

USM Gorham Professor presents in Athens, Greece



Dr. Nicolás Alberto Dosman

Congratulations to Dr. Nicolás Dosman, Professor at the University of Southern Maine School of Music, who presented a session in Athens, Greece on January 3, at the International Conference on Humanities & Arts in a Global World!

Dr. Nicolás Alberto Dosman is an Assistant Professor of Music-Choral Conducting and Director of Choral Studies at the University of Southern Maine

(USM), School of Music. During his tenure at the University of Southern Maine, the **USM Chamber Singers** were invited to and performed at the 2019 Vietnam International Choir Competition in Hoi An, Viet Nam. The USM Chamber Singers received a Gold Diploma, an invititation to perform at the Grand Prize Finale, and an invitiation to perform at the World Choir Games-Champions

Round as a result of their outstanding performance. In 2017, the Chamber Singers were invited to perform at the National Association for Music Educations (NAfME) Eastern Division Conference in Atlantic City, NJ. Prior to his arrival at USM, he was the Director of Choral Activities at Colby College and an Applied Music Associate (voice) where he conducted the Colby Chorale, Chamber Choir, and Colby-Kennebec Choral Society. Under his leadership the Colby College Chamber Choir performed at Carnegie Hall where the Colby Chamber Choir's performance was described as "an inspired performance, with an enthusiastic audience."

In October of 2018, Dosman was a headliner and clinician at the Encuentro Latinoamericano de Música Coral in the Republic of Panama. In April of 2018, Dosman conducted the New England and com-See USM, page 8

Family Dance at Village Elementary School



Grab your family, dress them up in their Valentine's Day finest, and come join us Village Elementary School, 12 Robie Street, Gorham for a night of dancing and fun from 6 to 8 p.m.!

All proceeds from the event will benefit Village School's Kindergarten teacher Danielle Underhill and her family. Mrs. Underhill's infant son has recently undergone several medical procedures,

but we are happy to report that he has recently been discharged and is recovering at home.

Tickets are \$20 per family. Limited tickets will be available at the door for See Family, page 9

Gorham Yoga Company hosts Candelit Restorative Yoga

Join us at Gorham Yoga Company for restorative yoga by candlelight with live acoustic music on Friday, January 31 at 6:30.

Relax and soften into each pose, as props and blankets support and hold the body while listening to live music and mantras to calm the See Yoga, page 8





See all of this week's stories and ads online. Free! www.GorhamWeekly.com

Newsmakers, Names & Faces Supporting Maine's **AHHH names new Senior Leader**



Frederick Duah, Ph.D

Androscoggin Home Healthcare and Hospice (Androscoggin) announced they have added a new director to their senior leadership team. Frederick Duah, Ph.D. joined Androscoggin as the Director of Strategic Business Innovation. In his new role, Dr. Duah will work with referral sources and payers to design value-added healthcare programs reimbursement and models that will build and strengthen relationships throughout Maine, and beyond.

Dr. Duah was recently with Bos-Medical Center ton Healthnet Plan as part of their business performance team where he led a highly successful team that increased the Center's membership to become the second largest insurance exchange product in Massachusetts's the market. Duah also served as the Strategic Planning Manager at Network Health and was the Senior Health System Analyst for the Division of Health Care Finance and Policy, a team that evaluates and reports on the state's healthcare delivery system to the Office of the Governor, in Massachusetts.

He holds a Bachelor of Science degree Political Science in and English Literature, and M.A. in International Development

from the University of Denver, and a Ph.D. in Law and Public Policy from Northeastern University, where he taught Economics. In addition, he attended the Columbia Business School and Massachusetts's Institute of Technology earning certifications in Corporate Finance and Supply Chain Management.

"Dr. Duah will be an incredible asset to Androscoggin as our healthcare delivery system in Maine and the United States is changing at an unprecedented rate" said President and CEO, Ken Albert." We are pleased that he has joined our dynamic senior team in this newly created position that will strengthen our capacity to collaborate with other health care providers to advance value-added programs that will drive positive change for our patients and providers," said Albert.

Androscoggin Home Healthcare and Hospice is the largest, non-profit independent home health and hospice organization in the state. They focus on health—not illness– by making each individual's quality of life the best it can be. To learn more about Androscoggin, please visit www.androcoggin.org or call the Marketing and Development Office at 777.7740 ext. 1405

economy in the new year

It's a new year, new decade and new legislative session. My colleagues and I are back at work in Augusta, and we've hit the ground running. While I was away from the State House, it was great to take time to meet with people in and around Lewiston, to hear about what issues matter most to you and your families.

I've heard from constituents all over Lewiston and Maine that property taxes keep climbing higher and higher. Last year, my colleagues and I at the State House worked hard to bring some relief to Maine residents. One part of that effort is the property tax rebate. People who qualify for the Exemp-Homestead Mainers tion—that's who have owned their home for at least one year and live here fulltime—will be getting a \$100 rebate check from the state. Checks are going out now, so if you haven't received yours yet, you should soon. At this time of year, \$100 can help so many Maine families put fuel in the furnace, gas in the car, or food on the table. For more information, you can visit the State Treasurer's https://www. maine.gov/treasurer/ property tax relief/ index.html.

One of the best ways we can invest in our future is by investing in our kids and their education. But for many Maine students, circumstances outside school and outside of their control can hurt their ability to focus on their studies. That's why this year, I've sponsored a bill that would help at-risk kids get a good education. LD 1916, "An Act To Increase High School Graduation Rates for Students Experiencing Homelessness or in Foster Care," would provide critical support to some of our vulnerable most young Mainers. Recent statistics show that more than 2,000 students across Maineexperience homelessness, and approximately 1,900 Maine kids are in the foster care system. That's a lot of kids who need an extra hand finding stability. We ought to be doing all we can to set them on a good path.

Another major issue we've been working on in Augusta is investing in career and technical education. For years, young adults were told the best way to secure a good career was to get a college degree. This advice simply wasn't the right fit for everyone and has created a shortage of skilled workers for many industries. That's having real impacts across the state — including increased costs for road work. We need to make sure our young people know about all their career options, so they can choose a path that works for them. We also need to make sure our schools and training programs are working with local businesses, so the workers we're training are ready for the jobs that are out there. By ensuring cooperation between local training and local businesses, we invest in creating a strong, stable economy for our whole state.

legislative This session is scheduled to wrap up in mid-April, and we've got a lot of work to cover between now and then. I look forward to keeping you updated about what I'm working on in Augusta. If you have any questions or ideas to share, you can always email me atnathan. libby@legislature. maine.gov or call my office at (207) 287-1515.

Sen. Nate Libby (D-Androscoggin) represents Maine Senate District 21 which comprises the City of Lewiston

Citizens deliver over 250 signatures to close waste loophole

On Monday, January 13, a group of residents who live next door to a State-owned landfill delivered petitions with over 250

vironmental Protection owned Juniper Ridge in Augusta. Residents held a press conference outside the DEP before heading inside to deliver the petitions. Currently a loophole in the State's waste regulations allows outof-state waste to be funneled through processing facilities in Maine and become classified as

Maine-generated waste.

Neighbors of the State-

Landfill (JRL) collected 250 signatures calling on the DEP to close that loophole and keep out-of-state waste out ronmental justice when determining the benefit of licensing landfills.







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signatures to change an important waste rule, to the Department of En-

of Maine as the rule intended. The petitions call on the DEP to close the loophole in the definition of Maine-generated waste and to require the consideration of envi-

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Governor's Address: "Made for Maine Health **Coverage Act" will improve health insurance**

Campaigning across the state in 2018, I met so many people worried that they'll never be able to afford health care.

Small business owners bracing for unpredictable hikes in costs for the health insurance their employees all need to stay healthy and stay working.

Seniors who are rationing prescription drug medications – or worse, going without because of the high costs.

From Abbot to York to Baileyville and Winslow and every town in between, the most common thing keeping Maine people up at night is the cost of health care.

remembered T these people when, on my first day in office over a year ago, we expanded Maine-Care by Executive Order. More than 57,000 people now have accessed life-saving health care coverage. remembered Ι

them when last session we enacted LD 1 to protect coverage regardless of pre-existing conditions and ensure that Maine people have necessary mental health, pediatric care, maternal care and substance use disorder treatment.

remembered Ι them when we enacted a comprehensive prescription drug package to make prescription drugs more affordable and when we restored the Maine Drugs for the Elderly Program that serves 1,800 more seniors in the biennial budget.

While we have made substantial progress in expanding access to health care, our health insurance system is still confusing, difficult to use, and so expensive.

Thousands of Maine people who do have health insurance are falling through the cracks every day just trying to navigate the system. Not only that, but then they got to afford the health care



Governor Janet Mills

they need to live, work and raise their families in Maine.

Maine's small businesses and self-employed people are struggling to cope with ever-increasing costs to provide health care coverage.

For these reasons, I have introduced legislation, sponsored by Senate President Troy Jackson and Speaker Sara Gideon, to improve health insurance for Maine people and small businesses - all without any state tax dollars.

This bill is called the "Made for Maine Health Coverage Act" because it sets Maine-specific deductibles and copays, it offers a Maine solution

for small businesses, and it creates a Marketplace designed to best meet the needs of Maine people.

Among other things, the bill requires health plans to cover the first primary care visit and behavioral health visit each year for free - with no deductible, no co-pay, and no out-of-pocket costs. The second and third primary care or behavioral health visits could have a co-pay, but the deductibles would not apply.

This bill will also allow Maine people to shop for and compare plans by creating "clear choice designs" health plans with the same deductibles, copays and out-of-pocket limits for the most commonly used services.

Maine's small group market has seen increasing premiums and decreasing enrollment, making it very difficult for small businesses to offer coverage to their employees.

Our bill will pool insurance plans and premiums for individuals and small businesses, creating a combined, larger and more stable pool of enrollees to stem increasing costs.

The bill will also extend reinsurance for the first time to small businesses – that's the program that helps insurers cover the patients who need the most expensive treatments – to lower their premiums. It's funded by the federal government and by current fees in Maine's reinsurance program.

These two provisions of the Made for Maine Health Coverage Act will take effect only if we determine that they will in fact stabilize and reduce small businesses' monthly premiums.

The bill will also move Maine toward a State-Based Marketplace. That means Maine will conduct its own education, in-person consumer assistance, and outreach on coverage – putting us in the driver's seat

when it comes to helping Maine people learn about options and sign up for health care.

This move is more important than ever before, with legal and political challenges every day to the Affordable Care Act and to the health care that thousands of Maine people rely on.

While Maine-Care expansion, LD1 and the prescription drug reform package have helped thousands of Maine people by giving them access to health care and strengthening their health care protections, the Made for Maine Coverage Act is another important step forward in improving Maine's health care system for our people and for our small businesses — all without any state tax dollars.

We are anticipating bipartisan support for this bill and I look forward to hearing from you and to working with the Legislature to enact it.

Letter to Editor

cane, and many oth-We want to make the world better and diminish carbon to emissions, which are destroying our atmosphere and causing climate change. The three energy sources that will take Maine into the carbon-free future are hydroelectric power, biomass, and wind. We need these energy sources. Our world is being destroyed by this horrible byproduct. biomass is one energy source that can help Maine become carbon neutral by 2040. First, biomass is an organic substance that has stored sunlight in the form of chemical energy. Biomass fuels include wood, wood waste, straw, manure, sugar

er byproducts from a variety of agricultural processes. Also, Maine has a lot of trees. We can always plant more trees as well as continuing to plant corn. We can burn this corn and produce heat which can produce energy; biomass is energy for Maine. Hydroelectric power would also help Maine to become carbon neutral. Hydroelectric energy is renewable, and it uses the Earth's water to generate electricity. Also, the sun is

shining, and the water evaporates from the earth's surface, forms clouds and then falls back to the earth in the form of rain and snow. For this reason, rivers and lakes that are typically leveraged to generate hydroelectric power will never disappear. The energy source is wind. Wind energy is a form of solar energy. Wind energy describes the process by which wind is used to generate electricity. Climate change is real. By Noah Hand, Portland

'Advanced High Pressure Boiler **Operator' course offered at CMCC**

The Center for Workforce & Professional Development at Central Maine Community College (CMCC) will offer an Advanced High Pressure Boiler Operator course starting on Wednesday, February 12 from 6 to 9 p.m., and running until May 6.

This higher level technical course is designed to prepare high pressure boiler operators, currently licensed in the state of Maine, for

the 3rd or 2nd class stationary steam engineer exam. Instruction topics include boiler construction, steam and water fittings, water treatment, steam management and efficiency, and diagnosing systems.

The cost of the class is \$600 and includes all instructional

materials. For more information or to register, please contact CMCC's Center for Workforce & Professional Development at 207-755-5280, emailworkforcedevelopment@cmcc.edu or visit www.cmcc.edu/ professionaldevelopment.Registration deadline is February 6.



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What's Going On

Maine CASA to hold Spring training

Interested in speaking up for a Maine foster child? The Maine Court Appointed Special Advocates (CASA) Program is holding its spring training for volunteer advocates March 17 through 20 in the Augusta area. The fourday training is free. Attendees learn about all aspects of child advocacy work in order to be certified as a volunteer guardian ad litem in the Maine District Courts.

Maine CASAs are community volunteers who are appointed to serve as guardians ad litem (GALs) for children whose parents are involved in a child protection case. The foundation of the CA-SA's work is learning about the case and then advising the judge in writing of what he/

she believes is in the also be over 21. Along child's best interest.

CASAs come from a wide variety of professional and personal backgrounds and are throughout guided the process by staff attorneys. CASAs bring their own unique perspectives to their work as volunteers.

Last year, hundreds of children involved in a child protection case had a volunteer CASA who served as the child's voice in court. Right now, there are more foster children than CASA volunteers. If you have a big heart and are willing to speak up for a Maine mation child, apply to become a CASA volunteer. You do not need any special training to apply other than having a high school diploma or GED equivalent. You must

with the application, you will need to provide three references and must complete a background check that includes disclosing any criminal or child protection history.

Are you ready to stand up for a child who needs you? If so, we hope you can join us for our March 17 through 20 training. You can find out more about the Maine CASA Program and the application by visiting our website at www.casaofmaine.org. Please "like" us on Facebook at Maine CASA.

For more inforabout becoming a volunteer, contact Maine CASA Legal Services Advisor Darren Defoe, Esq. at 213-2864 or e-mail: darren.defoe@courts. maine.gov

The Harlow 14th annual Higher Forms of Art exhibition



Higher Forms of Art 2019. Photo by Allison McKeen.



"In One Ear and Out The Other" by Kiara Lantigua, Senior, Kents Hill School. Modeled by Dylan Gifford, teacher at Kents Hill School.

'Bartending Basics' course offered at CMCC

Workforce & Professional Development at Central Maine Community College (CMCC) will offer a Bartending Basics course on Thursday evenings starting February 13 to March 12, from 5 to 8 p.m.

A hands-on pouring lab, this course is designed to get you up to speed quickly with the proper training you will need to be a fast and efficient bartender. Learn how to handle an array of dif-

The Center for ferent bottles shapes materials. For more inand sizes and all of the bar tools you would find behind any given bar. Along with the fun and often competitive pouring labs, you'll also learn about mixes, garnishes, and recipes, glassware, tools of the trade and speed, steps of opening and closing a bar, handling difficult situations related to alcohol, and building customer rapport.

The cost of the class is \$259 and includes all instructional formation or to register, please contact CMCC's Center for Workforce & Professional Development at 207-755-5280, emailworkforcedevelopment@cmcc.edu or visit www.cmcc.edu/ professionaldevelopment.Registration deadline is February 6.

> Send all items for Names & Faces to editor. Deadline is Friday by five.

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the 7th year running!

The Harlow announces the 14th annual Higher Forms of Art exhibition of artwork by students from area high schools presented in partnership with the University of Maine at Augusta for the seventh year in a row. Higher Forms of Art gives emerging artists the opportunity to show their art in a professional gallery space and offers students the experience of organizing and installing a major art exhibition.

Higher Forms of Art is on view February 2 to 23 at the Danforth Gallery, loforth Gallery hours are Monday through Thursday, 9 a.m. to 5 p.m. and Friday 9 a.m. to 4 p.m. The public is invited to attend a reception for the artists and their art instructors on Sunday, February 23 from 3 to 5 p.m. (Snow date Monday, February 24 from 4 to 6 p.m.) Area Maine high schools participating in Higher Forms of Art: Cony High School, Au-Hall-Dale gusta;

High School, Farmingdale; Gardiner Area High School, Gardin-er; Kents Hill School, Kents Hill; Maine Arts Academy, Sidney; Maranacook Community High School, Readfield; Richmond High School, Richmond.

The Harlow is home of the KVAA, a membership based 501(c)3 nonprofit dedicated to connecting and celebrating art, artists, and community. They have owned and operated the Harlow Gallery in downtown historic Hallowell since 1963.

The University of Maine at Auguscated at Jewett Hall, ta (UMA) transforms 46 University Drive the lives of students in Augusta. Dan- of every age and background across the State of Maine and beyond through access to high-quality distance and on-site education, excellence in student support, civic engagement, and professional and liberal arts programs. The UMA Art Program is an interdisciplinary program focused on multiple areas of the visual arts, including traditional and new media. Courses include art history, ceramics, drawing, media arts, painting, photography, printmaking, and sculpture. Those studying at UMA will find ways to express ideas visually and learn to problem-solve, collaborate, and think critically. These skills allow a UMA graduate of the Arts Program to be uniquely ready to respond to the needs of the future and, as an artist, contribute to new and evolving economic and social realities.

The Harlow is supported by the City of Hallowell, Dirigo Capital Advisors, Kennebec Savings Bank, the Roxanne Quimby Foundation and by our members. 2019 Season Sponsors are Camden National Bank, Capitol Dental Care, Chris Walters Productions, Great Gatherings, Eaton Peabody Attorneys at Law and Scrummy Afters Candy Shoppe. Programming is funded in part by the Maine Community Foundation, the Margaret E. Burnham Charitable Trust, and by a Partnership Grant from the Maine Arts Commission, an independent state agency supported by the National Endowment for the Arts.

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Petitions to correct injustice in State waste policy accepted

On January 13, a group of people from communities impacted by waste operations delivered petitions with over 250 signatures to the Department of Environmental Protection. Don't Waste ME group members Ed Spencer, Bill Lippincott, and Hillary Lister, and Penobscot Nation Tribal Ambassador Maulian Dana gathered at the DEP office (link to video http://penbay. org/waste/landfills/ Maine Waste petition Pt1.2.mp4).

The group called on the State to close loopholes in the definition of Maine-generated waste and require the consideration of environmental justice when determining the benefit of licensing landfills.

Maulian Dana

the law and rule changes, (Link to video http:// penbay.org/waste/landfills/Maine Waste petition_Pt1.2.mp4explaining), "The Penobscot Nation is happy to support this effort. Our Director of Natural Resources, John Banks, provided testimony and we supported him on that on LD 401 in the last session, and we really see this as a natural fit for us to support. Maine is our sacred homeland and has been before statehood even, so it makes sense to keep it clean and pristine, and certainly not accepting waste from other places. And I think this goes hand in hand with bills from last session having to do with water quality and sustenance fishing. Obviously, we're deal-

spoke on the need for ing with Juniper Ridge Landfill and the ramifications on the health of the Penobscot River where we live."

Hundreds of thousands of tons of waste from out-of-state are being dumped at the State-owned Juniper Ridge Landfill in Old Town, with the types and amounts of waste increasing each year. Leachate from the landfill is discharged into the Penobscot River with inadequate treatment and extremely limited testing.

А loophole in Maine's waste regulations allows out-of-state waste to be funneled through processing facilities in Maine and become classified as Maine-generated waste. See Petitions, page 10

What's Going On

'Building Your Professional Brand' course offered at CMCC

Workforce & Professional Development Central Maine at Community Colwill (CMCC) lege the Building offer Profession-Your al Brand course on Thursday, February 13 from 2:30 to 4:30 p.m.

This course is intended for individuals entering the workforce or anyone who wants to improve their overall professional persona. It focuses on developing a professional persona while showcasing the real you. Participants

The Center for are guided through several exercises which look at how they project themselves out in the world both physically and professionally. Participants walk away with meaningful tools to begin executing on their goals that build their brand.

The cost of the class is \$69 and includes materials. For

forcedevelopment@ cmcc.edu or viswww.cmcc.edu/ it professionaldevelopment.Registration deadline is February 6.

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United Way of Androscoggin **County receives Grant**

Avangrid Foundation in partnership with Central Maine Power, the local affiliate of AVANGRID in Maine has gifted \$10,000 in grant funding to United Way of Androscoggin County in support of homeless youth. This 2020 partnership aligns with the Avangrid Foundation's mission to support unmet needs in Maine where there is the most risk.

United Way will use the funds to support programs for runaway and homeless youth at New Beginnings, Inc., a long-time United Way partner community based in Lewiston. New Beginnings operates the only youth shelter in Maine licensed for 24hour care, along with counseling, housing, and outreach services for young people who are at risk for or experiencing homelessness. Helping approximately 700 children, teens, and young adults each year, they focus on the safety, connection, and growth that all individuals need to thrive. Bedard, Joleen Executive Director for United Way of Androscoggin County, stated, "We are grateful for the continued support from Avangrid Foundation. United Way of Androscoggin County's mission is to increase the organizational capacity to care for one another. We do this by funding several initiatives including early childhood education, serving seniors, and helping homeless youth-which this grant directly impacts.'

United Way of Androscoggin County supports over 30,000 individuals and families in the Androscoggin and Oxford counties through their partner agencies. As a health and human service organization, United Way of Androscoggin County's impact areas include financial stability, health, and education. To learn more, please visit their website at www.unitedwayandro.org. United Way also supports 211 Maine, which is a free, confidential information and referral service that connects people of all ages across Maine to local services. 211

Maine is available 24 hours a day, seven days a week. You can reach 211 by dialing 2-1-1, by texting your zip code to 898-211, or by visiting www.211maine.org. Since 1980, New Beginnings, Inc. has been partnering with youth to create lasting change, so all youth have a safe place to live and opportunities to grow. New Beginnings works with young people, their families, and other providers to ensure that vulnerable youth in Maine have access to the safe housing, supportive services, and positive relationships that they need

to become healthy

and stable adults. To

learn more, please

visit www.newbegin-

maine.org or

See Grant, page 13

Auburn Ski Association scholarships awarded

Congratulations to 2019 Edward Little High School graduates Christian Beliveau and Annabelle Soucie, who each received a \$500 Auburn Ski Association Scholarship at Lost Valley recently.

Be-Christian liveau is attending the University of Maine at Farmington and is enrolled in the Elementary Educa-tion program. While at Edward Little, he earned an A average while taking a mixture of honors and college preparatory courses. He was very involved in the Edward Little community, as well as a three-sport athlete. Christian was the captain of the varsity soccer team, the alpine racing team, and the baseball team. He is dedicated, hardworking and always leads by example.

Annabelle Soucie is attending the University of Maine at Orono, is enrolled in the Electrical Engineering Technology program, and received the University of Maine Pulp and Paper Foundation Scholarship. While at Edward Little, Annabelle was a member of the National Honor Society for two years and served as the Treasurer her senior year. She was involved with the alpine skiing and lacrosse teams, serving as captain of the alpine skiing team her senior year. Annabelle is also a life-long member of the Girl Sc outs.

The annual ASA Scholarships are announced at the June graduation, and are awarded after the recipients successfully complete their first semester of college. Auburn Ski Association provides financial support for Alpine and Nordic race programs at Edward Little High School and the Auburn Middle School, as well as organizations such as the Lost Valley Racing Club and the Merrick Chadbourne Learnto-Ski and Ride Program at Lost Valley. To learn more about Auburn Ski Association go to auburnskiassociation. com, www.facebook. com/AuburnSkiAssociation, info@auburnskiassociation. com, or call Kevin Arel at 786-3430.

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Sexy Laundry opens Friday at **The Public Theatre**

The most perfect "date night" show The Public Theatre has ever produced opens Friday. Don't miss the hilarious and touching comedy Sexy Laundry, playing January 24 through February 2 at The Public Theatre.

The routines of kids and daily life have taken their toll on Alice and Henry. Henry, an engineer with little sense of adventure, would prefer to just watch his favorite news show without being interrupted. Alice wants that spark they once had long ago. Armed with a library copy of Sex for Dummies, they check in to a luxury hotel to rekindle their romance.

Funny, lovable and filled with knowing chuckles, Henry and Alice's touching rediscovery of themselves and each other will put a smile on your face, a lump in your throat



Russell Berrigan as Henry and Maura O'Brien as Alice in Sexy Laundry

and possibly a new spring in your step. You won't see a funnier, more entertaining or true to life show this theatre season.

Sexy Laundry will be performed at The Public Theatre, Lewiston/Auburn's Professional Theatre, January 24 thru February 2. Thurs-Sat at 7:30pm, Sun at 2pm with a Sat sors: Cross Insurance, matinee on February 1 at 3pm. Tickets: \$25

Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston. Season Underwriters: Platz Associates, Sun Journal, Austin Associates, Maine Magazine and Gleason Media Services.

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The Theater Project in Brunswick presents "The 39 Steps"

The Theater Project presents



14 School Street * Brunswick, ME theaterproject.com * 729-8584

The Project in Brunswick is delighted to present "The 39 Steps" written by Patrick Barlow and directed by Theater Project Artistic Director, Al Opening on Miller. January 31, "The 39 Steps" is a rollicking good time, a witty and clever riff on Alfred

Theater 1935 film of the same name. Don't miss this fast-paced romp which follows hero Richard Hannay as he tries valiantly to solve the mystery of "The 39 Steps" and to clear his name of any wrongdoing! It's a spy story, a love story, and a comedy featuring four actors Hitchcock's who tirelessly try to

dupe, follow and flee from one another in an entangled web of adventures. Theater fans of all ages will find this show an absolute pleasure; be sure to get your tickets soon and come see "The 39 Steps" at The Theater Project! We can't think of a more enjoyable and entertaining way to warm up a winter weekend.

"The 39 Steps" opens at The Theater Project on Friday, January 31 and runs for three consecutive weekends. Everyone is welcome to attend an opening night reception with refreshments and an opportunity to meet the cast, crew and director after the show.

Performance times are Thursdays, Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. Tickets are \$20 for adults, \$15 for seniors and students, \$10 for children (12 and under; kids under 2 are free as long as they sit on a patron's lap); top level seating in the theater is always Pay-What-You-Want. Tickets are available anytime at theaterproject. com.



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Big Nite O' Blues II



This time of year, cabin fever can easily start to set in. Don't let this happen to you! It doesn't matter if it's cold outside; Big Nite O' Blues II will get your corpuscles hoppin'! JC (Jeff Christiansen); 'Lunchpail' Jere De-

Waters; Jeff Davsion and Rob Babson will be serving up blues, R&B and such; aa roots music featuring cool tunes with hot vocals.

The Village Coffee House in New Gloucester is a great, intimate setting to settle in and

music. Let's have a ball! Saturday, February 1, 7:30 p.m., 19 Gloucester Hill Road, New Gloucester. Tickets are \$10 at the door. For more information, Julie Fraliclh 653-4823.

hear some fine, fine

Maine art teachers to show work at the Saco Museum



Piper Bolduc, Annie's Garden, watercolor batik, 2019.

The Saco Museum is pleased to present It's Natural: Art by Art Teachers, an exhibition by the Maine Art Education Association. Works by members of MAEA will be on display at the Saco Museum from January 31 until March 27. It's Natural: Art by Art Teachers includes paintings, prints, sculpture, photographs, and fiber arts created by visual art teachers from throughout the state. MAEA members are committed to excellence in art education and passionate about their own work. The opening reception will take place on Saturday, February 1 from 1 to 3 p.m.

sional

lence in visual arts education. MAEA welcomes Visual Art educators from Pre-Kindergarten through Grade 12, higher education, art education students, museum educators and retired art educators. For more information, visit their website at www.aeforme.org.

The Dyer Li-

um is located at 371

Main Street (Route

1) in historic down-

town Saco, Maine.

Muse-

no charge. Admission is always free to DL/ SM Card holders and their guests. Group tour rate available for groups of 8 or more. Group tours must be scheduled in advance. For additional information about group tours, please call 283-3861, ext. 115 or vis-



Maine State Music Theatre and The Public Theatre announce partnership

State Music Theatre (MSMT) in Brunswick and The Public Theatre (TPT) in Lewiston will combine their artistic talents and produce a musical The Public Theatre stage.

Last summer, the two theatres partnered together for the first time to bring Grease the Musical to the stage. Playing to sold out houses, over 4,500 people saw the show.

This summer they will partner once again to produce the longest running off-Broadway revue in history, I Love You, You're Perfect, Now Change. The show will run June 17 – 29, 2020 and will broaden the offerings for The Public Theatre, which does not typically present musicals, and allow

This June, Maine Maine State Music Theatre to expand its reach into the Lewiston/Auburn area.

The hilarious musical looks at love in all its forms: dating, mating, marriage, parenthood and even pick-up tech-niques of the geriatric set. Filled with catchy, clever songs including "Always a Bridesmaid," (about a closet full of ugly bridesmaid dresses), "The Baby Song" (about a new father who can't stop speaking in baby talk), "On the Highway of Love" (about a henpecked hubby who comes into his own when he gets behind a wheel), and "Marriage Tango" (about two bone-weary parents who attempt to find time for sex), this witty, fun and insightful musical will leave audiences feeling, "This is

my life!".

Performances will take place at The Public Theatre, 31 Maple Street, Lewiston, Maine. Tickets are available now at The Public Theatre atwww. thepublictheatre. org or 207-782-3200 or at Maine State Music Theatre at www. msmt.org or 207-725-8769.

Send all items for Arts & Entertainment to the editor.

Deadline is Friday by five pm.



Free parking. Museum is handicapped accessible. Museum Hours and Admission: Tuesday, Wednesday, Thursday 12 to 4 p.m.; Friday 12 to 8 p.m. (FREE from 4 to The Maine Art Ed-8 p.m.); Saturday 10 ucation Association is a.m. to 4 p.m. Regular a statewide profesadmission: Adults \$5; organization Seniors & Students \$3; Children (7 to 18) \$2; whose members are committed to excel-Children 6 and under,

brary/Saco

itwww.dyerlibrary comuseum.org



Page 8 Music fun with Mr. Jeff in Gorham



Come to the Baxter Memorial Library and explore a fun way to develop early literacy skills in young children with music, dancing, and

stories, from 6 to sic Fun with Mr. Jeff 6:30 p.m. on Janu- is not held during ary 29 and Geared regular toward ages from school to all.

Gorham school vacations and birth to 5, but open holidays or when they are closed due Please note, Mu- to inclement weather.

Girl Scouts of Maine new member sign-up events in South Portland

Girl Scouts of Maine (GSME) announces that it will host New Member Sign-Up events for potential members and volunteers at locations throughout the state every month. Below is a list of events in your area.

These events will bring together girls from kindergarten through third grade and their caregivers, and allow them to discover why Girl Scouting is important to the how to build and development of girls, how it relates to the success of young women today, and the important role that adults play.

"Girl Scouts helps girls develop their full potential," says Joanne Crepeau, CEO of Girl Scouts of Maine. "When a girl becomes a Girl Scout, she grows into a young woman who is self-confident, strong and compassionate. She learns See Girl Scouts, page 16

maintain healthy relationships. She becomes more aware of the world around her and uses her skills and talents to make her world a better place."

These New Member Sign-Up events are just some of the many events that GSME will be holding this year. Here is a list of events in your area: January 13, Pittston-Randolph Consolidated School,



Like us on Facebook! Facebook.com/GorhamWeekly

February is Friendship Month-Lets celebrate together! Choose Subway to cater your Super Bowl party or any

Gorham Spanish Cooking Night



Students will learn how to make authentic Spanish chorizo and will then use that chorizo to make an outstanding seafood paella with shrimp, mussels and saffron infused rice. This class will leave your taste

USM

Stephen Edwards Re-

quiem for My Mother

in Merrill Auditorium.

In 2017 he conducted

Festival Chorus in Cu-

ernavaca, Mexico and

led several choral work-

shops as part of the

ACDA International

Conductors Exchange

Program: ICEP of the

Americas. Dosman

frequently presents

workshops at regional

Choral Directors As-

sociation (ACDA) and

NAfME conferences.

His most recent na-

tional appearance was

at the 2017 National

to his presentation, he

had four USM students

Maine and USM in the

Unity Honor Choir. In

2016, Dr. Dosman was

the guest conductor

of the Maine All-State

Continued from page 1

the chef and owner of M.A.N.E. Catering and Event Services and has over 20 years of experience in restaurant and catering. Wednesday, 2/12,

Nicholas Orgo is

buds saying, "olé."

6:00pm-8:30pm, GMS,

Treble Chorus. He is in plete US premiere of frequent demand as a guest conductor and clinician in the state of Maine, New England, and Latin America. the Canta Cantemus Dosman currently has guest conducting engagements scheduled through 2019. In 2017 he made his conducting debut with the PSO and Magic of Christmas Chorus and conducted portions of the concert and will continue to serve as chorus master and national American this season. Dosman an established choral conductor- is also a skilled as an orchestral conductor and has increasingly conducted choral -orchestral ACDA conference in works. In the spring Minneapolis, MN as a of 2018 he served as presenter. In addition interim conductor of the Southern Maine Symphony Orchestra represent the state of (SMSO). In addition to his National Intercollegiate

academic and artistic responsibilities, Dr. Dosman is the Maine ACDA president, ACDA Eastern Division ICEP

\$34, includes food fee Please note our policy: Cooking classes require a 5-day cancellation notice as they require the advance purchase of perishable products.

Call 747-0174 for more information.

representative and serves on the national board of the National Collegiate Choral Organization (NCCO) as Maine's representative. Prior to his arrival to the great state of Maine, he was a conducting fellow with the Continuo Arts Foundation (Westfield, NJ) and was also the director of Casita Sings Children's Chorus (Bronx, NY). He founded the Miami Choral Festival in 2008 and was also the chairman of the Miami-Dade/Monroe County region of the Florida Vocal Association while serving as a public school teacher. He studied choral conducting with Dr. Dino Anagnost at Columbia University and Drs. André Thomas and Kevin Fenton at Florida State University (FSU). Prior to his graduate studies at FSU, he attended the Oberlin Conservatory of Music where he received his B.M. in music education with a vocal emphasis. In addition to his formal education, he had the opportunity to attend an intensive choral conducting workshop with Grammy award winning conductor Charles Bruffy.

other gathering or event!



See all of this week's stories and ads online. Free! www.GorhamWeekly.com



Yoga

Continued from page 1

mind. Sign up ahead to save your spot for this unique and deeply relaxing experience. Cost is \$20. For more information, visit https://www. gorhamyogacompany. com, email gorhamyogaco@gmail.com or find Gorham Yoga Company on Facebook.

Reggie Burrows Hodges: Intersection of Color Introduction to Crochet: at the Press Hotel in Portland



The Press Hotel and Erin Hutton Projects presents Reggie Burrows Hodges: Intersection of Color at the Press Hotel in Portland from January 17 to March 27. The opening reception will take place Friday, February 7 from 6 to 8 p.m.

Reggie Burrows Hodges is a narrative figurative painter whose work centers around visual metaphor and storytelling. He works primarily large-scale on raw canvas, wood and rag paper with acrylic and pastel — exploring themes such as identity, truth, surveillance, and often childhood memories. As a method, Hodges paints from a black ground, developing the environment around the figure so it emerges from its surroundings, examining the possibility that we are all products of our environment. Hodges attended the University of Kansas studying theatre and film. He is currently an adjunct professor at Maine College of Art teaching in Animation and Game Art. Hodges has been the recipient of numerous artist residencies including the Ellis-Beauregard Foundation, Stephen Pace House, Monson Arts and recipient of the Ellis-Beauregard Fellowship in the Visual Arts.

His upcoming exhibitions include Dowling Walsh Gallery, The University of New England Art Gallery and Center for Maine Contemporary Art. He cites Milton Avery, Lois Dodd, Noah Davis, Daniel Minter, Edouard Vuillard, Denise Ferreira da Silva, and Lorna Simpson as his influences. Support provided by the Ellis-Beauregard Foundation.

For more information about Reggie Burrows Hodges, visit http://reggieburrowshodges.com. To purchase artwork or to request an interview, please contact Erin Hutton, Erin Hutton Projects at 207-838-8825 or email erin@ erinhuttonprojects.com.

About Erin Hutton Projects: Erin Hutton is an art advisor, curator, and founder of . For more than twen-

tor of Exhibitions and Special Projects at the Institute of Contemporary Art at Maine College of Art (ICA at MECA) and has been credited with bringing a heightened level of sophistication to the ICA, creating extensive community outreach and establishing rigorous engagement with students, staff and faculty at MECA. There, she coordinated twenty-seven exhibitions presenting hundreds of artists' works. That year, she created the public installation, SWARM, for the Press Hotel in Portland, Maine and became the art director and curator of the Press Hotel's permanent gallery, where Erin has focused on highlighting the work of several Maine-based contemporary artists. Hutton established herself as an independent art consultant and curator in 2016. Under this identity, Hutton builds contemporary Erin Hutton Projects art collections for private residences, corheadquarters, porate and exhibihotels, tions. Erin is currently the Assistant Director at Speedwell Projects and is the co-founder of Studio 24b, a design and fabrication studio,

with her partner, Matt Hutton. Together, they create custom woodworking & furniture clients across the country. https://www.erinhuttonprojects.com/

About the Press Hotel: Located in Portland, Maine, The Press Hotel is filled with beautiful original artwork throughout the lobby, meeting spaces and guest rooms. The work of over 26+ artists is featured throughout the hotel. The gallery is located in the lower level of the hotel and features permanent art pieces as well as rotating artist exhibitions. Free and open to the public 365 days/ year. The art gallery is directed and curated by Erin Hutton. Magnificently reborn, The Press Hotel is located in what was once the Gannett Building, housing the offices and printing plant of the Portland See Reggie, page 16

Session I in Gorham

Join us for an introductory class for crochet! That's the one with the hook, not two needles! We will learn basic stitches and patterns, hook sizes, traditional yarns, and alternative options like rope, cording or t-shirt yarn and "plarn" made from repurposed plastic bags. Crochet can be a quick and easy way to create lots of fun and interesting things. The ease of the basic stitches makes it a great hobby. Let's make a goal to work on a hat and see where we go from there! Instructor: Christina Thibault Session I: Saturday, 2/15, 9:00am-12:00pm, Community Arts Center, 34 School St., Gorham, \$49 (materials included) *Same class offered on two different dates.

University of New England Dean's List

following The for public and private students have been named to the Dean's List for the 2019 fall semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private university, featuring two distinctive campuses in Maine, a vibrant campus in Tangier, Morocco, and an array of innovative offerings online. Our hands-on, experiential approach empowers students to join the next generation of leaders in their chosen fields. We are home to Maine's only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recognized degree paths in the marine sciences, the natural and social sciences, business, the humanities, and the arts.

From Auburn: Dalton Canonico; Taylor Depot; Madison DeRosa; Ashleigh Jackson; Corryn Lachance; Hyann Willey. From Lewiston: Dacia Bail, Paige Clabby, Emi-ly Gosselin, Kaylyn Ritchie, Danielle Rock. From Greene: Taylor Fowler, Paige Maheux. From Richmond: Julie Plummer. From Sabattus: Nicholas Aripez; Isaac Austin; Victoria Fitzpatrick; Brooke Surette. From Wales: Leanna Parker Bair.

Send all items for What's Going On to Editor@GorhamWeekly.com. Deadline is Friday by five pm.



Family Continued from page 1

\$25 per family. After purchasing your ticket, please email courtney. mchenry@gorhamschools.org to let her know how many people will be attending in your family.

Bottled water and cookies will be available for purchase.

ty years, she has immersed herself in the art world as an artist, educator, gallery director, curator, film production assistant, and designer. In 2015, Hutton became the Direc-



It's All About Food



Gloria Varney

The next Food for Thought presentation sponsored by L/A Senior College will be all aboutguess what? Food, of course. Not just food, but good food!

Our presenter, Gloria Varney owns and runs the Nezinscot Farm with her husband, Gregg. While the farm has been in Gregg's family for several generations, it is Gloria and Gregg who turned it into the first Organic Dairy in the state of Maine. Through the desire to diversify and the passion for good food, they have expanded Nezinscot Farm to encompass a Gourmet Food Shop, a Cafe and Coffee Shop, a Bakery, a Fromagerie, a Charcuterie, and a Yarn & Fiber Studio. They not only grow, sell, and serve their own products, they invite guests to visit and stay to relax and/or to learn.

Gloria's passion (207) 753-6610.

for not just her farm, but all family farms, inspires her topic of "The conversation: Perception and Reality of our Food". She will address the role that small/local farms play in our communities, the importance of knowing where your food comes from and lastly the big question of "What If"? As it pertains to food security and availability in the future.

This event is free and open to the public. As the topic will stimulate your mind and your appetite it will be important to remember that we are not serving lunch, but you are most welcome to bring your own. The date for Gloria's presentation will be Friday, February 14. Doors open at 11:30 a.m. in room 170 of the USM/LA college on Westminster Street, Lewiston. If you have questions, please call





Underground Improv, a troupe of six of Maine's funniest comedians, will perform a night of improv comedy on Friday, January 24 at 8 p.m. at Craft Brew Underground, 34 Court Street, Auburn.

This

Petition Continued from page 5

This classification makes the waste eligible for disposal in the State-owned landfill with minimal public input.

The proposed rule change, and legislative changes proposed in LD 401, would be a critical step toward closing the loophole. Most of the imported waste is classified as Construction and Demolition Debris, which has been banned from disposal in Massachusetts landfills. Other materials being imported to Maine for disposal include wastes and leachate containing PFAS, known as "forever chemicals." Maine currently has no testing of landfill leachate for PFAS levels, and limited protections for ed the petitions and

show features Dawn Hartill, Amanda Kinsey, Julie Poulin, Nic Dufault and Leonard Kimble.

No two shows are ever alike. The show content is made up completely on the spot and is based entirely on month's suggestions from the

communities down-

stream of wastewa-

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discharged into the

waste facility licens-

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often been ignored.

The petition calls for

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ronmental justice for

communities at risk

of being dispropor-

tionately impacted

by the waste facility.

The DEP accept-

proportionate

Throughout the

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river.

audience. Each show promises a night of unpredictable laughs and great craft beer.

There is no admission or cover charge for the show. For more information, visit Craft Brew Underground on Facebook or by calling (207) 241-8520.

is expected to review the petitions for completeness in the next month. Within 60 days of accepting the petitions as complete, the Department is expected to initiate a Public Hearing process to consider the proposed rule updates.



We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to the editor by Friday at 5 p.m.



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Seniors Not Acting Their Age Puzzling Avian Encounters



Hikers descend Puzzle Mountain with Grafton Notch and the Mahoosuc Range beyond

Being semi-retired has benefits. Old age is not one of them. Perhaps the most significant advantage is time flexibility, at least what little is left. I try to write and operate my tax consulting business on bad weather days and play on nice ones. In short, my goal is to work a little and play a lot.

I'm privileged to have numerous retired friends who enjoy outdoor adventures. Gary, Suzanne, and Brent are three of the closest. The late Skip Pendleton labeled our geriatric group AARPIES. Whatever the moniker, we're constantly studying the weather in search of suitable circumstances for an excursion.

A recent stormy weather pattern comprising of rain, snow, sleet, and persistently gusty winds challenged our planning acumen. A pause in precipitation resulted in a flurry of emails with my three frequent companions. The conclusion was a favored endeavor, a climb of Puzzle Mountain in North Newry.

A relatively new trail network, the Grafton Notch Loop Trail, which opened in 2003, passes over Puzzle Mountain's southwest peak. The 38.2 mile circuit through Mahoosuc Land Trust property traverses seven summits. The strenuous journey has become one of Maine's premiere backpack expeditions. Prior to my knee replacement, it would have been a goal for me. Alas, old age dictates foregoing the challenge. Carrying a full pack for that distance would risk the longevity of my prosthetic knee. I'm far too much of a sissy to endure the thoroughly unpleasant rehabilitation process a second time unless absolutely unavoidable. I admit pangs of envy whenever the usually young

multiday trekkers are encountered.

My three friends were already assembling their gear when I arrived at the Route 26 trailhead. A recent rainstorm had washed away much of the snow, but beginning near Bethel there was a surviving accumulation. After greetings, my immediate concern was whether or not micro spikes were necessary. An inspection indicated the surface was marginal so two of us elected to wear them from the outset. Confronting periodic spans of ice at higher elevations, everyone was employing them before the outing was over.

The Puzzle mountain portion of the path is a 3.2 mile trek to the distinctive open 3,133 foot summit. While the weather was sunny and dry, conditions were imperfect as it was cold and breezy. A crusty layer of snow and patchy ice punctuated much of the trail. Initially crossing a dirt road and climbing a pitch, it then ascended gradually in an open hardwood forest. After about two miles, the path turned left and the gradient increased.

I consider myself as promising birder. Devoting years of diligent study, I've learned to quickly identify pigeons, sea gulls, and robins. Gary and Suzanne are more ad-

vanced. While climbing, Suzanne spotted a mysterious gray and white bird soaring above us. My visceral observation was a sea gull. Doubting the veracity of my pronouncement, she speculated we might have experienced the rare sighting of a Goshawk; confirming the same on her bird app. The outing had barely begun and my bird tally was expanding geometrically.

prolonged The steep section completed, the route narrowed wrapping westerly around an abrupt incline before ascending some short switchbacks in a dense stand of conifers. Emerging onto an expansive open ledge with spectacular views of Grafton Notch and the Mahoosuc Range, penetrating blustery winds dominated from the northwest.

Entering a sheltered wooded section, we navigated through immense boulders with lengthy stretches of hard ice. At 2.6 miles, a junction for Woodsum Spur was encountered on an elongated sloping ledge. Signage indicated the partially visible rugged summit was another six-tenths of a mile. After scrambling over several complex rocky inclines, we negotiated up a consequential icy slide.

Persisting through sparse stunted growth, we observed a bird fluttering beyond a nearby tree. When it landed on a limb, Gary astutely identified our feathered friend as a White-winged Crossbill. Having never heard of a cross billed whatchamacallit; my bird count had blossomed to an impressive five.

Winds were howling as we approached a precipitous ledge beneath the summit. Everyone huddled donning parkas prior to completing the final ascent. No photos from the top for me, my camera battery froze despite being enclosed in an insulated container.

Following a brief respite in a protected area on the east side of the summit cone, we began our descent. The views of Sunday River White Cap and the White Mountains beyond were breathtaking. Finishing the journey, I wallowed in satisfaction knowing I had migrated from promising to fledgling birder status. The sky is the limit!

Author of "The Greatest Mars Hill Bank Robbery" and Mountains for Mortals – New England," Ron Chase resides in Topsham. Visit his website at www.ronchaseoutdooors.com or he can be reached at ronchaseoutdoors@comcast.net



A hiker approaches the Puzzle Mountain summit in blustery winds

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schedule yourDowingDowingOver the second s

A hiker climbs icy boulders on Puzzle Mountain



Hikers descend an icy slide on Puzzle Mountain

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Thursday, January 23, 2020

Stanton Bird Club announces February events

American Robins can be found most winters in Maine, usually in a flock and usually near a fruit food supply as shown here. It is still nice to see Robins and think of spring coming soon. Photo by Dan Marquis.

The Stanton Bird Club of Lewiston and Auburn will meet Monday, February 3, at 6:30 p.m. in Room 285 at the University of Southern Maine's Lewiston-Auburn College, 55 Westminster Street, Lewiston. Our speaker is Holly Ewing PhD, who serves as a professor of Environmental Studies as well as Christian A. the Professor Johnson of Interdisciplinary Studies at Bates College. Ewing has

Dr.

lege since 2004. She teaches field classes in soils, water, ecosystem ecology and general environmental science. Her research investigates the interconnections among atmospheric, terrestrial, and acquatic ecosystems. She will speak on Lake Auburn health including the processes of algae growth there. The fact that Lake Auburn is a source of drinking water to both Lewiston and Auburn means her research holds im-

been with Bates Col-

portance to many of us as residents of the Twin Cities.

To learn to identify the tracks of animals, such as Moose, Fishers, Bobcats and Coyotes join us on February 15, Saturday, from 8 a.m. to 11 a.m. We will meet at Staples, Lewiston at 8 a.m. or at the Carver Road entrance to the Woodbury Sanctuary at 8:30 a.m. Dress warmly and wear boots or snowshoes. Call Steve Reed, trip leader, at 207-319-6630 for more information.

The Stanton Bird Club, a leader in environmental awareness, manages the Thorncrag Nature Sanctuary as well as the Woodbury Nature Sanctuary in Monmouth and Litchfield. It seeks to encourage both the enjoyment and protection of our natural surroundings. More information can be found at www. StantonBirdClub.org. The results of the various trips are posted there, often with photos. The Club also has a Facebook page.



Maine Department of Inland Fisheries & Wildlife Bear and Lynx Biologist Jennifer Vashon holds black bear cubs during a winter bear den visit. Credit: Maine Department of Inland Fisheries & Wildlife

The final contest in the Maine Department of Inland Fisheries & Wildlife (MDIFW) Keeper of the Maine Outdoors Experience series will bring the winner on a black bear den visit with wildlife biologists.

Every winter, MDIFW biologists visit more than 75 dens of female black bears. These visits are part of the country's longest run bear study that monitors the health of the bear population by checking on adult bears and their cubs.

The visits let MDIFW know how many cubs are born, and how many cubs survive until a year old. Some female cubs are fitted with a tracking collar, bears are weighed, and blood samples are taken for testing. The contest win-

Win a black bear den visit

with MDIFWB

ner and a friend will join a team of biologists in the field to locate a radio-collared bear at its winter den and observe as the biologists immobilize the bear and collect important biological data from the bear. This is an opportunity for a first-hand look at the work of a wildlife biologist in the field, and a chance to learn more about wildlife management in Maine.

The Maine Department of Inland Fisheries & Wildlife will select the contest winner from completed entries atwww.Keeperofthe-MaineOutdoors.com/ giveaway. Entrants must be 18 years-old to be eligible for the contest, and the Bear Den Experience entry

deadline is February 19 at 12 p.m. MDIFW

began the Keeper of the Maine Outdoors Experience series last spring to give the public the opportunity for a day-in-thelife experience with a biologist or game warden to learn how they protect Maine wildlife or serve in the Maine outdoors.

Maine is home to more than 35,000 black bears, the largest species population among the lower 48 states. Bears live throughout the state, but the majority of the population resides primarily in northern and eastern Maine and can survive 30 years in the wild. The MDIFW bear monitoring program began in 1975 and plays an important part in the department's mission to have a stabilized bear population.

The Department of Inland Fisheries & Wildlife preserves, protects, and enhances the inland fisheries and wildlife resources of Maine. Established in 1880 to protect big game populations, the department has since evolved in scope to include protection and management of fish, non-game wildlife, and habitats, as well as restoration of endangered species like the bald eagle.

In addition to its conservation duties, the department is also responsible for enabling and promoting the safe enjoyment of Maine's outdoors—from whitewater rafting to boating, snowmobiling, hunting, fishing, and wildlife observation.

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Word Search

We are entering the depths of winter, and all the beauty and fun it brings.

Winter Time

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IGL00 GLOVES SLEDDING MITTENS HOT COCOA SKIING HAT SHOVEL

FIREPLACE WIND ICICLE SNOW BOOTS SCARF ICE topic would you is to do a word search on? Email us!

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.

Thursday, January 23, 2020

Thursday, Jan. 23 Book signing by Mark Griffin, "All that Heaven Allows: A Biography of Rock Hudson", at the Topsham Public Library, 6 to 8 p.m. For information on scheduling an interview with Mark Griffin, to request a review copy, or for any other questions, contact the Maine Writers & Publishers Alliance's Executive Director Gibson Fay-LeBlanc at director@mainewriters. org or call 207-228-8264.

Thursday, Jan. 23

Lewiston Auburn Metropolitan Chamber of Commerce Annual Awards Dinner Presented by Androscoggin Bank at the Ramada Hotel and Conference Center by Wyndham Lewiston from 5:30 to 9 p.m.

Friday, Jan. 24

Sexy Laundry will be performed at The Public Theatre, Lewiston/ Auburn's Professional Theatre, 7:30 p.m. Tickets: \$25 Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston.

Friday, Jan. 24

Free Improv Comedy Show at Craft Brew Underground, 34 Court Street, at 8 p.m. There is no admission or cover charge for the show. For more information, visit Craft Brew Underground on Facebook or by calling (207) 241-8520.

Friday, Jan. 24

The Waterville Opera House presents Miss Sherlock Holmes, 7:30 p.m. Tickets range from \$21 to \$24. Groups of 10+ receive a 10% discount.For more information or to reserve tickets call 873-7000, visit our website a thttp://www. operahouse.org or our Box Office at 1 Common Street!

Saturday, Jan. 25 The Waterville Opera House presents Miss Sherlock Holmes, 7:30 p.m. Tickets range from \$21 to \$24. Groups of 10+ receive a 10% discount. For more information or to reserve tickets call 873-7000, visit our website at http://www.operahouse. org or our Box Office at 1 Common Street!

Calendar

Send your submissions to the Editor. More online.

tion call 754-0954.

Sunday, Jan. 26

book signing at Webster

Library in Kingfield at 2

p.m. Shana Youngdahl,

University of Maine at

Farmington assistant pro-

fessor of English is author

of "As Many Nows As I

ing workshop at the Au-

burn Public Library in

the Community room,

6 to 7:30 p.m. Cost is

\$60 fee and includes

your own handheld tap-

estry loom, yarn, and

warp to complete one

or two projects, as well

as instruction and hands

on assistance. Class is

limited to 10 people. To

register please contact

Mamie Ney at the Au-

burn Public Library at

207.333.6640 x 2020 or

director@auburnpubli-

clibrary.org. Registration

League meeting at the

Lewiston Armory, 65

Central Ave, Lewiston,

at 6 p.m. FMF Corpsman

and Navy Chaplains are

invited to attend. Anyone

interested in Marines

Helping Veterans is also

be performed at The

Public Theatre, Lew-

iston/Auburn's Profes-

sional Theatre, 7:30 p.m.

Tickets: \$25 Adults, \$22

groups. For tickets vis-

it thepublictheatre.org

or call 782-3200. The

Theatre is located at 31

newest gallery exhibit,

"All Work and No Play",

Thursday, Jan. 30

Museum L-A's

Maple St. Lewiston.

Thursday, Jan. 30

Sexy Laundry will

invited to attend.

Thursday, Jan. 30

Marine Corps

closes on January 17.

Monday, Jan. 27

Three session weav-

Can Get".

Shana Youngdahl

information, please call the church office at 207-782-3972.

Saturday, Jan. 25

Church Bean Supper at First Congregational Church of Gray, Route 115, Gray, at 5 p.m. Adults \$8.00, under 12, \$4.00. For more information, contact 657-4279. On the day of the supper, call 657-3279.

Saturday, Jan. 25

Sexy Laundry will be performed at The Public Theatre, Lewiston/Auburn's Professional Theatre, 7:30 p.m. Tickets: \$25 Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston.

Saturday, Jan. 25

Introductory abstract art workshop at The Harlow Gallery, 10 a.m. to 1 p.m. Open to ages 15 and up. All materials included. Tuition: Members \$40, non-members \$55. No prior experience necessary. Beginners welcome. Registrations are due by 6 p.m. on Wednesday, January 22. Register online at harlowgallery.org/intro-toabstract-art-workshop.

Saturday, Jan. 25

Public Supper at Sixth St. Church at 109 Sixth Street in Auburn. The cost of the meal is \$6 for adults, \$3 for children 5 to 12, under age 5 is free. All are welcome. Take out is available.

Sunday, Jan. 26

Sexy Laundry will be performed at The Public Theatre, Lewiston/Auburn's Professional Theatre, 2 p.m. Tickets: \$25 Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston.

Sunday, Jan. 26

Day coffee house! Please Box Office at 1 Common bring cookies to share. Street! Recommended donation Friday, Jan. 31 of \$10. For more informa-

Sexy Laundry will be performed at The Public Theatre, Lewiston/Auburn's Professional Theatre, 7:30 p.m. Tickets: \$25 Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston.

Saturday, Feb. 1

era House presents Miss Sherlock Holmes, 7:30 p.m. Tickets range from \$21 to \$24. Groups of 10+ receive a 10% discount. For more information or to reserve tickets call 873-7000, visit our website at http://www. operahouse.org or our Box Office at 1 Common Street!

Saturday, Feb. 1

Saco Museum "It's Natural: Art by Art Teachers" exhibition opening reception from 1 to 3 p.m. Free parking and handicap accessible. For additional information about group tours, please call 283-3861, ext. 115 or visitwww. dyerlibrarysacomuseum. org

Saturday, Feb 1

Sexy Laundry will be performed at The Public Theatre, Lewiston/Auburn's Professional Theatre, 3 p.m. Tickets: \$25 Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston.

Sunday, Feb. 2

The Waterville Opera House presents Miss Sherlock Holmes, 2 p.m. Tickets range from \$21 to \$24. Groups of 10+ receive a 10% discount. For more information or to reserve tickets call 873-7000, visit our website at



Bad Boys For Life (R)...... 12:50 ...3:50 ...6:45 ...9:50

Dolittle (PG)...... 1:05 ...4:05 ...7:10 ...9:30

1917 (R)...... 1:00 ...4:00 ...7:00 ...9:45

Frozen 2 (PG) 1:20 ...4:20 ...6:55 ...9:20

Little Women (PG)6:35 ...9:35

Jumanji: The Next Level (PG-13)...... 12:40 ...3:40 ...6:50 ...9:40

Star Wars: The Rise of Skywalker (PG-13) 12:15 ...3:20 ...6:30 ...9:30

The Waterville Op-

Friday, February 7 LA Arts presents The Color of the Wild exhibition artist talk and reception, at 221 Lisbon Street in Lewiston, 5 to 7 p.m. Exhibition on view January 18 through March 1. LA Arts hours Gallery hours are 12 to 4 p.m. Tuesdays through Fridays and 11 to 3 p.m. Saturdays. Free to attend.

Monday, Feb. 10

More information can

be found at www.Stan-

tonBirdClub.org.

Three session weaving workshop at the Auburn Public Library in the Community room, 6 to 7:30 p.m. Cost is \$60 fee and includes your own handheld tapestry loom, yarn, and warp to complete one or two projects, as well as instruction and hands on assistance. Class is limited to 10 people. To register please contact Mamie Ney at the Auburn Public Library at 207.333.6640 x 2020 or director@auburnpubliclibrary.org. Registration closes on January 17.

Friday, Feb. 14

Food for Thought speaker Gloria Varney presenting "The Perception and Reality of our Food" in room 170 of USM/LA college, at 11:30 a.m. If you have questions, please call (207) 753-6610.

Grant

Continued from page 5

call our agency offices at 207-795-4077. 24-hour helpline for youth shelter & referrals: 207-795-4070.

The Avangrid Foundation is an independent, nonprofit organization that funds philanthropic investments that primarily impact communities where AVANGRID, Inc. and its subsidiaries operate. Since 2002, the Avangrid Foundation and its predecessors have invested more than \$21 million in partnerships that focus on building sustainable, vital and healthy communities; preserving cultural and artistic heritage; advancing education; and improving people's lives. The Avangrid Foundation is committed to advancing the United Nations Sustainable Development Goals in the United States. For more information, please visit www.avangridfoundation.org.

For more information, please contact Joleen Bedard, Executive Director for the United Way of Androscoggin County at 207-795-4000.



Saturday, Jan. 25

Bean Supper at Auburn United Methodist Church, 439 Park Avenue, 5 p.m. Entertainment provided by Park Avenue Pickers. Admission is \$8 for adults and \$4 for children ages 6 to 12. There is no charge for children under 5. . For additional

The Waterville Opera House presents Miss Sherlock Holmes, 2 p.m. Tickets range from \$21 to \$24. Groups of 10+ receive a 10% discount. For more information or to reserve tickets call 873-7000, visit our website at http://www.operahouse. org or our Box Office at 1 Common Street!

Sunday, Jan. 26

Denny Breau opening first Cabin Fever Concert, hosted by "Music for Mainers", downstairs of the Turner Library, 98 Matthews Way (off Rte. 117), 2 to 4 p.m. Come enjoy this Pre-Valentine's

free opening reception, at Museum L-A is located in the Bates Mill Complex at 35 Canal Street, from 6 to 8 p.m. For more information, please contact info@ museumla.org or call 207-333-3881.

Friday, Jan. 31

The Waterville Opera House presents Miss Sherlock Holmes, 7:30 p.m. Tickets range from \$21 to \$24. Groups of 10+ receive a 10% discount. For more information or to reserve tickets call 873-7000, visit our website at http://www. operahouse.org or our http://www.operahouse. org or our Box Office at 1 Common Street!

Sunday, Feb. 2

Sexy Laundry will be performed at The Public Theatre, Lewiston/Auburn's Professional Theatre, 2 p.m. Tickets: \$25 Adults, \$22 groups. For tickets visit thepublictheatre.org or call 782-3200. The Theatre is located at 31 Maple St. Lewiston. Monday, Feb. 3

Stanton Bird Club speaker Holly Ewing PhD at USM Lewiston Auburn Campus, 55 Westminster Street, Lewiston, at 6:30 p.m.

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LEWISTON SENIOR CITIZENS TRAVEL WASHINGTON, D.C. -APRIL 23 - 29, 2020. Trip includes 6 nights lodging, 10 meals, NEW BIBLE

MUSEUM, WWII Memorial,

Korean and Vietnam

Classified Ads

Memorials, Lincoln Memorial, tram ride through Arlington National Cemetary, evening guided memorial & monument tour, admission to Mount Vernon Estates. A \$75.00 deposit is due when signing up. Price is \$759.00 pp double occupancy.

ITALIAN VISTAS TOUR-MAY 16-28, 2020-Trip includes 13 days and 17 meals.

MACKINAC ISLAND -JUNE 13 - 21, 2020. Trip includes 8 nights lodging and 14 meals, visit to Mackinac Island with a guided Carriage Tour during their Tulip Čelebration. Also includes boat ride through Soo Locks, Sault Saint Marie and Makinaw Crossings with a visit to "Michigan's Little Bavaria". A \$75.00 deposit is due when signing up. Price is \$859.00 pp double occupancy.

VIRGINIA BEACH, COLONIAL WILLIAMSBURG & HISTORIC NORFOLK -SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due

when signing up. Price is \$775.00 pp double occupancy. For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207- 345-9569.

Send all items for Names & Faces to the editor. Deadline is Friday by five.

PER

EACH ADDITIONAL WORD 25ϕ

Week

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Weekly Social Media giveaways!

NUMBER OF WEEKS TO RUN:



LIKE: Documentary about social media

Please join Gorham Action Team for Youth and the Gorham Police Department on February 10 at Gorham High School, in the free showing of the documentary "LIKE", which explores the impact of social media on bers. Appropriate for children ages 10+

The showing is about 45 minutes, with a 15 minutes Panel Q&A following the show. Open to all parents and community mem-

bers. Appropriate for children ages 10+ (please note all Gorham Middle School and Gorham High School students will see the documentary later in the school week).

Gorham Backpack Program

You can make a difference! The BackPack Program helps Gorham students who are suffering from the effects of hunger with nutritious, easy-to-prepare food to eat during weekends and school vacations when those crucial school meals are unavailable. Please consider helping students experiencing food insecurity.

Donation checks can be made out to "Gorham School Department" with BackPack Program written in the memo line. A receipt will be mailed for tax purposes. Please send to: Hollis Cobb, Finance Officer, Gorham School Department, 75 South Street,



Gorham, Maine 04038.

If you wish to volunteer, contact Jennifer Baker at jennifer. baker@gorhamschools. org or (207) 222-1300 or Heather Whitaker at heather.whitaker@ gorhamschools.org or (207) 222-1338

Girl Scouts

Continued from page 8

6 p.m., 1023 Pittston School Street, Pittston; January 14, Owls Head Central School, 6 p.m., 54 Ash Point Drive, Owls Head; January 14, Farrington Elementary School, 6 p.m., 249 Eastern Avenue, Augusta; January 14, Waterford Memorial School, 6p.m., 148 Valley Road, Waterford; January 15,

Spruce Mountain Primary School, 6 p.m., 107 Gibbs Mill Road, Livermore; January 15, Hartford-Sumner Elementary School, 6 p.m., 145 Main Street, Sumner: January 16, Madison Elementa-School, 6 p.m., ry Learners Lane, 43 Madison; January 16, George J. Mitchell School, 6 p.m., 58 Drummond Avenue,

Waterville.

For more information about Girl Scouts or to see a full list of New Member Sign-Up events, visit girlscoutsofmaine.org or call 888-922-4763.

Girl Scouts of Maine builds girls of courage, confidence, and character, who make the world a better place. GSME provides services and support to nearly 13,000 girl and adult members statewide and operates service centers and shops in South Portland and Bangor.

Reggie

Continued from page 9 Press Herald, the state's largest newspaper. The tapestry brick and stone building in Portland's historic Old Port District was constructed in 1923 and an adjoining structure added in 1947. The newspaper operated there until 2010. In 2012, Portland real estate developer Jim Brady put the building under contract and announced plans to open Portland's first independent boutique hotel. Aptly named The Press Hotel, it retains virtually all of the building's architectural details, including its vintage exterior lettering and the newspaper's "City Room" repurposed as the Inkwell Bar. The extensive rehabilitation and adaptive reuse to a boutique hotel was completed and opened to the public in May 2015. https:// www.thepresshotel. com/

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