

## GM, others highlight progress during Board reports

The Ocean Pines Association (OPA) continues to move forward on several notable projects, including a new golf clubhouse, renovated police building, new financial software, and reinvigorated programs for bulkheads, dredging and drainage.

General Manager John Viola, during the October 2 regular Ocean Pines Board meeting, offered updates on more than a dozen ongoing projects.

Viola said the Association was “on track” with the October deadline to go live with the new Northstar software, expected to help improve financial reporting and accounting services for Ocean Pines.

Finance Director Steve Phillips said the Administration staff, as well as Recreation and Parks, Aquatics and Public Works, would go live with the new systems in October, with other departments phasing in over the next several months. Staff received extensive training on the new systems in September.

“I just want to give accolades to the employees,” Phillips said. “Change is always difficult, but ... there was focus [and an] all-around positive attitude related to the training and implementation.”

Turning to the new Golf clubhouse,

Viola said concrete work would start soon, with a May 1 goal to open the building. He added a prefabricated Golf cart barn should be set by November, and renovations for the Police headquarters should start later this month.

“We’re working with the golf pro to make sure that minimum disruption happens during the busy time at the Golf course,” he said, adding financials at the course are “basically on track with the budget,” despite all the construction activity.

The new craft building is “coming along nicely,” Viola said, and construction there should wrap up by December. The structure is viewable near the Farmer’s Market grounds at White Horse Park.

Also on the management side, Viola is conducting performance reviews of each department head, and said cross-training and promoting “bench strength,” or the ability to specialize across multiple departments, is a priority.

“We definitely will have savings there, [so] it’s worth the investment that we’re doing right now,” he said.

Executive Secretary Michelle Bennett is working with Sibson Consulting

*please see opa page 23*



### Loving to read

During “Read to Self” quiet time, WPS kindergarteners select books of their choice and then find a cozy spot to nestle and read to themselves. As emergent readers, they may read beginner level books or even make up stories from what they see in the pictures.

Above: **Brooke Arnold.**

## Carozza to hold listening hours throughout the district

Senator Mary Beth Carozza will hold a series of listening hours throughout Senate District 38 which



includes Worcester, Wicomico, and Somerset. The sessions will allow individual constituents to share their views and visit with

Senator Carozza prior to the 2020 Maryland General Assembly Session which convenes on January 8.

“Hearing directly from my constituents and listening to their concerns has always been my top priority,” said Senator Carozza who regularly attends numerous community events throughout the three-county Senate district. “These local listening sessions just offer another way to visit with and hear from individuals and families from across the district.”

The schedule is as follows:

#### October 14

4 p.m.-6 p.m.

Worcester County Library-Snow Hill Branch  
307 N Washington St  
Snow Hill, MD 21863

#### October 28

4 p.m.-6 p.m.

Ocean Pines Community Center-East Room  
235 Ocean Pkwy  
Ocean Pines, MD 21811

#### November 4

4 p.m.-6 p.m.

Pocomoke City Hall  
101 Clarke Ave  
Pocomoke City, MD 21851

The schedule for future constituent listening hours in Wicomico and Somerset counties will be released soon. Constituents also may share their views by emailing [marybeth.carozza@senate.state.md.us](mailto:marybeth.carozza@senate.state.md.us) or calling 410-841-3645.

# Community Calendar SEPTEMBER

## Monday

### Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928.

### Delmarva Chorus

The Delmarva Chorus meets every Monday evening at 7PM at the Ocean Pines Community Center in Ocean Pines, Md. Women of all ages are invited to sing with us. Please contact CAROL at 410-641-6876.

## Monday/Tuesday

### Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795.

## Tuesday

### Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

## Tuesday/Thursday

**Poker Players** wanted for Gentlemen's Poker in North Gate area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

## Wednesday

### Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m.

### Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

### Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

### Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

### AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings AL-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

## Second Wednesday

The Polish American Club of Delmarva meets at the Columbus Hall, behind St. Luke's Church, 100th St & Coastal Hwy, Ocean City, from 2 p.m. to 4 p.m. the second Wednesday of the month. Come join us if you are of Polish or Slavic descent. No meetings. June, July, August. Call Helen Sobkowiak 410-723-2639 or Maryann Lula 410-250-2548 for more information.

## Thursday

### Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

### Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577 or Kate at 410-524-0649 for more activities. BeachSingles.org.

### Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

## Friday

### Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.

## First Saturday

### Creative Writing Forum

Every first Saturday of the month at 10 a.m. at the Berlin Library. Novice and established writers gather to share their fiction, non-fiction, and creative writing projects. Program includes critiques and appreciation, market leads, and writing exercises.

# A Time To Remember

On October 16, 1958, Chevrolet began to sell a car-truck hybrid that it calls the El Camino. Inspired by the Ford Ranchero, which had already been on the market for two years, the El Camino was a combination sedan-pickup truck built on the Impala body, with the same "cat's eye" taillights and dramatic rear fins. It was, ads trilled, "the most beautiful thing that ever shouldered a load!" "It rides and handles like a convertible," Chevy said, "yet hauls and hustles like the workingest thing on wheels."



## Library Friends to meet

The Friends of the Ocean Pines Library will hold its semi-annual membership meeting on Monday, October 21.

There will be coffee and donuts beginning at 9:30 a.m., followed by the meeting. Agenda items include the presentation and election of the new Board, the approval of new By-Laws, the report of the Book Sale and the Treasurer's report.

All are invited and encouraged to sign up for membership in the Friends of the Ocean Pines Library. This will allow you, among other things, to attend the members-only Friday night opening of the 2020 Book Sale.

Following the membership meeting, there will be a short program by Master Gardener Elena Ake.

## Alpaca farm open house is Saturday

Ocean Breeze Alpacas will have an open house on Saturday, October 19, from 11 a.m. until 5 p.m. when the farm at 10304 Caleb Road in Berlin, will open free to the public for tours, demonstrations, and activities.

Co-owners Nancy and Susan Taylor invite all to come meet their alpacas and visit their "Breezy Barn" farm store of local alpaca yarn, roving and fibers. Alpaca goods and one-of-a-kind hand knits are also available for sale in the shop, just in time for the holiday gift-giving season. Susan notes, "We hope everyone can join us on Saturday when we have invited various fiber artists demonstrating knitting, spinning, rug-hooking, and weaving. There will be games, activities, and our popular hayride for the kids and the young at heart."

A food truck with hot dogs and ice-cream will be available.

Although Saturday is the bigger day of festivities, the Breezy Barn farm store will also open on Sunday, as usual from 11 a.m. until 5 p.m.

For more information, please contact Susan Taylor, 443-880-7808, or Nancy Taylor at 410-215-0931.

## Notre Dame Cathedral fire to be discussed

The Ocean City Center for the Arts will host a lecture entitled "Our Lady of Paris: The Fire at Notre Dame Cathedral – Past and Future" by architectural historian Robert M. Craig on Wednesday, October 16 from 6 p.m. to 8 p.m. The event is timed in celebration of Ocean City's History Week and as a fundraiser for the Art League of Ocean City with an admission of \$10, and the public is invited.

In April, the world was shocked at the images of the horrendous fire that nearly destroyed Notre Dame Cathedral in Paris, one of France's most significant Early Gothic cathedrals, begun in 1163. Craig will present an illustrated lecture on the fire, discussing the significant features of the building over time including past mutilations and desecrations of the cathedral. A highlight will be a review of proposals by 21<sup>st</sup> century architects to rebuild or redesign the roof and spire.

Written for a general audience, the talk will view the building through the eyes of Victor Hugo, author of "The Hunchback of Notre Dame," and Eugene Viollet-le-Duc, controversial 19<sup>th</sup> century restoration architect, as well as contemporary designers. Drawing on historic paintings and photogravures, drawings, photographs, and contemporary architectural renderings, the talk is visually rich and promises to inform and entertain all who attend.

Craig is Professor Emeritus of

Georgia Tech's architecture school where he taught the history of architecture from 1973-2011. He has lectured from China to France, Canada to Australia, and throughout the United States, giving more than 160 talks at academic conferences. He has authored nine books, most recently two illustrated histories of the Ocean City Beach Patrol.

More information is available at 410-524-9433 or [www.artleagueofoceancity.org](http://www.artleagueofoceancity.org).

# Times announced for ceremony honoring Anna Foultz

Ocean Pines and close friends of Foultz will rededicate the Marlin Room in the Ocean Pines Community Center as "The Anna Foultz Room" at 3:30 p.m.

A remembrance and fellowship for Foultz will be held immediately afterward in the Assateague Room of the Ocean Pines Community Center. Fire code for the room will limit attendance to no more than 160, and overflow will be available outside of the double doors of the Assateague Room.

Currently scheduled to speak are Ocean Pines Association President Doug Parks, Maryland Senator Mary Beth Carozza, Worcester County Commissioner Chip Bertino, and Ocean 98 deejay Bulldog. Carozza will deliver a citation honoring Foultz, from Governor Larry Hogan.

Others may speak, as time allows. The ceremony will also include a performance by the Delmarva Chorus and light refreshments.

Foultz passed away on Sunday,

September 22 at Atlantic General Hospital in Berlin. She was 93.

Born in Camden, New Jersey in 1926, Foultz moved to the area a little over three decades ago. She and Carl founded Star Charities in 2007 to give back to the men and women of the U.S. Armed Forces. Carl, a World War II veteran, passed away in 2010 at the age of 86.

Foultz was known in the community as a tireless advocate of non-profit groups and charitable endeavors, especially the Girl Scouts, and she was reportedly the oldest active member of that organization.

Her memoir, "Two Steps Forward," was published in 2017. She co-wrote the book with her daughter, Shirley Isbell, and donated

much of the proceeds.

Foultz was active up until her



last days. She took part in Ocean Pines' National Night Out celebra-

tion in August, representing the Girl Scouts, and on August 16 she presented a \$1,500 donation to Achilles of Maryland at Veterans Memorial Park in Ocean Pines.

Close friends of Foultz announced they would honor her by continuing the "Holiday Gifts for Our Soldiers" drive, scheduled to last through the end of the month. Collection containers were placed throughout the community to gather nonperishable donations for U.S. soldiers serving overseas.

The Ocean Pines Board unanimously approved the room rededication on October 2.

"Anna will be sorely missed," Parks said. "She was a very, very important person in the Ocean Pines community, and condolences go out to her and her family. We'll celebrate her, not only by the remembrance of the dedication of that room, but just by remembering all the things that she did for Ocean Pines and Star Charities, and the other organizations that she was associated with."

## DISCOVER SOMETHING NEW THIS *Fall* in Ocean Pines, Maryland!

Visit us online! [OceanPines.org](http://OceanPines.org)

### Haunted Walking Trail

White Horse Park Boat Ramp

**Oct 18 & 19  
Oct 25 & 26  
6:00-9:00pm**

**\$8 Ages 12 & Under  
\$10 Ages 13+  
Bring a canned good donation for Diakonia & receive \$1 off.**

*Limit 1 discount per person.*

Are you brave enough to try the trail???

Now seeking community groups to set up haunted displays along the trail! Display space, black tarp & framing provided. You bring the creativity! Limited spaces available. Call 410.641.7052 to participate.

### "Beauty and the Beast" Dive-In Movie

Sports Core Pool

Come swim with us while a movie plays on our giant inflatable screen!

**Saturday, Oct 12  
Doors Open 6:00pm  
Movie Begins by 6:15pm**

**\$3 OP Swim Members  
\$5 OP Residents  
\$7 Non-Residents  
\$20 Families 4+**

**PLUS... Meet Belle from the movie!**

### Aqua Rebound

Sports Core Pool

Try our water trampolines!

**Mon/Wed | Oct 28-Dec 4  
10:30-11am**

**\$35 OP Swim Members  
\$40 OP Residents  
\$47 Non-Residents**

Call 410.641.5255 to register.

### Aqua Boot Camp

Sports Core Pool

Features weight & resistance training plus cardio.

**Mon/Wed/Fri  
Oct 28-Dec 6  
6:00-6:45pm**

**\$55 OP Swim Members  
\$65 OP Residents  
\$81 Non-Residents  
Drop-Ins Available**

Call 410.641.5255 to register.

### Pumpkin Painting

Community Center

Bring your own pumpkin, or purchase one from us. All paint & decorations provided!

**Friday, Oct 11  
6:00-8:00pm**

**\$5 OP Residents  
\$6 Non-Residents  
\$6 Pumpkins (limited quantity)**

### Creative Doodling

Community Center

Much more than just coloring. Gain a new perspective on creating art!

**Oct. 24, 31 & Nov 7, 14  
10:00-11:30am**

**\$40 OP Residents  
\$45 Non-Residents**

Call 410.641.7052 to register.

### November Bus Trips

Community Center

Lancaster, Pennsylvania

**Kitchen Kettle Village  
Saturday, Nov. 2  
Bus leaves at 8:00am**

**\$45 per person transportation only**

Call 410.641.7052 to sign up!

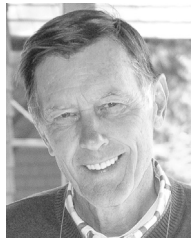
M & T Bank Stadium, Baltimore

**Ravens vs Texans  
Sunday, Nov. 17  
Bus leaves at 8:00am**

**\$140 per person transportation, game ticket PLUS tailgating with food, drinks, music & games!**

# Do the right thing

Commentary by **Joe Reynolds**  
*OceanPinesForum.com*



Likely violations of the OPA bylaws by the OPA Board of Directors continue to surface.

Several days ago OPA received a letter from the respected Ocean City law firm Ayers, Jenkins, Gordy & Almand, P.A. The letter came

from firm attorney Bruce F. Bright, representing a group of association members who submitted a petition with over 800 valid signatures asking the board to hold a referendum on a bylaws change to restrict the OPA board's spending authority without holding a referendum to a flat \$1 million. Under current bylaws any four board members can vote to spend nearly \$2 million without asking permission of association members.

The OPA Board of Directors rejected the petition based on a legal opinion from OPA counsel Jeremy Tucker with the Bethesda-based law firm of LeachEarlyBrewer. In his legal

opinion, Tucker addressed two critical issues: the language of the petitioners' proposed referendum question (specifically the use of one word - "should") and how many valid petition signatures are required under the OPA bylaws.

There is a good possibility Tucker's opinion was wrong on both issues. Bright's letter to OPA addresses only the issue of the referendum question language and other bylaws violations. Bright goes directly to the heart of Tucker's opinion on language, as many association members previously did on *OceanPinesForum.com*.

Bright writes to Tucker:

"Third, and most glaringly, your purported 'opinion' and the OPA Board's action based on that opinion, ignores the OPA Board's own Resolution B-07, related to 'Petitions.' Such Resolution provides for the Board-approved 'format' for petitions and sets forth a 'sample' petition that uses the word 'should' in precisely the same manner as it is used in my clients' petition form."

With regard to bylaws violations by the OPA Board of Directors, Bright writes: "The OPA Board is in direct and clear violation of the By-Laws. It has failed and refused to 'hold a public hearing' on the subject referendum. The sixty (60) day period for doing so expires on October 9, 2019, and in light of the notice and ballot distribution time requirements under Section 4.08(b), it is not possible for the Board to achieve compliance with the By-Laws on this matter of great importance. In my judgment, the Board's position on this matter completely lacks any good faith basis, and the OPA and/or its Board members therefore have exposure to punitive damages and/or attorney's fees incurred by my clients in this matter, including in any legal proceeding that my clients may be forced to file."

In short, the attorney for the petitioners laid out the same case as previously articulated by many association members on *OceanPinesForum.com*.

At one point Bright gives Tucker a personal admonishment because Tucker wrote in his legal opinion, "I do not know how petitions have been handled in the past." Bright read this and wrote, "This, in my view, is an admission of inadequate due diligence on this matter by you, and by extension, the Board."

However, the petitioners' attorney did not address the issue of how many valid signatures are required to petition an item to a referendum. Perhaps the petitioners did not specifically inform Bright of Tucker's opinion as to what the bylaws mean when they state a petition requires 10% of "the maximum number of votes that can be cast" or make an issue of it since Tucker's opinion stated there were adequate signatures. In the past, 10% of "the maximum number of votes that can be cast" was taken to mean just that — the total number that could potentially be cast, an interpretation resulting in the petitioners lacking the required signatures. Tucker's questionable opinion is that the bylaws mean 10% of those eligible to vote at the time the petition is submitted. Based on Tucker's opinion there were sufficient signatures and the petition was rejected solely on a very flimsy semantics issue.

OPA's impetuous dismissal of the petition based on an obviously questionable legal opinion, and without the bylaws-required public hearing and board vote on the petition, indicates a lack of good judgment and yet another, all-too-frequent, bylaws violation by the board.

What should be done here? A reasonable person, knowing all the facts, may well conclude OPA should hold the

referendum on the proposed bylaws change.

Bright says if a satisfactory response is not received in a matter of days, "... my office will proceed promptly to file suit and seek all available remedies."

A court case could cost OPA well over \$10,000 in attorney fees taken from your assessment payments, and the association member petitioners themselves another \$10,000 or more in attorney fees.

OPA's cost to actually do the referendum requested by the petitioners is only about \$10,000. There is also the possibility the petitioners could do the same petition again if the court holds in favor of OPA, and then come back with many more signatures and with any language issues resolved - thus forcing an additional OPA expenditure of \$10,000 for a referendum.

In this murky situation with questions about required signatures and charges of the board blatantly violating the bylaws, the board should agree to hold the referendum requested by the over 800 petitioners and let the association voters decide the issue.

With so many things going well in Ocean Pines, especially with regard to our new General Manager John Viola, Operations Director Colby Phillips, and the Ortt Company's success in managing our food and beverage operations, it is truly unfortunate that the Board of Directors seems constantly embroiled in what amount to process issues in terms of not following our governing documents.

As for the petitioners call for the referendum on spending — *Hold the referendum. It is the right thing to do.*

Large breed dogs take longer to mature physically into their adult size, which is a boon to anyone who loves the puppy years. As they grow, dogs may experience clumsy movements and struggle to adjust to their bodies as quickly as they would like, says the pet food company Canidae.



It's comparable to the awkward teenage years that humans go through. Large breeds may not understand how big they are. As a result, they may try to sit on your lap or fit on a dog bed they have outgrown. Large breed adolescent dogs also may step on your feet and/or fail to understand their own strength as they jump up to offer kisses. Over time, large pups will reach physical and emotional maturity and have a better sense of self.

## Poet's reading to be held

The public is invited to attend a free reading by poet Robert Gibb on Tuesday, October 22, at 7 p.m., in Room 302 of the Hazel Center at Wor-Wic Community College in Salisbury.

His books include "After," which won the 2016 Marsh Hawk Press Poetry Prize, and "Among Ruins," which won Notre Dame's Sandeen Prize in Poetry for 2017. Among his other awards are a National Poetry Series title for "The Origins of Evening," two National Endowment for the Arts grants, a Best American Poetry listing and a Pushcart Prize.

For more information, email [rdayton@worwic.edu](mailto:rdayton@worwic.edu) or call 410-334-2852.

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# Getting the ratio right

Although I did okay in the subject, math has never been a passion of mine. I knew enough about calculus, trigonometry and the like to



## It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

pass the tests needed to pass the class. I'm one of those people who thought often during high school, "Why do I need to learn this? I'll never use it." The probability of my needing to know the calculations necessary to split an atom or launch a rocket are zero. I saw a tee shirt once that captured succinctly my sentiments: I'm an English major...you do the math.

There's no getting away from math, it's all around us. From calculating a gratuity to determining how many potatoes to put in a pot of water when making mashed potatoes, math is always in front of us. For sure, it is applied in much more mundane, yet critical situations than launching a rocket. For instance, what is the correct proportion of sugar to cup necessary to make my cup of tea satisfactory? The ratio is one teaspoon per one cup of tea. How do I know this? I just do.

Another important equation is the pepper to egg ratio in a sandwich. If there is too much pepper the entire balance of the sandwich is thrown off and I get indigestion. In the math world they call that an erroneous solution. In the Bertino household, they call it, "strike a match." One medium size pepper to two scrambled eggs is the right balance. How do I know this? I just do.

While we're on the subject of eggs, there is a preferred toast to fried egg ratio. It's three slices of toast per two fried eggs: one slice to dip in each egg yolk and one slice to clean up the plate. If you're eating a bagel, it's one bagel sliced in half to two fried eggs. Trust me, I know.

Most people don't know this but

unless you have the right amount of sauce on spaghetti, the meal just isn't right. To be sure there is a different sauce to pasta ratio depending on whether you're cooking thin or angel hair spaghetti, rotelli or ravioli. How do I know this? I just do.

Speaking of pasta another important factor is the cheese ratio. It's very important that the ideal balance be struck. That's why on the rare occasions when I order pasta at a restaurant, I always ask that the parmesan be left at the table so I can apply properly the correct amount of cheese. Why do I know this? I just do.

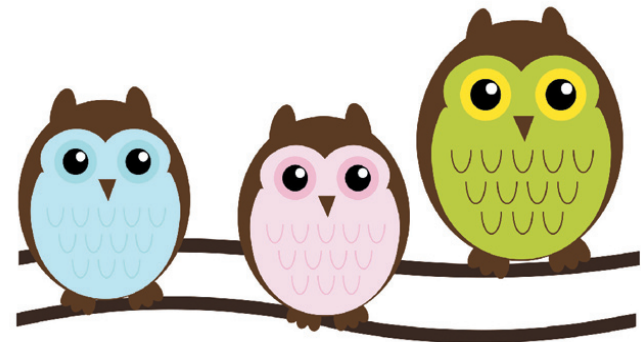
My wife is a fabulous cook. When she's in the kitchen magic is most likely the result. Nonetheless it has become a tradition, just as much as the turkey itself, that every Thanksgiving we debate spiritedly the correct proportion of sausage necessary to make the stuffing. She's been making sausage stuffing for years and it's always been good, no, great. Yet we have the same conversation each year. I believe her success has been accomplished because I confirm that she has done it right. (That last sentence just earned me a week of eating cold Spaghettios. How do I know this? I just do).

Ratios are extremely important in just about every aspect of our lives. For instance, how many teenage kids being out of the house does it take for you to have a pleasant afternoon? Answer: as many as live with you. I think that's math that every parent has learned.

What is the ratio of telling your 13-year old son to take out the trash to his actually doing it? On average it's six to one. Odds of his doing it without being asked? A million to one. How do I know this? I just do.

What are the odds that at some point while raising your children you'll hear yourself say something your parents said to you that you swore you'd never say to one of your own kids: one to one. How do I know this? I just do because my mother reminded me.

## Be wise. Immunize!



Vaccines are safe and effective; by getting vaccinated we eliminate potential serious illness or even death. Stop diseases before they spread. No prescription necessary for adults for CDC recommended vaccines. Prescriptions are needed for children between 11-18 years.



### Your Immunization Headquarters.

Shingrix • Hepatitis • Tetanus/Tdap  
Meningitis • Chicken Pox • MMR  
Flu • Pneumonia • Travel Vaccines

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410-749-8401

314 Franklin Ave.  
Berlin Prof. Center  
**BERLIN**  
410-641-3130

1210 Nanticoke Rd.  
Pecan Square  
**SALISBURY**  
410-543-8401

## The Dough Roller



Grab your friends and Roll into the West OC Bar....

We have NFL Sunday Ticket & Bar Specials 12:30pm-8pm

**NFL SUNDAY TICKET**  
ONLY ON DIRECTV

- \$1 Pizza Slices
- \$5 Build a Burger
- \$5 Chicken Sandwich
- \$5 Wings or Tenders
- \$8 Nachos for 2
- \$3 Domestic Drafts

Trivia Night on Mondays  
Registration 6:30pm  
Game starts 7pm

- \$2.50 Domestic Drafts
- \$2.50 Rail Drinks
- \$2 off Drink Menu
- \$2 off Bar Bites Menu
- Dine in only at West OC Bar



Breakfast Specials \$6.95  
Monday through Friday 7:30AM - 11AM

Lunch Specials \$8.95  
Monday through Friday 11AM - 3PM

Tuesday 1/2 Price Pizza

All pizzas are half price 5PM - 9PM\*

Wednesday Dollar Days

Buttermilk Pancakes \$1.00 each 7:30 - 11AM\*

Kids Meals \$1.00 each with a purchase of any Sub, Sandwich or Dinner 5PM - 9PM\*

Thursday 1/2 Price Dinners

All Italian Dinners are half price 5PM - 9PM\*

All Specials are available for the following locations:

West OC, 41st Street & 70th Street

View more details online at [www.TheDoughRoller.com](http://www.TheDoughRoller.com)

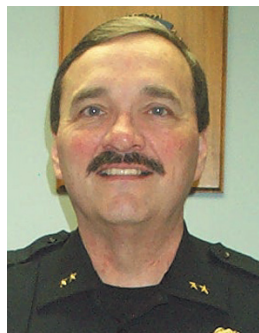
Specials cannot combine with other coupons or discounts.



# Neighborhood Watch Crime Bulletin

**Chief David C. Massey, Ed.D.**  
*Ocean Pines Police Department*

**Federal Criminal Victimization Report 2018:** The longstanding general trend of declining violent crime in the United States, which began in the 1990s, has ended. From 2015 to 2018, the total number of violent victimizations **increased 28 percent.**



Increases in sexual assault, aggravated and simple assaults all increased. These rates are still behind 1990's figures, but the trend indicates that violent crime is increasing in our country. Recent initiatives to release prisoners from prison early, may be factor in future victimizations.

**Domestic Violence Arrests:** Since the last Crime Bulletin, police made two arrests for violations of

domestic protection orders. Protective orders are issued to protect potential victims from the threat of domestic violence. The order requires one of the parties to be legally separated from contact with the potential victim. Unfortunately, these orders are not always obeyed and police arrest violators of these orders.

**Drunk Driving Arrests:** Police made ten driving while intoxicated arrests since the last Bulletin. One of the suspects, who was a habitual offender, later took his own life at his residence. One arrestee had a breath test reading of .31, which is very high, as legal limits for arrest are normally .8 for blood alcohol concentrations.

**Death Investigations:** Every death that occurs in Ocean Pines requires a police investigation. While majority of these deaths are for natural health causes, other deaths require extensive investigation. Since our last report, two of these deaths required extensive investigation:

The first case involved an individual arrested for driving while intoxicated within Ocean Pines. He had an

extensive history of arrests for this crime. After being released from custody, and returning to his residence, he committed suicide.

The second case involved the sudden death of a 21-month-old infant. The child died in a crib. Investigation and an autopsy revealed no suspected criminal activity in this accidental death, at this time. These types of cases are traumatic on police personnel as well as the families of victims.

**Theft Arrests:** Two individuals were arrested for the theft of an expensive bicycle. The suspected thieves were observed by a homeowner on video placing the victim's bike into a pickup truck and leaving the scene. Utilizing this video, police were able to identify and charge two individuals with theft under \$1,500.

**Drug Arrests:** In two separate incidents, police made arrests for the possession of a large amount of suspected marijuana. While possession of small amounts of marijuana is a civil violation, distributing or possessing large amounts of marijuana is still a criminal offense.

**Handgun Theft Arrest:** An arrest was made on the theft of a handgun from an Ocean Pines residence. Investigation reveals that the stolen weapon was used in a home invasion in New Jersey. Working closely with New Jersey police and prosecutors, charges have been filed against the suspect for theft in Ocean Pines.

**Special Events:** The success that Ocean Pines has had in attracting more special community events often requires traffic control for vehicles and pedestrians to these events. Our Neighborhood Watch personnel, as well as our uniformed officers, are responsible for public safety at these events. These recent events required police presence:

- Ocean Pines Flea Market
- Craft Fair
- Veteran's Memorial Vietnam Chair Dedication
- Platform Tennis Tournament
- Bay Day

If you interested in joining Neighborhood Watch, call Jim Hamlin 443-365-0601.

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MD #2294

# "Finally Free from Arthritis Pain Without Drugs and Harmful Side Effects"

Living with arthritis pain can affect every part of your life.

It keeps you from enjoying the good things in life – time with grandkids, playing golf, even working in the yard.

It would be nice to get out of bed – just one morning – without pain.

Every time you try and push through the pain...like standing or walking for a long period of time...you pay for it for the next 2-3 days with even more pain.

## Do you have any of the these Arthritic problems?

- ✓ Osteoarthritis
- ✓ Rheumatoid arthritis
- ✓ Bursitis/tendonitis
- ✓ Degenerative joint disease
- ✓ Lumbar disc problems
- ✓ Aching pain in the arms or legs

## Pain Pills Are Not The Answer

Look at the opioid crisis. In 2019, more than 2 million Americans will suffer from addiction to prescription or illicit opioids.

Opioids are medications designed to relieve pain...but like all drugs, they have side effects.

There is a time to use pain medications, BUT not before seeking a natural way to correct the CAUSE of the problem! Ask yourself... after taking **all** these pain medications...*maybe for years*...are you any better off?

## Pain Is Not Just 'Old Age'

Have you had one doctor after another telling you this is just the natural process of the body getting older - that you should expect to have arthritis. Sure, if you don't take care of your damaged joints now, as you get older they will be worse (which is why you shouldn't wait any longer to see if we can help you).

However, old age is not the cause of your arthritis.

We'll venture to say all 360 joints in your body are the same age, yet arthritis and joint degeneration has not affected every one of them – only your previously injured joints that never healed properly.

We are Drs. Chris and Tracy Rush, owners of Healing Hands Chiropractic. Over the past 18 years since we've opened the doors, we've seen thousands of people come in suffering with arthritis and leave the office pain free.

We've made it our mission in practice to help those suffering with chronic pain like you.

## "I only wished I had found you sooner"

We hear this too often, so we decided to do something about it and run this ad. Just call before October 31st and you'll get our "Arthritis Evaluation" for only \$49.

- An in-depth consultation about your arthritis where we will listen...really listen.
- A complete nerve, muscle and spinal exam to find the "cause" of your problem.
- A full set of specialized x-rays to look for joint degeneration (arthritis)... (NOTE: These would normally cost you at least \$350).
- A thorough analysis of your exam and x-ray findings so we can show you how to fix the problem.

"We have seen with our own eyes how patients with arthritis, crippled for years, have walked out of our office with more spring in their step, better strength and less pain!" – Drs. Chris and Tracy Rush, D.C. reporting on their clinic in Berlin.

The appointment will not take long at all and you won't be sitting in a waiting room all day either.

To take us up on this special offer, you must call before October 31, 2019.

**Call today...410.629.0610.**

Here's what a few of our patients have experienced:

*I have been in so much pain for many years and I have seen chiropractors for more than 20 years, but no one has helped me in relieving the pain in my neck until now. -Ginni B.*



*In January, I started coming to your office for my neck cracking, numbness in both hands and shooting pain in my arms. Through your care and adjustments, I am so much better! -Mary M.*



Are you suffering from arthritis pain? If so, relief may be easier than you think.

## Feel the Improvement – and Say "Yes" to Life Again

With our "Arthritis Evaluation", we can find the problem and then correct it. Think of how you could feel in just a few short weeks. See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

**Arthritis can be successfully treated. Healthy, pain-free living should be yours.**

Call anytime between 9:00 am and 6:00 pm Monday through Thursday, and Friday from 9:00 am to 1:00 pm. Tell our receptionist you'd like to come in for our **Special Arthritis Evaluation before October 31, 2019.**

We can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule. **Our office is called Healing Hands Chiropractic.**

We look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

Sincerely,  
Dr. Chris Rush, D.C.  
Dr. Tracy Rush, D.C.

**P.S. Life's too short to live in pain. Call us today at 410.629.0610 and soon we'll be giving you the green light to have fun again.**

## Healing Hands Chiropractic, P.C.

10776 Gray's Corner Rd.  
Unit #8, Berlin, MD  
410.629.0610

Due to Medicare regulations, some promotional offers may not apply.

For BCBS patients, if you would like to use your insurance benefits, the first visit cost may differ.

# Rabies vaccination clinics offered

The Worcester County Health Department has confirmed sixteen rabies cases locally since the beginning of 2019, emphasizing the importance of rabies awareness and proper pet vaccination. Rabies vaccination clinics are available in October in two locations in the county. Worcester Health encourages residents with unvaccinated pets, or pets whose vaccinations have lapsed and need a booster, to attend the low-cost clinics and to avoid contact with wild animals, particularly those who are acting sick or in an unusual manner. Locations, dates and times for the clinics are:

**-Showell Fire Department**

11620 Worcester Highway  
Showell, MD  
Wed., October 16,  
5:30 - 7:00 p.m.

**-Stockton Fire Department**

1501 Snow Hill Rd, Stockton, MD  
Thursday, October 17,  
5:30 - 7:00 p.m.

At the clinics, all dogs must be

leashed and under the control of an adult while all cats and ferrets must be in a carrier or box with air holes.

While raccoons are the most frequent carriers of rabies, a deadly viral disease, in Maryland, domestic pets are also at risk. Cats are the number one domestic animal species most likely to be unvaccinated and are at a higher risk of exposure to rabid wildlife while outdoors.

Worcester Health offers the following tips for avoiding contact with rabies:

-Have your dogs, cats, and ferrets vaccinated regularly and keep those vaccinations current in accordance with the law. (Especially outdoor cats).

-Do not let your pets roam free - they are more likely to have contact with a rabid wild animal.

-Avoid feeding your animals outside; this draws stray and wild animals to your doorstep. (If you must feed outdoors, do not leave the food out overnight and be sure to clean up any

please see **rabies** on page 23



## SDHS students recognized for community service

Stephen Decatur High School students **Russell Warren, Adam Smith, Emily Sackendorf, Devin Pilarski, Kendahl Parsons, Maeve Donahue, and Jenna Bradford** received the Presidential Service Gold Award during the annual Presidential Service Award ceremony on October 8. To receive the gold distinction, students must have completed at least 250 volunteer hours during a calendar year. Over 60 students were recognized, serving over 13,000 hours on the year. Decatur alum **Al "Hondo" Handy** (left) served as the guest speaker. Also pictured is Principal **Thomas Sites**.

# Pickleball raises money for cancer research

The Ocean Pines Pickleball Club raised more than \$10,000 for the American Cancer Society during the second annual Pickleball Pink Ribbon Classic, held October 4 at the Manklin Meadows Racquet Sports Complex.

Organizers said gorgeous weather and the philanthropic cause contributed to an overall day "full of love, generosity, kindness, concern, benevolence and charitableness."

"October 4 was an amazing day on the OP Pickleball courts, a perfect example of teamwork between the OPA community, the OP Pickleball Club and the American Cancer Society," Pickleball Club President Frank Creamer said. "The OP Pickleball Club was so happy to support a charity that has affected every family, one way or

another."

Pickleball Club co-founder Julie Woulfe said the generosity of players and sponsors was tremendous to see.

"The round-robin tournament was a blast, followed by awesome door prizes, medals, and a great lunch, all donated by local Delmarva sponsors supporting our efforts for the ACS," she said.

Event Chairwoman Bobbie Corbett said the tournament in total raised \$10,210 for the American Cancer Society's Making Strides Against Breast Cancer campaign.

She credited the success of the tournament to "the phenomenal team of volunteers and the generosity of our 24 sponsors and our 23 in-kind dona-

please see **research** on page 23

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**Blessing** - The Community Church at Ocean Pines hosted a Blessing of the Animals last week where **Pastor Dale Brown** bestowed a blessing on over 30 pets. Rev. Brown is shown receiving the appreciation of one of the blessed.

## Horse census completed

The National Park Service completed its September 2019 population census of the wild horses in Assateague Island National Seashore. There are 76 horses in the Maryland herd, including 22 stallions and 54 mares. One death was documented and there were no births.

The National Park Service completes a full census of the horse population in Maryland six times per year, in February, March, May, July, September, and November. Managed as a wildlife population, the Assateague horses are free to roam over approximately 27 miles of the barrier island and can be difficult to find at times. During each census, horses are identified by their distinguishing characteristics, mapped and counted. Individual horses that are not observed during

multiple census periods are presumed dead. The purpose of the census is to monitor the overall population dynamics of the horse herd in support of the long-term fertility control program that was initiated in 1994.

# BOY SCOUT FUNDRAISER

## All You Can Eat Spaghetti Dinner

Support the Scouts of Troop #2173 and  
enjoy a delicious AUCE Spaghetti Dinner!

**Saturday, October 19**

**4 p.m. to 7 p.m.**

**Wilson United Methodist Church Bishopville, MD**



Dinner includes salad,  
spaghtetti, one dessert item  
and a drink.

**Adults \$10 Children \$6**  
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# BJ's membership offer returns to Ocean Pines

BJ's Wholesale Club is once again partnering with the Ocean Pines Association to bring a special membership offer, effective October 11 to 25, to benefit the Worcester County Veterans Memorial at Ocean Pines Foundation.

In addition to offering special membership benefits, BJ's will donate \$5 of each membership fee to the foundation.

With this offer, new members receive a 12-month BJ's Inner Circle Membership for \$25 or a BJ's Perks Rewards Membership, which earns two percent cash back on most BJ's purchases, for \$50 with BJ's Easy Renewal.

Renewing members can purchase a 12-month Inner Circle Membership for \$40 or a BJ's Perks Rewards Membership for \$80. Renewing members will also receive one bonus month with the offer.

This special promotion is only offered through Ocean Pines two times a year. The next promotion will be in April 2020. Current BJ's members

whose memberships will expire before then are encouraged to renew during the fall offer.

BJ's operates over 200 clubs in 15 states from Maine to Florida, including a location in Millsboro, Delaware. The wholesale club offers a large assortment of products for home and business, savings of 25 percent off supermarket prices and acceptance of all manufacturers' coupons and BJ's store coupons.

BJ's membership applications are available at the Ocean Pines Association Administration Building and online at OceanPines.org.

Applications must be returned with payment by October 25. Check and credit card payments will be accepted. Applications may be dropped off at the administration building or mailed to Ocean Pines Association, Attn: Josh Davis, 239 Ocean Parkway, Ocean Pines, MD 21811.

For more information, call (410) 641-7717.

# Free car seat check-up program offered in Pines

Is your child's car seat safe? In Maryland, more than 80 percent of car seats are incorrectly used, according to Maryland Kids in Safety Seats, a division of the Maryland Institute Emergency Medical Services Systems.

The program will offer a free car seat check-up event on Saturday, October 19 from 9:30 a.m. to 12:30 p.m. at the Ocean Pines Volunteer Fire Department on 911 Ocean Parkway.

Certified child passenger safety technicians will complete a checklist and teach attendees how to correctly install and use a car seat. Appoint-

ments take about 45 minutes per car seat.

Attendees should pre-install the seat(s) to the best of their ability, and bring both the car seat and vehicle owner's manuals.

"Keeping your child safe is one of the most important things you do as a parent or caregiver," program director Susanne Ogaitis-Jones said. "Keeping children safe when riding in vehicles needs to be high on your priority list, as each year thousands of children are killed or injured in car crashes. Use of car seats, boosters and seat belts is very effective at preventing deaths and injuries, but it does make a difference if you are using the right restraint and using it properly."

To schedule an appointment, visit [www.signupgenius.com/go/60b094aa5a92aa5f49-20197](http://www.signupgenius.com/go/60b094aa5a92aa5f49-20197). A limited number of drive-ups may be available, based on demand.

For additional questions, call Maryland Kids in Safety Seats at 410-767-6016 or 800-370-7328.



Joe and Charlotte Esworthy

# Volunteers of the month named

Habitat for Humanity of Worcester County's ReStore named Joe and Charlotte Esworthy as Volunteers of the Month. They became involved in volunteering through their oldest son, Habitat for Humanity board member Josh Esworthy.

"The grand opening of the ReStore was our wedding anniversary. We stopped by to support it as part of our day, and decided that we would start volunteering," says Charlotte. Since then, they have filled several shifts a week moving and arranging donated items, cleaning, organizing, and assisting customers. Joe has also volunteered on the site of Habitat's Bishopville build this summer.

The couple retired to Berlin from New York, where Joe was an attorney and Charlotte raised their four sons. They enjoy remaining as active as their health allows. Charlotte has become involved with Questers, a group dedicated to preserving sites of historical interest, and they have both found that ReStore is a good fit for their desire to contribute to the community. "However, much time you have to volunteer, as little as one or two hours, the ReStore can work with your schedule," says Joe, who often moves furniture donations and emphasized that "youth and muscle are always needed." Charlotte adds, "I like that I can work at my own pace. There's always a task to be done, always a way to make yourself useful."

The ReStore is a nonprofit home improvement store and donation cen-

ter that sells new and gently used furniture, appliances, home accessories, building materials, and more to the public at a fraction of the retail price. Proceeds are used to help build strength, stability, and self-reliance through shelter in Worcester County. Those interested in volunteering should email [volunteer@habitat-worcester.org](mailto:volunteer@habitat-worcester.org). The Habitat ReStore is located at 9026 Worcester Highway in Berlin, and is open Wednesday through Sunday from 9 a.m. to 4 p.m.

## Tides for Ocean City Inlet

Day		High /Low	Tide Time	Sunrise Sunset
Th	17	Low	4:17 AM	7:11 AM
	17	High	10:53 AM	6:20 PM
	17	Low	5:01 PM	
	17	High	11:12 PM	
F	18	Low	4:59 AM	7:12 AM
	18	High	11:36 AM	6:19 PM
	18	Low	5:51 PM	
	18	High	11:56 PM	
Sa	19	Low	5:46 AM	7:13 AM
	19	High	12:24 PM	6:17 PM
	19	Low	6:45 PM	
Su	20	High	12:46 AM	7:14 AM
	20	Low	6:40 AM	6:16 PM
	20	High	1:18 PM	
	20	Low	7:44 PM	
M	21	High	1:44 AM	7:15 AM
	21	Low	7:41 AM	6:15 PM
	21	High	2:20 PM	
	21	Low	8:44 PM	
Tu	22	High	2:51 AM	7:16 AM
	22	Low	8:46 AM	6:13 PM
	22	High	3:26 PM	
	22	Low	9:45 PM	
W	23	High	3:58 AM	7:17 AM
	23	Low	9:52 AM	6:12 PM
	23	High	4:30 PM	
	23	Low	10:43 PM	

**The LORD will surely save me**  
**So we will play my songs on**  
**stringed instruments** Isaiah 38:20



**We do that!**

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## Spookiest Night is Friday

"The Spookiest Night of Your Entire Life," the third annual Halloween party, fundraiser and short horror film night, is returning to the Ocean City Center for the Arts on 94<sup>th</sup> St. on Saturday, October 19 at 7 p.m. as part of the Ocean City Film Festival.

Admission is \$10, and proceeds benefit the Ocean City Film Festival's 2020 season and the Art League of Ocean City. Guests who arrive in costume will receive discounted admission.

Horror films from the 2019 Film Festival will be shown. These films

are not rated by MPAA, and discretion is advised.

Halloween snacks and shenanigans and a movie-themed costume contest will also take place, and guests are encouraged to come in costume. Winners will receive passes to the 2020 Ocean City Film Festival.

The Ocean City Film Festival is entering its fourth year, and the 2020 festival will take place on March 5 to 8 in and around the resort. Information and updates on the festival can be found at [ocmfilmfestival.com](http://ocmfilmfestival.com).

## Craft club to meet

Pine'er Craft Club will meet, Thursday, October 17, in the Ocean Pines Community Center. The meeting begins at 10 a.m. with refreshments available at 9:45.

The October project is "Fall Painted T-Shirt." The cost is \$3

Join the group as they create beautiful Fall stamped clothing using real leaves stamped on your sweatshirt, T-shirt or tote bag,

placemats, etc.

Bring whatever you want to stamp on with plenty of fresh leaves. Paint, brushes and cardboard inserts to keep paint from bleeding through as well as instructions will be supplied

All are welcomed.

Please call Carol Quinto 410-208-4317 to reserve your spot.

# RELIEF... IS JUST STEPS AWAY.



If you're in pain that is making everyday activities difficult... there's a new Physical Therapy practice in Ocean Pines that you should know about. You may already know Billy and Jenn Hamilton, they've been Doctors of Physical Therapy in the region for over 13 years, and they are both Certified Hand Therapists.

**NOW, just around the corner,** Billy and Jenn have set up a very special kind of practice in Pennington Commons. So call, email or simply stop in to experience a new kind of physical therapy, it's a breath of fresh air for anyone who is experiencing pain.

*¡Se Habla Español!*



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*Pennington Commons, steps  
away from Food Lion.*

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# Fall tog fishing

**Fishing Report:** Bad weather has plagued us much of early October. Windy conditions have impacted good water conditions. Flounder are biting in the East Channel around the Rte. 50 Bridge and Sheepshead around the South Jetty. A few nice Red Drum are being reported in the surf. No significant Striper activity locally as of this writing. As a result, I'm going to focus my column on Tautog Fishing.

**Understanding the Tautog:** The Tautog (tog) is also known as a blackfish. It is an ugly fish with large teeth which it uses to crush the shells of clams, crabs, barnacles and other shell fish that it normally feeds on. There are times however that tog will also bite on squid. It is a bottom feeder and likes to hang around rock piles, wrecks and piers making it a difficult fish to catch since it also likes to dart into the rock piles after grabbing your bait and thus snagging the fishing line unless you set the hook and pull them out quickly before they snag your line in the rocks or wreck. Unlike flounder who are an ambush fish and pursue their prey by sight the tog pursue their prey a great deal by scent.

**What kind of gear should I use?** Your will require a fairly stiff rod 6' to 7' in length so you can set the hook and pull the fish out of the rocks quickly. The gear can be either spinning or a conventional level wind reel depending on what you prefer. At a minimum you will require 20lb test line, I prefer 30lb test. I also prefer to use monofilament.

**What type rig should I use?** I recommend using a 4' monofilament leader of 40-50 lb. test attached to your line with a swivel. A sinker should be at the bottom of the rig when fishing slack tide which is the best time to fish for Tog. A dropper should be tied 8-10 inches above the sinker. To the dropper attach a 4/0 Beak or Octopus Hook on approximately 6 to 8 inches of leader. If you don't want to make your own rig visit your local tackle shop and ask for a tog rig.

**What about bait?** Everyone has their own favorite bait but some of the most popular baits are green crab, clams

and my favorite sand crabs. When tog fishing the bait should always be fresh as frozen baits do not have the scent necessary to attract tog. Also, I would highly recommend that if you are are new to tog fishing that you ask your local tackle shop where you purchase the bait to demonstrate how the bait is to be hooked. This is very important as the hook must be hidden for tog fishing.

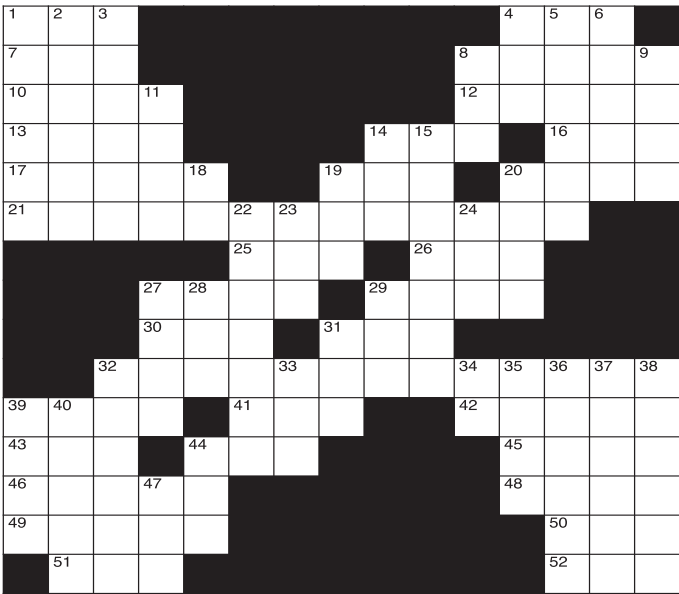
**Where should I fish for tog?** Head boat fishing is normally great as the water cools at the offshore wrecks. If you have your own boat and want to fish in-shore seek out rocky structure such as the inlet jetties or tie up to some pilings and fish right down along the piling. This is done best at slack tide. If you are bank fishing there is some great fishing along the inlet jetties but I prefer the bulkhead from 2<sup>nd</sup> to 4<sup>th</sup> street in Ocean City. If your boat fishing the pilings and rocks along stinky beach, Rocks along the Jetty, and the pilings at Harbor Island are also good locations. Again, the best time is slack tide so watch your tide charts and have plenty of rigs as you will likely loose a few in the rocks.

**What about eating tog?** They are a great tasting fish. Here is one of my favorite recipes.

**Broiled Tautog (Tog) Steaks**  
*Ingredients:*  
4-6 fish steaks (about one-inch thick)  
2 tablespoons olive oil  
Salt & freshly ground black pepper to taste  
2 tablespoons chopped fresh parsley  
Lemon wedges, for garnish  
*Directions:*

1. Preheat the broiler to high, Brush or drizzle the olive oil on the fish steaks, then sprinkle them with salt and pepper.
2. Place fish steaks in a broiler pan, and broil, turning them once with a spatula, until the steaks are golden on the outside and done to taste inside, about 4-6 minutes per side. Serve immediately, garnish with the parsley and lemon wedges.

Remember to take a kid fishing,  
**Capt. Ron**



## CLUES ACROSS

1. Computer key

4. Periodical (abbr.)

7. Hot beverage

8. Capital of Ghana

10. Shrek is one

12. Behemoth

13. Good friend

14. Form of "to be"

16. Where travelers rest

17. European country

19. Everyone has one

20. Pop

21. Feelings of anxiety

25. Small amount

26. Moved quickly

27. Common name for a type of frog
29. Free from psychological disorder

30. 8th month (abbr.)

31. Basics

32. Transcending national boundaries

39. Natives of Kashmir

41. Returned material authorization (abbr.)

42. Cigar wrapper

43. Brew

44. Popular video game series

45. Abba \_\_, Israeli politician

46. Jewelled headdress

48. French cleric

49. Bizarre

50. Unit of measurement

51. Foul-mouthed Hollywood bear

52. "Partridge Family" actress

## CLUES DOWN

1. Type of bomb

2. Smooth

3. Clothing pattern

4. Defunct phone company

5. Something to take

6. Type of piano

8. Consumed

9. "Pitch Perfect" actress Kendrick

11. Ray-finned fish

14. Heat storage stove

15. Shrink back

18. Yukon Territory

19. Connects words

20. Sound unit

22. Furniture with open shelves

23. Cool!
24. 007's creator

27. Source of the Nile River

28. Not safe, but ...

29. Helps little firms

31. Comedienne Gasterayer

32. Conceptualize

33. Root mean square (abbr.)

34. Integrated circuit

35. Evergreen trees and shrubs genus

36. Apprehended

37. Suitable for growing crops

38. Isolated

39. Footwear company

40. Electronic intelligence gathering

44. Political action committee

47. Free of



Answers for October 9

# Living 50 Plus

*A Special Feature to The Courier*

## Support for caregivers is helpful

At some point in a son or daughter's life, the role of caregiver may shift. Where parents once took care of their children, aging parents very frequently rely on their children to care for them.

Adult caregivers typically want to do right by their aging loved ones but sometimes find that the demands of medical and emotional support can dominate their lives, so much so that their own children and other household responsibilities are neglected. The Mayo Clinic says it is natural to feel sad, alone, frustrated, and even angry when serving as a caregiver to an elderly parent. However, it is also important to recognize the signs that the burden has become too much and to look for ways to lighten the workload.

Anyone can get caregiver stress, but the National Alliance for Caregiving says women are more susceptible than men. Those who are responsible for helping someone with Alzheimer's disease, dementia or a debilitating illness are also at a high risk of developing their own medical issues. These responsibilities can affect the quality of caregivers' sleep and impede their ability to relax and unwind.

Finding relief from caregiver stress can involve a few different strategies.

Ask for more help. Do not hesitate to ask for help. If other family members or siblings are unable to pitch in, look into the possibility of hired aides. These professionals can be excellent and trained sources of support who assist with activities of daily living, remind patients to take their medications and assist in coordinating medical checkups.

Consider watchdog technology. Smart homes have enabled remote control of many household systems, making it possible to monitor thermostat temperature, water leaks or floods, appliance and light usage, and much more. Video and sound surveillance can offer peace of mind to those who cannot be with their loved ones constantly. Another option is a product called Care Coach. This is a digital tool that provides medicine reminders, health coaching, automated alerts, and an interactive avatar that can offer psychological and comforting support.

Explore respite care. Many rehabilitation and nursing facilities offer short-term respite care for loved ones so that caregivers can take the time to go on vacation or enjoy a day or two without having to check in on an elderly parent. Facilities generally have 24-hour staff to monitor residents, provide meals and provide entertainment. The change of pace can also be stimulating to the senior, and respite care can be a gradual introduction to long-term care.

Embrace community resources. Seniors may be eligible for low- or no-cost services like visiting nurses, meal delivery and adult day programs. This network of support can further alleviate caregiver stress.

Talk it out. Work with a licensed therapist to find other coping strategies for dealing with the mounting pressure of being a caregiver. Talk therapy and relaxation techniques can help curb stress.

Being a caregiver is a rewarding but demanding responsibility. Utilizing all possible resources can make the job easier.





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## Great part-time jobs for retirees

Upon retiring, many newly minted retirees find themselves looking for ways to fill their free time. Hobbies may not take up too much time, and travel can stretch retirees' budgets.

One way that retirees can make great use of their free time and make a little extra money is to find part-time employment. Part-time jobs can help retirees maintain their connections with their communities, whether it is their professional community or the community in which they live, while also providing a sense of purpose. Retirees interested in finding part-time work may want to consider the following jobs.

**Consulting work:** Many retirees have long resumes, and that experience is still valuable even after retirement. Consulting firms often hire experienced businesspeople on a project or contract basis, which can be great opportunities for retirees to fill their time and make sizable amounts of money without having to commit to long-term employment.

**Teaching:** Retirees can also put their professional experience to work in the classroom. Inquire about teaching opportunities at a nearby university or even the local high school. Such opportunities may only be available on a volunteer basis, but some might pay part-time salaries or small stipends. Either way, many retirees find that working with young people helps them stay young, and passing on lessons learned to younger generations can provide a strong sense of purpose.

**Seasonal work:** Seasonal work is another great way for retirees to fill their time and make a little extra money along the way. Come the holiday season, retirees should have no trouble finding seasonal retail work at their local malls or shopping centers. In warmer months, retirees may find seasonal employment at area beaches, golf courses or parks.

**Sports teams:** Retirees who live in cities with professional sports teams

may be able to find work with their favorite franchise. Professional sports franchises often rely on retirees to staff in-game positions like ushers and concessions employees, and some may even hire retirees to greet fans. While the pay might not be great, such positions are ideal for retirees who happen to be big sports fans.



**Crafts:** Retirees with a love of crafting can turn their hobby into income. For example, Etsy.com makes it easy for creative entrepreneurs to post their creations and sell them to buyers all over the globe. Sellers often dictate how quickly they can make and ship products, so retirees need not feel worried about being rushed.

Many retirees still work even after calling it a career, and opportunities abound for men and women looking to fill their time and make a little extra money along the way.

**Daniel Leonard Ozark** was an American coach and manager in major League Baseball. As manager of the Philadelphia Phillies (1973 through August 31, 1979), Ozark led the Phillies to three consecutive National League East Division championships (1976–77–78), but each year his team fell in the National League Championship Series.

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# Make a second wedding stand out

Couples planning to get married do so with the intention of spending the rest of their lives together. Few couples exchange rings thinking divorce or the loss of a spouse is in their future, but some marriages do end. Happily, that reality does not prevent many people from seeking happily ever after once again.

A recent study from the Pew Research Center found that many people who were married before are deciding to take the plunge a second time. Four in 10 new marriages in the United States now include one partner who was married before. Roughly 42 million American adults have gotten married a second time, up from 22 million in 1980.

The Pew study also discovered that more men than women are likely to get remarried. Around 65 percent of previously married men have a desire to remarry, compared to 43 percent of previously married women.

Men and women about to get married for a second time can consider the following tips to help make the day one to remember forever.

Recognize that a second wedding is in no way less important than the first.

Couples should remember that this is still the first wedding for the two of them as a couple and it should be seen as just as special as any other wedding celebration. It is easy for men and women marrying for a second time to be hard on themselves, especially when thinking ahead to the gifts that were given and the money spent by guests for their first marriage. But a new relationship and love is worthy of a good party. Friends and family who are supportive of you should not have reservations about helping you celebrate.

Don't feel boxed in by old-school etiquette. Rules have relaxed with regard to weddings. Many couples put their personal imprints on their weddings and do not feel the need to conform to outdated expectations. You don't have to skip all of the frills of a first wedding the second time around or head to the local courthouse

and pass on another big wedding. Do what feels comfortable to you, whether that means throwing a big party or host-



guide. You've been married before and can use that to your advantage. It's likely you know what worked for the wedding the first time around and which things you probably could have changed or done without. Maybe you were stressed about having everything go perfectly or feeling like you had to put on a show for guests. As a more mature person this time around, you no doubt realize that sharing this special time with the ones you love is the most important wedding component of all.

Be open-minded with your wardrobe. Let the formality of the event and the time of day when you are getting married influence what you will be wearing instead of perceived etiquette or family notions. It's acceptable to wear white again if you so desire. Plus, more mature couples have a sense of what makes them look good, rather than opting for trendy outfits.

Above all, have fun. Couples know what to expect the second time around, so stress usually does not stem from the unknown. You may feel more relaxed at a second wedding, so let that ensure you have a great night.

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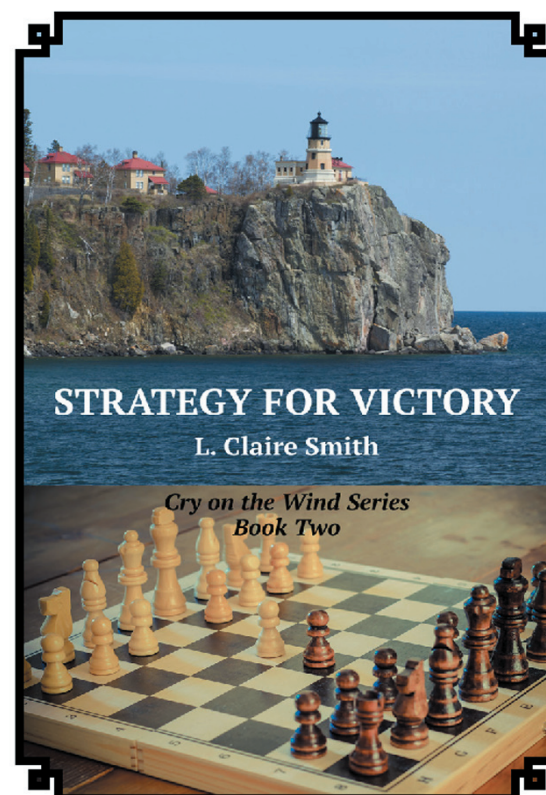
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# Exercises to support stronger hips

Surgery is not an inevitable side effect of aging. In fact, men and women over 50 can employ various preventive techniques to strengthen their bones and joints in the hopes of avoiding the surgical wing of their local hospitals.

According to AARP, more than

370,000 men and women undergo hip replacement surgeries in the United States each year. Some may think such surgeries are a final solution to their hip pain, but that might not be the case, as AARP notes than one in 10 hip replacement recipients will need a second pro-

cedure for any number of reasons, including infection or mechanical failure.

A proactive approach that focuses on strengthening and protecting the hips can help aging men and women reduce their risk of one day needing hip replacement surgery. The following are a handful of exercises, courtesy of the AARP, that can help men and women strengthen their hips.

**Good Morning.** Stand with your feet shoulder-width apart and keep your hands at your sides. With your knees slightly bent and your back naturally arched, bend at your hips as if you are bowing out of respect as far as you can go, or until your torso is almost parallel to the floor. Return to the starting position. During the exercise, keep your core braced and do not bow your back.

**Hip Abduction.** Stand with your feet shoulder-width apart. Loop a resistance band around both ankles, and then raise your right leg out to the side as far as you can. Hold in this position for a moment before slowly returning to the starting position. Switch legs and then repeat the exercise on the other side.

**Hip Adduction.** Loop one end of a re-

sistance band low around a solid object, then stand to the left of that object before looping the other end of the band around your right ankle. Place your legs shoulder-width apart, and then pull in your right leg until your ankles touch. Repeat with your left leg, this time moving to the right side of the object.

**Glute Bridge.** Lie on your back with



your knees bent and your feet flat on the floor. Raise your hips to form a straight line from your shoulders to your knees, using some type of support if you need to. Clench your butt at the top of the movement, pause, and lower yourself back down.

Men and women unaccustomed to exercise should consult their physicians before performing any of these exercises. In addition, if necessary, perform the exercises under the supervision of a personal trainer who can advise you on proper form and help you reduce your risk of injury.

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**The Flintstones** was an American animated sitcom produced by Hanna-Barbera. The series takes place in a romanticized Stone Age setting, and followed the activities of the titular family, the Flintstones, and their next-door neighbors, the Rubbles (who are also their best friends). It was originally broadcast on ABC from September 30, 1960 until April 1, 1966, as the first animated series to hold a prime time slot.



## Questions to ask when your doctor prescribes a new medicine

Though few people may want to take medicine each day, prescription drugs prolong lives and help people manage conditions that might otherwise make it difficult to live life to the fullest.

A 2017 survey from Consumer Reports found that 55 percent of people living in the United States take a prescription medicine. The survey also found that those who take prescription drugs use an average of four such medications. That figure might alarm some people, especially

aging men and women whose bodies might be more susceptible to conditions that are often treated with medication.

There is no denying that prescription drugs can save lives. But men and women have a right to explore their options when doctors prescribe them medications, and asking the right questions when doctors suggest medication can

help men and women decide if prescription medicine is their best option.

To help men and women make the best decisions regarding their health-care, the National Institute on Aging advises people to ask their physicians these questions when being prescribed a new medicine.

What is the name of the medicine, and why am I taking it?

Which medical condition does this medicine treat?

How many times a day should I take the medicine, and at what times should I take it?

If the prescription instructions say the medicine must be taken "four times a day," does

that mean four times in 24 hours or four times during the daytime?

How much medicine should I take?

Should I take the medicine on its own or with food? Should I avoid certain foods and beverages when taking this medicine?

How long will it take this medicine to

*please see **medicine** on page 18*



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# After losing a pet, when is it time to love again?

The passing of a pet can be an experience similar to losing another important member of the family. Even though the loss is inevitable, it can still be shocking when a pet passes away.

Upon the death of a pet, many pet owners need some time to mourn and grow accustomed to living without their pet. Though some might prefer to adopt a new pet shortly after a pet dies, others may need time to decide if this is the right decision. The following are some factors

for pet owners to consider, courtesy of Vet Street, WebMD, Bark, and Rain-



bowsBridge.com, as they try to decide what to do after losing a pet.

Home doesn't feel complete. Many previous dog owners feel their homes are empty or not complete without the presence of a four-legged friend. People who live alone and relied on a recently deceased pet for companionship or safety may consider adopting sooner than busy families or those who have roommates to keep them occupied.

Why get another pet? Pet owners must ask themselves why they want another pet. If the main reason is to dull the pain of loss, it may be better to wait until something other than emotion is driving the decision.

Other pets/people. If there are other pets in the house, think about how they may react to having a new addition in the house. Just because

one person is ready for the responsibility of a new pet does not mean everyone is. All opinions and personalities should be considered and all voices heard before bringing a new pet into the home.

Is it time for a break? Some pet lovers may need a break from the responsibility of pet ownership, especially if a recently deceased pet was difficult to care for in its final years.

Existing lifestyle. New pets may require a decade-plus commitment. While it may have been easy the first time around, those who are facing retirement and the possibility of travel or have children leaving the home may want to think about whether or not pets suit their current or future lifestyles.

The death of a pet is a difficult experience. Some pet owners may respond by immediately adopting a new animal, but it may be wise for pet owners to make time to grieve and decide if a new pet is a commitment they can make.



## medicine from page 17

work?

Will this medicine cause problems if I am taking other medicines?

Can I safely operate a motor vehicle while taking this medication?

What does "as needed" mean?

When should I stop taking the medicine?

What should I do if I forget to take my medicine?

Can I expect any side effects? What should I do if I have a problem?

Will I need a refill, and how do I arrange that?

When discussing medications with a physician, it's imperative that men and women be forthcoming about any other medicines they might be taking under the guidance of other doctors. In addition, men and women should tell their physicians about any over-the-counter medicines or vitamins and supplements they are taking. Sharing such information can prevent potentially serious complications from arising.

Medicine saves lives every day. Smart patients can help medicine do its job by learning about their medications and discussing them openly and honestly with their physicians.

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## You may not need an extended warranty

Millions of people head to stores each holiday season on a mission to find gifts for their loved ones. After waiting in line to check out, oftentimes customers are asked by cashiers if they would like to purchase a warranty for their gifts, particularly when the items in the cart are electronics or larger gifts.

In one of Consumer Reports' surveys on electronics purchases, 65 percent of in-store shoppers said sales staff had presented a service plan to them. People may not know how to answer when asked about extended warranties. Consumer Reports notes that some retailers push hard to get customers to purchase extended warranties and service plans because they are particularly lucrative for the retailer. Stores often keep 50 percent or more of what they charge for these warranties.

For the most part, retail industry experts say that consumers do not need added protection on their purchases. According to the consumer advice tech site iMore, the out-of-pocket costs for most repairs on electronics or other items, such as appliances, usually do not exceed the price of a service plan being purchased. And when they do, it is maybe \$20 more.

Some repairs may already be covered by the manufacturer's warranty, and a serv-

ice plan will only duplicate coverage. Even though manufacturer warranties may not last as long as they once did, Consumer Reports says that many warranties will cover a product for at least 90 days in full, and some may have longer-ranging coverage.

Consumers should not overlook their credit cards as they pertain to purchase protection, either. Many credit cards will extend the manufacturer's warranty for a certain period of time. Plus, that coverage is part of having and using the card at no additional cost.

Shopping at stores known to have excellent return policies also can help customers skip service plans. Should the item break, they can simply return it to the retailer with the receipt or other proof of purchase.

Many service plans exclude certain repairs and replacements. Therefore, it is important to read the fine print on extended warranties prior to purchasing one.

Extended warranties may be useful when buying computers or televisions that cost more than \$1,500. Some people prefer replacement plans for smartphones in the event the phone is lost or damaged, as these devices can be expensive to replace out-of-pocket.



Major life changes due to divorce, death, disease, dis-ease or physical pain can leave you feeling down, depressed, and hopeless? Studies show that people who experience chronic stress, anxiety and depression often have poor gut health which leads to irritable bowel syndrome (IBS), cramping, abdominal pain, bloating, gas, diarrhea, and constipation due to high cortisol levels and chronic inflammation. Balancing your cortisol levels by reducing stress is the first step towards improving your depression, poor gut health, and chronic inflammation. When you experience prolonged stress, grief, disease, dis-ease or physical pain, it's your body's and mind's way of telling you something is wrong and needs to change. Working with a licensed therapist who understands your body-mind connection is the first step towards wellness. To learn more, [schedule your free consultation with me today.](#)

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## Appointment companions are a smart move

Visits to a physician are just one step people make in an effort to improve their well-being. While it is important that everyone visit their physicians at least once a year for a checkup, seniors may need to see their physicians more frequently than other age groups.

When visiting the doctor, it is easy for anyone to miss important components of what the doctor is saying, and it is just as easy to misunderstand certain instructions or medication information. Seniors who bring companions along to appointments with their physicians can reduce the risk of misunderstanding advice or diagnoses given by their doctors.

Data from "U.S. News and World Report" states that about one-third of seniors still living on their own take a companion with them to their routine doctor's office visits. Companions are typically spouses, but they can include children or other family members as well.

Patients may find there are many advantages to bringing someone along to an appointment. And companions may want to learn more about patients' goals at each appointment prior to going along so they can prepare and know how to help during the appointment.

Listen. People tend to forget at least half of what they hear in the doctor's office, says

the Archives of Internal Medicine. This tendency may be increased when patients are nervous about the potential outcome of their visits. Bringing a companion along means that both people are actively listening. Together, the information they have heard can combine to provide a full account of the visit.

Taking notes. Companions can jot down important notes about the appointment, such as dates and times for follow-up visits, medication advice and any other instructions that may be forgotten once the patient leaves the office. Companions can later translate the jargon-heavy language of a physician into an understandable language the patient can fully understand.

Medical history. Sometimes a companion can be a useful resource, calling a doctor's attention to a patient's prior hospitalizations and illnesses. Companions can even call attention to any medications the patient is currently taking.

Serving as an advocate. Very often a companion can operate as a patient advocate, clarifying questions or getting further information out of a doctor if the patient is hesitant to ask. If the information isn't clear, the companion can raise red flags or ask to have the instructions put in a different light.

Translation. Sometimes patients need companions who speak their native languages when their physicians do not.



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# Stephen Decatur Homecoming



## School spirit

Above: Stephen Decatur High School seniors **DaCameron McAfee**, **Caroline Gardner**, **Mikayla Denault**, **Maxwell Ewancio**, and **Eliza Siegel** served as emcees during the annual Homecoming pep rally on October 4.

At right: Donning their tiki accessories during Homecoming "Dress Like an Islander" day were Stephen Decatur High School seniors **Lauren Kennard**, **Chalea Brittingham** and **Jenna Bradford**.



## Homecoming Queen and King

A busy Stephen Decatur High School Homecoming Week culminated in the naming of the 2019 Homecoming Queen and King on Friday, October 4. Senior Abby Yesko was crowned queen during halftime of the Friday night football game, while senior Branden Manuel was named king during the annual afternoon pep rally. Both Yesko and Manuel are members of the National Honor Society and serve as senior class officers.

Far left: **Branden Manuel** is pictured with his mother, **Dawn Manuel**, and Principal **Thomas Sites**.

Left: **Abby Yesko** is pictured with Principal **Thomas Sites**.

## Bikes and Boos event scheduled

"Bikes and Boos on the Boards" is a new event that will celebrate the future of Atlantic General Hospital in support of the \$10 million Atlantic General Campaign for the Future. This event will take place at 11 a.m. on the Ocean City Boardwalk on Sunday, October 27, starting on Wicomico Street in front of Bearded Clam and Cork Bar with an award party at the Bearded Clam following the event.

Businesses, families, friends and single riders are encouraged to decorate their bikes (or strollers) and dress in costume for the bike parade on the boardwalk.

Those who don't have a bike or do not want to transport it to the boardwalk, they can visit John Bar-

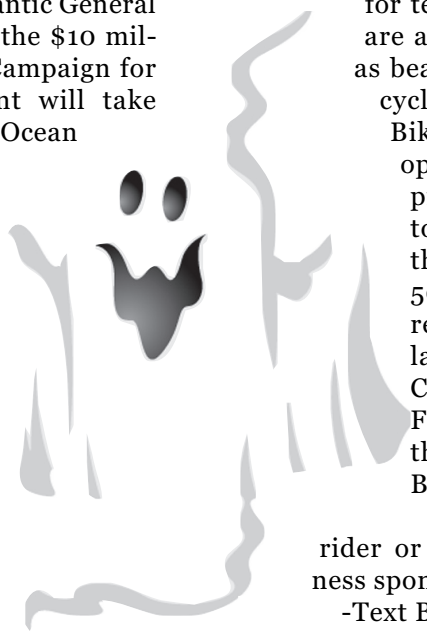
rett at Bike World OCMD located on Caroline Street for a rental. Surreys for teams up to eight are available, as well as beach cruisers, fun cycles or choppers. Bike World will open at 8 a.m. to pick up your bikes to decorate, and they will donate 50 percent of all rentals to the Atlantic General Campaign for the Future through the Bikes and Boos event.

To register a rider or become a business sponsor:

-Text BIKESANDBOOS to 41444

-www.atlanticgeneral.org/foundation/bikes-boos or contact

-Tammy at tpatrick@atlantic-general.org or 410.641.9690.



### Census talk

The Republican Women of Worcester County (RWWC) held their September Luncheon meeting on Thursday, September 26 at the Ocean Pines Yacht Club. The guest speaker was Ashley Roush, partnership specialist, U.S. Census Bureau. Roush spoke to 84 attendees about the upcoming 2020 census and the workings of the U.S. Census Bureau.

Left to right are **Sandy Zitzer**, 1st VP of RWWC and **Ashley Roush** from the U. S. Census Bureau.

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# Striped bass are in peril

Commentary by **Ron Smith**,  
President, Atlantic Coast Sportfishing  
Association

It is truly a great pleasure to live by one of the greatest estuaries of the United States. It provides food, livelihoods, and

**research**  
from page 8

tions, along with very enthusiastic participants.”

“Everyone involved should feel very proud for such an accomplishment. It was a beautiful day that featured great food and lots of fun with some fantastic women and men,” Corbett said. “I was told a while ago that pickleball players are a ‘unique breed.’ They certainly are – and I hope they never change.”

**rabies**  
from page 8

spillage.) Cover your garbage cans securely.

-Avoid sick animals and those acting in an unusual manner and teach your children not to approach wild animals and animals they don’t know.

-If your pet has contact with a wild animal, avoid touching your pet with bare hands (wear gloves) and do not

recreation for many of its inhabitants and neighbors. Now one of its treasures is being threatened. Our rockfish (striped bass) are ensuing threats to their existence and all our state’s inhabitants are threatened with it. There is no doubt that there are many faults to go around. This is not to point fingers as who’s to blame but instead to note that all must share in this recovery effort. Both the recreational and commercial fisheries should share in the recovery equally. The population of our striped bass will suffer long term if this is not addressed immediately.

Living in the Maryland Coastal Bays area, we have a somewhat tailored view. Recreational fishermen on the coast have a much smaller area to fish. We have a fishing limit of three miles into the Atlantic Ocean. Not many statistics exist for

touch the wild animal. Report the incident immediately to the Health Department or your local police in order to arrange testing of the wild animal, if available, and consult your veterinarian.

For further information regarding the clinics, please call 410-641-9559 or 410-632-1340. For more information on rabies visit [www.worcester-health.org](http://www.worcester-health.org).

the Coastal Bays. Our keeper fish are 28 inches minimum (with a slot). Chesapeake Bay’s is 18-28 inches depending on the time of year. In the past several years Marine Resource Information Program (MRIP) reported catch limits are declining with future stock spawn severely reduced. There are year-round rockfish in the Coastal Bays and local anglers know where they are. MRIP interceptors are not to go to private docks nor are they allowed to go on the water. In addition, they (the interceptors) are not used in the off-season. Currently MRIP has no catch statics for the Atlantic Coastal Bay area. In order to provide numbers MRIP is currently using New Jersey figures for the MD Atlantic Coastal area. This is not correct nor accurate! New Jersey catches far more striped bass then the recreational

anglers on the MD Atlantic Coast. Using the NJ catch data inflates our catch numbers, thereby penalizing us. We at the Atlantic Coast Sportfishing Association (ACSA), helped the MD Department of Natural Resources capture data for a Recreational Harvest Estimate Project in 2011. In order for the coastal bays catch to be recognized we need our local anglers to provide catch data approved by MD DNR. The ACSA is more than willing to be of assistance again. If you would like to discuss this further, we at the Atlantic Coast Sportfishing Association are available.

We also believe that both the recreational and commercial sectors should accept the same percent reduction in catch. We must all work together to restore and preserve striped bass.

## Social Media

*The Kiwanis Club of Ocean Pines – Ocean City guest speaker Anita Hicks is a local businesswoman and owner of Virtual Assistance by Anita. She spoke about the assets of Facebook, in particular, and warned the group to be careful about Facebook activities such as “Friending” and to be selective about who to friend. Anita helps businesses and organizations get the most from social media. Anita is located in Ocean Pines and can be contacted at [Anita@AnitaMHicks.com](mailto:Anita@AnitaMHicks.com).*

*Pictured (L-R) Anita Hicks receiving the Kiwanis pen, traditionally given to guest speakers, from Kiwanis Club President Roy Foreman.*



**opa**  
from page 1

on an employee compensation study, which Sibson will deliver by the first week of November, Viola said.

Viola credited Operations Director Colby Phillips, Public Works Director Eddie Wells and Public Works Operations Manager Nobie Violante with restarting programs for bulkheads, drainage and dredging, adding a multiyear plan was in place for each.

Viola sent the Board a contract for a new bulkhead staging ground, which he said would help save the Association money. The directors unanimously approved the contract during a closed session later that night.

On the financial side, Viola said the August numbers showed revenues over budget more than \$105,000 and expenses under budget more than \$45,000, for a total favorable net operating balance of \$151,301.

Over the first four months of the current fiscal year, the Association posted a total net operating balance of

about \$460,000 ahead of budget. By comparison, the Association was favorable \$69,000 at the same point last year.

Viola said it was notable that revenues were over budget, but expenses were under budget.

“Normally, in the past, when we’ve had revenues over budget our expenses have increased to support those revenues,” he said. “This time, both are favorable.”

Work on the fiscal 2020/2021 budget is underway. Steve Phillips said the Budget and Finance Committee supplied budget guidance to the Board in September, and an internal “bottoms-up” process has already started.

Department heads are due to present first drafts of budget requests by the end of October, with revisions occurring through December. Public budget meetings with the Budget and Finance Committee are scheduled January 6 to 8, followed by a Board review.

“Major work has already taken place in finance, including significant interaction with the department heads, as well as the GM, all being actively engaged in the process already,” Phillips said. He added the finance department considers each budget request and adjusts for depreciation, interest, utilities, reserve balances, benefit costs, and inflation costs or savings.

Treasurer Larry Perrone delivered a financial oversight presentation during the meeting, most important of which, he said, was the reserve forecast for the end of the year.

Reserves as of August 31 totaled \$10.3 million, including \$6.3 million in replacement reserves, \$2.7 million in bulkheads and \$1.3 million in roads.

With several million dollars earmarked toward major projects this fiscal year, the projected reserve balance by April 30, 2020 is \$4.8 million, including just over \$2.95 million in replacement reserves, \$1.24 mil-

lion in bulkheads and \$615,000 in roads, according to Perrone.

He said replacement projects this fiscal year carry a projected total of \$4.286 million. Those include Northstar, the Golf clubhouse, cart bar, and Police renovation.

Perrone added there are \$2 million in bulkhead and waterways projects and \$836,000 in road renovations scheduled this year.

The replacement reserve total, by April 30, projects at about \$2.9 million and total reserves project to be just over \$4.8 million.

“With the money that we’re spending this year ... we wanted to make sure that we had the liquidity to cover the expenses, and secondly that we didn’t drain our replacement reserves to a point where, if something unforeseen happened, we didn’t have money to cover it,” Perrone said. “If the plans go accordingly, and we don’t have any reason to expect they won’t, we should still be in good shape at the end of this fiscal year.”



Inside Ocean Pines  
South Gate

## SPECIALS

### Monday Night

*Chicken or Eggplant Parmesan over penne, served with a choice of soup or salad...\$9.95*

### Tuesday Night

*Sandwich Night! ...\$6 with purchase of beverage. Choices will vary*

### Wednesday Night

*Pasta Night! (selections vary), served with a choice of soup or salad...\$10.95*

### Thursday Night

*Roast Pork served with scalloped potatoes & a veggie. \$11.95*

*1/2 Priced Large Cheese Pizza with the purchase of beverages, when dining in (toppings at regular price)*

### Friday Night

*Fried Shrimp Platter, served with FF & cole slaw and a choice of a soup or salad....\$14.75*

### Saturday Night

*Crab Cake Platter served with FF & cole slaw and a choice of a soup or a salad...\$17*

*BBQ Baby Back Ribs served with a choice of 1 side and a soup or salad \$11.95*

### PIZZA SPECIALS

#### Monday & Tuesday

**Large Cheese Pizza for only \$9.50**  
only on carryout  
(toppings are extra)

**Pizza, Wings & Beer Combo!**  
\$12.95

personal size pizza,  
buffalo wings & your choice of a draft  
Miller Lite or a bottle of Natty Lite.

### \$6.99 Lunch Specials

*offered for dine in and carryout,  
options change daily, call for details!*

### Bar Special Mon-Fri 4-9 pm

#### 1/2 Price Appetizer

with the purchase of a  
Blacktop Beach Specialty Drink  
(excluding Crab Dip)

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Tues - Thurs. 7:30am - 9pm

Fri. & Sat. 7:30am - 9:30pm

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# WPS vocal ensemble to perform

Worcester Preparatory School's Select Vocal Ensemble will perform a se-



Worcester Prep's Middle/Upper School Choral & Instrumental Music Director, **Christopher Buzby**, rehearses with his WPS Vocal Ensemble to prepare for the upcoming concert.

lection of Favorite Songs of Americans as part of an American Music Concert on Sunday, October 20, at 2 p.m., at Buckingham Presbyterian Church located at 20 South Main Street in

Berlin. They will follow the opening performance of "Songs of the Revolution" by renowned soprano Kristin Jones and accompanist Kathleen Rhodes. A reception will immediately follow in the church C.B. Taylor Hall. The event is open to the public at no charge. Please contact WPS founding board member and event chairman, Lynne Taylor Murray at [murray476@mchsi.com](mailto:murray476@mchsi.com), with any questions regarding the concert.

Led by Middle/Upper School Choral & Instrumental Music Director Christopher Buzby, the WPS Vocal Ensemble will perform an array of crowd favorites, ranging from Southern American hymns to traditional spirituals and folk songs. Buzby, a Philadelphia native, attended Germantown Academy in Pennsylvania and grew-up singing with "The Philadelphia Boys Choir," performing over the years with musical greats Luciano Pavarotti, Jessye Norman and Mike Keneally (of Frank Zappa fame). For the past 28 years, he has also been a performing and recording artist with

the world-renowned progressive rock band "echolyn." Following 18 years as Instrumental Music Director at Abington Friends School in Pennsylvania, Buzby relocated to Selbyville, DE to be Worcester Prep's Music Director in 2014.

Classically trained soprano Kristin Jones and her accompanist Kathleen Rhodes will perform a popular program of songs and folk tunes from the early years of our country.



## Recognized

The Pine'eer Craft Club announced that the Crafter of the Month for October is Lynn McGraw.

Lynn was born and raised in Pennsylvania. She moved to Maryland and graduated from Edgewood High School. She attended Drexel University, where she met her husband John. They settled in Delaware County, PA.

She started making jewelry by buying pieces on sale and cutting apart and re-designing the pieces. Lynn routinely has work sessions with her granddaughters who design their own jewelry.

Lynn and her sister Sherry sold their creations at craft festivals for many years. Majority of the items were earrings, which are whimsical, nautical, seasonal and sports oriented. Lynn is a longtime member of the Main Line Bead Society in Delaware County.

Lynn is very close to her three sons, Patrick, Mike and Dan and two granddaughters Laela and Cassidy. Her husband passed away in 2015.

She now travels between her home in Pennsylvania where she lives with her son and granddaughters.

Lynn says she hopes to eventually spend more time in Ocean Pines. She loves listening to books on tape when traveling and driving to Assateague Island on Thursdays after a club meeting.



## Feast

The Community Church at Ocean Pines recently held a Crab Feast fund raiser at Hooper's Crab House. 150 guests attended and over \$2800 was raised for the church's programs.

Above: Peter Ostrowski (r) demonstrates the size of crabs about to be served to Irmgard Heinecke, Rev. Dale Brown, pastor, and Event Chair Larry Walton.



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