Gorham WEEKLY

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Thursday July 2, 2020

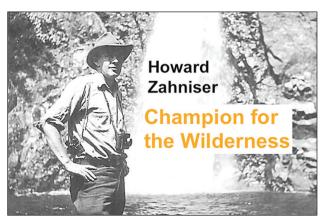
Maine filmmaker to livestream new movie



Jeffrey Ryan

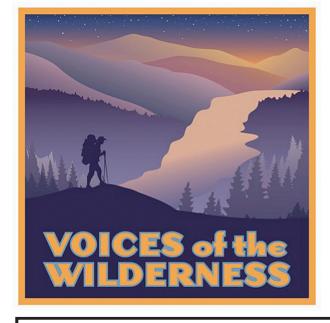
Maine filmmaker. author, historian and frequent contributor to Gorham Weekly Jeff Ryan was thrilled to recently receive an offer from the National Conservation Training Center (headquarters of the U.S. Fish and Wildlife Service) to showcase his latest film.

"It had been a while



since we shot some of the interview segments at the NCTC, and I was worried that they thought I'd shelved the project entirely" admits Ryan. "But I got sidetracked by a book project and circled back to the film late this winter, and I was glad I did."

The film, entitled,



"Howard Zahniser: Champion for the Wilderness", traces the life of a man who dedicated seven years of his life and his health to finally steer The Wilderness Act into passage in 1964. When Ryan discovered that Zahniser's story was little known outside of the community of conservation history buffs, he felt the need to bring it to film.

"Zahniser is an inspirational figure for so many reasons. He wasn't quite cut from the same cloth as the founders of The Wilderness Society, where he became the head of publications in 1945.

In fact, they were concerned that he didn't 'look like a wilderness man.' He may not have looked the part, but what he accomplished - se-See Filmmaker, page 11

Upcycle Maine Home Furnishings reopened

Upcycle Maine Home Furnishing reopened yesterday, July 1, and is spending the whole weekend celebrating!

Great Falls Construction has spruced up the front of the building. New outdoor lights have been hung and lots of new inventory has been handmade and picked for the exciting reopening weekend.

After nearly 15 weeks closed, Owner Stephanie Sands is excited to invite you back into the shop, located in Gorham's Village, at 18 South Street, Gorham.

The hours for July are Wednesday 2 to 6 p.m., Thursday 10 a.m. to 4 p.m., Friday 12 to 6 p.m., Saturday 9 a.m. to 2 p.m.

Friday night Facebook Live Sales at 8 p.m. will continue for the convenient online shopping opportunity.



Sands sends a huge thank you to everyone for supporting Maine small businesses here in

Gorham, "We couldn't have done it without such a strong community backing us!"

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Page 2 Thursday, July 2, 2020

Governor's Address: Don't let down your guard now

Throughout the COVID-19 pandemic and our gradual reopening process, the Maine CDC has been monitoring epidemiological data, like case trends and hospitalization rates as well as health care readiness and capacity, to inform all of our decisions on lifting restrictions and stimulating our economy.

We look at these metrics every day. We look at them in their totality and we look at them in context, as opposed to looking at daily changes of one metric itself to inform our decisions.

Adjusted for population now, as of June 25, Maine now ranks 7th lowest in the nation in positive cases; we are 9th lowest in the nation in terms of deaths from COVID-19; we are 6th lowest in terms of patients that are ever-hospitalized out of the 36 states reporting; and 5th highest in the percentage of people who have recovered, out of the 42 states reporting.

In light of those data and those trends, we are moving ahead with Stage 3 of our Restarting Maine's Economy Plan. Starting July 1st, this coming week, spas and skin care establishments; outdoor amusements, like amusement parks and water parks; amusements, indoor such as bowling alleys, arcades, movie theaters and performing arts venues may reopen if they wish, with health and safety protocols in place. The prohibition on gatherings of more than 50 people remains in place for all activities for public health reasons

My Administration has also approved the first round of grants to municipalities under the Keep Maine Healthy Plan. Using federal Coronavirus Relief Funding from the CARES Act, these grants will help towns and cities implement their own COVID-19 prevention, education and protection plans to keep residents and staff and visitors healthy and safe.



Governor Janet Mills

For example, with this funding we'll reimburse some municipalities for the purchase of personal protective equipment and hand sanitizer; it will allow some towns to place signs on side-walks to encourage people to maintain six feet distance from each other; or we'll fund a local health officer in some towns to ensure that local businesses conform to public health best practices.

As the economy gradually restarts, and as the hospitality industry looks to hire people, I also want to remind folks too that people who are on unemployment can go back to work part time and take a part time job and not lose unemployment benefits in their entirety. And anyone who

is receiving at least \$1 in unemployment and you go back to work part time, you'll also keep the additional \$600 a week federal unemployment benefit through July 25th. Pretty good deal.

So these new grants to our towns and cities, along with the July 1st reopenings, are positive steps for Maine and for our economy, but boy Maine people and visitors and businesses have to keep remaining vigilant too.

The very high increase and in some instances record high increases in the number of COVID-19 cases in other states – that's a cautionary tale for Maine as we continue our reopening and as we monitor the prevalence of the virus here, and work towards economic recovery.

Boy nothing would be more devastating to our economy than to see a significant surge in this virus, the virus that sickens and kills more people and jeopardizes our health care capacity. It is possible, if not likely even, that the changes we are making will result in an uptick in cases so we will be keeping a close eye on all the epidemiological data as we have been doing from the very start.

We'll look at the data in our state, and the data in our neighboring states, and states like New York and Connecticut where many people come from to visit Maine in the summer.

And if a review of the data about Maine finds evidence of an increase in COVID-19 or a risk to the capacity of our health care system, we will have to move quickly to protect Maine people.

But the most effective way to make sure that we do not have to reestablish restrictions and we can keep our economy going is by taking care of ourselves and each other.

So, I ask you as your Governor— please — if you own or work at a public-facing business, please strictly adhere to all health and safety protocols. Don't let down your guard now. Protecting your customers and your staff protects your business as well.

I ask all Maine people, remember to wash your hands frequently, maintain six feet of distance between yourself and others no matter where you are, stay home when you can, especially if you are older or have an underlying health condition, and wear a face covering when you are out in public when it is hard to maintain six feet of distance between you and others. Please do

Studies now show that those face coverings really work.

If we protect ourselves and protect one another by taking these steps, we can continue to reopen our economy in a safe way, and we can limit the spread of this dangerous virus as we welcome the tourist season in Maine.

It is up to every one of us.

Nominations now accepted for 2020 Outdoor Lifetime



The Maine Department of Inland Fisheries and Wildlife is now accepting nominations for

the 2020 Annual Lifetime Outdoor Achievement Award. This award, which is presented by the Maine Department of Inland Fisheries and Wildlife, honors individuals who are dedicated to the stewardship and wise use of our natural resources and who have been or are active in Maine's rich outdoor traditions.

To be eligible, nominees must have hunted, trapped, and fished in Maine for a combined total of 40 years. For See Outdoor, page 13

Game Wardens Lefebvre and Spahr honored



Game Warden Joey Lefebvre

Game Warden Joey Lefebvre, who patrols the Lincoln/Knox county area, and Game Warden Sergeant Tim Spahr, who oversees the York/ Cumberland county area, were recognized yesterday as Game Warden of The Year and Game Warden Supervisor of The Year for 2019.

The awards were presented yesterday at the Maine Criminal Justice Academy and they See Wardens, page 13



Game Warden Sargent Tim Spahr

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Thursday, July 2, 2020

Newsmakers, Names & Faces

MaineHealth receives over \$800,000 for telehealth program

MaineHealth is pleased to announce it is the recipient of telehealth funds through the Federal Communications Commission's (FCC) Telehealth Program that will further enable the health system to provide exceptional telehealth care to patients across Maine and New Hampshire

On June 24, the FCC awarded Maine-Health \$803,268 for costs associated with rapidly expanding the health system's telehealth infrastructure and technology in response to the coronavirus pandemic. Approximately \$200,000 of the funds will be used to purchase new high-end telehealth carts and videoconferencing equipment that will enable patients to see providers from the comfort of their own home or video visit with family members they cannot otherwise see due to COVID-19 visitor restrictions.

Expanding these critical telehealth services has enabled Maine-Health to provide essential care to 25,000 unique patients who have been able to receive care even when many provider offices were closed. In 2019, MaineHealth conducted close to 15,000 telehealth visits. Since the coronavirus pandemic started this year, the health system has already conducted nearly 53,000 total patient visits, which include office visits, mental health counseling and preventative health screenings.

To date, patient satisfaction for individuals who have utilized telehealth services across MaineHealth has also been overwhelmingly positive

"We are incredibly grateful to the FCC to be receiving these telehealth funds. This funding helps give our patient communities the opportunity for more convenient access to high-quality care where and when they need it," said MaineHealth Director of Telehealth Jasmine Bishop. "Given Maine and New Hampshire's more rural geography and older age demographic, these telehealth services are critical and enable our providers to continue delivering care to our patients who need it the most. This funding will also make it possible for our health system to give our patients in more rural areas easier access to specialists and provider expertise, without having to travel long distances for care."

The funding Maine-Health received is part of the federal Coronavirus Aid, Relief, and Economic Security Act, or CARES Act, which allocated \$200 million to supporting health care providers' use of telehealth services during the coronavirus pandemic. To date, 444 health care providers and organizations have received funding.

"Expanding our telehealth program has enabled us to provide an innovative and convenient way of delivering high-quality care to our patient communities in a very challenging environment," said Bishop.

"This federal funding allows us to continue doing this important work and provide these benefits to a greater number of patients."

fealth has also Telehealth services Health Care in Norwald overwhelmingly at MaineHealth from See MaineHealth, page 11

March 18 to June 23:

55,626 completed video visits; 60,788 telephone visits; More than 1,000 providers using telehealth; 25,000 unique patients served.

For more information on MaineHealth's telehealth program, please visit our telehealth website here.

MaineHealth is a not-for-profit integrated health system consisting of nine local hospital systems, a comprehensive behavioral healthcare network, diagnostic services, home health agencies, and more than 1,700 employed and independent physicians working together through an Accountable Care Organization. With close to 22,000 employees, MaineHealth is the largest health system in northern New England and provides preventive care, diagnosis and treatment to 1.1 million residents in Maine and New Hampshire. It includes Franklin Memorial Hospital/Franklin Community Health Network in Farmington, LincolnHealth in Damariscotta and Boothbay Harbor, Maine Behavioral Healthcare in South Portland, MaineHealth Care at Home in Saco, Maine Medical Center in Portland, Memorial Hospital in North Conway, N.H., Mid Coast-Parkview Health Brunswick, NorDx in Scarborough, Pen Bay Medical Center and Waldo County Hospital in Rockport and Belfast, Southern Maine Health Care in Biddeford and Sanford, Spring Harbor Hospital in Westbrook and Stephens Memorial Hospital/Western Maine Health Care in Norway.

Op-ed

High-speed internet in Maine

By Pat Pinto, AARP Maine Volunteer State President

It shouldn't take a pandemic to underscore the importance of high-speed internet in our state. Rural Maine's struggle with connectivity has been going on for years, but with COVID-19, the true consequences of slow or no internet can no longer be ignored.

During the last few months, residents throughout Maine have voiced their frustration. Paul Armstrong's small business in Palermo is because floundering the internet service in his area is practically non-existent. Ray Smith of Windham, an occupational therapist for children with developmental and physical challenges, now counsels his young clients by video chat due to COVID-19. He describes many of the sessions as "disastrous" because some of his clients have such poor internet service. A retired teacher from Lewiston, Joyce Bucciantini, laments the learning divide between those students who have high speed internet and those who do not.

No matter where we live in Maine, and no matter our age, every Maine household should have access to highspeed internet.

The Maine Broad-Coalition, which AARP Maine is a member, estimates that 85.000 households in our state have no access to high-speed internet. For many, this means they have little or no connection to family, friends, and critical services such tele-medicine and counseling. For some, lack of high-speed internet creates barriers to doing business and creating jobs. Still others, particularly older Mainers, miss out on opportunities to offset loneliness, depression and isolation.

This is the time to take action, and I urge all Mainers to vote in the Maine State Primary and Special Referendum Election on July 14, and to vote YES on Question 1. Question 1 is a ballot referendum providing \$15,000,000 in funding for high-speed internet expansion to underserved and unserved areas. This will particularly impact rural areas of Maine that currently lack the infrastructure for high-speed internet. Of great significance is the fact that the \$15M bond will be matched by \$30 million in federal and other funds to triple the impact.

This is an opportunity not to be missed.

Maine is a rural state with a far-flung population. If Maine invests now, we can help Mainers, particularly in rural areas, who don't have access to reliable, high-speed internet service. It is essential for Mainers of all ages to be able to stay connected to friends and family, but it is equally important for them to be able to access their caregivers, doctors, and other health professionals. Highspeed internet is a smart investment that will help businesses grow and help students gain access to education even when they are at home.

Access to highspeed internet is extremely important to daily life in Maine, and not just during the coronavirus pandemic. Support of this referendum will put Maine on the right track. I urge you to vote Yes on 1 on July 14.

What do you think?

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to editor@Gorhamweekly. com.

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What's Going On

Big Brothers Big Sisters receives matching gift

Big Brothers Big Sisters of Bath/Brunswick has received a special \$25,000 matching gift from several generous donors that will allow all donations given from now until August 1 to have twice the impact. That means that \$25 becomes \$50, \$50 becomes \$100, and \$100 becomes \$200.

The agency is expecting a substantial loss of \$100,000 or 36% of their budget due to unforeseen Covid-19 forced changes in fundraising events. The postponement of "Bowl for Kids' Sake" that typically happens in April has been particularly disruptive.

Even in the best

of times, BBBS Littles are facing adversity at a higher rate than the average young person in America. "Littles" face much greater exposure to adverse childhood experiences (ACEs) than the general population. Now these ACEs are being compounded by social isolation and stress. Once this immediate **BBBS** crisis over, knows that children and families will continue to feel lasting, profound ef-

Bath/ **BBBS** of has taken Brunswick immediate action to maintain and support the vital, life-changing mentorships they facilitate and professionally support in order to fight social isolation of the young people and their families. Their program is an essential service they must continue to provide to youth through this pandemic, but they need investment in their mission and capacity to ensure the agency remains strong.

The agency is striving to raise \$50,000 by August 1, 2020 to offset losses and remain fiscally healthy through the pandemic and beyond.

Donations to BBBS August 1, 2020, will be matched up to \$25,000.

learn more www.bbbsbathbrunswick.org/bigfutures-fund or (207)729-7736.

Maine CDC distributes home testing kits

The Maine Center for Disease Control and Prevention (Maine CDC) is distributing home testing kits on Saturday, June 27 as part of National HIV Testing Day, an annual occasion to encourage people to get an HIV test.

Maine CDC encourages individuals to get tested so they can know their status and understand the many HIV prevention and treatment options available. According to the U.S. Centers for Disease Control and Prevention (U.S.

CDC), about one point one million people are living with HIV in the United States. Of those, about one in seven people don't know they are living with HIV.

Overall, more than one thousand six-hundred people in Maine are living with HIV, including twenty-nine who were diagnosed in 2019.

U.S. CDC recommends that everyone between the ages of thirteen and sixty-four get tested for HIV at least once in their lifetime as part of routine health care. People who are considered high risk should be tested more often. Groups at higher risk for HIV include men who have sex with men, people who exchange sex for money, and people who inject drugs.

To support local agencies in continuing to provide HIV testing services during the COVID-19 pandemic, Maine CDC is distributing home HIV testing kits to partners across the state. Maine CDC has partnered with Building See Testing, page 12

MSAD 52 adult ed celebrates 2020 graduates

Cheers, horns and smiles greeted twenty-one graduates with a drive-in commencement graduation on Saturday June 13, 2020.

Director Razell Ward and the staff decided to do a drive-in commencement graduation, building on Leavitt Area High School's shared idea to hold commencement in a way that honored students during this time of social distancing. Ward stated, "Nothing could stop us from honoring our graduates, and it was worth every moment getting to see their faces again. It just proves that our students are unstoppable; rain, shine or even covid-19, they are unstoppable."

Larry Sirois, staff member, noted, "It was great to finally see the students and their families be able to celebrate in person during these unprecedented times. It will be a moment of historical value."

Ben Tucker, rerepresentative gional for US Senator Angus King, presented a digital commencement address from Senator King who spoke to the graduates recognizing that "This is a tough graduation because we have not been able to be together. A graduation that we will always remember. What you have done is a real expression of initiative and determination and [you] made a conscious decision to further your education and go on a new path of your life. At whatever age, you are all people that did the most important thing and decided to move forward."

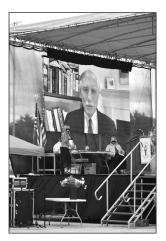
Ward explained that this year's graduating class was also impacted by the tragedy of the recent loss of Julie Beaucage, a graduating member and friend to our 2020 class. "This has really been a tough year for us, with the loss of Julie so close to graduation, and we are very proud that our students and staff persevered during this extremely difficult time." Crystal Beaucage, Julie's twin sister, accepted Julie's diploma in her honor, and a moment of silence was observed.

The Central Maine Community Courage to Grow Award was presented to Morgan Webber. This award is the highest recognition bestowed upon an MSAD 52 Adult Education student, receiving a scholarship from CMCC for a free college course. HiSET honors were awarded to Brooklyn Hutchins for earning college ready scores on every exam.

Class speakers Colby Brooks spoke about rising to the challenges they have faced this year, and Chris Storer offered advice on being kind, humble and respectful, no matter what life throws at you. Storer also noted that this was the first time he had met his teachers in person, as he had completed his diploma studies completely online.

MSAD 52 Adult Education will begin their online summer session for virtual HiSET and credit recovery classes in July. Register today by calling 225-1010 for **#YOURNEXTSTEP!**











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DOE creating Maine learning platform

Created by Maine educators for Maine educators and students, The Department of Education (The Department) is proud to announce that the work of creating the Maine Learning Platform has begun. To provide anytime, anywhere learning options and resources for educators, students and their families, the Maine Department of Education, collaboration with

curriculum coordinators, Maine educational community organizations, museums, learning centers, and Maine educators, is creating a library of asynchronous learning modules that are aligned to Maine's Learning Results.

Developed by over four hundred Maine educators who have answered the call to create innovative lessons, these modules will be

integrated to ensure that learning is synthesized across subject areas and are project-based to encourage learning that is active and engaging.

Department The is developing a custom web-based platform to house these modules. The platform will provide educators and families with a bank of resources, with which they can provide students See DOE, page 12

Catholic schools to reopen for in-school learning

The Office of Maine Catholic Schools is pleased to announce that schools will be open for in-school learning for the 2020-21 school year. Barring unforeseen developments, classes will be held five days a week with a full day schedule. Both before and after care at the schools will also reopen.

"In conjunction with the Diocese of Portland. our administrative team has been and will continue planning for a safe and efficient opening in the fall for our schools," said Marianne Pelletier, superintendent of Maine Catholic Schools. "Following CDC guidelines for reopening schools, we are in the process of modifying our classrooms and facilities to successfully comply. Additional cleaning supplies have been ordered, and extra staff is being brought on to assist. We are confident that our schools' health protocols and processes will keep our school environments as healthy and as safe as possible for all members of our communities."

The schools overseen by the Office of Maine Catholic Schools are All Saints School (St. John Campus/St. Mary Campus) in Bangor, Holy Cross School in South St. Portland, Brigid School in Portland, Saint Dominic Academy in Auburn and Lewiston, St. James School in Biddeford, St. John's Catholic School in Brunswick, St. Michael School in Augusta, and St. Thomas School in Sanford. If you would like to enroll or learn more about Catholic schools in Maine, visit www.mainecatholicschools.com.

In March, Cathschools, along with all public schools across Maine, closed their doors due to the COVID-19 pandemic. Two days later, Catholic schools in Maine successfully opened their virtual doors, providing a high-quality, distance learning program for all of their students across the state, efforts that were lauded by both school families and the wider community.

"Our Catholic schools continued to nurture the souls of our students while providing a comprehensive academic plan, building on their tradition of excellence," said Pelletier. "The excellence was visible in both our attendance data and parent surveys. On average, 96% of our students participated daily in direct instruction offered virtually by their classroom teachers."

Administrators the schools believe and recognize that learning and formation are at their best when occurring in a classroom, but in acknowledgement that some families might not be comfortable sending

their children to school during this academic year, Maine Catholic Schools is offering a solution.

"The Diocese of Portland is assisting each of our schools in developing a virtual, distance-learning option where interested families will still be able to receive instruction for children in core content areas while remaining connected to their local school community," said Pelletier.

Due to social distancing requirements that will be in place in classrooms, families are encouraged to enroll their student or students

"We recognize that parents are the first teachers of their children, and we fully understand that they are making a cognizant choice to offer their child a Catholic education," said Pelletier. "Though there are many alternatives to Catholic education, there are no substitutes, and we thank everybody for their continued support and prayers."

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What's Going On

In the Gallery: Elaine Hranich "Maine Moments"



Maine Moments/From cheery summer sunsets to misty fall days/Cold winter walks and warm spring sun rays/Moments captured on canvas, paper and wood/With hope that Maine will be much better understood.

Maine Moments is a collection of art works by local Bath artist Elaine Hranich who enjoys expression through visual interpretation.

that her show will con-

vey "how she feels to be here, healthy and safe, in this moment, living life, in the very beautiful State of Maine".

Thank You to the The expectation is Honorable Elected State of Maine Officials who continue to work endlessly keeping Maines's citizens safe and protected through this pandemic. Thank you to all the essential and frontline workers who ensure that all communities have what they need in this critical time and words cannot express the community's deepest level of gratitude for the Maine Health Care Workers.

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Fort Hill Community Church new location



Fort Hill Community Church is excited to be moving from their meeting location at the Old Robie School in Gorham to meeting at Spire29 in the center of the town. Their first week at this location was last

Sunday, June 21 and they meet weekly at 10:00a.m. Please call (207)592-4987 for more information.



Summer concert with the Pond Lilies

Come enjoy an evening of music with the Pond Lilies, an acoustic band with fiddle, guitar, whistle, accordion, and bass that specializes in Celtic, Acadian and enchanting melodies on July 14.

The concert will begin at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal Center).

Bring a picnic, a blanket or chair, and enjoy the show! Park-



ing available in Gorham High School or Gorham Municipal Parking lot.

In the case of Gym.

inclement er, the concert will be moved inside to Shaw

Online events Gorham library

Baxter Memorial Library is pleased to offer the following events: Friday, July 3:

Preschool Yoga, 10 a.m., ages 3 to 5: Join Ms. Heidi on Zoom for a Preschool Yoga class. This class will be a fun intro to balance poses, stretches, breathing exercises and yoga games. Kids who do yoga show an improvement in their social and emotional health along with confidence, and self-esteem. (A registration form for the Zoom link to this session will be posted online at least a week before the event.)

Music, 10:30 a.m.: Details coming soon.

Monday, July 6: Earth Toddlers, 10

a.m.: Five-week weekly program is geared towards children ages 18 months to 36 months. Join Ms. Dani on Facebook, Mondays at 10 a.m. for activities, stories and crafts. Through exploration and fun, we will learn how to respect and appreciate our earth. Monday, July 6, E for Ecology; Monday July 13, A for Animals; Monday July 20, R for Recycle; Monday July 27, T for Trees; Monday August 3, H for Habitat.

Tuesday, July 7: Librarian Grab Bag - Discovery Time, for ages 18 months to 5yrs:

Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Wednesday, July 8: Cooking with Ms. Deb, Freezer Sandwiches, 10 a.m., all ages: Join Ms. Deb and her daughter as they make one of their family's favorite snacks! They're healthy, easy, and only involve three ingredients See Library, page 16



Thursday, July 2, 2020 Page 7

Johnny Ater & Friends kicking off summer of 2020



Are you ready for a laugh? Put away that lawn mower, drop the volleyball and move away from the net. Let's have some fun. Join Bath's very own Johnny Ater and friends in a safe and comfortable outdoor environment! These comedians are exactly what the doctor ordered as they add humor and satire to your 'summah'. Come and join them while they celebrate the season with what everyone needs most, a dose of laughter.

This is the first of Church's Chocolate Summer of 2020 CCAC ROCS, (Chocolate Church Arts Center's Real Outdoor Concert Series). Join them on July 11, just across the bridge in Woolwich for this outdoor comedy show. Due to limited capacity they are offering two shows at 3 and 6 p.m. Check in begins thirty minutes before the show. Check in will happen when you first arrive while you are still

in your car. Please wear a mask for check in.

Audiences will be limited to 50 people, and audience members will be required to sit six feet apart from other groups.

You will be able to purchase a ticket for either the afternoon or the evening performance. Tickets must be purchased in advance. No tickets will be sold day of show.

Please understand that due to the small audience size, tickets will be selling at a slightly higher price than they normally would. Coming to these shows is one of the best ways you can support your region's talented performers and the Chocolate Church Arts Center.

All audience members must bring masks or other appropriate face coverings. While these do not need to be worn while seated, the venue asks that you would wear a mask when checking in, and when purchasing refreshments. Yes, they will have refreshments available! These will be individually wrapped and served by a CCAC following volunteer proper safety and health procedures.

Free parking will be available.

All ages are welcome at the shows, but parents/guardians will be responsible for making sure that their children follow the distancing and mask policies.

Audience members are asked to bring their own lawn chairs or blankets. Other items to bring include sunscreen, an umbrella to block the sun, bug-spray, and hand sanitizer. The venue will have hand sanitizer available but suggest that you bring your own as well. Please do not bring in outside food or drink.

The CCAC community is very excited about this series. Right now, this is the best possible way for them to continue their mission of presenting unforgettable live entertainment, while making sure that everyone involved remains safe and healthy. Please reach out for information at chocolatechurch. com or (207) 442-8455 with any questions. The Chocolate Church Arts Center looks forward to seeing you for a CCAC ROCS show soon!

Brunswick Downtown Association hosts ArtWalk

Brunswick 6:00 p.m. The Downtown Association (BDA) is excited to host a second Friday "BRUNS-WICK" on July 10 from 4 to 7 p.m. Traditionally, the event encompasses an ArtWalk with music, dance, and theater performances in downtown Brunswick. The July event will not include a dance or theater component.

Fifteen artists will display works in a variety of media at a variety of exterior locations on Maine Street including in front of Senter Place near the Tontine Mall, next to Little Dog Coffee Shop, and in front of Hatch on Maine. Some of the downtown stores will extend business hours to

"The BDA is very concerned about the safety and health of the Brunswick Community. Fortunately, we have very wide sidewalks and space to spread out artists, performers and attendees at this event making it more like a series of small events", said Debora King, BDA Executive Director. "We hope folks will feel comfortable coming to Brunswick to check out the variety of shops downtown and the many outdoor dining opportunities, all while adopting safe practices" she said.

The Schedule, Listings, and Map can be found in The Cryer newspaper each month

and on the Brunswick Downtown Association website: https://brunswickdowntown.org/ events/2nd-friday-brunswick/

For more information on this season's second Friday Brunswick or to sign up as a business sponsor or venue of the second Friday Brunswick, please visit the BDA website (brunswickdowntown.org) email mailto:admin@ brunswickdowntown.org, or call 729-4439.

The 2020 Event sponsors include the Presenting Sponsor, The Tontine; July Sponsor, Senter Place; August Sponsor, Bill Moore/The Lincoln Block; and the Media Sponsor, The Cryer.

UMaine Extension food preservation webinars

University of Maine mented cucumber pick-Cooperative Extension offers new webinars in its "Preserving the Harvest" series, with quickpack cucumber pickles from 2 through 2:45 p.m. on July 7. Other topics for July include fer-

les, canning and freezing green beans, and freezing Maine seafood.

Registration is required. A \$5 donation per session is optional. Register on the program webpage to attend the live session or get the link to the webinar recording. For more information or to request a reasonable accommodation, contact Kate McCarty at (207)781-6099 or at kate.mccarty@maine.

City of Lewiston Fireworks Informational

To report a fireworks use violation, please call (207) 784-6421, **Option #1 for Lewiston.**

With the July 4th holiday fast approaching, the City of Lewiston is reminding residents about its fireworks ordinance.

Details are below & here is a direct link to the information. http://www.lewistonmaine.gov/fireworksinfo

The City of Lewiston has a fireworks ordinance that restricts the use of consumer fireworks to THREE DATES and also to WITHIN A SPECIFIC DISCHARGE ZONE.

Listed below are the dates and times fireworks are allowed to be used. In addition, please note that **ZONE 1** of the City's Firearms Discharge Map is where fireworks <u>can be</u> discharged within the City of Lewiston.

DISCHARGE MAP

http://www.lewistonmaine.gov/fireworksdischargezone

Consumer Fireworks May be Utilized in Lewiston On These Dates:

- July 4th between 10 a.m. 10 p.m.
- December 31st between 10 a.m. until 1 a.m. the following day
- January 1st from 10 a.m. 10 p.m.

Sale Prohibited

The sale of fireworks in Lewiston is prohibited.

to go menu

APPETIZERS + SOUP + SALADS

Blue Cheese Stuffed Baked Dates / Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / g.f-12 Cheese Board / Silvery Moon "Manchego". Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini - 16 Caramelized Onion Tart / House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / Vgt. - 13 Sage Roasted Butternut Squash Soup / Toasted Pepitas -8

Gathered Greens / Grapes, Aged Balsamic & Olive Oil Vinaignette, Pineland Farm Feta, Toasted Almonds / a.f.-8 MK Wedge / Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing / g.f-9 Braised Farm Beets / Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / g.f-11 Grilled Romaine Caesar / Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing / - 9 (Add Anchovy + 2)

PASTAS + GRAINS

Organic Quinoa Bowl / Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / Vegan + g.f-12/20 Gnocchi Primavera / Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / Vat. -12/22 Rigatoni Bolognese / Slow Braised Tomato - Beef & Pork Sausage, Smoked Bacon Breadcrumbs, Parmesan / 13/24 Handmade Ravioli / Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta / Vgt. - 12/22 Gnocchi Mac + Cheese / Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked Bacon Breadcrumbs / -12/22 Butternut Squash Risotto / Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / Vgt. + g.f - 14/26 Mushroom Risotto / Roasted Crimini & Shiitake Mushrooms, Butter Parmesan, Truffle Oil / Vat. + a.f. - 14/26 Spaghetti with Braised Lamb Ragu / Pineland Farm Feta, Chopped Mixed Olives -24 Orecchiette Pasta with Chicken & Broccoli / Garlic Butter, Wilted Kale, Parmesan -22 (Vegetarian Orecchiette available with Pesto)

ENTREES

Pan Seared Scallops / Truffle Roasted Crimini + Shiitake Mushroom Risotto, Green Beans, Beurre Monte / a.f.-18/32* Grilled Faroe Island Salmon / Sage Roasted Butternut Squash Risotto, Fried Brussels, Pomegranate Gastrique / g.f - 27* Chicken Under a Brick / Bone-in Breast Whinned Potato, Seasonal Vegetables, Lemon Emulsion, I at -24 Grilled Filet Mignon / Herb Roasted Fingerlings, Pearl Onions, Wilted Greens, Foie Gras Butter, Beef Sauce / g.f - 34* Spice Rubbed Pork Loin / Smoked Bacon Elbow Macaroni and Cheese, Cheddar, Fried Brussels Sprouts, BBQ Sauce / -24 Pulled Pork Sandwich / Chipotle BBQ Pulled Pork, Coleslaw, Grilled Brioche Bun, House Fries -14 MK Burger / Cheddar, Bacon Crumbs, Shredded Romaine, Pickled Onion, House Sauce, Brioche Bun, Herb Fries - 15

SIDES

Fried Brussels Sprouts /g.f-9 - Pan Roasted Vegetables /g.f-9

DESSERTS

Warm Chocolate Cake / Marshmallow Gelato, Sea Salt Toasted Peanuts /g.f - 10 Chocolate Mousse / Belgium Chocolate, Whipped Cream, Candied Walnut Crumbs /g.f-9 Tiramisu / Mascarpone Cream, Coffee Ladyfingers, Chocolate Sauce - 9

Page 8 Thursday, July 2, 2020

Summer concert with Jim Gallant



Come enjoy an evening of music with singer-songwriter Jim Gallant July 7 at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal

Center).

Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

In the case of ina picnic, clement weather, the concert will be moved the show! inside to Shaw Gym. For more information about Jim Gallant visit https://www.jimgallant.com/.

\$600 million Rock Row development in Greater Portland

Waterstone Properties announced that it has partnered with the national retail real estate firm, Wilder, to exclusively manage office and retail leasing as well as provide retail and office project management for the 110-acre, \$600 million Rock Row development located in Greater Portland, Maine.

Rock Row is one of the most unique and anticipated developments on the East Coast with a fully integrated mix of lifestyle-focused retail, office, medical and residential—all surrounding a fully-activated 400-foot-wide, 300-footdeep granite quarry. The planned features of the fresh-water-filled quarry include an active boardwalk with entertainment and kiosks, world-class light and water show, and water recreational activities such as kayaking and pond hockey tournaments.

"The physical features of Rock Row require an artful tenant planning process, and See Rock, page 11





Summer concert with World Famous Grassholes



Come enjoy an evening of bluegrass music with The World Famous Grassholes July 21 at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gor-

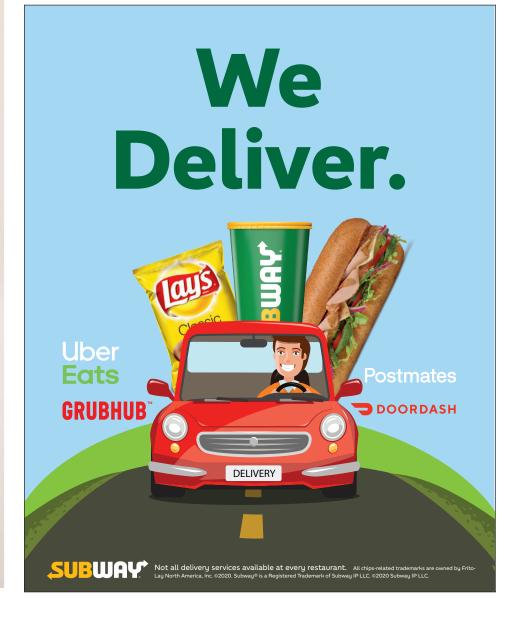
ham Municipal Center).

Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

In the case of

inclement weather, the concert will be moved inside to Shaw Gym.

For more about the band visit https://worldfamousgrassholes.com.



Thursday, July 2, 2020 Page 9

Riding To The Top Celebrates Volunteers at "Curbside" Event

COVID-19 did not stop Riding To The Top (RTT) from celebrating the contributions of its mighty volunteer team. Originally, RTT planned to hold a large barbeque on the shores of Sebago Lake, but this year's celebration was configured into a smaller "curbside" event at the farm. On Tuesday, June 23, RTT staffers gathered (physically distanced of course!), decorated and rallied to show appreciation for the Center's 160+ volunteers. In 2019 alone, volunteers at RTT contributed over 11,000 hours in service valued at over \$254,320. The volunteers work in the barn, in lessons with clients, exercise horses, repair and maintain the facilities and help with trail improvements. Volunteers also serve on the Board of Directors, on committees and work at fundraising events.

Executive Director, Sarah Bronson noted that "RTT volunteers have been an integral part of the organization since it was founded by volunteers in 1993 and they continue to be the heart of the organization." She added that volunteers save the organization hundreds of thousands of dollars each year. Volunteer Coordinator, Nick Doria, stated "While we missed gathering for our larger celebration this year, we were glad to have been able to thank and recognize the people who did so much for RTT last year."

This year, 27 RTT volunteers received The President's Volunteer Service Award:

Bronze Level Awardees (Adult 100-249 hours/Young Adult 100-174 hours): Christine Blackadar, Jo Blinick, Early Bonney, Gradeigh Cameron, Janis Childs, Susan Courson, Cindy Elder, Barbara Foster, Trish Friant, Stacie Hamilton Waldron, Margi Huber, Cathy Kelso, Fran Maxwell, Nancy Robinson and Laura Rochette

Silver Level Awardees (250 to 499 hours/Young Adult 175-249 hours):



RTT Volunteer of the Year Stacie Hamilton Waldron feeds Luke (RTT horse) a treat.

Mark Fuller, Julia Hamilton, Sarah Miller, Jodi Peasley, Clayton Peters, Ashley Reed, Bryony Urquhart and Liz Wood.

Gold Level Awardees (500 or more hours/Young Adult 250 or more hours): Lina Jordan, Dan Morabito, Pat Niboli and Patty Shaw

In addition, special recognition of outstanding service to RTT included: Stacie Hamilton Waldron (Volunteer of

the Year); Ashley Reed and Lilly Towle (Youth/ Young Adult Volunteers of the Year); Melissa and Eric Prime (Administrative Volunteers of the Year); Susan Layton (Lesson Rookie of the Year Award); Jack Di-Paola (Barn Rookie of the Year Award); Trina Bellavance (Volunteer Schooler Award) and Maureen Mathieu (Barn Volunteer of the Year).

RTT also recognized the following for



RTT board member Janis Childs thanks fellow RTT volunteer Pat Niboli.

outstanding contributions:

Under The Covers Band: (Volunteer Group of the Year); Windham Knights of Columbus: (Volunteer Civic Group of the Year); Headlight Audio-Visual: (Corporate Partner of the Year).

Riding To The Top Therapeutic Riding Center (RTT) was founded in 1993. Our mission is enhancing health and wellness through equine assisted activities and therapies. Located just west of Portland in Windham, Maine, RTT is the State's only year round PATH Intl. Premier Accredited Center solely dedicated to Equine Assisted Activities and Therapies. More than 250 clients visit annually, assisted by certified instructors, a herd of 16 horses and over 160 volunteers, all specially trained to assist with therapeutic riding, equine assisted learning, carriage driving and hippotherapy. Riding To The Top is a community-based nonprofit, receives no federal or state funding and provides financial aid to over 60% of its clients. For more information about client services, volunteering, or making a gift, please visit us at www.ridingtothetop.org or call 892-2813.

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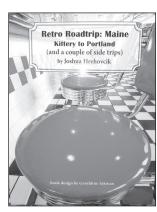


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Page 10 Thursday, July 2, 2020

Retro Roadtrip: Maine, Kittery to Portland



Cover of Josh Hrehovcik's photo book Retro Roadtrip: Maine Kittery to Portland (and a couple of side trips) featuring 134 pages of full color photos of wellknown and out of the way Southern Maine locations.

Josh Hrehovcik is pleased to announce the publication of his new photo book Retro Roadtrip: Maine, Kittery to Portland (and a couple of side trips). The one hundred thirty-four page, eight and a half by eleven-inch, full color book of original views of Southern Maine locations includes humorous and imaginative comments about each photo by Hrehovcik.

Kennebunk resident Hrehovcik traveled throughout York and Cumberland Counties to capture images of outof-the-way locations as

a refreshing and often an amusing point of view.

Hrehovcik "Years ago we got a Polaroid Instant Camera, and in the package came a booklet with tips on taking pictures. It described where to position yourself, picking a subject, composition, perspective and other visual pointers. For some reason I recall that booklet and it helped me create photos I've had fun taking."

The Retro Roadtrip book came as a result of a collaboration with graphic artist and book designer Geraldine Aikman, also of Kennebunk. Aikman said, "I was immediately drawn to Josh's collection of images, which he adds to daily on Instagram. I knew they'd make a great book. His photos feature many southern Maine locales you may recognize, and some you won't, all from his unique perspective accompanied by his keen observations."

The book is available on Amazon and select bookstores and retail locations. It is priced at is \$24.95. Individual prints are also available Hrehovcik's

well as popular sites with site. www.retroroadtripper.com.

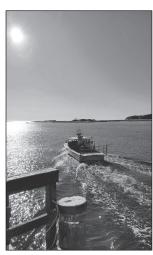
For more information call (207) 289-5100.



Five seagulls balanced on the fence at Wells Beach not intimidated by Josh Hrehovcik with his camera.



U.S. Customs House located on Fore Street, Portland. Constructed to replace the Exchange Building following the July 4, 1866 Portland fire that destroyed 1800 buildings.



Lobster boat heading out of Cape Porpoise to pull traps on a cold December morning.

Food preservation updates

Recent U.S. Department of Agriculture research has shown that white-fleshed peaches and nectarines are lower in acid than traditional vellow-fleshed varieties. This means whitefleshed varieties are considered a low-acid food for canning purposes, and freezing is the only recommended method of preserving. [nchfp.uga.edu/how/ can_02/peach_sliced. html]

USDA and University of Maine Cooperative Extension say canning recipes using peaches are only safe when using the yellow-fleshed variety.

USDA research also found that elderberries (Sambucus spp.) and their juice are low in acid and cannot be safely used in USDA or UMa-Extension-recommended recipes that have been tested with other berries naturally high in acid, such as blueberries or blackberries.

[ncbi.nlm.nih. gov/pmc/articles/ PMC4859753]

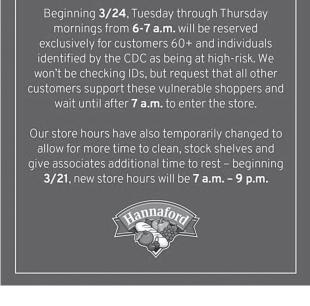
Extension educator Kathy Savoie cautions that up-to-date information about canning methods and canning equipment is essential to ensure safe home food preservation. More information is available on the Extension food preservation website or by calling (207) 581-3188 or (800) 287-0274 (in Maine).

As a trusted resource for over 100 years, the University of Maine Cooperative Extension has supported UMaine's land and sea grant public education role by conducting community driven, research-based programs in every Maine county. UMaine Extension helps support, sustain, and grow the food-based economy.

It is the only entity in the state of Maine that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through

The University of Maine, founded in Orono in 1865, is the state's land grant, sea grant and space grant university. As Maine's flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is the state's only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all 50 states and from more than 70 countries. See Food, page 12







Thursday, July 2, 2020

Summer Meal Emergency Fund Receives \$25,000

Full Plates Full Potential, the Maine-based nonprofit working to end child hunger statewide, announced a \$25,000 donation from Brookfield Renewable. The donation will bolster the Full Plates Summer Meal Emergency Fund supporting summer meal programs statewide.

"Brookfield Energy's donation is timely and critical. Their support will help tens of thousands of kids access nutritious breakfast and lunch meals this summer," said Justin Alfond, co-director of Full Plates Full Potential. "We are in unprecedented times; more kids and families are facing hardships and summer meals are needed more than ever. Their support is so important, and we are grateful."

Last summer, just over 400 summer meals sites operated and supported 727,000 meals to kids statewide representing about 30% of eligible students. This summer we are in the worst public safety and economic crisis in over 100 years. Recent data from the United States Department of Agriculture (USDA) and the Census Bureau analyzed local levels of food insecurity for the overall population and children due to the COVID - 19 pandemic. The results illustrate that Maine children will see the highest increases of food insecurity and it will reach every part of the state.

"The work of Full Plates, Full Potential in providing nutrition access for Maine's children very much aligns with our core value of community stewardship and our priority to support communities where we have renewable energy operations," said Andy Davis, spokesperson for Brookfield Renewable. "We are grateful for the opportunity to give to the

Summer Meal Emergency Fund to help overcome challenges created by the pandemic and to be a part of this impressive effort to reduce food insecurity in Maine."

On July 1, summer meal programs opened and have an opportunity to serve all kids through August 19. Sites are open with important safety measures, new operations and delivery models. Full Plates Full Potential in partnership with the Maine Department of Education and other nonprofits from the leadership committee launched the Summer Meal Emergency Fund. Full Plates received 77 applications requesting \$445,000 of funds.

"Summer meals are essential for all students and summer sites have plans to serve all children. Summer sites are preparing for a huge spike in meals served." said Anna Korsen, Director of Advocacy and Partnerships at Full Plates Full Potential. "Summer meal programs have requested funds to help them create great access to meals in their community. The funding will help sites pay for increased costs of food, safe food packaging, PPE, staff, and transportation of meals to kids. Summer meal access is an extremely challenging time for kids experiencing hunger and Brookfield's support will make a huge difference."

To learn more about the Full Plates Full Potential Summer Meal Emergency Fund or to apply for funding go to fullplates. org/summeremergency/. Summer Grants up to \$8,000 will be given to schools or organizations running summer sites. Grants will help pay for the increased costs of preparing more meals, safe packaging for breakfast

and lunch meals, and transportation costs of distributing meals.

Maine Child Hunger Statistics for 2019/2020 Academic Year: 184,000 total student population; 43% of students qualify for free and reduced school meals; at least 80,000 students qualify for free and reduced school meals.

Full Plates Full Potential is on a mission to end child hunger in Maine by maximizing student participation in federal child nutrition programs. We partner with nonprofit advocates, local businesses and restaurants, advocating for policy changes at the state level, granting funds and providing technical assistance to schools. Started in 2014, the organization hosts year-round events and fundraisers, and promotes the FEED KIDS cause marketing initiative. Learn more at fullplates.

Rock

Continued from page 8

no group in America is better at matching the right tenants with the right opportunities Rock Row than Wilder. Their expertise and talent is unmatched," said Josh Levy, co-founding principal of Waterstone Properties, the developers of Rock Row. "Wilder will help us craft a mix of world-class brandsand uniquely branded experiences—that second to none, fully leveraging the one-of-kind natural features that add value to Rock Row."

Phase One of Rock Row will open this summer with a state-of-theart 80,000 square-foot Market Basket supermarket. Other previously announced tenants coming to Rock Row include Starbucks, The Paper Store, Chick-fil-A, a 122-room boutique Element Hotel, a 12-screen Cinemark Theater and a Brew and Food Hall run by nationally renowned Colicchio Consulting. They will join the already opened LIVE NATION Maine Savings Pavilion at Rock Row.

"Rock Row is a

once-in-a-lifetime project that is generating phenomenal buzz in the industry and, in many ways, reflects the future of mixed-use developments," said Tom Wilder, Wilder principal. "The opportunity to combine specialty entertainment, chef-driven restaurants, a brewery, a food hall, residential, and office in this incredibly unique open-air setting is like nothing I've ever seen. Tenants here will also have the ability to activate their brand utilizing the quarry features, participate in unique events and attractions, leverage integrated social media and site-wide marketing assets, and more. We are excited to be part of the future of Rock Row."

Waterstone Properties purchased the quarry site in 2017; the \$600 million project is the first of its kind in the state.

Waterstone Properties Group, Inc., is a privately owned and self-funded real estate development company with a diverse portfolio of properties in the United States totaling more than seven million square feet of space among 53 properties with an additional three million square feet under development. It specializes in the creation of retail shopping centers, mixed-use properties, residential, warehousing and logistics, corporate headquarters buildings and medical campuses. The company is also at the forefront of pioneering large-scale, immersive, entertainment and experiential-based destination locations that attract guests from across the country. With a portfolio of more than 300 national and local tenants—ranging from international category leaders to local family-owned businesses— Waterstone prides itself on maintaining long standing relationships with its business partners and being an active participant in its surrounding communities.

Visit www.rock-row.com for more information. Also find them on Facebook and Twitter: www.facebook.com/rockrowmaine/; www.twitter.com/rockrow-maine.

Wilder is a Bos-

ton-based real estate development, management and leasing firm specializing in the positioning of retail properties. Privately held and owner-managed, Wilder has a continuing mission to create vibrant shopping places that meet and exceed the expectations of customers, retailers, and investors. From lifestyle centers and urban properties to community centers and mixed-use developments, Wilder has developed, managed, and leased over 20 million square feet of retail properties throughout the United States and Puerto Rico. The company continues to have a diverse portfolio of properties along the East Coast including Greater Boston's Arsenal Yards, Silver Spring Square in Pennsylvania, and Daniels Marketplace in Fort Myers, Florida.

Visit www. wilderco.com for more information. Also find them on Facebook and Twitter: www.facebook. com/thewildercompanies/; https://twitter.com/WilderCo.

Filmmaker

Continued from page 1

curing the protection of millions of acres of wilderness — certainly removed any doubts that he was up to the job", says Ryan.

Ryan filmed the project in the studio at the NCTC and in Tionesta, Pennsylvania, Zahniser's childhood hometown. The 35-minute film shows how the Allegheny region instilled an appreciation for nature in young Howard and how he went on to become an advocate for wild lands including the Adirondacks and Dinosaur National Monument before turning his attention to the passage of a national act. The film ends with a montage of places Zahniser helped keep "untrammeled by

The film is narrated by veteran Maine actor Mitchell Clyde Thomas and is the second film in a series Ryan is creating called "Voices of the Wilderness". For more information about the screening of the film and the interview with the director that will precede it, visit the National Conservation Training Center Facebook page at https://www.Facebook. com/USFWSNCTC.

MaineHealth

Continued from page 3

MaineHealth Affiliates include Maine General Health in Augusta and Waterville, New England Rehabilitation Hospital in Portland and St. Mary's Regional Medical Center in Lewiston. It is also a significant stakeholder in the MaineHealth Accountable Care Organization in Portland.

Recognize this old post-and-beam barn in Gorham?

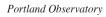
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Testing

Continued from page 4

Healthy Online Communities (BHOC) to provide the free in-home HIV tests to eligible community members through its TakeMeHome project. The goal is to test and reach the 30 percent of all men who have sex with men who haven't been tested in the past year through promotion on dating and social networking apps. Maine plans to expand the eligible population after the pilot has completed.

Additionally, Maine CDC funds sites across Maine to provide free HIV testing for higher risk individuals. Local agencies are available to provide HIV education, access to HIV testing for those in need, and referrals to STD testing and other health services.

"The only way to know if you have HIV is to get tested. Knowing your HIV status gives you powerful information to keep you and others healthy," said Maine CDC Director Nirav D. Shah. "Maine CDC has partnered with local agencies to provide people throughout Maine with innovative HIV

testing options that can be done safely, often at home."

There is currently one FDA-approved home HIV test, Ora-Quick. It is available to those who are seventeen years of age and older and provides results within twenty minutes. These tests can be bought at your local store or pharmacy and online. Contact your local clinic to see if you qualify for a reduced cost or free test kit.

There have been many scientific advances that reduce the transmission of HIV for those who know their status. For those who test neg-Pre-Exposure ative, Prophylaxis (PrEP) is an FDA-approved medication that when taken daily reduces someone's risk of acquiring HIV by sexual contact by about ninety-nine percent. It also reduces the risk of getting HIV by at least percent seventy-four among persons who inject drugs. For those who test positive, early initiation of HIV treatment has enabled individuals to live long and healthy lives. People living with HIV who take their HIV medications consistently and correctly each day

can have an undetectable HIV viral load and achieve what is called "viral suppression." Research studies have proven that it is highly unlikely for virally suppressed individuals to sexually transmit HIV.

Visit gettested.cdc. gov to find a testing location near you. Many testing sites remain open and available at this time.

Maine CDC's HIV prevention program provides funding for under and uninsured individuals at the following locations: Frannie Peabody Center: (207) 774-6877, Maine Family Planning: (207) 922-322, Portland Public Health, India Street Health Center: (207) 874-8446

In addition to the sites listed above, these agencies are among the Maine groups supporting National HIV Testing Day: Health Equity Alliance: (207) 990-3626, Maine Access Points: (207) 370-9445, Wabanaki Health and Wellness: (207) 631-1536.

DOE

Continued from page 5

robust learning opportunities. These modules

could be utilized for enhancing lessons, remediation, enrichment, credit recovery, or for use during remote learning - whenever a student cannot access classroom instruction.

Each module will be designed around the essential question, "How do I Interact with and Impact My World?" The format will organize modules by grade level in grades pre-k through fifth, and by grade span for grades sixth through eighth and ninth through twelfth.

The essential elements of each of the modules include: A format; project-based Best practices in asynchronous lesson design; Embedded formative assessments and opportunities for students to check for understanding; Standards in two or more content areas, three preferred; Opportunities to demonstrate growth in one or more of the Guiding Principles; Content that is inclusive of the experiences and multi-cultural backgrounds of students; Considerations in accommodations for special education and English Learners; and Embedded elements of social/emotional/behavioral learning and trauma-informed practices.

During the first

planning meeting that was held on June 15, 2020 the elements, format, and timeline were reviewed with the dynamic group of teachers, and the brainstorming and collaboration began for creating modules for a quarter of a school year.

The platform will be launched at the beginning of September, and feedback on the modules will inform the continued development process throughout the 2020-2021 school year. The Department is excited by the professional collaboration and creativity that the platform will ignite with Maine educators, and by the development of organic, Maine-based learning resources and opportunities.

Food

Continued from page 10

UMaine currently enrolls 11,561 undergraduate and graduate students who have opportunities to participate in groundbreaking research with world-class scholars. UMaine offers more than one hundred degree-programs through which students can earn master's, doctoral or professional science master's degrees, as well as graduate certificates.

The university promotes environmental stewardship, with substantial efforts campus-wide to conserve energy, recycle, and adhere to green building standards in new construction. For more information about UMaine, visit umaine.

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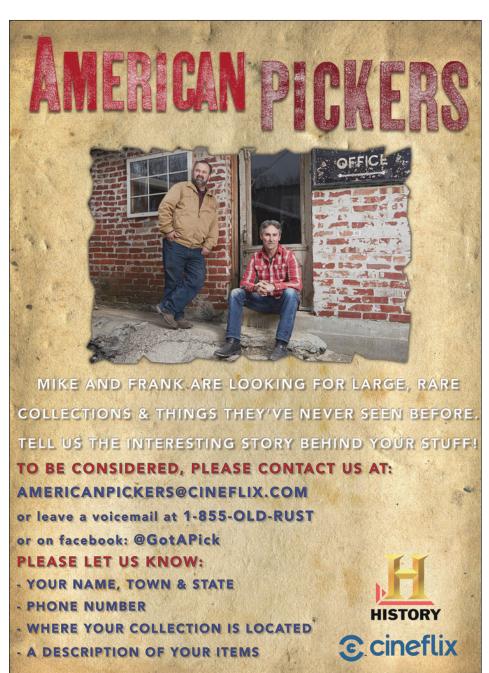


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Tuesday, July 7

Summer concert with Jim Gallant at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal Center). Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

UMain Extension food preservation webinars starting today, 2 to 2:45 p.m. Registration is required. A \$5 donation per session is optional. Register on the program webpage to attend the live session or get the link to the webinar recording. For more information or to request a reasonable accommodation, contact Kate McCarty at (207)781-6099 or at kate.mccarty@maine.

Wednesday, July 8 Basilica summer

Calendar

Send your submissions to the Editor. More online.

concert series, 12:15 Campout. Auburn resip.m., The Vaillancourt Family. For more information about the summer concert series, call (207) 777-1200.

Friday, July 10

"BRUNSŴICK" encompasses an ArtWalk with music, dance, and theater performances in downtown Brunswick, from 4 to 7 p.m. For more information on this season's second Friday Brunswick or to sign up as a business sponsor or venue of the second Friday Brunswick, please visit the BDA website (brunswickdowntown. org) or email mailto:admin@brunswickdowntown.org, or call 729-

Saturday, July 11 Backyard Maine

dents who want to participate should connect with Auburn Recreation. Free campout activity kits are available to the first 20 families to register. Contact Darcey Gardiner at Auburn Recreation dgardiner@auburnmaine.gov or 333-6611 for details.

Johnny Ater & Friends summer concert at the Chocolate Church Arts Center 3 and 6 p.m. Tickets must be purchased ahead of time. Free parking available. For more information visit chocolatechurch. com or call (207) 442-8455.

Tuesday, July 14

Summer concert with the Pond Lilies at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal Center). Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

Basilica concert series, 12:15 p.m., Danielle Faucher. For more information about the summer concert series, call (207) 777-1200.

World

Wednesday, July 15

summer

Tuesday, July 21

Summer concert Famous Grassholes at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal Center). Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

Wednesday, July 22

FLAGSHIP CINEIT WWW.FLAGHIPCINEMAS.COM **AUBURN** 746 Center Street Auburn Movie Hotline — 786-8605

VISIT OUR WEBSITE OR CALL THE HOTLINE AT 786-8605 FOR SHOWTIMES

Basilica summer concert series, 12:15 p.m., Ray Cornils. For more information about the summer concert series, call (207) 777-1200.

Wednesday, July 29

Basilica summer concert series, 12:15 p.m., Harold Stover, For more information about the summer concert series, call (207) 777-1200.

Wednesday, August 5 Basilica summer

concert series, 12:15 p.m., Randall Mullin. For more information about the summer concert series, call (207) 777-1200.

Wednesday, August 12

Basilica summer concert series, 12:15 p.m., Mark Thallander. For more information about the summer concert series, call (207) 777-1200.

Outdoor

Continued from page 2

example, to meet that requirement an individual may have fished for 20 years, trapped for 10 years and hunted for 10 years or could have fished for 30 years and hunted for 10 years. Ideal candidates would also be active in mentoring, teaching, or instructing outdoor activities.

Last year's award winners, Charlie Mann from Winthrop, Maine and George Smith from Mount Vernon, Maine recognized were by Commissioner Judy Camuso at the annual Sportsman's Alliance of Maine annual banquet.

Nominations should include the nominees name, address, phone number, photograph and a few paragraphs about the individual, their experience in the Maine outdoors, and an explanation of why they are a deserving candidate. Please keep in mind that those at the department do not know these candidates so it is important that you tell them about the nominee with a few paragraphs. The nominators contact information should also be included.

Nominations, which are due by 5:00p.m. on August 7, 2020 can be sent by email to Emily MacCabe at Emily. MacCabe@maine.gov or by mail to 284 State St, SHS 41, Augusta, Maine 04333. Nomination forms can be downloaded at mefishwildlife.

The recipient(s) of this 6th annual Lifetime Outdoor Achievement Award will be selected by a committee of individuals from the Department and will be recognized at an event in the

Wardens

Continued from page 2 recognize game wardens

for outstanding achievement over the past year. Below are excerpts from the nomination forms for both Spahr and Lefebvre.

The 2019 Maine Game Warden Supervisor of the Year:

Game Warden Sergeant Tim Spahr (Kennebunk)

Outstanding The Supervisor Award is presented annually to the supervisory officer who has demonstrated superior knowledge and leadership in conservation law enforcement supervision and by doing so has gained the respect of administrators, supervisors, fellow officers, other Department employees, other agencies and the public regarding expertise and performance in the field of supervision.

Game Warden Sergeant Tim Spahr was recently honored at the Maine Criminal Justice Academy by his peers for Maine Game Warden Supervisor of the Year. Spahr started his career in the Maine Warden Service as a deputy warden in the Rangeley area in 1996. After a year as a deputy warden, he was hired as a full-time district warden and attended the Maine Criminal Justice Academy and Advanced Warden Academy in 1997. Sgt. Spahr was promoted to investigator in 2006 and then Sergeant in 2008.

His section, located at the southernmost point in Maine, handled three thousand and one hundred incidents in 2019. This was the state's second largest workload in during that year. Sergeant Spahr has managed fifteen game wardens and several deputy game wardens since becoming sergeant. As sergeant, Tim has worked with the Maine Department of Inland Fisheries and Wildlife biologists and the Maine Audubon biologists and has led the very successful law enforcement component of the piping plover recovery program.

Sgt. Spahr has received several commendations from agencies such as the Maine Drug Enforcement Agency, Portland Police, South Portland Police, the US Fish and Wildlife Service, the York County **Emergency Management** for criminal apprehension and search and rescue efforts. Sgt. Spahr has demonstrated the benefits of serving his community as a member of the Kennebunk Land Trust Board of Trustees and an adjunct instructor at the University of New England. Sgt. Spahr has also set an example in the importance of education and earned a master's degree from Harvard University.

2019 Maine Game Warden of the Year:

Game Warden Joey Lefebvre (Damariscotta)

The Game Warden of the Year Award shall be presented to any member of Warden Service who, consistently in the past has conducted themselves in such a manner as to display an exceptional expertise in the areas of conservation law enforcement, management, community and public relations and all aspects of a game warden's duties and during the past year has performed in a manner that reflects continued performance in this manner.

Game Warden Joey Lefebvre was recently honored by his peers at the Maine Criminal Justice Academy in Vassalboro for the 2019 Maine Game Warden of the Year. After a short time working in a remote portion of northwestern Maine beginning in 1995, Game Warden Joey Lefebvre transferred to the coast where he has been the district game warden in the Damariscotta region since then. It is here that Warden Lefebvre continued his relentless pursuit of intentional fish and game violators in the mid-coast region. Warden Lefebvre never leaves stones unturned while investigating fish and game violations or incidents.

Warden Lefebvre excels at investigating illegal deer hunting investigations to include those who exceed the bag limit, hunt in closed season and those who continue to hunt while under revocation. Because of his unique skill set, Warden Lefebvre has been able to uncover some of the most high-profile fish and game violations that have occurred in the state of Maine throughout his career. Warden Lefebvre has been an instrumental part of training and mentoring many of the new game wardens. In Warden Lefebvre's career, he has mentored several deputy game wardens, was cadre for the 96th Municipal-County Basic Police School at the MCJA and was cadre for the Advanced Warden School.

Warden Lefebvre's job and life experience, dedication, knowledge, and most importantly his positive attitude is invaluable to a new game warden starting out in their chosen profession. He has had a direct impact on the future of Maine Warden Service. Warden Lefebvre's exemplary service and work performance have been well documented throughout his career. He has received several letters of recognition from both the public as well as the Maine Warden

Service and does an excellent job collaborating with other law enforcement agencies, utilizing his strong skill set to bring positive resolution to many issues.

Because of his knowledge of his patrol area and the districts that surround it, Warden Lefebvre is called to numerous search and rescue incidents every year in his area and has been able to bring many people home to their loved ones over the years. Warden Lefebvre balances an extremely busy professional and personal life and sets a good example for other wardens that are in similar positions with their personal and professional lives. Game Warden Joey Lefebvre retains his oath that he took as a newly hired game warden and continues to go to work every day to make a difference in the outdoor community in which he lives and works.

Ballot

Continued from page 11

tendants. The box is accessible in the lobby Monday through Friday, 8:30a.m. through 4p.m. The returned ballots in the box will be removed several times a day. Voters do not have to add postage to their envelopes if they are hand delivering them to City Hall. Voters with questions are welcome to call the City Clerk's Office at 513-3124.

Page 14 Thursday, July 2, 2020

Restaurant Directory

Restaurant Name	Phone	City	Open?	Take-out?	Curbside?	Delivery?	Hours	Website
Junction Bowl	(207) 222-7600	Gorham	Yes	Yes	Yes	Yes		jctbowl.com
Dunkin' Gorham	(207) 839-7044	Gorham	Yes	Yes	No	No	Daily 430am-8pm	dunkindonuts.com
Lucky Thai	(207) 839-6999	Gorham	Yes	Yes	No	No	Daily 11am-8pm	<u>Lucky-Thai.com</u>
MK Kitchen	(207) 222-2588	Gorham	Yes	Yes	Yes	No	Tues-Sat. Preorder EARLY. Pick up 3:30pm -7pm	Mkkitchen.net
Ocean Gardens	(207) 839-7651	Gorham	Yes	Yes	Yes	No	Fri-Sat 3 to 7	Oceangardensrestaurant.com
Jan Me II	(207) 839-4377	Gorham	No	No	No	No	None	janmee2.com
Aroma Joes - Gorham	(207) 222-2921	Gorham	Yes	Yes	No	No	Daily 4:30am-10pm	aromajoes.com
Angelo's Pizza, Gorham	(207) 222-2232	Gorham	Yes	Yes	No	No	Wed - Sat 12pm to 7pm, Sun - 12pm to 6pm	www.angelospizzagorham.com
Chia Sen chinese restuarant	(207) 883-7665	Scarborough	Yes	Yes	No	No	Daily 11am-9pm	www.chiasenme.com
O'Reilly's Cure Restaurant & Bar	(207) 517-2222	Scarborough	Yes	Yes	Yes	No	Daily 12pm-7pm	oreillyscure.com
Subway - Scarborough	(207) 885-5818	Scarborough	Yes	Yes	Yes	Yes	Daily 9AM-9PM	subway.com
Subway Scarborough – Rte 22	(207) 839-7900	Scarborough	Yes	Yes	No	Yes	Daily 11am to 7pm	<u>subway.com</u>
El Rayo Scarborough	(207) 883-8226	Scarborough	Yes	Yes	Yes	Yes	Mon-Sat 11am-8pm	www.elrayotaqueria.com
Chia sen Chinese restaurant	(207) 883-7665	Scarborough	Yes	Yes	Yes	No	Dailiy 11:00 am -9:00 pm	Www.chiasenme.com
Nonesuch River Brewing	(207) 219-8948	Scarborough	Yes	Yes	Yes	Yes	Wed-Fri 3pm-8pm, Sat 12pm-8pm, Sun 12pm-7pm	nonesuchriverbrewing.com
Bin Fin Poke	(207) 536-0416	South Portland	Yes	Yes	Yes	No	Mon-Sat 11am-8pm	bigfinpoke.com
Buffalo Wild Wings	(207) 541-9464	South Portland	Yes	Yes	Yes	No	Daily 11am-10pm	<u>buffalowildwings.com</u>
Chili's	(207) 773-1595	South Portland	Yes	Yes	Yes	Yes	Dailiy 11AM-9pm	chilis.com
Chipotle Mexican Grill	(207) 775-7730	South Portland	Yes	Yes	No	Yes	Daily 10:45AM-10PM	<u>chipotle.com</u>
Cracker Barrel	(207) 773-7530	South Portland	Yes	Yes	Yes	Yes	Daily 8am-8pm	<u>crackerbarreltogo.com</u>
Friendlys	(207) 774-7442	South Portland	Yes	Yes	No	Yes	Daily 11am-10pm	<u>friendlys.com</u>
Longhorn Steakhouse	(207) 780-0800	South Portland	Yes	Yes	Yes	No	Sun-Thu 11am-9pm, Fri-Sat 11am-10pm	longhornsteakhouse.com
Cracker Barrel	(207) 210-7291	South Portland	Yes	Yes	Yes	Yes	Daily 8am to 8pm	<u>Crackerbarreltogo.com</u>
Mcdonalds South Portland	(207) 761-2819	South Portland	Yes	Yes	Yes	Yes	Daily 6am-10pm	mcdonalds.com
Moes Original BBQ	(207) 956-7623	South Portland	Yes	Yes	Yes	Yes	Dailiy 11am-7pm	moesoriginalbbq.com
IHOP - South Portland	(207) 774-7475	South Portland	Yes	Yes	No	Yes	Daily 7am-2pm	ihop.com
El rodeo Mexican restaurant	(614) 254-4976	South Portland	Yes	Yes	Yes	Yes	Sun-Thu 11am-8pm Fri-Sat 11am-9pm	Elrodeome.com
Subway Standish	(207) 550-0012	Standish	Yes	Yes	No	Yes	Daily 11am to 7pm	subway.com
Big Fin Poké	(207) 591-0171	Westbrook	Yes	Yes	No	Yes	Mon-Sat 11am-8pm	bigfinpoke@gmail.com
Subway Westbrook - Main St.	(207 854-3287	Westbrook	Yes	Yes	No	Yes	Daily 11am to 7pm	subway.com



PASTAS AND GRAINS

Organic	Ouinoa	Bowl

Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / Vegan + g.f

.....\$12.00\$20.00

Rigatoni Bolognese

Sausage, Smoked Bacon Breadcrumbs, Parmesan

Gnocchi Mac + Cheese

Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked **Bacon Breadcrumbs**

.....\$12.00\$22.00

Gnocchi Primavera

Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / Vgt.

.....\$12.00\$22.00

Handmade Ravioli

Slow Braised Tomato - Beef & Pork Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta /Vgt.

.....\$13.00\$12.00\$22.00

Butternut Squash Risotto

Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / Vgt. + g.f

.....\$14.00\$26.00

MK Kitchen.net

APPETIZERS, SOUP AND SALADS

Blue Cheese Stuffed \$12.00 Cheese Board Baked Dates

Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / g.f

Caramelized Onion \$13.00 Tart

House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / Vgt.

\$9.00 MK Wedge

Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing

Braised Beet Salad \$11.00

Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / g.f

Silvery Moon "Manchego", Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini

\$16.00

\$8.00

Chef's Soup

Daily Creation / vegan

\$8.00 **Gathered Greens**

Grapes, Aged Balsamic & Olive Oil Vinaigrette, Pineland Farm Feta, Toasted Almonds / g.f

\$9.00 **Grilled Romaine** Caesar

Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing

Would you like your restaurant in Gorham Weekly's Restaurant **Directory?** email us:

> Laurie@ Gorham Weekly.com

Thursday, July 2, 2020

Classified Ads

AUTOMOBILE STORAGE

Seeking Classic Car Storage

Got unused garage bay? I'm looking for year-round storage for a classic car. My preference is a location near the center of Gorham. Please text or leave a message: 207 415-2463.

BOOKS

"To College or Not to College" is the question and this book has the answers. Check it out: www.authorcaseybill. com.

Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www. authorcaseybell.com.

BUSINESSES FOR SALE

Working small engine/ outdoor Power equipment business.

Parts inventory B&S, Kohler, Tecumseh, MTD, Ariens, Toro and more. Special tools and equipment. Good opportunity to expand or add to your business. Call Glen 207-655-4635 daytime for more information.

ESTATE SALE

Estate - Garage

Safe environment - one seller with mask and gloves. By appointment only. One to two people. We maintain ten feet apart. Two bedroom sets, double and queen - wicker 5 pieces - Bench with microfiber cushion. Two living room chairs. All plus more. All priced

low for quick sale. (207) 883-0808

FOR SALE

Antique cedar wardrobe armoire with key \$400. Toyotomi portable kerosene heater with manual \$50. 12x10 dome tent sleeps 6 in two rooms with carry case \$40. Portable car port \$50. Cardio fit low impact exerciser \$50. Call 207-782-4228.

Big Blowout sale at House of Lady Debra's Our: Old Goat + His Lady. Gourmet 21 soups, 20 dips, 4 cheesecales sale. Buy 3 dips, get 2 free. Buy 2 soups, get 1 free. Going fast, call now. Lady Debra -207-891-1968.

HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates.

Excellent service. Call cell phone 754-9805 or 782-1271.

HEALTH & FITNESS

DO YOU HAVE CHRONIC KNEE OR BACK PAIN?

If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

HELP WANTED

Technical Field Manager

Modula, Inc.; Lewiston, ME 04240. Prvd tech'l training, instal. & supprt. service to innovative automated storage

technologies & vertical carousels to all Modula customers & dealers located in the U.S. Reg's: HS Dipl. +60 mos employ. exp. as Field Technician. Emploly, exp. must incl writing of electrical diagrams & installation of electro-mechanical components. Dom. trvl 4X/wk throughout all 50 U.S. states. Position req's performing physical activities. Email CV: recruiting.us@modula.

HOME SERVICES

De-Clutter Your Home

Get Ready for Spring! Together we can organize and de-clutter your rooms.

Your home will feel better and so will you.

Contact me to start a conversation, and schedule a free first visit.

K Mae Schares 207-749-9745 kmschares@gmail.com

HOUSING

Seeking two bedroom apartment or house to rent. One story with garage near the Windham or Raymond area. Prefer hardwood floors. Jimmy and Cheryl Burnham. 207-572-2714 or 207-633 3380.

PAINTING

Stepladder Enterprise
Painting Co.
Interior & Exterior.

Drywall repair, paint and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

SENIORS

In Home Care

Visiting Angels – non-medical assistance living. Serving Lewiston/ Auburn and surrounding areas. Providing light housekeeping, meal prep, personal care, errands/ outings. Call for FREE inhome consultation. (207) 740-9100.

LEWISTON SENIOR CITIZENS TRAVEL WASHINGTON, D.C. -TRIPS POSTPONED TIL

FURTHER NOTICE:
MACKINAC ISLAND JUNE 13 - 21, 2020.
Trip includes 8 nights
lodging and 14 meals,
visit to Mackinac
Island with a guided
Carriage Tour during
their Tulip Celebration.
Also includes boat ride
through Soo Locks,
Sault Saint Marie and
Makinaw Crossings with

a visit to "Michigan's Little Bavaria". A \$75.00 deposit is due when signing up. Price is \$859.00 pp double occupancy.

VIRGINIA BEACH, COLONIAL WILLIAMS-BURG & HISTORIC NORFOLK -

SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy.

For questions and detailed information on these trips, please call:Claire - 207-784-0302 or Cindy- 207-345-9569.

Classified Ads To 40 Words!

NUMBER OF WEEKS TO RUN:

P 1 O WEEK

EACH ADDITIONAL WORD 25¢

Send payment with completed form to our bookkeeping office: 9 N. River Road #232

Auburn MF 04210 or email it to us!

Auburn, ME 04210 or email it to us!
Card # Master Card On back
Exp. date/ Signature
Name & Address
Phone:
CATEGORY:
HEADLINE:
AD INFO:



Page 16 Thursday, July 2, 2020

REALTORS® Program Provides Grants for Housing

The Maine Association of REALTORS® Foundation, the charitable arm of the Maine Association of REAL-TORS®, has awarded \$50,000 through its 2020 Competitive Grant Program to five organizations to address housneeds across Maine. This grant program offers an opportunity for organizations delivering housing-related programs to Maine's most vulnerable households to apply directly for the funding they need to meet the housing challenges of Maine households.

The following organizations each received a \$10,000 grant:

Community Housing Improvement Project (CHIP) will use their funds to assist struggling Lincoln County homeowners with home repairs, such as building access ramps, replacing roofs, steps, and mobile home skirting, and weatherization projects.

Seacoast Maine Mission will use their funds to rehabilitate substandard homes of low-income seniors, single mothers, veterans, and people with disabilities in Washington County.

New Beginnings will use their funds to assist youth in Androscoggin and Kennebec counties who are transitioning from living in a shelter to stable, independent housing.

Rural Community Action Ministry (RCAM) will use their funds to deliver home accessibility repair, modification, emergency housing and homeless prevention programs in Central and Western Maine counties.

Waldo Community Action Partners will use their funds to set up a rental security deposit loan program for low-income families seeking rental housing and to purchase and install smoke detectors for households in Waldo County.

According to Dot Ollier, 2020 Chair of the Maine Association of REALTORS® Foundation and Broker at RE/ MAX Riverside in Topsham, Maine, "Members of the Maine Association of REALTORS® are

well known for assisting buyers and sellers of property throughout the state with knowledge, skill, and integrity. But there is so much more to their efforts on behalf of Mainers! Through their own fund-raising efforts and the MAR Foundation, Maine RE-ALTORS®are proud to provide resources to families in need of help with rent, home repair, and other housing needs. It's how Maine REALTORS

The REALTORS® Affordable Housing Fund (RAHF) was established in 1989 and has touched families in hundreds of Maine communities. It draws its revenues from the interest earnings paid by financial institutions on hundreds of REAL-TOR® members' real estate trust accounts.

Since 1991, the Foundation has awarded more than \$1.2 million in Competitive Program grants to address affordable housing needs.

For more information about this program, please contact debbie@ mainerealtors.com.

Summer Artichoke Flatbread

Prepared by Chef **Dorene Mills**

Yields: 2 flatbread,

Pantry Items: Olive

Ingredients:

Stonefire Flatbread, large rectangle 2 ea.

Olive oil 4 Tbs. Fresh Shallots small, thinly sliced

Veroni Salame Calabrese slices, cut in half Fresh Mozzarella, sliced 1 lb.

Quartered Marinated Artichokes 1 small jar

Roasted Red Pepper strips 2/3 cup

Jarred marinated Sundried Tomatoes 2/3

Feta, crumbled 2/3 cup crumbled

Fresh Basil, chiffonade (thinly sliced) 12

Method of Prepara-

Place the Flatbreads on a baking sheet tray. Spread Olive oil over the top in a thin layer

Sprinkle sliced shal-



lots over the top of each flatbread, followed by laying sliced calabrese down evenly.

Cut slices of fresh mozzarella into quarters. Layer on quartered fresh mozzarella slices between both Flatbreads, followed by artichoke

Sprinkle on roasted red peppers followed by

sundried tomatoes. Use 2 Tbs of the oil from Sundried tomatoes to drizzle over the top of the flat-

Crumble feta cheese and sprinkle over the top as the last ingredient.

Bake at 425 for 10 minutes until toasted. Sprinkle basil over the top of the flatbreads and serve. Enjoy!

Library

Continued from page 6

(bananas, p.b., and graham crackers)! They just might become a staple in your family's freezer!

Thursday, July 9: Librarian Grab Bag - Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Friday, July 10:

Baby yoga, 9:30 to 10 a.m., 6 weeks old to new walkers: Baxter Memorial Library Youth Services Librarian (and certified children's yoga teacher) Heidi Whelan will lead this supportive community yoga class for babies and their caregivers. This class will focus on nurturing the baby/caregiver bond through gentle massage, stretching, and sing-Restorative poses will be included for the caregiver. (A registration form for the Zoom link to this session will

be posted online at least a week before the event.)

Scavenger Hunt, 10:30 a.m., all ages: It is the perfect time of year to take a walk on one of Gorham's many beautiful trails! Mr. Jeff has created a fun-filled scavenger hunt for you to take along on your walk. Can you find everything on the list? Print it off at home or have it downloaded onto an adult's device.

Monday, July 13

Earth Toddlers, 10 a.m.: Five-week weekly program is geared towards children ages 18 months to 36 months. Join Ms. Dani on Facebook, Mondays at 10 a.m. for activities, stories and crafts. Through exploration and fun, we will learn how to respect and appreciate our earth. Monday July 13, A for Animals; Monday July 20, R for Recycle; Monday July 27, T for Trees; Monday August 3, H for Habitat.

Tuesday, July 14 Librarian Grab Bag - Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You

never know which Youth

Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all! Wednesday, July 15

Virtual Pet Show (all ages) 10:30 to 11:10 a.m.: Show off your special pet at our Virtual Pet Show on Zoom. Does your cat have the best purr? Is your snake the best dancer? Your hamster does what?! Ms. Heidi will officiate with Mr. Jeff and Ms. Becky acting as judges. *Registration will be required. A link will be posted on the website at least a week before the event.

Thursday, July 16 Librarian Grab Bag Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Gorham Town Council update

State Primary, Referendum and School Budget Election - Tuesday, July 14, 2020:

As a reminder, the State Primary, Referendum and School Budget Election will take place on Tuesday, July 14.

To help prevent the spread of COVID-19, Secretary of State Matthew Dunlap encourages absentee voting. To-date, the Gorham Town Clerk's Office has received over 2,000 absentee ballot requests.

You may request an absentee ballot by calling the Town Clerk's Office at 222-1670, or by visiting https://www.maine.gov/ cgi-bin/online/Absentee-Ballot/index.pl. Residents may also make an appointment online at https://gorham.youcanbook.me/ to request an absentee ballot.

To be counted, the Clerk must receive a voted absentee ballot delivered to the Town Clerk's Office by 8 p.m. on Election Day – July 16, 2020. Any absentee ballots received after this time will not be counted.

Please note the following important changes to polling places:

If you normally vote at the Gorham Municipal Center (Shaw Gym) - Ward 2, you will now vote at the Gorham High School.

If you normally vote at Little Falls Activity Center - Ward 1-2, you will now vote at Great Falls Elementary School.

Upcoming Meetings/

July 3, Independence Day Holiday Observed Municipal Center, Administrative Offices and Library closed.

ning Board Meeting, Zoom Webinar.

July 7, 6:30 p.m., Regular Town Council Meeting, Zoom Webinar.

July 8, 7 p.m.,

School Committee Meeting, Zoom Webinar.

July 14, 7 p.m., Gorham Conservation Commission Meeting, Zoom Webinar.

July 15, 8 a.m., Gorham Economic Development Corporations Meeting, Zoom Webinar.

July 16, 6:30 p.m., Zoning Board of Appeals, Zoom Webinar.

July 21, 8 a.m., Ordinance Committee Meeting, Zoom Webinar. August 3, 7 p.m.,

Planning Board Meeting, Zoom Webinar. August 4, 6:30 p.m.,

Regular Town Council Meeting, Zoom Webinar.

August 18, 8 a.m., Ordinance Committee Meeting, Zoom Webinar.

August 19, 8 a.m. July 6, 7 p.m., Plan- Gorham Economic Development Corporation Meeting, Zoom Webinar.

> August 20, 6:30 p.m., Zoning Board of Appeals Meeting, Zoom Webinar.

See all of this week's stories and ads online. Free! www.Gorhamweekly.com