



# TWIN CITY TIMES

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## Museum L-A launches Androscoggin River photo contest



Museum L-A invites the public to participate in a photo contest as part of our upcoming gallery exhibit. The new exhibit dives into the history of the Androscoggin River to celebrate this waterway and its effects on the industrial development of many cities throughout Maine. Photographs submitted to the contest will help to showcase the natural beauty of one of the largest rivers in Maine.

Contest submissions must feature some part of the Androscoggin River from its headwaters to the shore. This includes general river views, shots of the Great Falls and other

falls along the river, any Androscoggin watershed areas, and photos showcasing flora, fauna, or geographic features along or in the river. Museum L-A encourages submissions from anyone in the Lewiston-Auburn community and beyond to feature great views of this waterway throughout Maine. All submissions will be reviewed by a selection committee appointed by the museum. Winning photographs chosen by the committee will then be mounted in Museum L-A's gallery for the duration of the upcoming Androscoggin River exhibit.

All photographs

submitted for consideration must be accompanied by a completed submission form, available on Museum L-A's website, before the submission deadline of May 23. Photos can only be submitted by the person who took the photograph. If the photo was taken by a minor (under age 18), their legal guardian must sign the submission form for them. Individuals can submit two photos for consideration in the contest. All submissions must be sent digitally using the online submission form available on Museum L-A's website or by sending them to marketing@museumla.org.

Additional information and a submission form can be found on Museum L-A's website, www.museumla.org. Further questions can be sent to marketing@museumla.org.

Museum L-A wishes to thank Grow L+A for their commitment  
*See River, page 11*

## Seniors Not Acting Their Age Social distancing on Mount Megunticook



Group of hikers social distance on Ocean Overlook.

For the present, the pandemic has changed our world. I feel a sense of helplessness about the predicament. I'm old and supposedly more vulnerable. Totally lacking in healthcare-giving skills, it seems I'm a spectator in the unfolding emergency. I want to be part of the solution not part of the problem. I don't want to contract the virus but just as important, I

don't want to spread it to others. So, I've resolved to follow the dictates and recommendations of the medical experts and our leaders. I encourage others to do the same.

As the crisis worsens, the cautionary guidelines evolve. So rapidly in fact that by the time this goes to print, they may have transformed substantially. Hiking while main-

taining the suitable six-foot social distance is presently an acceptable activity. For the time being, the social distancing rules don't apply to my wife Nancy and me. That's a good thing because both of us have hearing deficiencies. If we're forced to stay six feet apart, yelling will be the primary means of communication. That  
*See Seniors, page 8*

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## Four CMCC students named to All-Maine Academic Team



Joshua Gagnon



Kate McPherson



Steven Ouellette



Leon Twitchell

Four students from Central Maine Community College (CMCC) are among the twenty Maine community college students named to the 2020 All-Maine Academic Team. The students were selected in recognition of outstanding academic achievement, leadership, and service. The CMCC students receiving the award, which includes a \$500 scholarship from the Maine Community College System Board of Trustees, are Joshua Gagnon of Poland; Kate McPherson of Litchfield; Steven Ouellette of Auburn; Leon Twitchell of Bryant Pond.

Gagnon has been a high honors student in the Precision Machining Technology program. An Air Force veteran, Gagnon is considered the “go-to person” for the younger students in the

program who need assistance. A member of the Phi Theta Kappa (PTK) Honor Society, Gagnon plans to graduate in May.

McPherson has earned President’s Honors as a student in the Computer Technology program. She is president of the CMCC chapter of PTK, which under her leadership achieved five-star status. The recipient of the Coca-Cola Leaders of Promise scholarship last fall, McPherson has also been selected as a semi-finalist for the PTK All-USA Academic Team scholarship. She plans on transferring to UMA to continue her education in technology.

Ouellette has earned high honors in General Studies and plans to transfer to UMaine Orono to study mechanical engineering (his dream job is to design cars).

Very active in campus activities, Ouellette is PTK treasurer and has been involved in everything from fundraisers to Red Cross blood drives to “Escape Room” outings!

Returning to school at age 53 can be intimidating, but all Twitchell has done is consistently earn President’s Honors in the Building Construction Technology program. The recipient of the Roland “Doc” Hanaford Scholarship last fall, Twitchell expects to begin theology studies for a bi-vocational ministry, serving his community with his hands while at the same time providing spiritual leadership for those in his church.

The All-Maine Academic Team is a program of Phi Theta Kappa, an international honor society for two-year colleges.

## Letter to Editor Coronavirus and prostate cancer

We are all totally focused on Covid-19 and that is as it should be, but at the same time we do not want to forget those who have other medical issues and in the Maine Coalition to Fight Prostate Cancer ([www.mcf-pc.org](http://www.mcf-pc.org)) we are focused on the men and their families who are on their prostate cancer journey.

Our One2One Confidential line is open, and we have many trained

volunteers whose PCA experiences can be matched with any man or woman who contacts us. If you call 207-441-5374 or 1-855-552-7200 x 801 and leave a message someone will get back to you.

We have support groups operating throughout the state and though they cannot now come together in person, many are still keeping and forging their connec-

tions through Zoom. A list of our groups along with telephone numbers is maintained on our website.

We are a statewide nonprofit serving the prostate cancer community for over 16 years and our website offers reliable links and information about Prostate Cancer.

Keep well, keep safe and keep in touch.  
*Sandra and Ole Jaeger, Georgetown, Maine.*

## CMCC waives admissions application fee



The sun sets over the campus of Central Maine Community College in Auburn. The college has waived the application fee for fall admission.

Central Maine Community College has announced that it has waived the application fee for fall semester admission. Any student who applies to the College will have the \$20 fee automatically waived. Anyone interested in applying for fall admission to CMCC can do so online by clicking the blue “Apply Now” button on the CMCC homepage at [www.cmcc.edu](http://www.cmcc.edu). A high school diploma or com-

pletion of a state high school equivalency certificate (GED, HiSET) is required for admission. Additional requirements for certain programs are explained in the Admissions section of the CMCC website.

CMCC offers over 40 career, technical, and transfer programs that prepare students for rewarding careers or transfer to four-year colleges and universities. The college boasts a wide

range of services and activities, including residence halls, the Learning Commons, Math and Writing Centers, Mustang Fitness Center, and a new Esports Arena. A fully-lit, turf athletic complex opened last fall.

For assistance or more information, contact the Office of Admissions directly at [enroll@cmcc.edu](mailto:enroll@cmcc.edu) or (207) 755-5273. The fall semester opens August 31<sup>st</sup>.

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# Newsmakers, Names & Faces

## Two teens receive award for their community advocacy

Surviving, then standing up to bullies. Devotion to protecting animals. This advocacy has earned Hope Rubito of Lewiston and Isla Wilson of Freeport the latest round of the Berman & Simmons Youth Leaders Award. The law firm award recognizes Maine middle and high school students for their outstanding service to their communities with \$500 toward the student's educational needs and a \$250 donation to the nonprofit of their choice.

Youth Leader: Hope Rubito

As the chairwoman of the Lewiston Youth Advisory Council (LYAC), Rubito has worked closely with municipal staff, local officials and members of the community to address issues surrounding bullying, something she knows about personally. Rubito was bullied in middle school, which led her to attempt suicide at age 13. As a survivor she

became an advocate for anti-bullying efforts.

She was integral in creating the "Listen Up Lewiston, Anti-bullying Forum" and served as a panelist for LYAC's program titled "A Call for Kindness" where students and adults shared emotional stories about their own experiences with harassment and bullying.

By spreading her inspirational message, Rubito gained the attention of Lewiston Superintendent Todd Finn who is now expanding policy on bullying district-wide with a focus on restorative justice and prevention. As she finishes her Junior year at Maine Connections Academy, Rubito is considering studying counseling in college and plans to continue her advocacy work with teenagers.

In Rubito's name, Berman & Simmons will donate her \$250 sponsorship award to Green Dot Lewiston/Auburn, a group of local volunteers

teaching safe, effective strategies to reduce harassment, assault, and interpersonal violence.

Youth Leader: Isla Wilson

Wilson has a lifelong dedication to caring for animals. Visits to Maine's Wolf Neck Farm as a child created a connection to wildlife that she continues in her own community. As a freshman at Baxter Academy for Technology and Science in Portland, Wilson directed her interest in animal welfare to a volunteer position at Midcoast Humane a few summers ago. She started there as a dog care-

See **Award**, page 11

## Guest Column

### Taking a moment to thank our essential employees

Just two months ago, not many people could have envisioned what our daily lives have become. In Augusta, we were in the middle of our legislative session, fighting for the issues we were passionate about and working for Mainers across the state. As we all know, that quickly changed. In mid-March, we voted on key emergency measures to better prepare the state to tackle the crisis and rushed to adjourn the Legislature. It was the beginning of what has become some of the toughest weeks many of us have ever

faced.

In these unprecedented times, many of us are home throughout the day. We knew from the start that in order to defeat the virus, we had to practice social (physical) distancing. That's just what we have done the last few weeks and will continue to do. However, we also knew that certain services and businesses couldn't close up. We've come to recognize those who are still going to work in those businesses as our "essential" employees. In these stressful times, the folks who keep our community up

and running are truly heroes. Despite the risk to their health, they show up and ensure that whatever we need to help get us get through is available.

These heroes are spread throughout our community. They are our health care workers and first responders, who are on the front lines in the fight against this virus, sometimes without adequate personal protective equipment (PPE). That fact is unacceptable, and I will continue doing all that I can to make sure they get badly needed

See **Essential**, page 8



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# What's Going On

## Nursing students take test in parking lot computer lab



CMCC nursing students Elsie Marston, left, and Autum Koch, right, are pictured here right after they completed the ATI exit exam in the "parking lot compute lab" at the college.

Thirty-two second-year nursing students at Central Maine Community College (CMCC) took an ATI exit exam recently in the "parking lot computer lab" at the College. This enabled them to take the test with proper social distancing and the required faculty proctoring. The students completed the exam

while sitting in their own vehicles, connected to the college's Wi-Fi. This exit exam, which is factored into the students' final grade, is also a predictive test designed to mimic the NCLEX (National Council Licensure Examination) the students will be taking in the near future.

While the CMCC

campus has been closed due to COVID-19, any students who lacks such access at home are able to get free Wi-Fi in the parking lot lab. They can also borrow a laptop by calling the IT department. An IT technician then brings a laptop to them, all the while observing proper safety protocols.

## The Live from Home Concert Series: Craig Stutsman

In the midst of postponed shows at their theater, The Chocolate Church Arts Center will present Live from Home, a series of concerts performed by regional musicians at home that can be streamed online by audience members via Facebook.

Craig Stutsman will perform May 9 at

7:30 p.m. Tickets are not necessary for the Live from Home concerts. Audience members will be encouraged to donate to help the organization recover lost revenue due to postponed shows, and to support the performers, many of whom are also facing canceled shows and loss of income.

The Chocolate Church Arts Center will continue to announce upcoming Live from Home performers on their website (<https://www.chocolatechurcharts.org>) and Facebook page (<https://www.facebook.com/Chocolate-Church-Arts-Center-212223856285/>).

## Southwest Harbor and Tremont Chamber cancels events

Due to the Coronavirus epidemic shutdown, the Southwest Harbor & Tremont Chamber of Commerce Board has had to make some difficult choices about their 2020 Schedule of Events.

The Chamber is concerned about the health and safety of their residents, seasonal workers and visitors.

Therefore, they are canceling events where large gatherings would naturally form, because large gatherings are not allowed right now and it is not known when that ruling will be lifted. This year, we will not be holding a fireworks display on July 4th, and due to the long lead time needed for organizing Oktoberfest, we are post-

poning our Acadia's Annual Oktoberfests' 25th season celebration until 2021.

Please continue to follow the Governor's guidelines to help control and limit the spread of this virus. For more information please contact Cynthia Crow at 207-244-9264 or office@AcadiaChamber.com.

## Maine tourism relief fund

The Maine Tourism Association and Poland Spring® 100% Natural Spring Water, part of the Nestlé Waters family, recently announced the official launch of "The Maine Tourism Relief Fund, Founded by Poland Spring and the Maine Tourism Association." Thanks to a generous donation of \$100,000 by Poland Spring and the work of the Maine Tourism Association, one-time grants will be made available to Maine's tourism businesses and employees who have been impacted by a loss of business, or decrease in income, due to the COVID-19 crisis.

Stay-at-home orders mandated by the state have closed restaurants, retail outlets, and attractions, and left small motels and B&Bs empty. Camps, cottages, and outdoor attractions have been forced to delay their season opening — significantly reducing their opportunity to earn income. These delays also prevent many Mainers from the seasonal employment that so many depend upon. Tourism supports over 110,000 employees in Maine. Around one in three of

Maine's private sector wage and salary employees work for businesses with fewer than 50 employees.

"Our mission is to keep the tourism businesses sustainable, which fits into our mission of why we are an association," said Tony Cameron, CEO of the Maine Tourism Association. "Tourism is the backbone of Maine's economy, and that is why the industry needs to be supported in this difficult time. These small businesses are what makes Maine a unique and special place to live - and visit! They give us great food, excellent service, and give us experiences that make memories that last a lifetime. We hope that by creating this fund, we can help protect the industries that Mainers and visitors alike will enjoy for many years to come."

100% of the money donated to the Maine Tourism Relief Fund founded by Poland Spring and the Maine Tourism Association will be given directly to fund recipients.

"175 years ago, Poland Spring started out as a small Maine business and tourist destination, and we are proud to team up with the Maine Tourism Association to help support today's small businesses in the tourism industry," said Tara Carraro, Executive Vice President and Chief Corporate Affairs Officer for Nestlé Waters North America, which owns the Poland Spring brand. "We believe in the power of coming together as a community during difficult times and hope that this fund will provide some relief to those whose work makes Maine so special."

"We are thrilled to be joining forces with Poland Spring to create

this fund," said Cameron. "They have always been supportive neighbors and an important part of Maine's history. We greatly appreciate their generous support."

In addition to Poland Spring, contributors to the fund include Experience Maine and Bissell Brothers Brewing. The latter two companies are selling Maine-made products, a portion of the proceeds of which will be donated to the fund. Links to these products can be found on the Maine Tourism Relief Fund website.

Subject to the availability of funds, a one-time grant of \$500 for individuals or \$1,000 for businesses with fewer than 50 employees will be disbursed directly to the applicant following the review and confirmation of eligibility, within approximately seven days of the closing of the application process. Awards will be limited to one grant per household.

Note that the application period closes on Friday, May 8. The grants are awarded through a lottery system of all eligible applicants. They are not awarded on a first-come, first-serve basis so applicants have time to gather the required documents and complete the application. More information, including the application form and information on how to donate to the fund to help Maine tourism businesses can be found on the website <https://www.maine-tourism.com/maine-tourism-relief-fund/>.

Please contact me Alison P. Sucey at (207) 458-3069 or [apsucey@mainetourism.com](mailto:apsucey@mainetourism.com), or Tony Cameron, Maine Tourism Association CEO, at 207-899-5853 or [tcameron@maine-tourism.com](mailto:tcameron@maine-tourism.com).

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## Amirault Scholarships awarded

Two high school seniors with strong work ethics grounded in family and faith have been chosen as the winners of the 2020 Lila Grace Sullivan Amirault Scholarships, each receiving \$4,500 to put towards their college tuition.

"It was immediate excitement, immediate. I read the email, and it was like, 'Oh, my gosh,'" said Avery Greco, a student at Saint Dominic Academy in Auburn.

"I was very excited about it. It will make the financial burden a little bit easier to go to college and possibly grad school after that," said Daniella Niedermeyer, a student at Cheverus High School in Portland. "I also feel honored because I know some of the other people who applied, and I have a lot of respect for them. I think they deserve it probably more than I do."

The Lila Grace Sullivan Amirault Scholarship Fund was established in 2013 by Patrick Amirault, now deceased, through the Catholic Foundation of Maine. Amirault established the fund to honor the memory of his wife, Lila, and to show gratitude for the care and quality education he received while attending a Catholic school in Malden, Massachusetts, where he grew up, one of nine children in a poor family. To be eligible for the scholarship, students must be accepted at an accredited college or university and must plan to work while attending college.

Greco and Niedermeyer have displayed strong work ethics, leadership skills, and a commitment to serving others throughout their high school years.

"Avery is very thoughtful and respects fellow students and teachers," wrote Anne Pontbriand, her religion teacher. "A knowledgeable student, Avery always put her best into whatever she is preparing for, both in and out of class."

"Daniella is a deep thinker, an excellent student, leader, and communicator," said Valerie Webster, her guidance counselor. "She ranks near the top of her class and is a kind, sincere, and caring young woman."

"Trying to be a good person means a lot to me," said Niedermeyer.

er. "I think if everyone did that, it would make the world a better place."

"I want to be the best I can be," said Greco. "I want to be thoughtful. I want to be giving."

Greco has long displayed those qualities. She became an altar server at Our Lady of the Rosary Church in Sabattus at a young age and has also served as an extraordinary minister of holy Communion during school Masses.

Greco volunteered at the Good Shepherd Food Bank in Auburn and at St. Mary's Regional Medical Center in Lewiston, and she helped decorate homemade wreaths for the Christmas by the Lake Fair held at St. Philip Church in Auburn. In addition, as a member of the St. Dom's tennis team, she volunteered for Special Olympics, keeping score for matches.

"It was so fun to see them compete against each other and to see them get excited about getting a point," she said. "I just felt so happy to be a part of such a great organization."

Greco has been a captain of the tennis team for three years, and for the past two years, she has been a captain of the field hockey team. She and two friends also started a volleyball/spike ball club at the school.

"We would just play, and play, and play," she said. "We would get people in my class involved. It was just so much fun."

Niedermeyer has also been active in sports, participating in cross-country, swimming, and track. Like Greco, she also helped to bring a new club to her school, a garden club. She and five other



Avery Greco



Daniella Niedermeyer

students built raised beds on the Cheverus grounds and even brainstormed ideas for keeping the garden watered when school was not in session. Their hope was to grow enough produce to donate to a soup kitchen.

"I really like gardening," she said. "I really like the idea of farming in general. You know exactly where the food comes from, and I think it's a life skill. You can learn a lot of character lessons from gardening, like success and failure and that hard work pays off. It's just very simplistic in that way and very natural."

Niedermeyer has volunteered at one of the Preble Street Soup Kitchens, cooking meals, and she is the president of Cheverus' Key Club, which puts on a Turkey Drive every Thanksgiving, serving hundreds of area families.

"I find a lot of value

See Amirault, page 13

# What's Going On

MAY 2020

**LEWISTON PUBLIC SCHOOLS**  
KINDERGARTEN REGISTRATION INFORMATION



**KINDERGARTEN**

Must be 5 years old by October 15, 2020  
\*Students currently attending Lewiston Public Schools Pre-K do not need to participate in the K registration process.

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# Arts & Entertainment

## LA Arts: Experiencing art while social distancing

LA Arts is approaching the challenge of this moment creatively. With a mission to make Lewiston-Auburn a vibrant community through arts and culture, LA Arts knows experiencing the arts is a key to feeling connected to community in these times of isolation.

Some of the creative solutions include the following:

Taking Art Walk LA online. On Friday May 29, a program of virtual arts events will be offered on YouTube, Facebook and Instagram. Keep an eye on LA Arts' new website (<https://laarts.org>) and social media for details.

Updating the Arts and Culture LA Calendar with local arts events, both virtual and in-person. To add an event, email [contact@laarts.org](mailto:contact@laarts.org).

Commissioning an exciting new public artwork for both Auburn and Lewiston through a grant from the Maine Arts Commission. LA Arts will share an announcement about these two works soon!

The Corner Digital Edition: Following a successful event in April, The Corner will finish its community storytelling season with another Zoom event on Thursday, May 28 at 7 p.m. Theme and more event details coming soon! LA Arts is pleased to provide Zoom hosting support for this event.

Arts & Culture Online Activities: Check the LA Arts website for a regularly updated list of online arts and cultural activities for you and your family. Have an item to add to the list? Email [contact@laarts.org](mailto:contact@laarts.org).

To keep going in these tough times and experiment with new ways of making the arts accessible, LA Arts would appreciate financial support from those who have support to give. Please note the new CARES Act includes added tax incentives for charitable giving. You can make a one-time or ongoing contribution in any amount on their website (<https://laarts.org/support/>) and they will acknowledge your gift in their annual report and year-end advertising. LA Arts gratefully acknowledges 2020 sponsors including The Sun Journal, Leary & Detroy, LA Metro Chamber of Commerce, and Twin City Financial Group.

Support the Arts in L-A! Your favorite L-A arts and cultural venues could use your support!

See LA Arts, page 11

## Lewiston Adult Education teachers use online tools

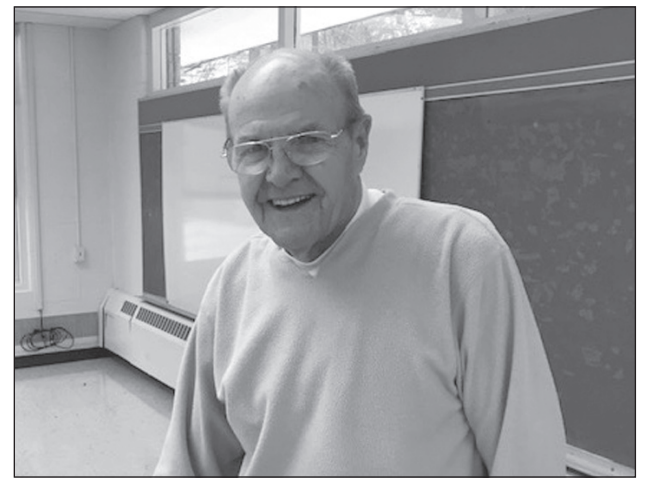
Students are continuing their Lewiston Adult Education classwork with their teachers, even as schools stay closed to limit the spread of coronavirus.

The Lewiston School Department switched to distance learning last month to limit the spread of coronavirus. Following the recommendation of Maine Commissioner of Education Pender Makin, Lewiston schools will remain closed until the end of the academic year in June.

Distance learning with adult education students is part of a broad effort in Lewiston schools. The Lewiston School Department has lent laptops to elementary school students so the parents can do video conferences. High school and middle schoolers are continuing their online lessons with teachers during the shutdown.

Don Roux has sent emails to his adult students as they continue to prepare for their High School Equivalency Test (HiSET), which has taken the place of the GED in Maine.

Roux sent out an email to students to let them know of a website where they could take



Don Roux is working with students online rather than in his Adult Learning Center classroom to help them get ready for their high school equivalency diploma.

practice tests. HiSET testing remains on hold during the school closure.

"If you want to do some test preparation on your own, you may sign in to the HiSET Program site ([HiSet.ets.org](http://HiSet.ets.org)) and go to the section that offers free practice tests. You will find all the subjects and each test has the answers (and some with explanations) at the end of the test. If you need help with anything, just send me an email," Roux wrote.

At the B Street Community Center, College Transition Program instructor Amy Hatch is using Schoology with her students. Schoology is a social networking service and a virtual

learning environment.

Construction training classes, which had also been held at B Street, have switched to online learning to complete the WorkReady curriculum. Thanks to a fundraiser by the Lewiston Auburn Metropolitan Chamber of Commerce, students are getting laptops to help with their work. The Computer Place helped with the setup.

The donors for the laptops were Steven Johndro of Androvis Realty; Lewiston City Councilor Alicia Rea; Recovery Connections of Maine, LLC; State Rep. Kristen Cloutier and Denny Bourgoin as well as an anonymous benefactor.

See Online, page 11

### MK KITCHEN TO GO MENU

#### APPETIZERS + SOUP + SALADS

- Blue Cheese Stuffed Baked Dates / Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / g.f.-12
- Cheese Board / Silvery Moon "Manchego", Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini -16
- Caramelized Onion Tart / House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / Vgt. -13
- Sage Roasted Butternut Squash Soup / Toasted Pepitas -8
- Gathered Greens / Grapes, Aged Balsamic & Olive Oil Vinaigrette, Pineland Farm Feta, Toasted Almonds / g.f.-8
- MK Wedge / Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing / g.f.-9
- Braised Farm Beets / Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / g.f.-11
- Grilled Romaine Caesar / Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing / -9 (Add Anchovy +2)

#### PASTAS + GRAINS

- Organic Quinoa Bowl / Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / Vegan +g.f.-12/20
- Gnocchi Primavera / Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / Vgt. -12/22
- Rigatoni Bolognese / Slow Braised Tomato - Beef & Pork Sausage, Smoked Bacon Breadcrumbs, Parmesan /13/24
- Handmade Ravioli / Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta / Vgt. -12/22
- Gnocchi Mac + Cheese / Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked Bacon Breadcrumbs / -12/22
- Butternut Squash Risotto / Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / Vgt. +g.f.- 14/26
- Mushroom Risotto / Roasted Crimini & Shiitake Mushrooms, Butter Parmesan, Truffle Oil / Vgt. +g.f.- 14/26
- Spaghetti with Braised Lamb Ragù / Pineland Farm Feta, Chopped Mixed Olives -24
- Orecchiette Pasta with Chicken & Broccoli / Garlic Butter, Wilted Kale, Parmesan -22  
(Vegetarian Orecchiette available with Pesto)

#### ENTREES

- Pan Seared Scallops / Truffle Roasted Crimini + Shiitake Mushroom Risotto, Green Beans, Beurre Monte / g.f.-18/32\*
- Grilled Faroe Island Salmon / Sage Roasted Butternut Squash Risotto, Fried Brussels, Pomegranate Gastrique / g.f.-27\*
- Chicken Under a Brick / Bone-in Breast, Whipped Potato, Seasonal Vegetables, Lemon Emulsion / g.f.-24
- Slow Braised Boneless Beef Short Rib / Horseradish Mashed Potato, Seasonal Vegetables, Mushroom Sauce / g.f.-28
- Grilled Filet Mignon / Herb Roasted Fingerlings, Pearl Onions, Wilted Greens, Foie Gras Butter, Beef Sauce / g.f. - 34\*
- Spice Rubbed Pork Loin / Smoked Bacon Elbow Macaroni and Cheese, Cheddar, Fried Brussels Sprouts, BBQ Sauce / -24
- Pulled Pork Sandwich / Chipotle BBQ Pulled Pork, Coleslaw, Grilled Brioche Bun, House Fries -14
- MK Burger / Cheddar, Bacon Crumbs, Shredded Romaine, Pickled Onion, House Sauce, Brioche Bun, Herb Fries -15

#### SIDES

- Fried Brussels Sprouts / g.f.-9 - Pan Roasted Vegetables / g.f.-9

#### DESSERTS

- Warm Chocolate Cake / Marshmallow Gelato, Sea Salt Toasted Peanuts /g.f.-10
- Chocolate Mousse / Belgium Chocolate, Whipped Cream, Candied Walnut Crumbs /g.f.-9
- Tiramisu / Mascarpone Cream, Coffee Ladyfingers, Chocolate Sauce -9

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## Parking lot Masses in Maine

In accordance with Governor Mills' plan to safely reopen the state, Bishop Robert Deeley is permitting the celebration of public Masses in the parking lots of Maine's Catholic churches, but with strict protocols (listed below) in place for the protection, safety, and health of all participants. The Masses are in addition to the many live-streamed Masses that are being offered at most Maine parishes since the suspension of large gatherings in the state. A list of the live-streamed Mass at Maine parishes can be found here: [www.portlanddiocese.org/live-streamed-masses](http://www.portlanddiocese.org/live-streamed-masses).

Starting last weekend, two venues will begin hosting outdoor Masses. All are welcome to attend both Masses.

On Sundays, parking lot Masses will be held at Saint Dominic Academy's Auburn campus on 121 Gracelawn Road at 10 a.m.

"Mass will be offered on an outdoor platform to raise the sanctuary space so that it can be more visible to all cars in the parking lot," said Fr. Seamus Griesbach, chaplain at the academy, who will celebrate the Mass. "A small number of volunteers will assist in traffic direction and parking. Those in attendance will need to follow the guidelines set by the state and the diocese, and the number of cars will be limited to 80."

The Mass will be live-streamed on Fr. Griesbach's YouTube channel for those who wish to view it online.

Also, on Sundays, parking lot Masses will be offered in the parking lot of Geiger, located on 70 Mount Hope Avenue in Lewiston, at both 8:30 a.m. and 10:30 a.m.

"It is our hope that the 10:30 a.m. parking lot Mass will also be live-streamed on our parish's website and Facebook page," said Fr. Daniel Greenleaf, pastor of Prince of Peace Parish in Lewiston. "In addition, we will be having daily parking lot Masses at the front of Holy Family Rectory in Lewiston at 8 a.m., Mondays through Fridays, weather permitting."

Starting this weekend (May 9 and 10), St. Anne Parish in Gorham will begin offering parking lot Masses on Saturdays at 5:30 p.m. and Sundays at 9:30 a.m.

"Masses will be celebrated from the second story, outside, rectory deck at St. Anne in Gorham with an unobstructed view from inside your car," said Fr. Lou Phillips, pastor of St. Anne.

Any additional parking lot Masses across the state will be added to the updating list at [www.portlanddiocese.org/ParkingLotMasses](http://www.portlanddiocese.org/ParkingLotMasses).

Protocols for the parking lot Masses, issued by the Diocese of Portland, include:

Holy Communion will not be distributed until everyone's safety can be assured through the adoption of appropriate protocols.

For the present, parishioners are invited to participate in an Act of Spiritual Communion during these Masses; all parishioners will remain in their cars at all times; only people who live together should be in the same vehicle; churches/facilities will not be open for restroom use; social distancing must be maintained by those who minister at these Masses (celebrant, cantor, lector, etc.); cars must have one empty parking space between them in the parking lot; offertory collections will not be held during the

See Masses, page 13

## The Live from Home Concert Series: Lindsay Mower



Lindsay Mower

In the midst of postponed shows at their theater, The Chocolate Church Arts Center will present Live from Home, a series of concerts performed by regional musicians at home that can

be streamed online by audience members via Facebook.

Lindsay Mower will perform May 7 at 7:30 p.m. Tickets are not necessary for the Live from Home concerts. Audi-

ence members will be encouraged to donate to help the organization recover lost revenue due to postponed shows, and to support the performers, many of whom are also facing canceled shows and loss of income.

The Chocolate Church Arts Center will continue to announce upcoming Live from Home performers on their website (<https://www.chocolatechurcharts.org>) and Facebook page (<https://www.facebook.com/Chocolate-Church-Arts-Center-212223856285/>).

## Stop Open Borders & 2020 Democrats Say No to Poverty, Crime, & Tyranny

Wednesday, DATE TBD, 2020

6:00 p.m. Refreshments ~ 6:30-8:30 p.m. Main Program

Many 2020 Democratic Candidates are calling for open borders. This informative program will demonstrate why those policies would harm America—and Maine.

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4 Term Maine State Representative (R)  
District # 137  
Co-Founder  
Maine First Project

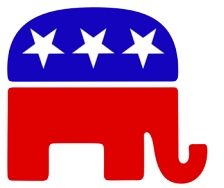


**Mark Phillips**  
National Border Patrol Council, Local 2349  
Executive Board  
Houlton, Maine  
15 years with US Border Patrol / 4 years on Southern Border



**Peter Falkenberg Brown**  
Chairman, Gray Republican Committee  
Conservative Writer & Author  
Host of the "Love, Freedom, & the World" YouTube Channel  
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## Seniors

Continued from page 1

would probably upset the neighbors and there could be serious legal implications.

One of our favorite mountain hikes is Mount Megunticook in the Camden Hills. We first began hiking there when living in Rockland in the seventies. I've been returning three or four times a year ever since. Occasionally, Mrs. Chase graces me with her company. Recently, the snow had melted, and the forecast was an ideal cool sunny day. We were good to go.

Normally, there is an element of predictability trekking in the Camden Hills. Early spring when trails are muddy is not a popular time to hike. Arriving at Camden Hills State Park Headquarters on Route 1 in Camden, the large parking lot was more than half full, similar to what I would expect on a beautiful fall day. Clearly, we weren't the only ones planning to practice social distancing in the mountains.

Determined to comply with the separation specifications and hopeful that others were similarly inclined, our trek began smugly walking past the tollgate. One of the few benefits of old age, seniors who are Maine residents get in free. Being more likely to succumb to the coronavirus seems a poor tradeoff.

Proceeding straight up the Campground Road towards Megunticook Trail, we were encouraged to observe that most people were walking up the Mount Battie Road. After passing through a wet muddy section at the beginning, trail conditions improved when higher elevation switchbacks were attained. Turning left onto scenic Adam's Lookout Trail, its east facing cliffs offered excellent views of Penobscot Bay. Climbing steeply over exposed ledges the narrow path soon connected with Ridge Trail.

The extraordinary benefits of the Mount Megunticook experience begin there. Scrambling precipitously over a continuum of ledges along vertical cliffs, exceptional vistas are a constant before arriving at iconic Ocean Overlook, one of Maine's most phenomenal locations. Many think the overlook is the top of Megunticook. It's

not. The true summit is eighty feet higher and almost a half mile beyond.

After an extended interlude enjoying the magnificent view, the hilly occasionally icy trek to the top was completed. During the descent, a few hikers increased to explode onto the scene. Most were carefully following distancing guidelines. Apparently, a couple of large groups of young people had not received the ubiquitous memo.

A pet peeve, pardon the intended pun, more than half of the hikers with dogs let them run free. How they can rationalize their choice is mystifying to me. The park is inundated with signs mandating dogs be leashed. They're posted at the entrance to the parking lot, on the tollgate, at trailheads, on park maps, and various other locations. There are good reasons for the law. Loose dogs endanger wildlife, bother leashed

dogs, and are a safety hazard for other hikers.

When we returned to the parking lot, it was full. Park employees were directing newcomers to the overflow parking area. The sheer volume of people increased the need for hikers to adhere to safe distancing recommendations.

The excursion concluded, we were back to the new normal, a repetitive regimen of hand washing, sanitizing, and disinfecting. Wearing masks is probably next. These are challenging times that will require self-discipline and abnormal consideration for others.

Stay safe. Think smart. Be positive.

Author of "The Great Mars Hill Bank Robbery" and "Mountain for Mortals - New England," Ron Chase resides in Topsham. Visit his website at [www.ron-chaseoutdoors.com](http://www.ron-chaseoutdoors.com) or he can be reached at [ron-chaseoutdoors@comcast.net](mailto:ron-chaseoutdoors@comcast.net).



A hiker ascends ledges on the Ridge Trail.



A hiker enjoys a view from the Ridge Trail.



A hiker enjoys the view from Ocean Overlook.

## St. Dominic Academy launches Jean-Dion Match Challenge

Saint Dominic Academy, with campuses in Auburn and Lewiston, is pleased to announce the 2020 Jean-Dion Match Challenge to provide tuition assistance to families.

Through May 15, Ray Jean '60, Louise Jean '61, and Don Dion '72 will triple every dollar donated up to \$100,000. The challenge is in addition to an endowment that the Jeans established at the Catholic Foundation of Maine in memory of Louise's mother, Laurianne Cormier.

"We are grateful to our generous alumni and are bolstering our efforts to raise \$100,000 in order to receive the full \$200,000 match from the Jeans and Dions," said Timothy Gallic, president of Saint Dominic Academy. "This is an incredible opportunity and gift."

Monetary losses, including lost wages, have resulted in concerns about students' ability to pay tuition for the cur-

rent year. With major fundraising events canceled, these concerns are heightened.

"The money raised through the Jean-Dion Match Challenge will help parents pay for this year's tuition and help secure future tuition assistance needs," said Gallic. "Our unwavering goals are to keep all of our students, provide a well-tuned remote learning program, and meet all the needs of our learning community. Educating students, pre-k through grade 12, in the faith is essential in today's world and must be available to all who desire it."

To support St. Dom's and triple your dollars through the Jean-Dion Match Challenge, text "Support" to (207) 222-7203 or visit [www.stdomsmaine.org/support](http://www.stdomsmaine.org/support).

On March 27, the Coronavirus Aid, Relief and Economic Security Act (CARES) was signed into law. The act increases the deduct-

ible amount for "qualified contributions" in two ways: allowing all taxpayers who elect the standard deduction to deduct total charitable cash contributions of up to \$300 on their 2020 federal tax return and lifting the existing cap on annual contributions for those who itemize from 60% to 100% of adjusted gross income. The CARES Act provides a temporary incentive for supporters of non-profits to contribute to their campaigns.

"The Class of 2020 will be the 75th to graduate from St. Dom's," said Gallic. "These students were the first born after 9/11 and their lives have been nothing if not extraordinary. This is a senior year they are not likely to forget. Nonetheless, it has been inspiring to witness the St. Dom's community, particularly our seniors, come together on behalf of one another and in service to the greater good. We will continue to work together to help address this crisis."

## Lewiston's Solid Waste Facility resumes regular schedule

The City of Lewiston's Solid Waste Facility, 424 River Road, Lewiston, will be resuming its regular operational hours starting Saturday, May 9.

The volume of customers utilizing the facility on the reduced operational schedule warrants restoring regular hours to include being open on Sat-

urdays. Starting May 9, Solid Waste Facility hours will be as follows: Monday through Friday, 7:15 a.m. to 2:45 p.m., Saturdays 8 a.m. to 11:45 a.m.

## Essential

Continued from page 3

PPE. Without their dedication to their work, their patients and our community, we would be hopeless in fending off the virus. By staying home, we can help them in their mission and keep hospital occupancy at a manageable level.

There are those who ensure that we can put food on our table even during the most trying of times. I'm sure grocery store employees never expected to be asked to risk their health in order to restock shelves or bag groceries. However, they have stepped up to the plate in big ways. When people rushed to the stores and cleared the shelves, they were there to replenish. Whether it's unloading trucks, restocking or watching the line to allow folks in

and out, they have been there to ensure food and household goods are available. Again, the rest of us can help by wearing face coverings, keeping at least 6 feet distance from others and following the directions when we're in the store.

There are also folks across Maine who may not be employed in one of the essential industries, but who have stepped up to volunteer and help those in need. This could be calling to check in on seniors in the community, shopping for groceries for those who can't get out, sewing masks or jumping back in to work in the medical field. Without them, our efforts would be severely diminished. If you're interested in finding out how you can help, please visit [www.maine.gov/covid19/maine-helps](http://www.maine.gov/covid19/maine-helps).

I know these have been tough times for so

many of us, no matter what our lives look like right now. But we will persevere. We have heroes among us performing the most critical jobs so that the rest of us can stay home and stop the spread. I want to say thank you to all of our essential employees for keeping us going, even in these uncertain times.

If I can be of assistance to you in any way, please do not hesitate to reach out to me. You can email me at [Ned.Claxton@legislature.maine.gov](mailto:Ned.Claxton@legislature.maine.gov), or call my office at 207-287-1515. And please, stay well and strong. Together we will defeat the virus and come out better on the other end.

Sen. Ned Claxton (D-Androscoggin) represents Maine Senate District 20, which includes Auburn, Mechanic Falls, Minot, New Gloucester, and Poland.



# American Pickers looking for L/A Collectors

Do you know any collectors in the greater Lewiston-Aburn area? The hit TV show American Pickers has asked us to reach out to our readers and spread the word that they are looking for collectors.

Mike Wolfe, Frank Fritz and their team are excited to return to Maine! They plan to film episodes of the hit series American Pickers throughout the area at the middle to end of July 2020.

They understand that with the proliferation of COVID-19, everyone is facing very uncertain times, and everything is changing daily. The staff at American Pickers is taking this pandemic very seriously and will be adjusting their schedule accordingly for the safety of those who appear on their show and their crew. They won't be picking until everybody is safe, so if they cannot make it this summer, no-

body's time is wasted as they will re-schedule to a date when conditions allow filming. However, they are excited to continue to reach the many collectors in the area to discuss their years of picking!

American Pickers is a documentary series that explores the fascinating world of antique "picking" on History. The hit show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America's most valuable antiques. They are always excited to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast, Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give his-

torically significant objects a new lease on life, while learning a thing or two about America's past along the way.

Mike and Frank have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them. American Pickers is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collection or accumulation of antiques that the Pickers can spend the better part of the day looking through, send them your name, phone number, location and description of the collection with photos to [americanpickers@cineflix.com](mailto:americanpickers@cineflix.com) or call 855-OLD-RUST. Find them on Facebook @ GotAPick.



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MIKE AND FRANK ARE LOOKING FOR LARGE, RARE COLLECTIONS & THINGS THEY'VE NEVER SEEN BEFORE. TELL US THE INTERESTING STORY BEHIND YOUR STUFF!

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**PLEASE LET US KNOW:**

- YOUR NAME, TOWN & STATE
- PHONE NUMBER
- WHERE YOUR COLLECTION IS LOCATED
- A DESCRIPTION OF YOUR ITEMS



## Lewiston resident volunteers during spring break

Saint Anselm College junior Matthew Boulet of Lewiston, Maine, spent part of his spring break participating in a volunteer service trip through the college's Service and Solidarity Missions Trips Program.

Boulet, a communication major, co-lead a group of 8 students to New York City where they volunteered at God's Love We Deliver helping prepare and deliver meals to people living with HIV/AIDS, cancer and other serious illnesses.

This spring break, 55 Saint Anselm students traveled to the follow-

ing sites to serve others: Ridgely, Md., New York City, Pawtucket, R.I., Aberdeen, Miss., and Orlando, Maine. Depending on the site, their week of service could include engaging with students of different abilities, renovating a camp for children, tutoring children, providing healthy meals, and visiting families and individuals in the communities.

Run by the Office of Campus Ministry, the Service & Solidarity program has offered service trips during winter and spring breaks for 30 years providing participants not only with the opportunity to serve

others but also with an experience that further develops lessons learned in the classroom.

Founded in 1889, Saint Anselm College is a nationally-ranked four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in the greater Boston region in southern New Hampshire, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, commitment to inclusiveness, a highly successful nursing program, and a legacy of community service.

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# MSAD 52 Adult and Community Education adapts



In the MSAD 52 community, learners, teachers and families are at the heart of everything. In this unprecedented time, they are thinking outside the box and helping support their community in any way they can. MSAD 52 has moved classrooms online to allow all learners to continue to interact, grow and work toward their educational goals. They offer regular online office and class hours throughout the day and evening to all students. Staff delivered laptops for those in need, offered technology support to students, access to ZOOM and Webex meetings, Google classrooms and directed them to local WIFI public ar-

eas when needed.

Stacey Keniston, ESL teacher, recently set up a parking lot meeting to deliver learning packets to her ESL students. "They looked so happy to see me when they pulled up next to me, we shared quarantine stories and our hopes for getting back to some kind of normalcy." Stacey remains connected with students via web classes, phone and emails.

Last Wednesdays, MSAD 52 academic students focused on life skills and cooking lessons. Using what students already have in their homes, MSAD 52 staff chooses a recipe and everyone cooks it "together" each week. Students also learn food

safety skills and get a chance to socialize as a group. A recent class offered was Making Meatballs, where students enjoyed learning a new skill and virtually visiting with each other and staff.

"The staff of MSAD 52 Adult Education went above and beyond to launch all their classes into an online format, completing the process in two days." Stated Razzell Ward, Director. "It is wonderful to see all our students working so hard to embrace this new learning even in these difficult times. I am so proud of students and staff for their willingness to try out these new online learning experiences and staying connected. Although we miss seeing them each day, we are grateful they are still working towards their goals and doing so safely."

Despite the unprecedented nature of national school closures, MSAD 52 have the ability to continue education even when our doors are closed. Whether that is diploma credit classes, enrichment or offering Hiset practice opportunities on our Hiset program site. The Hiset program site offers a place where

See MSAD, page 13

MAY 2020

## LEWISTON PUBLIC SCHOOLS

PREK REGISTRATION INFORMATION

**Registration Link:**

<https://bit.ly/LewistonKPKReg>

**Questions:**

kinderprekreg@lewistonpublicschools.org

**PreK Registration**

*Must be 4 years of age on or before October 15, 2020*

*Please complete the Google Form (link provided) to put your child on the PreK list for Fall 2020.*

*Respective schools will coordinate scheduling appointments to complete registration forms and provide necessary documentation once able.*

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Beginning 3/24, Tuesday through Thursday mornings from 6-7 a.m. will be reserved exclusively for customers 60+ and individuals identified by the CDC as being at high-risk. We won't be checking IDs, but request that all other customers support these vulnerable shoppers and wait until after 7 a.m. to enter the store.

Our store hours have also temporarily changed to allow for more time to clean, stock shelves and give associates additional time to rest - beginning 3/21, new store hours will be 7 a.m. - 9 p.m.





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## Award

Continued from page 3

taker, cleaning kennels, socializing them, making dog food and doing some training. From there, she learned behavior training and modification, a discipline she really loves.

Wilson has volunteered over 300 hours to Midcoast Humane, making her an invaluable advocate for animals. Her ability to make connections between humans and animals, bridge misunderstanding, and facilitate conversation around animal welfare have all proven to be invaluable skills for her success. Last fall, Wilson was instrumental in organizing and running a fundraising event as part of Freeport's 3-day Fall Festival. She worked with shelter staff and several dog-friendly business partners in Freeport to create a scavenger hunt through their shops. She even created promotional bandanas for the dogs to wear during the event.

With a goal of becoming a veterinarian, Wilson is currently interning at Brunswick Veterinary Clinic, where she's gaining real-world clinical experience. At Wilson's request, Berman & Simmons will donate both her sponsorship award and her educational award (\$750 total) to Midcoast Humane.

"We're pleased to give our Youth Leaders Award to Rubito and Wilson. The work they are doing is vital in their communities and recognizing them now offers inspiration at a time when we need it most," said Craig Bramley, Managing Director at Berman & Simmons. "These are passionate and driven young individuals providing a voice to those who don't have one. We consider it an honor to help young activists and advocates who are committed to improving their communities and exploring their passions."

Berman & Simmons welcomes nominations for the next Youth Leaders Award. The honor is open to all Maine students who are actively enrolled in middle or high school and have been championing a cause they're passionate about. Whether the student is advocating for the environment, equal rights, animals, an issue in their community, or simply finding a way to help others improve their lives, the firm's goal is

to showcase their exceptional work, give them a voice to share their passion project, and provide additional resources to help advance their cause. Learn more and nominate a youth leader here: <https://www.bermansimmons.com/youth-leaders-award/>.

## River

Continued from page 1

and leadership in the pursuit of an upgrade of the Androscoggin River water classification and their collaboration on this photo contest project.

Museum L-A is located in the Bates Mill Complex at 35 Canal Street in Lewiston, Maine. It is currently closed to the public, but its regular hours of operation are Tuesday through Friday from 10 a.m. to 4 p.m. and Saturdays from 10 a.m. to 3 p.m. Special tour requests and large group tours outside of these hours are available by appointment.

## Online

Continued from page 6

Adult Learning Center Coordinator Laurie Champagne shared in an email that teachers are emailing, texting or calling their students to check in on them. Instructors who work with students to improve their English language skills are using the Rosetta Stone and the website ESL Library.

In the coming weeks, adult education students will also have access to Burlington English. This program will assist with English language instruction with a career focus.

Anyone with additional questions about Lewiston Adult Education can email Mike Reagan [mreagan@lewistonpublicschools.org](mailto:mreagan@lewistonpublicschools.org) or leave a message at the Adult Learning Center, voicemail is checked remotely, at 207-784-2928.

## LA Arts

Continued from page 6

As many of them make tough decisions about planned performances, you can visit LA Arts' websites to stay informed and make a donation. Visit <https://laarts.org/our-work/acla/> to see the list of ACLA organizations.

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<b>FUNDIDO - 8.95</b> warm cheese dip with cilantro, rajas & your choice of mushrooms or housemade chorizo Served with corn chips	<b>FRIED BRUSSEL SPROUTS - 8.95</b> tossed in a chili-lime vinaigrette with toasted sesame seeds, red onion escabeche & jalapeños	<b>CHEESE NACHOS - 5.95</b> w/ organic black beans - 6.95 w/ choice of chorizo, shredded pork, grilled chicken, steak OR ground beef - 9.95
<b>MEXICO CITY STYLE CORN ON THE COB - 4.95</b> basted with chipotle mayo & dusted with cotija cheese	<b>YUCCA FRIES - 7.95</b> golden fried yucca fries served with a chimichurri aioli* and citrus habanero bbq dipping sauces	Make your nachos <b>GRANDE</b> by adding guacamole, shredded lettuce, housemade crema, radishes, pickled jalapeños, cilantro & taquerera salsa <b>add 5.95</b>
<b>FRIED PLANTAINS - 6.95</b> with chipotle mayo	<b>CHICKEN TAQUITOS - 8.95</b> three corn tortillas filled with rajas, jack cheese & chicken, rolled and fried. Topped with lettuce, crema, cotija, pico de gallo & avocado purée	

**QUESADILLAS** flour tortilla filled with monterey jack cheese & crisped on the griddle. Served with pico de gallo salsa.

<b>CHEESE - 6.95</b>	<b>SEASONED GROUND BEEF - 9.95</b>	<b>CHAR GRILLED CHICKEN - 9.95</b>
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<b>GRILLED STEAK - 11.95</b>	<b>SHREDDED PORK - 9.95</b>	<b>BBQ PULLED PORK - 10.95</b>

Add rajas to any quesadilla (sauteed peppers & onions) - 1.95

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\*Consuming raw or undercooked eggs or shellfish may increase the risk of food born illness



# Sexual Assault Prevention & Response Services

## We listen. We Believe. We care.

Sexual Assault Awareness Month (SAAM) is an annual campaign to raise public awareness about sexual assault and educate communities and individuals on how to prevent sexual violence. It is observed in April.

Each year during the month of April, state, territory, tribal and community-based organizations, rape crisis centers, government agencies, businesses, campuses and individuals plan events and activities to highlight sexual violence as a public health, human rights

and social justice issue and reinforce the need for prevention efforts.

The theme, slogan, resources and materials for the national SAAM campaign are coordinated by the National Sexual Violence Resource Center each year with assistance from anti-sexual assault organizations throughout the United States.

The 1970s saw a significant growth for prevention and awareness of sexual violence across the country, following the general trend of social activism throughout the decade. Moving beyond

awareness of the issue, the Bay Area Women Against Rape opened in 1971 as the nation's first rape crisis center offering immediate victim services. With this heightened awareness of sexual violence, state coalitions began to form, beginning with Pennsylvania Coalition Against Rape in 1975.

As early as 1976, Take Back the Night marches rallied women in organized protest against rape and sexual assault. These marches protested the violence and fear that women en-

countered walking the streets at night. Over time these events coordinated into a movement across the United States and Europe. Because of this movement broader activities to raise awareness of violence against women began to occur.

In the early 1980s, activists used October to raise awareness of violence against women and domestic violence awareness became the main focus. In the late 1980s, the National Coalition Against Sexual Assault (NCASA) informally polled state sexual assault

coalitions to determine the preferred date for a national Sexual Assault Awareness Week. A week in April was selected. By the late 1990s, many advocates began coordinating activities and events throughout the month of April, advancing the idea of a nationally recognized month for sexual violence awareness and prevention activities. SAAM was first observed nationally in April 2001.

Survivors, advocates, and state coalitions mobilized around the creation and implementation of the Violence Against

Women Act in 1994. This bill was the first national law requiring law enforcement to treat gender violence as a crime rather than a private family matter. VAWA was also designed to strengthen legal protections for victims of domestic violence and sexual violence as well as expand services to survivors and their children

The National Sexual Violence Resource Center was established in 2000 by the Pennsylvania Coalition Against Rape and the Center for Disease Control. In 2001, the NSVRC co-ordinated the first formally recognized national Sexual Assault Awareness Month campaign, and still facilitates it today. In 2005, the campaign shifted to prevention of sexual violence and the first tool kits were sent out to coalitions and rape crisis centers across the country. Awareness for the campaign culminated in 2009 when Barack Obama was the first president to officially proclaim April as Sexual Assault Awareness Month.

With a combined history of over 90 years, the rape-crisis centers serving Androscoggin, Franklin and Oxford Counties have worked for change by educating our communities and supporting victim-survivors of rape, child sexual abuse and other forms of sexual violence.

Now these three agencies have joined forces and merged into one agency which covers all three counties. The new agency is named Sexual Assault Prevention and Response Services. This merger has allowed them to combine resources to better support their work, find some savings by combining expenses where possible, and ensure greater financial security.

Their 24 hour response line is 1-800-871-7741 (voice) and 1-888-458-5599 (TTY) Please call if they can help.

Mission Statement: Sexual Assault Prevention and Response Services works to prevent and eliminate sexual violence and promote healing and empowerment for people of all genders and ages who are affected by rape, sexual assault, child sexual abuse, sexual exploitation, stalking and sexual harassment.

We are grateful for and proud of the work of our colleagues at Sexual Assault Prevention and Response Services. Thank you for providing vital services to survivors when they need it most.

24-hr Helpline 1-800-559-2927 | [www.safevoices.org](http://www.safevoices.org)

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**\*Summer Session II classes begin July 6**

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# Calendar

Send your submissions to the Editor. More online.

## Ongoing, Wednesdays

Lewiston outdoor market (weather permitting) from 10 to 11 a.m. at 91 College Street, Lewiston. Neighbors who help set up the market wear gloves and masks. The market is set up to allow safe social distancing. Customers will have their temperature taken upon arrival and be given a box to fill if they are safe. If they

are running a temperature, they will be sent home quickly with a box of food.

## Ongoing, Tuesdays and Thursdays

Online Story Time with Baxter Memorial Library's Ms. Heidi at 9:30 a.m.

## Ongoing, Tuesday through Fridays

Afternoon Chapters with Baxter Memorial Library's Mr. Jeff at 2

p.m., throughout April. Join Mr. Jeff on Facebook Live as he reads Frindle, Holes, The Wild Robot, and the Miraculous Journey of Edward Tulane.

## Thursday, May 7

Live from Home Concert series featuring Lindsay Mower live streaming on Chocolate Church's Facebook page at 7:30 p.m. Tickets are not necessary, donations welcome. Visit <https://www.chocolatechurcharts.org> for more information.

## Saturday, May 9

Live from Home Concert series featur-

ing Craig Stutsman live streaming on Chocolate Church's Facebook page at 7:30 p.m. Tickets are not necessary, donations welcome. Visit <https://www.chocolatechurcharts.org> for more information.

## Monday, May 11

Harry Potter Mug-gle Cakes: Live from Hogwarts-at-Home. Join Ravenclaw Librarian Heidi Whelan on Baxter Memorial Library's Facebook page at 2 p.m. as she temporarily puts down the books and pick up a mixing spoon. She will demonstrate how to prepare a magical mug-gle cake.

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mailing in donations to the parish office.

It is important to note that Catholics in Maine continue to be dispensed from the obligation to attend Sunday Mass. Even, then, as the diocese permits these drive-in Masses, Maine parishes are encouraged to continue offering live-streamed Masses, which have the capacity to reach a large number of our Catholic people, especially those who are trying to remain safe by staying at home. In addition, parishes will continue to offer drive-thru

confessions, drive-in adoration, as well as using social media platforms to offer an assortment of other opportunities for prayer and educational program presentations. These and other opportunities can be found at the Diocese of Portland's Coronavirus Response page ([www.portlanddiocese.org/response-coronavirus](http://www.portlanddiocese.org/response-coronavirus)), which is updated several times daily.

For more information, contact Dave Guthro, Communications Director at the Diocese of Portland, at [dave.guthro@portlanddiocese.org](mailto:dave.guthro@portlanddiocese.org).

## MSAD

Continued from page 10

students can practice their skills and be well prepared to take and pass the Hise test. MSAD 52 Adult and Community Education program remains active and is committed to positive learning experiences, whether online or in school. If you are interested in starting or completing your education with MSAD 52, email [josee.castonguay@msad52.org](mailto:josee.castonguay@msad52.org) or [tricia.sawyer@msad52.org](mailto:tricia.sawyer@msad52.org).

During the closure, reach out with any questions by calling 225-1013, your message will be responded to quickly. Like MSAD 52 on Facebook for updates and news and connect with them on the web at <https://msad52.maine-adulted.org/>.

## Amirault

Continued from page 5

in my experiences with Key Club and this idea of service and giving back and seeing other people as worthy of this service," she said.

Niedermeier also volunteered at the Maine State Society for the Protection of Animals, a Windham-based non-profit that cares for horses that have been abused. She has also helped out at the Sunshine Fair, held during the summer at St. Matthew Church in Limerick.

Niedermeier and Greco both say their desire to serve comes from the example set by their families and the values that are part of their faith.

"My Catholic values influence what I find important and what I think has value. Part of it is being a good per-

son and making sure you are honest and true to yourself in all of your actions," said Niedermeier.

"I think, most importantly, it's just trying to embody how Jesus acted into our everyday lives," said Greco. "Treat others as you would like to be treated."

Greco and Niedermeier both excel academically, with grade point averages above 4.0, due to honors and AP courses. Both are members of the National Honor Society and both have been class leaders. Greco is her class vice president and a member of the student senate, while Niedermeier was her class vice president last year. Niedermeier is also on the debate team, and both are members of their schools' math teams.

As they look to college, Greco and Niedermeier both said they feel prepared thanks to the excellent education they have received.

"I think St. Dom's has done a great job preparing me for college. All my siblings (five) went through St. Dom's, and they've been successful in college, and they've been so prepared," said Greco.

"It's a very challenging curriculum, and it makes you work hard to really learn the material, which helps you build character," Niedermeier said about Cheverus High School.

Niedermeier and Greco say Cheverus and St. Dom's provided them a supportive environment in which to learn and grow.

"One of the key things about St. Dom's that I've always felt is the sense of community. I know they always talk about that in advertising,

but it's so much more. It actually is a community. All my teachers, I feel so comfortable talking to. I've grown up with probably eighty percent of the kids in our class. I've seen them grow up. I've seen them through their awkward stages, and I've seen them really thrive," said Greco. "It's almost like a brother-sister relationship, and I would never take that back."

"It's a very strong community," said Niedermeier. "I think the classes are especially challenging, which kind of brings people together in a way, so I like that. There is a general community atmosphere. We all get together for things like the Turkey Drive, and we all go to Mass in the gym, so that just makes for one big community."

That strong sense of community is one of the reasons why Niedermeier eyed Catholic colleges. She plans to attend Loyola University in Maryland, where she will likely major in psychiatry.

"I want to continue going to a Catholic or Jesuit school just because of the community and the different service aspects," she said.

Greco plans to major in chemical engineering at the University of Maine in Orono.

The Amirault Scholarship Endowment is just one of many endowments established through the Catholic Foundation of Maine to support the work of the Church in Maine. If you would like to learn about creating or contributing to a charitable fund, contact Elizabeth Badger, executive director of the foundation, at (207) 321-7820 or [elizabeth.badger@portlanddiocese.org](mailto:elizabeth.badger@portlanddiocese.org).

org. You can also visit the Catholic Foundation of Maine's website at [www.catholicfoundationmaine.org](http://www.catholicfoundationmaine.org).

## Masses

Continued from page 7

Mass. Instead, parishioners are encouraged to donate to their parish online through WeShare ([www.portlanddiocese.org/OnlineGiving](http://www.portlanddiocese.org/OnlineGiving)) or by

## Community college students named All-Maine Academic Team

Seventeen Maine community college students have been named to the All-Maine Academic Team in recognition of their outstanding academic achievement, leadership, and service.

The students receiving the award and a \$500 scholarship from the MCCS Board of Trustees, are: Kate McPherson, Litchfield, Central Maine Community College in Auburn; Steven Ouellette, Auburn, Central Maine Community College; Joshua Gagnon, Poland, Central Maine Community College; Leon Twitchell, Bryant Pond, Central Maine Community College; Kateryna Bagrii, Levant, Eastern Maine Community College; Bangor; Alexandra Fairbrook, Old Town, Eastern Maine Community College; Amanda Diaz, Hudson, Eastern Maine Community College; Anisa Stowe, Jefferson, Kennebec Valley Community College in

Fairfield/Hinckley; Alison Basye, Fort Fairfield, Northern Maine Community College in Presque Isle; Brooke Weatherhead, Caribou, Northern Maine Community College; Justin Barry, Houlton, Northern Maine Community College; Juan C. Gonzalez, Scarborough, Southern Maine Community College in South Portland/Brunswick; Kiarra Richards, Weld, Southern Maine Community College; Emily Bosley, Marshfield, Washington County Community College in Calais; Sara Leeman, Baileyville, Washington County Community College; Emilie Landry, Berwick, York County Community College in Wells; and Melissa Pitt, East Kings-ton, York County Community College.

In addition, Emilie Landry (YCCC) and Justin Barry (NMCC) have been named Maine New Century Scholars for earning the highest

scores in the state on their All-USA Academic Team applications.

Landry has been named the 2020 Maine New Century Transfer Pathway Scholar. She will receive a \$2,250 scholarship.

Barry is the 2020 Maine New Century Workforce Pathway Scholar. He will receive a \$1,250 scholarship.

The New Century Pathway Scholarship program is sponsored by The Coca-Cola Foundation, The Coca-Cola Scholars Foundation, the American Association of Community Colleges, and Phi Theta Kappa. Only one New Century Transfer and Workforce Scholar is selected from each state.

The All-Maine Academic Team is a program of Phi Theta Kappa, an international honor society for two-year colleges. Students are nominated and selected for the team by their college.

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# St. Dom's students offer help to front line heroes



Club today! Thank you so much!"

Through the many service projects of the Key Club and other organizations at St. Dom's, the students are spreading the Gospel and fulfilling a call to serve those in need.

"We want students filled with the fire of the Holy Spirit as they are taught to be leaders in our community," said Timothy Gallic, president of Saint Dominic Academy.



From pre-kindergarten through twelfth grade, students at Saint Dominic Academy in Auburn and Lewiston are consistently involved in service, helping many in need around them while gaining a deeper understanding of community, generosity, and responsibility. That assistance continues to be provided during the COVID-19 pandemic and distance learning.

"The Key Club is a service organization for students to volunteer in the school and around the community," said Pamela Kay, a nurse and

health educator at St. Dom's.

"Our club decided to donate what we would be selling in the canteen at school to the nursing staff of five different units, doctors, and respiratory therapists at Central Maine Medical Center in Lewiston."

A post on the CMMC Facebook page offered gratitude for the thoughtful gesture: "Team members on our nursing units, respiratory therapists and hospitalists really enjoyed the delivery of chips and full-sized candy bars from the St. Dom's Key



"A school community filled with joy and gratitude is a mark of good things happening, and we are so grateful for the impact of the Key Club and our other service initiatives."



# Straight A's in Patient Safety

## CENTRAL MAINE MEDICAL CENTER EARNS FOURTH CONSECUTIVE "A" SAFETY GRADE

At Central Maine Medical Center, patient safety is a top priority and we are proud to be nationally recognized in the most recent Hospital Safety Grades released by The Leapfrog Group. This distinction validates our ongoing commitment to providing high-quality care and driving the best outcomes for our patients.



The Leapfrog Hospital Safety Grade is an elite designation from The Leapfrog Group, a national, independent watchdog that sets the highest standards for patient safety in the United States.

