# **Physicals For Participation**

SHEFFIELD – Keller Sports Medicine and Rehab Services recently provided free preparticipation physicals to athletes from junior high and high schools across Colbert County. These physicals are required by the Alabama High School Athletic Association on an annual basis prior to the athlete participating in any

school-sponsored sport. Over 575 athletes were seen from Covenant

Christian, Sheffield, Deshler, Colbert Heights, Cherokee, and Colbert County. This was possible due to help from local physicians who volunteer their time and expertise. Participating physicians included: Dr. Mark McIlwain, Dr. Josh Vacik, Dr. Stephen Howell, Dr. Aaron Howell, Dr. David McKinley, Dr. Dearl BirdSong, Dr. Teresa Olsen, Dr. Robert Flowers, Dr. Jeffery Hovater,

and Dr. A. E. Joiner. Assisting were **Bobby Bowen**, Physician's Assistant from Bone and Joint, and four medical students. Over 30 staff members performed the preliminary screenings. Cardiopulmonary screening and final clearance for participation were provided

**DETAILS** 

INSIDE!

by the physicians. If issues were discovered, the athlete was instructed to follow up with his or her regular physician.

# **Enjoy Edsel's Shining Hour**

FLORENCE-My Shining Hour is a perfect description for the June 7 show that **Edsel Holden** plans for his audience at the Shoals Theatre. He'll sing a few tunes, tell a few jokes and act as the emcee of his annual benefit concert for the Theatre that takes place at 2pm.

Edsel has selected the best songs, the best pickers, and

See SHORTs... on Page 3

# Shoals 69,793 Mailed & 102,000 Readers!

219 West Tennessee St. Florence, AL 35630 256-764-4268

Volume 131 Number 33

June 3, 2015

PERMIT #843

# Courier Journal

Verif cation of weekly circulation upon request

Call by June 17

DOGGONE GOOD

west Alabama and beyond with direct mail, total market coverage

# The Crafts of Old

FLORENCE – Step back into the past at the 27th Annual Frontier Day Celebration at historic Pope's Tavern Museum in Florence on Saturday and Sunday, June 6-7. This outdoor event celebrates the frontier See FRONTIER... on Page 9

heritage of Florence with crafts, music, and costumes typical of the period. Hours are 10am-4pm on Saturday



( Pap

Celebrating



TUSCUMBIA -- Visitors to the Colbert County Tourism and Convention Bureau office often share stories with the staff about being amazed at the hospitality they've encountered in the

Tourism

**By Dennis Sherer** 

Colbert County

Tourism & Travel

Honorees:

**Add Three** 

'Our visitors tell us Shoals residents are

nicest people they have ever met," Susann Hamlin, executive See TOURISM... on Page 6

TUSCUMBIA-Colbert Heights Elementary School has been working the last several months on raising money for the Relay for Life Foundation. The students, faculty, and community became very involved with the efforts to raise money for the organization that is so dear to many of them.

Some of the things the students did to raise money were host to the Hershey's Kisses booth (guessing how many kisses were in the jar), Ditch Cancer with dimes (filling up water bottles with dimes), and a Bake Sale. A successful fund raising effort meant they could tape their principal, Ms. Alvie Shaw, to the wall at the closing of Field Day activities. Colbert Heights Elementary was able to raise over \$2,000! Everyone involved had a great time doing it! Courtesy photo

# Week a Boon to Restaurants

FLORENCE - Florence Main Street recently announced the restaurant awards and charity winner from Florence Restaurant Week, which took place May 8–16

"Florence Restaurant Week is a celebration of all the wonderful restaurants and cuisine choices we have in downtown Florence" said Teryl Shields, Executive Director of Florence "We wanted to make sure Main Street. that lots of folks came out to try as many restaurants as possible. We added the charity component to our Restaurant Week, so folks would go out and vote for their favorite charity on the ballot."

See WEEK... on Page 36



The "Favorite Restaurant" award during Florence Restaurant Week went to the Pie Factory. L-R: Mike Alonso, owner; Angel Alonso, Randy Alred, owner; and Brett Crowley, general

- Rabies Clinics
- Ask Dr. Webb
- Shoals Dining
- Dave Ramsey
- Adopt-A Friend
- Knight's Korner
- What's On My Phone?
- Ask the Attorney
- All Those Yard Sales
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99¢ Joe 16 OZ. **Peanut** Butter 14.5-15 OZ. BEST CHOICE - DELUXE Mac & Cheese or .

Canned **Pasta** HUNT'S Ketchup

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Classes for Ages 10-12 and 13-15 June 15-19, June 29-July 3, July 6-10, July 13-17, July 20-24, and July 27-31

10-12 are from 9am-12pm and ages 13-15 from 1-4 pm Class fee is \$100 a week or \$20 a day

> Call us at 256-320-5117 or email us at ZBCoffeeandCanvas@gmail.com to reserve a spot!



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### Shorts...

# **Enjoy Edsel's Shining Hour**

#### **Continued from Page 1**

the best guests to appear with him in this year's show. It is a wonderful variety featuring The Edd Jones Orchestra, Harvey Thompson, Jr, Mike Green, Joseph Stallworth, and the Rebecca Rockhill Singers. This stellar lineup will entertain you with their unique interpretations of Edsel's favorite composers and songs.

Tickets are \$15 and may be purchased at the Kennedy-Douglass Center for the Arts, The Tennessee Valley Art Center, and the Shoals Theatre Box Office. For tickets or information, call 256-764-1700 or visit www.shoalstheatre.com.

Military veterans are admitted free, but a ticket is required. Complimentary tickets may be picked up at the Theatre Box Office, Kennedy-Douglass Center for the Arts, or the Tennessee Valley Art Association in advance of the show. Complimentary tickets WILL NOT be issued the day of the show.

### New Pet Pantry Help Hardships

FLORENCE–Many times, people have to give up their beloved pets if they are facing economic hardship. A pet pantry is a way for people to keep their pets.

Shoals Pet Pantry is a new non-profit organization created for the mission of keeping pets with their families and out of shelters by providing pet food to individuals and families experiencing temporary financial hardship in Lauderdale and Colbert counties.

As an official introduction to the community, Shoals Pet Pantry will have a booth set up at First Fridays on Friday, June 5 from 5-9pm at the corner of Court and Tombigbee Streets in Florence. Any donation of canned or dry dog and cat food or a monetary gift will be appreciated. Our first goal is to collect 200 pounds of food in one night.

For more information, please contact Shoals Pet Pantry at 256-246-9800 or info@shoalspetpantry.com

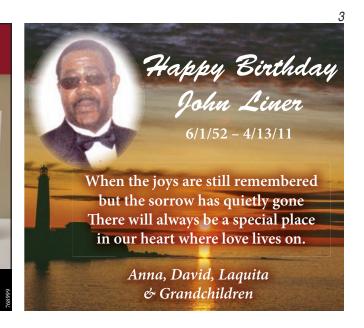
# Register Your Boat Online

SHOALS—The State of Alabama began requiring all boats/vessels registered in Alabama to be renewed via the state online boat registration system.

Lauderdale County License Commissioner William Smith said, "This means any resident who owns a boat or vessel registered through their county's License Commissioner's

See SHORTs... on Page 7





**Rediline** It - See Page 6 or visit www.courierjournal.net



Cox Blvd. Self-Service Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at 11:00 AM on Thursday, June 25, 2015 at Cox Blvd. Self Storage, 414 Cox Blvd., Sheffield, AL 35660.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name Address	Unit #	<b>Stored Items</b>
DAVID FUTRELL 3001 10th Ave. Sheffield, AL 35660	125	Household Goods, Furniture, Boxes
KIMBERLY HEGLER 703 N. Cave St. Tuscumbia, AL 35674	237	Household Goods, Furniture
KENTRAILE JOHNSON 104 Thomas St. Tuscumbia, AL 35661	509	Household items, etc.

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**COMMUNITY NOTES** may be submitted for non-profit, civic or church-related events and published free of charge as space is available in the Courier Journal. All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list. Community Notes must be submitted in writing by noon Friday for consideration in the following week's issue. Fax to 256-760-9618; mail to 1828 Darby Drive, Florence, AL 35630; bring in person; email to editor@courierjournal.net; or "Submit News" on our website at www. courierjournal.net.

Woodmont Baptist Church will host a Basketball Camp - Saturday, June 6 from 9am-noon with UNA basketball coach, Bobby, Champagne. Ages 6-12 are welcome and there is no cost! The event will take place in the Woodmont Baptist gym, 2001 Darby Drive in Florence. Call the church to register, 256-766-1255.

Swamp Johns at Lexington Senior Center on June 2, 4-7pm. Fish, chicken and shrimp plus drink and dessert. \$11 plate.

**Food for Christ -** Rhodesville Methodist Church. More info call 256-Rhodesville 810-8694

Everyone is invited to attend the Wood Ave. Church of Christ Summer Preaching Series each Wednesday night at 7pm during June, July and August. There will be a different speaker and topic each week. Wood Ave. Church of Christ, 400 North Wood Ave.. Florence 256-764-9642 www.woodavenue.com

The Alpha Center (a non-profit counseling center) Huge Rummage Sale on Saturday, June 6, 6am-2pm in the gymnasium on the campus of Heritage Christian University, 3625 Helton Drive, 1/2 mile north of Cox Creek Parkway in Florence (look for the signs). Items for sale include household appliances, home decor, furniture, toys, sporting equipment, tools,

Yard Sale at Grace Bible Church, 4660 Chisholm Road, Florence, Saturday, June 6, 6am-2pm. Furniture, toys, some clothing, household, lots more. Sale benefits missions.

Great Bible Wonders - Family Bible School at North Carolina Church of Christ, 3500 CR 36, Killen, June 7-10, 7-8:30pm.

There will be classes for Cradle Roll-Adult (No Teenage Class). The Bible Story will be presented in play form. Application story by our Puppet Team. There will also be classes for review and activities. Refreshments will be served on Wednesday night. For more info: 256-757-1700

Underwood-Petersville Community Center Luncheon: Please join us June 4 fo our First Thursday Covered Dish Monthly Luncheon at 11:30am with special guest. We hope to see you there.

Revival Tabernacle Church, 1509 Robertson Blvd. in Sheffield is having its first Thursday night singing on June 4 at 7pm. Featured singers will be Eastern Skye from Iron City, TN. For more info, call 931-332-1231 or 256-702-4479

Weekend performances of "The Miracle Worker" play begin Friday, June 5 at Ivy Green, the Home of Helen Keller in Tuscumbia. William Gibson's epic drama about Helen Keller's childhood will be performed on Fridays and Saturdays through July 11. Gates open at 6:30pm for a free tour of the home and grounds. The play starts at 8pm.

Reserve seats are \$15. General admission is \$10. Group rate of 20 or more for reserved seats is \$13. Advance tickets can be purchased at Ivy Green. For more details, call 256-383-4066

**The Wright Cemetery** is seeking donations for the upkeep of the cemetery. The maintenance is made possible by support for loved ones who are buried there. Thanks for your immediate support in this matter. Please make checks payable to: Wright Cemetery Fund clo Farmers & Merchants Bank, P.O. Box 128, Waterloo, AL 35677.

Underwood-Petersville Community **Center Breakfast** - please join us for our First Saturday Breakfast, June 6 from 6-9am. Menu: scrambled eggs, sausage, bacon, biscuits, pancakes, grits, wonderful chocolate gravy, sausage and regular gravy, orange juice, regular and decaf coffee. Adult plates are \$6 and children 10 and under is \$3. Proceeds go toward the Center expenses.

See NOTES... page 35



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**PIGGLY WIGGLY** 1/2 GAL. PLASTIC JUG Orange 2/\$4 Juice PIGGLY WIGGLY Frozen Pizza 5 OZ. BOX

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# Yard

#### An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

MUSCLE SHOALS GARAGE Sale Saturday 6/6; 7am-??; 248 Isbell Dr., Nathan Estates; like new motorcycle tires, patio items, HE washing machine, grill, lots of

INDOOR PATIO SALE Wednesday-Saturday 10am-5pm. Vintage antiques, Collectibles, TV. 1131 Hazelwood Drive, Petersville. (Off Stoney Point Rd.) 256-275-3179

LEXINGTON. FRI./SAT. 6-? 69 Country Way. Children's items, furniture, dishes, household items and much more! 06-03

FLORENCE. GARAGE SALE. RAIN or Shine. Fri./Sat. 7-? 1822 Ford St.(off of Rickwood Rd.) Multi

YARD SALE JUNE 5TH AND 6TH. 7am-until. 67 Kentucky Ave., Florence. First time seller.

MOVING SALE FRIDAY, JUNE 5th, 7am-5pm. Household items, furniture, old newspapers, appliances. 2106 Covington Dr. 06-03 Florence.

GARAGE SALE SATURDAY JUNE 6th. 7am-until. 101 Melody Lane, Greenhill. Fishing equipment, clothing, men and women's shoes, linens, pots and pans, pictures and other miscellaneous items.

MUSCLE SHOALS GARAGE SALE 6/6, 6:30am-1pm; 316 Lincoln Ave.; Storage & attic clean out! Some furniture, golf clubs, miscellaneous.

YARD SALE, SATURDAY, JUNE 6. Grace Bible Church, 4660 Chisholm Road, 6am-2pm, Furniture, Toys, Household and more! Benefits Missions.

SHEFFIELD JUNE 5TH/6TH 7-? Hiwassee St. Block Sale! Furniture, toys, appliances, treadmill, Several Families lots to see! Rain date 19th/20th.

**MOVING SALE - SATURDAY** June 6, 7am, 100 Ashley Ct. (Spencer Place), Tuscumbia. Lots of goodies: Side by side stainless steel refrigerator, tools, ladders, household items, rugs, furniture, large selection of outdoor furniture all cast aluminum (purchased from Ingrams).

YARD SALE - FRIDA,Y 6/5 & Saturday, 6/6; 7am; 2004 Alpine, off Mars Hill Rd., 3 blocks south of Cox

**OAKLAND COMMUNITY GARAGE** Sale Sat. June 6, 7am until, 985 Co. Rd. 80, Between 137 and 19 off Waterloo Rd.

MUSCIE SHOAIS YARD SAIF Saturday, June 6th, 7am. 908 Grand Ave. Lots of great stuff, no junk.

FLORENCE YARD SALE 201 S. Richards St., off Huntsville Rd.; Friday 5/5 7am; lots of jewelry, clothes, & miscellaneous!

CLEAN OUT BUILDING SALE 9754 Co. Rd 61. June 5th and 6th. Furniture, fishing tackle, clothes, hundreds of items for 50 cents.

TUSCUMBIA HUGE YARD SALE 6/5-6, 7am; 600 W. 6th St.; Furniture, appliances, kitchen items, glassware.

**ROGERSVILLE FRIDAY AND** Saturday. Snake Rd. (26). Turn on 117. Hydraulic press, tools, saddle, hay fork, tires, rims and misc.

HUGE YARD SALE JUNE 3RD, 4th and 5th. Wednesday, Thursday and Friday. 194 Chaparral Dr. (Off Helton Dr.) 7am-until. Rain or Shine.

YARD SALE SATURDAY JUNE 6th 6am-until. Tools, 3 bicycles, tupperware, office chair, china cabinet and more. 201 Chestnut Lane, Sheffield.

**HUGE GARAGE SALE** downsizing from Chicago, something for everyone. Friday and Saturday, 7am-3pm. 1111 Murray Dr. Muscle Shoals.

LARGE INDOOR YARD SALE First Baptist Church Sheffield 301 N. Atlanta Avenue, Sheffield Saturday, June 13 - Household goods, books, clothes, and more.

YARD SALE - LOVE ALL ANIMALS. June 4th, 5th and 6th. 104 Holt Ave., Florence. 7am-until.

TUSCUMBIA OF 95 YEAR OLD world traveler and collector of antique china, glassware, rugs, art, furniture, vintage clothes & linens, kitchenware, fabrics, laces, crafts. Don't miss! Fri. & Sat. June 5-6 8am-5pm. Entry numbers given 7am. 1015 E. 5th St.

MUSCLE SHOALS YARD SALE Saturday, June 6th, 7am, 801 Ford Ave. Furniture, sporting goods, household items, clothing, over the range microwave.

YARD SALE JUNE 5TH-6TH. CO. Rd. 200, Florence. Central Church of Christ building. Friday 7am-3pm, Saturday 7am-12pm. Brazil Mission

CENTRAL YARD SALE LINDSEY Creek Subdivision, Florence. June 5th-6th. Adult, children and baby clothing. Household items, furniture. Postponed if raining.

GREENHILL 6/5 & 6/6, 7AM, N43, left 34, Strgt 4way stop, Left 175, 3rd house right Lots of great items! 1495 CR 175 06-03

YARD SALE SATURDAY, JUNE 6th. 7am-1pm. 4144 Co. Rd. 24, Florence. Wilson School area. If weather permits.

FLORENCE MULTI-FAMILY SAT. 7 a.m.-2 p.m. 2001 Cloyd Boulevard Good Shepherd Lutheran Church Proceeds Go To Community Benevolence

KILLEN NEIGHBORHOOD YARD Sale Deer Creek Village Subd., 6/6, rain date 6/13. 06-03

GARAGE SALE JUNE 4TH, 5TH, 6th. 6am-until. Tools, household, baby clothes, furniture, too much to list. 1115 Willingham Hill Rd. (off Hwy. 72) Tuscumbia. 06-03

**FLORENCE AREA. FRI. JUNE** 5th. 8-2. 75 County Road 230. Refrigerator, Freezer, Girl's clothing from 4 - 3x, luggage and much more! 06-03

LITTLEVILLE 4 FAMILY YARD Sale 6/5-6; 565 Osborn Hill Rd., 1/2 mile behind Yogi's; clothes (all sizes), baby items, household items. 06-03

YARD SALE FLORENCE. Saturday, June 6th, 7am-2pm. 862 N. Royal Ave. Near Stadium. Household items, clothes, books, etc. 06-03

GARAGE SALE FRI. 6AM-6PM & Sat. 6am-2pm, At the corner of 410 E. 6th St. and Lafavette St. in Tuscumbia. The sale will be on the Lafayette side. Lots of goodies!

 $\sigma'$ 

**YARD SALE JUNE 5TH-6TH.** 209 North Crown St. Florence. 06-03

YARD SALE SATURDAY. June 6th from 7am-until. 1147 Decatur St., Tuscumbia. Infant to adult clothing, accessories, toys, household items. 06-03



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Address			
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**PHONE** — 8AM - 5PM Charge to Credit/Debit Card by calling **256-764-4268** 

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**FAX** — 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp.

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**MAIL** — Fill out this form and mail or deliver to address below Cash, Check, Credit / Debit Card

# Office

**OFFICE** — Drop by our office at your convenience 8-5 Monday-Friday and write it there.

# Questions?

call our office 256-764-4268.



### Tourism...

#### **Continued from Page 1**

director of Colbert Tourism. "For them to say the people who live here are the most hospitable in the country really says a lot about our area."

To honor some of the people who help make the Shoals a great place to visit, the tourism organization created a Colbert County Tourism Ambassador award. A tourism ambassador was selected each week in May which was National Travel and Tourism Month.

Johnny Belew of Claunch Café in Tuscumbia was recognized here in early May. The other three honorees are Michelle Greene of Days Inn in Muscle Shoals, Mike Gay of Natchez Trace Harley-Davidson in Tuscumbia, and Dick Cooper of the Alabama Music Hall of Fame in Tuscumbia.

"These are some of the people our visitors have mentioned most often when they were telling us about the hospitality they experienced in the Shoals," Hamlin said. "It was really hard to pick only four ambassadors out of the many people we have who go above and beyond to welcome visitors and to promote Colbert County."

Hamlin said the weekly awards will become an annual event in celebration of Travel and Tourism Month.

Bernie Davis of Minden, Ontario Canada said the people of the Shoals are like no others when it comes to hospitality. She and her husband, Jim, made their first trip to the Shoals in 2014 and fell in love with the area and its people. They have since made three return visits.

"Everyone we meet from the guy at the RV park, to the waitress at the restaurant, the clerk at the convenience store, to the cashier at the department store, all welcome us to the community and tell us about places to see and things to do in the Shoals," Bernie Davis said.

Hamlin said travel related expenditures in 2014 for Colbert County were \$54.98 million, a 21% increase over spending in 2013.



## Courier Journal

Exp. Date

# Personnel Editor & Publisher

Thomas V. Magazzu

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John Steele

#### **OFFICE HOURS:**

Monday - Friday 8:00am - 5:00pm

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#### 219 W. Tennessee St.

Florence, AL 35630 256-764-4268 Fax: 256-760-9618

Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 69,807 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

# 219 W. Tennessee St. Florence, AL 35630 or email to:

editor@courierjournal.net

well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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### LIVING ESTATE SALE

**David & Jackie Berrens** 137 Shelton Drive, Florence Friday, June 5 • 12-6pm Saturday, June 6 • 9am-4pm Sunday, June 7 • 1-4pm

Numbers for inside given out at 11am Friday. The Barrens are moving and will be selling over 40 years worth of collecting.

Antique Oak Table; Chairs - Ladderback, Windsor, Tell City; Furniture made by Thomasville, Pennsylvania House, Tell City; Beautiful Queen Anne Sofas; Cherry Secretary; Highboy; Cherry Bedroom Suite; Assorted End Tables; American Fostoria, Rose Point, Pink Depression, Avon, Cape Cod & More; 9x13 Rug; La-Z-Boy Recliner; Antique Lamps; Desk; Washer & Dryer; Too Much To List.

#### Check EstateSales.net for pictures.

Two story boathouse packed full. Starts Friday at 12pm This sale is so large it will take 3 extra tents to hold it all.

# **Jacksonburg Church of Christ**

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**Sunday Bible Classes** 

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9:45am and 5pm

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Harrison Chastain **Garry Gooch** 

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### Shorts...

### **Register Your Boat Online**

#### **Continued from Page 3**

office can now renew their Alabama boat registration online. They can use their smart phoné, smart device, or their home personal computer. County residents do not have to come to the office to renew your boat registration."

For a small additional fee, residents can now renew their boat registration anytime at www.OutdoorAlabama. com or https://www. alabamainteractive.org/ boat\_registration/home/ welcome.action

When renewing their boat online, county residents may need some additional information about their boat which may not be in the state system. This boat information includes the current AL number, the Hull number (which consists of 12 digits), the boat's make, year and length (in feet and inches), the boat's decal year and number, whether the boat has a marine sanitation device, the boat's hull material, propulsion (outboard or i̇̀nbòard), it's use (business or pleasure), the type of fuel the boat uses, vessel type, how many motors the boat has, the motor's make with serial number and horsepower.

### **Student Camps** for Codes, Apps

FLORENCE-The Black Rocket Science, Technology, Engineering and Math summer camps will take place on the University of North Alabama campus

June 15–19 and July 13-17. Students ages 8-14 are invited to attend the camps that will teach them how to code and build digital

Medical Associates of the Shoals

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Suite 300

games and apps. These are key skills which may help them in the future. Each class will be taught by the UNA Tech Lions consisting of UNA CSIS Faculty and UNA CSIS student

assistants.

Instructors include Dr. Shane Banks, Dr. John Crabtree, Dr. Jill Simpson, and Dr. **Jason Watson**. The cost per camp is \$170 with limited space and scholarships available.

The idea for the camps came from the UNA Tech Lions. This is a collaboration between the UNA College of Business and the Shoals Entrepreneurial Center that sprang from the recent Strategic Doing movement launched by the college. Giles McDaniel, executive director with the Shoals Entrepreneurial Center, said the intent of the camps is to create a digital based job corp in the region.

"These camps aimed at middle schoolers are part of a broad based plan. We want to introduce the campers to skills needed to work in this economy and to introduce them to the university at the same time," McDaniel said.

Each session will help participants learn new skills such as mobile app design, HTML, JavaScript and CSS, to name a few.

For more information, go to www.blackrocket.com or Sheila Sisson at 256-765-5987 or sdsisson@una.edu.

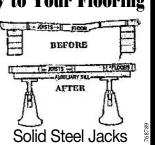
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## Ask Dr. Webb



Dr. Robert Webb

Part III of Morphine: <u>Not so common</u> side-effects patients can expect.

Myoclonus refers to muscle twitching. If it is bothersome, such as making one's whole arm jump, then lorazepam [Ativan] usually helps.

**Pruritus (itching)**. If this is driving a patient 'crazy', using an anti-histamine like loratadine [Claritin] or diphenhydramine [Benadryl], and applying mentholated creams [like Ben-Gay] can provide relief.

**Respiratory depression**. It is rarely a problem unless a patient's sedation has

increased to the point where he keeps drifting off to sleep. Pain definitely increases breathing! However, if the pain goes away and the patient is having trouble staying awake, and family notice the breathing rate dropping below six per minute, then definitely reduce the dose (unless the goal is palliative sedation). If the family is having doubts, it's important to call the hospice nurse: a naloxone [Narcan] injection may be needed.

**Addiction**. When taking morphine for chronic pain or shortness of breath, it is rare for someone with a life-limiting disease to become truly 'addicted'. They'll certainly become 'dependent' on it, just as anyone becomes physically dependent on prescriptions for blood pressure, anxiety, depression, etc: abruptly stopping these can trigger signs/symptoms of 'withdrawal' (fast heart rate, more anxious and agitated depending on the drug) and therefore patients must be weaned. 'Addiction' refers to a loss of control over the drug with continued use despite the harm it is causing.

Allergic Reactions. Although many people believe the above side-effects are 'allergic reactions', they actually aren't. True allergies are of the 'anaphylactic' type, meaning bronchospasm [wheezing, shortness of breath], swelling of the throat, and urticaria [blistered rash].

If someone is having side-effects despite reducing the dose and trying different counter measures, rotating to a different opioid often works— for example, change to hydromorphone [Dilaudid] or methadone.



256-767-6699

Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to ssimpson@hofts.org or call 256-767-6699.

Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Glenwood Healthcare as well as the Medical Director at Hospice of the Shoals.

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- Burning or tingling in your legs Weakness or coldness in your legs or arms
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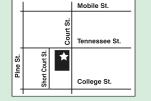


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### Frontier...

**Continued from Page 1** 

Admission is free.

This fun event for the whole family is informative as well as entertaining. The celebration includes dulcimer music and demonstrations of arts and crafts by artisans in costume. Walk through Pope's Tavern Museum free during the hours of the celebration to complete your voyage back in time.

Most of the crafts are available for sale. Enjoy music by the Shoals Dulcimer and Folk Music Association as you see pottery making, basket weaving, quilting, wool spinning and weaving, wood carving, chair caning, broom making, and much more. Members of the David Crockett Association will set up a camp and present living history demonstrations. Grandma Saint's fried pies are scheduled to return this year too.

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\*

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Pope's Tavern Museum is located at the corner of Hermitage Drive and Seminary Street. For more information, call 256-760-6379. Museum programs are made possible in part by a grant from the Alabama State Council on the Arts. This event is sponsored by the Florence Department of Arts and Museums.

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Make it a competition!

As an added incentive, Group entrants have a chance to win FREE Pizza for up to 12 people from

Just give us your group NAME when registering. The group with the most entrants WINS! Remember must be at least 18 years old with valid driver's license/insurance.

texting VIP1 to 99000 and

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TUSCUMBIA CHURCH SEEKING Custodian. Requirements: High School diploma or equivalent. Experience in custodial work preferred. Background check and drug screening required. Send resume to donna-calvary.baptist@ comcast.net

DRIVER NEEDED ASAP. LOCAL company seeking driver. Must have CDL, Hazmat, and tanker license. Clean driving record a must. Drug screen is required. Call 256-389-1945, 256-710-5470 for details.

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- We offer benefits
   401k available
  - One week paid vacation
    - 5 day work week
  - Health Insurance No experience necessary
  - Get paid while you train

**APPLY IN PERSON** 







**University Chrysler-Dodge-Jeep-Ram** 2354 Florence Blvd.

No Phone Calls, Please.

The Successful Candidate Must Have: \*Excellent Communication Skills (Verbal & Written)

- \*Organizational Skills a Must
- \*Detail Oriented / Multi Task
- \*Ability to Work Unsupervised

\*Efficient / Flexible

\*Multi-craft Maintenance Experience (Basic Mechanical and Electrical Skills Required) \*Excellent Attendance with Great Positive Attitude \* Self Starter

#### **AWBC Tuscumbia Warehouse**

Mon. - Thurs. (Some Fridays) 7:00 AM - 5:30 PM The Successful Candidate Must Have: \*Self Motivated (Strong work ethic/Team Player)

\*Excellent Attendance with Great Positive Attitude \*Organizational Skills a Must/Detail Oriented

\*Ability to Lift and Move Heavy Objects \*Carpentry/Woodworking-Painting Skills \*Enjoy Repairing Items and Have Good Attention to

Detail \*Forklift Certified or Have a Willingness to Become

Certified \*Ability to Meet Deadlines \*Be Creative and Resourceful

Drop Off Resume Mon thru Fri 8am to 4:30pm at

American Wholesale Book Co.

4350 Bryson Blvd., Florence, AL (Industrial Park Area)

Or apply online at www.booksamillioninc.com

# Business is Booming!!

**Under New Ownership & Management** 



#### 3 Technicians Needed

Up to \$30/hr depending on qualifications **Earning Potential is Unlimited** 

**Benefits** 

- 401k Available
- 1 week paid vacation
  - Health Insurance

**APPLY IN PERSON** 







**University Chrysler-Dodge-Jeep-Ram** 2354 Florence Blvd.

No Phone Calls, Please.

backseat. Like new condition. Hartselle \$2,875. 256-221-9717 06-03

CLUB CAR 2011 48 VOLT. HAS

2001 MERCURY VILLAGER VAN V6, Auto, Front and Rear Air, \$3,450. 256-710-8120 06-03

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Lower Prices! 256-247-6004, www. capautosales.com

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ARE FIBERGLASS TONNEAU cover for a 5.5' bed Ford. Fits 2009-2014. White Platinum. New \$1,300 Asking \$575. Decatur 256-214-2277 06-03

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PRESSURE WASHING, SOFT house washing, no pressure shingle roof cleaning, painting, epoxy coatings, and much more! Call Wade at HydroBlast Solutions LLC. 256-668-6411 HydroBlastSolutions.com

ADAYS WORK HOME/ MOBILE Home remodel/ repair, handyman jobs, ceramic tile, decks, all flooring, sheetrock, painting, roof repair, Koolseal, underpinning, much more. 256-856-6213, 256-389-3179

FOR SALE 2003 NISSAN FRONTIER Extended cab pickup, 4x4, 256-668-2355 06-10

**REGISTERED SHORTHORN** Heifers from 7-12 months old, perfect for 4H. 256-710-3688

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2008 CHEVROLET IMPALA LS 4-Door, 6cyl, auto. 126K miles. \$5,550 256-247-6004. www. capautosales.com

I WANT TO BUY A BACKHOE and front end loader. 70hp or more. Call 256-566-4768. 06-03

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2007 HONDA FIT LOOKS & RUNS like new, 5-speed, keyless entry, sport wheels and rims, tons of cargo space, great gas mileage. \$8,500 or best offer. 601-522-4882. 06-03

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1991 TOYOTA 4X4 PICKUP, short wheel base, 5 speed, 6 cylinder, third owner, tires like new, runs like new. 327K miles, excellent condition for the year, \$3,000 firm. 256-443-1092

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1958 JAGUAR MK1, 3.4. GOOD condition, 67k mi. 4 door, Sedan, Chevy 4.3L V6, White w/ Black interior, Power. \$13,500 OBO. 256-729-1607

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88 MODEL FORD F-250 LARIAT Truck. 6.9 Diesel, 5 speed. Long wheel base. 2-tone brown paint. Good tires. Looks good. \$3,000 Cash. 256-483-9656 06-03

1990 OLDS CUTLASS SUPREME International Series, excellent condition, Coupe, 153,000 miles, 2 door, \$3,800. Call 256-366-2839

FINAL MARKDOWN 5 DAYS ONLY \*2012 Rhino 12' Batwing Bushhog; \$6,450 \*24' TJ Gooseneck trailer 7-k; \$3,250 \*400 Gallon Vicon Sprayer; \$2,650 \*Vermeer 605J Hay Baler; \$2,500 \*5' Tiller; \$950 \*Heavy Duty Bushhog Brand Post Hole Digger; \$850 \*8' Disc Harrow SB; \$950 \*Aluminum Truck Bed. 1-Ton; \$1,650 \*Two Row Planters; \$750 \*Ford Breaking Plows. Extra Nice; \$375 Extra Markdowns on Grapple Buckets and Hay Spears. 256-810-7238 06-03

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FOR SALE 2003 COACHMAN Mirada Motor Home. New radio and back up mirror, 2 new TV's. Approximately 43K miles, Excellent condition. Call 256-766-8581. 06-17

1996 LAREDO JEEP CHEROKEE, maroon color. Ready to sell! \$2,800. 256-974-6436 06-03

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2007 HONDA ACCORD SE V6, 154K miles, red, excellent condition, \$7,000, 256-635-8038

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- Full grain oiled leather
- Georgia Waterproof System
- High performance lining
- Steel shank
- Covered cushion insole
- EVA Midsole
- Replaceable Goodyear welt constrtuction
- Nylon pull loops

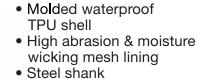
#### G4254 - MEN'S 12" PULL-ON



 Goodyear welt construction

- Fully lines with waterproof material
- Smooth side lining construction
- Notched storm welt
- Steel shank • Chemical, heat and slip-resistent rubber

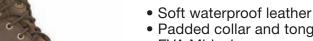
# G5514 - MEN'S 11" MUDDOG

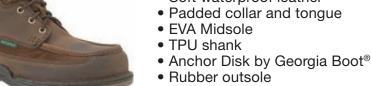


- Lighweight molded PU midsole
- Chemical & oil-resistent rubber "Phoenix"

Outsole









# G5814 - MEN'S CARBO-TEC



G5153 - MEN'S 10" WEDGE



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1957 CHEVROLET 210 STATION Wagon. 4-door. 9 passenger. V8. \$6,700. 706-820-9481 06-03

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2003 FORD F-250 EXCELLENT condition, 59,165 miles, 4 door, extended cab, 6.0L, diesel, red with gray interior, 2 wheel drive, \$15,000. Call 256-383-7384 06-03

2013 BMW 528I - 30K MILES, \$25,000. 256-767-2015

I BUY JUNK, UNWANTED, and

payments. 4BR. 3BA. 4A. In Killen with pond. \$160,000 appraisal. I'll take payoff \$112,000, needs work.



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2004 CADILLAC DEVILLE 87,400 mi. Good condition. \$4,700. 256-353-7667 06-03

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HONDA MOTORCYCLE 2008 Rebel. Only 6,000 miles, \$2,700. 256-710-8120 06-03



by DAVE RAMSEY

#### **SAVE EXTRA INSTEAD**

Dear Dave,

I recently applied for anywhere life insurance for the first time with a child rider. The insurance company denied my request for the rider portion because my son has hemophilia. Do you have any suggestions or advice?

Sarah

Dear Sarah,

time with this situation. It's generally pretty hard, obvious reasons, for hemophiliacs to get life insurance. I hope you understand that's a statistical statement, not a spiritual statement.

You can always cover

him as a child by building an emergency fund over and above the three to six months of expenses I normally recommend. A child rider is just a small policy to cover final expenses and things like that, so you could selfinsure by saving up in the event — God forbid — of a worst case scenario. An average funeral today costs around \$7,000 to \$10,000. You could always spend less, but if you guys have reasonable safeguards this isn't a situation you should be facing. I mean, there probably things he just shouldn't do from a common sense standpoint, right? But lots of folks have long, wonderful lives with that particular condition.

It might be that as research on the disease progresses and as he gets older, there's a possibility that he could qualify. Think about this. you even whispered word like "cancer"



In short, I think there's Unfortunately, you're hope for the future. In the going to have a difficult meantime, I would cover it with a slightly larger emergency fund. Just add a few thousand to what vou would normally set aside for emergencies, because you might face some medical issues, as well.

-Dave

insurance.

#### **BANKRUPTCY AFTERSHOCKS**

Dear Dave, What are the longterm effects of declaring bankruptcy? Brittany

aftershocks bankruptcy is that it stays some 13, which is a repayments web at daveramsey.com.

plan, and Chapter 11, another type of large bankruptcy or business bankruptcy, both stay on your credit bureau report for seven years.

Another big problem is that it can follow you around when it comes to applications or when you apply for different types of licenses. Many of these ask if you've ever bankruptcy. filed doesn't ask if it's still on your credit report; it will ask if you've ever filed bankruptcy. If you have, you'll have instances for the rest of your life when you have to admit it and explain it all over again. So, it's an emotional scar that follows you around for a long, long time.

Too many bankruptcy filers never really recover from their financial distress because they never learn new and better ways to manage their money. That's why I recommend people do everything they can to avoid bankruptcy. It's not an easy do-over; it's a last-resort kind of thing. And in the vast majority of situations it's just not necessary.

—Dave

Dave Ramsey America's trusted voice on money and business. He's authored four New York Times best-selling Dear Brittany, books: Financial Peace,
One of the biggest More Than Enough, The
ftershocks of filing Total Money Makeover and EntreLeadership. The Dave on your credit report for Ramsey Show is heard years afterward. A Chapter by more than 5 million 7 filing, which wipes out listeners each week on more everything and gives you than 500 radio stations. a clean slate, stays on your Follow Dave on Twitter at report for 10 years. Chapter @DaveRamsey and on the





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Dr. Kenneth E. Rose Internal Medicine / Primary Care

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#### Salvation Grace Without Works

Titus 2:11 "For the grace of God that bringeth salvation hath appeared to all men." Romans 4:6 "Even as David also describeth the blessedness of the man, unto whom God imputeth righteousness without works". (PURE GRACE) Romans 4:16b "Therefore it (salvation) is of faith, that it might be by grace." The Apostle James is taken out of the way and Peter is sidelined, and a whole new revelation and message is given to the last Apostle, Paul, and that message is (*Grace*) through faith. Ephesians 2:8-9 "For by grace are ye saved through faith; and that not of yourselves: it is the gift of <u>God</u>: <u>Not of works</u>, lest any man should boast." It's no small

wonder that a KJV Bible starts in Genesis 6 with *grace to Noah*, and ends with grace in Revelation 22:21. It should be known by all preachers and teachers of the Bible that the Apostle Paul began and ended his epistles with the word (GRACE.) IF you cannot see the difference between the messages of Peter and James, and the Apostle Paul, then you need to get saved. The Apostle Paul is the only one commissioned to minister to the gentile churches. <u>His</u> message is pure (Grace).

Grace is an unmerited favor that God offers us through the death, burial and resurrection of Jesus Christ, without works. *If you* could earn salvation or keep it yourselves, why did He die? Romans 3:24 "Being justified freely by his grace through the redemption that is in Christ Jesus:" Romans 3:28 "Therefore we conclude that a man is justified by faith without the deeds of the law." Romans 5:1-2 Therefore <u>being justified by faith, we have peace</u> with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God." Romans 5:9 "Much more then, being now instifted by his blood, we shall be saved from wrath through him." Romans 5:17 "For if by one man's offence death reigned by one; much more <u>they</u> which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ."How more simple or plain could God make it? You have no excuse for going to hell. Will you accept the gift of God's righteousness by faith and believe on Christ today? Why not?

Bill Bishop, Pastor

#### **Beacon Baptist Church**

Rogersville • 256-247-7733

1.2 miles north from red light on Hwy. 207 on left Sunday services at 10am and 11am and 6pm Visitors welcome!

Chisholm Road Self-Service Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at 3:00 PM on Friday, June 26, 2015, at Chisholm Road Self Service Storage, 4450 Chisholm Road, Florence, AL 35633.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name Address	Unit #	Stored Items
JOHN PETER DOLAN 3276 Old Chisholm Rd. Apt. 1108E Florence, AL 35633	B76	Household Goods, Furniture, Boxes
CHRISTOPHER ALLEN 122 Parker Drive Florence, AL 35630	C16	Household Goods, Furniture, Boxes

### RABIES CLINIC

#### **COLBERT CO. 2015 SCHEDULE**

State Law requires that all dogs and cats over 3 months of age be vaccinated against rabies each year. The fee is \$10.00 per animal at any given stop on this notice. If you have 10 or more animals, a private stop may be arranged by contacting the office at 256-386-9800. Please make arrangements prior to our scheduled stop in your area. We will attempt to follow the schedule rain or shine! Please be patient if we are running late. Please note this new evening only schedule with the exception of Friday and Saturday.

#### Dr. Randall B. Davis, DVM Rabies Inspector

	Rables Hispector	
Monday, Ju	ne 8	
	Yogi's One Stop, Hwy. 247 at Hwy. 72	2
5:00pm	Red Rock Church of Christ, Red Rock Road	t
	Srygley Church of Christ parking lot, Hwy. 247	
6:15pm	Barton Chevron Station parking lo	t
	Cherokee High School parking lo	
Tuesday, Ju		
4:30pm	Littleville Park - behind First Baptist Church, Hwy. 43	3
	Mt. Moriah Baptist Church, Co. Rd. 77	
	Spring Valley Market, Spring Valley	
	White Oak General Store, Hwy. 157 and Co. Line Rd.	
•	Leighton City Hall, Leighton	1
Tuesday, Ju		
	Pet Depot - Muscle Shoals store, sidewalk	
5:30pm	Muscle Shoals High School parking lot, in front of gym	1
	Muscle Shoals Baptist Church, River Rd., near Steenson Hollow	I
Wednesday	,	
	Valdosta Church of Christ, parking lot, Old Lee Hwy.	
	Tuscumbia Multi-Purpose Center parking lo	
	Elk's Home parking lot, Raleigh Ave., Sheffield	
	Happy Trails Western Store, 1000 E. 2nd St., Sheffield	
		İ
Thursday, J		
	Rayomart, Second St. & Nitrate City	
5:30pm		_
	Shady Grove Methodist Church yard, River Road	
	Ace Hardware, River Rd. & Co. Line Rd.	
Thursday, J		
	Bianco's Berryhill, vacant lot, Underwood & Frankfort Rd.	
	Colbert Heights High School yardPiney Grove Church yard, Wheeler Mtn.	
7:15nm	Oak Grove Baptist Church parking lot, Hwy. 72	)
Friday, June		-
		,
0.00aili 8:15am	Stateline General Store, Hwy. 72W, near state line	د
	Riverton Rose Trail Vol. Fire Dept.	
10.104111.	north of Cherokee	,
11:00am .	Barton Baptist Church, Barton	1
	une 13 - 8:00am to 11:30am	
	e Valley Animal Clinic	
	72E, Tuscumbia, AL	
Back of th	e parking lot	
		33

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 2Door, 6cyl, auto.
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 \$2,950.
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MARLISS NO TILL DRILL 7' wide 3 pt. hitch. For pastures, crop or game plots. Hard to find. Extra nice! \$4,850. 256-810-7238. 06-03

**2014 CHEVY IMPALA LIMITED** LT 42,000 miles. \$15,900. 256-710-3040. 06-03

**ANTIQUE TRUNK - \$75, GOOD** Condition. 256-278-1285 06-03

**2011 CHEVROLET SILVERADO** crew cab. Charcoal grey. Loaded. Short wheel base. \$16,000, Danville area. 256-274-2904 06-10

**ROOFING - LEAKS REPAIRED,** chimneys flashed, valley repair. All work guaranteed. Free estimates. 256-383-3218 06-03

**AT&T CELL PHONE 455** minutes. Home and car charger. One year old. \$100. Call 256-796-6184. 06-03

**HAY, MIXED GRASS, 4X5 ROLLS,** \$20 per roll. 256-412-8670 or 256-757-4130. 06-03

**1500 JEWELRY PIECES TO** include necklaces, bracelets and earrings. Hooks, fasteners, lines for everything you need to make yourself. \$3,500. 256-431-2602.

**WANTED TO BUY ARROWHEADS** and collections. Call 256-686-1330, 256-565-3626. 06-10

INTERNATIONAL 444 4 CYLINDER diesel, 50" bush hog, landscape box, good solid tractor, \$4,000. 256-710-4366 06-03

**BROYHILL SOFA, CHAIR WITH** ottoman, green, \$500 firm. 256-443-

CJF CONSTRUCTION INC. HEREBY gives notice of completion of contract with Hawk Pride Water for construction of Project WLR-1708-15 Water Line Relocation CR #65. All claims should be filed with Colbert Co. Engineer's Office, 2750 Hwy. 20, Tuscumbia AL 35674. Phone 256-381-2120. This notice will appear for four consecutive weeks. All claims should be filed during this time. June 3 ending June 24, 2015. 06-24

SHOW CAR HAULER 14'. Diamond plate floor. Brakes both axles. Storm Grey Pearl Metallic. Pulled 2k mi. \$2,800. 256-565-2241 06-10

**2012 HERITAGE SOFTAIL - 3,200** miles, lots of extras! V & H Pipes. Asking \$16,200 OBO. Call after noon for details, 256-412-7631.

**WHITE WEDDING DRESS WITH** train, size 10-12, worn once, \$350. 256-766-8825 06-03

BUYING SCRAP GOLD JEWELRY, highest prices paid, North Florence Coins & Jewelry, 7 Points Shopping Center. 256-764-0008 07-01

**PROTOCOL ACOUSTIC GUITAR** with stand. 3/4 scale, some minor dings. 256-616-2744. 06-03

FREE KITTENS TO GOOD HOME. Call 256-309-9872. 06-03

# SOUTHERN APPEAL LAWN Maintenance Services, Landscaping & Dirt Work. Tree and Stump Removal. Quality work/best rates. Serving Colbert & Lauderdale Counties. Free estimates. 256-381-

**2000 NEW HOLLAND TN70** Tractor. 66Hp Diesel. Extra nice; \$9,500 2014 New Loader with Joystick Valve; \$4,950 Together \$14,400 or will take \$12,500. 256-810-7238 06-10

**2004 HONDA 4-STROKE JET SKI** Good shape, \$4,900 256-766-2550 06-17

# Holt's Radiator

- Buy Batteries \$7 & up
- Major & Minor Auto Repair
  - A/C Work-Exhaust
- Starter & Alternator Repair

256-381-5341 607 Tyler Ave., Muscle Shoals, AL

# GREAT BIBLE WONDERS

North Carolina Church of Christ Family Bible School

June 7-10 7-8:30pm

Sunday - 9am
The Fall of Jericho
Sunday - 7pm
Naaman is Healed
Monday - 7pm
Jonah and the Great Fish
Tuesday - 7pm
The Contest Between God and Baal
Wednesday - 7pm

Christ is Risen



There will be classes for Cradle Roll through Adult (There will be no Teenage Class)

The Bible Story will be presented in play form.

Application story by our Puppet Team. There will also be classes for review and activities. Refreshments will be served on Wednesday night.

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### **Commentary**

# Long Wait Between Title Opportunities

ne National Basketball Association (NBA) doesn't get a lot of coverage in this region even though the Memphis Grizzlies and Atlanta Hawks did well this season. The Grizzlies were a physical bunch that got ousted by the Golden State Warriors in the second round of the playoffs. The Hawks' third round playoff loss in the Eastern Conference finals to the Cleveland Cavaliers led by LeBron James is

Few

Words

no embarrassment. James is the best player of his generation. He is joined by several talents including féllow NBA all-star, Kyrie Irving (uncle Drew from the Pepsi Max commercial/ video). The Cavs will play the Warriors who hail from the San Francisco-Oakland area. Growing up a Warriors fan and recalling their last NBA title often (1975), it's almost surreal for the Warriors to be

back in the finals. It has been a lean 40 years since then with **TOM MAGAZZU** few playoff appearances and Editor some really embarrassing losses.

The Warriors defeated the heavily-favored Washington Bullets 4-0 in the '75 Finals. So heavily favored were the Bullets in that series that odds-makers still had Washington favored to win game four when they were down 3-0. The Warriors were led by eventual Hall of Famer, Rick Barry, who many may remember had an unorthodox method of shooting free throws underhanded, what we used to

#### See TITLES... on Page 32

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

# Courier Journal



# African Roots

### Festival Is All About Heritage

TUSCUMBIA-The North Alabama African Heritage Association will host the 15th Annual North Alabama African Heritage Festival on Friday and Saturday, June 5-6 at the Willie Green Recreation Park in Tuscumbia.

A festival preview will begin at 4pm on Friday, June 5 with Music on the Lawn provided by the Shoals Blues Band, featuring Judy Toney. The festival will resume at 11am on Saturday, June 6 with African singing, drumming, and dancing.

There performances by local musicians in numerous genres including gospel, R & B, and more. This year's festival will feature several authentic African cultural presentations. The Uhuru African Dancers of Atlanta will perform Saturday at 3pm and the authentic Umdabu Dance Company will perform at 5pm. An extra feature for this year will be Simba Foluke of Nashville, drummer. a

See AFRICAN... on Page 27

# Take a Drive for H.A.S.R.A.

MUSCLE SHOALS-Those who would like to test drive a new Lincoln without the obligatory pressure of a sales pitch have an option... for one day.

As part of the Take The Wheel, Share The Wealth initiative, Long Lewis Ford-Lincoln will conduct a test drive promotion to benefit HASRA (Heart of Alabama, Save.

See DRIVE... on Page 31

# **CASA Carnival** at US 72 & 43



MUSCLE SHOALS The CASA Carnival returns this week running Tuesday-Saturday, June 2-6 at

the corner of US Highways 43 and 72 in Muscle Shoals (the shopping center with Mike's Merchandise. Gates open at 5pm each day. There is no admission charge and parking is free. Food and games

See CARNIVAL... on Page 31

#### FLORENCE/LAUDERDALE

TOURISM will once again provide musical entertainment on Saturday, June 6 at 11am before its popular Swampette music tour at noon. The Wildwood Ruminators will perform a free mini-concert open to the public in the gallery at the Florence/ Lauderdale Visitor Center. The band will perform songs from their upcoming CD project, "Revelation." The June 6 version of the Swampette tour of area music venues will follow from noon-4pm. The popular tour offers stops at FAME Studios, 3614 Jackson Highway, and the Alabama Music Hall of Fame. Led by Judy Hood, wife of the Swampers' bass player David Hood, the tour travels to each venue aboard the Trolley of Tunes. The tour is \$35 per person. For reservations for Swampette tours, contact the Florence/Lauderdale Tourism office at 256-740-4141.

#### THE SHOALS TUSKEGEE **ALUMNI ASSOCIATION**

invites you to attend the Second Annual Scholarship Banquet on Saturday, June 6 at 6pm. Ret. Col. Arthur

D. Graves, president of **Thompson** and Son Funeral Home

and Ozzie Newsome, NFL Hall of Famer and general manager of the NFL's Baltimore Ravens, will be honored. On Saturday the event takes place at George's 217 at 217 North Montgomery Avenue in Sheffield. Tickets are \$40 and attire is dressy. The event will support the scholarship fund. For tickets, please call Elaine Eggleston at 256-381-1447

# Helen Keller Hospital

# Congratulations!

Helen Keller Hospital and the Helen Keller Hospital Volunteer Auxiliary offer congratulations to the recipients of the 2015 Louise Isbell Ashe Scholarships. These \$1000 scholarships are provided by the Volunteer Auxiliary to local high school students who are pursuing careers in the field of healthcare.

We offer our sincere good wishes for your educational success. 2015 LOUISE ISBELL ASHE SCHOLARSHIP RECIPIENTS

**Brayden Mitchell** Central High School **Erica Slaton** Central High School **Braden Harris** Collinwood High School **Covenant Christian School** Anna Handley Madalan Patrick **Deshler High School** Deshler High School Josie Waddell Terra Wooten Deshler High School **Sydney Terry Hatton High School** 

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Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state or national interest or any topic of concern or interest. **Letters must** include name, address and phone number for **verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person 219 W. Tennessee St., Florence, AL 35630

• e-mail: editor@courierjournal.net

• FAX- 256-760-9618

#### **Donkeys and Elephants Registration Please**

Editor:

If a group of mascots should be insulted by anything, it should be the donkeys and elephants represented by those in Washington, DC. "Redskins" is a reference to the bravery of the Native American warriors. What do the actions of our elected officials say about the defenseless elephant and donkey?

Wouldn't you love to see Big Al lead a march of donkeys and elephants on DC demanding elected officials stop slandering their good reputations with the never-ending flow of lies, theft, and deception from the Legislative and Executive Branches of the federal government?

Jim Brasfield

Editor:

I would like to request an answer to a simple question. "How can someone drive around the quad-cities without a current automobile tag?" Some of a current automobile tag?" the vehicles do not even display an outdated tag. I renewed my tags in the month of April for the year at a cost of almost \$900. I provided proof of insurance for each vehicle also at the time of the tags purchased. It is strange that some people make an effort to obey the law and some people either ignore or disregard the law. It makes one ask the question, "Does the law not apply to all citizens of the Shoals Area?'

I admire the effort made by the Probate Judge's Offices of Colbert and Lauderdale counties that require proof of insurance before renewing or selling

a vehicle tag for the first time. It would make sense to me that if a vehicle did not display a current tag, a law enforcement officer would have reason to stop the vehicle and request to see registration papers. I suppose that the counties would lose money on some of the people by incarcerating them if they could not provide registration papers when asked.

If this is too much to ask, please disregard this letter to the editor and release an all-points bulletin to the effect that current vehicle tags are not required within the quad-cities area. All would be more than happy to see such bulletin. If I had seen such a bulletin, I would have saved almost \$900. Thank you very much for your attention to this letter.

John Futrell Sheffield

See LETTERS... on Page 24



...more than a fourth of fatal dog attacks are by dogs on chains.

# Calendar of Events

**#**Helen Keller Hospital

Monday & Tuesday 1 & 2

#### **ACLS Provider Class**

Calls 256-386-4747 for Class Information

Classes are for those wanting to receive certification in Advanced Cardiac Life Support Certification Thursday

4

# **Childbirth Classes**

6 pm • Education Dept. in the basement of the Hospital Other classes June 8 & 9

To register, call Education Dept. at 256-386-4030.

Friday

# **Blood Pressure & Sugar Screenings**

8:30 am - 11:30 am Main Lobby of the Hospital

Sponsored by Keller Volunteer Services. Screenings are free of charge. Wednesday

10

# Diabetes Self Management Education

9 am • River Room

Recognized by the American Diabetes Association, this program teaches you how to manage your diabetes through medication, diet, and exercise. Physician referral and advance registration required. Call 256-386-4029 for registration info.

Sunday

14



19

# **Blood Pressure & Sugar Screenings**

8:30 am - 11:30 am Main Lobby of the Hospital

Sponsored by Keller Volunteer Services. Screenings are free of charge. Sunday

Happy Father's Day!



Thursday

25

#### **ACLS Renewal**

Calls 256-386-4747 for Class Information

Class is for those who wish to Renew Advanced Cardiac Life Support Certification

Friday

26

# CPR Certification

& CPR Renewal
CPR Certification
10 am • River Room

**CPR Renewal** 

7:30 am & 1 pm • River Room \$50 fee for those attendees who are not Helen Keller Hospital employees. Please pre-register with the Education Dept., 256-386-4030.

6 Fri. - Sun. 26 -

# Helen Keller Festival

See you at Spring Park for the Helen Keller Festival Friday

2

21

### Keller Festival Bike Ride

Registration 5-6am at the Spring Park Golf Course

Entry fee \$10 if registered before June 23. For more information, contact Brooke at 256-386-4747. Saturday

27

# 5 Mile Race & Fun Run

Begins at 7 am at Colbert County Courthouse

Entry fee: \$15 for 5 mile, \$10 for 1 mile, if registered before June 23.

Call 256-386-4747 for more info.

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#### SO WHAT'S ON MY PHONE and why should you care? Because I have lots of cool stuff that you may not know exists, is why! The following smartphone apps are things that

exists, is why! The following smartphone apps are things that I find valuable yet are largely unknown by most of you. Some of these are even more valuable

than my, er, "bodily sounds generator" app.

Mightytext: Install the app on your phone, computer and tablet and all your text messages appear



which is way more handy than the phone's keyboard. Google Voice: Google will

## WHAT'S ON MY PHONE?

by "The Computer Skeptic"

give you a free phone number with an area code of your choosing. Once you sign up for a number, you can forward calls made to Google Voice to your smartphone. That enables you to give your Google Voice number to people you may not ever want to actually hear from such as the IRS or a creepy person. When they call, you can choose to answer the call or block it completely. Another nifty feature is that voicemails are transcribed for you and sent to you via text/email if you so choose.

For those of you who use Verizon, Verizon Messenger is your stock messaging app on steroids. You can send/receive standard text message, of course. But you can also send your location (handy when trying to hook up with friends). AT&T has a similar product that is not quite as robust. For those traveling internationally, text messages are sent via WiFi when available so you don't have to sign up for an expensive international phone plan when you travel to Tahiti. Facebook members should certainly install Facebook Messenger. It is awesome.

Geeks have been gushing over "notebook" organizers

like Evernote and OneNote for years but I prefer Google Keep. Keep allows you to organize notes and checklists on your phone that can be shared in real time with others. The most handy feature is the grocery list. Tammy can enter grocery items on the shared checklist at home and I'll instantly see them appear on my list while I'm shopping

shopping.

Do you have an old iPhone or Android wasting away in a drawer somewhere? Put it to use by turning it into a security camera. Simply download an app called Alfred on your old and newer phone, link the accounts, then mount your old phone in an area you need to monitor. Whenever motion is detected, you'll receive a text message with a picture of the intruder. You can then launch the app and see real time video

with audio of whatever's going on. Mount it near your front door to see who's knocking. Set it up in your motel room as a security camera or use it to monitor your pets while you're away.

I've shown you mine, now show me yours! Please share with me what apps you can't live without.

Jim Fisher owns Excel Computer Services in Florence. Reach him at <u>www.ExcelAL.com</u>



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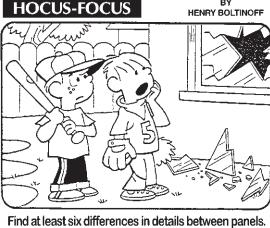
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Thomas McCutcheon

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Michael, Athens, AL

Judges often ask that cases be mediated before a full blown trial is held. A mediator is someone trained to seek resolution of issues outside of a court setting. A mediator does not and can not decide the value of a case and impose that value on the parties. If the mediation is not successful then that's all the mediator can tell the court.

Often when all of the parties to a case are brought together with the serious intent of resolving or settling the case, the process of mediation works.

We mediate cases weekly with our clients. Remember that all my firm does is personal injury cases so we are the ones seeking compensation for injuries, lost wages, pain and suffering and all of the types of damages that apply to a particular case.

What I tell my clients is to just relax. It's no big deal for someone to begin offering money to you. It's kind of nice to turn down money. We can not control how much money the other side brings to a mediation. If they bring enough to settle the case, then that is great and we will settle the case. If they don't, we always learn something anyway. It's just not a big deal. You can't let a mediation be a big deal. You have to believe in your case and be prepared to go win in court if the other side is not willing to pay your client fairly.

In some cases, there are solutions other than just money. Sometimes these solutions can involve the timing of payments of money or to whom the money is paid. There was a pretty big road defect case in Birmingham where part of the solution, in addition to payment of money, was to rename the road after the girl who lost her life. Anyway, mediation works a lot of the time, listen to your lawyer, relax and try and enjoy a different experience. It is a lot easier than going to court.

Buckle up and drive safely.

Please send the questions to: "Ask the Attorney,"

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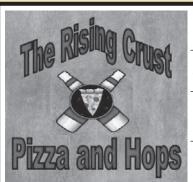
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### Letters...

**Continued from Page 14** 

### **No Limits To** The Damage

Editor:

Alabama is at a time of financial crisis like never before in our lifetime. This didn't just happen overnight, but is the result of years of irresponsible spending by those who have been in power too long and are obsessed with the career politician syndrome.

We are the people who are the source of power that can break this up. We can stand together to limit all elective positions to no more than two four-year terms with no benefits. A fantastic savings would result here, but limited space will not allow me to elaborate.

We are currently faced with the lawmakers and governor selling out the morals we have left to all forms of evil in order feather their own nests and certain special interest groups. There interest groups. There are no provisions in the Constitution that allow such funding for any purpose.

Gambling is liberal and has no limits to the damages that can occur from it. It is also addictive. The ones pushing this gambling issue are in violation of their oath of office and also the section of the Constitution that forever prohibits it. It is also in harsh violation of the Preamble to the Constitution. I believe such negative leadership will come home to them in the end.

We could balance the budget by closing all the doors to non-essential services and at the same time provide incentives that would reduce crime, corruption and waste.

**Jack Pollard** Luverne, AL

### **Release Them** From the Chain

Dear Editor:

Senate Bill 468 would establish statewide restrictions on unattended dog chaining, giving law enforcement authorities another tool to protect dogs from neglect and abuse. It would also help protect people from being attacked by dogs driven mad by intensive confinement.

The Centers for Disease Control and Prevention has found that chained dogs are nearly three times more likely to attack than dogs who are not kept chained. According to another study, more than a fourth of fatal dog attacks are by dogs on chains.

Dogs relegated to a chain or kennel 24 hours a day are often deprived of even the most basic care. Growing puppies are often found with toosmall collars imbedded in their necks because their

See LETTERS... at Top Right

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\*\*24-MONTH AGREEMENT: EARLY CANCELLATION WILL RESULT IN A FEE OF \$20/MONTH FOR EACH REMAINING MONTH. Must maintain 24 consecutive months of any DIRECTV base programming package (\$29.99/mo. or above) or any qualifying international service bundle. Advanced Receiver fee (\$15/mo.) required for all HD DVRs. TiVo service fee (\$5/mo.) required for TiVo HD DVR from DIRECTV lease. There is a fee of \$6.50/mo. for each receiver and/or Genie Mini/DIRECTV-Ready TV/Device on your account. NON-ACTIVATION CHARGE OF \$150 PER RECEIVER MAY APPLY. ALL EQUIPMENT (EXCLUDING GENIEGO DEVICE) IS LEASED AND MUST BE RETURNED TO DIRECTY UPON CANCELLATION, OR UNRETURNED EQUIPMENT FEES APPLY. VISIT directy.com/legal Or Call 1-800-directy for Details. ^GENIE HD <u>DVR UPGRADE OFFER</u>: Includes instant rebates on one Genie HD DVR and up to three Genie Minis with activation of the SELECT Package or above; ÓPTIMO MÁS Package or above; or any qualifying international service bundle, which shall include the PREFERRED CHOICE programming package. A \$99 fee applies for Wireless Genie Mini (model C41W) upgrade. Free upgrade offer requires a Genie HD DVR and at least one Genie Mini. \$99 fee applies for single-room setup. Whole-Home HD DVR functionality requires a Genie HD DVR connected to one television and a Genie Mini, H25 HD Receiver(s) or a DIRECTV-Ready TV/Device in each additional room. Limit of three remote viewings per Genie HD DVR at a time. Visit directv.com/genie for complete details. INSTALLATION: Standard professional installation in up to four

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### Letters...

#### **Continued from Below**

owners never bothered to adjust them. Chained dogs terrified by fireworks or thunderstorms hang themselves trying to jump over fences or other objects. Many dogs are denied adequate food, water, shelter, and veterinary care. They suffer and die from injuries and diseases that could easily be prevented and treated.

Adopting SB 468 would make Alabama safer for everyone. Officials in the 19 states and more than 200 jurisdictions around the country that have restricted or banned chaining report a lower number of dog bites and fewer cruelty cases since these laws passed.

**Ashley Rhodes** 

Cruelty Investigations Department, People for the Ethical Treatment of Animals (PETA) Norfolk, VA

### It's All About **Patriotism**

Editor:

Many Democrats and Republicans have called upon America to unite behind Obama, insinuating that it is unpatriotic to disagree with the President. Obama is often referred to by liberals as our Commander-in-Chief. This thinking is not only incorrect, it is dangerous. It feeds the notion that Obama and his cronies have that he is legally a dictator. The Constitution of the United States in Article II, Section 2 reads: "The President shall be the Commander in Chief of the Army and Navy of the United States, and of the Militia of the several States, when called into the active service of the United States."

The President is not the Commander in Chief of the people of the United States except those in the armed forces. The administration Obama and his enablers in the mainstream media and the entertainment industry have attacked and mocked the values so important to the founding and growth of our country.

They have attacked two of our basic freedoms provided in the Constitution, the freedom of speech and the freedom of religion. They have relentlessly endeavored relentlessly to remove the name of God or Jesus Christ from our Society. How can a patriotic citizen, much less a Christian, unite behind a man with the obvious intent to destroy our system of government? When you support

Obama you are supporting the murder of innocent children through abortion, the radical Marxist concept of re-distributing wealth, redefining marriage to include same sex unions-in opposition to the Word of

See LETTERS... on Page 28



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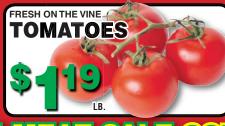




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# Soap Opera

BOLD THE AND THE BEAUTIFUL Bill held all the cards in the power play for Forrester Creations. Ridge vowed to help Caroline get back on her feet. Seeing that Maya's situation had changed, Nicole hoped that her sister would be more forgiving. Rick made one last desperate attempt to keep Ridge from taking over the company. Nick was a great comfort to Maya as she awaited Rick's decision about their future. Wyatt resented Liam's involvement in the fight for Forrester Creations. Word got out around the office about the outcome of Rick and Ridge's struggle for power. Ivy didn't like what was transpiring between Liam and Steffy. Maya wished that she had been honest with Rick sooner. Wait to See: Caroline takes a big step in her recovery

DAYS OF OUR LIVES Brady was stunned by Melanie's huge sacrifice. Eve and Jennifer got into a heated argument. Will put Sonny on the spot as they tried to work out their troubles. Marlena offered Paul some friendly advice. Brady was forced to bid an emotional farewell to Melanie. Eric uncovered an incriminating photo of Serena. Nicole felt backed into a corner. Will and Sonny got into another squabble. Things heated up between heated up between Abigail and Chad. Nicole learned that she might be in more danger than she realized. Serena admitted the truth to Eric, who lashed out at her. Thanks to Parker, Daniel made a surprising discovery. Wait to See: Clyde has a warning for Ben and Chad.

GENERAL HOSPITAL Luke suggested to Tracy that they throw party at the Quartermaine's. Nikolas and Rosalie firmed up their strategy to scam Michael out of his ELQ shares. Silas described a recent incident. Nina felt guilty about what she was doing to Franco. Kiki was surprised by Morgan and Michael's latest truce. Luke paid his respects to Anna about Duke's passing. Lulu reunited with an old friend. Franco gave Nina an ultimatum to end her marriage to Ric. Silas was blackmailed into not revealing his secret. Luke and Sonny reaffirmed their friendship. Tracy and Scott overlooked their differences after Duke's death. An unexpected guest arrived at the Quartermaine's Ñina called Franco and Nathan's bluff. Wait to See: Morgan finds himself in a

compromising position.
THE YOUNG AND THE RESTLESS Victor was thrown when Jack's imposter announced his plans for Gabriel and Chelsea. Ashley reminded Chelsea and Adam that they needed to keep things professional at work. Faith asked Sharon if she and Dylan were living together. On the GCAC roof deck, Abby was shocked when Stitch told her that her mom had feelings for him too. Avery and Dylan had difficulty putting their differences aside. Devon was surprised to learn that Hilary had asked to meet with Neil so that she could apologize. Nick and Adam came to blows over Sage. Chelsea wondered if Gabe was the father of Sage's baby. Kevin's meddling put him in hot water with Paul. Wait to See: Ashley faces a health crisis.





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## **RABIES CLINIC**

#### **LAUDERDALE CO. 2015 SCHEDULE**

The 2015 Rabies Clinic will be conducted by **Dr. Sheila E. Gilbert, DVM.** All dogs and cats are required by Alabama State Law to be vaccinated against rabies annually. The cost is \$10 per pet. We will try our best to follow this schedule in a timely manner, but please understand if we run a few minutes behind. All pets are required to be kept on a leash, in a carrier/create or in your car. Please clean up after your pets if they make a "mess". Only cash or checks will be accepted. This year's schedule is as follows:

#### Monday, June 15

2:15-3:30pm	Lauderdale County High School
3:45-4:45pm	Elgin Fire Station
5:00-6:15pm	Center Star Church
6:30-8:00pm	Brooks High School
Tuesday, June 16	
0.15 0.00000	Matarias High Cahaal

# 2:15-3:00pmWaterloo High School3:15-3:45pmWright Pentecostal Church4:00-4:30pmGravely Springs4:45-5:30pmOakland Methodist Church5:45-6:30pmThreets Crossroads / Liberty Baptist

#### Wednesday, June 17

2:15-3:30pm	Rogers High School
3:45-4:45pm	Lexington High School
5:00-6:00pm	Grassy / Hammond Store
6:15-7:15pm	Anderson Elementary School
Thursday, June 18	

6:45-8:00pm......Central High School

#### 2:30-3:45pm .......Wilson School 4:00-5:15pm ......Lone Cedar Church

5:30-6:30pm ...... Broadway Recreation Center

### 6:45-8:00pm ......Brandon Elementary School Saturday, June 20

ö	:00-10:00am	Petco
1	0:15am-12:00pm	Royal Avenue Recreation Center
1	:00-2:45pm	Longrider Feed & Seed
3	:00-5:00pm	Cox Creek Farmer's Market

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# African...

#### **Continued from Page 14**

dancer, and stilt walker. Some of the featured stage acts include Dorothy Cole, James Street Entertainment, Kush Reggae Band of Huntsville, and Billy Allen.

Wallace D. Ricks of Tuscumbia, an organizer of the festival, is expecting a big crowd. "I've been getting calls from all over the country from people who say they are coming. It's going to be a lot of fun.

The local chapter of Delta Sigma Theta Sorority, Inc. will provide multiple activities for children and the general public throughout the day on Saturday. The Deltas will collaborate with the local Alabama Cooperative Extension System staff and Home Depot to conduct youth coloring contests, simple home improvement projects, adult and youth nutrition, face painting, and other activities.

There will be numerous

vendors on hand with food, clothing, African attire, paintings and a variety of other items. All festival events are free. For more information, call 256-335-2911 or 256-383-0783.





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WEDNESDAY - \$3 OFF purchase of armband if you bring NEW packaged hygiene items for local foster children (toothbrush, toothpaste, shampoo, deodorant, etc.).

THURSDAY - \$3 OFF purchase of armband if you bring a food donation (single serving items okay, too)



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# **Consumer Confidence Report 2014**

for January 2014 through December 2014 - Hawk Pride Mountain Water System

In 1974, the Safe Drinking Water Act drinking water. People who are immune-(SDWA) was signed into law, requiring all water systems that serve the public to meet national standards for water quality. These standards set limits for certain contaminants and require all public water systems to monitor for these contaminants. If you have any questions concerning water quality, please contact Phillip Potter at 256-381-4520 during office hours 8 a.m. - 4 p.m. Monday through Friday. You may also attend the monthly board meeting usually held on the second Tuesday of each month. Check with the water office for the time of the meeting. Board members are Jace Kimbrough, Greg Dalrymple and Craig Black.

Required information: Some people ay be more vulnerable (than the general population) to contaminants in compromised, such as cancer patients undergoing chemotherapy, organ transplant recipients, HIV/AIDS positive or other immune systems disorders, some elderly and some infants can be particularly at risk from infections. People at risk should seek advice from their health care providers about drinking water. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791). Based on a study conducted by ADEM with the approval of the EPA, a statewide waiver for the monitoring of asbestos and dioxin was issued. Thus, monitoring for these contaminants was not

Total Coliform: The Total Coliform Rule

limit for coliform bacteria. Coliform bacteria are usually harmless, but their presence in water can be an indication of diseasecausing bacteria. When coliform bacteria are found, special follow-up tests are done to determine if harmful bacteria are present in the water supply. If this limit is exceeded, the water supplier must notify the public by newspaper, television or radio. To comply with the stricter regulation, Hawk Pride has increased the average amount of chlorine in the distribution system.

Lead: If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. Hawk Pride Mountain Water System is responsible

requires water systems to meet a stricter for providing high quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http:// www.epa.gov/safewater/lead.

The water you drink: All drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (800-426-4791). The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land or through the ground, it dissolves naturallyoccurring minerals and radioactive materials and can pick up substances resulting from the presence of animals or human activity. MCL's (Maximum Contaminant Level Goals) are set at very stringent levels. To understand the possible health effects for many regulated constituents, a person would have to drink two liters of water every day at the MCL level for a lifetime to have a onein-a-million chance of having an ill health

Please Note: Immediately following are the definitions of terms and abbreviations found in the tables concerning Primary **Drinking Water Contaminants and** Contaminants Detected.

Maximum Contaminant Level Goal or MCLG - the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLG"S allow for a margin of safety.

Maximum Contaminant Level (MCL) –

this is the highest level of a contaminant that is allowed in drinking water. MCL's are set as close to the MCLG's as feasible while using the bet available treatment technology.

Maximum Residual Disinfectant Level Goal (MRDLG) – the level of drinking water disinfectant below which there is no known or expected risk to health. MRDLG's do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Maximum Residual Disinfectant Level (MRSL) - the highest level of a disinfectant allowed in drinking water; there is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

Action Level - The concentration of a contaminant that triggers treatment, or other requirements that a water system must follow Treatment Technique (TT) – A required

process intended to reduce the level of a contaminant in drinking water. Parts per million (ppm) or Milligrams per liter (mg/l) – One part per million

corresponds to one minute in 2 years or a single penny in \$10,000.
Parts per billion (ppb) or Micrograms per liter – One part per billion corresponds to

one minute in 2,000 years or a single penny

in \$10,000,000. Parts per trillion (ppt) or Nanograms per liter (nanograms/l) – One part per trillion corresponds to one minute in 2,000,000 years or a single penny in \$10,000,000,000.

Parts per quadrillion (ppq) or Picograms per liter (picograms/l) – one part per esponds to one minu in 2,000,000,000 years or one penny in \$10,000,000,000,000.

Picocuries per liter (pCi/l) – picocuries per liter is a measure of the radioactivity in

Millirems per year (mrem/yr) - measure of radiation absorbed by the body. Nephelometric Turbidity Unit (NTU) nephelometric turbidity unit is a measure of the clarity of water. Turbidity in excess of 5 NTU is just noticeable to the average

Disinfectant Byproducts - contaminants formed when chlorine is used as a disinfectant.

ND - None detected

NOTE: The tables list all of the drinking water contaminants that we detected during the calendar year of this report. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk. Unless otherwise noted, the data presented in these tables is from testing done in the calendar year of the report. The EPA or ADEM requires us to monitor for certain contaminants less than once per year because the concentrations of these contaminants do not change frequently.

#### Table of Detected Contaminants - Hawk Pride Mtn. 2014

	Amount Likely Source of			
Contaminant	MCLG	MCL	Detected	Contamination
Bacteriological				
Turbidity	0	.3 NTU	.238 NTU	Soil runoff
Radiological				
Combined radium	0	5	0.8	Erosion of natural deposits
Inorganic Chemicals				
Barium	0	2 ppm	0.0242	Erosion of natural deposits;
				Industrial discharge
Sulphate	0	500 ppm	15 ppm	Runoff from fertilizer
Nickel	0	.1 ppm	0.00169	Discharge from industrial processes
Lead	0	AL=15	9.08 ppb	Corrosion of household plumbing systems erosion of natural deposits
Nitrate	0	10 ppm	1.01 ppm	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Copper	0	AL=1.3	.244 ppm	Corrosion of household plumbing systems erosion of natural deposits
Organic Chemicals				
TTHM	0	80 ppb	20.0 ppb	By-product of drinking water chlorination
HAA5	0	60 ppb	8.5 ppb	By-product of drinking water chlorination

#### Table of Primary Contaminants - Hawk Pride Mtn. 2014

		Amount			Amount
Contaminant	MCL	Detected	Contaminant	MCL	Detected
Bacteriological			Endothall	100	ND
Total Coliform Bacteria	<5%	ND	Endrin	2	ND
Turbidity (NTU)	0.3	0.238	Epichlorohydrin	TT	ND
Radiological			Glyphosate	700	ND
Beta/photon emitters (mrem/yr)	4	NA	Heptachlor	400	ND
Alpha emitters (pci/l)	15	ND	Heptachlor epoxide	200	ND
Combined radium (pci/l)	5	0.8	Hexachlorobenzene	1	ND
Inorganic			Hexachloropentadiene	1	ND
Antimony (ppb)	6	ND	Lindane	200	ND
Arsenic (ppb)	50	ND	Methoxychlor	40	ND
Asbestos (MFL)	7	NA	Oxamyl [Vydate]	200	ND
Barium (ppm)	2	0.0242	PCBs	500	ND
Beryllium (ppb)	4	ND	Pentachlorophenol	1	ND
Cadmium (ppb)	5	ND	Picloram	500	ND
Chromium (ppb)	100	6.13	Simazine	4	ND
Copper (ppm)	AL=1.3	0.244	Toxaphene	3	ND
Cyanide (ppb)	200	ND	Benzene	5	ND
Fluoride (ppm)	4	ND	Carbon Tetrachloride	5	ND
Lead (ppb)	AL=15	9.08	Chlorobenzene	100	ND
Mercury (ppb)	2	ND	Dibromochloropropane	200	ND
Nitrate (ppm)	10	1.01	o-Dichlorobenzene	600	ND
Nitrite (ppm)	1	ND	p-Dichlorobenzene	75	ND
Selenium (ppb)	50	ND	1,2-Dichloroethane	5	ND
Thallium (ppb)	2	ND	1,1-Dichloroethylene	7	ND
Nickel (PPM)	0.1	0.00169	Cis-1,2-Dichloroethylene	70	ND
Sulfate (ppm)	500	15	trans1,2-Dichloroethylene	100	ND
Organic (ppb)			Dichloromethane	5	ND
Acrylamide	TT	ND	1,2-Dichloropropane	5	ND
Alachlor	2	ND	Ethylbenzene	700	ND
Atrazine	3	ND	Ethylene dibromide	50	ND
Benzo(a)pyrene[PHAs]	0.2	ND	Styrene	100	ND
Carbofuran	40	ND	Tetrachloroethylene	5	ND
Chlordane	2	ND	1,2,4-Trichlorobenzene	70	ND
Dalapon	200	ND	1,1,1-Trichloroethane	200	ND
Di-(2-ethylhexyl)adipate	400	ND	1,1,2-Trichloroethane	5	ND
Di(2-ethylhexyl)phthlates	6	ND	TTHM	80	20.0
Dinoseb	7	ND	Toluene	1	ND
Diquat	20	ND	Vinyl chloride	2	ND
Dioxin[2,3,7,8-TCDD]	30	ND	Xylenes	10	ND
2,4-D	70	ND	HAA5	60	8.5
2,4,5-TP (Silvex)	50	ND	Trichloroethylene	5	ND
· · ·			Monochlorobenzene	100	ND

### Letters...

### It's All About **Patriotism**

#### **Continued from Page 18**

God, the belief that radical Islam is our friend and Israel is our enemy who should give up land to the Muslims, and the belief that Christians should be allowed to worship within the four walls of their church buildings, but should not be free to express their religious beliefs in public. Our first president, George Washington, said that anyone who labored to subvert religion and morality have no right to claim to be a patriot. "Of all the dispositions and habits which lead to political prosperity, religion and morality are indispensable supports.

In vain would that man claim the tribute of patriotism who should labor to subvert these great pillars of human happiness, these firmest props of the duties of man and citizens. The mere politician, equally with the pious man, ought to respect and to cherish them. A volume could not trace all their connexions with private and public felicity. Let it simply be asked, Where is the security for property, for reputation, for life, if the sense of religious obligation desert the oaths. which are the instruments of investigation in Courts of Justice?

And let us with caution indulge the supposition that morality can be maintained without religion. Whatever may be without conceded to the influence refined education minds of peculiar on structure, reason and experience both forbid us to expect that national morality can prevail in exclusion of religious principle. It is substantially true, that virtue or morality is a necessary spring of popular government. The rule, indeed, extends with more or less force to every species of free government. Who, that is a sincere friend to it, can look with indifference upon attempts to shake the foundation of the fabric?"

**Euell White** Florence





Active Shoals Seniors is a bi-weekly feature in the Courier Journal. For advertising information, please call 256-764-4268.

# **How to Handle** an Old 401(k)

transition to a new job or retiring, many people are unsure about what to do with their 401(k) Handling this transition can

pon making the financial advisor to help them navigate these waters without breaking the bank.

Some men and women may or other retirement plans think they're forced to cash linked to their employer. out their retirement accounts when moving on to new be costly, and many men and companies. But, depending women might benefit from on a person's age, that's a the advice of a professional potentially costly option that former employer

can incur heavy penalties. Fortunately, cashing out is not the only option men and women have as they try to figure out what to do with their retirement accounts after retiring or moving on to new companies.

Keep the money with your

Some employers allow former employers to keep their retirement savings in their plans. This allows men and women to avoid early withdrawal penalties and lets them continue to defer paying taxes on retirement savings accounts until they reach retirement age and need to start withdrawing money. Another benefit to keeping money in an employer retirement plan even after you leave the company is it protects you if there are rollover restrictions governing any additional accounts you might have transferred the money into.

Employers who do allow former employees to keep their money in retirement plans likely included certain language in those plans that govern how the account is managed after employees leave the company. For example, former employees may no longer be able to contribute to the plan or take out plan loans. In addition, when the time comes to withdraw money, you may or may not be allowed to make partial withdrawals from accounts linked to former employers. Read the fine print to determine if keeping the plan with a former employer makes the most sense for you.

Rollover into your new employer's retirement plan

Some people have the option to rollover a 401(k) from a previous employer into

Auto-Owners Insura

their new employer's plan. But not all companies allow this. If you are allowed to do so, this can make the transition that much easier while still allowing taxdeferred growth on your assets. In addition, if you can rollover into your new employer's plan, you may be allowed to take out loans based on the amount of your combined plan instead of just loans against new contributions. Rollover and plan loan eligibility should be confirmed with your new employer.

Before rolling over money into your new employer's confirm plan, investment options under the new plan. If they pale in comparison to an IRA, you might want to rollover your retirement assets into an IRA that offers more investment options.

#### Rollover into an IRA

Many men and women look to rollover an old 401(k) into an IRA, as traditional and Roth IRAs may offer a wider variety of investment options than a previous or current employer's retirement plan. Taxes differ depending on which type of IRA you choose to roll your funds into, so discuss your IRA options with your financial advisor to determine if this is the best way to go.

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#### **TVA RETIREES AND BENEFICIARIES**

The 14th annual Muscle Shoals Chapter of the TVA Retirees Association picnic and health care fair is planned for

Tuesday, JUNE 16, 2015, at the FLORENCE LAUDERDALE COLISEUM Doors open at 9:30 am.

Since this is a catered meal, we need your paid reservation by MAY 31, 2015. Please mail your check for \$11 per person to TVARA, WAR1-B, Tennessee Valley Authority, P. O. Box 1010, Muscle Shoals, AL 35662-1010.

Make your check payable to Muscle Shoals Chapter TVARA.



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# **Really Good Citizens**

The other day I was reminded of "Citizenship" grades. I was talking with a kindergarten teacher, and she was lamenting of the number of times recently that her students had to pull tabs here in the last few days of school. (In some classrooms, if a student is called out, they will pull their green tab which leaves the yellow tab showing. If they have to later pull their yellow tab it will leave their red tab showing. When the red shows the teacher might talk to the parent or send a note home or have the student sit near the teacher's desk or maybe even sit out a little bit of recess, etc.) It appears that there is a need and an uptick of pulling tabs to help with classroom management here in the end of school when special events and excitement are high. I commented that if pulling tabs had been the marker for unruly behavior when I was in school, then I would have been busy pulling. But the markers that we had back in the day were grades in 'Citizenship".

I didn't do well in "Citizenship'". In elementary school where these grades were allotted on your report card, I was a straight "A" student, but an unsatisfactory citizen. I got a "U" most nine weeks. These grades had the same purpose that pulling tabs does - to encourage decorum and order in the classroom. But I talked too much. I was not a good citizen because I distracted from the educational environment and community. I talked out to the teacher and I talked to my neighbors. And this was unsatisfactory. But I still

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talk. People who share my office, now, often comment about how I have great conversations with myself.

And the bad thing is that I passed it on. Years ago, my daughter's first tab pulling experience in school was accompanied with the words, "You are not the teacher". I am sure that my girl was talking/ teaching/telling somebody something she thought they needed to hear. I guess the nut doesn't fall too far from the nut tree. When I think about it, my mom told a story about correcting her principal/math teacher in junior high algebra. He eventually had the math book changed.

I come from a crowd of talkers and we have all ended up being teachers of one kind or another. I am convinced that most unruly elementary school citizens either have too much going on outside the classroom or not enough going on inside the classroom. The non-hostile trouble-makers are usually just trying to exercise their talents and interests. I am also convinced that most of us creative types end up doing what we got in trouble for in elementary school whether it's doodling to painting or talking to teaching or playing music all day to creating music all night. We end up being

pretty productive citizens. Teachers enjoy your break from the mundane parts of your jobs -classroom management, paper pushing and perhaps dealing with unruly adult citizens. Do some things that you love. Revitalize. And moms and dads of the tab-pullers, this summer, find ways for your talented little rogues to express themselves. Unharness their creativity. Leave good books around. Take them to the symphony or ballet. Buy them an art kit. Use the summer. Aim them toward being good citizens. It's summer-let's go!

Email comments uggestions to CatnKids1@ gmail.com

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Hi! I'm KATRINA & I'm the sweetest Boxer girl you'll ever meet! My favorite thing to do, besides getting treats, is giving you hugs. I like to play with other dogs but I'm happiest when I'm with my human. And I love kids too! Won't you please take me home? I'm currently enjoying life in rescue in Sheffield until I find my forever home! I'm 3 years old, spayed and fully vetted! ADOPTION

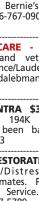
adoption. Please call, text or leave a message Michelle Ray, 256-762-6111.

Hi! My name is **BUDDY**. I have been to training classes and I am a very good boy! I like to show off my manners and hear the clicker! Then, I get a treat! I was born May, 2014 and am a terrier mix about 30 to 35 pounds. I am not very big at all! I would make the perfect family pet. I LOVE all people who are nice to me. Would you like to meet me??? Pease call PAWS at





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I can do all things through Christ who strengthens me. Phil. 4:13 NKJ



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### Drive...

#### **Continued from Page 14**

Rescue. Adopt)

The promotion will take place Saturday, June 6 at Tractor Supply Co. at 535 Avalon Avenue in Muscle Shoals. You're invited to experience the inspired Lincoln collection for 2015. With every test drive from 9am-4pm during Saturday's Driven to Give event, Lincoln will donate \$20 to H.A.S.R.A. up to \$8,000.

No purchase is necessary. Drivers must be 18 and have a valid driver's license and valid automobile insurance. There will be a free hot dog for all test drivers, a free jump House pass for the kids, and free pastries from Panera Bread.

Group entrants may also compete to earn FREÉ pizza for up to twelve from Papa John's if your group takes the most test drives. Just register with your name and affiliated group when you arrive for the test drive.

## Carnival...

#### **Continued from Page 14**

are also available.

Armbands one-day unlimited tickeť rides are \$20 at the gate.

Armband discounts are available Tuesday-Thursday. Tuesday - \$3 off with a school supply donation (new in package).

Wednesday - \$3 off with hygiene items for local foster children (toothbrush, toothpaste, shampoo, etc.(new and in package).

Thursday - \$3 off with a food donation - (singleserve food items okay) Watch the CASA Facebook page for updates.

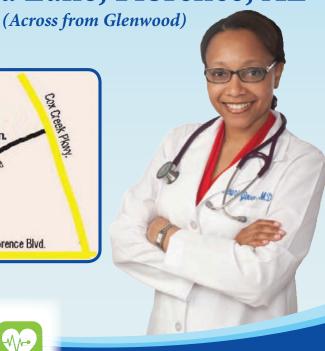
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#### Commentary

### Titles...

#### **Continued from Page 14**

affectionately call a '81 Philadelphia 76ers to "granny." Barry is currently lead the league in both field listed as the fourth goal percentage and best NBA free throw shooter of all

shooter of all time is current Cavs star, LeBron James. Golden State playmaker He was a phenom in high and sharp-shooter, school who had an

Shephen (Steph) He also Curry. shoots 90% from the free throw line using the more traditional form.

Since their last trip to the finals 40 years ago, Golden State missed the playoffs 29

times and only won a total of seven playoff series.

This year's team had a league-best 67-15 record in the regular season. They are the first team since the 1980-'81 Philadelphia 76ers to

field goal defense. Even though I am

time, making 90% not a fan of his, it's of his attempts.

The third best free throw tremendous respect for

immediate impact in the NBA with the Cavs at age 19. He literally carried them to their first NBA finals a few years

later in 2007. He left for Miami in 2010. While the Cavs' fortunes sunk, LeBron and Dwayne Wade led the Heat to four consecutive NBA finals and two NBA titles. He's back with the Cavs this year and has them in the finals looking for their first ever NBA title. That is in spite of the fact that other key Cleveland players have been injured. LeBron also finally decided to marry his high school sweetheart with whom he has two sons.

What makes LeBron such a special player is the combined physical ability, unselfishness, absolute knowledge of the basketball, a level head, and his knowledge of the other players - his team AND the opposition. He literally makes everyone around him better. Decent players become good players and good players become outstanding players. It's an intangible that can't easily be explained or replicated. LeBron should have six-toeight good years left as a player if he stays healthy. He will likely go down as the best to ever play in

the NBA.

The NBA Finals begin
Thursday in Oakland. I'm pulling for the Warriors. As the Seals & Crofts' classic tune from their Greatest Hits in '75 reminds us, We May Never Pass This Way Again.

## Kidsville News! Racks



For those not taking classes this summer,

may be picked up at these fine locations.

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- Florence-Lauderdale Public Library
- Killen Public Library
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- Florence Blvd.
- Cloverdale Rd. Rogersville Public
- Library Shoney's, Florence
- YMCA of the Shoals
- Courier Journal office

#### Colbert Co.

- Cherokee Public Library
- Colbert County Tourism
- Helen Keller Hospital:
  - Emergency Room
  - 4th Floor- Pediatrics
  - 1100 Building
  - 1120 Building
- Helen Keller Public Library, Tuscumbia
- Sheffield Public Library
- Muscle Shoals Public Library
- Shoney's, Muscle Shoals

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WOODWARD AVE. ACROSS FROM KFC

NATIONAL ADVANCE 🛨 Pay Day & Title Loans

9-5:30 M-Th • 9-6 Fri • 9-4 Sat

LOCATION. LOCATION. Location For Sale 1340 Baker Ln. Tuscumbia. 3BR. Extra big lot. \$79,900 Land for Sale Baker Lane 31.5A. Laila Jager 256-436-0336 Crye Leike 06-10

HOUSE FOR RENT. 406 Hansel Court. Florence. 3BR, 2BA. Close to UNA. Fenced yard. \$750 monthly, \$750 deposit. No smoking. No pets. Available June 1st. 256-764-7459. or 256-627-7692. 06-03

SATURDAY, JUNE 13TH @ 10:00 A.M.

Three Bedroom / Two Bath Home and 10 Acres +/- in tracts

25490 County Line Road West \* Anderson, Alabama

**Limestone County** 

From Athens, AL take Highway 99 Northwest to County Road 155,

oodsprings Community), turn Left go to County Line Road turn Left go

property on Left. From Rogersville, AL take Highway 207 North to Highwa

99, turn Right go to County Road 155 turn Right go to County Line Road

turn Left go to property on Left. Watch for GARNER AUCTION SIGNS.

REAL ESTATE TERMS: 10% Buyer's Premium. 10% down auction day with balance due on or before 30 days. All real estate selling "As Is, Where Is".

Auctioneer/Broker is acting as a single agent for Seller. All information received from reliable sources believed to be correct but not guaranteed by auction

www.garnerauctionsinc.com

STUTTS PROPERTIES

• 213 E. Mattie Lou #4, Eff. Apt. ......\$250

• 2017 Conway Dr., 3BR, 1.5BA ......**\$850** 

• 3450 Cloverdale Rd., 2BR, 2BA ......**\$500** 

• 421 N. Cypress St., 1BR, 1BA, walking distance to

UNA ......\$385

financing available, small down payment, animals welcome. 229-343-0570 06-03 WATERLOO AREA 4BR

SMALL 4BR. \$64.900. 1 acre

fenced, 2 mi. E. of Navistar

County.

Colbert

house, 3 acres, creek/ city/ well water. \$45,000. Call 256-263-06-03

FOR RENT FLORENCE 3BR. 1.5BA; brick home; hardwood floors; garage; \$500 month, \$600 deposit. 256-627-7386 06-03

TIM RHODES PROPERTIES For rent, houses, apartments, storage buildings and mobile home lots. Florence, Sheffield, Center Star, Town Creek and Barton. Office located at 707 N. Broadway St., Florence, AL or call 256-764-3137 for availability. Visit www. timrhodesproperties.com

**KILLEN LAKE HOUSE SHOAL** Creek, Emerald Beach, 231 Co. Rd. 29, 2BR, 1BA, level corner lot, Reduced, \$135K. John Odem 256-702-7767 06-24

1978 NEW MOON 14X70 2BR. 1BA. Stove. Refrigerator. 2 Air units. 2 Heaters. 1 Twin Bed. \$2,000 OBO. Must be moved! 256-751-2123, 256-466-6011, 256-466-0613.

**PURCHASE** Russellville, Oak Hills, 3BR, 2BA brick home with new central heat/air. \$1,500 down, \$595 month. K&H Inc. 256-349-0000 06-24

KICK ME I'M DOWN, CAN'T make payments. 4BR. 3BR. 4A. In Killen with pond. \$160,000 appraisal. I'll take payoff \$112,000 needs work. www. killenhouse.com

FOR SALE: 126.54 ACRES with timber; Waynesboro, TN; good hunting; stream runs through land; next to the scenic Natural Bridge, Rainbow Lake, and the Tennessee Fitness Spa; \$189,000. 256-766-9288 or 256-335-3600

**KILLEN WEST APARTMENTS** nice one and two bedroom units for rent in Killen. \$395per month. rentshoals.com 256-766-6992

I BUY HOUSES FOR CASH Call 256-349-0000

MOBILE HOME FOR RENT, Central Heights area, 2BR, 1BA 256-740-1116 06-03 WATERFRONT PROPERTY For Sale 315 Sunset Beach Dr. Florence; 100 ft. of waterfront property on Pickwick Lake (TN River); lot dimensions 100x290; recent perc test performed; 5 miles from Natchez Trace Parkway Bridge; 13 miles from downtown Florence; adjacent lot also available for purchase; navigable water year round; \$150,000. 256-766-9288 06-03

**OWNER FINANCING, 211** West Rasch Road, 3BR, 1BA, \$3,000 down, \$695 month, K&H Inc. 256-349-0000 06-10

**HENSLEY GRAVES Properties** Serving the Shoals Since 1947! 1, 2, and 3 bedrooms from \$250-\$595 766-4700 www. hensleygraves.com 06-24

**HOME FOR SALE - 164** Nance Street, Florence AL. Contact Negotiable 225-775-6533 \$50,000. 06-10

OWNER FINANCING, Killen Area, 32x60 1,920 sq. ft., mfg. home, 3 Large BR, walk-in closets, 2BA Large Kitchen with Huge pantry. Large Great room, Central heat/air, Excellent Condition On .65 Acre Lot. Restricted Subdivision. Good neighbors, Payments low as \$495, 256-275-7084 06-10

1512 HOUSTON ST., #5 Near UNA upstairs, small 2BR, 1BA apartment for rent. Well taken care of, great neighbors in building. \$350 per month, \$350 deposit. Small pet under pounds welcome with additional pet deposit. www. rentshoals.com 256-766-6992

**HOME FOR SALE 3BR, 2.5BA** new kitchen counter tops & new master bathroom, 408 Rivermont Drive, Sheffield, \$115,900. 256-810-8283 06-17

FOR RENT: 255 SOCKWELL Lane, Leighton. 3BR, 1BA, \$550 month, \$500 deposit. Section 8 welcome. 256-446-

**LEIGHTON MANOR & Village** Apartments Now Leasing. Some rental assistance may be available. Call 256-446-6788. 06-10

ROGERSVILLE PARK Village Apartments Now Leasing! Some rental assistance may be available. Call 256-247-5500. 06-10

FOR SALE MUSCLE SHOALS 2BR. 1BA. Den. Carport. Appliances. Fenced. Large workshop. \$65,000. 256-762-06-03

NICE ONE AND TWO bedroom apartments Muscle Shoals. \$395-\$395-\$495 per month. Must have good rental history. Credit and background check. www. rentshoals.com 256-766-6992 06-24

REDUCED! 4 CREEK LOTS, Creekside Subdivision, Anderson, AL. \$7,500 each or \$25,000 for all! 256-431-5510.

TOWN CREEK APARTMENTS is accepting applications for 1, 2, & 3BR. Rent based on income, no credit check. Equal Housing Opportunity. 256-685-3360 06-24

OWNER FINANCING, 417 N. with carport, \$3,500 down. \$650 per month. K&H Inc. 256 349-0000

FOR SALE BY OWNER. Greenhill, AL. Brick, 3BR, 1.5BA, 2 Car Garage. Corner lot with 1.5 acre with an extra out building. \$125,000. 256-272-0934.

225 HUDSON ST FLORENCE. 3BR, 1BR, home for rent. \$450 month, \$450 deposit. Will accept Section 8. www. rentshoals.com 256-766-6992 Knight & Humphries, Inc.

113 ACRES 5 MI. W. OF Tuscumbia. Pastures, Farms, Fences, Mt. Views of Valley, Mature Timber. \$339,000. 256-

412-8956 or 256-436-5525 LAKEFRONT BY OWNER very

nice. New! 3BR. 2BR. Pier and Sundeck. Sugar Creek Estates/ Wheeler Lake. \$219,000. 256-777-7209/729-8615

HERMITAGE HILLS APTS. A great place to call home! Now leasing 2BR apartment homes from \$445, 3BR from \$520. Call or stop by, 1301 Hermitage Drive, Florence, 256-766-5730. Vouchers Welcome. Equal Housing Opportunity.

**DECATUR RIDGE WOOD** Court Brick 3BR, 1BA home, 1,113 sq. ft. Great starter home. Lease program. Call for details. 855-547-2241. 06-03

**BUY HOUSES & LAND** in Lauderdale County, any condition. 256-335-7663 06-17

FOR SALE BY OWNER Florence 3BR. 1.5BA. Central heat/air. Workshop. \$76,900. 256-762-8241

COUNTRYSIDE DUPLEXES located on Lee Street in Rogersville off Hwy 72. Now Leasing. 256-247-5059 Ext.

GREENHILL/CENTERHILL Area, 3BR, 2BA, with 5 +/- acres, attached 2-car enclosed garage, pond, two out buildings, good pasture, \$129,000. 256-275-7214 06-03

FLORENCE 3BR. 1BA, 1707 Marlborough; \$49,000; possible owner finance. Leave message 256-335-2001 06-03

**CORNER LOT 2201 SHADE** Ave. Florence. 3BR, 2BA, Sale/ Owner financing Ok, Info. sheet available. 256-765-2100, 256-483-7968 07-01

2201 SHADE AVE. Florence. 3BR, 2BA, Sale/Owner financing Ok, Info. sheet available. Corner lot, 256-765-2100. 256-483-7968

KENDALL GARDEN. large home for sale on 2 acres Brooks School district \$255,000. Newly remodeled Pictures available. 256-443-

3 BEDROOM HOUSE FOR Rent. Recently Remodeled. Fenced in Yard. Florence High School Area. \$700 per mo. Must have references. Available immediately! 256-Available immediate, 366-5799 Leave Message. 06-10

**PURCHASE** LEASE Russellville, Oak Hills, 3BR, 2BA brick home with new central heat/air. \$1,500 down, \$595 month. K&H Inc. 256-349-0000 06-24

MOBILE HOME TO BE moved 1994 3BR. 2BA. Plus 5 additional rooms. Excellent condition. Share moving cost. \$20,000, Athens. 770-617-4133 06-17

**DUPLEX APARTMENT 1830** Elm St., Littleville. Large yard and Jacuzzi tub. 256-332-5081, 256-627-1916 06-03

FOR RENT CENTRAL AREA Mobile home. 3BR, 2BA. Very nice. Central heating and air. Section 8 accepted. \$500 rent, \$500 deposit. 256-762-4101

FOR RENT HOUSES 4BR, 2BA \$550 rent. 3BR Small \$395 rent. Deposit \$300. 256-766-4981 or 256-766-0426. 06-03



7450 Co. Rd. 91 We Offer:

2 BR, 1-1/2 BA, Big closets, Central H/A, includes appliances, laundry & a playground.

Rent as low as \$330 mo.

**Security Deposit Required** Application Fee \$15 Mon., Wed., & Fri. 9am-3pm

Appointments available upon request For More Info. Call Sherie 256-247-3522

TDD 🚊 1-800-548-2546



IUKA, MS - 1988 28X56 manufactured home on 22 +/- acres. 2 additional septic tanks. Great for rental income or building. \$107,000. 256-

2BR/1BA 95% OWNER Financing, No Banks, Colbert Heights, Tuscumbia 256-383-5996, 256-263-8716 06-10

2BR. 1BA. HOUSE FOR Rent. Fenced yard. 1209 13th Ave Sheffield. 256-383-0184. 06-03

KICK ME I'M DOWN, CAN'T make payments. 4BR. 3BA. 4A. In Killen with pond. \$160,000 appraisal. I'll take payoff 12,000 needs work. www. killenhouse.com

**28X56 CHADLER** Doublewide Mobile Home. 4BR, 2BA 2.5 miles from Wilson School, 130 Co. Rd. 351. Section 8 OK. 256810 N MILTON TUSCUMBIA For Rent or Sale Nice 2BR, 1BA home, \$525 per month. www. rentshoals.com 256-766-6992

19+ ACRES MOULTON, AL (Will not divide.) \$109,000. 256-476-7988.

FOR RENT, 1BR, 1BA Shffield, \$400 month, \$400 deposit, Must have good rental history 766-6992 Knight & Humphries,

NEAR UNA, 3BR, 2 STORY House, \$600 month, \$400 deposit. Or sale by owner 256-394-6227

FOR RENT OR SALE CENTRAL Area. Double wide. 3BR, 2BA. Central heating and air. Large 24x30 shop. Paved driveway. acre of land. \$650 rent, \$650 deposit. 256-762-4101

#### **McCorkles Building** 322 North Court Street, Florence, AL

### **AVAILABLE AUGUST 2015** McCorkles Luxury Lofts

RESERVE YOUR UNIT NOW - Starting at \$1,000

2 Bedroom, 21/2 Bath Units. New Stainless Appliances, Washer & Dryer Furnished, Granite Coutertops, Roof Patio & Security System.

Units starting at \$1,000 per month. 1 Year Lease.

Call 256-764-3137 for more information.

# **REAL ESTATE AUCTION!**

**SATURDAY, JUNE 6<sup>TH</sup>, 10AM** ESTATE OF MR. DENNIS M. PUTMAN 753 HWY 101, LAUD. CO., ROGERSVILLE, AL



Spacious Home & 5 Acres +/-!

Living room, dining room & kitchen 3 Bedrooms & bath, Laundry room, Recreational building formerly a doll museum, Pole Barn. Property: 20 Acres +/- in 5 Tracts Each tract will contain 5 Acres +/- • The tracts will be sold individually, combination & as a whole!

The Property is Subject to Court Approval! Joe Wheeler Marina & Wheeler Dam boat ramps are in the vicinity, also convenient to Decatur, Shoals & Pulaski cities.

Partial List of Personal Property: Portable carport, Ridgeway grandfather clock, Antique secretary, Metal school desk, Wooden quilt box, Quilts, Albums & records, Wooden serving cart, China cabinet, Corner cabinet, Table & 5 chairs, Rounded top trunk, Drop leaf table & 2 chairs, Chest, Washer & dryer, Round top trunk, Singer sewing machine, Pinky picture, Bedroom suit 3pc, Rod iron twin bed, Dixie chest & dresser, Metal desk, Couches, Love seat & chair, Curio cabinet, Bissell carpet cleaner, Frigidaire refrigerator, Old blender, Old sausage Glassware, Crystal, China porcelain dolls, Bells, Kerosene lamps, Mirrors, Wall clocks, Old manual Royal typewriter, Old crank cash register, Old books, Old toys, Barbie doll & accessories, Jewelry box, Suitcase, Old dolls, Wizard & Eskimo fans, Old metal stool, Lamps, Bear Cat scanner, Silhouette pictures, Metal wash tub, Tool box, Other misc. items...

Listing Auctioneers: Shaun Dalton AL AA #2963

DIRECTIONS: From Hwy 72 in Elgin (Rogersville), AL Go south on AL Hwy 101. Go approx.

1.8 miles. The property and sale site will be on the right. Watch for our Holland signs!

TERMS & CONDITIONS: Personal Property: Cash or check with proper identification the day
of sale. No Buyer's Premium! All items sold "as is" with no warranties expressed or implied.

Real Estate: A non-refundable deposit of 15% will be required the day of the sale with closing
within 30 days. The seller will furnish a deed and a preliminary title search. A 10% BUYER'S

PERMIUM will be added to the final bid price to determine the total contract price on the real PREMIUM will be added to the final bid price to determine the total contract price on the rea estate. All other expenses, including closing costs will be charged to the purchaser(s). The rea estate. An outer expenses, including dusting closs will be charged to the purchasels). The real estate is being sold "as is" with no warranties expressed or implied. The home was built prior to 1978. However, the seller can neither confirm nor deny the presence of lead based paint. Anyone interested in the home can have it inspected any time prior to the auction at their expense. Information contained herein believed to be correct but not guaranteed. Announcements made the day of sale by Holland Really & Auctions, Inc. supersede any printed naterial. Agency Disclosure: Auctioneers are acting as agents for the seller only.





TN #2844, TN Firm #2445 1646 Lee St., Rogersville, AL 256-247-0700 1-800-647-4103

E-mail-holland@hollandrealty.com www.hollandrealty.com





• 217 Pickens, 3BR, 1BA ......**\$500** • 2488 Hwv 101, 3BR, 2BA ......**\$525** COMMERCIAL:

or toll free 1-866-311-3493 buddystutts@icloud.com

THE MIKE RANDALL TEAM

CONSIDER IT SOLD



# Why list your home with Mike Randall?

- 1. Mike's listings sell 25% faster than the local market average.
- 31% of the homes he sold in the past year were under contract in 30 days or less.
- 65% were under contract in 60 days.
- 2. Mike's marketing presence is HUGE, online, print, radio, everywhere.
- 3. Mike has 15 years of experience in this market, and his book "Consider it Sold" is full of great tips and advice on getting your house ready to sell.
- 4.90% of Mike's business is repeat business or referral. That means people trust him and are confident in his ability to sell and sell quickly.





Mike Randall Pinnacle Properties 256-366-9779

remodeled duplex, nice area,

washer/dryer hookup, No Pets!

1BR,

# Estate

SPACIOUS HOUSE FOR Sale by owner. Rivermont -Sheffield. 100 Meadow Hill Rd. Newly Remodeled. 5BR, 3BA den, living room, dining room, office and new kitchen. \$185,000. Open House Sat., June 6th. 256-740-7732 06-24

HOME WITH 2BR. .93 ACRE 720 Smith Lane. \$30K OBO. 256-383-2988 06-10

**NEAT LITTLE HOUSE FOR** rent. \$600 per month. York Terrace Sheffield. 256-381-3842 leave message. 06-03 FOR RENT 2BR 1BA DUPLEX. Stove, refrigerator, washer and dryer. Florence \$360 a month plus security deposit. Call 256-627-7493

FLORENCE, 2BR, 1BA, APT. \$200 Dep., \$400 mo. Water furnished. Section 8 ok. 256-443-1991 06-03

**FURNISHED GUEST SUITES** nightly or monthly. One or two bedrooms, all inclusive. Park Place, 256-386-5504 06-24

FOR RENT HOUSE, 120 Harris St., Florence. 4BR, 2BA, living room, dining room, den, kitchen, 2 car garage, 1 carport. Call 256-366-4840, 256-764-4701, 256-479-3998

FOR RENT, GREENHILL Area, 14x70 Mobile Home, 2BR, 2BA water furnished, no pets. \$400 month, \$200 deposit 256-366-5712 06-03 06-03

**APARTMENT FOR RENT** - Tuscumbia. 2BR, 2BA. \$625 Rent. 602A W. 6th St. Tri-Plex. Almost 1,600 Sq. Ft. Single attached garage. Ground floor. Only driften de la control de la co back yard with large storage shed, small patio with gas grill hook up. Lease plus deposit. Utilities not included. Small dog considered conditionally. Unit on the right as you face the property with porch and awning. Pictures can be seen Craigslist http://shoals. craigslist.org/apa/5034018330. html. Email me for showing.

I BUY HOUSES! FAST Closings! Regardless of condition. Call today 256-335-5340 Shane Kilby Capstone Realty

arinvestmentproperty@gmail.com

RARELY VACANT DARLING attic apartment, tile bath, hardwoods, near UNA, 702 Sherrod, all utilities included, \$300. 256-648-1365 06-03

HOME FOR RENT 317 Columbus. Brick 3BR. 2BR. Large yard, Excellent Condition. \$670 256-332-5081, 256-627-

FLORENCE DOWNTOWN office space, \$275, includes utilities. 256-349-0000 Knight & Humphries, Inc.

HOUSE FOR SALE BRICK-Hatton/Leighton; 3BR, 1BA, brick & vinyl; 1 acre +/-; asking \$64,900 negotiable. 256-627-06-24

**CLOVERDALE HEIGHTS** Home For Sale: 239 Winslow Dr.: 3BR 2 full BA; large kitchen; dining & living area; all appliances stay; house only 4 months old. \$110,000. 256-366-6680 06-03

\$330 month+deposit. 256-394-5441 06-03

SHEFFIELD

FOR RENT APARTMENT: 1BR, unfurnished, \$300 month, \$150 deposit, good location, Florence, 256-764-7852 or 256-767-0162 06-03

FOR RENT, 317 VIRGINIA Avenue, Nice 3BR, 1BA. home for rent. Section 8 OK with good rental references. www. rentshoals.com. 256-766-6992

FLORENCE, 1BA brick, central heat/air, new floors, cabinets, counter tops, appliances, lighting, sinks, fenced-in yard, landscaped, low price, \$59,900. 256-443-5863

3BR, 2BA MOBILE HOME for rent \$45. mo, \$450 dep. 7614 Hwy 43, Greenhill. small pets \$150 non-refundable. Available Wednesday 256-740-1103

MOBILE HOMES FOR Rent-Completely furnished including all utilities & furniture. Off Elledge Ln. 738 Green Acres Dr. Tuscumbia. No pets, nice quiet shady location. Also camper spaces. No texts. 256-412-5847, 256-275-1310, 256-314-6272

> **Village Parc Townhomes** 2BR, 2.5BA \$625

**Brentwood &** Steeplechase 2BR, 2BA

\$525

**Chisholm Way** 2BR, 1BA \$450

Southeastern **Properties** 256-764-7666

This 3 Bedroom 2 Bath house is located just down the

street from Regency Square Mall on Cloyd Blvd. It has

a concrete driveway leading to the double Carport and a Workshop. There is a nice size eat-in Kitchen with ample

cabinet space, a formal Dining and Living Room, Foyer,

large Den, Large Office with door to Carport, Hardwoods

in the Den and down the Hall, full Bath off the hall 2 nice

size Bedrooms plus the larger Master bedroom with

NO BUYERS FEES – WHAT YOU BID IS WHAT YOU PAY!

enths mile to auction site. Watch for the SHANE ALBRIGHT AUCTION SIGNS!

private bath. A storage room is located off the carport and houses the water heater.

SECLUDED. 4.19 ACRES. Park model. 1BR, 1BA, Cloverdale. Fenced. 3 out buildings. \$65,000 256-577-0294 07-08

**CALL JORJA JACKSON AT** Coldwell Banker, TVR to see Cottage at 313 Fourth Ave., Tuscumbia. 256-648-9267 06-17

**ESTATE** 

FRIDAY, JUNE 5<sup>TH</sup>, 5PM

ESTATE OF MR. DENNIS M. PUTMAN

10400 HWY 72, LAUDERDALE CO.,

ROGERSVILLE, AL

Commercial building formerly

known as "Gray's Clothing"

Open area & Office • Kitchen & 2

169' x 324' Lot +/- • Plenty of customer

Great visibility on Hwy 72 & Hwy 101

DIRECTIONS: From Hwy 72 & Hwy 101 in Elgin

(Rogersville), AL. The property and sale site will be on

the south west of Hwy 72. Watch for our Holland signs!

Barry L. Stewart, AL #1239,

TN #2844, TN Firm #2445 1646 Lee St., Rogersville, AL 256-247-0700

1-800-647-4103

E-mail-holland@hollandrealty.com

www.hollandrealty.com

Established 1947

Restrooms • Metal roof

& employee parking

Estate Auction

**SATURDAY, JUNE 13 • 10AM** 

2226 Cloyd Blvd. • Florence

The Glen Mayhall Estate

3 BR - 2 BA House - Shop - Car - Household items

Furniture - Woodworking Tools & Equipment

Personal Property Items 2005 Mercury Marquis GS 68,000 miles, GE Washer & Dryer, Kenmore Refrigerator, Hotpoint Refrigerator side by

side, 30" Tappan Range, 23 Kenmore Chest Freezer, Glider Rocker, Eureka Vacuum, Reproduction old style Oak Phone, Round Oak Table with 4 Ladder Back Chair, Kitchen island, Kitchen Shelf, Glass Ware, Kitchen Applications, Kitchen Aid Mixer, Microwave, Cook Ware, German Style

Cuckoo Clock, Plant Stand, Oak Curio Cabinet, Stereo with Turn Table, Small Drop Leaf Table, Cherry End Tables, The following items were built by Mr. Mayhall (Cherry Emperor Grandfather Clock, Walnut Hall Tree, Walnut Jewelry Armoire). 2 Sofas, Glider Rocker, Round Lamp Table, Misc Lamps, TV, Entertainment Center, Chocolate Cabinet, Bose Radio, OCT end Table, 2 Rocker Recliner and stool, 2 Walnut End Tables,

Chaise Lounge, Oak Desk, Oak Book Case, Books, 2 Wicker Chairs and Love Seat, Coffee Table, 2 Drawer Oak File Cabinet, Small Corner

Cabinet, Oak Computer Desk, Lift Chair, Claw Foot Oak Square Table, Butler, Queen Size 70's Style Bedroom suite, Antique Oak High Back Full Size Bed w/ Double Serpentine Front Dresser, Rocker Recliner, CD/Stereo, Night Stand, Other House hold items, Wood Working Equipment and Tools , Shop Smith w/ attachments, Work bench, Metal Shelf, 16 spd Drill Press, Craftsman Arm Saw, Shop Smith Plainer 4"x12", Band

Saw, Router and Table, SK Tool Box, Joiner Craftsman, Tiller, Planner/ Sharpener, Push mowers, Clamps, Craftsman DYT4000 Lawnmower, Craftsman Blade Sharpener, Misc Lumber, Step Ladder, Floor Jack, Handsaws, Several types of Lumber, and MUCH MUCH MORE!!

For More Info go to www.shanealbright.com

AUCTION TERMS: Real Estate: A 20% down payment is due buy the purchaser at end of auction. The balance is due on or before July 13th, 2015. The sellers will provide a general warranty deed, 2015 property taxes will be prorated at closing. The buyer/s is/are responsible for all other closing cost.

Personal Property: Payment in full day of auction by cash or good check with bank letter. All items sold "AS-IS WHERE-IS" and must be removed day

DIRECTIONS: From the intersection of Cox Creek Parkway and Mall Road, take Mall Road 4 tenths mile to red light, turn right onto Cloyd Blyd and go 3

Shane Albright Auctions acts as agents for the sellers only in this transaction. No warranties expressed or implied and property is sold AS-IS.

AUCTIO

### Notes... Continued from pg 4

The Order of St. Luke Shoals Chapter monthly meeting is June 4 at 6:30pm on the 5th floor of the main building at Park Place in

Dr. Jim Anderson will be sharing and showing DVD inserts on the "Welcome Home Initiative," which is a healing program for Veterans.

Fish Fry at East Colbert Church of Christ, Saturday, June 6, 12:30-6pm. All you can eat \$10. (All proceeds go to mission work & benevolence.)

North Alabama Dance Club invites you to NADC'S Monthly Dance - Saturday, June 6, 7-10pm, Shoals Elks Lodge, 408 Nashville Avenue, Sheffield. Music provided by Larry Crowell, DJ. Ballroom, Social & some Line Dancing! Members: Adult \$4, Students \$4, Guests: Adult \$6, Driving 50 miles One way \$3 (ELK members free). Soft drinks, bottled water & all other drinks are available for sale in the front room of the Elk's Lodge. Dress: Casual or "dress up" if you would like to!

For more information, contact Suzy at 256-740-1661, suzyfromal@comcast.net, or www.facebook. com/northalabamadanceclub/

Nitrate City Baptist Church, 6175 Second Street, Muscle Shoals, invites you to the Second Annual Gospel Singing featuring the Hymnsmen Quartet from Cleveland, TN on Saturday, June 6 at 6pm.

Come join us for an evening of Traditional Praise and Worship. Bro. Gerald Borden is the pastor.

Alabamians have opportunity to fish for free in most public waters on Saturday, June 6. Free Fishing Day is part of National Fishing and Boating Week, which runs June 6-14. Free Fishing Day was approved by the Alabama Legislature and allows residents and non-residents to fish without a fishing license for a day in both salt and fresh waters.

The fishing license exemption on Free Fishing Day does not affect some lakes that may still require fees and permits. Fishing in a private pond requires the pond owner's permission. Anglers can visit http:// outdooralabama.com/where-fishalabama to find a great fishing spot for Free Fishing Day.

**Austin Cemetery,** 8860 County Road 5, Florence. First annual decoration Sunday June 7, from

NAMI Shoals Support Group for families with adults and/or children who have brain disorders (mental illnesses) meets Tuesday, June 9 at 7pm at the NAMI Shoals office, 749 Thompson St., Suite A, Florence.

Families helping families. You are not alone. Need directions or more information, call 256-765-2081.

Zip City Neighborhood Watch Meeting - June 7, 2pm at Zip City Fire Dept

Wesley Chapel United **Methodist Church** will be celebrating their 197th Homecoming and Decoration Day on Sunday, June 7. Worship service will begin at 11am and lunch will follow immediately in the fellowship hall. Everyone is invited to attend. The Northwest District Superintendent, the Rev. Kelly Clem will be the guest speaker. Wesley Chapel is located in the Central Heights community at 11025 County Road 15.

The Senior Center at Waterloo Monday-Friday 8am-noon Lunch is served each day at 11am and the cost is a donation of \$1. The only requirements to join is to be 60 years old or handicapped.

Rook, pool, checkers, shuffleboard, music (playing and singing), game night, visiting, going out to eat and taking trips are just some of the activities available.

Please come join us for fun, food and fellowship. Phone 256-764-1960 for further info.

Richardson Cemetery in Waterloo needs the help of all who have loved ones buried there. Its time for mowing season and without donations we cannot keep the grounds looking nice. Please send donations to: F&M Bank for Richardson Cemetery, PO Box 128, Waterloo AL, 35677

See NOTES... page 38



#### **Cherry Hill Homes Family Apartments**

2 & 3 Bedrooms Available, rent based on Income/Utility Allowances. Located on Florence Blvd. Background checks conducted. Must be at least 19 years old to apply. Must be able to obtain utility services.

Office: 452 Cherry Hill Homes, 256-760-5322

DON RELL



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#### A new addition to Restaurant Week this year was the creation of a Best Special dish and Favorite

Week...

**Continued from Page 1** 

Restaurant award. The Favorite Restaurant award was based on an online popularity vote and went to the Pie Factory.

MCDANIEL

PAY TO THE ORDER OF Shools Sav-A-Sife \$5,000.00

MEMO. Charity Winner Mike MaDaniel

Five Thousand & No/100 2

The award for Best Special went to Trowbridge's for their Oh-My-Gosh!

McDaniel Window and Door was the presenting sponsor for restaurant Week again this year. Winning the grand prize check of \$5,000 was Shoals Sav-A-Life, a local pregnancy and counseling center. "We are so grateful to McDaniel Window and Door for this wonderful donation, to Florence restaurants who worked in the Inn-Shoals.

From left, Mike McDaniel, owner of McDaniel Window & Door, makes the Florence Restaurant Week check presentation to the charity winner, Shoals Save-A-Life, and **Executive Director, Beth** Gresham, with Teryl **Shields – Executive Director Florence Main Street.** Florence Main Street photo

DATE: 5/19/15

with us, and to all our hungry supporters. give you all a huge thank you," said Beth Gresham, executive director for Shoals Sav-A-Life.

"Florence Restaurant Week has been tremendous success, and we look forward to doing it again next year" Shields added.

Charities eligible for the top prize included Shoals Sav-A-Life, One Place of the Shoals, Pets Are Worth Saving (PAWS), The Main Street for planning Worth Saving (PAWS), The such a great event, to all Healing Place, and Room



Winners of "Best Special" during Florence Restaurant Week, Trowbridge's: Tasha Murphy, manager; Don Trowbridge, owner, Kylie Murks, Specs Downtown **office manager.** Florence Main Street photo



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# **Cherokee High School Legend**

Over the school's long and storied athletic history, Cherokee High School has produced some of the Shoals area's most outstanding The Colbert athletes. County Sports Hall of Fame is a testimony to that fact. The Hall of Fame contains many former athletes who have left their mark on the local sports scene.

Several weeks ago, the Hall of Fame inducted another of the school's alltime greatest sports stars when Velvious Goodloe became a member of the 2015 class. Goodloe was three-sport star for the Indians in the early 90s. He lettered 4 years in basketball, 3 years in football and 2 years in track.

During his senior year in basketball, Goodloe averaged 24 points and 10 rebounds per game. He was named All-Area, All-County, and was chosen as

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of the Indians track team, he set the Alabama state record in the long jump.

After graduation, Goodloe signed a basketball scholarship with Shoals Community College where the led the Stallions in scoring, averaging 21 points per game. During his sophomore, Goodloe was named to the All-A.J.C.C. team and played in the conference All-Star game.

Following Junior College, Goodloe signed a basketball scholarship with Middle Tennessee State University. His most memorable performance came in an overtime win over nationally-ranked Vanderbilt, leading the Blue Raiders with 14-point performance. Add Velvious Goodloe to the list of Cherokee High School's all-time greatest legends.

E-mail comments the TimesDaily 1A-3A Player and suggestions to: of the Year. While a member jerrywknight@comcast.net



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## **Denominations?**

A denomination is "a large group of religious congregations united under a common faith and name, usually organized under a single administrative and legal hierarchy.' (American Heritage Dictionary) Can you read about denominations in the Bible? You may be surprised to learn that you cannot. Christ alone is the Head of His church (Colossians 1:18) and you will not find in your Bible any other administration or legal hierarchy that oversees His congregations. If you are a part of a denomination then by definition you are under the leadership of a governing body overseeing multiple congregations. The governing body may be identified as some type of general authority, a diocese, a presidency, a watchtower, a conference, or by some

The organization of Christ's church is simple. Christ is the Head. (Ephesians 5:23) The local congregation has a simple organizational structure of elders, deacons, and saints. (Please see: Philippians 1:1, Acts 20:28) We learn in Scripture, from the apostle Peter, that the oversight of the eldership is limited to the local congregation itself. "Feed the flock of God which is among you, taking the oversight thereof, ... (I Peter 5:2). Each local congregation, identified in the New Testament Scriptures, was independent of the other. There was no governing body, administration, or hierarchy overseeing them save Jesus Christ, its Founder and Head. "And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him." Colossians

Is your church united and organized under an administration or legal hierarchy? You might want to

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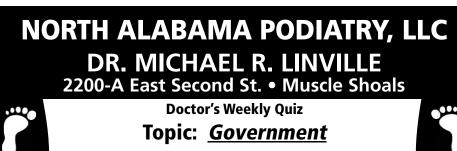
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1. Legislative, Executive, and Judicial are the 3 branches of U.S. Government True or False?

2. This country is said to be the birthplace of democracy: A) Finland B) Italy C) Greece D) France

3. Which country was a dictatorship during the 1930s?

A) Germany B) Italy C) Spain D) All 3

4. Which country has the oldest monarchy? A) England B) Kuwait C) Japan

D) Thailand 5. During the 19th Century, who

wrote the Communist Manifesto? A) Karl Marx B) Harpo Marx C) Freidrich Engles D) A & C

Juswers: 1: True 2: C 3: D 4: C 5: D

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o representation is made about the quality of the podiatric services to be performed or the expertise of the podiatrist performing such service.



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Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

**Tenant Name Address** Unit # **Stored Items** 

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WHITE FRIGIDAIR DISHWASHER,

**RECEIVER HITCH MOUNT 5' Cargo** 

# Notes...

#### **Continued from page 35**

**Red Bay WellCare Center** will offer a series of classes this summer. Water Aerobics classes will be offered at the City Pool on Tuesdays and Thursdays. In addition, Justin Cox (Red Bay WellCare's Fitness Specialist) will offer Boot Camp classes on Tuesday and Thursday afternoons.

Water aerobics is a low-impact class for all age and skill levels, 14 years and older. You do not have to swim to participate Instead, classes involve water walking, jogging, and others water activities to provide cardiovascular and resistance exercises. Classes are 45 minutes in length.

Boot Camp is a 30-45 minute class, offered outdoors, that will involve strength conditioning using body weight and free weight equipment. The class will include a cardiovascular component with increased repetitions of activities and some intermittent running. The class can be modified to all age and skill levels, 14 years

If you are interested in either class, please call the WellCare Center at 256-

LifeSouth Blood Drives - June - ECM Center, 205 Marengo Street, Florence, 256-765-7038. The hours are: Monday-Friday, 9am-5pm;

Saturday, 9am-3pm; Sunday, 1-5pm. Keller Center, 1208 S Jackson Highway, Sheffield, 256-383-3535. The hours are:

The hours are: Monday-Friday, 9am-5pm. Wednesday, June 3, 2-10pm, SCA Tissue North America LLC, 1834 Haley Dr.,

Thursday, June 4, 10am-6pm, Walgreens, 1801 Woodward Ave., Muscle

Friday, June 5, 5-9:30pm, First Fridays, Downtown Florence Friday, June 5, 11am-4pm, Wal-Mart,

3100 Hough Rd., Florence

Saturday, June 6, 10am-6pm, Lowe's, 3415 Woodward Ave., Muscle Shoals Sunday, June 7, 8am-12:30pm, Knights of Columbus, 2781 Co Rd 30, Florence Sunday, June 7, 1-5pm, Kmart, 105 Cox

Creek Pkwy, Florence

Monday, June 8, 11am-7pm, Wal-Mart, 3100 Hough Rd., Florence Tuesday, June 9, 6:30am-12pm, Tuesday, June 9, 6:30am-12pm, Southwire Company, 4251 Helton Dr., Florence

Tuesday, June 9, 1-7pm, Wal-Mart, 3100 Hough Rd., Florence Wednesday, June 10, 12-6pm,

Southwire Company, 4251 Helton Dr., Wednesday, June 10, 9-11am, Big Star,

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American Red Cross Blood Drives for June for Lauderdale, Colbert and Franklin Counties. Your help is very much appreciated! Donors can schedule an appointment at or get additional information at www.redcrossblood.org

Teresa Becker 256-990-0830. Thursday, June 4, 1-6pm, Rogersville Community Blood Drive, Rogersville Volunteer Fire Department, American Red Cross Bloodmobile, 36 Wheeler St,

Rogersville.
Monday, June 8, 10:30am-3:30pm, First United Methodist Church, Basement Fellowship Hall, 415 N. Seminary St,

Hickory Flat Cemetery is asking for donations for the upkeep of the cemetery We deeply appreciate everyone that continues to give every year. If you have never gave ia donation in the past please consider giving. Currently plots are \$200 per plot. Mail all donations to Hickory Flat Cemetery, 700 County Road 103, Killen, AL 35645.

Open Mic Gospel Singing - Friday, June 12 at 7pm at Piney Grove Holiness Church, Waterloo, located off Hwy 20 near AL-TN State line.

For more info call 256-766-1534 Everyone welcome.

Cloverdale Church of Christ invites you to attend our Vacation Bible School - June 14-17, 7-8:30pm. Classes for all ages. Bring your family & friends!

**Yoga:** Sponsored by Florence Parks and Recreation Dept. meets Tuesday and Thursday, 8:30-9:30am at the Broadway Recreation Center. Cost is \$20 per month. Instructor: Linda Clanton. For information call 256-760-6418.





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