

Exchange

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September 23, 2015 : Vol. XXXVI : #39

Shelbyville

Every Mailbox, Every Wednesday



Don't let allergies
spoil times like these.



George Livermore, M.D.
Board Certified
in Otolaryngology

Whether it's the sniffles and sneezes, or an itchy throat, you can feel confident turning to Ear, Nose and Throat Specialists. Dr. George Livermore provides comprehensive ENT treatment, and now also offers testing and treatment for allergies. Same-day appointments are often available and walk-ins are welcome.

To schedule an appointment, call 931-684-2701.

Ear, Nose and Throat Specialists

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1805 North Jackson Street, Suite 113
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NEW! Premium DARK CHOCOLATE
with Sea Salt
with Orange Almonds
50% COCOA

3.5 Oz.
CHOCOLATE BARS
3/\$1

SERVING SINCE
1974

UNITED GROCERY OUTLET

Bargain Barn Inc. **GO GROCERY OUTLET**

WOW!
Beef Broth
32 Oz.
BEEF BROTH
2/\$1

**Please Ignore
The Construction
& Stop In
For Our
Extra
Special
Deals!!!**

Prices Effective Wednesday, September 23rd thru Sunday, September 27th, 2015

100% SATISFACTION GUARANTEED!

**JUMBO PACK
SIRLOIN PORK CHOPS**

99¢ Lb.

TWIN PACK
SIRLOIN PORK ROAST **99¢ Lb.**

**1 LB. BABY
CARROTS**

\$1.00 Ea.

HAPPY
CAMEL
APPLES **\$1.00 Ea.**

**5 LB. BAG
RED POTATOES**

\$1.49 Ea.

FROZEN POTATOES
Country Fries with Salt & Pepper
or Garlic Potato Wedges
24 Oz.

\$1.00

WOW! Simply
ROASTED GARLIC - Herbs
CRACKED BLACK PEPPER - GARDEN OF EARTHENES

**JUMBO PACK
CHICKEN DRUMSTICKS**

59¢ Lb.

**BROWN SUGAR
HAM**
16 Oz.

\$2.49 Ea.

GREAT PRICE
BROWN SUGAR HAM
ULTRA THIN
SAME GREAT TASTE!
NEW CONVENIENT PACKAGE!
1 lb. FAMILY SIZE

**DELUXE SHELLS
& CHEDDAR**

12 oz.

\$1.00

Wow!
DELUXE SHELLS & CHEDDAR
with Real Apple Cheddar Sauce

**HUNT'S DINNER
STARTERS**

15 oz., Beef Stew, Lasagna,
or Chili Flavor

2/\$1

Hunt's DINNER STARTERS
Beef Stew

**HEINZ TURKEY
OR CHICKEN
GRAVY**

12 oz.

2/\$1

HEINZ HomeStyle GRAVY
Roasted Turkey

**STOKLEY'S
TOMATO SAUCE**

8 oz.

4/\$1

Stokley's TOMATO SAUCE

EXTREME VALUE PRICING!

Green Beans
12 Oz.

2/\$1

HUSK
6 Oz. French Fried Onions **\$1.49**

Pudding
4 Pk.

\$1.00

EXTREME VALUE
Bread Pudding

**Mango Habanero
Chicken Bites**
15 Oz.

\$1.99

FAMOUS NAME BRAND
CHICKEN BITES

Cat Box Deodorizer
20 Oz.

\$1.29

WOW!
TIDY CATS

Apple Cookie Bar
16 Oz.

\$1.29

GREAT PRICE
Apple Cookie Bar

Assorted Rice
6 Pk.

\$1.99

Deluxe Mac & Cheese Shells **\$1.00**

GARDEN SALAD

12 oz.

\$1.29

Garden Salad

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We are open our regular hours with these great deals & more!
Our business ours are still the same:
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5 lb. bag

\$2.99

Golden Apples

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QUANTITY RIGHTS RESERVED • Not all items available in all locations • Items are limited and vary by store and available while quantities last.



Earn more than 50% of the workers in our area.



Hope Sartain

Sales Representative

"Eight years ago I started a life changing career that allows me the freedom to create my own schedule, provides professional and personal growth and is now furthering my education in marketing. My job gives me the opportunity to work with small business owners to create an effective and affordable advertising campaign customized for each business. Exchange Media Group encourages community involvement and supports my roles in the Highland Rim Kiwanis Club and the Tullahoma Area Chamber of Commerce, which are two groups I am very passionate to serve."



Mary Ann Marsh

Sales Representative

"Bill Thomas, founder of the Exchange, brought me on board 25 years ago. We had 1 edition at that time and now have grown to 6 editions. Our weekly Exchange reaches over 83,000 homes and thousands of people visit our website. I love seeing my customers connect to their customers and watching their businesses grow. Many of my customers over the years have become very good friends, which has been rewarding. I have been a member of the Fayetteville Kiwanis Club for 24 years and have loved working and helping serve children in our community. I feel very fortunate to have been a member of Team Exchange Media Group for so many years."



Ginger Jones

Digital CSR

I joined the Exchange Team in 2006 working as a Graphic Artist. In 2013, I was given the opportunity to switch positions to Digital CSR. My new position allows me to closely work with our customers. Everyday I help our customers explore how digital media can benefit them. It's amazing the influence an online presence has for a small business. "The only way to do great work is to love what you do." ~ Steve Jobs.

Job Description

We have inside and outside positions available. You will call on local businesses with the objective to understand their products and services. After you develop a clear understanding of their business, you will assess how our products can help the business grow. You must enjoy talking to people and have a deep desire to succeed. The job can be awarding both financially and emotionally.

Apply online at: www.exchange-inc.com

Click the "Join Our Team" tab at the top of our homepage. Then click the link below the Sales Position description.



1999 CHEVROLET BLAZER, 98,833 miles, drives great, has great mileage, \$2,200. (931)588-1434; (931)588-8638.

2000 VOLKSWAGEN JETTA, 4 door, sedan, black with black interior, looks fantastic, runs and drives great, 2.0 4-cylinder, automatic, \$2,495 or best offer. (931)450-2025.

1997 FORD E-350 TOOL TRUCK, with built in shelving, \$3,800. (931)364-4206.



2008 CHEVROLET EXPRESS COMMERCIAL CUTAWAY, series 177"WB C7N DRW, 35,163 miles, 16 ft. cab over box body, step bumper, 2 ft. double rear doors, clean, dealer serviced only, great condition, \$15,000. (931)967-0978.

PRE-OWNED 1996 Cadillac Fleetwood, RWD, V8, loaded, 73K actual one owner miles, new tires, STK#O008, TNDL#2248, \$4,900 plus TTL. (931)625-3434.



1984, 928 S PORSCHE for sale, low mileage, \$9,000 or best offer. (931)967-1450.

2001 BUICK CENTERY LE, 126K miles, automatic, V-6, leather, cold AC, all power, new tires, very good condition, \$3,500 or best offer. (931)222-9879.

2010 VOLKSWAGEN EOS for sale, retractable hard top convertible, navigation system plus all factory options, \$12,500. (931)723-2121.

Top cash for cars, call now for an instant offer, top dollar paid, any car/truck, any condition, running or not, free pick-up/tow. 1-800-761-9396. sapa

LOCAL BUSINESS WANTS your junk cars! Get money now for that old vehicle! Any condition, running or not! CALL NOW, (931)455-7273. Must mention this ad.

1995 HONDA ACCORD Sedan, VTEC, automatic, 4 doors, decent miles -160K miles, runs great but not perfect. Gold with tan interior, \$1,950 or best offer. (931)450-2026.

PRE-OWNED 2005 Cadillac Deville, nice, clean, loaded car, 80K actual miles, STK#Q025, TNDL#2248, \$7,900 plus TTL. (931)625-3434.

1973 FORD F-100 pickup for sale, 102,000 original miles, good solid truck, needs some work, will make someone a great truck, \$998. (931)409-5916.

PRE-OWNED 2002 Chevy HD 3500 for sale, with utility bed, 91K actual miles, runs and drives good, STK#Q035, TNDL#2248, \$5,900 plus TTL. (931)625-3434.

1995 NISSAN FRONTIER 4x4, extended cab, 3" lift, new black paint & custom graphics, new 32" tires, DeeZee bars, 800 watt stereo, looks and runs great, \$4,900. Shelbyville. (931)224-6719.

2014 FORD FUSION SE, 4DR, FWD, 33,650 miles, ruby red with 202A deluxe package, black interior, balance of factory warranty remaining, 2.0 turbo engine, car has clean Car Fax report, \$16,500. (931)723-3550.

1993 JEEP GRAND CHEROKEE for sale, 4WD, front end damage, runs great, \$950 or best offer. (931)581-0786.

1994 JEEP CHEROKEE SPORT for sale, 5 speed, black, \$1,500. (931)247-7414.



HARLEY DAVIDSON BRACELET AND DOG TAG, sterling silver, 110th Anniversary Edition, \$260 firm. (931)841-6311.

BRA, size 34B, \$3. Pickup from my home in Manchester. Prefer text, (931)928-2784.

COACH HAND BAG for sale, medium size, \$40. Manchester area. (931)723-2309.

LADIES' 3 PIECE RIDING SUIT by Reed Hill, black, size 12, reversible vest, excellent condition, \$200. (931)649-3023.

MEN'S SWEATERS, like new, size 2X, \$5 each. (931)433-0888.

LADIES' FASHION DRESSES, size large, \$5 each. Visit www.Exchange931.com for pics. (931)841-1896.

MEN'S TITAN'S COAT, red/white zip up, long sleeved with hood, Titan's emblem on front and back, size XL, worn twice, well insulated, \$50. (931)691-8250.

LADIES' BLACK LEATHER HARLEY DAVIDSON JACKET for sale, new, size small, \$35; Official Pro Player UT men's jacket, new, size XL, \$25. (941)451-9175.

WOMEN'S SLIP RESISTANT SHOES, size 8, worn twice, paid \$40, asking \$20. Pickup from my home in Manchester. Prefer text, (931)928-2784.

TEN PAIR of men's blue jeans, seven pair used, 3 pair new, size 42" waist x 30" long, can not wear because of surgery, \$50. (931)273-6257.

WOMEN'S PREMIER JEANS, size 13/14, \$20; also have other clothes for sale. Pickup from my home in Manchester. Prefer text, (931)928-2784.

MARQUISE TANZANITE RING with 12 diamonds, 14k gold. Current appraisal of \$2,750 selling for 1/3 value, \$975. Pics on request. (323)333-2950.

COACH LADIES' JACKET, leather, small, excellent condition, fully lined, no pulls or holes, \$85. (931)729-2327.

YOU KNOW THE STATISTICS. If you haven't worn that piece of clothing in the last 12 months, get rid of it! Call the Exchange or go online to Exchange931.com to place an ad to sell those clothes.

WOMEN'S LEATHER JACKET, like new, size 3X, fits like XL, purple fringe, \$150. (931)433-0888.

STETSON WESTERN HAT, size 7-3/8, originally \$175, asking \$95. (931)649-3023.

FIVE AMERICAN EAGLE WOMEN'S POLOS for sale, size medium, \$25 for all. Manchester area. (931)723-2309.

BARNEY COSTUME for sale, size 3T-4T, \$6; infant Winnie The Pooh costume, \$10, Manchester area. (931)723-2309.

LADIES' FULL LENGTH RACCOON FUR COAT for sale, vintage 1940's, mint condition, size 8-10, \$300. (931)703-0140.

FOUR PAIR OF WRANGLER JEANS for sale, 38"x29", very good condition, \$30/all. Manchester. (931)808-0924.

LARGE BAG OF 40 ITEMS of clothing, all brand name, junior size small, \$50. (931)728-4519.

JANE SEYMOUR OPEN HEART NECKLACE from Kay Jewelers, hardly worn, 1/8 ct tw diamonds, 10k white gold, \$400. (931)450-0303.

BOOTS FOR SALE, Ladies' Harley boots, size 9, \$80; men's Harley boots, size 12, \$80; Skechers memory foam ladies' steel toe boots, \$40. (931)307-9819.

LADIES' CAREER SUITS, several to choose, very nice, sizes 6-8, fully lined, expensive brands, \$15 per suit. (931)425-6644.

HOT WEATHER USAF GREEN BOOTS, Belleville, size 13 men's hot weather combat green olive leather boots, \$115. (931)728-3728.

WANTED
CERTIFIED MECHANIC

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- Great Family Owned Business

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EARN \$45,000 PLUS!

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Newton Goes Country

HEY Y'ALL

CHECK OUT THESE SAVINGS!

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September 27, 12:00 P.M. - 2:00 P.M.

Food Trucks • Chocolate Milk From All Around
Pony Rides • Petting Zoo • Line Dancing
at Newton Nissan South.



PREOWNED SALE!!!

#1 Nissan Dealer in Tennessee!*

*RATED BY DEALERRATER

Stk.# 4656A



2005 Chevy Equinox
\$6,950

Stk.#4861Z sansouth.com



2000 Cadillac El Dorado
\$6,950

Stk.#4855A sansouth.com



2011 Kia Rio
\$6,950

Stk.# S2207Z sansouth.com



2003 Chevrolet Venture
\$6,950

Stk.#4848A SOUTH newtonnissansouth.com



2006 Kia Sedona
\$7,950

Stk.#4721B sansouth.com



2008 Chevy Cobalt
\$7,950

Stk.#S506958B sansouth.com



2004 Ford Explorer SLT
\$7,950

Stk.#4320B sansouth.com



2009 Nissan Quest
\$7,950

Stk.#S2247 sansouth.com



2006 Volvo S80
\$7,950

Stk.#4788A sansouth.com



2006 Ford Ranger
\$8,950

Stk.#4713B sansouth.com



2007 Ford Explorer
\$8,981

Stk.#4672A sansouth.com



2009 Nissan Rogue
\$9,950

Stk.# 4739A sansouth.com



2007 Mercury Grand Marquis
\$9,981

Stk.#4137A sansouth.com



2005 Chevy Tahoe Z71
\$10,250

Stk.#4487A sansouth.com



2009 Toyota Camry
\$10,950

Stk.#S2222 sansouth.com



2010 Ford Fusion
\$10,950

Stk.#4813A SOUTH newtonnissansouth.com



2006 Kia Sedona
\$11,950

Stk.#S2219 sansouth.com



2007 Jeep Grand Cherokee
\$12,950

Stk.#4533A



2006 Nissan Xterra
\$12,981

Stk.#4770B sansouth.com



2007 Land Rover LR3
\$12,981

Stk.# 4594B sansouth.com



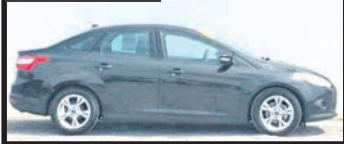
2009 Pontiac G6
\$12,981

Stk.#4799A



2010 Nissan Maxima
\$15,981

Stk.# 4207B sansouth.com



2014 Ford Focus SE
\$15,981

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2008 Toyota Highlander
\$17,981

Stk.#S2238A



2004 Hummer H2
\$17,981

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