

219 West Tennessee St. Florence, AL 35630 256-764-4268

Volume 136 Number 25

April 15, 2020

POSTAL PATRON

PSRST STD.
ECRWSS
US POSTAGE PAID
NASHVILLE, TN
PERMIT #843
RETURN ADDRESS
219 W. Tennessee St.
Florence, AL 35630
256-764-4268



Courier Journal

Serving Northwest Alabama and beyond with direct mail, total market coverage

No Heritage Festival '20

TUSCUMBIA—Due to the current COVID-19 virus pandemic and the unknown circumstances and status of social distancing requirements, the North Alabama African Heritage Association (NAAHA) has canceled its annual festival that was scheduled for June 5 and 6. The plan is for this most enjoyable event to return next year on the first weekend of June.

In a letter to the Colbert County Tourism Board dated April 8, the NAAHA said, "Thank you for support in the past, and we look forward to working with the entire community in the near future."

First Metro Promotes 2



Haataja

MUSCLE SHOALS—First Metro Bank recently announced the promotions of two well-deserving employees, **Scott Haataja** and **Tony Brewer**.

Haataja is the bank's new Chief Lending Officer, replacing the retiring **Tommy Darby**.

Haataja began his banking career in 1995 and spent ten years building an impressive résumé before



Brewer

See SHORTS... on Page 5



Oakley Auto Sales
National Advance Auto Sales
Jeff Elledge Auto Sales

For information about advertising in this spot, call 256-740-4701

Technology Huge for HVAC Program

MUSCLE SHOALS-- Northwest-Shoals Community College (NW-SCC) officially started the Power5 Heating, Ventilation, and Air Conditioning (HVAC)

Apprenticeship Program in January. Randy Corsbie, HVAC Instructor, had no idea what challenges were ahead for his program with the COVID-19 pandemic this spring.

Corsbie quickly adjusted delivery for related technical

See REMOTELY ... on Page 11

Randy Corsbie, HVAC instructor, on Facetime with student, Colton Russell. Courtesy photo



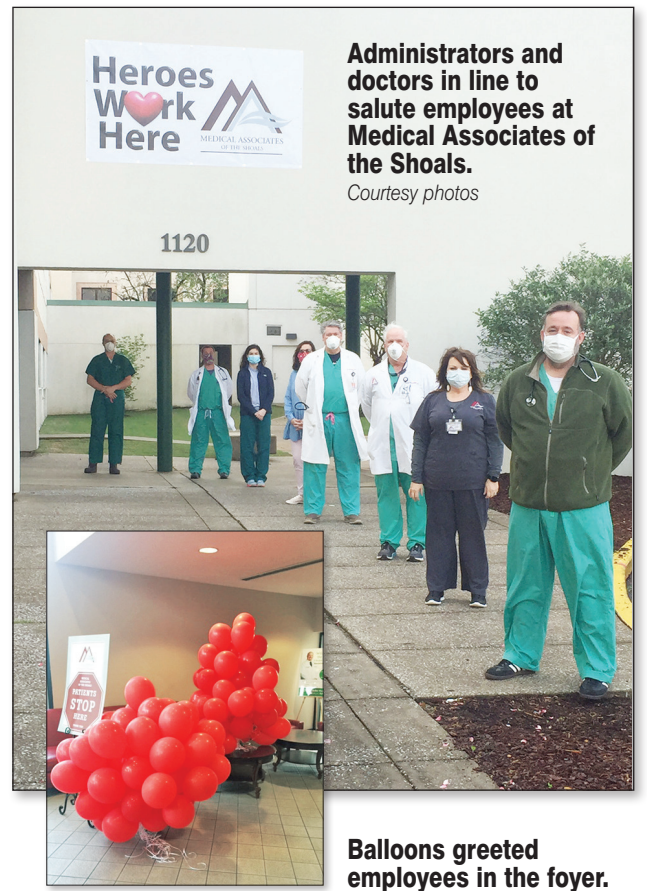
a big THANKS

for the Staff at Medical Associates of the Shoals

SHEFFIELD – The physicians and administration at Medical Associates of the Shoals showed their appreciation for the dedication and selflessness of their staff last week by hosting a breakfast and red balloon celebration in their honor. Red balloons were chosen as a sign of respect for their employees as well as all workers who are continuing to do their jobs in the face of the COVID-19 pandemic.

"At our Sheffield clinic, Greenhill clinic, and Express

See THANKS!... on Page 6



Administrators and doctors in line to salute employees at Medical Associates of the Shoals. Courtesy photos

Balloons greeted employees in the foyer.

TEC Receives Colbert Broadband Grant

CHEROKEE –TEC is pleased to be the recipient of a grant from the Alabama Broadband Accessibility Fund for the Red Rock Community Broadband Project for \$357,171 toward the total project cost of \$1,020,490. This matching grant will allow TEC to extend fiber internet connectivity to over 200 households in Colbert County along Red Rock Road near Cherokee. Construction will begin in late Summer

2020 and provide gigabit internet speed to nine square miles in the Barton community. In addition, TEC will provide an outdoor WIFI public access point and free internet access for three years for the community and first responders at the Red Rock storm shelter as a part of this project.

"We are honored to receive this award

See BROADBAND... on Page 6

Inside this Issue

Online Only:

- Guest Commentary
- Computer Skeptic
- Medicare Minute
- Ask the Attorney
- Dave Ramsey

- Athletic Support
- Soaps
- Quips & Quotes
- Junior Whirl



- Online Registration for Summer/Fall
- Adopt-A-Friend
- Savvy Senior
- SIGNS of the PAST

- Outdoors
- Mystery Photo
- Pet Talk
- Web Poll



Visit Us Online Often: www.CourierJournal.net

Facebook.com/
FlorenceCourierJournal



Southern Appeal
Lawn Maintenance Services

Ricky Fuller, Owner • 256-381-2306 • 256-702-1254

Ask About
\$40
Lawn Specials

During the COVID-19 period, We're Now Offering
Non-Contact Transactions and Estimates – Just Call For Info!

Specializing in All Your Lawn and Yard Needs
TREE SERVICE • STUMP REMOVAL • DRAINAGE SOLUTIONS
• Landscaping • Irrigation Systems
Licensed-Bonded-Insured

ATTENTION:
**Save on utilities and put
\$2,300 in your pocket!**

- 1** Call **256-667-4217** & schedule your **FREE In-Home Evaluation**.
- 2** Our Comfort Advisor will tell you how much a new system will **save** you.
- 3** You'll get options to select a heating & cooling system plus, a **12-year repair warranty** to back it up!
- 4** Get up to **\$2,300** in cashback and incentives (with no hidden surprises).
- 5** **NO MONEY DOWN FINANCING** (Average payments as low as \$75.00 per month)



AL HVAC 91114 • AL Plumbing MPG-3489 • AL Electrical 01889

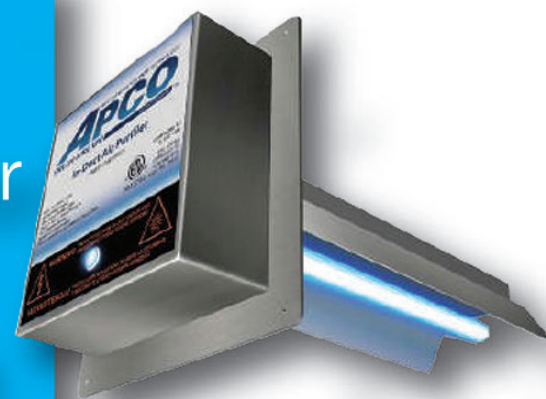
256.667.4217



Plus

The first 15 customers to act on this incredible offer can take advantage of our

BREATHE EASY DEAL with a
FREE UV Air Purification Unit
(a \$905.00 value)



7



fullerhvac.com

BLACK PANTHER PRINT BY Kelby Love, framed and under glass, \$60. 256-714-5879 Huntsville area.

REDUCED GE WASHER, WHIRLPOOL Dryer needs belt, microwave, chainsaw \$200/all. 256-767-1118.

TRAVEL TRAILER, 2018 STARCRAFT, Autumn Ridge 23RLS, like new, only used once, \$18,000 obo. 256-483-8949.

BUYING BROKEN WASHERS AND Dryers. No Front Loads, 256-275-7699.

I BUY JUNK CARS, Trucks and Vans. Pay top dollar! Call Lonus, 256-980-9500.

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

MAKE A PRIVACY FENCE with Rose of Sharon in *multi colors.* 256-767-1118.

DAVE'S DIRT

LAND CLEARING, cleanup, demolition, Dozer, Trackhoe, Skid steer, and Backhoe work. 256-810-0820

CRAFTSMAN 22" PUSH LAWN mower, easy to start, 6.75 HP, Briggs, \$80. 256-648-6086. Florence

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

LOOKING FOR A MALTESE or Cockapoo dog, one to two years old. Call 256-446-9982

I BUY JUNK OR UNWANTED TRUCKS, CARS, VANS Paying Cash. 256-633-8875.

FENCES & DECKS: We Build, years of experience. Call for bids. Greg 256-335-7663

PAPER, DENIM AND CLOTH collectible shirts, sz. L, \$30 all. 256-652-8432, Huntsville.

DENTAL LABORATORY EQUIPMENT FOR Sale. Lab Closing. 256-436-6614 or 256-331-0548

ADORABLE WHITE BOBTAIL MANX KITTENS, \$100; Bobtail Torbie \$80; Long tail Torbie Manx \$25; Hypoallergenic, healthy and playful, 256-710-0292

GARDEN TILLING, BUSH-OGGING, DIRT and Gravel Spreading, Pasture Seeding. **NO JOB TOO SMALL.** Free Estimates. 256-627-7551

BASS BOAT, 201 PRO Elite, 225 Evinrude, \$7,500. 256-335-4749. Florence

HORSE BLANKET, \$65; HORSE rain sheet, \$45; horse supplies \$50. 727-251-2087 - Shoals

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

MURRAY RIDING MOWER, USED 1 time, looks new, cost over \$1,000; will take \$550. 256-436-6666.

TOYOTA: COROLLA LE, 2011 \$9,950. 1 owner, 54K actual miles, white, auto., NEW TIRES. 256-527-2125.

LAWN CARE: Grass cutting, Bushes trimmed, Mulch, Free Estimates, Senior Discounts, Experienced; Reliable! 256-443-1381

WANTED DEAD OR ALIVE! Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

WE BUY JUNK CARS, Trucks, or Vans with or without titles. Call Joel 256-303-7609.

Buying Used Cars TRUCKS, VANS, RUNNING OR repairable. Also Fishing Boats and 4-Wheelers. 256-810-8411

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

HONDA: CIVIC LX, 2012 \$7,000, silver-gray, 16,000 miles, excellent condition, asking, Call 1-347-446-3266 Shoals area



CKC GOLDENDOODLE PUPPIES, F1BB, born 2/22/20, ready 4/16/20. All puppies come vet checked with age appropriate vaccinations and deworming. Males \$750 and Females \$950. Text or Call for pictures or more information. 256-221-4502.

Community Notes

program will provide free, in-person tax preparation assistance in the Shoals area **The Florence-Lauderdale Public Library will be closed until April 30.**

The Shoals Writers will plan to resume meeting on May 16, unless otherwise noted.

LifeSouth seeks recovered COVID-19 patients to help by donating plasma

LifeSouth is partnering with medical centers in Florida, Georgia and Alabama to collect plasma from COVID-19 patients who have recovered from the virus, to transfuse to patients with COVID-19 to help with recovery.

Recovered COVID-19 patients who were tested and found positive, can donate plasma if they have not had symptoms for at least 14 days and test negative by a lab, or after 28 days without symptoms with no follow-up testing required.

The treatment is considered an investigational new drug by the FDA and collected donations will be sent to medical centers to treat critically ill COVID-19 patients. The plasma contains antibodies that may help fight the virus.

Plasma is the clear, straw-colored liquid in the blood that remains when red blood cells, white blood cells and platelets are removed.

Potential donors should email medicaloffice@lifesouth.org or call 888-795-2707.

Osborn Hill Cemetery -Decoration Day will be on Saturday, May 2. The first Saturday of May has been observed as Decoration Day for well over 100 years. All old flowers will need to be removed off the graves. Please make plans for that special day to come to the cemetery. Also its time again for annual donations. If you would like to donate to the Osborn Hill Cemetery Fund, please send your donations to: Osborn Hill Cemetery Fund, c/o Mrs. Lana Duncan 2330 Colburn Mtn. Road, Tusculmbia, AL 35674

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. We do our best, however, there is no guarantee that this free information will be published in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

Monthly lunch at Cloverdale Community Center is cancelled for April and May. We will resume as soon as possible. Everyone please safe.

Cancelled or Postponed Events:
Design-An-Ad Awards banquet sponsored by the TimesDaily
All music at Swampers at the Marriott
The AARP Foundation Tax-Aide

See NOTES... page 26

SHOALS EXTERIORS

Custom-Built Homes and Garages from a Licensed Alabama Homebuilder

• Homes • Garages • Pool Houses
• In-Law Suites • And More




We Offer In House Financing

Call Owners Joe or Larissa



256-483-8365


The ONLY Multi-Specialty Non-Hospital Owned Clinics in the Shoals Area



Shoals Primary Care

TeleMedicine
Now at
All Shoals Locations
Shoals Primary Care
All Insurance and
Cash Payments Accepted



SHOALS
PRIMARY CARE

342 Cox Blvd. in Sheffield
256-383-4473
shoalsprimarycarellc.com



3422599-1

Are you a diabetic?

Do you have a sore on your foot?



A foot ulcer is an open sore on the foot that can be difficult to heal.



What we offer:

- Advanced wound care
- Amputation prevention
- Personalized treatment plans

Don't Wait, Call

256-760-8485

2487 Mall Road
Florence

No representation is made about the quality of the podiatric services to be performed or the expertise of the podiatrist performing such services.

Enjoy the Short Drive for the Best Deals!



Williams-Auto-Sales.com • 931-762-9525



340726-1

3422599-1

CHRISTIAN BROTHERS LAWCARE- Now accepting commercial, residential clients for 2020, 256-710-3037. *God bless.*

I BUY JUNK OR UNWANTED TRUCKS, CARS, VANS
Paying Cash.
256-702-2067.

ROGER'S REMODELING. NO JOB too big or too small. Specializing in kitchens, bathrooms and decks. Also do all types of home repair and insurance claims. Drywall, ceramic tile, vinyl siding, replacement windows and metal roofing. 256-394-3827 or 256-702-7022

BUICK: LACROSSE CXL, 2007 \$6,950. 72K actual miles, leather, 3.8 V6, NEW TIRES and BRAKES. 256-527-2125.

BUYING BATTERIES \$5 AND up! Holt's Radiator & Automotive, 607 Tyler Ave., Muscle Shoals. 256-381-5341

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

WE BUY JUNK AND repairable vehicles with titles. Call Ron 256-275-6540

GARDEN TILLING GET READY for planting season! Call Curt, 256-443-5264.

Simple Acts of Kindness



SUBMITTED BY COURIER JOURNAL READERS

I am an essential worker in a local county food stamp office. Due to all the COVID-19 business closures and layoffs, our office has been absolutely overwhelmed with new applications—a 155% increase above our normal intake. For the past couple of weeks, and more to come, our entire unit has been working 12 hours a day, six days a week to try and manage the unmanageable. So imagine our surprise and delight when, one day last week, a hot lunch was delivered to us, compliments of Judge Chad Coker!! He even included a special note of thanks and encouragement for each

one of us! This honorable man, who has never met me, lifted my spirits immensely and caused me to walk with a lighter step that day. The lighter mood was reflected in all of my coworkers, too. We want Judge Coker to know what an uplift that was for us, and that we so appreciate the recognition. Thank you so very much Judge Coker, and may God keep you and your family well during this terrible pandemic.

Lori

Please email or mail us a Simple Act of Kindness that you have witnessed or experienced that we would all enjoy reading about -- editor@courierjournal.net or Kindness - c/o Courier Journal 219 W. Tennessee St. Florence, AL 35630

DAVE'S DIRT
CHIRT, TOPSOIL, Gravel, Driveways, Pads for buildings and mobile homes, 256-810-0820.

CATALINA 22' SAILBOAT WITH outboard - must go, best offer! 256-762-7680.

I BUY JUNK CARS, Trucks and Vans.
Pay top dollar!
Call Lonus, 256-980-9500.

CAT SITTING SERVICE: WILL come to kitty's home, fill bowls, scoop litter, give meds., scratch ears, 256-412-6982

I BUY JUNK AND repairable vehicles and catalytic converters. Call Michael 256-702-8400

CUT, TRIM & BLOW LAWN SERVICE
All your home maintenance needs, 256-762-0560

WANTED: MILITARY ITEMS, ANTIQUES, Guns, Uniforms, etc. Call 256-335-7663

WHITLOCK REMODELING
Painting, Flooring, Kitchens, Bathrooms, Vinyl Siding, Additions, etc. 256-381-7762, 256-349-3703 or 256-291-6603

FREE TO GOOD HOMES: 10 weeks old Mountain Cur puppies, 256-810-4582. Florence area.

HOME IMPROVEMENTS, ALL JOBS, big and small metal porch rails, references, dependable! 35 years' experience 256-762-4357

FREE TO GOOD HOME, Anatolian/Pyrenees/Lab mix puppies. 6 males/5 females. 256-856-3435.

FREEDOM LAWN CARE: WE provide lawn mowing services & landscape cleanups, call 938-222-1757 now for a free estimate!



KAWASAKI JET-SKIS, MATCHING PAIR, double galvanized trailer, runs good, \$2,900 firm. Call 256-436-8755.

OVER-THE-RANGE MICRO-WAVE, WHITE AND 30" stove-top, white + full-view glass door, 36", 256-762-2953.



Alabama Spine & Pain
Pavan Telang, MD
Board Certified & Fellowship Trained in Interventional Pain Medicine.
Board certified in Anesthesiology.

“Specializing in Non-Surgical Advanced Management of Back & Neck pain, not involving opioid medication.”

256-712-2422
541 W. College St, Ste 2000
Florence, AL 35630
alabamaspineandpain.com

ATTENTION MEDICARE PATIENTS AND HEALTHCARE PROVIDERS!!

Effective January 1, 2020, Lister Healthcare initiated a new program to provide much of your healthcare and physician care in your home.

The pandemic COVID-19 has exposed the need for a new way for physicians to manage their patient healthcare. We can now do this in the comfort of your home!

WHAT DOES THIS MEAN FOR YOU?

- Offers texting, phone calls, or tele-visit with your healthcare provider.
- Virtual visits on a HIPAA compliant platform.
- Direct communication with your healthcare provider and staff.
- Healthcare provider can monitor your healthcare needs daily.
- Reduces return stays at hospital or emergency department visits.
- Can reduce visits to your providers office.
- Requires a smart phone to participate, iPhone or Android
- Medicare patients interested in this program please call **256-767-7494 x 7039**.
- For Healthcare Providers interested in this program, please call **256-436-1777**.
- Medicare and Medicare Advantage plans cover this service.*

Lister Health Care
Scaling Remote Care

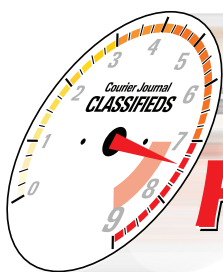


Enroll	Educate	Self-Manage	Monitor	Intervene
<ul style="list-style-type: none"> • White Labeled App • Always Connected • Engaging Workflows • Stratify Populations • Retain Customers 	<ul style="list-style-type: none"> • Discharge Self-Care • Built-in Content • Condition Agnostic • Clinical Escalation • Drive New Business 	<ul style="list-style-type: none"> • Automated Coaching • Self-Awareness • Best Practices • Increased Engagement • Drive Outcomes 	<ul style="list-style-type: none"> • Remote Monitoring • Clinically Guided • Biometric Integration • Intelligent Escalation • Drive Cost Reductions 	<ul style="list-style-type: none"> • Care Anywhere • Virtual Visits • Text Messaging • Engage Providers • Reduce Acute Visits

*Cost sharing may apply based upon the requirements of your individual Medicare plan.



Classifieds



Sell It Fast with a

RED LINE AD

only \$3 additional

HOUSECLEANING for your office or home. Call 555-1234 for a free estimate. 15 years experience. Insured. References available.



As an added bonus for our advertisers, all classified ads placed in the Courier Journal are also online at TNValleyStuff.com. This provides even greater impact than the 72,000 home circulation which the Courier Journal reaches every week.

Attract the most attention and sell your items red line fast when you choose to Red Line your Classified Ad. THE FIRST LINE OF YOUR AD APPEARS IN RED CAPS, catching the eye of your buyer faster than any other classified advertising in the Shoals Area!

Online

ONLINE – at our Website...
Go to www.courierjournal.net and click "Place a Classified"

Phone

PHONE – 8AM-5PM Mon-Fri
Charge to Credit/Debit Card by calling 256-764-4268

Fax

FAX – 24 HRS - Charge to Credit / Debit Card by faxing an ad to 256-760-9618. Include exp. date. List how many weeks the ad is to run.

Mail

MAIL – Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

Office

OFFICE – Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

• **Private Party Rate** 3 LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.50 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits.....

\$4⁵⁰ Week

• **Commercial Rate** 4 LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.50
CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50.....

\$7⁰⁰ Week

• **Yard Sales** 5 LINES Prepay Each additional line - \$1.50
YARD SALES - An exclusive listing of the area's better sales prominently placed

\$11⁰⁰ Week

• **Employment** 5 LINES Prepay Each additional line - \$2.25
EMPLOYMENT - Looking for employment or Businesses looking for employees

\$12⁵⁰ Week

• **Private Party Auto Rate** Up to 8 LINES for 4 weeks.
Prepay Each additional line - \$2.00.....

\$15⁰⁰ Week

*one line is approx. 30 characters

Name _____
Address _____
City _____ State _____ Phone _____

➔ **HOW MANY WEEKS?** Multiply the number of weeks - X - the cost of the ad.....

YES! RED LINE MY AD! PLEASE CHECK THE BOX

RED LINE: Add \$3 per ad per week. Buy 5 weeks of RED LINE, get the 6th free (\$15 plus cost of ads). Only the top line of each classified ad can be red, 24 characters and spaces MAX. - 20 characters & spaces MAX for Real Estate ads.

MAILING ADDRESS: Courier Journal, 219 W. Tennessee St., Florence, AL 35630

Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting

Questions? Call our office at 256-764-4268.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card.

Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE:
Friday 5pm

Thanks!...

Continued from Page 1

Care Urgent Care, the staff response to the COVID-19 pandemic has been amazing cooperation and teamwork," said Dr. Brad McAnalley. The entire staff has worked together to make sure that our patients are cared for safely. Many employees have taken on additional responsibilities and most have made changes to the way in which they accomplish daily tasks. My partner physicians and I wanted to make sure that they know how much we appreciate them and how proud we are of them. They truly are heroes."

Medical Associates of the Shoals is a group of six primary care physicians. Their focus is on optimizing each patient's health by providing compassionate and quality care. In addition to their primary care practice in Sheffield, they own and manage Medical Associates of the Shoals-Greenhill, Express Care of the Shoals Urgent Care/Walk-in Clinic, and AtLast Medical Weight Loss. The physicians are Courtney Bowen, MD; Brad McAnalley, MD, FACP; Jack McLendon, MD, FACP; Brian Richards, DO; Jeremy Thompson, MD, FFAFP; and Josh Vacik, MD, FACP. To learn more, visit www.medshoals.com or www.expresscareshoals.com.

Broadband

Continued from Page 1

from the Alabama Broadband Accessibility Fund. This grant assists TEC in our commitment to improving the communities we serve, bringing increased fiber internet options to rural Alabama. We are excited to begin construction and get more communities connected," stated Joey Garner, Executive Vice President of TEC.

TEC has been providing telecom services to rural America for nearly a century, and they were the first to bring internet options to their rural markets over 20 years ago. TEC provides economic stability to their local service areas, employing over 90 people across Alabama, Mississippi, and Tennessee. Currently, TEC has invested in and

maintains approximately 3,700 miles of copper and over 900 miles of fiber in its rural markets.

"This is a small victory for our community," said State Representative Jamie Kiel. "It is essential that all of our businesses, schools, and families have broadband access. I will continue to work through the legislative process to ensure everyone in House District 18 has access to rural broadband internet," Kiel added. "This grant is a first step to greater connectivity."

This grant is in addition to the \$2.7 million USDA loan-grant National Telephone of Alabama received last year to provide broadband internet to western Colbert County. Kiel campaigned in 2018 on bringing greater access to rural broadband internet to Alabamians. Kiel represents most of Colbert and Franklin counties and western Lauderdale county.



Personnel

- EDITOR & PUBLISHER**
Thomas V. Magazzu
- ADVERTISING EXECUTIVES**
Sadonna B. Magazzu
Judy Cox
Gregg Scott
Heather Ridinger
Toyce Dixon
- GRAPHIC COORDINATORS**
Russell Roden
Andrea L. Gray
Gwyn Jones
- OFFICE STAFF/CLASSIFIED**
Janie Brasfield

CIRCULATION
Steve Pope

OFFICE HOURS:
Monday - Friday
8:00am - 5:00pm

Copyright © 2020 All Rights Reserved

DEADLINES: Issues Published Every Wednesday
INSERTS - 5 pm Thursday
DISPLAY ADS - 5 pm Thursday
CLASSIFIED ADS - 5 pm Friday unless otherwise specified

219 W. Tennessee St.
Florence, AL 35630
256-764-4268
Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 72,703 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.
Florence, AL 35630
or email to:
editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

FOR SALE: JOHN DEERE tractor, 1100 hours, excellent condition, 23HP, 3 cylinder diesel, model 770. Finishing mower included. \$6,500. 256-757-4084.

I BUY JUNK OR UNWANTED TRUCKS, CARS, VANS
Paying Cash.
256-702-2067.

SATURN: ION 3, 2006 \$4,650. 4-door quad coupe, 1 owner, leather, NEW TIRES AND BRAKES. 256-527-2125.

ASHLEY'S CLEANING SERVICE- No job too big or small. Residential, commercial. References. 256-633-9334.

WE BUY JUNK CARS, Trucks, or Vans with or without titles. Call Joel 256-303-7609.

NIGERIAN DWARF GOAT, BUCK 2 mo. old \$100, 256-778-3136.

MASONRY WORK: BRICK, BLOCK, fieldstone, all types. Excellent work. Call Mark, 256-394-2820

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

REYNOLDS

LUNG CANCER

If you worked at the Reynolds plant, and have had **LUNG CANCER** or **MESOTHELIOMA** - *even if you are a smoker* - or know someone who died of **LUNG CANCER** or **MESOTHELIOMA**, call

1-800-291-0050

The Law Offices of G. Patterson Keahey
One Independence Plaza • Birmingham, AL

www.mesoHELP.com

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

BMW: 230-I, 2017 \$15,900. .21,500 miles, 8-speed automatic with paddle shift, excellent condition, 256-767-2015, Florence, AL.

ADAYS WORK HOME/ MOBILE Home remodel/ repair, handyman jobs, ceramic tile, decks, all flooring, sheetrock, painting, roof repair, Kool Seal, underpinning, much more. Call 256-856-6213 or 256-389-3179.

FLORENCE MONUMENT CO. GRANITE and Bronze Memorials, we also cut death dates. 1950 Helton Dr., Florence. 256-766-5118

ANTONIO'S REMODELING PAINTING, INTERIOR/Exterior, Water Damage, Carpentry, Concrete Driveways, Drywall, Decks, Showers. Licensed, Insured. Free Estimates, 256-577-8660

IN EVERY HOME EVERY WEEK!

KOGER LAWN SERVICE AND Pressure Washing, houses, piers, boat houses, decks, driveways and walkways. 256-366-3133

BIG COUNTRY'S LAWN SERVICE. Grass cutting, pressure washing. Free estimates, flexible payment. Greg, 256-412-8772.



FELICE'S HOUSE CLEANING

We disinfect to protect! Call today for a free quote on our **Spring Cleaning Sanitizing Special** to disinfect and sanitize your home. 256-275-0799

14 GOLF CLUBS WITH caddy and bag, \$50, leave message, 256-714-5879 Huntsville area.

Shorts...

First Metro Promotes 2

Continued from Page 1

joining First Metro Bank in May 2005 as Vice President and Commercial Lending Officer. His portfolio grew significantly and he was promoted to Senior Vice President in 2012. Haataja was named Branch Manager of the Pine Street office and Florence City President in 2015. His role grew once more in 2017 when he was named Lauderdale County President and became responsible for two additional First Metro Bank locations.

Haataja is a graduate of UNA where he received a Bachelor of Science in Economics and Finance. He has also graduated from the Tennessee Bankers Association Southeastern School of Advanced Commercial Lending, the Alabama Bankers Association Alabama Banking School, and the Graduate School

of Banking at Louisiana State University.

The Lauderdale county native serves the community by being involved with several non-profit organizations.

"Scott has shown immense dedication and service to First Metro Bank over the past fourteen years," said **Rodney Howard**, President and Chief Executive Officer. "Because of his commitment to the bank and the relationships he has with our customers, the Board of Directors and I have full confidence he is the right choice and we know he will continue to contribute to the success of First Metro Bank for years to come."

Tony Brewer assumes the positions of Lauderdale County President and Branch Manager of the bank's Pine Street office in Florence, both previously held by Haataja.

Brewer began his banking career in 1996 and was a well-known commercial lender when he joined First Metro Bank in March 2015 as Senior Vice President and Commercial Loan Officer. He is a NW-SCC graduate and he received a Bachelor of Science in Business Management from Sue Bennett College. Additionally, Brewer is a graduate of Mid-South School of Banking and the Stonier Graduate School of Banking.

Brewer is very active in the community as a board member of the Greater Shoals Sheffield Rotary Club, Shoals Scholar Dollars, and the Cramer Children's Center.

"Tony has created an extensive loyal customer base due to the valuable service he provides," stated Haataja. "It has been such a pleasure working beside him for the past five years, and I have no doubt that he will do an amazing job in his new role."

Bailey is on Winning Team

FLORENCE—While working on her Masters of Public Administration at Villanova University, city of Florence Planning and Community Development Director, **Melissa Bailey**, had the opportunity to lead a team in the 2020 NASPAA-Batten Student Simulation Competition.

The day-long event at the University of Albany in New York was specifically tailored for graduate students of public policy and administration to employ

See SHORTS...Page 7

Anchor Fusion
Est. 2016

Located In Shannon's
She Shed • Hwy 72 • Killen

(No in store shopping)
New Pick Up Hours Tues & Fri 1-6pm

Join our FB VIP Group:
Anchor Fusion Boutique VIP

anchorfusion.com • instagram: @anchorfusion

AVALON
— MEDICAL GROUP —

NEW ADDRESS

2410 Avalon Ave Suite 2100
Muscle Shoals

www.avalonmedicalshoals.com

256-386-0808

Starting April 3, 2020
New Hours
Monday - Thursday 8:30-5:00
Friday - 8:30 - Noon

Loren E. McCoy, M.D., FACP
Internal Medicine

Accepting new patients for primary care and medical weight loss.

REPLACEMENT WINDOWS AND DOORS

Stimulus Cash Rebate!!

energyright solutions

\$25 OFF ANY WINDOW INSTALLED

\$100 OFF ANY DOOR INSTALLED

ENERGY EFFICIENT, EASY TO CLEAN, REPLACEMENT WINDOWS

OFFER ENDS April 30th!

Call **NOW** for a **FREE ESTIMATE!**

256-767-2568

OVER 40 YEARS OF GREAT SERVICE

McDANIEL

WINDOW & DOOR CO.

NOT A CHAIN, NOT A FRANCHISE, WE'RE LOCAL!

300 E. Tennessee St., Florence
mcdanielwd.com



Peoples piggly wiggly

Down Home, Down The Street
Cherokee • 256-359-6651

**7-8 Mon thru Sat
10-6 Sunday**

Quantity & correction rights reserved.
None sold to dealers. We reserve the right
to correct typographical and pictorial errors.
Limited quantities. Sorry no rain checks.
While supplies last.

**Prices Good
4/15/20 - 4/21/20**



Chicken Thighs
79¢ Lb.



Quarter Loin Pork Chops
\$1.89 Lb.



Sirloin Tip Steaks
\$4.49 Lb.



Sunnyland Bacon
\$2.89 12 Oz.

Due To Current Events Some Items May Be Limited In Supply



Bar S Bologna
\$1.19 12 Oz.



Bryan Corn Dogs
\$2.99 12 Oz.




Today's Cut Back Ribs
\$2.29 Lb.



Assorted Lunch Makers
99¢ Each

Beautiful Flowers & Hanging Baskets Available Now - Vegetable Plants Soon



Kellogg's Cereal Frosted Flakes 13.5 Oz.,
Froot Loops 10.1 Oz., Apple Jacks 10.1 Oz.
Or Corn Pops 10 Oz.
2/\$6



Armour Vienna Sausage Original Only
4.6 Oz.
59¢



Maxwell House Coffee Original Only
30.6 Oz.
\$6.09



Folgers Classic Coffee
30.5 Oz. Can
\$6.79



Kool-Aid Bursts
Tropical Punch, Berry Blue,
Cherry Or Grape 6 Pk.
\$1



Frito Lay Products
Doritos 9.25-10.5 Oz.
Or Ruffles 8.5-9 Oz.
2/\$5



Coke Products
6 Pk. 1/2 Liter Btls.
4/\$11



Coke Products
12 Pk. 12 Oz. Cans
8 Pk. 12 Oz. Btls.
3/\$12



Gatorade Fruit Punch,
Lemon Lime, Berry Or Orange
6 Pk. 12 Oz. Btls.
\$3.59

THE SEASON'S FINEST PRODUCE



California Strawberries
\$1.99 1 Lb.



Iceberg Lettuce
99¢ Each



Vidalia Onions
99¢ Lb.



Tropical Mangos
69¢ Each



Green Cabbage
49¢ Lb.



Cluster Tomatoes
\$1.49 Lb.



Team members with Bailey were: Katherine Long (Cornell University), Jeremy Smith (Marist College), Haima Askari (University of Virginia), Ruiling Tu (University of Virginia), Melissa Bailey (Villanova University) Courtesy photo

Shorts...

Bailey is on Winning Team

Continued from Page 5

their knowledge and skills in a realistic situation using real-world data on Sustainable Cities and Communities.

Last month's competition included 400 students from 114 universities in 46 countries.

The 5 member teams were assembled via random draw from different universities.

Bailey's team is one of seven winning teams worldwide that are moving on to the Global Super Round in which a panel of prominent judges will identify the global winner.

"NASPAA-Batten was intense, but it was such a remarkable experience!" Bailey said afterward.

To have five students from different universities put their collaborative management and critical thinking skills together to develop sustainable city policies and implement across a diverse population is the ultimate test in identifying and understanding the

disparate impact of decisions in public policy administration. I still cannot find the words to describe being chosen as the site champion. I am just incredibly humbled and very thankful to Villanova University to have had this opportunity," she added.

In-Home Care Stems Risks

SHOALS—The CDC's recommendation is that older adults and those with chronic conditions practice social distancing as much as possible, Home health care can often provide the care needed without the need for seniors to leave home. In-home care removes the risk of unnecessary social interaction inherent in other healthcare settings. Keeping and treating patients at home also reduces the burden on in-patient and acute care facilities.

Kindred at Home is uniquely positioned to provide high-quality, compassionate healthcare to patients in their homes during the coronavirus pandemic. For nearly fifty years, Kindred at Home has been at the forefront of the home health industry, operating in 40 states with nearly 800 locations.

"We take our responsibility to care for our country's most vulnerable population very seriously. We are uniquely qualified to care for our country's seniors," said Vicki Tays, Branch Director

See SHORTS...Page 11

REASONABLE TREE SERVICE. Tree cutting, trimming, stump removal, free estimates, owner Gilbert Barga 256-314-1009 or 256-366-3539.

GOING OUT OF BUSINESS SALE

Volvo Tandem axle dump truck and trailer, D38P Komatsu Dozer, all in good condition. 256-366-0966.

CERAMIC TILE - NEW or repair. Any type. 256-810-4117.

FINISHING MOWERS, MANURE SPREADERS, Farm Equipment, Call 256-324-8042.

FREE CHAIR WITH ARM storage with phone charging capabilities. Florence 256-349-1033.

M.T.S. LAWN CARE
256-668-1732

WANT TO BUY: CARPORT Cover, RV Cover or any type of Shop Building that needs to be moved. Call 256-483-5206.

CONCRETE WORK- DRIVEWAYS, SIDEWALKS, curbs, slabs. No job too big or too small. 30 years of experience. Call Peanut, 256-980-2208.

ATTACHE CASE, HERTIAGE BLACK leather, 3 compartments + pockets, \$30. 256-321-0782.

I BUY JUNK OR UNWANTED TRUCKS, CARS, VANS
Paying Cash.
256-702-2067.

SELL IT FASTER WITH US!

Jeff Elledge

CREDIT CARS, INC.

2506 Woodward Ave. • Muscle Shoals
256-383-7979 • Cell: 256-710-3711
elledge.jeff@gmail.com



11 Ford Fusion
\$1000 DOWN

03 Buick LeSabre
\$1000 DOWN

05 GMC Envoy SUV
\$1000 DOWN

05 Honda Odyssey Van
\$1000 DOWN

01 Ford F150 PU
\$1000 DOWN

09 Ford Escape SUV
\$1000 DOWN

02 GMC Sonoma PU
\$1000 DOWN

04 Cadillac Seville
\$1000 DOWN

- \$700 Down to \$2,500 Down -

All-Green Tree Service

LICENSED • BONDED • INSURED

- Topping
- Trimming
- Removal



- Lots Cleared
- Stumps Removed
- 55' Bucket Truck

Credit Cards Accepted

27 Years

256-767-3519

Free Estimates

Doug Minton

Cell 256-710-8787

Northwest Alabama Leg Pain Specialists

Treating the Causes of Leg Pain, not just the symptoms.



Do you suffer from...

Restless Legs

Varicose Veins

Cramping

Aching

Swelling

Spider Veins

Burning

Tingling

Itching

Heaviness

Discoloration

Hair loss

Our team of experts, including a Board Certified Physician, specialize in the diagnosis and treatment of leg problems. We utilize the latest technology to get to the cause of the problem and develop a solution.

Let us help you get back to an active and healthy lifestyle!

For more information or to setup an appointment, please call 256-766-2310.

2095 Florence Blvd., Florence

Phone: 256-766-2310 • Fax: 256-768-9956



BANK HEALTHY, BANK HAPPY

Simply touch the screen at one of our ATMs to speak with a live teller!



Eliminate In-Person Contact, but Still Receive the Same Personal Service!

- Cash a Check
- Make a Deposit
- Make a Withdrawal
- Transfer Money
- Make a Loan Payment
- Ask Questions

Extended Hours:
Monday - Friday 7:30 a.m. - 8:00 p.m.
Saturday 7:30 a.m. - 2:00 p.m.

342136-1

EMPLOYMENT Opportunities

JOB OPPORTUNITY

MAINTENANCE TECHNICIANS AND SUPERVISOR

Gemstone Foods, LLC, a value-added food service and wholesale poultry supplier located in Florence, AL is hiring fulltime employees in our Maintenance Department. We offer a competitive salary, medical (BCBS), dental, vision and life insurance, in addition to other voluntary benefits. For supervisory role, 3-5 years maintenance supervisory experience preferred.

Duties

- Ensures operation of machinery and mechanical equipment.
- Troubleshooting malfunctions.
- Locates sources of problems.
- Removes, replaces or repairs defective parts.
- Determines changes in dimensional requirements of parts.
- Adjusts functional parts of devices and control instruments.
- Fabricates repair parts.
- Maintains equipment, parts, and supply inventory.
- Prepares mechanical maintenance reports.
- Installs electrical wiring and equipment.
- Repairs electrical equipment and control circuits; replaces faulty electrical switches; repairs refrigeration equipment.



Apply onsite at Gemstone Foods, LLC, 700 S Seminary Street, Florence, AL 35630
Gemstone Foods LLC is an equal employment opportunity employer.

STRONG BACK AND DESIRE to work outdoors? 3 hours - 2 days each week \$100. 256-767-1118. North Florence.

HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

NOW HIRING!

► **Concrete Mixer Driver** ◀
Must have Class A or B CDL's
Apply in person at:
Bama Concrete
602 Ford Rd.
Muscle Shoals, AL

DIETARY DEPARTMENT POSITION PART TIME

Flex Shifts - Work hours will vary:
7am-3pm • 2:30-8:30pm • 4-8:30pm

Lauderdale Christian Nursing Home

2019 County Road 394, Killen
Located in Greenhill off Hwy 43 N (turn by Fuel Co onto County Road 394)
To arrange a time to fill-out an application and be interviewed,
Call Mrs. Bogus at 256-272-6014 or email: dbogus@lcnh.org
NO walk-ins allowed at this time

TRUCKING
GABRIEL
CLASS A CDL DRIVERS NEEDED
For Southeast and Midwest Runs
No East Coast or West Coast Runs
Home on weekends • Brand New Equipment
• Paid Vacation • BC/BS & Pension Plans
Must have 3 years OTR experience

POSSIBILITY TO EARN \$75 TO \$100K ANNUALLY

\$1,500 SIGN ON BONUS

Call for info: 256-712-5569

L.P.N. POSITION FULL TIME

3-11pm shift - Excellent Benefits / Competitive Salary

Lauderdale Christian Nursing Home

2019 County Road 394, Killen
Located in Greenhill off Hwy 43 N (turn by Fuel Co onto County Road 394)
To arrange a time to fill-out an application and be interviewed,
Call Mrs. Kelley at 256-272-6012 or email: mkelley@lcnh.org
NO walk-ins allowed at this time

Earn \$600 to \$800 per month Extra Cash!

Improve your household income in only a few hours each day, five days a week, by delivering the Times Daily. Start saving, pay off your car, pay rent or mortgage, you decide! Routes available in the following areas:

Muscle Shoals
Contact Roy Foust 256-740-5782 Roy.Foust@timesdaily.com

Russellville
Contact Candi Frederick 256-740-5774 Candi.Frederick@timesdaily.com

Florence
Contact Jerry Cannon 256-740-5779 jerry.cannon@timesdaily.com

Leave message with your home phone number.

Earn \$800 to \$1400 Extra Cash!

If you're looking to jump start your savings or pay a few bills, here is your chance.

The Decatur Daily is now accepting applications for carriers in the following area:

- **Decatur**
Contact: Laura 256-345-4840
- **Hartselle/Cullman**
Contact: Mabelle 256-227-7807
- **Moulton Town Creek**
Contact: Betty 256-612-3699
- **Priceville/Somerville**
Contact: Greg 256-497-0515

SHOP SMARTER

Buy Local, Sell Local

Advertise in the Courier Journal

SEE PAGE 6 FOR DETAILS

OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

coolsculpting

FREEZE AWAY STUBBORN FAT
#1 NON-SURGICAL FAT REMOVAL

TREAT YOURSELF THIS TAX REFUND SEASON

YOU DESERVE IT.

HELPING HANDS

256.712.5028 | 426 West College St. | Florence
Across from Infants & Children's

Call Stacy 256-712-5028 for Appointment!

AS BOTH OF YOU KNOW, I HAVE A BIT OF A FASCINATION with scams, hoaxes, and misinformation. I love figuring out how they work, how people fall for them, and why people believe silly things. The popularity of these things ebbs and flows with the current events whether that be national elections, tax seasons, and major news stories such as the surreal world we inhabit at the moment.



Jim Fisher

So many of my social media friends are sharing stuff that is so easily debunked. Even my otherwise really smart friends (lawyers, doctors, successful business people) are sharing information that is demonstrably

Flatten the Curve of Misinformation

by "The Computer Skeptic"

false. So here are a couple of examples of the silliness that my friends are sharing and how I know they are wrong.

One popular conspiracy theory is that COVID-19 was created by some guy here in the US and given to China in order to destroy the US economy so that China can take over the world. This stems from a conspiracy report that US authorities arrested Dr. Charles Lieber, a Harvard professor and one of the leading chemists in the world. The truth is that Dr. Lieber received lots of money from the US government

for research in "nanoelectronics." Turns out, he also received some funding from Wuhan University of Technology China (Bum-bum-BUMM -- The epicenter of the Covid19 outbreak!). Federal law requires researchers that receive Federal funds to disclose funding from foreign governments. The short story is that the professor hid the Chinese money then lied to the FBI about it so now he sits in a jail cell awaiting trial. His research had nothing to do with viruses. Scientists who actually study the genome of the COVID-19

virus have conclusively proven that this thing came from a mammal, probably a bat. The sad fact is that scientists have been predicting a pandemic like this for decades and it finally happened.

Another one that gets me fired up is a conspiracy theory that the new 5G cellular technology is somehow exacerbating the COVID19 virus. This conspiracy stems from the fact that 5G was being rolled out in Wuhan, China just as the virus was coming on the scene. The same coincidence played out in other major cities all over the world. People in the U.K. have even started burning down 5G towers because they thought it was transmitting the virus. I'm not going to call these people dumb because every time I do that the Universe smites Yours Truly with some circumstance that makes me

question my own intelligence. But, y'all, biological viruses can't be transmitted by radio waves. Really. I promise.

Our brain searches for patterns. That's what helped our ancient ancestors pick out a lion in the jungle. But that ability also leads to conspiracies that see causation where there is only the weakest correlation. So I hope my readers will take the time to do a little research before they share these conspiracies. This thing we're experiencing is going to require that we all use all our brain cells.

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com

Excel computer services
Excellent Service, Expert Advice
1909 Florence Blvd., Florence
(across from Hobby Lobby) 256-767-3337

I BUY JUNK AND repairable vehicles and catalytic converters. Call Michael 256-702-8400

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

GRASS CUTTING, WEED EATING, edging, FREE Estimates, Call 256-335-9193

24 FOOT PONTOON BOAT with Johnson 110 motor. Deck has been replaced. Asking \$3,500. Call 256-483-2271.

ADAYS WORK HOME/ MOBILE Home remodel/ repair, handyman jobs, ceramic tile, decks, all flooring, sheetrock, painting, roof repair, Kool Seal, underpinning, much more. Call 256-856-6213 or 256-389-3179.

2007 KEYSTONE LAREDO, ONE slide, no bunk beds, 30' new tires, 4-5 people. 256-710-9003 call/text.

FORD: F-250, 1996 \$3,999. 4X4 Power Stroke 7.3 Turbo Diesel Super Cab XLT 174,000 miles. 256-229-6394

I BUY CAMPERS, TRAILERS & MOTOR HOMES

All Types. Ready to go, or if they need work.

for
\$\$ FAST \$\$
\$\$ CASH \$\$

Call Lawrence
931-242-3135
(local number)

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

CHAIN LINK FENCE: I will remove your chain link fence for FREE. Call 256-627-9073.

PRESSURE WASHING HOUSES, DRIVEWAYS, decks, fences and boat houses. Free estimates. Avg home for \$100. 256-762-1271.

THE COURIER JOURNAL - We're Good For Your Business!

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

I BUY JUNK OR UNWANTED cars, trucks, vans, buses, catalytic converters. Call 256-810-1221

SHOWERS FOR VETERANS You may qualify for a grant up to \$6,800 for a walk-in shower with a seat and grab bars, if you have a 50% or more service related disability. Your safety is our priority. Call Patrick for more information 256-275-8161

FREE ESTIMATES FOR FUSE OR BREAKER PANEL IMPROVEMENTS

Call Tracy at American Electric in Florence, AL. Over 30 years experience. Affordable and dependable. Locally and veteran owned, 256-710-2856.

BUICK: LUCERNE, 2008 \$8,250. CXL, Special Edition, Pearl White, Tan Leather, 61K actual miles, excellent condition. 256-527-2125.

RED LINE YOUR ADS. SEE PAGE 6

\$70

GET UP TO A

GENERAL TIRE

REWARD CARD

WITH THE PURCHASE OF 4 QUALIFYING PASSENGER GENERAL TIRES

Eligible Tires:

- ▶ **\$50 AitiMAX™ RT43 RELIATREK™**
- ▶ **\$70 G-MAX™ AS05 G-MAX™ RS**

HASSLE-FREE. GUARANTEED.™

TIRES ONLY

3911 Cloverdale Rd | Florence
256-718-1550

STEPHENSON TIRE PROS

1954 Florence Blvd | Florence
256-767-4414

TIRE PROS OF KILLEN

1075 Hwy 72 | Killen
256-272-5032

FREDERICKSON'S TIRE AND APPLIANCE TIRE PROS

601 S Montgomery Ave | Sheffield
256-383-7992

*MAIL-IN REBATE WITH PURCHASE OFFER: VALID ONLY WITH QUALIFIED PURCHASE MADE IN THE 50 UNITED STATES, D.C., OR PUERTO RICO BETWEEN 03/01/2020 AND 04/30/2020 OR WHILE SUPPLIES LAST. VOID WHERE PROHIBITED BY LAW. NO RAIN CHECKS. VALID WITH THE ORIGINAL, DATED, PAID RECEIPT FOR THE PURCHASE OF FOUR (4) NEW QUALIFYING GENERAL BRANDED TIRES FROM A PARTICIPATING RETAIL DEALER AND A COMPLETED REDEMPTION FORM. OFFER MAY NOT BE COMBINED WITH ANY OTHER OFFER, DISCOUNT, REBATE, OR PROMOTION. TIRES MUST BE PURCHASED IN A SINGLE TRANSACTION. OFFER FORM MUST BE POSTMARKED OR SUBMITTED ONLINE BY 05/31/2020. OFFER NOT VALID ON PURCHASE BY WHOLESALERS, DEALER, FLEETS, OEM CUSTOMERS, OR OTHER COMMERCIAL ENTITIES OR ON RETURNED. WILL BE DEDUCTED FROM THE AMOUNT OF YOUR AVAILABLE BALANCE. CARD WILL BE ISSUED IN THE NAME ON THE REDEMPTION FORM ONLY. EXPIRATION DATE OF CARD IS STAMPED ON THE FRONT OF CARD. SUBJECT TO APPLICABLE LAW. CARD IS NON-TRANSFERABLE. VISIT WWW.GENERALTIRE.COM FOR REDEMPTION FORM AND COMPLETE OFFER CONDITIONS AND RESTRICTIONS. WARNING: TAMPERING WITH, ALTERING, OR FALSIFYING PURCHASE INFORMATION CONSTITUTES FRAUD AND COULD RESULT IN STATE AND FEDERAL PROSECUTION. FRAUDULENT SUBMISSIONS WILL NOT BE HONORED. ALL DECISIONS MADE BY GENERAL TIRE (OR ITS AUTHORIZED REPRESENTATIVES) REGARDING THE VALIDITY OF ANY SUBMISSION ARE FINAL AND BINDING. GENERAL TIRE RESERVES THE RIGHT TO REQUEST ADDITIONAL INFORMATION TO SUBSTANTIATE CLAIM.

342005-1

Commentary

The Real Tools of Racial Devastation

Poor Mike Leach. . . The guy just wants to coach college football. The new Mississippi State head coach was bored like many others in recent weeks. So, he sent out a tweet which read, "After 2 weeks of quarantine with her husband, Gertrude decided to knit him a scarf..". The tweet included a 50-70 year old B&W photo of an elderly white woman knitting her husband a noose-shaped scarf. It wasn't laugh-out-loud funny. However, one could easily understand that the image pertained to a generation that would never have considered divorce an option. I can hear it now... "Divorce him, why no, but I've thought about killin' him!" In that vein, the visual element is witty.

The problem is that Leach *ain't from around here*. He didn't realize that the liberal southern social justice warriors would run with such an innocuous image. Otherwise, he would have known that liberal blacks own the rights to any image of a noose anywhere, even one that is created with knitting needles.

When it comes to the game, Leach is great for football fans and the media. His teams entertain and score points. He is not afraid to share his dry sense of humor with a straight face, and he is usually forthcoming on media questions that often elicit canned responses from most other college coaches.

However, as a white male with conservative leanings, he is now going to be considered out of bounds if he is even seen buying rope off the spool at Lowe's.

The Cody, Wyoming native came to

See **REAL TOOLS..** on Page 22

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the

Shoals

April 15, 2020

Happening
THIS WEEK

NW-SCC Registration Going Exclusively ONLINE

www.nwsc.edu/2020-summerfall-registration

MUSCLE SHOALS Northwest-Shoals Community College is beginning summer and fall registration in a different way this week.

Advising and registration is being conducted exclusively

online as of Monday, April 13 for students with 30+ earned hours.

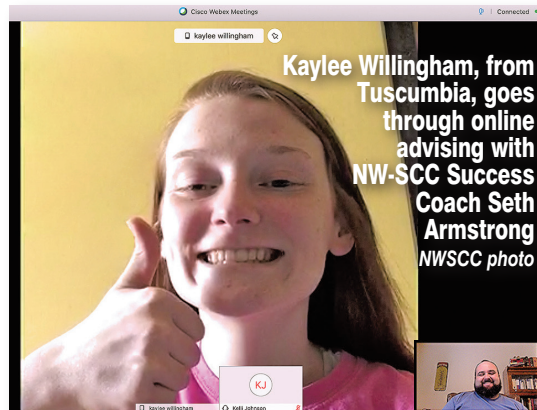
Registration begins for students with fewer than 30 earned hours on April 15. Registration will begin for new students on Monday,

April 20.

Summer classes begin Tuesday, May 26.

NW-SCC is working to make decisions that are in the best interests of the health,

See **REGISTER...on Page 21**



Kaylee Willingham, from Tusculumbia, goes through online advising with NW-SCC Success Coach Seth Armstrong
NWSCC photo

FLORENCE-LAUDERDALE PUBLIC LIBRARY

members can watch free movies and TV shows through Kanopy! Visit flpl.kanopy.org to get started. Log in with your library card number and pin (which is the last four digits of your phone number). Then create an account to start watching. This access is available until May 8.

FLORENCE-LAUDERDALE PUBLIC LIBRARY

also will be talking about movies every Thursday at 11:30am on its Facebook page! The Avengers Thursday, April 16, at 11:30am on Facebook Live. Join Dr. Brenna Wardell to discuss the first Avengers film (2012), directed by Joss Whedon - <https://www.facebook.com/FLPLibrary/> to add your own questions or comments or watch later at your own convenience.

The film is available to stream for free for those with subscriptions to Disney+, Amazon Prime, or Hulu Live TV, or to rent through most on-demand streaming services.

Upcoming Film Discussions (Thursdays at 11:30am)
April 23 - Jaws (1975) with speaker Stephen Melvin
April 30 - Casablanca (1942)
May 7 - Fargo (1996)
May 14 - Singin' in the Rain (1952)

Guest Op-Ed from Alabama Policy Institute

COVID-19 Restrictions Unfairly Choke Small Business



When Mark and Susan Anderson were required by a statewide mandate to close the doors of their Dothan clothing and outdoor gear store, Eagle Eye Outfitters, they felt like it was a necessary sacrifice for the good of public health. By limiting retail shopping to essential items such as groceries, prescriptions, and fuel, the Governor's order takes a great many people off the streets.

Hopefully, this slows the spread of the rampant COVID-19 virus. But the closure is incredibly painful for owners like them. It has forced them to furlough more than 150 employees, and the



DANA HALL MCCAIN
API Resident Fellow

massive loss of revenue will leave a mark on their business for years.

The Andersons don't understand how it's fair for one of their local competitors, the national chain Academy Sports and Outdoors, to continue selling the same types of apparel and outdoor gear.

In this case, the loophole for Academy is their small firearms counter. Guns and ammunition are considered essential under the current order. Therefore, Academy and others who carry firearms have

See **CHOKING... on Page 25**

YOUR

Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.)

Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers. Please submit typed or neatly written letters to:
Editor-Courier Journal

- by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
- e-mail: editor@courierjournal.net
- FAX- 256-760-9618

Relinquishing Liberties

Editor:

In the atmosphere of fear of the virus perpetrated by the Mainstream Media and the Democrats push of their social agenda, are Americans relinquishing their liberties? We are told for our own good and for that of the country that we are to limit numbers in gatherings, close our churches (when God is needed), snitch on businesses and individuals who don't comply, etc. In many states, governors have ordered gun stores closed, for public safety. Whoops, there just went the First and Second Amendment rights! It is not to say that social distancing and other common sense suggestions to limit the spread of a very infectious disease should not be practiced. However, some orders by our elected leaders don't sound constitutional.

The Administration has issued guidelines which are suggestions. Governors issue executive orders to protect us. Some state governors have even decreed what medications doctors may prescribe in their effort to save lives. Governors pick which businesses to allow to stay open, while

designating which businesses are non-essential and must close. Ironically, state offices and businesses (ABC stores closed, while private liquor stores are open) are closed.

How many more orders and restrictions will be issued by government to keep us safe? How many more investigations to discredit the Administration do the Democrats think Americans want? Let us defeat this virus without partisan BS and relinquishing the liberties enshrined in our constitution. Let us follow the rules and common sense and with God's help, we will prevail. America must

Current burial and cremation facilities will probably be overwhelmed like the hospitals...



and will get back to being operational. Liberties must be resumed before they are lost forever.

John Lee
Florence

It's Ballot Harvesting

Editor:

Washington Post columnist, E.J. Dionne, in his column that appeared in the April 9 *Times-Daily*, accuses our president of attempting to use the coronavirus pandemic to tilt electoral outcomes. This is a favorite tactic of the communists which is often employed by the Democrats - accusing others of what they themselves are doing. The Democrats want the mail-in ballots so that they can engage in a form of ballot harvesting. Their insistence on mail-in voting has the same motive as their resistance to voter ID laws and border control. Illegals are voting in our elections and they no doubt vote largely for Democrats. California

See **LETTERS...on Page 16**

Shorts...

In-Home Care Stems Risks

Continued from Page 7

of Kindred at Home. "Every day our aim is to provide the best patient care and service, and this pandemic only heightens our commitment to care."

Kindred at Home of Alabama has served the Shoals area for more than 30 years with services that included skilled nursing, physical, occupational and speech therapies, social work, disease management education, help with daily living activities as well as other therapies and services.

For more information, contact Vicky Tays, Branch Director of Kindred at Home Florence at 256-764-9001 or visit the agency's website at www.kindredathome.com.

State's Covid-19 Resource

MONTGOMERY – Governor Kay Ivey last week announced the launch of altogetheralabama.org, an online resource that will serve as a hub of information for the state's response to the coronavirus crisis.

The site becomes the state's official guide to COVID-19 relief efforts. It will help empower those impacted by the outbreak and those who want to offer support.

"We wanted to quickly create a trusted resource that centralizes information, resources, and opportunities for businesses and individuals in need of support," said Ivey. "We are all in this together."

The website is designed to be a comprehensive guide to aid in navigating all issues related to the COVID-19 response. Individuals and business owners can seek help and identify state and federal resources that can provide a lifeline in the form of low-interest loans and financial assistance.

Tie a Ribbon of Hope

MONTGOMERY – Governor Kay Ivey last week announced her "Ribbons of Hope" campaign at a ceremony at the Alabama State Capitol. During

See SHORTS...Page 13

WANT TO BUY SMALL or medium chest type freezer, call 256-350-3019 Decatur

LIKE TO DIG PLANTS around old home places? Come **DIG HERE!** 256-767-1118.

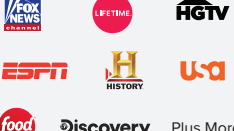

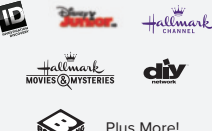
FENCING BY JASON SMITH: Wood, Chain link, Gate Operators, Free Estimates, 256-640-2278

WHEEL CHAIR, LIKE NEW, \$300 OBO, 256-226-7218 Decatur area

Spring into savings with Shoals Satellite.

Get the best value, service, and technology in TV.



190 CHANNELS	190+ CHANNELS	240+ CHANNELS
<p>AMERICA'S TOP 120</p> <p>All-Time Favorites and Locals</p>  <p>\$59⁹⁹ /MO.</p>	<p>AMERICA'S TOP 120 PLUS</p> <p>Everything Sports</p>  <p>\$74⁹⁹ /MO.</p>	<p>AMERICA'S TOP 200</p> <p>Everything Sports and Entertainment</p>  <p>\$84⁹⁹ /MO.</p>
<p>MOST POPULAR</p>		


RSN surcharge up to \$3/mo. applies and varies based on location.

RSN surcharge up to \$3/mo. applies and varies based on location.

All packages include:

Voice Remote with Google Assistant and Smart HD DVR

All offers require credit qualification, 2-year commitment with early termination fee, and eAutoPay. Prices include Hopper Duo for qualifying customers. Hopper, Hopper w/ Sling, or Hopper 3 \$5/mo. more. Upfront fees may apply based on credit qualification. The DISH Voice Remote with Google Assistant requires internet-connected Hopper, Joey, or Wally device. Customer must press Voice Remote button to activate feature. Google is a trademark of Google LLC.



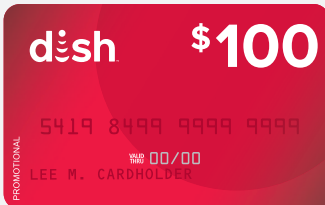
Turn your home into a Smart Home with Shoals Satellite.

The Google Nest Hello video doorbell is now compatible with the Hopper® 3 - so you can see who is at your door without leaving your couch.

Nest Hello video doorbell is a registered trademark of the Nest Labs, Inc. Google is a trademark of Google LLC.

Get a \$100 gift card with purchase.

Ask us how!



Gift card courtesy of Shoals Satellite Sales & Service, Inc.

Plus, ask us about high-speed internet options!

Shop local for superior customer service today!

The Wrights, serving the southeast's entertainment needs since 1958.



Shoals Satellite Sales & Service, Inc.
(256) 203-9664
 414 Highway 43 South • Tusculumbia, AL 35674
ShoalsSatellite.com



Offer for new and qualifying former customers only. Important Terms and Conditions: Qualification: Advertised price requires credit qualification and 24-month commitment. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. Offer ends 7/15/20. 2-year commitment: Early termination fee of \$20/mo. remaining applies if you cancel early. Included in 2-year price guarantee at \$59.99 advertised price: America's Top 120 programming package, local channels, HD service fees, and Hopper Duo Smart DVR for 1 TV. Included in 2-year price guarantee for additional cost: Programming package upgrades (\$74.99 for AT120+, \$84.99 for AT200, \$94.99 for AT250), monthly fees for upgraded or additional receivers (\$5-\$7 per additional TV, receivers with additional functionality may be \$10-\$15). Regional Sports: RSN surcharge up to \$3/mo. applies to AT120+ and higher packages and varies based on location. NOT included in 2-year price guarantee or advertised price (and subject to change): Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. Remote: The DISH Voice Remote with Google Assistant requires internet-connected Hopper, Joey, or Wally device. Customer must press Voice Remote button to activate feature. Google Assistant Smart Home features require Google account and compatible devices. Google is a trademark of Google LLC. Other: All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., if selected, you will be billed \$9.99/mo. for DISH Protect Silver unless you call to cancel. After 2 years, then-current everyday prices for all services apply. For business customers, additional monthly fees may apply. Free standard professional installation only.

PREM_25547

345088-1

HOME IMPROVEMENTS, DOORS, TRIM, windows, repair, siding, decks, and more! Honest, dependable, professional carpentry, 43 years experience. **James Stewart 256-394-4162**

BUYING SILVER COINS 1964 or before. Paying .80 cents each for dimes; quarters \$2 each; halves \$4 each. North Florence Coins, Seven Points Shopping Center 256-764-0008

VETERAN'S COLBERT MEMORIAL GARDEN of Honor double-depth plot for vet and spouse. Vault included. \$3,600 (retail \$4495). Call or text 256-412-5217.

NEED CASH? WE ARE buying vintage toys GI Joe, Ghost Busters, He-Man, Ninja Turtles, and others, video games, and PRE-1975 sports cards only. Please call 256-690-1060.

Remotely...

Continued from Page 1

instruction. "Technology has made it easy for us to adapt quickly," said Corsbie. "Our Power5 students have been able to continue their on-the-job training as I inspect their work live through FaceTime."

The Power5 HVAC Apprenticeship Program prepares students for a career in HVAC by synchronizing related technical instruction at NW-SCC and on-the-job training at a sponsoring local business. Currently, the Power5 HVAC program has 14 sponsoring businesses with 23 student apprentices.

According to Corsbie, he began corresponding with his students through FaceTime as a way to check in with them. However, it quickly turned in to a personal lecture for each student. They in turn, posed different questions related to their job. "One of the best things that has resulted from this difficult situation is that several of my students are more engaged now," said Corsbie. "Through FaceTime and the one-on-one lectures, some are asking questions that they would not ask in the classroom setting out of embarrassment."

The Alabama Community College System (ACCS) and the Alabama Office of Apprenticeships have identified the NW-SCC Power5 HVAC Apprenticeship Program as the first competency-based model for HVAC apprenticeship. Other apprenticeship programs in the state are time-based so that apprentices only advance once a certain amount of time passes. The competency-based model requires students to prove mastery of a set list of skills. As students progress, their wage will increase. The competency list, wage progression, and apprenticeship standards can be used as a model for other colleges on the state and national level. The ACCS visited the Shoals campus in March to shoot an apprenticeship training video for community colleges across the state.

For more information on the NW-SCC Power5 HVAC Program, contact Alisyn Jackson at alisyn.jackson@nwsc.edu.



NO VISITORS AT THIS TIME

by order of Governor Kay Ivey and the
Alabama Department of Public Health
(March 19, 2020)

Exceptions:

One visitor per patient will be permitted in extraordinary circumstances, including maternity, pediatrics and end-of-life care.

Medical screenings for fever will be performed on all approved visitors. Persons with a temperature of 100.4° or greater will not be allowed to enter.



SEPARATE & SANITIZE



**Helen Keller
Hospital**

ANTIQUA WATER PUMP LAMP, black, \$45, leave message, 256-714-5879 Huntsville area.

FREEDOM LAWN CARE: WE provide lawn mowing services & landscape cleanups, call 938-222-1757 now for a free estimate!

GUTTER GUARD SPECIAL, GUTTER Clean Out, Gutter Guards, Seamless Gutters. Gutter Works 256-394-3497

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

Shorts...

Tie a Ribbon of Hope

Continued from Page 11

the duration of the COVID-19 (Coronavirus) pandemic, Governor Ivey encourages the people of Alabama to tie ribbons around a tree or pole in their front yard as a symbol to remind everyone to pray for medical personnel, first responders, and for one another.

Tying ribbons around a tree, mailbox, or fixture in a front yard will be called "Ribbons of Hope." "These will symbolize faith, hope, love and prayer. During these unprecedented times, Governor Ivey hopes these simple gestures will create unity among us and become a beacon of encouragement for everyone who sees them.

Community Action Grant

MONTGOMERY — Governor Kay Ivey has awarded 14 grants totaling \$2.9 million to assist low-income and elderly residents with improvements to their homes to lower energy costs and improve home safety.

S&S PRESSURE CLEANING, VINYL siding, concrete, gutters, windows, decks, fences. Free estimates. 256-627-5390

The grants support Alabama's Weatherization Assistance Program which provides funds to keep homes warmer in the winter and cooler in the summer and makes them more energy efficient. The grants target the elderly, people with disabilities, and low-income families with children.

Qualified homes are assessed to determine the most cost-effective energy efficient measures. Applicants should contact Community Action Agencies responsible for the programs in the respective the counties served.

• \$107,309 to Community Action Agency of Northwest Alabama (Colbert, Franklin and Lauderdale) 256-766-4330.

GRASSMASTERS LAWN CARE, QUALITY work, low prices. Call us today for free estimate! 256-577-0202, Shoals area.



FORD: TAURUS SES, 2001 \$4,900 firm, white, excellent condition, only 57,000 miles, tires like new, 256-436-8755

STAY STRONG AND STAY SAFE SHOALS.

We will all be back soon and better than ever!

Your friends at...

THE BLUE DOOR THRIFT STORE

4129 Helton Dr., Florence

STORE TEMPORARILY CLOSED

FAST CASH TITLE LOANS



RANDY FRETWELL

Come See Randy and He Will Beat any Title Loan Company's Interest Rates!! No Hidden Fees!

256-386-7999

2401 Woodward Ave., Ste B • Muscle Shoals, AL 35661

All Around Cleaning

Weekly, Bi-Weekly & Monthly Cleaning

- Homes • Businesses
- Basic & Deep Clean
- Pressure Washing
- Windows • Carpet
- Clutter Clean Out

~ FREE ESTIMATES ~

Call Anthony or Kristy

256-275-2903 • 256-284-0999

allaround024@gmail.com

Twin States Bathtub Repair, LLC



We Repair All Types of Tubs, Holes, Chips, Cracks.

We Also Refinish Tubs & Ceramic Tile

256-577-5128

1300 York Drive • Rogersville

Randy Hannah randyhannah100@gmail.com

Facebook: @twinstatesbathtubrepair

Your Video Tapes Are Ruining!!

They have a shelf life! Transfer to DVD before they are gone!



Data Video 256-710-0292

Old Home Movie Film to Pro-Grade DVD

- Video Tape Transferred to Pro-Grade DVD
- Transfer: VHS, VHS-C, 8 mm, Beta, Mini DV Before They Age and Ruin.
- Music CDs From Cassettes/Albums

PARK PLACE

A Community of Family & Friends



NOW LEASING APARTMENTS:

Studio - Deluxe Studio - 1 & 2 BR

SENIORS WELCOME

UTILITIES - CABLE - LAUNDRY FACILITIES INCLUDED

Amenities: 24 Hr. Surveillance - Weekly Transportation to Shopping Activities - Media/Family Center- Social/Religious Events- Daily Activities- On Site Library- Activity Room- Monthly Musical Events

Optional Services: Housekeeping-Daily Meal Plans

On Site Conveniences: Rhoda P's Restaurant, Loraine's Boutique, Park Place Guest Suites (Nightly Rentals), Sheila's Flower Boutique, Elder Care Attorney, The Salon@ Park Place, Dr. Billsby, Banquet Facilities, Just Talk Counseling Services

Park Place is conveniently located to all downtown Sheffield Businesses and attractions. Just minutes away to Riverfront Park and Boat Ramp, adjacent to the Tennessee River.

For Leasing Info call 256-386-5504 ext.3

or Tina Grosch 256-320-3141

500 N. Montgomery Ave., Sheffield

BUY HERE • PAY HERE

National Advance
AUTO SALES
256-767-3705

Larry Knight
Sales Manager

At National Advance Auto Sales we understand that everyone NEEDS transportation. We specialize in helping those who have been denied Credit, turned down for a loan and need a SECOND CHANCE. Stop by and see me Larry Knight. I will work with your Unique circumstances to find an affordable, reliable car for you. Come out to 3641 Cloverdale Road Florence Alabama or give me a call 256-767-3705.

DOWN PAYMENTS \$700-\$2,500

<p>2012 Chevy Sonic LTZ</p> <p>\$99/week WAC</p>	<p>2013 Chrysler 200</p> <p>\$99/week WAC</p>	<p>2013 Dodge Calibur</p> <p>\$99/week WAC</p>
<p>2011 Mitsubishi Lancer</p> <p>\$90/week WAC</p>	<p>2016 Nissan Versa</p> <p>\$90/week WAC</p>	<p>All Vehicles Have A Warranty 24 months OR 24,000 miles</p> <p style="color: red; font-weight: bold; border: 2px solid red; border-radius: 50%; padding: 10px; display: inline-block;">REPOS, BANKRUPTCY, NO PROBLEM!</p>

SERVICE DEPARTMENT OPEN TO THE PUBLIC

BEST PRICE IN TOWN on getting all your vehicle repairs done. Come give us a try and enjoy all the money you can save by using us!!!!!!

www.nationaladvanceautos.com

3641 Cloverdale Rd. • Florence



2400 E Avalon Ave, Suite A • Muscle Shoals, AL 35661
 (Entrance is on the east side of the building.)
www.avalonmedicalshoals.com • 256-386-0808

- Born/raised in The Shoals
- Undergrad degree from Birmingham Southern College
- Local EMS experience
- Medical degree from UAB
- Residency completed at University of Mississippi Medical Center
- 6+ years of hospitalist experience
- Hospital privileges at Shoals Hospital and Helen Keller Hospital

Proud to serve you, your families, and our community!

Adam Isbell, M.D.
 Board Certified in Internal Medicine



Join Us Online At courierjournal.net

VACUUM CLEANER REPAIR, MOST makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

WHITLOCK REMODELING

Floors, Laminate, Glue Down, Floating Floors, Painting, Interior, Exterior, Windows & Doors, Drywall Finishing, Re-finishing, Hanging, Kitchens, Bathrooms, Vinyl Siding, Porches, Ceramic Tile, etc. **Senior Citizen Discounts 256-381-7762, 256-349-3703 or 256-291-6603 Owner Corey Whitlock, Licensed & Bonded.**

BB RED GAME CHICKENS 1 male rooster and 1 female hen, \$30/both 256-410-3364 (Moulton).

BEAUTIFUL KITTENS: MAINE-COON MIX, long fur, tri-colored, six weeks old, litter box trained, \$75, 256-767-4405

CABINET AND MINOR HOME REPAIR: Replace drawer slides, doors, etc. Soffits, fascias, trim work, etc. 256-284-5889

TRACKER 16' BOAT, 4 stroke, 30hp, excellent condition, with extras, \$7,000 OBO. Call 256-272-0033, Killen

ASK THE ATTORNEY

A CAUTIONARY TALE



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, P.C. as a service to the residents of NW Alabama.

I talked to a super nice guy yesterday who had not been well served by the justice system. I hope everyone who reads my column knows that my goal is for people to avoid legal problems and avoid injuries. If you have a legal problem my position is that you should hire a lawyer competent in the field you find yourself in. If it's a personal injury case, I hope you call me. If you have a commercial real estate transaction, call a lawyer who does those day-in and day-out, so on and so forth.

This particular gentleman had financed an automobile that was fairly expensive through a bank. The bank neglected to obtain the title to the

vehicle he was financing and therefore could not give him the title to the vehicle. He sued the bank without a lawyer. I think this guy is intelligent and hardworking, but he failed to appreciate that banks have money and good lawyers.

He wrote his own complaint. He sued them for everything he could think of which included things you can't sue for and failed to include a specific claim for breach of warranty under the uniform commercial code. I think he was diligent about his claim but didn't sue for the right thing. This was made worse by the fact that he didn't understand that the rules of procedure can cause you to lose an otherwise good case. Any competent lawyer would have made the bank provide the title to the car in which they were taking a security interest.

The bank lawyers filed a motion for summary judgment. This requires a response within a certain time and is made under oath. If you miss the deadline or your evidence is not admissible, the court really doesn't have much discretion whether or not to grant the judgment. I think most good judges would tell a person who did not have a lawyer that they should go hire a lawyer. They would probably even continue the hearing on the motion to allow that, although they certainly don't have to and not all judges would.

Not realizing that he lost in 2009 or so, he has continued to litigate his case. There is nothing that a court can do after 30 days because the court loses jurisdiction after 30 days. There are exceptions to this rule but they don't fit here.

My point is that a well prepared person can handle a case in small claims court but outside of small claims court, you better have a lawyer.

Buckle up, drive safely, wash your hands and as always your referrals are appreciated!

Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: www.mhatty.com

facebook: McCutcheon and Hamner, P.C.



MCCUTCHEON & HAMNER
 ATTORNEYS AT LAW

We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.

No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.

**10 QUESTIONS.
 6 MINUTES.
 \$13 BILLION
 FOR OUR STATE.**

**COMPLETE YOUR CENSUS
 AT MY2020CENSUS.GOV**



Don't call some 800#, call us!

Know the LOCAL faces behind the phone call.

While you avoid face to face contact during the Coronavirus, you can still depend on us for MEDICARE assistance over the phone.

Medicare over the phone is dangerous if you don't know who you are dealing with... so we encourage LOCAL people to deal with LOCAL people, especially when taking care of services over the phone.



Friendly faces of LOCAL agents ready to assist with your MEDICARE needs: (listed L-R)

- Hope Stamps Buttrum | Anah Fowler | Lee Fowler | Ikey Fowler
 Erica Vaughn | Beverly White | Marie Lewey | Jeff Stewart
 Marianna Honeycutt | Mark Sanderson | Paul Sanderson | Kay Holland

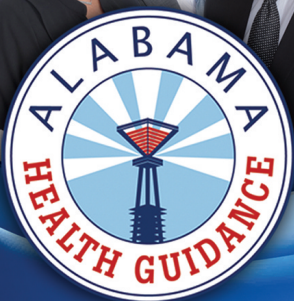
OUR PHONE SERVICES INCLUDE:

- Medicare Education
- Medicare Insurance Enrollment
- Medicare Drug Plan Assistance
- Low Income Benefits
- Customer Service to the policies you have with us

885 Florence Blvd, Florence • 130 S Poplar St, Florence • 410 S Wilson Dam Rd, Muscle Shoals

www.AlabamaHealthGuidance.com

256-648-5710



QUALITY FOUNDATION

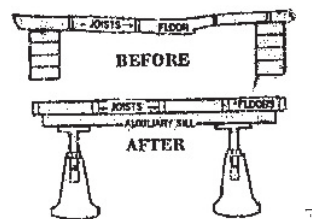
And All Types of Home Improvement

Home Owned & Operated in the Shoals by Wayne Lawhorn
Let Us Add Stability to Your Flooring

FREE Estimate

31 YEARS EXPERIENCE
 Licensed • Bonded • Insured

256-767-5258



Solid Steel Jacks







Home-Owned, Home-Operated



**Hormel Natural Choice
WHOLE BOSTON BUTTS**

\$1.29

Lb.



Preferred Angus T-BONE STEAKS Family Pack

\$6.99

Lb.

Red Ripe
SLICING TOMATOES
Lb.



\$1.19

California Iceberg LETTUCE Head



\$1.29



Frozen BONELESS SKINLESS CHICKEN BREAST

\$1.59

Lb.



Covered Wagon BACON

\$14.99

10 Lb. Box

ATTENTION:
VALUED FOODLAND CUSTOMERS

First of all we want to thank everyone of you for patience and your continued support thru this very difficult time for all of us.

Our grocery supply continues to be very strained from manufacturers' trying to get caught up on many essential items for our stores and our parent company Mitchell Grocery is working extremely hard in fulfilling our needs in these stores.

Our teammates continue to work long and hard hours serving our community and assure you we will continue to provide the best customer service possible.

We are featuring a few select ad items for this week. **We will have many more in-store promotions** to go along with the ad. Unfortunately, some of these items may still be limited and therefore we will not be able to issue any rain checks on items that may end up out of stock.

Again, we thank each of you for your continued support.

*Sincerely,
Foodland Grocery Store*

Dr. Pepper, Sprite Or
COCA-COLA 6 Pack .5 Liters Or
Aha Seltzer FLAVORED
WATER 8 Pack 12 Oz. Cans
MIX & MATCH



3/\$9



POWERADE

89¢

28 Oz.

Kraft Original Or
Sweet Honey
BBQ SAUCE
18 Oz.



4/\$5

Vlasic
HAMBURGER
DILL SLICES
46 Oz.



2/\$5

Golden Flake
CLASSIC MIX
18 SINGLE
VARIETY PACKS
18 Ct.



\$5.99

Doritos
Frito Lay
DORITOS
9 Oz. Bags



2/\$5

McKenzie's
GOLDEN CREAMED CORN
McKenzie's
CHUB CORN
16-20 Oz.



4/\$5

Tropicana
TWISTERS
64 Oz.



99¢

Chex Mix
General Mills
CHEX MIX OR
BUGLES
7.5-8.75 Oz.



4/\$5

AD GOOD APRIL 15-21, 2020

Prices Good At These Locations ONLY!

<p>KILLEN 1161 Hwy. 72 • 7am-11pm • 256-757-2002</p> <p>FLORENCE 1708 Darby Dr. • 7am-10pm • 256-767-2227</p> <p>MUSCLE SHOALS 3001 Woodward. • 7am-11pm • 256-381-7277 3413 Woodward Ave. • 7am-11pm • 256-978-6093</p> <p>SHEFFIELD Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552</p>	<p>TUSCUMBIA 103 West 1st Street • 7am-11pm • 256-383-9425</p> <p>FORD CITY FOODLAND River Road • 7am-10pm • 256-446-5842</p> <p>ELGIN CROSSROADS ELGIN Forest Plaza • 7am-11pm • 256-247-1958</p> <p>ROGERSVILLE Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805</p>
---	---

Are You Tired of Pain and Swelling?



LYMPHEDEMA PHYSICAL THERAPY
PROCARE PHYSICAL THERAPY, Muscle Shoals, AL

Lymphedema is chronic, progressive worsening of swelling anywhere in the body as a result of surgery, radiation therapy, trauma, severe venous insufficiencies, or genetic disorders of the lymphatic system. At Procure Physical Therapy, a Certified Lymphedema Therapist can help provide long-term relief from the pain, swelling and other symptoms associated with this condition.

If you have been diagnosed with lymphedema, talk to your medical provider about getting a referral to be treated by a Certified Lymphedema Therapist at Procure Physical Therapy. Please feel free to call for a free phone consultation or referral assistance.

PROCARE PHYSICAL THERAPY
 P.O. Box 2365 Muscle Shoals, AL 35662
 Ph: 256-284-2430 Fax: 256-248-4363
Outpatient Services provided in your home.

340875-1

Horne Towing & Recovery

256-766-9830
256-766-9832



24/7 Roadside Assistance
Local & Long Distance

Horne Salvage
Used Auto & Truck Parts



256-764-5538

We Buy Used Cars, Junk Cars, and Light Duty Trucks!!

342923-1

Letters...

It's Ballot Harvesting

Continued from Page 10

passed a law in 2016 that allows any person to collect a mail-in ballot from a voter and turn in the ballot to a polling place or the registrar's office. If the Democrats get their way this or a similar law will be in effect for the nation. The prior California law restricted the practice to relatives or those living in the same household as the voter.

Euell White
 Florence

A Pandemic

The Editor,

PANIC - A virus has brought death and depression to many areas of the globe. Plans to avoid the virus has spread panic everywhere.

Why do people panic because people are dying? People have been dying

every day. We have been taught how we have evolved from a swamp and we die, as all things do, there is nothing for us. Do we fully panic over nothing? Is there nothing there?

We have killed our babies for over fifty years. How many have died? Why was there no panic over these deaths? A tremendous number have died for that ailment, but there was no panic about death there. Is there nothing there for them either?

We don't know where we came from or why we are here on this planet, and there is no urgency to find out. The history of the world and its purpose has been available for thousands of years. The culture war between the forces of evil and our Creator has been told and available. That informs us about the Great Spirit and the plan to destroy the evil one. It tells us that life does not end at death of the body, but that we are free moral agents who make a choice to seek our Creator or to reject the plan laid out for humanity.

Why is there no urgency or panic about the eternal death that awaits us, or excitement about the prospect of eternal life with our Creator.

A great historical and well-known man in history named Solomon was told by the Creator, "If My people which are called by My name shall humble themselves, and pray, and seek My face, and turn from their wicked ways, then I hear from heaven and forgive their sin, and I WILL HEAL THEIR LAND."

Are you concerned

See LETTERS...on Pg 27

Baby Puppy Sale!
 Malte-Tzu, white, \$550 and \$600. Cash ONLY!
 256-356-9481 OR
 256-436-1884.



SHOPSMITH MARK V MODEL
 510, plus accessories, \$2,500.
 256-355-6648, Decatur.

PAW'S LAWN CARE
FREE ESTIMATES
256-263-8937



339062-1

SOUTH'S BEST BBQ

1686 Wilson Dam Rd.
 256-389-9155

Pick 5 for Only \$10

Choose any combination of the following regular sandwiches.

- Smoked Chicken • BBQ**
- Cheeseburger • Hot Dog**
- Smoked Turkey • Grilled Cheese**
- Buffalo Chicken Slider**
- Chicken Salad Slider**

More to Choose From

Available Daily 3pm-7pm

You love us for lunch... Now try us for dinner!

We GUARANTEE that every order from open to close is prepared FRESH!

339071-1

WE BUY
Diamonds • Gold
Estate Jewelry

Genesis Jewelry

519 Avalon Ave., Muscle Shoals • 256-381-4830
 www.jewelrybygenesis.com

342754-1



AVALON
 MEDICAL GROUP

2400 E Avalon Ave
 Muscle Shoals, AL 35661

www.avalonmedicalshoals.com

256-386-0808

Kenneth E. Rose, M.D., FACP
Beth A. Raper, CRNP
 Internal Medicine



Welcoming new patients for primary care.

Effective November 1, 2019, the office will be open on Fridays from 8:00 to Noon.

342750-1

- **Baby Merchandise 20% OFF** original price
- **Grace Candles 20% OFF** original price

Spring Merchandise to fill your home with Happy Pretty Things

- **Real Touch Flowers, Decorative Platters, Vases & Frames**

People's Drugs & Variety

Cherokee, AL 256-359-6242

342753-1

Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Brooke demanded that Quinn tell her where Ridge was hiding. Dr. Escobar was fed up with Sally's obsession with Wyatt. Meanwhile, Wyatt was shocked when Flo told him that she felt it was time for Sally to move out of his house. Brooke got creative in tracking Ridge, but he was busy having a wild night with Shauna in Vegas. Ridge

woke up with a raging hangover and was stunned to see Brooke, not Shauna. Bill confronted Quinn about the stunt she pulled with the video. Wyatt begged Sally to reconsider treatment for her "illness." Bill threatened to destroy Quinn if she ever hurt Katie again. Flo jumped at the chance to search Dr. Escobar's computer when the opportunity presented itself. *Wait to See: Penny does the unthinkable when Flo becomes a problem.*

DAYS OF OUR LIVES Kayla and Steve shared an emotional breakthrough. Marlena and John intervened on Kristen's behalf. Sarah blasted Xander for his deception. Nicole comforted Eric. Brady told Kristen the stunning news about Rachel. Kayla informed Steve that she was with

Justin now. Eric confronted Xander about the baby switch. Sarah made a shocking decision. Jack encouraged Steve to fight for Kayla. Will and Sonny discussed expanding their family. Hope continued to struggle with her past as Gina. Rafe received some shocking news from Evan's lawyer, Zoey. Ben was delighted by Ciara's surprise. Rafe and Orpheus faced off over David. Justin informed Steve that he would fight for Kayla. *Wait to See: Rafe is thrown when Zoey declares that she's suing for custody of David.*

GENERAL HOSPITAL Peter wished Robert had a distraction. Dr. Obrecht got an unexpected visit. Jax surprised Nina. Laura intercepted a message meant for Lulu. Valentin got a leg up. Michael felt intimidated. Willow turned to Chase for comfort. Nelle ran into Valentin. Finn planned an epic birthday party for Violet. Peter continued to manipulate Maxie. Nikolas and Sonny had a face-off. Jason stole some precious time with Sam. *Wait to See: Violet's party is full of mischief and emotion.*

THE YOUNG AND THE RESTLESS A code enforcement officer came to the Grand Phoenix and told Abby that he was shutting down her construction across the street. Nick arrived while Abby and Phyllis were arguing, and Abby discovered that they were back together. Later, Nick told Phyllis that he was fully committed to making it work this time. Nate and Amanda shared a first kiss. Summer and Kyle worked on his pitch to Jack. Summer told him that she suspected that Theo was stealing their ideas. Chance told Abby that he didn't want to betray Adam since he had saved his life. *Wait to See: Victor agrees to tell Nikki the secret he's keeping about his trip to Kansas, but warns her it could destroy the Newman family.*

(c) 2020 King Features Syndicate, Inc.



Are you turning 65 or new to Medicare?

Time to review your Medicare options? Looking for someone who still makes house calls?



Call a licensed sales agent!
 CAYCEE FOWLER License # 0612605
 (256) 293-7252 (TTY: 711)
 Monday - Friday, 8 a.m. - 5 p.m.

Humana.

Y0040_GHHJNPYEN_20_C

Black Hearth Chimney Sweeps
 256-710-0292

SPRING SPECIAL!
\$25 OFF
 Open Fireplace or Stove Pipe

Rainwater? Critters?
 • Chimney Caps
 • Screening
 • Dryer Vent Cleaning
 Sweep Yearly



Part-Time LAMP DOCTOR
 By appointment only
256-710-8284
Southern Shades and Lighting
 3703 Florence Blvd. • Florence

WINDOW WORLD OF MUSCLE SHOALS



"Simply the Best for Less"

ENERGY EFFICIENT
Windows, Siding, Doors & More!
 BACKED BY A LIFETIME WARRANTY



FINANCING AVAILABLE

GET YOUR FREE ESTIMATE
WindowWorldMuscleShoals.com
(256) 383-8894
 717 Michigan Ave, Muscle Shoals, AL 35661







AKLEY EQUIPMENT
 Mahindra Rise.

New & Used Tractors
 Call David Rhodes
 256-766-5488

Oakley Auto Sales Financing Available
 Call David Rhodes 256-412-5144

2003 Lexus GX 470 216K Miles  \$1,200 Down + \$70/week	2009 Pontiac G8 228K Miles  \$1,000 Down + \$70/week	2009 Hyundai Sonata 99K Miles  \$1,500 Down + \$70/week	2013 Ford Edge 153K Miles  \$1,500 Down + \$90/week
2008 Chevrolet Trailblazer 146K Miles  \$1,200 Down + \$70/week	2008 Ford F-150 269K Miles  \$1,200 Down + \$70/week	2012 Hyundai Elantra 100K Miles  \$1,500 Down + \$80/week	2007 Chevrolet Suburban 198K Miles  \$1,500 Down + \$90/week
2009 Ford Edge 134K Miles  \$1,500 Down + \$80/week	2008 Kia Rio 256K Miles  \$600 Down + \$60/week	2003 Chevrolet Tahoe 193K Miles  \$1,200 Down + \$70/week	2012 Ford Fusion 174K Miles  \$1,200 Down + \$70/week
2012 Dodge Avenger 107K Miles  \$1,200 Down + \$70/week	2013 Hyundai Elantra 88K Miles  \$1,500 Down + \$80/week	2011 Buick Regal 133K Miles  \$1,200 Down + \$70/week	2008 Mazda CX-9 158K Miles  \$1,200 Down + \$70/week

MANY MORE TO CHOOSE FROM

4210 Chisholm Road • Florence • Office: 256-766-5488
 Fax: 256-764-7403 Like us on Facebook for a complete selection of inventory

Thinking of Selling Your Unwanted Diamonds & Gold?

Bring Them to the Jeweler You Trust.
We Pay Top Dollar



285 Cox Creek Parkway • 256-764-4013
Shop groganjewelers.com

HONDA: ODYSSEY, 2005 \$6,895. Cold Air, Auto., 3-row seating, LOW MILEAGE 77K, Clean. Charcoal. 256-353-3772. Decatur

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

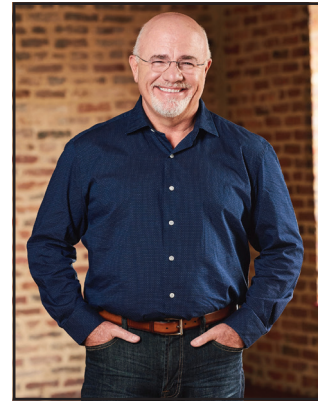
MEADOW LANDSCAPING AND LAWN CARE. Make Landscaping GREAT Again! Mulching, trimming, clean up & much more. FREE Estimates. Call Today 256-856-8728

SOAP OPERA PREVIEWS - Keep up with your favorites each week in the Courier Journal.

DAVE Says

by DAVE RAMSEY

RESPONSIBILITIES COME FIRST



Dear Dave,
My husband runs a small business that has never done very well. We have three kids, and I make \$55,000 annually in my job. Part of what I make has been going into the business for over a year to help keep it afloat, and we don't have a lot of money in savings. What do you think we should do?
Stephanie

Dear Stephanie,
If you're putting other money into a business account, that's a pretty good sign you're not making money in the business. You and your husband need to sit down together, and do a household budget and a profit and loss statement on the business. You've got to get on the same page financially.

Put all his business expenses on the profit and loss statement in detail, and write out what it would take for him to break even each month. But honestly, with everything that's been going on with your finances, if he's not at least breaking even at this point, then it's time for him to do something else for a living full-time.

I'm an entrepreneur and business owner. Trust me, I totally understand the allure and excitement that goes with running your own business. But your own household and its immediate financial responsibilities come first. The only money that should go into the business account is income the business creates.
—Dave

NO FREE PASSES

Dear Dave,
I own a small business, and recently a relative asked for a job with the company. I hate to say this, but I've got

reservations about hiring her. She's basically a good kid, but not the most reliable person in the world. Do you have any advice on how to handle a situation like this?
Bill

Dear Bill,
As an entrepreneur, you have the right and responsibility to do what's best for your company. That means you shouldn't hire anyone who isn't a good fit—even a relative.

If a relative is qualified, and the kind of person who understands they'll have to bring it every single day, performing at a level equal

to or above your other team members, that can be a special and rewarding thing. But if that relative is the kind of person who expects special treatment or is a problem child, that kind of situation can be a nightmare for you, your company, and the whole family.

Would you hire this person because they'd make a good team member? Would you hire this person if they weren't part of the family? If the answer to either of these questions is no, don't hire them. It's as simple as that.

The bottom line is you have to do what's best for your business, your immediate family, and your team.
—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

If You Aren't at Your Last Job... Why Is Your 401(k)?

At Edward Jones, we can explain options for your 401(k), including leaving the money in your former employer's plan, rolling it over to an Individual Retirement Account (IRA) or cashing out the account subject to tax consequences.

To learn more, call today



Shanna S Pendergrast
Financial Advisor

168 Ana Dr Suite A
Florence, AL 35630
256-284-7432



edwardjones.com
Member SIPC



AVALON
—MEDICAL GROUP—

ADVANCING MEDICAL CARE IN THE SHOALS

2400 E Avalon Ave • Muscle Shoals, AL 35661
AvalonMedicalShoals.com • 256-386-0808



INKANA FITE Shipman Sisson

Coming Spring 2020



342749

THOMPSON FAMILY CHIROPRACTIC

Spinal Decompression Center and Now Offering Dry Needling with Dr. Amanda

Supporting the Shoals Area since 1999 • Locally Owned & Operated



Dr. Amanda Franconi, D.C. Bruce D. Thompson, D.C.

- Certified Med Examiner for FMCSA DOT Physicals
- Provider for Medicare - Humana - BCBS •
- No Contract Required - Affordable Cash Options

ACCEPTING NEW PATIENTS

2nd St., Muscle Shoals • 256-383-5772
Open Six Days A Week
www.thompsonfamilychiropractic.com

BAMA ALUMINUM

Aluminum Patio Covers • Carports • Screen Rooms

WE REPAIR STORM DAMAGE

We can match any aluminum patio cover and car ports you may have! Storm damage or new patio covers - WE DO IT ALL!



CALL TODAY! 256-668-9890

BamaAluminum.com Facebook/BamaAluminum

335785-1

WE BUY JUNK AND repairable vehicles with titles. Call Ron 256-275-6540

HAPPY LAWN CARE- mowing, trimming, pressure washing. Free estimates. Shoals area, 256-668-5939. God Bless

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

MERCEDES -BENZ: 450SL, 1976 Red, 95K miles, clean, fuel problems, sell or trade. 256-763-6681.

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed. Free estimates, 256-383-3218

GUNSMITHING CERAKOTE, REFURBISHING, TRIGGER WORK, etc. We also sell/trade guns, ammo, holsters, magazines, etc. Special orders welcome. **Shotglass Guns Inc.** Just off Cloverdale Rd., Behind Bama Pools, 256-349-5051

DECKS AND FENCES- FREE estimates. Call me at 256-856-4662. References available.

HUSQVARNA YTH23V48 RIDING MOWER. 48" deck, 23HP Briggs engine. 251 hours, \$600. Call Brad at 256-810-7323.

LOVEABLE LAB MIX NEEDS GOOD Loving Home, one year old, \$10 256-318-0005 Decatur

THE MYTHIC TAROT BOOK with unopened tarot cards \$90. Leave voicemail 256-652-8432 (Huntsville)

FUSE BOX PROBLEMS ? Call AMERICAN ELECTRIC for a FREE estimate. 256-760-1152.

ELECTRICAL SERVICE PROBLEMS?

Call Tracy at American Electric in Florence, AL. Over 30 years experience. Affordable and dependable. Locally and veteran owned, 256-710-2856.

ADAYS WORK MOBILE HOME repair, flooring, leaks, Kool Seal, underpinning, decks & more. Free estimates. Call 256-856-6213 or 256-389-3179

H&H TOWING, LOCAL AND out of town. I also buy junk cars and catalytic converters. Greg Hamm 256-394-6340

WE BUY JUNK CARS, TRUCKS, VANS, TRACTORS, CATALYTIC CONVERTERS AND FARM EQUIPMENT, with or without a title. 256-394-1984

ALARMS, CAMERAS, NO MONTHLY fee, automatic gates, telephone entries, access control systems 256-762-4357 www.fullhomesecurities.com

LAWN JOCKEY FOR OUTDOOR decor, 45" TALL, good condition, \$150, 256-762-2160. Shoals area

WANTED DEAD OR ALIVE! Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

YOUR HOME WINDOW COMPANY
+30% OFF WINDOWS with many styles and colors available. Lifetime Warranty. Ask about FREE UPGRADE to sound control glass.
+25% OFF Entry doors, screen enclosures and patio covers.
 256-229-2291
www.yourhomewindow.com

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161.

★ ★ ★ ★
CHEVROLET: VAN, 2000 \$7,500. Chevrolet Regency SE. Excellent condition. 72,000 miles. Call 901-219-7720.

GUTTER WORKS, Seamless gutters, gutter guards, clean out and more! Free estimates, 256-394-3497

NOW BUYING SCRAP GOLD HIGHEST PRICES PAID NORTH FLORENCE COINS & JEWELRY 7 POINTS SHOPPING CENTER 256-764-0008



Howell Bigham
 Chaplain,
 Community Education
 Specialist



"A Round Tuit"

Husbands are famous in using the phrase "a round tuit" when asked to do a certain task. In fact, I have in my possession a little round wooden "tuit" that I can show my wife, hopefully putting off a certain project on her "honey-do" list!

At Good Samaritan Hospice we don't operate by the above ideology. "When I get around to it," is foreign to our work ethic. Instead, we enforce the strategy of serving our patients "now" and "immediately." That's why we're a five star hospice provider.

Do you need our services? Call us today!
 -Howell Bigham, 256-702-7500

Serving All of North Alabama • Offices Conveniently Located
 887 Cox Creek Parkway, Florence, AL 35630
 256-314-2544 • www.gshospice.com

Check us out on   



1500 SEVEN POINTS SHOPPING CENTER FLORENCE • 256-767-3198

We Gladly Accept EBT Cards & WIC Instruments.
 We Reserve The Right To Limit Quantities. None Sold To Dealers.

DOUBLE COUPONS! Everyday 50¢ Limit. See store for details!

Gift Certificates Available!

We Sell Western Union Money Orders

We Gladly Accept EBT Cards & WIC Instruments.
 We Reserve The Right To Limit Quantities. None Sold To Dealers.

Ad Valid April 15-21, 2020
LOW PRICES EVERY DAY!

Thanks for your patience and understanding of our circumstances we face, cleaning, sanitizing, and restocking our store.

We will get back to a normal AD program as soon as possible.

We would like to recognize and give SPECIAL THANKS to all our employees, local vendors, suppliers, and wholesalers.

They along with all other grocery retailers are working very hard to keep stores at a level to supply all your needs. We could not do without them. THANKS!!!

In fact, trying times we are in makes us all aware we could not do without each other!!

Hope you and your family stay safe!!!

Your neighbors at Hometown Market

TOP CHICK

BREADED CHICKEN TENDERS



\$4.99

LIMIT 3 PLEASE - WHILE SUPPLIES LAST

2 LB. BAG

"MAKE US YOUR HOMETOWN MARKET"
 We truly appreciate your business!!

Athletic SUPPORT

by Eli Cranor



Staying in shape during a pandemic

Dear Athletic Support: With school closed, my son is itching to get back in the weight room. He's been running around the neighborhood, but we don't have any dumbbells or weights he can use for strength training. Do you have any home workouts we can do with minimal equipment? — Weighting Dad

Dear Weighting: Strength gains can be lost in as little as two to three weeks of inactivity. So, your son is absolutely right — he needs to be working out. Luckily, even without a home gym, there are many different exercises your son can be doing to stay in shape.

Most high-school-aged boys are overly concerned with bulking up their upper body. They want the bulging pectorals and biceps of a body builder. The problem here is those muscle groups don't translate well to the field.

So let's start with the lower body. Regardless of the sport, an athlete's hips are very important and oftentimes neglected. As a culture, we've grown accustomed to sitting for the better part of our waking hours. Whether kids are sitting in a desk at school or on the sofa playing video games, our youth are very good at being sedentary. As a consequence, we are a nation of stiff hips.

The answer to this growing problem is the squat.

We called them "prison squats" back when I was coaching and playing. The exercise is simple: your son

just needs to squat down like a catcher behind Homeplate. His backside should drop down past his knees and his heels must stay planted on the ground. If your son's heels are coming up, or he's having trouble sinking his bottom down far enough, then this means he needs some serious work on his hip flexibility.

The good news? Hips are like any other part of the body; they can be stretched and flexibility can be gained. Your son can even watch TV while sitting in the squat position. I used to have my players stay seated in a squat while I addressed them at the end of a workout or a practice.

For some of my players this exercise was so painful they couldn't pay attention to what I was saying. Your son should start with short time intervals and work his way up. By the time school is back in session, he'll be a squat master with super flexible hips!

In terms of actual strength gains, pull-ups, push-ups, and sit-ups are all great ways to stay in shape. He'll have to be creative if he wants to do the sort of free-weight exercises he's used to. For bench, he could try sliding under his bed and pressing it up from the floor. If he needs extra weight, have a sibling lie on the bed. Just be careful. If he's dying to do some curls, try stuffing a pillowcase with books. After his workout is over, maybe he could do some real heavy lifting and read one of the books!

During this break, I hope all young athletes are remembering to keep their brains in shape and not just their bodies. Here's a list of some of my favorite

sports-themed books:

- *Crash* – Jerry Spinelli (football for younger readers)
- *The Natural* – Bernard Malamud (baseball for college-level)
- *The Professional* – W.C. Heinz (boxing)
- *Swing Your Sword* – Mike Leach (nonfiction)
- *The Essential Smart Football* – Chris Brown (nonfiction)
- *Sacred Hoops* – Phil Jackson (nonfiction)
- *The Prophet* – Michael Koryta (football thriller)

If you do end up ordering one of these books, please consider placing your order through an independent bookstore. Like many small businesses across our country, bookstores are fighting to keep their doors open during these unprecedented times. A purchase of any amount will help, even if the book just ends up stuffed in a pillowcase!



Eli Cranor is a former professional quarterback and coach turned award-winning author. Send questions for "Athletic Support" to eli.cranor@gmail.com or visit elicranor.com.

NORTH ALABAMA LAND CLEARING, LLC. Clean your property up and raise the value with a mulching machine. Dozer, tractor and bush hogging, driveway, landscaping work, etc. Free estimates. Will travel. Call 256-810-7197.



CHEVROLET: SILVERADO, 2004 \$11,500. Step-side, ext. cab, leather/heated power seats, dual AC, cruise cntrl, tow pkg, chrome bump, wide-access rear doors, bed liner & cover, new tires, tune-up, 103 K miles, \$11,500 **256-314-2221 OR 404-992-1886**

Medicare Minute

"Physician Charges"

There are three ways your doctor can be paid if you are on Medicare. The three ways are through Medicare assignment, Medicare excess charges or by not taking Medicare at all. Today we will discuss these three methods.

The most common way a physician gets paid is by Medicare assignment. These physicians are called "participating doctors". After the Part B deductible of \$198 is met, participating doctors will accept the Medicare approved amount for their services. These doctors charge Medicare 80% and the beneficiary 20% of the cost of the benefit. For example, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, and you would be responsible for the other 20%, or \$20.

A "non-participating doctor" can choose to accept or not accept Medicare assignment. If the doctor does not accept Medicare assignment you may have to pay an additional 15% of the cost of the service the doctor provided. This is called a Medicare excess charge. It means you would be responsible for 35% of the Medicare reduced amount instead of 20%. If we follow the example in the previous paragraph, if your doctor charges \$200 for a service and Medicare only approves \$100, Medicare would pay 80%, or \$80, but you would be responsible for 35%, or \$35.

Doctors who opt out of Medicare can charge whatever they want for their services and you are responsible of 100% of the cost. The majority of doctors in north Alabama accept Medicare, so you won't be faced with this situation very often.

Most people who have Medicare also have a supplemental policy that helps cover the 20% Medicare doesn't cover. If you are just entering Medicare and would like to know which policies cover what Medicare doesn't pay, you can contact our office for more information.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



Ikey Fowler

885 Florence Blvd. • 256-648-5710
(Four Lane Shopping Center)



DIVORCE as low as **\$300** Uncontested Excludes costs

Law Office of Robert F. Smith*

521 E. Tennessee St.
Florence, AL

256-764-ATTY (2889)

Divorce: Custody – Visitation – Modifications • 30+ Years Experience

Personal Service From An Experienced Attorney

*Fellow, American Academy of Matrimonial Lawyers

Fees quoted by phone **www.ShoalsFamilyLaw.com**

A Divorce & Family Law Practice

No representation is made that the quality of legal services to be performed is greater than the quality of legal services performed by other lawyers.

Walk In Appointments Welcome

Northwest Alabama Medical Associates



Sherry Clouch, AGACNP-BC



Tonia Long, CRNP

Welcoming new patients and families, we specialize in Family and Adolescent Medicine.

Accepting Medicare & Medicaid

For Appointments, Call 256-349-5275

2095 Florence Blvd., Florence

HOCUS-FOCUS BY HENRY BOLTHOFF

Find at least six differences in details between panels.

Differences: 1. Tie is different. 2. Plane is missing. 3. Ship is missing. 4. Window is added. 5. Hobo stick is different. 6. Word changed to "agent".

**COMPUTER REPAIR
FREE ESTIMATES**
256-765-3760
www.stephenscs.net

Register...

Continued from Page 10

ASDR REGISTERED TOY AUSTRALIAN PUPPIES Blue merle, red tri-color and black tri-color, shots & worming up to date, ready to go, \$550-\$750, 931-629-0714 Lawrenceburg, TN

BUYING STERLING SILVER FLATWARE, etc. Highest prices paid. North Florence Coins & Jewelry. Seven Points Shopping Center. 256-764-0008

safety, and academic success of its students. "The health and safety of our students, faculty, and staff come first," said NW-SCC President Dr. Glenda Colagross. "We believe we have put together a

new virtual registration process that will best help our students register for the summer and fall semesters in our current environment."

NW-SCC staff will be available by email and WebEx chat links to meet all the needs of current and prospective students and answer any questions about Summer and/or Fall registration. Faculty, staff, and administration will do their best to respond to all emailed questions on the same day.

NW-SCC has set-up a Summer/Fall Registration webpage (<https://www.nwsc.edu/2020-summerfall-registration>) to walk current and prospective students through the registration process. Students can click on the link and sign up for advising appointments online. Advising appointments are conducted in a one-on-one virtual environment where students and advisors have the opportunity to interact face-to-face through the college's WebEx communication software. The Advising/Registration link is also located at the top of the NW-SCC website (www.nwsc.edu).

For those who have not yet applied for admission to NW-SCC, they can apply online at nwsc.edu. Students who have not already applied for financial aid are encouraged to complete the Free Application for Federal Student Aid (FAFSA) immediately. The FAFSA can be submitted online at www.fafsa.gov. The NW-SCC school code is 005697.

For more information, please contact Dr. Crystal Reed at cingle@nwsc.edu.

DAVE'S HOME REPAIRS AND REMODELING: Sheetrock, repair, plumbing, carpentry, electrical, tile, painting. References. Quality work. 256-702-2983

LANDERS PRESSURE CLEANING, LLC.
Residential & Commercial, Licensed and Insured, Free estimates, Call 256-856-3588

ROOFING - LEAKS REPAIRED, chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218

BMW: X5, M-PACKAGE, 2017, \$32,000, one owner, new tires, excellent condition, 256-702-7767 Florence

LIKE TO START A garlic or dill bed with plants? **COME DIG** or buy for use! 256-767-1118

NEED TO COVER A hillside with fast spreading evergreen ground cover with blooms? Cut where you want to stop with weed eater or mower. 256-767-1118

I BUY JUNK OR UNWANTED cars, trucks, vans, tractors, catalytic converters. 256-980-5396.

MANSELL ROOFING, DISCOUNTS TO Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

MASSEY FERGUSON 50 TRACTOR, runs good, just right for gardening & farming, \$3,000 OBO, Call 931-724-4147 (Lutts, TN area).

LAWN CARE: Grass cutting, Bushes trimmed, Mulch, Free Estimates, Senior Discounts, Experienced; Reliable!
256-443-1381

LANGSTON
CHIROPRACTIC and ACUPUNCTURE

Spring into becoming Pain Free

Let us help you be free from Headaches, Soreness, or Stiffness

\$59* New Patient First Visit *Some restrictions may apply. Call for details. Includes exam and 2 xrays

155 Ana Dr. • Florence • 256-349-2905
langstonchiropractic.com • M-F 8am - 5:30pm • Sat Closed

Quality Lawn Care

Here to Serve Your Lawn Care and Landscaping Needs

Hayden Hibbett
256-740-1360
or Jonah Bretherick
256-710-0829

FIVE GUYS
BURGERS and FRIES

Choose as many of our free toppings as you want!

- Mayo
- Lettuce
- Pickles
- Tomatoes
- Grilled Onions
- Grilled Mushrooms
- Ketchup
- Mustard
- Relish
- Onions
- Jalapeno Peppers
- Green Peppers
- A.1.® Steak Sauce
- Bar-B-Q Sauce
- Hot Sauce

Let Us Cater Your Next Event!

- Burgers
- Dogs
- Sandwiches
- Fries

Coca-Cola
We proudly serve Coca-Cola® products.

2881 Florence Blvd. Florence 256-349-2058
10:30am-10pm every day Order online: FiveGuys.com

20% Off All Products
Retail Price with this coupon • valid until 4/30/20

Benefits of CBD...

- Heart Health
- Blood Sugar
- Pain Management
- Anxiety/Depression

Our Products Are...

- Non-Psychoactive
- THC Free Available
- Third Party Tested and Synthetic Free

THE CORNER CBD STORE
& WIFI COFFEE SHOP

Flavors include Cinnamon, Peppermint and Natural

We Deliver Call or Text 256-248-7007 or Message Us on Facebook Page

3903 N. Jackson Hwy. • Sheffield • 256-248-7007

ONLINE AUCTION!

Jennings Iron Works - 2809 3rd Ave., Huntsville, AL

2 Trucks - Forklift - Ironworker - Welders - Cold Saw - Wrought Iron Items
Portable Building - Steel Shapes - Scrap Iron - Tools - Furniture & More

First Item Ends Thursday April 16th at 12:00 Noon

Bid Now @ www.shanealbright.com

Inspection Wednesday April 15th By Appointment Call 256-757-8898

Located two blocks north of Governors Drive Behind the Blue Plate Café. Note: due to the Covid-19 Pandemic we are taking precautions to keep everyone safe. Call 256-757-8898 to set an appointment for Inspection and Pickup.

Bid from HOME on the Computer or Smart Phone!

SHANE ALBRIGHT AUCTIONS
6508 Hwy 72, Killen, AL
AL 256-757-8898 TN 931-762-5134
Email saauctions@live.com
www.shanealbright.com
AL Lic#1569 TN Lic#5431

Food Outlet
2503 North Wood Ave., Florence • 256-766-0456
This Ad Good April 15-21, 2020
We Welcome WIC & Food Stamp Shoppers. Quantity Rights Reserved. None Sold To Dealers.

Valued Customers:

We are having difficulties obtaining certain products and maintaining the availability of others. That limits our ability to promote our advertised specials like normal. We continue to receive trucks and will offer in-store specials this week as we continue to receive various items at great prices.

NEW STORE HOURS
Monday - Sunday
7:30am-8pm

We appreciate your patience.

6 PACK, 1/2 LITER BTLS. COKE PRODUCTS 4/\$11

PINTS BLUE BELL ICE CREAM 2/\$4

CHEVROLET: TAHOE, 2005 POWER steering, power brakes, automatic, air, AM/FM CD, third row seating, hitch, \$5,000 OBO. Call 256-466-6284.

REMODELING SALE! JOHN THOMAS Trestle dining table and 6 chairs, **SOLID WOOD**, too large for new kitchen. All for \$900. 256-412-5750. Florence

Commentary

Real Tools

Continued from Page 10

Mississippi St. after coaching at Washington State for nine years and coaching Texas Tech to prominence for a decade before that.

One really has to wonder what he was thinking. Oh, not about the tweet. I'm talking about his 43-22 record since 2015 and posting 8, 9, or 11-win seasons routinely in Pullman, Washington.

Another five-six years of that would earn him a full size bronze likeness outside Martin Stadium's main entrance. Recently upgraded facilities at WSU rival the best in the Pac-12 conference. With Leach at the helm, the Cougars could have been competitive in most every game and would play in a bowl game every year. Why would he leave that for a bottom-third SEC program with substandard facilities like Mississippi St? Maybe the idea of beating SEC defenses with his offensive style was just too tempting.

He'll soon realize he is not entitled to anything in the south, including any sort of levity or even his own opinion. Wait, he IS entitled to sensitivity sessions now with visits to the Museum of Mississippi History and the Mississippi Civil Rights Museum.

I'm sure there is a lot we could benefit from in that civil rights museum, should we choose to go and it not be mandated. There's no denying that slavery, lynchings, and racism are substantive - when they are really an issue. This example was not, no matter how much the sport and political talking heads try to drum up another white firing.

Do We Want to Confront the Real Social Justice Problem?

Additionally, there is far too much irony and

hypocrisy here to let Leach be sacrificed as a political statement.

Do we realize that hangings are still a legal form of execution in Delaware, New Hampshire, and Washington... where Leach just came from?

Hangings were the preferred form of execution from the 1880's-1910's in much of the country. One judge sentenced 160 law-breakers to death by hanging.

Wikipedia figures for "Hanging in the United States" show scholarly estimates of over 4,700 lynchings (extrajudicial hangings - mostly males) from 1882-1968. Just under 3500 of those (73%) were black, while 1300 were white.

Every life is of consequence, especially those who are innocent.

Senseless anguish, 3500 black souls - around 41/year - many of which were God-fearing, lost through hate, indifference, and

societal pressures over an 86 year period.

I'd give all of this a lot more credence if liberals really mourned those 3,500 lost lives instead of just seizing a social justice platform.

If they REALLY have minority concerns, why not object to the 3,500 black lives brutally snuffed EVERY 2-3 DAYS in this country through abortion. There's a lot more at work here than a few white guys and a tree.

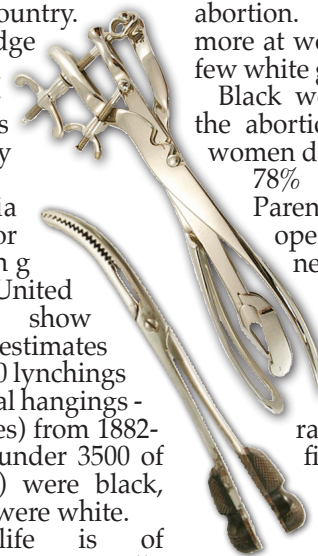
Black women have 3X the abortions that white women do.

78% of Planned Parenthood clinics operate in minority neighborhoods.

But few on the left can muster a peep. Until they want to discuss real racial justice and fight for their own against liberal white America, they can dispense with all that other immaterial nonsense.

Instead of this ridiculously inconsequential knitted noose used in that tweet, why isn't a table of abortion tools considered 100 times more distasteful? When are the abortion doctors going to be held liable for reparations in a situation that has brutally eliminated a possible 30-40 million additional minority voters from the polls in 2020?

And we want to lynch Mike Leach over a little bit of tasteless humor?



After 2 weeks of quarantine with her husband, Gertrude decided to knit him a scarf..



https://t.co/EvZXKdmzTr
Mike Leach
twitter.com

Alternative to Viagra®
Same Ingredient in a Lower 20 mg Tablet

Sildenafil, the active ingredient in Viagra®, is now available in a generic 20mg tablet, and it is MUCH cheaper than Viagra®.

\$39.99 for 60 of the Sildenafil Tablets

EX: Five 20mg tablets of Sildenafil is equivalent to one 100mg Viagra®

Must have prescription that is for Sildenafil 20 mg tablet.

Note: This is the FDA approved generic of Revaltio® 20mg tablet. The FDA has not approved generic Viagra®, even though the active ingredient is identical, just in a different strength.

Barnes Health Care Pharmacy 221 N. Court Street
Historic Downtown Florence
256-764-3961

SHANE ALBRIGHT AUCTIONS
AL1569

ONLINE ONLY EQUIPMENT AUCTION!
ENDING FRIDAY, APRIL 24TH

VISIT WWW.SHANEALBRIGHT.COM FOR SPECIFIC INSTRUCTIONS ON PARTICIPATING

OPEN AUCTION!

Auction Held at the Shane Albright Auctions Office
Located at 6508 Hwy 72 • Killen

OPEN CONSIGNMENT!

- TRACTORS • TRUCKS • TRAILERS • HAY EQUIPMENT
- FARM EQUIPMENT • CATTLE EQUIPMENT • & MORE!

Preview Items Week of Auction

Please Follow All Social Distancing Guidelines as Posted!
Bidding Begins Sat. April 18th and Items Begin Closing Online at 6:30pm on Fri. April 24th. Pickup is by Appointment Only on Sat. April 25th and Mon. April 27th.

SHANE ALBRIGHT AUCTIONS
Phone 256-757-8898 | shanealbright.com

It's Easy To Sell!
Trucking Available!
Call Now for Terms of Auction and to Have Your Items Advertised!

Terrell Phillips (AL1898) 256-710-8651 | Shane Albright (AL1569) 256-710-8400 | Ben Phillips (AL1331) 256-710-9683

TOP SPINNING CONTEST

YOU'RE THE TOPS! Well, you will be if you can spot the two tops above that are exactly alike. The time limit is one minute.

Question #3. "Can you think of a four-letter word that, when three of its letters are removed, the meaning will remain the same?"

Answers On Page 26

A TRICKY WORD-SQUARE! See if you can make the correct words appear in this puzzle. To solve this word-square, you must find the four five-letter words that match the definitions below. All words must read the same both across and down.

- The art of conjuring (MAGIC, in place).
- A place for sports.
- A costume.
- Accustom to unpleasantness.
- A plan for robbery.

Junior Whirl
by Charles Barry Townsend

Illustrated by David Coulson

Spin-N-Spell
You'll be "tops" if you can figure out the words asked for in the hints given below. Each word contains the word "tops" either at the beginning or at the end.

- Businessmen love them.
- Famous in WWII.
- Found on boats.
- Needed in baseball.
- A must for farmers.
- Runs coast-to-coast.
- Found on cameras.
- The baddest animal of all.

Word Square:

1	M	A	G	I	C
2	A				
3	G				
4	I				
5	C				

Real Estate



Need Land Financing?

First South Farm Credit

Moulton 256-974-1124
Muscle Shoals 256-381-0721
FIRSTSOUTHLAND.COM

TOWN CREEK: APARTMENTS IS accepting applications for 1, 2 and 3 bdrm. Rent based on income. Equal Housing Opportunity. 256-685-3360

SHEFFIELD UPSTAIRS APT. : 1302 Annapolis Ave., \$325 Rent, \$300 Deposit. 256-764-3137.

FLORENCE HOME FOR SALE - Owner Financing! All credit considered. 745 Alabama Street. 3 bdrm., 2 ba., in quiet area, \$50,000. Down payment \$2,500. Monthly payments \$500. 10% interest rate. Call HUD Home Network 205-833-1420.

SHEFFIELD: HOUSE FOR RENT with monitored security system. 2 bdrm., 1 ba., large basement, detached garage, privacy fenced backyard, yard services. 1st, last, and security deposit. \$794 month. 256-668-4670.

FLORENCE: SANNONER SQUARE APARTMENTS, 1 bdrm., 1 ba., \$350 plus \$25 water, \$300 deposit. 256-764-3137.

FLORENCE APT. FOR RENT: 900 Fairchild Ave., Apt. D 2 bdrm., 1 ba., \$400 Rent, \$300 Deposit. 256-764-3137.

HOUSE FOR SALE: N. Florence. 2 bdrm., 1 ba., with walk-in shower, central heat/air, \$70,000, 256-767-7109

FURNISHED GUEST-SUITES NIGHTLY or monthly. One or two bedrooms, all inclusive. Park Place, 256-386-5504.

WE BUY HOUSES FAST
www.shoalscashbuyer.com
256-349-0000

FLORENCE: TOMBIGBEE COURT APTS. Downtown, 1 bdrm., and 2 bdrm; 1 ba., \$575 and \$625. Rent with Water Inc., \$300 deposit, balcony, security gate. 256-764-3137.

Courtview Towers Studio Apartments 1 & 2 Bedrooms available.
Convenient to downtown Florence.
Rent based on income.
Equal Housing Opportunity
256-767-0201



MORE IMPACT WITH RED LINE ads. Available only in your Courier Journal. See page 6 or go to courierjournal.net.

SHEFFIELD APT FOR RENT: 1110 26th Street, Apartment 5A. 3 bdrm., 1 ba., \$425 rent, \$300 deposit. 256-764-3137.

NORTH FLORENCE: FOR RENT 2 bedroom Apartments. Appliances, Washer/Dryer connections. \$450-\$550 plus deposit. 256-762-7879

LION'S DEN EFFICIENCY APARTMENTS. DISCOUNTS AVAILABLE \$450 rent
Includes electric, cable, internet, water/sewer and garbage. 256-764-3137.

HOME FOR RENT: 833 W. Alabama St., Downtown Florence, 3 bdrm., 2 ba. brick with central heat/air. References required, 256-275-3544

MESSAGE AND DATA RATES May Apply; Terms and Conditions and Privacy Policy: http://autoconx.com/terms

OCCASIONALLY YOU MAY SEE an ad duplicated and printed several times throughout the paper. This is done at the request of the advertiser. Each ad is paid for. Thank You for reading your Courier Journal.

FLORENCE APT FOR RENT: 510 High Street 2 bdrm., 1 ba., \$350 Rent Plus \$25/Water, \$300 Deposit. 256-764-3137.

FOR SALE CREEK LOT #22, on Cypress Creek West, off Lauderdale Co Rd 6, need to be cleaned up, \$14,000 firm. Call 256-762-0564

HOME FOR RENT: 2313 Camden Cove, Muscle Shoals, AL. Stove, Refrigerator, Dishwasher, Central heat/air, 3 bdrm., 2 ba., fenced backyard, \$975 plus deposit. Call 256-810-0809

MUSCLE SHOALS APT. FOR RENT: 415 Roosevelt Ave., Apt. B 2 bdrm., 2 ba., \$ 575 Rent, \$300 Deposit. Exterior Storage Room. 256-764-3137.

BRICK HOUSE FOR SALE: 1,379 sq. ft., on two acre lot, 4956 Co. Rd. 236, Town Creek, AL. 2 bedroom, 1 bath, sunroom, with detached two car garage. Call after 5 pm leave message, 256-685-3675 or 256-446-5550.

ATTENTION! TUSCUMBIA BRECKENRIDGE APARTMENTS
Unfurnished 1, 2 & 3 bedrooms available. FREE Cable, 256-460-0563 or 256-383-1877

MUSCLE SHOALS "NEW" Harvest Hills Apartments
Unfurnished 1 & 2 bedrooms available. Water, sewer & trash included with rent, 256-436-5334 or 256-460-0563

FLORENCE: 510 E. IRVINE Apt B4 2 bdrm., 1 ba., \$400 Rent, \$300 Deposit, 256-764-3137.

FOR RENT OR SALE: 3 bedroom, 2 bath mobile home and land, Spring Valley Lane off Rose Trail in Cherokee, \$450 per month or sell for \$42,000 OBO. 256-446-9982

THANK YOU for reading the Courier Journal and patronizing our advertisers!

FLORENCE: For rent: 2 and 3 bdrm. houses. Appliances, washer/dryer connections, central heat/air. \$550-\$695 plus deposit. 256-762-7879

THEIR AD IS NOT HERE! Do you like to shop at certain stores? Are they not advertising their sales in the Courier Journal? Tell them that they should be.

Cherry Hill Homes Family Apartments
Located on Florence Blvd. Rent based on income/utility allowances. Must pass background check and be able to obtain utility services.
Apply online:
www.flohousing.org
Office: 452 Cherry Hill Homes
256-760-5322



Magnolia Gardens Apartments
110 S. Cypress St. • Florence, AL
Accepting Applications
Rent Based on Income • 55+ Community
Recently Renovated
New flooring, appliances, cabinets and more
Apply online: www.flohousing.org
or call 256-740-5201
for more information



NEW APARTMENT HOMES **1/2 OFF 1ST MONTH!**
Covenant Court Apartments
2BR, 2BA, All One Level
Convenient to Muscle Shoals & Tusculumbia
\$695 month, \$500 deposit • Pets OK
256-762-1790

CHEROKEE, 960 CROSS ST. 3 bedroom, 1 bath, carport. Large lot. \$49,000. 256-360-2663

CENTER STAR VILLAGE APARTMENT #22, Killen, 3 bdrm., 2 ba., \$500 rent, \$300 deposit. 256-764-3137.

SOAP OPERA PREVIEWS - Keep up with your favorites each week in the Courier Journal.

CARD IT! It is easy to place your ads on our website, www.courierjournal.net. Just put it on your debit or credit card

KNIGHT & HUMPHRIES, INC.

FOR RENT:
4BR/2BA in Florence coming available soon.....\$1000
4BR/1.5BA in Florence coming available soon.....\$700

COMMERCIAL PROPERTY FOR RENT:
30X50 Warehouse w/ 10ft Rollup door \$600
Warehouse is in Tusculumbia close to Post Office

WATER PROPERTY FOR RENT:
687 Lakewood Dr E #B (Muscle Shoals) 3BR, 2.5 BA... \$2250

Visit our website:
www.rentshoals.com
or Call us at 256-766-6992

THE MIKE RANDALL TEAM
CONSIDER IT SOLD

COLDWELL BANKER
PINNACLE PROPERTIES

Why list your home with Mike Randall?

1. Mike's listings sell 25% faster than the local market average.
2. See #1.

Consider Mike Randall and Consider it Sold.



Mike Randall
Coldwell Banker
Pinnacle Properties
256-366-9779

Rent to Own: 256-349-0000

534 East Lelia Street, Florence • 3 Bedroom - 1 Bath
Purchase Price: \$92,500 - Will Finance

211 West Rasch Road, Florence - Owner Finance • \$2,500
down • \$795 monthly payments

For Sale

New Construction in Central! 3 BR - 2 BA w/ bonus room • \$199,000
301 Stutts Road, Muscle Shoals - 3 bedroom- 2 bath • \$189,000
125 County Road 608, Rogersville - 3 bedroom- 2 bath • \$179,000
106 Darby Ave., Florence - Fixer Upper, \$19,000 Cash
Commercial Building Cox Blvd, Sheffield • \$119,000
322 Columbus Ave, Florence • 3 BR- 2 BA • \$119,000

For Rent: 256-762-4201

701 Dearborn Ave, Muscle Shoals 2 Bedroom - 1.5 Bath-
Townhomes • \$695 Monthly • \$400 Deposit • \$30 Application Fee

1011 Midland Ave, Muscle Shoals 2 bedroom - 1.5 bath
apartments • \$575 Monthly • \$300 Deposit • \$30 Application Fee

FOR LEASE: Brand new 1200 square-foot office & shop
\$975 a month - Cox Blvd - Sheffield

Office Space For Lease
Muscle Shoals • Starting at \$275 per office

Courier Journal Mystery Photo of the week!

WIN A MEAL FOR 2 at Rosie's CANTINA
Downtown Florence
www.rosiesmexicancantina.com
Enter at www.courierjournal.net

Last week's winner is **Courtney Jones** of Cherokee who correctly guessed "Playground behind Marriott" (at River Heritage Park in Florence, AL)

One entry per person. Winners will be announced each week in our paper and on our website. Winners Gift Certificate will be mailed, until further notice.

Quips & Quotes

FROM THE 'NET

Funnies, facts, photos, rumors, somber and thought-provoking info. (some factual, some not) from emails, forwards and websites.



On Lying

No man has a good enough memory to be a successful liar.
- Abraham Lincoln



Growing up...

"When I was a little boy, I told my dad, 'When I grow up, I want to be a musician.' My dad said: 'You can't do both, Son'."
~ Chet Atkins

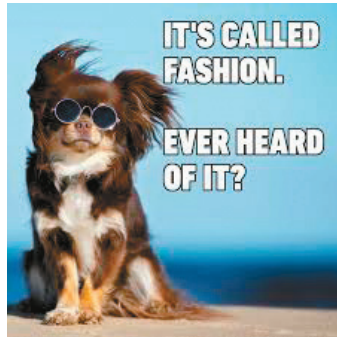


Voting...

"If you're listening to a rock star to get your information on who to vote for, you're a bigger moron than they are."
~ Alice Cooper

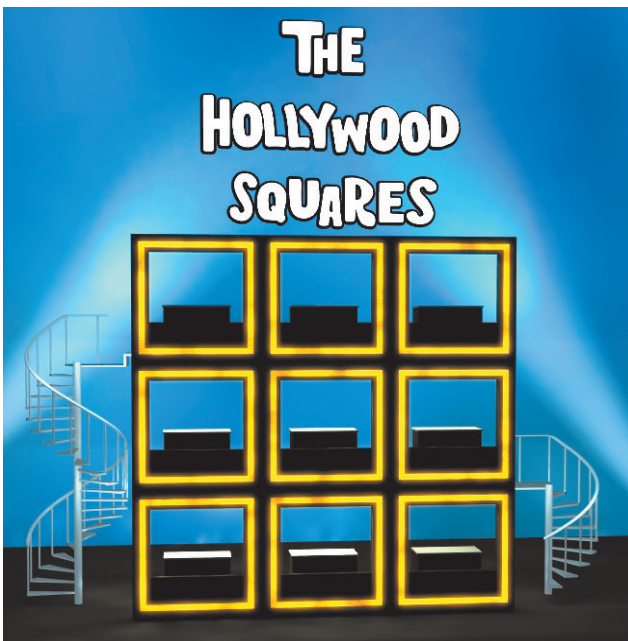
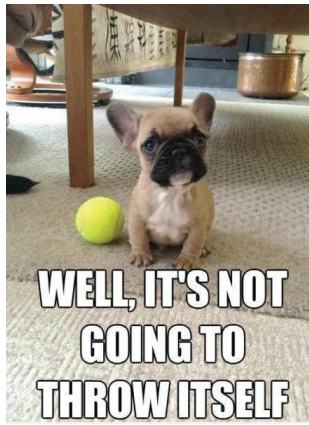
Music

"All music is folk music. I ain't never heard a horse sing a song."
~ Louis Armstrong



Positive Attitude

A positive attitude may not solve all your problems, but it will annoy enough people to make it work the effort.
~ Anonymous



Q. If you're going to make a parachute jump, at least how high should you be?

A. Charley Weaver: Three days of steady drinking should do it.

Q. According to Cosmopolitan, if you meet a stranger at a party and you think that he is attractive, is it okay to come out and ask him if he's married?

A. Rose Marie: No wait until morning.

Q. Which of your five senses tends to diminish as you get older?

A. Charley Weaver: My sense of decency.

Q. Paul, why do Hell's Angels wear leather?

A. Paul Lynde: Because chiffon wrinkles too easily.

Q. As you grow older, do you tend to gesture more or less with your hands while talking?

A. Rose Marie: You ask me one more growing old question Peter, and I'll give you a gesture you'll never forget.

Q. In bowling, what's a perfect score?

A. Rose Marie: Ralph, the pin boy.

Q. During a tornado, are you safer in the bedroom or in the closet?

A. Rose Marie: Unfortunately Peter, I'm always safe in the bedroom.

Q. If you were pregnant for two years, what would you give birth to?

A. Paul Lynde: Whatever it is, it would never be afraid of the dark.

Q. According to Ann Landers, is there anything wrong with getting into the habit of kissing a lot of people?

A. Charley Weaver: It got me out of the army.

Q. Who stays pregnant for a longer period of time, your wife or your elephant?

A. Paul Lynde: Who told you about my elephant?

Q. Jackie Gleason recently revealed that he firmly believes in them and has actually seen them on at least two occasions. What are they?

A. Charley Weaver: His feet.

These great questions and answers are from the days when Hollywood Squares' game show responses were spontaneous, not scripted, as they are now!

Peter Marshall was the host from 1966-1980 Paul Lynde occupied the center square for most of his run- 1966-1979. Buddy Weaver (Cliff Arquette) was a panelist from 1965-1974. Rose Marie starred from 1965-1980.

▶LOOKING FOR A V-BOTTOM 12'-14' fishing boat, Alumacraft. Call 256-412-3004.

PRESSURE WASHING

Give Daniels Clean Exteriors a call for all of your Pressure Washing needs. Free estimates, Licensed & Insured. 256-412-0131

NEED MONEY? LARRY'S JEWELRY & PAWN

Buys, Pawns and Sells jewelry, firearms, electronics, lawn equipment, wave runners, 4-wheelers, etc. 122 W. Mobile St., Florence, AL 256-767-1379

Get an early look at next week's issue with the... **Courier Journal Page-Flip Edition**

Always available on our homepage by sunrise Tuesday morning -

www.CourierJournal.net



sponsored by:



321874-1

ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

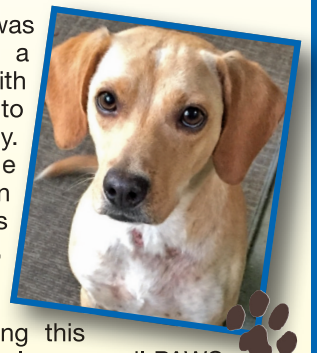
RIVER is a wonderful boy! He is easy going and loves people! River will make an outstanding family member. Please call the Colbert Shelter to make an appointment to meet handsome River! **\$25 ADOPTION** fee Includes mandatory spay/neuter surgery and rabies vaccine. Call now 256-381-4073! The shelter is open by appointment only. Please call to meet your new pet!



This beautiful 1 year old female shepherd and labrador mix is friendly, and playful. **ESTORIA** wags her tail in circles when you play with her. She loves toys so much that she throws a tennis ball for herself and retrieves them. It's adorable! She is waiting to meet you at

the Florence shelter. Adoption fees includes spay or neuter, current vaccines, heartworm test and microchip. Please call us at 256-760-6676 to set up a time to meet Estoria. The shelter is open by appointment only. Please call to meet your new pet!

This is **RALPHIE**. He was born July, 2017. He is a beagle mix. He is good with dogs and kids. He loves to play and is really friendly. He is just a love bunny. He would need a fenced in yard to play safely with his humans. He is neutered, up to date on his vetting and microchipped. If you're interested in adding this young man to your family please email PAWS at shoalspaws@gmail.com



Guest Opinion-Editorial

Choking Small Business...

Continued from Page 10

been allowed to continue to do business--even if guns and ammunition are only a small percentage of their overall sales.

One of the unintended consequences of the mandate is that small businesses, which often specialize in a more narrow range of merchandise, are penalized more heavily than their national chain competitors.

Businesses owned and operated by Alabamians are absorbing the crushing cost of total closure while national chains based out of state continue to

snatch up what little retail demand still exists in the downturn.

If all businesses operating in Alabama were restricted from selling non-essential goods, small businesses might at least expect to benefit from the economic demand that will exist once the mandate is lifted. As it is, demand for those goods and services is funneled immediately to the big chains, cutting small business owners out of the deal entirely.

Bob Couch of Couch's Jewelers feels that his small business is paying a higher price than others. While he is forced to

shutter his 75-year-old family jewelry store in downtown Anniston, Wal-Mart is allowed to continue selling jewelry just a short distance away. Because they carry groceries and have a pharmacy, they are allowed to sell anything.

None of the small business owners I spoke with this week felt the retail sales restrictions were unnecessary given the scope and seriousness of the pandemic. However, they think the state government has picked winners and losers with a poorly-conceived order.

They are right, and the Governor can correct it today if she chooses.

Vermont heard a similar outcry from its small business community. In response, it amended its closure order so that businesses that remain open to offer essentials are limited to just those sales. In a large department store that offers a variety of goods, selling non-essentials is temporarily prohibited. No more going to Wal-Mart for groceries, but then wandering the aisles looking for a pair of gold earrings or a sleeping bag.

These are trying times for businesses of every size, but there's no good reason for our own state government to damage Alabama's small business owners further.

None of us likes the loss of civil liberties or the freedom to do business as we choose--not even for a day. But if our current public health concerns are so extraordinary as to require such restrictions, the least government can do is ensure that they be equally and fairly applied. Every business operating in this state--big box or main street--should bear its share of the burden.

Dana Hall McCain, a widely published writer on faith, culture, and politics, is Resident Fellow of the Alabama Policy Institute. Reach her on Twitter at @dhhmccain.

API is an independent, nonpartisan, nonprofit research and educational organization dedicated to free markets, limited government, and strong families, learn more at alabamapolicy.org.



Buying Used Cars

TRUCKS, VANS, RUNNING OR repairable. Also Fishing Boats and 4-Wheelers. 256-810-8411

ADAYS WORK MOBILE HOME repair, flooring, leaks, Kool Seal, underpinning, decks & more. Free estimates. Call 256-856-6213 or 256-389-3179



BEAUTIFUL UPRIGHT PIANO \$400. Oak Corner china cabinet \$75, 2 oak book shelves \$50, Samsung washer and dryer with pedestals, \$300, Leather Couch & Loveseat \$600...256-762-3319.

JEFF GORDON COLLECTIBLE JACKET, men's XL, \$40. 256-652-8432, Huntsville.



LAKE AND POND FISH FOR STOCKING. Bass, Bluegill, Shell Cracker, Catfish, Grass Carp, Minnows and Other Species. We Deliver! CALL FOR PRICES! 615-977-0752.

CLIP THIS COUPON! MELVIN'S ON THE SPOT CARWASH 256-767-3366 OR 256-335-8885 (Cell) www.melvinsonthespot.com

SPECIAL WEDNESDAY WAX DAY!!! WAX \$25 FOR w/coupon only. Wednesday only. *Limited Pickup & Delivery Area. Expires Tuesday, 04/21/20

St. Vincent de Paul THRIFT STORE Help Us, Help Others Serving Families of the Shoals

Due to the current situation - Store will be CLOSED until further notice

659 South Poplar Street, Florence (Conveniently Located in Downtown Florence Off Veterans Drive) 256-718-0901 • Mon.-Fri. 10am-4pm, Sat. 10am-2pm www.facebook.com/SVDPFlorence Your Donations Are Appreciated

Cialis Generic 30 count \$39.99

*Must have prescription

Adipex Generic 30 count \$9.99

Barnes Health Care Pharmacy 221 N. Court Street Historic Downtown Florence 256-764-3961

ABANDONED VEHICLE SALE THE COLLISION CENTER TOWING 3110 NORTHINGTON CT. • FLORENCE, AL • 256-766-4080

Abandoned vehicle sale Friday, April 24, 2020. Bids will be taken on the day of the sale between 8am and 3pm. Cars MUST be paid for by Monday, April 27th and picked up by Wednesday, April 29, 2020. SOLD AS IS for PARTS ONLY!!!

SOLD AS IS WITH NO GUARANTEE OF A TITLE • CASH ONLY

YEAR/MAKE/MODEL	COLOR	VIN
90 Chevy Corvette	White	1G1YY3387L5110896
94 Honda Civic	White	1HGEG8655RL031941
05 Suzuki Aeris	Red	JS2RC62H165352445
06 Pontiac G6	Blue	1G2ZH558664255852
98 Ford Expedition	Blue	1FMRU1766WLB06709
08 Nissan Altima	Tan	1N4AL21EX8N496155
03 Ford Escape	Tan	1FMYU03133KE04748
06 Chrysler PT Cruiser	Gold	3A8FV68B16T284643
05 Nissan Altima	Black	1N4AL11D85C321993
96 Jeep Grand Cherokee	Green	1J4FX58S0TC321171
94 Oldmobile Cutlass	Blue	1G3AG55M4R6433162
10 Chevy Cobalt	Blue	1G1AD5F54A7168881
99 Buick Century	White	2G4WS52MXX1498400
96 Pontiac Grand Prix	White	1G2WJ52M3TF225460
94 Ford F150	White	2FTEF15N7RCA54707
98 Buick LeSabre	White	1G4NP52K2WH512181
00 Lexus RX300	Silver	JT6GF10U1Y0079817
01 Honda Accord	Green	1NGCG2254YA007828
03 Chevy Trailblazer	Green	1GNDS13S232346212
97 Ford F150	White	1FTDF1726VNC68638
11 Ford Focus	Silver	1FAHP3FN7BW199931
05 Honda Accord	Gray	1NGCM56835A166334
01 Dodge Ram 1500	Red/Silver	3B7NC13ZX1M501227
86 Toyota 1/2 Ton Truck	Red	JT4RN50R8G0218119
06 Kia Optima	White	KNAGD128X65439257
01 Lincoln Town Car	White	1LNHM82W22Y609632
03 Nissan Altima	White	1N4AL11DX3C241625
07 Chrysler Aspen	Silver	1A8HX58PX7F566244
99 Ford Windstar	Blue	2FMZA5147XBC32554
30 Nissan Pathfinder	White	JN8HD17Y3RW249898
09 Chevy Impala	White	2G1WB57K591112974
99 Honda Accord	Green	1NGCG5651XA126883
03 Nissan Maxima	Gray	JN1DA31D93T524951
99 Nissan Sentra	Black	3N1AB41D6SL086647
97 Ford F150	White	1FTDF1724VNC86250
96 Honda Accord	Green	1NGCD5694TA218477
02 Chevy Cavalier	Gray	1G1JC124227188718
96 Ford Taurus	Green	1FALP52U6PA147505
06 Pontiac G6	Silver	1G2ZM551964167344
99 Toyota Tacoma	White	4TASM92N5XZ518259
95 Jeep Cherokee	----	1J4FJ68S4SL524375
05 Ford Crown Vic	White	2FAFP71W75X164992
18 Nissan Rogue	----	JN8AT2MT9JW470476

The Unseen Presence of God

The silent listener in every conversation. The unseen guest at every dinner table. The eternal witness to every word or thought or immoral act ever committed on this earth. The one who keeps track of the hairs of your head, breaths that you take, heartbeats, your steps, your trips, your words and your getting down and getting up, and your sins, that's God. God is the one who really knows you and can accurately judge you. The criteria above is very important because God will do with us according to what we have done with and for Him. God has a perfect record of your life. God knows whether or not you have ever been saved. If you get saved, He records it. Quite simple. God can be trusted. Maybe you've felt like God has left this world for good or forsaken you, but rest assured, God is still around and very real in these days. The sun came up again today and God demonstrated His love toward us by giving us food, clothing and oxygen to live. I am sure you thanked Him for all his blessings, didn't you?

Your purpose in life is: **Isaiah 43:7** "Even every one that is called by my name: for I have created him for my glory, I have formed him; yea, I have made him." **Isaiah 45:12** "I (GOD) have made the earth, and created man upon it: I, even my hands, have stretched out the heavens, and all their host have I commanded." God made you to glorify Him. People lose their lives for failing to glorify God. **Daniel 5:23** "But hast lifted up thyself against the Lord of heaven; and they have brought the vessels of his house before thee, and thou, thy lords, thy wives, and thy concubines, have drunk wine in them; and thou (BELSHAZZAR) hast praised the gods of silver, and gold, of brass, iron, wood, and stone, which see not, nor hear, nor know: and the God in whose hand thy breath is, and whose are all thy ways, hast thou not glorified?" **Daniel 5:30** "In that night was Belshazzar the king of the Chaldeans slain." Sin hooks us and costs us more that we can afford to pay. Confess your sin and trust Christ now. Your expiration date is just down the road.

Beacon Baptist Church Bill Bishop, Pastor • Rogersville • 256-247-7733 1.2 miles north from red light on Hwy. 207 on left Sunday services at 10am and 11am and 6pm Visitors welcome!

Pool Season is Coming!



\$300 OFF

Select Pools

No One Beats Our Price and Service

**Rent To Own & Financing Available
Home & Truck Center**



2612 Woodward Ave. • Muscle Shoals
256-383-2888

hhsales.com

Bill Brownell, Sales Manager



• Pools • Wood Buildings • Metal Buildings • Spray-In Bedliners

341015-1

Notes...

Continued from page 2

The American Red Cross has seen an outpouring of support from blood donors in response to the coronavirus outbreak. During this uncertain time, the Red Cross continues to encourage healthy individuals to schedule and keep donation appointments in the weeks ahead to ensure a stable supply throughout this pandemic.

Each Red Cross donation center follows the highest standards of safety and infection control, and additional precautions have been implemented to ensure the health of Red Cross donors, employees and volunteers.

Blood donation is essential to ensuring the health of our communities. The need for blood is constant, and volunteer donors are the only source of blood for those in need. With no known end date in this fight against coronavirus, the Red Cross needs the help of donors and blood drive hosts to maintain a sufficient blood supply for weeks to come.

This is the time to take care of one another. Healthy individuals who are feeling well are asked to make an appointment to donate later this month and after by visiting RedCrossBlood.org, using the Red Cross Blood Donor App, calling 1-800-RED-CROSS or enabling the Blood Donor Skill on any Alexa Echo device. Donors are also asked to make an appointment to donate in order to help manage the flow of donors appropriately in support of social distancing practices.

A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with

parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Florence Parks and Recreation/The Club (Florence Senior Center) has suspended all activities at The Club at this time.

The nutrition program IS, however, providing meals for their homebound clients as well as those that normally eat lunch at The Club. For those that normally eat at The Club they can call each day, Monday-Friday, between 8-10am to let us know they will be driving by to pick up a prepared meal under the front porch without entering the building. There is a limited number of lunches for each day.

Prepared meals will be ready to be picked up between the hours of 10-11am Monday-Friday. Please call 256-760-6668 or 256-760-6420 for more information or to let us know if you will be picking up your meal. These meals are for those that regularly attend lunch at The Club.

Like many places, the Athens-Limestone Public Library was forced to close to the public amid COVID-19 fears. With her regular story times suddenly cancelled, Amanda Coleman, head of the Athens-Limestone Public Library's children's department, looked for other ways to reach out to the community.

So Coleman and her assistant, Ambre Hyatt, decided to host virtual story times on Facebook, providing the same familiar songs and books the library's youngest patrons have grown to love. Story times and other kid's programs are being hosted live Monday-Thursday at 11:15am on the library's Facebook page: www.facebook.com/ALCPL

Athens-Limestone County Public Library - Home | Facebook

Athens-Limestone County Public Library, Athens, Alabama. 3.6K likes. A library is more than just books in the 21st Century. At ALCPL, we provide all members of our community with equitable access to...

www.facebook.com

The recordings can be watched there anytime.

The current schedule is spectrum story time (for all ages) on Mondays, Ink Slingers writing challenge (for middle schoolers and up) on Tuesdays, virtual story time (for

pre-schoolers through early elementary) on Wednesdays, and Facebook Live book group (for K-5th grade, discussing Harry Potter and the Sorcerer's Stone) on Thursdays.

Motor Coach Tours With The Club (Florence Senior Center). These trips are open to the public. www.GroupTrips.com/TheClub

Mackinac Island, 7 days 6 nights, \$719, August 16-20 - \$75 deposit due now.

Pigeon Forge/Smokey Mountain Show Trip, 5 days 4 nights, \$575, November 9-13 For more information, call The Club 256-760-6642

Shingle & Metal Roofing

- Standing Seam
- Custom Made on Job Site
- Concealed Fasteners
- Competitive Pricing

SIDING

- QUALITY VINYL
- Carport & Patios
- Vinyl Replacement Windows

SEAMLESS ALUMINUM GUTTERS

LICENSED, INSURED & BONDED

USA Made Products



Jerry & Chad Gann
GANN'S
Discount Siding, Inc.

Leighton 256-446-9767

Now Accepting



342751-1

FLORENCE MEDICAL ASSOCIATES, LLC

- David T. Brown, M.D.
- Nicholas D. Darby, M.D.
- Eric L. Santiago, M.D.
- Inkyung K. Santiago, M.D.

646 COX CREEK PARKWAY, SUITE B, FLORENCE, ALABAMA

NOTICE OF RETIREMENT William A. Hobbs, M.D.

With decidedly mixed emotions, it has come time for me to retire, effective April 19, 2020. Lynne and I will be relocating to North Georgia to be closer to and, lend more assistance to our family while our house in the Georgia Appalachians is completed. Most of my patients have been with me for decades and I have greatly appreciated their trust and efforts to stay well. I hope my patients will call over the next few months and arrange to continue with Florence Medical Associates, but medical records transfer to alternate providers will be made upon request.

Please Call 256-760-4544.

340048-1

Shoals PEST CONTROL

PROTECTING HOMES & BUSINESSES SINCE 1976

256-383-8158
Celebrating 43 years



Jeff Jackson



Tommy Crowden


FREE ESTIMATES
www.shoalapestcontrol.net

JOIN US ON  **facebook**

342065-1


Junior Whirl Answers

by Charles Barry Townsend Illustrated by David Coulson



TOP SPINNING CONTEST

Answer: The word is "FIVE." After you remove F, I and E, you are left with a "V" which is the Roman numeral for the number FIVE. The meaning remains the same.



WORD TEST

Spin-N-Spell

1	L	A	P	T	O	P	S				
2	F	L	A	T	T	O	P	S			
3	T	O	P	S	A	I	L				
4	B	A	C	K	S	T	O	P	S		
5	T	O	P	S	O	I	L				
6	B	L	A	C	K	T	O	P	S		
7	F	-	S	T	O	P	S				
8	T	R	I	C	E	R	A	T	O	P	S

© 2020 King Features Synd., Inc.



Medicare Expands Telehealth Services to Help Keep Seniors Safe at Home

Dear Savvy Senior,
Does Medicare cover telehealth services? My 71-year-old mother has chronic type 2 diabetes but is very concerned about going to the doctor for fear of exposing herself to coronavirus. What can you tell us?

Avoiding the Doctor

Dear Avoiding,
Yes! Due to the coronavirus (COVID-19) pandemic, Medicare recently announced that it will be expanding coverage for telehealth services to help keep vulnerable seniors safe at home. Here's what you and your mom should know.

Telehealth Services

If you're not familiar with telehealth or telemedicine services, they are full visits with a health care provider who isn't at your location using telephone or video technology device – i.e. smartphone, tablet or computer.

Telehealth services allow Medicare beneficiaries to take care of ongoing medical problems as well as new concerns, while following public health advice to stay home during the coronavirus outbreak.

Medicare patients with chronic health conditions now don't have to postpone a regular follow-up visit with the doctor to keep safe. They can do it via Skype or FaceTime. And people concerned they may have the virus could see their doctor or nurse practitioner virtually to find out how to get tested. Nursing home residents will also be able to have telehealth consultations with their doctors.

If your mom isn't familiar or comfortable with technology, you or another relative or friend can assist her. You may need to go over to her house to help her do this. Bring your smartphone, tablet or laptop – but remember, don't visit if you're feeling sick.

Risk of serious illness from the coronavirus is much greater for older people and those with underlying health problems such as lung conditions, diabetes or heart problems. Many seniors are also managing chronic health issues that put them at heightened risk.

Until recently, telehealth coverage under original Medicare has been limited to beneficiaries only in rural areas, and patients often need to go to specially designated sites for their visits.

The expanded telehealth coverage, which will remain in effect during the coronavirus outbreak, now allows doctors and hospitals to bill Medicare for visits via telemedicine that previously had to take place in person, at a medical office or facility.

If your mom happens to get her Medicare benefits through a private Medicare Advantage plan, they will also be expanding their telehealth services. For coverage details, contact her plan directly.

Other Medicare Coverage

In addition to the expanded telehealth services, Medicare will also be covering all coronavirus testing costs to see your mom has been infected, and medically necessary hospitalizations, so if her doctor recommends that she remain in quarantine at the hospital rather than self-isolating at home, she will not have to pay for these costs.

And if your mom has a Medicare Part D prescription drug plan, it will cover the coronavirus vaccine when it becomes available and will waive prescription refill limits so she can have extra medication on hand during the pandemic.

For more information on how Medicare is covering the coronavirus see [Medicare.gov/medicare-coronavirus](https://www.medicare.gov/medicare-coronavirus). And for the latest information on the coronavirus, visit [Coronavirus.gov](https://www.cdc.gov/coronavirus).

Send your senior questions to:
Savvy Senior,
P.O. Box 5443,
Norman, OK 73070,
or visit [SavvySenior.org](https://www.savvysenior.org).
Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



Letters...

A Pandemic

Continued from Page 16

about the way this world is going? Have you lost confidence in the leadership to do anything about this situation? Do you think the world is sick?

What can you do? Humble yourself, turn from your wicked ways, seek the Savior and your Creator, and pray, pray, and pray. Tell a few people to seek the Creator and to pray. We had public prayer in rallies all over the country for Desert Storm or on 9/11/2001 when the Twin Towers went down, and look back at the result. Now we can't assemble. Do it from home, or on your electronic gadgets, but do it!

Ask and it shall be given you; seek, and you shall find, and knock, and it shall be opened to you.

Jake Van Dyke
Florence

Need Pits for Mass Graves

Editor:

COVID-19 is barreling down on us. Trump administration health officials created statistical modeling of such a pandemic and concluded the American public health system would crash. The conclusions were so alarming that the report was not released to the general public.

Today, all across the country, front-line medical personnel are saying the dire predictions are coming true. Huge numbers of badly afflicted people won't even get into ANY kind of hospital!! Inevitably, they'll die outside somewhere. So what will happen with all the corpses?

Current burial and cremation facilities will probably be overwhelmed like the hospitals. With warmer weather, the cadavers will putrefy and create pestilential conditions for everybody. As a Viet Nam War veteran, I've seen and smelled more than enough rotting corpses bloated in the sun.

Therefore, our local authorities better start preparing for the mass death conditions without delay. They need to designate and excavate the pits for mass graves to stand ready to receive the deceased. Otherwise, even more people will needlessly die from the pestilence that will follow the coronavirus.

Paul Silins
Sheffield

LABRADOR RETRIEVER PUPPIES. CKC registered. 2 black males left. \$200 each. Call Brad at 256-810-7323.

HOME IMPROVEMENT AND BUILDING: siding, additions, garages, painting, decks, Free Estimates. 256-383-3218

IVY'S DRYWALL: HANG AND finish, any type of texture, 26 years of experience. Free estimates, 256-366-5631

FINANCIALLY STRESSED?

- ▶ Debt Consolidation/ Bankruptcy
STOP Garnishments/ Repossessions/Foreclosures
- ▶ Collection Harassment (FDCPA)
Credit Report Disputes (FCRA)
- ▶ Social Security Denials



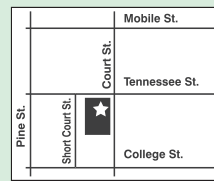
B. Grant McNutt
Attorney at Law



Nicholas H. Gajewski
Attorney at Law



Tanya McCalpin
Attorney at Law



BOND, BOTES, SYKSTUS, TANNER & McNUTT P.C.

Attorneys Providing Financial Solutions

Florence • 256-760-1010

102 S. Court St., Suite 314, Florence, AL 35630

For more information, visit www.bondnbotes.com

No representation is made that the quality of legal services to be performed is greater than the quality of legal services to be performed by other lawyers. We are a Debt Relief Agency and Attorneys at Law who, where appropriate, help people file for relief under the Bankruptcy Code.

Where We Don't Leave You Holding The Bag

This Ad Good April 15-21, 2020
Quantity Rights Reserved. None Sold To Dealers.
We Welcome WIC & Food Stamp Shoppers

WE'RE HOME OWNED & HOME OPERATED!
THANKS FOR SHOPPING BIG STAR!

Like Us On **facebook**

Check Facebook for Daily Specials

<p>MOUNTAIN DEW, SUNKIST, OR PEPSI 2 LITERS</p> <p>4/\$5</p>	<p>FRESH SELECT RIBEYE STEAKS LB.</p> <p>\$7.99</p>
<p>PURITY ASSORTED FRUIT POPS OR FUDGE BARS 6-12 COUNT BOX</p> <p>99¢</p>	<p>PURITY SUPER SCOOP NUTTY BUDDY ICE CREAM SNACKS 6 COUNT BOX</p> <p>\$1.99</p>
<p>PRE-PRICED \$4.29 DORITO TORTILLA CHIPS 9-10 OZ. BAG</p> <p>2/\$5</p>	<p>MOUNTAIN DEW, SUNKIST, OR PEPSI 12 PACK, 12 OZ. CANS</p> <p>3/\$11</p>

Come visit us for more great specials!

<p>Big Star Co. Rd. 47, St. Florian 256-764-0245 bigstarflorianal.com</p>	<p>Big Star Hwy. 64, Lexington 256-229-5264 bigstarlexingtonal.com</p>
--	---



We'll Wave At You

These are unique times for our country but Bob Wallace Appliance is open and here to help. If you're feeling well and wish to come to our store, we'll be happy to greet you with a warm wave! You can be confident we are taking all of the necessary steps to keep you, our families and our staff safe. We have many ways that you can shop with us and are happy to accommodate whichever way works best for you.



In-Store



Online



Phone



Chat

Our Temporary New Hours... Monday - Saturday 9am - 4pm



Serving you since 1978

bobwallaceappliance.com

256.533.2121
3005 Bob Wallace Ave
Huntsville

256.767.3213
906 Florence Blvd
Florence

256.841.5280
224 1st Ave SE
Cullman