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Aug 6 - 12, 2020
Volume 21
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DIRECTIONS

Step 1. In a stainless steel or glass bowl, combine garlic, olive oil, basil, salt, pepper, lemon juice, and parsley.

Step 2. Place the halibut filets in a shallow glass dish or a resealable plastic bag, and pour the marinade over the fish. Cover or seal and place in the refrigerator for 1 hour, turning occasionally.

Step 3. Preheat an outdoor grill for high heat and lightly oil grate. Set grate 4 inches from the heat.

INGREDIENTS

1 clove garlic, minced
6 Tbls olive oil
1 Tsp dried basil
1 Tsp salt
1 Tsp ground black pepper
1 Tbls fresh lemon juice
1 Tbls chopped parsley
2 (6 ounce) fillets halibut

Step 4. Remove halibut filets from marinade and drain off the excess. Grill filets 5 min per side or until fish is done when easily flaked with a fork.

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Garage sale 2926 Paine St., 1268 Edison big blow out Sat. 8th Sun. 9th, 10-5pm

Garage sale 1427 Kennelworth Place. Saturday 9am-3pm clothes, jewelry and much more

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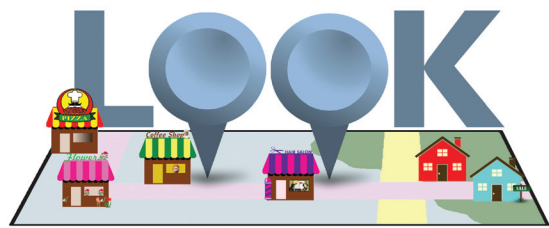


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- ✓ Our offices are cleaned & sanitized everyday
- ✓ Our Agents are pre-screened daily before they enter the office
- ✓ We have educated all of our agents of proper safety procedures
- ✓ Our technology has been updated for contactless signing of documents

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Spacious 1 family, 4 BRS, 3 baths, Deck

AMENITIES

- Finished bsmt
- 2 Kitchens

*ASK FOR ANY SALES TEAM MEMBER



Country Club: 1162 Throgmorton Ave

\$589K

FEATURES

Charming first Floor, 3 bedroom home

AMENITIES

- Lots of closets
- Pool
- MBR

*ASK FOR MATTHEW FLAMIO



Country Club: 1365 Kearney Ave

\$659K

FEATURES A GREAT VALUE!

Shows Off Like A Model Home!
Newly renovated

AMENITIES

- Turn Key
- 2.5 Baths
- New Deck

*ASK FOR ANY SALES TEAM MEMBER



Throgs Neck: 455 Revere Ave

\$519K

FEATURES

This cozy ranch style home is set on large property & has 2 bedrooms with possible 3rd.

AMENITIES

- 2 Bedrooms
- Large property
- 2 Baths
- Pool

*ASK FOR CLAUDIA TUBIOLO



Locust Point: 3191 Hatting Place

\$969K

FEATURES RENOVATED

Original Owner! Plus finished walkout.
Low flood insurance.
Garage, Lots of parking

AMENITIES

- 3 Bedrooms
- Over 3 Bedrooms

*ASK FOR MICHAEL MUSANO



Pelham Bay: 2884 Coddington Ave

\$649K

FEATURES A GREAT VALUE!

Ideal Location! 2 Family, Easy access to Train, Bus & Shops.

AMENITIES

- 3 Bedrooms
- Over
- 1 Bedroom

*ASK FOR DEBORAH PALLADINO



Pelham Bay: 2847 East 194th St

\$599K

FEATURES

Modern 1 family home. Set on Oversized Lot, conveniently located to Train, Bus & Shops,. Walk-up Attic, Garage,

AMENITIES

- 3 Bedrooms
- 1.5 Baths
- Central A/C,

*ASK FOR ERNESTO DE SIENO



Throgs Neck: 932 Balcom Ave

\$550K

FEATURES

Room For In-Laws --- Spacious duplex 3 bedroom, 2.5 baths, Spacious layout for entertaining.

AMENITIES

- Open concept kitchen
- 2 Baths
- In-law setting

*ASK FOR JOSH RICO

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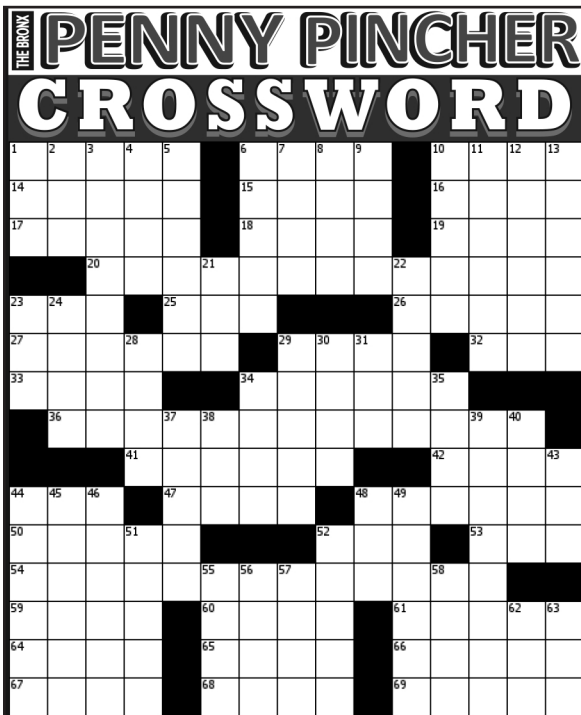
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- | | |
|---|--------------------------------|
| 1. Pilgrimage site | 1. Advanced sci. degree |
| 6. Whale of a movie | 2. Author Umberto |
| 10. Sibillant sound | 3. Court violation |
| 14. Part of an ice cream cone | 4. Musical wrap-up |
| 15. Gaseous element | 5. One of Rocky's rivals |
| 16. Against | 6. Winner's position |
| 17. Upscale abode | 7. Shipwreck cause, sometimes |
| 18. Type of wood | 8. Word with rain or sport |
| 19. Gin flavoring | 9. Looped cross |
| 20. Idle gossip, e.g. | 10. "___ la vista" |
| 23. Poetic form | 11. Under Cupid's spell |
| 25. Vessel edge | 12. Put away |
| 26. Virtuoso | 13. An earth color |
| 27. Barrel cleaner | 21. Young goat |
| 29. Bring to ruin | 22. Act passionately |
| 32. "The Conspiracy Against Childhood" author Le Shan | 23. Fun food for Fido |
| 33. What thsi is | 24. Diurnal periods |
| 34. Proboscises | 28. Speckled reddish-brown |
| 36. Technologically advanced | 29. Not worthy |
| 41. Computer neophyte | 30. It can be flat |
| 42. Catches in the act | 31. Self-deprecating utterance |
| 44. Muppet name | 34. Boo-hoos |
| 47. Nudnik | 35. Even wood |
| 48. Unjust accusation | 37. Home on the range? |
| 50. Lower in public estimation | 38. Sheepecote matriarch |
| 52. Part of some college courses | 39. Scarcity |
| 53. Victorian, for one | 40. Ski resort fixture |
| 54. One with good judgment | 43. Health farm |
| 59. Jam ingredient | 44. Uncivilized |
| 60. Vulgarian | 45. Be plentiful |
| 61. Heavy and then some | 46. Rum concoction |
| 64. Mini-nuisance | 48. Sheepish response |
| 65. Protracted | 49. Incorporate |
| 66. Violin bow application | 51. "Rob Roy" author |
| 67. Abridge, e.g. | 52. Relinquish one's hold |
| 68. Low female singing voice | 55. Large earthenware jar |
| 69. Gets the better of | 56. April honoree |
| | 57. Litter's smallest |
| | 58. High-pitched instrument |
| | 62. Host's invitation |
| | 63. Printers' widths |

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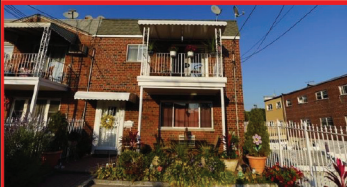
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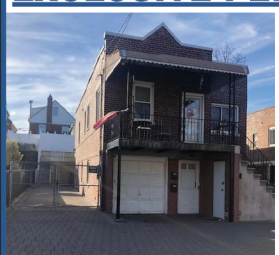
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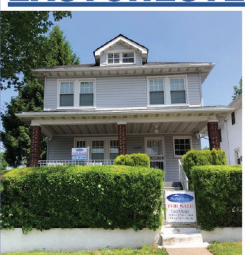
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"Neighborhood Updates"



Matthew Cruz

District Manager

Bronx Community Board #10

3165 East Tremont Avenue

Bronx, NY 10461

(718) 892-1161

Bx10@cb.nyc.gov

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

You may have read before in this column about the Home Energy Assistance Program (HEAP). HEAP helps eligible households with their home energy needs. The application deadline has been extended to August 31, 2020. In short, the program helps persons in need with matters such as repairs to equipment and/or fuel costs. The City of New York pays the costs directly to the utility company or other companies involved. While offices are closed due to the pandemic, you can call (212) 331-3126 or visit access.nyc.gov. Some of its requirements are having a child under six years of age, an adult over sixty years of age or caring for a disabled person living in your household. A family of four cannot make more than \$57,564 in a year. Please contact my office if you have any further questions about your eligibility at (718) 892-1161. Please pass this information to a family in need.

SENIORS FARMER MARKET NUTRITION PROGRAM(SFMNP)

Our senior population are mostly all on fixed incomes. If there is a program out there for them, we must help them apply. Nearly everyone, especially our senior citizens with low incomes, experienced higher food costs during the height of the pandemic. The Seniors Farmer Market Nutrition Program is designed for low-income seniors whom are over the age of 60 to access locally grown produce. If you are over the age of 60 and are interested, please call (212) 244-6469. If you are able to help a loved one with the online application, you can visit www.surveymonkey.com/r/dfta-farmers-market-2020. As always, there are income requirements. For example, a three-person household, with a senior citizen over the age of 60, cannot earn more than \$3,349 a month. Eating the right foods, especially fruits and vegetables, are more important than ever considering this on-going public health crisis.

CENSUS 2020

I won't stop sounding the alarm until we improve our statistics. It pains me to write that our community district and much of the city has a terrible Census 2020 participation rates. In short, many of our residents have not completed their surveys. It is three to five minutes of our time. It is crucial that we complete the Census. It is the only way we get the resources we are owed from our federal government. If you have completed your Census survey, contact five people who have not. Encourage people you know to contact five additional people, and so on. To complete the survey online, visit www.mycensus2020.gov. To complete by phone, please call (844) 330-2020. Everyone should have already received a paper survey.

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Fax: 718.489.2895

All copy must be received by **MONDAY, 2 WEEKS PRIOR** to your event for that Thursday's Publication.

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- Diabetes Management
- Hospice/Palliative Care
- Respite Care

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- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

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- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

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- Restorative Nursing Program
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COMMUNITY NEWS

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JASA FLOWING YOGA: Jul 29, 2020 03:00 PM Eastern Time (US and Canada)
Every week on Wed, until Sep 2, 2020, 6 occurrence(s) **Jul 29, 2020 03:00 PM, Aug 5, 2020 03:00 PM, Aug 12, 2020 03:00 PM, Aug 19, 2020 03:00 PM, Aug 26, 2020 03:00 PM, Sep 2, 2020 03:00 PM**
Join Zoom Meeting
[//us02web.zoom.us/j/86164051538](https://us02web.zoom.us/j/86164051538)
Meeting ID: 861 6405 1538 Passcode: 10463 One tap mobile (646)558-8656, JASA Van Cortlandt Senior Center

NYC COUNCILMAN MARK GJONAJ: I hope you and your families are continuing to stay well as the past few months have been really challenging. It has been a busy week for Team Gjonaj as we held two Tele-Townhalls with experts, city agencies and constituents; organized quite a few graffiti removals and neighborhood clean ups; walked the commercial corridors and met with businesses owners; held our weekly District Office food pantry; gave away masks; helped over 100 constituents with concerns and inquiries and much more. NYC has entered Phase 4 with specific modifications and indoor dining is still on hold but the Open Restaurant Program is working and it is a vital lifeline for struggling restaurants. The City needs to work with establishments to make sure any changes in safety measures won't hurt businesses already hit by the pandemic. Our Weekly Tele-Townhall in partnership with the NYC Office of Trials and Hearings (OATH) was a success and quite resourceful to so many in our District on "How to respond to City Agency Summonses during the pandemic." As Chair of Small Businesses Committee, I am glad that OATH

has also announced policies designed to help small businesses with the adjudication of pending civil summons issued by city agencies and more. Although NYC has stopped a popular graffiti-removal program due to a pandemic revenue deficit, I am proud to continue providing funding for graffiti removal services for constituents and business owners in our District. Please remember that we are here for you. Reach out to our office with any issues or concerns at (718) 931-1721, email us at MGjonaj@council.nyc.gov and follow us on social media for the most updated news. Sincerely, NYC Councilman Mark Gjonaj District 13, Bronx

PELHAM ART CENTER ANNOUNCES UPCOMING Community Art Day began in 2019 as an all-day celebration of art. In light of the COVID crisis and community feedback, Pelham Art Center will hold multiple Community Art Days this year according to physical distancing guidelines.* On first Sundays this summer, Pelham Art Center teachers will be present in the Pelham Art Center Courtyard at 155 Fifth Avenue doing live painting demos. Come speak with an artist, watch an artist create, and join in on our new community art project! **Sunday, August 2nd 1:00-3:00pm (rain date Sunday, August 9th)** Pelham Art Rocks! Part of the upcoming Community Art Days is "Pelham Art Rocks!"--a collaborative public art installation consisting of individual rocks painted by our community members. Come take a rock, paint a rock, and leave a rock under the Pelham Art Center red arch! Visitors can create a rock during any of the three Community Art Days, or paint their rock Pelham Art Center will soon announce details for the following exhibitions. The USPS Art Exchange will have its first physical exhibition in the Pelham Art Center gallery for the month of August. There will be a virtual opening reception on Friday, August 7th, 6-8pm. The exhibition of small collaborative works completed between artists across the country will be on view according to updated gallery protocol. More information coming soon to pelhamartcenter.org. *Pelham Art Center asks that visitors keep physically distant from the artist(s) in the courtyard but encourages you to observe, enjoy and ask questions! Disposable materials will be provided on site to participate in Pelham Art Rocks, or visitors are welcome to paint their rock from home and return it to the arch at their convenience.

HAVE AN EVENT OR COMMUNITY NEWS? SUBMIT YOUR NON PROFIT EVENTS, NEWS ETC. TO BXPP@AOL.COM AND DON'T FORGET TO VISIT OUR NEW COMMUNITY GROUP AT WWW.FACEBOOK.COM/GROUPS/BXCOMMUNITYNEWS

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