

# WRANGLER NEWS

March 14-27  
2020  
Vol 30, No 5

## Stepping up to the challenge

'Team Kids' builds community,  
positive relationships between  
Tempe Police and Fire departments,  
and schoolchildren. *Story, Pg. 14.*

— *Wrangler News photo by Noah Kutz*



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# WRANGLER NEWS

THE PLACE WE CALL HOME

## Hayden's Ferry Days

### Hike offers up-close glimpse of Tempe's pioneering origins

Tempe children will have an opportunity to learn about the city's history during a hike planned by local attorney Michael Monti and his family as a way to honor his father Leonard F. Monti, owner of Mill Avenue's former steakhouse Monti's La Casa Vieja, for almost 50 years.

Leonard hiked Tempe Butte daily, and as a history buff, researched the history of early Tempe. Hayden Butte, popularly known as "A" Mountain, will be the site of a 9:30 a.m. Friday, March 20 "Hike into History."

The event takes place during Tempe's Hayden's Ferry Days, an annual celebration that focuses on Tempe's colorful history. The children's hike begins at the Tempe Transportation Center, 200 E. Fifth Street.

Jane Neuheisel, one of the organizers of the hike, said she's hoping for a strong turnout and is already looking toward 2021. "We are beginning with a small group this year, with the idea to expand the program next year when Tempe celebrates its 150th birthday," Neuheisel said.

The hike will bring the city's history to life from

HIKE — Page 34



Michael Monti and his daughters near Tempe Butte where Michael's late father hiked daily. — Photo courtesy Jane Neuheisel



Empty pallets at Tempe Costco provide one more example of growing shortages.

— Photo for Wrangler News courtesy John Greb

## Worsening coronavirus fears propel new wave of awareness, planning

By Joyce Coronel

ASU students wearing face masks. Toilet paper disappearing from shelves. Limits on the purchase of hand sanitizer. As fears of the coronavirus, or COVID-19, spread, Tempe and West Chandler have been swept up in the tide of concern over a mysterious illness with global implications.

Tempe Sister Cities, which has a partnership with Zhenjiang, China, has been impacted by the concern over the viral disease. David Carrera, president of TSC, said the organization "will not be sending nor receiving delegates from China," adding that TSC is "taking the coronavirus very seriously."

"The safety of the Tempe and International families and delegates is our first priority."

Zhenjiang is located about 400 miles from Wuhan, where the coronavirus epidemic originated. The decision to neither send nor receive delegates from Zhenjiang was made by the TSC executive committee and both Tempe and Zhenjiang country directors.

A TSC committee will continue to monitor the status of COVID-19. "The committee includes board members and doctors who will gather and review

information as it evolves to keep the organization informed," Carrera said.

At the student exchange orientation, parents and delegates were informed that TSC would keep them informed as the situation unfolds. That includes the possibility of canceling exchanges with countries where the threat of the coronavirus exists. "Our planning and managing is not taken lightly," Carrera told *Wrangler News*.

"We will be diligent in our research to ensure we protect the health and safety of our students and others involved in our exchange programs."

Tempe students participating in the program will still be visiting the other eight countries in the TSC program, Carrera noted.

Concern over the virus has also spread to ASU. University President Michael Crow, in a March 5 letter to students and their families just prior to spring break, noted that "the current level of health risk in the United States remains low" but recommended monitoring the university's COVID-19 webpage for accurate updates.

ASU is following new travel and isolation

VIRUS — Page 16



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# Physical therapy a welcome bonus for Dignity ER patients

By Brock Blasdell

**T**hat weekend warrior injury that leaves you in excruciating pain and lands you in the emergency department is not only the concern of physicians and nurses—these days, it's also drawing the attention of physical therapists.

Chandler Regional Medical Center began offering physical therapy services in its emergency department several months ago as an effort to increase the quality of care patients received.

Local physicians now report the new post-emergency services are a success and provide faster care to patients experiencing common post-trauma symptoms.

"It's kind of a growing trend in the physical therapy world to start having emergency physical therapy," Jennifer Eagles, physical therapist for Chandler Regional, said.

"We can provide quicker treatments to patients who have chronic pain, acute pain, dizziness and vestibular issues. Tons of research has found that quicker treatments lead to quicker outcomes and faster healing."

Since the new physical therapy program began it has served more than 700 patients.

Starting with limited availability and staff, its continued success has since forced the medical center to hire full time physical therapists to provide care seven days a week. The speed patients receive treatment seems to be the primary benefit of these in-house services.



"At an outpatient clinic you may only get like 45 minutes with a therapist, and a lot of that time is evaluation and questioning and answering," Eagles said.

"Whereas, when you're coming into the emergency room, the physicians have already done a lot of our questioning for us."

Along with skipping the wait for an appointment and evaluation, in-house physical therapy services also offer an advantage for any patients requiring special imaging before treatment.

"We get on demand imaging, which is still something that therapists can't do in an outpatient

clinic. So if I need an MRI, or if I need some specific imaging, the physicians have usually already ordered it. The ball is already rolling. We can already provide initial treatment," Eagles said.

Eagles said the decision to start the program came after recent research indicated patients often failed to keep their first post-emergency room physical therapy appointments.

This was a huge problem for patients seeking long term recovery and short term pain relief.

Chandler Regional's new in-house physical therapy services aren't designed to replace outpatient facilities, but they are designed to provide care in the crucial gap between emergency services and the patient's first physical therapy appointment.

"It's beneficial. It's two-fold. One, for providing for our patients. It's the right care at the right time. It's helping us to collaborate with physicians and determine what's best," Staci Telles, the clinical supervisor of rehabilitation services at Chandler Regional, said. "And then, two, for our profession in general by proving the value of what kind of physician we are."

Medical professionals at Chandler Regional are glad the program is now being offered because they feel it highlights the positives of physical therapy as both a medical progression and a national trend.

"We are providers. We are doctors of physical therapy. This is helping us really show our skills and make a difference for people," Telles said.

"This is positive nationwide."



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# The art of leadership: Kids learn early, pass along newfound skills

By Michelle Hirsch

It may seem like a large order, but the kids at Kyrene de la Mirada school are already walking the walk and talking the talk when it comes to being leaders.

Their progress so far was on full display when they led a group of wide-eyed adults on what was offered as a “leadership adventure” at the school’s long-successful Leadership Academy.

Guests were welcomed with a greeting from individual students that included sharing their “business card” identifying them and the leadership group they participate in.

Every Leadership Academy student belongs to a leadership club that provides opportunities to share input and participate around the school to foster a culture that promotes responsibility, pride, taking ownership, building community and practicing leadership skills.

Mirada’s Leadership Clubs are designed to give students the opportunity to lead school tours and greet guests, help students find friends at recess, keep safety a priority at parent drop-offs and on the playground.

They raise and lower the flag each day, help in the health office and cafeteria, update goal scoreboards, straighten library bookshelves, create artwork for school events, collect and pump up playground equipment, present school news and celebrate accomplishments and organize school kindness initiatives.

How do they accomplish all this? They employ



seemingly boundless youthful synergy to help make their school beautiful, keep the lost-and-found organized, make birthday cards for staff and community leaders, develop leadership ideas and volunteer for school events and teach students shoe-tying skills.

Well, you see what we mean about staying busy.

Ashley LaMonica, a third-grade teacher, said the best part about the groups is “that our students feel that they are empowered to make their own choices and have a deep sense of integrity in all that they do.”

As the adults followed along, an entertaining student-produced stage performance engaged the audience and highlighted Mirada’s school culture that every student can be a leader by being empowered with skills such as setting measurable goals with action steps, using their strengths and participating in a culture of love and hope.

Community leaders who comprised the visiting

guests traveled through hallways filled with bulletin board displays, adventure-themed classrooms and outdoor learning gardens as students shared examples of their leadership skills, goal setting and data-collection skills, coupled with an analysis of their goals.

Mirada, the visitors learned, is a *Leader in Me Lighthouse School*, one of only two such sites in Arizona earning this designation from the Franklin Covey Foundation for outstanding implementation and results of their leadership academy program.

Mirada’s school-wide integrated approach to leadership is based on the “7 Habits of Highly Effective People” that includes being proactive; begin with the end in mind (have a plan); put first things first; and think win-win, among other synergy-producing goals.

As the tour moved on, Mirada Principal Nancy Branch introduced a guest community leader, Sean Covey, best-selling author, speaker and president of FranklinCovey Education, creators of the Leader In Me program.

Covey was duly impressed.

“We can just feel the leadership in this entire school,” he said.

Mirada’s Leadership Days are usually scheduled only once a year, but a command performance is scheduled 8:15-10:15 a.m. Thursday, May 7.

Any who would like to experience a Leadership Adventure can contact the school at 480-541-4200 to secure their spot.

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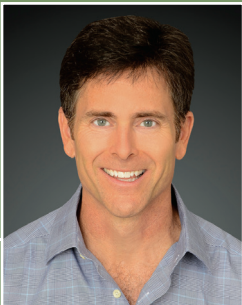


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# No excuses: Now's the perfect time to perk up home's ailing in-, outside

By Lee Shappell

Over the years, perhaps you've gotten a bit lackadaisical in the upkeep of your home's yard and exterior.

The place needs paint, you admit, but it can wait until next year – for about the fourth straight year. The grass isn't coming back as green as it used to, so you crank up the irrigation to twice a day, every day, and all it seems to do is send a river down the gutter of your street.

And if the winter zapped a few plants in your landscaping, there's an unsightly gap, but you live with it, no matter how much it really irks you.

With the spring weather now temperate, this is the perfect time of year to...put it all off again for another year.

Or, plant your foot firmly in the dirt where once there was grass and finally do something about it before it gets so hot your fingers sear while handling an aluminum ladder.

The South Tempe-West Chandler community is fortunate to have a resource like Gary McKay, owner of McKay's True Value, for advice and supplies.

"I've got 46 years of experience and knowledge helping people fix their problems, so customers come in and stand and wait for me so they can ask me a question," McKay said. "That's part of what we're selling. People can buy this stuff anywhere, so I teach my staff that the only thing we have to sell is customer service."

McKay's True Value has nearly everything you would need for a spring spruce up, but it has identified key departments in which it specializes. Among them are grilling and outdoors, including patio furniture – tables, chairs and umbrellas.

"And spray paint," McKay said. "We have 24 feet of spray paint, which is huge. Most hardware stores have 12 feet. We just wanted to do a few things over the top."

Before moving to the Valley, McKay owned a landscape company in Texas for 15 years and was a licensed applicator of weed spraying and the like. He had affiliations with the Scotts fertilizer company and the Texas A&M University extension program to build his expertise.

So let's start with the yard. Weed killer is flying out of the store, according to McKay.

"With all of the rain we had around the first of the year, weeds are now coming up in people's rocks," he said. "But if they start using pre-emergents, they won't have nearly as many. I put pre-emergent in my rocks three or four times a year."

"I'm selling gallons and gallons of Roundup to spray weeds," said McKay. "At my house, I'm not spraying weeds."

Using a pre-emergent might save a homeowner from receiving a nasty letter from their HOA.

"Don't wait for weeds to come up and spray them," McKay said. "Right now, put pre-emergent down and get a barrier built up. Our yards have billions of weed seeds buried in the soil, so as a weed seed germinates, it's killed when it hits that barrier before emerging from the soil."

There also are pre-emergents for flower beds and gardens, and they're pet safe, according to McKay, who also carries products to boost or amend soil for those starting to think about planting spring flowers.

People are raking up leaves, pruning bushes or cleaning debris in yards if they don't have a landscaper. McKay sells equipment necessary for those tasks, too.

Most summer grasses in Valley yards are Bermuda hybrids that go dormant during the winter, often overseeded with winter rye. As we move into April and May, and Bermuda emerges from dormancy, the lawn should be mowed low and aerated, but not dethatched, McKay says.

"We need to start thinking about weed and feed

for the lawn as it transitions to summer, because this is the time when weeds can get a foothold," McKay said. "Once our nights stay above 60 degrees consistently, Bermuda grass starts to come out of dormancy. In the April to May timeframe, start to mow it kind of short so the Bermuda can get sunlight, then I'd hit it with a fertilizer. Bermuda grass will start getting aggressive and grow."

"And then once we get to 80-to-90-degree days, the winter rye just burns off."

Bermuda grass grows in runners. Dethatching shreds those runners and inhibits new growth.

"What they should be doing is a core aeration instead of dethatching," McKay said. "That's one of most beneficial things you can do to yards here. With our hard soils, when you drill a bunch of holes in it, water just penetrates right into the ground."

That allows oxygen and gas exchange in the root system, provides more room for the root system to expand and allows moisture to penetrate.

"It makes me crazy when I drive down the street and I see a river of water running because it isn't penetrating as fast as it comes out," McKay said.

"That's where core aeration comes in."

As the Bermuda comes back, check the watering schedule, he urges.

"People around here just don't get it right," McKay said. "People water their yards like three times a day, five minutes at a time, and it's not good. It's actually better to water only once or twice a week for a longer period of time. At my house, the root system on my grass is two feet deep. I water it once a week for like 30 minutes. My grass stays green all summer. If you water several times a week, roots stay real shallow."

"And as summer wears on, I mow my grass a little taller each month because a grass blade holds water."

Bermuda grass, McKay says, needs about 6 pounds of nitrogen a year to keep it growing healthy and thick. And iron.

"Iron is what makes grass green," he said. "So use a good balanced fertilizer that has at least 2 percent iron in it helps keep it nice and dark green."

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Gary McKay, owner of McKay's True Value, says now is the time for homeowners to tackle those spring clean-up projects.  
— Wrangler News photo by Lee Shappell

Whether it's time to repaint the entire exterior or just touch up the trim, McKay has the paint and the latest computerized paint-color matching software to blend a perfectly matched paint for your job.

"Now is a good time to start thinking about painting before it gets too hot, especially if you plan to do it yourself," McKay said. "It's not too hot, not too cold, and the paint will go on really well."

"We can match virtually anything. Stucco is one of the hardest things to match. You can bring in a little piece. Our machine can change the size of its aperture to take the color to a smaller size. You don't get the shadows that a lot of older machines get, so we get much more accurate color matching."

Before you paint, McKay recommends pressure washing.

"You don't realize how dirty a stucco house is until you start to wash it," he said. "Everything outside in Arizona has pretty good layer of dirt and dust on it."

It's a good time to look at your window and patio-slider screens.

"While it's cool, you want to start opening windows," McKay said. "Right now, we're doing a lot of screens. We're taking in probably 70 screens a week

for repairs. We'll build them from scratch if you're missing screens or need new screens. We have anything from a bug screen to 90 percent sun blockage."

If the screens are OK, take them down and wash them. While they're off, wash the windows, too.

"We have tools for doing windows," McKay said. "And when you do that, dirty water will run down the side of your house. You've got to rinse that off."

Usually, the routine "eyeball test" will tell you what is needed around your yard and home exterior and could save you from a bigger, more costly remedy later.

"Just go around your house and check it out," McKay said. "We have big temperature changes and a dry climate here. Look at fascia boards to see if they are pulling off. As wood dries, nails get loose. Take a look at the eaves, or tiles coming loose before summer comes and it's too hot to want to get out and do these things."

"We all have HOAs and they all 'remind' us about this stuff."

*McKay's True Value is on the southeastern corner of Ray and Rural. Phone: 480-686-8064.*



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# Briefly . . .

## New home for Tempe Chamber

The Tempe Chamber of Commerce has a new home. The previous office at 1232 W. Broadway Road has been relocated to the MAC6 business campus to accommodate what chamber officials say is a growing need for space and to enable projected growth.

“The Tempe Chamber has been part of the fabric of Tempe more than 112 years, and we have outgrown our current space,” said President and CEO Anne Gill.

“Our partnership with MAC6 and the office they have created for us will provide room to expand our team, streamline our operations and better serve our members. The move will accelerate the momentum the chamber has created over the past couple of years with its new team members, values and focus.

“It will help us be an even more effective champion for our community.”

Members of the chamber board of directors were said to have considered several favorable factors with the move, including:

- Having an accessible, visible location near major roadways;
- Being part of an established community of businesses in which the chamber can be a catalyst for continued growth; and
- Offer better access and options for

meetings, events, visitors and staff growth.

The chamber and MAC6 will jointly host a grand opening event to unveil the new space on from 4 to 6 p.m. Wednesday, April 22.

Information: 480-967-7891.

## From Tempe to Uganda with love

The Aztec Lacrosse Club of Tempe will be host its inaugural “Goals for Uganda” event at 9 a.m. Sunday, March 22, at Tempe Sports Complex, 8401 S. Hardy Drive.

The event will raise money for aspiring lacrosse players in Uganda. This year when asked what they wanted to do for fundraising, the young Aztec players decided to donate 50 percent of their funds to a group of children they’ll likely never meet. They had seen videos of Ugandan kids playing the game they love with sticks that were falling apart, pads that didn’t fit correctly and even lacking proper shoes.

All funds raised will benefit the Uganda Lacrosse Association as well as the Aztec Lacrosse Club of Tempe. The team will also be conducting an equipment drive to send new and slightly used equipment to Uganda.

Information: [AztecLAXclub@gmail.com](mailto:AztecLAXclub@gmail.com) or [pledge at Goalsforuganda.com](http://pledgeatGoalsforuganda.com).

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# Tap dance diva won't let injuries break her resolve to teach, inspire

Story and photo by Janie Magruder

Except for the black compression sleeve hugging half of her arm, you wouldn't know that Mary Wall has suffered falls and broken bones — twice — within the past eight months.

"One-two-three-four-five-six-seven-eight, step-hop-heel-toe, step-hop-heel-toe!" Wall shouts to the jazz rhythms of singer Sarah Vaughan filling the mirror-walled dance studio on a recent Monday morning.

Wall's 15 tap dance students watch

as she performs a series of precise steps, her forearms extended and hands relaxed, then they shuffle-step-shuffle-step in response as she watches and critiques.

"This is not river dance," she calls out, and everyone laughs at the thought. "Please, use those arms."

This is Wall, owner of Wall-2-Wall Tap Dance Center in Tempe, teaching tap to a group of mostly middle-aged (and above) women who work up a sweat, form friendships and boost their

brains and balance every week.

She is back in the saddle, or at least the studio, despite breaking her left leg after falling off a three-foot step stool in July and her right elbow after tripping over a mop and falling on New Year's Eve.

Pushing past the pain, the surgeries and continuing physical therapy, Wall once again is focused on complete recovery.

"There's something magical about tap shoes," said Wall, who started tap at age 5 and has taught for 20 years. "I put my tap shoes on and things that hurt don't seem to hurt as much or not at all. I move like my old self. I can't do my arms yet, but I'm moving okay."

For Wall and her students, tap may be more crucial to their well-being and longevity than they know.

Balance improvement is a key benefit of tap, according to SilverSneakers, a national community fitness program that encourages older adults to participate in physical activities. To do the steps effectively, you must keep your weight over your feet and engage the muscles wrapping around your middle. That, in turn, improves your core and your posture.

How big is balance for women as they age? According to a 2018 study

reported in Science News, there's been a sharp increase in the prevalence of falls in women during midlife. The incidence of falls among women 40 to 44 is 9 percent, a number that more than triples to 30 percent in women ages 60 to 64.

As Wall knows, researchers say that a past fall is the strongest predictor of a future fall, followed by the abnormality of gait or balance. When she fell — hard — on her extended right arm in December, she was awkwardly protecting her left leg from further injury.

The July fall required Wall to be off that leg for 10 weeks, so she relied on experienced students in her studio and colleagues from Mesa Community College, where she also taught dance, to literally step in and help out.

"It went much better than I expected, because they were so willing to make sure things kept going," she said.

One of those students, Raine Johnstone, uses tap to improve a balance disorder she developed 14 years ago.

"It made such a huge difference with my vertigo," said Johnstone, who aspired to be a professional dancer as a young woman. "I got to regain my

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passion, I got out of the house more, and it made such a difference in my cognitive functioning.”

Wall-2-Wall got a big boost in September when chosen by ScreenVision Media, a national movie theater advertiser, to be featured in its “Corner Stories.” The minute-long video, part of ScreenVision’s small business-promotion program, is a clever glimpse at the fun and benefits of tap. (vimeo.com/358340206)

In November, Wall returned to the dance floor at the studio’s anniversary party, giving a surprise performance. She looked forward to the holidays and the new year, but on Dec. 31, she fell again, requiring more surgery and continuing rehabilitation.

She turned again to her substitute teachers and just now has returned to teaching, sometimes on her feet, sometimes in a chair. “You can see better what’s going on with your students when you’re sitting than when you’re dancing with them anyway,” Wall said, looking on the bright side.

And to the future, where more than a dozen Never-2-Late to Tap Level 4 classes are held Monday through Friday every week, drawing as few as six and as many as 20 students. The studio also has two performance

groups that higher level students may join.

In addition to dance, there are other things men and women of all ages can do to improve their balance. Mayo Clinic offers these suggestions:

- Talk to your doctor about medications you take that may increase your fall risk. Write down instances when you almost fell and discuss them with your doctor. Discuss any dizziness, pain, shortness of breath or numbness in your feet or legs.

- Keep moving. From tap and tai chi to walking and water workouts, don’t stop out of a fear of falling.

- Wear sensible shoes. High heels, slippers and shoes with slick soles should be shelved, and stocking feet should be avoided, too.

- Remove home hazards. Look around for boxes, electrical cords, coffee tables, loose rugs and other barriers to safe movement. Store clothing, dishes and food within easy reach.

- Light up your living space. Put night lights in bedrooms, bathrooms and hallways, have a lamp within reach of your bed, and create clear paths to any light switches that aren’t near room entrances.



Mary Wall, owner of Wall 2 Wall Tap Dance Center in Tempe, suffered two bad fractures from falls over the last several months, but she’s tapping her way through the pain and is back teaching what she loves.

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# Tempe fire, police deliver a message for change to kids at Arredondo Elementary



Team Kids aims to improve students' perceptions of law enforcement and firefighters by building positive relationships to improve communities.

Story & photo by Noah Kutz

Headlines across the nation read similarly: "They shared a bunk bed growing up. Both were killed by the police" or "Examining how police bullets shattered a Brooklyn family. Twice."

These sobering words from national news sources serve as a reminder of the unfortunate divide between police officers in the U.S. and the people they vow to protect and serve.

Public opinion toward the police force varies per community, but for an ASU research professor, one thing remains apparent:

"In the past couple years, kids' perceptions of law enforcement have really declined," he says. "We know that relationships are strained, and we know time and again that every time kids see something in the news it decreases their perception of law enforcement."

Adam Fine is a research professor of criminology in the ASU College of Public Service and community solutions. In recent years, Fine has conducted research focusing on juvenile delinquency and generalized views of law enforcement within select communities.

— Continued on facing page

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Fine and his research team performed randomized controlled trials on elementary schools in the Compton neighborhoods in L.A., recognizing that schools that made an effort to bridge the gap between students and law enforcement eventually made a greater impact on those kids' psychological perceptions of police officers and of themselves.

But how can a school truly connect its students to the law enforcement in their community? In walks staged by Team Kids Challenge.

Team Kids is an organization devoted to improving communities across the U.S. by "empowering children to change the world," according to Julie Hudash, founder and CEO of the nonprofit.

The team of volunteers partners with elementary schools across the U.S. and works as a platform for connecting students to the police officers and firefighters in their school districts.

A recent rollout of the concept highlighted the day for kids at Arredondo Elementary School, where students got to learn about the concept firsthand.

The "challenge" is for the students to come up with a set of goals for improving their communities, and an action plan for affecting change.

Over the course of five weeks, kids have opportunities to meet with leadership teams from local businesses and law enforcement to build a plan for fundraising carnivals, in which the funds go toward a charity of the students' choice.

On week four the students host the carnival and raise as much money as possible; then, on week five, they meet with their leadership mentors for a debrief to see the impacts they've been able to make in their community.

All along the way, police officers and firefighters help the children

meet their goals and help foster an image of protection and service for law enforcement as a whole.

"Every year they learn about social issues, and every year they're learning that police and fire are the people who are there to protect them," says Hudash. In a traditional execution of the Team Kids Challenge, the fifth graders are students who lead the events for younger kids, allowing them to become mentors themselves and giving the rest of the school something to look forward to when Team Kids returns each year.

Two Tempe elementary schools recently became recipients of this program, with officials noting that they already have seen immense change and results in each school's student body.

In the past, schools have attempted to partner with law enforcement in their community, but were said to have fallen short of their goal of truly connecting with the students and making an impact on their lives, according to Hudash.

Instead, the message was characterized as a repetitive and dull cycle of anti-drugs and anti-drinking.

Notes Hudash: "If you say 'Alright, buddy, don't do drugs,' then you never think about the message you're telling that child who says, 'I wanted to tell you how I stopped someone from getting bullied on the playground, and all you see in me is someone who's going to do drugs.'"

Team Kids, on the other hand, focuses on building a strong relationship between the children and law enforcement through meaningful discipleship, which eventually shapes their views of the community in an increasingly turbulent world.

*Information: teamkids.org/who-we-are/mission-and-values*



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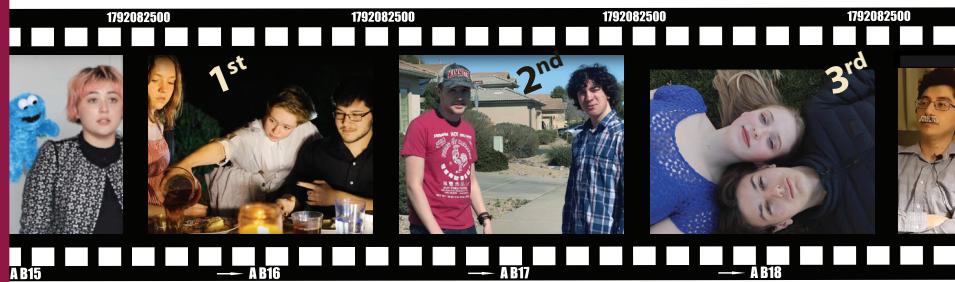
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**3<sup>rd</sup> Place:** *More than a Story* (Desert Vista)

**Best Cinematography:** *More than a Story* (Desert Vista)

**Best Screenplay:** *Tee Shop* (Corona del Sol)

**Best Editing:** *Cookie Monster is My Friend* (Mountain Pointe)

**Best Use of Prop:** *Cookie Conscious* (McClintock)

**Best Use of Dialogue:** *Tee Shop* (Corona del Sol)

**Best Use of Character: Tied:**  
*More than a Story* (Desert Vista)  
& *Journalism at its Finest* (McClintock)

**Best Original Score: Three-way Tie:**  
*Tee Shop* (Corona del Sol)

*Cookie Monster is My Friend* (Mountain Pointe)

*Quite the Characters* (Mountain Pointe)



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## Virus

From Page 3

guidelines recommended by the Centers for Disease Control and the Maricopa County Health Department. China, Iran, Italy and South Korea are listed as level 3 countries, and Japan is a level 2.

“Travelers from Level 2 or 3 countries should self-isolate at their home or an off-campus residence for 14 days and monitor their symptoms before returning to campus,” Crow’s letter states.

ASU Health Services, in a separate and earlier letter to students, reviewed prevention tips and said that although ASU “does not set requirements for personal travel, we are strongly urging people to not travel to areas with active community transmission and/or level 1, 2 or 3 countries.”

The Kyrene, Tempe Elementary and Tempe Union High School districts are also working to keep parents updated on the coronavirus. In a message on Kyrene’s website, [Kyrene.org](http://Kyrene.org), the district’s emergency management team noted all Kyrene schools as well as the district office would undergo a thorough cleaning over spring break. Disinfection wipes, tissues and hand sanitizer are available in every classroom.

Though coronavirus symptoms may be mild in children, some Kyrene students live with people in higher-risk groups, such as those with heart disease, diabetes or respiratory conditions. As a result, some families have asked about keeping healthy children home from school as a precaution. Those absences will be excused, the Kyrene notice states.

At press time, there were no cases of COVID-19 connected to the Kyrene district. “If there were to be an outbreak in a Kyrene school, it is within the authority of the superintendent to close schools, if necessary,” the notice states.

The Tempe Elementary district’s letter to parents reviewed prevention tips like frequent hand-washing, keeping the hands away from the face and keeping children home when they’re sick.

“Because most people with COVID-19 have mild disease, the likelihood

that the Maricopa County Health Department will recommend closing schools is very low, but not zero. In the highly unlikely chance that MCDPH has to shut down your child’s school due to a COVID-19 outbreak, it is important for parents/guardians to have a plan for who could take care of your child,” the notice from Tempe Elementary states.

Dr. Kevin J. Mendivil, superintendent of Tempe Union High School District, urged parents to monitor the CDC’s website for up-to-date information, particularly with regard to travel.

“At this time there are no identified cases in our Tempe Union High School District community,” Mendivil’s letter states. “We are following Maricopa County’s preventative recommendations for schools, which include enhanced cleaning of high-touch surfaces such as doorknobs.” The deep cleaning was set to take place during the district’s spring break.

At Tempe’s Arizona Community Church, a church bulletin was offering information to its flock on the coronavirus to its flock with a reprint of the World Health Organization’s “10 Basic Things You Should Know.”

The recommendations emphasized the importance of using an alcohol-based hand sanitizer or hand washing with soap and water as a way to limit the spread of disease.

“It’s normal and understandable to feel anxious, especially if you live in a country or community that has been affected,” the WHO reprint states.

“Discuss how to stay safe with your workplace, school or place of worship.”

The Roman Catholic Diocese of Phoenix, which oversees St. Andrew the Apostle in Chandler as well as Holy Spirit and Our Lady of Mount Carmel churches in Tempe, sent guidelines as well. The letter states that pastors may implement precautionary measures, including such procedures as distributing Holy Communion in the hand rather than on the tongue; omitting the sign of peace; and refraining from using holy water fonts.

“Throughout history Christians have served the community as a witness of love and care during times of illness.

“Christ is the center of our life and He will lead us through all challenges,” wrote the Rev. Fredrick J. Adamson, moderator of the curia for the Phoenix Diocese.



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Here's a partial list of the community-minded merchants and service providers who invite you to drop by their location to pick up a current issue. And, as long as you're there, take a moment to look around, say hello and tell them thanks for being part of our efforts to bring neighbors — and neighborhoods — closer together.

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**Tempe Union HS District**, lobby, Guadalupe east of Kyrene

**Mill Avenue rack** in front of Hippie Gypsy, downtown Tempe

**Tempe City Hall**, lobby, downtown Tempe

**Mill Avenue rack**, east side, just north of Rula Bula, Tempe

**Tempe Elementary School District**, Rural north of Southern, Lobby

**Tempe Public Library**, Connections Cafe, Rural south of Southern, Tempe

**Pier 54/The Lakes**, On the Water, 5394 S. Lakeshore Drive, Tempe

**Marcos de Niza HS**, Main Office, Guadalupe & Lakeshore

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**Chandler City Hall**, lobby, 175 S. Arizona Ave., Chandler

**Chandler Chamber of Commerce**, 2nd Floor, 25 S. Arizona Pl., Chandler

**Corona del Sol HS**, Main Office, 1001 E. Knox Road, Tempe

**Arizona Community Church**, all are welcome, receptionist, 9325 S. Rural Road at Knox



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# ASU Marine battalion picks up where history left off

Story & photos by Noah Kutz

“Among the Americans serving on Iwo island, uncommon valor was a common virtue.” The words were those of Admiral Chester Nimitz after the inconceivable sacrifices American warriors made at the battle of Iwo Jima nearly 74 years ago.

This island bears the bloodiest days in the history of the United States Marine Corps, making up one third of the total deaths suffered in the USMC during WWII. Over the course of this war, young men became Marines, Marines became heroes, heroes became legends, and the legendary actions of these uncommon men became stories passed down through generations.

Unfortunately, these unforgotten tales commonly forget to mention some of the most important aspects of the battles fought by these uncommon men, aspects that are now remembered and celebrated across all generations.

Black Marines who wished to serve in the USMC were unable to join until 1942, where they were sent to Montford Point in Jacksonville, NC to be trained separately. Because of these racial biases, the Montford Point Marines were unable to serve in the front-line infantry battalions, but instead primarily became the warriors who resupplied the infantrymen, carried the casualties away from the conflict and supported the other Marines in any way possible. These segregated Americans quickly became the backbone of the Marine Corps during each horrific assault on the Japanese islands, and experienced the same gruesome battles while bearing the same grit and tenacity with which every Marine is born.

In light of this history within the Marine Corps, the Montford Point Challenge has become an annual event for various portions of the USMC as well as Naval ROTC battalions during the month of February (Black History Month). The challenge is designed to put Marines (or in the

case of NROTC – Midshipmen), in leadership roles to demonstrate their ability to command a squad while under pressure.

They conduct a series of obstacles over a lengthy course that are designed to replicate some of the challenges which Montford Point Marines faced in battle.

Says Midshipman 3/C Wilson, who planned this year’s Montford Point Challenge at ASU’s NROTC battalion:

“We do this physically intensive event every year in order to remember some of the missions and challenges those Marines faced during their service to our country, which didn’t value them at that time.”

In the case of the NROTC battalion here in Tempe, squad leaders navigated a labyrinth of challenges across ASU’s campus: they carried ammo cans and water jugs up tall buildings and through sand pits, hoisted stretchers with simulated casualties upon their shoulders, and decisively maneuvered their way through simulated mine fields.

They remember these events so that “the Marines may live on in our warfighting heritage,” says Wilson. These challenges, conducted on college campuses all across America by the Navy and Marine Corps’ future officers represent a drive and determination to never forget the mistakes made in the past.

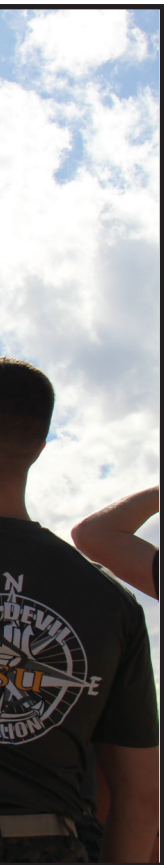
By remembering the hardships these Marines endured, not only at Montford Point and during WWII but also in the following years in the civil rights movement, this Nation’s military can reflect on the lessons learned, and the actions it will take in the years to come.

*Semper Fidelis*, or Always Faithful, has been the Marine Corps motto since 1883. The Marines of Montford Point demonstrated an uncommon faithfulness which remained unseen by many during the battle of “uncommon valor.” No matter the color of the Marine’s skin, the blood that stains the beaches, uniforms and hands of these warriors will always stay red.

To the Montford Point Marines, *Semper Fidelis*.

*Noah Kutz is a member of the ASU NROTC unit who will enter the Marine Corps as an officer upon graduation. He also contributes regularly to Wrangler News.*





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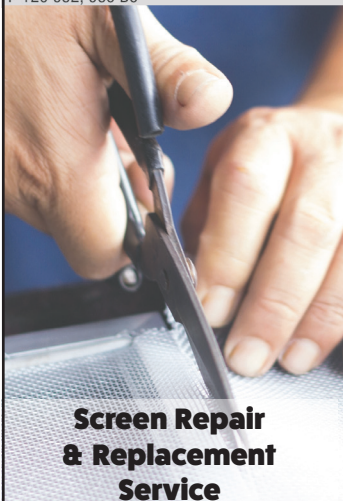
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## Hair-razing

Since 2015, inspired by former Aztec Ridge Vanderbur, who passed away from cancer that year, Corona baseball players have participated in the Stand Up To Cancer head-shaving ceremony to honor a loved one who has battled cancer. Coach Dave Webb and his staff encourage players, coaches, parents and community members to gather as players shaved their heads to increase awareness and support for cancer patients. The Corona baseball team has kept its eye on the ball when it comes to academics, too, garnering a team GPA average of 3.7.

From top: Bryan Webb gets his head shaved by his sister Kacie, a sophomore at Corona; varsity coach and Corona alum George Sanchez, Zane Coggins and Tim Coggins, a Corona alum and cancer survivor; Kellie Webb does the honors for her husband, Head Coach Dave Webb.

For more Corona baseball photos, visit our online gallery at [wranglernews.com](http://wranglernews.com).

— Photos courtesy Corona baseball



# SPORTS

With Alex Zener

## Aztecs earn a midpoint spot in Prescott tourney

The Aztecs boys wrestling team finished 14th out of 30 Division I teams at AIA Division I State Wrestling Championships held Feb. 13-14 at the Findlay Toyota Center in Prescott Valley.

Corona had nine young wrestlers qualify to compete at the state championships: three seniors, five sophomores and one freshman.

Senior **Anthony Gonzales**, with an overall 42-5 season record, was the top finisher from Corona earning a third-place medal in the 120-pound weight category after qualifying for the state championships with a first-place finish at the Sectionals held Feb. 8.

Fellow senior **Shane Aguarin** qualified for state by taking first place in the 145-pound weight class at the Sectionals. He finished the season with a 36-11 record.

Senior **Jack Koeller** competed in the 195-pound weight class after qualifying for state after taking third place at the Sectionals.

The sophomores who competed for Corona at the state

— SPORTS, Page 22

### A life well lived, and sadly lost

Our first experience with Derek Felton, then a freshman and aspiring wrestler at Corona del Sol High School, came 10 years ago when Derek's lively, gray-haired grandmother stormed into our office with a request — actually a demand — that we make sure we didn't leave her grandson's name out of stories we wrote about the top performers in any Aztec wrestling meet, as she noted one other newspaper had.

We assured her we wouldn't, commiserated with her about her dedication to Derek and, from that day forward, stayed glued to Derek's progression from high school athlete to college star, never once missing an opportunity to get his name in our stories.

In the years that followed, Derek became a successful business owner and one of Corona's best remembered students and athletes.

Thus it was a sad moment for us to hear via Derek's brother Mike Felton, also hugely successful as an athlete, student and businessman, that Derek's life had been cut short by his tragic and unexpected death.

To all of those who knew and cared about Derek, we extend our heartfelt sympathies — and renew the pledge we made to his grandmother that we'll keep Derek's name in our lexicon of heroes, in print and elsewhere, any time the opportunity again arises. *dk*



tournament were **Anthony Garcia, Micah Castro, Sasso Villasenor, Drew Nicolson** and **Eldon Milton**.

Garcia, third at the Sectionals in the 138-pound weight class, ended the season with a 28-16 record while Castro (152 lbs.), third at the Sectionals, finished the season with a 28-18 record and Villasenor (160 lbs.), fourth in the Sectionals had a 20-23 season record.

Nicholson (170 lbs.) qualified for the state championships by taking third at the Sectionals compiling a 23-11 overall season record.

Milton (182 lbs.) took second place at the Sectionals and ended the season with a 14-7 record. He won his first-round match but the second-round loss bumped him into the loser's bracket. He did not give up but continued to fight winning in his third and fourth rounds but eventually losing, due to injury, in a battle for fifth place. He ultimately won sixth place.

**Tyler Hamm** is the lone freshman from Corona's team who qualified for state by taking fourth place at the Sectionals in the 106-pound weight category. He ended the season with a 29-14 record.

Junior **Sierrah Thrun**, Corona's defending Division I girls champion, once again went undefeated with a 13-0 season record and four straight wins at the AIA Girls State Championships to take home the championship medal in the 110-pound weight category.

### Marcos de Niza Wrestling

Senior **Sofia Rubio** qualified for the AIA Girls State Championships by taking first place at the Sectionals held Feb. 1. Wrestling in the 185-pound weight class, she ended up getting a fourth-place medal.

The Padres had five wrestlers qualify for the Division III AIA Boys State Championships: **Noah Perez, Tyrik Jones, Zach Martinez, Silus Famoso** and **Andon Amparando**.

Perez, one of the three seniors who wrestled for

Marcos, qualified for the state championships by finishing first in his weight class at the Sectionals.

At the state championships, Perez won by Fall his first match but then by decision the rest of the way to be crowned the AIA DIII State Champion at the 106-pound weight class. He finished his last season wrestling for Marcos with a championship medal and a 41-7 record.

Jones (120 lbs.) who qualified for state with a fourth place at the Sectionals finished his junior season with a 25-23 record while Martinez (132 lbs.) finished his senior season with a 21-19 record after qualifying and wrestling at the state meet with a fourth-place sectional finish.

Famoso (145 lbs.) finished his senior season with a 33-18 record after qualifying for state with a fourth-place finish at the Sectionals and Amparando (160 lbs.) qualified his junior year for state with a third-place sectional finish ending his season with a 29-15 record.

### McClintock Wrestling

The Chargers, with just two wrestlers qualifying for the AIA Division II State Championships, finished as a team in 28th place out of 37 DII wrestling programs at the Findlay Toyota Center in Prescott Valley on Feb. 13-14.

Senior **Devin Murphy** qualified for state by finishing fourth at the Sectionals. He finished his senior season with a 30-19 record after participating at the state championships.

Junior **Ezequiel Bello**, who qualified by taking second place in the 132-pound weight class at the Sectionals, won his match in the first round before falling into the loser's bracket where he won one more match before being eliminated. He finished the season with a 37-14 record.

### Tempe Wrestling

The Buffaloes took an impressive fourth place finish out of 49 Division III wrestling programs in Arizona after

scoring an impressive 84 points with just seven wrestlers.

**Dante Kostelny** wrestling in the 106-pound weight class, qualified for state by taking fourth place in the Sectionals. After competing at the state championships, he finished his sophomore season with a 30-23 record.

**Jaxen Davis** (113 lbs.), after winning his first state match fought his way through the loser's bracket to take home a fifth-place medal and a 41-13 record his senior season. He qualified for state with a second place at the Sectionals.

Junior **Mark Sanchez** (126 lbs.) qualified for state with a second-place finish at the Sectionals but unfortunately was eliminated in the first two rounds when competing at the state meet. He finished his season with a 39-16 record.

Fellow junior **Jesus Rivera** (138 lbs.) qualified for state with a first-place finish at the Sectionals. He was on his way to a championship but eventually lost in the finals which was only his second loss of the season. He brought home a second-place medal finishing the season with a 45-2 record.

**Antonio Carbajal** used a third-place finish at the Sectionals to qualify for state. Once there he was unstoppable winning all his matches by a Fall to be crowned the 152-pound champion his senior year.

**Edgar Yanez Orduno** (195 lbs.) was also looking forward to winning a championship medal his senior year. He started strong winning by Fall his first two matches, and by major decision (11-3) his third match which placed him in the finals. Unfortunately, he lost to an Apache Junction wrestler in a 10-5 decision in the finals. He was awarded a second-place medal ending his senior season with an amazing 49-6 record.

Junior **Romero Carbajal** (220 lbs.) qualified for state with a second place at Sectionals. He finished the season after competing at the state championships with a 38-14 record.

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### Corona Boys Basketball

The Aztecs, ranked No. 13, easily defeated Mesa Mountain View in the 6A Conference Play-In Tournament, 53-41, on Feb. 14.

With that win, Corona moved into the first round of the 6A state basketball championship playoff brackets against No. 4 ranked Skyline scheduled Feb. 19.

Skyline, who had lost only two games all season, started the game on fire outscoring the Aztecs 26-11 in the first quarter.

Although Corona did stay on pace with the Coyotes in the second quarter scoring 18 points to Skyline's 14, they went in at halftime still down 11 points at 29 to 40.

The Aztecs could never catch up and Skyline went on to defeat the Aztecs 81-53.

Skyline ultimately defeated #12 ranked Perry, 43-41, in the quarterfinals before losing to Desert Vista, 66-43 in the semifinals.

### McClintock Boys Basketball

The Chargers, who ended their regular season ranked No. 9 with an 18-9 regular season record, defeated No. 24 ranked Mountain View Marana, 83-66, in the 5A Conference Play-In tournament Feb. 14 to move into the first round of the 5A state tournament.

Against the Mountain Lions, McClintock's senior **Chance Garland**, scored 29 points. What's most amazing is that he only missed two shots the entire game. One was a two-pointer and the other was a three-pointer.

Garland made 12 out of 13 two-point shots or shot 92 percent and one out of his two three-point attempts, to shoot 87 percent overall.

Garland was not the only Charger to hit shots, though, again Mountain View Marana. Sophomore **Jaylen Wesley** hit seven out of his nine attempts or 78 percent to score 19 points while senior **Armani Williams** shot 75 percent

scoring 13 points and sophomore **Pascal Volz** scored 12 points hitting 50 percent of his shots.

McClintock moved on to the first round of the 5A state championships where they defeated No. 8 Cactus Shadows in a tight 62-61 hard-fought game by both teams on Feb. 19.

The Chargers had defeated the Falcons by 10 points, 54-44, the last game of the regular season on Feb. 11, but Cactus Shadows was a more determined team in the state championship game.

McClintock managed to get a one-point win to move on to a quarterfinal matchup against No. 1 ranked Millennium.

The Millennium Tiger had a lot of experience playing in big games during their 2019-20 season when they competed in the Washington Tournament of Champions in Illinois to start the season where they won every game except one.

After a few games against local schools in early Dec. the Tigers spent the holiday break playing at the Beach Ball Classic in Myrtle Beach, SC.

Before they met the Chargers in the quarterfinals of the 2020 AIA 5A Boys Basketball State Championships, the Tigers had won 22 games and lost only five.

On Feb. 19, Millennium easily defeated the Chargers 96-50 after leading at the half 47-26.

Wesley was the top scorer for the Chargers in that quarterfinal matchup scoring 14 points, while Williams and Garland each scored 13 points. Williams was the leading rebounders with seven total rebounds while Wesley had six rebounds.

Volz and Williams each had four assists and Williams was credited three steals.

### Marcos de Niza Boys Basketball

Marcos de Niza finished the regular season ranked No. 20 and needed to defeat No. 13 Coconino in the 4A Conference Play-In Tournament on Feb. 14 to make it into the 4A state championship brackets.

The Padres fought hard in their game against Coconino and were leading 20-15 at the end of the first quarter before the Panthers woke up in the second quarter to score 24 points to the Padres eight.

Although Marcos outscored Coconino 35 to 26 in the final half, the Padres ran out of time and lost a heartbreaker by two-points to the Panthers, 65-63, and a chance to play in the first round of the playoffs.

Senior **Russ Lingruen** was the leading scorer with 18 points followed by his brother **Tommy Lingruen** who scored 14 points. Senior **Asael Worden** was next on the team with 11 points.

Junior **Nehemiah Washington** shot 67 percent behind the three-point line hitting two out of his three attempts to score six points while senior **Ethan Arroyo** shot 100 percent going two for two to earn four points.

Both Russ and Tommy Lingruen, along with senior **Camrion Bryant**, hit every one of their free throw attempts to shoot 100 percent with Russ Lingruen going six for six.

Tommy Lingruen was the leading rebounder on the team snagging seven defensive rebounds and one offensive rebound for a total of eight followed by senior **Jaden Upshaw** who had four rebounds.

Worden was the assist leader with four assists while Bryant recorded three assists and three steals.

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# Diversions

## Itinerant 'Happy Wanderer' coming to Tempe March 20-21

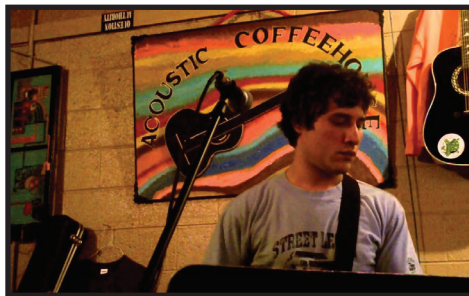
By M.V. Moorhead

On the Road Again has been defined by Willie Nelson as a natural state for a musician, and Bryan Bielanski has been obediently in that itinerant state for much of his adult life.

The longtime front man for the hard-edged rock outfit Angwish, Bielanski is currently wandering the United States as an eponymous solo act, and is scheduled to bring his "Super Happy Fun Time" Tour to Tempe for two shows, on March 20 and 21.

This tour, Bielanski says, marks a shift not just in the name of the act but in the tone and style of the music he plays.

A note of explanation is in order at this point. Angwish is a "band" only in



a nominal sense; Bielanski plays guitar and sings, accompanied, sometimes, by a drum machine, and sometimes "by a percussionist army on standby all over the world."

With a combination of pedals and amplifiers, Bielanski simulates the sound of a five-piece rock ensemble in his performances.

In this manner he has toured not only the U.S. but the world, playing everywhere from New York to L.A. and Paris to Hong Kong.

He has also released 11 albums, most notably 2016's *The United States of Angwish*, which reached Number 89 on the National CMJ College Radio Charts that year.

This is not, however, the show that audiences will see when Bielanski performs at Xtreme Bean Coffeehouse at 7 p.m. Friday, March 20, or at 9 p.m. at Time Out Lounge on Saturday, March 21. Reached by phone first in Hattiesburg, Mississippi, and then a day later in Dallas, Texas, Bielanski explains that Angwish was "more like hard rock, or punk," while his current tour, featuring the artist singing to the accompaniment of a single guitar, "has a more positive sound."

He also admits that the Super Happy Fun Time tour is far easier, on a technical level, than an Angwish show.

So, how did all this get started?

In response to that most reflexive of questions when interviewing a musician—"Who are your influences?"—Bielanski is prompt and enthusiastic in his reply:

"The Beatles, Nirvana, REM, Tom Petty, Donovan." But there seems,

rather sweetly, to be a primary influence that overarches all of these famous tunesmiths: Bielanski's own parents.

"My parents were always playing records," recalls the Charlotte, North Carolina native, now 41.

"Classic stuff like the Beatles, but also stuff like The Ramones and The Sex Pistols." It was hearing the Beatles' 1968 "White Album" when he was 14, however, that inspired Bielanski to take up music in earnest.

"I bought a guitar with money I saved," he recalls, "and practiced like 6 hours a day."

He took a pass on college, going straight from high school into performing and touring, and has been at it ever since.

As to what people can expect to see and hear if they turn out for Bielanski's Tempe gigs, the artist is quick to point out the title of the tour: Super Happy Fun Time.

Apparently he doesn't mean it ironically.

Says Bielanski, "You can expect energy, sincerity and positive vibes."

*Xtreme Bean Coffeehouse is at 1707 E. Southern Ave., Tempe. Time Out Lounge is at 3129 S. Mill Ave., Tempe.*



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## Wednesdays at arts center focus on community, talent

By Allison Cripe

Walk-in Wednesdays at Tempe Center for the Arts has become a haven of love and community. It attracts local as well as international talent and leaves a lasting impact on all who attend.

This is one of the programs, many of which are free, offered at TCA.

Every Wednesday night, nervous songwriters set up on the small stage, their backs facing a huge window overlooking the black, sparkling waters of Tempe Town Lake, and offer their art.

After the last note, they're welcomed by applause.

"It is positive on so many levels that it's hard to even describe," said David Finarra, videographer and weekly performer who is commonly known to the music community as Cowboy Wrecks.

"The fact that it's a municipal building and it supports this kind of effort? To make an opportunity for people to get together like this? It's a living thing. It has its own life," Wrecks said.

Host and local music legend Walt Richardson said that performers receive time slots of up to 10 minutes and the program can attract up to 25 artists a night.

"Yes, it was really a two-hour wait," said Richardson when asked to clarify a rumor about the popularity. "People were getting there at 3 p.m. to sign up at 5. So that meant if they were there at 3, and didn't play until 9, they weren't playing for a long time."

WIW has since adopted a more suitable lottery system to accommodate the large numbers of artists.

This open mic began 11 years ago when Richardson was asked to help

construct a plan to bring people into the building while also involving the neighborhood.

"I coined it Walk-in-Wednesday because people would just walk in from the lake," said Richardson.

As the event grew, so did the crowd. At the very beginning, a 9-year-old Scott Bomberg would be brought in by his mother. She would socialize and drink a glass of wine while her son completed his homework.

"Single mom," Bomberg explained. "She wanted to be around adults for once."

About a year later, Bomberg arrived with a guitar.

"He got up on stage and started singing some Bruce Springsteen," said Richardson.

"He started coming out and playing for the next few years, getting better every time."

Bomberg's mother had been going through breast cancer but came out of remission during his senior year of high school. She passed away and Bomberg left town only to return for his college graduation.

He then decided to stay and make music. At 20 years old, Bomberg plays local gigs with The Big Blue and released music last year on all streaming services.

"There's a lot of people that I really remember over those years," said Bomberg about his open mic days. "These people, they're not musicians you would hear on the radio. But, they're out there doing it and they deserve a lot of credit."

Witnessing the magic is easy by dropping by Tempe Center for the Arts, 700 W. Rio Salado Parkway, on Wednesday nights.

Youth and high school performers play from 5-6 p.m. and adult performers play from 6-10 p.m.

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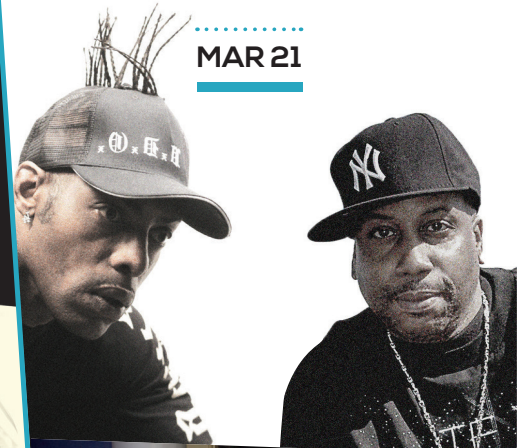
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## Woods, Garlid newly elected in Tempe mayor, council races



Based on early, unofficial returns in the March 10 Tempe City Council election, Corey Woods was elected mayor and South Tempe resident and political newcomer Doreen Garlid won a seat on the council. Top: Mayor Elect Corey Woods hugs Megan McPherson Slugocki after seeing the election results. Below: Doreen Garlid and her sister celebrate a successful campaign.

*Photos courtesy Woods and Garlid campaign staffs.*

## Mary Contreras' 19th Spring Fling coming March 28

The weather may still be bitter cold in some parts of the country, but spring has sprung in Tempe and that means the Mary Contreras State Farm Spring Fling is just around the corner—Saturday, March 28, to be exact.

From games to food, refreshments and cookies, it's an outdoor, family-friendly event that draws a crowd. One of the big attractions is the free windshield repair by Burton Glass and Desert Breeze Glass. You don't have to be insured by State Farm to get your windshield repaired during the event.

Mary Contreras State Farm is located at 2145 E. Warner Road, Tempe. The fun begins at 9 a.m. and runs through noon.

The Downtown Chandler Community Partnership Presents



**Friday, March 20 | 6 - 9 p.m.  
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## Your Business Advantage

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### Tempe Chamber of Commerce is Relocating to MAC6 Campus



The Tempe Chamber of Commerce will relocate its office to the MAC6 business campus in order to accommodate a growing need for space and address projected future growth. The short move from its current headquarters at 1232 E. Broadway Rd Ste. 211 to 1438 W. Broadway Rd. Ste. 213, is planned for March 13, 2020.

"The Tempe Chamber has been part of the fabric of Tempe more than 112 years, and we have outgrown our current space," said Anne Gill, President and CEO, Tempe Chamber. "Our partnership with MAC6 and the office they have created for us will provide room to expand our team, streamline our operations and better serve our members. The move will accelerate the momentum the Chamber has created

The chamber Board of Directors considered several favorable factors with the move to the MAC6 business campus including:

- Having an accessible, visible location in Tempe near major roadways
- Being part of an established community of businesses in which the Chamber can be a catalyst for continued growth
- Offer better access and options for meetings, events, visitors and staff growth

"We are excited to grow our long-standing relationship with the Chamber and welcome them to our campus joining nearly 100 companies in our MAC6 family," said Kyle McIntosh, President of MAC6. "Through the investments in our campus and the addition of the Tempe Chamber, we see this partnership as an asset for the Tempe business community for many years to come."

If you have any questions regarding the relocation of our office, please contact us at 480-967-7891.

### Emerging Issues Forum: 2020 Sustainability Summit

On Friday, April 3rd, the Tempe Chamber and Emerging Issues Forum, sponsored by SRP, will host the 2nd Annual Sustainability Summit at the Doubletree by Hilton Tempe from 8:00 am to 11:00 am. This year's event will feature two informative sessions, a sustainable business expo, and breakfast. The first session, moderated by Tempe's Director of Sustainability, Dr. Braden Kay, will feature a series of short success stories from Tempe businesses who have realized great results from sustainability programs or initiatives in their workplace. The second morning session features Michael Dalrymple, Arizona State University Sustainability Director, who will discuss proven methods to create sustainability goals, ways to track success and how to create a culture of sustainability within your organization. To learn more about how you can submit your success story and reserve your seats today, please visit [www.tempechamber.org/events](http://www.tempechamber.org/events).

Emerging Issues is Sponsored by 



### FUEL's First Lunch Mixer

The Tempe Chamber FUEL Committee is happy to announce their first quarterly lunch at The Porch on April 3, 2020. This networking lunch is open to all chamber members who are interested in joining this new young professionals committee, FUEL. To register for this networking lunch, please visit <https://bit.ly/2ThRwXZ>. To learn more about the FUEL Committee, how often this group meets, and more about their mission, please visit [www.tempechamber.org/committees](http://www.tempechamber.org/committees).

## Interested in preschool this fall? Apply beginning March 16

Tempe PRE, the City of Tempe's high-quality, full-day preschool program, will begin accepting online applications for the upcoming school year at 8 a.m. March 16.

The application process is for new families; current families have already secured their spots. All students must be age three or four by July 31 and fully potty trained to be eligible for preschool. Families will be chosen by lottery and will receive email notifications beginning in April.

Free tuition, half-tuition and full-tuition options are available depending on eligibility requirements. Regardless of payment level, all families get the same benefits of Tempe PRE, including small class sizes, a play-based curriculum and early childhood-certified teaching staff.

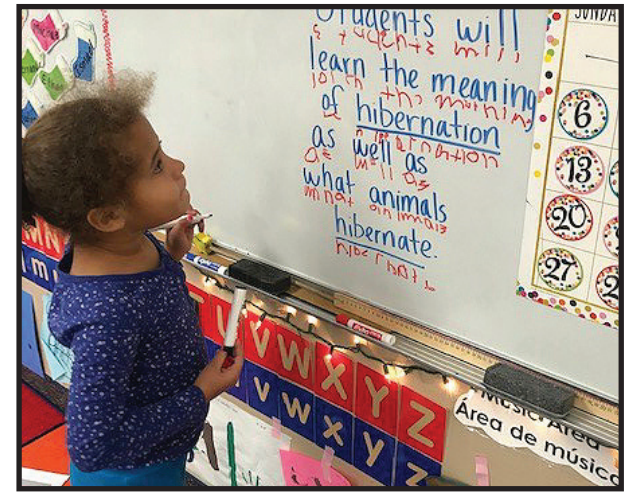
The program serves 360 children at 12 established neighborhood schools in the Tempe Elementary and Kyrene school districts.

Tempe PRE classrooms have all attained "quality" ratings by Quality First, Arizona's quality improvement and rating system for early learning programs.

The City Council launched Tempe PRE as a two-year pilot in August 2017, offering free preschool with the goal of boosting kindergarten readiness.

Councilmembers later extended the program and introduced a sliding-scale tuition plan intended to widen availability to families and ensure the program's financial sustainability.

Tempe PRE also helps families improve their quality of life. With access to high-quality preschool, they can increase employment and education opportunities. A Tempe PRE survey shows that 40 percent of families were able to increase their income by 28 percent as a direct result of accessing preschool.



For information about applying: [tempe.gov/TempePRE](http://tempe.gov/TempePRE). To contact staff: [pre-k@tempe.gov](mailto:pre-k@tempe.gov) or call 480-858-7735.

## It's time: fill out the 2020 U.S. Census

In mid-March, each household across the country will receive a letter in the mail from the U.S. Census Bureau with instructions on how to participate in this important count of all residents.

It is easy and secure to fill out the Census and it is vitally important for Tempe.

There are only nine questions. And for the first time, you can fill out the Census questionnaire online, and the letter you receive will tell you how.

According to the U.S. Constitution, all residents must be counted every 10 years. If some Tempe residents are not counted, our community misses out on its

fair share of federal funding for transportation, schools, housing and more. Everyone living in Tempe must be counted, including college students who live off-campus, non-citizens (including international students and residents) and even infants. Individuals who are homeless and those living in dorms or group homes are counted separately by the Census Bureau.

There are many public computers available for



completing the Census at community centers in Tempe and at the Tempe Public Library, 3500 S. Rural Road.

More information is at [tempe.gov/census](http://tempe.gov/census).

## Tempe Bike Month gears up

Tempe Bike Month is an annual celebration to showcase the many benefits of biking in Tempe. Celebrate with the city at these free events:

**Tour de Tempe** – April 5 from 7:30 to 10:30 a.m.

Join more than 1,000 bike riders at the 24th annual Tour de Tempe Community Bike Ride at Kiwanis Park, 6111 S. All-America Way. This free, 12-mile ride is led by members of the Tempe City Council. Registration starts at 7:30 a.m. and the ride starts at 9 a.m. Enjoy free breakfast snacks and coffee! T-shirts will be available for the first 850 riders.

Helmets are required. Lost Our Home Pet Rescue will be on-site for pet adoptions.

Learn more or register online now through April 1 at [tempe.gov/BikeMonth](http://tempe.gov/BikeMonth).

**Bike to Work Day** – April 15 from 6:30 to 8 a.m.

Stop by one of seven locations during Tempe's 28th annual Bike to Work Day to get a free breakfast.

Each location will have a limited number of bicycle tire repair kits and water bottles. T-shirts will not be handed out at this event.

At 7 a.m., riders can also join Tempe City Council on a bike ride from U.S. Egg to Daily Jam in downtown Tempe.

Visit [tempe.gov/BikeMonth](http://tempe.gov/BikeMonth) for a list of all breakfast locations.

**Nominate Tempe's next bicycle hero** – Do you know the Batman or Wonder Woman of bicycles? A person that not only celebrates bicycling, but also makes life better for Tempe's two-wheeled community? Nominate them to be Tempe's next Bike Hero!

Tempe is accepting

nominations for its 2020 Tempe Bike Hero Award now through April 30. Nominated individuals must live or work in Tempe and nominated organizations must be located in Tempe. Get more info at [tempe.gov/BikeHero](http://tempe.gov/BikeHero).

**Free week of GRID bike riding** – Get a free seven-day GRID pass by visiting [gridbikes.com](http://gridbikes.com) and using promocode BIKE2020.

Tempe has more than 217 miles of bikeways, including on-street bike lanes and multi-use paths. With one of the highest percentages of bicycle commuters in the country, and the highest in Arizona, Tempe has a strong bicycle culture and community. The city is designated a Gold-Level Bicycle Friendly Community by the League of American Bicyclists. For more information about all Bike Month events, visit [tempe.gov/BikeMonth](http://tempe.gov/BikeMonth).

## 'Tempe Playlist' opens a door to aspiring musicians, performers in South Tempe

Musicians, singers and emcees in the 85283 and 85284 zip codes are invited to submit their songs for a chance to be included on the next edition of Tempe Playlist: Saturn Sessions.

This is a locally inspired collection of songs that captures the talents and the vibe of south Tempe musicians.

Selected songs will be compiled into a digital playlist that will be available online and marketed throughout the city, including on Tempe's Orbit neighborhood shuttles.

Musicians can submit up to three songs for consideration and must live, work, attend school or have a strong tie to south Tempe.

Musicians whose songs are selected will receive a small stipend. The deadline is Friday, April. 3. A link to the submission form can be found at [tempe.gov/TempePlaylist](http://tempe.gov/TempePlaylist).

In 2017, Tempe received a grant to assemble a team of arts experts, community stakeholders, city representatives, education professionals and local business

owners to develop a creative way to mobilize the arts in the city. Orbit Saturn, a free neighborhood circulator in Tempe, was chosen as a creative connector because it travels within the two zip codes and because it is a free service accessible to all Tempeans.

A partnership between the arts and public transit teams was created, and as a result, *Tempe Playlist: Saturn Sessions* was born.

For the first time this year, Tempe Playlist will be funded in part by the National Endowment for the Arts. The program was originally supported through the Arizona Creative Communities Institute, funded by the Arizona Commission on the Arts, and ASU Herberger Institute of Design and the Arts. Tempe Playlist is done in partnership with the city of Tempe, AZ Beat Lab, KJZZ's Spot 127 Youth Media Center, TopKat Studios and the Tempe Union High School District.

Information: [tempe.gov/TempePlaylist](http://tempe.gov/TempePlaylist)



The Aprende Middle School boy's basketball team beat Heritage Middle School of Chino Valley, 65-43, to win the state championship. Back row, from left, Mihail Kostadinovski, Koa Peat, Deandre Sims, Brandon Holmes, Donald Tinsley, Nasir Davis, Royal Richie, Coach James Hayes. Front row: Shay-den Yarde, Shakoi Yarde, Mason Sundberg, Christian Williams, Isaac Elzy, Crew Swearingen .

—Photo courtesy Jana Peat

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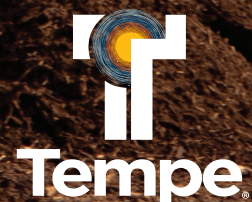


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## Discerning Diner

# The joys of eating in, and sometimes out, rely on your ability to do either one right

By Melody Elkin

*Editor's note: Melody Elkins and her husband Todd are the proprietors of Sweetest Season, relative newcomers to South Tempe but no strangers to food — planning it, preparing it, talking about it and savoring it. Her commentary will appear as a regular feature in future issues of Wrangler News.*

Proposing to get even better at something you already love is a great way to improve your cooking skills. It also happens to be a goal that all those around you can benefit from.

The following five tips are steps that I have taken throughout my culinary journey, and have helped me improve significantly.

**1. Eat out** — Though this may seem counterintuitive, eating out, reading blogs and strolling through Pinterest all provide nuggets of inspiration for recipes we'd like to try in our home kitchens.

The benefit of eating out, however, is the participation of all the senses (think mouth-watering aromas, vibrant colors, sizzling, frying and steaming.)

This is what makes specific food experiences stick in our minds, plus you get to try another interpretation of things you love to eat. It seems boring now that I am writing it down, but every time I dine out for Mexican food, I order the same three things: a cheese enchilada, a

chili relleno and a tamale—no rice, no beans. I appreciate essentially the same ingredients, presented completely differently, no matter where I go, and the experience has inspired my own versions of these classic dishes.



**2. Experiment fearlessly** — I remember very specific culinary experiences—not all, of course, but many. In my early years of food exploration, this was how I began crafting recipes. My goal was to mimic certain techniques, while swapping out ingredients with those I preferred.

For example, many of our guests have raved about our Season's Benedict and find the absence of a traditional English muffin refreshing. I may be the only person who doesn't care for English muffins, but somehow, we have come to a compromise on a creative element (our "crouton") that most would argue is better.

I have had and enjoyed Eggs Benedict dishes for as long as I can remember, but in my kitchen, it's my way, and I invite you to feel the same way about your kitchen.

**3. Read a recipe in entirety before beginning** — I am almost too impatient for this step—almost. If it weren't so important to do this, I would just jump in, but nothing is more frustrating than delving into the process of a recipe only to find that you are missing a key element (an ingredient, parchment paper, a blender, whatever). It is also important to know how long a recipe will take. I hate it when those "refrigerate overnight" or "allow to rest" instructions sneak up on me.

Take a moment, read it through, and if you are still inspired to take on a new challenge, do it!

**4. Mise en place** — This step goes hand in hand with reading the entirety of a recipe. "Mise en place," translated from French, means "putting in place."

The goal is to not only have the tools, equipment and ingredients on the counter, but that they are measured, plugged in and ready to use. Even reaching across the kitchen for an unexpected call for a whisk, could be detrimental to a recipe. Plus, having everything together makes imaginative people feel like they are the star of their own cooking show.

**5. Shop in season** — You might think it strange to see someone walking through the grocery store during August in a ski jacket. The same oddities ring true in the culinary world. If you select ingredients that are out of season, you will be working against yourself in the kitchen.

A week or two ago, a guest inquired about ordering a peach pie from us.

We had two options: canned or frozen, neither of which would be worthy of the Sweetest Season name.

I asked him to check back in July, when an abundance of irresistible, free-stone peaches will emerge in Arizona.

The bottom line is, using seasonal ingredients to inspire your next shopping trip or recipe search is definitely the way to go.

There are so many benefits to shopping seasonally, including significantly lower prices, superior flavor, color and texture plus abundant supply.

It takes a simple stroll through your local grocery store, and a Google search to begin learning how to utilize the best ingredients available to you.

Use these tips to get the ball rolling on your new culinary goals.



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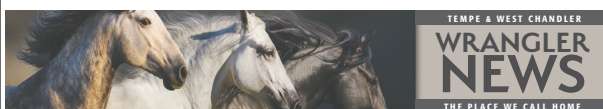
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# Hike

From Page 3

the time Native American tribes lived in its environs, to the development of the Mexican barrios, and through the beginnings of the city of Tempe.

Quite a bit of history has transpired in Tempe since Charles Trumbull Hayden passed through the area on a freight delivery trip in 1866.

He had to cross the Salt River in order to continue his journey and as he looked around he saw the opportunity for agricultural development and trade.

In 1871 he returned and began building his flour mill and established a ferry service for people to cross the Salt River and gave Tempe its first name: Hayden's Ferry.

He also began building a home which became Hayden House, and later La Casa Vieja. The building still stands at the corner of First Street and Mill Avenue.

Children who participate in the Hike into History will learn about the early development of Tempe as Hispanic workers came and built the village of San Pablo near the present day location of Arizona State University.

They will be able to see where the Salt River ran and is today Tempe Town Lake.

They will see miles and miles of development in every direction while at the same time listening to stories of early times from a Native American storyteller.

Crafts and other activities are planned as well.

A second hike for the wider community is planned to take place 4-6 p.m. March 20 and begins at the parking lot located at 3rd Street and Mill. Docents will be available to share historical insights.

The Hike into History events are presented by the Hayden's Ferry Days committee, Tempe History Museum and Tempe Historical Society in cooperation with Tempe Elementary Schools.

Information: 480-838-0437.

# Arts, culture get a lifeline via Tempe's free grants-application program

Artists and cultural-services providers can get a helpful economic boost for their community-based efforts via several grant programs currently open for application.

And, say city officials, help is free for the asking.

One-on-one sessions are designed so that staff can provide focused individual time to dive deeper into specific project ideas, along with customized support and mentorship designed to produce the best submission possible.

Those interested can sign up for a one-hour session with Maja Aurora, Tempe's director of arts engagement at sessions being offered at Connections Café inside the Tempe Public Library.

Applications and mentorship sign-up can be found at [tempe.gov/ArtsGrants](http://tempe.gov/ArtsGrants).

Here are this year's arts grant opportunities:

**Tempe Arts Grant** — Up to \$10,000 (matching contribution required). Deadline: Monday, May 18. Apply: [tempe.gov/ArtsGrants](http://tempe.gov/ArtsGrants). These are available to non-profit organizations providing inclusive arts and culture programming that advances Tempe as a vibrant and progressive arts and culture community.

**Expectations:** Requests may include services of artists, arts educators, professional services, supplies, stipends, production costs, space rental, travel, food, marketing and printing; program structures may include programming with youth within schools or community; festivals or a performance; multiple programming throughout the year; programming at Tempe Center for the Arts; multiple programming throughout the year.

**Vibrant City Arts Grant** — Up to \$2,500 (no match required). Deadline: Monday, May 18. Apply: [tempe.gov/ArtsGrants](http://tempe.gov/ArtsGrants). These are intended to activate Tempe and build community connections through inclusive arts and culture programming. This grant is available to cultural groups, LLCs, individual artists, non-profit organizations, and arts collectives.

**Expectations:** Develop a project that will take place in Tempe between Sept. 1, 2020 and June 30, 2021. Program structures may include, but are not limited to artist residencies in communities; workshops or panel discussions; artist/organization development; pop-up arts events; community arts program; site-specific performances

Requests may include the services of artists and

educators, professional services, supplies, stipends, production costs, food, travel, marketing and printing.

**Museum Series** — Up to \$500 (no match required); Deadline: Monday, May 18. Apply: [tempe.gov/ArtsGrants](http://tempe.gov/ArtsGrants). This grant is available to cultural groups, LLCs, individual artists, non-profit organizations, local businesses and arts collectives. They are intended to be community-hosted experiences organized in two parts that include performance or presentation and audience participation that highlight creativity, history, arts and culture.

**Expectations:** Once selected, groups will work closely with museum staff to further develop and market their program as part of the Museum Series occurring September-May. Program structures may include, but are not limited to: workshops or panel discussions; community arts program; site-specific performances; cultural presentation, tasting and/or experience.

Requests may include services of artists and educators, professional services, supplies, stipends, production costs, food, travel, marketing and printing.

**What you will get** — Up to \$500 to use toward your project; free space at the Tempe History Museum; audio-visual equipment and staff provided (stage, lighting, sound); mentorship and support from Tempe Arts and Culture Division staff; promotion and marketing.

**Tempe Creatives Series** — Up to \$500 (no match required); Deadline: Monday, May 18. Apply: [tempe.gov/creatives](http://tempe.gov/creatives). This grant is available to individual artists or artist teams with workshop ideas that will help other artists develop some creative entrepreneurial savvy. They are intended to be designed specifically by artists for artists and offer unique hands-on guidance that can be immediately put into practice.

The workshop series are free and open to all artists in the Valley.

**Expectations:** Once workshops are selected, artists will work closely with Tempe's Arts Engagement staff to further develop and market their workshop as part of the Tempe Creatives Workshop Series occurring September-June.

**Requirement for applicants:** Answer two easy questions to provide an idea for who you are and what the workshop will be about.

Artists may submit up to three workshop ideas; workshops will be selected to provide a range of topics and experiences.

# Commentary

## Spring is in the air; now's time to get out and enjoy it

By Jennifer Adams  
Tempe City Councilmember

As many of you know, I live alongside you in south Tempe and enjoy any opportunity to keep you informed about what is happening throughout our city.

Over the last several months, I have discussed recycling tips, solid waste rates and collection days, and the March 10 city election.

Now that spring is here, it is the perfect time to mix it up and give you information that is pure fun!

There is plenty to explore around Tempe – here is just a small sampling of upcoming events and activities that are free (or close to free) for the entire family:

Unleash your inner geek at **Geek's Night Out**, which showcases around 70 interactive, STEAM-related booths that are free to explore. Join us Wednesday, March 18, from 4:30-7:30 p.m. at

Tempe Community Complex, 3500 S. Rural Road.

More of a film fan? This year's **Hayden's Ferry Days** festivities include a film festival, with free showings of *A Star is Born* (March 11), *Campus Man* (March 18) and *The Nutty Professor* (March 25).

All movies are at Alamo Drafthouse Cinema in Tempe. Tickets are \$8.

Visit [tempe.gov/HaydensFerryDays](http://tempe.gov/HaydensFerryDays) for more.



On March 21 from 9 a.m. to noon, learn about all the social services Tempe offers.

**Human Services Day** showcases local nonprofits and service providers whose mission is to help.

This free event is at the Tempe Community Complex. Call 480-858-2300 with questions.

The **Tempe Festival of the Arts** is March 27-30 on and around Mill Avenue in downtown Tempe. Check out dozens of art vendors and find a new treasure while enjoying live music, food trucks and more.

Make safety your swim-season priority at **April Pool's Day** on Saturday, April 4, at Kiwanis Wave Pool.

Enjoy the waves while witnessing water rescue and CPR demonstrations and taking mini-swim lessons. See more at [tempe.gov/waves](http://tempe.gov/waves). The event

goes from 1-5 p.m.

Pyle Adult Recreation Center is hosting its annual **Senior Health & Wellness Expo** on Thursday, April 9, from 8 a.m. to noon.

More than 50 vendors will help guide prime-timers through health demonstrations, cholesterol and blood pressure screenings, hearing screenings and more.

Enjoy a healthy breakfast while you are there. Pyle is located at 655 E. Southern Ave. This is a free event.

These activities and many more are happening in Tempe this spring. Everyone is invited to get out there – whether you like live music, plays, outdoor recreation or just some peaceful people-watching.

The city has a helpful online calendar that lists all events; bookmark the page at [tempe.gov/calendar](http://tempe.gov/calendar) and never miss a thing.

You can also subscribe to get a weekly list of happenings delivered right to your email inbox – visit [tempe.gov/enews](http://tempe.gov/enews) and select the “Tempe This Week” box.

What other topics would you like me to explore in my columns?

Is there a city process you have questions about or an issue that should be explained? I am always seeking feedback about how we are doing and how we could do better.

Connect with me by calling 480-350-8835, following me on my City Council Facebook account ([JenniferAdamsTempe](https://www.facebook.com/JenniferAdamsTempe)) or emailing me at [jennifer\\_adams@tempe.gov](mailto:jennifer_adams@tempe.gov).

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## Client Appreciation Event!

### Document Shredding Truck and Picnic

Tax season is here and it's time to get rid of those old statements and receipts! We'll have a truck on hand to shred your sensitive papers and then you can join us in the park behind the office for a BBQ Picnic!

We'll have BBQ from Smokin' Aces, drinks, games, prizes and lots of fun for the kids!

Saturday, March 28

11am to 2 pm

1400 E. Southern Avenue, Tempe



Shredding from 11am to 1pm



Easter Egg Hunt at 1pm

RSVP to The Nick Bastian Team at 602-803-6425 or [Lori@NickBastian.com](mailto:Lori@NickBastian.com)



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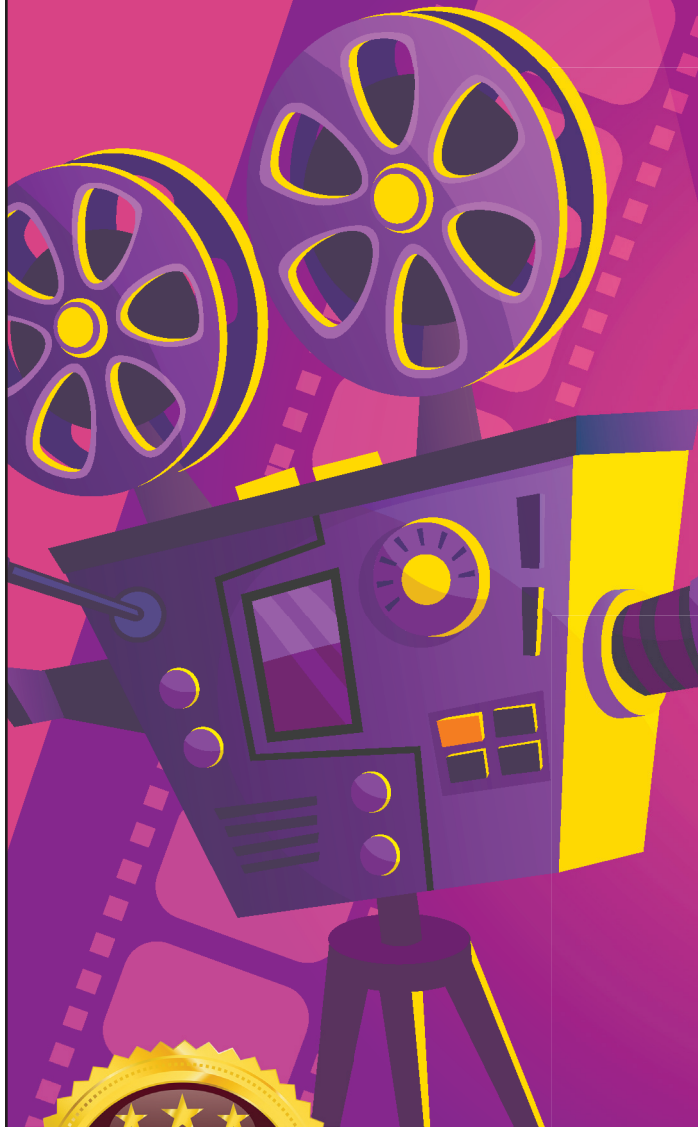
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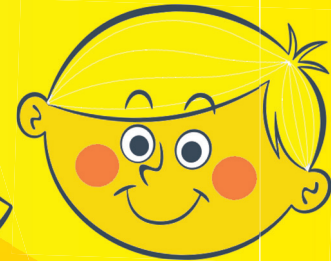
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