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Volume 5

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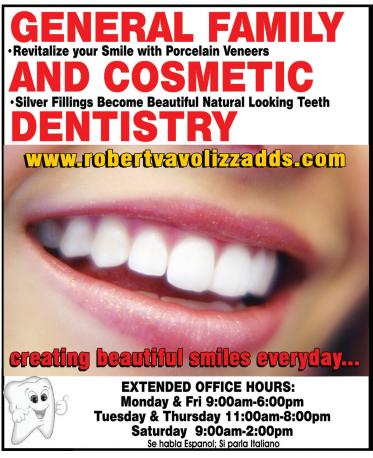


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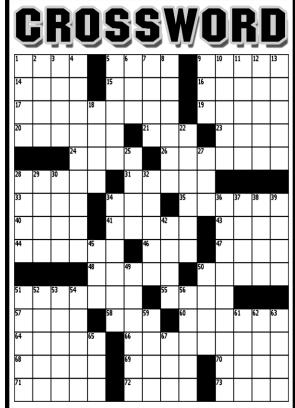
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### Across

### Down

- 1. Grating sound
- 5. Break suddenly
- 9. Monstrous giants
- 14. Bakery worker
- 15. Wish
- 16. Perfume
- 17. Modern convenience
- 19. Respond
- 20. Censored
- 21. River (Sp.)
- 23. Adrift
- 24. Wide-spouted pitcher 13. The Devil
- 26. Infatuated
- 28. Skims over
- 31. Was sore
- 33. Ear-splitting 34. Long, long
- 35. Defeated ones
- 40. Diarist \_
- 41. Depart
- 43. False god
- 44. Gasoline, in England
- 46. Perch
- 47. Audition tape
- 48. Birds' abodes
- 50. Doctrine
- 51. Batting
- 55. Plenty (2 wds.)
- 57. Bank (on) 58. And so forth (Abbr.)
- 60. France's continent
- 64. Wear down
- 66. Endurable
- 68. Poplar type
- 69. Sly look
- 70. Brat's stocking stuffer
- 71. Clairvoyants
- 72. Fidgety 73. Lock openers

- of passage 2. Boric
- 3. Large truck
- 4. Phony
- 5. Window blind
- 6. It follows Oct.
- 7. Imitator
- 8. Expire
- 9. Rowing implement
- 10. Excellent
- 11. Sunday dinner item
- 12. Host
- 18. Makes a dress
- 22. Egg dish
- 25. Craze
- 27. Groom's vow (2 wds.)
- 28. Hit
- 29. Traffic barrier
- 30. Parent's sister 32. Guard
- 34. Assert
- 36. Distract
- 37. Genesis garden
- 38. Caesar's city
- 39. Mailbox opening
- 42. Travel document
- 45. Stop \_ \_ dime (2
- wds.)
- 49. Decide
- 50. Travel
- 51. Locales
- 52. Poetry
- 53. Marry clandestinely 54. Actress Winona
- 56. Wary
- 59. For both sexes
- 61. Band instrument 62. Romp
- 63. Snaky swimmers
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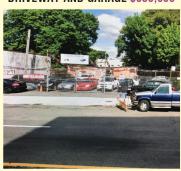
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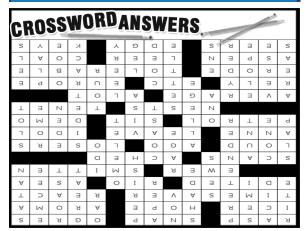


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\$409,000 WITH SHARES INCLUDED.

EDGEWATER PARK, CO-OP
THIS CO-OP UNIT HAS A SPACIOUS FLOOR-PLAN AND GREAT YARD FOR ENTERTAINING. LAYOUT: SET ON LARGE LOT, ENTRANCE FOYER WITH LAUNDRY AREA, KITCHEN WITH STOOLS FOR EATING AREA, FDR WITH BUILT IN SHELVES AND BUILT IN TABLE FOR ADDITIONAL EATING AREA, LR WITH HARDWOOD FLOORS & BATHROOM. 2ND LEVEL: MBR WITH BUILT IN STORAGE, CLOSETS AND DRESSER, TWO ADDITIONAL BR'S, FULL BATH WITH JACUZZI AND DOOR TO TERRACE, PLUS ATTIC FOR STORAGE. BASEMENT HAS 2 ROOMS, FAMILY ROOM, DEN/ OFFICE AND WORKSHOP ROOM. THIS COMMUNITY OFFERS MANY AMENITIES. REDUCED \$439,000 WITH SHARES INCLUDED. OWNER OFFER \$500 BONUS TO SELLING AGENT IF SIGNED CONTRACT BY 2/1/20.

### **EDGEWATER PARK, CO-OP**

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# Shiitake Scallopine

## Ingredients

1 lb angel hair pasta

1/4 cup extra virgin olive oil

2 cloves garlic, minced

2 bulbs shallots, minced

1 lb shiitake mushrooms, thinly sliced

1/2 tsp dried thyme

1/2 cup white wine

4 (6 ounce) cans chopped artichoke hearts

1/4 cup small capers

## Directions

- 7 Bring a large pot of lightly salted water to a boil. Add pasta and cook for 8 to 10 minutes or until al dente; drain.
- 2- Heat oil in a large heavy skillet over low heat; sweat garlic and shallots until they start to become aromatic. Increase heat to medium and add mushrooms and thyme; saute until mushrooms begin to soften, about 3 minutes. Deglaze pan with wine and simmer 2 minutes. Stir in artichokes and capers and simmer 2 to 3 minutes more.
- 3-. Pour mushroom mixture over pasta and serve.





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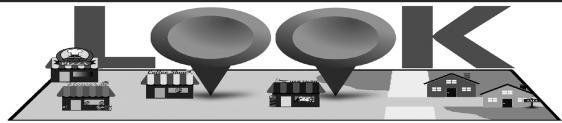
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# OF WEEKS

## "Neighborhood Updates"





Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

### PLASTIC BAG BAN

Like many of you, I use plastic bags. However, the statewide plastic bag ban goes into effect on March 1, 2020. Businesses will no longer hand out plastic bags as part of your purchase. For many of us, this will be a drastic change, but fear not. Community Board #10 has reusable bags – though our amount is dwindling! Please feel free to stop by and pick one up. As always, it is first come, first serve and supplies are certainly limited. Our office is located at 3165 East Tremont Avenue at the corner of East Tremont Avenue and LaSalle Avenue. Stay tuned for future events on where reusable bags are being handed out.

### **COMMITTEE MEETINGS**

We are back in full swing from now through June 2020! Unless holidays or religious days of observance occur, our Committee Meetings will occur on its regularly assigned days. Our **Economic Development Committee meets on the** First Tuesday of each month. Our Housing and **Zoning Committee meets on the Second Tuesday** of each month. Our Municipal Services Committee meets on the second Wednesday. The Parks Committee meets on the second Thursday. The Youth and Education and Health and Human Services Committees meets on the last Monday and Thursday respectively. All meetings take place at our District Office unless otherwise noted. As always, our Full Board is on the Third Thursday each month at different locations. Please refer to our website for more information: www1.nyc.gov/site/bronxcb10/index.page.

## ILLEGAL DUMPING AND COMMERCIAL VEHICLES

Regrettably, there has been an increase in illegal dumping along our highways and around Pelham Bay Park. Please help our office and the Department of Sanitation (DSNY) by calling 311 so that the City sees we need more enforcement in our community. Why individuals would want to harm our quality-of-life by dumping their trash on our roads, parks and highways defies logic? The City and its fines will eventually catch up to them. Additionally, commercial vehicles and tractor trailers are illegal after 9 P.M. on all city streets. If you see any, please call 311 and then contact my office with the complaint number. CB #10 is aware of this nuisance. My office will not let up and we, as a community, should not as well.

PLEASE TAKE NOTE: Once your ad has been placed, there will be NO REFUNDS. PLEASE: Read your ad the first day it appears. If any error was made by The Bronx Penny Pincher on a TELE-PHONE NUMBER OR ADDRESS the publisher will be happy to correct it FREE OF CHARGE. The Publisher is not responsible for typographical errors. However, the Publisher must be notified within 48 hours of THAT publication or the publisher will not assume responsibility. Please include your phone number and/or address in ad copy or the Publisher will not be responsible if either of the above is left out. PLEASE WRITE LEGIBLY. We will not be responsible for illegible handwriting.

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## COMMUNITY NEWS F.Y.I. ABOUT OUR NEIGHBORHOOD!

Do you have a Special Event that is of interest to the neighborhood? PRINT IT IN THE BRONX PENNY PINCHER

FREE OF CHARGE
Send Your Community Events to:

Community News Editor

PENNY PINCHER

3002 Middletown Road Bronx, NY 10461 Email: BxPP@aol.com Fax: 718.489.2895

All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication. The Bronx Penny Pincher reserves the right to refuse any copy that is not in the best interest of the community.

### EVENTS MUST BE FREE OF CHARGE

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ABOUT OUR NEIGHBORHOOD CALENDER OF EVENT

Do you have an event that is of interest to your neighborhood? Excluding Yard & Garage Sales. We will print your event free of charge - ALL NON- PROFIT ORGAINZATIONS WELCOME!

THE BRONX JEWISH CENTER: Please join us for our New Weekly Shabbat Services at The BJC starting at 10:00 am. The BJC is located at 1969 Haight Avenue Bx NY 10461. Our new minyan is geared towards beginners as the services will have in depth explanations while engaging the congregants. Additionally, there will be a 5 star hot buffet kiddish lunch after the services. We hope you will be able to join us in pioneering the Bronx Jewish Centers Shabbat morning services THE BRAHMA KUMARIS IN THE BRONX invites you to join in an empowering workshop for all, 'Living A Limitless and Fearless Life,' Saturday, February 1, 2020, 4:30 - 6:30pm, at 2705 Williamsbridge Road, Bronx, NY 10469. Together we will explore what illusions created by old perceptions, old memories, and limiting beliefs from our past experiences, and reinforced by fear, are still keeping us trapped in cages. We will seek to understand how to break through the fear that keeps us trapped; and how to unleash our full potentials and begin to create happy lives based in reality and free from limitations. The program is offered free as a community service. We hope you can join us. Also please invite a friend. RSVP and information, please contact Carmen Palmer bkbronx2.ny@gmail.com or 718-994-0765

ZION FAMILY MINISTRIES INC: "Family Love Fest" Valentine's Day Service/Program on *Thursday*, February 13, 2020 from 6:30 am - 8:30 p.m. 'Experience the love of Christ with your family". There will be live music and a special love gift for the first 50 children. Children under the age of 13 must come an adult. We are located @ Full Gospel Tabernacle 727 E. 222nd. Street, Bronx, NY 10467, where Dr. Marla K. Bykes-Cooley is the Pastor. On *February 9, 2020 from 4 p.m. - 6:00 p.m.* Zion Family Ministries, Inc. will be having our 5th year Prayer Line Anniversary service. We will be having a dynamic guest speaker. Come out and join us for a high time in the Lord!!! Zion Family Ministries, Inc. will be starting a four week Parenting Skills group in the mouth of March Zion Family Ministries, Inc. will be starting a four week Parenting Skills group in the month of March 2020. *Thursday nights from 6:30 pm - 8:30 p.m. on 3/5/2020; 3/12/2020; 3/19/2020 and 3/26/2020*. Registration for the Parenting Group will be held on 2/20/2020 at 6:30 pm - 7:30 p.m. Registration and classes will be held @ Full Gospel Tabernacle located at 727 E. 222nd. Street, Bronx, NY 10467, where Dr. Marla K. Bykes-Cooley is the Pastor. You can also call Elder Patricia Iriebi at (347) 471-6936 for further info: Certifications of completion will be given out to all Certifications of completion will be given out to all

those who complete the four weeks.

NYPD COMMUNITY MEETING NCO SECTOR B Your NCO's for Sector B will host their meeting on Thursday, February 6th at the BX H.S for Visual Arts, 2040 Antin Pl. at 7 P.M. Come out and let your voices be heard. The purpose of this meeting is to identify the policing & public safety concerns in our community and discuss solutions. The neighborhoods that will be covered are: Pelham

LITTLE SISTERS OF THE POOR: Please consider donating NEW gift items to Jeanne Jugan Residence located at 2999 Schurz Ave Bronx, New York 10465. These items can be sold annually in our gift shop and Christmas Bazaar. We have a special need for brand new toys. Other items include costume jewelry, gift sets, electronic items specialty items, NEW tagged clothing, accessories and collectibles. We are unable to take VHS, used dish sets, loose glassware/ vases, books or used bedding of any kind. If you have a question concerning a donation contact Joanne at the Home at 347-329-1800. Drop off week days if possible. PLEASE make sure donations are securely packaged and labeled GIFT SHOP/JOANNE.

BRONX JEWISH CENTER Hosts Community Dinner. Please join us for our next community Shabbat dinner on Friday February 7th starting at 7:00 pm at the Bronx Jewish Center located at 1969 Haight Avenue Bx NY 10461. The B J C will be going Green! The special theme for that evening will be Go Green in honor of our environment..! All of your traditional style dishes will take center stage! We look forward to seeing you! Enjoy a delicious 4 course dinner with your fellow neighbors. Turn your Friday night Shabbat into an Enjoy a delicious 4 course dinner with your fellow neighbors. Turn your Friday night Shabbat into an evening of spiritual awakening, inspiration, Jewish songs and culinary delight. All are welcome. Please RSVP@718-812-1701 to let us know you are coming . Shabbat dinners are held the first Friday of every month. When: Friday February 7th.. Where: 1969 Haight Avenue Bx, NY 10461 Cost: Free of charge and all are welcome to join!

Cost: Free of charge and all are welcome to join! www.BronxJewishCenter. or office@bronxjewishcenter.org 718-812-1701

PSS CITY ISLAND CENTER Special Events: Fri., Feb. 7 @ 1 pm—Money Made Simple: Keys to Successful Investing. Stop by picturesque City Island and enjoy the exciting programs offered at our center which is located at 116 City Island Ave. Monday through Friday from 9 am to 3 pm. Experience our exercise classes from gentle yoga stretch, balance class, arthritis workshop and tai chi as well as our vigorous Zumba and cardio fit. chi as well as our vigorous Zumba and cardio fit. chi as well as our vigorous Zumba and cardio fit. We also offer acrylic painting, calligraphy, health presentations, blood pressure monitoring, gardening exchange, singing group and parties! Lunch is served from 12-1 pm, suggested donation \$2.00. We go on shopping trips every day; i.e. Shop Rite, Dollar Tree, Target, Kmart as well as theatre excursions, special trips, special luncheons and more. It's free to become a member but you must be 60 years or above. For more information contact Patty years or above. For more information contact Patty @ 718-885-0727 or email pattis@pssusa.org for our monthly calendar.

NORTHEAST BRONX SENIOR CENTER: Located at 2968 Bruckner Blvd, in the basement of St. Benedict's Parish. Open *Monday through Friday* from 9am-4pm. Lunch is served daily at 12pm. A voluntary contribution is appreciated. Daily social and cultural activities including bingo, dancing, glee club, exercise class, trips and much more. We have blood pressure screening once a week. case worker is available to help seniors access entitlements and benefits. Registrations is required Gardens, Allerton, Williamsbridge, Pelham entitlements and benefits. Registrations is required by the property of the property with no fee. Seniors must be at least 60 years old.



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Breaded Chicken Cutlet, Bacon,Fresh Mozzarella, Lettuce,Tomato

## Roasted Combo \$1899/foot

Roast Beef, Turkey, Pastrami, Swiss or American Lettuce & Tomato

## Italian \$18<sup>99</sup>/foot

Ham, Salami, Pepperoni, Sopressata, Provolone, Roasted Peppers, Mortadella, Lettuce & Tomato

## Turkey Ciao \$1799/foot

Turkey, Sliced Chicken Breast, Swiss, Bacon, Lettuce & Tomato



Please Order Two Days in Advance

All Heros Include: Potato and Macaroni Salads, Cole Slaw, Pickles and Mustard and Mayo

## 1790 Eastchester Road, Bronx NY 10461

Phone: (718) 684-2774 • Fax: (718) 684-2777

Full Menu at www.Montegrabandgomarket.com

## Party Specials

## The Game Day Special FOR 8-10 GUESTS

- 1-3 Foot Hero (Italian or American)
- 2-2 Liter Soda Bottle
- 2- Salad Trays (Potato, Cole Slaw or Macaroni). Includes Pickles

\$79<sup>99</sup> + Tax One Day in Advance



### The Record Breaker Combo

FOR 20-25 GUESTS

- 1-sm. Tray of Hot Wings
- 1-sm. Tray of Chicken Parmagiana
- 1-sm. Tray of Baked Ziti or Eggplant Parmagiana
- 1-sm. Tray of Meatballs or Sausage & Peppers
- 1-sm. Tossed Salad
- 1-Cases of 2-Liter Soda Bottles

\$249<sup>99</sup>+ Tax

Please Order One Day in Advance

## Wrap Combo

PARTY PLATTER FOR 15-20 GUESTS

10 Assorted Wraps (20- half wraps)

- 1- sm. Tray of Hot Wings (any style)
- 1- sm. Tossed Salad

\$15999 + Tax

Please Order One Day in Advance

## The Tailgater

2-3 Foot Hero (Italian or American)

3-2 Liter Soda Bottle

1Tray Potato, 1 Tray Macaroni, 1Tray Coleslaw,

1 Tray Pickles, 1 Tray Olive Salad

\$139<sup>99</sup> + Tax





## Vegetable Combo

PARTY PLATTER FOR 15-20 GUESTS Small vegetable platter w/dip Small cheese platter w/ crackers

Please Order One Day in Advance



## Party Platters for 35 Guests

- 1-Platter of: Ham, Salami, Prosciutto, Provolone Cheese
- 1-Platter of: Turkey, Roast Beef, Swiss & American Cheese
- 1-Platter of: Pepperoni, Mortadella, Sopressata & Mozzarella Cheese
- 2-Trays of Potato Salad 2-Trays of Macaroni Salad
- 1- Tray of Pickles 1-Tray of Roasted Peppers \$20099
- 1- Loaf of White 2 Dozen Rolls

Please Order One Day in Advance

If you have food allergy, please speak to the owner, management, chef, or your server.

check us out at www.Montegrabandgomarket.com





Center For Nursing & Rehabilitation

801 Co-Op City Boulevard Bronx, NY 10475 PHONE: 718.239.6555 FAX: 718.239.6553

ay Park Center provides high quality, skilled nursing care in a nurturing environment.

Our long standing records of excellence and ongoing initiatives to expand and improve our facilities and services have earned us an outstanding reputation in the community. Today, we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

## Programs and Treatments offered at Bay Park:

## **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

## **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- · Bi-Pap/C-PAP
- Suctioning

### **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

## **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

### **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation