

CCU awards Scholarship to ELHS graduate



Hanna Roy, 2020 ELHS Graduate and Gerald R. Langelier Scholarship Recipient; award presented by Community Credit Union Board Member, Alfreda Fournier.

Community Credit Union recently selected Hanna Roy of Edward Little High School (ELHS) as one of two 2020 Gerald R. Langelier Scholarship winners.

A 2020 graduate of ELHS, Hanna plans to continue evolving her impressive athletic,

academic and community involvement into a career that supports her passion to serve others in the healthcare industry. A member of the Student Leadership Council, Varsity Soccer, Varsity Indoor and Outdoor Track and a volunteer of the East Auburn Commu-

nity School, Hanna has remained academically motivated and personally driven to continue making a positive impact on her community and the families it embodies.

In recognition of Community Credit Union's 75th Anniversary, additional funds were generously raised to honor each 2020 Gerald R. Langelier scholarship winner with a \$750 scholarship. Congratulations, Hanna, on your accomplishments and future endeavors!

Community Credit Union is a member-owned, full service financial institution that has been serving its members and all of Androscoggin County for 75 years. Community Credit Union has branches located at 144 Pine Street, Lewiston, 40 Stanley Street, Auburn and 1025 Auburn Road in Turner serving approximately 10,000 members. For more information, log onto www.communitycreditunion.com.

Separated by the pandemic part 7: Schooner Estates



John Rice, Director of Operations for Schooner Estates, in front of the outdoor visitors' area that the facility created to allow tenants to meet face-to-face with their family or friends. Separated by the double fencing, everyone is required to wear a mask for the face-to-face visits. (Photo by Nathan Tsukroff, PortraitEFX)

The following story is the seventh and final interview by Nathan Tsukroff of PortraitEFX to capture the effects of this pandemic on the people of Maine.

Slowly but surely, restrictions surrounding the Covid-19 pandemic are starting to ease. For healthcare facilities such as Schooner Estates, a retirement community in Auburn offering independent and assisted living options for senior citizens, easing restrictions does not mean easing the

care and oversight for the health of tenants and residents.

Currently, entrance to the building is only through the main front door, where everyone is greeted by a staff member for temperature checks and verification that they do not have any symptoms or known exposure to the Covid-19 coronavirus.

Cindy Swift, RN, the Director of Nursing Services at Schooner Estates, said the facili-

ty has "a good medical team that is checking in on folks, too, making sure they're not feeling isolated. And making sure that if there's needs - like they're not feeling great, that we get them seen, and set up a video visit with their doctor, if that's the best way to support them during the isolation, and then get their needs met as well, medically."

"That's been working out really, really well," she said. "We see the changes from the factors in the isolation that come into play, where they're feeling more isolated and socially disconnected. But I think Schooner's done a fabulous job, and we have tenants that are innovative and coming up with their own solutions" so they can visit with each other while still maintaining the necessary social distancing. Residents and tenants are staying six feet apart indoors, while the spring and summer weather is allowing for outdoor visits and activities. "We've done a couple birthday parades See Schooner, page 11

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Newsmakers, Names & Faces

Maine Audubon annual loon count

Nothing says summer in Maine more than the evocative tremolo call of a loon. And now that summer is officially here, it's time to take stock of our loon population once more, in one of Maine Audubon's signature events: the annual Loon Count.

This year, the 37th annual count took place on Saturday, July 18, from 7 to 7:30 a.m. The information collected by volunteers will help both biologists and state officials understand more about the loon population and the health of Maine's lakes. Last year, more than 1,400 people fanned out to look for loons on more than 300 lakes across the state.

Maine Audubon Conservation Biologist Tracy Hart leads the annual count. For the 2020 event, she says some lakes still need eyes and ears, especially in the Sebago Lakes region and areas around Rangeley. "This is a special year for the loon count," says Hart. "The count always takes place on the third Saturday of July, and this year it falls on the 200th day of the 200th year Maine has been a state. We're excited how many loon counters are able to join the count this year and we'd love to see some new sign-ups! Because of the pandemic, not everyone who usually participates is able to make it to Maine this year.

There are so many lakes in Maine that there are always some in need

of new loon counters." For a list of lakes still in need of counters, visit maineaudubon.org/loons.

Dedicated volunteers—some of whom have been involved with the count since its inception—serve to coordinate regions and recruit new counters, shepherding in new generations of loon stewards. This year, counters, who can count loons by boat or from shore, will be able to submit data using an online portal. For many families, the loon count has become an annual tradition that people look forward to each summer. For safety reasons, we are asking people to participate in family groups only, and to maintain social distancing while looking for loons.

Important conservation work has helped Maine's adult loon population increase by 70 percent since the Loon Count began nearly four decades ago. There are still threats to loons, however, especially during the summer nesting season. Loons' inability to walk very far means they need to nest close to the shoreline, making their nests susceptible to washout from boat wake or high water. A no-wake law requiring speeds that don't generate wakes within 200 feet of shore has helped prevent shoreline erosion and also helped nesting loons.

One of the biggest threats to loons is lead poisoning from lead

fishing tackle. Loons accidentally ingest lost or discarded lead tackle from the lake bottom. The sale of lead sinkers and bare-headed jigs 1 ounce or less or 2 1/2 inches long or less is now banned in Maine. Yet even with this law, trauma most likely from boat strikes has surpassed lead tackle as the leading cause of mortality in adult loons in recent years.

Another threat to loons is fireworks. Fireworks set off near nests can cause adults to abandon their nests, leaving eggs and chicks vulnerable to predators. Maine Audubon is urging people using fireworks to be sure they are far away from loons and other nesting birds.

To learn more about Maine's loons and find out how you can get involved with the Maine Audubon Loon Count, visit maineaudubon.org/loons.

Maine Audubon works to conserve Maine's wildlife and wildlife habitat by engaging people in education, conservation, and action. Since 1843, Maine Audubon has been connecting people to nature through a science-based approach to conservation, education, and advocacy. The largest Maine-based wildlife conservation organization, Maine Audubon has eight wildlife sanctuaries, 10,000 members, 2,000 volunteers, and serves more than 50,000 people annually.

OTELCO expands team in Maine

OTELCO welcomes two new employees in Maine and a summer intern in Oneonta, AL.

Kenneth Hammill joins OTELCO as a Technical Support Technician in the company's Bangor, ME office. Hammill majored in System Administration at Liberty University and has computer repair experience with Maine Geeks. He is a resident of Bangor.

David Pollock joins OTELCO as a Senior GIS Engineer in New Gloucester, ME. Pollock has a master's in surveying engineering from the University of Maine. He previously worked at SGC Engineering as a Project Manager/Senior GIS Analyst. Pollock lives in Gorham, Maine.

OTELCO welcomes Koleman Powell as a full-time Summer Intern in the Accounting Department at its Oneonta, AL office. Powell is an Accounting major at Auburn University at Montgomery and plans to pursue his Master of Accounting after graduation. He is a resident of

Pinson, Alabama.

OTELCO Inc. provides wireline telecommunications services in Alabama, Maine, Massachusetts, Missouri, New Hampshire, Vermont and West Virginia. The Company's services include local and long-distance telephone, digital high-speed data lines, transport services, network access, cable television and other related services. With approximately ninety-nine thousand voice and data access lines, which are collectively referred to as access line equivalents, OTELCO is among the top twenty-five largest local exchange carriers in the United States based on number of access lines. OTELCO operates eleven incumbent telephone companies serving rural markets, or rural local exchange carriers. It also provides competitive retail and wholesale communications services and technology consulting, managed services and private/hybrid cloud hosting services through several subsidiaries. For more information, visit

the Company's website at www.otelco.com.

Statements in this press release that are not statements of historical or current fact constitute forward-looking statements. Such forward-looking statements involve known and unknown risks, uncertainties, and other unknown factors that could cause the actual results of the Company to be materially different from the historical results, or from any future results expressed or implied by such forward-looking statements. In addition to statements, which explicitly describe such risks and uncertainties, readers are urged to consider statements labeled with the terms "believes", "belief", "expects", "intends", "anticipates," "plans", or similar terms to be uncertain and forward-looking. The forward-looking statements contained herein are also subject generally to other risks and uncertainties that are described from time to time in the Company's filings with the Securities and Exchange Commission.

Updated UMaine Extension berry publications available

University of Maine Cooperative Extension offers two updated bulletins for summer berries.

"Raspberry and Blackberry Varieties for Maine" includes information on the different types of brambles — from yellow raspberries to thornless blackberries — propagation methods

and how to choose the best stock and plants for a given location. The bulletin also offers online instructional videos for both home gardeners and commercial growers.

"Strawberry Varieties for Maine" details berry varieties by ripening time, site require-

ments, disease resistance and the subjective, but important, flavor factor. The publication includes over twenty varieties with images and an online instructional video for growing strawberries in the off-season.

UMaine Extension bulletins may be ordered *See Berry, page 13*

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Newsmakers, Names & Faces

Lewiston Public Library Receives \$121,846 grant

The Lewiston Public Library (LPL) has been selected as one of six Maine cultural organizations to receive grant funds from the National Endowment for the Humanities (NEH) to retain employees and help pay for essential operations during the COVID pandemic through the CARES Act. The Library applied for the grant on May 11 following City Council approval on May 5 to do so.

To be selected is quite a testament to the Library, as for the highly competitive NEH CARES grant category, the Humanities Endowment received more than two thousand, three hundred eligible applications from cultural organizations requesting more than \$370 million in funding for projects between June and December 2020. Approximately fourteen percent of the applicants were funded. These three hundred grants will allow cultural organizations to retain staff to preserve and curate humanities collections, advance humanities research, and maintain buildings and core operations.

The Lewiston Public Library will receive \$121,846. Funding will go towards the youth library program, “Where You Are,” as well as salaries for two full-time Children’s staff and four part-time Children’s staff through the end of December 2020.

The “Youth Library Where You Are” program will expand Library digital offerings, increase virtual programming by staff and presenters, and convert its existing BookReach program to a virtual

format. The Summer Reading Program will be offered in app form and through to-go program kits and book giveaways. Programming will also extend beyond virtual, including StoryWalks installed throughout the community, craft and activity kits mailed to families along with print newsletters supporting humanities learning. This program will also address the digital divide in literacy opportunities by purchasing a number of digital learning devices to circulate to families. The program will be managed by Library Director Marcela Peres and Children’s Librarian Sara Groves. Program details will be announced at lplonline.org and on the Library’s social media sites as they are developed.

Director Peres notes, “We are excited and honored to receive this funding from the National Endowment for the Humanities. For

over a century, the Lewiston Public Library has worked to foster a love of reading, learning, and community both in and out of our building. This grant will allow us to bring the Library to Lewiston’s families and ensures that we can continue this important work by helping local youth through these challenging times.”

A total of \$731,189 will be distributed, and other recipients are the Coastal Maine Botanical Gardens in Boothbay; Bowdoin College in Brunswick; The Monhegan Museum; the Northeast Historic Film in Bucksport; and the Penobscot Marine Museum in Searsport.

Senator Susan Collins, Senator Angus King, and Congressman Jared Golden issued a joint statement in celebration of Lewiston’s grant award, “For decades, Lewiston Public Library has provided an

See Grant, page 16

Guest column Standing up to drug companies looking to profit off a crisis

By Sen. Nate Libby

Your ability to access quality health care, including medication, shouldn’t depend on how much money you make. As we grapple with a deadly pandemic, people are increasingly concerned about getting access to the care they need, when they need it, at a price they can afford. A recent poll shows that nine out of every ten U.S. adults are worried about the increasing cost of prescription drugs during the COVID-19 pandemic. That worry isn’t unfounded; it’s a problem we need to address.

Health care is a human right.

A recent report revealed that even while the world is dealing with this pandemic, drug manufacturers have continued to increase prices of medication. Since January, pharmaceutical companies have raised the prices of 245 different medications by an average of 23.8 percent. Of those, 61 drugs are used for COVID-19 treatments, including drugs used to sedate ventilated patients. Another 118 drugs are used to treat chronic conditions. One

in four Americans have said they struggle to afford their medication, with one in ten saying that they skip doses or take smaller doses just to get by. People managing chronic conditions are already at a higher risk of suffering serious COVID-19 symptoms; to increase prices on them now is simply unconscionable.

While federal authorities have been slow to act, my colleagues and I in the Legislature haven’t been afraid to take on “Big Pharma.” State lawmakers have

See Crisis, page 16

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What's Going On

Big Brothers Big Sisters brings field trip to Lewiston Littles



Little Sister Briella Graves

While school activities came to an abrupt halt due to COVID-19, one special and long-awaited annual field trip for some young students in Lewiston came right to their front door.

“A letter for me!” an excited Abdikafi Abdikadir says while opening a hand-delivered letter that was written by his “Big Sister” and Bates College mentor Higera Sevigny. The door-to-door visits by Big Brothers Big Sisters of Mid-Maine to thirty-four Little Brothers and Little Sisters in the Lewiston area was part

of a reinvented field trip to check in on program Littles, offer support, share messages of hope from their mentors, and even deliver pizza.

Every spring, Little Brothers and Little Sisters from Connors Elementary School, along with the program’s volunteer coordinators, board a bus for an “experience college day” field trip at Bates College in Lewiston. They are greeted by their Bates Bigs mentors who show them around campus, tour the library and share pizza together in the college cafeteria.

“Sharing this real-life experience with

Littles opens their eyes to all that is possible. We want to ignite their greatest potential,” said Jennifer Cartmell, Androscoggin manager for Big Brothers Big Sisters of Mid-Maine. “Every year after the field trip, the conversations with Littles begin with “when” I go to college. It’s very empowering for both Littles and their Bigs.”

Cartmell, when checking in with matches by telephone regularly, says she heard the same two questions from Littles: “When can I see my Big?” and “Can we still go on the field trip to Bates?” On a mission to keep kids connected during social distancing, Big Brothers Big Sisters of Mid-Maine, deemed an “essential service” early in the pandemic, decided to take the Bates field trip to the Littles, many who have been quarantined in their homes in Lewiston since mid-March.

Donned in face masks and physical distancing, the agency delivered packages from the Bigs filled with pencils, pencil sharpeners, activity packets, games, potted flowers, Bates Bobcat t-shirts (sponsored by TD Bank) and, to remind them of their Bates field trip lunch together, donations of frozen pizzas from Sam’s Italian Foods in Lewiston. The personal visits outside the Littles’

homes also provided program staff the opportunity to personally meet with Littles, as well as with their families and caregivers, to help address any needs they might have.

Executive Director Gwendolyn Hudson said the agency is committed to serving local youth and supporting their families. “This field trip is one of many examples of our agency’s work to keep matches connected throughout our seven-county service area in Maine,” Hudson said.

Cartmell said the reinvented field trip “doesn’t take the place of the real thing, but was the next best thing right now during this pandemic.”

“Big Brothers Big Sisters is a critical part of these kids’ lives and staying united with their Bigs is critical to their well-being,” Cartmell said, adding that the Bigs have been staying in touch for over three months through pen pal exchanges. “Our visit supplemented their amazing efforts, and seeing the smiles on our Littles’ faces reminded us who our most vulnerable population really is during this pandemic—our community’s children.”

For more information about Big Brothers Big Sisters of Mid-Maine’s Androscoggin program, or to find out how you can help keep kids connected in Lewiston/Auburn, please contact Jennifer Cartmell at (207)653-3857 or email Jennifer@bbbsmid-maine.org. To enroll a child, become a Big, donate, or learn more about volunteering, visit bbbsmidmaine.org or call (207) 236-BBBS (2227).



Little Brother Abdikafi Abdikadir reads a hand-delivered letter written by his Big Sister and Bates College mentor Higera Sevigny. With the cancellation of the program’s annual field trip to visit Bates College, Big Brothers Big Sisters of Mid-Maine instead visited Littles’ homes to help keep matches connected during the Coronavirus pandemic. In addition to pen pal letters, Littles also received from their Bigs a Bates Bobcat t-shirt, activities and games, and frozen pizzas courtesy of Sam’s Italian Foods.



Big Brothers Big Sisters of Mid-Maine Androscoggin Manager Jennifer Cartmell shares a letter with Little Sister Briella Graves that was written by her Big Sister and Bates College mentor Ellie Boyle. The Big/Little match has not seen each other since school closures in March. In lieu of the agency’s spring field trip with Bigs and Littles to Bates College, BBBS staff made at-home visits to 34 local Littles to share letters of hope and at-home activities from their BBBS mentors.

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Consumers for Affordable Health Care calls on policy makers

In response to a report released last week by Families USA that shows that fourteen thousand Maine workers have become uninsured due to job losses between February and May, Consumers for Affordable Health Care called on state policy makers to take action to increase accessibility and affordability of health care during a prospective special legislative session.

“Governor Mills’ first action to expand Medicaid is proving to be a critical safety net during this time when so many workers are being laid off and losing their employer-provided insurance,” said Ann Woloson, executive director of Consumers for Affordable Health Care. “However, this report shows that Maine still lags behind our New England neighbors, with a full thirteen percent of our non-elderly adult population uninsured as of May 2020.”

“The recent spike of fourteen thousand more Mainers becoming uninsured due to job layoffs should be a call-to-action for Augusta to take action during a special session, as one Mainer without affordable health care is one Mainer too many,” Woloson said.

Consumers for Affordable Health Care (CAHC) advocates for accessible and affordable health care for all Mainers and is a strong supporter of the Affordable Care Act and Medicaid expansion. “The Mills administration has taken a number of steps to improve access to testing throughout Maine,” said Woloson. “But too many people are unable to access the affordable coverage, treatment and ongoing health care they need.”

“Possible immediate legislative solutions include fixing the Affordable Care Act ‘family glitch’ and providing coverage for the thousands of Mainers who fall into that gap. We also know there are many other people who remain uninsured, who are at higher risk of contracting COVID-19 or another illness, and who continue to face barriers to accessing the treatment, health care and medicine they need. More must be done to reduce racial health care disparities in Maine.”

“Additionally, the state should use this moment to engage in longer-term thinking about getting health care and prescription drug costs under control,” Woloson says. “In 2018, Maine’s per-capita health expenditures were 10 percent higher than the U.S. average and 35 percent higher compared to 10 years prior (Bureau of Economic Analysis). Legislators should fund Senator Jackson’s LD 2110, An Act To Lower Health Care Costs, that passed through both Maine’s House and Senate, to start examining these costs.”

People who need help sorting through their health coverage options can contact CAHC’s Consumer Assistance Program toll-free at 1-800-965-7476.

The full Families USA report, which examines data in all fifty states, is available here: https://familiesusa.org/wp-content/uploads/2020/07/COVID-254_Coverage-Loss_Report_7-14-20.pdf. For more information about Consumers for Affordable Health Care, visit: <https://www.maineacahc.org/>.

Workshops to be held via telephonically and Zoom

SeniorsPlus in partnership with Healthy Living for ME will be offering free workshops for adults who are interested in learning how to prevent falls, manage diabetes, pain, and other conditions. Scheduled workshops include Living Well with Diabetes, Living Well with Chronic Pain, Better Health Now with Diabetes, Better Health Now with Chronic Pain, and Tai Chi for Health & Balance.

The workshops are free and open to the public, but registration is required. Please call (207) 440-2390 or email edcenter@seniorsplus.org for more information and to register.

Healthy Living for ME is a statewide network of organizations delivering evidence-based programs that empower adults to address and better manage their health. All workshops are listed at healthylivingforme.org.

SeniorsPlus, West-

What’s Going On

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LPL hosting Maine Humanities Council summer discussion

Lewiston Public Library is one in a cohort of organizations and individuals throughout the state hosting a Maine Humanities Council Discussion Project this summer. The Discussion Project is a new, flexible text-based discussion program that meets the needs of Maine communities, whether working independently or as part of an organization. Working closely with Maine Humanities Council staff, communities bring their Discussion Project to life, using an MHC-prepared plan or creating their own.

The theme for the Library's discussion group is "Maine at 200: How Should Life Be?" Join LPL staff, area residents, and facilitator James Ford for three rich discussions grounded in readings that foreground the opportunities and challenges of life in Maine.

Themes to be explored include Many Maines, Wabanaki Voices, and Race & Ethnicity. Readings will invite participants to discuss and reflect on key issues and important but lesser known chapters in the history of Maine, addressing issues of power, inequality, childhood and aging, health and resilience, home, work, and loss.

Facilitator James Ford is currently the Family and Community Support Coordinator for the Lewiston School Department. He was previously the Restorative Practice Coordinator at Lewiston High School, and has over ten years of teaching experience and time in the classroom. He is trained on how to conduct Restorative Circles and is a Certified Equity Trainer for the National Education Association.

The "Maine at 200:

How Should Life Be?" discussion-project begins on Wednesday, July 29 at 5:30p.m. and continues for two more sessions: August 12 and August 26. All discussions will take place on Zoom. Participation is free of charge, but advance registration is required as space is limited.

For more information on the Lewiston Public Library Summer Discussion Project and to register, contact the Library at lpreference@lewistonmaine.gov or (207) 513-3135.

The Maine Humanities Council uses books, poetry, and big ideas to bring people together to discuss issues of importance. MHC programs and grants encourage a deeper understanding of ourselves and one another, building lasting connections and reaching diverse, multigenerational, and rural audiences.

Modern Woodmen matching gift to CLT



The L-A Community Little Theatre (CLT) received a contribution of two thousand, five hundred dollars earlier this month from the Modern Woodmen of America Matching Funds Campaign. The gift was made in support of the very successful

online silent auction that CLT held in June. Financial Representative Mike Courtemanche from the Modern Woodmen Lewiston office noted that "as a fraternal company, we help the community in many different ways. One of our more popular

funds program, which is meant to get us into the community, help raise money and strengthen the community." Courtemanche is pictured at right presenting the "big check" to Jennifer Groover, vice president of the CLT Board of Directors.

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UMaine Extension offers all-season gardening webinar

Gardening doesn't have to stop when the traditional growing season ends in Maine. University of Maine Cooperative Extension will offer a webinar focused on how to build a movable greenhouse to extend the growing season 12 to 1 p.m. on August 3. "All Season Gardening," led by UMaine Extension educators Frank Wertheim and Marjorie Peronto, will discuss how to build a small movable greenhouse or low tunnel structure for growing winter greens and boosting spring and summer season crops. Topics also include production schedules, which hardy greens to use for winter growing, and when and how to get them started.

Registration is required; a \$5 donation is optional. Register on the event webpage to attend or receive a link to the recording. This session is the second in a six-part summer gardening webinar series to be offered every other Monday through September.

For more information or to request a rea-

sonable accommodation, contact Pamela Hargest, (207) 781-6099; pamelahargest@maine.edu.

As a trusted resource for over one hundred years, University of Maine Cooperative Extension has supported UMaine's land and sea grant public education role by conducting community-driven, research-based programs in every Maine county. UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through 4-H.

The University of Maine, founded in Orono in 1865, is the state's land grant, sea grant and space grant university. It is located on Marsh Island in the homeland of the Penobscot Nation. As Maine's flagship public

university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is the state's only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all fifty states and more than seventy countries. UMaine currently enrolls eleven thousand, five hundred sixty-one undergraduate and graduate students who have opportunities to participate in groundbreaking research with world-class scholars. UMaine offers more than one hundred-degree programs through which students can earn master's, doctoral or professional science master's degrees, as well as graduate certificates. The university promotes environmental stewardship, with substantial efforts campuswide to conserve energy, recycle and adhere to green building standards in new construction. For more information about UMaine, visit umaine.edu.

Celebration Barn presents a drive-thru performance

Saturday, July 25 Celebration Barn Theater presents the inaugural show of its 2020 season, the first-of-its-kind experience, Just Outside the Window: A Drive-Thru Performance.

Starring circus artists who have worked with premier companies worldwide including The Metropolitan Opera, Big Apple Circus, and Pilobolus Dance Theater. The performance takes place entirely outside the theater, on the Celebration Barn property. Audience members take part in the thirty-minute experience from their vehicles.

"Celebration Barn has been a place for people to join together in unique theater experiences for nearly half a century. While it's not possible to gather for shows in the traditional way right now, we're so excited to share this beautiful and adventurous performance that's designed specifically for this unique moment," said Celebration Barn Theater Executive Artistic Director Amanda Huotari.

Celebration Barn

Theater is an international center for theater training and creation in South Paris, ME. With its weekly show series and residential workshops paused due to COVID-19, the organization has shifted this season to offer online training and new on-site programs, designed using guidelines from the Maine CDC. In August, Celebration Barn will host circus classes for children ages six through twelve.

The cast of Just Outside the Window: A Drive-Thru Performance brings a wealth of experience and expertise. Jan Damm, an internationally-touring circus artist, has performed on Broadway with Cirque Mechanics and appeared on The David Letterman show. Ariele Ebacher, a tight-wire dancer, has worked with the Big Apple Circus, Midnight Circus and Circus Bella, among many others. Molly Gawler, a dancer and musician, has performed world-over with the renowned Pilobolus Dance Theater. She plays fiddle, banjo, and sings

in the Gawler Family Band and The Gawler Sisters. Collin Miclon, an actor and variety performer, toured with the award-winning Circus Smirkus and most recently appeared in The Burlesque Show at Borgata casino in Atlantic City. Shane Miclon, a juggler, has performed across North America, and recently appeared in The Met Opera's production of Akhnaten.

This special event is sponsored by The Ballroom in Harrison and Palmer Development Corp. of Oxford.

Limited tickets are available. Tickets are \$20 per vehicle. Showtimes are 5:30 p.m., 6 p.m., 6:30 p.m., 7 p.m. and 7:30 p.m. on Saturday, July 25 (rain date Sunday, July 26 at the same times). Shows start promptly and last approximately 30 minutes. Tickets must be purchased in advance.

To purchase tickets or to find more information, visit www.CelebrationBarn.com. Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris, Maine.

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APPETIZERS + SOUP + SALADS

- Blue Cheese Stuffed Baked Dates** / Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / *g.f.* - 12
- Cheese Board** / Silvery Moon "Manchego", Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini - 16
- Caramelized Onion Tart** / House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / *Vgt.* - 13
- Sage Roasted Butternut Squash Soup** / Toasted Pepitas - 8
- Gathered Greens** / Grapes, Aged Balsamic & Olive Oil Vinaigrette, Pineland Farm Feta, Toasted Almonds / *g.f.* - 8
- MK Wedge** / Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing / *g.f.* - 9
- Braised Farm Beets** / Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / *g.f.* - 11
- Grilled Romaine Caesar** / Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing / - 9 (*Add Anchovy + 2*)

PASTAS + GRAINS

- Organic Quinoa Bowl** / Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / *Vegan + g.f.* - 12/20
- Gnocchi Primavera** / Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / *Vgt.* - 12/22
- Rigatoni Bolognese** / Slow Braised Tomato - Beef & Pork Sausage, Smoked Bacon Breadcrumbs, Parmesan / 13/24
- Handmade Ravioli** / Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta / *Vgt.* - 12/22
- Gnocchi Mac + Cheese** / Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked Bacon Breadcrumbs / - 12/22
- Butternut Squash Risotto** / Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / *Vgt. + g.f.* - 14/26
- Mushroom Risotto** / Roasted Crimini & Shiitake Mushrooms, Butter Parmesan, Truffle Oil / *Vgt. + g.f.* - 14/26
- Spaghetti with Braised Lamb Ragu** / Pineland Farm Feta, Chopped Mixed Olives - 24
- Orecchiette Pasta with Chicken & Broccoli** / Garlic Butter, Wilted Kale, Parmesan - 22
(Vegetarian Orecchiette available with Pesto)

ENTREES

- Pan Seared Scallops** / Truffle Roasted Crimini + Shiitake Mushroom Risotto, Green Beans, Beurre Monte / *g.f.* - 18/32*
- Grilled Faroe Island Salmon** / Sage Roasted Butternut Squash Risotto, Fried Brussels, Pomegranate Gastrique / *g.f.* - 27*
- Chicken Under a Brick** / Bone-in Breast, Whipped Potato, Seasonal Vegetables, Lemon Emulsion / *g.f.* - 24
- Slow Braised Boneless Beef Short Rib** / Horseradish Mashed Potato, Seasonal Vegetables, Mushroom Sauce / *g.f.* - 28
- Grilled Filet Mignon** / Herb Roasted Fingerlings, Pearl Onions, Wilted Greens, Foie Gras Butter, Beef Sauce / *g.f.* - 34*
- Spice Rubbed Pork Loin** / Smoked Bacon Elbow Macaroni and Cheese, Cheddar, Fried Brussels Sprouts, BBQ Sauce / - 24
- Pulled Pork Sandwich** / Chipotle BBQ Pulled Pork, Coleslaw, Grilled Brioche Bun, House Fries - 14
- MK Burger** / Cheddar, Bacon Crumbs, Shredded Romaine, Pickled Onion, House Sauce, Brioche Bun, Herb Fries - 15

SIDES

- Fried Brussels Sprouts** / *g.f.* - 9 - **Pan Roasted Vegetables** / *g.f.* - 9

DESSERTS

- Warm Chocolate Cake** / Marshmallow Gelato, Sea Salt Toasted Peanuts / *g.f.* - 10
- Chocolate Mousse** / Belgium Chocolate, Whipped Cream, Candied Walnut Crumbs / *g.f.* - 9
- Tiramisu** / Mascarpone Cream, Coffee Ladyfingers, Chocolate Sauce - 9

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American Pickers coming to Maine



Do you know any collectors in the greater Gorham area? The hit TV show American Pickers has asked us to reach out to our readers and spread the word that they are looking for collectors.

Mike Wolfe, Frank Fritz, and their team are excited to return to Maine and other New England states. They plan to film episodes of the hit series American Pickers throughout the area in September.

They understand that with the proliferation of COVID-19, everyone is facing very uncertain times, and everything is changing daily. American Pickers are taking the pandemic very seriously and will be following all guidelines and protocols for safe filming

as outlined by each state. While they plan to be in New England in September, the crew will continue to re-schedule if conditions change for the worse. Regardless, they are excited to continue to reach the many collectors in the area to discuss their years of picking!

American Pickers is a documentary series that explores the fascinating world of antique “picking” on History. The hit show follows Mike and Frank, two of the most skilled pickers in the business, as they hunt for America’s most valuable antiques. They are always excited to find sizeable, unique collections and learn the interesting stories behind them.

As they hit the back roads from coast to coast,

Mike and Frank are on a mission to recycle and rescue forgotten relics. Along the way, the Pickers want to meet characters with remarkable and exceptional items. The pair hopes to give historically significant objects a new lease on life, while learning a thing or two about America’s past along the way.

Mike and Frank have seen a lot of rusty gold over the years and are always looking to discover something they’ve never seen before. They are ready to find extraordinary items and hear fascinating tales about them. American Pickers is looking for leads and would love to explore your hidden treasure. If you or someone you know has a large, private collec-

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PLEASE LET US KNOW:

- YOUR NAME, TOWN & STATE
- PHONE NUMBER
- WHERE YOUR COLLECTION IS LOCATED
- A DESCRIPTION OF YOUR ITEMS

tion or accumulation of antiques that the Pickers can spend the better part of the day looking through, send them your name, phone number, location and description of the collection with photos to americanpickers@cineflix.com or call 855-OLD-RUST. Find them on Facebook @GotAPick.



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FUNDIDO – 8.95 warm cheese dip with cilantro, rajas & your choice of mushrooms or housemade chorizo Served with corn chips	FRIED BRUSSEL SPROUTS – 8.95 tossed in a chili-lime vinaigrette with toasted sesame seeds, red onion escabeche & jalapeños	CHEESE NACHOS – 5.95 w/ organic black beans – 6.95 w/ choice of chorizo, shredded pork, grilled chicken, steak OR ground beef – 9.95
MEXICO CITY STYLE CORN ON THE COB – 4.95 basted with chipotle mayo & dusted with cotija cheese	YUCCA FRIES – 7.95 golden fried yucca fries served with a chimichurri aioli† and citrus habanero bbq dipping sauces	<p>Make your nachos GRANDE by adding guacamole, shredded lettuce, housemade crema, radishes, pickled jalapeños, cilantro & taquerera salsa add 5.95</p>
FRIED PLANTAINS – 6.95 with chipotle mayo	CHICKEN TAQUITOS – 8.95 three corn tortillas filled with rajas, jack cheese & chicken, rolled and fried. Topped with lettuce, crema, cotija, pico de gallo & avocado purée	
PAPAS FRITAS – 4.95 fried Maine potatoes drizzled with garlic aioli†		

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flour tortilla filled with monterey jack cheese & crisped on the griddle. Served with pico de gallo salsa.

CHEESE – 6.95	SEASONED GROUND BEEF – 9.95	CHAR GRILLED CHICKEN – 9.95
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Add rajas to any quesadilla (sauteed peppers & onions) – 1.95

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†Consuming raw or undercooked eggs or shellfish may increase the risk of food born illness

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CCU awards scholarship to LAHS graduate



Ava Petrin, 2020 LAHS Graduate and Gerald R. Langelier Scholarship Recipient.

Community Credit Union recently selected Ava Petrin of Leavitt Area High School (LAHS) as one of two 2020 Gerald R. Langelier Scholarship winners.

A 2020 graduate of LAHS, Ava’s commitments, on and off the field, have proven how hard she is willing to work to achieve her goals and aid others in great need.

Ava has balanced a long list of academic, athletic and community involvements including National Honors Society, Varsity Soccer, Varsity Nordic Skiing, Varsity Track and Field, Hornets vs. Hunger Food Drive and volunteering at the Good Shepard Food Bank. Ava’s commitment to her school and community is a wonderful foundation to her dream pursuing a

Medical Degree focused in women’s health and providing medical assistance to those who are underserved.

In recognition of Community Credit Union’s 75th Anniversary, additional funds were generously raised to honor each 2020 Gerald R. Langelier scholarship winner with a \$750 scholarship. Congratulations, Ava, on your accomplishments and future endeavors!

Community Credit Union is a member-owned, full service financial institution that has been serving its members and all of Androscoggin County for 75 years. Community Credit Union has branches located at 144 Pine Street, Lewiston, 40 Stanley Street, Auburn and 1025 Auburn Road in Turner serving approximately 10,000 members. For more information, log onto www.communitycreditunion.com.

St. Mary’s welcomes Patricia A. Scherle as VP

St. Mary’s Health System recently welcomed Patricia A. Scherle as its Vice President of Patient Care Services and Chief Nursing Officer. Pat will lead St. Mary’s nursing staff as well as oversee the implementation and coordination of programs and initiatives to ensure patients consistently receive the very best clinical care.

“I was pleased to welcome Pat, who has extensive experience working in mid-sized hospitals and medical centers, to our health system and nursing team,” said Katherine Bechtold, Senior Vice President and Chief Nursing Officer, Covenant Health. “She has an excellent track record of improving both patient and staff experiences. I look forward to her contributions in expanding St. Mary’s reputation in the community for exemplary care.”

“I’m honored to serve the St. Mary’s

nursing team and clinical teams, as well as the community, to ensure we’re always striving to improve the quality, safety and delivery of patient care,” said Scherle. “Our ultimate goal is to reinforce St. Mary’s standard for clinical excellence, which will directly impact positive patient outcomes.”

Prior to joining Covenant Health, Scherle was the Vice President/Chief Nursing Officer at Chestnut Hill Hospital in Philadelphia, Pa., a 148-bed non-profit community teaching hospital. Her tenure at Tower Health | Community Health Systems, which includes Chestnut Hill Hospital, spanned 10 years in various leadership roles at multiple hospitals.

Scherle holds a Doctorate in Nursing Practice (DNP) from Drexel University in Philadelphia, Pa. and earned her Master’s



in Healthcare Administration (MHA) from Widener University in Chester, Pa. She is also a Nurse Executive Advanced – Board Certified (NEA-BC) as well as a registered nurse (RN).

Send all items for What’s Going On to the Editor.

Deadline is Friday by five.

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40,000 Pounds of Maine Potatoes distributed

COVID-19's emergence around the world quickly raised alarm bells for many people, regarding the ability of our global food chain to respond. News of plowed crops and dumped milk confirmed our worst visions — healthy food that became a casualty of a broken food supply chain during a global emergency when people most needed it.

Here in Maine, millions of pounds of potatoes no longer had markets as schools, restaurants and other institutions shut down. Among one of the small efforts to try to salvage some of this lost income to farmers and to get food to people who need it, the Maine Gleaning Network organized the purchase and distribution of 40,000 pounds of Aroostook County potatoes from Irving Farms Marketing, representing multiple potato farmers in the area. A collaboration between the Maine Gleaning Network (www.maine gleaning-network.org), Starling (www.starlingrealtime.com), and FarmLink

(www.farmlinkproject.org), who funded the purchase of the potatoes, this effort was coordinated by Maine's Merry-meeting Gleaners. Many thanks to FarmLink for their donation of \$4000 to purchase the potatoes, to all of the organizations and businesses that allowed the use of their loading docks for drop offs and pick-ups, and to the countless volunteers who got a workout slinging 50lb bags and got these 2019 crop 'taters to their final homes at sixty food security organizations all over Maine. The distribution was coordinated by multiple gleaning groups Healthy Acadia in Washington and Hancock Counties, Androscoggin Gleaners, Merrymeeting Gleaners in Sagadahoc County, Somerset Public Health, and Cumberland County Gleaning Initiative.

The Androscoggin Gleaners organized the distribution of 4,450 pounds to 17 food security organizations and community sites in Androscoggin County. Huge thanks go to AC Electric in Auburn for so

generously offering their loading dock and time, Healthy Androscoggin for their support, and to the small but mighty volunteer force that helped on this day and so many others. So far this season, the Androscoggin Gleaners have distributed over 6,000 pounds of produce and over 2,000 seedlings, most of which come from local farm partners right here in Androscoggin County. Many thanks to those who grow the food that nourishes us all.

For more information about local gleaning efforts, contact Rebecca Schoen at: androgleaners@gmail.com.

Partner organizations can be contacted for more information at mainegleaningnetwork.org, Starlingrealtime.com, and Farmlinkproject.org.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Guest Column Helping 'Vacationland's' seasonal businesses through COVID

By Senator King

Each year, millions of people look forward to their week or two in Maine — to breathe our air, take in our natural beauty, make memories — and in turn, Maine's businesses look forward to welcoming them. As we all know, tourism contributes to more than just inns or hotels; restaurants, shops, gas stations and recreational attractions across our state rely on the months of May through September for the lion's share of their yearly revenue.

Unfortunately, the coronavirus pandemic is threatening the summer season, and while we'd all like to simply return to business as usual, we've also watched the drastic increases in coronavirus cases within states who've reopened too aggressively — decisions guided by dates instead of data. So, as Maine continues to carefully think and plan through its reopening, we're left with a scary question: what happens to Vacationland's econo-

my when tourists have to stay home?

There is no one magic solution here — but from a federal perspective, I'm tapping the tools available to me as a Senator to shore up the seasonal economy in the short-term, help it regain its footing in the mid-term, and fortify its foundation for the future. The most immediate answer — the Paycheck Protection Program (PPP), which is helping businesses across the state and nation keep their doors open and their staff employed throughout the coronavirus pandemic. The PPP has been a valuable source of support during this pandemic, and Congress has made needed mid-course corrections to make it work even better, like passing legislation I introduced with Senator Steve Daines (R-Montana) to loosen restrictions and provide more flexibility for business owners; now Congress has wisely extended the program so that businesses can apply

for the more than \$100 billion still available.

But there is more we can do. Last week, I led eight of my Senate colleagues in a letter urging the Small Business Administration to cut the red tape preventing seasonal employers from accessing the full amount of the PPP loans for which they qualify. Because these businesses filled out forms using off-season data (the expected lulls) the initial loans don't reflect their present reality (the yearly spike in summer business) — and PPP regulations won't let them update that information. It's important changes like this that will help us adapt policies to better stabilize our seasonal businesses.

There's more we can and must do in future stimulus efforts. I am listening closely to Maine's small and seasonal businesses to inform my work as Congress considers further coronavirus relief legislation and as I assess more data on the pandemic's economic effects.

Longer term, it's clear we will need to work together to accelerate the tourism industry's recovery. That's why I've joined Republican Senator Dan Sullivan (from Alaska) and Democratic Senator Brian Schatz (from Hawaii) to introduce bipartisan legislation like our Visit America Act. This bill would to establish initiative to boost international tourism to the U.S. from roughly 80 million in 2019 to 116 million in 2028 — an

See Seasonal, page 13

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Our store hours have also temporarily changed to allow for more time to clean, stock shelves and give associates additional time to rest — beginning 3/21, new store hours will be 7 a.m. — 9 p.m.

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Schooner

Continued from page 1

where family members have come through and really done a lot of celebration that way”.

Swift said she thinks the dietary department “is doing an amazing job with room service,” which provides an additional connection with each tenant as daily meals are delivered. If the dietary staff sees any issues with a tenant, or the tenant shares something with them, “we’re able to respond.”

Socially-Separated Visits; as the US started to realize the dangers of cross-infections from the pandemic back in March, Schooner Estates closed its doors to all visitors, and residents were required to wear masks and stay at least six feet apart from each other. Visits from family members were conducted through a closed glass window or door, while talking on the telephone.

Several weeks ago, Schooner Estates was able to allow in-person visits again, with proper social-distancing, according to Director of Operations John Rice. The facility set up a series of awnings outdoors near the main entrance, with a double-fence system creating a six-foot gap between the tenants and their guests. Although limited to two visitors and two tenants for a visit, with everyone wearing masks, residents can at least talk to family directly.

Residents can also use tablets or a computer to connect with family and friends over the internet. Other residents chat over the phone. “Everybody has their own needs,” Rice said, noting that the facility staff works to meet everyone’s needs, although at times it feels “very challenging.” He said the staff takes satisfaction in meeting those challenges.

A Changing Environment; Schooner Estates is careful to follow the guidance and mandates from the State of Maine, Rice said. “We closely watch what the guidance is, and as soon as the guidance changes, we adapt to that guidance, whether it’s a positive change or a negative change. Although it’s been more positive changes than negative changes!”

The state is very

cognizant of the physical and emotional effects the social-distancing requirements have on senior citizens in Maine, but wants to keep them safe. “So they’re being very cautious, and so are we. We’re respecting the science, we’re respecting the data.” Rice said. Once Schooner Estates learned that it would be okay to do outside visits, “we jumped at the opportunity, and we did it as quickly as we could.”

“Everything here meets the guidelines, abides by the guidelines,” from the state, Rice said. The facility had to add staff for various functions, including monitoring the visitor sessions outdoors. Visits

are limited to two person on a side, and the staff member ensures everyone is wearing a mask during the visit. Bringing in the extra staff “was our commitment to doing this for the residents.”

Facilities Working Together; Schooner Estates regularly networks with other long-term facilities in Maine, Rice said. “We’re a pretty close-knit group in the state, especially Central Maine. My counterparts through all the other providers in the area, you know, we’ve routinely had meetings for years.”

The Lewiston-Auburn area is in Region 2 of the Maine Healthcare Association, and “pretty much every long-term

care center in the area, we meet every other month,” he said. “Or at least, we used to!”

The facilities are very collaborative in their efforts, Rice said, because, while long-term facilities only need to meet state mandates, nursing homes must follow federal Centers for Medicare & Medicaid Services (CMS) guidelines and protocols that “are very hard to meet.” Facilities have to network as peers, with directors asking each other “How did you solve that? How did you fix that?” Rice said. When a tenant or resident has to go to the hospital for an illness or other reasons, and then must spend

time in a rehab facility, working together means that all the facilities can provide the care needed for the success of the tenant or resident.

“We talk a lot. We support each other. We communicate,” he said. “Even though we’re all different organizations, we’re caring for the same people. We all meet the same licensing and regulation rules.”

Changes in Staffing; besides adding staff, the facility had to adjust the schedules of managers to ensure someone was available both weekdays and weekends to address the needs and concerns of tenants and visitors. “It supports the staff, and it also supports family

and friends,” Rice said. The facility saw a range in the compliance of tenants and visitors to the rules established under state guidelines during the pandemic, so having managers at the facility every day to address various issues “just helps!”

Rice said he was unable to take time off for about three months, to ensure he was there for the staff and tenants. Staff members have been careful to keep themselves and their families safe from infection, he said. There have not yet been any cases of Covid-19 infection among any staff or tenants, so the rules the facility has put in place have been effective.

Stop Open Borders: Say No to Poverty, Crime, & Tyranny

Wed, Jul 29, 2020 / Rain Date: Thu, Aug 20

6:00 p.m. Refreshments ~ 6:30-8:30 p.m. Main Program

The event will be held **OUTSIDE** in the Vet Ctr parking lot, with podium, chairs, mic, lights, camera. Inside bathrooms available. Parking on entry road & at Hannafords.

Check grayrepublicans.org on July 28, 5pm, for Rain Postponement!

EVENT WILL BE LIVE STREAMED ON YOUTUBE: grayrepublicans.org/livestream

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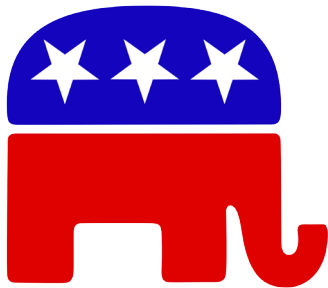
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More Co-Sponsors will be added

Good Tern Co-op raises money for OUT! Maine



By Peyton Feener, Front End Manager of the Good Tern Co-op.

The customers of the Good Tern Co-op raised \$891.23 during the month of June for OUT!

Maine. OUT Maine works toward a welcoming and affirming Maine for all rural young people of diverse sexual orientations, gender expressions and gender identities.

In partnership with their allies and families, OUT Maine supports, educates and empowers these youth in their journey from adolescence to adulthood.

For the month of July, the Good Tern Co-op will be rounding up for two organizations, Midcoast Music Academy and Cultivating Community. The Good Tern Co-ops hours for in store shopping are Monday and Thursday from 8 a.m. to 7p.m., Tuesday, Wednesday and Friday from 12 to 7p.m. and Saturday and Sunday from 9 a.m. to 5p.m.

Good Tern's Curb-side hours are Tuesday, Wednesday and Friday from 8a.m. to 11a.m. The Good Tern co-op is open daily to all.

Peyton Feener (Good Tern Co-op Front End Manager) and Dominique Cole (Good Tern Co-op Wine and Beer Buyer) present a check to OUT Maine.

Peyton hands the check off to Rachel Albury (OUT Maine Development and Operations Coordinator) while maintaining social distancing.

SERVPRO® alerts local grill masters: Grilling fires peak in July

The summer grilling season is here, and outdoor cooking and socially distanced picnic gatherings are a welcome change for families eager to get out and enjoy the warm weather. As families and friends prepare their next outdoor feast, professionals from SERVPRO, local fire and disaster remediation specialists, urge Auburn-area property owners to keep some sobering "grilling fire facts" from the National Fire Protection Association (NFPA) in mind.

Gas grills, hibachis, and barbeques are involved in an average of 8,900 home fires each year, including 3,900 structure fires and 4,900 outdoor fires. Charcoal or other solid-fueled grills contribute to another 1,300 home fires per year.

An average of 19,700 patients each year visit emergency rooms because of injuries involving grills. Nearly half (9,500 or 48%) of the injuries are thermal burns from fire (about 4,300) and from contact with hot objects (about 5,200). Children under five account for an average of 2,000 of those contact-type burns.

July is the peak month for grill fires (18%), including structure, outdoor or unclassified fires, followed by June (15%), May (13%) and August (12%).

"According to the NFPA, three out of five households own a gas grill – and gas grills are the chief culprit in home grilling fires," Rick Isaacson, CEO of Servpro Industries, LLC said. "And while grill-related fires peak between May and August, nearly half of home grillers use their grill year-round." SERVPRO shares the following advice from the NFPA2 with Auburn-area homeowners to help ensure that the only smoke coming from their outdoor feast is from their grill, and not from a property fire.

All grills:

Use your propane or charcoal grill outdoors only. Place your grill away from your home or deck railings and out from under eaves and overhanging branches

Keep children and pets at least three feet away from the grill area, and never leave your grill unattended.

Keep your grill clean. Remove grease or fat buildup from the grills and in trays below the grill. Always make sure your gas grill lid is open before lighting it.

Propane Grills:

Check the gas tank hose for leaks before using it for the first time each year.

If you smell gas while cooking, immediately get away from the grill and call the fire department. Do not move the grill.

If the flame goes out, turn the grill and gas off and wait at least five minutes before re-lighting it.

Charcoal Grills:

A charcoal chimney starter uses newspaper as a fuel to start the charcoal. If you use a starter fluid instead, use only charcoal starter fluid. If you choose an electric charcoal starter, make sure to use an extension cord for outdoor use.

Keep charcoal fluid out of the reach of children and away from heat sources. Never add charcoal fluid or any other flammable liquids to the fire.

When you are finished grilling, let the coals cool completely before transferring them to a metal container for disposal.

"Even if no one is injured, a home fire can be devastating. It can destroy not just property but priceless memories and create chaos in the aftermath," added Isaacson. "Cleaning-up after a fire can feel overwhelming because it often involves smoke and water damage beyond the damage from the flames. While we hope that these guidelines will help Auburn-area homeowners have a safe, fire-free grilling season, accidents can happen. If you do experience a structure fire, our SERVPRO-trained professionals can help get you on the road to normal, managing clean-up efforts and helping with insurance and recovery. When disaster strikes, our goal, always, is to make it seem 'like it never even happened'."

SERVPRO specializes in fire and water cleanup and restoration services and repair services, helping to remediate damage for both commercial and residential customers. For more information on SERVPRO in the Auburn area, please contact one of the local business owners below.

For SERVPRO of Augusta/Waterville, please contact Anthony Wolverton who can be reached at (207) 622-7166 or kwolverton@servpro10735.com.

For SERVPRO of Lewiston-Auburn, please contact James Brigham who can be reached at (207) 783-2500 or servpro5685@roadrunner.com.

For more information on SERVPRO, please visit www.servpro.com.

1 <https://www.nfpa.org/grillin>.

2 https://www.nfpa.org/-/media/Files/Public-Education/Resources/Safety-tip-sheets/Grilling_safety_Tips.pdf.

Founded in 1967, the SERVPRO franchise system is a leader and provider of fire and water cleanup and restoration services and mold mitigation and bioremediation. SERVPRO's professional services network of more than 1,800 individually owned and operated franchises re-

See Servpro, next page

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Monday, July 20
University of Maine Cooperative Extension webinar about selecting native plants for a pollinator-friendly garden, 12 through 1 p.m. Registration is required, a \$5 donation is optional. Register on the event [webpage](#) to attend or to receive the link to the recording. For more information or to request a reasonable accommodation, contact Pamela Hargest at (207) 781-6099 or pamela.hargest@maine.edu.

Tuesday, July 21
Summer concert with World Famous Grassholes at 6 p.m. at Robie Softball Field (28 Ball Park Road, Gorham, between the high school and Gorham Municipal Center). Bring a picnic, a blanket or chair, and enjoy the show! Parking available in Gorham High School or Gorham Municipal Parking lot.

Auburn Public Library hosting Kung Fu: Chinese martial arts for young dragons at 11 a.m. via Zoom. More information can be found on Two Dragons Path's website at <http://www.twodragonspath.com/>. Please call APL at (207) 333-6640 ext.3 to register and to be sent a link to the Zoom meeting.

Wednesday, July 22
Basilica summer concert series, 12:15 p.m., Ray Cornils. For more information about the summer concert series, call (207) 777-1200.

Saturday, July 25
Drive-thru performance of Just Outside the Window presented by Celebration Barn located off Route 117 at 190 Stock Farm Road, South Paris, Maine. Limited tickets are available. Tickets are \$20 per vehicle. Showtimes are 5:30 p.m., 6 p.m., 6:30 p.m., 7 p.m. and 7:30 p.m. on Saturday, July 25 (rain date Sunday, July 26 at the same times). Shows start promptly and last approximately 30 minutes. Tickets must be purchased in advance.

Chocolate Church Arts Center outdoor summer concert series with Jud Caswell. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions

Calendar

Send your submissions to the Editor. More online.

or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Wednesday, July 29
Basilica summer concert series, 12:15 p.m., Harold Stover. For more information about the summer concert series, call (207) 777-1200.

Monday, August 3
Gardening Webinar offered by UMaine Extension at 12 to 1 p.m. Registration found on the event page is required, donations are optional. For more information or to request a reasonable accommodation, contact Pamela Hargest, (207) 781-6099; pamela.hargest@maine.edu.

Wednesday, August 5
Basilica summer concert series, 12:15 p.m., Randall Mullin. For more information about the summer concert series, call (207) 777-1200.

Saturday, August 9
Chocolate Church Arts Center outdoor summer concert series with Heather Pierson. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Wed, August 12
Basilica summer concert series, 12:15 p.m., Mark Thallander. For more information about the summer concert series, call (207) 777-1200.

Thursday, August 20
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Friday, August 21
Restorative practices certificate program

offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Saturday, August 22
Chocolate Church Arts Center outdoor summer concert series with Lauren Crosby. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Thursday, August 27
The ATRC Policy Committee meeting for the month of July has been cancelled. This will take place at 10 a.m. via zoom.

Friday, Sept. 25
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Thurs, October 29
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Friday, October 30
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-

8002.
Thurs, November 19
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Berry

Continued from page 2

or downloaded from the publications catalog or by contacting (207) 581-3792; extension.orders@maine.edu.

As a trusted resource for more than one hundred years, University of Maine Cooperative Extension has supported UMaine's land and sea grant public education role by conducting community-driven, research-based programs in every Maine county. UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through 4-H.

The University of Maine, founded in Orono in 1865, is the state's land grant, sea grant and space grant university. It is located on Marsh Island in the homeland of the Penobscot Nation. As Maine's flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is the state's only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all fifty states and more than seventy countries. UMaine currently enrolls eleven thousand, five hundred sixty-one undergraduate and graduate students who have opportunities to participate in groundbreaking research with world-class scholars. UMaine offers more than one hundred degree programs through

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which students can earn master's, doctoral or professional science master's degrees, as well as graduate certificates. The university promotes environmental stewardship, with substantial efforts campuswide to conserve energy, recycle and adhere to green building standards in new construction. For more information about UMaine, visit umaine.edu.

Seasonal

Continued from page 10

investment that would bring much-needed economic activity back to Maine.

There's another way to support the future of Maine's tourism industry that is already underway – and it's just good old common sense. If the old saying goes "if it ain't broke, don't fix it", we can all agree that if it IS broke, you SHOULD fix it. That's the situation facing national parks across the nation, including our own Acadia National Park. Parks throughout the National Parks Service are facing \$12 billion in delayed maintenance projects, threatening the long-term health of these American treasures – including \$65 million in delayed repairs at Acadia alone. This is simply poor money management for two reasons: we are only putting off today's repairs for more expensive one's tomorrow and investments in our national parks are well worth it. The National Parks bring \$42 billion to their surrounding communities every year, which Maine people see and benefit from. A few weeks ago, the Senate passed the Great American Outdoors Act, groundbreaking conservation legislation which includes my bipartisan bill (the Restore Our Parks Act)

to address this maintenance backlog. This legislation will make a major impact for parks nationwide – supporting more than 100,000 direct and indirect jobs over the next five years, not to mention making our gorgeous attractions even more of a draw.

I wish there was a simpler answer to the challenges our seasonal economy is facing – a hidden, quicker fix that would just get us up and running. Unfortunately, there isn't – in order to keep ourselves, our families, and our communities safe, we need to proceed with caution. And I'm working in Washington, D.C. to support relief efforts now and a road map to restoring our economy for the future. But Maine people are smart, resourceful, and adaptable. We know how to face down obstacles and work collaboratively to find a solution. It won't be easy, but we can and will get through this – together.

Zoom

Continued from page 5

ic disease self-management and falls prevention classes. For more information or to find a class, visit: healthylivingforme.org or on Facebook @Healthy Living for ME.

Servpro

Continued from previous page

sponds to property damage emergencies ranging from small individual disasters to multi-million dollar large-loss events. Providing coverage in the United States and Canada, the SERVPRO system has established relationships with major insurance companies and commercial clients, as well as individual homeowners.

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Grant

Continued from page 3

educational space for students to learn, collaborate, and strengthen their reading skills. As the coronavirus pandemic disrupts our daily lives and routines, it's vital that LPL is still able to provide these services to youth in the region. As distance learning has left many students without access to additional support in literacy, this investment from NEH will help Lewiston Public Library bridge this digital divide by shifting more of their services online to help our students succeed."

In-person youth programming at the Lewiston Public Library will likely be one of the last services to return, given challenges of ensuring safe social distancing among children. Staff continues to adapt programming to remote models, many virtual. Others, recognizing the barriers to technology access in Lewiston as well as screen fatigue, will support literacy education by low-tech methods.

The National Endowment for the Humanities (NEH) is an independent federal agency

created in 1965. It is one of the largest funders of humanities programs in the United States. The NEH promotes excellence in the humanities and conveys the lessons of history. The endowment accomplishes this mission by awarding grants for top-rated proposals examined by panels of independent, external reviewers. NEH grants typically go to cultural institutions, such as museums, archives, libraries, colleges, universities, public television & radio stations, and to individual scholars. The grants strengthen teaching and learning in schools and colleges; facilitate research and original scholarship; provide opportunities for lifelong learning; preserve and provide access to cultural and educational resources; and strengthen the institutional base of the humanities.

Crisis

Continued from page 3

been working to help keep prescription drugs affordable for the people of Maine. Part of that effort was a measure I sponsored this year to help protect locally owned, independent

pharmacies. These pharmacies provide a vital service to our communities, especially at times like this. This new law makes sure that pharmacy benefit managers — the corporate middlemen who work between drug makers and pharmacies — don't retroactively pay pharmacies less, even if a claim has been filled out properly. This unfair practice was brought to my attention by Bedard Pharmacy in Auburn. They were instrumental in coordinating with other local pharmacies, and helped get this bill passed into law.

Last year, we passed a sweeping drug price reform package. These laws hold pharmacy benefit managers accountable, allow for the safe importation of medication from Canada, create a Drug Affordability Board to stand up for Mainers, and increase transparency around what's driving increased prescription prices. This year, we passed laws that cap the out-of-pocket cost for insulin at \$35 per month for patients in the individual and small group markets, and put an end to many abusive and unfair medical billing practices. These are

big steps in the right direction, but we know our work is far from over.

A little while ago, pharmaceutical company Gilead set the cost of a treatment course Remdesivir — which is being used to treat COVID-19 patients with severe symptoms — at \$3,120. That's \$520 per dose. This is despite the fact that Gilead received at least \$70.5 million from U.S. taxpayers to develop this drug. For this company to turn around and charge hundreds of dollars for a single dose, in the middle of the largest public health crisis in living memory, is greedy; pure and simple. I shudder to think what prices we'll see announced once a vaccine for the novel coronavirus is developed. For the sake of everyone, we need to make sure these medications are accessible to all people — not just those with enough money or good enough health insurance.

I want you to know that even though legislators aren't in Augusta right now, we're still working for you. We hear your concerns, and we're available to help you find any resources you might need and to advocate for you. I'm still here

to listen to you, and to stand up for you, your family and our community.

Nate Libby serves as Senate Majority Leader

in the Maine Legislature, representing the people of Lewiston. He can be reached at Nathan.Libby@legislature.maine.gov or (207) 287-1515.

SeniorsPlus now accepting referrals for Meals on Wheels

SeniorsPlus, Western Maine's designated Agency on Aging, is currently accepting referrals for its Meals on Wheels program serving Androscoggin, Oxford, and Franklin counties.

Homebound individuals 60 years of age and older and disabled adults under age 60, who are unable to shop, prepare or cook meals for themselves, are likely to qualify for Meals on Wheels. Currently, with the ongoing threat of COVID-19, some of the traditional client qualifiers are broader to accommodate more of the newly homebound.

To apply, contact SeniorsPlus at 800-427-1241. Applicants should be prepared to provide personal information such as name, address, phone number, and health status. All information is kept confidential.

Meals on Wheels at SeniorsPlus provides food freshly made in its kitchen. These meals constitute one-third of the Recommended Dietary Allowance for adults.

Established in 1972 and headquartered in Lewiston, SeniorsPlus is the Western Maine designated Agency on Aging, covering Franklin, Oxford and Androscoggin counties. Its mission is to enrich the lives of older adults and adults with disabilities and its overall program goal is to assist these individuals to remain safely at home for as long as possible. SeniorsPlus believes in supporting the independence, dignity and quality of life of the 19,000 individuals it serves annually. Our Meals on Wheels program alone serves more than 100,000 meals annually to more than 800 people.



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