Exchange 46



MAKE CONNECTIONS. Lewisburg Edition Vol. XLI #3 January 15, 2020 ©2020 Exchange Media Group, Inc



Important Knee Arthritis Pain Alert **Elk River Medical**

"Study Shows Simple Treatment Delayed Knee Replacement Surgery in 75% Of Worst Cases For At Least 7.3 Years..." Free Screenings* Offered At Elk River Medical To See If You Qualify For This Proven And Effective Treatment. *Spots Are Limited Due To High Demand

Tenn - What would it be worth to you if... in just 60 minutes... you could finally discover a way to get relief for your knee arthritis pain? And...

How would it feel if you could wake up tomorrow morning and some ... or even all your pain was gone?

And. Wouldn't it be wonderful to start a brand new life and leave all your pain and suffering behind? A life where...

..you jump out of bed in the morning, well rested and ready to take on the new day,

without pain. .you don't have to take slow, limping laps around your bedroom just to be able to walk every morning...

..you can go for walks, go up and down stairs and maybe even play sports like tennis and golf again..

...you can finally do all the things and enjoy life (just like everyone else) without constant, nagging pain... Well... that's exactly what

can possibly happen to you if you spend just 60 minutes with us..

..Because that's all it will *take for one of our expert* doctors to show you what we believe to be the safest, and most effective knee arthritis pain treatment there is ... I know you may find this

hard to believe. Just about every one does when we tell them about this... at first. But it doesn't take long for them to turn from skeptic to raving fan as soon as their pain improves so fast.

Do You Have An Open Mind?

So, I'm not asking you to believe me just yet. All I ask is you approach this and read the rest of this information with an open mind. If you give us a chance, we promise, you won't be disappointed ...

ause There is Proof Real medical proof. Get this. A leading Orthopedic Surgeon and knee pain expert was getting excellent results with this non-surgical treatment on

Fayetteville, TN 064 xod .o.q his own patients. In fact, this study involved almost 2000 patients followed over 10 years.

And more specifically, he was getting amazing results the way HE was doing this treatment using high tech imaging for precise technique.. just like we do it.. And he wanted to prove ... beyond a shadow of a doubt. the results he got .. were not

only REAL.. they could most likely work for others just like you. So he conducted some research, an 11 year project, and it was published in the "Journal of Knee Surgery". ... a Real and REPUTABLE medical journal (A copy of this research is available on our website or by mail).

What were his results and what do they mean for

your pain? In this study, he found that 75% of the severe knee arthritis pain patients he treated... and were facing knee replacement surgery ... did not need to have knee replacement surgery... and were still OK 7.3 years later! This is incr news for

you... and here's why The patients in this study were Stage 4 knee arthritis. That's the most advanced and worst stage. These are the cases that are usually sent for knee replacement surgery.

These patients had also gone through the common medical treatments like pain and anti inflammatory pills, physical therapy etc. and all that had failed. So... these were the WORST

cases of which every thing else had failed ... YET, after this treatment, 75% still did not need knee replacement even more than 7 years later. And it gets better. The study only collected data up

to that time. It is pretty safe to say that many may never need surgery. Bottom line: This study

clearly showed this treatment is safe and extremely effective even for even the worst cases. So, even if you aren't one of the worst cases... imagine

what it can do for you. What Is This Treatment And How Can You Find Out If It Can Help You?

As studied as this treatment is.... you may have an "Oh No!" reaction. Why? Because there is a very good chance you have heard of it. You may have even given it a try... and NOT gotten good results.

That's because this treatment is actually pretty common now a days. But.. and this is a very big BUT ... there is a very specific way to apply this treatment (as done in the study) that makes it so successful. And many are NOT doing it this way. So... please hear us out. This

really might be the answer vou are looking for. Ok... here is the treatment

and the full scoop on why it works so well... when done THIS WAY. The treatment is called viscosupplementation. It is frequently called, "gel

treatment ." Or "joint oil". In this treatment, a gel is painlessly injected directly into you arthritic joint. This lubricates the joint, reduces friction... and allows more movement without all the inflammation and "grinding" caused by arthritis. This is like putting oil on a

rusty hinge. Once the oil is applied, the hinge can move must better. But here is so omething you

must know: In that research project, all of the procedures were done with highly advanced imaging to guide the injections and make sure the gel got into the joint space

area ultra-precisely This is EXTREMELY important... because... research also shows that injections done WITHOUT

this imaging to guide them ... can miss the joint space about one third of the time That means, in one third of the injections, the gel wasn't in the joint space and couldn't possibly work!!!

We feel this is why so many people have tried this treatment and DIDN'T

get good results like in the patients in this research. So, if you have already had this treatment and it didn't work... was it done with this advanced medical imaging? If not... there is still hope. In fact, there is a very good chance you can still get relief. Here is why: Elk River

Medical is a medical clinic located at 2310 Thornton Taylor Parkway, Suite C Fayetteville, TN 37334.

And the clinics owner, Dr. Walter Bennett... is an expert in this treatment... and uses the advanced imaging to make sure the treatments are extremely precise and get the best results possible. Dr. Bennett has the best treatments and technology..

but also make everything VERY affordable Just because he offers the

best possible treatments and technology... doesn't mean he is so expensive only rich people can get his wonderful treatments.

While treatments may be covered by Medicare and some insurances... he also offer pricing plans for as little as \$13.57 per week so patients can finally relieve their pain and try to avoid surgery. We don't want lack of

insurance or money to be the reason you continue suffering Your Special Invitation If you have knee arthritis pain... and are even just a little interested in finding out what this treatment can do for you... Dr. Bennett is inviting , you to come in for a FREE

screening appointment. During this screening, you will get to talk to the doctor ... ask questions ... and find out if you qualify.

He will go over everything with you ... and you will breathe a big sigh of relieve finally having real answers and a specific plan to possibly relieve your pain.

He will leave no stone unturned... and He will help you any way He can. Please understand this

This treatment can possibly take away your pain ... No matter how long you've

been suffering. It really doesn't matter. It may take a little more time if you've been suffering for years as opposed to a "new" case... but in the end... you can still get tremendous results. . No matter how bad or

helpless you THINK you case is. Many of our patients thought their case was hopeless, too far gone, for anything to help them. Many of their previous doctors told them that. Well you're NOT. With this treatment... the way our expert doctors do it ... there is *always* hope.

Most of Dr. Bennett's patients have told him he was their last resort. Last stop before packing it in and completely giving up and submitting to surgery They soon found out that his treatments made it really easy to get relief... and, best

of all... You Get To See If You

Qualify For FREE That's' right. He want you to see EVERYTHING first hand and to prove to you ... without a shadow of a doubt.. he has the help for your knee pain that you are desperately wanting. And he wants to do it without vou spending a penny or risking anything to find out.

That's why he are offering you this free screening.

So my big question for you is - is the opportunity to wake up tomorrow morning... and every other morning for the rest of your life... with less pain... worth the 60 minutes it will take to be evaluated?

What else could you possibly do with that same 60 minutes that could have such a profound impact on the rest of you and your family's lives?

You know, it's really disappointing to me that so many people just go on living with pain when you don't have to. So many of patients told him how they used to be in pain... just about every day.

They were in so much pain... they were grumpy and miserable all the time.

They hated work. Their relationships were strained



Study shows this treatment was successful in 75% of knee arthritis pain sufferers... saving them from surgery for at least 7.3 years. Will it w for you? Find out for FREE

Life was just one big struggle Now that they've discovered what he will reveal to you at your free screening ... all that's changed ...

Work and family have become rewarding and fun. Life is so much easier and better... in so many ways... without the pain. Finally, things start falling into place the way you always thought

they would. One of the best things Dr. Bennett hears is "Hey doc since starting this program I've lost 17 pounds because now that I can finally move around pain-free the weight just keeps coming off!" Which one of those amazing

things I just mentioned would you like to happen to you... , right now.

Maybe it's none of the things I've mentioned. But, you do have hopes and dreams. We all do. And pain robs you of the opportunity to live out those hopes and dreams. Robs you of the life you really and desperately want... and

deserve. Whatever YOUR personal hopes and dreams are...They are all possible if you take

action... right now All you have to do is give this a chance and schedule for the screening. But then again.

What's also possible is that your pain starts getting worse. And that happens to so many people from just doing nothing.

Taking action may seem

Who said print is dying?

YEARS IN BUSINESS

and still growing.

like a little work... or... it may even be a little scary for you - but not taking actions is almost always worse. The eight most dangerous words to your future, your health, and your hopes and dreams

just mavbe.

It Will Just Get Better All By Itself!

Fact is ... it may only get worse

Here Is How To Get Your Free Screening. Just call us at

931-251-3009 and tell the scheduling coordinator you want your free screening. If you are one of the first 25, it is 100% free. No obligation or strings attached. There is NOTHING to

pay for and you will NOT be stressed in any way. We don't ever do that.. You see, Dr. Bennett has been practicing for a very long time... and is extremely busy.

Most are from word of mouth. But he wanted to open up this opportunity to as many arthritis pain sufferers as possible.

But because he gets so many calls... he can only take 25 from what you are reading this month.

You have absolutely zero to lose and possibly everything to gain. But you must call now 931-251-3009

Place Your **FREE** Word Ad Today: exchange931.com

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Residential Customer





Announcements Bedford County

RECIPES FOR THE AN NUAL COOKBOOK can be entered all year long! Send us your recipes written clearly. Please include ingrediin the order they are used in the recipe and detailed instructions. (A recipe that is incomplete or illegible cannot incomplete or illegible cannot be used.) Put your name, ad-dress and phone number on each recipe. **You can drop it off at** 404 Main Avenue South, Fayetteville; **mail it in to** PO Box 490, Fayetteville, TN 37334; **or submit it on** i n e ı n e a ww.southernaprons.com.

Coffee County

PATCH MANOR NOW OPEN! Tuesday, Wednesday, Thursday, 11a.m.-2:00p.m. Reservations and call-ins, please call, (931)450-0350.

ANDERSON STREET STOR-AGE of Tullahoma will sell the contents of Unit 107, January 20, 10a.m., for non-payment. (931)461-5101.

FREE CLOTHING for the family. The Clothes Closet, open the first and third Satur-day each month, 10a.m.-12 noon, St. Paul's United Methodist Church, 30 Cat Creek Road, Manchester



ROSE HILL BURIAL PLOTS. 7 burial plots, 5 together, 2 together, Rose Hill Memorial Gardens, Manchester, \$700 each. (615)618-3515.

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

AUCTION: The personal property of the following units will be sold by Watts-N-Storage of Tullahoma beginning January 17, 2020 on Bid13.com. We will 17, 2020 on Bid13.com. We will stop taking bids on January 31, 2020. Please meet the manager at 1001 N. Washington Street to redeem purchased units. 71D- Jason Hogan; 111D- James Ridner; SW39- Jerry Simms; SW47-Jerry Simms; SW48- Jerry Simms; SW51- Heather Tucker; SW02- Terry Luther; 37- Roger Taylor; 48 Roger Taylor; 114S- Karen Brooks; CC07- Nicole Dolphin; 13A-Chuck Liles; 15A- Jerry Simms; 37C - Angela Vinson. Watson-N-Storage of Tullahoma, 1001 N. Washing-ton Street, Tullahoma, TN 37388. (931)455-3888.

VALENTINE'S DINNER at VALENTINE 5 DIVINER at Patch Manor, Friday, Febru-ary 14, 5:0p.m.-7:00p.m. by reservations only by February 12 (021)778.4420 12. (931)728-4430.

TICKETS for sale, Friday, March 13, 7:30p.m., Von Braun Center, Huntsville, AL, great seats, \$110 for both. (931)433-6386. 4 UNIT ONLINE STORAGE AUCTION! Your Extended Attic, 2 Simmons Road, Fayetteville, TN 37334 will have an online auction selling the contents of Unit E02 be-longing to Elizabeth Jackson; Unit C28 belonging to Keith Alfonso; Unit C33 belonging to Frank Lewis; and Unit I31 be-longing to Iacque Iackson. On-

DAY'S MINI STORAGE will auction the following units for unpaid back rent on January 18 at 9a.m., at our 202 Diagonal St. location, Decherd: Unit 10 (5X10) belonging to Shannon Matthews; immediately following, approximately 9:30a.m. at our 910 College St., Winchester location, Unit H17 (10x10) belonging to Alphonso Blake.

THIS and THAT THRIFT STORE, 204 North Porter, be-hind Bates Foods, Winchester,

nind Bates Foods, Winchester, T u e s d a y - S a t u r d a y , noon-5p.m. Rada cutlery; used furniture; jewelry; glassware; all size clothing; and more. Donations welcome. Debit/Credit cards accepted. (931)307-3836.

Announcements Lincoln County

TWO CHARLIE DANIEL'S

Blake.

Frank Lewis; and Unit 151 be-longing to Jacque Jackson. On-line auctions will begin Monday, January 27, 2020, and end at 6p.m., Monday, Febru-ary 3, 2020. Go to www.vanmassey.com, select AUCTION tab. For more infor-mation contact Don Marrall mation contact Don Merrell, (931)273-9737.

PARK CITY FLEA MARKET & AUCTION, 2748 Huntsville Highway, Fayetteville, TN 37334. Auctions every Friday & Sunday, 6p.m. Flea Market ev-ery Saturday and Sunday. Tons of great merchandise. (931)691-4081.

DID YOU KNOW...We are on FB! Find us and Like us to keep up with the goings on of Ex-change Media Group!

GET MORE SPACE IN YOUR LIFE! Rent a storage u n i t t o d a y . www.yourextendedattic.com

. Fayetteville location, (931)607-4426; or Park City location, (931)273-9737. NEED HELP ON GO-FUNDME ACCOUNT, need help with medical, home re-pairs and some on car repairs. Fundraiser title on GoFundMe is injured disabled hard work-ing father. Any help would be appreciated.

LOVE THE EXCHANGE? Give us a review on Google! Google search Exchange Media Group, give us some stars, and tell us what you love!

PULL TABS FOR RONALD MCDONALD HOUSE CHARITY, help the Lions Club of Fayetteville collect pull tabs from cans (soda/food/others). Please bring them to the Exchange, 404 Main Avenue South, Fayetteville.

FREE CLOTHING, SHOES, HOUSEHOLD ITEMS, ETC. for the needy. The Mission at Gum Springs Baptist Church, located off Highway 64, 1 mile east of Jeff's Market, open ev-ery Thursday, 8a.m.-2p.m. Op-erated by Linda Martin.

National Suicide Prevention Lifeline A 1-800-273-8255

WE CAN ALL HELP prevent sucide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones.

SUPPORT LINCOLN SUPPORT LINCOLN COUNTY SOCCER! For only \$10, receive \$30 worth of deli-cious **Sonic** food and drink coupons. Go Falcons! Call/text, (22) 522 0002 (931)532-0003.

DONATIONS WELCOME and appreciated for Holiness Church of God Building Fund. Account is set up at First Na-tional Bank, or contact Patri-cia Moore, (931)433-6823; (931)227-8228. Pastor, Sonny Moore

3 UNIT ONLINE STORAGE AUCTION! Your Extended Attic, Fayetteville Secured Storage, 1231 Huntsville Hwy., Ste. F, Fayetteville, TN 37334 will have an online auction sell-ing the contents of Units 406 and 225 belonging to Jim Cook and Unit 817 belonging to Shawn Kent. Online auctions will begin Monday, January 27, 2020 and end at 6p.m., Monday, Feburary 3, 2020. Go to www.vamassey.com, select AUCTION tab. For more infor-mation contact Carol Martin, mation contact Carol Martin, (931)607-4426.

FUNERAL HOME,

Chapel Hill, TN.

(931)364-2233.

Announcements Marshall County

YOU CAN ADVERTISE one item (no animals) for FREE in the Exchange if you are selling it for \$1,000 or less. Call us today, (931)359-1994.

YOU CAN ADVERTISE one item (no animals) for FREE in the Exchange if you are selling it for \$1,000 or less. Call us today, (931)359-1994.

Announcements Moore County

LAND AVAILABLE FOR HUNTING, in Moore County, 268 acres available, lease required. Responsible hunters only. (931)759-4314.

Antiques

VINTAGE GESTETNER 300 MIMEOGRAPH PRINTER for sale, very clean, original cover, for display or possible use?, \$45. Chattanooga. (423)698-3643.

IMPORTED CARVED WOOD LAZY SUSAN, from Puerto Rico 20 years ago, hand carved, beautiful details, \$50. Winchester. (615)310-0619.

1956 OLD HEINZ GLASS baby food jar, \$10. (931)205-3846.

ANTIQUE CHINA, gold coast china, southern romance, Japan, many pieces, \$50. (931)392-4046.

TAG ALONG, vintage 1983 retro Igloo Tag Along cooler with shoulder strap, burgundy and white, \$10. Tullahoma area. (615)849-5012.

RARE RUSSIAN COL-LECTIBLE PLATES, four Rus-sian collectible plates, "The Snow Maiden" collection, hand painted, raised edging, \$75. Winchester. (615)310-0619.

ICE BOX. White Mountain an tique Ice Box, great condition, \$900. (931)222-5450.

ANTIOUE BABY CRADLE, cherry colored wood, rocks, was my Granddad's who was born in 1887, \$300. (931)227-6721. ଟ୍ **Rent a Home** at www.Exchange931.com

COLLECTORS, amber White-

hall tea glasses, 4/\$20 or 6/\$30 or all for \$45. Great gift for a collector. (615)849-5012.

31 DAY MANTLE CLOCK, 37"

tall, 17" wide, antique mantle clock, all original parts but the face, appraised \$1,500, selling \$800. (931)433-9768.

FOR SALE, Old Carnival glass; racing Matchbox haulers. Lots more things, come and call for

PADDLE RACE CAR, very

padDLE RACE CAR, Very good condition, \$350 or closest offer. See photos at www.exchange931.com. Call/text, (931)408-0454; or, (931)434-2878.

HISTORICAL DOWNTOWN A N T I Q U E S & COLLECTIBLES, 109 North Ir-win Street, Manchester. Monday/Wednesday/Thursday / F r i d a y / S a t u r d a y , 10a.m.-5p.m.; Tuesday, 10a.m.-3p.m.; Sunday, 12-5p.m.; 3,000sf, 30+ vendors! (931)581-6666.

Automotive Accessories

FOUR USED GOODYEAR

TIRES for sale, 16" P235/70R16, good tread, \$190 for all. Fayetteville area. (931)433-6386.

DODGE RAM WHEEL COVERS, dually, chrome front and rear complete set with cen-ter caps, \$100. (931)394-2081.

16" TIRES for sale, two 235-85x16, 10-ply, \$150; 265-70x16; 245-75x16 - 6ply - 8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16, \$250 plus. (931)703-1130.

JEEP WRANGLER SOFT TOP,

2016 two-door, like new, \$199. (931)797-2751.

4 GOODYEAR TIRES, P275/65R18's, 30,000 miles, they are 60,000 mile tires, \$100. (931)308-9473.

15" TIRES for sale, 235-75x15, \$150; 225-75x15, \$200; 215-70x15, \$200; 205-60x15, \$200; 195-60x15, \$200; four 235-75x15, like new, \$250. (931)703-1130.

TOYOTA 1983 22R ENGINE,

with transfer case, \$700. (931)307-8792.

SET OF FOUR General Grab-ber tires for sale, P275/R70/18, 60% tread, \$150. Tullahoma area. (931)307-8117.

USED RADIATOR for a 1999 Oldsmobile Silhouette van, \$50. Manchester area. (931)841-5232.

TRAILER HITCH BALLS, 2-5/16 trailer hitch balls, 1" di-ameter shaft, \$6. Fayetteville. (414)795-8830.

CARGO RACK for sale, fits most cars, like new, \$40. (931)307-1290.

TRANSMISSIONS for sale.

700R-4 transmission, guaranteed, \$400; 1995 model 4L60, \$400. (931)580-9596.

only

a p p o i n t m e n t (931)635-2401.

MOTOR OIL, Valvoline, pre-mium conventional, \$3.75 quart, SAE 10W-30. Fayetteville. (414)795-8830. ANTIOUE ROCKER for sale, 125+ years old, rush seat, cane back, maple/oak, excellent, \$125. (931)247-4019.

ANTIFREEZE, 50/50 premixed gallons, \$4.50 each, US bottled, case of 6 gallons, \$25. Fayetteville. (414)795-8830.

TRAILER HITCH BALLS 2 with 1" diameter shaft. 1-7/8" with 1" or 3/4" diameter shaft, \$5.50. Fayetteville. (414)795-8830.

Books, Movies, & Music

DISNEY MOVIES, Snow White and The Seven Dwarfs, and Bedknobs and Broomsticks masterpiece collection, VHS, original cases, \$5. Tullahoma. (615)849-5012.

GET RID OF YOUR CLUTTER? Sell your unused DVD's, movies, and books. One item selling for \$1,000 or less advertises in the Exchange EPEF exchange@21.com FREE. exchange931.com.

THOUSAND SPLENDID A THOUSAND SPEENDID SUNS by Khalid Hosseini, \$3; The Goof Who Invented Homework by Kali Dakos, \$2; Two books by P.D. Eastman Go, Dog, Go and Are You My Mother?, \$2 each; War of the Rebellion: Official Records of the Union and Confederate Action of the Union and Confederate Armies, Series II, Vol. 1, serial number 114, published by The National Historical Society, \$5. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

TWO BOOKS in The Little House Series by Laura Ingalls Wilder: Dance at Grandpa's and Winter Days in the Big Woods, \$1 each; The Devil's Star by Jo Nesbo, \$2; Books 1,2, & 3 of The Heritage Trilogy by Ian Douglas: Europa Strike, Luna Marine, & Seer Mars, \$5 for set; Jesus Calling: Living a Life of Worship by Sarah Young, \$3. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

Building Supplies

100 PIECES OF USED TIN for sale, 12' to 20', \$10 per sheet. Flintville area. (931)212-3131.

ROOF NAILS, coil type, head type, 30 in box, 1,200 nails each coil, original box, \$30. quriositi@earthlink.net.

ROOFING NAILS, 55lb of 1-3/4" lead head, \$25; 45lb of 2-1/2" washer head, \$20; 43lb of 1-3/4" washer head, \$20. (931)455-8455.

SEVEN NEW REPLACEMENT WINDOWS for sale, white, six over six grids, five are 32"x53-1/2", two are 32"x53-1/2", two are 23-1/2"x34-1/4", \$380 for all. (931)639-2344

Cars & Trucks

PRE-OWNED 2007 Cadillac DTS, completely loaded, extra clean inside and out, 75,000 ac-tual miles, nice tires, STK# U078, TNDL#2248, \$6,900 plus TTL. (931)625-3434.

2002 CHEVY BLAZER, great condition, \$3,500 or best offer. (931)409-2233.

\$\$\$\$\$ CASH \$\$\$\$\$ FOR **JUNK CARS**, no title needed if over twelve years old. Same day pickup. (931)308-3537.





2005 HONDA PILOT, good condition, leather interior, 3-row seats, new tires, \$2,700 or best offer. (931)205-7757.

1994 DODGE 1500 PICKUP for sale, 4x4, short wide bed, good tires, 272,000 miles, excellent condition, \$5,000. (931)728-1056; (931)841-1473.

2004 DODGE GRAND CARA-VAN SXT minivan, Anniversary Edition, loaded, leather, DVD, good condition, clean, book value \$4,650, asking \$3,150. (931)222-9879.



2008 NISSAN ARMADA, 186,000 miles, \$5,100. (931)224-8421.

FOR SALE, 2017 CHEVY SPARK, 40 mpg, like new, back-up camera, 33k miles, \$10,000. Please call, (931)307-3173.

2003 FORD F-350, 6.0 with EKG bypass, 145,000 miles, new tires, good clean truck, gooseneck compatible, downsizing, \$10,500 or best offer. Columbia. (931)994-9011.



2012 DODGE 5500, Cummins diesel with Allison automatic, 11ft maintainer bed, hydraulic air compressor and outriggers, 6,500lb maintainer crane, 4x2, \$45,000. (931)703-1449.

2003 MERCURY GRAND MARQUIS, approximately 160,500 miles, good condition, rides good, must sell, \$3,500 or best offer. (256)348-9090.

JUNK CARS AND TRUCKS wanted, running or not, top dollar paid. Call, (931)625-6130.

REDUCED, 2004 FORD EX-PLORER 4L-V6, excellent condition, 150,000 miles, new tires, \$3,900. Hillsboro. (931)315-0066.

1971 VOLKSWAGEN BEETLE, frame off restoration, runs, \$3,500; 1984 Mazda B2200, runs but smokes, \$1,500; also many parts. (931)312-0186.

1999 TOYOTA CAMRY for sale, motor re-done 3 years ago, needs shocks, \$1,500 or best offer. (931)409-3779.

2001 NISSAN ALTIMA, motor is good, transmission needs repair, body in great shape, \$550 or best offer. Call or text, (931)273-4027.

PRE-OWNED 2008 Town and Country van, loaded, with DVD player, headphones, power open side door and lift gate, leather interior, 77,000 actual miles, STK# T050, TNDL#2248, \$7,900 plus TTL. (931)625-3434.



General Production Starting at \$14.70/hr + Shift Differential

This full-time production position is for Tyson Foods' Shelbyville, Tennessee location. The successful candidate will be responsible for entry-level labor while maintaining a safe work environment and adhering to Tyson Foods policies and procedures.

REQUIREMENTS:

Must be 18 years or older
Must be able to stand for long periods and tolerate repetitive motions, including lifting, pushing, pulling, bending & stooping.

New Starting Rates

NOW HIRING

For Assistance with your on-line application to **Tyson Foods, Inc.** you can visit the local **Employment Offices** in • Murfreesboro • Tullahoma• Lewisburg

Or the local **Workforce Solutions Offices** in • Tullahoma • McMinnville • Shelbyville • Lynchburg • Decherd

Maintenance Generalist Shelbyville Plant Starting at \$17.34/hr +

These full time maintenance positions are for Tyson Foods' Shelbyville, TN location. These positions are located on multiple shifts. The successful candidate will be responsible for troubleshooting, maintaining and repairing all equipment and company assets, while maintaining a safe work environment and adhering to Tyson Foods' policies and procedures.

REQUIREMENTS:

- Must be 18 years or older
- Must have a minimum of 1 year of industrial maintenance experience, or currently enrolled in an industrial maintenance course, or recently completed an industrial maintenance course.

CONTACT: To apply for these opportunities and view all current opportunities with Tyson Foods, please visit our website www.tysonfoodscareers.com

www.tyson.com

Tyson Foods is an Equal Opportunity/Affirmative Action Employer. All qualified applicants will be considered without regard to race, national origin, color, religion, age, genetics, sex, sexual orientation, gender identity, disability or veteran status.

WE BUY JUNK CARS AND TRUCKS. We also buy running vehicles. Will remove vehicles from your yard! (931)251-3005.

2006 BMW 325ci, convertible, 2DR, black w/tan leather, automatic, CD/NAV/DVD, 95,000 miles, beautiful car! \$7,900. (931)625-0245.

"Thank you! I am a very satisfied customer! I list items with the Exchange and they get the job done!" Rick

JUNK BATTERIES, buying junk lead acid batteries, car, truck, boat, ATV, etc. (931)607-9653, please leave message. Thank You!

2004 FORD THUNDERBIRD for sale, dark red exterior, tan leather interior, second owner, low mileage. (931)624-3117.

2009 MERCURY MARINER SUV, 49,000 original miles, garage kept, 28mpg, leather, sunroof, new wner, non-smoker, like new inside and out. (931)655-0670 anytime. A must see!!!

2008 CHEVY TRAILBLAZER LT SUV, retired GM employee owned, excellent condition, ready to go, book value, \$6,400, asking \$4,650. (931)222-9879.



2001 GMC 3500, 8x12 box truck, good shape, 262k miles, with ramp, \$5,000 or best offer. More pictures online. (931)684-6926. **Clothing** & Accessories GEORGE DICKEL POLOS, black, medium, Outer Banks polo shirt, white George Dickel logo, \$20 each. (404)317-3872,

ible, fogo, \$20 each. (404)317-3872, her, Lee. VD, MOTORCYCLE CHAPS for sale, like new, two pair for \$100. Manchester area. (931)570-2148.

ttisvith PROM DRESS BEIGE LACE, size small, with lace overlay, small train, sewn in cups, no returns, \$50. (615)243-1937.

> TONY LLAMA BOOTS, size 7-1/2 D, \$100. (931)222-5450.

LADIES' USED SWEATER AND SKIRT, size 12 petite, \$30; New Balance tennis shoes, new, size 6-1/2w, \$98. er, (931)728-9613.

MEN'S BLACK LEATHER COWBOY BOOTS, size 10-1/2, \$42; antique Underwood typewriter, \$47; Estee Lauder new perfume set, 2 bottles, \$70. (931)728-9613.

MEN'S SHIRTS AND LIGHT SWEATERS, sizes small and medium, good condition, most are pullover, only \$1 each. Tullahoma. (931)841-4600.

EMPIRE TOPS, 2 like new, size medium, 1 longsleeve, 1 short, \$30. (615)310-0619.

WANT TO BUY, a Micheal Kors or Tiffany bracelet and any kind of designer perfume. (931)928-2537.

MOTORCYCLE HELMET, size small for lady or youth, black, \$20. (931)227-6721.

 TWO POCKET WATCHES for sale, one Norman Rockwell, one Mickey Mouse, \$275 each. Morrison area. (931)954-8494. MEXICAN BLANKETS AND HOODIES, assorted colors of Mexican blankets. Hoodies size XL and 3XL, \$20. Meet at Flintville Dollar General. (931)625-8104.

BLACK PROM DRESS, one strap with sequins and waist, sewn in cups, size small, no returns, \$40. Text, (615)243-1937.

PROM DRESS CHAMPAGNE COLOR, strapless, jeweled upper and sewn in cups, size 3/4, no returns, \$50. Text, (615)243-1937.

Electronics

42" PANASONIC FLAT SCREEN TV for sale, works perfectly, \$75. (931)857-3456.

WiiU 32 GB CONSOLE for sale, like new in box, two games included, Super Smashers, Splatoon, \$275. Manchester. (931)728-3728.

FITBIT ALTA HR for sale, includes over ten bands, charger, one user, like new, \$70. (931)616-9987.

XBOX ONE TRIALS FUSION CD, game disc, original box, Manchester pickup, \$15. (931)728-3728.

CAT S60 SMART PHONE for sale, new in box, integrated thermal imaging, \$400. Shelbyville area. (931)735-0685.

MACBOOK PRO for parts, 15" will not turn on, believe board, older unit, \$50. Manchester, \$50. (931)728-3728.

KODAK DIGITAL CAMERA AND CASE, Easyshare 2740, 10x zoom, just needs batteries, \$5. Tullahoma area. (615)849-5012. PANASONIC FAX-COPIER MACHINE compact machine for sale, model KX-FP80, works great, used very little, Fayetteville, \$30. (931)433-2199.

YAMAHA SOUND BAR, model ATS1060, \$75. (931)808-7828.

CHARGER, new power bank, charge it, take it with you, charge your devices, 3 ports, \$5. (615)849-5012.

DIRECT TV CONTROLLER, TV or DVR, new in package, \$9. Manchester pick up. (931)728-3728.

TELEPHONE BOOTH, with Western Electric Bell Systems, 226G pay phone, operational, dark wood, two folding doors, glass inserts, \$1,495. (931)841-5419.

Exercise Equipment

TREADMILL, works fine, great deal, \$50. (931)937-7769.

USED EXERCISE BIKE for sale, \$50. (615)556-1967.

BOWFLEX TREADCLIMBER TC/20, five electronic functions, LED display screen, integrated heart rate monitor, \$999 firm. (931)728-7842.

Farm Equipment

FOR SALE, 7 shank and 9 shank chisel plow, 3pt. hitch, \$450 for 7, \$700 for 9; 250 gallon sprayer, 3pt. hitch, \$800; 14' International wheel disk, \$600; monitor for 435 John Deere hay roller; kids' John Deere pedal tractor with wagon; other kids' riding wagons and tricycles. (931)308-0654.

EXTERIOR CLEANING PRODUCTS, \$30. (931)222-5450. JOHN DEERE LAWN TRAC-TOR for sale, 100 series, needs tune-up, \$300. Manchester area. (931)728-7842.



LAKE AND POND FISH FOR STOCKING. Bass, Bluegill, Shell Cracker, Caffish, Grass Carp, Minnows and Other Species. Aerators and Fountains. We deliver! Call for prices! (615)977-0752. LAMBS, LIVE or USDA processed. Processed lambs are 6-12 months old, processed, packaged and frozen Processed lamb is are 6.12 months old, processed. proc

LAMBS, LIVE or USDA processed. Processed lambs are 6-12 months old, processed, packaged and frozen. Processed lamb is available at the farm or at the Winchester F.M., Saturday, 8a.m.-11a.m. Call first for live lambs. (931)937-7769.

RAILROAD TIES, \$2 each; LP gas tank, 125/150 gallon, \$100; 16' wire panel, \$6 each; old stainless milk tank, 75 gallon,

Pocket Knives Are Here!New, collectible, vintage, mint, near mint,
and extremely good used knives.Case + Boker Tree Brand • Hen & Rooster • More!Case XX *295Case XX *287Case XX *287<

FREE! REMINGTON 22" W H E E L E D S T R I N G TRIMMER, used, still runs but is rough, may use as parts. Free! (931)728-7708.

PRO-LIFT JACK, for lawn tractor mowers, in good shape, asking \$65 or best offer. (931)954-8494.

TWO WESTERN SADDLES, good condition, \$125 each or \$200 for both. Pictures at www.exchange931.com. (931)408-0454; or, (931)434-2878.

REAR BAGGER for sale, fits John Deere lawn tractor, new \$400, selling for \$150. Winchester area. (571)271-1558.

KOBALT BATTERY CHAINSAW, 12" bar, 40v battery and charger, like new, \$140 or best offer. (931)307-1990.

BURN OR GRAIN BARRELS, 55 gallon steel barrels with removable lids in Shelbyville, TN, \$15. (931)492-1611.

CEDAR FENCE POSTS, 8' long, \$5 each or make offer. For more information call, (931)222-9845.



LOCAL PEOPLES GAS COMPANY

3296 Lewisburg Hwy. Petersburg, TN Mon.-Fri. 8 а.м. - 5 р.м.; Sat. 8 ам.-12 р.м. We are locally owned & operated .. 931-659-6981 Phone we want your business! Proudly serving Fayetteville & Lewisburg! 931-993-9496 J.D. Haislip



2014 CASE 580SN EXTENDAHOE, low hours; 2013 Kubota KX71-3 mini excavator; 2002 John Deere 310G, 4x4; 7.5' Ford chisel plow. Call, 931-703-8158.

STUMP BURNING STEEL BARREL, half a steel burn barrel, add wood and charcoal and light it, Shelbyville, \$10. (931)492-1611.

HAY FOR SALE, 4x6 net wrapped, \$26-\$41. Call, (931)205-3267.

23 HP KOHLER COURAGE ENGINE for sale, 1" shaft, came off a Cub Cadet, runs good, \$ 300 or best offer. (931)588-8270.

PRATER'S OUTDOOR FURNACES. Central Boiler's Classic Edge certified out-door wood furnace. Starting at \$7,990. Don't wait! Call today. (931)235-8311.

Farm Animals

DO YOUR ANIMALS NEED FRIENDS? Check out exchange931.com to find them a buddy!

OPEN HEIFERS for sale, excel-lent opportunity to add to your herd, grass-fed steers available, freezer ready, call for price. (931)732-5142.

WANT TO BUY: Goats, sheep, abickens and guineas. Call, chickens and guineas. Call (931)427-8477; (256)777-0065.

ANGUS REPLACEMENT HEIFERS for sale, 25 fancy bred heifers, calving in March, \$1,600. Call, (931)580-7322. Wartrace, TN.

Double Daddio

2 for 14 99

11-55



GELBVIEH/BALANCER BULL for sale. Unregistered Gelbvieh/Balancer bull for sale, 9 months old, ready to use on a limited number of cows this spring. Sire was shown at Den-ver Stock show. Calving ease, low birthweight, very gentle disposition, sure to improve your cow herd and add pounds to your calves! Too nice to put on the market!, \$1,000. (931)607-8316.

FOUR PUREBRED BLACK Angus heifers for sale, all sired by easy calving registered Black Angus bull, and purebred Black Angus cows, 24-18 months old, easy to handle, \$1,600 each. Pelham. (931)467-3640.

Farm Animal Accessories

FOR SALE, RUBBERMAID water tanks, 100 gallon-\$50, 150 gallon-\$75; one galvanized 100 gallon-\$50; buckets-all sizes, \$2-\$5; plastic 1/2 barrel for feed-\$10. Call/text, (021)620 1090 (931)639-1089.

CATTLE GUARD, rebar rein-Forced cement cattle guard that I need to have removed, perfect condition. (931)691-9083; or, (931)966-6408.

SEAT CUSHION FOR WEST-ERN SADDLE, black suede, minimally used, \$10. (931)227-6721.

(Furniture

FLOOR LAMP for sale, with glass round center shelf, with white shade, \$18. Tullahoma. (931)455-9642.

LEAF TABLE for sale, with 4 chairs and 2 bar chairs, 55" without leaf and 12" larger with leaf, \$150. (931)308-9473.

WICKER DRESSER AND MIRROR, \$100. (931)222-5450.

4 PIECE CHICKEN PLATTER

PICK ANY

2 MEALS

BELOW

) Shelbyville 1020 N. Main Street Suite K, Shelbyville, TN 37160 • (931)488-5055 Lewisburg 712-c N Ellington Pkwy Lewisburg TN 37091 • (931)-288-8014

COFFEE BREWER for sale, two burners, excellent condition, \$75 or best offer. Chattanooga. (423)698-3643. GE UNITIZED SPACE MAKER 2.3 cu.ft. washer with 4.4 cu.ft. electric dryer, 2017 model, clean, like new, \$500. www.hwy55.com (865)356-6368.

BEDRAILS for sale, converts from full-size to queen-size, can be used either way, \$45. Manchester area. Manchester area (931)728-7751; (931)273-6724.

BEAUTIFUL OAK COM-PUTER ROLL-TOP DESK for sale, oak hutch with glass doors, oak swivel desk chair, 57"x34"x74.5", \$895 for all. (931)581-2657. OAK END TABLES, great condition, \$50. (931)222-5450.

Discover Yard Sales

at www.Exchange931.com

FREE REMOVAL OF Appliances, etc. We will

APPLIANCES, FIC. We will pickup your unwanted washers, dryers, refrigerators, freezers, ranges, riding mowers, cars, golf carts, motorcycles, travel trailers, scrap metal items you don't need. Free of charge. (93)&41.1566

DURAFLAME ELECTRIC FIREPLACE, almost new, 45" wide x 40" tall x 15" across, re-mote included, \$340. Serious/night calls only. Manchester. (931)728-8999.

SOLID OAK HEAVY-DUTY

VINTAGE THREE PIECE SECTIONAL COUCH for sale, pink and blue floral on beige,

very attractive and comfortable, \$200. (931)625-3020.

REFRIGERATOR, white freezer on top, about 12 years old, perfect as a second refriger-ator in the garage, barn or shop. Warm weather will be here soon and a cold drink will be very satisfying! Works perfect, \$100. (931)639-2732.

FURNITURE, 3 pieces. Re-duced price! Well made large chest of drawers/entertainment

center, 32"x21"x59"; smaller chest of drawers, 33"x19"47"; and night stand, 23"x17"x24", \$250. (931)455-3172.

SOFA AND LOVESEAT.

southwestern print, \$300. Text for pictures. (615)243-1937.

PATIO FURNITURE, \$100. (931)222-5450.

BAKERS RACK, wrought iron, 4 shelves, folds to store, like new, Winchester, \$75.

LOCKING OAK CHEST, Amish made locking chest, \$100. (931)222-5450.

MAYTAG DRYER, 5000 series, jade green color, \$170. Call, (931)434-2337.

ANTIOUE WARDROBE for

sale, good condition, \$175. Shelbyville area. (931)492-4154.

BUNN COMMERCIAL VPR

(615)310-0619.

WICKER

WHITE

(931)841-1566.

30" ELECTRIC GLASSTOP RANGE with self cleaning oven, looks and works good, \$200. Tullahoma. (931)841-1566.

KING MEMORY FOAM MATTRESS, good condition, 2 sets deep pocket sheets, 2 king-size pillow cases, fitted sheet, top sheet, \$200. (816)536-4659.

FOR SALE, Maple bedroom suite, \$185; small curio cabinet, \$35; GE clothes dryer, \$50; armoire, \$100. (931)967-4616; (931)308-8406.

SOFA, early American material/pattern, 86" long, 48" front to back, very nice, usable in open area or against wall, \$350. (931)636-7964.

DANBY GLASS DOOR WINE COOLER, stainless and black, dual zone electronic cooler, looks and works great, \$150. Tullahoma. (931)841-1566.

LA-Z-BOY ROCKER RE-CLINER for sale, tan/brown in color, like new, \$200. Shel-byville area. (931)492-4154.

"I have sold a lot of items with the Exchange and I believe it's the best place to sell stuff!" Larry D.

APPLIANCE MAN-Sales, service, parts. 25 years experience, David Russell, owner. We sell used appliances! Monday-Friday, 9:30a.m.-5:30p.m., Saturday, 10a.m.-2p.m. (931)455-6844; (931)273-8880.

TABLE AND 6 CHAIRS, white in color, excellent condition, \$200. (931)308-0654.

FREE UPRIGHT PIANO, needs a little work, was a church piano, we have to move it to free space up. (931)307-9697.

FULL-SIZE DARK RED leather roll-SiZe DARK RED leather sofa, \$100; two wingback red chairs, \$50; two leather red stools, \$25; 32"x8' rug, gray/blue/yellow/beige, \$25; all like new. (931)619-3138.

3 DRAWER OAK DESK, \$75. Sport Rider exercise bike, manual, \$25. Swivel chair on wheels, \$20. (931)703-5118.

NEW POWER AIR FRYER XL for sale, \$50. Manchester area. (931)728-3317.

ANTIQUE DINING ROOM SET for sale, 42"x60" table with four side chairs and two captain chairs, also includes 12"W leaf, \$500 or best offer. (931)993-5099.

FIVE PIECE FAUX MARBLE TOP DINETTE TABLE, with four matching chairs, like new, \$175 or best offer. Tullahoma area. (931)455-9642.

USED QUEEN-SIZE MATTRESS, good condition, \$50. Complete Bed frame setup, queen-size, brand new, faded white barnwood, \$200. Tullahoma. (910)581-0318.

FOR SALE, heavy wrought iron table, with glass top, four chairs, \$125. Shelbyville area. (931)685-4440.



framing with wooden seats and back rest with ring of metal for foot rest. Has 360 degree swivel with adjustable seat, \$85 each. (615)962-0199.

Home Goods

147 PIECE VINTAGE SYM-PHONY CORNING WARE for sale, includes dishes, bakeware, glasses, accessories, linens, \$250. (931)993-7338.

COLLECTOR OF TEAPOTS, unusual royal blue with built in for packets of tea or sugar, \$2. Tullahoma. (615)849-5012.

SIDE BEDRAILS, perfect for the young child going into a big bed, nice bedrails, \$10. Tullahoma. (615)849-5012.

LARGE COLLECTION OF LONGABERGER BASKETS for sale, \$35-\$200. (931)993-7338.

ANTIQUE GRECIAN LAMP, rare antique, brass/copper, 17" tall, 4 globe lights, 3 Grecian ladies, must see, price firm, \$300. (615)310-0619.

HEIRLOOM DOLL, Lord of HEIRLOOM DOLL, Lord of the Rings collectible porcelain doll, 23" with case, gold cape, crystal, original box, papers, \$200. (615)310-0619.

CHINESE REVERSE PAINT-INGS on glass, three antique wood frames, brass holders, must see, \$500. (615)310-0619.

DECORATE TABLE-pretty, ca-sual 50"x50" square table cloth, shades of light and medium blue plus 5 napkins, \$5. blue plus 5 napkins, \$5. Tullahoma. (615)849-5012.

VINTAGE SEWING CASE, fold out case, \$35. Call Jim, no texts. (615)714-9526.

OLD WHITE WOODEN DOOR, 82-1/2" tall x 36" wide, 3 panes on top of door, no hardware, \$50. Tullahoma. (910)581-0318.

HOMEMADE QUILT, 77" wide x 85" long, green with light tan border and backing, \$400. (931)307-8792.

ARTIFICIAL CHRISTMAS TREE, 6' tall, 4' diameter, in good condition, \$10. (931)759-5457.

CERAMIC ELEPHANT plant stand or just a decoration, 17" tall, 18" long, \$50. Winchester. (615)310-0619.

TWO FULL-SIZE COM-FORTER SETS, very colorful with red, blue, white, black bubbles, beige background, with three decorative pillows, \$20 for both. (931)842-0645.

CHINA CABINET, brown comes in 2 pieces, must sell, \$125 or best offer. (256)348-9090.

Jobs

JOB OPENING. Labor posi-tion local sod farm. Please apply at Turfgrass of Tennessee, LLC, 888 Ard-more Highway, Taft, TN 38488.

CHURCH PIANO PLAYER NEEDED. Opening for piano player for the Sunday 11a.m. service. St. John's Presbyte-rian Church. Fayetteville. (931)438-4887.

The Facilities Department at the University of Tennessee Space Institute in Tullahoma, Tennessee is seeking a Ser-vice Aide I - Laborer. Regular, full-time position with excellent benefits. For job description and to apply

job description and to apply online, go to: ttp://www.utsi.edu/index.php/ utsi-employment/ - click Exter-nal Applicants and Search by "Location" - Tullahoma. Please use a desktop or laptop com-puter to apply.~ Smartphones are not compatible with system.~ If you do not have ac-cess to a computer, an applica-tion station is

cess to a computer, an applica-tion station is located in the UTSI Human Re-sources office. Please call, (931)393-7226 to set up an appointment. UTSI, 411 B.H. Goethert Parkway, Tullahoma, TN 37388-9700. The Univer-sity of Tennessee Space Insti-tute is an EEO/AA/Title VI/Title IX/Section 504/ADA/ADEA institution in the provision of its education and employment programs and services. All qualified appli-cants will receive equal consid-eration for employment and ad-

eration for employment and ad-mission without regard to race, color, national origin, religion, sex, pregnancy, marital status, sexual orientation, gender identity, age, physical or mental disability, genetic information, veteran status, and parental status.

STEWART ELECTRIC COM-PANY is now hiring electricians, electrical helpers, apprentices, backhoe operators/equipment operators and drivers w/CDL for jobs in the Huntsville, Pulaski and Fayetteville areas. SEC offers 4 year apprenticeship training. Good wages and benefits. Please apply in person at, 1009 A Cleaner Way, Huntsville, AL, 35805 EOE 35805. EOE.

AMERICAN DEVELOP MENT CORPORATION IS NOW HIRING FOR TRUCKER HELPERS. These TRUCKER HELPERS. These are full-time positions, assist-ing CDL drivers with deliveries. This position does not require a CDL. In this po-sition you will assist as a rider with directions, as well as loading and unloading trucks for over the road deliveries. There will be some overnight stays. Competitive pay, excel-lent benefits effective the date of hire that include medical of hire that include medical, dental, vision, life insurance, short term disability insurance. ADC also offers a insurance. ADC also offers a 401K program and discre-tionary bonus program. Can-didates must be able to suc-cessfully complete a pre-employment screening which will include a drug screen and random drug and alcohol screens. Also, must successfully complete a na-tionwide criminal background check. All applicants must check. All applicants must schedule an appointment. Call, (888)542-8561. Walk-ins are welcome to stop by for an application only. EEO.

NOW HIRING, Backhoe Operators/Equipment Opera-tors and Drivers, w/CDL needed for jobs in the Huntsville, Pulaski, and Fayet-Huntsville, Pulaski, and Fayet-teville area. Please apply in per-son at, Stewart Electric Company, 1009 A Cleaner Way, Huntsville, AL 35805. EOE.

DRIVERS WANTED, must live within 20 miles of Hillsboro, clean MVR/must pass drug test, Class A or B CDL required, hourly pay plus overtime, \$40,000-\$45,000 yearly. (931)808-1610.

"I am very well pleased with the Exchange! The response to my ad was great!" Engeline P.



HOME INSTEAD SENIOR CARE OF MIDDLE TN is look-ing for compassionate and re-spectful CAREGivers to pro-vide in home care to seniors. Our Requirements: Must be 21 or older, have a valid TN state or older, have a valid TN state driver's license, your own re-liable vehicle, and proof of car insurance. Experience preferred, but not necessary. Training provided. Call Ashley between the hours of 8 : 3 0 a m - 4 : 3 0 p m, Monday-Friday to set up an interview, (931)454-2202.

AMERICAN DEVELOP-MENT CORPORATION IS NOW HIRING CDL Drivers, 2 years previous driving expe-rience preferred, Hazmat pre-ferred but not required, some overnight runs, physical loading/unloading, salary plus mileage, excellent benefits package that includes medical, dental and vision insurance, bonus potential. Call, (888)542-8561, to schedule an appointment. EEO.

NOW HIRING RN's, LPN's, AND CNA's. Nursing positions require current Tennessee certification. Apply online at ElkRiverHRofWinchester.com or in person at Elk River Health & Rehabilitation, 32 Memorial Dr., Winchester.

TOWN OF PETERSBURG is accepting applications for a full-time or part-time certified police officer. Starting rate is \$15/hr. Apply at Petersburg Town Hall between Sam Am Monday Eriday 8a.m.-4p.m., Monday-Friday.



V I S I T I N G ANGELS-CAREGIVERS WANTED. Join our compassionate, reliable team compassionate, reliable team! Two years caregiving experi-ence required. Flexible scheduling. Accepting applica-tions 1404 North Main, Shelbyville; or, apply online anytime, visitingangels.com. Care services include: B at h i n g / H y g i e n e A s s i s t a n c e / M e a l Preparation/Housekeeping/Er rands/Shopping/Medication Reminders/ Companionship. (931)488-6863.

BAILEY MANOR IS TAK-ING APPLICATIONS for LPN & CNA, must pass back-ground check and drug screen. Apply at 113 Medical Center Blvd., Fayetteville.

COOK at Harmony Hill Child Care Center. Job duties in-clude but are not limited to: preparing breakfast, lunch and snack as well as cleaning bathrooms and laundry. This is a set weekly schedule, \$7.50/hour. Please come by and nick up an application and pick up an application today. 3061 Huntsville Highway, Fayetteville, TN 37334. (931)433-3727.

NEED A JOB NOW? Go to Exchange931.com and check out the Jobs category to find your next employment opportunity!

pedestal table, 4 chairs, all painted kitchen white, very good shape, price reduced, \$215 or best offer. \$215 or b (931)636-2896. ANTIQUE DROP LEAF TA-BLE AND CHAIRS for sale, \$55. McMinnville area. (931)247-0858.



We've been serving communities throughout Tennessee for 40 years. With every new year, we set out to improve the print publication so you can make more connections. This year, we're making a major change to improve the color in your Exchange. Because of this printing change, some homes will get the Exchange on Thursdays.



BENEFIT TO YOU

This change also means there's a new deadline for placing word ads! All words ads, either placed by phone or online, will run in that week's paper as long as the ad is submitted by 3:00 p.m. on Monday.

Thauk you for letting us into your homes for the past four decades.

Will Thomas, Publisher



www.exchange931.com

💥 Exchange Timeline



January 29, 1980

The Exchange published the first issue for Lincoln County.

The front page of our first edition stated: "My purpose is to help you buy, sell, or trade wisely for whatever you want and need right here at home in Lincoln County". The community had no idea the Exchange would become a historic staple of Middle Tennessee's economy.

2008

Tullahoma Exchange First Published

2009

Manchester Exchange First Published

2010 Winchester Exchange First Published

2013 Shelbyville Exchange First Published

2014 Lewisburg Exchange First Published

2019 **Resizing Improvement**



January 1, 2020

The Exchange continues the tradition of continuous improvement.

40 years later, we're still helping business owners, sellers, and buyers make connections. Because we're improving our printing process, we will deliver better results for our advertisers.

Thank you for saying, "I saw it in the Exchange."

(901)618-0329.

1989



Baby Stuff

RARE MONSTERS SCREAM FACTORY TOY, kids used playing piano, works fine, \$50. (931)728-3728.

DECLUTTER THE KIDS' ROOM. Sell their unused or unwanted items on www.exchange931.com.



MEDICAL ASSISTANT TRAINING. Spring Classes, March 23 - May 29, 5-9p.m., \$2,000 tuition, \$2000 registration. Medical Response Institute, 1155 South College Street, Winchester. (931)240-0005; (931)259-7002.



FOUND 2 BEAGLE DOGS. Belvidere's Staton Road area, dogs have collars, no name tags. To recover call, (931)636-4488; or email, eburns2@utk.edu.



ATTENTION BLANCHE CEMETERY FAMILIES. The recent winds and storms have caused many headstones and benches to be blown over. Please visit the cemetery to determine the condition of your family's markers. (931)703-8678.

FOUND/FREE cream colored with blue eyes, looks like a Lab mix puppy, very friendly and sweet. Found behind Kirkland store. (931)993-0133.



MISSING, 2 neutered male kitties! from Wilson Parkway, close to TN#1 convenience store, Fayetteville. Any infor-mation appreciated. Thank you! (931)433-3228; (979)219-2250.





2BD/1BA MOBILE HOME, must be moved, 54'x14', 2 years old, central HVAC, refrigerator, stove, dishwasher and extra cabinets included, very good condition, \$20,000 or best offer. (931)307-8422.

both in good working condition, \$150 for both. Winchester area. (931)308-9466. Affordable Dental Tullahoma

931-454-0001

Medical Equipment

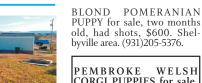
I LOVE THE EXCHANGE! I always sell everything I advertise! by Ilene.

TWO LIFT CHAIRS for sale,

[4]

AFFORDABLE DENTAL TULLAHOMA. Affordable Dental Tullahoma is a local community-oriented private practice located at 1958 North Jackson Street in Tullahoma. We are excited to be offering some new specials to better service our patients both old and new! Full mouth x-ray, a comprehensive exam, and cleaning for just \$119! Full mouth x-ray and consult a t i o n f o r extractions/dentures for just \$99! Basic x-rays and clean-ings are just \$79! Dentures ings are just \$79! Dentures starting at just \$399! Simple extractions for \$79 or bundle with a problem focused exam and x-ray for \$108 total! Walk-ins and emergencies are welcome but subject to availability! Please call our office to set up an appointoffice to set up an appoint-ment today! Mention this ad for the discounted pricing!

MEDICAL EQUIPMENT. Trapeze for therapy, exercising and aide in sitting up in bed. Attaches to bed with sturdy plates, \$30. gjh61@aol.com.



PEMBROKE WELSH CORGI PUPPIES for sale, UTD on shots/wormed, ready to go 1-23-20. Taking deposits, now five to choose from. Henry Hershberger, 855 Sherrell Road, Morrison, TN 37357.

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TOY AUSSIE DOODLE PUP-PIES for sale, 4 female and 1 male, born January 5, 2020. Also, 6 female and 3 males, Standard Australian Shepherd Standard Australian Shepherd puppies, 5 merles, born Decem-ber 26, 2019. All are ready for you to pick out, all will have shots/de-wormed. John J. Gingerich, 2123 Smoot Road, Morrison, TN 37357.

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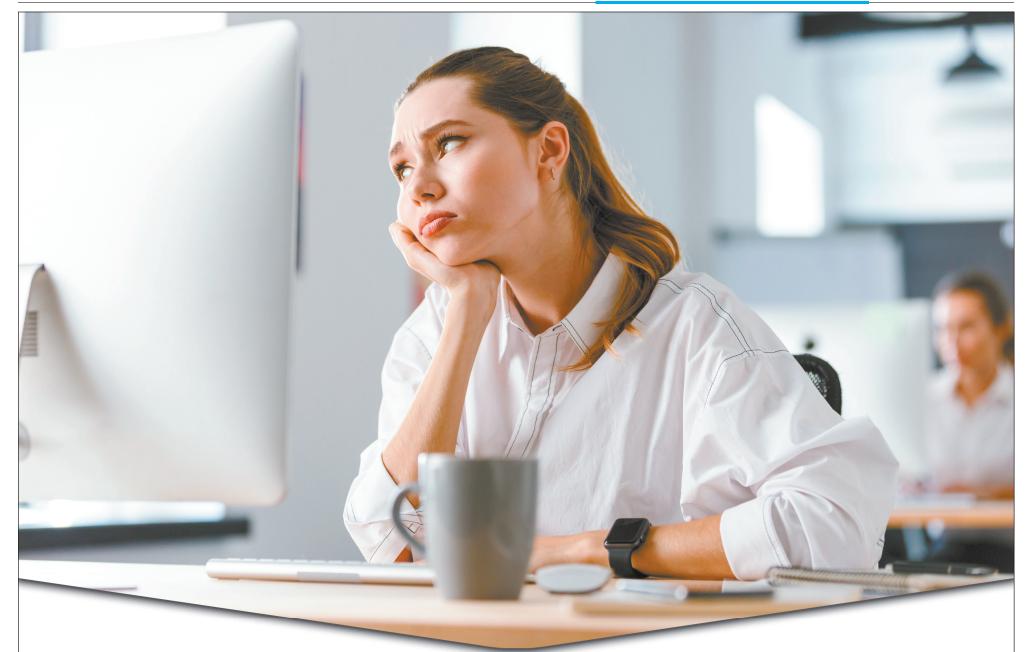
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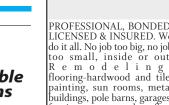


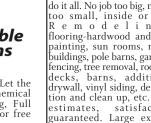


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FIOCHI 223 AMMO., 50 rounds, 55 grain, FMJ, \$17. Fayetteville. (414)795-8830.

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BELGIAN BROWNING HIGH POWER, 9mm, adjustable sights, single safety, \$750. (931)636-7357.

HUNTING HOUSE, \$250. (931)581-4743.

1942 MOSIN NAGANT 91/30 with polymer Monte Carlo s t o c k , \$ 3 0 0. adam-wright87@live.com.

TENNIS RACQUET, Wilson Ace midsize aluminum tennis racket with cover, tight strings, good condition, \$5. Tullahoma area. (615)849-5012.

HORTON CROSS BOW 150, very good condition, scope, all the extras, camo look, comes with 3 arrows, \$300. Bell Buckle area. (931)389-6621.

YUGO SKS, camo Dragunov, stock red dot scope, \$400. (931)581-4981.

SMITH & WESSON 40F, Ten-Mining Websol (1997) (1 HOIST BRAND WORKOUT EQUIPMENT, top quality multifunctional, great condition, wide range of options, selling due to moving, \$400. (323)333-6488.

Lewisburg > Chapel Hill > Cornersville > Belfast

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B∪SHMASTER AR-15 .223/5.56, Car15 lower, rail fore end, BSA Tac scope, b/u iron sights, 2 magazines, \$975. (404)317-3872.

788 REMINGTON 308 rifle, 788 REMINGTON 308 rifle, \$475; 788 Remington 243 rifle, \$600; 788 Remington 243 rifle, \$600; 788 Remington rifle/Leupold 3x9 243 scope, \$775; Winchester model 70, 300 magnum, \$675; Winch-ester model 77, 22 old rifle, \$260; two 1960's CaseXX Ko-diak grizzly knives, NIB, \$300 each; Glock model 19, 9mm, \$450; Ithaca model 37, high grade beautifully figured wood, combo gun, vent rib barrel, slug barrel set, \$695; Ithaca model 37 combo gun, vent rib barrel, slug barrel set, \$450. (931)224-5455.

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SAVAGE BOLT 223 MOD 11 RIFLE with Accutrigger, 3x9 Kassnar scope, see through mounts, sling, like new condition, \$410. (931)240-1044.

FOR SALE, Glock model 36, 45 auto, no box, like new, \$435. (931)425-6868.

SIG SAUER MOSQUITO PISTOL, 22 caliber long rifle, semi auto pistol with 2 magazines, laser sight, \$400. (931)273-6257.

S&W REVOLVER, gorgeous vintage 10-5 snub nose, great, almost mint condition, original walnut grips, a must see, \$700. jezopete79@yahoo.com.



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1942 TURKISH MAUSER, WW2 8mm, model 38, in unre-stored condition, very similar to the German K98, nice rifle, \$300. (931)273-7106.

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16" STIHL 025 CHAINSAW, model# 311Y, excellent condition, all that is needed is an operator, \$175. (931)394-3539.

(931)434-0752

PRO GRINDER, \$25. (931)581-4743.

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SALE, BOSTITCH at assist hardwood floor nailer, \$100; carpet seaming iron, \$30; Whirlpool dryer, still works, \$25. Tullahoma area.

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WANTED, large freezers do-nated to a Shelbyville church food pantry, need to be work-ing and in good condition. (931)684-5797.

LOOKING FOR ONE male lead singer, two female backup singers, one rhythm guitar player for 60's cover band. Con-tact Daniel Brasier, (931)639-7785.

WANTED, DVD's of Girls Gone Wild. (931)588-8270.

WANTED OLD BOOK COLLECTIONS, religious materials, series, mystery, etc. Jim, (615)714-9526.

WORLD WAR II MILITARY ITEMS WANTED. Uniforms, medals, souvenirs, weapons, documents, etc. American, German & Japanese. Leave message if no answer, (931)684-0244.

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WANT TO BUY OLD FARM PICKUP truck, must run to co-op, dump, etc. Jim, (615)714-9526.

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WANTED, 800 round bales of hay starting in spring. (931)759-4314.

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WANT TO BUY, TOYOTA 4Runners, Landcruisers, wrecked or non-running is fine; CASH paid, must be reasonable. (615)260-8927.

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i n e a vww.southernaprons.com. WANTED OLD TOOL

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WANT TO BUY, any double barrel shotgun. McMinnville area. (931)247-0858.

Yard Sales Bedford County

BEDFORD BUILDS HABITAT BEDFORD BUILDS HABITAT GARAGE SALE, now open! Tuesday-Friday, 10a.m.-4p.m. and Saturday, 10a.m.-2p.m. Donations accepted every day. New location, 209 E Depot Street, Shelbyville, TN.

ESTATE SALE, 407-A Depot Street, Shelbyville, TN. January 16, 17, 18, 8a.m.-5p.m. Lillian Russell bedroom set; farm table; Dresden figurines; apol bed; five china cabinets; an-tique displays; cast iron pieces; tons of artwork; antique ma-hogany Etagere; linens; a whole lot more. From fine antiques to primitives., You'll find it here! Provided by Diamond C Trad-ing Company. (931)374-0767; (530)218-8175.

Yard Sales Coffee County

5TH AVENUE GARAGE SALE, Friday, January 17, 9a.m.-3p.m. and Saturday, January 18, 9a.m.-3p.m., stor-age unit contents for sale: household items; furniture; books: brand new hoard books; brand new board games; electronics; and more! Everything must go! 1514 5th Avenue, Manchester, TN 37355.

This & That

USED EXERCISE BIKE for sale, \$50. (615)556-1967.

ART DISPLAY PANELS nine, each are 6'x3' wire mesh panels, (two, 3'x3' each panel), already cov-ered with blue material, lights are included. Original cost \$1,400 not including lights or cover material. Asking \$375. (931)598-0746.

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drawers, felt lined, 2 side openings for necklaces, mir-ror under top, and ring s t o r a g e , (931)212-4437. \$60

7X14 TRAILER, new, 3,500 lb axle and springs, new trailer tires and rims, \$950. (931)691-2204.



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HOVEROUND POWER CHAIR, good used condition, \$500 firm. Call, (931)273-0777.

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2010, they are .999 pure sil-ver and also called Silver E a g l e s , \$ 4 1 0 . (931)967-0105. FIRST DAY COVERS, 83 vintage first day covers from 1960's and 1970's, \$150. (931)581-4981.

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4 WHEELER TIRES, size 26", on rims ready to be bolted on, \$350. (931)308-0654.

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BLUE PLASTIC BARRELS WITH LIDS, lots to pick from, as low as \$10 each; also, have totes. Fayetteville area. (931)433-2501.

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1907 AND 1909 2-1/2 DOLLAR, choice almost un-circulated gold coins, \$496 for both or will sell separately. (931)967-0105.

MELANIE PORCELAIN MELANIE PORCELAIN DOLL for sale, Melanie from "Gone With The Wind" with display case, original box and papers, \$250. (615)310-0619.

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5TH AVENUE GARAGE SALE, Friday, January 17, January 18, 9a.m.-3p.m., January 18, 9a.m.-3p.m., 1514 5th Avenue, Manchester. Storage unit items; furniture; books; brand new board games; electronics; and more. Everything must go!

2005 HONDA PILOT. good condition, leather interior, 3-row seats, new tires, \$2,700 or best offer. (931)205-7757.

16" TIRES for sale, two 235-85x16, 10-ply, \$150; 265-70x16; 245-75x16 - 6ply 8 ply; 235-85x16, 10 ply;
235-60x16 Michelin;
235-60x16 Bridgestone;
235-70x16; 225-60x16;
215-60x16; 205-55x16. \$250
plus. (931)703-1130.

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16" STIHL 025 CHAINSAW, model# 311Y, excellent condition, all that is needed is an operator, \$175. (931)394-3539.

1942 MOSIN NAGANT 91/30 with polymer Monte Carlo stock, \$300. adam-wright87@live.com.

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BUSHMASTER AR-15 .223/5.56, Car15 lower, rail fore end, BSA Tac scope, b/u iron sights, 2 magazines, \$975. (404)317-3872.

FREE UPRIGHT PIANO, needs a little work, was a church piano, we have to move it to free space up. (931)307-9697.

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round, flat, clear crystal glass with etched Christmas

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6:00pm

Friday

9:30AM

10:00AM

JANUARY Thursday Thursday Singing for Supper Giftable Class: Modern Flower Arrangements by Bloomstall Marcy Jo's Bakery & Coffeehouse 6:30PM 1340 Hwy 99, Lewisburg Columbia Arts Building Info: 100% of what we collect in 307 West 11th St., Columbia the tip buckets goes directly to our Marshall County Meals on Wheels program **JANUARY** CMS Softball Chili Supper • 4:30PM Fortified: Quarterly Men's Gathering 6:00pm CHS Cafeteria, Lewisburg LifeSong Family Church 1041 S Ellington Pkwy, Lewisburg Fishers of Men Fellowship • 6:00pm Big Whiskers Farm 3175 Scribners Mill Rd., Lewisburg **JANUARY** Saturday Appalachian Mountain Dulcimer Forrest Alumni Trivia Night 6:00рм Forrest High School for Beginners - 6 Week Session 310 N. Horton Hwy., Chapel Hill Columbia Arts Building 307 West 11th St., Columbia Tiger Quarterback Club Cornhole Tournament • 10:00AM MCHS Dottie Kelso Gym, Lewisburg JANUARY 20 Monday Friends of New Technology (formerly Marshall Co. Unity in the Community March (931)438-9399. Computer Club) Second Avenue Church of Christ **6:00**PM Marshall County Memorial Library 720 Second Ave., Lewisburg 310 Old Farmington Rd., Lewisb Fast Break • 11:00AM Grace Church of the Nazarene 2302 Highland Ave., Columbia JANUARY 🚄 Tuesday Free Line Dance Class Red Cross Swim Lessons Jan. 21-29 • 5:30pm Info: Text (931) 993-8787 to sign up Preschool 1: 6-7p.m. Every Tuesday Afternoon • 2:00PM Giles County Senior Center 100 Senior Citizen Dr., Pulaski Level 1: 6-7 p.m. Preschool 2: 7-8 p.m. Level 2: 7-8 p.m. Info: (931) 363-7441 Line Dance Class • 5:30PM Pulaski Recreation Center 333 E College St., Pulaski Info: (931) 363-7441 Beginners: 5:30 to 6:30 Advanced: 6:30 to 7:30

ELS Class • 11:00AN Marshall County Memorial Library 310 Old Farmington Rd., Lewisburg

Wednesday

Spanish Class • 12:45PM Marshall County Memorial Library 310 Old Farmington Rd., Lewisburg

To view all upcoming events, visit: lewisburgevents.allysites.com

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TN 37334; or submit it online at

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WANTED, old magazines, bridal, Life, Rolling Stone, Vogue, George, Interview, Seventeen, Ebony, AA books, religious, Sports Illustrated, Low Rider. Jim, (615)714-9526.

\$\$\$\$\$ CASH \$\$\$\$ FOR JUNK CARS, no title needed if over twelve years old. Same day pickup. (931)308 3537

 RAILROAD TIES, \$2 each;

 LP gas tank, 125/150 gallon,

 \$100; 16' wire panel, \$6

 each; old stainless milk tank,

 75 gallon, \$95.

 (931)596-4585.

BRICK HOUSE for rent,

HANDYMAN, WILL DO

painting, roofing, all types of repair work. Small jobs

welcome. Free estimates Guaranteed work

HUNTING HOUSE, \$250. (931)581-4743.

(931)636-0728.

work.

(931)308-3537.

Find a Pet at www.Exchange931.com

FREE FIREWOOD, dry, already cut, mixed. You pick up. (931)596-4585.

TWO FULL-SIZE COM-FORTER SETS, very color-ful with red, blue, white, black bubbles, beige background, with three dec-orative pillows, \$20 for both. (931)842-0645.

2002 CHEVY BLAZER, automatic, power everything, great condition, \$3,500 cr best offer. (931)409-2233.

FIOCHI 223 AMMO., 50 rounds, 55 grain, FMJ, \$17. Fayetteville. (414)795-8830.

TWO POCKET WATCHES for sale, one Norman Rockwell, one Mickey Mouse, \$275 each. Morri-son area. (931)954-8494.

2BD/1BA DUPLEX for rent, in Decherd, no pets. (931)691-1407.

WANTED, large freezers donated to a Shelbyville church food pantry, need to be working and in good condition. (931)684-5797.



2014 CASE 580SN EXTENDAHOE, low hours; 2013 Kubota KX71-3 mini excavator; 2002 John Deere 310G, 4x4; 7.5' Ford chisel plow. Call, 931-703-8158.

STEWART ELECTRIC COMPANY is now hiring electricians, electrical helpers, apprentices, backhelpers, apprentices, back-hoe operators/equipment operators and drivers w/CDL for jobs in the Huntsville, Pulaski and Fayetteville areas. SEC of-fers 4 year apprenticeship training. Good wages and benefits. Please apply in per-son at, 1009 A Cleaner Way, Huntsville, AL, 35805. EOE.

DRIVERS WANTED, must live within 20 miles of Hillsboro, clean MVR/must pass drug test, Class A or B CDL required, hourly pay plus overtime, \$40,000-\$45,000 yearly. (931)808-1610.

FULL-SIZE DARK RED 3BD, 1-1/2BA, big lot, stor-age building, references required, \$900/month, \$900/deposit. Park City area. (931)993-8974. leather sofa, \$100; two wingback red chairs, \$50; two leather red chains, \$50; two leather red stools, \$25; 3 2 " x 8 ' r u g , gray/blue/yellow/beige, \$25; all like new. (931)619-3138.

> TOYOTA 1983 22R ENGINE, with transfer case, \$700. (931)307-8792.

WICKER DRESSER AND M I R R O R , (931)222-5450. \$100.



Safely guiding clients through the buying and selling process. Call today, (931)703-2040, Asa Kelly, (931)/03-2040, Asa Kelly, Realtor, 508 Cannon Blvd., Shelbyville, TN 37160. www.craigwheeler.com; (931)684-9112.



W E L D I N G , F A B R I C A T I O N , TRAILERS, PARTS, AND REPAIRS! Big, small, we do it all! 1186 Murfreesboro Highway, Manchester, TN; or call, (931)723-4561.

JEEP WRANGLER SOFT TOP, 2016 two-door, like new, \$199. (931)797-2751.

STRAUSS BABY GRAND PIANO, best offer. pat9477@gmail.com.

ARTIFICIAL CHRISTMAS TREE, 6' tall, 4' diameter, in good condition, \$10. (931)759-5457.

ENGINE BUILD-UP STAND, from Harbor Freight, not used, asking \$35. (931)580-7775.

Jewell's Contracting

P R O F E S S I O N A L , BONDED, LICENSED & INSURED. We do it all. No job too big, no job too small, inside or out. R e m o d e l i n g , flooring-hardwood and tile, painting, sun rooms, metal painting, sun rooms, metal buildings, pole barns, garages, fencing, tree removal, roofing, decks, barns, additions, drywall, vinyl siding, demolition and clean up, etc. Free estimates, satisfaction guaranteed. Large experi-enced crew, we get the job done. Honey Do List E l i m i n a t o r s . (931)409-3910.

TAG ALONG, vintage 1983 retro Igloo Tag Along cooler with shoulder strap, bur-gundy and white, \$10. Tulla-homa area. (615)849-5012.

BEAUTIFUL OAK COM-PUTER ROLL-TOP DESK for sale, oak hutch with glass doors, oak swivel desk chair, 57"x34"x74.5", \$895 for all. (931)581-2657.



2009 MERCURY MARINER SUV, 49,000 original miles, garage kept, 28mpg, leather, sunroof, one owner, non-smoker, like new inside and out (931)655-0670 anytime À must see!!!

FOR SALE, Maple bedroom Suite, \$185; small curio cabinet, \$185; GE clothes dryer, \$50; armoire, \$100. (9 3 1) 9 6 7 - 4 6 1 6 ; (931)308-8406.

WANT TO BUY, a Micheal Kors or Tiffany bracelet and any kind of designer perfume. (931)928-2537.



MISSING, 2 neutered male kitties! from Wilson Parkway, close to TN#1 Fayetteville. Any informa-tion appreciated. Thank you! (931)433-3228; (979)219-2250. convenience store,

5TH AVENUE GARAGE SALE, Friday, January 17, 9a.m.-3p.m. and Saturday, January 18, 9a.m.-3p.m., storage unit contents for sale: household items; furniture; books; brand new board games; electronics; and more! Everything must go! 1514 5th Avenue, Manchester, TN 37355.

HOLIDAY SPECIAL! Half price first month's rent! One and two bedroom Hills Chapel Apartments, 1516 Hills Chapel Road, Manchester, TN. (931)728-1808.

HAPPY NEW YEAR! Watch for new leagues starting up soon. Funtime Bowl, 804 W. Commerce St., Lewisburg, TN. (931)359-7935.



When the world around when the world around you has lost it's luster!!!!! Who You Gonna Call?? DUST BUSTERS!! No job to big or small, just give us a call for free estimates. Residential, Commercial, Medical Trash Handling. Many options available, weekly, monthly, one time basis. Let our crew clean away the dirt for you. (931)575-8276.

LEAF TABLE for sale, with 4 chairs and 2 bar chairs, 55" without leaf and 12" larger with leaf, \$150. (021)208.0472 (931)308-9473.

TRACTOR SERVICE! Front-end loader bushhogging, grading and tilling, in and around Tullahoma. (931)247-4526.

JANUARY 🚄

Crafternoon at the Senior Center 1:30PM

230 College St. #140, Lewisburg





fied outdoor` furnace. Starting at \$7,990. Don't wait! Call today. (931)235-8311.