

Demand Soars For Innovative Arthritis Treatment FDA Cleared, Covered By Most Insurance, Even Medicare

Fayetteville doctor offers powerful, cutting-edge arthritis treatment... prepares for overwhelming demand as news of it's impressive results spread across Tennessee and entire U.S.

Fayetteville – Arthritis sufferers can't get it fast enough and doctors offering it can't keep up with the demand.

"It's been incredible. We've been able to help so many knee arthritis sufferers who had given up hope," said **Dr. Walter Bennett DC, MSN, FNP**, Owner of **Elk Rive Medical** located at **2310-C Thornton Taylor Parkway in Fayetteville**.

Dr. Bennett is referring to the use of the innovative arthritis treatment, viscosupplementation... or "knee gel," in his progressive medical office.

"The response has been incredible. Once the word got out, arthritis sufferers started flooding our phone lines and swarming the office. Once they found out there is an FDA cleared, Doctor administered arthritis treatment that actually works – without the side effects of toxic pain pills or grueling surgery - and has enough scientific research that it is covered by most insurance and even medicare – just about everyone suffering with painful arthritis wants to give it a try."

What Is This Treatment And How Does It Work?

If you are suffering with knee arthritis and pain, you are not alone. Degenerative joint disease or "arthritis" affects 21 million Americans and typically involves the weight bearing joints – like your knees. According to the American College of Rheumatology, nearly 70% of people over the age of 70 have x-ray evidence of the disease.

The worst thing is: Arthritis can be devastating. The pain can keep you up at night and make getting out of bed and moving around a daunting task. The pain and stiffness can suck all the happiness and joy right out of your life.

And treatment options have not been good. The basic protocol has been a steady diet of toxic pain pills until your joints completely wear out and then it's time to surgically replace the knee joint.

But Now Things Have Changed

Osteoarthritis is a joint disease that mostly effect the cartilage. Cartilage is the tissue that covers the ends on bones in a joint. When healthy, cartilage allows bones to glide smoothly over one another and acts as a shock absorber.

Your "normal" knee also contains a small amount of fluid called synovial fluid. This synovial fluid is a thick,

gel-like solution that cushions and lubricates the joint – much like oil lubricates the engine of your car.

In osteoarthritis, the cartilage breaks down and wears away and the synovial fluid loses it's lubricating properties and "dries up." This is like running your car with very old or no oil at all. Now as you attempt to use your knee(s), there is not enough lubrication which causes bones to grind together resulting in pain, swelling, stiffness and the joint continues to wear out. This is a vicious cycle and can lead to bone-on-bone rubbing and excruciating pain.

Pain pills do NOT lubricate the joint or fix the problem. They simply attempt to make you numb so you do not feel the pain as your joints continue to deteriorate. The eventual repercussions of this are obvious.

Knee Gel Is Very Different

And here is why: They contains hyaluronate, one of the two natural lubricating agents in synovial fluid.

Knee gel is precisely injected directly into your knee joint in a series of 3-5 treatments over a 4 week period. This instantly lubricates the joint, reduces friction and allows greater motion with less pain or no pain at all.

Knee gel treatment not only lubricates the joint, but it acts as a shock absorber.

Here's something very important to consider: Even though most knee gels are a natural substances and are NOT considered a drug, it is NOT something you can get at your local health food store. It is scientifically researched, developed by pharmaceutical companies, FDA cleared and ONLY administered by a qualified Doctor.

What Results Can You Expect?

According to one knee gel (Hyalgan) manufacturer, Sanofi Pharmaceuticals and their FDA clearance research, "A course of Hyalgan treatment – will relieve pain in a majority of patients for 6 months without the safety concerns of nonsteroidal anti-inflammatory drug (NSAID) therapy. In many patients, the effect of Hyalgan is likely to last even longer than 6 months."

And the best part is: Since Hyalgan is a natural substance; it can be used over and over without risk. If it works for you, you can

look forward to years without pain.

Who Should Consider Hyalgan and Other Knee Gel Therapies, Where Can You Get Them And When Should You Start?

You should certainly consider Hyalgan and knee gel therapy if you have been diagnosed with Knee arthritis or told you need a knee replacement. If you have not been diagnosed with arthritis but have either knee pain, stiffness (especially after use or in the morning), swelling or loss of range of motion – you should have an examination by a specialist to determine what the cause of your problem is. If you have any of those symptoms, there is a very good chance you have or are starting to get arthritis.

And It Is Very Important That You Do Not Wait – Here Is Why...

Studies indicate that if the arthritis is caught soon enough, the cushioning effect of the treatments combined with a specialized rehabilitation program may actually help the knee heal and cartilage may re-grow which will help avoid joint replacement surgery. In other words, the sooner you start – the better.

Does the procedure hurt? A local anesthetic is given and the procedure is virtually painless. Most patients say it is like getting a flu shot.

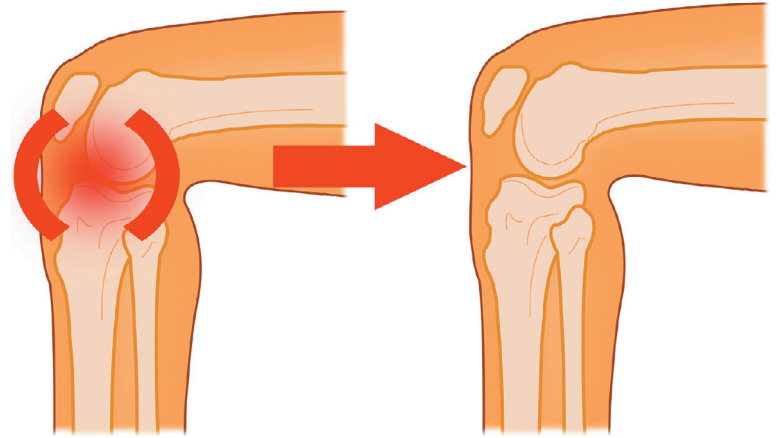
Why Dr. Bennett Treatments by Dr. Bennett at Elk River Medical are EXTREMELY PRECISE.

Dr. Bennett is well trained and uses state-of-the art ultrasound to see inside the joint to make sure treatments have the best possibility for maximum success. This is very important because studies show that Doctors doing this procedure without guided imaging can miss the joint space 30% of the time! **Elk River Medical** is a state of the art medical facility offering only the best technology.

Here's How To Check Out This Impressive Treatment And See If It Is Right For You- For FREE

Dr. Bennett is extremely excited about the response and results he is getting with this wonderful treatment and he would like to share it with as many arthritis sufferers as possible.

But There Is A Problem...



Innovative knee arthritis treatment promises to help many in Fayetteville.

Even though this treatment helps a majority of patients **Dr. Bennett** has treated, it is not a wonder cure and does not help everyone.

For that reason, **Dr. Bennett** does a complete examination on every potential patient and only accepts you if he feels you are most likely to get the pain relief and outcome you are looking for.

That's why **Dr. Bennett** would like to invite you to come in for a free consultation to see if you are a candidate for these treatments.

All you have to do is call **931-251-3009** right now and ask for your free "Knee pain consultation." We will schedule you for the our first available time that fits your schedule.

Your consultation should take about 45 minutes. During this time you can get all your questioned answered in a warm and friendly environment. You will know exactly what your treatment options are and if our treatments are right for you.

But if you would like to do this, you must call right now. The demand for this procedure has been overwhelming. And since **Dr. Bennett** cannot possible see everyone and always makes sure he gives every single patient the personal attention they deserve, he has had to limit the number of free consultations to 20 this month.

Just imagine how it would feel have all of your knee pain finally gone. Imagine going to bed and being

able to sleep through the entire night – and waking up refreshed and energized... ready to take on the brand new day – with the arthritis pain that has been terrorizing you.

And imagine finally knowing you have a solution to your painful knee arthritis.

Well, you may not have to just "imagine" any more... because...these treatments might be the answer you've been looking for.

If you'd like to see if we can help you for free, simply call 931-251-3009 right now. Why wait one more day in pain when you may not have to? Call now before someone else gets your free spot.

One More Thing It's Important...

Ever since offering this wonderful treatment, **Dr. Bennett's** office has been flooded with calls. For that reason, if when you call, the lines are busy or you get voice mail... just keep calling back. The possibility of living painfree is well worth the time and effort it may take to get through to **Dr. Bennett** and schedule your free consultation.

And don't forget: These treatments are covered by most insurance and medicare. To schedule your free consultation or if you have any questions call **931-251-3009** now.



Obituaries



BAILEY, THOMAS E. - 89, Fayetteville, TN. Private burial service to be held at Riverview Memorial Gardens. Mr. Bailey passed away July 11, 2020 at his residence, surrounded by his loving family. Tom was born on October 25, 1930 in Elm Grove, Wisconsin to the late Thomas J. and Adele Louise Doering Bailey. Tom earned a civil engineering degree from Northwestern University in Evanston, IL in 1953 and served in the US Army's 503rd Engineer Company in Germany from 1953 to 1955. Tom worked as a Professional Civil Engineer at Stearns-Rogers Manufacturing in Denver CO, and Brown Engineering in Huntsville, AL. Tom worked for the Tennessee Valley Authority and at the University of Tennessee Space Institute and retired in 1996. Tom earned a master's degree in aviation systems in 1995 while at UTSI. Tom worked as a civil engineer providing consulting services to the middle TN area for 23 years, starting in 1996. Tom served as a member of the Fayetteville/Lincoln County Industrial Development Board, Fayetteville Regional Planning Commission, Fayetteville Building Code Board of Appeals, and the Fayetteville/Lincoln County Chamber of Commerce. Tom was a member of Fayetteville First Presbyterian Church for 62 years where he served in many capacities, including as Elder, and leading many committees. Tom's hobbies included model railroading, and historical and technical writing. Survivors include his wife of 62 years, Betty Lou Wells Bailey; sons, Mark (Jenny) Bailey of Woodinville, WA, Alan (Connie) Bailey of Shelbyville, TN, and Lynn (Michelle) Bailey of Denver, CO; grandchildren, Cooper and Makenna Bailey; brother-in-law, David (Ellen) Wells of Winchester, TN; nieces, Wendy Wells and Kim (Steve) Arnold, and their families. In lieu of flowers, memorials may be sent to Fayetteville First Presbyterian Church, P.O. Box 472, Fayetteville, TN 37334; or, a charity of your choice. Visitation, 5-7 p.m., Wednesday, July 15, 2020 at HIGGINS FUNERAL HOME, Fayetteville, TN. (931)433-2544.



DENHAM, GREGORY - 63, Miami, FL. May 29, 2020. Memorial service, 1 p.m., Saturday, July 11, 2020 at GALLANT-RIVERVIEW FUNERAL HOME, Fayetteville, TN. (931)433-4511.

EVANS, AARON F. - 91, Fayetteville, TN. Funeral service, 2 p.m., Sunday, July 12, 2020 at Lynchburg Funeral Home. Burial in Blanche Cemetery. Mr. Evans passed away July 8, 2020 at Lincoln County Medical Center. Mr. Evans, a native of Lincoln County, was the son of the late Frank and Hattie Mullins Evans. He was a skilled pool player and enjoyed fishing and gardening. In addition to his parents, Mr. Evans was preceded in death by son, Frankie Evans. He is survived by his loving wife, Conda Evans; son, Billy Ray Evans; daughter, Diane Williams (Daryl); four grandchildren; ten great grandchildren; and one great-great grandchild. Visitation 12-2 p.m., Sunday, July 12, 2020 at LYNCHBURG FUNERAL HOME, Lynchburg, TN. (931)759-4444.



*Lynchburg
Funeral Home*



FERGUSON, WILLIAM DALE - 83, Winchester, TN, formerly of Fayetteville, TN. Graveside service, 1 p.m., Thursday, July 9, 2020 in Lincoln Cemetery with Bro. Tommy Howell officiating. Mr. Ferguson passed away July 6, 2020 at Franklin Manor in Winchester, TN. William was born on February 26, 1937 in Lincoln County, TN to the late Ed and Ellen Jones Ferguson. He served in the U.S. Air Force. After his military service, he worked for Woody Anderson Ford for over 40 years as the manager. In addition to his parents, William was preceded in death by his wife, Barbara Jean Ferguson; daughter, Mary Lisa Zender; and brother, Jacky Ferguson. Survivors include his son, Greg (Pennie) Ferguson of Winchester; daughter, Amelia Brooks of Gulf Shores, AL; brother, Bobby Ferguson of Athens, AL; grandchildren, Ashley (Matt) Ward of Huntsville, AL, Katrina (Steven) LeCroix of Athens, AL, Jodie

Campbell of McMinnville, and Jessie (Chris) Foster, of Cowan; and several great grandchildren. In lieu of flowers, memorials may be made to St. Jude Children's Research Hospital, 501 St Jude Place, Memphis, TN 38105-9959. There will be no visitation prior to the service. HIGGINS FUNERAL HOME, Fayetteville, TN. (931)433-2544.



GEORGE, BILLY JOE - 81, Flintville, TN. Graveside service, 11 a.m., Monday, July 13, 2020 in Shady Grove Cemetery with Bro. Ned Lamb and Bro. Ricky Holman officiating. Mr. George passed away July 11, 2020 at his residence. He was born in Lincoln County, TN on April 26, 1939; son of the late Beulah Pearl Eley George and Ervin Luther George. He was a carpenter and was the former elder leader at Mt. View Free Holiness Church. In addition to his parents, he was preceded in death by his wife of nearly 60 years, Helen Shockley George; and his sisters, Ida Bell George and Margaret Ann George Clemons. Survivors include his sons, Dennis (Regina) George of New Market, AL, Randall (Brenda) George of Flintville, TN and Larry (Carol) George of Lynchburg, TN; sister, Helen (Earl) Stone of Flintville, TN; grandchildren, Ashley (Chris) Crick, Dustin George, Hunter (Lindz) Bray, Rachael Bray, GT Bray, Matthew George and Logan (John Ryan) Tubb; and great grandchildren, Bryson Crick, Gunnar Crick and Henley Tubb. In lieu of flowers, the family requests memorials be made to the Mt. View Free Holiness Church - Building Fund, 1515 Phillips Road, New Market, AL 35761. GALLANT-RIVERVIEW FUNERAL HOME, Fayetteville, TN. (931)433-4511.



METCALF, HILDA LEE BOYETT - 85, Lynchburg, TN. Funeral service, 2 p.m., Friday, July 10, 2020 in the

chapel of Gallant-Riverview Funeral Home with Rev. Don Gatlin officiating. Burial in Riverview Memorial Gardens. Mrs. Metcalf passed away July 7, 2020 at Tennova Harton Hospital. She was born in Madison County, TN on September 18, 1934 to the late Leamer B. and Bessie Etta Echols Boyett. She was retired from National Pen in Shelbyville and was of the Church of Christ faith. In addition to her parents, she was preceded in death by her daughter, Tina B. Gearlds; son, Larry G. Metcalf; sisters, Ida Pigg, Opal Parker, Marie Carroll, Doris Gearlds, Polly Johnson and Sis Boyett; and brothers, Bobby Boyett and Floyd Boyett. Mrs. Metcalf is survived by her husband, Hoover Metcalf of Lynchburg, TN; daughters, Peggy A. (David) Neese of Lynchburg, Nancy K. Holt of Tullahoma and Patricia L. (Jackie) Humphrey of Woodbury; sons, James H. Metcalf of Lynchburg and Tracey L. (Dana) Gearlds of Tullahoma; grandchildren, Deborah Singleton, Kim Walters, Jennifer Metcalf, Brad Metcalf, Sandra Walsworth, Sherri McClain, Jennifer Roebuck, Garrett Metcalf, Michelle Baltimore, Jackquin Smith, Roger Brewer, Joshua Locker, Brianna Williams, Delani Gearlds, Lukas Carter, and Jayden Carter, Kaitlun Gearlds, Lillian Fitch, Chance Smith, Gracie Smith, Kailyn Grogan, Jamie Yell, Joseph Yell, Brooke Baltimore and Weston Dudley; many great grandchildren and great-great grandchildren; and sisters, Linda Harris of Kelso and Faye (Wally) Jackson of Belvidere. In lieu of flowers, the family requests donations to the American Cancer Society. Visitation, 12-2 p.m., Friday, July 10, 2020 at GALLANT-RIVERVIEW FUNERAL HOME, Fayetteville, TN. (931)433-4511.



O'CONNOR-BOMAR, MARY "MIMI" LILLIAN - 81, Kelso, TN. There is no service planned at this time. Mrs. O'Connor-Bomar passed away July 5, 2020 at Donalson Care Center. Mrs. O'Connor-Bomar was born on February 15, 1939 in Brooklyn, NY to the late Irvin F. and Adela McDermott O'Connor. Mary retired from NYNEX Telephone Company in New York and was of the Catholic faith. Mary was an avid reader, who enjoyed buying her books at the Goodwill. She and her husband of thirty years, Mr. Joseph Edward Bomar loved



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to travel. In fact, they met while Mary was vacationing in St. Thomas, VI and Ed was working for the United States government at the airport. Her favorite form of traveling was via cruise lines. She traveled to many places, Russia, Amsterdam, and the Caribbean just to name a few. She was a great lover of animals, especially cats. In addition to her husband, Mary is survived by her cousin, Carol Braughton of Hawaii. In lieu of flowers, donations may be made to the Fayetteville-Lincoln County Animal Shelter, P.O. Box 37, Fayetteville, TN 37334; or, a charity of your choice. HIGGINS FUNERAL HOME, Fayetteville, TN. (931)433-2544.



WALP, VELMA LEE HARGROVE - 90, Elora, TN. Graveside service, 11 a.m., Thursday, July 9, 2020 in Elora Cemetery with Bro. Lucas Stone and Bro. Milton Martin officiating. Pallbearers include Tom Delap, Lucas Stone, Nicholas Walp, Ethan Walp, Ben Walp, Miles Smith, Randy Smith, and Bret Quick. Honorary pallbearers include Mick Smith, Marshall Smith, Clint Quick, Tuffy Delap, and Sawyer Walp. Mrs. Walp passed

away July 6, 2020 at her daughter's residence surrounded by her loving family. Velma was born on August 7, 1929 in Pond, TN (Dickson County) to the late Noah Lee and Macel Dunn Hargrove. Velma worked as the manager of the Elora Elementary School cafeteria for several years, until she retired in 1983, and became a full time grandma, caring for her beloved grandchildren. She was a member of Elora Baptist Church in Elora, TN. Mrs. Walp loved her family very much and especially enjoyed cooking and caring for her grandchildren and great grandchildren. She had dementia for the last ten years and resided at her daughter's home for the last six years, where her daughter thoroughly enjoyed caring for her. She remained loving and sweet until the end and will be greatly missed by all of her family and friends. In addition to her parents, Elmo "Tuffy" Walp; daughter-in-law, Lili Walp; granddaughter, Tammy Lee Delap; and sisters, Themla (Pete) Moon and Dimple Bell Dean. Survivors include her children, Dianne (Tim) Sumners, Michael Walp, Debbie (Jack) Stone, and Darrell (Renea) Walp; grandchildren, Keri (Randy) Smith, Tom Delap, Laura Beth (Bret) Quick, Lucas (Alex) Stone, Ben Walp, Nicholas (Chelsie) Walp, and Ethan (Carlee) Walp; great grandchildren, Miles Smith, Mick Smith, Marshall Smith, Clint Quick, Grant Quick, Lilly-Grace Stone, Milly-Ruth Stone, Tatum Delap, Kylen Delap, Tuffy Delap, Annie Delap, Annabeth Delap, Nora Kate Walp, and Sawyer Walp; and

siblings, J.B. (Priscilla) Hargrove and Peggy Mason of Dickson, TN. In lieu of flowers, memorials may be made to Lincoln County Home Health and Hospice, 2250 Thornton Taylor Parkway, Suite B, Fayetteville, TN 37334. Visitation, 9:30-10:30 a.m., Thursday, July 9, 2020 at HIGGINS FUNERAL HOME, Fayetteville, TN. (931)433-2544.



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Directions: From Winchester, take Hwy 64 towards Huntland and turn right on Old Salem-Lexie Rd. Sale will be on the right at the spring house.



This one checks all the boxes: +/- 50 acres in Belvidere, TN with nice house, an everlasting spring on property ("Gunn Hollow Spring"), year round creek (Dog Branch Creek) and a hunter's playground in your back door! The house has been recently updated with granite tops in the kitchen and a beautiful new master bathroom. There is a large shop on the property along with an equipment shed and livestock barn. Gunn Hollow Spring has been a landmark in Belvidere for many generations. It's water has been enjoyed by a countless number of people far and wide, and is still available to the public today free of charge. Treat yourself to this rare opportunity to buy a beautiful farm in Belvidere, TN. Located only 4 miles from Huntland, 12.5 miles from Winchester, 22 miles from Fayetteville, and 38 miles from Huntsville. Mr. Grady Gunn and his wife, Jennifer, have decided to sell this farm in preparation for his eventual retirement. His family has resided in Gunn Hollow for several generations.

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THIS and THAT THRIFT STORE, 204 North Porter, behind Bates Foods, Winchester, Tuesday - Saturday, noon-5p.m. Rada cutlery; used furniture; jewelry; glassware; all size clothing; and more. Donations welcome. Debit/Credit cards accepted. (931)307-3836.

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Announcements Lincoln County

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Announcements Franklin County

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WE CAN ALL HELP prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones.

PULL TABS FOR RONALD MCDONALD HOUSE CHARITY, help the Lions Club of Fayetteville collect pull tabs from cans (soda/food/others). Please bring them to the Exchange, 404 Main Avenue South, Fayetteville.

PUBLIC FISHING! Saturdays only, 7a.m.-7p.m., fish from shoreline only, \$20 for limit of 10 fish, limited spaces available, 154 Flintville School Road, Elora. (931)937-8009.

Announcements Out of Area



FOOD AND DRINK RECIPES! Visit, www.morganspantry.com.

Antiques

SERVING PLATE, vintage Sheridan Taunton Silversmith LTD silver plated serving plate, 8" x 11 1/2", \$15. (931)434-6264.

LOOKING FOR THAT PERFECT ANTIQUE PIECE TO COMPLETE YOUR SPACE? Search online at exchange931.com.

SPRING FLOWERS SERVING TRAY, vintage Wm. Rogers & Son silver plated, 13-1/2"x17", pattern 2080, \$25. (931)434-6264.

TWO LARGE VINTAGE WAGON WHEELS, \$125 each. Vintage wagon, \$175. Farm House table and chairs, \$175. (931)638-1354.

ANTIQUE BRASS DOOR KNOB SETS, 14 sets available, \$15 each; or, all for \$200. (770)653-9720.

CROSBY SERVING TRAY. Vintage Crosby S-silver round serving tray, 14", has M.E.S. 8-2-68 T.W.T. engraved in center, \$15. (931)434-6264.

FOLDING WOOD ROCKER, ask for picture but cloth on chair and the back is great condition, \$89. (931)728-3728.

TWO RARE BUICK WHEELS with wooden spokes, \$250 each or best offer. (931)638-1354.

CANDY/NUT BOWL, vintage Sheridan Rose scroll silver plated dish/bowl, 6-1/2", normal wear, \$15. (931)434-6264.

Announcements Bedford County

Watch Captain Dave Show at captaindaveshow.com.

Announcements Coffee County

FREE CLOTHING for the family. The Clothes Closet, open the first and third Saturday each month, 10a.m.-12 noon, St. Paul's United Methodist Church, 30 Cat Creek Road, Manchester. Wear face masks.

CLOTHING GIVEAWAY at Fredonia Church of Christ on Matts Hollow Road, Manchester, first Saturday of each month, 9a.m.-11a.m. All size clothing.

COMMUNITY MARKET-on the square in Manchester. Special events Saturday, July 18, 8a.m.-1p.m. Local hand-made crafts-something for everyone. Shop local!

MILLERS POND EXPANSION in Manchester! Pre-built cabins-unfinished/finished/kits. Eagle carports, decks, porches, gazebos, pergolas, cedar outdoor furniture. Wanted-new crafters, spaces available. OKTOBERFEST, October 3rd/10th/24th, bands appearing. Contact, fefe4u2000@yahoo.com, (931)723-3448.

SOUTHERN FLORA FARMS, selling produce, herbs and flowers. Please call Will Nickels, (931)247-5786.

RECIPES FOR THE ANNUAL COOKBOOK can be entered all year long! Send us your recipes written clearly. Please include ingredients in the order they are used in the recipe and detailed instructions. (A recipe that is incomplete or illegible cannot be used.) Put your name, address and phone number on each recipe. You can drop it off at 404 Main Avenue South, Fayetteville; mail it in to PO Box 490, Fayetteville, TN 37334; or submit it online at www.southernaprons.com.

Announcements Franklin County

Watch Captain Dave Show at captaindaveshow.com.

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COIN OPERATED TRAIN for sale, like K-Mart had in the 60's, \$575; lot of Lionel train sets, 1920's-1960's, various prices. (931)808-8972.

ANTIQUA ROSEWOOD 3-piece parlor set, chair, settee and rocking chair, upholstery is worn, structure is great, \$800. Chair appraised at \$785. (931)607-4596.

ANTIQUA 3' MARBLE VICTORIAN Rose coffee table, 1960's, \$90; three glass shelf oak cabinet, \$85. (931)808-8972.

DUNCAN PHYFE SOFA, 3 cushion sofa, beige background with floral brocade pattern, excellent condition, serious inquiries, \$140. (931)247-5545.

VINTAGE SILVER TRAY, Camelot 6170 12" silver plated tray by International Silver Company, Galley Shell and Scroll motif, \$20. (931)434-6264.

ROUND SERVING TRAY, vintage Countess 13-1/2" round filigree serving tray by International Silver Company, normal wear, \$30. (931)434-6264.

SERVING PLATTER, vintage Wm. Rogers round silver plated 10" service tray, pattern 0870, normal wear, \$20. (931)434-6264.

CANDY DISH, vintage Community silver plated flatware candy dish/platter, 5-1/2"x9", normal wear, \$25. (931)434-6264.

VINTAGE CAST-IRON WOOD STOVE for sale, Bungalow Stove and Range Company, \$130. (931)308-9473.

ANTIQUA BABY CRADLE, cherry colored wood, rocks, was my Granddad's who was born in 1887, \$275. (931)227-6721.

ANTIQUA VICTROLA, working condition, several 78 records included, \$395. Text for pictures and video of it playing. Contactless pickup and pay. (931)993-7250.

2 VINTAGE GLIDER CHAIRS, LOVESEAT, AND SERVICE TABLE, late 30's, early 40's, grey in color, in good condition, \$300 or best offer. (931)308-9473.

Auctions

TOW HITCH FOR 1997-2006 JEEP, \$100; B&W companion 5th wheel slider hitch, like new, (\$1,600 new) asking \$1,000. (931)581-3620.

LOOKING TO GET ATTENTION FOR YOUR AUCTION? Call the Exchange. We have classified and display ads available in all shapes and sizes! (931)433-9737.

Automotive Accessories

FOUR FIRESTONE TRACTION FORCE All Terrain truck tires for sale, size LT285/60R20, 12k miles on them, \$250. (931)581-5001.

NOVA DOOR HANDLES 66-67, new in box, outside door handles and other used Nova parts, \$55. (931)684-0186.

BLACK RUBBER FLOOR MATS, from a 2017 model RAV4, 2 front, 1 long center row, and 1 cargo mat, \$25. See exchange931.com for pictures. (931)954-6217.

VEHICLE RAMPS AND JACK STANDS, steel ramp set (8" high) and jack stands (12-18"), used to maintain 1998 F150, selling because today's low clearance cars can't pull up onto these ramps. \$30. Tullahoma area. (931)581-8235.

16" TIRES for sale, two 235-85x16, 10-ply, \$150; 265-70x16; 245-75x16 - 6ply - 8 ply; 235-85x16, 10 ply; 235-60x16 Michelin; 235-60x16 Bridgestone; 235-70x16; 225-60x16; 215-60x16; 205-55x16; \$250 plus. (931)703-1130.

15" TIRES for sale, 235-75x15, \$150; 225-75x15, \$200; 215-70x15, \$200; 205-60x15, \$200; 195-60x15, \$200; four 235-75x15, like new, \$250. (931)703-1130.

WEATHER TECH FLOOR MATS for a 2013-14 Prius, front and passenger, gray color, \$25/both. (615)293-7686.

COMPLETE 5TH WHEEL HOOKUP for sale, \$700. (931)308-0654.

CUT-OUT TAILGATE FOR 5TH WHEEL, \$80; Reese tow bar with chain, \$100; 5th wheel stabilizer stand, \$100. (931)581-3620.

SET OF FOUR 17" tires, size 245/75R-17, \$100. (931)434-8268.

WHAT AUTO PARTS DO YOU HAVE LAYING AROUND? Don't trip over those auto accessories and parts any more, list them with us and get them sold and out of the way! Go to exchange931.com, set up a free account, and list your items for sale! It will give you the option to list them in print, too!

FOR SALE, 1995 F-250 rear axle dually kit, \$95 or best offer. (931)308-9473.

LOCKING TWO BIKE CARRIER for sale, for Jeep Wrangler, mounts of spare tire, universal fit for 2012 model and up, \$70. (931)247-5182.

TIRES FOR SALE, one set of 265x70x16, nice tread !!!; four 285x70x17, like new; four 295x60x20 all terrain, \$200; four 255x70x16; four 285x60x20 all season, \$300; four 265x60x20, like new, \$300; four 245x70x17; two 245x60x17; four 265x70x17; four 255x55x18 General all terrain, \$350; four 235x65x18, like new. (931)703-1130.

1965 MUSTANG CONVERTIBLE PARTS, good driver parts left over from restoration of 1965 Mustang. Can buy all for \$800 or can buy individual parts. Call for details, (931)684-0186.

ANTIFREEZE, 50/50 premixed gallons, \$4.50 each or 2 for \$8.50. Case of 6 gallons, \$25. U.S. bottled, green. Fayetteville. (414)795-8830.

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THE ZOMBIE HANDBOOK by Dr. Robert Curran, \$3; Set of 5 Books by Irene Hanson: Sandpiper Cove, Hope Harbor, Sea Rose Lane, Pelican Point and Driftwood Bay, \$50 set; Beyond the Garden Gate by Thomas Kinkade, \$3; Beast by Peter Benchley, \$3; Three books by Conrad Allen: Murder on the Lusitania & Murder on the Minnesota, \$3 each; Do Fish Drink Water? by Bill McLain, \$3; Where Wonders Prevail by Joan Wester Anderson, \$5. The Book Shelf, Northgate Mall, Tullahoma. (931)273-8001.

ONE ITEM SELLING FOR \$1,000 or less advertises in the Exchange for FREE! (excluding animals) or go to www.Exchange931.com to sell your unused DVD's, movies, and books.

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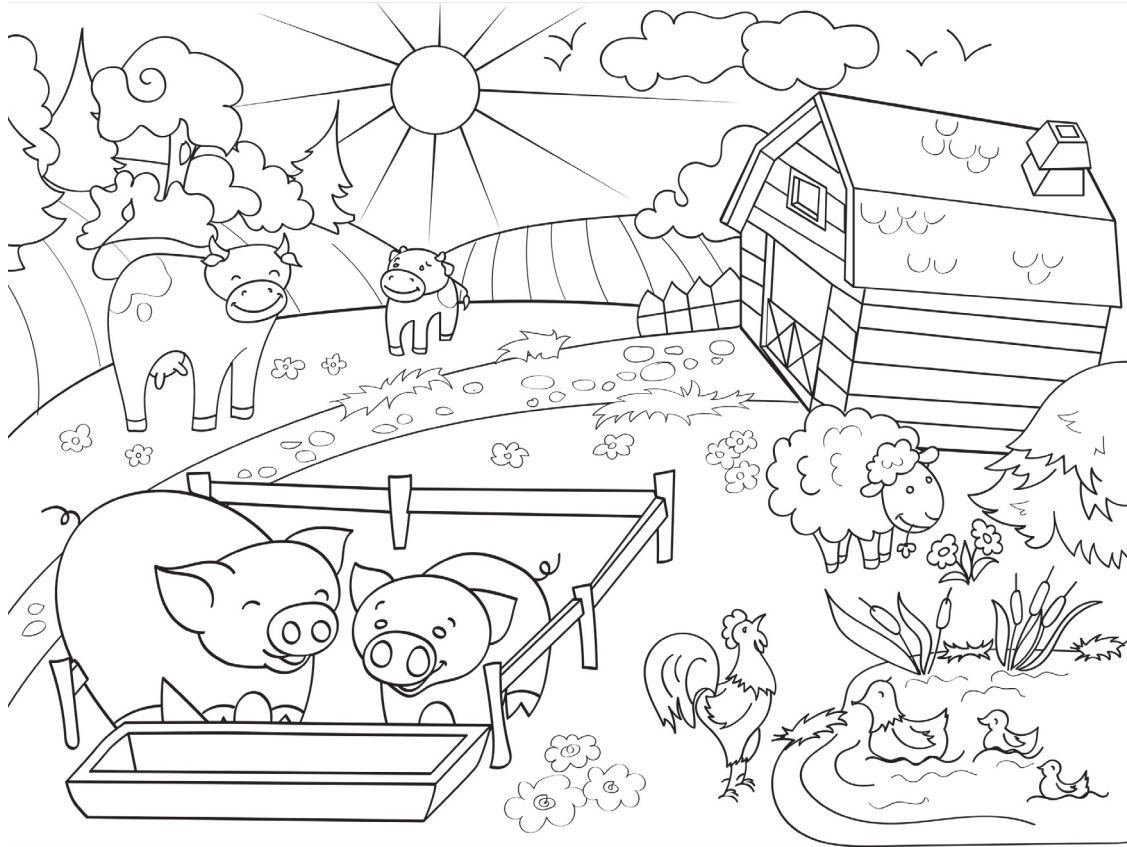
Visit our website QualityFirsthc.com to apply!

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Hey kids! Feeling bored? Here are some activities to try!

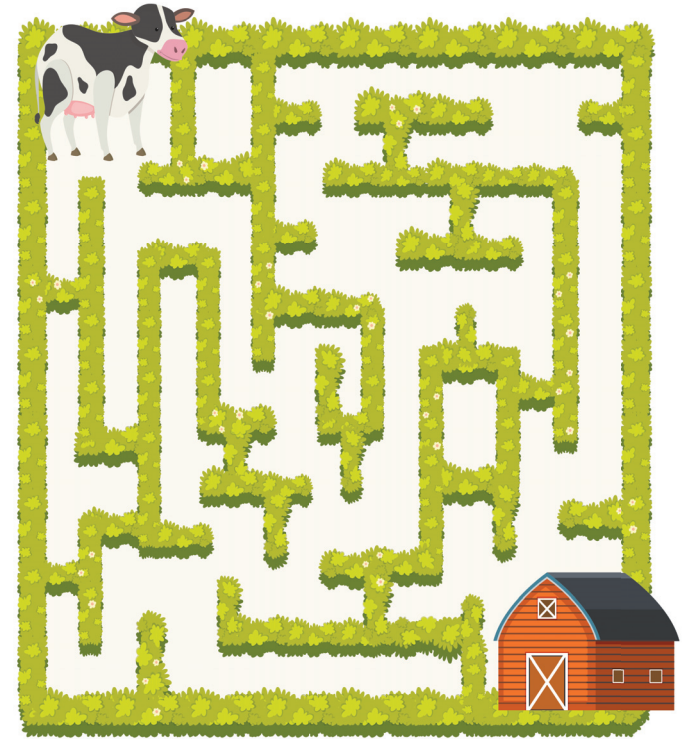
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Color the farm animals. How many can you spot?



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Our friend the cow is trying to get to the barn. Help her find her way!



Exchange



PRE-OWNED 2010 SUBARU IMPREZA AWD, STK#1396, automatic, cruise, 4cyl, sunroof, power windows and locks, \$3,497 includes processing fee, plus TTL. Pay cash or ask about guaranteed credit approval. Call North Star Motor Cars in Tullahoma at, 931-454-9300. Visit us online at, northstarmotorcars.com.

Clothing & Accessories

BLUSH PINK CONVERSE, like new, only worn once, size 3 big kids, \$15. Call or text, (931)309-2263.

NIKE SHOES for sale, size 2 youth, slightly used, black and white, high tops, \$15. Call/text, (931)309-2263.

GEORGE DICKEL POLOS, black, medium, Outer Banks polo shirt, white George Dickel logo, \$20 each. (404)317-3872, Lee.

MEN'S SHOES, size 8.5, Nike, New Balance, cross trainers, \$7; 13D mesh running shoes, new, crimson, \$9. Tullahoma. (931)841-4600.

NEED TO PURGE YOUR CLOSET? List your unwanted clothing, shoes, jewelry, etc. Call, (931)433-9737; or, go to exchange931.com and set up a free account!

MEN'S LIGHT SWEATERS, polo shirts, size small, few medium, \$1; 30x32 jeans, straight leg, trim fit, \$7. Tullahoma. (931)841-4600.

WESTERN COWBOY HAT, size 7-5/8, brown, new, never worn, originally \$175, selling for \$50. (931)649-3023.

LADIES' DRESS SHOES, tan, 2-1/2" heels, sling pump, \$10. (931)954-0641.

Electronics

TV, Sony Trinitron, 27" color tube TV, works great with a cable box, \$25. (931)649-3023.

MACBOOK PRO for parts, 15" will not turn on, believe board, older unit, \$50. Manchester, \$50. (931)728-3728.

DELL LAPTOP W10, 15", 320 hard drive, 4 bm memory, charger included, \$175. Manchester. (931)728-3728.

BROTHER MULTIFUNCTION PRINTER, wireless laserjet model MFC-7860DW black and white, copy/scan/fax/printer, USB cord included. Good working condition, \$75. (931)461-1172.

TV, 20" Sony Trinitron color tube TV, works well with a cable box, \$15. (931)649-3023.

PANASONIC TOUGHBOOK, XP o.s., 40 GB drive, wifi not working but cable does, \$90. Extra \$25 to fix wifi. (931)728-3728.

J3 SAMSUNG PHONE, VERIZON, new battery, \$75. Case is \$10 more. (931)728-3728.



MARTIN YALE AUTO-FOLDER PAPER FOLDING MACHINE, model 160110, good condition, \$100 or best offer. Fayetteville area. (931)433-9737. Leave message if no answer.

TV'S, LAPTOPS, OR CELLPHONES JUST LAYING AROUND? Advertise them for free at Exchange931.com to clear up space and make some money!

REEL TO REEL PROJECTOR 8mm, \$25. (615)310-0619.

Exercise Equipment

TOTAL GYM FORCE for sale, barely used, like new condition, \$175 or best offer. Call or text, (931)227-7778.

AB LOUNGE and AB ROCKET, \$50 for all. (931)227-6385.

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NEW! PORTABLE LEG MASTER. Can be used while standing or sitting, as seen on QVC, \$30 or best offer. (931)962-1915.

TREADMILL, STAIRSTEPPER, OR OTHER EXERCISE EQUIPMENT just laying around with no one using them? Sell them and get some cash and space in your home! Call, (931)433-9737; or, go to exchange931.com and set up a free account!

ZUMBA EXHILARATE EXERCISE DVD SET. Complete program, excellent condition, \$20. Fayetteville area. (931)227-6721.

SEVERAL ASSORTED CONCRETE WEIGHTS, \$5. Manchester area. (931)841-5232.

BURN OR GRAIN BARRELS, 55 gallon steel barrels with removable lids in Shelbyville, TN, \$15. (931)492-1611.

Animals

WANT TO BUY, Goats, sheep, chickens and guineas. Call, (931)427-8477; (256)777-0065.

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RHODE ISLAND RED PULLETS for sale, five months old, just beginning to lay, \$16 each. (931)227-6027.

2 BILLIES AND 7 NANNIES for sale. Selling all together. Call for pricing and more information. No texts. (931)222-9845.

FREE HORSES, these horses are only for people that do not have a place to keep horses, can keep them at my place in Manchester. We do rescues! (270)207-0692.

HEREFORD BULLS for sale, Wrangler/Domino bloodlines, 3-4 years old. 1 Black Baldie bull, 4 years old, \$1,400-\$1,800/each. Call, (256)656-3801.

40 HIGH QUALITY BLACK ANGUS COWS for sale. October calving, \$1,200 each. (931)728-9477.

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We want to highlight positivity in our community.

We need your help identifying "Good" in our community. Please anonymously nominate someone who has made a positive impact.

Let's celebrate the Good News and focus on why our community is a place of hope and love.

SUBMIT YOUR NOMINATION TODAY

exchange-inc.com/goodnews Deadline: July 31st

Media Group
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Jobs

STEWART ELECTRIC COMPANY is now hiring electricians, electrical helpers, apprentices, backhoe operators/equipment operators and drivers w/CDL for jobs in the Huntsville, Pulaski and Fayetteville areas. SEC offers 4 year apprenticeship training. Good wages and benefits. Please apply in person at, 1009 A Cleaner Way, Huntsville, AL, 35805. EOE.

HIRING HVAC SERVICE TECHNICIAN & INSTALLER, \$12-\$16/hr. Shelton's Heating & Cooling is hiring for the install department & service department. For service, you must have minimum of 3-5 years' experience. Salary depends on experience. Stop by office for application or email resume to: sheltoncooling@gmail.com. 1005 Murfreesboro Highway, Manchester, TN 37355. (931)723-4996.

GROWING COMPANY NEEDS experienced home remodeler able to lead/oversee a crew. Must have good transportation, truck a plus. Pay based on level of ability and attitude. Call Russ, (970)317-0077.

IMMEDIATE POSITIONS OPEN for Direct Support Care at New Life, 2nd and 3rd shift positions. Please apply in person at 702 Hundred Oaks Street, Winchester. Must have valid driver's license.

RECEPTIONIST WANTED, full-time position available for a busy multi-doctor dental practice in Tullahoma. Looking for a good communicator with excellent social skills. Must be outgoing, detail oriented, and able to multi-task. Proficient with computer scheduling helpful. Send resume to: kharrison@fewellfogarty.com.

NOW HIRING RN's, LPN's, AND CNA's. Nursing positions require current Tennessee certification. Apply online at ElkRiverHROfWinchester.com or in person at Elk River Health & Rehabilitation, 32 Memorial Dr., Winchester.

CAREGIVER, residential mental health facility needs direct support professionals. Day/night 12 hour shifts, weekly schedules are set. Call Amanda, (931)205-8050.

BILLING CLERK FOR OUTPATIENT ANESTHESIOLOGIST. \$18-\$22/hr. Job Tasks: answering telephone and taking messages or assisting caller. Daily anesthesia and pain management scheduling. Filing our charge sheets, medical coding in electronic billing system. Entering miscellaneous posting assignments into the computer. Assisting billing director with statements and AR as needed. Processing patient payments and adjustments. Certification in coding or billing preferred. Benefits: Simple 401k plan, Insurance/dental benefits available. Holiday pay and PTO. Skills: Accurate and efficient typing skills, good communication skills: cheerful, pleasant, calm. Professional demeanor on telephone. Confidential. Ability to produce work in a timely manner. Anesthesia Care is an equal opportunity business. We do not discriminate on the basis of gender, race, religion, country of origin, sexual orientation, or disability. Fax or email resumes to, (931)393-1020; or, ANESTHESIACARETULLAHOMA@GMAIL.COM. 106 West Blackwell Street, Tullahoma, TN 37388.

OTR TRUCK DRIVERS NEEDED. Please call, (931)434-3210.

AUTO DETAILER NEEDED. Due to our continued growth North Star Motor Cars in Tullahoma is looking for an experienced auto detailer. Please apply in person at 201 E Carroll Street; call us at, (931)454-9300; or, text us at, (931)272-8218 for more information.

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Help Wanted, Quality Inn of Tullahoma is taking applications for the following:
2nd shift and 3rd shift person (night auditor) needed for front desk-must be clean cut, have own transportation, computer and customer service skills are a must. **Maintenance**-must be clean cut, have own transportation and experience with general maintenance, ex: plumbing, painting, basic electrical, cleaning, organizational skills, etc. **Housekeepers**-must be clean cut, have own transportation, housekeeping experience required. Please apply in person: Quality Inn, 1410 N. Jackson Street, Tullahoma, TN. 37388

HELP WANTED in Lynchburg, honest, reliable, friendly and mature, some retail experience, customer service clerk, good references, part-time, Saturdays and Sundays, 10a.m.-6p.m. Call, (931)607-2239. Serious inquiries only!

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HOME INSTEAD SENIOR CARE OF MIDDLE TN is looking for compassionate and respectful CAREGivers to provide in home care to seniors. Our Requirements: **Must be 21 or older, have a valid TN state driver's license, your own reliable vehicle, and proof of car insurance.** Experience preferred, but not necessary. Training provided. Call Kristina between the hours of 8:30a.m.-4:30p.m., Monday-Friday to set up an interview, (931)454-2202.

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LOCAL TRUCK DRIVER WANTED. NEW PAY PACKAGE. Thompson Transport, LLC is hiring LOCAL Class A CDL truck drivers for Log and Lumber hauling. Call Eddie Boyd, (931)469-0458.

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JOB FAIR AUGUST 5. HOME INSTEAD SENIOR CARE OF MIDDLE TN is hosting a JOB FAIR at 603 NW Atlantic Street, Tullahoma on August 5 from 10:00a.m.-3:30p.m.!!! We are looking for compassionate and respectful CAREGivers to provide in home care to seniors. **REQUIREMENTS: Must be 21 or older, have a valid TN state driver's license, your own vehicle, and proof of car insurance.** Training is provided. We are also accepting immediate applications. If you have any questions, please contact Kristina, (931)454-2202.

NOW HIRING, Backhoe Operators/Equipment Operators and Drivers, w/CDL needed for jobs in the Huntsville, Pulaski, and Fayetteville area. Please apply in person at, Stewart Electric Company, 1009 A Cleaner Way, Huntsville, AL 35805. EOE.

ESTABLISHED DOG GROOMING BUSINESS, looking for person to bathe/prep dogs, must be dependable, willing/able to work up to 40hrs/week. Call, (931)581-7203.

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GROWING COMPANY NEEDS experienced home remodeler, great tile and sheetrock finishing ability a plus. Must have good transportation, truck a plus. Pay based on level of ability and attitude. Call Russ, (970)317-0077.

DRIVERS WANTED, must live within 20 miles of Hillsboro, clean MVR/must pass drug test, Class A or B CDL required, hourly pay plus overtime, \$40,000-\$45,000 yearly. (931)808-1610.

CONSTRUCTION COMPANY LOOKING FOR QUALITY HELP. Must have transportation. Individuals with diverse skill sets are first priority. Call, (931)607-0779, for details. Located in Manchester.

DRIVERS WANTED in the Shelbyville, Bedford County, Grundy County, Tullahoma, Manchester, Winchester, Montegale, and Sewanee areas. Must have a reliable car. Please call, (931)273-4106.

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AFFORDABLE DENTAL TULLAHOMA is a local community-oriented private practice located at 1958 North Jackson Street in Tullahoma. We are always accepting new patients! New patient cleaning, exam, and x-rays, \$143! Denture consult including x-rays only \$119! Single tooth exam and x-ray only \$35! Dentures starting at just \$599! Simple extractions with exam and x-ray only \$130! Please call our office to set up an appointment today! Most insurances accepted but not required! (931)454-0001.

MADAM ALEXANDER DOLLS, "The First Lady Collection", in original boxes, 31 dolls, excellent condition, \$375. (931)649-3023.

Lost & Found Coffee County

LOST KEYS, lost approximately 1 year ago, they were on a red/pink stretchy bracelet, has about 7-10 keys on it, including house and car keys. (931)728-7909.



3 WHEEL ELECTRIC SCOOTER, \$350; 4 wheel electric scooter, \$500; aluminum ramp (has to be moved), \$1,500; tailgate lift for a pickup truck for scooters. (931)639-1378; (931)212-1065.

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14x66 MANUFACTURED HOME, in fair shape, plus 300 gallon gas tank, 200 amp service panel, you move it, no axles, \$500. (931)409-9047.

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STORY AND CLARK PIANO, in great condition, excellent tone, very well crafted, \$525. (931)652-8079.

WINTER & COMPANY PIANO, no longer have room for it, must sell, makes a good starter for beginner, \$75. (931)308-6299.

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BALDWIN ORGAN, \$300. (931)251-2048.

VINTAGE LATE 60'S SEEBURG ORGAN, keyboard works but needs some work, \$100 or best offer. Shelbyville. (931)680-8995.

EATON PLUMBING AND ELECTRIC is a family owned business currently looking for a plumbing and electrical technician and a plumbing and electrical helper with possibility of advancement. This is a full-time position in a fast-paced everchanging environment with the chance to learn new skills. It is very hands on with most jobs being outdoors, so you are not inside all day. Eaton Plumbing and Electric offers weekends off, vacation pay, 401(k) with company match and competitive compensation, pay is dependant on experience. If this sounds like a fit for you, please apply in person. Monday-Friday, 9a.m.-3p.m. Ask for Joe T., 1108 Murfreesboro Highway, Manchester. (931)728-3568.

LINCOLN MEDICAL CENTER IS HIRING! Lincoln Medical Center is looking to hire a Central Scheduler and a Pre-Certification Analyst to work day-time hours, Monday-Friday. Positions are full-time with benefits. For more information call, (931)438-7380; or visit www.lincolthealthsystem.com/about/careers to apply.

ATTENTION DRIVERS, NEW PAY PACKAGE. Thompson Transport is hiring OTR Drivers with a clean driving record. Home every weekend. Great benefit package. We do not have to run electronic logs. Please call our Fleet Manager, Eddie Boyd at, (931)469-0458, for more information.

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Thank You

The family of Shirley Ann Medley would like to thank everyone for the cards, calls, food, love, and prayers during the loss of our loved one. Special thank you to the doctors and nurses at Huntsville Hospital and Huntsville Hospice Family Care for their compassionate care for Shirley.

20 GALLON AQUARIUM for sale, with metal stand, used one month, \$50 for both. Manchester area. (931)728-0719.

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POP UP CAMPER, GREAT SHAPE. New canvas, awning, wheels, all new last year. 11' length when folded up. It is a 1991 Coleman Sequoia but in much newer condition, no leaks, roof top air works great, small refrigerator and porta potty, located in Winchester, \$3,200. Call/text, (615)973-9849.

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1BD and 2BD APARTMENTS AVAILABLE, with washer/dryer, appliances furnished, no pets, \$600-\$700 month, plus deposit, Manchester. (615)824-5525, between 10a.m.-6p.m.

FOR RENT, 1BD mobile home in Tullahoma, stove, refrigerator furnished, all electric, no pets. (931)247-0611.

SUMMER SPECIAL! Half price first month's rent! One and two bedroom Hills Chapel Apartments, 1516 Hills Chapel Road, Manchester, TN. (931)728-1808.

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FOR SALE, guard dogs, Great Pyrenees/Anatolian Shepherd, some pure breed and some mixed, \$150-250/each; also, some old laying hens, \$7/each. (931)692-3333. No Sunday calls!

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THREE LEGGED CAT missing since June 17 around the vicinity of First Avenue and Trinity Lutheran Church, Tullahoma. Female, gray striped, answers to Kitty Cat. Please call, (931)455-9801 with any information.

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Yard Sales
Franklin County

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Banquet Room (Left Front Door)
Elk's Lodge
1750 Wilson Pkwy., Fayetteville
Masks are encouraged

Saturday JULY **18**

Vacation Bible School 8:00AM - 3:00PM
Smithland Community Church
323 Fish Hatchery Rd., Kelso, TN

1988 Time Capsule Opening 9:30AM
Lincoln County Museum

Saturday JULY **25**

TN Pullers Association Truck & Tractor Pull • 6:00PM
Lions Club Facility, Petersberg, TN
Admission \$10
(8 and under are free)
Info: (931) 580-9601

Thursday JULY **30**

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MON. - THU. 8:00 AM - 4:00 PM | FRI. 8:00 AM - 5:00 PM | SAT. 7:30 AM - 12:00 NOON (PARK CITY & WEST COLLEGE)



To List Your Non-Profit Events

📞 Michaela at (931) 433-1708 | ✉️ calendar@bolconline.com

Events must be entered a week in advance by Thursday by 5:00p.m.
To place your non-profit events on the calendar:

To view all upcoming events, visit: events.bolconline.com