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Courier Journal

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UNA Online this Summer

FLORENCE – The University of North Alabama is extending the remote/online instructional environment throughout all Summer 2020 sessions.

Further, in light of recent federal and state directives, the UNA campus will be accessible on a modified schedule from sunrise to sundown. We ask that all visitors maintain social distancing while on campus. Updates to this schedule will be made as details regarding the national emergency emerge.

Water Safe to Drink

MONTGOMERY- The Alabama Department of Environmental Management wants the public to know that your drinking water is safe. So, there's no need to hoard cases of bottled water during the coronavirus crisis.

"With so many things Alabamians have to worry about – their jobs, social distancing, the welfare of loved ones, gathering food and other necessities – the safety of their drinking water shouldn't be one of them," said Lance LeFleur, ADEM's director. "The water they get from their tap, whether it's from a large municipal system or a small rural utility is 100% safe due to the proven safety requirements they are required to follow and that ADEM enforces. People don't need to fear the coronavirus as far as their water is concerned."

LeFleur points out that the disinfectants the water systems add as standard operating procedures kill viruses including COVID-19. Likewise, standard operations of municipal wastewater systems kill any viruses before the treated water is discharged into Alabama's rivers and streams.

More SHORTs... on Page 4

Automotive Inside NOW
Ray Miller Buick-GMC
Oakley Auto Sales
National Advance Auto Sales
Jeff Elledge Auto Sales

The Meal Barrel

Efforts Warm Tummies in the Sheffield Area

by **Beatriz Pettus**
for the Courier Journal



Volunteer, Loretta King, and a patron look over some canned goods at the Food Pantry in Sheffield.

SHEFFIELD—Two trailer trucks recently delivered 82,000 pounds of food from the Church of Jesus Christ of Latter-day Saints to the Meal Barrel Project Food Pantry in Sheffield.

The food pantry has experienced a decrease in the quantity of donations with an increase in the number of local families needing food assistance. The last substantial truckload the food bank received from local donors was in November of last year.

According to Penny Freeman, Director of the food bank, donations have been scarce lately, and the pantry was about to

See MEALS... on Page 22

Simple Acts Often the Most Meaningful

EDITOR'S NOTE: We've been looking for an opportunity to get a regular piece like this with kind acts and encouraging words established for several years.

Special thanks to friend of the Courier Journal, Stephanie Holman, for her suggestions a few months back. A Simple Act of Kindness that she submitted will get us started.

Recently, I broke my ring finger on my left hand and broke and dislocated the pinky. I had splints on both fingers. While I was at the grocery store I started to unload my groceries at the check out.

Simple Acts of Kindness

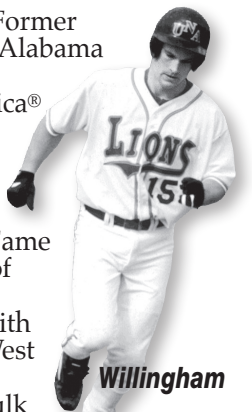


Two ladies were behind me and noticed my fingers. One started to help me unload and said, "she has enough to deal with."

See KINDNESS... on Page 13

Willingham is 9th Lion in GSC Hall

BIRMINGHAM- Former University of North Alabama All-American and Academic All-America® baseball player, Josh Willingham, will be inducted into the Gulf South Conference Hall of Fame as part of the Class of 2020. It will induct Willingham along with Malcolm Butler of West Alabama (football), Morgan Johnson Faulk of Valdosta State (softball), Josh Magette of Alabama-Huntsville (basketball), Larry Myricks of Mississippi College (track & field) and former Delta



See HALL... on Page 2

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- Egg Hunt Winners
- Coloring Winners

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- Dave Ramsey

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- On Your Debt
- Adopt-A-Friend
- Cat & Kids
- SIGNS of the PAST

- Pet Talk
- Web Poll
- Outdoors

Mystery Photo **WIN A MEAL FOR 2** at Rosie's CANTINA



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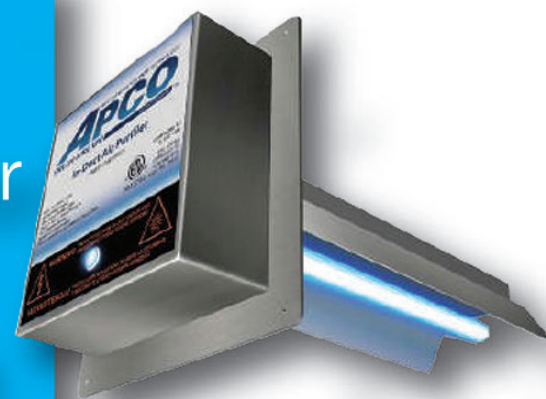
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UNA LIONS IN THE GSC HALL OF FAME



- 2014 Bill Jones
- 2014 Ronald McKinnon
- 2015 Rachel Price Bell
- 2015 Ronda Price Brinley
- 2016 Mike Lane
- 2016 Cody Gross
- 2017 Bobby Wallace
- 2018 Douglas Hargett
- 2020 Josh Willingham

Hall...

Continued from Page 1

State Athletic Director Dr. Kent Wyatt. The induction ceremony details are not set at this time. The Gulf South Conference is now in its 51st year.

Willingham becomes UNA's ninth inductee in the GSC Hall of Fame, giving the Lions more inductees than any current or former league member. The Florence native was a three-year starter on UNA baseball teams from 1998-2000 and earned All-American and Academic All-America® honors for the Lions, becoming one of the most recognized student-athletes in school history.

During his three seasons at UNA Willingham tied or broke 14 school records. He was a two-time All-Gulf South Conference, two-time Academic All-GSC, two-time ABCA All-South Central Region, and two-time ABCA All-American selection.

During his career he led UNA to a combined 119-40-1 record that included the 1999 Gulf South Conference Championship, the 1999 NCAA Division II South Central Regional Championship and a trip to the 1999 Division II College World Series. He was selected as UNA's Male Athlete of the Year for 1999-2000.

Willingham spent 11 years in the Major Leagues, playing in 1,147 major league games.

On July 27, 2009, Willingham became the 13th player in MLB history to hit two grand slams in the same game and the 7th to accomplish this feat in back to back innings.

Willingham received an American League Silver Slugger Award and was named as the Minnesota Twins Most Valuable Player in 2012. He played with the Kansas City Royals in the 2014 World Series.

He and his wife Ginger also started a charitable foundation, The Josh Willingham Foundation, with the primary purpose of providing support, education, clothing and other assistance to at-risk children. He continues to raise money for the UNA athletic program.

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COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. We do our best, however, there is no guarantee that this free information will be published in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

Cancelled or Postponed Events:
Crappie Kids Fishing Rodeo set for April 11 at Riverfront Park, Sheffield
Design-An-Ad Awards banquet sponsored by the TimesDaily

All music at Swampers at the Marriott The AARP Foundation Tax-Aide program will provide free, in-person tax preparation assistance in the Shoals area Fishing Day at Deibert Park April 10.

A Lent Series on Mental Health at Edgemont UMC

The Florence-Lauderdale Public Library will be closed until April 30.

The Shoals Writers will plan to resume meeting on May 16, unless otherwise noted.

Florence Parks and Recreation/ The Club (Florence Senior Center) has suspended all activities at The Club at this time.

The nutrition program IS, however, providing meals for their homebound clients as well as those that normally eat lunch at The Club. For those that normally eat at The Club they can call each day, Monday-Friday, between 8-10am to let us know they will be driving by to pick up a prepared meal under the front porch without entering the building. There is a limited number of lunches for each day.

Prepared meals will be ready to be picked up between the hours of 10-11am Monday-Friday. Please call 256-760-6668 or 256-760-6420 for more information or to let us know if you will be picking up your meal. These meals are for those that regularly attend lunch at The Club.

Like many places, the Athens-Limestone Public Library was forced to close to the public amid COVID-19 fears.

With her regular story times suddenly cancelled, Amanda Coleman, head of the Athens-Limestone Public Library's children's department, looked for other ways to reach out to the community.

So Coleman and her assistant, Ambre Hyatt, decided to host virtual story times on Facebook, providing the same familiar songs and books the library's youngest patrons have grown to love. Story times and other kid's programs are being hosted live Monday-Thursday at 11:15am on the library's Facebook page: www.facebook.com/ALCPL

Athens-Limestone County Public Library - Home | Facebook

Athens-Limestone County Public Library, Athens, Alabama. 3.6K likes. A library is more than just books in the 21st Century. At ALCPL, we provide all members of our community with equitable access to...

www.facebook.com
The recordings can be watched there anytime.

The current schedule is spectrum story time (for all ages) on Mondays, Ink Slingers writing challenge (for middle schoolers and up) on Tuesdays, virtual story time (for pre-schoolers through early elementary) on Wednesdays, and Facebook Live book group (for K-5th grade, discussing Harry Potter and the Sorcerer's Stone) on Thursdays.

See NOTES... page 26

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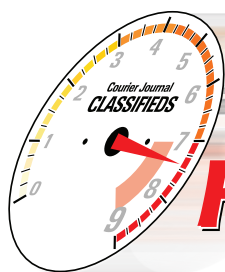
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Shorts...

Continued from Page 1

Disconnects Suspended

FLORENCE—In an effort to help customers who are currently impacted by the COVID-19, Florence Utilities will suspend disconnections for non-payment of utility services and not applying late payment fees to accounts through April 15. Florence Utilities will bill normally and process payments. Even though services will not be disconnected for nonpayment, customers are still responsible for their bill. Customers can contact the Collections Department at 256-760-6525 to get specific information on individual circumstances and can arrange for extensions and payment options.

File ASAP w/ CARES Act

MONTGOMERY – The Alabama Department of Labor is encouraging employees who believe they may qualify for programs under the CARES Act to file a claim. These employees will also need to certify weekly to continue to let us know that they remain unemployed.

ADOL does not yet have technical guidance or a start date regarding the CARES Act programs. However, benefits may be paid retroactively from the time the employee separated from his or

her job or otherwise became eligible under the federal CARES Act rather than from the time of submission or approval.

Employees who may be affected include:

- The self-employed
- Church employees
- Non-profit and governmental employees
- Independent contractors
- Gig economy workers
- Those who have exhausted their regular UI benefits.

These employees should also meet one of several other conditions:

Claims can be filed online at www.labor.alabama.gov or by calling 1-866-234-5382. Patience is encouraged when trying to file a claim.

Federal Relief for Business

MONTGOMERY – Governor Kay Ivey last week urged Alabama small business owners to take steps to ensure their business will withstand the troubling economy.

Final guidelines for how the federal government will distribute financial relief to Alabama's small businesses will be released very soon. In the meantime, small business owners need to contact their local banker, accountant, financial advisor or credit union today to get the latest details about who is eligible, what documents are needed, and how best to apply.

The U.S. Treasury Department's website provides specific information <https://home.treasury.gov/cares>

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EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St. Florence, AL 35630 or email to: editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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- Ensures operation of machinery and mechanical equipment.
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Gemstone Foods LLC is an equal employment opportunity employer.

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LOCAL 760 JOINT APPRENTICE COMMITTEE

Applications for the Plumbers & Pipefitters Local Union 760 Apprentice Program

will be available at the Training Center located at 2803 E Avalon Ave in Muscle Shoals, AL from April 13-17, 2020
Applications can be picked up between the hours of 9 a.m. - 12 p.m. & 1 p.m. - 4 p.m. ONLY

NO APPLICATIONS WILL BE ACCEPTED AFTER 4:00 p.m. on FRIDAY, April 17, 2020

There will be a \$20.00 processing fee payable in cash or money order only

Applicants need to provide COPIES of the following documents: (NO ORIGINAL DOCUMENTS)

- Valid Driver's License
- Standard, Academic or Credit Based Diploma and Transcript of Grades from an Accredited High School, as determined by the JAC, or GED Certificate and Official Report of Test Results
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Applicants must be 18 years old to apply (or will turn 18 by August 31, 2020)
APPLICATIONS WILL NOT BE ACCEPTED WITHOUT ALL ITEMS LISTED ABOVE

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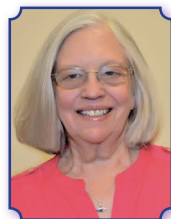
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Guest Commentary

It's About Abiding by All of the Rules

EDITOR'S NOTE: This will probably be an Easter weekend unlike any other we have experienced. All of us at the Courier Journal hope that yours is a very safe and happy one however you choose to celebrate it.

In that light, this special Guest Commentary is by Dr. David B. Wilhelm, a Florence native and an Internal Medicine physician in Birmingham. Originally posted for FB friends, his wit and candor make this as impactful as anything we could print.

From a Facebook post of April 1...

As most of you know, I'm an Internal Medicine physician in Birmingham and have practiced here for many years. One of the hospitals I'm affiliated with is Grandview Medical Center, and they've given me this badge which allows me access in and out of the hospital, 24/7/365.

I mention this because Deb and I just welcomed our first grandbaby, born yesterday, at Grandview Hospital here in Birmingham. Our daughter and baby are doing fine.

Our son-in-law is in stable condition and is expected to make a full recovery.

As you know, most hospitals have restrictions now regarding visitors, and Grandview is no exception. Only one visitor was allowed in with my daughter, and her husband got the nod. Now, the truth is I could have used my badge and gone to visit yesterday, could have held my new grandchild, something I wanted very much

See **RULES...** on Page 16

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.



Dr. David B. WILHELM

Courier Journal

THIS WEEK

in the

Shoals

April 8, 2020

Library from Your Home

A Full Array of Opportunities is Accessible Online

FLORENCE—Even though Florence-Lauderdale Public Library is currently closed, residents of the Shoals area can still use the library from the comfort of their own homes.

The library is providing digital and audiobooks, video classes, online story times, and more virtual programs, as a way to continue providing the community with access to learning and entertainment. Resources and programs are available both on the library's website, www.flpl.org, and on the library's Facebook pages.

Abby Carpenter, the library's assistant director, believes that access to books and audiobooks is extremely important during this stressful period of social distancing. "Research has

shown that reading even for just six minutes a day can reduce stress and anxiety," said Carpenter. Some of the online resources require a library card, but others are available to anyone. The resources can be found at www.flpl.org/athome.

Books are just a part of a library's services, and the library is also continuing to

provide opportunities for community engagement through interactive online programs and classes. Library staff members have been using social media to teach art classes, provide technology lessons, lead book discussions, and engage children with stories.

The library has also partnered with local experts for programs such as livestream film discussions and reptile talks. Staff members are hoping to soon offer cooking demonstrations featuring chefs from local restaurants. Links for online programs for kids, teens, and

See **LIBRARY...** on Page 18



Happening THIS WEEK

CANCELLED OR POSTPONED EVENTS:

- Crappie Kids Fishing Rodeo set for April 11 at Riverfront Park, Sheffield
- Design-An-Ad Awards banquet sponsored by the TimesDaily
- All music at Swampers at the Marriott
- The AARP Foundation Tax-Aide program - free, in-person tax preparation assistance in the Shoals
- Fishing Day at Deibert Park April 10.
- A Lent Series on Mental Health at Edgemont UMC
- The Florence-Lauderdale Public Library will be closed until April 30. The Shoals Writers will plan to resume meeting on May 16, unless otherwise noted.
- Shoals Democratic Celebration Night with Alabama Democratic Party Chair, Chris England set for Monday, April 20.

MOTOR COACH TOURS WITH THE CLUB (Florence Senior Center) are open to the public. www.GroupTrips.com/TheClub Mackinac Island, 7 days 6 nights, \$719, August 16-20 - \$75 deposit due now. Pigeon Forge/Smokey Mountain Show Trip, 5 days 4 nights, \$575, November 9-13. For more information, call The Club 256-760-6642

The most recent Courier Journal issue in Page-Flip form is always available at

<https://courierjournal.pageflip.site/publications/CourierJournal> or accessible at www.CourierJournal.net

YOUR

Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.)

Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers. Please submit typed or neatly written letters to: **Editor-Courier Journal**

- by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
- e-mail: editor@courierjournal.net
- FAX- 256-760-9618

Some Other Crises

Editor:

It is encouraging that the Trump administration and Republicans including Rep. Mo Brooks are citing CDC and science-based information and recommendations regarding COVID-19. But what about other pending crises?

The under-preparedness and late response by the government to this pandemic should convince the administration to respond urgently to the overwhelming scientific evidence of climate change. Its consequences - heat waves, floods, and extreme storms, will be far more devastating and longer-lasting than pandemics.

The US is way behind in adopting practical ways to reduce carbon emissions, such as the Energy Innovation and Carbon Dividend Act (HR763). It would drive down America's carbon emissions by 90% by 2050. The reduction will save lives because of less pollution, generate millions of jobs, and provide monthly dividends for American families.

Rather than mitigating climate change by shifting from fossil

fuels, the Trump administration has consistently made the situation worse by quashing and weakening regulations that protect our environment. Using the coronavirus as an excuse, the Environmental Protection Agency is stealthily suspending enforcement of bedrock clean air and water laws. This leaves the fossil fuel, chemical, and agribusiness industries to police themselves. Polluters can ignore environmental laws if they can claim the violations were linked to the pandemic.

It is not too late to address the impact of climate change. But we need leaders and concerned citizens to step up. The question is whether we will take responsibility for the planet our grandchildren inherit.

Adoption of HR763 is a good start.

Dan Waterman
Killen

A Tenuous Position

Editor:

Recently, I received a message from a friend telling me he had been asked to participate in a "1 million Lord's Prayer chain to slow and stop the Coronavirus." The idea was you would pray and then pass it to 8 more people. I always think it is a good idea to pray for our needs and the needs of others. However, there are

See **LETTERS...** on Page 16

At this writing, the socialists and communists we elected are planning how best to use our weakness to seize our liberty...



NO VISITORS AT THIS TIME

by order of Governor Kay Ivey and the
Alabama Department of Public Health
(March 19, 2020)

Exceptions:

One visitor per patient will be permitted in extraordinary circumstances, including maternity, pediatrics and end-of-life care.

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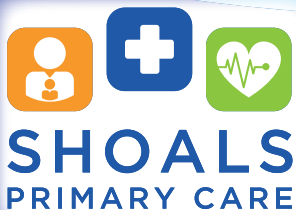
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ON YOUR DEBT

How Fast Can I Get a Bankruptcy Discharge?

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Nobody is particularly thrilled with the idea of filing for bankruptcy. Those who do so are understandably eager to get through the legal process and to the good part, bankruptcy discharge. That is the moment when you're legally released from many types of debt and are free to start rebuilding. Many Chapter 7 bankruptcy cases are completed within 4 to 5 months. But, the timeline may differ from case to case.

Factors Impacting the Chapter 7 Timeline
How quickly you can get through a bankruptcy case and receive a discharge depends on several factors, including:

Whether you are eligible and able to file right away.

Some reasons you may not want to or may not be able to file for Chapter 7 bankruptcy immediately include:

- Having had a bankruptcy case dismissed within the past 180 days
- Having received a discharge in a Chapter 7 case filed less than eight years ago
- Having recently spent money on luxury goods or activities, taken out new credit, or given away or transferred property

During your initial consultation, we will ask you questions to determine whether there are any obstacles to filing immediately, and explain any benefits or drawbacks to acting quickly.

The completeness and accuracy of your bankruptcy petition and schedules.

Incomplete or inaccurate documents in your bankruptcy filing can cause delays in a number of ways, including requests for additional information from the bankruptcy trustee and perhaps even dismissal of your bankruptcy case. To keep your case moving forward smoothly, it is essential that you gather all relevant information and ensure that your paperwork is well prepared. As your bankruptcy attorneys, we will prepare your petition and schedules, but we will be reliant on information you provide. You will ultimately be responsible for reviewing those documents and ensuring that the information is complete and accurate before you sign them.

How quickly you respond to any requests from the trustee.

You can help keep your case moving forward by promptly and completely responding to any requests for additional information or clarification that the trustee may make. The sooner you provide the necessary information, the sooner you can move on to the next stage of the proceedings.

Whether you have non-exempt property.

Most people who file for Chapter 7 bankruptcy keep all of their property, which means there is no need for liquidation. On very rare occasions however, a case involving non-exempt property will typically take longer than a no-asset case. The bankruptcy trustee will have to assess the value of the non-exempt property, make decisions about what to sell for the benefit of creditors, and then sell those assets and distribute partial payment to creditors. This is a rare occurrence, as we would normally advise filing a Chapter 13 bankruptcy if there are any non-exempt property because the Trustee does not liquidate assets and thus they are protected. Also, as a rule of thumb, you want to be current on all vehicle / mortgage payments before filing for Chapter 7 bankruptcy.

Whether the trustee or any creditor pursues adversary proceedings.

If the bankruptcy trustee or one or more creditors object to some aspect of your bankruptcy case, such as whether certain

property should be exempt, managing that aspect of the case will likely add to the timeline. In some cases, these issues can be resolved by agreement, and the delay may be negligible. In others, a hearing may be scheduled, which will generally push back the subsequent steps in the process.

When you complete the required financial management course.

Nearly every consumer bankruptcy petitioner is required to complete an approved financial management course (also known as "debtor education") before receiving a bankruptcy discharge. This is done by simply watching a video on DVD or online and signing a document stating you have completed same. You can take this course at any time after your bankruptcy case is filed, and there's no reason to delay. But, if you reach the end of your case and haven't fulfilled this requirement, you could find that you're the only thing holding up your discharge.

It's worth noting that most of these factors are within your control. Providing complete and accurate information to your bankruptcy attorney, carefully reviewing petitions and schedules before you sign, and responding promptly to any requests for additional information or challenges will all help keep your case moving along on schedule. Also, completing your debtor education course well in advance of completion will help avoid any last-minute delays.

Relief Starts Long Before the Bankruptcy Discharge

While receiving a discharge and making a fresh start is plenty of reason to want to move through a bankruptcy case quickly, many people are concerned about timing for specific reasons. Some common examples include: the threat of automobile repossession, a pending foreclosure action, or a wage garnishment that's making it difficult to make ends meet.

In most consumer bankruptcy cases, the debtor is protected from those types of actions immediately upon filing. That's because in most cases, an automatic stay is entered at the commencement of the case. The automatic stay is a court order that forbids most creditors from taking any further collection action for as long as the order is in effect. The automatic stay can even freeze legal actions already underway, such as lawsuits and foreclosure actions. In any bankruptcy, the automatic stay is your best friend. It is typically a significant reason most people end up filing.

So, even if your case is more complicated than the typical Chapter 7 case and takes longer, you'll likely still see quick relief from collection calls, threatening letters, debts being transferred to collection agencies, threats of lawsuits and repossession, and even a pause in ongoing legal actions.

The Sooner You Educate Yourself, the Sooner You Can Move Forward

If you're eager to take advantage of the relief Chapter 7 bankruptcy offers to start building a better financial foundation for yourself and your family, you can take the first step right now. You can begin gathering information right now by scheduling a free consultation with one of the experienced bankruptcy attorneys at Bond & Botes. We can answer all your questions regarding Chapter 7 Bankruptcy, Chapter 13 Bankruptcy, stopping a foreclosure or wage garnishment, avoiding liens, stopping law suits, discharging medical debt, personal loans, payday loans, credit card debt, etc. We can alleviate your stress! We want to help and we can help you!

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Kindness

Continued from Page 1

The other lady joined in and they finished the job. I don't know who these kind ladies are, but I so

appreciated their kindness. *Stephanie*

Posted March 26 on the FB page of The Renaissance of Florence (Assisted Living community) ... If your mom or dad

calls you and tells you all the staff have on masks! As you all have heard on the news, masks are extremely hard to find even for healthcare personnel. The CEO of our company, Steven Vick, made an

extraordinary move to assure that we had the supplies we need to keep our residents and staff safe. On Tuesday, Steven flew from our cooperate office in Texas to Atlanta to pick up a shipment of masks that were ordered for our Pegasus communities. He rented a large U-Haul truck and drove the masks to our sister community in Albertville. Steven then drove from there to my home in Town Creek in that large truck down our little narrow back roads to my house with the masks for our care staff. Steven then left to drive across the country to deliver the rest of the masks to our other communities between Alabama and Texas. We feel very blessed to work for a company that has a CEO that cares enough to make that extraordinary trip for all our safety!

Mike at Williams Cleaners was very outgoing a couple of weeks ago on a FB post: For the elderly or those who need help...If you are in need of groceries, medicine and even toilet paper, send us an email or call my cell directly! We have vehicles on the road and would be happy to help you in any way we can. Thank you for your kindness, your generosity and your understanding as we get through this critical time. *Tom*

Please email or mail us a Simple Act of Kindness that you have witnessed or experienced that we would all enjoy reading about -- editor@courierjournal.net or Kindness - c/o Courier Journal 219 W. Tennessee St. Florence, AL 35630

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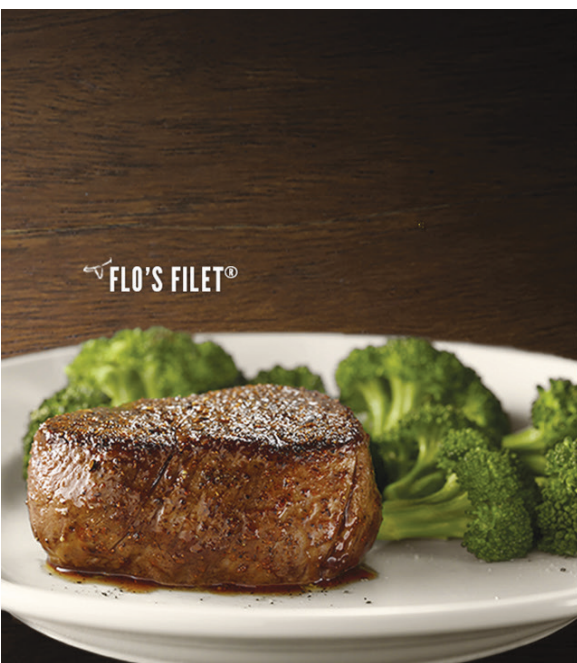
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ASK THE ATTORNEY



Thomas McCutcheon

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Q My wife and daughter were in a wreck. It was not their fault. My daughter is okay but my wife is going to have to have surgery and will miss even more work. I have health insurance so her medical bills are being paid. But without her income, we are beginning to get behind on our bills. To make matters worse, the guy who caused the wreck didn't have insurance. Trying to save money, my wife and I had gone to an insurance website and spoke with a representative. When we asked what uninsured motorist coverage was, she told us that as long as we had health insurance we wouldn't need uninsured motorist coverage. My friend is an insurance agent and he explained to me that if I

had uninsured motorist coverage, it would pay for my wife being out of work and help with our bills. Is this correct? Is there anything I can do?

Taylor, Killen

A Taylor, this is a growing problem that we are seeing more and more often. I don't know if it is because the number of people buying insurance online is growing or their insurance agents are not explaining the importance of uninsured or underinsured motorist coverage. As you may remember, several years ago the State of Alabama passed a law requiring all drivers to have liability insurance or be subject to a fine. However, there are still thousands of people driving on our roads with no insurance. I see it every day.

This is where the importance of having uninsured motorist insurance comes into play. When you purchase car insurance, you purchase liability coverage and, hopefully, uninsured or underinsured motorist coverage. Liability insurance pays for an injured person's damages if you cause an accident. **Uninsured motorist coverage pays you or your family if you are injured in an accident.**

Let's say that you are in a wreck. The wreck is not your fault. You are injured and undergo surgery. You miss work for 6 months. Now you find out that the person who caused the wreck has no insurance. Thankfully, however, when you purchased your automobile insurance coverage you also purchased \$100/300 in uninsured or underinsured motorist coverage. This means that you have up to \$100,000.00 dollars available to you to help pay medical expenses, lost wages, pain and suffering, stress and worry, etc. Furthermore, because the accident was not your fault, the insurance company who has your insurance cannot cancel your policy or raise your rates even though you make a claim.

Because you did not purchase uninsured motorist coverage, there is really nothing that can be done to help offset your losses. I will tell you this; Alabama law requires that if you waive your right to buy uninsured motorist insurance, it must be in writing. So, if you or your wife did not sign a document stating that you were not purchasing uninsured/underinsured motorist insurance then the coverage may be available to help you.

Buckle up, drive safely and as always your referrals are appreciated! 256-764-0112

Please send the questions to: "Ask the Attorney,"

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Attn: Valued Foodland Customers

First of all we want to thank everyone of you for patience and your continued support thru this very difficult time for all of us.

Our grocery supply continues to be very strained from manufacturers' trying to get caught up on many essential items for our stores and our parent company Mitchell Grocery is working extremely hard in fulfilling our needs in these stores.

Our teammates continue to work long and hard hours

...serving our community and assure you we will continue to provide the best customer service possible.

This week we will feature a few select ad items for Easter week and **we will have many more in-store promotions** to go along with the ad this week. Unfortunately, some of these items may still be limited and therefore we will not be able to issue any rain checks on items that may end up out of stock. **Again, we thank each of you for your continued support.**

Sincerely,
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Guest Commentary

Rules...

Continued from Page 10

to do. But I didn't do that. I didn't for 2 very important reasons. Reason 1 is that Deb might have stabbed me in the leg if I'd gotten in



Baby Charlotte

to see the baby before her, and it wasn't worth the risk.

Reason 2, and the main reason, is I didn't feel it was right to use my badge to go see the baby while we, as medical professionals, are asking all of you to abide by the rules and avoid unnecessary spread of this dangerous virus.

So, I stayed home and got to see pictures and video of my beautiful daughter and granddaughter via face time. We're hopeful we'll be able to hug them both very soon.

Now I'm going to ask you to do the same thing I chose to do. That birthday party, that cookout, the graduation gathering - whatever it is, it can wait. Please, for all our sakes do the safe thing and maintain social distancing until we get through this difficult time.

If not for me, then do it for baby Charlotte. I know she would greatly appreciate it.

Thanks and be safe.
David B Wilhelm MD

Dr. David B. Wilhelm is a Florence native who graduated from Mars Hill Bible School. He is an internist in Birmingham with over 20 years of experience and is affiliated with multiple hospitals in that area, including Grandview Medical Center and Brookwood Baptist Medical Center.

Letters...

A Tenuous Position...

Continued from Page 10

some things about this situation we should pray for specifically, because our position as a nation is tenuous at best.

Let's start with the elephant in the room, the run on toilet paper. Just like the elephant, it can't be ignored, people in the "strongest" nation on the face of the planet are fighting over toilet paper. What are you afraid of when you resort to physical violence over toilet paper? Toilet paper is a convenience, even a luxury item, depending on

where you live. What we are seeing is fear of losing convenience items, not necessities.

We are weak. As a group, the U.S. lacks self-control. Unfortunately, this points to underlying problems that are about to confront us head on. 2 Peter 1:5-10 outlines what it means to seek God, where Peter specifically says to add virtue to faith, knowledge to virtue, and self-control to knowledge. Why have we lost self-control? Because, we no longer know virtue or have faith in God. In a nation that is fully dependent upon the citizens ruling themselves first, what does this mean for our

See LETTERS...on Pg 24

JaVar Myatt-Jones MD

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Did you know: Properly installed and correctly used car seats can decrease the risk of a fatal injury by 71 percent for infants, 54 percent for toddlers and 45 percent for children ages four to eight. So you bought the perfect seat. Now sit down and read the seat's manual AND your vehicle's manual. And follow each step as if your child's health depends on it, because it does.

A great next step would be getting some expert advice and fortunately the non-profit, Safe Kids Worldwide, has pretty amazing resources. Safe Kids Coalitions host car seat check events and has more than 40,000 certified child passenger safety technicians all over the country. Find one near you and get your installation checked or have them help you install it.



PRO-TIP: Do this before your bundle of joy arrives so you are ready to go from day one. You will learn and practice how to correctly use the car seat, including how to adjust the harness for when you baby arrives. And then do it again once your baby arrives to ensure the child is properly fitted.

Going the DIY route. Here are some helpful tips to remember:

- All car seats (and all kids under 13) should be correctly buckled in the back seat.
- Once you install the seat you should not be able to move it more than one inch in either direction at the belt path. You can do this by using the seat belt or the LATCH system. Always using the top tether for forward-facing seats. Learn more about top tether car seats.
- The harness straps must be snug and the chest clip should be at armpit level. No heavy coats or blankets under the straps either and make sure the straps are not twisted.



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Library...

Continued from Page 10

adults are all available on the home page of the library's website.

There are also special activities for teens ages 11-18, including an online scavenger hunt continuing through April 10 and an art contest from April 1-15.

"These activities can never replace the programming we do at the library," said Kristen Tippett Briggs, the library's young adult librarian, "However, I want the teens to know the library is still here for them. The world around us is confusing, but they will always have the library."

Libraries have a long track record of rising to the occasion as the needs of the community have changed, according to Jennifer Butler Keeton, the library's public affairs coordinator. "We've been among the first to provide free Wifi and access to ebooks and audiobooks, and now we're working to find new and innovative ways to help our community from a distance," said Keeton. "Our staff members, along with librarians around the world, are again redefining what it means to be a library. This work is a testament to how dedicated library workers are to meeting their communities where they are and providing the services they need right now."

"A librarian's job is never done," added Carpenter, "even if the building is closed."

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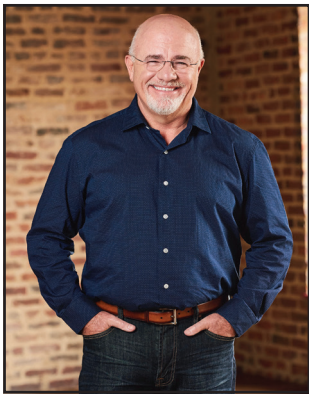
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DAVE Says

by DAVE RAMSEY

IS IT AN EMERGENCY?



Dear Dave,
My husband and I just completed Baby Step 3, and we have six months of expenses saved for an emergency fund. How should we determine when something is actually an emergency?

Riley

Dear Riley,
Congratulations on doing the work, being disciplined, and saving like crazy! Now you've got peace of mind, and a pile of cash, that will help turn an emergency into nothing more than an inconvenience.

There's no shame in using your emergency fund if you really need to. That's what it's there for. Just remember to ask yourself a few questions anytime something pops up to make sure you've got a real reason to use it.

Is the expense really unexpected? Christmas happens on December 25th every single year. You know your semi-annual car insurance payment is coming, too. Make sure things like this are part of your regular, monthly budgets. Some examples of unexpected expenses might be a job loss or pay cut. Emergency medical expenses and car accident repairs might fall into this category, as well.

Is it absolutely necessary? Most people say they know the difference between a want and a need, but that's not always the case. Replacing your only mode of transportation would be a need. Upgrading to a newer, fancier car is not. If your car goes down for the count, you need transportation. Use your emergency fund to buy something affordable and reliable you can pay cash for. But don't dip into it just to upgrade your decent car for one with a million bells and whistles.

Is it urgent? Practice the art of patience whenever possible. If your home's air conditioning unit goes out in the middle of summer, that's probably an urgent fix. But hearing about the "sale of the century" at your favorite retail store? Grabbing the newest, hottest cell phone when yours works just fine? Nope!

Your emergency fund is all about long-term security, not instant gratification. Don't blow it impulsively, but don't be afraid to use it when it's really needed. Be wise, and ask those three questions. Check yourself so you don't wreck yourself—or your budget!

—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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March 25 Issue - 28 Eggs			April 1 Issue - 29 Eggs (28 Color, 1 Black & White)		
pg 1 - 1	pg 22 - 1	pg 32 - 2	pg 1 - 2	pg 10 - 1	pg 23 - 2
pg 7 - 1	pg 23 - 1	pg 33 - 1	pg 2 - 2	pg 11 - 2	pg 24 - 2
pg 8 - 1	pg 24 - 2	pg 34 - 2	pg 3 - 1	pg 14 - 2	pg 26 - 1
pg 10 - 2	pg 25 - 1		pg 4 - 1 B&W	pg 15 - 2	pg 27 - 1
pg 12 - 1	pg 26 - 1		pg 6 - 1	pg 16 - 1	pg 28 - 1
pg 13 - 1	pg 27 - 2		pg 7 - 2	pg 19 - 1	
pg 16 - 1	pg 28 - 2		pg 8 - 1	pg 20 - 1	
pg 18 - 1	pg 29 - 1		pg 9 - 1	pg 22 - 1	
pg 19 - 2	pg 30 - 1				

**Winners will be contacted by phone
 about prize pick up.**

LONGHORN STEAKHOUSE **Courier Journal** **Domino's**



Cat & Kids
by Cathy Turner

Home Security

So we had a Corona scare in our household. Our son, Garrett, who is an actor who lives in New York City came home on Friday, March 13. We were actually supposed to go to see him on that very day. But the day before, my husband's employer said to the employees that if they travel personally into a hot spot, they would have to receive permission to come back to work. So that morning we decided not to go. At lunchtime we talked with Garrett, he said, "I am symptom free, and the first moment that it looks like New York is going to shut down, I am going to take that 15 minute taxi ride and get on the first plane to Alabama!"

Well, that afternoon Broadway went black. Remarkable! And by evening Garrett's show,

"Bayano", in which he had the lead, (which was why we were going to NY) was cancelled. 9:00 Thursday night, March 12, mine and my husband's phones beeped simultaneously. We read, "Can anyone come and pick me and Bonita (his fiancée) up tomorrow night in Nashville?" I looked at my husband and mouthed, "They. Are. Coming." Due to delays, we had them by 1am, Saturday.

We had a wonderful weekend, which started with a Family Pandemic Protocol meeting following our breakfast at Big Bad Breakfast. *Use paper towels in our bathrooms rather than cloth *Everything gets one use - no reuses *Wear gloves when you go out *Wash your hands before you leave the house and when you re-enter *Keep wipes in your purse or car and wipe down surfaces, such as your steering wheel, etc.

I had appointed myself the Pandemic Protocol Director, and I was getting my family prepared.

Monday, March 16 came, and in the afternoon Garrett started feeling poorly. While I was at work, his fiancée took him to get tested. She texted me while they were at the hospital. "Okay," I thought. "Okay. We gon' be okay." We quarantined him. He apologized. And his girlfriend, who I am still getting to know, and I sanitized my house from top to bottom - light switches, bedding, bathrooms, everything! (I know her better now - she's definitely a keeper!) We worked together like a well-oiled machine. During this day of piddling and prayer, I simply came to thankfulness. I was thankful that Garrett was with us. If he had been alone and sick in New York City or if even if I had made it to him, he and I would not have had the comfort and familiarity of our home and hometown and the security that brings. Piddling and prayer. I told Garrett and Bonita that I was thankful that they were home. Thankful. No fear.

That Tuesday, Garrett woke up with a low grade

fever. Early morning Wednesday, it went away. Wednesday mid-morning, my husband had a low grade fever. More serious now. Quarantined him. Sanitized all over again because he had been in the common spaces. Meds. Waiting. Prayer. Both of my guys' fever left after 24 hours. Thankful prayer. No chest pain or shortness of breath. Thankful prayer. We were living in this alone. I didn't want to be the first ones. Truly, I didn't want others to know of that possibility without test results. All quarantined.

Those three days of waiting were forever. Thursday EVENING, March 19: Test Result-NEGATIVE - "No COVID19 detected." Garrett and I sang praises for 40 minutes on our patio, ending with "We Are Standing on Holy Ground". Now, three and a half weeks later, I believe if the result had been different, we would still be on holy ground. He is always with me and my family. His plan is always the right plan. It could still happen in the future, but not scared. Thankful.

Email comments or suggestions to CatnKids1@gmail.com

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Medicare Minute "Local Agents"

Today, more than ever, having a local agent to assist you with choosing a Medicare plan is important. Any time there is a catastrophic event, such as the Coronavirus, the scam artists come out. There are many ways to enroll into Medicare plans, but if you want to be assured you're dealing with a reputable person, choose a local agent.

If you want to deal directly with a particular insurance company, you can do that online or over the phone. All insurance companies now have a website and toll-free number to call. Some people feel as though they need help in choosing a plan. They will call on a friend, family member or non-insurance person to help them. All three of these methods are perfectly acceptable under Medicare guidelines. If you choose to enroll without the help of an insurance agent it will be up to you to read and understand the plan's summary of benefits, assure that the doctors, hospitals and pharmacies you want to use are in the plan's network and make sure your drugs are covered on the plan's drug formulary.

There's an important question you'll want to ask yourself; "If I have a problem with my plan can the person helping me enroll go to the insurance company on my behalf to help me solve it?" If the answer is "no" then you will be on your own to deal with the company. Your local insurance agent must be appointed by the company they enroll you with. Therefore, if you have a problem with your plan the agent that enrolled you can go to the company on your behalf. Next week we will look specifically at the value of a local agent and how an agent earning a commission can actually be a good thing for you!!

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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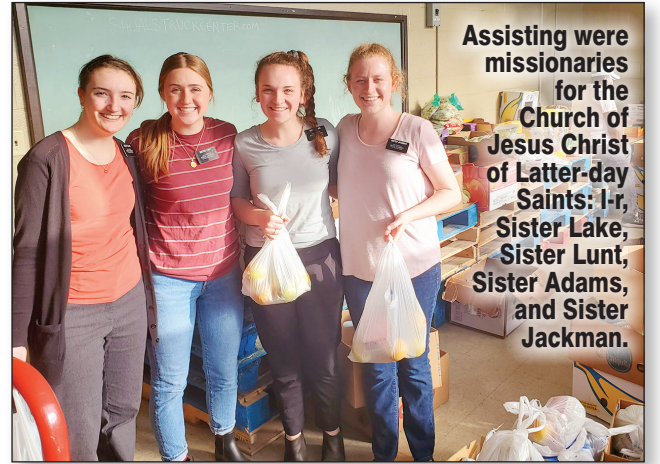
Continued from Page 1

be at a crossroad. Members of the Russellville Ward of the Church of Jesus Christ have been helping at the food pantry for more than a year. Both youth and adults have volunteered each month to help assemble and distribute food boxes. Through these service activities, the church has developed a relationship with Freeman. Eric Stevens, Stake President for the church in this region, was made aware of food commodities from the church that were available to assist needs in local communities.

"When I became aware of the available food donations for our region, I quickly contacted the leaders in charge to recommend a portion of available food go to Penny at the Sheffield food pantry. We appreciate the service she provides and are happy to help."

Caring for the poor and needy is a foundational belief of The Church of Jesus Christ of Latter-day Saints. Built on the principles of personal responsibility, community support, self-reliance and sustainability, humanitarian efforts are designed to give individuals and communities the tools they need to improve their own circumstances in permanent and meaningful ways.

"These truck loads from the Church of Jesus Christ have been a tremendous blessing, and it will extend our



Assisting were missionaries for the Church of Jesus Christ of Latter-day Saints: l-r, Sister Lake, Sister Lunt, Sister Adams, and Sister Jackman.

business of operation for at least another quarter," Freeman said.

The food pantry operates mainly on food donations and volunteer hours.


"If we had not received these in such a timely manner, we were seriously contemplating closing our doors. We are grateful for the generous donations the church has given us and for the impact it will have in sustaining the needs of our community."

People go from paycheck to paycheck and it is heart breaking to see them have to make

decisions between paying their bills or buying food," Freeman added. "No one should be in such hard situation, especially when there are children to be



James Robinson helps unload a truck. Courtesy photos



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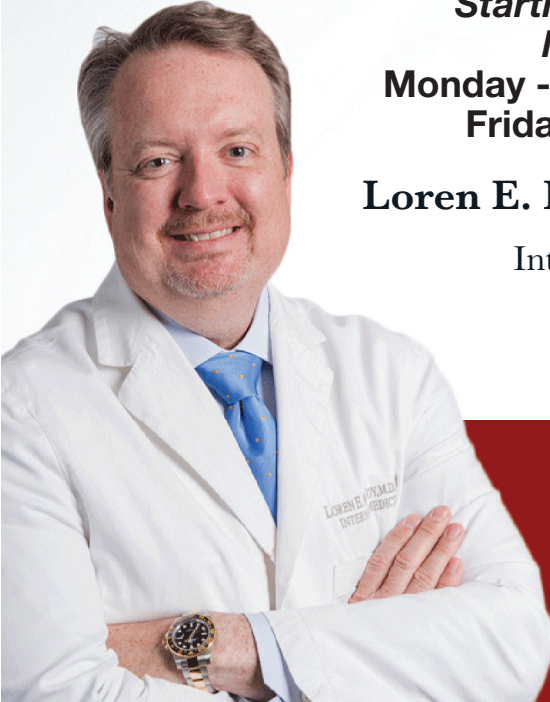
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Randall on Real Estate
 News & Tips on the Shoals Market

Opportunities Instead of Obstacles

Life is different right now. Who knew we'd be here just a few weeks ago, let alone a few months. One thing for sure: these are unprecedented times. As I sit down to write this week's article, I'm reminded of a story I heard while in Los Angeles a few years ago about two shoe salesmen. They were both sent to a third world country to look for business opportunities. The first salesman got off the plane and immediately called back to the plant, "This is a waste of my time, NO ONE is wearing shoes here". So he flew back home on the next flight. The second salesman, after getting off the plane and looking around, immediately called back to the plant saying "You won't believe this! We better gear things up, send me everything we have in stock, NO ONE is wearing shoes here". You see, the first salesman saw the fact that no one was wearing shoes as an obstacle, while the second salesman saw the same thing as an opportunity. Don't get me wrong, I certainly understand that the coronavirus is bad and most definitely an obstacle. Are we going through adversity right now? Of course we are. I have friends who are out of work. Gyms, barber shops and beauty salons, all closed until further notice. Restaurants that are normally packed with a wait are empty, serving only take out.

My point is this: It does no good whatsoever to complain about it. None. And further, I believe that through every obstacle and every adversity there is something positive that can come from it. We just have to look for it and recognize it. As bad as the situation currently is, I think there are some positive things happening. I see kids outside in their yard. I see people walking and jogging through the neighborhood. Teenagers are writing hand written letters to each other. Yes, you read that correctly. There are opportunities such as spending more time with your family, reading that book you've been wanting to read, learning a new language or reaching out and re-connecting with an old friend. More people are facetimeing and having zoom video meetings. I bet if you look around, it won't take you long to find something positive or see something as an opportunity during this really weird time in our lives. Hang in there. -Mike

Please feel free to send your questions. Rest assured I will only use your first name when I answer your questions. Email to: questions@mikerandallhomes.com or mail to:

Questions for Mike Randall
 Coldwell Banker Pinnacle Properties
 2093 Florence Blvd, Florence, AL 35630

Mike Randall, REALTOR®
 Associate Broker | ABR, CRS
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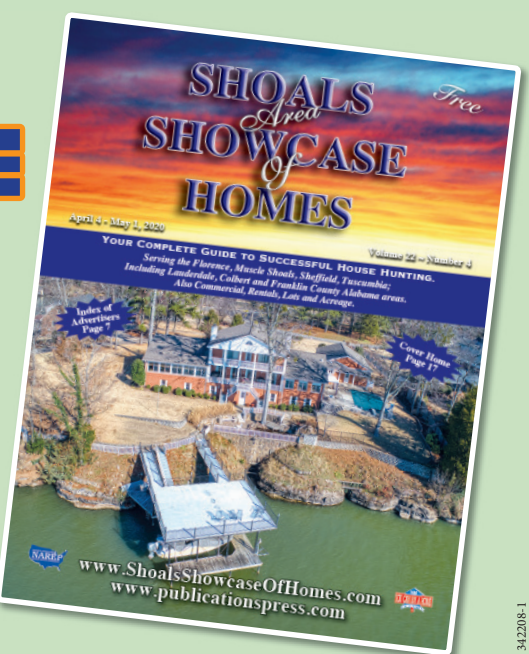
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Letters...

A Tenuous Position...

Continued from Page 16

future? If a people will not rule themselves, the government will. At this writing, the socialists and

communists we elected are planning how best to use our weakness to seize our liberty. This should be far more frightening than running out of toilet paper or even getting sick with this virus. However, apparently, it's not.

So, let's pray for protection from this virus, for healing from this virus, and even economic recovery following this virus. However, I'm positive we should be praying also for repentance, for forgiveness, and for knowledge of God and His son crucified and raised again. There is no other name under heaven by which men must be save, the name of Jesus.

Jason Howton
Florence

An Expensive National Virus

Editor:

The unparalleled \$2 Trillion Economic Rescue Bill has passed Congress and has been signed by President Trump. If there were a bill to be free of political activity, this bill was the one! Well, this package was not the one!

Page 524 of the bill states that the many businesses that will take a government loan would be obligated to remain neutral on any union organizing efforts during the loan. It has been stated that this was a major give away to unions. It would have been nice if the unions had requested the removal of the obligation from this bill. Is this legal?

Page 781 of the bill states that \$25 million will be provided to the House of Representatives to cover salary and expense. A similar request was not made by the Senate. The House is controlled by the Democratic Party; the Senate is controlled by the Republican Party. This bill is not the place for this allocation of funds.

I do not have the page number, but the final bill included \$25 million to be allocated to the Kennedy Center for the Performing Arts. This bill is not the place for this allocation.

The United States financial debt is \$23,514,801,990,505.

Every man, women and child in the United States currently owes \$77,396 as their share of the United States public debt. The \$2 trillion is not included.

This virus must be stopped for the health of our country and in order for Americans to return to work.

Bill Smoak
Florence



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ADAYS WORK HOME/MOBILE Home remodel/ repair, handyman jobs, ceramic tile, decks, all flooring, sheetrock, painting, roof repair, Kool Seal, underpinning, much more. Call 256-856-6213 or 256-389-3179.

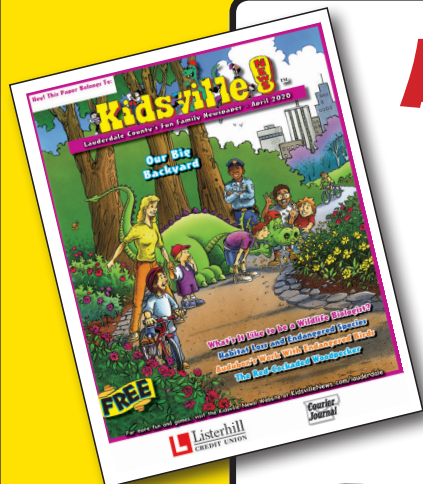
REMODELING SALE! JOHN THOMAS Trestle dining table and 6 chairs, **SOLID WOOD**, too large for new kitchen. All for \$900. 256-412-5750. Florence

The April Issue of *Kidsville News!* is now available.

We are distributing for children K-6th through all readily-available meal and educational channels about which we have been informed. (Please call 256-740-4701 with official educational updates)

The April Page Flip version is also available at www.kidsvillenews.com/lauderdale/view-current-issue/

Copies are also available at our office -
219 West Tennessee St. in Florence AND....
at all area Foodland Grocery Stores



A Special Thank You to our



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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Katie gave Steffy an update on her situation with Bill. Flo pressed Dr. Escobar for answers. Sally made a

move on Wyatt. Quinn tried to do damage control with Eric for outing Brooke and Bill's passionate kiss. Donna offered to plead for Katie's forgiveness on

Brooke's behalf. Ridge gave Shauna an alternative idea when she suggested that he call Brooke. Meanwhile, Bill paid Brooke an unexpected visit. Eric was conflicted about whether he should still support Brooke after she disappointed him so much. Flo sensed that something was off about Dr. Escobar. Shauna distracted Ridge from his troubles with a wild night in Las Vegas. Wyatt was shocked when Flo told him that she felt it was time for Sally to move out of his house. *Wait to See: Bill issues Quinn a dire warning.*

DAYS OF OUR LIVES Xander made plans for his and Sarah's nuptials. John nervously awaited the news about Marlena's surgery. Stefano was determined to thwart Kayla's attempts to end his control over Steve's body. Eric prepared to tell Brady and Kristen the real story about their daughter. Kayla made a bold decision in order to get Steve back. Abigail and Anna voiced their concern over Chad and Tony. Kayla and Sarah encountered an unexpected complication during Steve's surgery. Eric shared a tearful goodbye with Mackenzie. Xander had a surprising request for Sonny. Justin confided in Jennifer about his fear of losing Kayla. Victor and Xander shared a touching moment. Eric and Nicole intercepted Sarah on the day of her wedding. *Wait to See: Steve wakes up from his surgery, but there's a hitch.*

GENERAL HOSPITAL Jason held his ground.

Sonny had cause to worry about Brando. Michael discussed his next move. Bobbie received some unsettling news. Nina tried to reason with Nelle. Sonny worried about Carly. Peter wished Robert had a distraction. Dr. Obrecht got an unexpected visitor. Jax surprised Nina. Michael felt intimidated. Willow turned to Chase for comfort. Nelle ran into Valentin. Nikolas and Sonny faced off. Jason stole some time with Sam. *Wait to See: Willow can't stop worrying about Wiley.*

THE YOUNG AND THE RESTLESS Victoria told Nikki that in light of her conversation with Billy, she felt newly energized and ready to get back to work. Later, Nikki realized that Nick was meeting up with Phyllis and tried to dissuade him from going down that road again, but Nick wouldn't listen. Phyllis encouraged Amanda to ask Nate out on a date. Abby and Chance returned from Europe with the news that Colin had been caught. Jill apologized to Amanda for misjudging her. Devon offered Amanda a job as the attorney for the medical clinic, and Amanda said she would think about it. Adam met with Victor and claimed he had the evidence to take him down. Devon congratulated Elena and Nate on a successful grand opening of the medical clinic. *Wait to See: Victor warns Adam that his actions could end their truce.*

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Divine Correction

Proof someone still cares. Many times in my life I recall my parents correcting me causing my rebellion to slow down considerably. My dad was a fair judge. He kept me out of jail. How I loved him for his discipline and correction. My parents wanted me to do right. The attention I received from them proved my sonship. **Hebrews 12:7** "If ye endure chastening, God dealeth with you as with sons; for what son is he whom the father chasteneth not?" The only thing men learn from history is that they don't learn from history. We had better start thanking God that He's longsuffering. Read: **2 Peter 3:9** "The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance."

2 Peter 3:15 "And account that the longsuffering of our Lord is salvation; even as our beloved brother Paul also according to the wisdom given unto him hath written unto you;" **LONGSUFFERING MEANS:** "bearing injuries from others for a long time, patient, not easily provoked." When God's patience and longsuffering wears out, then historically his wrath and judgment take over. **Hebrews 9:27** "And as it is appointed unto men once to die, but after this the judgment:" Some times folks find out this great truth too late. Some people have lived their entire lives never having had any restraints on them. What a shock to fall under the total control of Almighty God. Soon, this event will take place. Your body will move without you directing or telling it what to do. Shocking, isn't it? God's power is absolute. No one can hold it, measure it, or match it or unplug it. Our Maker has every right to get an account from His creation. And He will. **Preachers are told: 2 Timothy 3:16** "All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness." **2 Timothy 4:2** "Preach the word; be instant in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine." My saved and preacher friends, do we really want divine correction? No church Last Sunday. Doubt if there will be this week. Who's really running things around here? Glad you asked. You will meet Him soon.

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Courier Journal **Mystery Photo of the week!**

WIN A MEAL FOR 2 at Rosie's CANTINA
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www.rosiemexicancantina.com
Enter at www.courierjournal.net

Last week's winner is **Yoskar Manzo** of **Sheffield** who correctly guessed "TASUS in Industrial Park Florence, AL"

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after 12 Noon.

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NOTICE OF RETIREMENT William A. Hobbs, M.D.

With decidedly mixed emotions, it has come time for me to retire, effective April 19, 2020. Lynne and I will be relocating to North Georgia to be closer to and, lend more assistance to our family while our house in the Georgia Appalachians is completed. Most of my patients have been with me for decades and I have greatly appreciated their trust and efforts to stay well. I hope my patients will call over the next few months and arrange to continue with Florence Medical Associates, but medical records transfer to alternate providers will be made upon request.

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Notes...

Continued from page 2

Motor Coach Tours With The Club (Florence Senior Center). These trips are open to the public. www.GroupTrips.com/TheClub

Mackinac Island, 7 days 6 nights, \$719, August 16-20 - \$75 deposit due now.

Pigeon Forge/Smokey Mountain Show Trip, 5 days 4 nights, \$575, November 9-13

For more information, call The Club 256-760-6642

Corinth Kiwanis Leon Frazier Gospel Singing College Scholarship Fundraiser (UNA often benefits from the funds raised) Saturday June 6, 6pm, Corinth Coliseum Civic Center Theater, 404 Taylor Street, Downtown Corinth, MS. Karen Peck & New River; Gold City; Phil Cross & Poet Voices, Dujuana Frazier Thompson & Family; Josh & Ashley Franks.

General Admission at door \$15/Aartis Circle \$25 in Advance including the artist Meet & Greet and Reception at 4pm

Major League Baseball's all-time hit leader, Pete Rose, will be the featured speaker at the UNA Sportsman's Club's 2020 Lion Pride Dinner and Auction at the Marriott Shoals Conference Center on August 13 at 5:30pm. Sponsorship packages for the event are available immediately and tables of eight are on sale for \$1,000 each. Any remaining unsold individual tickets will go on sale on June 1.

Rose was a switch hitter during his playing days from 1963-1986 and is the all-time MLB leader in hits (4,256), games played (3,562), at-bats (14,053) and singles (3,215). He won three World Series rings, three batting titles, one Most Valuable Player Award, two Gold Gloves, and the Rookie of the Year Award. He also made 17 All-Star appearances at an unequaled five positions (second baseman, left fielder, right fielder, third baseman, and first baseman). He played for the Cincinnati Reds from 1963-78, the Philadelphia Phillies from 1979-83, the Montreal Expos in 1984 and was then player-manager of the Reds from 1984-86. Rose was penalized with permanent ineligibility from baseball in 1989 amidst accusations that he gambled on baseball games while he played for and managed the Reds.

To become a sponsor or purchase a table to the 2020 Lion Pride Dinner and Auction, contact Megan Dye at 256-765-4615 or email smlvelace@una.edu.

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The Lauderdale County School System

will be accepting applications from April 1, 2020 through April 30, 2020 for the following TOPS Preschool Programs: Brooks Elementary School, Lauderdale County High School, and Wilson High School.

Parents may pick up and return an application at the preschool site closest to where they live.

Typical peers will be determined through a drawing process. The drawing will be held the first week of May, 2020. Names not drawn will be placed on a waiting list. Three-year-olds will go two days per week (Tuesdays and Thursdays), and Four-year-olds will go three days per week (Mondays, Wednesdays, and Fridays). Applications will be available at www.lcschools.org. All typically developing peers must go through the application process to attend the TOPS Preschool Program.

Children who qualify for special education services, do not need to go through the application process. Their services will continue to be determined by their IEP team based on their needs, as required by law.

Colors of Easter Coloring Contest 2020 WINNERS

Courier Journal A Special Thanks To Everyone for taking part in our 2020 Easter Coloring Contest

Top 3 winners in each age group pictured to the right receive:

- An Easter Basket Filled With Lots of Goodies From **WOODLAND**
- And Large 1 Topping from **Dominos**

Honorable Mentions:

2-4 Age Group: Harlyn Hibner - Anderson, Logan Ruth Melton - Florence, Brayden Brewer - Tuscumbia, Harper Layton - Muscle Shoals, Marshall Tucker - Rogersville, Ayden Hart - Florence, Aubrey Reid - Florence and Georgia Tilley - Florence.

5-7 Age Group: Paisley Terry - Muscle Shoals, Tristan Scott - Tuscumbia, Emma Murphy - Rogersville, Kayliegh Comer - Florence, Morgan White - Florence, Audrey Young - Florence, Elsie Kaye Greenhill - Tuscumbia and Kenliegh Byers - Florence and Joey Wilbanks - Cherokee .

8-10 Age Group: Murphy Shelton - Florence, Sofia Cienfuegos - Muscle Shoals, Zayda Krams - Tuscumbia, Aspyn Speake - Rogersville, Ellie Fenn - Florence, Khole Norton - Killen, Zoey Hensley - Tuscumbia, Hydie Reischman - Killen and Molly Senf - Florence.

1st Paizlee Stokes
3 - Florence

2nd Audrey McCain
4 Muscle Shoals

8-10 1st Bhumika Patel
10 - Muscle Shoals

3rd Ellen Hanbury
2 - Florence

2nd Aaliyah Strickland
10 - Cherokee

1st Kelsey Keen
7 - Muscle Shoals

2nd Scarlett Davis
6 Tuscumbia

5-7 1st Kelsey Keen
7 - Muscle Shoals

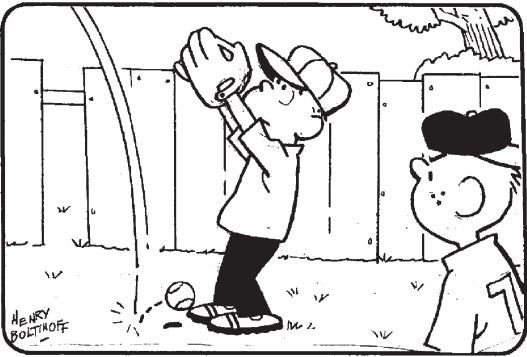
3rd Farrah Giwoyna
8 - Killen

3rd Harrison Grott
5 - Florence

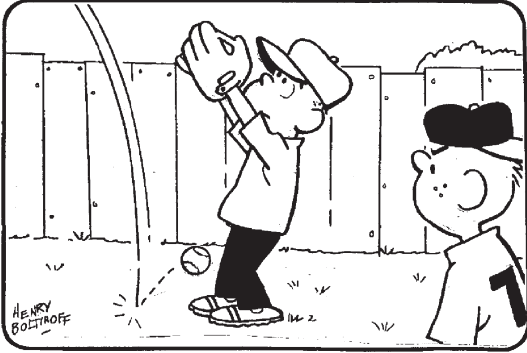
WINNERS will be contacted by phone for prize pickup.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Fence is higher. 2. Hat is black. 3. Shoes are different. 4. Tree is gone. 5. Ball is mended. 6. Hat is different. 7. Hat is black.

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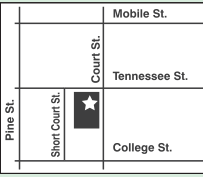
B. Grant McNutt
Attorney at Law



Nicholas H. Gajewski
Attorney at Law



Tanya McCalpin
Attorney at Law



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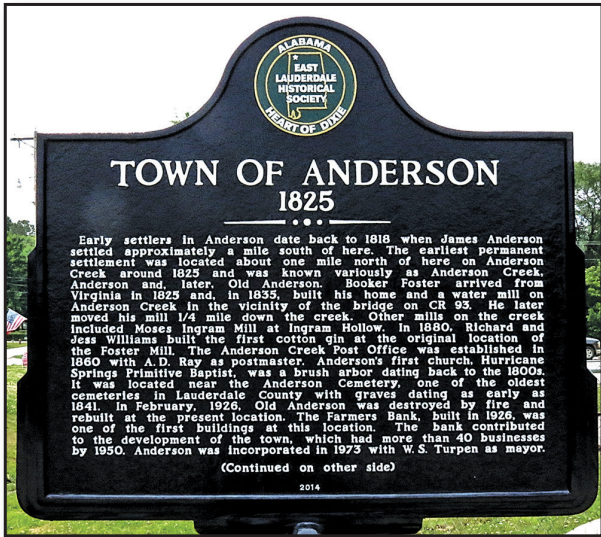
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SIGNS OF THE PAST



Location: 34.9223°N, 87.2697°W
7127 Hwy 207, Anderson, Lauderdale Co

Another marker erected by the East Lauderdale Historical Society. Summary: James Anderson settled here in 1818; settlement of Anderson Creek, aka Old Anderson, formed 1825. Post Office arrived 1860. Anderson Cemetery has graves from 1841. Old Anderson was destroyed by fire in 1926, and rebuilt as the present Anderson, 1 mile north.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

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