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POSTAL PATRON

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Angle Takes IFDC Post

MUSCLE SHOALS— Dr. J. Scott Angle officially joined the International Fertilizer Development Center last week as the organization's new president and CEO. Angle is an internationally known soil scientist and former Fulbright scholar. He previously served as dean of the College of Agricultural and Environmental Sciences at the University of Georgia.



Angle

"I am honored and excited to lead IFDC," Angle said. "The organization has a rich and dynamic four-decade history fostering smallholder farmers and developing vibrant agricultural markets around the globe. I look forward to building on this legacy together with our staff and partners."

Angle has extensive experience in agricultural science research and administration. He was the interim executive associate dean and director of the Maryland Agricultural Experiment Station, the Maryland Cooperative Extension Service and the University of Maryland College of Agriculture and Natural Resources.

As a researcher, Angle has authored or co-authored more than 300 scientific papers, reports, book chapters and abstracts. He is a leading authority on phytoremediation and the risks and benefits of recycled waste products to improve soil quality and boost crop growth.

Angle succeeds Dr. Amit Roy who served as IFDC president and CEO since 1992.

Civitan Names New Leaders

FLORENCE—Florence Civitan Club recently installed new officers and board of directors at its September meeting. The new officers are Julie Hamm- President; Betty Hamblen-President Elect; Lelia Wissert-Secretary; Danny Hendrix-Treasurer. The new board of directors include Bob Carter, Chris Dixon, Don Fuller, Ron Helgemo, John Ingwersen, Pat McKinney and Don Miller. The installation ceremony was performed by District Governor, Julia Floyd and incoming District Governor, Walt Floyd.

Some of the agencies that received funding from the Florence Civitan's fundraising efforts this year were U.C.P. Center in Tuscumbia, SafePlace, Big Brothers & Big

See SHORTS... on Page 6



Verification of weekly circulation upon request



Hall is on CPA Cabinet

SHEFFIELD—Bank Independent Assistant Comptroller, Lori Hall, was recently selected as a member of the Alabama Society of Certified Public Accountants Young CPA Cabinet.

The Young CPA Cabinet connects and advances young leaders through their professional workplaces and communities, championing the next generation of influential certified public accountants. Only five new members are selected for cabinet membership each year. Hall will serve a two-year term beginning this fall.

Hall

"I have been proud to watch Lori grow as a leader at Bank Independent and I am not surprised the Alabama Society of CPAs honored Lori by selecting her to their Young CPA Cabinet," says Rick Wardlaw, Bank Independent CFO.

A native of Tuscumbia and resident of Muscle Shoals, Hall earned her bachelor's degree in Accounting from UNA in 2005, and her Master's in Business Administration at UNA in 2008. Hall earned the certification of Certified Public Accountant in 2010. She has worked at Bank Independent since 2003, and also serves as Manager of the Accounting Department.

Conyers at Pathfinders



Conyers

MUSCLE SHOALS -- Northwest-Shoals Community College's (NW-SCC) Foundation will feature keynote speaker and University of Alabama football practice official, Ed Conyers, at their 23rd Annual Pathfinder's Dinner Monday, October 19 at the Shoals Marriott Conference Center

See CONYERS... on Page 6

Courier Journal

Courier Journal Perma-Note
CLOSEOUT ON ALL 2015 BUICKS & GMC'S
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Duke Greg and Charlie the Pirate Dog in 2013 by Mordrain alarenfaire.org

A Faire Month

Schedule Full of Renaissance Events

FLORENCE—The Alabama Renaissance Faire takes place the fourth weekend in October. Numerous events lead up to that final weekend. The remaining events are listed here.

SATURDAY, OCTOBER 10, 9am-2pm - Costume-Making workshop in the rear yard at Kennedy-Douglass Center for the Arts, 217 East Tuscaloosa Street, Florence: Bring three yards of fabric at least 54" wide and take away a simple Renaissance costume... FREE

SUNDAY, OCTOBER 11, 2pm - Presentation at the Florence-Lauderdale Public Library: "Page to Stage: Theatrical Companies in Renaissance England" by Dr. Brenna Wardell, Assistant Professor of English, University of North Alabama; FREE ADMISSION

MONDAY, OCTOBER 12, 4pm - Deadline for submission of names of school winners in the chess tournament (grades K-12), send names and grade

See FAIRE... on Page 7

FALL FRENZY IN ROGERSVILLE
 ROGERSVILLE – The Town of Rogersville welcomes the arrival of fall and all its glory with a one-day event of activities for the entire family. Set for October 10 from 9am-2pm, the Fall Frenzy Festival offers a chili cook-off, costume parades, crafts, cars, and more in the heart of downtown Rogersville. The festival kicks off with a 10K, 5K, and 1-mile fun run. Onsite registration

See FRENZY... on Page 5

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- Game Day Score Card

- Ask the Attorney
- Pet Connection
- Hocus Focus
- Jerry Knight
- HASRA Event

- Outdoor Alabama
- Pet Talk
- Web Poll
- Mystery Photo

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Energy costs keep going higher. (And what's going to happen this coming winter)? So high-efficiency heating and cooling systems are probably going up too.

The longer you use your older energy robbing system, you may be *losing more money* on utilities and repairs than a new one would cost! Especially when you can...

Put up to \$1,700 in your pocket now, and kiss repair bills goodbye for 10 years.

Yet if I know this business (after 30 years), this offer *will not be available* when the rest of the market “wises up” and wants in. But if you act now, get the comfort now, and lock in savings now...you don't have to pay anything out of pocket.

Check this out - Here's how you can win 5 different ways...

1. Call 256-381-7195 for your Free Energy Survey. You've spent nothing.
2. **Our Comfort Advisor** will tell you how much a new system can save you. *As much as 20%! Still, nothing spent.*
3. You'll get options to select a top-level Lennox heating & cooling system for comfort and reliability. Plus a 10 year repair warranty to back it up! Approved buyers can...
4. **Get up to \$1,700 cash** to use any way you want. (Straight from Lennox, no hidden surprises). And...
5. **Enjoy no money down financing with payments as low as \$69 per month.**

How can you lose on that? There is one small “catch”: 1) We ask to use your energy reduction figures for ads (Name optional).

That's it. Call Fuller Heating and Air at 256-381-7195 for your free survey soon.

(Calls are being taken 24 hrs. 7 days for this offer and may be busy. Please be patient!)

www.fullerhvac.com





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Sunday 8am-5:30pm

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Ad valid October 7-13, 2015

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DOZENS OF IN-STORE SPECIALS
WE NOW HAVE PICK 5

JUMBO
Chicken Legs
69¢ LB.

Chicken Thighs
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1.39 LB.

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8.99 LB.

Pork Steaks
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Hot Dogs
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12 PK. 12 OZ. CANS
Coca Cola Products
3/\$10

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Lay's Chips
2/\$5 10-10.5 OZ.

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89¢ 10 OZ.

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Brownies
5/\$5 18.3 OZ.

BUSH'S - ASSORTED
Canned Beans
5/\$4 15-16 OZ.

PILLSBURY
Cake Mix
4/\$5 15.25 OZ.

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Popcorn
5/\$5 3 CT.

PAM
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2/\$5 5-6 OZ.

CHICKEN OF THE SEA
Chunk Tuna
89¢ 5 OZ.

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Sour Cream
69¢ 8 OZ.

PILLSBURY
Toaster Strudel or Scrambles
2/\$4 7.2-11.5 OZ.

KRAFT - AMERICAN
Cheese Singles
2/\$5 12 OZ.

OCEAN SPRAY
Cranberry Juice
2/\$5 64 OZ.

RONCO
Pasta
2/\$1 7-8 OZ.

FRESH PRODUCE SPECIALS

BAKING
Potatoes
59¢ LB.

MISSISSIPPI
Sweet Potatoes
59¢ LB.

BARTLETT
Pears
99¢ LB.

HOT HOUSE
Slicing Tomatoes
99¢ LB.

2009 TOYOTA COROLLA excellent condition, 4 door, Sedan, FWD, Gas, Red with Black interior, \$3,000. 512-256-7402 10-14

FURNITURE RESTORATIONS, Stripping/Repairs/Distressing, Painting. Free Estimates. Pickup delivery. 28 Years Service. The Wright Place. 256-247-5789 10-14

STOLEN TRAILER, 5' X 14' tubular with metal mesh floor and tailgate, Reward of \$250 for it's return, no questions will be asked. Wilson Lake Shore's Area. 256-320-9692 10-07

PAST CREDIT PREVENTING YOU from getting a car? I can help. Financing available. Call Nate 256-394-0409 or 256-764-3351 10-07

2002 CHEVROLET IMPALA, clear title, 91k mi, Automatic, ext. color Gray. \$1,500. 206-596-8102. condition. Non smoker. 10-14

GARCIA ROOFING & Remodeling One year warranty; licensed & insured. Free estimate & clean up. 256-702-5248 11-04

HOLLINGSWORTH CLEANING- clean homes, empty or living in. New construction cleaning. Dontae Hollingsworth 256-443-5995 10-14

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Troybuilt, Kubota, Craftsman, all-brands, Zero-turns, running/not. 256-275-2276 10-07

VACUUM CLEANER - GOOD condition, \$25. 256-230-6646 10-07

2014 CHEVROLET CAMARO LT Cloth, Auto, Sunroof, 33k, \$22,378. Financing available. Michael 256-275-2096 or 256-764-3351 10-07

CLEAN TOPSOIL DUMP TRUCK loads Big/Small Delivered and spread. 256-740-7406 www.ShoalsDirt.com 10-28

KOGER LAWN SERVICE AND Pressure Washing, houses, piers, boathouses, decks, driveways and walkways. Repair/build decks. 256-366-3133 10-28

1931 MODEL A FORD TUDOR Sedan, Good shape, \$10,500. 256-263-0234. 10-14

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\$35 Ticket

Advance Registration required



Awards
Raffles
Dancing
Photos
Food

Contact: Angela Jackson (256) 366-5810

GOLF TOURNAMENT
CYPRESS LAKES

OCTOBER 31, 2015

Registration begins @ 7am • Shotgun Start @ 8am

\$150/Team • 2 MAN SCRAMBLE

Hole Sponsors Available at sponsored hole: \$100

Lunch provided • Silent Auction • BBQ Plates/\$8, Lb./\$12

All proceeds go to building a foster home in Guatemala!

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BUYING DIAMONDS! HIGHEST prices paid. North Florence Coins & Jewelry, 7 Points Shopping Center 256-764-0008 11-11

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2012 FORD TRANSIT CONNECT cargo van, 106k, \$10,988. Financing available. Call JD 256-577-1056 or 256-764-3351 10-07

2011 KIA SORRENTO LX, Leather, 136K miles, \$10,488. Financing available. Call Hoke 256-740-1297 or 256-764-3351. 10-07

2009 CHRYSLER PT CRUISER, Black/gray interior, 73K miles, \$6,450, 256-247-6004. www.capautosales.com 10-07

BERMUDA HAY CLEAN, PURE, well fertilized. \$4.50/bale in field, \$5.50/bale in barn. Mixed Grass \$4 in barn 256-810-1568 10-14

DOZER, TRACKHOE, LOADER and Stump removal. Haul chert, gravel, topsoil or fill dirt. 256-366-0966 10-14

BUMPS IN THE ROAD ON YOUR credit, I can help get you a car. Financing available. Call Brandon 256-710-4598 or 256-764-3351 10-07

2006 FORD EXPLORER XLT CLOTH, 3rd seat, power windows, locks, 98k, \$9,988. Financing available. Call Tony 931-213-1386 or 256-764-3351 10-07

ALARMS, CAMERAS, NO monthly fee, automatic gates, telephone entries, access control systems 256-762-4357 11-11



Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

FLORENCE YARD SALE, FRIDAY and Saturday, 7am until??, 110 Kathy St., (Forest Hills Sub), One block from Forest Hills Church and School. Household, glass, antiques, bottles, collectibles, tools and much more! 10-07

SHEFFIELD YARD SALE FRIDAY and Saturday 7am-??; 1500 Frey Ave. 10-07

LEXINGTON - OCT. 9-10TH, 7AM, Girls' dresses, clothes, shoes, toys, miscellaneous; Hwy. 64E Next to Ken's Parts Supply 10-07

INSIDE YARD SALE, FRIDAY and Saturday, 7am until? Littleville Senior Center, 1400 Jackson Hwy., Behind Fire Dept. 10-07

ROGERSVILLE GARAGE SALE, 551 County Rd. 86. Friday and Saturday, 7am - ?, 3 Couches, loveseat, 2 recliners, 2 chairs with ottomans, armoire, china cabinet, refrigerator, dishes, teen clothes, and much more! 10-07

FLORENCE YARD SALE SATURDAY 7-noon, 762 Co. Rd. 322. Take Co. Rd. 47 north through St. Florian, to Kilburn Beach. Hand tools, lawn mower, chainsaw, hardware, household. 10-07

PLAY THE GAME DAY Score Card Contest every week during the football season. Win a \$50 Gift Card from Legends Steakhouse for the best card and \$50 cash plus a 2nd \$50 gift card for a "perfect" winning card. Only in the Courier Journal and at CourierJournal.net.

MUSCLE SHOALS INSIDE YARD Sale. Saturday, Oct. 10th 7am-2pm; Christ the King Lutheran Church, 4801 Highway 43 S (across from Jim Bishop Chevrolet); children's clothing and adult clothing, electronics, household items, and much more! 10-07

FLORENCE YARD SALE, Saturday at 439 County Road 24 (Stoney Point Rd), Household items, Clothes, Pet carrier and supplies, Bicycles, Tools... 10-07

CENTER STAR 4-FAMILY YARD Sale. Oct. 9th and 10th 8am-??; 166 Mount Clair, Big Oak; housewares, clothing, lots of miscellaneous

MAILING TO OVER 69,000 homes every week! No one in Alabama does it better. TFN

FLORENCE YARD SALE SAT. OCT. 10, 7am. 7409 Benji Rd., Evergreen Estates. 10-07

I BUY JUNK, UNWANTED, and Repairable Trucks, Cars, Vans with title, catalytic converter, pay top dollar. 256-702-2067 10-28

GOOD FAMILY CAR 2006 BUICK Lucerne, good condition, good family car, 95K miles, Stone color, \$3,500. 256-466-3508 10-14

UTILITY TRAILER 5X8, METAL bed with aluminum ramps. \$400. 256-612-1146 10-07

SEWING MACHINE REPAIR, MOST makes & models. Free estimates. Ken's Sewing Center, 256-381-0161 10-28

CHIWEENIE PUPPY 9-MONTHS-old, 4lbs., fixed, all shots, healthy, loves kids, \$275. Call 256-763-2723 10-07

STERLING SILVER RING AND necklace, size 9, Mystic, \$50 for both. Halloween customs, 4 total, \$5 each, like new. Moulton Area. 256-274-7060 10-07

SEAMLESS GUTTERS INSTALLED on most houses for \$600-\$800 or less. 256-263-8696 10-07

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Chisholm Road Self-Service Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at 3:00 PM on Friday, October 23, 2015, at Chisholm Road Self Service Storage, 4450 Chisholm Road, Florence, AL 35633.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name	Address	Unit #	Stored Items
KENYATTA MCMILLIN	401 Manroe Ave., Apt. D Muscle Shoals, AL 35661	B69	Household Goods, Furniture, Boxes and Toys
BRADLEY IRONS	825 County Rd. 243 Florence, AL 35633	B73	Household Goods, Furniture, Boxes
FRANKLIN DUGGER	109 Pleasant Ridge Dr. Florence, AL 35630	C31	Household Goods, Boxes and Furniture
REGINA WEAKLEY	P.O. Box 2724 Florence, AL 35630	D11	Household Goods, Furniture, Boxes

Televisit with the Bible

Comcast Channel 3
Tuesday at 8:00 p.m.
Wednesday at 8:30 p.m.
Sunday at 8:30 a.m.

Televisit with the Bible is presented by Churches of Christ in the Shoals.

For information call
256-766-5100

Tamara Danielle Austin
8/26/85 - 10/05/01

They say there is a reason,
They say that time will heal.
But neither time nor reason
Will change the way we feel.
For no one knows the heartache
That lies behind our smiles,
No one knows how many times
We have broken down and cried.
We want to tell you something,
So there won't be any doubt,
You're so wonderful to think of,
But so hard to be without you!
We love and miss you, Tam!

Love, Your Family

Redline It - See Page 6

Eye Brow Shaping • Laser Hair Removal • Laser Photo Facials • Laser Skin Tightening • European & Acne Facials • Microdermabrasion • Laser Photo Facials • Laser Skin Tightening • European & Acne Facials • Microdermabrasion • Laser Hair Removal • Laser Photo Facials • Laser Skin Tightening • European & Acne Facials • Microdermabrasion

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St. Jude Children's Research Hospital
WINDOW WORLD CARES

Mall Drive Self-Service Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at **11:00 AM on Friday, October 23, 2015** at Mall Drive Self-Service Storage, 2708 West Mall Drive, Florence, AL 35630.

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name	Address	Unit #	Stored Items
DENISE N. PETERS	1301 Hermitage Dr., Apt. 4H Florence, AL 35630	0134	Household Goods, Furniture, Boxes
JUSTIN M. BEVIS	806 Mars Hill Road Florence, AL 35630	0909	Household Goods, Furniture, Boxes
JOEL A. KEENUM	2226 Windcrest Drive Florence, AL 35630	1302	Miscellaneous items

ADAYS WORK MOBILE HOME repair, flooring, leaks, koolseal, underpinning, decks & more. Free estimates. 256-856-6213, 256-389-3179 10-07

2011 KIA SOUL! 64K MILES, loaded, excellent condition, light green exterior, hounds tooth interior with sun roof. \$11,000. 931-724-5283 10-07

LET'S HEATING & AIR Residential, mobile homes, and commercial work; complete installs; repairs; insurance claims. 256-394-3827 or 256-247-8384 10-14

bathtubs / whirlpools resurfaced!

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leaky shower floors fixed

Kevin O'Steen 256-710-4239

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7 POINTS SHOPPING CENTER

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Community Notes

COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge as space is available in the Courier Journal. All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. Visit our website for a complete list. Community Notes must be submitted in writing by noon Friday for consideration in the following week's issue. Fax to 256-760-9618; mail to 1828 Darby Drive, Florence, AL 35630; bring in person; email to editor@courierjournal.net; or "Submit News" on our website at www.courierjournal.net.

Pre-Kindergarten Registration - Application date: October 16, available locations: Colbert Heights Elementary and New Bethel Elementary. Enrollment checklist: completed enrollment forms, copy of social security card, copy of birth certificate, original blue card, and proof of residence. Fee is \$50 per child.
Contact: Dr. Gale Satchel, Federal Programs Director, at 256-386-3565 or email gsatchel@colbert.k12.al.us

Submissions for the 2016 George Lindsey UNA Film Festival are now open. The Lindsey Film Festival will hold its 19th annual event March 3-5 at the University of North Alabama in Florence. Filmmakers and screenwriters can submit their work for consideration at Film Freeway: <https://filmfreeway.com/festival/GeorgeLindseyUNAFilmFestival>. The cost for submission is \$5 per film or screenplay. The George Lindsey UNA Film Festival accepts professional and student films in the narrative, documentary, and vanguard categories, as well as works by young filmmakers.
For more information on the 2016 George Lindsey UNA Film Festival, Cynthia Burkhead at 256-765-4592 or lindseyfilmfest@una.edu.

LifeSouth Blood Drives - October
ECM Center, 205 Marengo Street, Florence, 256-765-7038. The hours are: Monday-Friday, 9am-5pm; Saturday, 9am-3pm; Sunday, 1-5pm.
Keller Center, 1208 S Jackson Highway, Sheffield, 256-383-3535. The hours are: The hours are: Monday-Friday, 9am-5pm.
Wednesday, October 7, 7:30am-3:30pm, Florence High School, 1201 Bradshaw Dr., Florence
Thursday, October 8, 10am-7pm, Wrangler, 35615 U.S. Hwy 43, Hackleburg
Friday, October 9, 10:30am-6pm, Tarkett, Inc., 430 County Road 30, Florence
Saturday, October 10, 10am-3pm, Rogersville Fall Jubilee, Downtown Rogersville
Sunday, October 11, 1-6pm, Gander Mountain, 340 Seville St., Florence
Monday, October 12, 1-6pm, Burkes Outlet, 519 W Avalon Ave, Muscle Shoals
Tuesday, October 13, 9am-3pm, TVA - Colbert, 900 Colbert Steam Plant Rd., Tusculumbia
Wednesday, October 14, 8am-1:30pm, Whitesell Corporation, 2205 Gargis Lane, Muscle Shoals
Wednesday, October 14, 2-6pm, Whitesell Corporation, 2703 Avalon Ave., Muscle Shoals

September 2015 American Red Cross Blood Drives for Lauderdale, Colbert and Franklin Counties. Your help is very much appreciated! Donors can schedule an appointment at or get additional information at www.redcrossblood.org Teresa Becker 256-990-0830.
Wednesday, September 30, 10:30am-4:30pm, NW Shoals Community College, Hospitality Center, 800 George Wallace Blvd, Muscle Shoals. Colbert Co Cattlemen will be grilling beef burgers for blood donors and volunteers.

Florence Parks and Recreation Department will be conducting registration for Youth Basketball for boys and girls leagues Grades 1-8 through November 8 at www.FPARD.com. You can register anytime online. Registration fee is \$35 per player. For more information, contact David Dolan at 256-760-6628.

Florence Parks and Recreation Department will be conducting online registration for Men and Women Fast Break Basketball Teams now through November 15. Register your team online at www.FPARD.com. Team fee is \$350. Limited space available. Sign up now. For more information call 256-760-6628.

Boomers & Seniors are dancing to decades of music presented by The Browns, each Tuesday night, 6:30-9pm, at Florence Parks and Recreation/The Club, 450 Country Club Drive, Florence. For more inquiries 256-760-6642, 256-767-7946. \$6 donation at the door. This facility is smoke, alcohol & drug free.

See NOTES... page 34



AD VALID
OCTOBER 7-13, 2015
HWY. 200
CENTRAL HEIGHTS
SAVE 3% ON SALES TAX
We Accept Food Stamps & WIC

VALUABLE COUPON
Senior Citizen Coupon
5% Discount
On Total Food Bill
VALID OCTOBER 13, 2015



BEEF, PORK AND POULTRY CUT FRESH DAILY		FRESH PRODUCE	
<p>BONELESS BEEF Rib Eye Steak 7.99 LB.</p>	<p>VALUE PACK Split Fryer Breast 1.29 LB.</p>	<p>YELLOW OR ZUCCHINI Squash 89¢ LB.</p>	<p>NO. 1 RED Potatoes 1.99 5 LB. BAG</p>
<p>BONELESS BEEF Bottom Round Roast 3.19 LB.</p>	<p>1/4 PORK LOIN Sliced Into Pork Chops 1.39 LB.</p>	<p>ON THE VINE Tomatoes 1.59 LB.</p>	<p>CALIFORNIA Broccoli Florettes 2.29 LB.</p>
<p>Boneless Beef Minute Steak lb. 4.29</p>	<p>Center Cut Pork Chops lb. 1.99</p>	<p>SUPER SELECT Cucumbers 59¢ EACH</p>	<p>JUMBO WHITE Onions 69¢ LB.</p>
<p>Sunnyland Jumbo Hot Dogs 16 oz. pkg. 1.19</p>	<p>Bryan Sliced Bologna 12 oz. pkg. 1.59</p>	<p>PIGGLY WIGGLY Peanut Butter 18 OZ. JAR 1.59</p>	<p>BAMA GRAPE Jam or Jelly 30 OZ. JAR 2/\$3</p>
<p>John Morrell Sausage 12 oz. roll 1.09</p>	<p>Aberdeen Sliced Bacon 12 oz. pkg. 1.99</p>	<p>PIGGLY WIGGLY Family Size Potato Chips 11 OZ. BAG 1.79</p>	<p>PIGGLY WIGGLY Double Roll Bath Tissue 4 ROLL PK. 2/\$3</p>
<p>Carl Buddig Deli Sliced Ham or Turkey 16 oz. pkg. 3.99</p>		<p>PIGGLY WIGGLY 2 PLY Choose-A-Size Paper Towels 4 ROLLS FOR \$3</p>	<p>PIGGLY WIGGLY Spring Water 24 PACK 1/2 LITER BTLs. 3.59</p>

<p>PEPSI & ALL Pepsi Products 6 PK. 1/2 LITER BTLs. 2/\$6</p>	<p>PIGGLY WIGGLY Bread, Buns, or Rolls PKG. OR LOAF 89¢</p>	<p>MADE IN ALABAMA Pkiknik Mayonnaise 30 OZ. JAR 1.59</p>	<p>WHITE LILY Corn Meal Mix...5 LB. BAG 1.99</p>
<p>PIGGLY WIGGLY Medium Eggs DOZEN CTN. 2/\$4</p>	<p>TOTINO'S Frozen Pizza 10-10.9 OZ. BOX 2/\$3</p>	<p>PIGGLY WIGGLY Frozen Crinkle Cut French Fries 2 LB. BAG 2/\$4</p>	<p>PIGGLY WIGGLY Tastes Like Butter Margarine 16 OZ. CUP \$1</p>
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Frenzy...

Continued from Page 1

is at 6:30am in Heritage Park, or participants may pre-register online at www.fallfrenzy.itsyourrace.com.

Free family fun gets underway at 9am including live music by local favorite Sweet Sue, an art show, a chili cook-

off, crafts, swap meet and an antique car and truck show. Children will be entertained throughout the day with plenty of activities including a Kid's Zone hosted by the Kiwanis Club. Children are invited to don their best costume and participate in the Children's Costume Parade. Four-legged friends are asked to sport their favorite costume and enjoy a walk with their master in the Pet's Costume Parade. Additional activities include the Volunteer Fire Department's smoke house, an obstacle course where kids learn about fire safety, a free children's ID program provided by the Masons, and much more.


The East Lauderdale Quilters will host a quilt show from 10am-4pm at the Rogersville United Methodist Church. In addition to the quilting treasures and iconic designs on display, there will be a yard sale and demonstrations.

Festivalgoers receive a cup and spoon and may sample all the chili they want during the Chili Cookoff for \$3. They can vote also for their favorite. The winner will be announced after all the chili has been eaten.

All activities take place in downtown Rogersville, one block off of Highway 72 at the traffic light. Admission to everything is free. For more information, contact Janna Whitley with the Rogersville Chamber of Commerce at 256-247-9449.

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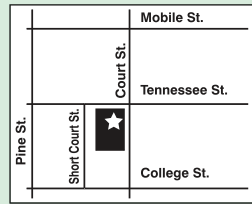


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SHORTS...

Civitan Names New Leaders

Continued from Page 1

Sisters, Shoals Habitat for Humanity, Meals on Wheels, St. Jude Children's Hospital, Community Action Agency and Scope 310.

Learn About AHA's Mission

FLORENCE- Thanks to the support of past American Heart Association volunteers, the Shoals community has experienced great impact. Stroke has fallen from the #4 killer of all Americans to #5. The Shoals community has a Silver Plus Certified "Get with the Guidelines" Stroke hospital that ensures access to the most up-to-date research and provides clinical and patient education tools and research. The Shoals Heart Ball Committee

continues to set records nationwide for its growth and impact.

The American Heart Association invites you to join them at the Singing River Brewing Company on Tuesday, October 13 at 5:30pm to learn about the mission of the American Heart Association and how you can make an impact in your community. They are looking for people who are passionate about heart health, community, and giving back.

To learn more, ask questions, or suggest ideas, please contact either **Jessica Tollison** at Jessica.Tollison@heart.org, 205-510-1508, or **Michelle Lewzader** at Michelle.Lewzader@heart.org. RSVPs are not necessary but always appreciated. If you cannot attend this event but are interested in volunteer opportunities, please reach out to Jessica for more information. Bring friends and family! Check this event out on Facebook. For more event info, go to www.facebook.com/AHANorthAL

Conyers...

Continued from Page 1

in Florence.

Conyers is a native of Montgomery and a long-time Tuscaloosa resident. Since the early 1960s he has served as a referee/official at University of Alabama football practices. Conyers, a popular after-dinner speaker to alumni groups, civic organizations and company gatherings, is known for his humorous stories, namely involving University of Alabama football.

Conyers is retired from the University of Alabama. He served as assistant to the Dean for the College of Continuing Studies.

The semi-formal evening

is sponsored by Helen Keller Hospital. It will consist of a reception at 6pm and dinner at 7pm. Entertainment begins at 8pm. Contributions are federal income tax deductible and all proceeds will go to the NW-SCC Foundation Scholarship Fund.

Tickets are \$75 each. Tables of eight are \$600 and include reserved seating. Tickets are now available at all branches of First Metro Bank. For more information, or tickets, please contact **Teresa Harrison** 256-331-5215, teresah@nwsc.edu or **Adriana Wuotto** 256-331-5240, awuotto@nwsc.edu. Tickets can also be purchased online via [PayPal www.nwsc.edu/foundation/foundation.shtml](http://www.nwsc.edu/foundation/foundation.shtml).



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- EDITOR & PUBLISHER**
 Thomas V. Magazzu
- ADVERTISING EXECUTIVES**
 Cynthia Johnson
 Sadonna B. Magazzu
 Judy Cox
 Steve Lubich
 Anena Freeman
- GRAPHIC COORDINATORS**
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SATURDAY, OCTOBER 17, 7pm - The annual Renaissance Feast, Florence-Lauderdale Coliseum, Veterans Drive, Florence... ticketed event

SUNDAY, OCTOBER 18, 2pm - Jousting on horseback, Bluewater Polo Club, Highway 72 East, FREE ADMISSION

SUNDAY, OCTOBER 18, 2pm - Presentation at the Florence-Lauderdale Public Library: "English Archery" by Dr. George Makowski, Associate Professor of History, University of North Alabama; FREE ADMISSION

SATURDAY, OCTOBER 24, 10am - Exhibit entitled "Harry Potter's World: Renaissance Science, Magic and Medicine" opens for its run at the Florence-Lauderdale Public Library

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Ask Dr. Webb



Dr. Robert Webb

Q Our uncle has Alzheimer's Dementia and is on quetiapine [Seroquel] to control his agitation. The nursing home wants to stop that drug. If it keeps his behavior controlled, why do we have to stop?

A This drug is one of several anti-psychotics [such as risperidone [Risperdal], olanzapine [Zyprexa], haloperidol [Haldol] that are NOT approved by the FDA for use in dementia; rather, they were intended for disorders like schizophrenia. Most dementia patients will have times of agitation; staff have difficulty managing these behaviors and naturally turn to a 'quick fix' - everyone wants "a pill for every ill"!

These drugs have a lot of side-effects and fail to improve the quality of living for most seniors - patients are essentially just sedated so they don't bother others.

Although some dementia patients truly have hallucinations or delusions [seeing or believing things that aren't real] which interfere with their life quality and can benefit from anti-psychotics, evidence is accumulating that we must take a different approach when treating these residents.

For example, pain is a common, unrecognized issue; dementia patients have trouble describing or coping with it; if you treat them with a pain medicine, they often feel better, which improves their behavior!

Non-pharmaceutical approaches also help and nursing homes are expected to try these first: lavender aromatherapy is a good example that has worked for many.

Because of the problems associated with these drugs, Medicare, with the support of medical societies, expects nursing homes to decrease their use: next year, they all must reduce the number of residents taking anti-psychotics by 30%.

The two nursing homes I'm with are ahead of this mandate and our residents are better for it! So, based on the evidence (and the law), I encourage families to support their facility's efforts to reduce the drug.



Ask Dr. Webb is a bi-weekly article sponsored by Hospice of the Shoals as a community service to answer questions about hospice care and end of life issues. Please submit questions to ssimpson@hofts.org or call 256-767-6699. Dr. Robert Webb has focused his practice on geriatrics and palliative care since 2003. He is the Medical Director at Hospice of the Shoals.

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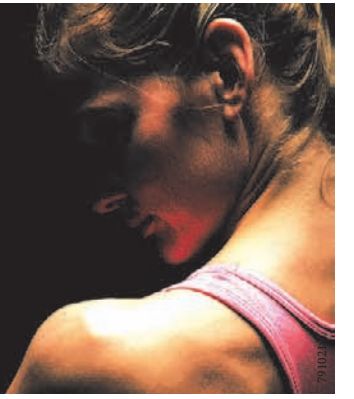
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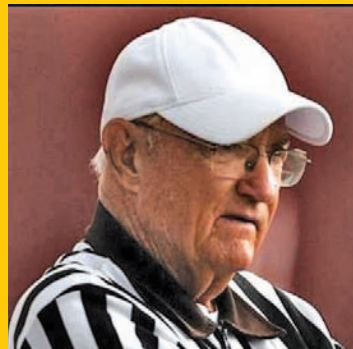
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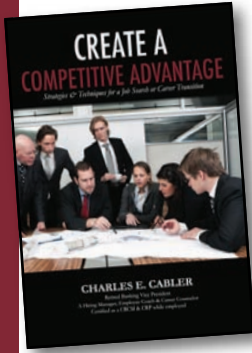
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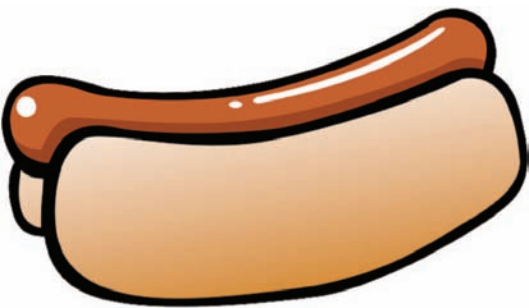
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Q Why do workers compensation benefits reduce the amount of social security I receive?

Charles, Florence, AL

A The law of workers compensation is complicated and ever changing. Social Security law is complicated and ever changing. Both have some component of mathematical determination and both have objective and subjective determinations that must be made. In order words, certain facts must be present in each (objective), certain limitations and effects must be believed (subjective) and the final award is in large measure a product of a mathematical calculation.

When an injured person receives social security disability, the law is that they may not then earn more than 80% of their pre-disability wages. The law does not allow for someone to make more money not working than working and that makes some sense. So if you begin receiving a weekly workers compensation benefit that would reduce the amount of the social security disability you would be entitled to receive for as long as you are receiving workers compensation payments.

Workers compensation law is complicated by the fact that judges may only award benefits payable by the week. A judge does not have the authority to order benefits paid in a lump sum. Many cases would result in payments being made weekly in a small amount such as \$32.00 a week over several years. Most people would rather have that money all at once, in a lump sum.

If your workers compensation attorney anticipates that you are or will receive social security disability, the law allows language in the workers compensation settlement to protect social security benefits. If your workers compensation attorney knows about your social security potential they are then in the best possible position to advise you as to how to settle or resolve your on the job injury case in a manner that helps you the most. Joel and I handle both workers compensation and social security cases. With the addition of former social security staff attorney Richie Whitten to our firm, we have his social security knowledge and experience to draw on to assist our clients.

Whether you use us or another firm, always let your on the job injury attorney know if you have filed or anticipate filing for social security benefits.
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1965 CHEVY PICKUP - GOOD condition, 2 door, Short Bed, 6 cylinder, 2WD, Gas, Green w/ Tan interior, alum wheels, bed cover, \$5,400 OBO. call 256-200-1003

HONDA ODYSSEY - 2003, 173 miles, \$3,000. call 256-247-9936. 10-21

2010 TOYOTA CAMRY LE, Cloth, Power windows, locks, automatic, 96k, \$11,455. Financing available. Call Michael 256-275-2096 or 256-764-3351 10-07

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Effective September 1, 2015

The **City of Florence** will no longer be lighting pilot lights on customer equipment within homes or businesses except in situations where gas service is interrupted due to repairs or maintenance by the Gas Department.

If you need your pilot light lit at the beginning of the 2015-2016 heating season, please contact your local heating and cooling company for this service.



Great Things God Hath Done Trusting Christ

1 Samuel 12:24 "Only fear the LORD, and serve him in truth with all your heart: for consider how *great things he hath done for you.*" Psalms 66:16 "Come and hear, all ye that fear God, and I will declare what he hath done for my soul." Mark 5:19 "Howbeit Jesus suffered him not, but saith unto him, Go home to thy friends, and tell them how *great things the Lord hath done for thee,* and hath had compassion on thee." 2 Peter 2:1 "But there were *false prophets* also among the people, even as there shall *be false teachers among you,* who privily shall *bring in damnable heresies, even denying the Lord that bought them, and bring upon themselves swift destruction.*" 2 Peter 3:16 "As also in all his epistles, speaking in them of these things; in which are some things hard to be understood, which they that are unlearned and unstable wrest, as *they do also the other scriptures, unto their own destruction.*" Matthew 15:14 "Let them alone: they be blind leaders of the blind. And if the blind lead the blind, both shall fall into the ditch."

1 Corinthians 2:9&10 "But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, *the things which God hath prepared for them that love him.* But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God." 1 Corinthians 2:12-14 "Now we have received, not the spirit of the world, but the spirit which is of God; that we might know *the things that are freely given to us of God. Which things also we speak,* not in the words which man's wisdom teacheth, but which *the Holy Ghost teacheth; comparing spiritual things with spiritual.* But the natural man (*flesh*) receiveth not the things of the Spirit of God: for they are foolishness unto him: *neither can he know them,* because they are spiritually discerned." No Holy Spirit, no salvation, no Holy Spirit, no discernment. 2 Timothy 1:9 "Who hath saved us, and called us with an holy calling, *not according to our works,* but according to his own purpose and *grace, which was given us in Christ Jesus* before the world began." What are you trusting in, your church, its system or the finished work of Christ? What hath God done for you?

Bill Bishop, Pastor
Beacon Baptist Church
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1.2 miles north from red light on Hwy. 207 on left
Sunday services at 10am and 11am and 6pm
Visitors welcome!

Lifeline Service Offering



The Public Service Commission of Alabama designated TEC the "Eligible Telecommunications Carrier" for its service area for universal service purposes. The goal of universal service is to provide all citizens access to essential telecommunications services. As part of its service offerings, TEC offers a program (Lifeline) to assist qualifying low income individuals with the charges for their telephone service. Lifeline is part of the federal Universal Service Fund program instituted by the Federal Communications Commission and overseen by the Universal Service Administrative Company.

Lifeline Assistance enables eligible subscribers to pay reduced charges for all residential service plans that provide voice telephony service, including bundled service packages combining voice and broadband, or packages containing optional calling features. TEC Residential flat rate voice service includes unlimited incoming and outgoing local calling per the subscriber tariff filed with the Public Service Commission of Alabama and found on the web at www.tec.com. Toll limitation is free for qualifying Lifeline customers. The current FCC mandated discount provided under the Company's Lifeline service is \$9.25 per month for each month that the customer qualifies. To receive these discounts, an individual must meet certain eligibility criteria such as participating in one of the following federal assistance programs: "Medicaid; Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps; Supplemental Security Income (SSI); Federal Public Housing Assistance; Low Income Home Energy Assistance Program (LIHEAP); Temporary Assistance for Needy Families (TANF) or National School Lunch Program's Free Lunch program (NFLP)." Alternatively, an individual would be eligible if the household gross monthly income does not exceed 135% of the Federal Poverty Guidelines. [47 C.F.R. §54.409(b)] Only eligible customers may enroll in Lifeline. Federal regulations allow only one Lifeline discount per household. An individual may not transfer his or her Lifeline discount to someone else, even if he or she is eligible.

Other terms and conditions apply. For example, customers must apply for Lifeline and provide the required qualification documentation and the Company is required to verify the continuing accuracy of the qualifying information annually provided by those individuals. In addition, as long as a qualified individual agrees to toll limitation, that individual is not required to pay a deposit prior to the service being offered. A complete set of terms and conditions for this program is available at TEC's local business office at 955 Second Street, Cherokee, AL.

We encourage you to contact us if you believe you may qualify for this program. Please contact us at 256-359-4321 or visit us at 955 Second Street, Cherokee, AL. Our Customer Relations Representatives can work with you to answer any questions you may have.

2009 TOYOTA CAMRY LE, CLOTH, Auto, 137K miles, \$8,868 .Financing available. Call Matt 256-810-0283 or 256-764-3351 10-07

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1993 CHEVY SILVERADO extended cab, stepside, V8, auto, air, 213k. \$3,000. Call 256-612-1146 10-07

2013 HONDA 4-TRAX ATV. Dark green. Excellent shape. \$3,200. 256-394-7661 10-21

1993 CHEVROLET S-10 PU 4X4. 6 cylinder. Runs good. Nice interior and body. \$3,450 OBO. 256-381-0862 10-07

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Pre-Season Tune-up Savings Calendar

Sept. 13	Sept. 14	Sept. 15	Sept. 16	Sept. 17	Sept. 18	Sept. 19	\$39
Sept. 20	Sept. 21	Sept. 22	Sept. 23	Sept. 24	Sept. 25	Sept. 26	\$39
Sept. 27	Sept. 28	Sept. 29	Sept. 30	Oct. 1	Oct. 2	Oct. 3	\$39
Oct. 4	Oct. 5	Oct. 6	Oct. 7	Oct. 8	Oct. 9	Oct. 10	\$49
Oct. 11	Oct. 12	Oct. 13	Oct. 14	Oct. 15	Oct. 16	Oct. 17	\$49
Oct. 18	Oct. 19	Oct. 20	Oct. 21	Oct. 22	Oct. 23	Oct. 24	\$59
Oct. 25	Oct. 26	Oct. 27	Oct. 28	Oct. 29	Oct. 30	Oct. 31	\$59

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We'll give your system a precision inspection and cleaning, check for unusual wear and tear, and make sure the system is ready for the upcoming heating season. We're so convinced of the value of this package, that we give you **OUR GUARANTEE: After we perform your pre-heating tune-up, if your system needs any additional service before Dec. 31, 2015, JC Hamm & Sons will deduct your tune-up price from the repair bill.**

We also document your service, because more and more manufacturers require proof of maintenance for their extended warranties. When we finish, you'll be ready for whatever comes this winter—and you'll be confident knowing you've dealt with a company you've trusted for over 60 years!

In addition, we can show you TVA finance options, tax benefits, and other projected savings. As always, you can rest assured that if you have any heating and cooling needs, our recommendations for you will be in your best interests.

It all starts with your Winter Tune-Up—and the earlier you schedule, the more you will save. **BOOK YOUR APPOINTMENT NOW** by calling Robin at 256-764-7386.

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Commentary

No Local Shelters from Social Storm

The City of Florence is considering a location off Fairground Road in Florence adjacent to Cox Creek Parkway for the new animal shelter that will serve all of Lauderdale County. The Florence City Council and Lauderdale County Commission together have pledged over \$2 million in an effort to deal with the pressing need for larger facilities that would better address what the county's 668 square miles generate.

In A Few Words



TOM MAGAZZU
Editor

Some insist that is a fair budget and an easily accessible location in relation to city and county residents.

Residents in the neighborhood to the south across the road are against that location for a number of reasons. Several public meetings have taken place regarding the proposed shelter.

Some have argued that we don't need a new shelter. Some say that we need one, but \$2 million is too much and too fancy. Some say that increased traffic and noise and smells on Fairground Road are unwanted.

At least one outspoken critic of the idea insists that considering an area so close to a neighborhood with a considerable number of black people amounts to racism. Are we really going that route again?

Do we have some Florence City Councilmen who are afraid to cross that line, lending credence to that incendiary, merit-less point?

See SHELTER... on Page 31

Comments do not necessarily represent those of the Courier staff, its advertisers, or its readers.

Courier Journal

THIS WEEK

in the

Shoals

October 7, 2015

Happening

THIS WEEK

Proceeds for Pets

HASRA Event at Singing River

FLORENCE – Hearts of Alabama Save Rescue Adopt, (HASRA), will have a fund raiser Saturday, October 10 at Singing River Brewery on East College St. in downtown Florence from 7-10pm.

There will be a howl-o-ween

Mike Hollander, David Kelly, and Daniel Cole are **Blind the Sky**.

Courtesy Photo



pet costume contest, HASRA will have items for sale, and local favorites, Blind The Sky, will perform in concert.

A portion of all Singing River Brewery's drink sales

See HASRA... on Page 30

Valley-Wide Charity Ride Oct. 10

FLORENCE-The 3rd Annual North Alabama Christian Children's Home Motorcycle Run will roar through the valley Saturday, morning October 10 and culminate from 12:30-3:30pm.

This is not your ordinary toy run. The ride directly benefits NACCH and children directly with gift cards and/or monetary gifts which help sustain them throughout the entire year. The children receive Christmas gifts from a wish list in December.

The event is a great ride with good food, a silent auction, and commemorative event



Riders from across the Tennessee Valley and beyond will converge on the North Alabama Christian Children's Home Saturday around lunch. *Courtesy Photo*

t-shirts.

Group rides are leaving from various parts of North Alabama at different times on Saturday converging on the festivities around the North Alabama Children's Home, 6372 County Road

See RIDE... on Page 17

DR. ROGER TANNER, A RECENTLY RETIRED RESEARCH SCIENTIST from the TVA Environmental Division, will address the Wilson Dam Section of the American Chemical Society at 5:30pm. Thursday, October 8 in the new Science Engineering Technology Building on Pine Street at UNA. The event is free and open to everyone. Dr. Tanner has made significant contributions to TVA's efforts to reduce mercury and sulfur emissions from coal-fired power plants in the Tennessee Valley. His presentation will focus on a scientific field project in 2013 during which he and his research team measured a series of atmospheric pollutants and compared the new data with historical levels. His lecture is entitled, "Regional Emissions Reductions and Their Effect on Air Quality in the Smokies."

THE FLORENCE/LAUDERDALE TOURISM OFFICE & Visitor Center in McFarland Park will host two scary events in October in anticipation of Halloween. The first event, Haunted History, is set for Saturday, October 10 at 11am. Local author Debra Glass will tell historically-based tales from the Shoals area. Glass is the author of more than 35 books including the "Skeletons in the Closet" ghost story collections. Since its beginnings in 2002, the Haunted History of the Shoals Ghost Walk Tour has become a perennial favorite during the Halloween season. The second event, "Zombie Makeover," takes place at 1pm on Saturday, October 17. Makeup artists and cast members of the Arx Mortis haunted attraction in Killen will be on hand to show participants how to apply makeup and pick a wardrobe to become a Zombie for Halloween or other occasions.

FOOTBALL

Sat., Oct. 10
3pm

at Western Oregon
Monmouth, OR

GO LIONS!

Check www.roarlions.com for complete schedule

For Tickets
call the Ticket Office 256-765-5466
or email Ticket Mgr. Jenn Sharp
at jlsharp1@una.edu

SOCCER

Thursday, Oct. 8 • 7pm

vs Spring Hill College
Bill Jones Athletic Complex

VOLLEYBALL

Saturday, Oct. 10 • 2pm

vs West Florida
Flowers Hall

YOUR Letters

Your Courier Journal welcomes tastefully presented letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers or a majority of readers. Please submit typed or neatly written letters to: Editor-Courier Journal

by Mail or in Person
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Immigrant Mindset

Dear Editor:

I was listening to Fox News and heard that Muslims who live here feel that they should follow their religion and the government rules from countries from which they came.

Have they not heard of nor learned that we are to render unto Caesar the things that are Caesar's and unto God the things that are God's?

Follow God's rules. Follow the government's rules you are under.

Irene Billingham
Florence

Great ToT Response

Editor:

The Senior Citizens of Waterloo express our appreciation to all who came to the Community Covered Dish

Supper honoring the Native Americans during the recent Trail of Tears weekend.

We thank all who brought food for the event and also those who attended the fund-raiser breakfasts sponsored by the Senior Citizens. You all helped make both events highly successful. We hope we can count on your presence again next year for these worthy endeavors.

We appreciate all who helped during Trail of Tears weekend.

Linda McFall
Senior Citizen Volunteer
Waterloo

Appeasing Rhetoric

Editor:

I wish the Pope had spoken more like a Christian man of God than appeasing and generalizing rhetoric toward both sides of the political spectrum. Instead, he should have spoken with strong conviction about God's expectations of

“ We are not too shy to say that we liked and we loved Bill Cochran.

human beings. Why would he want a secret meeting with Kentucky marriage license clerk, Kim Davis? If you support or believe in a Christian action, why would you not tell the whole world openly?

Does he think that Jesus let the political leaders of his time sway His decision to preach the Word of his Father in Heaven?

Paul Sabatino
Florence

See LETTERS... on Page 16

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Heavy duty, 75 HP gear box. \$975.
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Massey Ferguson 8 foot chisel plow.
nine pine. Like new \$950. 5 Ft. Bush
Hog Brand Bush Hog Hard to find.
Heavy duty, 75 HP gear box. \$975.
Rare John Deere post hole digger
with Heavy duty auger. Nice. \$875.
New Rhino 4 ft. tiller. Regular \$2,150
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Cox Blvd. Self-Service Storage will hold a public sale to enforce a lien imposed on said property, as described below, pursuant to the Alabama Self-Service Facility Act, Alabama Code 8-15-30 to 8-15-38, at **11:00 AM on Thursday, October 22, 2015 at Self-Service-Storage, 414 Cox Blvd., Sheffield, AL 35660.**

Management reserves the right to withdraw any unit from sale. Registered or motor vehicles are sold "As Is / Parts Only," no titles or registration.

Tenant Name	Address	Unit #	Stored Items
GEANIE BENNETT	905 Joe Wheeler Dr. Tuscumbia, AL 35674	304	Household Goods, Furniture, Boxes
JONATHAN CHEATHAM	171 Tristan Trail Tuscumbia, AL 35674	338	Household Goods, Furniture, Boxes
JENITA BUNCH	1107 Annapolis Ave. Sheffield, AL 35660	456	Household Goods, Furniture, Boxes
JO ELLEN MURPHY	804 Annapolis Ave. Sheffield, AL 35660	621	Household Goods, Furniture, Boxes, Trunks

JOIN THE FIGHT AGAINST BREAST CANCER

In honor of National Breast Cancer Awareness Month, Helen Keller is offering discounted state-of-the-art digital mammograms on **October 14, 15, 16, 19, 20 and 21**. The cost, including radiologist's reading, will be \$40. Appointments may be scheduled from 7:00 a.m. - 6:30 p.m. Call the Helen Keller Hospital Radiology Department at 256-386-4150 to schedule your appointment. Red Bay Hospital will be offering discounted mammograms on **October 22, 23, 26, 27, and 28**. Appointments may be scheduled from 9:00 a.m. - 3:00 p.m. Call Red Bay Hospital at 256-386-9532.

IT'S TIME TO KNOCK IT OUT!

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Letters...

Continued from Page 14

Social Workers Loved Cochran

Editor:

Imagine if you will ten corridors in a government building, with thirty or so social workers stationed throughout, consumed in the work of protecting children and assisting parents in 300-400 families in our community at any given time. You hear a voice down the hall of someone who has counseled you through the years giving counsel to your colleagues. You smile...you nod... you feel validated in your work because the voice represents knowledge, understanding, wisdom, and class in the most humanitarian way. He may not have business with you today, but invariably, your door, if already ajar, will ease open, and as you hoped, Bill Cochran, double-starred shirt, perfectly creased khakis, and spit-shined shoes, will lean in and say, "Well, hello, QA...how are you doing today?"

Bill traversed our halls, checking in on us as a shepherd watches his flock. He raised at least two generations of social workers in the culture of the court and the rules of testimony. He never ceased to be perplexed about parents who neglected their children – but he never lost heart in working alongside us in the trenches, as he'd say, to help them. Even when he philosophically struggled with our position, Bill plowed ahead in representing us with all the acumen and strategy that one could muster. One might just have to set aside some time during his next visit to invite him in for that philosophical discussion. We could not have asked for anything more. As my grandmother was to have remarked about my father, "When Bill Cochran is in the room, you know everything is going to be okay."

It has been said, "It's amazing what can be accomplished if no one has to take credit." We do not have a count on the children whose life trajectories have been recalibrated for their good because of Bill Cochran's intervention. They are out there, some still in single digit age-brackets, some grown – they may not know him, but they are his legacy of a life lived with purpose and impact. We are not too shy to say that we liked and we loved Bill Cochran. We will not hear his voice reverberating down the corridors anymore, but when we read his name on documents, we will smile and remember and smile again, offering up prayers of thanksgiving that he came our way.

Debra Moore Newman

Florence

See LETTERS...on Page 33

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Ride...

Continued from Page 14

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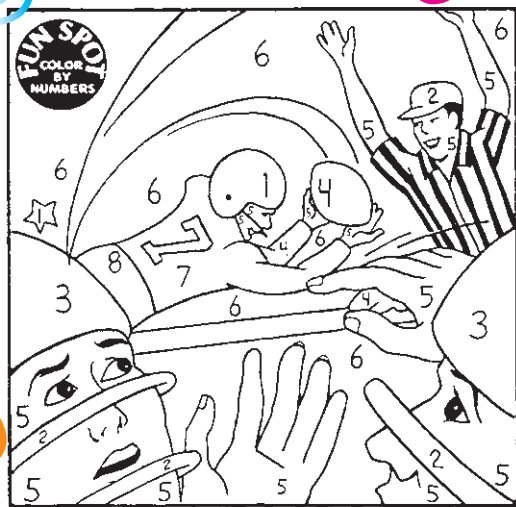
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Junior Whirl

by Hal Kaufman



HANDS ON! Hand to helmet to hands, touchdown — what a play! Add colors by number: 1—Red. 2—Lt. blue. 3—Yellow. 4—Lt. brown. 5—Flesh tones. 6—Lt. green. 7—Dk. brown. 8—Purple.

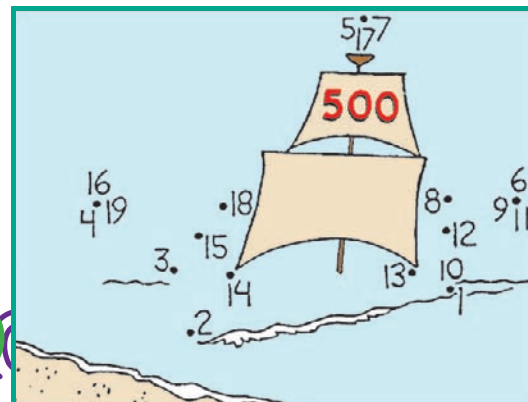
	1	2	3	4	5
1	H	A	T	C	H
2	A				
3	T				
4	C				
5	H				

HATCHED UP WORD PLAY

"Down the hatch!" say we, in an imaginary toast to those who complete the word square above. Give it a try.

Missing words are to read the same both down and across, hatch, and are to be in accord with the following definitions:

1. Deck opening (see diagram).
 2. In the know.
 3. One who records.
 4. Set of beliefs.
 5. Long-billed, long-necked, long-legged wading bird.
- How quickly can you fill in the words?
Time limit: 2 min.



TIME LINE! No, it's not the Indianapolis 500. It's the Columbus 500 — 500th anniversary, of course. Connect dots.

LAND HO! Hidden here in rebus style is the name of an island region where Columbus first sighted the New World: DwDeDsDtD. Can you puzzle it out? P.S.: For starters, read between the D's.

SPELLBINDER

SCORE 10 points for using all the letters in the word below to form two complete words:

BARNACLE

THEN score 2 points each for all words of four letters or more found among the letters.

Try to score at least 50 points.



TEST CASE! You are asked to restore missing digits represented by X's in the multiplication problem at right. To begin, take note that when X at top right is multiplied by 5, resulting amount ends in 0, and when multiplied by 7, resulting amount ends in 8.

Also, take note that X at left in multiplier times 9 has a resulting amount beginning with 5. Can you puzzle things out?

LIKE MANY OF YOU, I OFTEN ponder just taking a permanent hike and go off the grid because of all the silliness I see posted online. We live in a world where accurate information is available right at our very fingertips yet no one bothers to even question certain claims.

The most recent motivation for me departing to the wilderness was a combination of two hoaxes involving Facebook. One involved a perennial rumor that Facebook is going to charge money for using their services. The other claims that Facebook plans to share your "copyrighted material" with everyone on the planet.

These rumors come up like



Fisher

Y'ALL ARE DRIVING ME CRAY-CRAY!

by "The Computer Skeptic"

a weed every year and, every year, many of us who know better post refutations to the hoax that essentially say, "Quote clogging my news feed with this stuff, you big silly!" Those who fall for the hoax are guilty of thinking that legal terms have some sort of magical power over others. In actuality, the proclamation has the same effect as claiming you are a separate country so do not have to pay taxes or that "whoever reads this agrees that I now own your house!"

The fact is that you actually do own the copyright to whatever you post to Facebook.

No other commercial service (like, Yahoo for example) can use your stuff without your permission. However, when you joined Facebook and agreed to their 40-page agreement that no one ever reads, you gave Facebook a "license" to distribute your stuff to others within Facebook. What that really means is that other Facebook users (such as your friends) can use Facebook's services to distribute your photo without asking you for permission as is required for normal copyrighted items. If that policy did not exist, no one

would ever be able to share any pictures of anything ever again and we would all be sad. If the license did not exist, someone could sue Facebook for acting as the transporter of "copyrighted" information. So, to protect Facebook's legal interests, you must agree to "license" so that Facebook can "share" your information. The only way to fight back against this supposed invasion of privacy is to delete your Facebook account or never open one to begin with.

The other viral resurrection is one that started back in 2009 and every year since that reads: "Now it's official! It has been published in the news. Facebook has just released the entry price: \$9.99 to keep the subscription of your status to be set to "private" unless you post this to your profile!" There have been a few

incarnations of this hoax. At one time, a link would take you to a website that supposedly had a petition you could sign in protest. The website actually contained malicious code that would infect your computer. Since that time, Facebook has cracked down on malicious websites so now it's just a fairly harmless but very annoying hoax.

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\$2.49 1/2 Gal.



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AD GOOD OCT. 7-13, 2015

MEAT



**Sugar Tree
Spiral Sliced
HALF HAM** **\$179** Lb.



**Excel
Perfect Trim
Family Pack
PORK LOIN
COUNTRY
STYLE RIBS** **\$149** Lb.



**Bryan
SLICED
BOLOGNA**
Reg. or Thick
12 Oz.



\$139



**USDA Select Star Ranch
Angus
Boneless
TOP
ROUND
STEAK** **\$379** Lb.



**Excel
Perfect Trim
CENTER
CUT PORK
CHOPS** **\$199** Lb.



**Bryan
SLICED
BACON**
Reg. Or Thick
12 Oz.

\$299



**Excel
Perfect Trim
Family Pack
Fresh Meaty
PORK
NECKBONES** **99¢** Lb.



**Bryan
WIENERS** **\$139** 12 Oz.



**Bryan
SLICED
HAM**
All Varieties
10 Oz.

\$249



**Bryan
CORN DOGS
Regular Only**
\$199 12 Oz.



**Bryan
SMOKED
SAUSAGE
All Varieties**
\$299 12/14 Oz.



**Armour
LUNCH MAKERS
All Varieties**
99¢ 2.4/2.7 Oz.



**On-Cor
MEAT ENTRÉES
All Varieties**
\$279 26/28 Oz.



**Sea Best
TILAPIA FILLETS**
\$349 1 Lb.

PRODUCE



**California
Valencia
ORANGES**
4 Lb. Bag OR
GRAPEFRUIT
5 Lb. Bag **\$499**



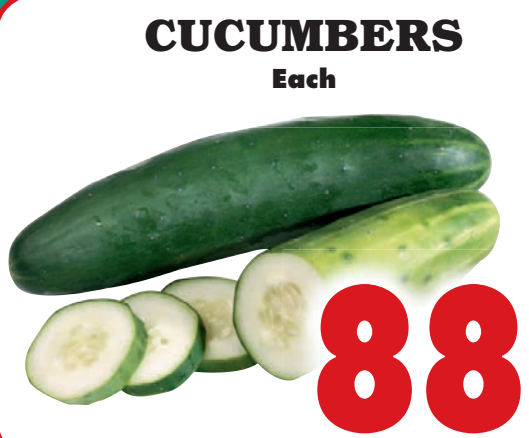
**TOMATOES
On The Vine (Cluster)**
Lb. **\$149**



**Tender
BROCCOLI CROWNS**
Lb. **\$199**



**Sliced
Baby Bella
MUSHROOMS**
8 Oz. **\$169**



CUCUMBERS
Each **88¢**



**Idaho
BAKING POTATOES**
Lb. **39¢**

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Lay's All Varieties POTATO CHIPS
7.75 or 10.5 Oz. Family Size

2/\$5



All Varieties Kraft MAYONNAISE
30 Oz.

\$2.98



Snickers, Twix, M&M's, 3 Musketeers Or Milky Way
6 Pk. Fun Size

88¢



All Varieties Kraft BBQ SAUCE
18 Oz.

\$1.18



POWERADE
12 Oz. 12 Pk.

2/\$6



Select Flavors V-8 SPLASH
64 Oz.

2/\$4



Kraft Velveeta CHEESY SKILLETTS
8-15 Oz.

2/\$4



Food Club PARTY CUPS
20 Ct. 18 Oz.

2/\$3



All Varieties Pillsbury CAKE MIX
15.3 Oz.

88¢



Golden Flake TOSTADOS Restaurant Style Or Rounds 12 Oz.

2/\$3



All Varieties Pillsbury FROSTING
12-16 Oz.

2/\$3



Nabisco All Varieties CHIPS A'HOY! Cookies 9-13 Oz.

2/\$5



Food Club PANCAKE SYRUP
24 Oz.

\$1.88



A.1. STEAK SAUCE
10 Oz.

\$2.98



Prego All Varieties SPAGHETTI SAUCE
14-24 Oz.

2/\$3



Ronco SPAGHETTI OR MACARONI NOODLES
7-8 Oz.

69¢



Maxwell House COFFEE
Decaf Not Included
28-30 Oz.

\$6.98



Food Club COFFEE CREAMER
22 Oz.

2/\$5



FROZEN

Green Giant VEGETABLES
Select Variety
8-10 Oz. Box

5/\$5



Cole's GARLIC BREAD OR TOAST
11-16 Oz.

\$2.28

Totino's PIZZAS OR PIZZA ROLLS
7-10 Oz.

4/\$5

Pillsbury TOASTER STRUDEL
Select Variety
11 Oz.

2/\$3

DAIRY

Yoplait YOGURT
Select Varieties
4-6 Oz.

2/\$1



Minute Maid ORANGE JUICE
59 Oz.

2/\$5

Food Club Butter Me Not Or Texas Style BISCUITS
5 Ct.

2/\$1

Pillsbury Crescent, Caramel, Orange Or CINNAMON ROLLS 8-13 Oz.

2/\$4



**Alpo Prime Cuts Or
Come & Get It
DOG FOOD**

\$19⁹⁸

47 Lb. Bag



Angel Soft TISSUE
12 Dbl. Roll Or 24 Single Rolls
Or Sparkle 8 Roll TOWELS

2/\$10



**Food Club
BLEACH**

96 Oz. **2/\$3**



**Cascade
DISH DETERGENT**

\$3⁸⁸

45 Oz. Powder
Or 15-20 Ct.
Acton Pacs



**Dial
LIQUID HAND SOAP**

\$1

7 Oz.



**Dial
BODY WASH**

\$2⁹⁸

16 Oz.

BEER & WINE

**Budweiser Or Bud
Light
BEER**
24 Pk.
16 Oz. Cans



\$20⁹⁹

**Miller High Life
BEER**
12 Pk.
Cans Or Bottles



\$7⁹⁹

**Blue Moon Belgian,
White Seasonal Or
White IPA
BEER**
6 Pk.
Bottles



\$7⁹⁹

**Foxhorn
WINE**
1.5 L



\$6⁹⁹

**Miller Lite
BEER**
12 Pk.
Cans Or Bottles



\$9⁹⁹

**Liberty Creek
WINE**
1.5 L



\$6⁹⁹

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GREAT TASTE LIVES HERE
Premium Quality
**CHARTER
RESERVE**



**Charter Reserve
CHICKEN**
Applewood
Smoked Or
Buffalo Style

\$5⁹⁹ Lb.

**Charter Reserve
CHEESE**
Yellow Or White
American Or
Colby Jack

DELI & BAKERY

Not Available At All Locations!



**Fresh
ROTISSERIE
CHICKEN**

\$5⁴⁹

Each



**Double Layer
COOKIES &
CREAM CAKE**

\$8⁹⁹

Each

AD GOOD OCT. 7-13, 2015



**Prices Good
At These Locations ONLY!**

- KILLEN** 1161 Hwy. 72 • 7am-11pm • 256-757-2002
- FLORENCE** 1708 Darby Dr. • 7am-10pm • 256-767-2227
990 Cox Creek Pkwy. • 7am-10pm • 256-765-1400
- MUSCLE SHOALS** 3001 Woodward. • 7am-11pm • 256-381-7277
3413 Woodward Ave. • 7am-11pm • 256-978-6093
- SHEFFIELD** Foodland Plus • 106 Towne Plaza • 7am-10pm • 256-381-6552

- TUSCUMBIA** 103 West 1st Street • 7am-11pm • 256-383-9425
- FORD CITY FOODLAND** River Road • 7am-10pm • 256-446-5842
- ELGIN CROSSROADS** ELGIN Forest Plaza • 7am-11pm • 256-247-1958
- ROGERSVILLE** Rogersville Shopping Ctr. • 7am-11pm • 256-247-1805
- RUSSELLVILLE** 14001 Hwy. 43 • 7am-9pm • 256-332-2535

Salvation Army Establishes Christmas Registration Times

FLORENCE - The Salvation Army Christmas Registration for 2015 is taking place in Colbert, Franklin & Lauderdale Counties.

Registration will be on the dates listed only! It is important to read the following information to determine which dates and location pertain to your household. DO NOT bring children with you to either registration location. Only one adult from each household will be allowed in the building to complete an application.

Angel Tree Registration
1518 Florence Blvd,
Florence, AL (Next to Walmart Neighborhood Market)

Monday, October 19-Thursday, October 22 from 9am-3pm. Friday, October 23- 9am-noon. In order to register, you must bring the following information for the entire household:

For Households with Children through age 12 and teenagers

1. Valid photo ID for all household members over age 18 (State issued Driver's License or ID card, School ID, Military

ID, etc.).

2. Certified Birth Certificate for infants through age 18. A hospital crib card will be accepted for newborns to eight weeks if a Birth Certificate hasn't been received. Please note: If you are not the parent, but are the legal guardian, you must bring official custody/guardianship documents along with Birth Certificates.

3. Official Proof of Address (most recent-September or October 2015- utility or phone bill, lease, etc.) If more than one family lives in the same house, each family must show proof of address.

4. Official Proof of Income (most recent-September or October 2015-paycheck stubs, TANE, Child Support, Social Security, SSI, Unemployment Compensation, Workers Comp, Self-employed Income Tax record, etc. If you are paid in cash, you must have proof on official letterhead from employer.) If you have no income, you must have your lease, Food Stamp notification, or other official documentation stating there is no income in the household. Also, a

written statement from whomever pays your bills, showing what is paid and the amount of each expense paid.

5. Official Food Stamp Determination Letter stating number in household, household income/expenses, and current benefit amount you receive. This is the letter mailed to you from the Food Stamp office. Please do not go to the Food Stamp office to request this documentation.

6. A telephone number where you can be contacted will be required. If you do not have a phone, a reliable message phone number will be needed.

7. Current, correct clothing and shoe sizes for all children through age 12. If you have teenagers in the home, they will be included on this application. For TEENAGERS you will be asked to list their most wanted item (\$50 or less). You do not need to make two applications!

Christmas Registration for Households with Teenagers and/or Adults only

The Salvation Army Office, 1601 Huntsville Road, Florence

Friday, October 16
Adults (Food Only-No Children in Household) - 9-11am

Households with Teens Only - 1-3pm

This registration is for Households with no children under the age of 13. These applications will be for the Teen gifts (ages 13-18 who do not have children of their own/see #7) and food only. You must bring the same documentation listed in 1-6 above.

If you have questions or need more information, call our office at 256-764-4432 during the hours of 9am-noon and 1-3pm Monday-Friday.

Celestial Thoughts

When my eldest daughter was about three years old I would swing her in a toddler swing in the back yard. Rather than the conventional back and forth motion, she wanted me to twist the swing so when it was let go she would unwind quite rapidly like a tornado.

She would close those little blue eyes and become completely immersed in the experience - the wind in her curly blond locks and the sheer joy of the ride. With a huge smile on her face and glee in her eyes she exclaimed, "Wound again Momma!" in an attempt to say, "Round again Momma!" She trusted me and that swing with all her heart and had none of the worldly fear I had. She had the kind of trust God wants us to have in Him. We need to trust Him like she trusted me, feel the wind in our hair as we walk through life, and say, "Wound again my Father, wound again!"

Dawn N.

Follow the Florence Falcons



Join Us for the "TNT Fireworks" Pre-Game Show at 6:00

THOMPSON FAMILY CHIROPRACTIC and Spinal Decompression Center




Bruce D. Thompson, D.C. Dr. Amanda Zills-Lindholm

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24/7 EMERGENCY ROOTER SERVICE

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2004 NISSAN TITAN EXCELLENT condition, 4 door, Crew Cab, 4WD, Gas, Gray with Gray interior, \$2,500. 512-521-7108 10-14

2010 CHEVROLET TRAVERSE LS, cloth, power windows, locks, automatic, 111k \$11,986. Financing available. Call Tony 931-213-1386 or 256-764-3351 10-07

SINGING RIVER DENTISTRY
Healthy Smiles for a Lifetime

The Singing River Dentistry Team welcomes
DR. BOBBY MOORE



Dr. James Maples, Dr. Jimmy Gardiner, Dr. Bobby Moore, Dr. Glenn Rudolph, Dr. Patrick Wilson

Dr. Moore began in his private practice in 1978 after graduating from UAB Dental School. His undergraduate experience includes a degree from Auburn University and Sheffield High School. Dr. Moore also received advanced dental training from the Pankey Institute as well as an Academy of General Dentistry Mastership. He comes to Singing River Dentistry after being in private practice for over 37 years, most recently in Muscle Shoals.

Dr. Moore is a member of many dental organizations including: American Dental Association; Alabama Dental Association; 8th District Dental Society; National Academy of General Dentistry; Alabama Academy of General Dentistry where he serves on the Board of Directors and also served as President in 2012.

Dr. Moore and his wife Patricia live in Muscle Shoals and have four grown children and four grandchildren.

Three locations to serve you!
2604 Hough Road, Florence • 256-764-9955
1919 Woodward Avenue, Muscle Shoals • 256-383-1112
121 E. 6th Street, Tuscumbia • 256-383-0377
Open until 9:00 PM for your convenience. Call for details.

SOUTHERN APPEAL LAWN
Maintenance Services, Landscaping & Dirt Work. Tree and Stump Removal. Quality work/best rates. Serving Colbert & Lauderdale Counties. Free estimates. 256-381-2306 10-28

HOUSE PAINTING, SHEETROCK/
carpentry repairs, economical, reliable, 35 yrs. experience, excellent references. Dale Jackson. 256-412-2654 10-14

COUCH RED WITH BLUE STRIPES,
white dots. \$50. 256-796-6184

2011 KIA OPTIMA LX, CLOTH,
automatic, power windows, locks, 103k \$10,486. Financing available. Call David 256-415-0331 or 256-764-3351 10-07

GUNSMITH - REPAIRS, CLEANING,
Refinishing, Shotgun Guns. We sell guns too. Great prices. 103 Taylor Rd. Florence. 256-349-5051

1995 VW GOLF. 5 SPEED, 4 wheel disc brakes, drilled rooters, ceramic brake pads. New GTI struts. \$1,500. 256-612-3039 10-14

13" ORION TV. COLOR TV. Cable ready with original remote. Decatur Area. \$10. 256-350-4637 10-07

2011 FORD RANGER XL, REG Cab Auto, 4x2, 100k, \$10,997. Financing available. Call Shannon 256-412-1551 or 256-764-3351 10-07

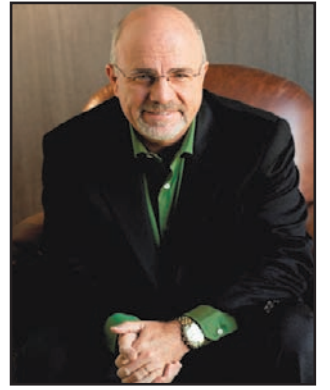
SCREEN DOOR 32X81, LIGHT, good condition, \$20. 256-351-9111 10-07

HANDYMAN RAKE LEAVES, CUT thickets, clean out gutters, pressure washing, haul junk, home repair. 256-810-3893 11-11

TRAIL HORSES - GAITED, FARM dispersal, brood mares, young horses, Palomino, Buckskins, and Spotted, all prices 256-762-3134 10-14

DAVE Says

by DAVE RAMSEY



DOES THE RIGHT TO COLLECT STILL EXIST?

Dear Dave,
If a credit card company has charged off a debt, can they still sell that debt to someone else who can come after it? I'm currently receiving calls about a debt that's more than 20 years old. Do you have any suggestions?
Lisa

believe it's a good idea. Can you settle this for us?
Crystal

Dear Crystal,
No, I wouldn't recommend it. I don't buy warranties of any kind, and here's why. Warranties are usually based on somewhere between 12 and 18 percent of the cost of the warranty actually going to the probability of the repair. The rest is eaten up in profit, overhead and marketing costs. In other words, for 18 percent of what you pay — give or take — you could put that money aside, and on average you could cover the repair.

Dear Lisa,
Charging off a debt doesn't mean that the right to collect has been given up or revoked. All it means is that the debt is no longer on their books as an asset. They don't think they're going to collect, but it doesn't mean that the legal right to collect has ended.

The real problem here is whether or not the debt is outside the statute of limitations. I'm guessing that after 20-something years it has passed, but check with a lawyer in your state to make sure. Another issue is when someone buys and tries to collect on a 20-year old credit card debt, they paid about five cents on the dollar for it. These debt collectors are the worst type of bottom feeders.

If they call, just hang up on them unless they're willing to be respectful and reasonable. You can probably settle this for 10 or 15 cents on the dollar, and get them out of your life for good.
—Dave

So, put the profit, overhead, marketing costs and all that in your pocket. Make that extra money you made!
—Dave

PUT WARRANTY IN YOUR POCKET

Dear Dave,
My husband and I have a disagreement on whether or not you would recommend buying a home warranty to cover appliance repair. I've read your books, and I think you'd say no. He thinks you

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8.5 million listeners each week on more than 550 radio stations. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

Home Accents

Categories Listed
DOES NOT INCLUDE SEASONAL DEPARTMENT.

50% OFF

Wood Decor Sale
CHOOSE FROM WOOD WALL DECOR & FINISHED DECORATIVE WOOD ACCESSORIES.
DOES NOT INCLUDE FURNITURE OR UNFINISHED CRAFT WOOD.

Metal Decor Sale
CHOOSE FROM METAL WALL DECOR AND FUNCTIONAL & DECORATIVE METAL ACCESSORIES.
INCLUDES METAL CONTAINERS IN OUR FLORAL & CRAFT DEPARTMENTS.
DOES NOT INCLUDE FURNITURE.

Candleholders
WALL & TABLE.

Decorative Memo Boards, Chalkboards & Corkboards
ITEMS PRICED \$24.99 & UP.

Men's Metal & Wood Decor
WALL & TABLE.

Framed Art and Canvas Art

Collage Frames

All Wicker, Decorative Boxes & Storage
DOES NOT INCLUDE LARGE TRUNKS OR CRAFT & PAPER-CRAFTING STORAGE.

Decorative Lanterns, Birdcages & Terrariums

Decorative Vegetable- & Fruit-Filled Bottles

Trays, Coasters & Place Mats

Knobs, Drawer Pulls & Handles

Glass Decor Sale
INCLUDES GLASS DEPARTMENT, FLORAL GLASS VASES & CRAFT GLASS CONTAINERS.
DOES NOT INCLUDE CRAFT STAINED GLASS OR GLASS TABLETOPS.

ITEMS LABELED FALL, HALLOWEEN AND CHRISTMAS ARE NOT INCLUDED IN HOME ACCENTS SALE.

Fall Decor, Fall Party, Fall Crafts & Fall Floral

40% OFF

DOES NOT INCLUDE FALL FABRICS OR FLORAL CUSTOM DESIGNS.

Christmas Decor

40% OFF

DOES NOT INCLUDE FABRIC, NEEDLE ART, CANDY, LIGHT SETS, LIGHT ACCESSORIES, SCOTCH® TAPE OR SCOTCH® PRODUCTS.

Christmas Trees

12 in. - 12 ft.

40% OFF

Christmas Floral

• Arrangements • Bushes • Wreaths
• Garlands • Swags • Stems
• Picks • Ribbon

40% OFF

DOES NOT INCLUDE CUSTOM DESIGNS.

Christmas Crafts

40% OFF

ALL ITEMS LABELED MAKE IT CHRISTMAS!, CHRISTMAS CRAFTS, JESSE JAMES, ROBERT STANLEY® CRAFT COLLECTIONS & CHRISTMAS BY BEAD TREASURES™.

Christmas Light Sets

- GE Mini Light Set 100 Count **4.99**
- GE Gutter & Shingle Clips 100 Count **4.99**
- GE Icicle Light Set 300 Count **12.99**
- Chaser Light Set 150 Count, 16 Function **12.99**
- Net Style Lights 150 Count **9.99**
- GE Light Sets 25 Count, C-9 **9.99**

Floral Categories Listed

• Ribbons & Trims by the Roll
• Floral Arrangements
• Wedding Sale

50% OFF

DOES NOT INCLUDE SEASONAL DEPARTMENT OR ITEMS LABELED "FLORAL ACCENTS."

Furniture

Always

30% OFF

THE MARKED PRICE*

Halloween

40% OFF

DOES NOT INCLUDE CANDY OR FABRIC.

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- I Love This Cotton!™ **2.66** (3 & 3.5 oz.)
- All Artiste® Floss & Threads **30% OFF**
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CHOOSE FROM OUR ENTIRE SELECTION OF BASIC & FASHION TABLETOP FRAMES.
INCLUDES WOODEN PHOTO STORAGE.

Children's Activity Kits, Paint & Pencil by Number Kits & Fuzzy Posters

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Crafting Categories Listed

30% OFF

- All 2 oz. Acrylic Paint
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Most Categories Listed

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- 32" x 40" Acid Free Matboards
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THE MARKED PRICE*

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- Fleece
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Offer good for one item at regular price only. Limit one coupon per customer per day. Must present coupon at time of purchase. Offer is not valid with any other coupon, discount or previous purchase. A single cut of fabric or trim "by the yard" equals one item. Online fabric & trim discount is limited to 10 yards, single cut. Excludes Heidi Swapp® "Minc."™ Foil Applicator, Cricut® products, Tim Holtz® "Vagabond"™ Machine, Silhouette Cameo™ Machine, candy & snack products, gum & mints, helium tanks, gift cards, custom orders, special orders, labor, rentals or class fees. Cash Value 1/10¢. VALID THROUGH OCTOBER 10, 2015.

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CORN POPS - 12.5 OZ.
FROSTED FLAKES - 10.5 OZ.
FROOT LOOPS - 12.2 OZ. OR
MALT O MEAL BAG CEREAL 22-36 OZ.

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1 LB. BOX - SELECT VARIETIES

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64 OZ. BTL. SELECT VARIETIES

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59¢

BEST CHOICE SQUEEZE KETCHUP
24 OZ. BTL.

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BEST CHOICE ASSORTED PASTA
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48 OZ. BTL.

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BEST CHOICE PREMIUM PAPER TOWELS
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10.6-16.2 OZ. - OATMEAL CREME PIES, HONEY BUNS, COSMIC BROWNIES, NUTTY BARS & SWISS ROLLS

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REGULAR, THICK OR GARLIC FLAVOR

\$1.49
YOUR CHOICE 16 OZ.

BAR-S FRANKS
JUMBO, TURKEY, BUN LENGTH, OR JUMBO JUMBO

\$1.29
YOUR CHOICE 16 OZ.

TYSON BREADED STRIPS OR FILLETS
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Hoarding on the Rise: How to Spot Warning Signs

Tips to recognize a loved one's hoarding and get them the help they need

Think of that family member or friend whose home is nearly clogged with clutter; how do you describe them? How do you address the situation? The terms you use and actions you take can have a serious impact on that individual's situation and mental state.

Hoarding is more common than many realize. Recent estimates show that as many as five percent

of Americans may meet the criteria for hoarding disorder, that's up to 15 million people. Hoarding is also now recognized as its own mental health disorder by the American Psychiatric Association.

"A lot of people don't want to believe their loved one could be a hoarder," says extreme cleaning expert Matt Paxton. "We want to believe the situation isn't that serious, but the truth is that hoarding isn't just something you see on TV. It happens everywhere, and real people suffer from it every day."

Paxton, now serving as the in-house expert on hoarding cleanup for ServiceMaster Restore, provides specialized hands-on training to the company's franchisees across the country. To help you recognize whether your loved one is truly suffering from hoarding disorder, and to learn how you can help them get the professional help they need, Paxton offers these tips:

- **Spot the symptoms.** People who suffer from hoarding have a tendency to be extremely secretive about their problem. They may even attempt to hide it from friends and loved ones by not allowing people into their homes or private living spaces. Sometimes people who suffer from hoarding will cut off all communication to friends and family in fear that their hoarding tendencies will be exposed to the outside world. If you feel like you're being shut out, don't give up; it just means you have to work harder to stay in this person's life and help them get the help they need.



- **Recognize common triggers.** Hoarding is often triggered by a traumatic event in someone's life - the loss of a loved one, a divorce, cancer or job loss. A person begins hoarding because they are trying to fill this void with physical stuff, which adds up over time. Think of your loved ones who may be going through a tough time; are they purchasing items to an extreme? It's important to recognize that they may need help from an expert, and soon.

- **Seek professional help.** If you don't know how to help someone who suffers from hoarding - and most people don't - ask for assistance before attempting to handle it yourself. People who suffer from hoarding are not just collectors, they have a psychological attachment to their belongings - something that the average person is not equipped to handle on his or her own. Remember, hoarding is a disorder. Professional cleaning services, like ServiceMaster Restore, can provide compassionate cleaning services for hoarding, and also refer you to local mental health professionals across the country to help ensure your loved ones get the professional help they

need. It's also important to have a professional check for the physical safety and the many hazards that may exist in a hoarded home.

- **Don't escalate the crisis.** Attempting to clean something up on your own is not only dangerous, it can also be detrimental to the person who suffers from hoarding. Mental health experts warn against throwing things away or making threats about ending a relationship with someone who suffers from hoarding. Both of these practices often do more harm than good. Compassion is key when dealing with a hoarding situation.

Paxton urges the importance of understanding that every hoarding situation is unique and requires special careful attention, especially if harmful contaminants are present. This is where professional companies experienced in construction and repair work, as well as cleaning and de-cluttering, can be particularly helpful.

"Together with ServiceMaster Restore, we can help more of those-in-need and have a real impact on the lives of those suffering from this mental health disorder," says Paxton.

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A Great Shoals Tradition

One of the greatest claims to fame for Shoals area sports fans down through the years is an organization called the Tri-Cities Quarterback Club. I found in my files the other day some interesting facts about the club that had its beginning in 1948

as far as I can determine. The club claimed it had the finest, most colorful and best known speakers in the football world.

They also felt like no other Quarterback Club or Touchdown Club in America could rival its position of having had the finest football speakers in America. And when you look at the roster of those speakers, one could hardly argue that claim. Consider just a sample of that list that appeared at the Tri-Cities Quarterback Club over the years.

The very first speaker was former Alabama head football coach Red Drew. Others that followed included Bear Bryant, Shug Jordan, Red Grange, Darrell Royal, Johnny Vaught, Bobby Dodd, Frank

Broyles, Weeb Ewbank, Ara Parseghian, Wally Butts, Ears Whitworth, Harry Gilmer, Travis Tidwell, Billy Hitchcock, Fred Sington, Jake Gibbs, Lloyd Nix, Tommy Lorino, Jackie Parker, Bobby Marlow and Tommy Lewis.

How's that for a star-studded guest speaker list? And those are only a few of the star-studded speakers that came to town. The very first Captain of the club in 1948 was Mims Rogers. The alternate captain was Dr. H.B. Beck and the Quarterback was George Williams.

The club expanded over the years and in 1961 held a charter member night on November 28th. The Captain that year was the late Senator Howell Heflin and the Quarterback was Tommy Tanner. The

guest speaker was Benny Marshall, sports editor of the Birmingham News.

Just a look at the list of some of the speakers in 1961 backed up the claim that the Tri-Cities Quarterback Club billed itself as the nation's No. 1 Quarterback Club. They included Wally Butts of Georgia, Ray Graves of Florida, Shug Jordan of Auburn, Weeb Ewbank of the Baltimore Colts, and Ara Parseghian, who at that time was head coach at Northwestern.

Florence State Night featured coaches Hal Self and George Weeks. The annual high school night featured coaches Joe Grant of Muscle Shoals, Walton Wright of Sheffield and Buddy Moore of Deshler. High school senior night brought in Alabama All-Americans Pat Trammell and Billy Neighbors.

Well-known speakers became harder and harder to get over the ensuing years for various reasons and sadly, the club disbanded last year. But while it lasted, the Quarterback Club was truly a great Shoals tradition.

E-mail comments and suggestions to: jerrywknight@comcast.net

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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Realizing that Eric was unaware of the whole truth surrounding Ivy's dismissal, Steffy filled in the blanks, which included being blackmailed. Ivy felt uncomfortable with her new position at the company. Thomas was shocked by Ridge's decision and begged Caroline to help him out. Maya told Rick about what she wanted next out of their marriage. Liam disapproved of Steffy's plans for Ivy. Zende hinted to Nicole that he would like to take their relationship to the next level. *Wait to See: The stress of keeping a secret is too much to bear for someone.*

DAYS OF OUR LIVES Stress over Chad's predicament took its toll on Abigail, who suffered a health crisis. JJ rescued Gabi from a tense situation. Theresa and Brady feared that something was wrong with Tate. Steve returned to Salem with some disturbing news about Bo. JJ tried to trap Clyde. Aiden realized that there may be another way for him to pay off his debts. Will uncovered key evidence about the Necktie Killer. Caroline had a vision of Bo. Aiden finally exacted payback against Clyde. Chad and Abigail shared a fraught moment when he asked her why she kept helping him. Stefano and Andre attempted to clear Chad's name. The Necktie Killer claimed another victim. *Wait to See: Sami returns to Salem.*

GENERAL HOSPITAL Anna and Sam had a heart-to-heart discussion with Emma. Laura urged Jake to discover his true identity before committing himself to Elizabeth. Felix paid Sabrina a visit. Dillon turned to Paul for advice. A wrong assumption made by Nathan led to some dire consequences. Dante and Lulu shared a close moment and discussed their future together. Michael rebuffed Tracy and Paul's pleas to stay away from

the dangerous Corinthos family business. Julian had a surprising encounter. Dillon told Lulu how he felt about her. Meanwhile, Dante confronted Valerie about a rumor. Olivia came up with a plan to protect her baby from Julian. *Wait to See: Kiki makes a scene at a bar.*

THE YOUNG AND THE RESTLESS Kyle warned Billy to stop buying up Newman's assets, but Billy told Kyle that he was ready to take on Victor. Victoria confronted Sage about her relationship with Nick. Devon and Lily wondered if Colin was somehow involved in Hilary's disappearance. Michael made a business decision that completely shocked Lauren. Abby asked Victor to cut Chelsea a break. Summer shared some shocking news with Phyllis. *Wait to See: Devon takes the law into his own hands.*

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Doctor's Weekly Quiz - Topic:
The Undeclared Naval War With France
by Professor Robert England of NWSCC

- The United States Congress embarked on a building program which created fortifications and a class of successful warships of up to 44 guns called
A) ships of the line B) frigates
C) Jefferson gun boats
- During the presidency of John Adams, Congress passed a series of unpopular measures to ensure loyalty and promote the war effort against France called
A) the Alien and Sedition acts B) the Adams' acts
C) The Patriot Acts
- An attempt to negotiate a peaceful settlement ended with the notorious "XYZ Affair". The French officials demanded a bribe of American negotiators to arrange a
- visit with the French foreign minister,
A) Jean DuClerc B) Francois de Milfont, Duc de Broglie C) the Marquis de Talleyrand
- Eventually, a treaty with France ended the war. It was called
A) The Ostend Manifesto B) The Convention of 1800
C) The Great Treaty of Versailles
- George Washington ended retirement to serve his country one last time. He commanded the military forces and held the rank of
A) lieutenant general B) field marshal
C) Captain General

Answers: 1: B 2: A 3: C 4: B 5: A

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The Bull in Bullying

By Karen England

Christian Communications Network

RENO, NV. - The unanimous decision recently by the school board in Elko, Nevada to maintain sex separated bathrooms was warmly received by parents and students wanting to protect privacy and safety. But according to Karen England, Executive Director of Capitol Resource Family Alliance, for some anti-privacy advocates it has also brought out the "bull" in bullying.

"I was especially offended by the recent column from long time Nevada columnist, Jon Ralston, titled 'Rurals still lag on transgender issues.'" said England. "Rather than offering cogent arguments, Ralston chooses to portray the issue as backwards rural people who have not kept up with progressive urban views of sexuality."

Ralston claims admiration for his "rural brethren," but goes on in his September 30 article to chastise them for not supporting a request that the Elko school board allow a middle school girl who identifies as a boy to use the boys' bathrooms and shower facilities. According to Ralston, "the Elko school board has reinforced inaccurate perceptions and primitive, anachronistic views of sexuality."

"Separating school children in bathrooms

based on physical identity as opposed to psychological identity is viewed as 'primitive' by Ralston," said England. "But he does not stop there, he claims that those who disagree with him are ensuring bullying."

England has a contrary view: "Forcing physically opposite children to share bathroom and shower facilities, and subjecting them to unwanted exposure is bullying."

"I don't believe efforts to shame rural residents by telling them that they are not as sophisticated as their urban counterparts will result in them embracing co-ed bathrooms," said England. "This is about privacy. Modesty is not ignorance nor is it hate."

"One can oppose co-ed bathrooms and still have compassion for those that believe that biology has betrayed them. Communities have long accommodated individuals that are not comfortable in traditional, sex separated facilities without promoting bullying and intrusion on those that want privacy and avoidance of unwanted exposure. Elko gives us hope that name calling and promotion of rural stereotypes will not undermine these basic values," said England.

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BLENDED HEALING

Can complementary therapies help your pet?
Here's how to integrate them safely

By Kim Campbell Thornton
Universal Uclick

When pets are sick, it's often tempting to turn toward treatments that are considered "natural." Concerns about side effects of drugs, fear that a pet will die under anesthesia or worries about the cost of a procedure can all drive people toward treatments or remedies that seem safer or less expensive, even if there's not much science behind them.

We're here to remind you that modern veterinary medicine is safe and advanced. If your pet has cancer or another illness or needs surgery or treatment for an infection, conventional treatments are better. And just because something is natural doesn't mean it can't be harmful or that it's a cure-all.

That said, complementary and alternative veterinary medicine (CAVM for short) can help to support conventional treatments or improve a pet's quality of life. Such treatments include acupuncture, herbal medicine, low-level laser treatments, massage and nutraceuticals such as glucosamine-chondroitin and omega-3 fatty acid supplements.

Acupuncture stimulates the release of beta endorphins. It can relieve pain and nausea and has helped dogs with cancer pain. It can also be useful for the aches of arthritis or recovery after surgery when used in conjunction with pain medications.

Milk thistle is recognized for its value in helping manage liver disease. It works so

well that most veterinarians consider it an accepted part of treatment.

Glucosamine and chondroitin supplements appear to reduce joint pain, with the added advantage of rarely causing side effects. High levels of fatty acid supplements may have anti-inflammatory effects and help relieve allergies.

But before you decide to try a natural medicine on your pet, examine it with the same investigative zeal you would any other medication or treatment. Start with your veterinarian.

Ask your veterinarian how conventional and complementary approaches compare when it comes to treating your pet's condition. If your veterinarian isn't familiar with a therapy, consult a holistic veterinarian. The American Holistic Veterinary Medical Association has listings on its website. Even if there's no one in your area, you and your veterinarian may be able to set up a phone consultation.

Be aware that CAVM can take time to work. Don't try a treatment for a week or two and expect to see any benefit. You may not see results for several weeks or months.

Consider the potential risks and benefits of any approach, taking into account safety and quality of life. Will a complementary therapy actually help your pet, or will it simply make you feel better because you're giving something "natural"? It's better to address the problem effectively, even if that means using conventional treatments. But if the standard treatment offers little benefit, you and your veterinarian may



decide that a nontraditional option offers better quality of life. Every situation is different.

Some nutritional supplements such as glucosamine and herbs such as milk thistle have been evaluated in animals, but most herbs given to pets haven't been tested for safety or effectiveness. Be sure that any therapy you are considering can be safely used in animals, especially if you have a cat. Just because something has been used safely in dogs or humans doesn't mean it will be safe to use in cats.

It's also important to avoid negative drug interactions. Like drugs, herbs work by causing biochemical reactions, and they may interfere with other medications your dog or cat is taking. Always tell your veterinarian about any supplements or herbs you are giving your pet.

Avoid any practitioner who claims that CAVM is always better than traditional veterinary medicine. That's not true, but it can have benefits and can be an important part of your pet's veterinary care when used appropriately.

What's your state's pet health record?

- The research team BARK (Banfield Applied Research and Knowledge) analyzed data from nearly 2.8 million pets seen at Banfield hospitals across the country. Here's some of what they found. In Oregon, 1 in 24 dogs is diagnosed with osteoarthritis. Minnesota has the highest rate of pet obesity: 41 percent of dogs and 47 percent of cats. (They must be packing on the pounds for those harsh winters.) Mississippi has the highest prevalence of heartworm disease in dogs. In Texas, the prevalence of parvovirus is two times higher than the national average. Check your state at stateofpethealth.com.

- Props to the Air Canada pilot who saved the life of a 7-year-old French bulldog named Simba by diverting a flight when a heating system malfunction would have sent temperatures plummeting in the cargo area. The Tel Aviv-to-Toronto flight landed in Frankfurt, Germany, so Simba could be placed on another flight. Approximately 200 travelers were delayed for 75 minutes to make the unscheduled landing and transfer, but Air Canada spokesman Peter Fitzpatrick said the overall reaction was positive once people learned of the reason for the delay and that the dog was safe.

- Planning a vacation? Consider Tierras Enamoradas in San Ramon, Costa Rica. Located in a cloud forest near Costa Rica's Arenal volcano, its walking paths give guests the opportunity to glimpse more than 300 species. As a bonus, people missing their own dogs can walk some of the dogs from the nearby pet hotel — known as the Dog House — which doubles as an animal rescue center. It houses more than 400 dogs and cats in need of homes, so you might bring back more than just memories, or you can add a warm, fuzzy feeling to your vacation by contributing to their care.

— Kim Campbell Thornton

pet buzz



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HASRA...

Continued from Page 14

during the event along with all donations at the event will go back to HASRA.

HASRA is a 501C3 nonprofit dog rescue devoted to the protection and enhancement of quality of life of animals that have been abandoned, neglected, abused, relinquished or found homeless. Volunteers actively work on adoption, foster, and rescue programs as well as education and training the general public.

THE ENTERTAINMENT

Blind The Sky consists of David Kelly, guitarist, synths, and vocalist; Mike Hollander, backup vocalist, bassist, and synths; and Daniel Cole, drummer and percussionist.

Kelly has been playing guitar and singing most of his life in various bands. He is also a major writing force for the group. He started becoming influenced by electronic sounds blended with rock several years ago. This led to his discovery of guitar synth which added a new dimension to the band's sound.

Hollander has been playing guitar and bass most of his life and has come to the theory that there is great music out there in many genres. You just have to look for it. Hollander adds a Zen-like approach to the music.

Cole recently joined Blind The Sky but has been playing drums for many years. He has a love for 80's and 90's rock as well as progressive music, adding the progressive edge to the sound the band has been looking for.

Blind The Sky creates music that includes many different genres and moods blended into one unique style. The band has always found its strength going against the common grain.

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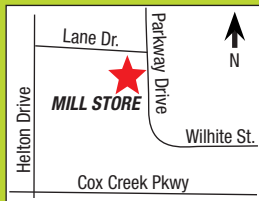
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WEEK 4 WINNER: CAROL PYLE, MUSCLE SHOALS

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S. CAROLINA ALABAMA

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W. ALABAMA at

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FLORIDA at

MISSOURI

NORTH ALABAMA at

CALIFORNIA at

W. GEORGIA

W. ALABAMA at

FLORIDA TECH

FLORIDA at

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UTAH

RULES: Only one entry per person per week. Only one winner per week. Check the box beside the appropriate picks for the first 11 games, then write in the exact score of the tie-breaker game. Person with the most correct picks receives a Gift Certificate for 2 entrées, 2 desserts, and 2 beverages from Legend's Steakhouse in Florence, tax and gratuity not included. In event of a tie, tie-breaker score will be used. Closest score wins. Total points will be next tie-breaking procedure and a random drawing of finalists will be used to determine the winner if they are exactly tied. Person with the winning card for the week, who also picks every game correctly including tie-breaker, will also win \$50 cash. Judges decision is final. Mailed entries must be post-marked by deadline day. Hand-delivered, faxed or on-line entries must be submitted by exact time of deadline stated above. **NO EXCEPTIONS.** Winner is posted on web site each Tuesday and in the paper delayed by one week. Employees and family of Courier Journal and sponsors are ineligible to win.

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TIE BREAKER GAME Write Score HERE
NORTHWESTERN at MICHIGAN

HOLLYWOOD Stories

by Tony Rizzo

HOLLYWOOD -- As people continue to invent ever newer technology for our social media, did you know that beautiful actress **Hedy Lamarr** -- who starred in 31 films, including Cecil B. DeMille's epic "Samson and Delilah," "Ziegfeld Girl" and "Boom Town" with **Clark Gable** and **Spencer Tracy** -- had a hand in the creation of that very same technology. Lamar, along with her business partner composer **George Antheil**, invented a secret communication system for radio-guided torpedoes for the Navy during World War II that led to the creation of GPS, Wi-Fi and Bluetooth technology?



Hedy Lamarr

Marlon Brando's love of drums led him to invent a tunable drumhead drive that operates manually or automatically, but the patent didn't come through until November 2004, four months after his death.

In 1841, before becoming president of the United States, **Abraham Lincoln** created a flotation system for lifting riverboats stuck on sandbars, which involved putting bellows on the bottom of the boat and inflating them like balloons to raise the boat off the sandbar.

Singer and actor **Harry Connick, Jr.** invented a computer system and method of presenting music pages to musicians, digitally, in an orchestra.

Top model **Christie Brinkley** designed an educational toy that helps kids learn the alphabet, in 1991.

Mentalist **Uri Geller**, who can allegedly bend spoons with his mind, patented a telephone shield used today in cellphones to protect us from radiation.

In 1988, **Jamie Lee Curtis** created a disposable diaper that included a waterproof pocket that holds baby wipes.

eccentric billionaire **Howard Hughes** came up with the steel bra worn by **Jane Russell** in "The Outlaw" in 1943.

Penn Jillette of Penn and Teller invented a hydro-therapeutic stimulator for spa-type tubs in 1999.

Comedian and ventriloquist **Paul Winchell**, of Paul Winchell and puppet Jerry Mahoney fame, held 16 patents before he passed away in 2005. Among them was a device for filling blood containers, a warning indicator for interrupted power supply for freezers, a flour sifter, a hand pump for transferring liquids, a non-bulging garter fastener, a lens cover, animation cells and the most important of all the above inventions ... an artificial heart. And you thought actors only invented business to make their parts bigger!

The next time you get into your car and sit in your bucket seat, stop for a minute and give thanks to film star **Steve McQueen**, who was granted a patent for bucket seats in 1970.

Zeppo Marx, often referred to as the fourth Marx brother, invented, in 1969, a cardiac pulse-rate monitor that provides an audible and vibratory warning if a pulse rate exceeds a normal threshold.

Zippo Marx, often referred to as the fourth Marx brother, invented, in 1969, a cardiac pulse-rate monitor that provides an audible and vibratory warning if a pulse rate exceeds a normal threshold.

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Commentary...

Shelter...

Continued from Page 14

I hope not.

It's unfortunate that government has to be in the animal shelter business at all. It's not responsible people who are creating that need.

However, it's regrettable that certain issues can't be discussed on merit instead of on the basis of how something may impact a certain group of people. It's not like this is the only community in Florence where a significant number of residents are minorities.

Most of the residents who live on Fairground Road - closest to the proposed area - are white, anyway.

Will property values in that neighborhood drop and would there be noticeably more traffic? That is very doubtful. In contrast, would values drop and traffic increase if a convenience store and package store were to locate there?

Will barking dogs be a nuisance to the residents in question who may be over a quarter mile away? As I recall, one can already hear some barks emanating from neighborhoods to the south.

Will animal smells create an issue? Does anyone recall when horses and a very active riding stable were located in that area?

Some apparently think the neighborhood is too good for an animal shelter. If I am not mistaken, shots were fired only a few hundred yards away next to the playground in Cox Creek Park recently. Maybe we should worry more about shelter animals being in that neighborhood.

That location is as good an opportunity as has been presented. Council members should make a decision they can live with based on issues of merit. They should summarily dismiss those who disburse divisive accelerants hoping to drive bogus issues. Otherwise, unmerited racial accusations are too easily invited to the next important topic.

Residents throughout the county are waiting for a solution and there are other pressing issues.

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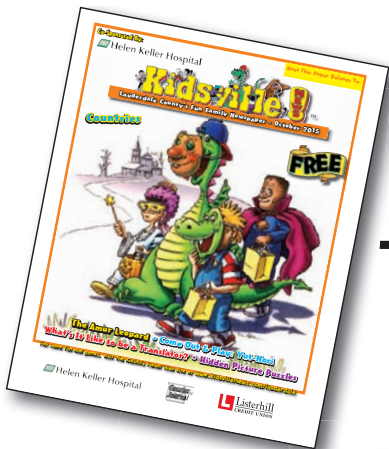
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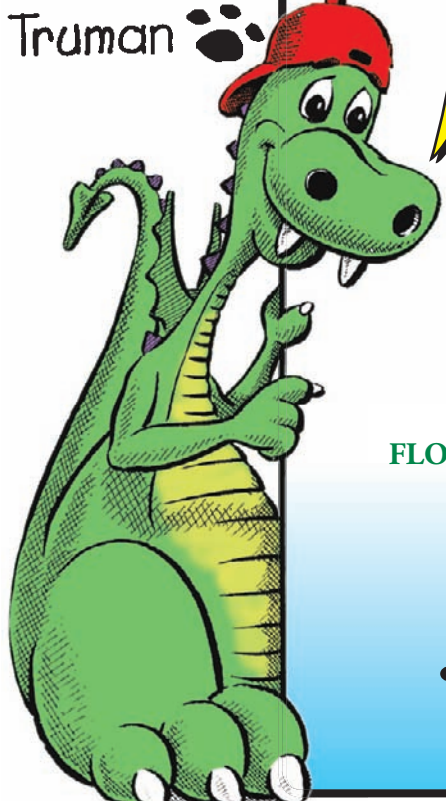
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Letters...

Continued from Page 16

Most Actions are Pro-Muslim

Dear Sir:

Donald Trump is taking heat for one of his answers to a question on CNN's so-called debate, which was in reality a forum for responses

to negative comments—real or imagined—that he had made.

One such question dealt with the subject of whether Trump believed Hussein is a Muslim. He answered by saying that he did not know. That should be considered a reasonable response. However, it is not very well aligned with the facts.

Hussein claims to be a Christian, but most of his official actions have been pro-Muslim to the extent of filling senior government staff positions with personnel specifically recruited on the basis of religion.

He has also supported Muslim causes in the Middle East and ignored the plight of Christians. He has declined to support real attempts to overthrow Muslim domination in Iran, but he sided with Muslims seeking to remove governments they opposed. I have no idea what religion, if any, he is committed to. But his actions are clearly more favorable to Muslims than Christians. It will be very interesting to see what happens when he leaves office and his true colors are revealed.

There are several possible routes that he could take. After careful study, I have concluded that he will settle in Iran. Depending on who wins the election in 2016, he may be open to a charge of treason. Who knows? All voters need to weigh the qualifications and courage of people who aspire to be President and elect someone who will not repeat the errors of the past-Republican or Democrat.

Some have taken issue with my conclusions, and they have a right to do so. However, I wish to offer a bit of my career experience to justify my position. I spent most of my professional life in intelligence where coherent conclusions come from fragments of information. I was very successful and continue to use that approach to address all issues that I encounter. It works every time. That certainly includes the question of where Hussein's loyalty lies.

Jimmy Wayne Cosby
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The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.



JAZZY is an adult lab mix looking for a home from the Colbert Shelter! She's great with other dogs, very friendly, & walks well on a leash! Her **\$15 ADOPTION FEE** includes her spay & rabies vaccine! For more information, call the shelter at 256-381-4073!



BUGSY is a 2yr old Boxer mix. He's very afraid at the shelter and needs some love and attention!! **\$75 FEE** from the Florence Lauderdale Animal Shelter... call 256-760-6676 to learn more!



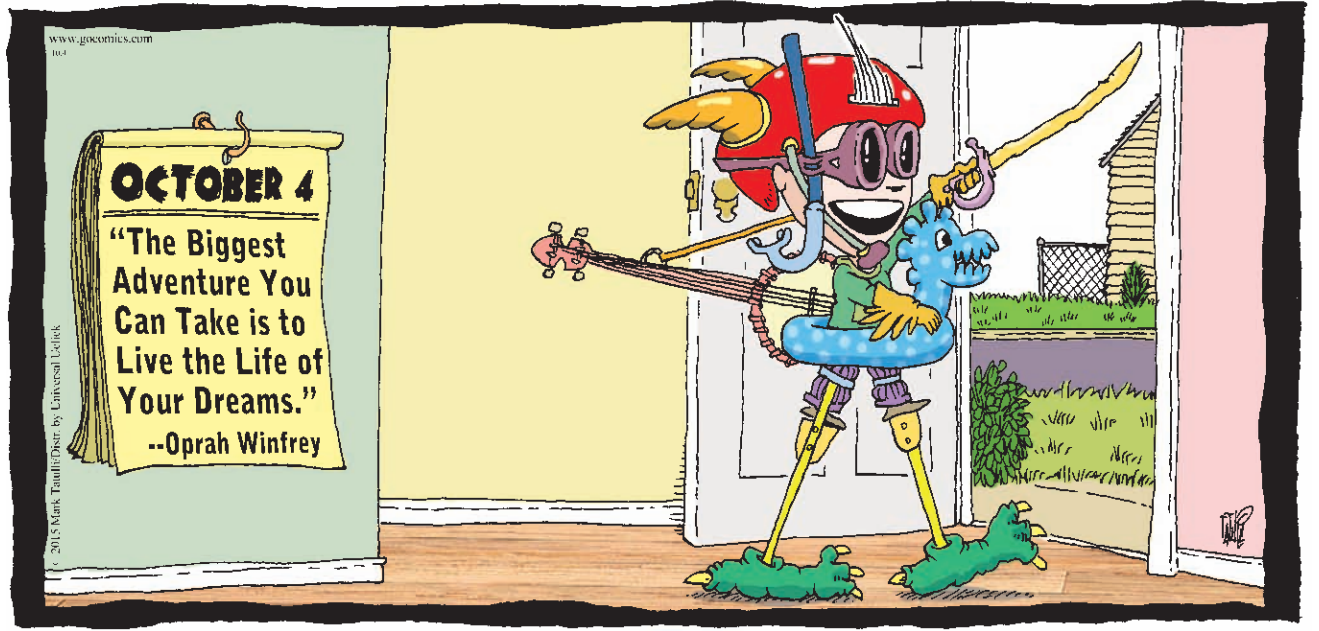
Hi! I'm **KATRINA** & I'm the sweetest Boxer girl you'll ever meet! My favorite thing to do, besides getting treats, is giving you hugs. I like to play with other dogs but I'm happiest when I'm with my human. And I love kids too! Won't you please take me home? I'm currently enjoying life in rescue in Sheffield, AL until I find my forever home! I'm 3 years old, spayed and fully vetted! **ADOPTION FEE \$75**, giant crate included with adoption. Please call, text or leave a message Michelle Ray, 256-762-6111.



I'm **JAKE**, a year old terrier mix. I My foster mommy says I'm sweet as candy. I'm also very loveable and cute. I'm very affectionate and love other dogs, cats, and children. What more could you ask for? I need a fenced in yard to play safely with my humans. I'm neutered, up to date on my vaccinations, and micro chipped. If you're interested, please call PAWS at 256-383-0690

Liō

BY MARK TATULLI



- 1996 CARRI-LITE 28 FT. 5TH** wheel camper, loaded, \$7,350. 256-263-0234. 10-14
- 1987 CARVER LOADED! TWIN 350** Mercury Crusier. Must see in the water. 406 Aqua Vista Dr. \$26,500. 256-757-5231 or 256-366-1703 10-07
- 2001 FIREBIRD CONVERTIBLE** Viking blue, black top, chrome wheels. Runs/drives excellent, \$2,700 OBO. 256-627-9131 10-14
- 2001 FORD EXPEDITION EDDIE** Bauer Package, 3rd Row Seating, Loaded, 179,500 miles, good condition, \$3,300. 256-303-2285 10-14
- 2014 VOLKSWAGEN JETTA SE** Leather, 46k, \$12,767. Financing available. Call JD 256-577-1056 or 256-764-3351 10-07
- 2005 CHEVROLET EQUINOX LT** Leather, Sunroof, Automatic, 122k, \$8,788. Financing available. Call Shannon 256-412-1551 or 256-764-3351 10-07
- 2012 CHRYSLER 200. 37K MILES,** Super nice and clean. \$10,200. 256-710-6287 10-14
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- PLAY THE GAME DAY** Score Card Contest every week during the football season. Only in the Courier Journal and at CourierJournal.net.
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- 1994 TOYOTA SUPRA EXCELLENT** condition, 2 door, 2dr Car, RWD, Gas, White with Black interior, \$3,500. 512-256-7325 10-14
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SPLINTERS!

If you get a splinter and don't have a tweezers available, here's a hack to get it out. Put a little Elmer's(r) glue on it. Let the glue dry and then pull the glue off. The splinter will come off with the glue.
Jordan

WEED KILL

I use a kettle of boiling water to kill the weeds that grow in the cracks of our sidewalk. I just pour it on the weeds (especially at the root) every day until they die. It works pretty well, and it is safe for kids and pets after treatment.
Melissa W.

MAKING CLEANING EASY

Cleaning house isn't my favorite chore. To make it easier, I keep a set of cleansers in the kitchen and each bathroom. That way, it takes just a minute to clean that space. There's no need to gather my supplies. I've found that by keeping up with it on a regular basis, I don't end up with a big cleanup on my hands.
Becky

UPDATING OUTDOOR LIGHT FIXTURES

The brass light fixtures outside our front door were beginning to look nasty, so I decided to give them a little attention. I took them down and hit them with some sandpaper. Then I sprayed them using a rust proofing paint. The color matched our house's trim. After washing and replacing the glass globe, they looked sharp!
Robbie

EXTRA PEPPERS?

During this time of year, we can buy green peppers for cheap at local farmers' markets. I like to stock up. I rinse them off, crush them, and place them in a zipper bag in the freezer. During winter when I want a bit of pepper, I pull off a piece and add it to whatever recipe I'm cooking. They freeze well and don't stick together.
Annabelle

HOME PROJECTS

We just finished a kitchen remodel. I love my new kitchen, but I remembered something about half way through the project that we learned earlier. When you figure your initial budget for a project, add an extra 20% for surprises. It seems like there's always an upgrade that you want or something nasty behind the drywall that will add to the cost. There's nothing worse than getting part way through a project and finding out that you don't have enough money to finish it.
Melanee

HAPPY BIRTHDAY TO ME!

Do you love birthdays? I do! Ever since I was a little girl, birthdays have been my favorite. I sign up for any birthday freebies I can find. Also, I sign up at any sites (especially restaurants) that ask for my birthday. To protect myself from hackers, I use a date that's one week after my actual birthday. I get all kinds of neat coupons, freebies, and discount offers. If I get any gift cards from my family, it's a perfect time to take advantage of the discounts.
Monique

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2 AMISH AUCTIONS


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9AM Wednesday, Oct. 14
Dan & Lizzie Hostetler
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Directions: Take Hwy 64 west of Adamsville, TN turn south on Gilchrist Stantonville Road (TN-224) then Follow the Shane Albright Auction Signs!

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Notes...

Continued from page 34

There will be Renaissance Lecture at the Florence Lauderdale Public Library Sponsored by the Alabama Renaissance

Faire Roundtable, UNA, and the library. Page to Stage: Theatrical Companies in Renaissance England on Sunday, October 11, 6pm. Dr. Brenna Wardell, Assistant Professor of English at UNA, presents this talk in the annual Renaissance Lecture Series.

The popular \$5 Jewelry Sale at Helen Keller Hospital Volunteer Auxiliary is set for

October 12-14. All jewelry and accessories will be only \$5 each, including a variety of rings, earrings, bracelets, handbags, and more. The sale will take place in the main lobby of Helen Keller Hospital on Monday, October 12 from 7am-6pm, and on Tuesday, October 13 and Wednesday, October 14 from 7am-4pm.

The proceeds of these fundraisers help the Auxiliary with many activities, including

the Louise Isbell Ashe Scholarship Program. These scholarships are given each year to graduating high school seniors that are pursuing careers in healthcare-related fields.

For more information on the Volunteer Auxiliary, please call the Human Resources department at 256-386-4417.

Monthly Covered Dish Lunch at Zip City Community Center, Thursday, October 15 at 11:30am. Program will follow lunch. Please bring a covered dish. Everyone is welcome.

Donate blood with the Red Cross to support cancer patients and others needing blood - October is Breast Cancer Awareness Month. Volunteer donors are the only source of blood products for those needing transfusions. Donors with all blood types are needed, especially those with types O negative, B negative, A negative and AB blood.

To make an appointment to donate blood, download the Red Cross Blood Donor App from app stores or text BLOODAPP to 90999 to receive a download link, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

Upcoming blood donation opportunities:

October 19, 11am-3pm, First Metro Bank - Florence, 325 South Pine St.

October 21, 9am-2pm, Colbert County High School, 2200 High School St.

AIDT, the state's top-ranked job-training agency, will be offering Leadership Skills I and II at the Shoals Center for Business & Economic Development, 20 Hightower Place, Florence, Alabama (for a map, click Directions to SEDA Office). Please see the course descriptions and dates offered below.

Leadership Skills I -- is the recommended first course for first-line, team leads and/or new supervisors. The class is offered in a two-day format. There is a comprehensive test given after the class. If passed, the exam offers the credential of "AIDT Certified Leader I". It is designed for employed Alabama citizens currently in leadership positions.

Leadership Skills II -- is a follow-up course to Leadership Skills I, and includes

more advanced topics of supervision. The class is offered in a two-day format. There is a comprehensive test given after the class, and if passed offers the credential of "AIDT Certified Leader II". LEADERSHIP SKILLS I MUST BE COMPLETED PRIOR TO TAKING LEADERSHIP SKILLS II.

Leadership Skills II (Two-Day Course) - October 20-21 - 8am-4pm

Leadership Skills I (Two-Day Course) - February 17-18, 2016 - 8am-4pm

Leadership Skills II (Two-Day Course) - March 23-24 - 8am-4pm

Leadership Skills I (Two-Day Course) - April 20-21 - 8am-4pm

Leadership Skills II (Two-Day Course) - May 18-19 - 8am-4pm.

The cost is only \$35 per person to attend any of the two-day classes. The cost includes lunch and snacks on both days.

For more information regarding the classes go to <http://www.aidt.edu/classes/>

Please send an email to christi.graham@seda-shoals.com or call 256-349-5632 to enroll.

Golf Tournament at Cypress Lakes, October 31, registration begins at 7am, shotgun starts at 8am, \$150 per team, 2 man scramble. 3 flight prizes, closest to pin, longest drive, and putting contest. Lunch will be provided. Available purchases: BBQ plates \$8, BBQ by the pound \$12. There will also be a silent auction. Registration: 256-247-8533 or 256-710-3020.

Special thanks to our Gold sponsors: Whitten & Associates, Home Town Pharmacy, Gary Keenum Concrete, Campbell Collision Center, and Knight & Humphries, Inc. Real Estate.

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Junior Whirl Answers
by Hal Kaufman

SCORE 10 points for using all the letters in the word below to form two complete words:
BARNACLE
Possible twosomes:
Lean, Crab

Barn, Clear, Lear, Bean, Rale, Bale, Beal, Clean, Rabe, Banal, Rabel, Race, Bear, Real, Bane, Cane, Lane, Near, Iancer, Lance, Clan, Bare, Abel, Able, Cabler, Canal, Carb, Cable, Lace, Baler etc.



Answer: 984 multiplied by 675 is 664200.



HATCHED UP WORD PLAY

Answer is West Indies (west in D's).

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