

Free copies for schools & businesses (661) 861-4939 [www.kerncountyfamily.com](http://www.kerncountyfamily.com)



# kern county **Family** free

m a g a z i n e

MARCH 2020

**Bob Colston Homes:**

**TIL Program Donor, Supporter, & KCFM Cover Feature WINNER!** p.12

Time to Start Thinking **SUMMER CAMP!**

Spring **HAS SPRUNG**  
Ways to Get Your Family **OUTSIDE**



**JOIN US! KCFM's 2020 CAMP FAIR IS THURSDAY, APRIL 2**

*plus:* have a super st. patrick's day p.23 local census programs p.18





# DOG DAZE on the FARM

*Your Pup Will Jump for Joy!*

- Field of Doggie Dreams  
*Now Leash-Free*
- Talent Show and Costume Party
  - Fur Baby Hayrides
  - Photo Opportunity



**March 22nd**

**Sunday • 10am - 6pm**

**\$4.99 Little Sprouts 1-3 years**

**\$9.99 Per Person**

*With admission you receive a \$5 token to support the organization of your choice.*

**855.868.7729**  
**The Big Red Barn**  
**MurrayFamilyFarms.org**

**Murray Family Farms**  
Bakersfield, California







**OWNER/PUBLISHER**

Lisajo Peterson Radon

**EDITOR** Lisajo Peterson Radon

**ART DIRECTOR** Pam Huber

**COPY EDITOR** Diane Sill

**SOCIAL MEDIA COORDINATOR**  
Callie Collins

**CONTRIBUTING WRITERS**

Janelle Capra • Callie Collins  
Rebecca Hastings • Andrea Rose  
Vaun Thygerson • Julie Willis

**ADVERTISING INQUIRIES**

Suzanne Stalker  
(661) 861-4939

**DISTRIBUTION INQUIRIES**

Anna Giuliano  
(661) 861-4939

**MAIN OFFICE & MAILING ADDRESS**

1400 Easton Dr., Suite 112  
Bakersfield, CA 93309  
(661) 861-4939  
Fax (661) 861-4930

**WEB**

www.kerncountyfamily.com

**E-MAIL**

kcfm@kerncountyfamily.com



Kern County Family Magazine is published twelve times a year by Skyline Publishing & Event Promotions of Kern County

Kern County Family Magazine is available free at more than 700 locations including libraries, grocery stores, retail stores, childcare centers, schools, hospitals and other outlets.

Subscriptions by mail are \$17 per year and must include a check:

KERN COUNTY FAMILY MAGAZINE  
1400 EASTON DR., SUITE 112  
BAKERSFIELD, CA 93309

Deadline for advertising and calendar information is the 10th of the month preceding.

Kern County Family Magazine welcomes story ideas and unsolicited materials. Send inquiries to the address listed above. Kern County Family Magazine reserves the right to refuse any advertising for any reason. The opinions expressed by contributors or writers do not necessarily reflect the opinions of this paper. Distribution of this paper does not constitute an endorsement of information, products, or services. Neither the advertisers nor the publishers will be responsible for misinformation, typographical errors, omissions, etc. herein contained. ©2019 by Kern County Family Magazine and Skyline Publishing. All rights reserved. No portion of Kern County Family Magazine may be reproduced without the written consent of the publishers.

**MEMBERS OF**



12

**On the Cover**

Our cover features Bob Colston (left, with daughter Robin and son-in-law Wade) of Bob Colston Homes. Bob's donation during the recent Taft Casino Night fundraiser for the TIL Program included a KCFM cover feature. Read more about Bob Colston and why he and his family is passionate about the TIL Program on page 12. Photos by LJ Radon, KCFM



16

**Hello, Happy Mama**  
Lessons from a Girl Scout  
(and Her Mama)



23

**You Can Do It:**  
Have a Super Saint  
Patrick's Day



20

**Camp Guide:**  
Map Out Your  
Summer Camp Plans

**PLUS**

**Don't miss the FUN, the FEATURES, and the FACTS!**



- 4 **Dear Reader:** Happy Valentine's Day
- 6 **Refrigerator Door:** Local Voices, News & Trends
- 8 **Vital Signs:** Healthy News to Use
- 10 **Spring Feature:** Get Outside!
- 14 **Humor@Home:** Confessions of Mom Failure
- 18 **Local Feature:** Census-Themed Programming
- 22 **Camp Guide:** Preparing for Camp Season
- 24 **Happenings™:** Calendar of Local Events
- 28 **Worship Guide**
- 30 **Family Shopper**
- 34 **Activity Corner:** Sudoku, Word Find & More



dear reader



Vaun Thygerson,  
Contributing Writer

I saw this phrase on a sign the other day, and it fits my sentiments exactly: "Spring is nature's way of saying, 'Let's PARTY!'" Better weather, more fragrance, and a more colorful landscape are all signs that spring has arrived and summer is right around the corner. This seasonal change means it is time to get our children's spring break and summer camps and classes scheduled.

When my children were younger, I would sign them up for almost every camp or enrichment opportunity we could squeeze into our schedules. Over the years, they have had a variety of experiences with organized activities such as horseback riding, piano, art, sports, theater, swimming, whitewater rafting, and so much more. I love that Bakersfield offers such a diverse range of activities and gives my children a chance to become well-rounded individuals. It also helps them find their passion. They won't know what they will like until they try it.

When I asked my kids what camp was their favorite, my 21-year-old daughter said it was an art camp she attended that was organized by a friend when she was 11 years old. My 16-year-old son said his favorites are any of the ongoing lacrosse clinics he's participated in through North of the River. My 14-year-old son said his favorite one was when he was 10 years old and he went to the SPCA camp, where he took care of a Shih-tzu/Terrier mix puppy for a week. He even named the girl puppy Batman. We still laugh about that one!

KCFM presents such a wonderful chance for you to sign up your children at its 24th Annual Summer Camp and Adventure Fair on Thursday, April 2. (For details, see the advertisement on page 35). You will be amazed at how many cool and exciting programs are available for your children to try. It really is a wonderful event, where all the camp and program directors are in

one room. You can even sign up that day. If you're looking for more resources, check out Callie Collins' article, "11 Ways to Help Families in Kern County," on page 7. She writes about five reader-provided suggestions for local non-profit organizations that they're involved with in a positive way. Whether they need assistance or want to volunteer, there's a cause that benefits everyone.

For this month's Humor at Home column, Julie Willis grapples with something most moms can relate to. In her article, "Confessions of Mom Failure: Thank You Super Moms for Making Me Look Awful," on page 14, she writes about those times when we look at someone who seemingly has it all together while we KNOW we don't. I can relate 1,000 percent! She has a funny take on these "perfect" moms and wants to know their secret.

Janelle Capra's Hello Happy Mama explores entrepreneurship with mamas and young girls. In her article, "Lessons from a Girl Scout and Her Mama," on page 16, she interviews Kat Clowes, an author and local business owner of March Consulting, and mom to a Girl Scout, to find out about her life, business, and those yummy cookie sales.

Let's get this party started! Take advantage of all Bakersfield has to offer, because it provides a lot of diversity in learning and teaching. Children who participate in many different activities become more well-rounded and they have a better chance of finding their passion. Thanks to local camps and classes, my daughter found a lifelong joy in art, my middle son continues to play lacrosse for the Stockdale High School Mustangs, and my younger son is one of the biggest animal lovers you will meet. You never know what's going to click until you try it, so you might as well try it.

Come say "Hi" to me at KCFM's Summer Camp and Adventure Fair on April 2nd! And let's PARTY!



THE **BLVD!**  
EATS x DRINKS x GAMES

**1/2 OFF  
ARCADE  
GAMES  
TUESDAYS**

**BLVDBakersfield.com**  
**661.873.4477**  
3200 Buck Owens BLVD





# The Best Care from Day *One.*

Valley Children's experienced pediatricians welcome expectant parents to meet with us **before** your baby arrives. These interviews allow you to get to know your baby's doctor, ask questions and learn about caring for your new arrival.

To schedule a **no-cost** expectant parent interview, call a Valley Children's pediatrics office near you.

## San Dimas Pediatrics

500 40th Street  
Bakersfield, CA 93301  
661-327-3784

Monday-Friday 7:45 a.m. - 5 p.m.  
*Se habla español*

## Stockdale Pediatrics

9880 Brimhall Road  
Bakersfield, CA 93312  
661-663-3122

Monday-Friday 7:45 a.m. - 5 p.m.  
*Se habla español*

**WE'VE MOVED!**

Accepting all PPO, Medi-Cal and Blue Shield HMO

[valleychildrenspediatrics.org](http://valleychildrenspediatrics.org)



## Bakersfield 2020 Career Fair

Don't just look for a job, but connect with the right employers. The Bakersfield 2020 Career Fair will be held on Wednesday, March 25, from 9:00 a.m. to 12:30 p.m. at the Doubletree Hilton Hotel, Bakersfield, 3100 Camino Del Rio Court.

The Career Fair is a great opportunity to connect with top local and Fortune 500 employers. Professional dress and an updated resume is strongly recommended.

**For more information, please visit [careerfairconnection.com](http://careerfairconnection.com) or call 1-800-925-4452.**



## Five Reader-Suggested Events We're Looking Forward to this Spring

By Callie Collins

The 2020 spring equinox, which marks the first day of spring, takes place on March 19. Like many of our readers, we're already looking ahead to warmer weather, baby lambs and larks, and all the beauty of spring flowers. Local events, too, stand out this time of year.

We asked our readers to share some of their favorite annual happenings in Kern County and they didn't disappoint. We loved perusing their colorful answers, all of which conjure up images of seasonal family fun. Plan your spring and make memories with our community calendar at [www.kerncountyfamily.com/Site.Calendar.html](http://www.kerncountyfamily.com/Site.Calendar.html).

Here are five top events and traditions Kern County Family Magazine readers mentioned:

**Fruit picking at Murray Family Farms** - Debbie Work

**The big Easter egg hunt at the park. My daughter loves it!** - Stephanie Spainhoward

**Mac & Cheese Fest & first Friday & the local farmers markets** - Shannon Snyder

**Anything at CALM or the Kern Museum. Also the (KCFM) summer camp information day!** - Danielle Porcho

**Family time skating and eating ice cream** - Yuli Santamaria

## Walk MS (Multiple Sclerosis): Bakersfield 2020

On Saturday, March 28, join your friends, family, and other community members for Bakersfield's Walk MS (Multiple Sclerosis) at The Park at River Walk with one and three mile routes available. The site opens at 7:30 a.m. and the walk starts at 9:30 a.m.

This event brings people together for one powerful cause: to end MS forever. With that goal in mind, the National MS Society's motto states, "And with every step we take and every dollar we raise, we're that much closer."

**For more information, please visit [www.nationalmssociety.org](http://www.nationalmssociety.org).**

## 7th Annual Wind Wolves Preserve Spring Nature Festival

Join Wind Wolves Preserve rangers, naturalists, guest experts, and nature-enthusiasts in a variety of activities on Saturday, March 21, from 10:00 a.m. to 4:00 p.m. and Sunday, March 22, from 10:00 a.m. to 2:30 p.m. This free festival will include guided hikes, wildlife and wildflower viewing, a virtual reality rock art experience, and much more. You will even have a chance to get your hands dirty at the restoration station and participate as a volunteer land steward and plant native plants. No registration is required.

**For more information, please visit [www.wildlandconservancy.org/preserve\\_windwolves\\_naturefestival.html](http://www.wildlandconservancy.org/preserve_windwolves_naturefestival.html).**

## KCFM's 24th Annual Summer Camp and Adventure Fair Set for Thursday, April 2nd

Save the date for KCFM's Annual Summer Camp and Adventure Fair on Thursday, April 2, from 2:00 to 6:30 p.m. at the Westside Church of Christ, 7300 Stockdale Highway. As the area's ONLY regional camp fair, don't miss this chance to discover fun and enriching programs for your children. You'll find activities for every interest and budget including outdoor adventures, sports camps, language learning, programs for children with special needs, and so much more.

**For more information, please visit [www.kerncountyfamily.com](http://www.kerncountyfamily.com) or call 661-861-4939.**

**Thanks Danielle!  
Come say Hi to us April 2nd!**





“AS YOU GROW OLDER, YOU WILL  
DISCOVER YOU HAVE TWO HANDS:  
ONE FOR HELPING YOURSELF, THE  
OTHER FOR HELPING OTHERS”

- Audrey Hepburn, actress



## Support the Bakersfield Museum of Art at ARTMIX

Bakersfield Museum of Art presents ARTMIX, an unforgettable night to benefit the museum, which will be held on Thursday, April 2, from 7:00 to 9:00 p.m. Indulge in signature cocktails and culinary delights from Bakersfield's best eateries. The event will also feature original works of art from local and regional artists which will be sold in an Off the Wall Art Sale.

Purchase Benefactor tickets to start the night early with an exclusive champagne reception from 5:30 to 7:00 p.m., have the first chance to pick your favorite art off the wall, and savor a sophisticated culinary experience only available during the Benefactor reception.

Proceeds from ARTMIX benefit the BMoA Fund, which supports all areas of the Museum including preservation of the BMoA permanent collection, visiting exhibitions, and youth art education and outreach.

For more information, please visit [www.bmoa.org](http://www.bmoa.org).



## 11 Ways to Help Families in Kern County This Spring

By Callie Collins

Springtime can feel like a great time to change up your routine. Volunteering in the community is a gratifying way to participate in the society we share. Now is the perfect time to figure out how to work a few volunteer hours each month into your family's life experience.

Whether you can volunteer or are seeking services for your own family, there are some excellent non-profits and service-oriented organizations in Kern County. Here are 11 ways to work with service organizations in your area, whether you need services or plan to offer them through a cause in Kern County:

- **Settle on a cause:** Focus on which issues are most important to you as a volunteer or a person in need of services. Use a site like [charitynavigator.org](http://charitynavigator.org) to find out basic information about how the organization operates. Asking about the non-profit in local closed Facebook groups can be a good second step to find out tips that are more specific to volunteering or requesting services through a named agency.
- **Gather basic information:** Make a quick call and find out how the non-profit works for volunteers or members of the public. A background check may be required before being accepted to work with those who need help, especially if services involve children. People needing services may be required to bring certain documents, including proof of identification or income.
- **Look at special programs for children:** If you plan to volunteer as a family, check on age requirements for children. Some children as young as 8 can volunteer in certain settings. Special programming like tutoring may be available for children whose parents are seeking services, too.
- **Consider volunteering as a group:** A church or youth organization, school or social group may help you enjoy volunteering more than if you go on your own or with your family. A corporate affiliation through a volunteer program also gives employees a more vested approach to serving the community in a tangible way.
- **Determine what periods of time apply or are relevant to what you're doing:** See how frequently you want to volunteer or can seek services. Talk with staff to be clear on expectations.
- **Know that options exist:** There are many organizations you can work with and that can work with you. None are meant to be a one-size-fits-all service. If it's not working out, move on and try again with another organization.

Our readers suggested these five local organizations to get involved with, especially if you're looking to volunteer in Kern County:

- **Links for Life:** Breast cancer support charity [linksforlife.org](http://linksforlife.org)
- **Hope Center:** Clothing and food assistance [hopecenters.net/volunteer](http://hopecenters.net/volunteer)
- **Boys & Girls Clubs of Kern County:** Tutoring, before and after school care, mentoring [www.bgclubsofkerncounty.org](http://www.bgclubsofkerncounty.org)
- **Alzheimer's Disease Association of Kern County:** Provides caregiver support and activities for patients in need of services. - [www.adakc.org](http://www.adakc.org)
- **The Mission at Kern County:** Homeless shelter and rescue services, including food pantry, addiction recovery, help for women fleeing domestic violence and more. [themissionkc.org](http://themissionkc.org)









# Healthy Teeth, Healthy Child!

1. Brush your teeth twice a day for at least two minutes
2. Floss every day
3. Limit the number of sugary snacks you eat each day
4. Visit your dentist every six months or as recommended

Operation



Saving Smiles

Need help finding  
a dentist for your child?  
Call (661) 321-3000



KERN COUNTY  
Public Health Services  
DEPARTMENT

[kernpublichealth.com](http://kernpublichealth.com)

Funded by the California Department of Public Health under contract 17-10695



spring feature

# Get Outside!

## Family-friendly outdoor activities to embrace this spring

By Metro News Service

Spring arrives in the Northern Hemisphere on March 19, bringing with it visions of more hours of sunshine, warmer temperatures and ample opportunities to embrace the great outdoors. Come mid-March, people who live in climates marked by cold winters have no doubt been anticipating spring fun in the sun for some time.

Once spring arrives, the following make for some great activities.

### Sports

Come spring, various sports fill up afternoon and weekend schedules. Whether these are professional sports or youth sports leagues, the games can be a great way to spend time outdoors in the fresh, suddenly warmer air.

### Visit an orchard

Spring is a season when many berries, such as strawberries, blackberries, and blueberries, begin to ripen. Find your local pick-your-own establishment to spend a day having fun (and getting a little messy) grabbing sweet berries for salads, jams and pies.

### Hit the links

It's time to dust off the clubs and play the greens at any of the thousands of golf courses in North America. The National Golf Federation says the United States is home to around 15,000 courses. The warmer temperatures are ideal for practicing your short game on the putting green or for playing all 18 holes.

### Get the patio company-ready

Clean off patio furniture or start shopping for new items if you didn't partake in end-of-season sales. This is just the start of the outdoor entertaining season, and it pays to refresh the deck or patio and invest in some quality furniture to keep guests comfortable.

### Plan a vacation

Many schools go on a hiatus for a week or two during the spring, prompting otherwise busy families to get away for some R&R. Book early to score the best deals on hotel rooms and flights.

### Plant a garden

As winter melts away into spring, keep your eyes open for those early spring blooms—crocus, daffodil, and hyacinth. They'll signal that it's time to get out and dig in the soil.

To children, gardening is a bit like magic. One simply puts seeds, those little packages of mystery, into soil and after waiting for a loooong time, as much as two weeks; little plants peek up into the world. See the column to the right for amazing, kid-focused gardening books. For more fun projects to do together see [www.kidsgardening.org](http://www.kidsgardening.org).

### Give your bike a tune-up

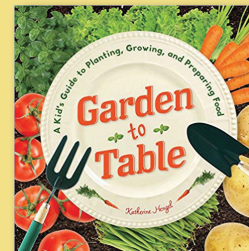
Take your bike out of storage and give it a once-over. Now is the time to put air in the tires, grease the chain and make sure that the brakes and other equipment are working properly. Most bike helmet manufacturers recommend replacing helmets every three years, even if you haven't been in a crash. That's because the polystyrene foam can degrade over time from environmental exposure.

### Visit a farm

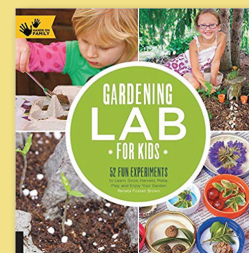
Many farm animals give birth in the spring. Children may be excited to see piglets, foals, kids, and all the other adorable young animals draw their first breaths.

Spring's arrival presents the perfect opportunity to reacquaint oneself with the great outdoors.

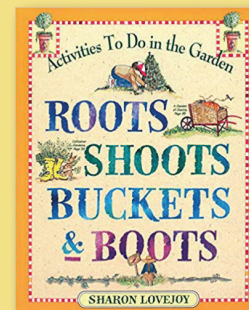
## Introductory Gardening Books FOR KIDS



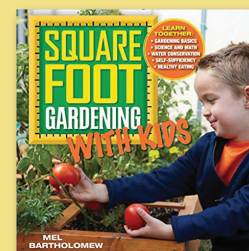
**Garden to Table: A Kids' Guide to Planting, Growing and Preparing Food** by Katherine Hengel



**Gardening Lab for Kids: 52 Fun Experiments to Grow, Harvest and Enjoy Your Garden** by Renata Fossen Brown



**Roots, Shoots, Buckets and Boots: Gardening Together with Kids** by Sharon Lovejoy



**Square Foot Gardening with Kids** by Mel Bartholomew



# Bad Hair Day?

Call **Lemonade Locks Wig & Gift Boutique!**

We carry a fabulous selection of wigs and hairpieces. We take pride in our personalized one-on-one service and we are experienced in fitting, altering, and trimming your wig to meet your needs. We also have a great selection of hats, scarves, clothing, accessories and gift items.



**The Roxy Wig**

**We've Moved!**

Our **new** address is  
1712 "K" Street, Bakersfield, CA 93301  
**(661) 549-WIGS (9447)**  
[www.lemonadelocks.com](http://www.lemonadelocks.com)

Public Welcome  
Please Call for Appointment

Hours: Mon-Fri 10a-6p, Sat: 10a-3p



## Comprehensive Vision Therapy Center

infant . child . adult

### MARCH IS BRAIN INJURY AWARENESS MONTH

Do you, or does anybody you know, experience any of the following?

- Difficulty with memory • Difficulty with balance
- Visual confusion • Visual field loss
- Double vision • Eye strain • Headaches

We offer comprehensive Neuro-Optometric Evaluations for patients with:

- Stroke
- Traumatic brain injury
- Whiplash
- Developmental delays
- Cerebral palsy
- Multiple sclerosis
- Autism spectrum disorders

Dr. Suter has been awarded the 2011 *Founding Fathers Award* from the Neuro-Optometric Rehabilitation Association, International for exceptional contribution to the field of neuro-optometric rehabilitation.

## Dr. Penelope S. Suter,

Board Certified in Vision Development and Vision Therapy  
5300 California Ave. Suite 210, Bakersfield, CA

**661-869-2010**

Learn more at [www.drsutervision.com](http://www.drsutervision.com)



# Spring Break 2020

Everyone needs a break and some fun...  
you've earned it!

## \$16<sup>99</sup> Unlimited Wristband with \$5 Game Card

1251 Oak Street, Bakersfield, CA 93304 | 661.859.1812  
[www.camelotparkbakersfield.com](http://www.camelotparkbakersfield.com)

valid March 3<sup>rd</sup> - 14<sup>th</sup>









# Community Connections

## The TIL Program Continues to Make a Difference for Local Families

By Callie Collins



TIL supporter & donor, Bob Colston, left, with his daughter and son-in-law, Robin and Wade Owen. Kern County Family donated our March cover photo at the Taft Casino Night Fundraiser, an event held in support of the TIL Program, and Bob was the lucky bid-winner. Congratulations and thanks to Bob Colston Homes!

The Transition to Independent Living (TIL) Program in Taft is known for its community success. The same could be said of local developer and construction company owner Bob Colston, who has been in business for more than 50 years. He is known for having built the majority of homes in the area, including Sandy Creek Estates, his latest project. A connection between Colston and the TIL Program has also been on-going since the early days of the college program, which helps students with special needs gain life and work skills.

Colston purchased this month's magazine cover at the Taft Casino Night Fundraiser, an event held in support of the TIL Program. The program was featured in our January edition, with details about how the residential and off-campus aspects of the study set-up help young adults with Autism Spectrum Disorders and with varied abilities to prepare for what they'll need to navigate daily living. Finance skills, grocery shopping, cooking, cleaning and social skills are some of the skills students learn in the two-year course of study.

Colston's grandson, Devin Joy, graduated from the program.

"You may know or, well, you may not know that other kids can be some of the cruelest creatures in the world," said Colston of his grandson's high school years. "Devin had one or two close friends, I guess, but you couldn't really say he had any more than that."

Colston credits the TIL Program with bolstering Joy's self-confidence.

"The way I see it, we can either support these kids on the taxpayers' dime, maybe for the rest of their lives, or we can help them help themselves through programs like these. That's why I support it, besides what it does for kids'

self-esteem," said Colston. "The TIL Program makes it possible for someone to be able to do for themselves."

Students complete a career assessment and annual follow-up surveys show that 17 percent of students attend community college classes or training programs. Some 75 percent of graduates are employed. The Department of Labor estimates that only about 20 percent of disabled adults are consistently employed.

"All students in the TIL Program work on a Transition Plan, beginning the first month they enter until the time they graduate. Important components of the Transition Plan include identifying job leads and locations to live when the student returns to their home community," said Aaron Markovits, program director. "The Transition Plan is presented to the student's circle of support at their Transition Plan meeting held in their community. Supporters like Bob help make this program possible for families that come from so many places to help their kids. It simply would not be possible without them."

As for Joy, he is now employed in supply management at Google. His own connection to community is now clearer than ever.

"When we got out there for his graduation ceremony, this kid that no one wanted to talk to in high school got an award for being the most popular boy in school," said Colston proudly.

Find more information about the TIL Program here:  
[http://bit.ly/til\\_program](http://bit.ly/til_program)

Bob Colston's latest project at Sandy Creek Estates can be found here: <http://sandycreekestates.com/>



Baby, Me Simply Me  
Boutique



Baby, Children's  
and Women  
Clothing,  
Accessories and Gifts



4021 Calloway Dr.  
661-588-2775

Mention this ad and receive 10% off your purchase.



661.322.6380 | WWW.JAKESTEMEX.COM | INSTA/FB@JAKESTEMEX

Midtown Family Dentistry & JustforKidsDentistry  
861-0577 327-7668



**WE'VE MOVED!!!**



3500 Truxtun Ave., Ste. #A & B Bakersfield

New Patient Exam  
**\$49<sup>00</sup>**

INCLUDES X-RAYS,  
OFFICE VISIT & CLEANING  
Not valid for Periodontal treatment

**OPEN SATURDAYS**  
Brand New Location to Serve You  
El Dentista Habla Espanol  
Most Insurance Accepted & Kern Family Health Care

New Patients Welcome! Kindergarten Exam!!!



Join the FUN at  
Trinity Preschool!



Monday-Friday 6:30am-6:00pm  
Half days & Full days available  
Ages 2yrs-6yrs (non-potty trained welcome)  
Snacks and Lunch Provided

(661) 282-5252  
11300 Campus Park Dr  
Bakersfield, CA 93311  
www.trinitybakersfield.com

LIC # 153810005



**BAKERSFIELD SWIM ACADEMY**



**USA Competitive Swimming Team**

Can your child swim 100 yards of Freestyle?  
They may qualify for BSA Summer Swim Team!

- Training & Swim Meets from May-July
- 1-hour practice daily Monday-Thursday

First Practice starts early May

Last Practice - Finish mid - late July TBD

Contact [team@bakersfieldswimacademy.com](mailto:team@bakersfieldswimacademy.com) for details.

Online Swim Team Registration Starts Mar 2nd  
<https://bakersfieldswimacademy.weebly.com>  
Spaces are Limited. Don't miss out!!



661-615-6530 • From Infants to Olympians!



3311 Allen Road • Bakersfield, CA 93314 • [www.bakersfieldswimacademy.com](http://www.bakersfieldswimacademy.com)

kern county  
**Family**  
magazine

**WIN**  
on  
**WEDNESDAYS!**

Subscribe to our newsletter and you  
could win contests, prizes, toys, tickets,  
and more...EVERY Wednesday!

[bit.ly/wow\\_win](http://bit.ly/wow_win)





# Confessions of Mom Failure

## Thank You Super Moms for Making Me Look Awful

I want a T-shirt that says, “I didn’t used to go out in public in sweat pants and messy buns, and I didn’t used to have gray hair and wrinkles, and I wasn’t fat, and I didn’t have stains on my clothes, but you do realize that I have children, right?” And another one for work that would say, “I used to be able to count to six and make a power point presentation with zero typos, but please bear with me as I spend the next eighteen years adjusting to parenthood.”

Instead, I just look out the windows of my eyes—the ones that didn’t need glasses before having children—and watch the mothers who were smart enough to have their children in their twenties, the ones whose bodies recovered, the ones who still turn heads and not in an I-can’t-believe-that-woman-is-wearing-curlers-in-Walmart-Doesn’t-she-know-people-can-see-her kind of a way. You know. The moms who have it all together. They don’t just LOOK good. They ARE good. You see them at the grocery store, and they have a toddler in the shopping cart—and he isn’t even trying to climb out of it! And you see her putting her groceries in her van—and toys and Cheerios aren’t even falling out the door when she opens it! Who are these women? And where did they learn to be so perfect? Is there a class for that?

I am sorry if I stare at you, Perfect Mama. I’m just in awe. I want to be you. Here was me as a new mom: Wake up at 4:50 am, thinking, “OK, I can do this. I’m not going to be late. Walk dogs. Make breakfast. Take shower. Feed toddler; feed baby; get out the door. It’s really not that complicated.”

But, you know, babies and toddlers just don’t understand about getting out the door.

My toddler liked to do things like bring an armful of clothes hangers with her. She would try to carry about sixty plastic clothes hangers in her eleven-inch arms. Of course, six or seven would drop as she walked, and she would of course have to stop and pick them up, and then four or five more would fall, and she would need to pick those up, too. And then she would get mad that, instead of helping her with her load of hangers, I had the audacity to occupy myself with carrying the baby, the diaper bag, the keys, and the jackets.

And the baby would either decide she needed to eat again (NOW) as soon as we got that load of clothes hangers actually through the door, or she would have a diaper blowout as soon as I buckled her into her car seat.

By the time we actually pulled out of the driveway, it would be like 10:25, and all three of us had had at least one full-blown meltdown and were ready to turn right back around and head inside for a nap.

My kids are older now. They can feed and dress themselves and walk to the car on their own. Do I look any better? NO! I look worse, because I look like I’ve been doing this for ten years, because I have. Also, because now that they talk, they have been known to, on occasion, when we are most in a hurry, use that talking feature to do time-wasting things—like talk—instead of eat and get dressed and walk to the car.

Note to self: Must spend more time spying on Super Moms to learn the Secrets of Managing the Chaos.







**AKU**  
AMERICAN KIDS UNIVERSITY  
Building Healthy Bodies AND Minds.

A preschool built on 30+ years of excellence in athletic education.

**THE AKU EXPERIENCE:**

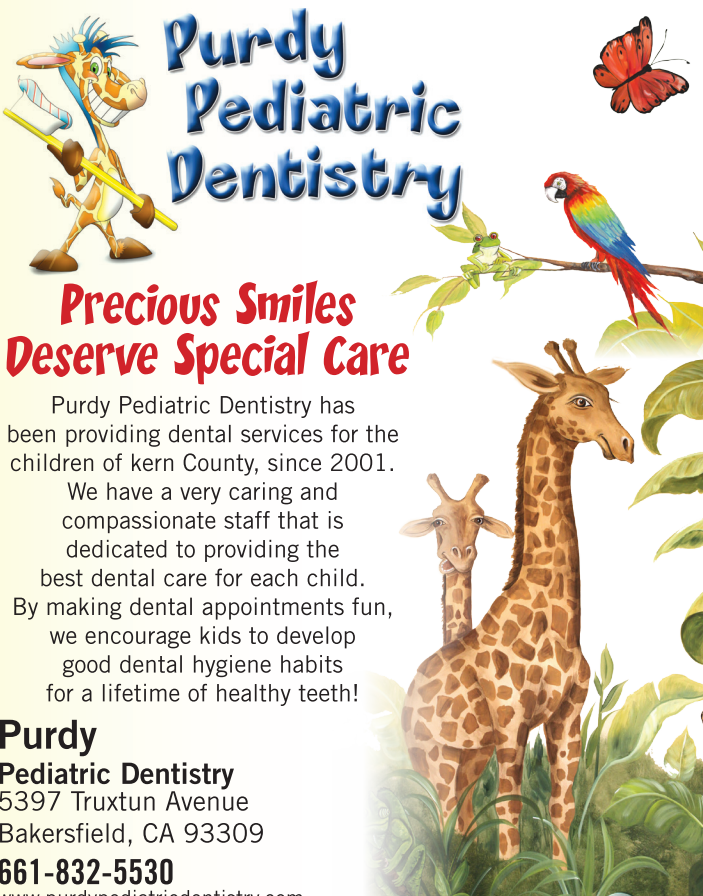
- KINDER READINESS
- GYMNASTICS
- CREATIVE MOVEMENT
- MARTIAL ARTS
- SPANISH & FRENCH
- NINJA ZONE
- GARDENING
- ART & MUSIC

**START HERE SUCCEED ANYWHERE**

**AMERICAN KIDS UNIVERSITY**  
Active Kids, Active Learning

**ENROLL NOW BEFORE CLASSES ARE FULL!**

www.AKSC.com | 3622 Allen Rd | 661.589.2100



# Purdy Pediatric Dentistry

## Precious Smiles Deserve Special Care

Purdy Pediatric Dentistry has been providing dental services for the children of kern County, since 2001. We have a very caring and compassionate staff that is dedicated to providing the best dental care for each child. By making dental appointments fun, we encourage kids to develop good dental hygiene habits for a lifetime of healthy teeth!

**Purdy Pediatric Dentistry**  
5397 Truxtun Avenue  
Bakersfield, CA 93309  
**661-832-5530**  
www.purdypediatricdentistry.com



## Families Grow Healthy with WIC

**WIC Offers**

- Classes on healthy & easy breakfast ideas, tips for picky eaters, first foods for infants and breastfeeding education
- Lactation Consultants, Registered Dietitians and Nutritionists available
- Vouchers for Healthy Foods

**You may qualify for WIC if you**

- Are pregnant or have a child under 5 years of age
- Have CalFresh, Medi-Cal or Calworks (Cash Aid)
- A family of 4 earning up to \$47,638 a year

**WEEKEND AND EVENING HOURS AVAILABLE**  
**WALK-IN'S & FOSTER FAMILIES WELCOME!**



**CALIFORNIA wic**  
WOMEN, INFANTS & CHILDREN  
Families grow healthy with WIC

**Locations in:**  
Bakersfield • Delano • McFarland • Lake Isabella  
Taft • Lamont • Arvin • Frazier Park

This institution is an equal opportunity provider

CONNECT WITH US <https://clinicasierravista.org/Departments/introduction/WIC.html> 661-862-5422



**LAW OFFICES OF SYLVIA LOPEZ**  
A PROFESSIONAL LAW CORPORATION

**Sylvia Lopez & Marcos Rodríguez**  
ATTORNEYS AT LAW

# ACCIDENTS HAPPEN!

**Hablamos Español**

**35 Years**

**661-324-5911**

**315 Truxtun Ave**  
Bakersfield, CA 93301

**mrodriguez@lopezlaw.net**  
**www.lopezlaw.net**



# Lessons from a Girl Scout (and Her Mama)

## Hello, Mama!

Spring is in the air. The birds are chirping, the flowers are blooming, and the Girl Scout cookies are selling! Oh, come on, you know you buy them, too. Yes, it is that time of year when moms all over the country buy a box (or two or three!) of Thin Mints, Peanut Butter Tagalongs, or the Shortbread Trefoils, because they pair perfectly with our morning coffee (am I right?). Every year, I make sure to support a friend's daughter with her cookie sales. I love being able to encourage future entrepreneurs and I love me some Thin Mints, it's a win-win!

This year, I sat down with my friend Kat Clowes to talk about motherhood, owning her own business, and her daughter Millie's Girl Scout goals. Kat is the author of *Put College to Work*, the owner of March Consulting, and an amazing talent who you may have seen in the local theatre scene. Kat has made helping students realize their college and career dreams her #1 priority. We met up over lunch at Woolworth's (across from her office downtown) and here was our conversation:

**Janelle:** What is the meaning behind the name, March Consulting?

**Kat:** March is the month that most college acceptances are sent out, so we wanted to start there. It's also a forward motion. You can't "march" anywhere confidently unless you know where you're going. I wanted students to not make the same mistakes that I did when I went through the admissions process. I discovered what I was most excited about was helping students avoid my mistakes. That's why I started March Consulting. My vision is for Kern County students to have the best opportunities, find colleges that fit them best, and be confident as they step into their futures.

**Janelle:** What can parents and students in high school do to prepare and "put college to work" for them?

**Kat:** The best thing that a student can do is to try out different things. Find out what you're good at doing and what you're not good at doing. Find out what you like the most. Have experiences that help you to grow as a person. Go on a personal adventure with yourself. This is the time to start to get to know yourself, and what sounds interesting to you. It will save you a lot of strife later in your career. For example, if you're thinking about



photos courtesy Janelle Capra

Millie, above, crushing her Girl Scout cookie goals.  
Below, Kat Clowes, owner of March Consulting.

becoming an engineer, talk to a few engineers. Look up the engineering professional societies and read their newsletters. Talk to members. Investigate different programs and take notes on what sounds the most interesting.

For parents, start early. Help support your student in their adventure. Teach them life skills (like making their own doctors appointments, how to leave a voicemail, etc.) that they can take with them. Listen to them.

Help him or her research the opportunities that each program or college might offer. Finally, this is their journey. Their life. Don't do it for them.

**Janelle:** What do you hope your daughter, Millie, will learn from watching you start your own business?

**Kat:** My main hope is that she sees and understands each aspect of having a business, giving her a great foundation to start her own. I think that, as parents, often times we forget in the day to day what we can show and teach our children about what we do for a living and how it relates to the world or what they might want to do someday, especially in business. The more she can learn now, when she's young, the better off she'll be on her own path to the future. I grew up watching my mother start and run her successful business and although I didn't understand some aspects of it, I grew up thinking that I, too, could have my own venture.





Finally, I hope she learns that you can have a successful business helping others and giving back. A lot of students concentrate on how much their salary might be when they could also use their talents to create incredible ventures that solve problems, help people, and make the world a better place.

**Janelle:** What lessons has she learned so far from being a Girl Scout?

**Kat:** Entrepreneurship is huge in Girl Scouts, due to the incredible cookie program. Our troop leaders in particular provide so much support to these girls to make it an adventure and to help them grow. Millie now has her own business selling cookies, and is learning (like most business owners) what she's good at and what she needs to learn. She's particularly grown in her sales skills and confidence.

What we've also noticed is how much she looks forward to being with her Troop and her fellow scouts. The camaraderie is definitely there. She's learned what it is to represent a group in public, as she wears her full uniform not only selling cookies, but on field trips that the girls go on. We got to have a great talk about representing a brand and organization, and what it truly means following the Girl Scout law, pledge, and representing all of Girl Scouts when you're in uniform.

So, there you have it, Mama. March is a great month for planting flowers, planning for your student's college future, and, most important, for buying boxes of Girl Scout cookies! Millie, I'll take four boxes of Thin Mints, please. Thank you!

**Do you have a student applying for college? Got a daughter selling Girl Scout cookies? Let's keep the conversation going at #HelloHappyMama on social media.**

# Happy Mama March Contest

Sponsored by Cardinale Motors & Volkswagen



Cardinale Automotive Group Volkswagen

## Win 4 Tickets to see the LA Dodgers!

Game Day is Wednesday, April 15th vs. St. Louis Cardinals, Loge seating. Parking is included.

Contest begins February 27, 2020, and ends March 30th at noon.

Enter at [bit.ly/march\\_win](http://bit.ly/march_win)



# KCFM's 24th Annual SUMMER CAMP & ADVENTURE FAIR

## Thurs. April 2<sup>nd</sup>

### 2:00-6:30pm

Westside Church of Christ  
7300 Stockdale Hwy



SPONSORED IN PART BY:



kern county  
**Family**  
magazine

Find the PERFECT Camp for Your Kid (and your budget!)





# Plan to Attend:

## Find Census-Themed Programming Throughout Kern County Library Branches

By Callie Collins

Census-themed events will bring history to life at local library branches throughout Kern County this March –just in time for the national census taking place in towns and counties throughout the United States.

### About the 2020 census

The U.S. census will begin arriving in mailboxes at the end of March. It is critical to count all individuals in Kern County in order to allot proper funding per person for public services like child and eldercare, hospitals and public schools. An estimated loss of more than \$2,000 per person is anticipated for each person who is not counted in the census.

Privacy is guaranteed and all details are kept confidential regardless of age, immigration status or socioeconomic range.

### Happening at a library near you

Kern County Library is making the census more relevant with planned activities for families. "Our census-inspiring programming in March emphasizes families and opportunities to learn about family history, specifically through oral storytelling, portraiture, writing, scrapbooking and genealogical research," said Jasmin LoBasso of Kern County Library's marketing division. "We encourage our community to discover more about their own history through science and the history of the area through historical talks. Stop by the Kern County Library to explore!"

### Upcoming schedule

#### Grandparents Tea Party – Taft Branch, March 21 at 2:00 p.m.

Bring your grandparents, aunts, uncles or parents to a Library High Tea. This event is a wonderful opportunity to bond with family and tell stories.

#### Memoir Writing Platform – Frazier Park Branch, March 17–21 (All Day)

Tell your personal story by editing, with blackout pens or scissors, already written passages to reflect your own memories. Share with our library community!

#### Family Portraits – Baker Branch, March 18 at 2:00 p.m.

Family portraits are a beautiful way to honor our mothers, fathers, and relatives; portraits were standard long before cameras. Create your very own family portraits!

#### Heirloom Seed Exchange – McFarland Branch, March 27 at 4:30 p.m.

Exchange seeds for planting at your home.

#### Genealogy Workshop – Delano Branch, March 26 at 5:30 p.m.

Learn about different ways to use technology to trace your family history, including through historical U.S. Censuses.

#### Scrapbook Workshop – Lamont Branch, March 21 at 2:00 p.m.

Bring some pictures and learn to create a scrapbook page to preserve family memories.

#### A Historical Review of Shafter and the Shafter Depot

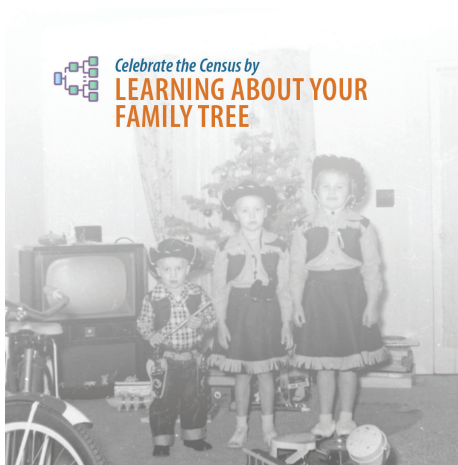
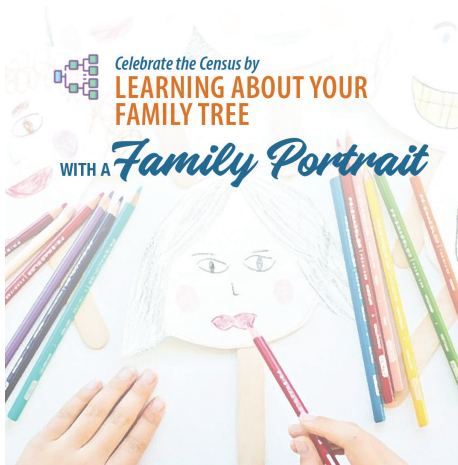
Shafter Branch, March 17 at 6:00 p.m.

Presented by the Shafter Historical Society.

#### Ancestry Science: How DNA Can Help You Find Your Roots

Beale Memorial Library, March 26 at 2:00 p.m.

Today's science lets us reach even further back in our research. Learn how we can use DNA to see a person's ancestry. Presented by the Kern County Genealogical Society.







# In California, all kids count.

**Children should be included on your 2020 Census form**—and not just children related to you, but any kids that live at your address. That means your children, grandchildren, nieces, nephews, and the children of any friends or relatives staying with you. Babies count, too! Even if they're still in the hospital, as long as they were born on or before April 1, 2020, make sure the person completing the Census for your address includes them on the form.

For more information  
about the 2020 Census,  
visit [CaliforniaCensus.org](https://CaliforniaCensus.org)

**FIRST 5**  
ASSOCIATION OF CALIFORNIA







# Map Out Your Summer: Four Tips to Find the Perfect Camp Fit

By Callie Collins

**M**any families spend winter figuring out how to chase away cabin fever and endure seemingly-endless school days until spring and summer mercifully return. Parents thinking ahead to swimming pools and days lounging on the beach can put their daydreams to practical use by planning ahead for summer vacations.

Parenting truth: camps fill up fast. Youth recreational programs and summer camps can bridge the gap in care between the end of school and the day when classes resume. Due to high demand, you already know that parents who want to place their kids in summer recreational programs or summer camps should start vetting such programs and camps well in advance of summer.

March and April are the ideal months to get a jumpstart on summer camp enrollment. Plan to attend our Camp Fair at Westside School of Christ on April 2 with your June and July schedule in mind.

Here are four tips to start your summer camp search:

### Ask for recommendations.

Speak with fellow parents and trusted friends about where they send their children. Personal recommendations can be very helpful, providing firsthand insight into a particular camp or program. Schedule appointments to visit camps that fall

within your budget. Take your child along so he or she can get a sense of what camp will be like.

### Explore all options.

Camps come in more flavors than ever before. Certain camps may be faith-based ministries while others may focus on particular sports. Band camps and art camps may appeal to creative kids. Also, there are plenty of general-interest camps that offer various activities without narrowing in on any particular one. Parents may need to choose between a sleep away camp or day camps, depending on which camp experience they want for their children.

### Inquire about camp schedules.

While many camps are flexible, day camps do not have the same level of flexibility as after-school programs. Arrangements will need to be made if care is required after regular camp hours. Speak with camp staff to see which types of after-hours programs, if any, are available.

### Determine your camp budget.

As varied as program offerings may be, camps also can vary greatly with regard to cost. Government-run camps may be less expensive than those offered by private companies. Day camps typically cost less than those that provide room and board. Find out if a particular organization subsidizes a

portion of camp costs. Scouting programs often have a dedicated camp and may offer affordable options for scouts. Martial arts schools and dance centers frequently offer camp schedules.

If camp seems out of reach, look into local summer recreation programs at parks or schools. Such programs may not be as extensive as those offered by camps, but they can quell boredom and keep children occupied during the day.

In addition to camp, remember to plan for some free days so children can just enjoy some downtime. Such days can break up the monotony of a routine and provide kids and families time to relax together.

Summer recreation may seem far off, but it is never too early to start making summer plans, including finding camps and other activities for kids.



**Looking for camp options? Attend Kern County Family Magazine's 2020 Camp Fair!**

**When: Thursday, April 2  
2:00 -6:30 pm**

**Where: Westside Church of Christ, Gymnasium**

**FREE Admission & Parking**

**Swag bags for first 200 attendees**



## Crazy's Wasewagan Camp & Retreat

Established 1933

**Sleepover Camp • Angelus Oaks, CA (Near Big Bear)**

Stand Up Paddle Boarding • Water Slide  
Glow Bowling • Roller Skating • Zoo Trip  
High Ropes Course • Horseback Trail  
Rides • Zipline Adventures • Canoeing  
Hiking • Riflery • Fencing • Archery  
Fishing • Beach Volleyball • Arts & Crafts • Swimming • Mountain Biking  
Basketball • Climbing Wall  
and lots more...




Kids 5-16

1 or 2 week options

(805) 498-5572 • wasewagan.com • crazycraig@earthlink.net

## SUMMER CAMP & ADVENTURE FAIR



APRIL 2

Westside Church of Christ

Find the PERFECT Camp For Your Kid!

kerncountyfamily.com



Learn how to make (almost) anything at the CSUB FabLab!



STEM SUMMER CAMPS  
AVAILABLE FOR AGES 10 AND UP!  
**CSUB**

www.csub.edu/fablab





Musical theatre workshops for students 6-18  
Now enrolling Summer 2020!

MOANA JR. - JUNE/JULY | FAME JR. (TEEN) - JULY/AUGUST

(661) 325-6100 >> CONTACT US! <<  
[bmtstars.com/summerworkshop](http://bmtstars.com/summerworkshop)

# SUMMER ART CAMP

Hosted by Jennifer Gardiner Author & Illustrator

WEEK #1 June 8-12, 2020	WEEK #2 June 15-19, 2020
Session #1 9am - 12pm  Session #2 2pm - 5pm	Session #1 am - 12pm  Session #2 2pm - 5pm





### Children Ages 8-12 years

### \$185 - 5 (3 hour) sessions

Acrylic Painting - Basic Drawing  
Watercolor - Perspective Drawing  
Cartoon Illustrations




Sign Up & More information  
[www.jennifergardinerbooks.com](http://www.jennifergardinerbooks.com)  
Or call 661-978-9843




 @jennifergardinerbooks | 
  @everythingchildrencreative





# Preparing for Camp Season: Five Tips for Families

By Callie Collins

**S**ending a child away to camp for the first time is a major milestone for most families, one that is often marked by excitement, anticipation, and perhaps even some anxiety. However, when children take positive risks in a safe and nurturing camp environment, they have little time to miss home and a lot of time dedicated to fun, growing, and learning.

The benefits of outdoor play far outweigh potential risks, besides the benefits of independent learning and the chance to explore the world away from home while still under relative supervision.

Knowing how to let go as a parent is also an important aspect of surviving camp season. Childhood has been called “the long goodbye” and short separations can be beneficial for both parent and child. You may be surprised that you’re less ready than your child is to have some time apart.

Focus on helping your child get ready for some time without you and know that he or she will benefit from all that camp has to offer. Some time away can be beneficial for you as a parent, too. Follow these five tips to help prepare your child for a memorable experience:

**1. Talk to your child before the camp.** "What does your child expect to be doing at camp? Learning about the camp experience ahead of time will

allow you to create positive expectations. Also, talking with your child about these kinds of issues is a great way to show support as your child gets ready to take this important step on the road to being more resilient and self-reliant. For you as a parent, it can give you more peace of mind as you allow your child to participate safely in a broader world." – *Peg L. Smith, American Camp Association CEO*

**2. Prepare children for issues that come up so they know what to do in your absence.** "Share with your child that everyone has good days and bad days, and if they are having a problem, their counselor is there to help them. Make sure they understand that if the counselor doesn't know what might be troubling them, she can't help. Ask your child to be honest and to ask for what they need." – *Bob Ditter, family therapist*

**3. Practice, practice, practice!** "Encourage your child's independence throughout the year. Practice separations, such as sleepovers at a friend's or grandma's house, which can simulate the camp environment." – *Peg L. Smith*

**4. Making new friends at camp.** "If your child is shy about meeting new kids, encourage them to get to know others by being a good listener. Also, remind them that not everyone in the cabin, bunk, or group has to be their friend, and they don't have to be everyone else's friend, as long as they treat one another with respect." – *Bob Ditter*

**5. Homesickness can be prevented.** "Tell your child that some feelings of homesickness are normal! When children arrive at camp with a repertoire of coping strategies and some practice time away from home under their belts, they are ready for those normal feelings of homesickness. Keep in mind that only seven percent of homesickness cases are severe." – *Ann Sheets, American Camp Association, President*

The American Camp Association® (ACA) works to preserve, promote, and enhance the camp experience for children and adults. For more information, visit: [www.ACAcamps.org](http://www.ACAcamps.org)



you can do it .....

# Have a SUPER Saint Patrick's Day

By Rebecca Hastings

St. Patrick's Day is the perfect time for family fun! It's a low-pressure holiday because we don't need to worry about shopping and hosting large gatherings with all the fixing. Inherently simple, St. Patrick's Day brings a smile to everyone's face with these fun (and tasty) crafts and recipes.

Start the day off right with this idea that's sure to become a family tradition: St. Patrick's Day Lucky Pancakes! Delicious and fun to eat, kids and adults will gobble up this great breakfast (or breakfast for dinner!)

## St. Patrick's Day Lucky Pancakes

Recipe and photo from <https://www.craftymorning.com/>

### Ingredients:

- Any pancake mix
- Green food coloring
- Cool whip
- Lucky charm marshmallows

### Directions

Make your pancake mix and add a few drops of green food coloring to the batter. Once you have a few pancakes made, stack them and top with cool whip and lucky charms!



After breakfast is over, keep the rainbow fun going! Cereal is the perfect way to create beautiful rainbows in this Rainbow Craft for Kids. They won't even know they are practicing important skills like sorting and color recognition as they taste their way through the rainbow.



## Cereal Rainbow

Activity and photo from [www.growingajeweledrose.com](http://www.growingajeweledrose.com)

### Materials

- Fruit Loops
- Paper
- Glue
- Markers or crayons
- Cotton balls

### Directions

1. Begin by having kids draw the outline of a rainbow on their paper. If your children are younger you can draw the rainbow outline for them.
2. Have kids cover the rainbow lines in glue.
3. Let your kids separate the cereal into colors, and place cereal across the lines.

4. Glue cotton ball "clouds" at the end of the rainbow. Let dry and display!





**Hodel's**  
COUNTRY DINING  
*A Local "Favorite" since 1967*

- Breakfast • Lunch • Dinner
- Sunday Brunch • Meetings
- Banquets • Catering

**Mon. - Sat.: 6:00am - 9:00pm**  
**Sunday: 7:30am - 9:00pm**  
**5917 Knudsen Dr.**  
Fwy 99 & Olive Drive • Bakersfield, CA 93308  
**661-399-3341**



9425 Rosedale Hwy.  
Bakersfield, CA 93312  
**(661) 587-8437**



**BBQ & Catering**

6801 White Ln.  
Bakersfield, CA 93309  
**(661) 847-9955**

**For Catering Call: 661 • 549 • 3473**



**BANQUET & EVENT CENTER**  
**661-563-2739**  
6720 Schirra Ct, Bakersfield, CA 93313



**AWARD WINNING BEERS**

**ALL AGES BREWPUB**  
**STAND UP COMEDY**  
**LIVE MUSIC**  
**PRIVATE EVENTS**

**SHAKE UP YOUR WEEK AT TEMBLOR**  
[WWW.TEMBLORBREWING.COM](http://WWW.TEMBLORBREWING.COM)



**"We've Got Huevos!"**  
**BREAKFAST Brunch & Lunch**  
BAKERSFIELD  
3300 Buena Vista Road  
661.695.9655  
7919 E. Brundage Lane  
661.432.7086

**HELLO NEIGHBOR\***

**BUY ONE GET ONE FREE**

\* \$8.00 minimum purchase per entree plus beverage per person. Limit 1 per coupon. Not valid on weekends or holidays or with any other coupon, specials or private groups. Valid only at Bakersfield locations.



BYC FAVORITE Golden State Benedict and many more items!

**THEBROKENYOLKCAFE.COM**



# KERN COUNTY FAMILY MAGAZINE

## daily happenings

### THE BEST LOCAL CALENDAR OF EVENTS!

Our printed version of the calendar has been edited for space.  
For more details about these events or activities not listed please visit  
[www.kerncountyfamily.com](http://www.kerncountyfamily.com)



## MARCH 2020

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### Sunday March 1

**AFTERNOON SKATING AT SKATELAND:** Come have some fun. 1:30 PM - 4:00 PM 831-5567

**BIG TROUBLE ON CHINA GRADE LOOP AT THE BAKERSFIELD MELODRAMA:** The Bakersfield Melodrama, on China Grade Loop, is celebrating the opening of their 100th show! The only thing standing in their way is the new, evil landlord, Simon D. Slugworth. Doors open 45 minutes before show. 2:00 PM 587-3377

**KERN COUNTY LIVING HISTORY FESTIVAL:** Where Real History Comes to Life! This event honors our military veterans and teaches history to the public in a new, exciting, and immersive environment by bringing history to life through hands-on activities, battle reenactments, hand-to-hand-combat, medieval jousting, period dancing, period foods, period encampments, and much, much more! 9:00 AM 714-473-7272.

**BAKERSFIELD CONDORS:** Condors take on the Tucson Roadrunners. 5:00 PM - 9:00 PM 324-PUCK

**CSUB BASEBALL:** Roadrunners vs Holy Cross 12:00 PM 654-2583

**SENSORY SENSITIVE SUNDAYS:** Early entry with minimal crowds at Chuck E. Cheese. 3760 Ming Ave. 397-7855

**THE BLACK JACKET SYMPHONY PRESENTS PINK FLOYD, THE DARK SIDE OF THE MOON:** Remember putting on an album and listening to it entirety? Relive that moment with a live concert experience. \$25 / \$30 2001 H St 7:00 PM 324-1369

**HAGGINS OAK FARMERS MARKET:** 8800 Ming Ave, 9:00 AM - 2:00 PM 334-2033

**SUNDAY FUNDAY AT ETH-EL'S OLD CORRAL:** Live music. 1:00 PM - 5:00 PM 873-7613

### Monday March 2

**4 and 5 READY TO STRIVE:** Get your child ready for kindergarten. Monday - Thursday 392-2054

**C.A.L.M. SENIOR DISCOVERY DAY:** 872-2256

**COUNTRY LINE DANCING:** 392-2010

**CSUB BASEBALL:** Roadrunners vs Holy Cross 6:00 PM 654-2583

**TODDLER TIME AT BEALE LIBRARY:** Enjoy stories, songs, rhymes & fun. 868-0770

### Tuesday March 3

**AWESOME ART:** Free for children ages 18 mo.-5 yrs. 392-2029/392-2054

**EASE INTO EVENING TAI CHI AT MERCY:** Express meditative movement while experiencing a calm and soothing state of relaxation. Wear loose clothing that allows your joints to bend comfortably and flat shoes, such as sneakers. A \$5.00 donation would be appreciated, but is not required. 6:30 PM - 7:30 PM 632-5747

**QUILTING:** Learn a new hobby or just enjoy quilting with friends. 392-2010

**PRESCHOOL STORYTIME AT BEALE LIBRARY:** Fun with your 3 to 5 year old. 868-0701

**BILINGUAL STORY TIME AT LORI BROCK DISCOVERY CENTER:** Come join us for bilingual story time and crafts!! Up to Age 5. Free for Kern County Museum Members, \$5 Non-Members. 10:30 AM - 11:00 AM 437-3330

**CSUB BASEBALL:** Roadrunners vs Holy Cross 6:00 PM 654-2583

### Wednesday March 4

**AWANA CLUB AT FELLOWSHIP BAPTIST:** Children will learn Bible verses and play games. Ages 3 to 17. 833-4345

**IRISH NIGHT AT DAGNEY'S:** Musicians of all ages play authentic Irish. 6:00 PM 634-0806

**KIDS CONNECT 2 CHRIST AT SOUTHWEST CHRISTIAN CENTER:** For kids 4-12! 342-2078

**PATHFINDERS AND ADVENTURERS:** A program for children. 871-5000

**SPINNING TALES:** Have fun listening to a story. 392-2029

**TODDLER TIME STORYTIME AT BARNES & NOBLE:** Read stories, have a snack, and color. 631-2575

**BARGAIN NIGHT SKATING AT SKATELAND:** Come have some fun with family and friends. 7:30PM - 9:30PM 831-5567

### Thursday March 5

**CHEAP SKATE:** Affordable Family Fun! Admission: \$6.00. Free Skate Rental. 1004 34th St. 6:30 PM - 8:30 PM 327-7589

**SQUARE DANCING CLASSES:** 301-2808

**LEGO CLUB MANIA AT BEALE LIBRARY:** Come join us in building LEGO creations! 5:30 PM - 6:30 PM 868-0701

**THE WORLD FAMOUS 2020 GOOD VIBRATIONS MOTORSPORTS**

**MARCH MEET AT FAMOSO RACEWAY:** Celebrating 62 years of quarter mile drag racing. 9:00 AM Thursday - Sunday 844-346-4876

**BEGINNING ART CLASS:** Bakersfield Art Center 869-2320

### Friday March 6

**FIT N FUN FRIDAYS:** Free for parents of children ages 3-5 years. 392-2029/392-2054

**FRIDAY NIGHT DINNER AT FRATERNAL ORDER OF EAGLES:** Steak or chicken dinner with potato/fries, salad, beans and a roll. Hamburgers, hot dogs are also available. Music and dance in our lounge. \$17.00 5:00 PM - 8:30 PM 324-9684

**LIVE MUSIC AT ETHEL'S OLD CORRAL:** Live Music at Ethel's every Friday night! FREE. 7:00 PM - 11:00 PM 873-7613

**NIGHT SKATING AT SKATELAND:** Come have some fun. 7:30 PM - 10:00 PM Friday - Saturday 831-5567

**OPEN ART STUDIO:** Bring your latest

**SUBMIT YOUR EVENTS!**  
Our happenings section is dedicated to bringing the most current events to you, but we need your help! You can submit your calendar events at [kerncountyfamily.com](http://kerncountyfamily.com) by putting your mouse over Calendar on our website's menu bar and clicking the pull down tab "Submit Calendar Event." Please submit calendar events by the 10th of each month prior to ensure we have enough time to consider your event. Best of all, it's FREE!



project and supplies to the Bakersfield Art Center! 869-9320

**FIRST FRIDAY ART WALK:** Join the Arts Council of Kern the First Friday of every month for the Downtown Art Walk. The Art Walk is a family friendly arts event that showcases our county's best artists. 5:00 PM - 9:00 PM 324-9000

**FIRST FRIDAY CRUISE NIGHTS:** People are encouraged to come downtown, bring a chair and some friends and watch as classic cars cruise downtown Taft. 765-2165

**FIRST FRIDAY AT BMOA:** FREE admission. 10:00 AM - 8:00 PM 323-7219

**FLIX: SHADOW AT FOX THEATER:** In a kingdom ruled by a young and unpredictable king, the military commander has a secret weapon: a shadow look-alike who can fool both his enemies and the king himself. Price: \$6.00 6:30 PM 326-3539

**TEEN NIGHTS IN TAFT:** The first Friday of every month is Teen Night! Come in and bowl, play in the gym or just hang out with friends in a fun and safe environment. Grades 6-12 invited. 500 Cascade Place 8:00 PM 765-6677

**TAB: TEEN ADVISORY BOARD AT BEALE LIBRARY:** Teens, chat about your favorite books and movies, play games with friends, and make the library a great place. Help us plan events that spark teen interest. 4:00 PM - 5:00 PM 868-0700

## Saturday March 7

**AFTERNOON SKATING AT SKATELAND:** Come have some fun. Saturday - Sunday 1:30 PM - 4:00 PM 831-5567

**BRIMHALL FARMERS MARKET:** 9500 Brimhall Rd. 9:00 AM - 1:00 PM 332-4411

**FARMERS MARKET:** 3201 F St, 8:00 AM - 12:00 PM

**MARKET ON THE HILL:** Where East Meets Fresh - Fresh, seasonal produce, hot food made to order, fresh baked goods, vegan + vegetarian items, farm fresh eggs, and more! 3700 Mall View Road, 9:00 AM - 2:00 PM 342-7373

**FAMILY DAY AT BUENA VISTA MUSEUM:** 2 Adults and up-to 6 kids only \$20. 10:00 AM - 4:00 PM 324-6350

**BAKERSFIELD SYMPHONY: SOUNDS OF SOUTH AMERICA AT**

**MECHANICS ARENA:** Experience a musical journey to South America with internationally renowned guest harpist Alfredo Rolando Ortiz. \$20/\$30/\$35/\$45 6:00 PM 323-7928

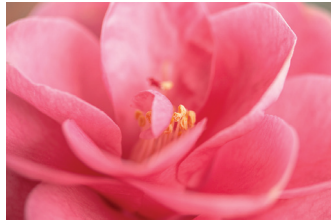
**BINOCULARS WORKSHOP AT HOME DEPOT:** Kids develop hands-on skills by gluing, hammering and more. All kids get to keep their craft. 9:00 AM - 12:00 PM 837-4860



**10th ANNUAL BAKERSFIELD BREAKFAST LIONS CLUB SPAGHETTI FEED AT STANDARD ELEMENTARY:** All you can eat spaghetti dinner, silent auction, chance baskets, and raffle prizes. All money raised provides after school sports scholarships and helps purchase new playground equipment. \$8 adults, \$5 kids 6-12 5:00 PM - 7:00 PM 392-2120

**BAKERSFIELD CONDORS:** Condors take on the Stockton Heat. 7:00 PM - 9:00 PM 324-PUCK

**CSUB WOMEN'S BASKETBALL:** Roadrunner's vs Grand Canyon. 2:00 PM 654-2583



**72ND ANNUAL CAMELLIA SHOW:** Hundreds of camellia blooms displayed. Open to the public. Admission is free! Blooms need to be entered by 10:00 am, for judging. 1660 Pine Street Saturday - Sunday 9:00 AM - 4:00 PM 832-8180

**IKEA HEALTHY KIDS CARNIVAL: FREE!** The IKEA Customer Fulfillment Center happily invites children of all ages for a day full of play and learning. Children will be able to pick out fresh veggies and fruits from the IKEA farm-

ers market and enjoy other educational activities. 401 Willow Drive 10:00 AM - 1:00 PM 392-2020

**STORYTIME & ACTIVITIES AT BARNES & NOBLE:** Featuring "How to Catch a Dinosaur" and "How to Catch a Unicorn". We're reading two adorable rhyming stories followed by fun activities - join us! 11:00 AM 631-2575

**TEMBLOR BREWING FUNDRAISER:** Join us for lunch or dinner, and a portion of the proceeds will be donated to The Women's and Girls' Fund at Kern Community Foundation! Saturday - Sunday 11:00 AM - 11:00 PM 489-4855

**VOLUNTEER DAY AT WIND WOLVES:** Work alongside our rangers to save endangered species, remove invasive plants, help in our nursery, or restore native habitats. 10:00 AM - 2:00 PM 858-1115

## Sunday March 8

**HAGGINS OAK FARMERS MARKET:** 8800 Ming Ave, 9:00 AM - 2:00 PM 334-2033

**SUNDAY FUNDAY AT ETHEL'S OLD CORRAL:** Live music. 1:00 PM - 5:00 PM 873-7613

**BAKERSFIELD DONUT RUN AT RIVERWALK PARK:** Run or walk and show your passion for donuts, get out there with your friends and family on our 5k Timed or 2 mile non-timed courses and earn those delicious Donuts! Largest Group and costume contests! 8:00 AM 654-CSUB



**27TH ANNUAL MODEL RAILROAD SHOW:** Dozens of dealer tables, thousands of square feet of model train layouts, hourly door prizes and a drawing for a train set. Adults: \$8.00 Children (12 & under): Free, when accompanied by paying adult. Admission is good for both days. 1142 S. P Street Saturday - Sunday 10:00 AM - 4:00 PM 331-6695

**DISNEY'S NEWSIES AT THE OVA-TION THEATRE:** This Disney film

turned Tony-winning Broadway hit inspires everyone to fight for what's right and seize the day. When titans of publishing raise distribution prices at the newsboys expense, Jack rallies Newsies from across the city to strike against the unfair conditions and fight for what's right! 2:00 PM 489-4601

## Monday March 9

**4 and 5 READY TO STRIVE:** Get your child ready for kindergarten. Monday - Thursday 392-2054

**C.A.L.M. SENIOR DISCOVERY DAY:** 872-2256

**COUNTRY LINE DANCING:** 392-2010

**FULL MOON COMMUNITY BIKE RIDE:** Join us for a family-friendly, all-ages cruise starting at Beach Park and following the bike path to the Marketplace. 3400 21st St. 7:00 PM - 9:00 PM 321-9247

**CULTS & CLASSICS: WAYNE'S WORLD AT FOX THEATER:** \$5.00 6:00 PM 326-3539

**BILINGUAL FAMILY STORYTIME AT BEALE LIBRARY:** English and Spanish speakers are invited to a bilingual family storytime with stories, songs, and fun. 3:30 PM - 4:30 PM 868-0770

## Tuesday March 10

**AWESOME ART:** Free for children ages 18 mo.-5 yrs. 392-2029/392-2054

**QUILTING:** Learn a new hobby or just enjoy quilting with friends. 392-2010

**DARK DIAL: HAUNTED RADIO HOUR AT BEALE LIBRARY:** Listen to old, eerie radio dramas. 6:00 PM 868-0701

**OILDALE COMMUNITY FLASHLIGHT WALK AT STANDARD MIDDLE SCHOOL:** Flashlight Walks were created to bring people together and take the opportunity to better acquaint themselves with each other, as well as, issues of concern impacting their neighborhood. 6:00 PM - 7:30 PM 599-4274

## Wednesday March 11

**AWANA CLUB AT FELLOWSHIP BAPTIST:** Children will learn Bible verses and play games. Ages 3 to 17. 833-4345

**IRISH NIGHT AT DAGNEY'S:** Musicians of all ages play authentic Irish. 6:00 PM 634-0806



**KIDS CONNECT 2 CHRIST AT SOUTHWEST CHRISTIAN CENTER:** For kids 4-12! 342-2078

**PATHFINDERS AND ADVENTURERS:** A program for children. 871-5000

**SPINNING TALES:** Have fun listening to a story. 392-2029/392-2054

**TODDLER TIME STORYTIME AT BARNES & NOBLE:** Read stories, have a snack, and color. 631-2575

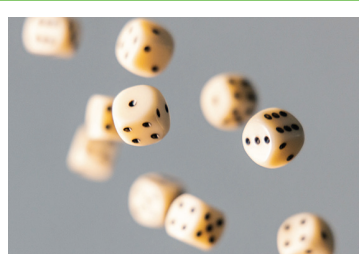
**BARGAIN NIGHT SKATING AT SKATELAND:** Come have some fun with family and friends. 7:30PM-9:30PM 831-5567

**DRUM CIRCLE:** Modern research has shown that rhythmic drumming has positive and healing benefits that influence our physical, mental and emotional states of mind. You are welcome to bring your own drum as well as bells with strikers, claves, and rattles as we make beautiful, healing music together. A \$5.00 donation would be appreciated, but is not required. You may place whatever you can donate in our donation box. 6:00 PM - 8:00 PM. 632-5747

**SHAFTER COMMUNITY WELLNESS FAIR:** FREE. 455 E. Euclid Ave. 4:00 PM - 7:00 PM 746-8235

**WILD SCIENCE WEDNESDAYS AT BEALE LIBRARY:** Join us for S.T.E.A.M. science experiments. 4:00 PM 868-0700

**Thursday March 12**  
**BEGINNING ART CLASS:** Bakersfield Art Center. 869-2320



**BUNCO BUBBLES & BLING!** Join us for a great night of BUNCO and a chance to participate in drawings with the opportunity to WIN Thousands of Dollars. Proceeds to benefit the Jim Burke Education Foundation. Social Hour with no-host bar followed by Dinner. Open to the Public - Ladies Only Cost: \$50 pp. 2000 Grand Lakes Ave. 6:00 PM 304-5711

**SQUARE DANCING CLASSES:** 301-2808

**LEGO CLUB MANIA AT BEALE LIBRARY:** Come join us in building LEGO creations! 868-0701

**KNOW YOUR NUMBERS AT BEALE LIBRARY:** Join Kern County Public Health for Know Your Numbers. This program offers free health screenings and fitness and nutrition classes to areas in Kern County. 5:30 PM - 6:30 PM 868-0700

**PLAY READING SERIES AT CSUB:** Come listen to topical, contemporary plays read by CSUB & BC faculty and students. Each performance will be followed by a lively discussion of the play and its themes. Admission is free to CSUB and BC students and faculty with ID. \$5 for general public. 3:00 PM - 6:00 PM 654-CSUB

**Friday March 13**  
**FIT N FUN FRIDAYS:** Free for parents of children ages 3-5 years. 392-2029/392-2054

**FRIDAY NIGHT DINNER AT FRA-TERNAL ORDER OF EAGLES:** Steak or chicken dinner with potato/fries, salad, beans and a roll. Hamburgers, hot dogs are also available. \$17.00 5:00 PM - 8:30 PM 324-9684

**NIGHT SKATING AT SKATELAND:** Come have some fun. 7:30 PM - 10:00 PM Friday - Saturday 831-5567

**OPEN ART STUDIO:** Bring your latest project and supplies to the Bakersfield Art Center! 869-9320

**LIVE MUSIC AT ETHEL'S OLD CORRAL:** Live Music at Ethel's every Friday night! FREE. 7:00 PM - 11:00 PM 873-7613

**43RD ANNUAL CENTRAL VALLEY SPORTSMEN'S BOAT & RV SHOW:** General Admission \$12.00 Kids, 12 & under FREE 1142 S. P Street Friday - Sunday 10:00 AM - 7:00 PM 809-6123

**CSUB BASEBALL:** Roadrunners vs UC Riverside. 6:00 PM 654-2583

**RAY WATSON TRANSPORTATION EXHIBIT AT KERN COUNTY MUSEUM:** Housed in a 1200 sq. ft. hall, it showcases 40 horse-drawn carriages, stagecoaches, and wagons from Kern County's past. The collection also has early automobiles and transportation-related artifacts. Come take a trip back in time! 10:00 AM - 4:00 PM 437-3330

## Saturday March 14

**AFTERNOON SKATING AT SKATELAND:** Come have some fun. Saturday - Sunday 1:30 PM - 4:00 PM 831-5567

**BRIMHALL FARMERS MARKET:** 9500 Brimhall Rd. 9:00 AM - 1:00 PM 332-4411

**FARMERS MARKET:** 3201 F St, 8:00 AM - 12:00 PM

**MARKET ON THE HILL:** Where East Meets Fresh - Fresh, seasonal produce, hot food made to order, fresh baked goods, vegan + vegetarian items, farm fresh eggs, and more! 3700 Mall View Road, 9:00 AM - 2:00 PM 342-7373

**BMOA LECTURE SERIES:** Offering unique insight into artistic culture with special guest lecturers, artists, and behind the scenes looks at art programs and exhibitions. Also included with admission is an all-ages art project that explores the concepts and themes of the current BMOA Exhibitions. 10:00 AM - 4:00 PM 323-7219

**MARE VOLUNTEER:** No experience is necessary to volunteer at M.A.R.E. (Mastering Abilities Riding Equines): barn care, facility maintenance, sidewalker, safety aide, and horse leader. M.A.R.E. provides therapeutic equine-assisted activities for the benefit of people living with special needs and disabilities. Registration required. 9:00 AM - 11:00 AM 589-1877

**2020 CSUB KINESIOLOGY CLUB 5TH ANNUAL ST PATRICK'S DAY 5K RUN/WALK AT CSUB:** Bring on the Green! This event benefits CSUB Department of Kinesiology education initiatives. You can register online at [runsignup.com](http://runsignup.com) through midnight March 14th. 9001 Stockdale Hwy. 6:30 AM - 11:00 AM 654-6084

**24TH ANNUAL SUPER CRUISE CAR SHOW AT KC FAIRGROUNDS:** Hosted by BCCC Car Club Council. All proceeds benefit the Society for Disabled Children. 10:00 AM - 7:00 PM. 327-1690

**3RD ANNUAL ST PATRICK'S DAY GALA:** All proceeds from the Gala will help fund the St. John Vianney Academy for the 2020-2021 school year. The gala will include a silent and live auction. 2030 18th St. 5:30 PM - 11:00 PM 496-5242

**49th ANNUAL COLLECTORS SHOWCASE ANTIQUE SHOW:** A

variety of Antiques and Collectibles. Admission: \$5.50. 5917 Knudsen Drive Saturday - Sunday 10:00 AM - 6:00 PM 399-3341



**ANIMAL VACCINE CLINIC AT BEALE PARK:** City residents can have their pets vaccinated, licensed and micro-chipped. 9:00 AM - 12:00 PM 832-7387

**CSUB BASEBALL:** Roadrunners vs UC Riverside. 6:00 PM 654-2583

**GUIDED NATURE HIKE AT WIND WOLVES:** Join naturalists for a 2-mile hike to learn more about native wildflowers. Recommended for ages 6 and up (no strollers). Participants must register online. 10:00 AM - 12:00 PM 858-1115

**JCPENNY'S KID ZONE - MAGICAL GUARDIAN DOOR ORNAMENT:** JCPenney's Kid Zone offers FREE classes. Kids get a FUN craft project, ID Badge, a lanyard, and collectors pins. Please note - all kids must be accompanied by a parent. Ages 4-14. Parents get a 10% off coupon to shop in store that day! 11:00 AM - 12:00 PM 835-7080

**SEASON OPENER! DIRT & ASPHALT DUAL RACING:** Asphalt: NASCAR Super Stocks, NASCAR Modifieds Dirt: NARC 410 Winged Sprint Cars, CVMS Mini Stocks, Hard Tops 13500 Raceway Blvd. 4:00 PM 835-1264

**ST. PATRICK'S DAY FUN AT LORI BROCK DISCOVERY CENTER:** Come join us to celebrate the luck of the Irish! Free with Kern County Museum Admission. 10:00 AM - 12:30 PM 437-3330

**STORYTIME & ACTIVITIES AT BARNES & NOBLE:** Featuring "Pete the Cat: The Great Leprechaun Chase". Delightful activities afterward! 11:00 AM 631-2575

**STORYTIME CAFE AT BLUE OAK COFFEE ROASTIN:** Stories and songs with your preschooler. 9:00 AM - 10:00 AM 868-0700



THERE IS JUST TOO MUCH LOCAL FUN

TO LIST ON THESE PAGES!

View our full calendar of submitted events online at

[kerncountyfamily.com](http://kerncountyfamily.com)

All events are printed in advance of distribution each month and are subject to change. Please contact the event coordinator ahead of attendance for dates and times.

**MARS MISSION AT BUENA VISTA MUSEUM:** NASA/JPL Solar System Ambassador Volunteer; Roberta Parnell will be in the Astronomy Room speaking about the upcoming 2020 Mission to Mars. 10:30 AM - 12:00 PM. 324-6350

**TABLETOP BASKETBALL DIY AT LOWES:** Build this fun Tabletop Basketball game! Child(ren) must be accompanied by parent/guardian. 7825 Rosedale Hwy. 9:00 AM - 12:00 PM 588-6420

**STAR WARS THEME LEGO WORKSHOP:** This LEGO Workshop is for children with disabilities and their siblings. Come dressed as your favorite Star Wars character. 10:00 AM - 12:00 PM 489-3335

**SATURDAY NIGHT CAMP OUT AT WIND WOLVES:** The facilities available at the campground include covered picnic tables, restrooms, water, and a fire pit. You will need tent, sleeping bag, mattress, flashlight, camp chair, etc. Bring picnic food to share for the potluck dinner and breakfast. 3:00 PM - 10:00 AM Saturday - Sunday : 858-1115

**Sunday March 15 HAGGINS OAK FARMERS MARKET:** 8800 Ming Ave, 9:00 AM - 2:00 PM 334-2033

**SUNDAY FUNDAY AT ETHEL'S OLD CORRAL:** Live music. 1:00 PM - 5:00 PM 873-7613

**AXEL BY CIRQUE DU SOLEIL AT MECHANICS ARENA:** Join Axel and his adrenaline-fueled crew on an exhilarating adventure. Spectacular skating, breathtaking acrobatics, live music and stunning graphics is waiting for you in an all new ice spectacle. \$130-35 1:30 PM 852-7309

**DISNEY'S NEWSIES AT THE OVATION THEATRE:** This Disney film turned Tony-winning Broadway hit inspires everyone to fight for what's right and seize the day. When titans of publishing raise distribution prices at the newsboys expense, Jack rallies Newsies from across the city to strike against the unfair conditions and fight for what's right! 2:00 PM 489-4601

**CSUB BASEBALL:** Roadrunners vs UC Riverside 12:00 PM 654-2583

**ECOKIDZ AT WIND WOLVES:** Enjoy an outdoor activity with your kids. 10:00 AM - 12:00 PM. 858-1115

**MARIACHI AGUILAS DE BAKERSFIELD:** Free concert event. 5 Real Rd. 4:00 PM 327-1609

**Monday March 16 4 and 5 READY TO STRIVE: Get your child ready for kindergarten.** Monday - Thursday 392-2054

**COUNTRY LINE DANCING:** 392-2010

**C.A.L.M. SENIOR DISCOVERY DAY:** 872-2256

**BILINGUAL FAMILY STORYTIME AT BEALE LIBRARY:** English and Spanish speakers are invited to a bilingual family storytime with stories, songs, and fun. 3:30 PM - 4:30 PM 868-0770

**Tuesday March 17 AWESOME ART:** Free for children ages 18 mo.-5 yrs. 392-2029/392-2054

**QUILTING:** Learn a new hobby or just enjoy quilting with friends. 392-2010

**PRESCHOOL STORYTIME AT BEALE LIBRARY:** Fun with your 3 to 5 year old. 11:00 AM - 12:00 AM 868-0770

**Wednesday March 18 AWANA CLUB AT FELLOWSHIP BAPTIST:** Children will learn Bible verses and play games. Ages 3 to 17. 833-4345

**IRISH NIGHT AT DAGNEY'S:** Musicians of all ages play authentic Irish. 6:00 PM 634-0806

**KIDS CONNECT 2 CHRIST AT SOUTHWEST CHRISTIAN CENTER:** For kids 4-12! 342-2078

**PATHFINDERS AND ADVENTURERS:** A program for children. 871-5000

**SPINNING TALES:** Have fun listening to a story. 392-2029/392-2054

**TODDLER TIME STORYTIME AT BARNES & NOBLE:** Read stories, have a snack, and color. 631-2575

**BARGAIN NIGHT SKATING AT SKATELAND:** Come have some fun with family and friends. 7:30PM-9:30PM 831-5567

**PAJAMA STORYTIME AT BEALE LIBRARY:** Stories and songs before bedtime. Ages: 0-5. 6:00 PM - 6:30 PM 868-0700

**Thursday March 19 \$2 DAY AT BUENA VISTA MUSEUM:** All day, all ages only \$2. 10:00 AM - 4:00 PM 324-6350

**BEGINNING ART CLASS:** Bakersfield Art Center. 869-2320

**SQUARE DANCING CLASSES:** 301-2808

**COMPUTER CODING FOR TWEENS AT BEALE LIBRARY:** Registration Required. 4:00 PM - 5:30 PM 868-0700

**Friday March 20 FIT N FUN FRIDAYS:** Free for parents of children ages 3-5 years. 392-2029/392-2054

**COFFEE WITH PATTY:** Alzheimer's 101 Workshop. 4203 Buena Vista Road 10:00 AM - 11:30 AM 665-8871 <https://www.adakc.org/services/>

**NIGHT SKATING AT SKATELAND:** Come have some fun. 7:30 PM - 10:00 PM Friday - Saturday 831-5567

**OPEN ART STUDIO:** Bring your latest project and supplies to the Bakersfield Art Center! 869-9320

**DISNEY'S NEWSIES AT THE OVATION THEATRE:** This Disney film turned Tony-winning Broadway hit inspires everyone to fight for what's right and seize the day. 7:30 PM Friday - Saturday 489-4601





# MARCH 2020 *daily happenings*

**THE UNDERWATER BUBBLE SHOW AT FOX THEATER:** The Underwater Bubble Show is a modern fairy tale with one major twist. Ticket Price: \$15 / \$20 / \$25 / \$35 / \$45 6:00 PM 324-1369

## Saturday March 21

**AFTERNOON SKATING AT SKATELAND:** Come have some fun. Saturday - Sunday 1:30 PM - 4:00 PM 831-5567

**BRIMHALL FARMERS MARKET:** 9500 Brimhall Rd. 9:00 AM - 1:00 PM 332-4411

**FARMERS MARKET:** 3201 F St, 8:00 AM - 12:00 PM



**9TH ANNUAL BAKERSFIELD FIRE FIGHTER'S FISHING DERBY & PANCAKE BREAKFAST:** Over 2500 lbs Rainbow Trout stocked. Pancake Breakfast with entry. \$20 entry. 11200 Stockdale Hwy. 6:00 AM - 12:00 PM 731-3473

**6TH ANNUAL WINTER SHOWDOWN RACING:** Spears Southwest SRL tour series - Spears modified series/ Nascar super stocks - Nascar modifieds 13500 Raceway Blvd. 4:00 PM 835-1264

**NATIONAL JET BOAT ASSOCIATION - SEASON OPENER AT LAKE MING:** Drag boat racing. \$10 entry fee, Kids 12 and under FREE. Free Parking. Bring your coolers, chairs and easy-ups. Saturday - Sunday 8:00 AM - 5:00 PM 852-7282

**MARKET ON THE HILL:** Where East Meets Fresh - Fresh, seasonal produce, hot food made to order, fresh baked goods, vegan + vegetarian items, farm fresh eggs, and more! 3700 Mall View Road, 9:00 AM - 2:00 PM 342-7373

**BUILDING BRIDGES 5K/10K FUN RUN AT CALM:** A 1970's themed 5k & 10k fun run! 6:45 AM 833-4000

**STORYTIME & ACTIVITIES AT BARNES & NOBLE:** Featuring "Pig the Tourist". Join us for fun activities after the reading. 11:00 AM 631-2575

**TENTH AVENUE NORTH AT FOX THEATER:** The Finally Living Tour with their friend Micah Tyler. 6:00 PM 324-1369

**WIND WOLVES PRESERVE 7th ANNUAL SPRING NATURE FESTIVAL:** Join Wind Wolves Preserve rangers and naturalists, guest experts, and nature-enthusiasts in a variety of activities. Saturday - Sunday 10:00 AM 858-1115

## Sunday March 22

**6TH ANNIVERSARY AMEYALTZIN YOLIHUANI MEXICAN DANCE:** Honored with a spiritual dance ceremony featured with traditional Aztec dancers sharing our culture traditions and medicine. 8222 Alfred Harrell Hwy. 12:00 PM - 5:00 PM 477-6269

**DOG DAZE AT MURRAY FAMILY FARMS:** Join us for another year of Dog Daze! 8 AM - 6 PM 330-0100

**HAGGINS OAK FARMERS MARKET:** 8800 Ming Ave, 9:00 AM - 2:00 PM 334-2033

**SUNDAY FUNDAY AT ETHEL'S OLD CORRAL:** Live music. 1:00 PM - 5:00 PM 873-7613

## Monday March 23

**4 and 5 READY TO STRIVE:** Get your child ready for kindergarten. Monday - Thursday 392-2054

**C.A.L.M. SENIOR DISCOVERY DAY:** 872-2256

**COUNTRY LINE DANCING:** 392-2010

**TODDLER TIME AT BEALE LIBRARY:** Enjoy stories, songs, rhymes & fun. 868-0770

**CULTS & CLASSICS: CASABLANCA AT FOX THEATER:** \$5.00 6:00 PM 326-3539

## Tuesday March 24

**AWESOME ART:** Free for children ages 18 mo.-5 yrs. 392-2029/392-2054

**QUILTING:** Learn a new hobby or just enjoy quilting with friends. 392-2010

**PRESCHOOL STORYTIME AT SOUTHWEST LIBRARY:** Reading for 3 to 5 year olds. 11:00 AM - 12:00 PM 664-7716

**CSUB BASEBALL:** Roadrunners vs Pepperdine 6:00 PM 654-2583

## Wednesday March 25

**IRISH NIGHT AT DAGNEY'S:** Musicians of all ages play authentic Irish. 6:00 PM 634-0806

**KIDS CONNECT 2 CHRIST AT SOUTHWEST CHRISTIAN CENTER:** For kids 4-12! 342-2078

**PATHFINDERS AND ADVENTURERS:** A program for children. 871-5000

**SPINNING TALES:** Have fun listening to a story. 392-2029/392-2054

**BAKERSFIELD 2020 CAREER FAIR:** An opportunity to connect with local and Fortune 500 employers. Professional dress and an updated resume is strongly recommended. 9:30 AM - 12:30 PM 1-800-925-4452

**TODDLER TIME STORYTIME AT BARNES & NOBLE:** Read stories, have a snack, and color. 631-2575

**AWANA CLUB AT FELLOWSHIP BAPTIST:** Children will learn Bible verses and play games. Ages 3 to 17. 833-4345

**TANGLE FRIENDSHIP CLUB AT SOUTHWEST LIBRARY:** Pattern Drawing Zentangle enthusiasts have some quiet time to draw and share with others. Ages: 13 and older. Free gift for first time attendees. 5:00 PM - 6:30 PM 343-5303

**BARGAIN NIGHT SKATING AT SKATELAND:** Come have some fun with family and friends. 7:30PM-9:30PM 831-5567

**BAKERSFIELD CONDORS:** Condors take on the Stockton Heat. 7:00 PM - 9:00 PM 324-PUCK

## Thursday March 26

**BEGINNING ART CLASS:** Bakersfield Art Center. 869-2320

**SQUARE DANCING CLASSES:** 301-2808

**LEGO CLUB MANIA AT BEALE LIBRARY:** Come join us in building LEGO creations! 5:30 PM 868-0701

## Friday March 27

**FIT N FUN FRIDAYS:** Free for parents of children ages 3-5 years. 392-2029/392-2054

# March Worship Guide

Sponsored by

**TRINITY**  
ANGLICAN CHURCH

**Father Karl Dietze**  
**Service Times: 8:00 AM & 10:00 AM**  
 Sunday School and Child Care available during 10:00 service  
**11300 Campus Park Drive**  
**Bakersfield CA 93311**  
 NW Corner of Buena Vista & Campus Park  
**661-665-7713**  
[www.trinitybakersfield.com](http://www.trinitybakersfield.com)



Listings of FREE Immunizations

# totshots

**Standard Middle School**  
**Wednesday, March 4th**  
 126 Ferguson Avenue, Bakersfield  
 from 9:00 a.m. to 2:00 p.m.

**Greenfield Family Resource Center**  
**Monday, March 9th**  
 5400 Monitor Street, Bakersfield  
 from 9:00 a.m. to 2:00 p.m.

**Shafter Youth Center**  
**Wednesday, March 11th**  
 455 E. Euclid Avenue, Shafter  
 from 4:00 p.m. to 7:00 p.m.

**Walmart**  
**Thursday, March 12th**  
 2601 Fashion Plaza, Bakersfield  
 from 9:00 a.m. to 2:00 p.m.

**Walmart Supercenter**  
**Monday, March 16th**  
 5075 Gosford Road, Bakersfield  
 from 9:00 a.m. to 2:00 p.m.

**Adventist Health Bakersfield**  
**Wednesday, March 18th**  
 2800 Chester Avenue (parking lot at 29th), Bakersfield  
 from 1:00 p.m. to 6:00 p.m.

**Plantation Elementary**  
**Tuesday, March 24th**  
 901 Plantation Avenue, Bakersfield  
 from 8:30 a.m. to 11:30 a.m.

**New Life Church**  
**Wednesday, March 25th**  
 4201 Stine Road, Bakersfield  
 from 9:00 a.m. to 2:00 p.m.

**Vallarta Market**  
**Thursday, March 26th**  
 600 Bear Mountain Blvd, Arvin  
 from 9:30 a.m. to 2:00 p.m.

**NOR Riverview Park**  
**Monday, March 30th**  
 437 Willow Drive, Bakersfield  
 from 9:00 a.m. to 2:00 p.m.

**Valle Verde Elementary**  
**Tuesday, March 31st**  
 400 Berkshire Road, Bakersfield  
 from 8:30 a.m. to 11:30 a.m.

**Horizon Elementary**  
**Tuesday, March 31st**  
 7901 Monitor Street, Bakersfield  
 From 12:30 p.m. to 2:30 p.m.

\*Please note that according to Vaccines for Children (VFC) guidelines, vaccines are FREE of charge to children under the age of 18 who meet one of the following criteria: • No health insurance • Eligible for Medi-Cal (must present Medi-cal card at each visit) • American Indian or Native Alaskan. The mobile unit continues to take its services right to the families who need them the most. No appointment necessary, but immunization cards are required. We may stop registration 30 minutes before closing time. We also offer the Hemoglobin test FREE of charge to children, expecting and post-partum mothers, but require a WIC, school or doctor referral; regardless of health insurance criteria. Please be aware, children under 5 years of age and their siblings will be given priority due to First 5 Kern funding. Mobile Immunization clinics will close for lunch between 11:30 am – 12 pm, except the third Wednesday of the month which will close from 3 pm – 3:30 pm. For more information, call (661) 869-6740.

Every last Saturday of the month in church parking lot. Weather permitting. 10:00 AM - 12:00 PM 375-8370

**BAKERSFIELD 2020 WALK MS:** Join your friends, family, and other community members for Bakersfield's Walk MS (Multiple Sclerosis) with one and three mile routes available. This event brings people together for one powerful cause: to end MS forever. 7:30 AM - 10:00 PM [www.nationalmssociety.org](http://www.nationalmssociety.org)

**10TH ANNUAL SPECTACULAR WORLD OF SCIENCE AT BUENA VISTA MUSEUM:** Enjoy a day with live demonstrations, experiments and interactive hands on activities for all ages. 10:00 AM - 2:00 PM 324-6350

**BAKERSFIELD CONDORS:** Condors take on the Colorado Eagles. 7:00 PM - 9:00 PM 324-PUCK

**CSUB BASEBALL:** Roadrunners vs California Baptist. 6:00 PM 654-2583

**PHILOSOPHY FOR CHILDREN AT BEALE LIBRARY:** 868-0701

**PINTS FOR PUPS FUNDRAISER AND ADOPTION EVENT AT TEMBLOR:** All proceeds will go towards rescuing and supporting local dogs in need. Food and beer will be available for purchase! 12:00 PM - 3:00 PM 489-4855

**STORYTIME & ACTIVITIES AT BARNES & NOBLE:** Featuring "Macca the Alpaca". Join us for activities after. 11:00 AM 631-2575

**Sunday March 29**  
**HAGGINS OAK FARMERS MARKET:** 8800 Ming Ave, 9:00 AM - 2:00 PM 334-2033

**SUNDAY FUNDAY AT ETHEL'S OLD CORRAL:** Live music. 1:00 PM - 5:00 PM 873-7613

**DISNEY'S NEWSIES AT THE OVA-TION THEATRE:** This Disney film turned Tony-winning Broadway hit inspires everyone to fight for what's right and seize the day. When titans of publishing raise distribution prices at the newsboys expense, Jack rallies Newsies from across the city to strike against the unfair conditions and fight for what's right! 2:00 PM 489-4601

**CSUB BASEBALL:** Roadrunners vs California Baptist. 12:00 PM 654-2583

**VOLUNTEER DAY AT WIND WOLVES:** Work alongside our rangers to save endangered species, remove invasive plants, help in our nursery, or restore native habitats. 10:00 AM - 2:00 PM 858-1115

**Monday March 30**  
**4 and 5 READY TO STRIVE:** Get your child ready for kindergarten. Monday - Thursday 392-2054

**COUNTRY LINE DANCING:** 392-2010

**C.A.L.M. SENIOR DISCOVERY DAY:** 872-2256

**BILINGUAL FAMILY STORYTIME AT BEALE LIBRARY:** English and Spanish speakers are invited to a bilingual family storytime with stories, songs, and fun. 3:30 PM - 4:30 PM 868-0770

**Tuesday March 31**  
**AWESOME ART:** Free for children ages 18 mo.-5 yrs. 392-2029/392-2054

**EASE INTO EVENING TAI CHI AT MERCY:** Express meditative movement while experiencing a calm and soothing state of relaxation. Wear loose clothing that allows your joints to bend comfortably and flat shoes, such as sneakers. A \$5.00 donation would be appreciated, but is not required. You may place whatever you can donate in our donation box. 6:30 PM - 7:30 PM 632-5747

**QUILTING:** Learn a new hobby or just enjoy quilting with friends. 392-2010

**PRESCHOOL STORYTIME AT BEALE LIBRARY:** Fun with your 3 to 5 year old. 11:00 AM - 12:00 AM 868-0770

**CSUB BASEBALL:** Roadrunners vs Loyola Marymount. 6:00 PM 654-2583

**DANCING WITH THE STARS LIVE! 2020 TOUR:** The all-new production will feature fan-favorite professional dancers wowing audiences with every type of dance style as seen on ABC's hit show Dancing with the Stars. 1:30 PM 852-7309



**NIGHT SKATING AT SKATELAND:** Come have some fun. 7:30 PM - 10:00 PM Friday - Saturday 831-5567

**OPEN ART STUDIO:** Bring your latest project and supplies to the Bakersfield Art Center! 869-9320

**CSUB BASEBALL:** Roadrunners vs California Baptist 6:00 PM 654-2583

**Saturday March 28**  
**AFTERNOON SKATING AT SKATELAND:** Come have some fun. Saturday - Sunday 1:30 PM - 4:00 PM 831-5567

**MARKET ON THE HILL:** Where East Meets Fresh - Fresh, seasonal produce, hot food made to order,

fresh baked goods, vegan + vegetarian items, farm fresh eggs, and more! 3700 Mall View Road, 9:00 AM - 2:00 PM 342-7373

**AUTO SAFARI: TULE ELK STATE NATURAL RESERVE:** A ranger-led, Auto Safari, of the Tule Elk State Natural Reserve. A Day Use Fee of \$8 per car applies for admission. 11:00 AM - 12:00 PM 849-3433

**BRIMHALL FARMERS MARKET:** 9500 Brimhall Rd. 9:00 AM - 1:00 PM 332-4411

**FARMERS MARKET:** 3201 F St, 8:00 AM - 12:00 PM

**FREE CLOTHING GIVEAWAY AT CORONADO BAPTIST CHURCH:**



**PARTY RESOURCES**



**BATTLEFIELD LIVE**  
COMBAT LIVEPLAY ADVENTURE  
**LASER TAG**

READY AIM FUN!!!

- Safe, Interactive Fun for All Ages
- Perfect for Birthday Parties
- Corporate Teambuilding
- Church and School Events
- Indoor/Outdoor Compatible
- Day or Night

**661-979-1650**  
www.bliveb.com

**WE BRING THE GAME TO YOU**

**HEALTH & BEAUTY**



**Bellissima**  
Medical Aesthetics  
Acne Treatments • Fillers • Botox

Laser Hair Removal **\$45/Session**  
for first time customers

Evening & Weekend  
Appointments Available

**661-634-9200**  
www.bellissimamed.com



**SURESH M. ADVANI, M.D., M.P.H.**  
General Practice  
Free Diabetes &

Blood Pressure Screening  
Labs & X-rays at lowest price, guaranteed

Call in Refills: \$10<sup>00</sup> only  
Phone consults: \$30<sup>00</sup> only  
All office visits: \$60<sup>00</sup> only  
Sports physicals: \$70<sup>00</sup> only  
All other physicals: \$120<sup>00</sup> only

We work on a cash basis only. Labs, X-rays, procedure, immunizations, medicines, medical records & paperwork extra.

300 17th St., Bakersfield, CA 93301

**661-869-1982**

BY APPOINTMENT ONLY

Monday-Friday 8am-6pm

**NATIONAL CLASSIFIED ADS**

**Adoption**

Pregnant? Maybe Adoption? Living Expenses Paid. Nationwide Agency. Talk With Us 24/7. 866-716-3041. Online Chat. Online Application. www.onetruegift.com. Text 515-778-2341.

**Autos Wanted**

CARS/TRUCKS WANT-ED!!! All Makes/Models 2002-2018! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806

**Health & Fitness**

GENERIC VIAGRA and CIALIS! 100 Pills \$99.00 FREE Shipping! 100% guaranteed. 24/7 CALL NOW! 888-889-5515

**Miscellaneous**

Earthlink High Speed Internet. As Low As \$14.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-520-7938

Applying for Social Security Disability or Appealing a Denied Claim? Call Bill Gordon & Assoc., Social Security Disability Attorneys, 1-855-498-6323! FREE Consultations. Local Attorneys Nationwide [Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL (TX/NM Bar.)]

**FOR ALL OCCASIONS**  
wmthec clown.com

- Balloon Sculpting
- Comedy Magic

**WATERMELON PATCH ENTERTAINMENT**

Ron Christolear 661.772.9876



**innovative**  
eye care OPTOMETRIC CORPORATION

Vision & Eye Health Evaluation for the Family

Cheree Wilhelmsen, O.D.  
4903 Calloway Drive, Ste. #101

Phone: **661-213-3310**  
innovativeec.com



**SKATE LAND** kidsskatetfree.com

Rediscover the FUN of Roller Skating at Skateland!

We Provide.....

- A SAFE Environment
- Good, Clean Fun
- Social/Athletic Skill Building

Register your kids 10 & younger for our Kids Skate Free Program!

**WINTER SAVINGS**  
**\$20 OFF** Any Booked Party Package  
Can't be combined with other offers. expires March 31, 2020

**(661) 831-5567**  
Skateland  
415 Ming Ave., Bakersfield, CA 93307  
skatelandbakersfield.com



**CHIROPRACTIC CARE**  
Pediatrics • Asthma • Earaches • Massage • Elderly

Alpha Omega Wellness Center

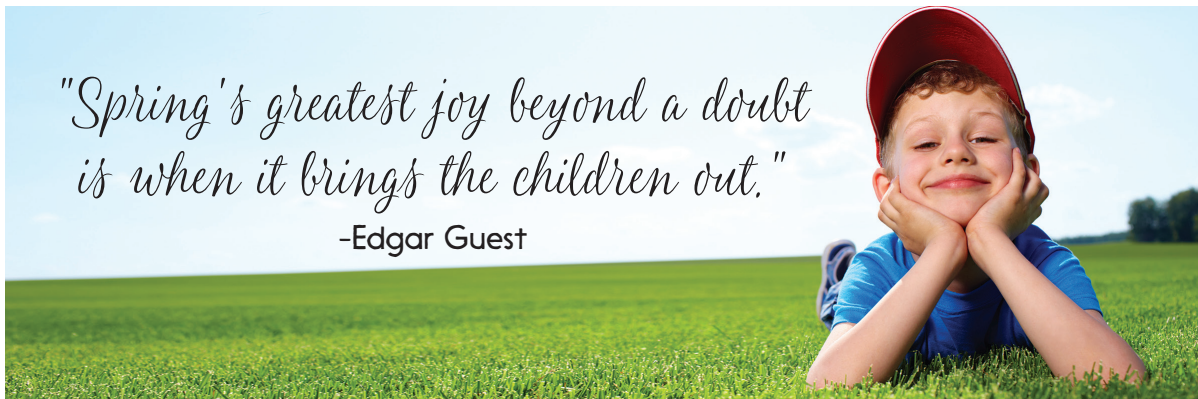
Dr. David T. Mongold  
7950 White Lane #2E, Bakersfield

**661-397-6555**  
www.alphaomega4wellness.com  
Corner of White Lane & Gosford

**VALENTINES SPECIAL**  
**\$97 New Patient**  
(Covers Exam, X-Rays, 1st adjustment, & ROF)  
Must present coupon. Expires April 15, 2020

"Spring's greatest joy beyond a doubt is when it brings the children out."

-Edgar Guest





**NATIONAL CLASSIFIED ADS**

**Miscellaneous**

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-877-626-2213

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 888-609-2189

DENTAL INSURANCE from Physicians Mutual Insurance Company. NOT just a discount plan, REAL coverage for [350+] procedures. Call 1-877-308-2834 for details. www.dental50plus.com/cadnet 6118-0219

Attention all Homeowners in jeopardy of Foreclosure? We can help stop your home from foreclosure. The Foreclosure Defense helpline can help save your home. The Call is absolutely free. 1-855-516-6641.

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off and 0% financing for those who qualify. PLUS Senior & Military Discounts. Call 1-855-402-0373

Two great new offers from AT&T Wireless! Ask how to get the Next Generation Samsung Galaxy S10e FREE. FREE iPhone with AT&T's Buy one, Give One. While supplies last! CALL 1-866-565-8452 or www.freephonesnow.com/cadnet

\$\$\$OLD GUITARS & AMPS WANTED\$\$ GIBSON • FENDER • MARTIN. ALL BRANDS. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-888-909-9905 18+.

CONTINUES NEXT PAGE  
**Miscellaneous**

**LESSONS & CLASSES**



**Matrix Entrepreneur ACADEMY**

Kicks off **Teen Biz Expo**

www.TeenBizExpo.com April 11  
www.MatrixEntrepreneurAcademy.org

**GUITAR, ELECTRIC BASS, & UKULELE LESSONS**  
Beginning & Intermediate  
**LOU MARINO**  
661-587-9312  
Also electric guitar or bass set ups

Free Consultation

https://marinolounbevi.wixsite.com/louslessons

JUNIOR GOLF ACADEMY

**The Junior Golf Academy** ★

★ Register: [jgabakersfield.com](http://jgabakersfield.com)

**REGISTER NOW FOR AFTER SCHOOL SPRING SESSIONS.**

Space is limited  
**Call Now! 548-6590**

**Unique JGA Curriculum**

Six Levels of Achievement  
Character Development  
Par 3 and Course Play  
Tournament Prep, Classes

Clubs provided for beginners if needed

Join Now  
**Low Monthly Rates!**  
Ages 6-17  
All abilities welcome

**FUN!**

RiverLakes Ranch  
[jgabakersfield.com](http://jgabakersfield.com)  
**496-3985**

**KARATE LESSONS**

- Tiger Tots 2-3 yrs old • Tiger Cubs 3-5 yrs old
- Karate Kids 5-8 yrs old • All Ages Welcome!
- Daytime classes for homeschool children.
- No belt test fees.
- Serving students with special needs including moderate/severe.
- Women's Self Defense classes, May 9th, 1:15pm
- Open 7 days per week

**Students Learn:**

- Respect
- Self Control
- Discipline
- Self-Determination

**Most students just \$65 per month!**

**Golden Tiger Karate**  
Call 661-345-4371 to enroll today!

**B-Day Parties \$99**

**\$34.99**  
Includes Uniform, 2 Weeks Lessons

**ORDER OF THE DRAGON**

**HELP BULLY PROOF YOUR CHILD! SELF DEFENSE FOR KIDS**  
Ages 4 & up, Parents may also enroll.

**3 MONTHS FOR JUST \$99!!!**

Taught under the direction of a retired Police Officer  
Locations in Rosedale, Southwest and Central.

Attend up to 4 times a week.  
Valid for new students.  
Uniform Included.

Bring this ad in for a free American Flag patch for uniform.

**Order of the Dragon 661-588-3217 • www.orderofthedragon.com**

**Independence Through Grace**

a faith-based enrichment program for adults with developmental disabilities

661-747-9007  
[www.itsgrace.org](http://www.itsgrace.org)

**PLEASE RECYCLE!**

**Harmony Road Music School**

**NEW SPRING SESSION BEGINS IN APRIL!**

- Music & Movement Classes (Ages 16m - 4 yrs.)
- Group Piano Classes (Ages 4 1/2 - Adult)

661-665-8228  
5381 Truxtun Ave.  
(1 block East of Mohawk St.)  
[www.HARMONYROADBAKERSFIELD.com](http://www.HARMONYROADBAKERSFIELD.com)



CHILDCARE & EDUCATION

NATIONAL CLASSIFIED ADS

**Lil' Explorers Preschool**

Where Everyday is an Adventure



- Creative Theme-Based Curriculum
- All Meals & Snacks Included
- Potty Training Available
- Monday - Friday  
6am - 6pm



**661-665-1200**

8800 Harris Road Bakersfield, CA 93311  
Call or check website for weekly rates • Lic #153808662; 153808664  
661-665-1200 • www.lil-explorers.com



SERVING CHILDREN AND ADULTS WITH AUTISM AND OTHER INTELLECTUAL DISABILITIES SINCE 1998

www.autism-vac.org



CALL  
**661-832-2267**  
TO ENROLL  
YOUR CHILD!

We Accept Community Connection for Child Care

**NEW HOURS!**  
6:30am to 6:30pm!



Serving Children 2-12 Years  
2801 Hughes Lane • www.bfcnaz.com  
Serving Bakersfield Families Since 1982!

License #150405435 #150403579

**AUTISM SOCIETY**  
Improving the Lives of All Affected by Autism  
Kern Autism Network

"Autism Society Chapter-Kern Autism Network provides support, awareness, information and education to families and the public throughout Kern County"



**Upcoming March Events**

Fun, Social-LEGO Workshop - Star Wars Theme, Saturday March 14, 10:00am - noon.  
Register: www.kernautism.org

**Monthly Autism Support Groups**

Parent & Sibling Support Groups:  
Thursday, March 19th, 6-7:30pm. Canyon Hills Assem. of God Church, Rm 204

**Save the Date**

Autism Island Social, Fri, April 24, 5:30pm - 7:30pm, Deprigo, Inc., 2324 Chester Ave.  
Call 661-489-3335 for further details

**EARLY SIGNS OF AUTISM:**

- Delayed language development
- Repetitive language
- Little or no eye contact
- Repetitive mannerisms
- Inflexible routines or rituals
- Preoccupation with object parts
- Little interest in friendships

**SERVICES OFFERED:**

- Monthly Parent Support Groups
- Adults on the Spectrum Support Group
- Law Enforcement Trainings
- Autism/Asperger Workshops-Seminars
- Local Resources, Community Projects
- Camps & Activity Scholarships
- Evening & Weekend Phone support

661-489-3335 • kernautism.org • kernautism@gmail.com  
2920 H Street, Suite 107, Kern Island Building

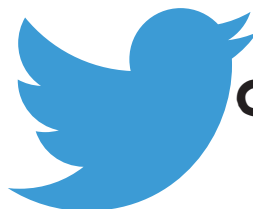


**MOMMY MELTDOWNS HAPPEN**

For FREE parent-to-parent counseling, contact us:

**323-3531**  
**(888) 955-9099**

www.e-warmline.org



**Follow Kern County Family Magazine on Twitter!**

**Follow @family\_kern for the best LOCAL parenting news!**

HEAR AGAIN! Try our hearing aid for just \$75 down and \$50 per month! Call 800-426-4212 and mention 88272 for a risk free trial! FREE SHIPPING!

Cross country Moving, Long distance Moving Company, out of state move \$799 Long Distance Movers. Get Free quote on your Long distance move. 1-844-452-1706

Call Empire Today® to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 1-855-404-2366

Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-855-781-1565 or satellite-dealnow.com/cadnet

DISH Network \$59.99 For 190 Channels! Add High Speed Internet for ONLY \$19.95/month. Call Today for \$100 Gift Card! Best Value & Technology. FREE Installation. Call 1-855-837-9146

**Wanted To Buy**

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201

**Reader Advisory:** The National Trade Association we belong to has purchased the above classifieds. Determining the value of their service or product is advised by this publication. In order to avoid misunderstandings, some advertisers do not offer employment but rather supply the readers with manuals, directories and other materials designed to help their clients establish mail order selling and other businesses at home. Under NO circumstance should you send any money in advance or give the client your checking, license ID, or credit card numbers. Also beware of ads that claim to guarantee loans regardless of credit and note that if a credit repair company does business only over the phone it is illegal to request any money before delivering its service. All funds are based in US dollars. Toll free numbers may or may not reach Canada.



## ACTIVITY CORNER ANSWERS

p.34

Sudoku:

6	1	9	4	7	8	3	2	5
3	8	7	5	6	2	1	4	9
5	2	4	9	3	1	7	8	6
4	5	2	1	9	3	8	6	7
9	3	8	7	5	6	4	1	2
7	6	1	8	2	4	9	5	3
1	9	5	2	4	7	6	3	8
2	4	3	6	8	9	5	7	1
8	7	6	3	1	5	2	9	4

Crossword:

Across

- Sunshine
- Labor
- Numb
- Weather

Down

- Spring
- Sailboat
- Energy
- Bathe

## ADVERTISE WITH US!

Over 70,000\* people read Kern County Family Magazine each month. Call **661.861.4939** to get YOUR message in front of them, too!

\*CVC Audit 2019



kern county **Family** magazine

## PRODUCTS, SERVICES & EVENTS



1808 Roberts Lane  
Bakersfield CA 93308

**399-2944**

- Motor Homes
- Trucks
- Cars
- Industrial
- Oilfield
- Sandblasting



MOLLY MAID.

a neighborly company



STILL KEEPING IT FRESH AND CLEAN FOR OVER 30 YEARS.

- Fully Insured, No Contracts
- Call For A Free Estimate
- Professional Quality
- 24-Hour Clean Guarantee
- Affordable Price

Save \$100 \$20 off your first 5 regularly scheduled cleans

Cannot be combined with other offers.

For New Recurring Customers Only

Locally Owned and Operated Franchise

Call Us Today For Details. 661-369-7119

<https://www.mollymaid.com/local-house-cleaning/ca/bakersfield.aspx>

## PRODUCTS WE LOVE

By Elena Epstein, Director of NAPPA Awards



**Double V Shoes by Morgan and Milo**  
Perfect for little kids who love to play. A hook & loop strap allows you to customize fit while a flexible rubber outsole and a breathable, cushioned insole add comfort. **\$48, ages 2-6, morganandmilo.com**

### Kids N' Such Baby Diaper Caddy Organizer

Stylish with a large capacity and sturdy dividers to hold everything you need. Premium canvas is easy to clean. **\$19.99, kidsnsuch.com**



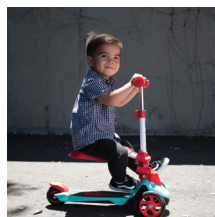
### Bumpin': The Modern Guide to Pregnancy

New mom Leslie Schrock delves into everything from in-vitro fertilization and prenatal testing to lactation consultants, debunking pregnancy myths and citing the latest science. **\$16.99, simonandschuster.com**



### SVOLTA "Ace" 2-in-1 Sit and Stand Scooter

Easy-to-ride sitting scooter that converts to a stable 3-wheeler by snapping the seat in the front holders. Mid century modern inspired, gender androgynous color combinations. **\$108, ages 1-5, svoltaride.com**



For more product reviews, please visit [nappaawards.com](http://nappaawards.com)

## Fun. Fashion. Philanthropy.

Save The Date

May 16th 2020



wine women & shoes®  
Benefiting Alzheimer's Disease Association  
of Kern County



Daylight Saving Time Begins  
March 8



# Kid's **ACTIVITY** corner

Answers on page 33



## Sudoku

					8	3		5
3			5		2	1		9
5		4						
4			1	9	3	8		7
		8	7	5				
					4		5	3
			2	4	7			
					9		7	1
		6						4

Level: Beginner

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve, the number 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. Figure out the order the numbers will appear by using the clues already provided in the boxes. The more numbers you name, the easier it gets!

## Word Find

Find the hidden words in the puzzle

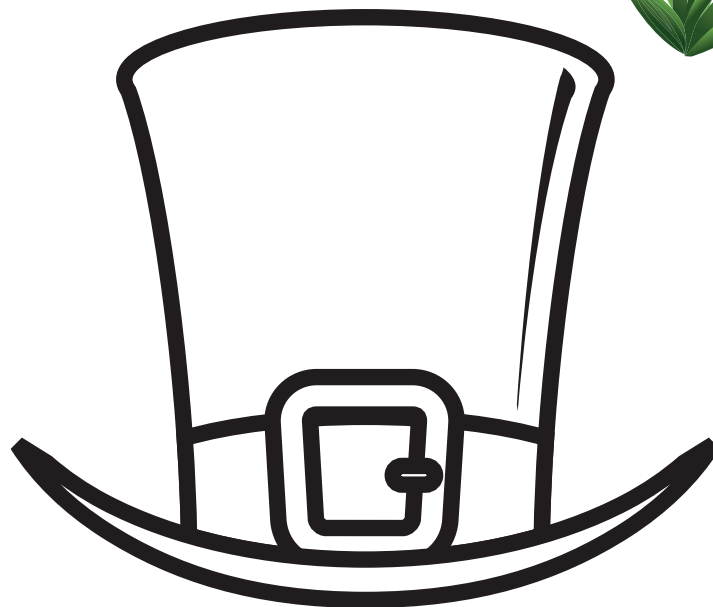
DROPS  
DRY  
GLARE  
HANDLE

OUTSIDE  
OVERHEAD  
PROTECT  
PUDDLE

RAIN  
SUNLIGHT  
THUNDERSTORM  
UMBRELLA

T H N D Q M D M S I E G  
H A A A A R Z U S D F L  
U Q X N O E N N I A R A  
N X C P D L H S T X P R  
D P S D I L T R C T K E  
E L V G Z U E V E Z K K  
R R H J O Q S V T V X I  
S T P U D D L E O B O X  
T L L Q N C E M R K M L  
O Y U C P O F V P S J L  
R N R Z B E A K D H Y D  
M P C D A L L E R B M U

## Coloring Fun



## Crossword Puzzle

1			2				3
	■	■		■	■	■	
			4		5		
6				■		■	
	■	■		■		■	
7							

### ACROSS

- Sunlight unbroken by clouds
- Work
- No feeling
- State of atmosphere

### DOWN

- Season of the year
- Water vessel
- Power from resources
- Cleanse in water



Kern County Family Magazine's 24th Annual

# SUMMER CAMP & ADVENTURE FAIR

ADMISSION  
**FREE!**  
PARKING

Bakersfield's **ONLY** Regional Camp Fair!

**Thursday, April 2<sup>nd</sup>**  
**2:00-6:30pm**

**Westside Church of Christ Gymnasium**  
**7300 Stockdale Hwy, Bakersfield**

Activities for  
**EVERY** Budget:

Outdoor Adventures  
Academic Enrichment  
Sports Camps  
Art & Theater Programs  
Music & Dance Camps  
STEAM

Language Learning  
Programs for Special  
Needs Children

SPONSORED  
IN PART BY:



**NOW ACCEPTING VENDOR APPLICATIONS!**

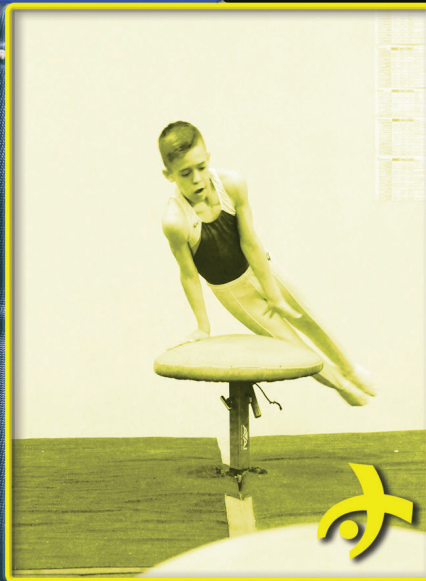
Call 861-4939 or email [suzanne@kerncountyfamily.com](mailto:suzanne@kerncountyfamily.com)  
for pricing and more info!

[www.kerncountyfamily.com](http://www.kerncountyfamily.com) • (661) 861-4939



# OLYMPIC DREAMS START HERE

at American Kids Sports Center



*Building Healthy Kids Since 1984*

Visit [www.AKSC.com](http://www.AKSC.com) for details

**ENROLL TODAY!**

Gymnastics • Swim • Tumbling  
Preschool • Cheer • Dance • Ninja Zone

[www.AKSC.com](http://www.AKSC.com) • 661.589.2100 • NW Gym: 3622 Allen Rd • SW Gym: 4401 Ride St

**AKSC**  
AMERICAN KIDS  SPORTS CENTER

*Building Healthy Kids Since 1984*