

k.h.designs holds Ribbon Cutting in Gorham



Ethan Johnson of Chalmers Insurance Group, David Willis of Willis Real Estate, David, Karen and Devyn Hussey of k.h.designs Custom Handcrafted & Refinished Furniture and Kevin Jensen of the Town of Gorham. Gorham Weekly photo by Laurie A. Steele.

Gorham has a new business in town and residents have a new place to shop for custom handcrafted and refinished furniture and decor. k.h.designs held a ribbon cutting ceremony last Thursday to celebrate the opening of their store in Gorham. The painted furniture they offer is made from quality antiques that have been updated for the modern farmhouse, French country, lake house and shabby chic. styles using Dixie Belle chalk paint. See k.h.designs, page 13

Junction Bowl is open for indoor dining



Ben Smith, owner of Junction Bowl. Gorham Weekly photo by Laurie A. Steele.

The doors are open at Junction Bowl and they are ready to welcome their patrons back inside. The restaurant is offering inside dining as well as outdoor patio

dining and curbside pickup. They are also offering outdoor live music on the weekends. Junction bowl houses the restaurant offering American pub-style food and drinks,

bowling alley, an expansive bar, an arcade and a function room. Junction Bowl is open seven days a week and is located at seven Railroad Avenue in Gorham.

Sebago to the Sea Trail



Map ©2020 Sebago-to-the-Sea Coalition.

By Jeffrey Ryan

It's been a few weeks since my first foray on the Sebago-to-the-Sea Trail, so after my little hiatus, I decided to head back for a mid-summer walk from South Windham to Westbrook. There are a couple of really nice things about this walk. First, it's built on an old railroad grade. In a few places near the South Windham end, the old ties are visible adjacent

to the path — no roots or rocks to navigate over or around means that you can walk and take in the wider view at the same time. Further along the trail, you'll be walking on the ties, which makes the footing a tad trickier. One nice feature about hiking where iron horses once roamed is that the terrain is as flat as can be. Another nice thing about this hike is it's easy to arrange a one-way hike. When I got

to Westbrook, I hailed a ride share service and was back at my vehicle in no time. Alternatively, you can hike down to Westbrook, eat lunch overlooking the falls of the Presumpscot River, then walk back to the beginning, making for a 9.6-mile day.

Parking on the northern end of this section is plentiful, thanks to the Cumberland County Soil and Water

See Trail, page 8

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Newsmakers, Names & Faces

Maine Community Colleges release framework for fall

The presidents of Maine's community colleges announced today that plans for fall instruction will balance the delivery of continuous, high-quality education with the need to protect the health and safety of their communities.

Although each college is creating its own fall plan, the presidents announced several elements that will be consistent at all seven colleges.

They include: Face-to-face classes will be limited to courses where hands-on instruction and assessment is essential to developing the skills required of the program; all courses that can be taught remotely will be delivered online, using new online tools and methods that allow for more robust, enriched learning experiences; many employees will continue to work remotely; residence halls at the five colleges that have them will be open, but with fewer students, including a one-person-per-bedroom limit. Students taking in-person classes will be given housing priority; fall and winter athletic schedules will be suspended until at least January 2021.

In emails to faculty, staff and students, the college presidents shared campus-specific details. The common elements provide a framework for each college's fall return plans, which will be finalized later this month.

"These measures allow us the most effective path for delivering

and completing education and training our students desperately need in this economy, while upholding our commitment to protecting the health and safety of our students, employees, and the broader community," said Maine Community College System (MCCS) President David Daigler.

"Our plans need to account for the fact that roughly 95 percent of our students commute between campus and their communities, many with jobs and families. We have taken prudent steps to minimize the threat of transmission of this highly communicable virus while affirming our commitment to delivering the skills our students need to compete in today's economy," Daigler said.

The colleges have also invested in building an enhanced online learning environment using Brightspace, a new learning management platform. Faculty are getting the time, support, and encouragement they need to use Brightspace to maximize innovation in delivering effective online teaching.

"The faculty gained insights last spring into how students can learn and develop core competencies," said MCCS Vice President and Chief Academic Officer Janet Sortor. "That knowledge has fostered innovation in delivering effective online teaching, such as increased use of virtual labs and simulation software."

Those tools have advantages for students, who can use them for additional review and practice, Sortor said.

Some face-to-face classes on campus will also include remote learning components, for lectures and other instruction that does not require face-to-face interactions.

"The incredible effort by our faculty and staff this spring and summer have made the community colleges more nimble and more responsive than ever," Daigler said. "Given that seventy percent of our students are enrolled in career and occupational programs, this framework provides the greatest likelihood of uninterrupted instruction."

The colleges are also adopting an app-based screening protocol that will be used system-wide. Testing protocols are still being developed, in consultation with state health officials.

The colleges' academic calendars will not change, including observing normal holidays.

New campus rules will require everyone to follow common-sense safety protocols, such as wearing face coverings as directed and maintaining a safe physical distance from others.

"Our deepest commitment is to providing opportunities and skills to Maine people. This pandemic has made it clear that Maine's community colleges are

See Fall, page 13

CMP, Hydro-Quebec spend \$16.78 million on campaign

Central Maine Power (CMP) has now spent \$10.53 million and Hydro-Quebec \$6.24 million on an unprecedented campaign to salvage their controversial 145-mile transmission line proposal that would deliver electricity from Quebec to Massachusetts by cutting through 53 miles of western Maine forestlands.

The \$16.78 million spent by the two corporations since October 2019 smashes a previous spending record of \$9.4 million in 2017 set by out-of-state casino companies that failed to get voters to support a York County casino.

"Maine people have never seen this much corporate, out-of-state money spent on a campaign aimed at defeating a citizen-initiated ballot measure," said National Resources Council of Maine Advocacy Director Pete Didisheim. "This obscene level of spending as the state faces widespread economic hardship and a crippling health crisis is repulsive. CMP and Hydro-Quebec apparently have so much money to throw around that they can spend more per day on this campaign than the average Maine household makes in a year."

Campaign spending reports filed yesterday with the Maine Ethics Commission reveal that CMP and Hydro-Quebec have spent, on average, \$61,915 per day for the past 271 days, which compares to the average median

household income in Maine of \$55,602. At this pace, total CMP and Hydro-Quebec spending by Election Day would exceed \$24.5 million.

"Of the \$16.78 million spent, not a dime was contributed by a Maine voter interested in helping support this project," added Didisheim. "That speaks volumes about this effort to force Mainers to accept a project they don't want."

The spending reports show the extent to which Canadian energy giant Hydro-Quebec is exploiting a loophole in Maine campaign law that fails to prevent foreign government-owned corporations like Hydro-Quebec from interfering in a Maine referendum campaign. Maine lawmakers were unable to close the loophole with pending legislation before the Legislature abruptly adjourned in March.

Unlike CMP, which is owned by Spain-based Iberdrola, Hydro-Quebec is owned exclusively by the Province of Quebec and provides the provincial government more than \$2 billion annually. In 2018, Hydro-Quebec provided \$2.4 billion in dividends to the government. As a result, voters in Quebec have a direct financial interest in Hydro-Quebec's meddling in Maine's elections, otherwise they could face increased sales taxes or income taxes.

"If Mainers were interfering in Quebec's elections like Hydro-Quebec is doing

here, you can be sure we'd hear about it. In fact, what Hydro-Quebec is doing in Maine appears to be illegal in Quebec and all of Canada," said Didisheim.

In 2018, Canada enacted a strict Elections Modernization Act that restricts foreign funding in its elections. As described in the government news release: "foreign entities will now be prohibited from spending to influence elections."

CMP's political campaign includes a vast network of mostly out-of-state political consultants engaged in aggressive strategies never seen in a Maine referendum campaign:

\$397,467 on lawyers from Pierce Atwood (\$340,889) and Rudman Winchell (\$56,578) to challenge the Secretary of State's certification of the petition signatures, then sue the State of Maine in an effort to block the referendum from appearing on the ballot after failing to disqualify sufficient signatures, then appeal the court's decision that the ballot measure was valid;

\$99,021 on a private detective firm, Merrill's Investigations, to stalk Maine citizens who were gathering signatures; \$117,820 on an Arizona-based political firm, Signafide, whose sole purpose is to attempt to discredit signatures for citizen initiatives; and \$112,114 on an Oakland, California-based oppo-

See CMP, page 13

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Newsmakers, Names & Faces

Full Plates Full Potential increases investment in meal programs

The Maine-based nonprofit, Full Plates Full Potential today announced its Summer Meal Emergency Fund grant recipients issued to child nutrition programs across the state, most of which begin summer meal service today. The total amount awarded, four hundred one thousand, five hundred forty-five dollars represents a marked increase compared to the organization's 2019 summer grant cycle which totaled seventy-seven thousand, five hundred forty dollars.

"Since our inception in 2014, Full Plates has been steadily building its granting capacity for each of the various child nutrition programs we support, but COVID-19 has been a complete gamechanger," according to Anna Korsen who serves as the organization's director of advocacy & partnerships. "Even in a normal year," Korsen continued, "summertime is the most difficult season for children experiencing hunger with only about twenty-seven percent of children accessing meals while school is out."

At least eighty thousand Maine children struggle with hunger and because of the financial ramifications of the coronavirus pandemic, the need has risen rapidly over the past sixteen weeks. In fact, a recent study by Feeding America estimates that child food insecurity in Maine will increase by forty-five percent statewide this year due to economic hardships resulting from the COVID-19 crisis. The essential nature of school meals gained tremendous public awareness in the recent months as schools switched to

remote learning, putting nutrition continuity of millions of children nationwide at risk. Summer meals are a continuation of these efforts providing access to proper nutrition during the summer months.

While awareness of and need for these meals has skyrocketed, so too have expenses related to meal service under pandemic-related protocols. "Normally, kids congregate to eat their meals at designated summer meal sites in their community," said Korsen. "Now, those meals must be provided as grab and go."

Implementation of social distancing recommendations combined with stepped up safety measures have made it far more expensive for child nutrition programs to operate during the pandemic. Everything from packaging, to transportation, increased food costs due to supply chain issues, and personal protective equipment for staff and volunteers are all costs not usually considered or incurred. While the United States Department of Agriculture (USDA) reimburses these programs for food costs and labor at fixed rates, they do not take into account the increased costs associated with operating meal service during this public health emergency. "Without these emergency grants," Korsen concluded, "many summer meal sites would be unable to open, meaning children would not be able to access these free nutritious meals over the summer."

"The commitment of school food service programs across Maine never wavered, and they quickly pivoted their programs to ensure meals were provided to

students, without question," said Department of Education child nutrition director, Walter Beesely. "They understand the importance of providing meals to students as part of their education plan, therefore local food service staff continue to put themselves on the front-line, distributing meals to our children."

"In addition to a marked increase in need, we are seeing our costs rise" said Chris Piercey, Auburn School Department's Nutrition Director. "Over six hundred kids receive breakfast and lunch from us daily at our eleven meal pick-up sites, and the cost of packaging, food, equipment, and PPE has really taken a toll on our budget. We're also delivering meals to our families in need who are unable to make it to our pick up sites. This service we provide as a necessity to keep these students fed, negatively impacts our budget. This additional funding from Full Plates Full Potential is a tremendous help."

All grants are funded through the generous contributions made by Maine businesses, foundations, major gifts, and donations by hundreds of everyday Mainers to Full Plates Full Potential's Summer Meal Emergency Fund established just three short weeks ago.

"Our summer emergency appeal comes on the heels of our initial Emergency Fund appeal which empowered schools statewide to continue meal service as they transitioned to remote learning in mid-March - serving millions of meals through the balance of the academic year," said Full Plates Full Potential Co-Founder Justin Al-See **Full**, page 16

AARP seeking nominees for community service award

AARP Maine is seeking nominations for its 2020 AARP Andrus Award for Community Service, which honors those individuals who are sharing their experience, talent, and skills to enrich the lives of their community members. The annual award is named after AARP's founder, Dr. Ethel Percy Andrus, who founded AARP in 1958 at the age of 73.

"Volunteerism is clearly a new way of looking at retirement for older Americans," says Lori Parham, AARP Maine State Director. "Many are finding that they want to remain active and involved and that volunteerism fulfills this need and the desire to help others. Through this recognition, AARP Maine encourages members and prospective members to use their skills and assistance as a way to remain vital as well as make a difference in their community."

The screening of nominees will be per-

formed by a panel of AARP staff and volunteers. This screening includes the review of a range of criteria including each nominee's positive impact on their community and the lives of individuals age 50 and over.

Pat Pinto, current AARP Maine Volunteer State President, stated "The AARP Maine Andrus Award acts as a symbol to our members and to the public that we can all work together for positive social change. AARP makes things better for society and has long valued the spirit of volunteerism and the important contributions AARP volunteers make to their communities and neighbors."

AARP Andrus Award for Community Service nominees must meet the following eligibility requirements: Nominees must be 50 or older, but do not need to be a member of AARP; The achievements, accomplishments or service on which nomi-


nations are based must have been performed on a volunteer basis, without pay; The achievements, accomplishments or service on which the nominations are based must reflect AARP's vision and mission; Couples or partners who perform service together are eligible; however, teams are not; The recipient must live in the awarding state; and this is not a posthumous award.

The application deadline is August 1, 2020. Visit <https://www.aarp.org/forms/aarp-andrus-award-for-community-service.html> for nomination forms and further information.

The AARP Maine Andrus Award for Community Service is an annual awards program developed to honor individuals whose service is a unique and valuable contribution to society. Last year, Sammee Quong received the award in recognition of her community service in Augusta.

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What's Going On

American Lung Association joins forces with Laura Dern, CVS

The American Lung Association is taking action to address the COVID-19 pandemic and prepare the nation for future respiratory diseases with Award-winning actress Laura Dern and CVS Health. From June 21 through July 18, 2020, anyone can donate at their local CVS Pharmacy® or online to support the Lung Association's new COVID-19 Action Initiative. The initiative will invest \$25 million over three years to expand COVID-19 research, increase access to vaccines and antivirals and prevent future respiratory pandemics.

Since the beginning of the COVID-19 pandemic, Maine has sadly reported two thousand nine-hundred and seventy-one cases and one-hundred and two deaths as of June 23, 2020. The initiative will also support the one hundred ninety-eight thousand Maine residents living with a lung disease who are at high risk for complications from the virus.

"COVID-19 has had a devastating impact on our communities, including those who are more vulnerable to the impacts of the disease, such as older adults, Black and Hispanic communities, and the one hundred ninety-eight thousand Maine residents who are living with a lung disease such as asthma or

COPD," said Gale Auclair, development director of the American Lung Association in Maine. "To save more lives, it will take everyone coming together, and we're proud to stand alongside Laura Dern and CVS Health to raise funds for lifesaving research."

Dern is best known for her work in films such as Jurassic Park, Wild and in series including Showtime's Twin Peaks and more recently HBO's Big Little Lies. She recently won the Academy Award, Golden Globe and SAG Award for Best Supporting Actress for her role in Marriage Story.

"I am partnering with the American Lung Association and CVS Health so that we can give hope to everyone who would normally be vulnerable to infection, and prevent others from losing their loved ones," said Dern. "If we come together, I know we can make a positive impact in the lives of the millions of people impacted by this terrible disease." Video available here: <https://drive.google.com/drive/folders/181-R8L5604PeeO2fvY-TYF2dQoceCksQLt>

Funds raised through the CVS Health campaign will allow the Lung Association to expand COVID-19 research within the current

studies of their Airways Clinical Research Centers (ACRC) Network, as well as new coronavirus awards and grants to advance knowledge for preventive research, vaccines, antivirals and to advance future outbreak preparedness. The initiative will also enhance key public health measures through education and advocacy, and establish an advanced network of government, private industry and public health organizations to stop future respiratory virus pandemics.

As a long-time partner of the American Lung Association, CVS Health has signed on as a leading sponsor of their COVID-19 Action Initiative. In addition to hosting the in-store fundraising campaign, CVS Health is now providing drive-thru COVID-19 testing at CVS Pharmacy locations in Maine. These tests are being offered at no-cost to improve access and necessary care for historically underserved communities.

For more information on the COVID-19 Action Initiative, visit Lung.org/covid-19. Journalists seeking to schedule an interview with a lung health expert may contact Jennifer Solomon at (516)680-8927 or at Jennifer.Solomon@Lung.org.

Red Cross helping six people displaced by Peru home fire

Disaster responders from the American Red Cross of Northern New England are helping six people displaced by a Sunday home fire. Red Cross volunteers are making sure that their immediate needs such as food, a safe place to sleep and other essentials are met. To protect safety, volunteers follow coronavirus protocols including virtual interactions and social distancing.

The Red Cross will remain in contact with the displaced residents to provide community referrals as they begin their

road to recovery.

For tips on home fire preparedness, visit <https://www.redcross.org/get-help/how-to-prepare-for-emergencies.html>.

The Red Cross helps people affected by home fires and other disasters with their immediate physical needs and also provides them with emotional support. Individuals wishing to support Red Cross Disaster Services can call (800) RED-CROSS or visit [redcross.org](https://www.redcross.org).

The American Red Cross shelters, feeds and provides emotional sup-

port to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org/NNE](https://www.redcross.org/NNE) or visit us on Facebook at @RedCrossNNE, Instagram at @RedCrossNNE or at Twitter at @ARC_NNE.

MaineCF's Leaders of Color Program seeks applications

The Maine Community Foundation's Investing in Leaders of Color Program (ILOC) seeks applications. The program is part of MaineCF's racial equity strategic work, which is building the field of people and organizations to increase the quality of life for all Maine people. "Nonprofit leaders of color are core drivers of racial equity work in Maine," says Senior Program Officer Gloria Aponte C. "The goal of the ILOC Program is to support nonprofit leaders of color and their organizations."

The ILOC program is designed for nine peo-

ple of color in leadership positions at non-profit organizations that serve communities of color and promote racial equity in Maine. The program offers one-on-one coaching, a professional development stipend, and support for operating costs. The maximum grant awarded through the program to organizations is \$6,650.

Online applications are due September 15, 2020. Applicants will be notified of final decisions in mid-November. Full guidelines, application, and a list of 2019 grant recipients are available at www.maine.org.

If you have questions about the Invest-

ing in Leaders of Color Program, please contact Senior Program Officer Gloria Aponte C., by email at gaponteclarke@mainecf.org or by phone at (207) 761-2440.

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, and Mars Hill, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people. To learn more about the foundation, visit www.maine.org.

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Rockland showed its pride during pandemic



manager Peyton Feener strikes a pose outside the store. For the month of June, the Good Tern Co-op rounded up for OUT Maine raising \$891.23 for the non-profit!

Rock City Coffee flies a Pride flag outside its cafe on Main Street. Black Trans Lives Matter signs are also displayed in its window. Rock City Coffee and Hello Hello Books held fundraisers for OUT Maine this past winter and spring. A percentage of sales from Rock City Roasters' Maine Coast Pride coffee beans benefits OUT Maine.

OUT Maine on Park Street features some of its Pride flag collection in the office windows.

A garden fence on West Meadow Road is decorated for Pride and the 4th of July.



By Rachel Albury, OUT Maine

Last year, a group of demonstrators gathered outside of Rockland's courthouse with signs and flags and held what was dubbed by the local paper as the first Pride event in Rockland. What a wonderful thing it was to see a Pride demonstration in our hometown! This year, community members were hoping to see an expansion of this effort with picnics and dances, but then Covid-19 happened.

Not to be deterred, locals decorated their front porches and businesses flew flags to show their support of Rockland's LGBTQ+ community.

OUT Maine, a non-profit organization for LGBTQ+ youth located on Park Street in Rockland, asked locals to share how they were celebrating Pride while social distancing. Immediately, OUT Maine's social media filled up with snapshots from Rockland and, also, across the state of Maine!

OUT Maine would like to thank everyone who donated or fundraised for OUT Maine this past June in support of their virtual programming for LGBTQ+ youth. We're particularly grateful to Rockland businesses Rock City Coffee, Good Tern Co-op and Curator.

Here are some of our favorite #Pride-AcrossRockland snapshots!

Heather Robinson Goff's porch and garden. On Facebook, Heather wrote "I couldn't take my son to Pride this year, so we celebrated by dec-

orating our porch."

Good Tern Co-op flies a Pride flag on Route 1. Front-end



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Arts & Entertainment

Portland Ovations to receive \$50,000 grant

Portland Ovations announces it has been approved for a fifty thousand dollar National Endowment for the Arts (NEA) Art Works award for a series of projects in partnership with Indigo Arts Alliance and Greater Portland Immigrant Welcome Center, centering the work of Black, Brown, and Indigenous artists within contexts of deep collaboration, community engagement, and artistic exchange and mentorship. NEA Chairman Mary Anne Carter has approved one thousand fifteen grants nationwide in this category, totaling more than eighty-four million in grants as part of the Arts Endowment's second major funding announcement for fiscal year 2020.

"We're grateful to the NEA for recognizing the relevance and intended impacts of this

project, first conceived eighteen months ago and following several years of partnership," said Aimée M. Petrin, Portland Ovations' Executive and Artistic Director. "This generous award makes it possible to collaborate with a wide variety of artists from around the world: to actively engage with their stories and visions of humanity; to witness their performances, understand their crafts, and to shift how our ninety-year-old organization engages with new and existing audiences.

"Congratulations to our friends at Portland Ovations on receiving this generous grant from the National Endowment for the Arts! It is a testament to the many years that Portland Ovations has been committed to supporting the work of BIPOC artists," said Marcia Minter,

co-founder and Executive Director of Indigo Arts Alliance. "Indigo Arts Alliance is happy to be an advocate and partner ensuring that Black, Brown, and Indigenous artists' brilliant voices are amplified along with their creative production."

"These awards demonstrate the resilience of the arts in America, showcasing not only the creativity of their arts projects but the organizations' agility in the face of a national health crisis," said Mary Anne Carter, chairman of the National Endowment for the Arts. "We celebrate organizations like Portland Ovations for providing opportunities for learning and engagement through the arts in these times."

The awarded project spans two years of work beginning in 2021. See *Ovations*, page 16

Online events Gorham library

Baxter Memorial Library is pleased to offer the following events:

Thursday, July 16
Librarian Grab Bag – Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Friday, July 17
Toddler Yoga, Class appropriate for confident walkers to age 3: Toddlers and their caregivers are invited to join our Toddler Yoga class on Zoom. Ms. Heidi Baxter Memorial Library Children's Librarian and certified children's yoga teacher will be leading a Toddler Yoga class. In this supportive community class toddlers will be introduced to games, songs, and movements that will help toddler's with their co-ordination, motor-skills, and confidence in moving their bodies. A registration form for the Zoom link will be posted on the

website at least a week before the event.

Monday, July 20
Earth Toddlers, 10 a.m.: Five-week weekly program is geared towards children ages 18 months to 36 months. Join Ms. Dani on Facebook, Mondays at 10 a.m. for activities, stories and crafts. Through exploration and fun, we will learn how to respect and appreciate our earth. Monday July 20, R for Recycle; Monday July 27, T for Trees; Monday August 3, H for Habitat.

Tuesday, July 21
Librarian Grab Bag – Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Wednesday, July 22
Zentangle Book-mark with Ms. Becky, 10 a.m., for all ages: Design your own zentangle bookmark. Suggested supplies are: a ruler, black fine point sharpie

or any other fine point pen, and scraps of white card stock or other rigid paper.

Thursday, July 23
Librarian Grab Bag – Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Friday, July 24
Preschool Yoga, 9:30 to 10 a.m., ages 3-5: Join Ms. Heidi on Zoom for a Preschool Yoga class. This class will be a fun intro to balance poses, stretches, breathing exercises and yoga games. Kids who do yoga show an improvement in their social and emotional health along with confidence, and self-esteem. A registration form for the Zoom link to this session will be posted online at least a week before the event.

Scavenger Hunt, 1030 a.m., all ages: Jeff has created a fun-filled

See *Library*, page 11

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Maine's Original Social Distancer

He arrived in Monson flush with cash, lost every cent, then made it back. All the while, he was hiding a secret.

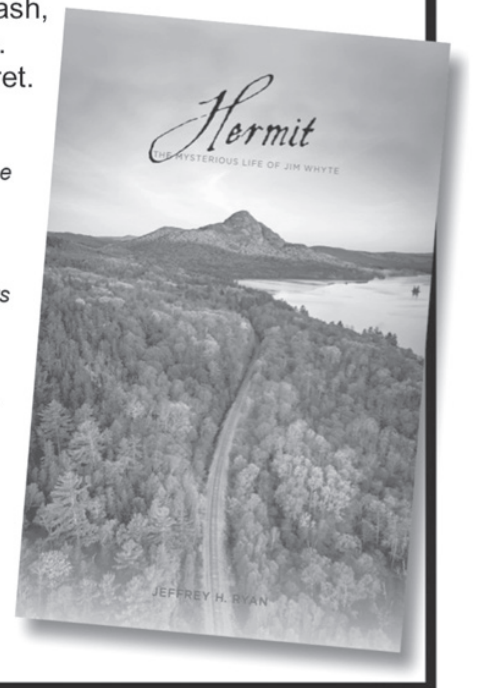
"Ryan is an excellent storyteller, and this tale is as good as any novel, especially since it's based on real people and real events."

— Bill Bushnell, *Bushnell on Books*

"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when *Hermit* was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."

— George Smith, *Bangor Daily News*

Shop Local! Available at The Bookworm and other Maine bookstores or at JeffRyanAuthor.com.



Interpretive signs at Holt Research Forest



UMaine Research Scientist Jack Witham with one of the interpretive panels.

In a partnership with The Nature Conservancy, the Maine Timber Research and Environmental Education Foundation (Maine TREE) recently installed a series of interpretive signs at its Holt Research Forest on the coastal island of Arrowsic. The signage program is the continuation of an effort to integrate the educational programming of Maine TREE into the Holt Research Forest, which it acquired in 2014 through a merger with the Holt Woodland Research Foundation.

Maine TREE, the sponsor of the acclaimed Project Learning Tree program within the state, sees a growing opportunity for the Holt Research Forest as a base of outdoor learning for

southern Maine students and families and for owners of forested land to convene to share best practices and learn from the on-going research activities sponsored there.

“While COVID-19 has put a hold on hosting students and groups at the Holt Research Forest this year, Maine TREE continues to invest in improvements to the learning environment there, just as we have pivoted to creating virtual tools to support educators statewide at the same time,” stated Executive Director Jonathan LaBonte.

The four interpretive panels, installed along a footpath from the designated visitor parking area to the outdoor

classroom constructed in 2016 by volunteers from Maine’s forest community, highlight the history, ecology, research projects, and forest management activities at Holt Research Forest.

Maine TREE (MTF) owns the 350-acre Holt Research Forest in Arrowsic, the site of a long-term forest ecosystem study conducted through a contract it funds with the University of Maine. The Nature Conservancy (TNC) holds a conservation easement on approximately 285 acres of the Holt Research Forest and owns and manages the 51-acre Mill Pond Preserve, which borders it to the north. Funding for the project was provided by the Ed Meadows Conservation Fund.

Chocolate Church Arts Center outdoor summer concerts

The Chocolate Church Arts Center (CCAC), at 804 Washington Street in Bath, has announced a series of small concerts to be held at various, remote locations around the Mid-Coast area. The CCAC Real Outdoor Concert Series (CCAC ROCS) kicked off on Saturday, July 11 with a standup comedy show headlined by Bath based comedian, Johnny Ater. Audiences at CCAC ROCS shows will be limited to fifty people, and audience members will be spaced at least six feet apart. Staff will enforce distancing, hand sanitizing, and other health and safety measures at all events.

The second CCAC ROCS show, on Saturday July 25, will feature folk songwriter and multi-instrumentalist, Jud Caswell. A seventh-generation Mainer, Caswell burst on to the national scene in 2006 with a win at the prestigious Kerrville New Folk competition, where his song “Blackberry Time” was hailed by songwriting guru Pat Pattison as a

“perfect song.” On Sunday, August 9, nationally touring pianist, singer-songwriter, and multi-instrumentalist Heather Pierson will perform. Pierson’s inspiring live performances and growing catalog of releases delve into Americana, blues, New Orleans jazz, vocal chants, instrumental piano, and poignant folk. Recently, Heather had a viral video hit with her “Toilet Paper Song”, which lamented the difficulties of finding that essential product during the early days of the coronavirus pandemic. The video currently has over thirty-five thousand plays on YouTube.

Georgetown’s rising folk and blues singer-songwriter Lauren Crosby will wrap up the series on Saturday, August 22. Crosby’s debut self-titled album, released when she was just 20 years old, received national praise for its unique blending of blues, folk, and jazz. Crosby has since performed all over the nation, and recently released the excellent single “Biloxi”, which features a guest

vocal appearance by Griffin Sherry of popular folk group, The Ghost of Paul Revere.

Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office. The Chocolate Church Arts Center hopes to add at least one more CCAC ROCS show in the coming weeks. Updates can be found on their website or Facebook page.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.



APPETIZERS + SOUP + SALADS

Blue Cheese Stuffed Baked Dates / Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / g.f - 12
Cheese Board / Silvery Moon “Manchego”, Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini - 16
Caramelized Onion Tart / House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / Vgt. - 13
Sage Roasted Butternut Squash Soup / Toasted Pepitas - 8
Gathered Greens / Grapes, Aged Balsamic & Olive Oil Vinaigrette, Pineland Farm Feta, Toasted Almonds / g.f - 8
MK Wedge / Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing / g.f - 9
Braised Farm Beets / Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / g.f - 11
Grilled Romaine Caesar / Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing / - 9 (Add Anchovy + 2)

PASTAS + GRAINS

Organic Quinoa Bowl / Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / Vegan + g.f - 12/20
Gnocchi Primavera / Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / Vgt. - 12/22
Rigatoni Bolognese / Slow Braised Tomato - Beef & Pork Sausage, Smoked Bacon Breadcrumbs, Parmesan / 13/24
Handmade Ravioli / Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta / Vgt. - 12/22
Gnocchi Mac + Cheese / Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked Bacon Breadcrumbs / - 12/22
Butternut Squash Risotto / Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / Vgt. + g.f - 14/26
Mushroom Risotto / Roasted Crimini & Shiitake Mushrooms, Butter Parmesan, Truffle Oil / Vgt. + g.f - 14/26
Spaghetti with Braised Lamb Ragù / Pineland Farm Feta, Chopped Mixed Olives - 24
Orecchiette Pasta with Chicken & Broccoli / Garlic Butter, Wilted Kale, Parmesan - 22
(Vegetarian Orecchiette available with Pesto)

ENTREES

Pan Seared Scallops / Truffle Roasted Crimini + Shiitake Mushroom Risotto, Green Beans, Beurre Monte / g.f - 18/32*
Grilled Faroe Island Salmon / Sage Roasted Butternut Squash Risotto, Fried Brussels, Pomegranate Gastrique / g.f - 27*
Chicken Under a Brick / Bone-in Breast, Whipped Potato, Seasonal Vegetables, Lemon Emulsion / g.f - 24
Slow Braised Boneless Beef Short Rib / Horseradish Mashed Potato, Seasonal Vegetables, Mushroom Sauce / g.f - 28
Grilled Filet Mignon / Herb Roasted Fingerlings, Pearl Onions, Wilted Greens, Foie Gras Butter, Beef Sauce / g.f - 34*
Spice Rubbed Pork Loin / Smoked Bacon Elbow Macaroni and Cheese, Cheddar, Fried Brussels Sprouts, BBQ Sauce / - 24
Pulled Pork Sandwich / Chipotle BBQ Pulled Pork, Coleslaw, Grilled Brioche Bun, House Fries - 14
MK Burger / Cheddar, Bacon Crumbs, Shredded Romaine, Pickled Onion, House Sauce, Brioche Bun, Herb Fries - 15

SIDES

Fried Brussels Sprouts / g.f - 9 - **Pan Roasted Vegetables** / g.f - 9

DESSERTS

Warm Chocolate Cake / Marshmallow Gelato, Sea Salt Toasted Peanuts / g.f - 10
Chocolate Mousse / Belgium Chocolate, Whipped Cream, Candied Walnut Crumbs / g.f - 9
Tiramisu / Mascarpone Cream, Coffee Ladyfingers, Chocolate Sauce - 9

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Trail

Continued from page 1

Conservation District, who offer room for several cars (watch for the entrance on Route 202.) Please note: Parking is no longer available at the South Windham Post Office. Also, please do not park on Blue Seal Feeds property. On the southern end, you'll find a municipal lot behind the CVS on Main Street.

For the first 1.3 miles (southbound), the trail is unpaved old railroad bed, then becomes

a more rugged scramble along railroad ties for the remaining 3.5 miles into Westbrook.

The trail is 28 miles total in length, section 4 being 4.8 miles. The trail rating is easy to moderate. The property is managed by Sebago to the Sea Coalition. For more information visit www.SebagototheSea.org.

Jeffrey Ryan is a Maine-based hiker, photographer, public speaker and author of several books about the outdoors. Learn more at www.JeffRyanAuthor.com.



The trail passes near Mallison Falls.



Flat walk through the woodland section.



Old railroad bed near the start of the trail.



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ANTOJITOS (APPETIZERS)

<p>GOLDEN JET PINEAPPLE - 3.95 on a stick dusted with chile powder, salt & lime</p> <p>FUNDIDO - 8.95 warm cheese dip with cilantro, rajás & your choice of mushrooms or housemade chorizo Served with corn chips</p> <p>MEXICO CITY STYLE CORN ON THE COB - 4.95 basted with chipotle mayo & dusted with cotija cheese</p> <p>FRIED PLANTAINS - 6.95 with chipotle mayo</p> <p>PAPAS FRITAS - 4.95 fried Maine potatoes drizzled with garlic aioli!</p>	<p>LOADED TOT NACHOS - 8.95 fried tater tots topped with crema, melted monterey jack cheese, pickled jalapeños, pico de gallo & scallions</p> <p>FRIED BRUSSEL SPROUTS - 8.95 tossed in a chili-lime vinaigrette with toasted sesame seeds, red onion escabeche & jalapeños</p> <p>YUCCA FRIES - 7.95 golden fried yucca fries served with a chimichurri aioli! and citrus habanero bbq dipping sauces</p> <p>CHICKEN TAQUITOS - 8.95 three corn tortillas filled with rajás, jack cheese & chicken, rolled and fried. Topped with lettuce, crema, cotija, pico de gallo & avocado purée</p>	<p>CORN CHIPS - 1.50 w/ salsa - 3.95 w/ guacamole - 5.95 w/ salsa & guacamole - 8.95</p> <p>CHEESE NACHOS - 5.95 w/ organic black beans - 6.95 w/ choice of chorizo, shredded pork, grilled chicken, steak OR ground beef - 9.95</p> <div style="border: 1px solid black; padding: 2px; font-size: x-small;"> <p>Make your nachos GRANDE by adding guacamole, shredded lettuce, housemade crema, radishes, pickled jalapeños, cilantro & taquerera salsa add 5.95</p> </div>
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CHEESE & BEAN - 7.95 **BRAISED MUSHROOMS - 9.95** **HOUSEMADE CHORIZO - 9.95**
GRILLED STEAK - 11.95 **SHREDDED PORK - 9.95** **BBQ PULLED PORK - 10.95**

Add rajás to any quesadilla (sauteed peppers & onions) - 1.95

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We source locally grown and raised ingredients whenever possible and cook with sustainable seafood, naturally raised meats and organic black beans.
†Consuming raw or undercooked eggs or shellfish may increase the risk of food born illness.

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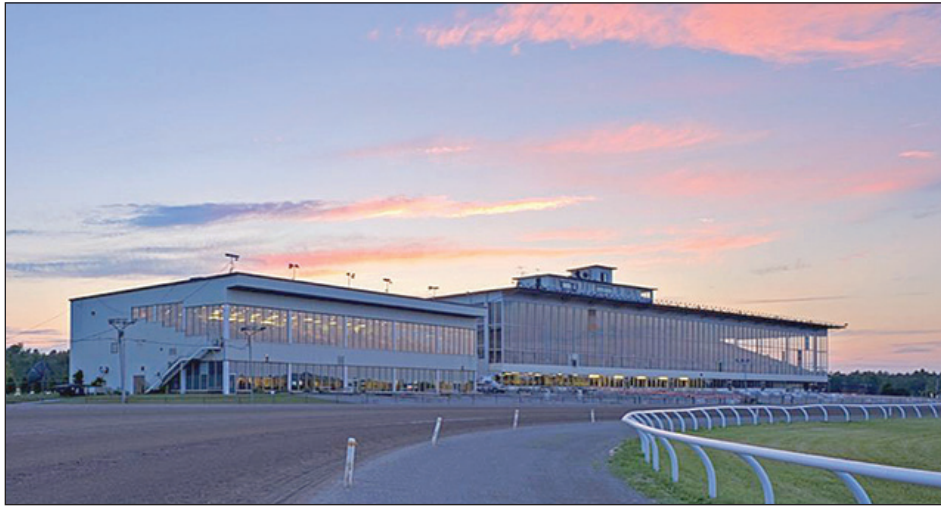
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Summer meet suspended at Scarborough Downs



By Michael Sweeney for Scarborough Downs

In the midst of the seventieth season of racing at Scarborough Downs, the summer harness racing meet will be suspended following the card on Friday July 10, due to the ongoing COVID-19 restrictions, which currently do not allow the track to entertain patrons.

The Downs was prohibited from racing its customary April and May dates due to the state of emergency declared in Maine. Working with others in the industry, however, the

Downs received special permission from the Maine Department of Economic Development to launch its season on June 3, under strict protocols, which included racing without spectators at our live cards. Operating with funds secured from the Payroll Protection Plan and with financial grants received from the Maine Harness Racing Commission, the track was able to conduct an abbreviated seventeen day meet, allowing the proud industry and animals a chance to compete. Those funds are exhausted, however, and the Downs is working on

plans for new and different revenues, perhaps including revenues from patrons or other sources, so that the Downs industry can resume the competition, fun, and excitement of live racing this fall.

Scarborough Downs hopes to generate revenues through full card simulcasting, which we understand is allowed under stage three of the state's reopening plan, and other revenue ideas management is pursuing. Downs management is cautiously optimistic live racing can reopen September 5.

See *Suspended*, page 11

Maine Mariners mask are available for purchase



Mariners masks have arrived and are now available for purchase on the Mariners merchandise store at <https://marinersmerch.com>.

inersmerch.commerce.com. Masks are washable, reusable and one size fits most. Masks have a 2-ply barrier,

are lightweight and comfortable. Masks are made in the USA. These are not medical grade masks and are not intended to be used as medical grade PPE.

Send all items for **Names & Faces** to **Editor@GorhamWeekly.com**. Deadline is **Friday by five.**

Volunteer opportunity in Gorham

The Lakes Region Senior Center is seeking someone to be the Editor and Publisher of their monthly Newsletter. They are located in Little Falls, Gorham.

Their present mem-

ber, who has been responsible for this, is retiring. He is willing to assist the new Editor in what is required and how it has been done. Computer and supplies will be provided. You do not need to be a se-

nior to apply. If you like working with a computer and have an interest in putting this together, please call Jeanne, Lake Region Senior Center President, at (207) 572-4042 or (732) 425-0604.

If you'd like a story in Gorham Weekly give us a call!
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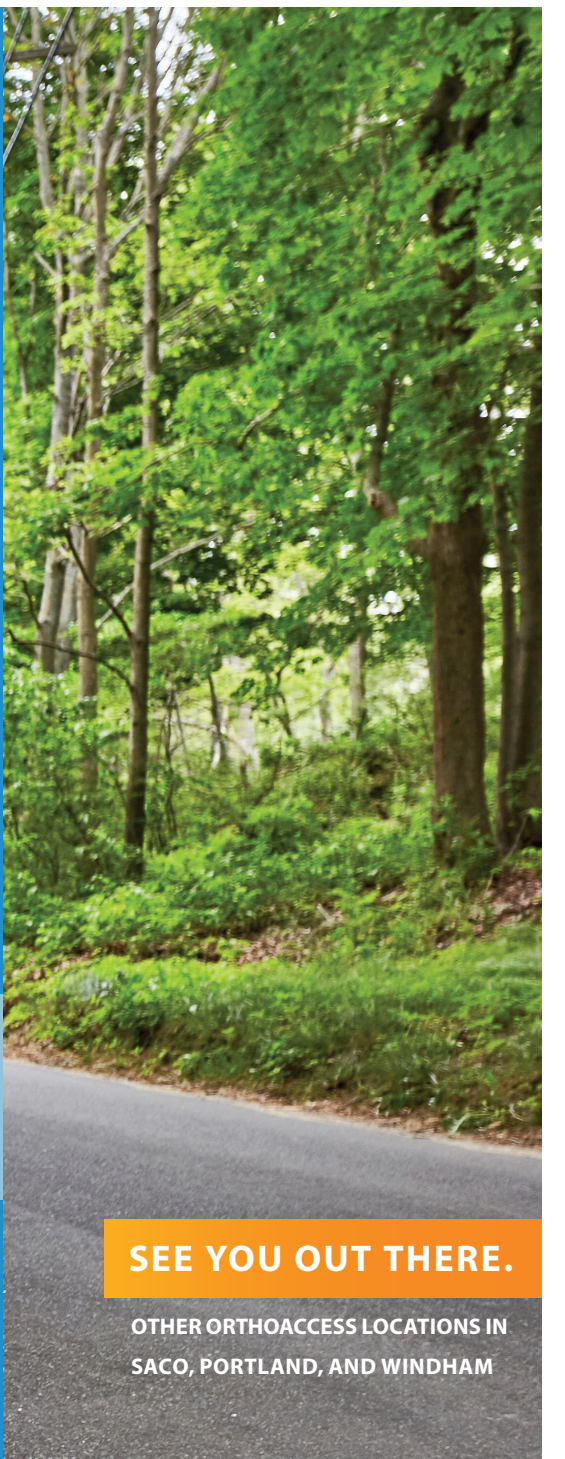
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OTHER ORTHOACCESS LOCATIONS IN SACO, PORTLAND, AND WINDHAM

Choosing native plants for pollinators

University of Maine Cooperative Extension will offer a webinar about selecting native plants for a pollinator-friendly garden, 12 through 1 p.m. July 20.

“Choosing Native Plants for Pollinators” will inform participants about how to select native plants for pollinators and specific growing conditions for different planting combinations, as well as offer time for questions. UMaine Extension Master Gardener Volunteer Ginger Laurits will discuss the role native plants play in Maine ecosystems and how to support local pollinator populations by planting native species.

This session is the first in a six-part summer gardening webinar series to be offered every other Monday through September.

Registration is required, a \$5 donation is optional. Register on the event webpage to attend or to receive the link to the recording. For more information or to request a reasonable accommodation, contact Pamela Hargest at (207) 781-

6099 or pamela.hargest@maine.edu.

As a trusted resource for over 100 years, University of Maine Cooperative Extension has supported UMaine’s land and sea grant public education role by conducting community-driven, research-based programs in every Maine county. UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through 4-H.

The University of Maine, founded in Orono in 1865, is the state’s land grant, sea grant and space grant university. As Maine’s flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service.

UMaine is the state’s only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all 50 states and more than 70 countries. UMaine currently enrolls 11,561 undergraduate and graduate students who have opportunities to participate in groundbreaking research with world-class scholars. UMaine offers more than 100-degree programs through which students can earn master’s, doctoral or professional science master’s degrees, as well as graduate certificates. The university promotes environmental stewardship, with substantial efforts campuswide to conserve energy, recycle and adhere to green building standards in new construction. For more information about UMaine, visit umaine.edu.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

Students stencil storm drains in effort to promote clean water



tinue to spread the word about stormwater health and how our community can help protect our waters while still staying safe.

The stencils mark the street near municipal drainage inlets (aka catch basins). Stormwater is precipitation that doesn’t soak into the ground; rain that flows from rooftops to lawns, across driveways and into sidewalks and roads is collected by these storm drains and discharged, untreated, into local bodies of water. Along the way, stormwater has collected pesticides and fertilizers, bacteria from pet waste, oil and petroleum, sediment, trash, and cigarette butts. This stenciling event is an effort to help educate the public of this process and to remind them not to dump down the drain. Maine Department of Environmental Protection (MDEP) estimates that 40%-70% of rain and snow that hits the ground leaves the average residential lot as stormwater runoff.

The Androscoggin Valley Stormwater Working Group (Lewiston, Auburn, Lisbon and Sabattus), in association with Androscoggin Valley Soil and Water Conservation District, normally host an event in the beginning of June each summer that involves working together with local volunteers for cleaner and safer waters. Volunteers gather at Festival Plaza in Auburn for a discussion about clean water and municipal stormwater drainage systems. The volunteers then split up to conduct

street stenciling in multiple neighborhoods in these respective municipalities.

In the age of COVID-19, the organizations have agreed to cancel their annual event of gathering as the municipalities of Lewiston, Auburn, Lisbon, and Sabattus will be stenciling while maintaining safe social distancing measures without the help of volunteers. Androscoggin Valley SWCD and the Androscoggin Valley Stormwater Working Group will be sharing information online to con-

Additionally, the illegal dumping of waste or trash into the drainage system can create more pollution and clog drainage systems, creating backups, nuisance flooding, and requires expensive cleaning operations. Public engagement in pollution prevention, such as environmentally sensitive lawn care, can greatly assist municipalities in these costly clean-ups which fall on taxpayers.

Residents can still make a difference by following these five steps on their property. See *Water*, page 13

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Beginning 3/24, Tuesday through Thursday mornings from 6-7 a.m. will be reserved exclusively for customers 60+ and individuals identified by the CDC as being at high-risk. We won't be checking IDs, but request that all other customers support these vulnerable shoppers and wait until after 7 a.m. to enter the store.

Our store hours have also temporarily changed to allow for more time to clean, stock shelves and give associates additional time to rest – beginning 3/21, new store hours will be 7 a.m. – 9 p.m.

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Continued from page 1

They are also a Dixie Belle Chalk Paint retailer

The custom furniture is made in Alfred in their full wood-working workshop and is made with quality Maine lumber. They offer a full line of barn door consoles, hall trees, ends and coffee tables, farm tables, entry tables, beds, benches, barn doors and kitchen islands.

Free delivery is offered on painted furniture with a twenty five mile radius and free delivery throughout New England for custom built furniture.

Once restrictions due to COVID-19 are removed they will be offering paint with Karen classes using Dixie Belle paint. The furniture and decor can be viewed at <https://www.facebook.com/k.h.designs.rehab/>.

k.h.designs Custom Handcrafted & Refinished Furniture is located at 102 Main Street in the Village Mall next to Goodwill. The store hours are Tuesday, Wednesday and Thursday 9:30 a.m. to 3:00 p.m., Friday 9:30 a.m. to 6 p.m., Saturday 9:00 a.m. to 2:00 p.m. Sunday 10 a.m. to 2:00 p.m.

Library

Continued from page 6

scavenger hunt for you to take along on your walk. Can you find everything on the list? Print it off at home or have it downloaded onto an adult's device.

Monday, July 27
Earth Toddlers, 10 a.m.: Five-week weekly program is geared towards children ages 18 months to 36 months. Join Ms. Dani on Face-

book, Mondays at 10 a.m. for activities, stories and crafts. Through exploration and fun, we will learn how to respect and appreciate our earth. Monday July 27, T for Trees; Monday August 3, H for Habitat.

Tuesday, July 28
Librarian Grab Bag – Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Wednesday, July 29
Braided Rag Rug, 10 a.m., ages 8+, or younger with adult help: Join Ms. Deb as she keeps fabric out of the landfill and turns tee-shirt scraps into a bright, colorful, braided rug.

Thursday, July 30
Librarian Grab Bag – Discovery Time, for ages 18 months to 5yrs: Join the library staff on Facebook at 9:30 a.m. for Discovery Time. You never know which Youth Services staff member will be performing. You could get a Musical Mr. Jeff, an Artistic Ms. Dani, a Movement Moment Deb, a Yogi Ms. Heidi, or an Artistic Ms. Becky. Tune in and collect them all!

Friday, July 31:
Baby yoga, 9:30 to 10 a.m., 6 weeks old to new walkers: Baxter Memorial Library Youth Services Librarian (and certified children's yoga teacher) Heidi Whelan will lead this supportive community yoga class for babies and their caregivers. This class will focus on nurturing the baby/caregiver bond through gentle massage, stretching, and sing-

ing. Restorative poses will be included for the caregiver. (A registration form for the Zoom link to this session will be posted online at least a week before the event.)

Suspended

Continued from page 9

“The Downs is proud of its long history as an integral part of Maine racing since 1950” Denise Terry, President and Treasurer of the Downs, said, “The hard work of our loyal employees and others in the industry allowed the Downs to operate live racing with only remote wagering this spring. No other Maine track and only a handful of tracks in the country were able to operate during the COVID shutdown. We appreciate the efforts of our employees, Maine’s wonderful horsemen, and the leadership and the Maine Harness Racing Commission and its staff, including in particular Executive Director Henry Jennings. Everyone worked cooperatively to provide safe, exciting racing on the limited basis that was possible under the circumstances. We are optimistic we will find a way forward to an even more robust and exciting, but equally safe, fall meet.”

For more information, visit www.ScarboroughDowns.com or visit our Facebook page.

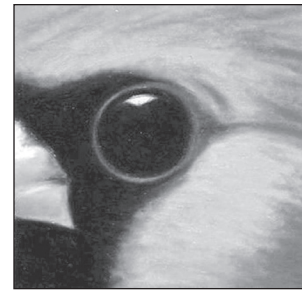
Send all items for **Names & Faces** to **Editor@GorhamWeekly.com**. Deadline is **Friday by five.**

New pieces of artwork by the late Father Paul Plante

Last week, hundreds of never before available pieces of artwork by the late Fr. Paul Plante have been posted for sale on a tribute website that serves as both a canvas of his immense talent and a tribute to his indelible legacy.

The work of Fr. Plante, who died in June of 2016, has been featured in art galleries around the country. His most famous work focuses on the eyes of songbirds, hawks, ducks, and other birds in 4 1/2" x 4 1/2" oil pastel paintings. The paintings reflect his fascination with birds, their spirit and their furtive nature. His portfolio also includes fish, plums, apples, and more. The work is searchable by collection and category on the website which can be found at www.paulplante.com.

Visitors to the site will also have the chance to explore a few of the many other contributions Fr. Plante made during his life. One section fea-



tures his homilies, while another is dedicated to his professional experiences and even includes the words of the artist himself.

“I look at my artwork with the same awe that makes me wonder who I am as a person,” reads part of Fr. Plante’s writings. “In many ways, I’m discovering myself in my art. I also sometimes feel as though the depths of my being are exposed through my art. When the result in another person is joy or awe and wonder, it makes it all worthwhile.”

A Sanford native, Fr. Plante attended St. Ignatius Elementary and Junior High School taught by the Ursuline Nuns and the Brothers

of Christian Instruction. He was ordained to the priesthood on May 8, 1971, by Archbishop Peter L. Gerety at St. Ignatius Church in Sanford. After his ordination, he served as chaplain of the Portland hospitals (1971); parochial vicar at St. Louis Church in Auburn (1971-1975), St. Joseph Church in Biddford (1975-1976), and Holy Cross Church in Lewiston (1976-1985); parochial vicar as well as rector of the Cathedral of the Immaculate Conception in Portland (1985-1993); and pastor of St. John Church in Winslow (1993-2004) and Our Lady of the Lakes Parish in Oquossoc (2004-2016). In 2009, he was assigned as Vicar for Priests while remaining pastor of Our Lady of the Lakes.

At the request of Fr. Plante, all proceeds from the website will be given to the Roman Catholic Diocese of Portland to be used for diocesan needs.

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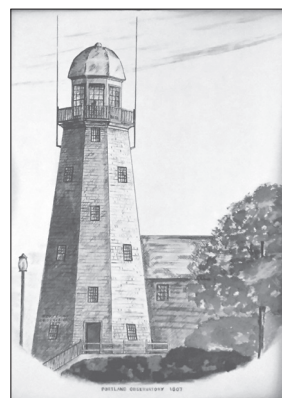
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Theater at Monmouth: The Show will go on for students

Theater at Monmouth's (TAM) Shakespeare in Maine Communities Tour will go on, though not in person as in previous years, but streaming virtually! Each fall and spring, TAM sends adaptations of classic literature on the road for students in Maine and New Hampshire. Through ShakesME, TAM has provided literature-based education tours in schools and community centers since 2005. For 2020, we'll present Measure for Measure (for grades five - twelve) to deepen understanding of, appreciation for, and connection to classic literature.

Shakespeare's strikingly current play speaks

powerfully about impossible moral choices in the story of the devout novice Isabella, whose faith is tested when her brother is sentenced to death for impregnating Juliet out of wedlock. When the outwardly virtuous leader Angelo propositions Isabella in exchange for her brother's release, she must decide whether upholding her holy vows is worth her innocent brother's life.

Measure for Measure will be available to schools and community venues October 12- 31, 2020 (dates can be adjusted to fit curriculum schedules). Due to covid-19 concerns, ShakesME performances will be brought to schools

via video with a Zoom Post-performance Discussion with the actors following.

TAM's production is part of Shakespeare in American Communities, a program of the National Endowment for the Arts in partnership with Arts Midwest. Of getting the news that TAM had received the grant for the program, Producing Artistic Director, Dawn McAndrews responded, "We are so grateful to ArtsMidwest and the National Endowment for the Arts for selecting Theater at Monmouth to receive the Shakespeare in American Communities grant for 2020-21. TAM has been a part of this initiative to bring

Shakespeare to students throughout the country for seven of the past eight years". TAM's Shakespeare in Maine Communities is also funded in part by grants from the Onion Foundation, the Helen and George Ladd Charitable Corporation, and the Morton Kelley Charitable Trust. These foundations provide the funding for TAM to offer scholarships to schools to bring the arts into their communities.

Due to the impact of COVID-19, TAM staff was unsure about the ability to bring ShakesME to schools as they have for the past 15 years, especially after postponing the entire 2020 Season. "We were devastated to not be able to bring classic theatre to Maine this year, and felt we'd have to cancel the ShakesME Tour as well," said Jordyn Chelf, TAM's Marketing Associate. "Thankfully the support from Arts Midwest and several other foundations is making ShakesME possible."

Theater at Monmouth has provided literature-based education programs in schools and community centers since the Theater's founding. Since 2005, TAM has taken the Bard on the road with Shakespeare in Maine Communities—featuring sixty to ninety minute adaptations of Shakespeare with five to eight actors. The target grade levels for this tour are middle and high schools; previous tours have reached more than six thousand students annually. For more information about TAM's Education Tours visit www.theateratmonmouth.org/education-tours or call (207) 933-9999.

National Endowment for the Arts Established by Congress in 1965, the National Endowment for the Art's funding and support gives Americans the opportunity to participate in the arts, exercise their imaginations, and develop their creative capacities. The agency has partnered with state arts agencies, local leaders, other federal agencies, and the philanthropic sector.

Arts Midwest A non-profit regional art organization in Minneapolis, Arts Midwest has served and worked with audiences, arts organizations, and artists around the world for more than twenty-five years. Their programs provide opportunities for

communities large and small to engage with arts and culture.

Theater at Monmouth, founded in 1970, was named the Shakespearean Theater of Maine by the State Legislature in 1975. The theatre's mission is to present innovative approaches to Shakespeare and other classic plays through professional productions that enrich the lives of people throughout Maine. Since its founding, TAM has produced expertly crafted, engaging productions in its three-month Summer Repertory Season entertaining audiences from thirty-six states and through Education Tours annually reaching more than fifteen thousand students statewide.

MaineCF awards \$157,500 in grants

The Frances Hollis Brain Foundation Fund at the Maine Community Foundation has awarded 31 grants totaling \$157,500 to nonprofit organizations that serve disadvantaged, underserved, and/or vulnerable communities in Maine.

Grants include:

Androscoggin Home Health Services Inc., to purchase emergency food bags and grocery store gift cards, as part of implementing the Hunger Vital Signs (food insecurity) program

Hope Acts, to ensure asylum seekers who are new to the community have access to basic needs, including housing, food and medical care

Pine Tree Legal Assistance, to protect Maine's most vulnerable residents by advocating for their basic needs and

rights

Preble Street, to increase access and connection to behavioral and physical healthcare for homeless populations by targeting social determinants of health through holistic care, outreach, and client-centered engagement.

MaineCF recognizes that many nonprofits are facing new challenges and making important changes to their work as a result of the COVID-19 pandemic. Because of this, all Brain Foundation Fund grant recipients are able to use these grants at their discretion, to fund the work that they proposed in their application or to address other important and emerging organizational expenses.

The Brain Foundation Fund awards grants to nonprofits that focus on individuals who live in Greater Portland, Lewiston/Auburn, Bath/Brunswick, Biddeford/Saco/Sanford, or to organizations with a state-wide mission. Grants support early childhood care and education, extended day learning, community health clinics, oral health initiatives, hunger prevention and food security, homelessness alleviation and legal services connected to these areas.

The next deadline for applications is April 9, 2021. For more information, visit the foundation's website or contact Program Officer

See *MaineCF*, next page

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Monday, July 20

University of Maine Cooperative Extension webinar about selecting native plants for a pollinator-friendly garden, 12 through 1 p.m. Registration is required, a \$5 donation is optional. Register on the event [webpage](#) to attend or to receive the link to the recording. For more information or to request a reasonable accommodation, contact Pamela Hargest at (207) 781-6099 or pamela.hargest@maine.edu.

Tuesday, July 21

Summer concert with World Famous Grassholes at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal Center). Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

Auburn Public Library hosting Kung Fu: Chinese martial arts for young dragons at 11 a.m. via Zoom. More information can be found on Two Dragons Path's website at <http://www.twodragonspath.com/>. Please call APL at (207) 333-6640 ext.3 to register and to be sent a link to the Zoom

Calendar

Send your submissions to the Editor. More online.

meeting.

Wednesday, July 22

Basilica summer concert series, 12:15 p.m., Ray Cornils. For more information about the summer concert series, call (207) 777-1200.

Saturday, July 25

Drive-thru performance of Just Outside the Window presented by Celebration Barn located off Route 117 at 190 Stock Farm Road, South Paris, Maine. Limited tickets are available. Tickets are \$20 per vehicle. Showtimes are 5:30 p.m., 6 p.m., 6:30 p.m., 7 p.m. and 7:30 p.m. on Saturday, July 25 (rain date Sunday, July 26 at the same times). Shows start promptly and last approximately 30 minutes. Tickets must be purchased in advance.

Chocolate Church Arts Center outdoor summer concert series with Jud Caswell. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org.

org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Wednesday, July 29

Basilica summer concert series, 12:15 p.m., Harold Stover. For more information about the summer concert series, call (207) 777-1200.

Wednesday, August 5

Basilica summer concert series, 12:15 p.m., Randall Mullin. For more information about the summer concert series, call (207) 777-1200.

Saturday, August 9

Chocolate Church Arts Center outdoor summer concert series with Heather Pierson. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org.

org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Wed, August 12

Basilica summer concert series, 12:15 p.m., Mark Thallander. For more information about the summer concert series, call (207) 777-1200.

Saturday, August 22

Chocolate Church Arts Center outdoor summer concert series with Lauren Crosby. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

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786-8605
FOR SHOWTIMES

Water

Continued from page 10

erties:

Build Healthy Soil: By using organic material and mulches, soil will increase its water retention and will minimize stormwater runoff.

Mow Better: Taller grass helps maintain healthy soil, which absorbs more water, resulting in less polluted runoff from lawns. Leave lawn clippings for natural fertilizer.

Practice Smart Watering: Plan your plant/lawn watering around rain events and use automated systems to reduce the amount of property runoff. Give plants just what they need but not too much.

Think Twice Before Using Fertilizers and Pesticides: Use phosphorus-free or slow-release fertilizers. Phosphorus and pesticides and cumulatively contaminate water bodies when they drain into them.

Practice Yardscaping: Use native plants and group plants together that need similar amounts of water.

To find out ways you can help prevent pollution, check out www.yardscaping.org

Over the last 17 years, MDEP has regulated stormwater discharges under the Federal Clean Water Act. The General Permit for the Discharge of Stormwater from Small Munic-

ipal Separate Storm Sewer Systems, commonly known as the MS4 permit, obligates the Androscoggin Valley Stormwater Working Group, which includes the municipalities of Lewiston, Auburn, Lisbon, and Sabattus, to develop a stormwater management program and implement a number of pollution control measures. Thirty communities in Maine must comply with these regulations, and recent Environmental Protection Agency (EPA) and MDEP audits in local communities will likely require additional clean water efforts and expenditures for communities. Two of the permit's control measures require public education on stormwater impacts and public participation in reduction efforts. The early June stenciling project is part of this program. To learn more about the MDEP stormwater program, go to <http://www.maine.gov/dep/land/stormwater/index.html>.



Fall

Continued from page 2

needed now more than ever," Daigler said. "We have the programs, the faculty, the support system, and the low tuition and fees that put a great education in the hands of any Mainer who wants it."

MCCS serves more than twenty-seven thousand people each year through degree programs, customized training, and credit and non-credit offerings. Its workforce numbers roughly one thousand six hundred.

Additional information, including links to the colleges' COVID pages, can be found on the MCCS COVID-19 information page.

CMP

Continued from page 2

sition research firm, VR Research, to dig into the records of organizations and presumably individuals opposed to the project.

"These aggressive strategies to stalk Maine voters while they gathered signatures,

challenge the signatures once they were submitted, conduct opposition research on groups opposed to the CMP corridor, and sue the State of Maine is further proof that CMP will do almost anything to subvert the efforts of the 66,000 Mainers who exercised their constitutional rights to place a measure on the ballot," said Didisheim.

CMP's spending reports also show that that the company has spent \$7.25 million on TV and cable ads, \$70,138 on digital ads, \$1.2 million on direct mail and print ads, and \$628,775 on polling and survey research. CMP has paid \$129,434 to campaign manager Jonathan Breed since October 2019, putting him on track to receive \$180,000 by Election Day, well over twice the annual salary of \$70,000 for Maine's governor.

Huge profits are at stake for these corporations, and investors in CMP's parent company, Avangrid, have expressed significant concerns that Maine people might defeat this project. Hydro-Quebec stands to make \$12.4 billion on this project, and CMP

and its parent companies would earn \$2 billion.

Twenty-five Maine towns have voted to rescind their support or oppose the CMP corridor. Polling last year showed that 65 percent of Mainers oppose the project, with opposition in Franklin and Somerset Counties exceeding 80 percent. Two of Maine's largest labor unions oppose the project, and the Sportsman's Alliance of Maine withdrew support.

In 2019, CMP was rated as having the worst customer service of any utility in the nation. CMP also received the largest fine that the Maine Public Utilities Commission (PUC) has ever levied against a utility. The \$10 million fine was for CMP's flagrant mishandling of its billing system and customer service. PUC staff stated at the time that: "The commission has not in recent history – and probably never before – seen complaints against a utility reach the numbers they have here, nor seen the kind of public skepticism of customers' utility bills that has been raised against CMP in the last two years."

A detailed inves-

tigation by the Portland Press Herald found that CMP's parent company, Avangrid, was so focused on pushing through the CMP power line that it wasn't paying attention to the serious flaws in CMP's billing system, which it downplayed. CMP also has been criticized by the PUC for sending 1,000 threatening disconnect notices to customers this winter and faces a class-action lawsuit for these threats to terminate power.

Last fall, Hydro-Quebec admitted to breaking state ethics laws, for which it received a \$35,000 fine, and the company has been criticized for misusing a photo of Baxter State Park.

"This level of spending proves how unpopular the CMP corridor is with Maine voters," said Didisheim. "If Mainers actually wanted this project, then CMP's litigation efforts and a massive persuasion campaign with consultants from Washington, D.C.; New York City; Oakland, California; Phoenix, Arizona; and Methuen, Massachusetts wouldn't be necessary."

MaineCF

Continued from previous page

John Ochira at jochira@mainecf.org or (207) 412-0837.

David and Frances Brain established the Frances Hollis Brain Foundation in 1993 to address social issues and encourage the family's future generations to contribute to the well-being of their communities in Maine, Georgia and Kentucky.

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, and Mars Hill, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people. To learn more about the foundation, visit www.mainecf.org.

Restaurant Directory

Restaurant Name	Phone	City	Open?	Take-out?	Curbside?	Delivery?	Hours	Website
Junction Bowl	(207) 222-7600	Gorham	Yes	Yes	Yes	Yes		jctbowl.com
Dunkin' Gorham	(207) 839-7044	Gorham	Yes	Yes	No	No	Daily 430am-8pm	dunkindonuts.com
Lucky Thai	(207) 839-6999	Gorham	Yes	Yes	No	No	Daily 11am-8pm	Lucky-Thai.com
MK Kitchen	(207) 222-2588	Gorham	Yes	Yes	Yes	No	Tues-Sat. Preorder EARLY. Pick up 3:30pm -7pm	Mkkitchen.net
Ocean Gardens	(207) 839-7651	Gorham	Yes	Yes	Yes	No	Fri-Sat 3 to 7	Oceangardensrestaurant.com
Jan Me II	(207) 839-4377	Gorham	No	No	No	No	None	janmee2.com
Aroma Joes - Gorham	(207) 222-2921	Gorham	Yes	Yes	No	No	Daily 4:30am-10pm	aromajoes.com
Angelo's Pizza, Gorham	(207) 222-2232	Gorham	Yes	Yes	No	No	Wed - Sat 12pm to 7pm, Sun - 12pm to 6pm	www.angelospizzagorham.com
Chia Sen chinese restuarant	(207) 883-7665	Scarborough	Yes	Yes	No	No	Daily 11am-9pm	www.chiasenme.com
O'Reilly's Cure Restaurant & Bar	(207) 517-2222	Scarborough	Yes	Yes	Yes	No	Daily 12pm-7pm	oreillyscure.com
Subway - Scarborough	(207) 885-5818	Scarborough	Yes	Yes	Yes	Yes	Daily 9AM-9PM	subway.com
Subway Scarborough – Rte 22	(207) 839-7900	Scarborough	Yes	Yes	No	Yes	Daily 11am to 7pm	subway.com
El Rayo Scarborough	(207) 883-8226	Scarborough	Yes	Yes	Yes	Yes	Mon-Sat 11am-8pm	www.elrayotaqueria.com
Chia sen Chinese restaurant	(207) 883-7665	Scarborough	Yes	Yes	Yes	No	Dailiy 11:00 am -9:00 pm	Www.chiasenme.com
Nonesuch River Brewing	(207) 219-8948	Scarborough	Yes	Yes	Yes	Yes	Wed-Fri 3pm-8pm, Sat 12pm-8pm, Sun 12pm-7pm	nonesuchriverbrewing.com
Bin Fin Poke	(207) 536-0416	South Portland	Yes	Yes	Yes	No	Mon-Sat 11am-8pm	bigfinpoke.com
Buffalo Wild Wings	(207) 541-9464	South Portland	Yes	Yes	Yes	No	Daily 11am-10pm	buffalowildwings.com
Chili's	(207) 773-1595	South Portland	Yes	Yes	Yes	Yes	Dailiy 11AM-9pm	chilis.com
Chipotle Mexican Grill	(207) 775-7730	South Portland	Yes	Yes	No	Yes	Daily 10:45AM-10PM	chipotle.com
Cracker Barrel	(207) 773-7530	South Portland	Yes	Yes	Yes	Yes	Daily 8am-8pm	crackerbarreltogo.com
Friendlys	(207) 774-7442	South Portland	Yes	Yes	No	Yes	Daily 11am-10pm	friendlys.com
Longhorn Steakhouse	(207) 780-0800	South Portland	Yes	Yes	Yes	No	Sun-Thu 11am-9pm, Fri-Sat 11am-10pm	longhornsteakhouse.com
Cracker Barrel	(207) 210-7291	South Portland	Yes	Yes	Yes	Yes	Daily 8am to 8pm	Crackerbarreltogo.com
Mcdonalds South Portland	(207) 761-2819	South Portland	Yes	Yes	Yes	Yes	Daily 6am-10pm	mcdonalds.com
Moes Original BBQ	(207) 956-7623	South Portland	Yes	Yes	Yes	Yes	Dailiy 11am-7pm	moesoriginalbbq.com
IHOP - South Portland	(207) 774-7475	South Portland	Yes	Yes	No	Yes	Daily 7am-2pm	ihop.com
El rodeo Mexican restaurant	(614) 254-4976	South Portland	Yes	Yes	Yes	Yes	Sun-Thu 11am-8pm Fri-Sat 11am-9pm	Elrodeome.com
Subway Standish	(207) 550-0012	Standish	Yes	Yes	No	Yes	Daily 11am to 7pm	subway.com
Big Fin Poké	(207) 591-0171	Westbrook	Yes	Yes	No	Yes	Mon-Sat 11am-8pm	bigfinpoke@gmail.com
Subway Westbrook - Main St.	(207) 854-3287	Westbrook	Yes	Yes	No	Yes	Daily 11am to 7pm	subway.com



PASTAS AND GRAINS	
Organic Quinoa Bowl Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / Vegan + g.f.\$12.00\$20.00	Gnocchi Primavera Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / Vgt.\$12.00\$22.00
Rigatoni Bolognese Slow Braised Tomato - Beef & Pork Sausage, Smoked Bacon Breadcrumbs, Parmesan\$13.00\$24.00	Handmade Ravioli Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta /Vgt.\$12.00\$22.00
Gnocchi Mac + Cheese Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked Bacon Breadcrumbs\$12.00\$22.00	Butternut Squash Risotto Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / Vgt. + g.f.\$14.00\$26.00

MK Kitchen.net

APPETIZERS, SOUP AND SALADS

Blue Cheese Stuffed Baked Dates \$12.00 Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / g.f	Cheese Board \$16.00 Silvery Moon "Manchego", Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini
Caramelized Onion Tart \$13.00 House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / Vgt.	Chef's Soup \$8.00 Daily Creation / vegan
MK Wedge \$9.00 Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing / g.f	Gathered Greens \$8.00 Grapes, Aged Balsamic & Olive Oil Vinaigrette, Pineland Farm Feta, Toasted Almonds / g.f
Braised Beet Salad \$11.00 Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / g.f	Grilled Romaine Caesar \$9.00 Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing

Would you like your restaurant in Gorham Weekly's Restaurant Directory? email us:

Laurie@GorhamWeekly.com

Ovations

Continued from page 6

and continuing through Spring 2022 and includes the co-commission of a new work by award-winning choreographer Emily Johnson. Artists will be presented as Ovations' Main Stage performances at Merrill Auditorium and/or virtually in School-Time Performances, and/or in-school residencies, in lecture/demonstrations and Master Classes, and in residencies and community conversations and events at Indigo Arts Alliance. The project includes:

“Sphinx Virtuosi”: The Sphinx Virtuosi is one of the nation's most dynamic professional chamber orchestras, comprised of eighteen top Black and Latinx classical soloists. Putting a new face on classical music and dedicated to increasing racial and ethnic diversity within it, the ensemble's repertoire includes masterpieces by Bach, Tchaikovsky, Vivaldi, and Mozart performed alongside works by composers of color, including Coleridge-Taylor Perkinson, George Walker, Michael Abels, and Astor Piazzolla. The Ovations program will include work by noted female composer Jesse Montgomery, a Sphinx alum, along with Scott Joplin, Samuel Barber, Coleridge-Taylor Perkinson, Philip Glass, Xavier Foley, and more.

“Cartography”: Conceived and created by Kaneza Schaal and Christopher Myers, this new theatrical work explores the commonalities of migration and the concrete and metaphorical mapping at the center of worlds in motion. The interactive production draws on Schaal and Myers' work with refugee youth in the US and internationally. The cast consists of professional actors who are also US immigrants. Workshops mapping migrations and on the theme of what it takes to find home will be held in collaboration with the Greater Portland Immigrant Welcome Center. Christopher Myers is the acclaimed illustrator of “Harlem: A Poem”, a Caldecott Honor Book; “Jazz”, a Coretta Scott King Honor Book. He is also the author-illustrator of “Black Cat” and “H.O.R.S.E.: A Game of Basketball and Imagination”, both Coretta Scott King Hon-

or Books. The Kennedy Center has adapted three of Myers' books to the stage for young audiences.

Step Afrika!: Step Afrika! is the world's first professional company dedicated to the tradition of stepping—a poly-rhythmic, percussive dance form that uses the body as an instrument—creating new productions that expand on stepping's unique American history of dance styles practiced by historically African American fraternities and sororities. The Ovations program will include excerpts from Step Afrika!'s new full-length work, “Drumfolk” — inspired by the 1739 revolt of Africans enslaved in South Carolina. The high-energy production explores the drum as an instrument of community, resilience and determination. Step Afrika! is one of the top ten U.S. African American dance companies, reaching thousands each year through a fifty-city tour of American colleges and theaters and performing globally as an official U.S. Cultural Ambassador.

“Emily Johnson: Being Future Being” An Ovations co-commission, Johnson's newest work will delve into the power of creation myths and the way their origin stories set the potential for who they would become. Envisioned as an evening-length stage performance featuring Johnson and a cast of six to eight dancers, the majority of whom will be local, this new work reboots our past and reimagines our future. Building from the shared collective experience of the performance, Johnson will work with Ovations, Indigo Arts Alliance, and the Greater Portland Immigrant Welcome Center to develop an extended community process that flows from, and follows, those audiences out and into their communities. Award-winning choreographer Emily Johnson has created a distinguished body of dance works and social choreographies that unite audiences in a shared experience of movement, place, history, collective action, and the continuance of Indigenous cultural practices and perspectives. Originally from Alaska, Emily is of Yup'ik descent, and the engagement process around the creation of this new work will include outreach to

and collaboration with Maine's native communities and artists.

Portland Ovations was formed as the Portland Music Commission in 1931 by the Portland City Council for the purpose of booking world-renowned performers in the elegant City Hall Auditorium, now Merrill Auditorium. The independent non-profit organization now curates music, dance, theater, and Broadway into a wide range of venues, including Merrill Auditorium, Hannaford Hall, Port City Music Hall, and the Westbrook Performing Arts Center. Ovations is northern New England's foremost performing arts presenter and is recognized in the industry as one of the most prominent and economically viable small-city presenters in the United States. Portland Ovations contributes to the cultural, social, and economic wellbeing of their community by presenting an array of high quality performing artists from around the world and creating diverse educational experiences that bring the enjoyment, energy and enrichment of the arts to all. The organization seeks to inspire a curious and imaginative community where the experience of the performing arts is a vital part of everyday life.

Tickets for all Portland Ovations events are available through PortTIX, Ovations' trusted box office at Merrill Auditorium. Call PortTix at (207) 842-0800.

More information about Ovations' artists, past and future, is available online at www.portlandovations.org.

Indigo Arts Alliance cultivates the artistic development of people of African descent. It embodies a Black-led, multiracial approach to the rich intersections of citizenship, community-building, and creativity. Indigo helps them imagine more compassionate, generous, and welcoming human societies. Its work is rooted in two principles: 1) Art is a key resource for healthy human communities; It should be cultivated and celebrated and 2) Artists play a unique role in strengthening multiracial democracy. Their vision is needed to inspire communities and to help build a more humane, inclusive, and just world. For more information on

Indigo Arts Alliance, visit indigoartsalliance.me.

Founded in 2017, the IWC serves as a hub of collaboration that strengthens the immigrant community through language acquisition, economic integration and civic engagement. Rooted in collaboration, results-based accountability, integrity, inclusion, professionalism – the non-profit's vision is that Greater Portland's thriving immigrant community fully reaches its civic, economic and social potential.

For more information on this National Endowment for the Arts grant announcement, visit arts.gov/news.

Full

Continued from page 3

fond. “The way our community has responded to this, the greatest global health and economic crisis of the past hundred years, has been nothing short of inspiring. Their collective and continued generosity has allowed us to rapidly scale our efforts to feed Maine children and to sustain the momentum required by this evolving disaster.”

One hundred percent of donations made to the Full Plates Full Potential Summer Meals Emergency Fund are being issued in the form of grants to summer meal programs statewide. Grant distribution spans communities - large and small - from Kittery to Fort Kent, Rumford to Eastport. In all, seventy-three summer meal programs were funded with Full Plates Full Potential's Summer Meal Emergency funds with a total of four hundred one thousand, five hundred forty-five dollars distributed statewide.

With this assistance from Full Plates Full Potential, summer meal programs will operate in every county across Maine and most will serve children through late August. Any child age eighteen or younger can access meals at summer sites at no cost. Full Plates Full Potential in partnership with the Maine Department of Education and other nonprofits from its leadership council launched the Summer Emergency Meals Fund. Together, they estimate that one point three million meals will be served to Maine children this summer.

Full Plates Full Potential is on a mission

to end child hunger in Maine by maximizing participation in federal child nutrition programs. They partner with non-profit advocates, local businesses and restaurants, advocating for policy changes at the state level, granting funds

and providing technical assistance to schools. Founded in 2014, the organization hosts year-round events and fundraisers, and invites Maine businesses to the FEED KIDS cause marketing initiative. Learn more at fullplates.org.

Summer Fresh Stone Fruit Cobbler



Chef Dorene Mills

Created by Chef Dorene Mills

Serves: 6 – 8

Prep time: 10 minutes

Cook time: 20 minutes

A surprise twist with a Tea infused Simple Syrup helps to build flavor with seasonal stone fruits of Peaches and Plums, while a simple ready to bake biscuit offers a fluffy layer of buttery goodness.

Recipe:

Fresh Peaches 5 ea.

Fresh Plums 4 ea.

Simple Syrup – can be found in the liquor aisle ½ Cup

Black Tea bags 2 bags

Refrigerated Jumbo Buttermilk Biscuits 1 container (8 each)

Butter, unsalted 4 Tbs

Method:

Clean and wash fruit, then slice around the circumference of each twisting to separate the halves. Remove the pit of each fruit. Slice into 1/2" wedges and set aside

In a microwave safe cup, add the simple syrup and the tea bags and microwave for 3 - 30 second intervals, checking to make sure the syrup is warmed. Set aside with tea bags

in to allow it to infuse the syrup.

Take a large oven safe pan or cast-iron pan and heat on burner of stove on medium high heat. Add 3 Tbs butter and allow to melt, but don't burn.

Add in sliced fruit, allowing it to caramelize on each side, then turn the burner down to low.

Remove the tea bags from the syrup, squeezing the excess back into the cup to capture the flavor of the tea. Add the simple syrup into the pan with the fruit and allow to simmer for 2 minutes, stirring constantly.

Remove pan from the heat and open the biscuits, laying them around on top of the fruit in a single layer.

Melt the remaining butter and brush over the biscuits. Place in the oven at 350°F for 15-18 minutes until biscuits are cooked through and browned on the top.

Scoop and enjoy with your favorite whipped cream or topping, or vanilla ice cream

Note: If you're a fan of berries, please feel free to add fresh or frozen into the pan before baking in the oven!