454 Mickle Avenue (between Mace & Waring) Throggs Neck !! Studio Apartment for Rent 1,250 includes all utilities separate entrance, with your own back yard call AGENT Jose at 845-659-9018 Yard Sale 1268 Edison Ave. Sat + Sun, 10/12 + 10/13 from 10-5 outterwear, sneakers, houseware, winter stuff

HAROLD S. ENTES, ESQ "YOUR NEIGHBORHOOD ATTORNEY" 1960 WILLIAMSBRIDGE ROAD REAL ESTATE CLOSING BANKRUPTCY (CHAPTER 7 & 13) STOP FORECLOSURE, EVICTION & GARNISHMENTS DIVORCE \* CHANGE OF NAME \* WILLS LANDLORD/TENANT CALL US (718) 828-3070

Licensed electrician will beat any written estimate. House wiring, electric heat installed security systems and much more. Call Al 718-829-8844

Yard Sale, 1052 Calhoun, Sunday, 10/13 10-6 housewares, bakeware, cookware, glassware, books, cookbooks, old recipes, needlepoints, clothes, linens, CD's, records, Christmas decorations, etc

Beautiful 3 bed room apt Throggs Neck \$1875 no pets working people ony. 516-587-4188 Morris Park and Lurting Ave. 3 room 1 bedroom

Morris Park and Lurting Ave. 3 room 1 bedroom in private house. All freshly painted, hardwood floors, Eik-bkr, new cabinets, stove "really nice" small pet ok, \$1500 gas and electric included. Call 718-409-1884

For Rent 2 bedroom apartment in Pelham Bay 2nd floor in the private house, good condition, close all, credit and income required, call realtor Brian 646-238-5383 rent \$1,800



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Fri. Oct 18th 11PM FLC Bronx Underground Music Party

Sat. Oct 19th 8PM Sue & the Fun Gouls HOMEMADE FAMILY DINNER SPECIALS





# 718-597-4935 718-863-5687



# There was a time before delivery was a thing and you had to go to the pizzeria to get a pizza.

There was a time before streaming existed and you had to go to the video store to get a movie. And there was even a time before Oscar when doctors and health insurance companies communicated by fax, and you had to filter through thousands of listings in order to find a single doctor, and once you did, you had to sit in the waiting room for something as simple as a prescription refill.

But thankfully those days are over. At Oscar, we see Medicare differently. That's why we have a care team on staff who know your name, your needs, and are with you every step of the way. We have doctors and nurses you can talk to. We can help you manage your prescriptions and even schedule your appointments. And that's just the beginning.

We can't do pizza and movies, but we can save you time, money, and help you avoid unnecessary hassles. Because that's just the kind of health insurance company we are.

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#### Medicare made easy.

Speak with a licensed agent or enroll directly at **hioscar.com/medicare** today. Call 1-855-627-2710, available Monday-Friday from 9am-8pm EST. TTY = 711. Oscar is an HMO with a Medicare contract. Enrollment in Oscar depends on contract renewal. Other providers are available in our network.

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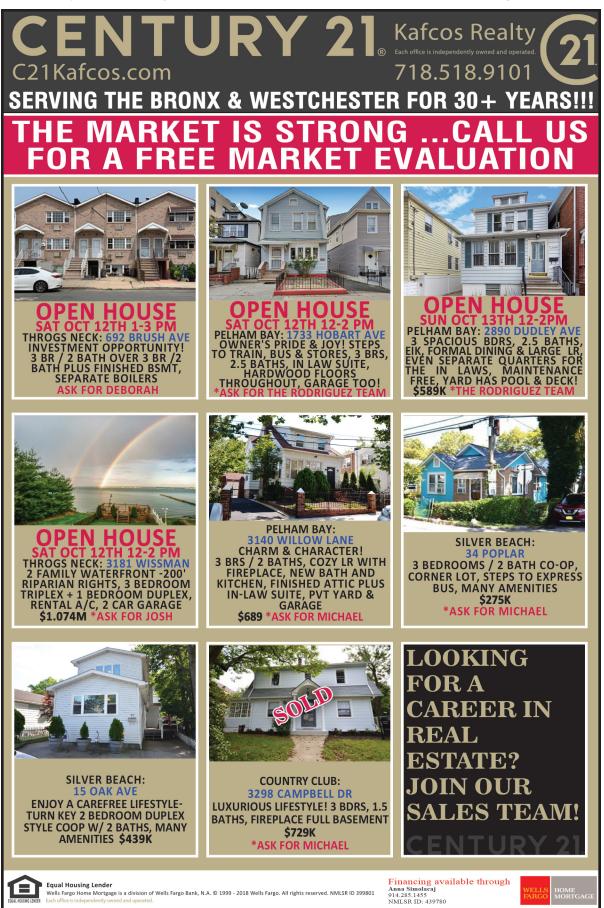


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PELHAM BAY CO-OP, 2 (KING) BEDROOMS, 1 BATH, 1000 SQ FT, MODERN KITCHEN DINING ROOM \$259,000



THROGGS NECK CONDO, 2 BEDROOMS, 2 BATHS, TERRACE, LAUNDRY IN UNIT, GARAGE SPOT \$355,000



COUNTRY CLUB ONE FAMILY, 3 BEDROOMS, 1½ BATHS, DUPLEX, FORMAL DINING ROOM, EAT-IN-KITCHEN, 2 FINISHED ROOMS, TOILET & BATHROOM \$589,900



PELHAM BAY 2 FAMILY, 3 BEDROOMS, 1 ½ BATHS DUPLEX, FRONT PORCH OVER GARAGE LARGE 1 BEDROOM, WALK-IN PRIVATE ENTRIES \$739,000



COUNTRY CLUB 2 FAMILY ON 37.42 X 100 LOT, TWO 2 BEDROOMS / 1 BATH + FINISHED BSMT, DETACHED 2 CAR GARAGE \$759,000



WHITE PLAINS RD BRONX / MT VERNON BOARDER 75 X 68.42 R6A C2-2 PRESENT USE USED CAR LOT \$495,000



THROGGS NECK GLENNON PLACE WATERFRONT BUILDING, LOTS 100 X 251 LOT R3-1 AND C3A ZONES \$1,175,000







PELHAM BAY 2 BEDROOM IN APARTMENT BLDG. \$1,850



#### New Construction - Multifamily



**918 Wilcox Ave** Bronx, NY \$1,295,000 | 7 Bed | 6 Baths

#### Co-Op



5 Circuit Road New Rochelle,NY \$329,000 | 3 Bed | 2 Bath

#### Multifamily



Condo



COMPASS

17 Pennyfield Ave Unit 2 Bronx, NY \$519,000 | 3 Bed | 2 Bath

#### New Construction | Luxury Rentals



840 Morris Park Ave Apt. 3B, 2B Bronx, NY \$2,500/mo | 2 Bed | 1 Bath

#### **Coming Soon!**

**2709 Kingsbridge Terrace** Bronx, NY \$669,000 | 6 Bed | 4 Bath



# Espaillat

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#### DISTRICT NEEDS

Each year the City of New York requires each Community Board to submit a list of capital and expense requests in its respective district for review. For example, Bronx Community Board #10 can suggest to the city to renovate an existing park, create a new park or increase funding to the City Department of Transportation for road repair. If there is a city program that is successful and wish for it to have its funding increased, please let me know. An example of this is the Parks Department's tree and sidewalks program where high priority sidewalks damaged by a city tree are repaired. Please be advised that this process is now open, and you should submit your requests as soon as possible. If you are a Bronx Community Board #10 resident that wishes to suggest an item to be placed on our Fiscal Year 2020 District Needs Statement please contact me directly at (718) 892-1161 or via e-mail at bx10@cb.nyc.gov. Requests are prioritized. If your request does not make it to our final list in October, my office will still have it on record for future District Needs Statements. To be clear, our list to the City of New York is merely a recommendation to the City for what we feel the community needs in terms of municipal services.

#### NYC HUMAN RESOURCE ADMINISTRATION (HRA) REPRESENTATIVE AT CB #10

Every third Friday of the month, a NYC HRA/ Department of Social Services representative is available to take your questions and help you with social service benefit applications at our office at 3165 East Tremont Avenue, Bronx, NY 10461 from 10 A.M. to 3 P.M. While walk-ins are accepted, please call us at (718) 892-1161 to reserve your meeting with the NYC HRA representative. The NYC HRA/ Department of Social Services is the largest social services agency in the country serving nearly 3 million New Yorkers. Through the NYC HRA, eligible New Yorkers receive help from the Supplemental Nutrition Assistance Program (SNAP) and through the Temporary Aid to Needy Families (TANF) or cash assistance program. In addition to these programs, eligible New Yorkers can apply for a "One Shot Deal" and other related programs that help during unforeseen circumstances. For immediate help, please contact (718) 557-1399.

#### **BEING A GOOD NEIGHBOR**

Quite often, when I speak at a local civic association or give remarks during a meeting, I field complaints of lack of neighbor etiquette from the audience. While I know we all take much pride in our communities, let us all be sure to curb our pets, sweep in front of our homes, not place our trash receptacles before 4 P.M. and kindly check on our neighbors that are senior citizens during times of bad weather. These are some of many ways where doing our part helps to sustain the communities that we call home. Lastly but certainly not least, if you are fortunate enough to have a driveway, please use it. On-street parking spaces are decreasing because many opt to park on the street and not in their own garages and driveways. THE BRONX PENNY PINCHER IS RESPONSIBLE FOR THE PORTION OF THE AD IN WHICH ANY ERROR MATERIALLY OCCURS AND ONLY if that error AF-FECTS the ad copy. All ad copy is the sole possession of the publisher and can not be reproduced without express permission of the publisher.

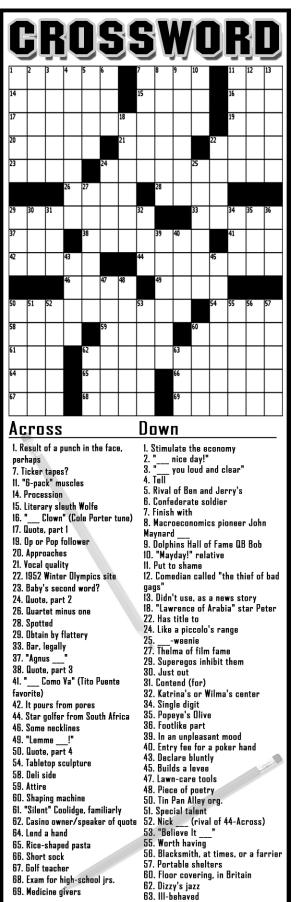
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All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication. The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

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## Councilman Mark Gjonaj



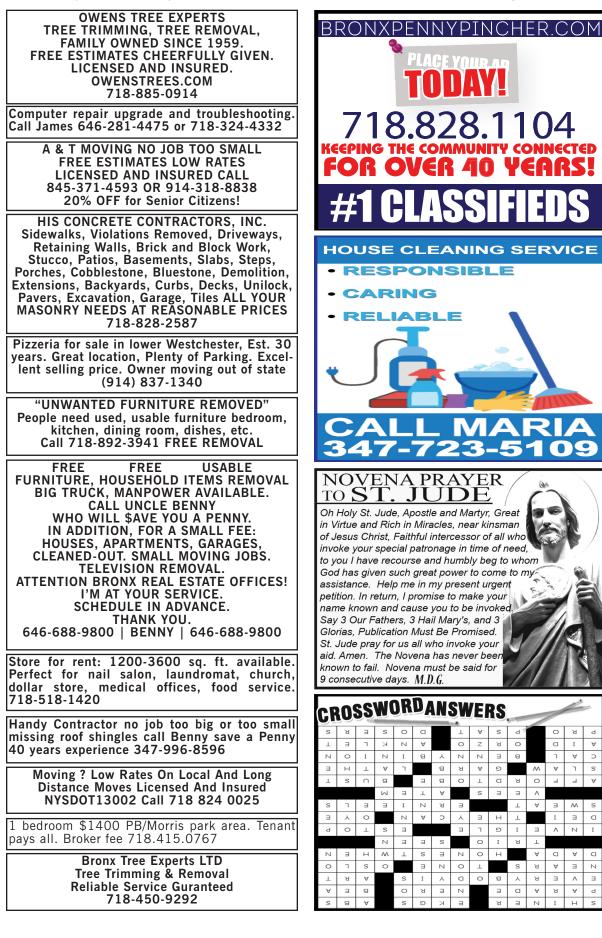
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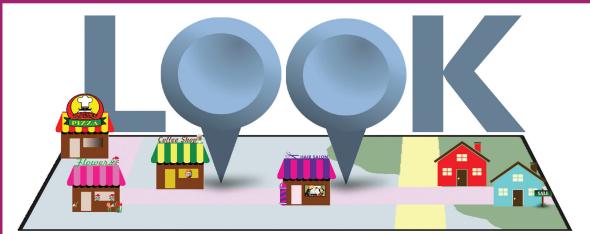
As a member of the New York City Council's Committee on Parks and Recreation. I was pleased to be able to help hold Parks accountable during an oversight hearing on September 26th. Many of our cherished parks are in visible disrepair, as many of you have so diligently illustrated in our **#ShameNYC** campaign. They need more maintenance than Parks is able to provide. Much of that has to do with Parks' rapidly diminishing budget, which for fiscal year 2019, totaled less than 1% of the city budget. This budget is clearly insufficient in meeting the maintenance demands of our city's 30,000 acres of developed park land, where maintenance problems, ranging from unkempt grass to dangerously worn playground equipment, are abound.

I believe, as I know you do, that our parks are our community centers. These parks, which comprise about 14% of our city's land, keep us active, social and happy. But when these civic centers of ours become dirty, poorly maintained or even pose risks to our health, they cease to be the great community centers they ought to be. At the hearing, I was able to represent your concerns and what specifically afflicts us in Bronx's 13th Council District. Rest assured, our troubles are not going unanswered.

I am fighting to bring better funding to Parks so we can enjoy safe and clean spaces. Make no mistake, I fully intend to work with Parks to resolve this issue, but I need your help to do so. The Department of Parks and Recreation and the administration of our city need to be continually shown what the consequences underfunding look like. While our of **#ShameNYC** effort has gained incredible traction. our work is not over vet. Continue to tag your photos of what is affecting you in your parks, tag them with **#ShameNYC**, and send them to me on Twitter and Facebook, email me at MGjonaj@council.nyc.gov, or even call my district office at (718) 931-1721.

Thank you for your continued and unrelenting support for our community parks.





# We are all over **YOUR** neighborhood! Pick up a Penny Pincher at these Amazing Locations!

Chase Bank 3528 E. Tremont Ave.

Crosby Pet 1626 Crosby Ave.

Crosstown Diner Key Food 2880 Bruckner Blvd.

Barino's Market 3244 Ampere Ave.

3579 E. Tremont Ave.

Giordano's "Big G" 1554 Paulding Ave.

Key Food 3151 Westchester Ave.

2722 E. Tremont Ave.

Pruzzo's Supermarket 2937 Westchester Ave.

Bronx Pizzeria Monte Grab&Go Market TJ Lizzy's Deli 1790 Eastchester Rd.

**Ruane's Deli** 2 Centre Edgewater Pk. Dr. S&W Supermarket 4028 E. Tremont Ave. Silver Beach Office 1 Plaza Place

Sweeney's Deli 3136 Miles Avenue

3009 Harding Ave.







# INGREDIENTS

2 1/2 CUPS ALL-PURPOSE FLOUR 1 1/2 CUPS WHITE SUGAR **1 TSP BAKING POWDER 1 TSP BAKING SODA** 2 TSP GROUND CINNAMON 1/2 TSP GROUND NUTMEG **1/2 TSP GROUND CLOVES** 1/2 TSP SALT 1/2 CUP BUTTER, SOFTENED

**1 CUP CANNED PUMPKIN PUREE** 1 EGG

- **1 TSP VANILLA EXTRACT**
- **2 CUPS CONFECTIONERS' SUGAR 3 TBS MILK**
- **1 TBS MELTED BUTTER**
- **1 TSP VANILLA EXTRACT**

# DIRECTIONS

PREHEAT OVEN TO 350 DEGREES F (175 DEGREES C). COMBINE FLOUR, BAKING POWDER, BAKING SODA, CINNAMON, NUTMEG, GROUND CLOVES, AND SALT; SET ASIDE.

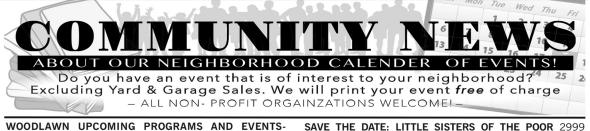
IN A MEDIUM BOWL, CREAM TOGETHER THE 1/2 CUP OF BUTTER AND WHITE SUGAR. ADD PUMPKIN, EGG, AND 1 TEASPOON VANILLA TO BUTTER MIXTURE, AND BEAT UNTIL CREAMY. MIX IN DRY INGREDIENTS. DROP ON COOKIE SHEET BY TABLESPOONFULS; FLATTEN SLIGHTLY.

BAKE FOR 15 TO 20 MINUTES IN THE PREHEATED OVEN. COOL COOKIES. THEN DRIZZLE GLAZE WITH FORK.

TO MAKE GLAZE: COMBINE CONFECTIONERS' SUGAR, MILK, 1 TABLESPOON MELTED BUTTER, AND 1 TEASPOON VANILLA. ADD MILK AS NEEDED, TO ACHIEVE DRIZZLING CONSISTENCY.

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twice monthly Bingo night on Tuesday, October 22 at thier post, 1440 Shore Drive at 7:30 PM. As usual proceeds benefit Veteran organizations and other worthy charities.

BRONX JEWISH CENTER: Please celebrate the beautiful holiday of Sukkot with the BJC on Wednesday Oct 16 start-ing at 5:00 pm.Enjoy a traditional festive meal with your neighbors inside the beautifully decorated Succah located at Bronx Park East and Lydig Ave. It is tradition to have your meal in the Succah. Enjoy the music, singing and food and have a great time .We look foward to seeing you on Wednesday October 16th, 2019.

PSS CITY ISLAND CENTER Upcoming Special Events: Friday, Oct. 19 @ 12:30, New York Roadrunners; Thursday, Oct. 31, Halloween & Birthday Party with DJ; and Monday, Nov. 11 @1:15, Fall Concert.Calligraphy resumes in Octoberon Second and Fourth Wednesday of the month @ 1:00. Napat is back! Singing Group meets on Mondays @ 1:15. Stop by your center and enjoy the exciting programs offered at our cen-Friday from 9:00 to 3:00. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous fit for life and cardio fit. We also offer acrylic painting, calligraphy, health presentations, blood pressure monitoring, gardening exchange, singing group, and parties! Lunch is served from 12:00-1:00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Aldi, Target, Kmart as well as theatre excursions, special trips, spe cial luncheons and more. It's free to become a member but you must be 60 years or above. Suggested donation for lunch 900 Inflast body generation of about 20 and 20 a

Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

PUBLIC SQUARE ROSARY RALLY The parishioners of St. Francis Xavier in Lurtting Ave. in the Bronx invite everyone to join us for an afternoon of prayer. Let us storm heaven by a public recitation of the Holy Rosery for a desertedly needed conversa Tectization of the Holy Rosery for a desertedly needed conversation, reparation & world peace. This will take place at the LORE-TO PLAYGROUND located at Morris Park Ave. btw Tomlinsoon @ Haight Ave. Bronx NY 10461 Sat Oct 12 @ 12 Noon. For more information, please contact Yolly (917)535-9162
 HAVE AN EVENT OR COMMUNITY NEWS? SUBMIT YOUR NON PROFIT EVENTS, NEWS ETC. TO BXPP@AOL.COM AND DON'T FORGET TO VISIT OUR NEW COMMUNITY GROUP AT WWW.FACEBOOK.COM/GROUPS/BXCOMMUNITYNEWS

SAVE THE DATE: LITTLE SISTERS OF THE POOR 2999 Schurz Ave Bronx N.Y. 10465 Cordially invite you to their Annual Christmas Bazaar Saturday November 9th from 9 AM-4 PM, Sunday November 10th from 12:00PM -2 PM Raffles, Jewelry, Variety of gift items, Craft items, Homemade baked goods, Good food, and much more Free Admission, Free Parking ROSARY RALLY SAVE THE DATE: Sat Oct 12 @ 12 noon to pray the Rosary to Our Lady of Fatima for World Peace on the steps of Holy Rosary Church located at E. Gun Hill Rd & Eastchester Rd. For more details call Charlotte 646-599-7140 NORTHEAST BRONX COMMUNITY FARMERS MARKET **PROJECT** Just back from Labor Day Weekend and your fridge is empty? Stop by the Market every Tuesday until October 29th, from 4 to 7pm at Preston High School, 2780 Schurz Avenue. We'll have everything you'll need for quick, healthy, back to school dinners and lunches. Our Young Entrepreneur for this week is Just A Bow by Misa, another new young entrepreneur who is going to impress you! Community Corner has Matthew Cruz, Community Board 10's District Manager. Come by with vour questions and concerns. DIG Farm - Our anchor farm from North Salem, NY will be bringing fresh produce, herbs and flowers, honey, eggs, hot sauce, pickles, soap, soap bombs and elderberry syrup, West Fork Farms & Baked Goods - FRESH MOZZARELLA, Arthur Avenue Bread and freshly baked pastries, Mi Alacena Flavored Olive Oils - Back by popular demand, stop by and stock up on your favorite flavors, Stoneledge Farm -Certified organic produce from Cairo, NY, Cropper Crossing -Delicious TEAS both with and without caffeine, perfect Hot or Cold, tea diffusers and a smile! Two Wrasslin Dogs Farms, Lewis Waite Farm, Morris Perk - Bronx Brew Coffee, Salad to go!, Miss Myrtles Chocolate Chip Cookies - An family recipe, handed down and made in the Bronx, Chameleon Body Lotion - Luxurious lotions with delicious scents, made right here in the Bronx, Usborne Books - Great books for kids of all ages, Biscuit & Bones Fresh dog treats, food and jerky, and AriemsFaith Natural Skin Care. facebook.com/northeastbronxcommunityfarmersmarket/

THE PARISHIONERS OF ST FRANCES DE CHANTAL (East Tremont & Harding Ave's) invite you to attend an afternoon of Adoration and Prayer on Oct 13th at 3 pm. For more informa-tion call the rectory at 718-792-550.

SURVIVOR I AM WELL-AWARENESS EVENTS AT BUFANO PARK MONTHLY EVENTS INCLUDE: FREE Family Fun 1pm to 6pm Chess, Face-Painting, Karaoke \*ALWAYS\* next dates include, Saturday, September 21st, 2019, Saturday, October 19th, 2019 Annual Costume Celebration. Family Fun for every-one in great awareness. Festivities are provided until 6:00pm at least at each event. Come advocate and tent at our event. Together we are the difference! To participate in volunteering or tabling contact Sonia (347) 834-1917 Follow Survivor I Am on Instagram. Like our Facebook page for more adversity awareness content. Visit our website www.survivoriam.organd click on photo galley to view past amazing gatherings! THE TIME IS NOW. Want to help? Contact us to find out how!!! AIRLINES ARE HIRING - Get FAA approved hands on

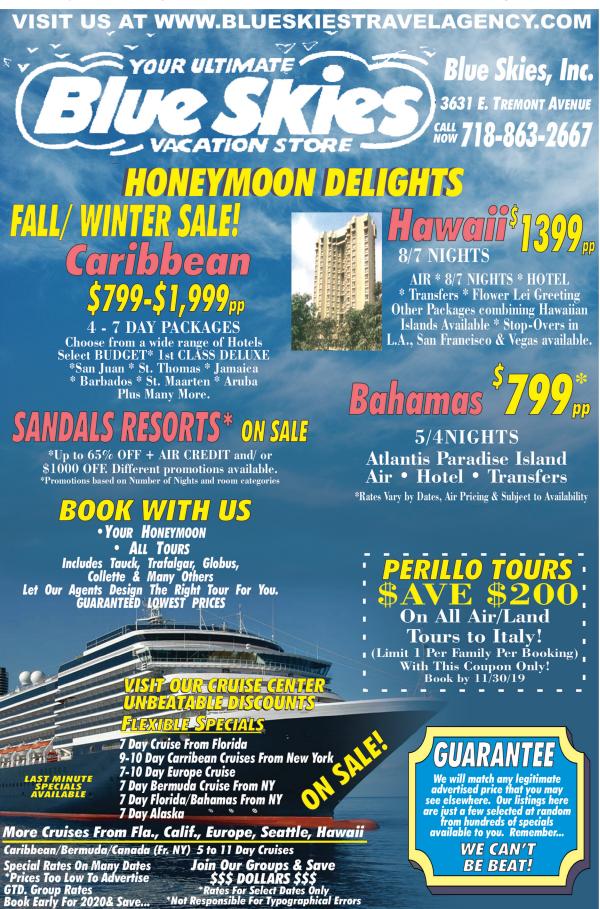
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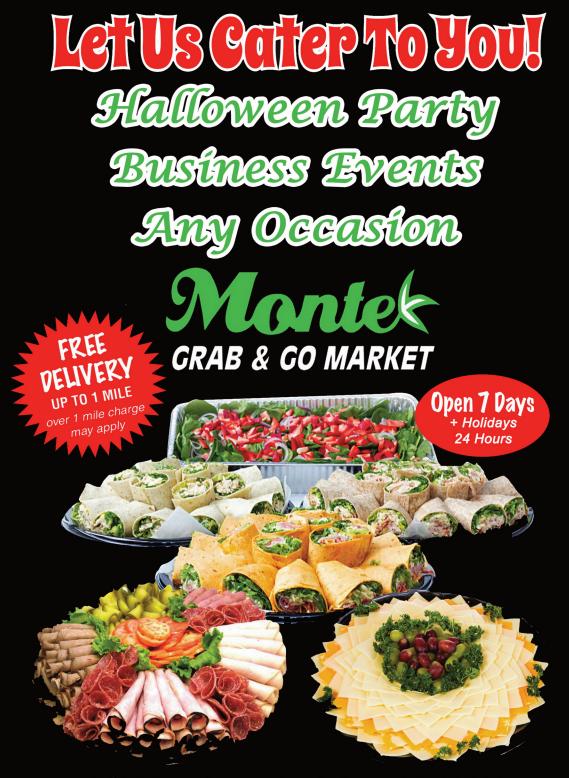
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# Programs and Treatments offered at Bay Park:

# **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

# **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

# **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration
   Interventions
- Ulcer Care
- Surgical Wound Care

# **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- •Behavioral Health Unit

# **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation