# **Shoals orts Every Local Mailbox Every Week!**

#### **Help Center: More Hours**

FLORENCE- The Help Center Food Pantry in Florence is expanding its hours to include one Saturday per month in order to serve those who are unable to come during the week.

Beginning February 22, the Food Pantry will be open from 8:30-11am only on the fourth Saturday of each month. This is for qualifying lowincome families in need of food, and who are unable to visit during the regular weekday and Friday.

What to bring: Photo ID, proof of current address (mail, driver's license, etc.), Social Security numbers and birthdates of all household members.

The Help Center is located at 621 S. Court St, Florence, and the corner of Veterans and Court.

Volunteers are also needed on weekdays and Saturday hours. Please show up at 8am for a summary.

For more information, please call 256-766-7663 or visit www.FlorenceHelp Center.com. The mailing address for donations is P.O. Box 1713, Florence, AL 35631.

Prepare with

Tax-Holiday

SHOALS - From Friday-

Sunday, February 23-25,

Alabama will observe the

state's 9th Annual Severe

**Urgent Care** 

hours of 8:30am-noon Monday, Wednesday,

# Aaachooo! We're here for you. Florence • Muscle Shoals

Volume 136 Number 17

HHUrgentCare.org

For information about advertising in this spot, call 256-740-4701 At right: Alabama Attorney General, Steve Marshall, L, talks with Florence Police Chief, Ron Tyler, and Florence Fire Chief, Jeff Perkins, during the **Alabama Safe Schools presentation** at Forest Hills Elementary.

Courtesy Matt McKean/Times Daily

219 West Tennessee St. Florence, AL 35630 256-764-4268

February 19, 2020

**POSTAL PATRON** 

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# rier Journal



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# **Safe School Award**

FLORENCE-Attorney General Steve Marshall today presented Forest Hills Elementary School in Florence with the Alabama Safe Schools Initiative Attorney General's 2019 Safe School Award for State Board of Education District 7. The school is a second-time recipient,

having been honored previously with this award for 2016. Schools were selected as winners of the Attorney

2019

See SAFE... on Page 16

General's





Memories, Stories, and Thanks for

# **Community Service**

Clockwise from top left: Freda Coleman-Reed, Jackie Winston, **Nancy Isom** (honoree), Arneda Heath, and Alma Bomprezzi.

Courtesy photo

by Nancy Gonce for the Courier Journal

Late last month I was invited to a very special gathering of the original board members, early staff, and volunteers at Safeplace, Inc. to honor 35 years of service by Nancy Ísom. Several dozen of her former co-workers, volunteers, and friends listened as I, then first chair of the board which

founded Safeplace, gave brief accounts of the struggles and eventual success in establishing a safe place for victims of domestic violence in our community. Joining me were several of the original board including Judson Emens, Judge Debrah Bell Paseur, Betty McCutchen, and Elizabeth Hawk. The remarkable Jean

See ISOM... on Page 6

#### See SHORTs... on Page 2 Automotive Inside

Weather Preparedness Sales Tax Holiday. The Alabama Retail Association encourages

Ray Miller Buick-GMC **Greenway Hyundai of The Shoals Bentley Automotive Oakley Auto Sales National Advance Auto Sales EZ-Ride Auto Sales Jeff Elledge Auto Sales** 

# **Inside this Issue**

- Adopt-A-Friend
- Computer Skeptic
- Athletic Support
- **Hocus Focus**
- Cauthen's Folklife
- Ask the Attorney
- **Medicare Minute**
- Soap Updates
- Dave Ramsey
- Junior White
- History of Voting Rights
- **SIGNS** of the **PAST**







# **Online Only:**

- Pet Talk
- **Outdoors**
- Web Poll
- Mystery **Photo**



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FlorenceCourierJournal



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Ronnie Owens

**Lauderdale County Board of Education** One Goal ~ One Passion **Excellence In Our Schools** 



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- Our Comfort Advisor will tell you how much a new system will save you.
- You'll get options to select a heating & cooling system plus, a 12-year repair warranty to back it up!
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The first 15 customers to act on this incredible offer can take advantage of our BREATHE EASY DEAL with a FREE UV Air Purification Unit (a \$905.00 value)





THEIR AD IS NOT HERE! Do you like to shop at certain stores? Are they not advertising their sales in the Courier Journal? Tell them that they should be.

INKANA FITE Shapman

ROUND TABLE. DINING WITH six chairs, solid wood, very good condition, \$250, Maxi-Climber Exercise Machine \$50: 256-263-8886 or 256-627-9641

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IN THE SHOALS

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AvalonMedicalShoals.com • 256-386-0808

AVALON

SHOP SMITH \$250 OBO; Solid Wood China Cabinet \$50; Queen Mattress & Box Springs \$100; 256-389-2811 Tuscumbia, please leave message if no answer.

#### Shorts...

#### Prepare with Tax-Holiday

**Continued from Page 1** 

Alabamians to restock emergency supplies in homes, workplaces and vehicles during this three-day tax holiday. Certain emergency preparedness items will be exempt from the state's 4-percent state sales tax, and in some cities and counties, local taxes are waived on those items as well. The tax holiday means shoppers can save as much as 10 percent on these items in some areas of the state.

From 12:01am Friday midnight Sunday the tax-exempt items include the following priced at \$60 or less:

- Flashlights, lanterns
- Battery-powered or hand-crank radio
- Batteries
- First-aid kits
- Cell phone charger
- Two-way radios
- Manual can openers Tarps and plastic
- sheeting
- Duct tape
- Fire extinguishers Tie-down kits, bungee

cords or rope

Other tax-free items include: Coolers, ice packs, plywood, window film, and smoke/ fire/carbon monoxide detectors. Portable generators and power cords costing \$1,000 or less are also tax free. For a full list of tax-free items, go to the severe weather preparedness

sales tax holiday page at alabamaretail.org.

Alabama is one of three states with a severe weather preparedness sales tax holiday in 2020. The other states with similar holidays are Texas and Virginia.

#### **Merrill Named RSSC Chair**

MONTGOMERY -At this year's annual National Association of Secretaries of State (NASS) Winter Conference, Alabama Secretary of State John

See SHORTs... Page 9

#### WE HAVE MOVED Alabama Tax Service



Tax Preparers: **Shelby Dodd Debra Donahue** Mary Heupel **Jessica Hayes** 

1406 N. Pine St., Florence

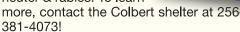
Monday-Friday 9am-9pm Saturday 9am-5pm & Sunday 12noon-5pm

256-764-6500



The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

**PRINCESS** is a shelter favorite, she came from a cruelty case. Princess is a beautiful loving girl that deserves a great home, please open your heart and adopt Princess. THE PET OF THE WEEK ADOPTION FEE IS \$25 & includes spay or neuter & rabies! To learn



This girl, is the PERFECT walking partner! She will never stand you up. She is also perfect on a leash. She is very active and playful. This 2 year old girl loves giving kisses and playing with children. **BIANCA'S** coat is very soft and beautiful. Don't miss

the opportunity to meet this great girl. Adoption fee includes spay or neuter, current vaccines, heartworm test and microchip. Adoption fee includes spay or neuter, current vaccines, heartworm test and microchip. HER ADOPTION FEE IS ONLY \$25! Come and meet her at the Florence shelter or call 256-760-6676!

**SHOOTER** is a stunning BIG Great Pyrenees mix. He is a happy and friendly cutie pie! Shooter will make an awesome family member and cuddling buddy THE PET OF THE WEEK ADOPTION FEE IS \$25 & includes spay or neuter & rabies! To learn more, contact



# Bailey Auction House 9195 Hwy 17 (Chisholm Road) • Florence, AL

**Coming Spring 2020** 

SATURDAY, FEBRUARY 29 at 9am

### **CONSIGNMENT AUCTION**

• HEAVY EQUIPMENT • FARM EQUIPMENT • VEHICLES • BANK REPOS • ATV's

This sale will feature REPOS from the Wayne County Bank & Estate Items



Partial List To Include: 2013 Chevy Sonic • 2008 Chevy Upland • 2008 Chevy Silverado 1T • 1999 Ford F-250 Supercab • 2009 Yamaha R70 Rhino • 1999 New Holland Tractor TS100• 1971 Chevy Truck • 2002 Harley Davidson MC • 2009 Polaris ATV • 2007 Ford Focus• 2 - 10ft Bush Hogs • 2006 Mack Truck • 1994 Ford F-350 • 1991 Ford F600 Dump Truck • 2— 48 ft Semi—Trailers • 10 Ft Woods Bush Hog • 10 Ft Bush Hog • 22 ft Pintle Hitch Trailers • 1991 Ford F-250 • 40 Ft 3 Axel Goose Neck Trailer • 4 Bottom Turning Plow • 3 Bottom Turning Plow • 2007 18 Ft. Airstream • 1993 F-350 Ford Turbo Diesel • 48 ft. Stoughton Box Trailer • 48 Ft. Fruehauf Box Trailer • 1994 GMC TopKick with cat diesel • Head Catch • Trail King 25 ft Pintle Hitch Trailer • Wacker Concrete Saw • Generator • 2005 CH-Mack • R Model Mack Dump truck • Pintle Hitch Trailer • Tools • Lawnmowers • Items added daily!



Taking Consignments starting on Friday, Feb. 21 until Friday, Feb. 28 from 10am-5pm. Call: Dickie Joe Bailey, 256-856-1510 or Tony Couch, 256-740-9901

No Buyer's Premium • All Items Sell "As Is" • No Fee for "No Sale" • Management reserves the right to refuse any items for sale • Concessions & Restroom on Site

Like us on Facebook to keep up with all our upcoming Auctions!

**Now Accepting Credit/Debit Cards & Telephone Bids Tony Couch, Auctioneer AL #657** 



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FLORENCE: 109 CREEKWOOD CIRCLE SAT. Feb. 22 7AM-?,

Rain or Shine. Small appliances, dishes, mirrors and end tables, dining and bedroom suites, love-Inside Sale! EVERY MUST GO!

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> ■March 26-28 Creation Museum/Ark

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■April 15-18 Branson Springtime 4 shows, including Noah.

Phone 256-383-3594

LOST DOG Skypark. Il Terrier mix, pink collar - Ellie. Needs medicaltion! 740-2980.

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WITH AKC PAPERS. CHOCO-LATE, blonde and black. Shots/dewormed, Parents on site, Excellent pedigree. Hunting stock, Black \$275. Chocolate & Blonde \$375. A deposit of \$100 will hold Call for pics and info. 256-627-9073 Tuscumbia area

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- **LAUDERDALE COUNTY SYSTEM**

Paid for by Greg Michael, 29 County Road 310, Florence, AL 35633 Background image © Vectors by Vecteez

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BUICK: ENCLAVE CXL, 2009 \$11,450. 68K actual miles, 1 owner, leather, sunroof, Michelin tires, LIKE NEW! 256-527-2125.

2009 TOYOTA YARIS, 168K. Rough \$3 000 256-324-8042



#### **CLAUDIO'S CLEANING SERVICE**

Enjoy a clean, sparkling house without lifting a finger! We of-fer one-time, weekly, bi-weekly services. Call us for a free quote today. 256-275-0799, Felice.

2000 MAZDA PROTEGE, \$975. Rough. 256-324-8042.

HONDA: ACCORD, 2009 AU-TOMATIC, 4-door, 2 owner, good Car Fax. cruise, power windows and locks. \$6,800. 256-762-7138.

FORD: RANGER XLT, 1999, 2.3 4-cylinder, auto. air, power steering, cruise, toolbox, bedliner, 138k mi., garage kept, \$4,500. Collinwood, 931-724-9376.

ADAYS WORK MOBILE HOME repair, flooring, leaks, Kool Seal, underpinning, decks & more. Free estimates. Call 256-856-6213 or 256-389-3179

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SOLID WOOD PET HOUSE with detachable flapping doors, never used, \$50. Call 256-686-1227.

2001 FORD EXPEDITION. \$2,500. 4X4. 256-324-8042

DECKS AND FENCES- FREE estimates. Call me at 256-856-4662. References available.

SATURN: AURA, 2008 XE 2.4, good condition, loaded. 120,000 miles, \$3,200 OBO. 256-214-

FARMHOUSE DINING TABLE, **6**' long, solid wood, at Lexington, AL. You pick up. \$250. Day, any time. Cell, 662-231-6412

FREE KITTENS: 10 WEEKS. four ginger stripped & one gray, Call 256-214-4670 Moulton, AL

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

ANTIQUES, Guns, Uniforms, etc. Call 256-335-7663

WANTED: MILITARY ITEMS, I BUY JUNK CARS, Trucks and Vans. Pay TOP DOLLAR! Call Lonus, 256-980-9500.

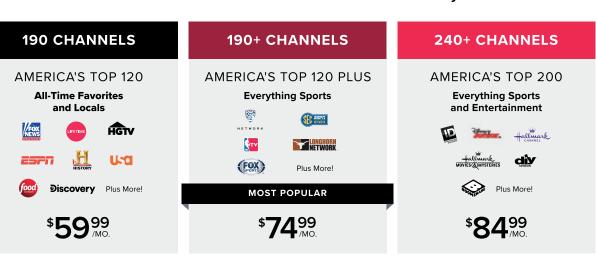
by 95', posts, gates, \$195 cash. 256-710-6806, Killen.

CHAINLINK FENCE, 4' HIGH ENTRYWAY MIRROR, BLACK **AND** gold, \$35. Call 843-605-5805 (Athens area).



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Qualification: Advertised price requires credit qualification and 24-month commitment. Upfront activation and/or red reiver upgrade fees may apply based on credit qualification. Offer ends 7/15/20. 2-year commitment: Early termination fee of \$20/mo. remaining applies if you cancel early. Included in 2-year price guarantee at \$59.99 advertised price: America's Top 120 programming package, local channels, HD service fees, and Hopper Duo Smart DVR for 1TV. Included in 2-year price guarantee for additional cost: Programming package upgrades (\$74.99 for AT120+, \$84.99 for AT200, \$94.99 for AT250), monthly fees for upgraded or additional receivers (\$5-\$7 per additional TV, receivers with additional functionality may be \$10-\$15). Regional Sports: RSN surcharge up to \$3/mo. applies to AT120+ and higher packages and varies based on location. NOT included in 2-year price guarantee or advertised price (and subject to change): Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. Premium Channels: 3 Mos. Free: After 3 mos., you will be billed \$30/mo. for Showtime, Starz, and DISH Movie Pack unless you call or go online to cancel. Remote: The DISH Voice Remote with the Google Assistant requires internet-connected Hopper, Joey, or Wally device. Customer must press Voice Remote button to activate feature. The Google Assistant Smart Home features require Google account and compatible devices. Google is a trademark of Google LLC, Other: All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., if selected, you will be billed \$9.99/mo. for DISH Protect Silver unless you call to cancel. After 2 years, then-current everyday prices for all services apply. For business customers, additional monthly fees may apply. Free standard PREM\_475396

CHEVROLET: CRUZE, 2016 \$10,000. 1.4 liter Turbo, 6 speed auto, newer tires, 83k miles, power windows, power/heated seat, back up camera, RS pkg, 1 adult owner. 989-525-4453

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COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's As space is available in the Courier Journal.

- Email to editor@courierjournal.net; Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St. Florence, AL 35630; or • Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list.

Lauderdale County Head Start/ Early Head Start is now taking applications. High Quality Services are provided at no cost to families including all school supplies. Enrollment is offered to all children from birth to 4 years of age. Children with special needs and/or disabilities and homeless families are given priority selection. Please contact 256-566-3204 for more

Come and meet Lily Seibert, author of the children's book, "The Secret In the Jungle". She will be at the Florence Lauderdale Public Library on Tuesday, February 18 at 4pm.

The Alabama Department of Early Childhood Education now accepting pre-registration applications for Pre-K programs for the 2020-2021 school year. All children who will be four years old on September 1, 2020, are eligible. However, there are limitations on the number of children that can be accepted. Pre-K provides wonderful educational and social opportunities for our children. Educational foundations can be strengthened and advanced because of Pre-K learning. Unfortunately, there are many parents of young children that are unaware of the beneficial Pre-K programs in our area. You can visit www.children.alabama.gov

Florence Parks & Recreation Dept Registration for Youth Softball Program - NOW through February 23 for girls ages 5-12. You can register now on our website www.FPARD.com. Registration fee is \$35 per player. For more information contact David Dolan 256-760-6628.

Florence Parks & Recreation Dept Registration for Youth Baseball Program - NOW through February 23 for ages 3-12. You can register now on our website www.FPARD.com. Registration fee is \$35 per player. For more information contact David Dolan 256-760-6628.

Sheffield Head Start Program located at 701 East 17th St., Sheffield is now taking applications for Pregnant Moms and children ages 6 weeks to 4 years for the upcoming 2020-2021 school year fro 8am-2pm.

Parents must bring the following items: Birth Certificate. Verification of Income for 2019 (W-2 form, Income Tax Return, Check Stub, Social Security Statement, Child Support, Unemployment, etc.). Medicaid or Insurance Card (if available), WIC, Food Stamps, College ID, Military ID, Proof of Kinship Care, IEP/IFSP. Services are provided at NO COST to parents.

Children with special needs and/ or disabilities and Homeless families are given priority selection. Call for an appointment today at 256-383-3577 ext. 102, 104, 106, 113, or 114.

Florence Kiwanis Club - Meets Fridays at noon at Marriott Shoals Conference Center in Florence

February 21 - Firefighter of the Year recognition

February 28 - Case Reed - Director of Instruction: Federal Programs, Transportation, and School Safety will be speaking on "Poverty and Education,

See NOTES... page 7

the Effects of Poverty on Students'

#### Like New

**2016 \$14,500**. 2016 Jetta 1.4T S Auto. 13,010 miles. One owner. Excellent condition. 32 MPG. Reflex Silver Metallic Exterior, Black Cloth Interior, 4 Door, 5" Touchscreen AM/FM Radio with CD Player, USB and: AUX-In, Bluetooth Mobile Tele-: phone Connectivity, Cruise Control, Power Door Locks wtih Remote, 2 Keys, Covercraft Custom Window Screen. Located in Albertville. Call 217-377-1980.



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2002 TOYOTA COROLLA, 311K miles. Dependable work car with cold air. Great maintenance. Good mechanically/bad paint and interior. \$1,100. 256-577-2902, leave message. Florence area.

**ROOFING-LEAKS REPAIRED,** chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

ROCKER RECLINER, BROWN FABRIC, \$50.Albertville, 256-878-4564.

10,000 BTU BLUE FLAME NAT-URAL GAS WALL HEATER, \$40. 256-506-2132.

OAK DINING TABLE 42"ROUND with one leaf. 2 oak chairs \$150 GAS FIREPLACE LOG SET

256-520-9001 ARDMORE/ TONEY AREA

SOUTHERN APPEAL - LAWN MANICURING, irrigation systems, landscaping, dirt work, tree and stump removal. Licensed, bonded, and insured. Call 256-381-2306

#### 2009 **Heartland Big** Country

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We also sell/trade guns, ammo, holsters, magazines, etc. Special orders welcome. Shotglass Guns Inc.

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WE BUY JUNK AND repairable vehicles with titles. Call Ron 256-275-6540

KIDS' SCIENCE BOOKS ON animals, \$20 per group of 10 titles, 727-251-2087. Shoals area.

2003 LESABRE, \$6,500. 44K actual miles, white, tan leather, excellent condition. 256-527-2125.

FREEDOM LAWN CARE: WE provide lawn mowing services & landscape cleanups, call 938-222-1757 now for a free estimate!

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MERCEDES-BENZ: 2006 S350. BLACK on black, new brakes, rotors, front air supports, new tires, new battery, 230k miles, needs some love. \$2,950. 931-433-0007, 931-808-0882

5 BRICK PROPANE HEATER, \$100. Call 256-758-9824

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RUGER MARK II, SS Competition Model, .22 cal. long rifle, two clips, factory scope mounts in factory box, like new condition, factory box, like ne \$450, 256-762-1020



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Feb. 25-29

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#### Isom...

#### **Continued from Page 1**

Gay Mussleman, who wrote the original grant \$30,000 from the Appalachian Regional Commission, died this past December. Still, her untiring efforts were acknowledged appreciated.

Present for an informal lunch in the King Room of the Sheffield Public Library were also people who had been rescued and supported by Safeplace programs. In the late 1970s, a group from varied programs, service agencies, churches, law enforcement, mental judiciary, health, government, education professional and backgrounds weekly. A committee documented, studied, and proposed solutions to assess needs of the community, resources and interventions. It was determined that at that time, 300 women and children were identified as needing short term housing and support service each month. The mission was to promote healthy relationships by providing education, intervention, and safe

places for victims. formal needs assessment produced data to validate the need for shelter in 1978. The nonprofit agency of Safeplace opened July 1, 1981 to provide crisis line, shelter, and support service while long-term solutions were sought. The shelter was filled to capacity the day that it opened. Arneda Director, Heath,

amazing in her efforts to provide excellent staff and volunteers for those who entered the shelter or called the crisis help line. The program had expanded to Colbert, Franklin, Lauderdale, Lawrence, Marion, and Winston Counties by The professional staff and director were under the guidance and support of a very capable and compassionate board of directors.

For the years 1981-1984, the 24-hour crisis calls increased from 376 to 2,104, shelter admissions increased from 133 people to 260, and attendance at support groups increased from 62 to 304. Prevention programs were established in schools, and the first court-ordered batterers intervention program was developed in each of the communities served.

Milestones

Safeplace, Inc. included the retirement founding director, Arneda Heath, who retired in 2006 after 26 years of service and Nancy Isom, who retired after 35 years of service at Safeplace, Inc. Attendees shared stories of the rescue and support services that had been and continue to be available to the community for the agency that by 2019 served 3,837 people during that year. All expressed gratitude for those who have been part of the past and present stories as Safeplace, Inc. moves toward four decades of community service.

#### **Courier** Journal

#### Personnel

**EDITOR & PUBLISHER** Thomas V. Magazzu

#### **ADVERTISING EXECUTIVES** Sadonna B. Magazzu

Gregg Scott Heather Ridinger Toyce Dixon

#### **GRAPHIC COORDINATORS**

Russell Roden Andrea L. Gray Gwyn Jones

#### **OFFICE STAFF/CLASSIFIED** Janie Brasfield

**CIRCULATION** 

Steve Pope

#### **OFFICE HOURS:**

Monday - Friday 8:00am - 5:00pm

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#### **219 W. Tennessee St.**

Florence, AL 35630 256-764-4268 Fax: 256-760-9618

Your Courier Journal is Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 72,703 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber hand the sand course and supplies of the sand course area of the sand course and the sand course area of the sand course area. based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcomin community, church or civic events for publication as space permits Please submit all materials in written form to:

#### 219 W. Tennessee St. Florence, AL 35630

editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their

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#### **Community Notes...**

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**Continued from page 4** 

Free garden supplies to qualifying households with low-incomes living in Franklin, Colbert, and Lauderdale counties.

Sign up is February 18 - March 20. Call between 1-4pm Monday-Friday. 256-248-1921.

Sponsored by Community Action Northwest Alabama, TVA Retirees, and

The February Meeting of the North Alabama Civil War Round Table will be held on Tuesday, February 18, 6pm at the Florence Lauderdale Public Library,

in the upstairs Reading Room.
Our featured speaker will be Mr. Eric Toxey, a Tuscaloosa attorney and life Ion maritime historian, who will present "The Battle Of Hampton Roads"; Sometime known as the "Duel Of The Ironclads." Mr. Toxey will discuss this important battle in March 1862, that involved the C.S.S. Virginia (formerly the U.S.S. Merrimack) and the U.S.S. Monitor in the first battle every fought between ironclad warships.

This promises to be an outstanding meeting and is open to anyone who enjoys this pivotal time in our history

"Scandalous Women: The Lives and Loves of History's Most Notorious Women" by Elizabeth Kerri Mahon will be discussed at the February 19, 10am meeting of the Readers of the Lost Ark Book Club. The club meets at Helen Keller Public Library, 511 North Main Street, Tuscumbia. For more info: nancy537481@yahoo.com.

Monthly Covered Dish Lunch and **Program** at Zip City Community Center, 10511 Hwy 17, Florence, on Thursday, February 20 at 11:30am. Please bring a covered dish. Everyone is welcome.

Get ready for planting season with **Get Dirty at the Library,** the Florence-Lauderdale Public Library's gardening series. All classes are taught by Taylor Vandiver Reeder of the Alabama Cooperative Extension System.

Get Dirty at the Library events continue Thursdays at 11:30am:

February 20 - Bedding Plants February 27 - Plant Propagation 101 March 5 - All About Tomatoes

Al-Anon, a worldwide organization that offers a program of recovery for the families and friends of alcoholics, will have its area convention February 21-23 at the Clarion Inn. located at 4900 Hatch Blvd. in Sheffield. Speakers and workshops are offered. Newcomers are welcome. \$20 at the door. Contact Sharon at scivia@aol.com for more information.

Fourth Saturday Breakfast at Zip City Community Center, 10511 Hwy 17, Florence, on February 22 from 6:30-9am. Menu includes eggs, sausage, bacon, biscuits, gravies, grits, juice and coffee. Adults \$6, children 10 and under, \$3.

Everyone is welcome. Homecoming at Crossroads Church at the corner of County Road 7 and 8 in Florence on February 23 at 6pm

Proceeds used for Center expenses.

LifeSouth Blood Drives for January

Angela singing.

with Brother Sammy Hughes and sister

The Shoals Center, 307 Veterans Drive, Florence, 888-795-2707. The hours are: Monday, Wednesday, Friday, 9am-5pm,

Tuesday and Thursday, 9am-7pm; Saturday, 9am-3pm; Sunday, 1-5pm. Wednesday, February 19, 10am – 5pm, Terrace Manor Nursing and Rehabilitation, 390 Underwood Road, Russellville

Thursday, February 20, 8:30am - 4pm, Wilson High School, 7601 Highway 17, Florence

Friday, February 21, 9am – 4pm, Senators Coach, 160 Jeremy Drive, Florence

Saturday, February 22, 11am – 6pm, Lowe's, 130 Cox Creek Parkway South,

Sunday, February 23, 10am – 4pm, First Southern Baptist Church of Muscle

Shoals, 3806 W Wilson Dam Road, Muscle Shoals

Monday, February 24, 9am - 3:30pm, Shoals Dream Center, 2950 Cloverdale Road, Florence

Tuesday February 25, 6am - 1pm, North American Lighting, 100 Counts Drive, Muscle Shoals

Wednesday, February 26, 1-7pm. North American Lighting, 100 Counts Drive, Muscle Shoals

Thursday, February 27, 10am – 4:30pm, Listerhill Credit Union, 4790 E 2nd Street, Muscle Shoals

Friday, February 28, Noon – 7pm, Walmart, 13675 Highway 43, Russellville Saturday, February 29, 11am – 5pm, Watson's Furniture, 1678 S Wilson Dam Road, Muscle Shoals

TVAA and newly-appointed Executive Director Christi Williams-Britten is proud to present Internationallyacclaimed Actor and Goodwill Cultural Ambassador RONALD RAND starring as Harold Clurman in his 20th year of touring in his Internationally-acclaimed one-man show, "LET IT BE ART!"

The show will be on Saturday, February 29 at 7:30pm at The Ritz Theatre's Ritz Studio 111 West Third Street in Sheffield.

Tickets are \$15 and can be purchased https://ritztheatre.ticketleap.com/ letitbeart/ or by calling 256-383-0533.

Tri-Cities Memorial Gardens Florence-Alabama Annual Spring Clean

Up BEGINS MARCH 1ST Prior to March 1, lot owners of their heirs are asked to remove all grave decorations. Items not picked up will be collected and held till March 15th. Items remaining after March 15 will be discarded

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See NOTES... page 10





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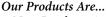
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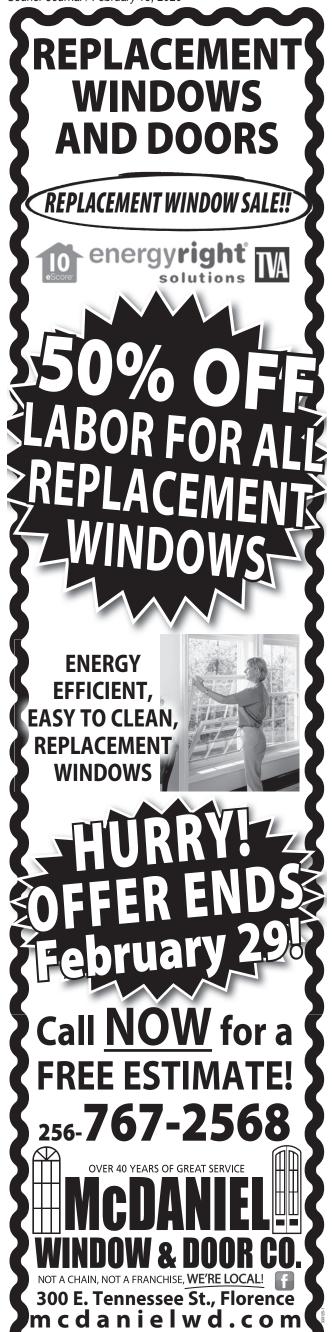












#### Shorts...

#### **Merrill Named RSSC Chair**

**Continued from Page 2** 

H. Merrill had the privilege of meeting with the Republican Secretaries of State Committee (RSSC), where he was then elected by his peers to lead the delegation as its

"At our meeting in Washington, we solidified our goals for the upcoming term and identified new ways in which we can better ourselves as Secretaries of State. Our chief objective is to protect the integrity and credibility of the elections process in every state," emphasized Merrill.

In their commitment to maintaining fair and secure elections that are inclusive of all eligible citizens, the Republican Secretaries of State Committee will continue to work to modernize the systems in which Americans use each and every day, as well as cut down on all forms of voter fraud.

#### **Documenting Music Spaces**

FLORENCE - The Muscle Shoals National Heritage Area received an Alabama State Council on the Arts grant for a photography project documenting spaces where local musicians

"Hidden Spaces: Muscle Shoals Music" brings University of North Alabama art and public-history students together with Florence photographer **Abraham Rowe**. The project explores the solitary creative process musicians go through before recording or performing.

When preparing to record, songwriters, musicians, engineers and producers often work singularly in their own private spaces. Before recording, they may gather in shared locations outside of the studio to collaborate and share ideas," said Carrie Crawford, MSNHA director. "This process, while creatively exciting for the artists and an integral part of the final product, remains unseen and unknown to fans.

Brian Dempsey, UNA assistant professor of history, agreed. He and Crawford are overseeing

See SHORTs... Page 11

#### HISTORIC & COLLECTABLE AUCTION

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Staff Reporter The Hartselle Enquirer, award-winning weekly newspaper in North Alabama, is seeking an experienced staff reporter. The right candidate will be an energetic self-starter who has an ear for community journalism.

Job responsibilities include, but are not limited to: authoring engaging articles for both print and online au-

capturing compelling images to accompany all articles design daily email blast
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Qualifications should

 previous experience working in the news industry
•a diverse portfolio of articles and images

•a desire to be involved in the community

Qualified candidates can send a resume, cover letter and three writing samples to Rebekah Mar-

rebekah.martin@ hartselleenquirer.com

#### Notes...

#### Continued from page 7

The "Hi Neighbors of the Shoals" meeting will be on Tuesday, March 3 at 10:30am in the Florence Public Library. This group welcomes all newcomers to the Shoals area. Contact Laura Engdahl at 512-965-9023 for further information

Kindergarten Registration for **Leighton Elementary School** in the 20-21 school year is set for Tuesday, March 10 from 8am-2pm

This is required for every kindergarten student planning to attend in Leighton. Student must be 5 before September 2. 2020

Bring: Birth certificate, Immunization record, Social security card, a Recent Proof of Residency (utility lease agreement, mortgage statement, declaration of residence) Parent identification, and Custody documentation (if applicable)

Pesticide License Recertification Classes for Green Industry Professionals take place Thursday, March 12 from 9am-2:30pm at Cross Point Church of Christ in Florence.

Landscape and Urban Forestry Update: Pesticides, Herbicides (ROW/ OTPC/OTPS/FOR) 10 Recertification

The cost is \$40, including lunch (\$45 after March 5) Registration: www. florenceal.org Information: 256-760-6400 Information about Agenda and CEUs: fkapp@bellsouth.net

Attendance at both events, Thursday and Friday, March 12-13, 2020, \$75 (\$80 after March 5)

The 24th Urban Forestry & Horticulture Conference is Friday, March 13 from 8am-3pm at Cross Point Church of Christ, 1350 Cox Creek Parkway in Florence.

"Our World, Our Weather, Our Landscape: How weather patterns are changing our world and our landscapes" is the theme of this year's conference, sponsored by the City of Florence Mayor and City Council and the Florence Tree Commission, Beautification Board, and

Urban Forestry/Horticulture Department. Outstanding speakers will present current information on horticulture and creating and preserving the urban green environment

The public is invited. The cost is \$45 including lunch (\$50 after March 5) Registration: www.florenceal.org Information: 256-760-6400

#### The Florence Kiwanis Club is hosting its 69th Annual Pancake Days event at

the Florence-Lauderdale Coliseum on Friday, March 13 from 6am-7pm and Saturday, March 14 from 6am-1pm. Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time. Advance tickets can be purchased for \$8 (\$7 each for 10 or more) and \$5 for children 12 and under. They are available at First Southern Bank on Court Street in Florence, from any Florence Kiwanis Club member or by visiting the website at www.florencekiwanis.com Tickets at the door are \$9 each.

Shoals Habitat for Humanity ReStore 1120 N Royal Ave, at Seven Points in Florence. Or call us at 256-760-9515. Open Tuesday-Saturday from 9am-5pm. Shop. Donate. Volunteer.

Motor Coach Tours With The Club (Florence Senior Center). These trips are open to the public. www.GroupTrips.

Mackinac Island, 7 days 6 nights, \$719, August 16-20 - \$75 deposit due

Pigeon Forge/Smokey Mountain Show Trip, 5 days 4 nights, \$575, November

For more information, call The Club

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#### Foreign Travel With The Club (Florence Senior Center). Passport required, apply or renew

vours now!

Magical Christmas Markets of Austria and Germany, December 12-19, 2020. Double Occupancy: \$3,029. Single Occupancy: \$3,529. \$500 deposit due.

https://gateway.gocollette.com/ link/1018204, Innsbruck, Austria; Oberammergau, Munich, Salzburg, St. Peter's restaurant, carriage ride, train ride, Christmas Markets, explore locally at each location.

For more information, call The Club 256-760-6642

See NOTES... page 38

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Left-right: new Marshal of Appellate Courts of Alabama, Earl Marsh, Jr.; Chief Justice, Tom Parker; Retired Marshal, Willie L. James. Courtesy photo

#### Shorts...

#### **Documenting Music Spaces**

**Continued from Page 9** 

the project. "Documenting these personal spaces and visually capturing the artists that use them will help music fans understanding the hidden creative process. These individual spaces serve critical functions by providing songwriters and musicians the focus they need," Dempsey said.

Rowe will photograph eight musicians and record oral history interviews. UNA students will transcribe the interviews, add content to an interactive Hidden Spaces map and help prepare an exhibit set for June at Gallery 126, with the UNA School of Arts.

#### Marsh is the 13th Marshall

MONTGOMERY - In a packed courtroom at the Supreme Court of Alabama last week, a historic "passing of the

torch" ceremony took place with the swearingin of the 13th Marshal of the Appellate Courts of Alabama, Earl Marsh, Jr.,

Also honored at the event was his beloved predecessor, Willie **L. James**, who retired January 1. James was appointed in 2001. He was the first African-American Marshal of the appellate courts. Prior to his new post, Marsh had served as Chief Deputy Marshal since 2017.

#### **Archery Event** in February

HILLSBORO- High Tech Archery will host a tournament from 8am-5pm on Saturday, February 29 and from 8am-4pm on Sunday, March 1, on the grounds of Pond Spring - the General **Joe Wheeler** Home, located at 12280 AL Hwy 20 in Hillsboro.

Archers may choose to enter the Open Class, Known (for those using scopes), Hunter, Novice, Senior Open, Senior Known, Women's Open, Women's Hunter, High School, Middle School, Elementary

See SHORTs... Page 12





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38"X78" POKER TABLE, OVAL shaped, \$30, Call 256-443-3300

#### Shorts...

#### **Archery Event** in February

**Continued from Page 11** 

School, Traditional and Crossbow. The event will offer an opportunity for professional archers to beginners to hone their skills under the supervision of range and safety personnel. Practice bags and concessions will be available on site, also provided by High Tech Archery. Entry fee for the tournament is \$25. For more information on the tournament visit the website www. hightecharcheryrange. com or the FaceBook page for High Tech Archery

Admission to the grounds, parking, and self-guided tours of the Wheeler Home grounds are free to the public, and picnic tables and public restrooms are available. Visitors and participants are invited to enjoy a guided tour of the historic home for a small admission. A portion of the tournament proceeds will benefit the Friends of

the General Joe Wheeler Home Foundation, a private organization that works with the Alabama Historical Commission to help make the site a good choice for community

events. For information about tours of the house call 256-637-8513 or e-mail Bruce Lipscombe at pondspringdirector@ gmail.com.





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#### **Commentary**

# The Unexplainable is Always Possible

eceiving an emergency text from this employee on a Sunday afternoon was not a good sign.

Call me when you can. Something has come up and I need to be off for a few days.

According to my employee, her brother in

Few

Words

**TOM MAGAZZU** 

**Editor** 

According to my employee, her brother in Texas with a 12 year-old heart valve had a serious episode that ostensibly gave him a matter of hours. His blood pressure was dangerously low, he was in and out of consciousness, and because of his weak condition, surgery was not an option. Hospital staff told the family there was nothing they could do at this point.

My employee was flying out that evening hoping to get to San Antonio's Methodist Hospital by the University of Texas Medical Center before he passed away.

This was going to be especially hard for my employee because her oldest sister passed away in mid-January. She really wanted to see her brother and for him to know she was there for him.

That's when a series of occurrences took place that really defies logic. Please excuse our layman's terminology with this.

One of the cardiac specialists from the

#### See POSSIBLE... on Page 23

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

#### Courier Journal

FLPL SERIES EXPLORES

# A HISTORY OF **Voting Rights**

FLORENCE - The Florence-Lauderdale Public Library's in-depth "Voting Rights in America" series continues through February and March, coinciding with Black History Month and Women's History Month. It commemorates the 150th anniversary

It commemorates the 150th anniversary of the 15th Amendment which banned the restriction of voting based on race. It also commemorates 100th anniversary of the 19th Amendment, which banned

the restriction of voting based on sex.

Voter Restoration with the Alabama Voting Rights Diversity Alliance Thursday, February 20 at 5pm

See VOTING... on Page 32





ALABAMA FOLKLIFE ASSOCIATION

Fiddlers, Banjo Players, and

### **Strawbeaters**

TUSCUMBIA–Belle Mont Mansion hosts Alabama Humanities Foundation Road Scholar, Joyce Cauthen, director emeritus of the Alabama Folklife Association. She will present "Fiddlers, Banjo Players and Strawbeaters" on Sunday, February 23 at 2:30pm. This event is free and open to the public.

Cauthen will be examining the pivotal role played by African-Americans in developing the music at the roots of today's bluegrass and country music. Cauthen draws her knowledge from historical writings, slave narratives, early newspaper articles, and interviews with older

See CAUTHEN... on Page 26

alcoholics. The organization will have its area convention February 21-23 at the Clarion Inn at 4900 Hatch Blvd in Sheffield. Speakers and workshops are offered and newcomers are welcome. Admission is \$20 at the door. Contact Sharon at scivia@aol.com for more information.

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#### FEBRUARY IS SPAY/ NEUTER MONTH. NORTHWEST ALABAMA SPAY AND NEUTER ASSISTANCE (NASANA)

will have at table set up at Pet Depot in Muscle Shoals on February 22 to let people sign up for a discounted spay/neuter procedure, provide their proof of eligibility, and make the small copay. The first 10 people who come in will be able to get one animal fixed for \$10 including the rabies vaccination. Those with multiple animals or those who come in after the first 10 of the day will get the offer for only a \$25 copay. Thist also includes rabies vaccine. These needed procedures often cost over \$100 elsewhere. NASANA helped 423 animals get fixed in 2019, 1600 since its founding in mid-2015. Shelters and some other rescues are trying to find homes for as many animals as possible. However, the real solution to excessive pet population is still spay/neuter. For more information, check the NASANA Facebook page.





Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must** 

include name, address and phone number for verification. (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers. Please submit typed or neatly written letters to:

e-mail: editor@courierjournal.netFAX- 256-760-9618

Editor-Courier Journal - by Mail or in Person 219 W. Tennessee St., Florence, AL 35630 • e-mail: editor@courierjournal net

#### **The Hungry Citizens**

Dear Editor:

In reference to D. Williams' letter, which was published in a recent edition of *The Courier Journal*, I would like to reiterate his thoughts about the lack of eateries in Killen. I have lived in Killen since 2001. I totally agree with the writer.

It is a shame that there are no offerings here except McDonald's (which is not easily accessed), Pizza

Hut, Subway, and Lawler's Barbecue. It makes one wonder "what the deal is" in Killen. Other towns of similar size have several food options. I'm just wondering what part the leaders at city hall are playing in our having to go elsewhere to eat.

How can we as hungry citizens who really don't like to cook - help expedite restaurants of any type? Or is there a bigger problem which no one seems able to answer?

Mary McCoy Killen

Did you know that this nationwide consistency section is not listed on the Primary ballot? Why does it only mention the citizens not voting anymore and the Governor appointing the members?

#### A Good Move for Fans

Editor:

In response to Bill Smoak's letter of February 12 entitled, "A Risky Move for UNA," Ted Gumbart the commissioner of the Atlantic Sun Conference said he wanted to add 10 schools with 7 playing FCS football. That would leave 3 schools that don't play football.

There are currently 2 schools that play FCS football, North Alabama and Kennesaw State. If you add 7, that would be a total of 9 in the conference. If I didn't miscount that would be 16 conference games for basketball rather than 14.

I have no clue which schools are being considered, but I would like to guess at least half of the schools here are under consideration. Kennesaw

See LETTERS...on Page 30

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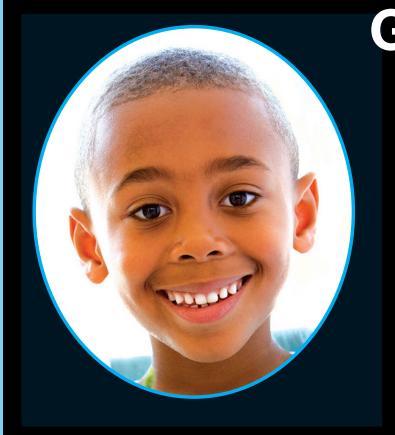
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**Continued from Page 1** 

Schools Award from each of the eight state school board districts and one private school statewide. In addition, three schools were selected for Attorney the General's 2019 Safe School Award of Excellence and 61 schools were selected the Attorney General's 2019 Certificate Building a Culture for

School Safety. "The safety of our schoolchildren is a vital matter foremost in all of our minds and hearts. This year we have enhanced the Alabama Safe Schools Initiative Awards to encourage and honor more of those who have implemented strong programs to protect our students, teachers and other staff," said Attorney General Marshall. "These schools have developed innovative programs and taken practical, effective steps to combat the threat of violence that has become a terrible part of our modern society. Their dedication and resolve to provide a safe haven for

learning is an inspiration to us all." In presenting the award week, Attorney General Marshall said, "The Attorney General's Office is proud that Forest Hills Elementary School was selected as one of the winning schools in Alabama for 2019. In making this decision, judges noted many things that distinguished Forest Hills Elementary School: excellent school resource officer training, inclusion of emergency response agencies, good use of technology, and outstanding mentoring programs.'

Principal Laurie Fowler Forest Hills honored to receive this Elementary recognition from the Attorney General as one of Alabama's Safe Schools. We have worked diligently at Forest Hills to ensure our students have a safe, secure, and happy learning environmenť. believe that our students, teachers and staff learn and work best when they know they are being kept safe. As safety measures téchnologies and improve regularly, Florence City Schools is committed to alabamaag.gov



Forest Hills principal, Laurie Fowler, receives the Safe Schools Award from State Attorney General, Steve Marshall, last week. Courtesy photo

continuously improving our safety plan and procedures."

Attorney General Marshall is presenting the Safe School Award to nine winning schools throughout Alabama, and the Safe School Award of Excellence to the state's top three schools overall.

Other Safe School Awards went to: District 1: Pleasant Home School, Andalusia; District Loachapoka High Loachapoka; School. District Shades Mountain Elementary School, Hoover; District 4: Northridge Middle School, Tuscaloosa; District 5; Prattville Junior High School, Prattville; District 6: Austin High School, Decatur; District Discovery Middle School, Madison; and Private School: Lee-Scott Academy, Auburn.

One public school with the top overall score was selected from the North, Central and South regions of Alabama for the Attorney General's 2019 Safe School Award of Excellence. Attorney General Marshall will visit each school to present the award in person. These winners North Region: are Decatur Middle School, Decatur; Central Region: Westlawn Middle School, Tuscaloosa; and South Region: Orange School, Orange Beach.

Winners were selected by a panel of independent judges who reviewed submissions from a total of 124 schools. A list of schools that received the Attorney General's 2019 Certificate of Building a Culture for School Safety may be found in the Attorney General's news release of December 19, 2019. It may be found at the Attorney General's website, www.

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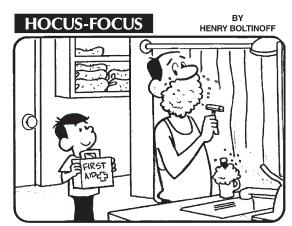
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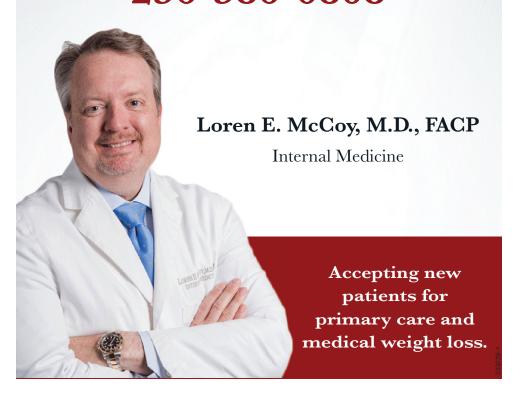


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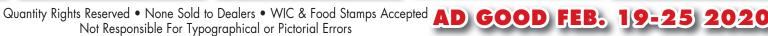


















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#### Commentary

#### Possible...

**Continued from Page 14** 

hospital group who just happened to be on duty at that hospital on a Sunday afternoon became aware of the situation.

He told the family that he was aware of a procedure that may be an option. It had only been performed about 1,000 times over the past seven years in the whole nation. However, it had never been performed in an emergency situation. He had been a part of occasions. He admitted this was a long shot at The brother was truly too weak for any surgery, much less heart surgery. He would very likely expire during the procedure, but he was done without it.

They needed the valve from a cow which would somehow be inserted into the now failing valve that was from a pig. Plus, they had to assemble a surgical team almost immediately.

Having to remove the tracheal intubation insert a scan probe behind his heart was the first risky procedure. This was required to get the measurements for the needed valve. He made it through that step and was approved for the surgery. The surgery was performed on Sunday night, which is very rare.

My employee received word late that night that the procedure went well. His BP was coming up and he seemed to be stabilizing. His next challenge was to make it through the night.

My employee arrived very early Monday morning expecting the worst.

She called me a little Her brother was in ICU after making it

through surgery. He was having his meds lowered and was beginning to wake up. He had low prognosis was still very bleak, he was alive and he squeezed his sister's hand when he heard her voice.

The next 24 hours would be critical for him.

received the following

More good news today! They have removed most of his tubes and taken him off some meds. He is awake and alert. Therapy the procedure on three came in and assessed him and even got him to stand with help. Doctor said he is doing great. Monitoring him for pneumonia, but he is coughing up stuff and they started breathing treatments.

So, I am coming home tomorrow, be back to work on Thursday. Thank you for your support and prayers.

the patient was out of ICU and in a regular room, sitting up much of the time, and was able to feed himself.

Debate rages as to whether we have modernday miracles, and that is understandable. Biblical miracles were done to serve a purpose at the time, to convince those of that day that they were in the presence of God or the Christ of prophesy. Those traditionally miracles involved suspending the laws of nature.

However, when we perfectly,

#### BP and was still on a ventilator and with tubes seemingly coming from everywhere. Although the

At 2:30 Tuesday I

As of Friday afternoon,

experience series circumstances that coincide spite of all probability and beyond reasonable explanation, we're well past luck and coincidence. There are those rare times when no explanation other than miraculous/divine intervention will suffice.

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#### I SPENT THE LAST TWO ARTICLES SHARING SOME HORROR STORIES of

customers who are not always right. I hope I didn't give the

impression that those stories are a regular occurrence and especially hope I didn't indicate that I dislike any customer because as long as you are paying, I'm your friend! But



Jim Fisher

I'd like to balance those negative articles with some positive stories about clients who have made this job worth doing for nearly 27 years. This one happened just yesterday. The subject of this story reads my column so I'm sure she will get as much of a kick out of this as I.

# **Customers Who Are Not Always Right Part 3**

by "The Computer Skeptic"

The client fell for one of those Microsoft scams that I've covered before. A quick summary is that you may receive a big message on your computer screen that warns you of all sorts of bad things and has a toll-free number to call to get help. If you call them, they will get your permission to remotely access your computer and show you all sorts of horrible things about your computer that really aren't horrible at all. Then they will try to convince you to spend hundreds of dollars fixing stuff

that doesn't need fixing.

So we cleaned up her mess and gave her some advice on how to undo the harm done to her credit card. On her way out, she turned to me and said, "I hope you don't mind me telling you this but your picture in the Courrier does you no justice. You're much better looking in person." I ignored her obvious lack of taste in men but getting that kind of compliment is awesome even when it comes from an 82-year-old hottie. So thank you, Ms. Francis. You're

not too bad vourself!

I have a literal wall full of thank you letters I've collected over the years. I tack each of them to my office wall and the wall is full. They all occupy a treasured place in my heart but one of them stands out. Ms. Gallaher wrote a letter to me a while back to tell me how much she appreciated this column. She made some hilarious intentional strikeouts and corrections on the letter (substituting nice terms for words that were more "colorful") that, two years later, still makes me giggle when I read it. Ms. Gallaher may be a regular reader of this column so I hope this gets back to her. Thank you!

These stories might sound kind of braggadocious. I don't mean it to be that way because

my two admirers are clearly in the minority. But I hope you'll absorb these stories of appreciated clients as reminders that a "thank you" or sincere compliment goes a very long way. I don't hand out nearly as many as I should, but we should all take the time to do so

In my next exciting installment, I'll be sharing my experience with finally "cutting the cord" and saving tons of money compared to cable/satellite TV. Stay tuned!

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com



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#### Cauthen...

#### **Continued from Page 14**

fiddlers she visited in the 1980's, whose fathers and grandfathers learned tunes from African-American fiddlers.

Cauthen will discuss the early fiddles of Alabama, the musicians who played them, and the popularity of this music in their communities. She will demonstrate use of the banjo, "straws" (a technique in which broom straws or knitting needles were beat on the strings as the fiddler played) and guitar in backing up the fiddle. Her talk will be made especially interesting by the presence of fiddler Jim Cauthen, who will demonstrate some of these fiddle tunes. The audience will hear musical styles and tunes that are seldom heard today. Everyone will have the opportunity to ask questions and share their perceptions of the differences in this music and the modern country music that is based upon it.

A complimentary four of the historic home will be offered to guests following the program.

Belle Mont is one of Alabama's most distinguished Federal period homes and one of the few examples of a Palladian home in the South. It was added to National the Register of Historic Places on February 23, 1982 due to its architectural significance. Belle Mont's notable architecture was influenced by that of U.S. President and architect Thomas Jefferson in Virginia. The home was built in 1828 by Dr. Alexander Mitchell and was purchased in 1833 by Isaac Winston. The home was the centerpiece of a cotton plantation where more than 100 enslaved African-Americans lived and worked.

This Black History Month program helps illuminate the long-standing African-American history on site at Belle Mont by recognizing southern musical traditions, particularly in the Shoals area of Alabama which is world-renowned for its musical heritage.

Belle Mont Mansion is a historic property of the Alabama Historical Commission that is operated by the Colbert County Historical Landmarks Foundation. Regular hours are Wednesday-Saturday, 10am-4pm when admission is charged.

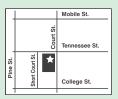
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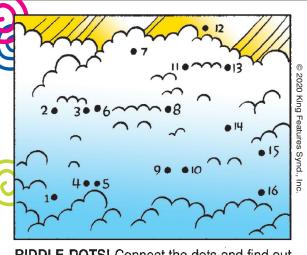


Last week's winner is L.T. Young of Florence, who correctly guessed "Old ECM Hospital Demolition Site in Florence"

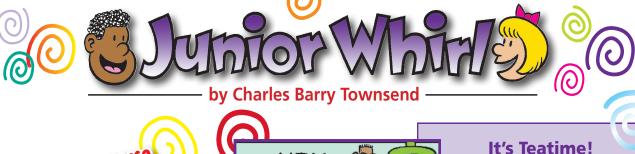
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2. To stir up vigorously.

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They all end with the word

3. A color.

ne six

4. A temporary stay.

5. Habitually untalkative.

6. Result of overeating.



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Illustrated by David Coulson

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THE BOLD AND THE BEAUTIFUL Katie shared with Sally the pain and isolation she went through after giving birth to Will. Brooke caught Thomas eavesdropping on her quarrel with Ridge. Liam was floored when Hope made it clear that Thomas was not the problem between them. Douglas wasn't happy that his dad was spending time with Zoe. Ridge implored Steffy to give Thomas another chance. Thomas made sure that everyone was invited to a special dinner he was hosting at Forrester Creations. Brooke informed Thomas that she was onto his game. Thomas proposed to Zoe in front of everyone. Ridge asked his son about his true intentions. Douglas told Hope a secret. Wait to See: Brooke lashes out at Thomas.

DAYS OF OUR LIVES Sonny and Will separately recalled their last Valentine's Day together. Doug reflected on his 50 years in Salem. Rafe arrested Gabi. Lani attempted to explain her actions to

Eli. Iennifer received some sad news about a loved one. Kayla was shocked by "Steve's" revelation. Hattie and Roman shared a sweet moment. Rafe and Justin tried to track down Kayla. Kristen had an unsettling dream about Rachel. Sarah received some hopeful news about Mackenzie. Ciara told Ben her theory about Jordan's killer. Will questioned Maggie about the night of the accident. Sarah was shocked when she learned the identity of Mickey's bone marrow match. Ciara resorted to desperate measures to stop Rafe from arresting Ben. Wait to See: Gabi faces a bleak future.

GENERÁL HOSPITAL Alexis and Neil squared off. Sonny was reminded to be appreciative. Sam and Jason met on the sly. Finn was committed to protecting the woman he loved. Robert contacted the Feds. Nikolas ran into Elizabeth. Peter bonded with Emma. Robert got confrontational. Nina confided in Ava. Valentin received some shocking information. Maxie misunderstood what

was going on. Sam had a woman quiet. Nikki got bright idea. Valentin made an official announcement. Jax felt encouraged to move forward. Maxie complained to Lulu. Brad reached out to Nelle. Valentin's life took a dark and terrible turn. Alexis offered her support. Lucas asked Sam for her honest opinion. Wait to See: Nelle ėels jealous.

THE YOUNG AND THE RESTLESS Adam then transferred a large sum of money to Riza to keep the

suspicious when she saw Sharon experience a bout of nausea. Chance didn't want Adam to go to jail for this, but Adam knew that Chance couldn't protect him. Summer and Kyle revealed their love for one another. Chance told Devon that he was chasing a lead on Colin. Wait to See: Jack eventually gives Kyle and Summer his blessing.

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#### Letters...

#### Couldn't Be **More True**

**Continued from Page 14** 

State, North Alabama, Jacksonville State, UT-Chattanooga, Alabama State, Alabama A&M, Tennessee State, Murray State, and Tennessee Tech.

Most schools are 300 miles apart or less. No school is more than 400 miles away from another.

Murray State seems prefer admission admission into the Missouri Valley Conference, but it doesn't look like they will get an invite. Murray has a great basketball tradition.

Western Maybe Carolina. Southeast Louisiana, Nichols State, or Central Arkansas are options.

Maybe some UNA football fans would prefer to go to Charleston, SC every other year. The basketball teams make those long trips to Fort Myers, FL, Lynchburg, VA, and Newark, NJ on a yearly basis.

The NCAA has certain

sets rules on how a new multi-conference can be formed. The only way for it to take place would be for Florida Gulf Coast, Stetson, North Florida, Jacksonville, Kennesaw State, Lipscomb, and NJIT to form a new conference, and it cannot be before 2023. That would give the new conference their AQ. If one of those 7 schools leaves the ASUN before 2023, then everything is

The United Athletic Conference (UAC) is just a temporary name or holding name. After the approval by the NCAA, the Coastal Collegiate Association Sports (CCSA) schools will revert to using the ASUN schools The ASUN's name. current NCAA basketball automatic qualifier can be transferred to the (UAC). After the setup, the UAC name can be changed. What about the Mid-Southern Athletic Conference? (MSAC).

This proposed new conference would be more cost-effective for North Alabama in regard to the travel distance. Travel times will also lessen for the fans of all the schools who like to travel to away games. They will also become better rivals.

Gerald W. Clemmons Florence

#### **And Take Pale-Face Biden too**

Editor:

The newest battle cry for the GOP coming up on the South Carolina Primary and Super

Tuesday should be, "Send Pocahontas Warren back to the reservation and send pale face Biden with

> James W. Anderson Talladega

See LETTERS... on Pg 37

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#### **Medicare Minute**

#### "Medicare Part A Part 2"

Last week we discussed how Medicare Part A will cover you if you are admitted into the hospital. A hospital, under Medicare, can be acute care hospitals, critical care hospitals, inpatient rehabilitation facilities, long term care hospitals or mental health care.

The one aspect of Medicare Part A we get the most questions about is coverage at a skilled nursing facility (SNF). To be covered by Medicare at a SNF certain criteria has to be met. First, of course, is you must have Medicare Part A. Next your doctor has determined that you need daily skilled care given by, or under the supervision of, skilled nursing or therapy personnel. Your skilled nursing care will have to be in a SNF that is certified by Medicare.

What a lot of people don't know is that you must have a "qualifying" hospital stay to be covered at a SNF. Under Medicare a "qualifying" hospital stay is at least a 3-day inpatient stay prior to being admitted to the SNF. If you go to the ER and are held one day for observation and are admitted into the hospital for two days this does not constitute a "qualifying" hospital stay. If you are admitted on a Monday and discharged the following Wednesday this is not a "qualifying" hospital stay. In the two examples above those are 2-day inpatient stays. A good rule of thumb is you must be admitted as inpatient for at least three midnights.

You also need to know that Medicare Part A will only cover you for 100 days at a SNF and only 20 of those days are at 100%. In other words days 1-20 are covered at 100%. Days 21-100 you will pay the first \$176.00 per day and Medicare pays the rest of the cost. Starting with day 101 you will pay 100% of the bill.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is

not affiliated with Medicare or any other government agency.





**Ikey Fowler** 

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#### **Academy Awards**

Nicknamed "The Oscars," the annual award gala for the top film of the year is held each spring at the Dolby Theatre in Los Angeles, California. Winners in twenty-four categories ranging from Best Picture to Best Visual Effects stroll down the red carpet to accept the coveted Oscar.

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#### Voting...

#### **Continued from Page 14**

Learn about Alabama laws related to voter restoration for citizens who have lost their voting rights due to felony convictions. This program is led by Bonita Gill, Coordinator of the Alabama Voting Rights Diversity Alliance (AVRDA). AVRDA is a grassroots coalition that works to increase voter turnout and coordinates voting rights restoration workshops. This event is co-sponsored by Project Say Something.

#### Buried Truths Podcast Listening Session Tuesday, February 25 11:30am

We'll listen to and discuss the first episode of Season 1, which explores the story of Isiah Nixon, a Black man who was murdered because he voted. If you are unfamiliar with podcasts, library staff will be on hand to show you how you can listen to the rest of Buried Truths. This event is a preview for our Buried Truths live recording at FLPL on February 27.

**Buried Truths Live:** Civil Rights in the

#### Shoals Thursday, February 27 at 6pm

The Shoals area has a reputation for having experienced more peaceful race relations during the civil rights movement than much of the South. Still, does that reputation tell the whole story?

Hank Klibanoff—Pulitzer Prize-winning author, veteran journalist, and now professor, and Sherhonda Allen, City Editor for the *TimesDaily*, will explore this question as they co-host a live recording of an episode for Klibanoff's Peabodywinning podcast Buried Truths.

Klibanoff was a white student at Coffee High School when the schools of Florence integrated. Allen is a black woman who started school at Brooks Elementary shortly after the onset of integration. Through discussion, interviews, and Q&A, the two will explore the Black and White experience in the Shoals during the civil rights era and beyond.

#### Voices of Women's Suffrage: A Living History Presentation Saturday, March 7, 1pm

Get an overview of the suffrage movement while hearing the words of the suffragists themselves with this living history performance by Stephanie Vickers.

Throughout the 72-year struggle to win the American woman's right to vote, women had to

constantly push forward to be heard—especially as public speakers.

This program highlights the dynamic shifts in the different ways women began to speak for their beliefs. Performance excerpts from plays, magazine articles, and famous speeches bring to life the unique voices of the brave women who dared to speak out and fight for their place in American citizenship.

fight for their place in American citizenship.
Vickers is a public historian and interpretation specialist who combines storytelling with academic research. She is the Arts Integration Coordinator at the Tennessee Valley Art Association.

# Votes for Women: The Push for a Federal Amendment & the Reemergence of Division Among Suffragists, 1913-1920 Thursday, Mar. 12, 6pm Dr. Lynne Rieff will

Dr. Lynne Rieff will share the fascinating & dramatic stories from the final years of the fight for women's suffrage. She will discuss the stalled efforts to accomplish suffrage at the state level and explore Alabama's role, and she will discuss the differing strategies that emerged among suffragists during the fight for a federal amendment.

Rieff is Professor of History at UNA & the Director of the UNA Center for Women's Studies, which is a co-sponsor for this event.

#### Abolition, Women's Suffrage, and the Right to Vote - Sunday, March 15, 2pm

Many suffragists first became involved in activism through the abolition movement (the fight to end slavery). While the two movements overlapped significantly, there was also friction, particularly with the passage of the 15th Amendment. Linda T. Wynn, Assistant Director for State Programs for the Tennessee Historical Commission and Lecturer of History at Fisk University, will explore the collaborations and will discuss the elements of racism and sexism played in the movements.

#### Women of the Muscle Shoals National Heritage Area Tuesday, March 24, 6pm

Learn about the lives and work of local women in this women's history talk by Dr. Carolyn Barske Crawford, Director of the Muscle Shoals National Heritage Area. This program is based on the exhibit and explores some of the societal contributions by women of the MSNHA.

The exhibit was co-created by Josh Grigsby, Julia McGee, and Lacie Rowe through an Exhibit Design course at UNA, in anticipation of the 19th Amendment centennial. There is also an educator packet available for teachers at msnha.una. edu/resources.

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# Athletic by Eli Cranor

#### **Should My** Son Take **Supplements?**

My son will be a sophomore on the high school football team next year. This winter he's going through his first-ever varsity offseason training program. As a mother, I worry about his health. He hasn't fully I was a long-legged, grown into his body like gangly teenager for most

a lot of the other boys, but all the coaches keep telling him to gain weight and get stronger. This has led my son to start taking different Dear Athletic Support: supplements. Mainly it's just creatine and a whey protein mix. Are there any downsides to these supplements? — Working



of my high school football There are all sorts of career. I was constantly urged by coaches to 'put on more weight." I remember thinking if I could just get up to 190 pounds, man, I'd be set.

Mainly, I stuck with natural weight-gaining Dear Working It Out: methods. One coach told me to eat a peanut butter and jelly sandwich along with every meal, so I did. A few weeks later, I went to the doctor only to find triglycerides that my were up!

Next, I tried whey protein. I remember not liking the taste of it much at all. My dad would mix these heaping shakes together with milk and ice cream, adding a cup of the protein to top it off but I still didn't really like it. I kept drinking them, though, and by my senior year in high school I had finally topped out at 190 pounds.

Creatine, on the other hand, is a touchy subject in the world of athletics.

myths swirling around on the internet about what it is and what it isn't. So let me try and explain this as simply as possible.

Creatine is a compound found naturally in your muscles. It is released during intense exercise, providing an extra boost of energy. It can also help with muscle recovery. Creatine most-commonly comes in powder form and can be taken with water or juice.

I experimented with creatine last summer. During my playing days, I was always afraid of taking anything that might negatively impact my game, but since I hung up the cleats years ago, I figured I'd give it a

I saw results in my body composition in under two weeks. I also noticed strength gains. After a month on creatine, I was in the best-looking shape of my life, but I didn't feel all that great.

I was sore all the time. Like my muscles had sand in them. I did gain ten pounds of what seemed to be muscle, but I felt slower. I was told to constantly drink water while taking creatine which I did — but this just made me feel even more sluggish, almost waterlogged.

Long story short, I'm glad I didn't take creatine during my playing days. Sure, I might have looked like a million bucks, but I don't think the extra weight and strength would have translated to the field.

The thing parents and coaches should remember is that we're talking about young athletes here, some of whom are not fully matured. Ask any adult, fighting like crazy to keep his/her winter weight down — there will soon come a day when gaining weight is éasy!.

Eli Cranor is a former professional quarterback and coach turned awardwinning author. Send questions for "Athletic Support" to eli.cranor@ gmail.com or visit elicranor.



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Purchase Price: \$89,900 \$5,000 Down Payment- Monthly Payment: \$795

#### For Sale

New Construction in Central! 3 BR - 2 BA w/ bonus room • \$199,000 **301 Stutts Road, Muscle Shoals -** 3 bedroom- 2 bath • \$189,000 **125 County Road 608, Rogersville -** 3 bedroom- 2 bath • \$179,000 106 Darby Ave., Florence - Fixer Upper, \$26,000 Cash Commercial Building Cox Blvd, Sheffield • \$119,000

#### For Rent: 256-762-4201

701 Dearborn Ave, Muscle Shoals 2 Bedroom - 1.5 Bath-Townhomes

\$695 Monthly • \$400 Deposit • \$30 Application Fee

1011 Midland Ave, Muscle Shoals

2 bedroom - 1.5 bath apartments

\$575 Monthly • \$300 Deposit • \$30 Application Fee 322 Columbus Ave, Florence • 3 BR- 2 BA, \$895 per mo.

203 John R Street, Muscle Shoals - available Feb 1st

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# Estate

TOWN CREEK APART-MENTS IS accepting applications for 1, 2 and 3 bdrm. Rent based on income. Equal Housing Opportunity. 256-685-3360

RENT: 628 E. Mobile bdrm., 1 ba., \$300 rent, \$300 deposit. 256-764-3137.

#### WE BUY

HOUSES FAST www.shoalscashbuyer

256-349-0000 **CENTRAL HEIGHTS 5 1/2** acres, 2019 Clayton 16 x 80 mobile home, 40 x 40 insulated metal building with 30 x 18 extension. Building site with paved driveway, exist-ing underground utilities,

ing underground utilities, and septic tank. 256-443-

**8398.** \$159,800. Will consid-

**TUSCUMBIA** 

BRECKENRIDGE

**APARTMENTS** Unfurnished 1, 2 & 3 bedrooms available.

FREE Cable, 256-460-0563 or 256-383-1877

**MUSCLE SHOALS Harvest Hills Apartments** 

Unfurnished 1 & 2 bedrooms available Water, sewer & trash included with rent, 256-436-5334 or 256-460-0563

SHEFFIELD HOUSE FOR **RENT:** 1206 Dover Ave. 3 bdrm., 2 ba., \$550 Rent/Deposit. 256-764-3137. SHEFFIELD APT FOR RENT: 1110 26th Street, Apartment 5A. 3 bdrm., 1 ba., \$425 rent, \$300 deposit. 256-764-3137.

**REAL ESTATE CLASS CAPSTONE** Academy of Real Estate

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or 256-766-0000

FOR SALE CHEROKFF AL, 1000 Cross St., 3 bedroom, 1 bath, corner lot, carport, large trees, Call 256-

531-6099 TUSCUMBIA FOR RENT: 501 W. Avalon Ave. 1 bdrm.

1 ba. apartments, \$325 rent, \$300 deposit. 256-764-3137.

RETAIL/OFFICE SPACE Florence: ▶ HOUGH RD.

2624-1500' \$1250 mo. 2630-2000' \$1500 mo. ► Cloverdale Rd.

3529-1150' \$650 mo. 3525-2000' \$1000 mo. ►North Court St. 222-1600' \$800 mo.

256-764-3137

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FLORENCE: 626 E. MO-BILE St. 2 bdrm. and 3 bdrm. apartments, \$325 and \$425 rent, \$300 deposit.



FOR SALE: 3 BEDROOM. 2 bath mobile home and land, Spring Valley Lane off Rose Trail in Cherokee, \$42,000 OBO. 256-446-

**MONTREAT APARTMENTS** 1850 DARBY Dr., Florence.

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One bedroom,

rent based on income 256-767-2211





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256-389-2828 and 256-762-3418.

TUSCUMBIA: COLONIAL **GARDEN TOWNHOMES** 2 bdrm., 2 ba., \$475 rent, \$300 deposit, Swimming Pool. 256-764-3137.

FLORENCE RENTAL: KENDALE GARDENS, 5 bedroom, 2.5 bath, 4,400 sq. ft., \$1,395 per month, \$1,000 deposit. Call or text, 256-412-7008 or 256-810-8232.

RENT: 520 N. Poplar Street 2 bdrm., 1 ba., \$425 rent, \$300 deposit. 256-764-3137.

FLORENCE FOR RENT: **738A** E. Tombigbee St. Apt. 3 bdrm., 2 ba., \$550 Rent/ Deposit. 256-764-3137.

TUSCUMBIA: FOR RENT, VERY nice 3 bedroom, 2 bath brick home. \$800 month. 256-446-9982.

#### Courtview Towers Studio Apts.

available.

**Equal Housing Opportunity** 





503 E. SECOND ST. Open house Sunday, 02/16/20. Time:1-3. Many updates, move-in-ready. \$72,900. move-in-ready. \$72,900. Laila Jager, 256-436-0336, Crye-Leike Realtors

FLORENCE: HOME FOR **RENT**, 1127 Ridgeway St. 3 bdrm./1 ba. Call 708-710-8921 or 205-821-6056

FLORENCE: For rent: 2 and 3 bdrm. houses. Appliances, washer/dryer connections, central heat/air. \$550-\$695 plus deposit. 256-764-3986.

FLORENCE APT. FOR **RENT:** 765 Meridian, Apt. #2 1 bdrm., 1 ba, \$325 plus \$25/water, \$300 deposit. 256-764-3137.

FLORENCE APT FOR RENT: 226 Hawthorne St. Apt. #5, 2 bdrm., 1 ba., \$275 Plus \$25 Water, \$300 deposit. 256-764-3137.

FLORENCE: HOUSE FOR RENT 304 W. Rasch Rd., 3 bdrm., 1 ba., \$600 rent, \$600 deposit. Exterior shop. 256-764-3137.

**TOMBIGBEE** COURT APARTMENTS, DOWN-TOWN Florence, 1 bdrm. and 2 bdrm., 1 ba., \$575 and \$625 rent with water included. Balcony, security gate. 256-764-3137.

#### **TUSCUMBIA** BRECKENRIDGE

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**MUSCLE SHOALS Harvest Hills Apartments** 

Unfurnished 1 & 2 bedrooms available. Water, sewer & trash included with rent, 256-436-5334 or 256-460-0563

ST. FLORIAN: FOR RENT, large 3 bdrm., 2 ba, house central heat and air, large \$850 rent/deposit. 256-366-8582 or 256-616-

1 & 2 Bedrooms

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LITTLEVILLE: 1996
GEORGE WALLACE Highway 43 Retail space, 4000+/sq. ft., freshly painted, paved parking, excellent restaurant, furniture store, discount store or office space. \$1000 mo. lease, with deposit and references. Realtor owned. 256-394-1561

**DOWNTOWN** FLOR-ENCE: CLEAN, QUIET 2 bdrm., 1 ba. basement apartment. Includes water, appliances, washer and dr appliances, washer and dry-er, and lots of space. 302 S. Cedar St. Walk to downtown/ UNA. Off street parking \$650 month. 256-412-5188

NORTH FLORENCE: FOR RENT 2 bedroom Apartments. Appliances, w+oU-\$550 plus deposit. 256-764-3986.

FLORENCE APT FOR RENT: 226 Hawthorne St. 2 bdrm., 1 ba., \$350 plus \$25/ water, \$300 deposit. 256 764-3137.

HEIGHTS. COLBERT TUSCUMBIA: ROOM-MATE wanted for 3 bdrm. 2 ba. home, 2 car garage. Share monthly expenses. Call Stony, 256-980-7264. eamondeck@yahoo.com

SHEFFIELD HOUSE FOR RENT: 207 1/2 Madison Avenue 3 bdrm., 1.5 ba, \$450 Rent/Deposit. 256-764-Rent/Deposit.

**TOMBIGBEE** COURT APARTMENTS. DOWN-TOWN Florence, 1 bdrm. 1 ba., \$475, rent with Water Inc., Security gate. 256-764**CENTRAL HEIGHTS 4 1/2** acres, 2019 Clayton mobile 3 bedroom, 2 bath, 16 x 80, kitchen appliances, covered porches. 40 x 40 metal building with 30 x 18 extension. 256-443-8398. \$134,900

LION'S DEN EFFICIENCY **APARTMENTS DISCOUNTS AVAILABLE** \$450 rent

Includes electric, cable, internet, water/sewer and garbage. 256-764-3137.

**FURNISHED** SUITES NIGHTLY or monthly. One or two bedrooms, all inclusive. Park Place, 256-386-5504.

FLORENCE APT FOR RENT: 225 N. Patton St. bdrm., 1 ba., \$400 rent, \$300 deposit. 256-764-3137.

# **Estate Sa**

Wed. Feb. 19th - Sat. Feb. 22nd

8:30 am - 5:30 am daily

606 Helen Court #6 • Tuscumbia Ivy Green Village Subdivision (just off of Avalon Avenue)

This beautiful house is for sale and all of the personal property contents must be sold.

Located in Ivy Green Village, near Avalon Ave. FEATURES: 3 bedrooms, 2 baths, with a split floor plan. The master bath has a whirlpool, walk-in shower and double vanity. The family room has a pretty vaulted ceiling. This house has a newly installed roof with roof vents. The central unit was replaced in 2018.



Conveniently located, just minutes to Muscle Shoals and Tuscumbia. CONTENTS TO BE SOLD: Refrigerator, Washer and Dryer Set, (2) Complete Bedroom Suites, Living

Room Furniture, Side Chairs, Kitchen Table & Chairs, China Hutch, Small Buffet, TV Entertainment Center with Bookcases, Jewelry, Christmas Decor, Quilts, Linens, 20 Place Settings Imperial China, Everyday Dishes and Necessities, WM Rogers Silverware Box Set, Mikasa China, Glassware, Punch Bowl Set, Funeral Flowers, (2) Stereos and MORE! All items are priced to go! TERMS: Cash Only. Please bring help to load heavy items. All items selling "As-is" and "Where-is" and must be

picked up by end of sale. Not responsible for accidents on premises. Please do not block neighbor's driveways.

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HOUSECLEANING for your office or home. Call 555-1234 for a free estimate. 15 years experience, Insured, References available. Sell It Fast with a

See the Classified Form on page 6 for details.

Courier Journal

**FOR RENT**: 202 Baker Dr. (Florence) 3BR, 2BA...

601 Candler (Muscle Shoals) 3 BR, 1 BA...

KNIGHT & HUMPHRIES, INC.

225 Hudson St (Florence) 3 BR, 1 BA (Sec 8 approved) ..\$550

**WATER PROPERTY FOR RENT:** 

687 Lakewood Dr E #B (Muscle Shoals) 3BR, 2.5 BA... **\$2250** 

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by DAVE RAMSEY

#### **INCREASE LIFE INSURANCE?**

Dear Dave,

My husband and I are on Baby Step 3b, and we're saving for a house. We're out of debt and both of us make good money, plus we each have 20-year level term life insurance policies with coverage equaling 10 times our individual incomes. We also have an emergency fund equal to six months of expenses. I recently received a promotion at work, with a subsequent raise of \$10,000. Should I update my life insurance policy to reflect this new income?

Maria

Dear Maria,

I think you're okay right now. I'd evaluate it, and maybe update the amount every three or four years. But as you get out of debt and build wealth, and as the kids get older, the real question to ask yourselves is how much *less* life insurance do you need?

As your income increases and you get in better and better financial shape, it's not going to be necessary to have 10 to 12 times your income wrapped up in life insurance policies. That's just a starting point.

Would your husband and any kids be well taken care of based on your current life amount? insurance Would you and any kids be okay based on his life insurance? If the answer to both questions is yes, you're good!

#### **BILL DISPUTE**

Dear Dave,

I have around \$15,000 in a Roth IRA. I just recently started studying your advice, and I was wondering if it would be a good idea to cash it out and put the money toward debt.

Dear Sarah,

I teach people to stop while they attack their debt. So, Í wouldn't add



anything to it at this point, but the worst thing you could do is cash it out. If you do, taxes and penalties will steal a huge only time I take money out of a retirement account to pay off debt

Start working the Baby Steps from the beginning. Baby Step 1 is saving up \$1,000 for a starter emergency fund. Baby Step 2 is paying off all debts from smallest to largest, except for your home, using the debt snowball method. This will free up a ton of money! Then you're ready for Baby Step 3, which is increasing your

foreclosure.

beginner emergency fund to a fully-loaded emergency fund three to six months of expenses.

Now you're ready for Baby Step 4, which is 15 percent of your income going into retirement!

–Ďave

\* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week chunk of that cash. The on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on is to avoid bankruptcy or Twitter at @ĎaveRamsey.

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Park Place is conveniently located to all downtown Sheffield Businesses and attractions. Just minutes away to Riverfront Park and Boat Ramp, adjacent to the Tennessee River.

> For Leasing Info call 256-386-5504 ext.3 or Tina Grosch 256-320-3141

500 N. Montgomery Ave., Sheffield

#### Letters...

**Continued from Page 30** 

#### Amendment One: About it

Editor:

The only amendment on the March 3 ballot



deals with education. Alabamians will lose their right to vote and elect our State school board members if it passes. Instead of being elected, the amendment lets the Governor appoint all 9 members for the Alabama Senate to vote and confirm. The Governor would also appoint a team of local educators and other officials to advise the 9 members.

The amendment changes the name of the State Board of Educations to the Alabama Commission Elementary on and Education. Secondary The amendment says this 9 member Commission shall adopt certain things. The first thing they must adopt is a "course of study

standards that ensure nationwide consistency."

At the present time, would remove Alabama State Common Core Standards and then adopting Common Core as taught in the nation. As time marches on, who knows what curriculum the Federal Government will come up with! For future generations, whatever the nation is teaching, Alabama would have to follow along. Becky Gerritson of Alabama Eagle Forum said, "Course study standards that ensure nationwide consistency means national standards."

Did you know that this nationwide consistency section is not listed on the Primary ballot? Why does it only mention the citizens not voting anymore and the Governor appointing the members? Why does the ballot not mention the last section which tells what teachers in Alabama would be required to teach our children?

Because SB 397 that was passed by the Senate and the House and signed by the Governor tells exactly how the ballot is to read! The last half of the amendment is intentionally left off the

If I correctly understand Section 285 of our State Constitution and Alabama Code, Section 17-6-41, the ballot language is The unconstitutional. Code says a proposed constitutional amendment ballot language shall be "so printed that the nature thereof shall be clearly indicated." Only half of the nature of this amendment is indicated on the March ballot!

I urge you to vote "No" on this Amendment. Please remember that if this amendment is passed, it would become a part of our State Constitution. Our state would have no say in what our children are taught, and we the people would lose our right to vote.

**Danny Pettus** Killen





FISH FRY Sat. Feb. 22, 2-7pm 4661 Cloverdale Rd., Florence \$11 Adults • \$5 Children (under 8) All Carry-Outs \$11 **ALL YOU CAN EAT:** Freshly Fried Catfish Fillets, Chicken Tenders, French Fries, House-Made Hush Puppies and Coleslaw, and a Drink Pay by cash or check- no cards. (The UPVFD fish fry - the 4th Saturday of every month)

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#### The Right Addiction

Saint Paul writes: 1 Corinthians 16:15 "I beseech you, brethren, (ye know the house of Stephanas, that it is the firstfruits of Achaia, and that they have addicted themselves to the ministry of the saints,)." Man, couldn't we change this world if we could change people from the addiction to evil things to the addiction of good things. Today folks keep searching for the wrong things to satisfy the big void in their soul that only God can fill. For example: Acts 17:16 "Now while Paul waited for them at Athens, his spirit was stirred in him, when he saw the whally given to ideletty." A province is full of idele A province.

city wholly given to idolatry." America is full of idols. America is addicted to sin. People today go physically and spiritually bankrupt trying to find the right feeling that will bring them permanent satisfaction. The world and its pleasures can only come in a miserable second place in the end. The devil's snares have captured millions unto death through the addictions of drugs, alcohol, immorality, idols and other hooks that cost the users their souls. They try to excuse themselves with: "I can't live it" or "I just don't have the right feeling."

For 30 years you have used these excuses. Are you going to take this excuse in front of Almighty God? SIN PACIFIES. CHRIST SATISFIES. SIN PACIFIES. CHRIST SATISFIES. Get it? What feeling are you waiting for or have not tried? You aren't living it now, what makes you think you will live long enough later to live it. If you could live it, you wouldn't need a Saviour. That next drink or that next buzz might be your last. People booze it to get a feeling. Users space out to get a feeling. These sins have big hooks in them and won't let go. The devil promises everything but delivers nothing. Satan gives false hopes. You want real peace and rest? Read: Matthew 11:28-30 "Come unto me (CHRIST), all ye that labour and are heavy laden, and I (CHRIST) will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my (CHRIST) burden is light." Christ ONLY can live it in you and give your soul rest and peace. TRUST HIM NOW. Christ satisfies.

#### **Beacon Baptist Church**

Bill Bishop, Pastor • Rogersville • 256-247-7733

1.2 miles north from red light on Hwy. 207 on left
Sunday services at 10am and 11am and 6pm

Visitors welcome!

### **Community Notes...**

**Continued from page 10** 

The AARP Foundation Tax-Aide program will provide free, in-person tax preparation assistance in the Shoals area from through April 15. This service is provided by volunteers who are IRS-trained and IRS-certified every year. The program is open to taxpayers of all ages, and does not have income limits.

Centers of operation: Florence Public Library on Mondays and Thursdays, 10:30am-4pm by

and musuays, 10.256-277-8595 Broadway Recreation Center in Florence on Wednesdays, 9am-1:30pm by appointment only, call 256-483-2894

Helen Keller Library in Tuscumbia, Tuesdays and Fridays, 10am-4pm appointments preferred, call 256-386-7831

Russellville Department of Human Resources Building on Thursdays, 9am-3pm by appointment only, call 256-332,052

Leighton Hopewell CP Church on Saturday, March 21, 9am-3pm by appointment only, call 256-483-2894 Please bring the following to your

Please bring the following to you appointment: Photo identification (drivers license)

Social Security cards (or ITIN documents) for you, your spouse, and / or dependents.

Both spouses must be present if married couple is filing jointly.

Birth dates for everyone on the return. Copies of last year's tax returns (Fed & St) All W-2, 1098 and 1099 forms, and a 1095 form if you purchased health insurance through the Marketplace

Any information for other income or deductions/credits

Proof of savings or checking account and routing numbers required for direct deposit of refund

If you own income-producing property, are in bankruptcy, or are selfemployed with a loss, these situations are considered Out of Scope for our services. Meal - Never Forgotten - Bring a meal in memory of your loved ones. The meal will serve the homeless in our community while remembering your loved ones. Meals can be brought to 1601 Huntsville Rd, Florence, The Salvation Army. Call for more details. 256-764-4432.

The Annual Business Yard Sale Event at MidGard Self Storage in Sheffield is scheduled for Saturday, April 4 from 9am - 4pm. We had such a great turn-out last year and are looking to make it even better in 2020.

All businesses are invited to set up a table, booth, etc. and have a platform to spread the word about their businessfree of charge. We will also have Free Lunch and Raffle Drawings.

We are also asking for donations (gift cards, merchandise, etc.) to be included in our raffle drawings. If you would like to donate and/or set up at our event, please stop by the office, give us a call at 256-978-5526, or email us coxsheffieldal@ storesmart.org Donations can also be mailed to: or mail donations to MidGard Self-Storage 414 Cox Blvd. Sheffield, AL 35660. We look forward to hearing from you and hope you can join us for this event!

Corinth Kiwanis Leon Frazier Gospel Singing College Scholarship Fundraiser (UNA often benefits from the funds raised) Saturday June 6, 6pm, Corinth Coliseum Civic Center Theater, 404 Taylor Street, Downtown Corinth, MS.

Karen Peck & New River; Gold City; Phil Cross & Poet Voices, Dujuana Frazier Thompson & Family; Josh & Ashley Franks.

General Admission at door \$15/Aartis Circle \$25 in Advance including the artist Meet & Greet and Reception at 4pm

Shoals Hospital is seeking senior adults with an interest in giving back to their community through volunteerism. The hospital, which is on Avalon Avenue in Muscle Shoals, has a thriving group of senior volunteers, who assist the facility by serving as ambassadors, directing patients to care areas and performing other roles

lf you or someone you know has

an interest in serving as a volunteer at Shoals Hospital, the application may be completed online at www.shoalshospital. com, or in person during regular business hours. All other questions may be directed to the Volunteer Services Office at 256-386-1640.

The NACOLG SenioRX Medication Assistance Program Supplies Free And Low Cost Medications For Anyone In Alabama With A Disability Or A Chronic Illness Regardless Of Age That Requires Daily Medication. Medicare Recipients May Also Be Eligible.

For More Information Contact Nacolg Seniorx Today. There Is No Charge For This Service. Paula Pardue at 256-389-0529 or 1-800-Ageline (1-800-243-5463). This Program Is In Partnership With

1711s Service. Faula Pardue at 250-389-0529 or 1-800-Ageline (1-800-243-5463) This Program Is In Partnership With The State Of Alabama And Alabama Department Of Senior Services

Hospice Volunteers Needed - Veterans, Students, Retirees, everyone with an hour a week to share with someone in your community. Specific needs: Male veteran to visit WMII vet

with an hour a week to share with someone in your community. Specific needs: Male veteran to visit WWII vet, Florence area. Hairdresser/Barber in all areas. alan.jordan@comfortcarehospice. org. 256-269-2100 Comfort Care Hospice, Sheffield.

The Keller Hospice Promise Foundation assists patients and families with essential, non-hospice related expenses they are unable to afford themselves-such as rent and utility bills, emergency repairs, personal care items, and food assistance. The foundation also provides funding for patient's last wishes, burial assistance, and community projects like bereavement camps for children and educational outreach programs for end-

When you make a donation to The Hospice Promise Foundation, 100% of your donation goes directly to patients and families in need because we are a 100% NON PROFIT FOUNDATION.

Donations can be sent to Barbie Johnson, Volunteer Coordinator, 1404 East Avalon Avenue, Suite C, Tuscumbia, AL 35674. Or contact the volunteer coordinator to answer any questions or pick up any donations: 256-314-1204 or email: Barbara.Johnson3@lhcgroup.com.

**Volunteers Needed** - Keller Hospice LHC of Tuscumbia is currently seeking volunteers to serve in Colbert, Lauderdale, and Lawrence.

Areas of need: Patient Volunteer, Administrative Volunteer, Craft/Hobbies Volunteer, Community Outreach/Event Planning/Fundraising Volunteer.

For more information contact: Keller Hospice LHC of Tuscumbia, 1404 East Avalon, Suite C, Tuscumbia. Phone 256-314-1204 or email Barbara.Johnson@ LCHgroup.com.

Shoals Elk Lodge 2860 Scholarship Program - Any high school senior who is a U.S. citizen may apply for the scholarship. Applications are available online. Applications will be judged on Scholarships, Leadership, and Financial need. For details and to access the application, visit enf.elks.org/mvs.

For more information visit the website or call Dr. Jean Love, Shoals Elks Lodge Scholarship Chair at 256-762-5043.

"Getting Well Together", a grief support group, will meet the 2nd Thursday of each month at 10am in the Family Life Center of Cliff Haven Church in Sheffield. This is a FREE support group for anyone who would like to attend. For more information, call 256-764-0873.

**Social Dancing** takes place from 6:30-9pm Tuesdays at The Club, 450 Country Club Drive in Florence. Alcohol/smoke/drug free facility. For people 18 and older, \$5. 256-760-6420

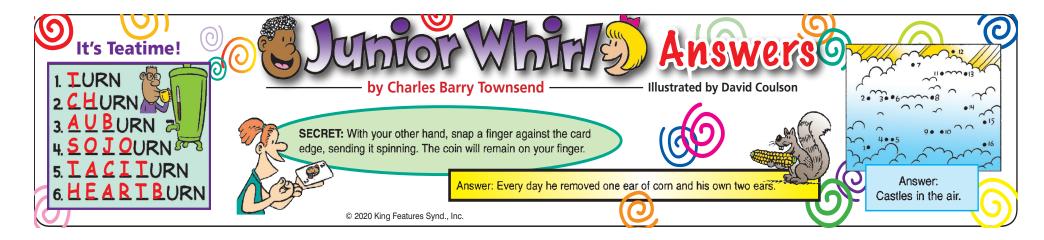
Did you know that there are 250 children who can't live at home in our community each month? These children can't live at home because the very people who are supposed to protect and care for them are not able to do so. These are the children in foster care. These are the children that need someone to stand up for them when it feels like no one cares. These are the children that need a CASA Volunteer.

Please consider becoming a Volunteer Advocate for local children who need a caring and committed adult to speak up for their best interest. Call the Shoals CASA office at 256-765-0041 or check out the agency's website for more information www.ShoalsCASA.org.

Want a job? Want a better job? Get your GED! Free GED Prep classes are located near you. The program is open entry with new students starting classes weekly. For more information, call the Northwest-Shoals Community College Adult Education Program at 256-331-5440 or 256-331-5438.







# $oldsymbol{A}\mathsf{S}\mathsf{K}$ the **A**TTORNEY



**Thomas McCutcheon** 

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

My husband passed away and left everything to me. Do I have to probate his Will? - Penny Claire, Florence, AL

You probably do. There are certain cases where the deeds and bank accounts and cars have already been made in such a way that there is nothing really to probate and in those situations there is no need to probate a Will or administer an estate.

Often something is overlooked whether it's a bank account or an insurance policy made payable to an estate or a car. When a loose end is not tied up by thorough preparation, then you have to probate a Will.

The first thing a probate court does is to make certain that what

you think is a Will is what they think is a Will. Wills are required by law to contain valid language and signatures that were executed by a person legally entitled to do so and witnesses properly.

Remember that Will is only good for five years and after that if there is a mistake or if there are unpaid debts, the Estate would have to be administered at more cost than probating a Will for any property to be sold for the benefit of your heirs.

One of the most unnecessary messes I've ever cleaned up was when a long time school teacher wrote her own Will and named the First National Bank of Florence as her Executor so as to avoid paying a lawyer to write the Will. She had three daughters who were teachers and one son who was an engineer. The First National Bank of Florence was no longer an ongoing concern. It cost the estate over \$12,000.00 in bond and Executor's fees to resolve the issues created by her attempt to save \$50.00. Not only did the Will that she wrote cost her children a substantial amount of money but she left them things that she no longer had at the time of her death and I recall a bitter argument between the children as a result.

There are certain benefits to having the Estate opened and closed in that creditors have the opportunity to file their claims and are barred from filing claims after a certain period of time. This in and of itself can make the transfer of property in the future easier for those who have to do so. It's also a good time to reflect on whether or not you have a Will and how you want your property to be divided at your death and perhaps do some Estate Planning while you have the opportunity.

Buckle up, drive safely and as always your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631

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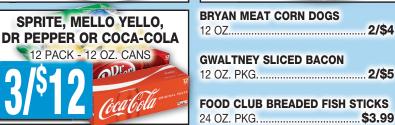
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