

Simpson's in the Top 5%

FLORENCE - Simpson's Collision Repair has been officially certified by Assured Performance. Assured Performance advocates for maintaining the right tools, equipment, training, and facilities necessary to repair vehicles to manufacturer's specifications. Simpson's is now part of the exclusive group of Certified Collision Care Providers™ and officially recognized by Assured Performance, FCA, GM, Enterprise, Ford, and Nissan.

According to Simpson's Collision Repair owner, **Johnny Simpson**, "This certification supports our reputation for superior customer service serving our community. Our customers are friends and neighbors, so it is important to provide them with peace of mind that their vehicles are being repaired correctly by highly-trained professionals who care about them."

Employees have passed a rigorous certification process essential to help ensure a proper and safe repair of the new generation of advanced vehicles. Fewer than 5% of body shops across the nation are able to meet these stringent requirements.

See **SHORTS...** on 13

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Volume 131 Number 35

June 17, 2015

POSTAL PATRON



Courier Journal

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The Conquerors

Event Looks to Empower Women



FLORENCE - The first Conquering Life event is set for June 26-28 in downtown Florence. Event organizers say it's going to be a great opportunity for women to find their true selves and thrive.

"We started with the desire to bring women together," said Sarah Gwin Gillis, one of the event organizers who is also a personal trainer and life coach. "Women often have this image of themselves as being put together when, in reality, they're crumbling inside." Conquering Life

See **WOMEN...** on Page 6

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The **Miracle Worker** play continues all month at Ivy Green in Tuscumbia.
Dennis Sherer

June 22-28

Keller Fest '15

by **Patsy Glenn** for the Courier Journal

Every year the Helen Keller Festival Board and the City of Tuscumbia seem to outdo themselves, and this, the 37th year, is no exception.

Plan to start your week on Monday, June 22 with a tour of Ivy Green anytime between 8:30 and 4:00. Tuesday wouldn't be complete without heading to the Deshler High School auditorium for a free viewing of the *Miracle Worker* film. The show starts at 6pm. Wednesday, June 24 is reserved for area seniors. There's a free picnic for those 60 and older at Spring Park. Lunch will be served from 10am-1:30pm.

Honoring America's First Lady of Courage goes into full swing with a parade in downtown Tuscumbia led by

Grand Marshall Keller Johnson-Thompson, the great, great niece of the honoree herself. Be there by 6pm Thursday, June 25 for the parade and street party. The Ben Parker Project will be giving the street party some amazing beats that won't leave a toe untapped.

Tuscumbia is the place to be all week. Plans include everything from a five-mile run to an arts and crafts show to a cemetery tour to an antique car show and golf tournament.

And what would an event in the Shoals be without music? Besides the Ben Parker Project Thursday, on Friday, June 26 Spring Park will be hosting The Atlanta Rhythm Section,

See **KELLER...** on Page 5



FFA String Champions

The Lexington High School FFA (Future Farmers of America) String band made history, taking first place in the 2015 North District FFA Eliminations in April. They competed in the State Finals last week. Pictured from left to right: Mason Nunley, Mitchell Beavers, Blayne McCafferty, Lindsay Konig, Katie Konig, Will Plummer, Luke McCafferty. Barry McCafferty is the school FFA Advisor. Terry Williams is the string band coach. Courtesy photo

83 Pinned at NWSCC

MUSCLE SHOALS - Northwest-Shoals Community College Nursing Program honored 83 registered nursing graduates at its pinning ceremony recently.

Director of Nursing, Shelia Smith, and several members of the faculty and students participated in the ceremony that included presentation of the pins, the Nightingale Pledge, and the lighting of the lamp.

See **NURSES...** on Page 28

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- Knight's Korner
- Ask Dr. Webb
- UW Fan Drive

- Tour British Landscapes
- UW Fan Drive
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- Windows on a Dime
- Keller Fest Schedule
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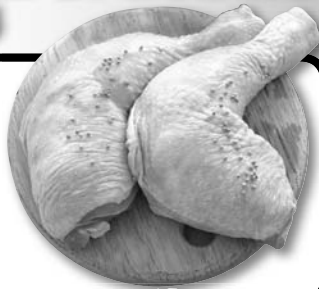
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BETTY CROCKER Fruit Snacks **2.19** 6-10 CT.

PRAIRIE FARMS Ice Cream **3.99** HGL

Kool-Aid Bursts **99¢** 6 PK.



STARKIST Tuna **79¢** 5 OZ.

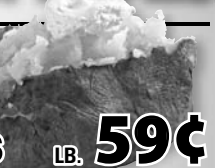


FRESH PRODUCE SPECIALS

GREEN OR RED Seedless Grapes **1.39** LB.



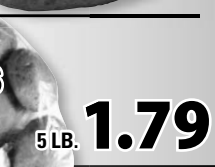
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2004 DODGE NEON 4 DOOR 6 cyl., auto., \$2,950 256-247-6004. www.capautosales.com 06-17

VICTORY CHRISTIAN FELLOWSHIP Daycare-8th grade. \$65/week; \$135 for 3 students; 6:30am-5:30pm; special rates for policemen & military; A-Beka curriculum; clean; safe; organized; God centered. 256-767-1749 www.victoryyes.org 06-17

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Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

FLORENCE SAT. JUNE 20
 118 1/2 Garfield Go on Wood past McDonalds, past 7 Points Shopping Center, first left on Garfield, 2nd house on right. Too much to talk about! 06-17

GIANT YARD SALE, SATURDAY,
 June 20th at Bents-N-Dents Warehouse, Hwy. 43 North, Greenhill 06-17

FLORENCE YARD SALE 2201
 Chickasaw Dr., Fri. & Sat. June 19-20, 8-2. Electrical tools & material, sockets, wrenches, bookcase, TV stand, household items, clothes, Lane rocker swivel recliner, antique crystal light fixture. 06-17

FLORENCE YARD/GARAGE SALE
 SAT. 6 a.m.-Noon 206 Ashlawn Ct. furniture, electronics, women's stuff, toys, home decor, kitchen products, Mary Kay, Scentsy, etc. Cards accepted 06-17

TWO FAMILY MOVING SALE,
 172 Bethany Circle, Killen, Friday & Saturday, 7:30am-3:00pm, 10 piece dining room set, refrigerator, couch & love seat and much more! 06-17

FLORENCE ESTATE SALE, FRIDAY
 & Saturday, 7am-3pm, 242 McGough Blvd., Off of Cloyd Blvd., Antique glassware, china, crystal, old ice cream chairs, electric wheelchair, furniture and more! 06-17

HAVE YOU SEEN KIDSVILLE
 News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence. TFN

MUSCLE SHOALS. NEIGHBORHOOD
 Yard Sale: Fri./Sat. 6-7 300 block West Michigan. (behind Wal Mart) Lots of Great Stuff! 06-17

MUSCLE SHOALS. SATURDAY
 June 20th, Multi Family!! Clothing, furniture, home decor, dishes, baby items. Wynchase Subdivision. 6am-12pm, 114 Chappell Road 06-17

YARD SALE, SATURDAY, JUNE
 20th, 7am until?, Across from Center Star Market. 06-17

115 PURSES FOR SALE. Merrill Gardens; 3275 Co Rd. 47, 1/4 mi. past Martin's clothing, towards St. Florian. June 20th 8am 256-740-6999 06-17

FLORENCE OF ALVIN & Fredda
 Braly Friday, June 26th Saturday, June 27th 8 a.m.-5 p.m. CASH ONLY! 173 Patsy Dr. Forest Hills Furniture, china, kitchenware, flatware, appliances, & collectibles. All purchased items must be removed by 5pm June 27th 06-17

HUGE 5 FAMILY YARD Sale: June 20. 7:00 AM, 313 Redfield Road (Heathrow Subdivision) Florence, AL. Furniture, clothes, and more! 06-17

YARD SALE 616 ENTERPRISE ST.
 East Florence, May 19, 20, 7 until ? 06-17

MUSCLE SHOALS FRI. 9 a.m.-??
 Sat. 7 a.m.-?? 501 W. Lasalle Avenue Furniture, baby girl clothes (NB-2 years), man stuff, household items 06-17

KILLEN 06/20/15, 7AM-12PM,
 5162 County Rd 73 Baby Toys, Clothes, Home Decor, and much more Contact 6195649330

SO YOU LIKE YARD SALES?
 Our amazingly effective yard sale section right in the front of the paper is where real sale watchers go. To advertise your sale, see page 6. Remember the deadline to submit your sale ad is Friday at 5 p.m. (8 days prior to a Saturday Sale.)

MUSCLE SHOALS YARD SALE
 Sat. 6/20/15, 8am-until, 702 Richton Ave. Baby clothes, etc. 06-17

MULTI-FAMILY YARD SALE JUNE
 19-20 4992 County Road 26, 8 am - 4 pm, 4.5 mi from Rogersville on Snake Rd. Kids' clothes, toys, books, scrapbooking, more. 06-17

YARD SALE SATURDAY 6AM-??;
 clothes, toys, furniture, movies, etc.; 204 W. Duncan Ave., Florence 06-17

FLORENCE YARD SALE SATURDAY
 6am-1pm; 134 Chaparral Dr., off Helton Dr.; household goods, old electronics, some toys & books. 06-17

KILLEN ESTATE SALE, SATURDAY,
 7am, 615 Jones Ave., Off of J.C. Mauldin, turn onto Alabama St, take right onto Jones Ave. 06-17

HUGE YARD SALE FRIDAY,
 Saturday 7am-until. 4758 Co. Rd. 34 Killen. 1 mile from Hwy 43/64 intersection. Home and office furnishings, glassware, Bama items, Infant and adult clothing, toys and lots more. 06-17

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Redline It - See Page 6

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Community Notes

The 1st Annual Funday at the Leighton Volunteer Fire Dept takes place Saturday June 20, from 10am-4pm. Admission \$5 at the door. Wrist bands available - \$5 all day or \$1 per event. All proceeds go toward the Leighton Fire Dept. Blow ups, dunking Booth, Cotton Candy, Miami Ice, face painting, hamburgers, hot dogs, cold drinks. Yard sale from 7am-until. Air Evac Life Team will be on-site with information. Classic Country Music from 6-10pm featuring the Butler Creek Boys.

Weekend performances of "The Miracle Worker" play will be performed on Fridays and Saturdays through July 11 at Ivy Green, the Home of Helen Keller in Tusculumbia. William Gibson's epic drama about Helen Keller's childhood. Gates open at 6:30pm for a free tour of the home and grounds. The play starts at 8pm.

Reserve seats are \$15. General admission is \$10. Group rate of 20 or more for reserved seats is \$13. Advance tickets can be purchased at Ivy Green. For more details, call 256-383-4066

"Christian Jobs Ministry - Looking for a job?" Let us help. Our Christian Jobs Ministry meets each Monday Evening at 6pm in the Florence Boulevard Church of Christ Annex, 2502 Florence Blvd. Florence. 256-766-3617 Email: fbc@florenceblvd.org or foxace@aol.com

Benefit Event To Help Support Gayla Whitehead & Family in her fight her against Stage 4 Metastatic Colon Cancer - given by family & friends at the Cloverdale Community Center. Friday, June 19, 7am-until? and Saturday June 20, 7am-2pm. 50/50 cash raffle, (do not have to be present to win). List of items: Clothes, Furniture, Tools, Electronics and too much to mention!

A Fish and Chicken Supper and Silent Auction benefiting the Riverton Rose Trail Volunteer Fire Department will be held Saturday, June 20. Hours are 4:30-7:30pm at the Colbert County Park Pavilion located 9.5 miles off Highway 72 in Alabama. Follow signs from the highway. Eat-in or Carry-out plates are \$9 each and include a drink and dessert. New this year for your shopping pleasure is a "Fire House Boutique" with hand-made items, outdoor signs, crafts etc. The shop opens at 4pm, so arrive on time as there are many items that are one-of-a-kind.

Central Volunteer Fire Dept. Fish Fry Thursday, June 18, 4-7pm. Fish shrimp, chicken catered by Swamp John's. Eat in or carry out. Plates \$10. Proceeds go to the fire department.

15th Outback Survivor 5K and Color Fun Run takes place Saturday, June 20, at Outback Steakhouse, 4838 Hatch Blvd in Sheffield. 5K Certified Run—8am, 1 Mile Color Splash Run—after 5K, Registration at 6:45-7:45am. Entry Fees: 5K-\$20, 1 Mile Color Run-\$20, Both-\$30. Proceeds benefit Northwest Alabama Distinguished Young Women Scholarship Program (Formerly Junior Miss). Six Awards for participants in 5K Run. For more information, shoalstrac.com or on facebook at solidrockracingtiming or call Susan Hargett 256-710-9239. email:dshargett@aol.com

Fourth Saturday Breakfast at the Zip City Community Center, on June 27 6:30 to 9am. Menu includes eggs, sausage, bacon, biscuits, gravies, grits, juice and coffee. Adults \$6, children under 10 \$3. Proceeds used for Center expenses. Everyone is invited.

The Monthly RSVP Luncheon at the Cloverdale Community Center will be Tuesday, June 23. Please bring food items for the Children's Home. There will be bingo provided by Columbia Cottage. No meetings in July & August. Everyone have-a safe summer!

UCP and Wee-Care Preschool's Alabama First Class Pre-Kindergarten Program is Holding Registration for the 2015-2016 class Monday-Thursday, 8am-3pm at 507 N. Hook St., Tusculumbia. Parents and/or guardians should bring their most recent utility bill as proof of Alabama residency.

Children who will be four years old by September 1, 2015 are eligible for the 2015-2016 Alabama First Class Pre-Kindergarten Program. Eighteen registered children will be selected for the program by lottery as required by the Alabama Office of School Readiness. Children cannot be denied participation on the basis of income, race, color, or national origin (Title VI of the Civil Rights Act of 1964); sex (Title IX of the Educational Amendments of 1972 and Title 11 of the Vocational Education Amendments of 1976); or disability (Section 504 of the Rehabilitation Act of 1973 and The Americans with Disabilities Act of 1990) in educational programs. For additional information, contact Wee-Care Preschool at 256-381-4310.

See NOTES... page 38



piggly wiggly

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8.99 LB.

VALUE PACK
Split Fryer Breast
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COOK'S SHANK PORTION
Smoked Ham
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VALUE PACK FRESH LEAN
Ground Beef
2.69 LB.

Boston Butt Pork Roast	lb.	1.69
Boneless Sirloin Pork Chops	lb.	1.99
Gwaltney Hot Dogs	12 oz. pkg.	99¢
Gwaltney Sliced Bologna	12 oz. pkg.	1.09
Sunnyland Slice Bacon	12 oz. pkg.	2.39
Eckrich Smoked or Polish Sausage	14 oz. pkg.	2.59
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Keller...

Continued from Page 1

The Wildwood Ruminators, the Kerry Gilbert Band, and Travis Wammack. Saturday's musical offerings include Kaid Wright, Joseph Baldwin, Holli Mosley, and Olivia Lane. The headline act is country music superstar Phil Vassar.

Admission to the park is \$5 per day, so come early and stay late. Relish all the delicious food from the many vendors while you sit in your own lawn chair and delight in the talent onstage.

As parking in Spring Park is so limited, it is recommended you take the free trolley. Trolleys are handicapped accessible and run every fifteen minutes, making it convenient for festival goers. Schedules start at noon on Friday and run until 9pm. Saturday you can catch the trolley beginning at 9am and ending thirty minutes after the concert. Sunday they will be transporting passengers from 9:15am-4pm. Get on or off the trolley at the Court House Water Street side, Indian Street (across from Ivy Green), Calvary Baptist Church and Deshler High School, both on Commons or at the old Big Star parking lot on Broad Street. Each of these locations offers plenty of free parking.

The Festival Board asks that no one bring pets, large coolers, or alcohol to this family-friendly event.

Enjoying this family-friendly event must include tickets to the 54th annual performance of "The Miracle Worker" performed on the grounds where the miracle happened. This year's Annie Sullivan, Jamie Connolly, a political science major at UNA, says she's thrilled to be performing on a brand new set. This year's Helen, Evie Rosa Butler, has also worked her way up to this leading role, first playing a blind child from the Institute. Her dad, Darren Butler, has been directing this production for seventeen years. This year marks the 54th annual performance and is the longest running production of the play anywhere.

Performances are every Friday and Saturday night through July 11. Curtain is at 8pm, but the gates to Ivy Green open at 6:30 for a tour of the home and grounds. Tickets are \$15 for reserved seats; \$10 for general admission. Ivy Green has tickets and they can be reached at 256-383-4066. Tickets will also be sold at the gate when available.

Tuscumbia's mayor, Bill Shoemaker, commented, "the most magical thing that ever happened in the world happened right here."

Welcome neighbors and visitors from everywhere to this celebration and festival of that magic that still inspires.

An event schedule is inside this issue. Get full details at www.helenkellerfestival.com

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Women... Continued from Page 1

begins Friday, June 26 with a kick-off and registration at No'Ala Studios in Florence. The event was designed to give women a chance to embrace their flaws, champion their strengths, learn from others, and hear from motivational and empowerment speakers.

"It is a new concept for us in the Shoals, and that's why it's so important," Gillis said. "We will have an opportunity to learn any number of things, from how to travel on a budget to dealing with conflict."

The event will continue into Saturday, June 27 with registration at the Mane Room on Pine Street in downtown Florence. A yoga class will take place in Wilson Park beginning at 7am. Workshops will take place at a variety of downtown Florence locations, including the Kennedy-Douglass Center for the Arts on Tuscaloosa Street. Saturday night will culminate with a 1980s-style dance party at 116 East Mobile.

"Not only did we want to showcase the downtown and all of the resources we have, but we wanted to have fun, too," Gillis said. "Expect big hair, neon, big make-up, and all of the things that made that era so memorable."

One of Saturday's keynote speakers is Lori Hart. The motivational speaker and PhD will help each woman learn more about themselves and their

Organizers of the local Conquering Life event include L-R, Jessica Mangum, Bethany Oliver, Sarah Gwin Gillis, Ashley Anderson, and Tera Wages. Each has a different role in planning for a successful event.

Courtesy photo

individual personality characteristics. Gillis said this can be key for women who often don't know why they're unable to get along with certain other women as well as for conflict resolution with a spouse, children, or other family members.

A limited number of tickets are still available at a cost of \$200 each. The price includes all events as well as breakfast and lunch on Saturday and Sunday. Gillis said the Conquering Life organizers have selected One Place of the Shoals this year as the recipient of a monetary donation once the costs of the event have been covered.

"What they do for women and families is incredible," Gillis said. "We wanted to acknowledge that with a donation and to let them know that we're here to help them."

Plans are for Conquering Life to be an annual event, but Gillis said it will likely have a different format and focus each year. Further, there are plans for quarterly gatherings as well as camps for young girls.

For details or to learn more, please contact Sarah Gwin Gillis at 256-762-9388 or via email at Hello@conqueringlifetreat.com



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ASK THE ATTORNEY



Thomas McCutcheon

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I am going through a divorce after 12 years of marriage and my soon to be ex-wife wants alimony. Do courts still award alimony?

Robert, Athens, AL

A The bar says lawyers can't claim to be a specialist in a particular area of the law but the reality is that lawyers tend to concentrate their practice in a specific area. In my opinion, matrimonial lawyers are specialists. These lawyers handle both pre-

nuptial agreements before marriage and how a marriage is resolved whether through agreement or trial.

The short answer is yes. Courts still award alimony. If you are in a divorce, hire the best matrimonial (divorce) attorney you can afford. There is no replacement for a good divorce lawyer in a divorce.

In marriages lasting longer than 10 years, retirement benefits are subject to division by the court. Alimony is based on the current ability to pay and is payable from the current earnings of the paying spouse. Often alimony is awarded to equalized the income between two parties after a marriage of sufficient length. Economic circumstances probably drive more awards of alimony than misconduct although to the parties in a divorce all they can see is the other party's misconduct.

I think we see less alimony awarded in cases where the child support burden is heavy. If you have children by this marriage there may not be a whole lot left over the pay alimony with.

The courts have the ability to award three different types of alimony. Alimony in gross is payable to equalize a property division and it is a set amount for a certain amount of time. A court can award rehabilitative alimony which provides a sum of money payable each month so that a spouse can finish a degree or otherwise rehabilitate themselves to a better economic position in hopes of becoming self supporting. This type of alimony can be a set amount that diminishes each month until the time period for rehabilitation is over. The judge decides how long that is, six months, three years, whatever and that is up to the judge. Probably alimony in gross and rehabilitative alimony are awarded more often than periodic alimony, but periodic alimony is what we normally think of as alimony.

Periodic alimony is paid current earnings until the spouse receiving alimony dies, remarries or cohabitates (lives) with a member of the opposite sex. Periodic alimony has traditionally been tax deductible by the paying spouse and counted as income for the receiving spouse. By way of comparison, child support is paid from net income which means you need to earn \$1.38 to pay a \$1.00. Alimony is paid from gross income and deducted from your gross so it really only costs \$0.70 or so cents on the dollar because the taxes are paid by the person who receives it.

Buckle up and drive safely.

Please send the questions to: "Ask the Attorney,"

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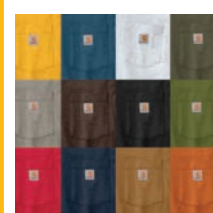
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Ask Dr. Webb



Dr. Robert Webb

Dad has Alzheimer's dementia and is in the nursing home. We've noticed he seems more confused and agitated whenever there's a crowd or loud music. Why is this and is there anything to do for it?

Patients with any dementia are much more sensitive to loud noises, be it music, loudspeakers, crowds, or whatever. Because their brains cannot cope with the noise, they become more agitated—resisting care, restless, not sleeping, more uncomfortable.

A review of dementia-related associations/agencies, finds they recommend: **KEEP NOISE DOWN!!** For example, the *Alzheimer's Association* states that noise can trigger agitation and delirium. The *Lewy Body Dementia Association* feels loud television noises may increase a patient's paranoia—believing people in the next room are yelling at him, and creating more fear, anxiety, and difficult to manage behaviors.

Since we cannot cure any dementia, all we can do is try to control the problem behaviors. Families can help by:

1) **Keeping TV volume down;** if a patient's 'deafness' causes them to crank up the sound, get them a headset; it will help them (and their roommate).

2) Asking the nursing home to: **discourage using overhead speakers,** which can cause more paranoia (announcing meal menus and activities is of little benefit since most residents likely won't remember it!); **have staff turn off a TV** when no one is watching (or is asleep!), and not leave TV blaring in the common areas (unless a group activity is using it).

3) Choosing **age-appropriate soothing music**—NOT what younger staff might prefer!

Combining these changes with **avoiding caffeine** (which also increases agitation), will help dementia patients to rest better, enjoy what life they have left, and avoid sedating drugs or anti-psychotics.



Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to ssimpson@hofs.org or call 256-767-6699.

Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Glenwood Healthcare as well as the Medical Director at Hospice of the Shoals.

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Shorts...

Continued from Page 1

Troy Lists Top in Academics

TROY-- Troy University recently announced students who have been named to the Provost's List and Chancellor's List for the spring semester

Full-time undergraduate students who are registered for at least twelve semester hours and who have a grade point average of 3.65 or higher qualify for the Provost's List.

Area residents named to the Provost's List include **Randall Bassham** of Town Creek, **Taylor Hjelm** of Moulton, **Danielle Hughes** of Athens, **Angel Ware** of Sheffield, and **Joseph Baker** of Elkmont.

Students must earn a perfect 4.0 to qualify for the Chancellor's List.

Local residents named to the Chancellor's List include **Laken Berry** of Athens, **Thomas Blevins** of Florence, **Allen Bruce** of Florence, **Tre-Jon Burris** of Florence, **Joseph Carpenter** of Athens, **Ryan Cole** of Athens, **Chelsea Hester** of Tusculumbia, **Hannah Hursman** of Ardmore, **Shelby Jenkins** of Athens, **William Parker** of Moulton, **Garrett Stansky** of Florence, and **Faith Webber** of Athens.

Literacy Grant to Killen Library

KILLEN--The Dollar General Literacy Foundation awarded the Killen Public Library a literacy grant in the amount of \$2000 to support local literacy programs. This local grant is part of over \$5.8 million in grants awarded today to approximately 720 schools, nonprofits, and organizations across the 43 states the company serves.

The grant recipients will use Dollar General Literacy Foundation funds to support programs aimed at promoting childhood summer reading or helping adults learn to read, prepare for the high school equivalency exam or learn English.

Living Lands & Waters Results

PADUCAH, KY-- For the last two months, Living Lands & Waters (LL&W) has traveled on their first ever Tennessee River Tour, stopping at six ports in three different states. The tour's main goal was to help spotlight the importance of the river, involve local citizens in stewardship activities, and highlight local groups who are already

engaged in environmental stewardship.

Stops included along the Tennessee River were Knoxville, Chattanooga, Huntsville/Decatur, Muscle Shoals/Florence, Paris, TN, and Paducah, KY.

"The Tennessee River Tour was one of the two most productive months LL&W has ever had," said President and Founder of Living Lands & Waters, **Chad Pregracke**. "In the last 18 years we've worked on 23 rivers in 20 states, and I must say the Tennessee is one of the most beautiful rivers we've ever been on! We've not only enjoyed the scenery, but all the great people we've met along the way."

Through a series of 64 events including river cleanups, tree plantings, educational workshops, open houses, a speaker series and press conferences, the non-profit was able to engage over 2,303 individuals along the river! 680 students/educators were brought on board the barge to learn about a variety of topics such as water quality, watersheds, and invasive species! With the help of 185 volunteers over 1,825 shrubs/trees were planted. Throughout four community cleanups and nine crew cleanups, 18,313lbs of trash was removed. That includes 332 bags of trash, 120 tires and 29 pieces of Styrofoam!

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Be What You Are

Written by Tony Hudson, Elgin Hills church of Christ
81 Elgin Hills Drive, Rogersville, AL 35652-2913

The Times Daily in Florence, Alabama published a story on May 31, 2015 titled, "Be What You Are." The story talks about Benjamin Newbern adopting this statement as his own. He is quoted in the article as saying, "Be what you are. Be who you are. Be yourself, and know that people will still support you and still love you regardless." Mr. Newbern is working with others to bring Pridefest to the Shoals. The newspaper article reads: "Shoals Pridefest will be a weekend of events that celebrate the lesbian, gay, bisexual, and transgender people of the area."

The United States of America was founded on principles of freedom and liberty. Our Constitution affords freedom of religion and freedom of speech to all people. It should surprise no one that there is an effort to gain widespread acceptance being put forth by people who, for many years, have been viewed as having a deviant preference sexually. They are free to pursue such acceptance under the laws of the United States.

However, for people who choose to be disciples of Jesus Christ, there is no freedom to "be what you are." The prophet Jeremiah said, "O LORD, I know that the way of man is not in himself: it is not in man that walketh to direct his steps" (Jeremiah 10:23). When Peter and the other apostles were brought before the Jewish Council and commanded not to teach in the name of Jesus, they set forth a standard for all Christians with their answer. When they were asked, "Did not we straitly command you that ye should not teach in this name? and, behold, ye have filled Jerusalem with your doctrine, and intend to bring this man's blood upon us" (Acts 5:28), the Bible says, "Then Peter and the other apostles answered and said, 'We ought to obey God rather than men'" (Acts 5:29). Paul taught us that faith is born out of hearing God's word. He wrote, "So then faith cometh by hearing, and hearing by the word of God" (Romans 10:17).

Christians are not free to simply "be what you are." Christians turn to God's word and are guided by it in all aspects of life. This means that we will love those who disagree with us. Jesus taught us to love even our enemies. Jesus said, "Ye have heard that it hath been said, 'Thou shalt love thy neighbor, and hate thine enemy.' But I say unto you, 'Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you; that ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust'" (Matthew 5:43-45).

Christians hate sin, knowing that sin causes sinners to be eternally lost in torment. God commands "all men everywhere to repent, because he hath appointed a day, in the which he will judge the world in righteousness by that man whom he hath ordained; whereof he hath given assurance unto all men, in that he hath raised him from the dead" (Acts 17:30-31). The judge Paul refers to is Jesus Christ who taught saying, "I am come a light into the world, that whosoever believeth on me should not abide in darkness. And if any man hear my words, and believe not, I judge him not: for I came not to judge the world, but to save the world. He that rejecteth me, and receiveth not my words, hath one that judgeth him: the word that I have spoken, the same shall judge

him in the last day" (John 12:46-48).

Jesus sent his disciples into the world instructing them to, "Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: teaching them to observe all things whatsoever I have commanded you" (Matthew 28:19-20). He also promised his disciples that the Spirit would be given to them and would guide them in their work. Jesus told his disciples, "I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come. He shall glorify me: for he shall receive of mine, and shall shew it unto you" (John 16:12-14).

Therefore we know that the words taught by the apostles and the inspired writers of the New Testament are indeed the words of Jesus, thus the words of God, thus the words by which all will be judged. Therefore we must always turn to the Bible for guidance in all aspects of life.

The Bible teaches Christians to love all people, and so genuine disciples of Jesus Christ love those who have chosen to live in contradiction to the word of God. Even so, we do not condone their choices. We would encourage all to hear God and come to faithfulness and discipleship. Christians have always called on all people to submit to the teachings of Christ and his apostles. Many have done just that through the years.

Paul wrote the following in his letter to the Corinthian church: "Know ye not that the unrighteous shall not inherit the kingdom of God? Be not deceived: neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with mankind, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners, shall inherit the kingdom of God. And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God" (1 Corinthians 6:9-11).

The references to effeminate and abusers of themselves with men are translated "nor homosexuals, nor sodomites" in the New King James Bible. The New International Bible reads, "men who have sex with men." In Paul's letter to the Romans he writes of God giving sinful people up to "vile affections" saying "even their women did change the natural use in that which is against nature: and likewise also the men, leaving the natural use of the woman, burned in their lust one toward another; men with men working that which is unseemly" (Romans 1:26-27).

Call it an alternative lifestyle if you wish, but the Bible condemns homosexuality as being unnatural and sinful. Believing this, teaching this, and refusing to waiver from it is not always popular today. Thankfully the United States still sets forth laws protecting the freedom of religion and the freedom of speech. It does not seem that way at times, but even if that legal protection fails God says, "be faithful unto death, and I will give thee a crown of life" (Revelation 2:10). And that was taught to Christians in Smyrna when Christians were sometimes killed for their faithfulness. Let us be faithful in all things until we die, even if we are killed for it.

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Fathers Symbolize Strength, Security

This week we revisit a popular column by request from June 2007 in essentially its original form.

Reflecting on life as we near Father's Day, I count myself blessed to have my father around at my age, having had him as an active and important part of my life throughout. He has always been a dedicated family man, even though I know my siblings and I would have made a lesser man head for the hills. I also know that I have taken that blessing for granted.

Dad has always been the rock who could answer most any question. No matter what threatened or what happened, dad was there. He was insulation from the scary forces of the world; even the boogiemer couldn't get us.

Riding on dad's strong shoulders made me the tallest person in the world—a height that was incomprehensible for a kid.

Bouncing on a strong knee and taking big steps on dad's shoes as a youngster are memories for many of us. Dad perfected a piercing whistle that echoed through the evening air, signaling the end to the day's recreation and effectively breaking-up any neighborhood game of kick-the-can. He made it to every school and sporting event. I may not have seen him there, but I knew that familiar whistle of approval. That meant a lot.

See **FATHERS...** on Page 23

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the

Shoals
June 17, 2015

Happening

THIS WEEK

The ten-day trip includes round trip airfare from Huntsville, hotel transfers, and twelve meals.

Courtesy photo



Landscapes with Holmes

ATHENS – The Athens State University Alumni Association is sponsoring a trip to England in March of 2016. A presentation about the trip, British Landscapes and Sherlock Holmes Highlights, takes place at 6pm on Monday, June 22 with light refreshments served.

Dr. Kevin Dupré, Athens State Professor of English

who teaches British literature courses, will serve as guide for the trip that is scheduled for March 17-26. Dr. Bob Glenn, Athens State President and avid lifelong fan of Sherlock Holmes, will also share his expertise on Sherlock Holmes at the trip presentation.

The price of the ten day trip includes round trip airfare from Huntsville, hotel

transfers and twelve meals. Rates start at \$3,599 per person for double occupancy accommodations if booked by September 11, 2015. Extra fees may apply for the Sherlock Holmes excursions.

To RSVP for the presentation, call the Office of Alumni Affairs at 256-233-8185 or email alumni@athens.edu.

FAITH CHURCH IS HOSTING DAD FEST with a FREE car show this Father's Day. Anyone with a cool ride is encouraged to bring their car for the show. It's free to be in the show, plus there will be door prizes and drawings for the participants. Dad Fest is open to the entire family. During Dad Fest there will be guy games, free food and drinks, and the car show. We encourage people to join us for one of our services at 8:45am, 10am or 11:30am on June 21, then enjoy Dad Fest following the message.

THE FLORENCE 8 & UNDER CAL RIPKIN ALL-STARS will have a Zaxby's fundraiser on Tuesday, June 16 from 5-8pm at Zaxby's in Florence. This will help raise money for expenses of going to Sylacauga for the Cal Ripkin State Baseball Tournament. The team will get a percentage of all money spent between 5-8pm.



THE TENNESSEE VALLEY HISTORICAL SOCIETY will host a tour called, *Riding with Outlaws* conducted by local historian, Lee Freeman on Saturday, June 20 at 10am. The trolley will visit sites in downtown Florence associated with Tom Clark and his gang, including the old jail and hanging tree. Please call 256-740-4141 to reserve a seat. Tours will depart the Florence Lauderdale Tourism Center in McFarland Park promptly at 10am. Please arrive 30 minutes prior to departure for registration, refreshments and an introduction to the tour. The fee is \$15, \$10 for seniors and students. Children small enough to sit in a lap may ride free. All proceeds go to the scholarship fund.

Fan Drive Highlights Days of Action

FLORENCE – In partnership with Community Action Agency of Northwest Alabama, United Way of Northwest Alabama is kicking off the annual Day of Action with a Fan Drive for residents of Lauderdale, Colbert, and Franklin counties through June 30.



The drive will benefit those who are elderly, handicapped, and families with small children who may find themselves without a proper cooling system to endure the heat of summer. With your

See **FAN DRIVE..** on Page 32

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Poor Choice of Words

Dear Editor:

In your May 27 editorial you bring up several points of concern with the US military. At the end of the editorial you state that many of the problems you cite are due to too many mentally ill people in high positions in the government.

I understand that you don't seriously believe these people are mentally ill, but it is still a poor choice of terms. Too many

“ The government is pushing the climate change theory with a research budget of \$4.7 billion per year.

people still view the truly mentally ill as dangerous and terrifying maniacs who should be locked up.

To refer to officials with whom you and many of your readers may disagree as mentally ill only promotes that false image at the expense of the truly mentally ill. The officials take the attitudes and actions you deplore out of choice. Mentally ill people don't have a choice when their illnesses cause unusual behaviors.

The clash of ideas and opinions is freedom, not mental illness. To call it mental illness diminishes our perception of both.

Joe D. Cobb, DVM
Past President, NAMI Shoals

Mandatory Vaccinations

Editor:

Bills have been introduced by several state legislatures to make vaccinations

mandatory for all Americans. What could be more tyrannical?

I believe mandatory vaccinations are unconstitutional and should be opposed by all liberty loving Americans. Our bodies belong to us and not to the government.

The government in Washington and many state governments are becoming tyrannical; they think they own us and our children while nothing could be further from the truth. This premise that our children belong to the government is derived from the teachings of Humanism.

The War on Drugs is being used to brainwash many Americans into believing the government has the authority to tell us what we can put into our own bodies.

I hate hard drugs which many physicians prescribe, and I only take antibiotics if I feel I absolutely need to. However, if we go along with this concept that the government can dictate what we put into our own bodies, then

See **LETTERS...** on Page 31



**JUNE 23-28
2015**

**Calendar
of Events**

TUESDAY, JUNE 23

Movie Night – The Miracle Worker ... 6 pm

Location: Deshler High School Auditorium FREE TO THE PUBLIC

Ivy Green Tours, Helen Keller Home ... 8:30 am – 4 pm

Location: 300 N. Commons W.

Historic Glencoe Cemetery Tour ... 9 am – 4 pm

The resting place of Keller family members/ Located at Vulcan Rock Quarry Hwy 72 W. Sponsors: Vulcan Materials and Colbert County Historical Landmark Foundation

Railroad Museum History & Archives ... 9 am – 3 pm

Location: Railroad Depot at 204 Fifth Street

Materials and Colbert County Historical Landmark Foundation

Helen Keller Art Show of Alabama ... 9 am – 4 pm

Location: Tennessee Valley Museum of Art

Railroad Museum History & Archives ... 9 am – 3 pm

Location: Railroad Depot at 204 Fifth Street

Helen Keller Festival Parade & Street Party ... 6 pm

Location: Main Street Downtown, Live Music, fun things for kids, crafts, shopping. Sponsor: Market 35674 Businesses open late/vendors and music.

The Ben Parker Project (concert downtown) ... 7 pm

256-386-4747.

Wildwood Ruminators ... 5 pm

Kerry Gilbert Band (KGB) ... 6 pm

Travis Wammack ... 7 pm

Award Of Courage Presentation ... 6:45 pm

Atlanta Rhythm Section ... 8 pm

SATURDAY, JUNE 27

Ivy Green Tours, Helen Keller Home ... 8:30 am – 4 pm

Location: 300 N. Commons W.

Car & Truck Show ... 8 am – 2 pm

Location: Main Street, Tuscumbia Sponsor: Shoals Car & Truck Club

Five Mile & One Mile Fun Run ... 7 am

Location: Colbert County Courthouse, Water Street Entrance Sponsor: Helen Keller Wellcare Center.

Helen Keller Golf Tournament ... 8 am

Location: Spring Park Golf Course. See Special & Sporting Events tab for the application.

Arts & Crafts Show ... 9 am – 8 pm

Location: North bank of Spring Park- No Admission

Imagination Station ... 9 am – 6 pm

Location: North bank of Spring Park- No Admission

Coldwater Stagecoach stop ... 10 am – 4 pm

(Log Cabin) Museum Admission is free, donations accepted Location: Dickson Street across for Police & Fire Department Sponsor: Colbert County Historical Landmarks Foundation

Guided Walking Tour ... 10 am

Tour the downtown area of the historic Tuscumbia ----Free---- Location: Cold Water Books (Easy walking- approximately 1 hour)

Piano Concert by Dinie Stone ... 11 am

This historic church is where the Keller family worshiped and Helen Keller was baptized. Location: First Presbyterian Church ----Free----

Railroad Museum History & Archives ... 10 am – 5 pm

Location: Railroad Depot at 204 Fifth Street. \$2.00 Admission

Shoals model railroaders display ... 10 am – 5 pm

Location: Railroad Depot at 204 Fifth Street

Calvary Baptist Church ... 4 pm – 6 pm

Hamburger Supper (Trolley Stop) \$6.00 Proceeds go to missions Location: North Main Street

Kaid Wright ... 3 pm

Waywhilago ... 4 pm

Joseph Baldwin ... 5 pm

Holli Mosely ... 6 pm

Olivia Lane ... 7:15 pm

Phil Vassar ... 8:30 pm

The Miracle Worker ... 8 pm

Location: Helen Keller Birthplace Gates Open at 6:30 p.m.

Water Show ... 10 pm

Location: Spring Park

SUNDAY, JUNE 28

Ivy Green Tours, Helen Keller Home ... 12 pm – 4 pm

Location: 300 N. Commons W.

Helen Keller Golf Tournament ... 8 am – 1 pm

Location: Spring Park Golf Course.

Arts & Crafts Show ... 10 am – 4 pm

Location: North bank of Spring Park No Admission

Coldwater Stagecoach stop ... 1 pm – 4 pm

(Log Cabin) Museum Admission is free, donations accepted Sponsor: Colbert County Historical Landmarks Foundation Location: Dickson Street across for Police & Fire Department

Praise & Worship ... 9:30 am – 12:30 pm

Sponsored by Calvary Baptist Church and Westside Baptist Church, Tuscumbia with guest Steve Holland and Broken Vessels

Praise & Worship ... 6 pm

Sponsored by Launch Point Church, Tuscumbia

Page Sponsored By



WEDNESDAY, JUNE 24

Ivy Green Tours, Helen Keller Home ... 8:30 am – 4 pm

Location: 300 N. Commons W.

NACOLG Senior picnic ... 10 am – 1:30 pm

Seniors 60 & over Location- Spring Park Sponsor- NACOLG

Historic Glencoe Cemetery Tour ... 9 am – 4 pm

The resting place of Keller family members/ Located at Vulcan Rock Quarry Hwy 72 W. Sponsors: Vulcan Materials and Colbert County Historical Landmark Foundation

Railroad Museum History & Archives ... 9 am – 3 pm

Location: Railroad Depot at 204 Fifth Street

Water Show ... 10 pm

Location: Spring Park

THURSDAY, JUNE 25

Keller Kids ... 9 am – 3 pm

Location: Tuscumbia Multi-Purpose Center

Ivy Green Tours, Helen Keller Home ... 8:30 am – 4 pm

Location: 300 N. Commons W.

Historic Glencoe Cemetery Tour ... 9 am – 4 pm

The resting place of Keller family members/ Located at Vulcan Rock Quarry Hwy 72 W. Sponsors: Vulcan

FRIDAY, JUNE 26

- No admission is charged for activities on the North Bank of Spring Park
- \$5 admission to Spring Park Entertainment Area/Gates open at 4 pm (10 & under free)

Ivy Green Tours, Helen Keller Home ... 8:30 am – 4 pm

Location: 300 N. Commons W.

Historic Glencoe Cemetery Tour ... 9 am – 4 pm

The resting place of Keller family members/ Located at Vulcan Rock Quarry Hwy 72 W. Sponsors: Vulcan Materials and Colbert County Historical Landmark Foundation

Book Sale ... 10 am – 5 pm

Location: Helen Keller Public Library

Railroad Museum History & Archives ... 10 am – 5 pm

Location: Railroad Depot at 204 Fifth Street. \$2.00 Admission

Shoals Model Railroaders display ... 10 am – 5 pm

Location: Railroad Depot at 204 Fifth Street

Arts & Crafts Show ... 12 pm – 8 pm

Location: North bank of Spring Park - No Admission

23 mile and 5 mile family bike ride ... 5 pm

Spring Creek Golf Course. Registration- 5:00 p.m. ride starts at 6:00 p.m. Entry fee is \$10.00 Information: Brooke Cunningham at

WE'VE RECEIVED A FEW calls concerning a curious "Windows 10" notification icon appearing on the desktops of our clients. I'm happy to report that it is not a scam! Microsoft really is giving away Windows 10 upgrades. Anyone currently running Windows 7, 8 or 8.1 is eligible for a free upgrade starting July 29th. It will remain available as a free upgrade for one year.



Fisher

This is Microsoft's way of saying "We so sorry for the colossal train wreck called Windows 8! We want to distance ourselves from the embarrassment so much that we simply skipped version 9 and went straight to 10." It's also their way of coaxing Windows 7 users to upgrade

WINDOWS ON A DIME

by "The Computer Skeptic"

with the ultimate intent to unify the experience across all of Microsoft hardware platforms. No matter if you're using a Windows phone, tablet, Xbox or desktop/laptop computer, you'll have the same experience on all of them. It's a lofty goal that will bring Microsoft back into the limelight if they succeed. If they don't get this right, they are toast. Early reports indicate that it's a hit.

If you do not yet have the notification, check your Windows Update settings. The notification is packaged with your normal updates. It appears as a little Windows icon in the lower right corner

of your desktop close to where your time is displayed.

Should you upgrade? If you're even remotely a geek, you already know the answer: Heck yes! I certainly will. New toys are always fun. But for the rest of you, here are some things to keep in mind: Windows 7 users may want to hold off. Windows 7 is an excellent operating system. Windows 10 combines the best features of Windows 7 and 8. 10 will still have some Windows 8 annoyances such as that silly "tile" desktop. But it will be hidden from view for those who don't need or want it. If you have Windows 8 or 8.1,

this is a no-brainer. Upgrade as soon as possible.

What's in store for you? Under the hood, the new operating system promises to be more stable, more secure and faster than previous operating systems. For Windows 8 haters, the Start menu is back at long last. By default, it will still show the "Tiles" that Windows 8 users are accustomed to. But they are easily hidden forever.

Voice features are finally coming to the desktop! "Cortana" is Microsoft's version of Siri on apple products or "Google Voice" on Android devices. Cortana will help you do stuff just by speaking to your computer. Windows 10 will sport a brand new browser called Edge as a replacement for Internet Explorer. It's built from the ground up for speed and efficiency.

Interestingly, Microsoft says

this will be the "Last version of Windows." Apparently, from now on, all users will receive incremental updates with new features and improvements instead of waiting several years between major operating system releases. We shall see how that goes.

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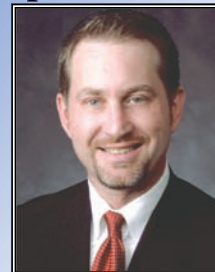
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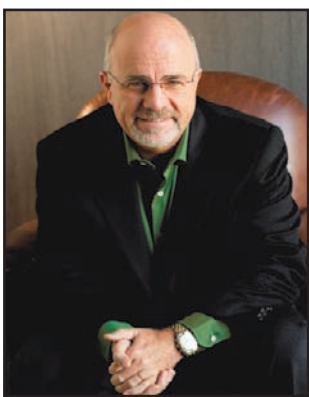
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DAVE Says

by DAVE RAMSEY



THINK'S HE'S A DREAMER

Dear Dave,
We're debt-free including our home. My husband is a man of faith, but a bit of a dreamer. He has written several inspirational books that haven't sold, but he feels this and public speaking are his calling. He wants us to sell the house, and live on the proceeds for a year, while he pursues this dream. What do you think of the idea?
Christy

Dear Christy,
It sounds to me like your husband has a good heart, but I think it would be a huge mistake for you guys to sell your home when he hasn't proven that he can sell anything he writes or says. I understand where his head is at right now. He wants to help people, and that's a noble cause. But being a motivational writer and speaker can be an addictive thing. For some folks, signing books and being on stage are almost a high; they can make you feel alive. But the whole idea can draw you into the land of financial stupidity if you're not careful.

My advice would be for him to keep his day job, and work his tail off nights and weekends to try and make this dream a reality. Let's draw up an internet strategy to get some exposure for the books he has already written. He could contact local civic groups, and offer his services as a speaker for their meetings, too. In the process he might sell a few books from a table in the back of the room, and I know he'd get lots of valuable experience while building his name.

It may take longer than he'd like, but that's a much better idea than the one he has now. It allows him to work toward a goal and not put his family in financial danger. Then, once he's making a nice income on the side from writing and speaking engagements, you guys can look at the numbers and see if it's feasible for him to dive in on a full-time basis!
—Dave

STAND UP TO THEM

Dear Dave,
I have a debt with a collection agency and they have started calling my office. Last week, I made an agreement for monthly payments, along with an initial payment. All of a sudden, they were calling me again this morning at my office. Can I legally demand that they not call me at my place of employment?
Joelle

Dear Joelle,
Yes, you can. I'm glad you're keeping in mind that you have a legal and moral obligation to pay your debts. But collectors have rules they must follow, also. They're governed by law just like everyone else.

If they call you at work again, simply remind them of the terms of the payment agreement already in place and demand that they never call you at your office again. Also, send them a certified letter, return receipt requested, so that you'll have proof you sent the letter and they received it. In the letter, let them know that according to guidelines set forth in the Federal Fair Debt Collection Practices Act you are formally demanding that they not call you at your office again.

If they call you at your office after you demand that they stop, they'll be in violation of federal law. And if that happens, let them know that you'll be talking to a lawyer and you will sue them!
—Dave

Dave Ramsey is America's trusted voice on money and business. He's authored four *New York Times* best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover* and *EntreLeadership*. The *Dave Ramsey Show* is heard by more than 5 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

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Chase graduated cum laude from Auburn in 2010 with a B.A. in Psychology. He earned his law degree from the University of Mississippi School of Law in Oxford, Mississippi and was admitted to the Alabama Bar Association in 2013. He is admitted to the Federal District Court for the Northern District of Alabama.



Chase is able to help clients in numerous fields including criminal defense, child custody, personal injury, US immigration and naturalization, and civil litigation.

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As we continue our acrostic of the word REALTOR®, we look at the letter "A." This letter stands for ACCOUNTABLE.

Like it or not, as REALTORS®, we are accountable. Most of us have had clients say that they are frustrated with their current agent because they don't hear from them. They don't get responses from emails, they don't get return phone calls, and they don't get market updates.

Accountability has a lot to do with communication, and making sure that we, as agents, feel responsible to our clients, and making them aware of the market in which their home is listed or the market in which they are buying. This obligation means we are 100% honest with a client, giving them ALL of the facts, and helping them make an educated and wise decision. We are also charged with the duty of keeping the name REALTOR® a professional name. Accountability in every action is a necessary step to living up to the name REALTOR®.

The Code of Ethics is what sets a REALTOR® apart from a real estate licensee. Here is a summary of the principles embodied in the NAR code of ethics.

Duties to Clients and Customers

Article 1 REALTORS® protect and promote their clients' interests while treating all parties honestly.

Article 2 REALTORS® refrain from exaggeration, misrepresentation, or concealment of pertinent facts related to property or transactions.

Article 3 REALTORS® cooperate with other real estate professionals to advance their clients' best interests.

Article 4 When buying or selling on their own account or for their families or firms, REALTORS® make their true position or interest known.

Article 5 REALTORS® do not provide professional services where they have any present or contemplated interest in property without disclosing that interest to all affected parties.

Article 6 REALTORS® disclose any fee or financial benefit they may receive from recommending related real estate products or services.

Article 7 REALTORS® receive compensation from only one party, except where they make full disclosure

and receive informed consent from their client.

Article 8 REALTORS® keep entrusted funds of clients and customers in a separate escrow account.

Article 9 REALTORS® make sure that contract details are spelled out in writing and that parties receive copies.

Duties to the Public

Article 10 REALTORS® give equal professional service to all clients and customers irrespective of race, color, religion, sex, handicap, familial status, or national origin.

Article 11 REALTORS® are knowledgeable and competent

in the fields of practice in which they engage or they get assistance from a knowledgeable professional, or disclose any lack of expertise to their client.

Article 12 REALTORS® paint a true picture in their advertising and in other public representations.

Article 13 REALTORS® do not engage in the unauthorized practice of law.

Article 14 REALTORS® willingly participate in ethics investigations and enforcement actions.

Duties to REALTORS®
Article 15 REALTORS® make only truthful, objective comments about other real estate professionals.

Article 16 Respect the exclusive representation or exclusive brokerage relationship agreements that other REALTORS® have with their clients.

Article 17 REALTORS® arbitrate financial disagreements with other REALTORS® and with their clients.

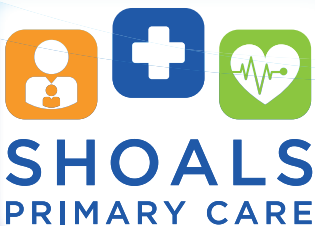


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Cataract Surgery is Common and Effective

As men and women age, their risk for cataracts increases. Starting at age 50, cataract risk rises, and that risk only grows more significant as men and women get older. The National Eye Institute predicts that, by the year 2050, 50.2 million Americans will experience cataracts.

The lens of the eye is normally clear, but as a person ages, the lenses can begin to cloud and lead to impaired vision. Cataracts can cause blurry vision and increase the glare from lights, affecting how a person can manage daily activities. Cataracts also may make it more

difficult for eye doctors to examine the back of the eye during routine visits to detect conditions such as age-related macular degeneration or diabetic retinopathy.

Eye experts routinely recommend cataract surgery when cataracts interfere with daily activities, such as driving, watching television or even reading medication bottles. Surgery is a safe and common way to treat cataracts.

The American Optometric Association says cataract surgery involves the removal of the natural lens of the eye, which is replaced with an artificial lens. This clear, plastic intraocular lens, or IOL, requires no special maintenance and is designed to properly focus. In many cases, the eye doctor will make a small incision in the side of the cornea, where he or she inserts a tiny probe. This device will use ultrasound waves to soften and break up the lens into small pieces, which are removed by suction in a process known as phacoemulsification. The cataract lens is removed, but the thin, outer layers of the lens, called the lens capsule, are not touched. Afterward, the IOL is placed in the lens capsule.

If the cataracts have advanced and phacoemulsification is not an option, the eye doctor will have to find another way to remove the lens.

The IOLs used may be monofocal, fixed-focus, accommodating, and multifocal lenses, and which type of lens is best for a patient's needs will be determined by the eye doctor.



Cataract surgery may only take 15 minutes, though patients will likely spend more time at the surgical facility to allow for prep time and post-operative evaluation. Recovery will involve the use of medicated eye drops several times daily, and a protective eye shield should be used while sleeping.

As the eye recovers, a special pair of post-operative sunglasses are required to protect the eyes from bright light. Eye doctors also advise patients to avoid strenuous activity,

including exercise, for at least the first week of recovery. Water splashed in the eyes can cause infection, so swimming should be avoided and caution should be taken when bathing or showering.

All About Vision says it can take several weeks for the eye to heal sufficiently. If both eyes require surgery, doctors will often wait one to three weeks before performing surgery on the second eye.

Learn more about cataract surgery by speaking with your eye doctor or visiting www.aoa.org.

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Cat & Kids

by Cathy Turner

Good Home Training

How do you raise good kids? This is a question that I have been answering for the last thirteen years in this publication (this is a corrected number from a previous column). Of course, raising good kids has been a concern of mine since our oldest was born twenty-seven years ago. Through all these years and all these writings, it has become apparent to me that growing secure adults revolves around a few basic principles - at least it seems that most all of the thoughts and actions that we have used toward raising our children have fallen into teaching these three values:

1) **Honor your Maker.** Now, I know I that lost some of you right there. But even if you don't believe that God exists, consider what honoring our Maker brings to a child's life. It teaches them respect for authority.

The knowledge of something higher prompts humility, submission, obedience, without which authority has no chance. Without which, remains self-centeredness. Honoring and depending on your Maker means there's a source of strength and confidence ready and available for your child. It means that there is an inclination to unselfishly strive for perfection. It means that it's all good. When one realizes that there's something that is bigger and better, it brings about awe, reverence, respect and hope. Hope is the difference between now and forever.

2) **Value everyone.** Our children need to know that they are valued, but so is everyone else. Oh, this world is so out of whack because of constructed hierarchies. If we would just teach our children that everyone should be

treated well because we are all important; then, eye contact would be easy, smiles would be genuine, handshakes would be trustworthy and worry would be less. Be kind. Teach the children to honor others and to be kind. Which brings us back to number one. Knowing how to honor is essential. Honor is the basis of caring and kindness. It is the glue of all relationships.

3) **Use your gifts.** Don't waste yourself. A good work ethic has to be encouraged and modeled. Opportunities to try different things should be sought. Everyone is capable of something. We all have been given gifts. Childhood is about to finding your gifts and learning how to work to provide for yourself and yours in adulthood. Celebrate your children's gifts, so that they will have the confidence to follow through with them. Not giving false praise, but genuine encouragement. Our children knew that we would not be paying for their college, but we spent time, effort and money getting them ready to fly. They worked hard and played hard and succeeded. They used their gifts. "Lazy don't live at our house." If we all exercise our capabilities, we will all benefit ourselves and each other.

There have been volumes written about raising children, but it's very simple really. To raise good kids, teach them to honor God, others, and themselves; and be joyous and thankful while you are doing it. It's simple, but not easy, so I think that I will continue to write about it.

Email comments or suggestions to CatnKids1@gmail.com

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Chuck Warren was born and raised in Florence. He received a B.A. from the University of North Alabama graduating with a triple major in English, General Sociology, and History. He also earned an M.S. in Justice and Public Safety from Auburn University-Montgomery. His law degree is from the Birmingham School of Law, where he was the recipient of the Judge Leigh M. Clark Memorial Scholarship. Chuck was admitted to the Alabama Bar in 1998. He has several years of legal practice experience in Alabama in addition to over fifteen years of experience working for Alabama state government agencies.

Chuck is certified as a Guardian-Ad-Litem for Juveniles by the Alabama Administrative Office of Courts. He also has considerable experience in criminal defense, including traffic violations, misdemeanors, and felonies. In addition, Chuck has extensive experience representing clients in Juvenile Court Delinquency and Dependency cases.



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Doctor's Weekly Quiz
Topic: Rock

- The Rock of Gibraltar is owned by which country?
 A) Spain, B) Portugal, C) United Kingdom, D) Greece
- Is diamond really a rock?
 Yes or No
- Rock of Ages is a biblical themed movie and live show playing currently?
 True or False
- Rock the South is a musical festival, memorializing humanity during the tornados of 2011.
 True or False?
- Rock the Casbah is a tune by which band?
 A) The Cars, B) The Clash, C) The Byrds, D) The Beatles

Answers: 1: C 2: No 3: False 4: True 5: B

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The Muscle Shoals Air Evac Lifeteam crew of Bruce Carson, Kelly Webster, Andy Friedlander and Program Director, David Gardner, recently presented a program to students enrolled in the Alabama Rural Health Program. The crew held the presentation at Red Bay Hospital in Franklin County, one of four hospitals in Alabama classified as a Critical Access hospital. "We greatly appreciate the opportunity to talk with these future physicians," Gardner said. "Air Evac Lifeteam places its bases in rural communities to provide residents access to definitive healthcare." *Courtesy photo*

Nurses...

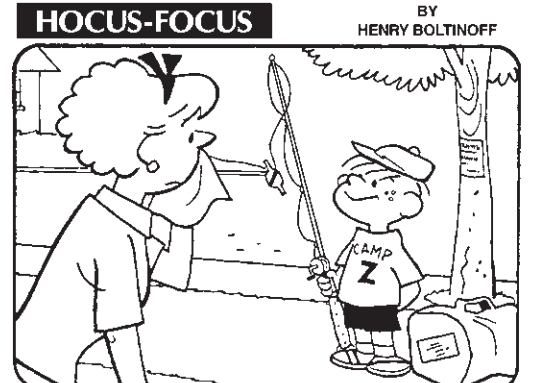
Continued from Page 1

The symbolic tradition of the nursing pin and the ceremonial pinning originated in the 1860s at the Nightingale School of Nursing Hospital in London. The nursing pin the graduates receive is a type of badge awarded by the program's faculty as a symbolic welcome into the profession.

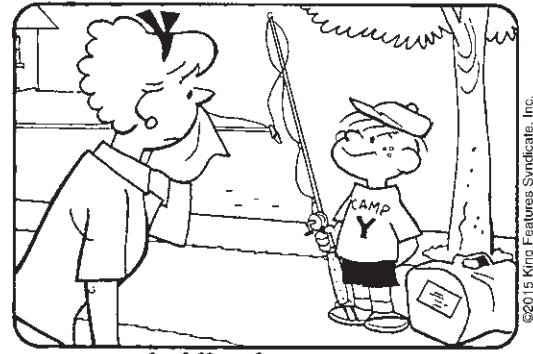
Those participating in the presentation include:

- Bear Creek, AL**
- Beverly Kaye Pennington
- Beaverton, AL**
- A. Romona Clavette
- Cherokee, AL**
- Kristen Danielle Guenther
- Danyell Carroll Holt
- Collinwood, TN**
- Carly Ann Dicus
- Tiffani Breann Hinton
- Florence, AL**
- Cassie Maree Agee
- Lindsey Irene Bell
- Abby Nicole Burks
- Kacie May Golfos
- Crystal Bevis Green
- Kaylee Elizabeth Hitchcock
- Caitlin Cherae Ingram
- Jennifer Leigh Kamp
- Haley Renae Killen
- Sara Ann Knight
- Krista Michelle Lanfair
- Allison Leann Massey
- Nikia Brooke McGee
- Jodi Danielle Myers

- Jemica Noel Reeder
- Kalyn Allison Riley
- Kristy Lynn Roberts
- Ami Rebecca Smith
- Chancie Lee Smith
- Latasha Renee Stutts
- Tammie Lynn Zigler
- Hackleburg, AL**
- Cynthia Marie Abney
- Haleyville, AL**
- Amanda Blake Crider
- Michelle M. Deyarmin
- Felicia Christine Franks
- Angela Kay McNutt
- Rachel Elizabeth Noble
- Huntsville, AL**
- Chelsea Elise Long
- Killen, AL**
- Ramsey Clair Collier
- Ashley Nichole Johnson
- Ruth Ann Wooldridge
- Leighton, AL**
- Taylor Nicole Burden
- Kayla Belle Hall
- Kayla Alyson Traffanstedt
- Leoma, TN**
- Lindsay Brooke Brown
- Hannah Faye Smith
- Lexington, AL**
- Cortney S.H. Butler
- Lynn, AL**
- Candace Baker Cagle
- Mt. Hope, AL**
- Sindy Joeline Martin
- Muscle Shoals, AL**
- Janna Thigpen Bowling
- Annah Marie Dickey
- Sumiko Tykese Key
- Amy Nicole Lindsey
- Tosha Lee Maxwell
- Ana Caroline Overton
- Allison Kristine Reid
- Eric Lee Richardson
- Brittany Annelise Smith
- Phil Campbell, AL**
- Cody Alan Farley
- Shaela Marie Pace
- Kendra Cochran Tittle
- Red Bay, AL**
- Shelby Blaine Bullen
- Rogersville, AL**
- Katie Michelle Wallace
- Russellville, AL**
- Amy Katharine Brady
- Linda Carol Castillo
- Jessica Lyn Clanton
- Cody Ryan Glasgow
- Celia Renee Hargett
- Jenni Nicole Hodge
- Lyndi Maegan Little
- Alfredo Marquez-Prado
- Kendra Tyra Melecio
- Laurie Hovater Mitchell
- Kayla Lynn Tyra
- Alyssa Briann Waldecker
- Town Creek, AL**
- Katelyn Breanna Hood
- Tiffany Alexis Scoggin
- Tuscumbia, AL**
- John Andrew Box
- Teresa Kay Bradford
- Leigh Grace Britton
- Jana Leigh Grimes
- Shelby Lynne James
- Leiah Danielle Kimbrough
- Meagan Danielle Kirby
- Joseph Daniel Southern
- Candice Maxine Willingham
- Waterloo, AL**
- Carly Anne Scott



Find at least six differences in details between panels.



Differences: 1. Hair is different. 2. Arm is moved. 3. Float is smaller. 4. Letter is different. 5. Poster is missing. 6. Luggage tag is moved.

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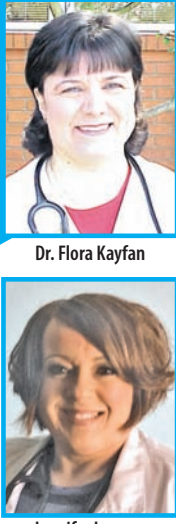


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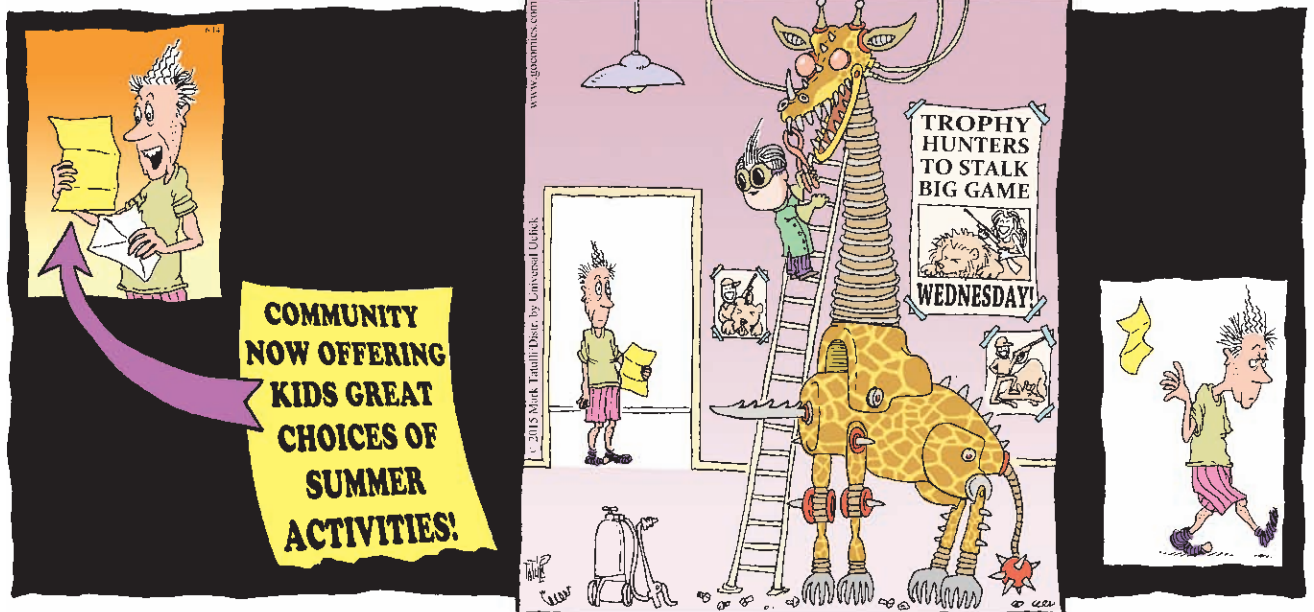
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Letters...

Mandatory Vaccinations

Continued from Page 14

the government will try to tell us what we have to put into our bodies.

And that's exactly what they're trying to do through mandatory vaccinations.

Janice Williams
Center Star

Any Name is a Denomination

Dear Editor:

In response to the article in *The Courier Journal*, 06/03/15, "Denominations" by Preacher Stacy Crim of the Tri-Cities Church of Christ:

The American Heritage Dictionary states that "denomination" is: 1. The act of naming; 2. A name; designation. Therefore, any church with a name is a denomination. I looked in the Bible to see if there was an administration that oversees the congregations.

Acts 11:22, The Jerusalem church sent Barnabas to Antioch. Acts 15:1-28, some unauthorized men came from Judea to Antioch, teaching that believers must be circumcised to be saved. The Antioch church sent Paul and Barnabas along with others to the Jerusalem church to see the apostles and elders about the question. James the head elder made the judgment. Acts 15:1-35, the Jerusalem church chose Judas (called Barabbas) and Silas who were prophets, and sent them to the Antioch church to deliver the letter to James. The Antioch church recognized the authority of the Jerusalem church with James as head elder. No church is independent of other churches.

In the book of James, he wrote to the twelve tribes scattered among the nations. Acts 8:1, 11:19-21, at the death of Stephen, the disciples scattered to the other countries taking the Gospel to the Gentiles.

John 15:1-6, Jesus is the vine, we are the branches.

Romans 11:17-26, Physical Israel who rejected Jesus were broken off of the vine, and Gentiles who accepted Jesus were grafted into the vine. They became spiritual Israel, the twelve tribes that James was writing to in his book.

Jesus is head of the church, with elders and deacons, but the Jerusalem church was over all other churches.

Buddy Mauldin
Muscle Shoals

'Proof' Though Altered Data

Dear Editor:

In regard to the national debate on man-made climate change, our Creator gives Noah an interesting reassurance in Genesis 8:22 that there is going to be a general stability in the earth's climate henceforth: "For as long as the earth remains, seed time and harvest, summer and winter, cold and heat, day and night shall not cease." Man cannot change God's eco-systems and certainly cannot cause the destruction of the world. God says that the destruction of the world will come in which the elements shall be dissolved with fervent heat, but He will push that button, not man.

In the April 28, 1975 edition of *Time Magazine* the headline article was, "The Coming Ice Age." It containing the subtitle, "Scientists almost unanimous in their predictions of global cooling." The mantra later became global warming and we were warned about it for years. But since there has been no significant warming since 1998, according to John Coleman, founder of the Weather Channel, the weasel-word terminology is now "climate change."

John Coleman has 60 years of experience as a meteorologist and offers a 36-minute video exposé of so-called man-made climate change on the web. (Youtube.com/watch?v=LRQS5RhrwLA). Coleman states that 31,000 scientists and 9,000 Ph.D's say there is no significant,

See LETTERS... on Page 33

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Fan Drive...

Continued from Page 14

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- FRANKLIN COUNTY:**
- Green's Dependable True Value Hardware near McDonalds at 15220A Hwy 43 in Russellville
 - CB&S Bank - any Franklin location

United Way of Northwest Alabama coordinates a Day of Action every year around June 21 and encourages individuals and organizations to unite by volunteering to help improve the conditions of their community. United Way's mission is to improve lives by mobilizing the caring power of the community to create a lasting change. For any health or human service need, please call 2-1-1, United Way's 211 Information and Referral hotline. This service is available 24 hours a day, 7 days a week.

If additional information, please contact United Way at 256-764-5892.

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Letters...

'Proof' Though Altered Data

Continued from Page 31

man-made climate change. Even eminent scientist Roger Revelle, instigator of the global warming theory and mentor of Al Gore, expressed his serious concerns about his own theory at the elite Bohemian Club right before he died. However, the media never reported this.

Dr. H. Sterling Burnett of the Heartland Institute recently claimed Australia, Paraguay, and Switzerland have altered their data in an effort to prove global warming is real.

Dr. Roy Spencer, Principal Research Scientist at the University of Alabama/Huntsville says he "does not believe in catastrophic, man-made global warming."

The government is pushing the climate change theory with a research budget of \$4.7 billion per year. U. S. Senator James Inhofe says that the issue is only #13 or #14 in the priorities of the public.

Those who oppose the climate change theory are out-gunned heavily by government-funded research pushing climate change along with most of the main stream media, the U.N., the full weight of the Federal government, and the Sierra Club to name a few.

Al Gore travels the world promoting the climate change theory, but he refuses time and time again to debate the issue with John Coleman, Lord Monckton, and others who have documented evidence that this theory is fatally-flawed.

Walter Cunningham, a physicist who flew on the Apollo 7 mission, said, "It is amazingly arrogant for us to

think that we can control the earth's temperature."

Billy Banks
Muscle Shoals

A Strange Form of Training

Dear Sir:

I wish to inform your readers of a very troubling military exercise that has received no media coverage mainly because it is highly classified. This is code named Jade Helm 15 and was originally said to be a training project for special forces to be deployed to the middle east. When I first learned about it the logic seemed to be very thin and it looked like a crude cover story. What I have learned since is disturbing and far from the stated goals.

The information is from a contractor, and it looks more like a recon mission than training. A major objective is development of a network of informants and generation of a red list of community leaders targeted for elimination. I also found that conventional forces are involved, marines and Army 82nd Airborne, with a mission of securing major cities. The original info released claimed that seven southwestern states would be involved, but presently Louisiana and Mississippi are on the list. This is a very odd development. Texas is the epi-center and congressional inquiries have produced nothing except the info released to the public. I have written to Texas Governor Abbott whom I know to be very concerned.

Another strange thing about this is that I have not been able to find who is in charge and what agency owns the support contracts. This is very unusual since

even in cases of highly classified projects this info is available. The scope, scale, and objectives of this exercise should concern everyone, even the most trusting liberal.

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Knight's Corner by Jerry Knight

Building a Solid Foundation

The Shoals Tuskegee Alumni Club recently held their scholarship banquet to provide scholarships to deserving students attending Tuskegee University. This year's two honorees are no strangers to the Shoals area: Ozzie Newsome and Lieutenant Colonel Arthur Graves.

Newsome's athletic achievements are legendary. He was a key member of Colbert County High School's State Football Championship in 1972. He signed a scholarship with Bear Bryant and was a four-year starter for the Crimson Tide in the mid 70s. Nicknamed "The Wizard of Oz", Newsome was named to the College Football All-America team in 1977.

His career statistics at 'Bama included 102 receptions for 2,070 yards and 16 touchdowns. Of all the great players at Alabama during the 1970s, Newsome was named the Crimson Tide's Player of the Decade for the 70s. Bear Bryant gave him the ultimate compliment when he called Newsome "the greatest end in Alabama history."

Newsome was drafted by the Cleveland Browns and during his 13-year pro career did not miss a single game, playing in 198 consecutive games. He finished his career with 662 receptions and scored 47 touchdowns. He's a member of the NFL Pro Football Hall of Fame as well as the College Football Hall of Fame. He's been General Manager of the Baltimore Ravens since 2002, when he became the first African-American to occupy that position in the NFL.

Lieutenant Colonel Arthur Graves is a graduate of Trenholm High School and Tuskegee University. Graves was a public school teacher for several years and later served in the United States Air Force for 20 years where one of his many assignments was in the Headquarter Southern Command in the Panama Canal Zone.

Graves has received many awards and citations for his community service including the original organizer and financial supporter of Willie Green football plus a huge supporter of Tusculumbia Little League baseball. The goal of the Shoals Tuskegee Alumni Club is building a solid foundation through service, commitment and support in providing scholarships to deserving students attending Tuskegee University.

E-mail comments and suggestions to: jerrywknight@comcast.net

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 One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office on Wednesdays after 12 Noon.

Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Steffy was blindsided when Liam informed her that he had promised to help Ivy with her legal troubles. Knowing how emotionally invested Ivy was in the arrangement with Liam, Quinn played on her vulnerability to gain her trust. Bill and Wyatt differed on whether or not Liam and Steffy would end up together. Wyatt hoped that he would get a chance to prove the naysayers wrong. Later, Wyatt was given some valuable information that might affect his plan to pursue Steffy. *Wait to See: Ivy regrets giving credence to Quinn's advice.*

DAYS OF OUR LIVES Eric came to Nicole's rescue. Daniel questioned a nervous Serena about Eric. Will pulled an unethical move to ensure that his therapy sessions with Sonny were a success. Abigail accidentally left proof of her affair with Chad out in the open when Ben paid her a visit. Nicole came clean to Eric as they continued to evade Xander. Daniel tried to get the truth out of Serena. Eve used Marlena to get back at Jennifer. Brady gained insight into Theresa's motivations after he overheard her conversation with Anne. *Wait to See: Brady makes Theresa a surprising offer.*

GENERAL HOSPITAL Nikolas had a proposition that could give him control of ELQ. Sabrina came clean to Michael about why she hired Sam to investigate Rosalie, while Elizabeth also learned the truth about Sabrina's involvement. Morgan ran into Denise during a vulnerable moment. Sam and Jake collaborated on a way to trick Rosalie into naming her boss. Lulu grew suspicious of Nikolas. Valerie discovered that Lulu was keeping something from Dante. Morgan was forced to lie to Kiki. *Wait to See: Michael calls an emergency board meeting.*

THE YOUNG AND THE RESTLESS Neil was unhappy to learn about Cane and Lily's marital problems. Victoria met Billy at The Underground to gather information. Summer told Phyllis that she felt the pressure of being stuck between the Newmans and the Abbotts. Devon and Hilary disagreed on their future plans. Mariah questioned Dylan about his intentions toward Sharon. Jack pushed Marisa for information on Marco. Meanwhile, Victor told Marco that he had gone too far. Avery received help from an unexpected person. *Wait to See: Summer discovers Kyle's betrayal.*

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HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence. TFN

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Belinda B. Johnson, M.D.
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Announcing the addition of
Eric L. Santiago, MD
to our practice, beginning July 20, 2015

Born in Russellville, Dr. Santiago is returning with his family to practice in Northwest Alabama. Dr. Santiago received his BS degree from Rhodes College and is a graduate of UAB School of Medicine. He completed his residency in Internal Medicine at Wright State University and is Board Certified in Internal Medicine. He has practiced as a hospitalist and, most recently was an Internal Medicine staff physician at the US Naval Hospital in Okinawa, Japan providing hospital and office care.

Dr. Santiago will provide outpatient care at our Cox Creek Office and will admit and consult at ECM Hospital. He is accepting new patients by appointment. **Please call 256-760-4544.**

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Notes...

Continued from page 4

Gospel Meeting - June 21-26 with Jason Shackelford from Elkton, TN doing the preaching at Midway Church of Christ, 6000 Hwy 43, Florence.

Sunday Bible Class at 9:30am, Sunday Worship at 10:30am and 7pm, Monday - Friday at 7pm.
 Please come and join us to hear God's Word proclaimed.

Applications for 2015-2016 Pre-K at Brooks Elementary and Rogers School Now Available. Lauderdale County School

System will be accepting First Class Pre-K applications funded by the Office of School Readiness for the upcoming 2015-2016 school year presently through June 30.

Applications may be picked up at Brooks Elementary, Rogers School, or at the Lauderdale County Board of Education, located at 355 County Road 61, Florence. Completed applications must be submitted no later than 3pm, Tuesday, June 30.

The 18 slots will be filled through a random drawing. The random drawing will take place Thursday, July 2. Brooks Elementary at 9am and Rogers School at 10am.

Children must be 4 years old on or before September 1, 2015 to be eligible for the program. Monthly tuition fees are based on a sliding income scale.

For questions or more information regarding the Pre-K enrollment application/process, please contact Gina Baggett or Linda Barnett at 256-760-1300.

Saturday, June 20, 4-7pm, BAM, 318 Cox Creek Pkwy, Florence

Sunday, June 21, 9am-4pm, The Shoals Flea Market, 65 Sportsplex Dr., Muscle Shoals

Monday, June 22, 12-7pm, Wal-Mart, 1706 Military St S, Hamilton

Tuesday, June 23, 9am-6pm, Shoals Area Association of Realtors, 1550 Florence Blvd., Florence

Wednesday, June 24, 12-7pm, Wal-Mart, 13675 Hwy 43, Russellville

Tuesday, June 23, 10am-2:30pm, Listerhill Credit Union, Auditorium, 4790 East 2nd St, Muscle Shoals.

Tuesday, June 30, 1-6pm, Russellville Community, Russellville Fire Department, Training Room, 1100 South Jackson, Russellville.

Tuesday, June 30, 12-5pm, Woodward Avenue Baptist Church, Activity Building, Woodward Ave, Muscle Shoals.

Monthly Covered Dish Lunch at the Zip City Community Center, Thursday, June 18 at 11:30am. Program will follow lunch. Please bring a covered dish. Everyone welcome.

Richardson Cemetery in Waterloo needs the help of all who have loved ones buried there. Its time for mowing season and without donations we cannot keep the grounds looking nice. Please send donations to: F&M Bank For Richardson Cemetery, PO Box 128, Waterloo AL, 35677.

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The Lauderdale County Republican Party will be hosting a candidate recruitment event at the St. Florian Senior Center, 81 St. Florian Rd. on Saturday, June 20 from 9am-noon. Anyone interested in potentially running for office as a Republican or helping candidates in current or future election cycles may attend. Attendees will be educated on campaign finance regulations, qualifying fees, required paperwork filing, and other useful topics. The cost is \$10 which covers the cost of the materials provided to the attendees. There will be an extended Q&A session at the end with state and local officials.

Anyone interested in attending should RSVP with Trey Edwards at Trey@VictorySocialMedia or 256-856-9285.

Karaoke - Bobby and Chris at Sheffield VFW, 4919 Raleigh Ave., Sheffield, every Friday night, 7-10pm. Everyone welcome. Must be 19 and over.

Handy Head Start Program located at 955 Beale St., Florence is now taking applications for children ages 3-5 for the upcoming 2015-2016 school year. Registration will take place from 8am-2:30pm daily. Parents must bring the following items: Birth Certificate, Verification of Income for 2014 (W-2 form, Check Stub, Security Statement, Child Support, Unemployment, etc.), Medicaid or Insurance Card (if available), Additional Information needed WIC, Food Stamps, College ID, Proof of Kinship Care, IEP. Services provided at NO COST to parents. Children with special needs and/or disabilities and Homeless families are given priority. Call for an appointment today, 256-768-3400 ext. 217 and 203.

Pre-Kindergarten Registration for Every Elementary School in Colbert County. Application date: July 1. Pre-K Enrollment checklist: Completed enrollment forms, copy of Social Security card, copy of birth certificate, original blue card, and proof of residence. Fee: \$50 per child.
 Contact: Federal Programs Director, Dr. Gale Satchel, 256-386-8565 or email gsatchel@colbert.k12.al.us.

LifeSouth Blood Drives - June - ECM Center, 205 Marengo Street, Florence, 256-765-7038. The hours are: Monday-Friday, 9am-5pm; Saturday, 9am-3pm; Sunday, 1-5pm.

Keller Center, 1208 S Jackson Highway, Sheffield, 256-383-3535. The hours are: The hours are: Monday-Friday, 9am-5pm.

Wednesday, June 17, 11am-6pm, Florence Nursing and Rehab, 2107 Cloyd Blvd., Florence
 Thursday, June 18, 12-6pm, Rick's Produce, 106 Hollywood Rd., Muscle Shoals
 Thursday, June 18, 9am-11:30pm, Kmart, 3401 Woodward Ave., Muscle Shoals
 Friday, June 19, 11am-7pm, Burkes Outlet, 519 W Avalon Ave., Muscle Shoals

Saturday, June 20, 10am-3pm, The Women of the Moose Lodge, 4270 Chisholm Rd., Florence

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HEAVY WESTERN BONELESS BEEF RIB-EYE STEAKS

\$9.99 LB.

SHANK PORTION COOK'S SMOKED HAM

99¢ LB.

FRESH LEAN PORK ROAST BOSTON BUTTS

\$1.69 LB.

FRESH FRYER FAMILY PACK CHICKEN BREAST

\$1.39 LB.

BRYAN BOLOGNA
12 OZ. PKG.

2/\$3

BAR-S JUMBO FRANKS
1 LB. PKG.

99¢

ORIGINAL ONLY BRYAN CORN DOGS
6 CT. PKG.

2/\$5

GWALTNEY BACON
12 OZ. PKG.

\$2.29

DAIRY SPECIALS

COUNTRY DELITE FARMS ORANGE JUICE
GALLON JUG

\$2.99

PRE-PRICED \$3.29 KRAFT AMERICAN CHEESE SINGLES
12 OZ. PKG.

2/\$4

PILLSBURY GRANDS BISCUITS
8 CT. CAN

2/\$3

PARKAY MARGARINE SPREAD
1 LB. PKG.

2/\$3

FROZEN FOODS

PURITY ICE CREAM
56 OZ. SQR.

2/\$5

SHUR FINE CRINKLE CUT OR STEAK FRIES
2 LB. BAG

3/\$5

MCKENZIE'S YELLOW OR WHITE CREAMED CORN
20 OZ. CHUB

5/\$5

EDWARD'S GEORGIA PECAN PIE
32 OZ. PKG.

\$4.49

ORIGINAL OR LIGHT KRAFT MAYONNAISE
30 OZ. JAR

\$2.79

RO-TEL TOMATOES & GREEN CHILIES
10 OZ. CAN

99¢

CASTLEBERRY'S AMERICAN ORIGINALS HOT DOG CHILI SAUCE
10 OZ. CAN

59¢

8 CT. TOASTER PASTRIES KELLOGG'S POP-TARTS
BOX

2/\$4

BETTY CROCKER PASTA SUDDENLY SALAD
BOX

99¢

BETTY CROCKER SPECIALTY POTATOES
BOX

99¢

12 OZ. CHEERIOS OR 12.25 OZ. HONEY NUT CHEERIOS
GENERAL MILLS CEREAL
BOX

2/\$5

BETTY CROCKER FRUIT SNACKS
BOX

4/\$5

SHUR FINE PEANUT BUTTER
BIG 28 OZ. JAR

\$1.89

FRESH STRAWBERRIES
1 LB. PKG.

2/\$4

FRESH CELERY
STALK

\$1.19

SWEET BABY RAY'S BARBECUE SAUCE
18 OZ. BOTTLE

2/\$3

KEEBLER ZESTA SALTINE CRACKERS
1 LB. BOX

\$1.89

NEW CROP RUSSET POTATOES
5 LB. BAG

\$1.49

CHEF BUDDY'S SOUTHERN SLAW
1 LB. BAG

69¢

PRE-PRICED \$3.29
FRITO LAY POTATO CHIPS
7.75-8 OZ. BAG

\$2.19

GATORADE THIRST QUENCHER
32 OZ. BOTTLE

89¢

SPARKLE PAPER TOWELS
8 REG. ROLL PKG.

\$5.99

ANGEL SOFT BATHROOM TISSUE
24 REG. ROLL PKG.

\$5.99

ORIGINAL KINGSFORD OR FAST LIGHTING MATCHLIGHT CHARCOAL
11.6-15.4 LB. BAG

\$7.69

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+ \$2,250
PURCHASE BONUS CASH

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\$2,549
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AFTER ALL OFFERS

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** W.A.C. See Salesperson for details.

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PER MONTH
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FOR QUALIFIED BUYERS
+ \$2,250
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\$4,000 - \$6,000

CASH BACK ON BUICK SEDANS IN STOCK
THE LONGEST DEPENDING ON MODEL



2015 BUICK VERANO FWD 1 SD

\$23,305 MSRP
- \$4,000

\$20,305
After Cash Back



2015 BUICK REGAL 1 SN

\$30,915 MSRP
- \$5,000

\$25,915
After Cash Back



2015 BUICK LACROSSE 1 SB

\$34,560 MSRP
- \$6,000

\$28,560
After Cash Back

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02 Mercury Grand Marquis
#6088BB, 4 Door,
Full Power,
Nice Local Trade!
\$4,488*

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V6, Alloy Wheels,
79K Miles!
\$5,988*

06 Buick Lacrosse
#6364BA,
4 Door, CXL,
Chrome Wheels!
\$8,788*

09 Chevy Equinox
#9627GA, LT,
Leather,
Chrome Wheels!
\$9,988*

03 Chevy Silverado
#2565GA,
Ext Cab, LS,
1 Owner!
\$9,988*

04 Ford SportTrac
#6253BA,
Leather, V6,
92K Miles!
\$10,688*

06 GMC Envoy
#7794GA1, Leather,
SLT, 3rd Row,
DVD!
\$11,788*

12 Kia Soul
#6314BA,
4 Door, Auto,
Air, Nice!
\$14,788*

09 Honda Odyssey
#4278GB,
Dual Doors, Leather,
Local Trade!
\$14,788*

13 Dodge Avenger
#P3022B, 4 Door,
Auto, Air, Full Power,
Great MPG!
\$14,788*

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#1787GB, Leather,
Sunroof,
Local Trade!
\$17,888*

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#P1601A, 4 Door,
LT, Leather,
Nice!
\$19,988*

11 Ford Explorer
#2346GA, 4 Door,
Leather,
XLT, Nice!
\$21,988*

13 Dodge Challenger
#7052GB,
Leather,
27K Miles, Nice!
\$25,588*

12 Lincoln Navigator
#5985GA, Leather,
Sunroof, 4x4,
Nice!
\$30,988*

15 GMC Sierra Double Cab
#9752GA, SLE,
20 Inch Wheels,
1 Owner!
\$33,388*

12 GMC Acadia Denali
#5662GA,
Sunroof, Navigation,
1 Owner!
\$34,988*

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Full Feature Seats,
Z71, 4x4!
\$35,888*

OVER 80 Pre-Owned IN STOCK!

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All Terrain Pkg,
1 Owner!
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\$40,588*

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SLT, Z71, 4x4,
Diesel, 1 Owner!
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