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CENSUS 2020 JOB RECRUITMENT: The 2020 Census is taking applications now for positions starting soon. The 2020 Census has wide variety of positions required various levels of experience and training offering temporary full time to flexible PT positions. For more information about Field or Office positions please visit: 2020census.gov/jobs 1-855-JOB-2020 Clerks / Supervisory Clerks. Listers /Enumerators, Fist Line Supervisors. For more information about Professional and Management positions please visit us at: USAJOBS.gov. Area Census Office Managers, Leas Census Field Manager, Admin Manager, IT Manager, Recruiting Manager. Must be 18 years old. US Citzen. If bilingual, must pass on an oral equivalency exam in English.

NORTHEAST BRONX SENIOR CENTER: Located at 2968 Bruckner Blvd, in the basement of St. Benedict's Parish. Open *Monday through Friday from 9am-4pm. Lunch is served daily at 12pm.* A voluntary contribution is appreciated. Daily social and cultural activities including bingo, dancing, glee club, exercise class, trips and much more. We have blood pressure screening once a week. A case worker is available to help seniors access entitlements and benefits. Registrations is required with no fee. Seniors must be at least 60 years old.

PSS CITY ISLAND CENTER: Special Events: New Zumba class Fridays @ 9:15. Financial Education Workshops: Money Made Simple coming in January on Fridays at 1:00 PM, Starting Jan. 24. Friday, Jan. 10 @ 12:45 PM, Streetwise presentation by NYC Department of Transportation. *Monday, Jan. 13* @ 1:15 PM, Singing Group resumes with Napat. Stop by picturesque City Island and enjoy the exciting programs offered at our center which is located at 116 Čity Island Ave. *Monday through Friday from 9 am to* 3 pm. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous Zumba and cardio fit. We also offer acrylic painting, calligraphy, health presentations, blood pressure monitoring, gardening exchange, singing groupand parties! Lunch is served from 12-1 trips every day; i.e. Shop Rite, Dollar Tree, Target, Kmart as well as theatre excursions, special trips, special luncheons and more. It's free to become a member but you must be 60 years or above. For more information contact Patty @ 718-885-0727 or email

pattis@pssusa.org for our monthly calendar. **WESTCHESTER SQUARE LIBRARY:** Mental Health First Aid Hosted by Department of Health and Mental Hygiene Wednesday, January 15, 11 AM – 3 PM Thursday, January 16, 11 AM – 3 PM. Mental Health First Aid is a FREE 8-hour Certification course that will help you: Identify signs and symptoms of anxiety, depression, and other mental illnesses. Learn how to respond if you see these signs in youth, friends, and loved ones. Connect persons to appropriate professional, peer, social, and self-help care. Participants must attend both 4-hour sessions to receive a 3-year certification in Mental Health First Aid! Register by Phone or In-person- Adults 18+. Spaces to Thrive brings free mental health resources and programs to select NYPL libraries. Visit nypl.org/Thrive Phone: (718) 863-0436 2521 Glebe Ave, Bronx, NY 10461 **BRONX JEWISH CENTER**: Please join us for our New Weekly Shabbat Services at The BJC starting at 10:00 am. The B J C is located at 1969 Haight Avenue Bx NY 10461. Our new minyan is geared towards beginners as the services will have in depth explanations while engaging the congregants. Additionally, there will be a 5 star hot buffet kiddish lunch after the services. We hope you will be able to join us in pioneering the Bronx Jewish Centers Shabbat morning services!

PELHAM PARKWAY NEIGHBORHOOD ASSOCIATION: will be on *Tuesday January* 14 at Bronx House, 990 Pelham Parkway South at 7:15 pm. Our special featured speaker will be Ms. Effie Ardizzone, Bronx Borough Coordinator ,NYC Environmental Protection and Sam A Forson from The United States Census Bureau .. Please bring your issues, questions, problems and concerns to our next meeting. Issues get addressed and action taken..The PPNA works around the clock and year round to improve the safety and quality of life in Pelham Parkway ..We can always be reached by email at pelhamparkwayNA@gmail.com. Please look for and like us on Facebook for neighborhood updates. Please join us for these very important guests. Get involved in your community.It's time. THE NEW YORK PUBLIC LIBRARY: Free English

Classes | Information Sessions | Drop-in English Conversation Classes. The New York Public Library helps adult students improve their communication skills in English. We offer two types of English classes available at more than 40 libraries in the Bronx Manhattan, and Staten Island. These are series-based classes, held year-round in 10-week cycles. Most classes meet two days each week, for two hours each day. Select classes meet on Saturday mornings for four hours. Classes are for beginner, intermediate, and advanced level students. Students must attend an information session to register for classes, and registration is required in order to attend these classes. ESOL Classes: for non-native speakers to improve listening, speaking, reading and writing. Adult Basic Education Classes: for students who already speak English but want to improve their reading and writing English for Work Classes: for Intermediate and employed and want a better job. Information Session At the Information Session, you will make an appointment to register for classes. Classes are open to adults. Testing is required for placement. Documentation is not required. Space is limited. Children are not allowed at registration. View our schedule of upcoming Information Sessions. For the most current information available regarding these classes, please ask at your local branch or email esol@nypl.org. Academic Calendar Winter 2020: Information Sessions Begin: Calendar Winter 2020: Information Sessions Begin: January 9, 2020 Classes Begin: January 27, 2020 Classes End: April 5, 2020 Spring 2020: Information Sessions Begin: April 11, 2020 Classes Begin: April 27, 2020. Drop-in English Conversation Classes Already know English and want to practice speaking with other people? Come to the library, and meet other people who are practicing English. In these classes, intermediate-level English for Speakers of Other Languages (ESOL) learners will have the of Other Languages (ESOL) learners will have the opportunity to: practice English by watching We Are New York video's and talking about them; talk with library volunteers about current events, New York City familý life, and holidays; or prepare for the United States citizenship exam

HAVE AN EVENT OR COMMUNITY NEWS? SUBMIT YOUR NON PROFIT EVENTS, NEWS ETC. TO BXPP@AOL.COM AND DON'T FORGET TO VISIT OUR NEW COMMUNITY GROUP AT WWW.FACEBOOK.COM/GROUPS/BXCOMMUNITYNEWS





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You **must** reside in zip codes: 10458,10463,10467,10468 or 10471!

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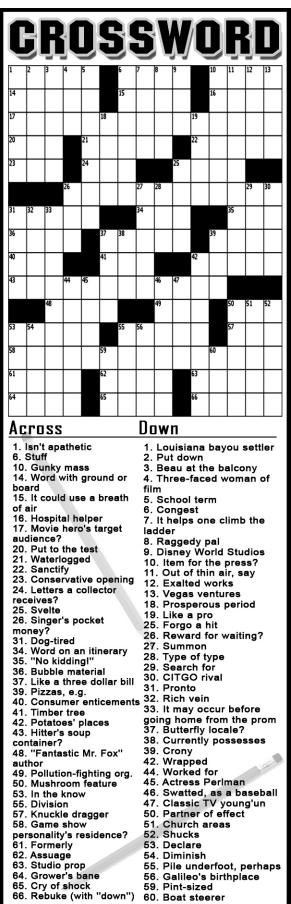
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Unt

Youth & Community







Councilman Mark Gjonaj



250 Broadway, Suite 1847 New York, NY 10007 (212) 788-7375

It is my sincerest hope that you rang in the New Year with an abundance of blessings and happiness amongst family and friends. Now that we are back in the swing of things, it is my pleasure to announce our Job Fair in collaboration with the Jewish Board and Bronx House that will take place on Thursday, January 30th from 5PM – 8PM at Bronx House located at 990 Pelhman Parkway South.

My team has tirelessly worked on securing several employers in different fields. To name a few, we have representatives attending from Advance Care Staffing, AHRC, Access VR, Fresh Direct, FDNY, Mercy Drive, Montefiore, and BMCC College.

We highly advise to bring at least 15 copies of your resume and dress in professional attire. If you would like to participate please call the office at 718-931-1721 or email lpekic@council.nyc.gov.

This is simply one of the many events that we have planned this year. Please stay tuned for more events, programming, and/or updates. It has been my honor to serve my community this past year to make the district cleaner safer, and better. And I look forward to pushing those same priorities in the upcoming year.

I look forward to seeing you all at the job fair!



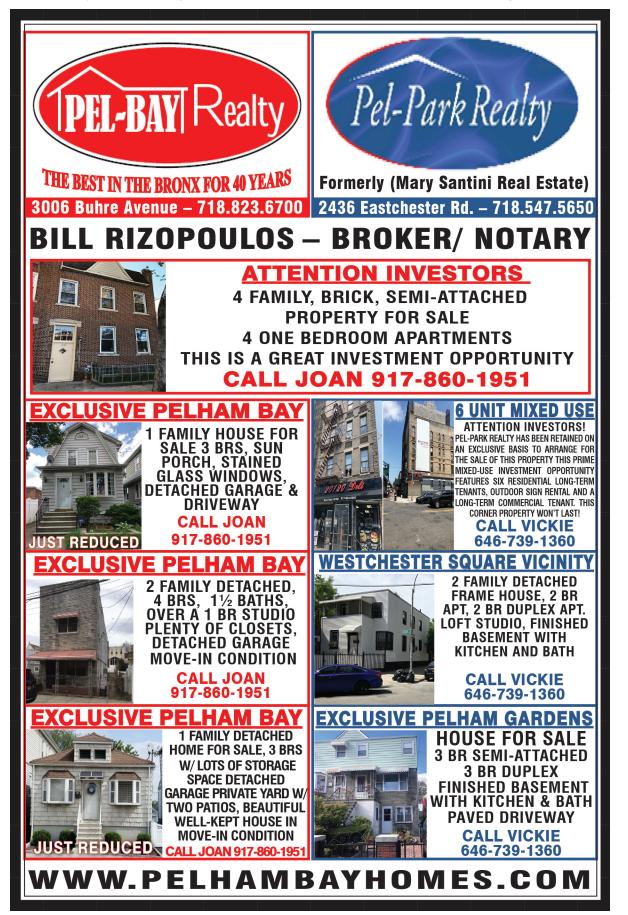


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The First Lutheran Church of Throggs Neck Cub Scout Pack 182

Presents: An evening of Bingo

Saturday, January 25th 2020

Time: 7:00pm-10:00pm

Where: First Lutheran Church 3075 Baisley Avenue Bronx, New York 10461

Cost: \$30.00pp- for 8 games 50/50 drawing And raffles basket

Call the Church to purchase Advance Ticket (We reserve the right to stop ticket sale once capacity has been reached). Coffee/Tea and baked goods will be available! Bring your own snacks and Beverages!

For more information please contact Deborah J. Burke or Lucy Costello

Email: Missdebbi@optonline.net Lucillecostello@verizon.net

The First Lutheran Church of Throggs Neck 3075 Baisley Avenue Bronx, New York 10461 (Located on the corners of Hollywood, Bruckner Blvd, and Baisley Avenue.)

718-829-0650

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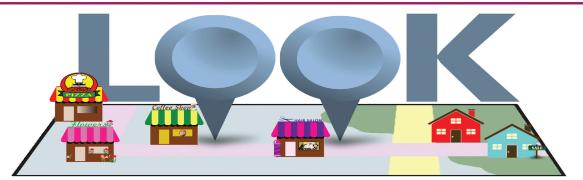
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Giordano's "Big G" 1554 Paulding Ave.

Key Food 3151 Westchester Ave.

Key Food 2722 E. Tremont Ave.

Pruzzo's Supermarket 2937 Westchester Ave.

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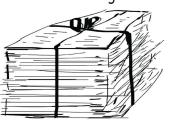
Ruane's Deli 2 Centre Edgewater Pk. Dr.

S&W Supermarket 4028 E. Tremont Ave.

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Apt for rent 1 bedroom in quiet area of Pel Bay, renovated kitchen, full bath, central A/C, washer + dryer in Apt. Dishwasher plenty of closets + private entrance heat + hot water included. Call / Text 914-473-8211

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Small one bedroom apt in a private house, looking for mature single working person, clean, no smoking, no pets. the rent is on a month to month agreement only. Rent is \$1400.00 including utilities Please call after January 10, 2020 (516-369-6007). No Realty please

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All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication. The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

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"Neighborhood Updates"



Matthew Cruz District Manager

Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

HAPPY NEW YEAR!

Community Board #10 committee and General Board meetings are back in session and run until June 2020. Our General Board will be held on January 16 at 7 P.M. at 2999 Schurz Avenue in Throggs Neck. Kindly visit our website for the times and locations of all our committee meetings. You can view it here: https://www1.nyc.gov/site/bronxcb10/index.page.

MULCHFEST

As you know, the City's Department of Sanitation (DSNY) will be collecting Christmas Trees starting Monday, January 6 to Friday, January 17. In addition to the DSNY's efforts, the NYC Parks Department is holding its annual "MulchFest" which started on December 26 and will continue toJanuary 11 from 10 A.M. to 2 P.M. at the Metropolitan Oval at Metropolitan Avenue and Unionport Road in Parkchester. Those interested in recycling their Christmas tree at this location will receive your own bag of mulch. If you wish to only drop-off your Christmas tree for recycling, you are encouraged to bring it to the Pelham Bay Park parking lot at Middletown Road and Stadium Avenue also until January 11 from 10 A.M. to 2P.M.

WATER AND SEWER SERVICE LINE PROTECTION PROGRAM

Costly water and sewer repairs are an additional tax for our homeowners. Many homeowners are not aware that they are responsible for all costs stemming from repairing damaged water and sewer lines on their own property as well as to the service lines in the street. The NYC Department of Environmental Protection encourages homeowners to sign up for water and sewer line protection through American Water Resources (AWR). Once you are enrolled in the program, AWR can pay for damages to your water and sewer lines through the monthly fee added to your NYC DEP water bill. Though, some exclusions do apply. Monthly rates for water and sewer line protection are \$5.57 and \$9.55 respectively. If you would like more information on vour eligibility, vou can contact AWR at (800) 300-3570. You can also contact NYC DEP's customer service line at (718) 595-7000.

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Lentil & Sausage Soup

Ingredients

- 1/2 pound sweet Italian sausage
 1 large onion, chopped White Onion,
 Large
 1 stalk celery, finely chopped Celery
 1 tablespoon chopped garlic
 1 (16 ounce) package dry lentils,
 rinsed
 1 cup shredded carrot
 8 cups water
 2 (14.5 ounce) cans chicken broth
- (28 ounce) can diced tomatoes
 tablespoon garlic powder
 tablespoon chopped fresh parsley
 bay leaves
 1/2 teaspoon dried oregano
 4 teaspoon dried thyme
 4 teaspoon dried basil
 tablespoon salt, or to taste
 2 teaspoon black pepper
 pound ditalini pasta (optional)

Directions

 Place sausage in a large pot. Cook over medium high heat until evenly brown. Add onion, celery and chopped garlic, and saute until tender and translucent. Stir in lentils, carrot, water, chicken broth and tomatoes. Season with garlic powder, parsley, bay leaves, oregano, thyme, basil, salt and pepper. Bring to a boil, then reduce heat. Cover, and simmer for 2 1/2 to 3 hours, or until lentils are tender.
 Stir in pasta, and cook 15 to 20 minutes, or until pasta is tender. OPEN HOUSE: January 11 & January 25 11am-3pm



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Respiratory Treatments

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

Skin/Ulcer Treatments

- Negative Pressure Therapy
 (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration
 Interventions
- Ulcer Care
- Surgical Wound Care

Special Programs

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

Rehabilitation Services

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation