

New, low auto rates. Same good neighbor.

Here's the deal, Russellville. State Farm® has new, lower auto rates, so you can save more cash and get local service that's always the real deal. Call me today for a quote.

Like a good neighbor, State Farm is there.®

State Farm Mutual Automobile Insurance Company
Bloomington, IL
2001142



Lee Nickels, Agent
13760 Highway 43 Ste 6
Russellville, AL 35653
Bus: 256-332-0052
lee.nickels.wmy5@statefarm.com

PRSR STD US POSTAGE
PAID Franklin Free Press
113 Washington Ave. NW
Russellville, AL 35653

ALL Ashley Sofas are ON SALE!

Now \$287



Jackson-Royal Furniture
Franklin Center • Russellville
256-460-0924

Tompkins: Positive outlook on cancer diagnosis is 'everything'

John Pilati
Franklin Free Press

He was an All-State quarterback on his hometown team that he led to two semi-finals and one championship game from 2000-2002.

After a brief collegiate career, he came back home to start in law enforcement, where he advanced up the ranks to Lieutenant Investigator with the Russellville Police Department.

With his career firmly established, he married the love of his life five years ago and was blessed with his first child two years later.

For Jake Tompkins, life reads like a story book. But three months ago, a new chapter began—one that wasn't supposed to be part of this idyllic script—when he was diagnosed with cancer.

Malignant melanoma of the oral cavity, to be exact.

When the call came in May, Tompkins was shocked. He'd experienced periodic swelling in his jaw for three years, but a visit to his doctor and a prescription for antibiotics resulted in the swelling going down on those occasions.

This spring, though, the swelling returned and the ensuing pain was stronger than ever. Tompkins was referred to an Ear, Nose and Throat (ENT) specialist in Florence. After that appointment, the COVID-19 outbreak put a halt to most surgical procedures, including a biopsy of Tompkins' cheek.

It was April 30th when he finally had the biopsy. 12 days later, the phone call Tompkins never expected came. And it hit him like a blitzing

See 'TOMPKINS,' page 8

Store Hours!
Mon-Fri: 5 a.m.-8 p.m.
Sat: 6 a.m.-8 p.m.
Sun: 8 a.m.-8 p.m.

Come see Stratt and the friendly folks at Cedar Creek Chevron!
11477 Highway 43 South, Russellville
256-332-0104

Vote Darren Woodruff
City Council District 2
Pd. Pol. by Darren Woodruff, PO Box 1236, Russellville, AL

Taking care of your family's dental needs
Brett M. Bowen, DDS
Bowen Family Dentistry
243 Underwood Road • Russellville 256.332.4000

David Reed Grissom
MAYOR
Pd. Pol. by David Grissom, 600 N. Jackson Ave., Russellville, AL

Morrow begins new chapter working at Mississippi State

John Pilati
Franklin Free Press

When construction on their house is complete, Johnny Mack and Martha Morrow will make their new home in Starkville, Miss.

It's challenging to envision Franklin County without Morrow among its ranks. But the 77-year old recently accepted a position with Mississippi State University's John C. Stennis Institute of Government and Community Development, and Morrow and his wife decided to relocate to his college town.

Martha, an optometrist, will continue her Russellville optometry prac-

tice even after the move is complete.

Morrow, who represented Franklin County's District 18 in the Alabama House of Representatives for 28 years, recently described his life to the *Franklin Free Press* as a series of chapters, and *Chapter 5: Return to Mississippi State University* is now underway.

As the Stennis Institute's Special Projects Coordinator, Morrow works with officials on identifying and resolving issues and completing projects important to the people of Mississippi. Considering his political experience and acumen, the job seems a perfect match for Morrow.

See 'MORROW,' page 9

RUSSELLVILLE DENTAL CARE
Everyone Deserves To Smile!

Dr. Steve Hammack & Staff **Se Habla Español**

NEW LOCATION!
510 Engle Dr SE
(256) 332.6073

VOTE HILLARY MALONE HALL
CITY COUNCIL DIST. 5
Pd. Pol. by HILLARY MALONE HALL, 302 GAINES AVE. NW, RUSSELLVILLE, AL 35653

Our team is ready to serve you!

SINGING RIVER DENTISTRY
531 St. Clair St., Russellville
Call 256.332.6888 to schedule your appointment today!

SingingRiverDentistry.com

Hablamos Espanol

FAMILY Pharmacy GROUP
BlueCross BlueShield of Alabama

Family Pharmacy of Littleville

Accepting Tricare and BCBS
1369 George Wallace Hwy
256.332.4021
familypharmacygroup.com



MARTY'S MEAT MARKET

This Week's Specials

Fresh Lean Ground Beef
\$2.59 lb.

T-Bone Steak
\$7.99 lb.

Boneless Beef Bottom Round Roast
\$2.99 lb.

Country-style Meaty Pork Ribs
\$1.69 lb

Quarter Loin Pork Chops
\$1.69 lb.

Whole Boneless Pork Loins
\$1.99 lb.

Leg quarters - \$4.99/10 lb. Bag

Breaded Mozzarella Cheese Sticks - \$9.99/4 lb. Bag

Smoked Sliced Bacon - \$3.59/lb.

Country Pleasin Smoked Sausage - \$4.99/Pack



Cut Fresh Daily!

**Come enjoy these great deals!
We thank you for your business!**



256-331-9285 • 85 Scotty Moore Dr
Mon.-Sat. 8 to 6 and Sunday 10-6

Now OPEN FRANKLIN DISCOUNT DRUGS

In Phil Campbell! 205-993-4554

Free Local Delivery!
Convenient Drive-Thru!
Most Insurance Accepted!



Mon.-Fri. 9-6
3145 Hwy 237
Phil Campbell

Next to Phil Campbell High School

Owner/Pharmacist
Wes Mayfield

FRANKLIN MEMORY GARDENS



We offer ground burial, mausoleum and cremation spaces. All may be purchased at need or pre-need to include the burial vault and bronze memorial.

Providing a peaceful, beautiful and serene cemetery for the people of Franklin County.

Carolyn Atkins Porter *Since 1960*
2710 Waterloo Road • 256.332.2115

"In Memory of our loved ones..."
brought to you by Atkins Marble and Granite Works
and Franklin Memory Gardens

James Archie Glasgow, 94, of Phil Campbell, passed away on Thursday, July 16th. Interment at Shady Grove Cemetery.

Larry Jack Henson, 71, formerly of Russellville, passed away on Friday, July 17th. Interment at Franklin Memory Gardens.

Martha Sue Landers, 75, of Russellville, passed away on Friday, July 17th. Interment at Franklin Memory Gardens.

Mary "Louise" Warhurst, 83 of Phil Campbell, passed away on Wednesday, July 15th. Interment at Union Hill First Congregational Methodist Church Cemetery.

Jeff Elledge's CREDIT CARS

NO CREDIT WE FINANCE!



06 Nissan Altima
\$1200 Down
03 Buick Century
\$800 Down
13 Chevy Cruze
\$1200 Down
05 Ford Escape
\$1000 Down

11 Chevy Cruze
\$1500 Down
06 Buick LaCrosse
\$1000 Down
08 Suzuki XL7
\$1500 Down
13 Chevy Impala
\$1500 Down

elledge.jeff@gmail.com

2506 Woodward Ave • Muscle Shoals
256.383.7979 • 256.710.3711

We Now Carry Jarlin Cabinetry. 1/2-inch Thick Plywood Box Construction, Clear Coated Natural Maple Finish Interior in a Variety of Colors!



Dove White
Shaker

Ebony

Sterling



256.332.8181
HWY 43 • Littleville

Letters to the Editor

We love to hear from you! Send your guest columns, recipes, cartoons, letters to the editor and other creative submissions to franklinfreepress@yahoo.com. For updates on news and sports throughout the week, don't forget to check us out online at franklinfreepress.net!

Franklin voter turnout low, but above state percentage for runoff

John Pilati
Franklin Free Press

If you hosted a party and only 17 percent of invited guests showed up, you'd probably be disappointed. That's what happened in Alabama on July 14, but instead of a party it was a primary runoff. And not many folks showed up. Statewide votes cast in the Republican Primary runoffs totaled 549,721 compared to 711,809 votes in the March 3, 2020, Republican Primary. The 626,551 total votes represent 17% of Alabama's 3.5 million registered voters. Locally, the turnout was better than the state average, but still low. Franklin County Republican voters chose Stratt Byars over Veronica Copeland Stancil in the Revenue Commissioner's runoff. Byars received 2,107 votes to Stancil's 2,078, and 44 voters failed to mark either candidate on their ballot. The total of 4,229 votes represents 22% of Franklin County's 19,155 registered voters. With more than a four-month gap between the primary and runoff, voter interest was predictably low on Tuesday. COVID-19 safety concerns prevented candidates from traditional campaign methods including door-to-door visits and large political gatherings in various Franklin County communities. The candidates crafted other ways to draw attention to the July 14 runoff, including standing at intersections waving at traffic and driving trucks with large political signs affixed to them around the county. Byars' supporters added "Vote Today" signs to his political signs early Tuesday to remind voters it was election day. By day's end, Byars earned a 29-vote victory over Stancil, in the closest county-wide race in decades. Other than a brief power outage at Rockwood early Tuesday morning, there were no problems at polling locations, according to Franklin County Probate Judge Barry Moore. Moore said voter turnout, particularly among older voters, was down in part due to their concerns about going out in public to vote. Moore expressed his appreciation to poll workers and his staff for the problem-free election day. "With the challenges we had with the virus, I appreciate our poll workers doing their civic duty to help the citizens of Franklin County vote," Moore said. "I appreciate all the citizens of the county who voted as well as all the staff in the Probate Office. They made this election go smoothly along with Elaine Mitchell and Loretta Sykes. "It takes everyone working together to make this work," Moore added. The criteria for voting absentee were waived for the July 14 runoff, as Alabama Secretary of State John Merrill, the state's chief election officer, said voters could vote absentee if they didn't want to get out in public. 203 absentee applications were mailed out in Franklin County, but only 165 absentee ballots were cast, a lower-than-expected number. Next on the political agenda will be Alabama municipal elections on August 25, 2020. Municipal candidates do not run by political party, so there are no primaries. Unless a runoff is needed, all mayors and city council members across the state will be elected that day.

Send your guest columns, recipes, cartoon panels, letters to the editor and other creative submissions to franklinfreepress@yahoo.com.

For updates on news and sports throughout the week, don't forget to visit us online at www.franklinfreepress.net!



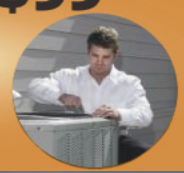
AL HVAC 91114 • fullerhvac.com
256.774.9019

Keep Your HVAC System Running Efficiently with a Tune-Up Level Right for You!

SILVER LEVEL Complete System Evaluation
for **\$39**

GOLD LEVEL Complete System Evaluation, Tune-Up, Professional Cleaning
for **\$69**

PLATINUM LEVEL for \$99 Complete System Evaluation, Tune-Up, Professional Cleaning, Money-Back Guarantee, Lifetime Thermostat Warranty



State Farm reducing auto insurance rates due to decline in travel

Submitted to the FFP

Driving behaviors across the country continue to evolve during the COVID-19 pandemic. Based on current trends, State Farm is working to reduce auto insurance rates in Alabama by an average of 12.5%.

This rate reduction will save more than one million State Farm customers a total of \$106.4 million. This applies to current customers at policy renewal, as well as new and returning customers.

"Current State Farm driving data and claims experience show a considerable decline in miles driven and fewer accidents," said Dan Krause, Senior Vice President. "As a result, we're looking for ways to continue supporting our Alabama customers while we monitor and adjust to trends."

In addition to the auto rate reduction, the discount for participating in Drive Safe & Save™ is increasing to 10%, and empowers drivers to save more on their auto premiums through driving behaviors.

Customer rate reductions will vary based on their individual renewals. Customers are encouraged to visit with their State Farm agent about individual policies, coverage and any opportunities for discounts, including Drive Safe & Save.

For more information, contact Russellville State Farm agents Rhett Bradford at 256-332-0540 or Lee Nickels at 256-332-0052.

Please send your guest columns and other creative submissions to franklinfreepress@yahoo.com.

CORRECTION

In an article about Russellville City Schools' transportation changes in our July 15, 2020, issue, the start date for the fall semester for RCS was listed as August 20. The actual start date is August 12. The Franklin Free Press regrets the error.

FRANKLIN FREE PRESS

113 WASHINGTON AVE. NW
RUSSELLVILLE, AL 35653
256-332-0255

The *Franklin Free Press* is published weekly by Pilati Investments, Inc. Our publication is mailed to our readers at no charge.

Publisher

John Pilati

Executive Editor

Brady Petree

E-mail: franklinfreepress@yahoo.com

Sales Representatives

John Pilati

Content Contributors

John Pilati, Brady Petree, Ree Shannon,
Doug Green, Rebecca Thomason, Sheryl Hamilton,
Ashley Cummins, Gail Motes

Graphic Design

Jason Hill

Correction Policy

The *Franklin Free Press* strives for excellence and accuracy, and we will be pleased to correct any error in our newspaper. To request a correction or clarification, call or e-mail our office.

Letters to the editor

The *Franklin Free Press* is published by hometown people, for hometown people. We urge contributions of all kinds, including guest columns, picture submissions, cartoons or letters to the editor. Send any letters to our office via U.S. Postal Service or e-mail, and we will gladly publish them. Letters must be signed and contain the hometown and phone number of the author. The *Franklin Free Press* reserves the right to edit letters for style, length and content.

Copyright Information

Published by Pilati Investments, Inc. Copyright 2018
All materials and content are copyrighted by the Publisher
This publication may not be reproduced, in whole or in part, by any method, without the express written permission of the Publisher.

County commission votes to relocate polling location, other location change considered

John Pilati
Franklin Free Press

One Franklin County polling place has changed, and another may soon be moved depending on feedback from voters at a public meeting.

The Franklin County Commission voted to change the Waco precinct voting location to Waco Baptist Church on Hwy. 724, at the commission's July 20 meeting.

Franklin County Probate Judge Barry Moore said the former location, Waco Church of Christ on Hwy. 75, was not available as the church was no longer actively meeting. The new location, 31231 County Road 724, is a short distance from Waco Church of Christ, so voters won't have to travel out of the way.

The changes will take effect in the November 3, 2020, general election.

The Franklin County Commission may change a polling place as long as the change is made more than 90 days from election and the new location remains inside the precinct.

In the case of Quinn's Garage voting precinct, though, the requirements are a bit different for what commissioners are wanting to do.

The commission approved a public meeting for Monday, July 22 at 6 p.m., at Tharptown Baptist Church to receive input on relocating the Quinn's Garage voting location to Tharptown Baptist Church.

The church already serves as the voting site for the Tharptown precinct, so if it becomes the location for Quinn's Garage precinct voters, the church would become a voting center and would house two precincts on election day.

A 2017 local law authorizes the Franklin County

Commission to establish voting centers for multiple precincts. Before that can be approved, though, a public hearing must be held where voters in that precinct can be heard regarding the proposed change.

So Quinn's Garage voters who want to address the commission would be allowed to do so at the July 22 meeting, Moore said.

Tharptown Baptist Church officials agreed to host both precincts on election day, if that is approved by the commission.

Moore said he and Commissioner Chris Wallace have received citizen concerns about the Quinn's Garage location.

"The McDonald family (which owns Quinn's Garage on Hwy. 48) has been wonderful, but this would allow for a larger location with easier access for voters," Moore said. "There is no air conditioning there, and it's a gravel parking lot, so the church would offer more accommodations for voters."

If the move is approved, it would be the third different location for voters in the precinct in the last 10 years. Voting previously was held at Myrick's Grocery on Hwy. 48 in Saints Crossroads before it was moved to Quinn's Garage several years ago.

A special meeting will be held on Friday, July 31 for commissioners to consider creating the polling center at Tharptown Baptist.

All voters affected by relocation of a voting precinct will receive cards from the Franklin County Board of Registrars notifying them of the new location. The change would take effect on the next scheduled election, November 3, 2020.

In other agenda items at their July 20 meeting,



King announces candidacy for Phil Campbell City Council Place Five

Submitted to the FFP

Phillip King recently announced his candidacy for Phil Campbell City Council Place Five in the August 25, 2020, municipal election.

King is a graduate of Phil Campbell High School, and a graduate of the 1986 University of Alabama session Law Enforcement Academy. He is a retired investigator and deputy chief of police who had 31 years of law enforcement experience.

King said his first order of business as a council member would be to make Phil Campbell more attractive to and for its residents and others passing through the town.

"We have got to provide a reason for people to come to Phil Campbell and we lost a lot of our homes during the 2011 tornadoes," King said. "It's past time to redevelop a housing market whether it's working with the federal government, low income housing, Fannie Mae or Freddie Mac.

"These programs were taken over by the government after the bailout and people need to be educated about them to assist residents and help many of them become homeowners and even first-time homeowners," he added.

King said he will work for a more informative city hall in Phil Campbell that can work with the citizens and meet with the public, and have representatives from federal and state programs help put more homes in town.

"Phil Campbell is small town living and still considered home and it means that to a lot of families," King said. "But we are becoming smaller as more people move off and we can help the people who want to remain here by being a more active city administration."

King believes fiber optic high speed internet to be vital to Phil Campbell's future.

"We have sat back and watched it go all around us and adjoining towns are offering it through fiber optic providers," King said. "We need more jobs in this area and I know it's tough for a small town to compete, but we have an industrial park with infrastructure to attract more types of industry.

"But it's a tough sell when your town has a big eyesore of dilapidated buildings on main street and we need these either remodeled or torn down. Surely there are some grants that can help with this," he added.

King said he will work to reinstate a police department in Phil Campbell with full-time officers and 24-hour coverage.

"Many people complain of needing a police officer and waiting 45 minutes or longer before one arrives, and many times no one even comes at all," King said. "Franklin County Sheriffs deputies answer as many or probably more calls than the town's own police department and this needs addressing now."

King hopes to see a positive working relationship between the mayor and town council working together to do more for the town's residents, as well as the many people who pass through Phil Campbell each day.

"I ask for your vote so I can try to start helping make these and many improvements for our town, and bring back the pride of Phil Campbell. Vote Phillip King for City Council Place Five," King said.



Phillip King



To all District Five Residents:
Door-to-door campaigning has traditionally been a part of running for office in local elections. As your City Councilman for District Five, I always enjoy meeting new people in our district and visiting old friends as I campaign door-to-door.

This year, though, with a national health pandemic, I have made the decision not to use traditional door-to-door campaigning. This decision was made out of respect to your health and the health of your family, which must be our primary concern these days. We will be leaving door hangers at homes, but will do so without disturbing your family.

I am still available to meet, either by telephone or in-person (if so requested), with anyone in District Five. Please feel free to call me at 256-810-7388. Our city election is Tuesday, August 25, 2020.

I respectfully ask for your vote and the opportunity to represent you the next four years, as we continue to move our city forward.

Sincerely,

Jamie Harris
Russellville City Councilman, District Five



Pd. Pol. Adv. by Jamie Harris, 837 Herring Cross Roads, Russellville, Al.

Don't forget to visit us online at www.franklinfreepress.net!

'LOCATION,' from page 4

- commissioners:
- approved entering into contracts with cities in Franklin County for use of the county's poll pads, at a cost of \$100 each.
- approved entering into a contract for cities in Franklin County to use the county's handicapped voting machines. There is no charge to the cities for using them, but each city would be responsible for any damages while using the machine.
- approved the resignation of Solid Waste Department employee Ricky Johnston effective June 23, 2020.
- approved the hiring of Dustin Wiley and Renae Halbrooks as Corrections Officer/Dispatchers and Taylor Weclowski as a deputy.
- awarded a cement bid to Lehigh Portland Cement at a cost of \$151 per ton at the job site and \$130 per ton pick up at plant, through December 31,

- 2020.
- approved the vacating of Sanders Road in western Franklin County after a public hearing was held and there was no opposition to the move.
- approved the hiring of Nathan Owens and Austin Balding as temporary employees in the Franklin County Highway Department.
- authorized County Engineer David Palmer to let bids for projects incidental to grant projects so as to allow the projects to move along quicker. The commission will still have to approve the low bid after Palmer solicits bids on each project.
- approved Ronda Frank as the Secretary in the Franklin County Coroner's Office.
- authorized a \$9,980 server upgrade for Franklin County's computer sys-

See 'LOCATION,' Page 8

DENTIST

OPEN

SATURDAY

AND FRIDAY


(256) 332-6073


**Dr. Steven D. Hammack
& Dr. John Norden**


**510 Engle Drive
Russellville, Al.**


**We have an in-house
insurance plan!**


Se Habla Espanol


 The NACOLG SenioRx Medication Assistance Program supplies free and low-cost medications for anyone in Alabama with a disability or a chronic illness, regardless of age, that requires daily medication. Medicare recipients may also be eligible. For more information, contact NACOLG SenioRx today. There is no charge for this service. Call 1-800-AGELINE (1-800-243-5463) or 256-389-0529 and ask for Paula Pardue. This program is in partnership with the state of Alabama and Alabama Department of Senior Services.

 Everyone is welcome to worship services at Duncan Creek Baptist Church, 3925 Duncan Creek Road, Russellville. Service times are Sunday School at 10 a.m., Worship Service at 11 a.m. and Bible Study at 5 p.m. Pastor is Bro. Joe Thorpe.

 You are cordially invited to new service time at Pleasant Ridge Missionary Baptist Church on Highway 48 in Russellville, at 11 a.m., Sunday mornings. Social distancing practiced, mask optional. Pastor Roger Bond.

 New Life Ministries invites you to join them for Sunday School at 10 a.m. on Sunday mornings and for worship services on Sundays at 11 a.m. and 5 p.m. and Wednesday nights at 7 p.m. On the first Sunday of each month, there will be a fellowship lunch after morning services. You and your family are invited to come worship and fellowship with the Lord of Hosts and his children. New Life Ministries is located on Hwy. 24 west toward Red Bay, behind Tompkins Feed.

 American Legion Post #64 would like to announce that the July meetings have been cancelled due to COVID-19. August updates will follow. Meeting occur every second Thursday of the month.

 Fifth Thursday Food Giveaway - 2 p.m. July 30, 2020 - Russellville First United Methodist Church - downtown corner of Madison and Washington Ave. Groceries will given out while supplies last. All social distancing measures will be followed. Bring your ID and follow instructions given by staff.

Have an event we can help publicize? Call us at 256-332-0255.

For updates on news and sports throughout the week, visit us online at www.franklinfreepress.net. Send your letters to the editor and other creative submissions to franklinfreepress@yahoo.com.

"Going fishing?"

Phil Campbell Chevron now has live bait (tuffies & shiners), crickets & worms! We carry artificial bait, minnow buckets, coolers, life jackets and we sell BCDA permits.

Phil Campbell

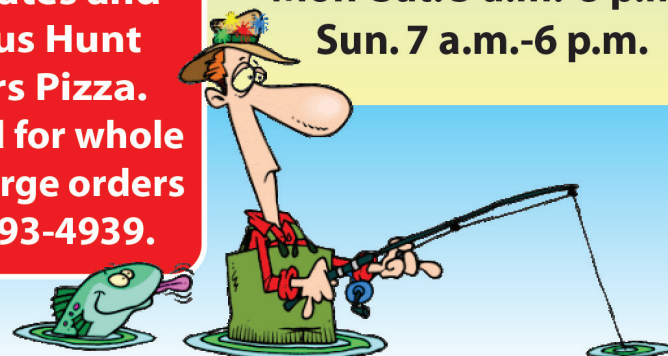


CHEVRON

Byron Fretwell, Manager

Our Deli is OPEN!
Enjoy our daily lunch plates and delicious Hunt Brothers Pizza. Call ahead for whole pizza or large orders at 205-993-4939.

Temporary Hours:
Mon-Sat. 5 a.m.-8 p.m.
Sun. 7 a.m.-6 p.m.



Herron seeking election to Phil Campbell City Council Place Four

Submitted to the FFP

Hello! I'm Derrick Herron and I am running for Phil Campbell City Council Place 4.

I have lived in Franklin County my entire life, with the last eight years being in Phil Campbell, my home. My children are current students at Phil Campbell High School and along with them, I would like to work toward securing the most potential opportunities and resources possible for our students and the citizens of our community. I vow to be available as a service person to our residents and to listen to and address concerns. I will also be our voice at City Council meetings and any other time a voice is needed. If I am elected, I will advocate for our youth and our community. I believe with common goals and unified efforts, we can sustain and grow the quality of our fine community.

I would kindly like to ask for your vote on August 25th.



Derrick Herron and family

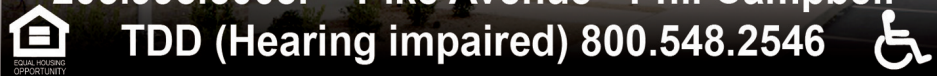
Village at Oliver Place Apartments & Townhomes

Water included starting at:

2 BR \$440 • 3 BR: \$512



205.993.5005. • Pike Avenue • Phil Campbell
TDD (Hearing impaired) 800.548.2546



For news updates throughout the week, don't forget to check us out on the web at www.franklinfreepress.net!



MedExpress Red Bay

CARING FOR THE ENTIRE FAMILY
INFANTS TO ADULTS
WITH A SPECIAL EMPHASIS IN WOMEN'S HEALTH



NO APPOINTMENT NEEDED. WALK-INS WELCOME!

Open Monday - Friday | 8:00 a.m. - 5:00 p.m.

221 HOSPITAL ROAD | RED BAY | 256.356.8907

'TOMPKINS,' from page 1

linebacker.
"Getting cancer was the farthest thing from my mind," Tompkins said. "I never expected to hear a doctor say I have malignant melanoma. It took my wife (Kayla) and me a couple days to get our wits about us because I wasn't expecting this.

"The doctor recommended treatment at M.D. Anderson Cancer Center (in Houston, Texas). It's where he refers all his patients diagnosed with cancer, so we started the paperwork and lengthy process to get me in there," he added.

Becoming a patient at the nation's most prestigious cancer center is not easy. You don't just walk in the front door and get treated. Tompkins was already frustrated, still not over the shock of his diagnosis.

That's when Kayla took over.
"She pretty much 'big boyed' me and said that we are going to M.D. Anderson. She started getting on the phone and learned what we needed to do," Tompkins said. "My wife said we're going to M.D. Anderson and I don't care what we have to do. She pretty much coordinated the whole thing.

"We went to Houston on May 26 and I've been back quite a bit over the past three months," he added.

Tompkins' team of doctors recommended immunotherapy, which uses the body's own natural defenses to combat the cancer. He will have his second round of immunotherapy soon, then Tompkins will return to Houston August 13 for surgery five days later. That will be followed by at least 10 months of additional immunotherapy.

He's also taking part in a clinical trial for a new medication to see how it shrinks and/or kills cancer cells.

By the time his therapy is complete, Tompkins will know Houston like the back of his hand, even though he'd never been there prior to May.

"It's been a process and an experience, but I've been able to see a different part of the country I'd never seen. Houston is a big area, but I really like it," Tompkins said.

Earlier this month, three-year-old Andersyn Blayke (the couple's daughter) accompanied her parents to Houston for the first time.

"She got to see what's going on. It's an experience to take a 13-hour drive with a three-year-old, but she understands daddy is going to get his jaw taken care of," Tompkins said.

Tompkins stays in regular contact with his team of medical professionals, who encourage him to ask questions and let them know how he's feeling.

"M.D. Anderson is really good about communicating," Tompkins said. "I email my nurses back and forth about how I'm doing or concerns I have, and they respond very quickly.

"M.D. Anderson is where it's at. I'm not knocking any other cancer center, but they are number one in the country. If you can get out there, get out there," he added.

The mass in his jaw was diagnosed as cuta-

tem.
—reappointed Beth Forsythe as the county's representative on the North Alabama Mountain Lakes Tourism Association board.

—approved a 100 percent reimbursable CARES Act grant of \$26,650 to purchase PPE supplies, including thermometers, gloves, N-95 and surgical masks, goggles, etc., for the county's 14 fire departments and four rescue squads.

—approved, pursuant to an Alabama Attorney General's opinion, allowing

neous melanoma, still serious but the best case scenario Tompkins could hope for. His concerns include possible side effects of his treatment, as well as how his body will respond, but overall, his mind frame is positive.

As the RPD's chief investigator, Tompkins presence has been missed at work.

But he said the entire department has been an amazing support system, including Chief Chris Hargett, new Sergeant Investigator Jordan Testerman, Captain Scotty Lowery and Lieutenant Joe Hargett.

Tompkins returns to work each time he gets back from Houston, but he admits there are some issues with nausea and fatigue. He's had to tone his schedule back some, but that's when his RPD family steps in.

As Chief Hargett explained, fellow officers are family, and will always be there for each other.

"As soon as we heard about Jake's diagnosis, our officers asked what could they do to help. We all worked together on a t-shirt fundraiser that raised about \$5,000 for family expenses," Hargett said. "The shirts read 'Team Tompkins' and that's true. We're all part of the same team, especially in times like this."

Along with his family and co-workers, Tompkins' community has also lifted him up the past three months, some literally.

"The police department has been great and our friends and family have been amazing. Even people I've arrested have come up and hugged my neck and lifted me up saying they are praying for me and to let them know if there's anything they can do to help," Tompkins said.

With melanoma inside his mouth, you might think Tompkins smokes or dips, but that's not the case. In fact, he's never done either. Doctors believe he was genetically predisposed to this type of cancer. But Tompkins and his wife have moved on from the 'why me' questions to more productive thoughts and actions to maximize his chance for recovery.

Kayla makes regular posts on her Facebook page (Kayla Bendall Tompkins) about her husband's treatment, and her optimism and faith keep him looking in the right direction.

"God has had His hand on us from the start of this, and I know he's got a firm grip on the tiniest of details," Kayla said recently. "Without Him, this process would be unbearable, but He has brought such comfort and peace."

Just like his athletic career the few times his Golden Tigers trailed in a football game, Tompkins is a fighter.

"A positive mindset is so important during this. I had a problem with 'why me' at first, but then I realized 'why not me?'" Tompkins said.

"I'm a fighter. I've always been one. I'm not going to quit. This is a bump in the road and we'll fight it and get back to life. Cancer does not discriminate," Tompkins said.

"We got a message from someone close to us

recently while we were at M.D. Anderson that their family member was diagnosed with cancer. They wanted to know what to do to start his process to get into M.D. Anderson. My wife sent all our information to them to get that going," he added.

With the COVID-19 pandemic, Tompkins must leave his wife behind once he enters the doors of M.D. Anderson, but he's never felt alone.

"It's amazing to see the morale of the medical staff and nursing staff. They are so compassionate and they want you to be positive. They reassure you constantly and tell you you're in the right place," Tompkins said.

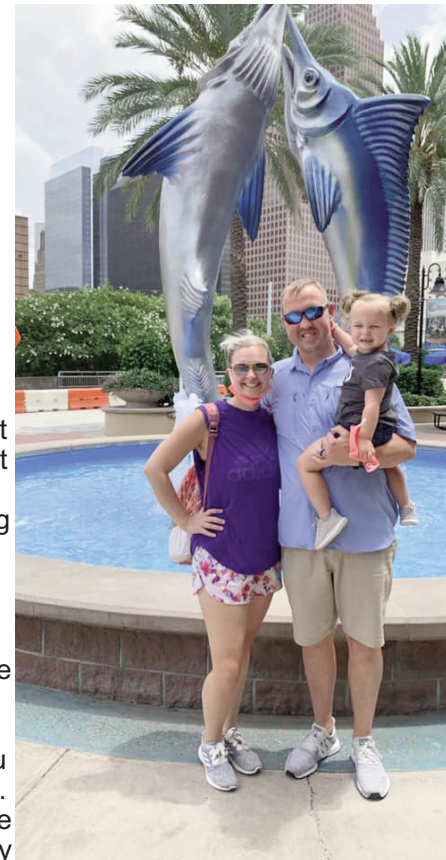
When he sat down recently to discuss his diagnosis and treatment with the *Franklin Free Press*, the tough-as-nails police investigator became emotional, but not for the reasons you might think.

"If I can take this situation and just help one person, that makes something positive out of a bad situation," Tompkins said. "There's nothing we can't overcome and if I can help someone or get someone on the right path with what they are facing, that's what I want to do. It's rough going through it at the beginning, until you look at the bigger picture."

Until this May, Tompkins lived his life at the speed of his former Golden Tiger offense—up tempo. Cancer, he explained, changed all that.

"As I walk through the halls of M.D. Anderson, I see and talk with other patients and that helps me stay positive. I see people in more serious situations and it's made me look at life a lot differently," Tompkins said.

"I've always been fast paced, constantly going. Since this began, I've slowed down, enjoyed life more and started living for the day. We're not promised tomorrow and we need to enjoy life," he added.



COURTESY PHOTO
The Tompkins family during a recent trip to Houston, Texas.

'LOCATION,' from page 5

county employees Bill Cheatham and Loretta Sykes to provide custodial services to any Franklin County city on municipal election day at a cost of \$800 per voting machine (one machine in Red Bay, Vina, Phil Campbell and Hodges and five machines in the City of Russellville).

The employees will take vacation days on the day of municipal elections so they will not be working for the county at that time. They will provide onsite assistance and support as well as delivery and pick up of the machines and setup.

'MORROW,' from page 1

A graduate of Mississippi State University, Morrow earned his degree in Agriculture Economics in 1965. When the opportunity to return to Starkville came, Morrow readily accepted.

"When you get a call from the university you love wanting you to come down and work for their think tank, it's an awesome feeling," Morrow said. "Martha and I are very excited about the opportunity that lies ahead at Mississippi State as we jointly work together to improve the quality of life for regular people in Mississippi."

Martha, who worked in her husband's legislative office in the Alabama Capitol, said the Stennis Institute was a chance for Johnny Mack to continue his public service without some of the barriers he faced in the legislature.

"The issues Johnny Mack tried to get done in Montgomery were not always able to be resolved because of partisan politics," Martha said. "That includes some issues very important to him like the opioid crisis and providing broadband internet service to rural residents."

He may not one of its residents much longer, but Morrow's impact on Franklin County will have lasting effects.

He was instrumental in securing funding to construct a four-lane highway on Alabama 24, part of the Appalachian Regional Commission (ARC) Corridor V. While the four-lane runs to the Mississippi state line, officials in that state needed a jump start to do their part and connect 24 to I-22. That project is now underway, in part due to Morrow's efforts.

Franklin County is Alabama's only county with a constitutional amendment protecting the people's right to elect their county superintendent of education, a direct result of Morrow's work.

Early in his legislative tenure, Morrow sponsored a bill to eliminate what he saw as the duplication, competition and inefficiency of multiple water systems across Franklin County. That legislation created the Franklin County Water Service Authority.

After the April 27, 2011, tornado that ravaged much of northwest Alabama, Morrow was on site almost immediately, working extensively on recovery efforts.

He organized support groups and helped coordinate responses to the worst natural disaster Franklin County has ever endured. He and Sen. Roger Bedford co-sponsored bipartisan legislation that provided funding to rebuild both Phil Campbell and Hackleburg High Schools.

Not ready for retirement, Morrow said the Mississippi State job provides him an outlet to continue public service. Starkville may be soon be his new residence, but Franklin County will forever remain his home.

"I'm going to truly miss Franklin County and its people. We have so many friends here," Morrow said. "But I had to decide whether to sit in a rocking chair and watch life go by or help make a difference in the quality of life for people and that's what my parents (Grover and Hazel Morrow) always taught me to do."

That same passion to help others is what convinced Martha to continue her practice and commute to Russellville after they move.

"I enjoy working with people. There's not a day that goes by that I'm working where I don't feel like I'm helping somebody, and that's very special to me," Martha said.

A review of the first four chapters of Morrow's life shows someone whose values were shaped as a child, and someone who dedicated his life to helping young people even from an early age.

Chapter One: Parental Influences: "My parents always taught me to be a giver not a taker. That's just something you did. And they instilled that in me from a young age," Morrow said.

Morrow was born in Vina. As a young child, he grew particularly close with his father. Both parents were educators, and Morrow would eventually follow their career paths.

Chapter Two: The Education Years (1961-70): One of the most significant

events of Morrow's young life was attending the ground breaking ceremony at Northwest Junior College in Phil Campbell in 1963.

"George Wallace spoke that day at what was Alabama's first junior college," Morrow said. "He said he wanted people in this area who had a child who wanted to continue their education to be able to sell a hog and be able to send their son or daughter to college."

After graduating from MSU, Morrow went to work for the United States Department of Agriculture. He earned his MBA and accepted a teaching position at Northwest teaching business and economics.

"From what George Wallace and my parents taught me, how could I help humanity any better than helping kids. What could be more rewarding than helping a child pursue a career that would enable them to earn the income to have a comfortable life," Morrow said.

Chapter Three: The Northwest Junior College Years (1970-98): "Those were some unforgettable years and I treasure every one of them," Morrow said of his time as a Northwest instructor.

"There were some battles, but working with the kids produced memories of a lifetime to watch kids of sharecroppers become doctors and lawyers."

Chapter Four: The Legislative Years (1990-2018): This chapter had an eight-year overlap with Morrow's tenure at Northwest.

As he recalled his seven terms in the Alabama Legislature, Morrow said his guiding light was to fight for the underdog.

"As I learned from Carl Elliott and my father, don't be afraid of the fight as long as you know you're right," Morrow said.

Morrow also credited his wife for his success as a legislator. Together since 2009, the couple married in 2011.

"Martha was a huge partner and she enabled me to have the success I did in the legislature," Morrow said.

Martha recalled occasions where she would ask her husband how he would vote on an upcoming bill, many of which were controversial.

"I'd ask him how will you vote on that and he said 'I'll do what my father told me—do what's right,'" Martha said.

As his life comes full circle with Morrow's return to Starkville, he can pick up where he left off as a sophomore at MSU.

"I always believed if you don't like something, then change it if it's the right thing to do," Morrow said. "During my sophomore year (at MSU), I went out for fraternity Rush and went to all the frat houses. Not one of them impressed me.

"A week later, I was at the 'Y' on campus with some friends who had the same experience with Greek life. So we said let's start our own fraternity. I knew a Delta Chi member at Alabama and they helped us. I was a charter member of the colony established in 1963. In 2019, my grandson pledged Delta Chi and he's now an officer in that very fraternity," Morrow added.

When asked which chapter of his life was his favorite, Morrow answered quickly.

"The next one. Martha and I both feel that way," he said.



COURTESY PHOTO

Johnny Mack and Martha will begin a new chapter in their lives as they make the move to Mississippi State.

Barry King seeking Phil Campbell City Council Place One seat

Submitted to the FFP

I am Barry Jack King and have decided to run for Phil Campbell City Council Place One.

I want to help bring the city of Phil Campbell back together as a community. I would like to see positive changes and listen to the people of Phil Campbell and make those positive changes where needed.

I believe that we can accomplish more as a unit and city if we work together and form positive relationships.

I have lived in Phil Campbell and continue to live here with my children and

grandchildren as they grow. Being on the city council will be a way to serve the people and public. I conduct myself with integrity and commitment. I intend to be true to those values in all that I can do for the city of Phil Campbell.

So as a citizen I would appreciate your support so that together we can make the changes that are needed.

With your support, we can make the needed changes for our community and city.

Please vote Barry King, Phil Campbell City Council Place One on Tuesday, August 25, 2020.



Classifieds

256.332.0255

BUSINESS • LOST & FOUND • GARAGE SALES • PETS • APPLIANCES • HELP WANTED • SERVICES • APPLIANCES • CLOTHING • FURNITURE

ESTATE SALES call 256-668-9391.

AUTO **FOR SALE**

2004 GMC Envoy. No rust, good body, cold air, three-row seating, no dents, clean inside. 157,000 miles. \$3,500 OBO. Call (256)-324-2407. (3)

Wrought Iron Mailbox post. Standard deluxe \$55. Has 911 sign on them. Well built, looks good, and will last. Also have 911 address signs. No texts, call (256)-577-1632. (2)

HELP WANTED

Need Someone to do dirt work for a garden. Also need someone for roofing repairs. Please

Whirlpool dishwasher. White, runs and looks new. User guide is available. \$95. Call 256-332-8294. (4)

Crane Brand Commode. Completely rebuilt. Like New. \$50. Call 256-436-6717. (5)

Tiller taskforce, five horsepower. \$185. Call (256)-332-5081 or (256)-627-1916. (4)

Antique settee with tufted sides and back for sale. \$60. Call (256)-460-9757. (2)

Antique bed, includes headboard, footboard, bedrails and wooden slats. \$80. Call (256)-460-9757. (2)

HOUSES/ APARTMENTS/ PROPERTY FOR RENT/SALE

Two bedroom house, large yard with covered patio. Duplex. Call (256)-332-5081 or (256)-627-1916.

Furnished one bedroom apartment with tv, internet and private entrance. Call (256)-332-5081 or (256)-627-1916.

Nice three bedroom, three bathroom house

for rent. Deposit required. Lawn service included. Call (256)-436-4622.

Franklin Free Press Classified Rates Yard Sale Rates: FREE; Deadline Monday at Noon; Real Estate-

Homes, acreage, lots for sale or rent. \$25 for six consecutive weeks. Up to 40 words per ad; Vehicles, Boats, RVs, Motorcycles for sale. \$15 for six consecutive weeks. Up to 25 words per ad; Pets For Sale only \$10 for six consecu-

tive weeks. Up to 25 words per ad; Free of Charge: Lost & Found, Giveaways, and Items Under \$100 (Private Parties Only). 15-word limit; Commercial Classified Rates: \$25 for Businesses, 15 words or less for six weeks. Ads

exceeding word limit add \$10 per additional 15 words. The number in parentheses represents

the number of times the ad has appeared. Call us at 256-332-0255 to place, cancel or renew

your ad. Payment is required in advance of publication for ads.

AMERICAN REALTY, LLC.

Buy your NEW home for app. \$110,000 w/ brand new storm shelter!
If you have questions, call me!

Compre su casa nueva por mas o menos \$110,000 con brand new storm shelter!
Llame por informacion!



Enrique Aguilar
Realtor/Sales Associate
256-740-2356

Dial-A-Deal

Call 24/7 to post items you have for sale, trade, or want to buy. Also, you may listen to items that have been called in. There is NO CHARGE for advertising your noncommercial items.

Dial-A-Deal comes on at 12:00 noon Monday thru Friday on WFMH 95.5 FM.

"The Dial-A-Deal phone number is really nifty; just remember 256-331-51 50."



A good neighbor has your back.

Rhett Bradford, Agent
201 Washington Avenue NW
Russellville, AL 35653
Bus: 256-332-0540
www.insuredbyrhett.com
Monday-Friday 8:30-5:00
After Hours & Saturdays
By Appointment

Life's a combination of good days and bad. I have your back for both. And who has my back? The company more people have trusted for 90 years. **CALL ME TODAY.**



State Farm
Bloomington, IL
1606040

NOTICE OF PUBLIC SALE

Town Hill Mini Storage
14254 Hwy. 43, Russellville, AL 35653
Phone 256-332-9928

Notice is hereby given that on August 1, 2020 from 10:00 a.m. to 2:00 p.m., contents of the following units will be sold by sealed bid. Tenant may satisfy their indebtedness prior to the time of sale. Will be able to inspect units and bid on this date. All units have miscellaneous items, furniture and boxes.

- | | | |
|----------------------|-------------------------|---------------------|
| (6) Billy Martin | (100) James Paul Morton | (71) Sarah Egle |
| (12) Diane Gordon | (11) Hilda Johnston | (97) Kathy McKinney |
| (87) Jennifer Lovett | (55) Daniel Kimbrough | (102) Audie Darity |
- Franklin Free Press: July 15, 22

JOB OPENING

FULL TIME BOOKKEEPER/OFFICE ASSISTANT

Knowledge of basic office skills: Telephone etiquette, typing, copying, filing, faxing and personal interaction with others.

Bookkeeping experience: Data entry, reconciliations, financial statements, monthly and quarterly payroll tax reports, sales tax and live payroll.

Serious inquiries only! Self-motivation and punctuality a must! Willingness to help in any area of business operations.

Send RESUME to P.O. Box 729, Russellville, Al., 35653.

Elect Gary

CUMMINGS

A True Russellvillian

Russellville City Council District 3

Pd. Pol. Adv. By: Gary Cummings • 33 Marshall Dr., Russellville 35654

RHS alumnus Bobby Winston named head coach at R.A. Hubbard

Brady Petree
Franklin Free Press

A head coaching gig for Bobby Winston has been a long time coming for the Russellville High School graduate.

After an illustrious career as a basketball and football standout with the Golden Tigers, Winston set his sights on coaching the next generation of top-tier athletes in Northwest Alabama. But a head coaching job seemed as though it wasn't in the cards for Winston.

That notion seemed to be true until the Lawrence County Board of Education met last week to confirm Winston as the next head coach at R.A. Hubbard High School in Courtland.

Winston says when he received the news that he was selected as the next coach of the Chiefs, it felt as though his prayers had been answered.

"I prayed about it and I talked to my parents and brothers about it and I told God that if this is the place I could go and help these kids and young men be better men in life and if this is where I need to be, I thank you for putting me there," Winston said. "After that I left it there and while I

See 'WINSTON,' page 12



COURTESY PHOTO

Winston possesses a wealth of basketball knowledge from both his playing days, and as an assistant coach. Now he will get the chance to put that knowledge to use for his first head coaching job.

Going cross country

Once her high school days are over, Russellville senior Naydelin Momentey will make the trip halfway across the country to begin her college career with the University of Saint Mary in Kansas to continue running cross country



PHOTO BY CHRISTIAN MEDINA

Momentey (above) led the RHS girls cross country team to their first ever team win in 2017 and will be looking to replicate her success next fall as she makes the jump to the college level.

Brady Petree
Franklin Free Press

For Naydelin Momentey, the idea of running cross country at the collegiate level was something that she didn't believe was anywhere in the realm of possibility when she initially signed on to join the team in 7th grade.

"I never thought that I was going to be that good at cross country or track when I first signed up. I just never expected to get to do this at the next level," Momentey said.

Fast-forward to her senior year and Momentey, a senior at Russellville High School, was signing her letter of intent to continue her stellar cross country career into college at the University of Saint Mary in Leavenworth, Kansas.

Part of the reason that Momentey was able to get to such a prestigious point in her sport was due in part to her supporting cast she had around her along the way.

"Russellville High School gave me the opportunity to have this dream and be the best I can be at cross country and track and I'm very thankful for

that," Momentey said. "Coach England and Coach Moore helped me so much along the way and I don't think I would be sitting here without their help. I had a lot of help from family and friends and especially my parents. They came here to make a better life for our family and this sport has proved that and it just means so much to me."

As she looks back and reflects on her impressive career at Russellville High School and as she prepares for one more go around this upcoming school year, Momentey says she is a completely different runner today than she was when she was in middle school.

"I have progressed a lot. The first two years were difficult starting out learning how to do everything the right way. But then I progressed a lot and my time started getting better and better over time. Then I joined track to help me also work on some things while still being able to compete and I started improving even more," Momentey said.

Kevin England was able to watch Momentey grow as a cross country runner as he was the

See 'CROSS COUNTRY,' page 15

'WINSTON,' from page 11

believed it was mine, you always have that thought in the back of your head like 'he hasn't had a head coaching job yet'. But my resume looked good and it's just an explainable feeling when I got that call. I'm just really thankful that Principal (Rosa) Allen-Cooper saw something in me and trusted me enough to give me the opportunity for my first coaching job. I'm just so thankful."

Winston's resume is loaded with significant assistant coaching positions and a few key head coaching jobs on the AAU circuit as well. Winston served as an assistant coach for the Deshler boys program for a few years before making the move to Muscle Shoals High School to fill the same role.

Because of those coaching positions, Winston feels as though the experience he gained will have a major impact as he takes on this new role.

"Coaching in those programs has had a major, major impact on me. Even going back to coach Smith and Coach Pounders and Coach Barker at Russellville, I've seen wonderful things from every program I've been at and I think my system has a piece from everywhere that I've been at," Winston said. "I got a chance to hone those coaching skills in AAU when I took a team to nationals. Every year we continued to get better until we got all the way to the championship. To me it's everything that I've learned from those coaches I've been around and even my dad and my brother PJ and Siran have helped me get to where I am."

The job will be the perfect situation for Winston to break into the head coaching ranks. Winston will be taking over an R.A. Hubbard program that is on it's way back up after a few years on a downturn following a string of dominance in the years before. The Chiefs were knocked out of the AHSAA playoffs in the sub-regional round last year after a loss to Skyline High School.

Getting back to that level of dominance that the program experienced years ago is number two on the list of goals that Winston has.

The number one goal on his list? Winning a state title and doing it sooner rather than later would be the icing on the cake according to Winston.

"I talked to the guys about their loss to Skyline and they told me that the goal is to win a state championship. I told them that was good because I need you to understand the sacrifice is going to have to be given. Championships aren't given. You have to earn them," Winston said. "My personal goal is to get R.A. Hubbard



Pest Solutions

Pest & Mosquito Control

256-332-4008

See 'WINSTON,' on page 14

Please send your guest columns, cartoon panels, letters to the editor, recipes and other creative submissions to franklinfreepress@yahoo.com. For updates on news and sports all week long, visit us online at www.franklinfreepress.net.



EyeCare Professionals

Please be patient as we observe social distancing standards. Curbside waiting room. We will come get you when your appointment is ready

Dr. Wayne Stevens
Dr. Martha Morrow
Dr. David Britton

We have reopened!
Mon.-Fri.
8a.m.-5p.m.

eyecareprofessionalspc.com
15255 Hwy 43 • Russellville • 256.332.5440

Kevin G. Kelly, M.D.
Serving your family for over 30 years

FAMILY PRACTICE
Pediatrics
Newborn Care
256-332-5901

Urgent Care 
Walk-in Clinic
We are still here!

- Entrance located on right side closest to Fred's
- Please excuse our growing pains.

No Appointment Needed

13150 Hwy. 43 Suite 10
Russellville, AL
(intersection of Hwy. 24 and Hwy. 43)

256-331-2092



43 Wash N Spin



Laundromat/Lavanderia

31 Vincent Dr.
Just off Hwy 43
across from
Russellville
Fire Department

Open 7 days a week
6:00 a.m. -
10:-30 p.m.



NOT EVERYONE BREAKS DOWN FROM 9-5



24 HR TOWING
Oil Changes

M&N

TOWING & SERVICE CENTER

11833 Hwy 43 South • Russellville, AL 35653
256.332.7279

We service vehicles & medium duty trucks!

Where Everybody Knows Your Name...



FREE Local Delivery
FREE Curbside Assistance
Mail Order Delivery*



Within the state of Alabama
(256)331-1919
14001 Hwy 43,
Suite 13
Franklin Shopping Ctr

RUSSELLVILLE DRUGS
FREE Local Delivery!



Dr. Kelly's Urgent Care

Walk-In visits or Telehealth visits by phone or Facetime. We are available to screen and test for COVID-19.

Mon.-Fri. 8-6, Sat. 8-3, Sun. 1-5
13150 Hwy. 43, Suite 10, Russellville
256-331-2092.

*Serving your family for more than 30 years.
Family Practice, Pediatrics, Newborn Care.*

YOGI'S

Now Open In Spruce Pine!



7 Days A Week
5 a.m. - 9 p.m.
6675 Hwy 43
On top of Spruce Pine Mountain

- Gas Pumps Open 24 Hours
- Diesel Fuel and Non-Ethanol Gas Available
- Breakfast Biscuits
- Deli & Cold Bar with Corn Dogs, Hot Dogs, Hamburgers, Pizza, Bosco Sticks & More!



256-398-8831

We're here for your essential needs, like gas, fresh-cooked food and snacks and drinks!

Open 24 hours!
Fast, Friendly Service
from Folks You Know



13518 Highway 43
Russellville
Call ahead for Deli Orders at
256-398-8448



'WINSTON,' from page 12

back to being the dominant program that they used to be. And what I mean by that is them being the best they can be. Being the best young men they can be on and off the court. I would also love to win a state title in my first year. That would be a blessing and a dream come true and that's exactly what we are going to shoot for."

Growing up in a family full of basketball talent, Winston has had no shortage of outlets to bounce ideas off of. From his brother PJ to his brother Siran who is a member of the Harlem Globetrotters and goes by the name "Too Tall Winston", Bobby has been around incredible influences his entire life.

Of course with that much talent to go around in the family, one might think that would lead to some good old fashioned family rivalries.

Not in the Winston family.

Instead of having a rivalry, Bobby says that the family inspires one another and enables each of them to improve themselves.

"I would like to say that anything my little brother Siran can do, but I might mess around and break a light doing some of that stuff he does with the Globetrotters," Winston joked. "But it is fantastic the amount of work he puts in to do the things he does is just amazing. It all started with my brother PJ. He's the rock and he's behind the scenes giving us ideas and helping us out. When we work together it's just one amazing thing. The only rivalry we have is I wish I had their quickness and speed and they wish they had my height. You put us together and you've got the fantastic three instead of the fantastic four."

For updates on news and sports throughout the week,
visit us on the web at www.franklinfreepress.net!

Send your guest columns, letters to the editor and other
creative submissions to franklinfreepress@yahoo.com.



My family and I would like to thank each of you for your vote and support in the runoff election for Revenue Commissioner on July 14. We had a lot of help across the county during our long campaign for which we will always be grateful.

I am looking forward to serving all of Franklin County as your next Revenue Commissioner.

Thank you very much, Stratt Byars

**Stratt
Byars**
Revenue Commissioner

Pd political advertisement by Stratt Byars, 8275 Highway 48, Russellville, AL 35654



RUSSELLVILLE

florist & gifts

We Are Moving!

Russellville Florist & Gifts will open soon in our new location, 100 N. Jackson Ave., in Downtown Russellville!

We remain open at our current Franklin Shopping Center location for delivery or curbside pickup.

Call us at 256.332.7771

NOW HIRING

Pilgrim's offers Competitive Wages starting at \$13.05/hr.

Benefits include: Medical, Dental, Vision, Vacation, Holidays, 401K and Night Shift Incentive and Opportunities for Advancement!

Join the Great Team Members at Pilgrim's by applying online at www.pilgrimsusa.com, in person at our plant located at 2045 Hwy. 244 in Russellville, or at the Sheffield Career Center.

Pilgrim's is an Equal Opportunity Employer, M/F/V/D.

Your Opportunity for a Better Future Begins at Pilgrim's!

Pilgrim's

'CROSS COUNTRY,' from page 11

head coach of the Golden Tiger cross country coach for a majority of Momentey's career.

England, who left Russellville after 2017 to pursue teaching in Winston County, says that Momentey was a key part of the girls cross country team taking the next step that year.

"We started the program in 2013 and Naydelin came along and you could just tell that she was really excited about it," England said. "She came in as a young runner and just fell in love with it. Then my last year here at Russellville she actually won her first race and was actually the first year that our entire team won a race and she was a huge part of why we were able to do that."

Although he left Russellville in 2017, England has been following Momentey's cross country career through the news and says he will continue to follow along as she breaks into the collegiate level.

"The last three years I've been a part of cross country in Winston County and before or after races I'll try to find her and see how she's doing and how the season is going and I'll certainly be sure to follow her career as she goes to Kansas," England said.

England believes that the University of Saint Mary is getting a top-tier talent and that Momentey will make the most of her opportunity.

"Saint Mary is getting an elite runner and a fierce competitor. I can remember that she would be out there after our practices racing other girls and eventually started running with the guys and she was outrunning half of the boys team," England said. "I've been a part of a state championship in cross country before and I knew that she was that caliber of athlete. She's going to leave her mark in college. She's just that kind of competitor."

While she had other offers, Momentey says that in the end she knew that the University of Saint Mary was the place she needed to be.

"I had another offer from a school in Kentucky but Saint Mary just made a much better offer in the end. They offered me a better position and was just the best choice for me and I'm really excited to get started," Momentey said.

Don't forget to visit us on the web at www.franklinfreepress.net!

Miranda Decker, M.D.

INTERNAL MEDICINE Comprehensive Adult Health Care

Dr. Decker is specialized in management of both acute & chronic medical conditions.

- Immunizations
- Preventative Health Care

Russellville Internal Medicine, P.C.

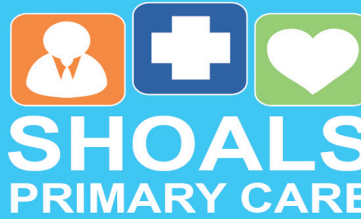
535 Gandy Street NE
Russellville, AL 35653

For appointments:
256-332-1120
Mon-Thur 8-5



George Evans, MD

Offering general medical care
services for the entire family



256.383.4473 Ext. 2021

340 Cox Blvd • Sheffield, AL

PUBLIC NOTICE

In accordance with the Alabama Abandoned Motor Vehicle Act, Alabama Code Sections 32-13-1 through 32-13-8, the following motor vehicle will be sold for cash at 10:30 a.m., on September 5th, 2020, at M&N Wrecker & Service Center, 11833 Hwy. 43 South, Russellville, AL, 35653. Seller reserves the right to reject any bid and the right to bid.

2015 Nissan Rogue
tag 33AV639
VIN KNMAT2MT7FP549

2004 Toyota Camry

tag 33B7780
VIN 471BE32K846352666

1987 Nissan Pickup
tag 42BH384
vin W6ND1150HC352857

1994 Chevy 1500
tag None
Vin 1GC0C14K3RZ215763

2005 Nissan Pathfinder
VIN#: 5N1AR18U65C719701
Tag#: 33CG293

2017 Ford Fusion
tag 7L7 5W8
vin 3FA6P0G75GR130106

Shoals Primary Care in Sheffield Welcomes

Jodilyn Jelsema, MD Primary Care



MOST INSURANCE ACCEPTED • MEDICARE PATIENTS WELCOME

Dr. Jelsema is
Welcoming New Patients
Call Today 256-386-4473



342 Cox Boulevard
Sheffield
256-383-4473
shoalsprimarycarellc.com

BUSINESS DIRECTORY



Advertise with us! Call 256.668.2708 or 256.332.0255

franklinfreepress.net

MOWING

Salvador's
LAWN SERVICE

(256) 810-2351

Free
Estimates
Licensed

MOWING • TRIMMING
MULCHING • CLEANING LEAVES
HEDGING & SHRUBS • EDGING

MASSAGE

REWARD YOURSELF OR
SOMEONE YOU
LOVE

256.332.4220

Angel Harris
Licensed Massage Therapist LMT #1495

Reiki Practitioner II

Gift Cards Available
Creative Image Salon

7129 Hwy 43 • Spruce Pine

LANDSCAPING

K&S TREE SERVICE
253 Laurelwood Dr. Russellville, Alabama

Trimming
Topping • Removal

Bucket Work
Stump Grinding

KARL RAGAN 256.332.9064

PEST CONTROL



**PREDATOR
PEST CONTROL**

"The Insect Predator"

Eddie Deaton
(256) 627-1996

50 Years Combined Experience

Toll Free 1-888-832-5405

(662) 862-5631

(662) 840-4055

HOUSING

256-332-1561
73 Flippen St

UNITS NOW AVAILABLE

Russellville
Housing Authority
Incorporated

"The standard for fixed-income
living in Russellville."



DISTRICT ATTORNEY



JOEY RUSHING
Franklin County District Attorney
256.332.8870 • 256.710.4713
(daytime) (after hours)

PERSONAL TRAINER

Personal Touch Fitness

Personal Training & Rehab



Weight Training - Abdominal Routine
Cardio and Flexibility Exercises
Nutritional Counseling

256-668-2844

Rickey Smith
Fitness Specialist

PUBLIC SERVICE

BUCKLE UP! It Could Save Your Life!

franklinsheriff.org
(256) 332-8811

Compliments of
**Shannon
Oliver**
SHERIFF



PETS

PAWS-N-PURRS

Daycare, Boarding & Grooming



1140 Ronnie McDowell Ave
Behind Pizza Hut

256-398-8112



SWAP SHOP

Call 24/7 to post items you have for sale,
trade, or want to buy. Also, you may
listen to items that have been called
in. There is NO CHARGE for
advertising your
noncommercial items.
Dial-A-Deal comes on
at 12:00 noon Monday
thru Friday on WFMH 95.5 FM.
"The Dial-A-Deal phone number
is really nifty; just remember
256-331-51 50."



THERE ARE
OTHER WAYS

TO GET
OUR INK!

MAILBOX • SMARTPHONE • TABLET • COMPUTER • RADIO



FRANKLINFREEPRESS.NET