

Senior dogs at GAHS Fetch grant



Old dogs have something to wag about this summer, as The Grey Muzzle Organization announces the recipients of its annual grants, and dogs at the Greater Androscoggin Humane Society (GAHS) are among the winners.

GAHS in Lewiston is one of sixty-four animal welfare groups chosen from two hundred eighty-eight applicants to receive a grant to help local senior dogs. The winning groups received

more than \$510,000 in grants to help save or improve the lives of at-risk old dogs in their communities.

“Senior dogs deserve the best in life but often need extra medical care, which can be a strain on shelter resources that are already stretched thin. We are so thankful for the Grey Muzzle Organization, for supporting us to help senior dogs thrive in our community” said Katie Lisnik, Executive Direc-

tor of the Greater Androscoggin Humane Society. “This grant helped us give senior dogs like 8-year-old Wanda, the veterinary and dental care she needed; so she is now ready to go to her forever home,” said Lisnik. “No one is more grateful or loving than an old dog, and we’re looking forward to helping more senior dogs get the second chance they all deserve.”

Over the past twelve years, the national nonprofit Grey Muzzle Organization has provided \$2.5 million in grants to support its vision of “a world where no old dog dies alone and afraid.”

“Thanks to the generosity of our donors, we’re delighted to help deserving organizations like the GAHS make a difference in the lives of dogs and people in their communities,” Grey Muzzle’s Executive Director Lisa Lunghofer said. “Many senior dogs in Androscoggin County are enjoying their golden years in loving homes See GAHS, page 11

Dr. Cynthia DeSoi, MD Joins the Team at Androscoggin

Androscoggin Home healthcare and Hospice welcomes Dr. Cynthia DeSoi, MD as staff physician for their home healthcare, hospice and palliative care programs. DeSoi most recently served as a Nephrologist at Nephrology Associates of Central Maine where she established multiple outpatient satellite clinics in rural Maine and provided leadership in quality and safety initiatives in many inpatient and outpatient settings throughout the state of Maine. DeSoi’s training and experience in adult and pediatric management of serious illness has resulted in very high regard by her colleagues and patients alike.

DeSoi earned a B.A. in Biochemistry from Mount Holyoke College, graduating Magna Cum Laude. At Mount Holyoke College she was elected to Phi Beta Kappa and Sigma Xi, awarded prizes in Chemistry, French, and English, and was also both a Sarah Winston



Dr. Cynthia DeSoi, MD.

Scholar and Mary Lyon Scholar. In 1985 DeSoi earned her M.D. from the University of Rochester School of Medicine in Rochester, New York. She completed her Internship and Residency in the Combined Medicine and Pediatrics Program at the University of Chicago Hospitals and Clinics where she also served as Chief Resident and Instructor in Pediatrics. DeSoi also served as a Clinical Research Fellow, Section of Nephrology, at the University of Chicago from

1990-1991. DeSoi is Board Certified in Internal Medicine, Pediatrics, and Nephrology.

“We are so very pleased and honored to have Dr. DeSoi join our dynamic clinical team at Androscoggin” said Kenneth Albert, R.N., Esq., President and CEO. “Beyond her exceptional medical expertise, Cynthia’s lifework is authentically rooted in service to others. This aligns beautifully with our mission and values. I am particularly pleased that See DeSoi, page 11

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Newsmakers, Names & Faces

Exchange students

Since 2015 Brandy Jewell of Skowhegan has volunteered as a local coordinator for international exchange students and host families.

In March 2020 the exchange programs had to make difficult decisions on if they wanted to send the International Exchange students back to their home countries or to let them finish their year in the USA until mid-June. Many families had a hard time with this, they enjoyed their exchange students and felt they should have a choice to finish the year.

Some organizations allowed the students and natural parents to decide to end the program early, some did not have a choice and their home agency decided, or the USA agency decided. All and All it was tough on everyone who was in-

involved.

Now the 2020/2021 school year is coming and students are coming back to the U.S., host families are needed. "The unknown, I think, is scaring people away," said Jewell.

The Organization does follow DOS regulations, CDC guidelines, and when students arrive in Maine, they will be quarantined for fourteen days before leaving the host family home. The students will have a clean bill of health before they start school.

"We still have students waiting for host families and we have limited schools who are willing to welcome the students, just not enough families" Says Jewell.

Imagine bringing the excitement of a new culture and a global perspective into your home! Jewell is aware of the

covid-19 pandemic and measures are being taken to ensure the safety of students and communities and host families, and adjustments will continue to be made as needed.

To be a host you can be single, you can have no kids, you can have young kids or teens, you can also be empty nesters.

To be a host you will need to provide three meals a day, you also must apply, pass a background check, reference check, and an in home interview.

If you are interested in learning more about hosting an international exchange student, or if you are a school willing to accept exchange students please contact Brandy Jewell at (207)313-1977 or email her at bjewell@ayusa.org

Maine Expansion Arts Fund seeks grant applications



The Maine Community Foundation's Maine Expansion Arts Fund is accepting applications for grants of up to \$5,000 that support indigenous, ethnic, or rural arts programs or projects, particularly those that serve areas with limited access to arts events.

The deadline for grant applications is September 15, 2020. An online application, guidelines and a list of recent grants are available at www.mainecef.org.

Recent grantees include: Aroostook Arts and Education Center, to create a digital (video) storytelling project highlighting the importance of agriculture to the local economy in Aroostook County; Gateway Milbridge, to hire regional musicians to increase free concerts to introduce, promote,

and expand access to the community stage's new location; History House Association Inc., for the first phase of the Native Voices exhibit, including construction of a wigwam displaying skills/artistry of a traditional Wabanaki builder; Main Street Bucksport, to expand a public art mural program Bucksport.

The Maine Expansion Arts Fund is a collaborative effort of MaineCF, the National Endowment for the Arts, the Lillian M. Berliawsky Charitable Trust, and the Maine Arts Commission to strengthen and ensure the future of these artistic traditions. Additional funding is provided through the Elizabeth Laughlin Anderson Memorial Fund.

If you would like more information about the fund, please con-

tact MaineCF Senior Program Officer Leslie Goode at 207-412-2002 or by e-mail at lgoode@mainecf.org.

Caption: Wabanaki artist Barry Dana watches as local high school students add sides to the ten-foot traditional wigwam lodge on the west lawn of the Skowhegan History House Museum and Research Center. Photo Susan Cochran/ courtesy History House

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, and Mars Hill, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people. To learn more about the foundation, visit www.mainecef.org.

When boomers zoom they can go anywhere

One of the most popular Senior College classes offered by USM L/A Senior College on Zoom this spring took a group of birders to Monhegan Island as well as other prime birding venues. The close-up sightings of birds were better than looking through binoculars! Thanks to Doug Hitchcox of Maine Audubon, the class was able to enjoy an almost-outdoor

experience with valuable and fascinating information.

Senior College offerings will be on Zoom again this fall, but the topics look equally interesting. These classes are for anyone over fifty with a curiosity for learning. As many people know, zooming has become much more popular in the last few months and more people are trying it, but some are still a

bit hesitant. There will be zoom training and helpful people to call for help if one should decide to join the meetings. all classes will be listed soon. Registration begins August 17, and the classes start September 21. Watch the paper for more information, check the website: usm.maine.edu/seniorcollege, Email at laseniorcollege@gmail.com Or, call (207) 753-6610

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Newsmakers, Names & Faces

Grace Hansen joins OUT Maine as youth health educator



We are excited to announce that Grace Hansen joined the OUT Maine Team as their Youth Health Educator. Hansen’s work will focus on reducing smoking and vaping among LGBTQ+ youth as part of a new partnership with the Center for Tobacco Independence. LGBTQ+ youth vape and use tobacco at higher rates than other youth - a critical health disparity. Grace graduated from the University of Maine at Farmington with a BA in Anthropology and International and Global Studies. Her past work and volunteer experience has concentrated in youth development, leadership, and community health. She spends most of her free time with her (very large)

family or in the mountains. She is thrilled to get to explore the mid-coast as she moves to Thomaston to support OUT Maine’s mission. “I am thrilled to be joining such an inspiring team and mission at OUT Maine,” says Grace. “My past experience

studying food insecurity in Franklin County has developed a passion for working with rural health and the barriers that Maine, specifically, faces both geographically and culturally. There are so many people and issues that go unnoticed, and I feel incredibly grateful that I am able to help these people and issues gain visibility as my job and I feel passionate about what I am doing.” OUT Maine works toward a welcoming and affirming Maine for all rural young people of diverse sexual orientations, gender expressions and gender identities. In partnership with their allies and families, OUT Maine supports, educates and empowers these youth in their journey from adolescence to adulthood. For more information, or to support OUT’s critical work on behalf of LGBTQ+ youth, please visit their website at outmaine.org <https://www.outmaine.org>.

Community Concepts welcome new finance director



Community Concepts’ Chief Financial Officer Laura Gormley is pleased to announce Sadie Reinhard has been promoted to the Direc-

tor of Finance. Reinhard has been in the Finance department since 2015 and most recently was the Associate Director of Finance. She has experience in financial reporting, forecasting, cost models, analyzing budgets and process improvement. Reinhard has a bachelor’s degree in Finance from Thomas College where she was also inducted into the Alpha Chi National Honor Society and earned the Thomas Scholar Award. Reinhard also holds certificates in the Office of Management and Budget’s Uniform Guidance training and other not-for-profit finance courses.

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Send all items for What's Going On to the Editor. Deadline is Friday by five.

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Publisher/CEO
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What's Going On

UMaine Extension invites contributions to virtual garden

University of Maine Cooperative Extension is inviting Maine gardeners to contribute personal photos demonstrating best horticultural practices, from creative trellising to ingenious ways of deterring hungry wildlife, as a resource in a new virtual demonstration garden.

Photos should be high-quality image files that focus on subjects that can educate and inspire viewers. Categories include fruit trees and small fruits, garden design and maintenance, school and community gardens, seed starting and propagation, and conservation practices. Submissions will be reviewed and selections will be shared on the UMaine Extension My Maine Garden <https://extension.umaine.edu/gardening/my-maine-garden/> webpage and social media.

“With more people sticking close to home this season, we’re seeing a surge in questions from both new and experienced gardeners. We also know folks are taking the time to implement creative solutions to common landscape challenges and simply make their gardens better than ever this season,” says Kate Garland, UMaine Extension horticulturist in Penobscot County. “This inspired us to use this unique time as an opportunity to help new and

seasoned gardeners share ideas and gather inspiration from their fellow Maine gardeners.”

Photos can be submitted via the program webpage <https://extension.umaine.edu/gardening/my-maine-garden/>. Participation is free; submissions are welcome on an ongoing basis. For more information or to request a reasonable accommodation, contact katherine.garland@umaine.edu or (207)942-7396.

As a trusted resource for over 100 years, University of Maine Cooperative Extension has supported UMaine’s land and sea grant public education role by conducting community-driven, research-based programs in every Maine county. UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through 4-H.

The University of Maine, founded in Orono in 1865, is the state’s land grant, sea grant and space grant university. It

is located on Marsh Island in the homeland of the Penobscot Nation. As Maine’s flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is the state’s only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all 50 states and more than 70 countries. UMaine currently enrolls 11,561 undergraduate and graduate students who have opportunities to participate in groundbreaking research with world-class scholars. UMaine offers more than 100 degree programs through which students can earn master’s, doctoral or professional science master’s degrees, as well as graduate certificates. The university promotes environmental stewardship, with substantial efforts campuswide to conserve energy, recycle and adhere to green building standards in new construction. For more information about UMaine, visit umaine.edu <https://umaine.edu>.

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Three Maine youth organizations grants

In a second round of COVID-19-related grant allocations, Lewiston-based Community Health Options (Health Options), the state’s only nonprofit, Member-led health insurance plan, has awarded grants to three Maine nonprofit agencies dedicated to Maine’s youth.

The recipients are: Tree Street Youth, a youth support and enrichment organization in Lewiston; My Place Teen Center, an after-school resource for kids, ages ten to eighteen, in Westbrook; and the Center for Grieving Children, a nonprofit that provides support to grieving children, teens, and families in Portland and Sanford. Each organization will receive \$10,000.

“These groups remind us that addressing the ongoing impacts of COVID-19 does not entail a ‘one size fits all’ approach,” said Kevin Lewis, president and CEO of Health Options. “Young people need particular attention as they struggle through the pandemic with less socializing, family stress, disrupted schedules and school plans, food insecurity, grief, and other concerns. These three organizations have been helping Maine kids for years, and their work is more important than ever.”

At My Place Teen Center (MPTC), the team’s work of enriching and feeding children in an after-school resource center has shifted outward. The small staff is making and delivering free meals for the broad-

er community in need throughout Westbrook.

Donna Dwyer, the center’s director said, “A local family wrote to thank us and noted that many in our community have no idea what truly happens behind our big red doors. Because of the pandemic, they learned that our work is ‘so much more than a physical space,’” Dwyer continued, “With our daily, mobile food pantry providing 1,250 free meals per week to kids, people who are elderly, without transportation, disabled or immuno-compromised, we are affirming that we are all in this together.”

Teaching resilience to Lewiston’s youth has always been part of the mission at Tree Street Youth, where elementary, middle, and high school students get learning enrichment, academic tutoring, college preparation, and internships or mentoring opportunities for eighteen to twenty-four year-olds.

“Tree Street, like so many other organizations, has been working hard to navigate the many unknowns related to COVID-19,” said Julia Sleeper, co-founder and executive director. “Everyone here is working hard to navigate the new normal. We are grateful for the creativity of our team, our extremely hardworking and adaptive parents, and the tremendous community support which has made it possible to continue to serve students safely in new ways.”

“At the Center, holding hands and hugs

are so different now,” said Anne Heros, the center’s executive director. “We are forever grateful for the trust of our families, who we are supporting by phone and email. We have created a special technology team to implement the safest platform for our Peer Support groups to resume. We host a series of ‘Center Chats’ to share real-time updates and hear from families, and we are always looking at ways to stay connected. It’s also important for us to stay focused on things that were happening in our community before COVID-19. There are still suicides; there is still a high incidence of overdose loss. For those who are struggling with losses like these, this pandemic is yet another layer and extra struggle. The center is here to continue to support our community,” said Heros.

Health Options made an initial round of statewide COVID-19 response grants in May to address immediate food and shelter needs.

Community Health Options is the only Maine-based, nonprofit, Member-led health plan providing comprehensive, Member-focused health insurance benefits for individuals, families, and businesses. Health Options awards grants and makes donations as part of our Community Benefit Expenditure Fund, administered by the Maine Community Foundation. For more information about Health Options, visit the website: HealthOptions.org.

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Native American Unit	877 – 213 – 5630
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Learn more at <https://ptla.org/covid-19> and www.ptla.org.

Senator Collins attends roll call at Portland Police Department



U.S. Senator Susan Collins visited the Portland Police Department this afternoon to meet with Chief Frank Clark and deliver brief remarks to officers during roll call.

“It is truly an honor to meet with the brave men and women who make up the ‘thin blue line’ and to thank them for keeping our communities safe,” said Senator Collins. “As our country confronts the COVID-19 pandemic and listens to calls for needed social change, the Portland Police Department has responded to these challenges with compassion, restraint, and respect. In Maine, we are fortunate to have so many terrific professional law enforcement officers, devoted to their duty and to doing what is right.”

Earlier this year, Senators Collins and Angus King announced that Maine had been awarded funding through the CARES Act for law enforcement to prevent and respond to the COVID-19 pandemic, including \$219,535 for the Portland Police Department.

In May, Senators Collins and King joined a bipartisan group of their colleagues in introducing a resolution recognizing the week of May 10 through May 16 as National Police Week, which passed unanimously. This resolution honored police officers, sheriffs, and other law enforcement officers in

Maine and throughout the country for serving our communities with valor, dignity, and integrity.

Last month, Senator Collins joined a group of her colleagues in introducing the Just and Unifying Solutions to Invigorate Communities Everywhere (JUSTICE) Act. The legislation provides long-term solutions focused on police reform, accountability, and transparency, while also promoting efforts to find solutions to systemic issues affecting people of color such as education and health disparities. On June 24, Senator Collins voted to begin debate on the JUSTICE Act, but the Democratic Leader blocked this motion, preventing the Senate from even beginning discussions on police reform legislation.



UMaine Extension offers free cover crop planning webinar

University of Maine Cooperative Extension will offer a free webinar about key considerations for planning a cover cropping system 6 through 7p.m. on August 12.

Adding diversity to a cover cropping system creates healthier soil and can benefit crop production and a farm’s ecosystem. UMaine Extension sustainable agriculture professional Jason Lilley, will discuss several versatile cover crop options.

The webinar is free; registration is required. Register on the event webpage <https://extension.umaine.edu/register/product/cover-cropping-webinar-august-2020/> to receive the Zoom link. For more information or to request a reasonable accommodation, contact Rebecca Gray at (207) 781 - 6099 or email at rebecca.gray@maine.edu.

As a trusted resource for more than 100 years, University

of Maine Cooperative Extension has supported UMaine’s land and sea grant public education role by conducting community-driven, research-based programs in every Maine county. UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational program in Maine through 4-H.

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Arts & Entertainment

Adopt and donate campaign

The Greater Androscoggin Humane Society has joined NBCUniversal Owned Television Stations' Clear the Shelters 2020 pet adoption campaign. To help individuals and communities continue to practice safe social distancing measures, this year's initiative will run from August 1 through August 31, feature virtual pet adoptions and make it easy for people to donate online to participating shelters/rescues. This is the sixth consecutive year that NBC and Telemundo owned stations present their popular pet adoption campaign to communities nationwide in partnership with affiliate stations and shelters/rescues. Since 2015, NBCUniversal Owned Television Stations' Clear The Shelters campaign has helped more than 410,000 pets find new homes. Visit ClearTheShelters.com

for more information.

"This year, as more people have been staying at home, the importance of pets in our lives has really reached center stage", says GAHS Executive Director, Katie Lisnik. "They keep us laughing, get us out of the house for walks, provide companionship, and a furry face to love when days are tough. Pets do so much for us- let's do all we can for them- adopt, donate and volunteer!"

This year's Clear The Shelters' "Adopt & Donate" campaign features returning partners WeRescue and GreaterGood.org, and new partner 24PetWatch. Users can use the WeRescue iOS app to locate adoptable pets near their zip code, submit their pet adoption applications through shelters' websites, and ask questions directly to shelters. Individuals who

are interested in donating to a shelter/rescue, please visit GreaterGood.org's Clear The Shelters donation site ClearTheSheltersFund.org. Also, 24PetWatch is enabling shelters to increase their exposure through 24Petshelter.com/cleartheshelter, a free website providing a full list of participating shelters and their adoptable pets along with a link to contact them. Follow the effort on Twitter @ClearTheShelter, and on social media using the hashtags #ClearTheShelters and #DesocuparLosAlbergues.

About the Greater Androscoggin Humane Society: The Greater Androscoggin Humane Society provides a safe haven for over 3,500 sick, homeless and abused animals in the greater Androscoggin area per year. The primary support for the Shelter comes from *See Adopt, page 11*

Service dog needs surgery - plea for funding assistance



Diamond Accompanying Pam During a Hospital Stay

Pam Whittier, of Auburn, has shed lots of tears since her service dog's recent vet visit. The news was not good. Diamond, a 5-year-old American Pitbull, is in urgent need of TPLO surgery (tibial-plateau-leveling osteotomy), on her hind legs. Diamond's ACL, meniscus, and fibula are currently impacted. The roadblock to get Diamond healthy is cost — \$5,000 for the

surgery. Whittier, who is cardiac disabled, cannot afford the surgery.

Whittier, is a 38-year-old cardiac arrest survivor, has cardiomyopathy, tachycardia, and an implanted defibrillator. She got Diamond as a rescue four days after her father passed away of the same heart disease in May of 2015. Diamond was then trained and certified as Whittier's service dog.

Since then, Diamond has been a lifeline for Whittier and is able to tell family members when Whittier's heart rhythm is "off." Whittier has had numerous cardiac procedures both locally and in Boston.

Whittier, who is completely devastated at the thought of losing Diamond, is currently spending her days cuddling and patting her. Diamond is being kept comfortable with pain medication, but the vet told Whittier that the medication cannot be used long-term, as they could negatively impact her vital organs.

A yard sale with proceeds to benefit Diamond's surgery is being held August 8 and 9 at 114 Howe Street in Auburn from 9 a.m. to 5 p.m. each day. A Go Fund Me page has also been set up at [gf.me/u/yifzwd](https://gofundme.com/yifzwd)

Whittier notes, "We are praying for a miracle, and I am so grateful for anyone who can help me save Diamond. If my tears could save her, she would be in good shape by now. Besides her hind legs, she's in wonderful shape, and I need her so much as a support for what I endure with my heart. I cannot imagine my life without her."

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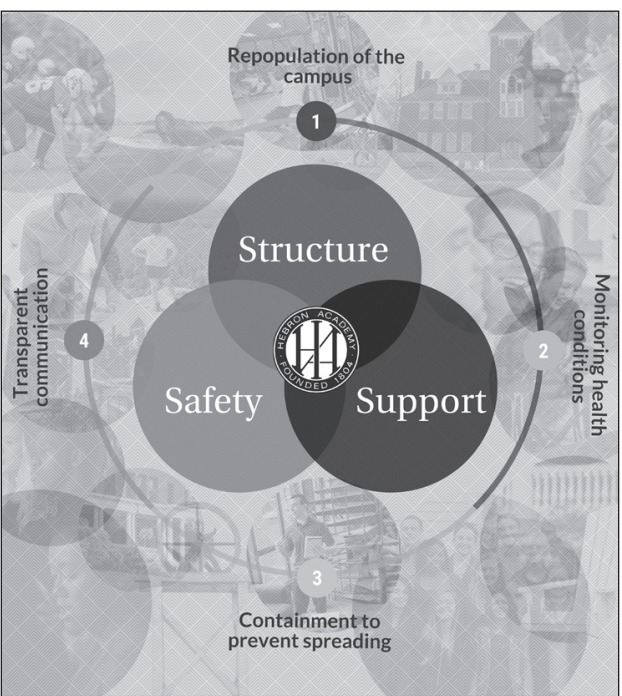
This is a time like no other in our lives as we navigate the most disruptive challenge to our health and welfare. To support expert patient care from our frontline clinical staff, we've established the AndroSTRONG Emergency Response Fund.

Donations will help to provide the equipment, supplies and specialized training necessary for our staff to continue to address the home health care and hospice needs of the communities we serve.

Give today: androscoggin.org/androstrong or contact the Development Office at 207-795-9404

Hebron Academy announces reopening plan for fall 2020

My Father's Dragon featured Mike Dolan as *Elmer Elevator*, Emery Lawrence as *Mother/*
See Theater, page 13



Hebron will offer a hybrid educational model for the 2020-21 school

Founded in 1804, Hebron Academy is a small, independent, college preparatory boarding and day school for boys and girls in grades six through postgraduate. Students from across the United States and around the world are challenged and inspired to reach their highest potential in mind, body and spirit through small classes, individual attention and a friendly, respectful atmosphere. Hebron is located on the eastern edge of Maine's White Mountains and is accredited by New England Association of Schools and Colleges (NEASC). Please visit www.hebronacademy.org for more information.

<div> <div>  <div> <div>MK</div> <div>KITCHEN TO GO MENU</div> </div> </div> </div>	
APPETIZERS + SOUP + SALADS	
Blue Cheese Stuffed Baked Dates	/ Greens, Bacon Crumbs, Toasted Peanut Brittle, Balsamic Syrup / g.f - 12
Cheese Board	/ Silvery Moon "Manchego", Great Hill Blue, Pineland Smoked Cheddar, Walnuts, Dried Fruit, Crostini - 16
Caramelized Onion Tart	/ House Crust, Local Goat Ricotta, Pineland Feta, Balsamic Syrup, Greens / Vgt. - 13
Sage Roasted Butternut Squash Soup	/ Toasted Pepitas - 8
Gathered Greens	/ Grapes, Aged Balsamic & Olive Oil Vinaigrette, Pineland Farm Feta, Toasted Almonds / g.f - 8
MK Wedge	/ Romaine Hearts, Local Apple, Bacon Crumbs, Blue Cheese, Pickled Onion, Buttermilk Dressing / g.f - 9
Braised Farm Beets	/ Fern Hill Farm Fresh Goat Cheese, Candied Walnut Brittle, Beet Vinaigrette, Greens / g.f - 11
Grilled Romaine Caesar	/ Croutons, Shaved Parmesan, House Made Creamy Garlic Dressing / - 9 (Add Anchovy + 2)
PASTAS + GRAINS	
Organic Quinoa Bowl	/ Broccoli, Carrots, Green Beans, Cranberry, Spinach & Kale, Brussels, Almond / Vegan + g.f - 12/20
Gnocchi Primavera	/ Butter Roasted, Hand Made Ricotta Gnocchi, Seasonal Vegetables, Parmesan / Vgt. - 12/22
Rigatoni Bolognese	/ Slow Braised Tomato - Beef & Pork Sausage, Smoked Bacon Breadcrumbs, Parmesan / 13/24
Handmade Ravioli	/ Four Cheese Filling, Wilted Spinach Pesto Cream, Almonds, Pineland Farm Feta / Vgt. - 12/22
Gnocchi Mac + Cheese	/ Creamy Cheddar Sauce, Hand Made Ricotta Gnocchi, Smoked Bacon Breadcrumbs / - 12/22
Butternut Squash Risotto	/ Sage Roasted Fall Squash, Butter, Parmesan, Pepitas, Fried Brussels / Vgt. + g.f - 14/26
Mushroom Risotto	/ Roasted Crimini & Shiitake Mushrooms, Butter Parmesan, Truffle Oil / Vgt. + g.f - 14/26
Spaghetti with Braised Lamb Ragu	/ Pineland Farm Feta, Chopped Mixed Olives - 24
Orecchiette Pasta with Chicken & Broccoli	/ Garlic Butter, Wilted Kale, Parmesan - 22
(Vegetarian Orecchiette available with Pesto)	
ENTREES	
Pan Seared Scallops	/ Truffle Roasted Crimini + Shiitake Mushroom Risotto, Green Beans, Beurre Monte / g.f - 18/32*
Grilled Faroe Island Salmon	/ Sage Roasted Butternut Squash Risotto, Fried Brussels, Pomegranate Gastrique / g.f - 27*
Chicken Under a Brick	/ Bone-in Breast, Whipped Potato, Seasonal Vegetables, Lemon Emulsion / g.f - 24
Slow Braised Boneless Beef Short Rib	/ Horseradish Mashed Potato, Seasonal Vegetables, Mushroom Sauce / g.f - 28
Grilled Filet Mignon	/ Herb Roasted Fingerlings, Pearl Onions, Wilted Greens, Foie Gras Butter, Beef Sauce / g.f - 34*
Spice Rubbed Pork Loin	/ Smoked Bacon Elbow Macaroni and Cheese, Cheddar, Fried Brussels Sprouts, BBQ Sauce / - 24
Pulled Pork Sandwich	/ Chipotle BBQ Pulled Pork, Coleslaw, Grilled Brioche Bun, House Fries - 14
MK Burger	/ Cheddar, Bacon Crumbs, Shredded Romaine, Pickled Onion, House Sauce, Brioche Bun, Herb Fries - 15
SIDES	
Fried Brussels Sprouts	/ g.f - 9 - Pan Roasted Vegetables / g.f - 9
DESSERTS	
Warm Chocolate Cake	/ Marshmallow Gelato, Sea Salt Toasted Peanuts / g.f - 10
Chocolate Mousse	/ Belgium Chocolate, Whipped Cream, Candied Walnut Crumbs / g.f - 9
Tiramisu	/ Mascarpone Cream, Coffee Ladyfingers, Chocolate Sauce - 9

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Staying apart but working together pays off in Auburn



Auburn’s commitment to minimize the impact of COVID-19 on development within the city is paying off in a big way. City officials report unprecedented new growth across diverse categories such as warehouse, residential, market rate multi-family, and manufacturing.

Because of COVID-19, there has been a significant shift in how people work, and where they want to live. Developers are responding to the market and are choosing Auburn as a destination for commercial and residential development.

While communities throughout Maine are wrestling with the economic fallout of COVID-19, Auburn is open for business and

continues to build a reputation for a predictable and user-friendly permitting, generous incentives, and an economic development and planning team focused on making new opportunities available.

A recent Maine Biz Article highlighted 150,000 square feet of new development permitted in Portland during the pandemic. Between February and June of this year, Auburn reports that 288,212 square feet of new floor area has already been permitted for construction.

And this momentum will continue, with recent Planning Board approvals totaling \$55.8 Million dollars in new structures (269,000 square feet of new floor area) and two solar projects

totaling \$34 Million in investment and 80 acres of new panels. These approvals are ready for permitting over the next six months.

“These numbers are incredible,” said Eric Cousens, Deputy Director of Economic and Community Development. “And with the recent Planning Board approvals, new downtown investment incentives, and new projects in discussion, Auburn’s foreseeable future does indeed look very bright.”

“Everything we are doing right now will have a direct, positive impact on tax revenues and investment that will hit the books in April 2021,” added Cousens. “I am incredibly impressed with how well the Planning Board and staff adapted

to new challenges.”

“The demographic and economic pattern shift in Maine is illustrated by comparing Auburn’s growth to Portland, which has historically been a growth center for new development,” said Mayor Jason Levesque. “Auburn will continue to see smart and diverse investments in a variety of categories. We have been preparing for the influx of development, businesses, and new residents. Based on the first half of 2020, Auburn is on pace to shatter past development records.”

With \$1,000,000 in recently approved downtown development incentives, CDBG incentives, the Federal Opportunity Zone and two new premium riverfront development sites going to market, the City of Auburn is anticipating a record-setting year for new downtown development.

“It is exciting to see how much development has occurred in Auburn over the last year,” said developer Mike Gotto from Stoneybrook Land Use, Inc. “I am not surprised, given how easy it is to work with city staff while preparing our applications. The review process is streamlined, timely and very predictable. This makes it easy to keep clients informed and to establish reasonable schedules for their project approvals. The foreseeable future looks

bright for Auburn.”

“I invite developers who are looking elsewhere and finding that the market is tight and available property is limited to connect with us,” said Cousens. “Our city offers a one-stop, friendly and streamlined review process for local and state delegated permit approvals. If you

want to work with talented, helpful staff for one-stop development, look no further than Auburn.”

To explore development opportunities in Auburn, please contact Economic and Community Development Director Michael Chamings at 333-6601 X1218 or MChamings@auburn-maine.gov.





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GOLDEN JET PINEAPPLE – 3.95 on a stick dusted with chile powder, salt & lime	LOADED TOT NACHOS – 8.95 fried tater tots topped with crema, melted monterey jack cheese, pickled jalapeños, pico de gallo & scallions	CORN CHIPS – 1.50 w/ salsa – 3.95 w/ guacamole – 5.95 w/ salsa & guacamole – 8.95
FUNDIDO – 8.95 warm cheese dip with cilantro, rajas & your choice of mushrooms or housemade chorizo Served with corn chips	FRIED BRUSSEL SPROUTS – 8.95 tossed in a chili-lime vinaigrette with toasted sesame seeds, red onion escabeche & jalapeños	CHEESE NACHOS – 5.95 w/ organic black beans – 6.95 w/ choice of chorizo, shredded pork, grilled chicken, steak OR ground beef – 9.95
MEXICO CITY STYLE CORN ON THE COB – 4.95 basted with chipotle mayo & dusted with cotija cheese	YUCCA FRIES – 7.95 golden fried yucca fries served with a chimichurri aioli† and citrus habanero bbq dipping sauces	<p>Make your nachos GRANDE by adding guacamole, shredded lettuce, housemade crema, radishes, pickled jalapeños, cilantro & taquerera salsa add 5.95</p>
FRIED PLANTAINS – 6.95 with chipotle mayo	CHICKEN TAQUITOS – 8.95 three corn tortillas filled with rajas, jack cheese & chicken, rolled and fried. Topped with lettuce, crema, cotija, pico de gallo & avocado purée	
PAPAS FRITAS – 4.95 fried Maine potatoes drizzled with garlic aioli†		

QUESADILLAS

flour tortilla filled with monterey jack cheese & crisped on the griddle. Served with pico de gallo salsa.

CHEESE – 6.95	SEASONED GROUND BEEF – 9.95	CHAR GRILLED CHICKEN – 9.95
CHEESE & BEAN – 7.95	BRAISED MUSHROOMS – 9.95	HOUSEMADE CHORIZO – 9.95
GRILLED STEAK – 11.95	SHREDDED PORK – 9.95	BBQ PULLED PORK – 10.95

Add rajas to any quesadilla (sauteed peppers & onions) – 1.95

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Guided farm tour

Come enjoy new small-group farm tours at Pineland Farms, 100B Valley Farm Road, New Gloucester! During this walking tour you will learn about dairy operation, tour the family farmyard, and visit the flock of laying hens. Groups are led by one of the Farmyard Educators and are sure to bring

some fun and entertainment to these unprecedented times in a safe and educational way!

For the health and well-being of staff and visitors alike group sizes are limited and all guests are asked to maintain social distancing, and guests who able, to wear a mask when distances cannot be maintained.

The cost is \$6 per ticket. For dates and to purchase tickets, visit <https://shop.pinelandfarms.org/collections/all-classes-events/products/guided-farm-visitor-tour>. For more information, call the Education Department at (207) 650-3031 or email education@pinelandfarms.org with any questions.



Auburn City Council invites in-person comments

After months of video conferencing, the Auburn City Council is welcoming residents back to Auburn Hall. On April 6, in response to the COVID-19 pandemic, the Council switched to “Zoom” meetings. This adjustment was made to help protect residents, council, and staff from exposure to the virus.

Throughout June and July, Councilors and staff have slowly and carefully adjusted back to in-person meetings, although public attendance was not permitted. The next City Council workshop and meeting will be held on Monday, August 3 at 5:30 p.m. and will be conducted in Council Chambers.

While Council Chambers will be limited to mayor, council, and a handful of key staff, attendees are welcome in Auburn Hall and will gather across the hallway in the Community Room to watch a livestream of the meeting. The meeting will also be aired on Great Falls TV (cable channel 1302) and on the City of Auburn’s YouTube channel.

Public comment is an essential part of any local government meeting. It is an opportunity for members of the public to inform the governing body about their views. Anyone in attendance wishing to offer public comment during council meetings will be invited to enter council chambers and make their

remarks from the podium during the public comment session.

The City will continue taking public comment in written form from those who are not comfortable or are unable to attend public meetings at this time. Comments, including name and address, should be emailed to comments@auburn-maine.gov. Similarly, an electronic public comment form is available on the City Council page of Auburn’s website, www.auburn-maine.gov. With the exception of the August 3 meeting, comments must be received by 3:00 p.m. on the Friday before a council meeting and will be included in the meeting minutes.

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New training for stressed-out hospitality workforce

It's always been stressful: Waiting tables, running an inn, balancing the books. Midway through the summer of COVID-19, professionals in the hospitality industry — known for creating relaxing environments for others — face a new anxiety; working through a pandemic. New industry protocols such as social distancing, incessant cleaning and the debate over face coverings, can lead to on-the-job anxiety and even damage mental and physical health.

HospitalityMaine recently launched two online courses aimed at creating a sustained, healthy workforce for Maine's restaurant and hotel professionals. In partnership with the Maine Community College System and The Opportunity Alliance, the new COVID Readiness Training covers stress management and the foundations of de-escalation, which aims to diffuse conflict.

"Learning de-escalation skills promotes a sense of safety, reduces burnout, and allows workers to interact with customers more confidently," said Emily DaSilva, a public health expert at The Opportunity Alliance, a South Portland-based community action agency. "Good self-care and mental health practices are important acts of self-preservation and increase our ability to thrive day to day."

Earlier this spring and summer HospitalityMaine launched COVID-19 Restaurant Readiness and Lodging Foundations training. Taken by more than 3,000 Mainers since May, there are now four micro-credentials that can be put towards an associate degree at Eastern Maine Community College.

"We are pleased to launch the final two programs in our four-course suite of COVID-19 training: Hospitality Health: De-Escalation <https://www.hospitalitymaine.com/page/deescalationtraining> and Hospitality Health: Mental Health and Stress Man-

agement <https://www.hospitalitymaine.com/page/mentalhealthstressmanagement>. Added to Restaurant Readiness and Lodging Foundations, these free, online tools ensure the health and safety of our workers and guests," said HospitalityMaine's CEO Steve Hewins. "Our industry's long term recovery starts with educating our frontline employees on how to keep themselves and their guests safe and healthy."

David Daigler, president of the Maine Community College System, considers this training key in securing Maine's status as a safe destination for vacationers.

"HospitalityMaine is a leader in understanding that micro-credentials, earned over short periods of time, are responsive to the current needs of the industry and can be combined to provide an efficient and effective path to developing the skills and longer-term credentials necessary in today's economy," said Daigler.

Grants available to combat social isolation among older Mainers



Matt DeLaney at the Millinocket Memorial Library

For the 2020 grant cycle and in light of COVID-19, MaineCF's Maine Charity Foundation Fund will support community-based transportation programs, including changes in response to the pandemic, and efforts to keep older 60+ community members socially connected during a time of physical distancing. Grants of up to \$10,000 are available.

Nearly a third of older people in Maine live in communities without access to public transportation. For older people, especially those in rural areas,

lack of transportation can result in missed medical appointments, malnutrition, and social isolation—all significant threats to good health and quality of life.

The deadline for applications is September 15, 2020. For complete guidelines, application and a list of 2019 grants, visit www.mainecef.org. Last year's grantees included: Catholic Charities Maine, to expand SEARCH, a companionship and transportation program for older adults, into unserved rural areas to reduce social isolation and improve connection to community; Millinocket Memorial Library, to implement and build a sustainable transportation program; and People Plus, for expansion and increased capacity for growing the Volunteer Transportation Network currently serving 528 homebound older adults.

If you have questions about this fund, please contact Director of Grantmaking Laura Lee at (207) 761-2440 or llee@mainecf.org.

Caption: Matt DeLaney, director of the Millinocket Memorial Library, with a rendering of renovations planned for the library. Photo Thalassa Raasch/Maine Community Foundation

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, and Mars Hill, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people. To learn more about the foundation, visit www.mainecef.org.

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Beginning 3/24, Tuesday through Thursday mornings from 6-7 a.m. will be reserved exclusively for customers 60+ and individuals identified by the CDC as being at high-risk. We won't be checking IDs, but request that all other customers support these vulnerable shoppers and wait until after 7 a.m. to enter the store.

Our store hours have also temporarily changed to allow for more time to clean, stock shelves and give associates additional time to rest – beginning 3/21, new store hours will be 7 a.m. – 9 p.m.

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GAHS

Continued from page 1

thanks to the wonderful work of GAHS.”

The Greater Androscoggin Humane Society provides a safe haven for over 3,500 sick, homeless and abused animals in the greater Androscoggin area per year. The primary support for the Shelter comes from fundraising events and donations of concerned citizens.

The Humane Society is located at 55 Strawberry Avenue in Lewiston. If you are interested in learning more about volunteering at the shelter or adopting an animal call the Shelter at (207)783-2311 or visit the website at www.SavingPetsInMaine.org. You can also join them on www.facebook/GA-Humane.

The national non-profit The Grey Muzzle Organization improves the lives of at-risk senior dogs by providing funding and resources to animal shelters, rescue organizations, sanctuaries, and other nonprofit groups nationwide. For details, please visit www.greymuzzle.org <https://www.greymuzzle.org>

Wanda is a sweet senior gal available for adoption at the Greater Androscoggin Humane Society. For more information, please visit www.SavingPetsInMaine.org or call: 207-783-2311.

DeSoi

Continued from page 1

our patients and their families will be the real beneficiaries of our collaboration with Dr. DeSoi.”

DeSoi’s nearly three decades of experience includes an exemplary commitment to the health and wellbeing of Maine people. “I’ve cared for many patients and their families as they face serious and sometimes incurable illness, and have often not been able to deliver good news. What I’ve learned is that what matters most is often not the number of degrees, or credentials on your wall, or how smart you are, but simply listening, caring, and letting the patient know that no matter what, you will be there for them” wrote Dr. DeSoi upon joining Androscoggin. “I believe this is a sacred relationship that can provide healing, even when

cure cannot be offered. Providing care from the heart is what Androscoggin is all about, and why I wanted to be a part of this amazing organization.”

Androscoggin Home Healthcare and Hospice is the largest, non-profit independent home health and hospice organization in the state. We focus on health – not illness – by making each individual’s quality of life the best it can be. To learn more about Androscoggin, including employment and volunteer opportunities, please visit www.androscoggin.org or call the Marketing

and Development Office at (207)777-7740 ext. 1311.

Adopt

Continued from page 6

fundraising events and donations of concerned citizens.

The Humane Society is located at 55 Strawberry Avenue in Lewiston. If you are interested in learning more about volunteering at the shelter or adopting an animal call the Shelter at (207)783-2311 or visit the website at www.SavingPetsInMaine.org.

SavingPetsInMaine.org. You can also join them on www.facebook/GA-Humane.

About Clear The Shelters: Clear The Shelters™ / Desocupar Los Albergues® is an annual, nationwide pet adoption campaign that is spearheaded by NBCUniversal Owned Television Stations, a division of NBCUniversal. Every year, NBCUniversal’s TV stations (NBC and Telemundo owned stations), plus affiliated stations partner with local animal shelters and rescues in their communities to host Clear The Shelters

events. NBCUniversal Owned Television Stations’ Clear The Shelters campaign was inspired by a 2014 North Texas pet adoption event hosted by NBC 5 / KXAS and Telemundo 39 / KXTX and dozens of area shelters that resulted in the most adopted pets in one day for North Texas. Since 2015, NBCUniversal Owned Television Stations’ Clear The Shelters pet adoption campaign has resulted in more than 410,000 pets finding new homes. Visit ClearTheShelters.com, DesocuparLosAlbergues.com for more information.

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- A DESCRIPTION OF YOUR ITEMS**



Local SERVPRO franchise recognized

During SERVPRO's Fifty-first Annual Convention – the company's first "virtual" convention – top company representatives recognized the extraordinary performance of SERVPRO of Augusta/Waterville with the MILLIONAIRE'S Gold award. Originally scheduled for July 5 through 9 in Boston but reformatted due to restrictions and concerns surrounding the COVID-19 pandemic, the online event kicked off with a live Opening Night Reception on July 6 and wrapped up with a live Awards Show on July 9, when Anthony Wolverton of SERVPRO of Augusta/Waterville and other high-performing franchisees were recognized.

"It has been a challenging year for our business, because we had to balance delivering the world-class service that SERVPRO is known for with taking extra precautions to protect the health and well-being of both our team and our clients," said Anthony Wolverton, SERVPRO of Augusta/Waterville owner. "Working in an uncharted environment, our team, along with SERVPRO franchisees across the country, responded with professionalism and compassion to serve our communities when they needed us. I'm enormously proud of our success this year, and proud, as always, to be a SERVPRO franchise owner."

While this year's Convention was "unconventional," it attracted a record-breaking number of registrations

for franchises, owners, and teammates, with the franchise employee participation seeing the largest increase over previous years' gatherings. Convention organizers presented thirty-four pre-recorded workshops and five live workshops during the actual Convention week but made that content available to registered "attendees" for two full weeks. During that time, convention organizers tallied nearly 39,500 workshop views, and a total of 3,000 individual viewers tuned in for one or more of the General Sessions. Keynote Speaker Kevin Brown attracted 1,800 concurrent viewers for his presentation alone.

"It's clear that this year's online format made it possible for employees and teams to participate in workshops and sessions when they might not normally be able travel to convention," said Rick Isaacson, CEO of Servpro Industries, LLC. "This is a lesson learned and an unexpected benefit coming from a tragic and trying time. It's certain that we will be looking at ways to offer content for teams at home during future conventions. As always, I offer my congratulations and thanks to the diverse group of dedicated franchise owners and their teams who help make SERVPRO an industry leader and provider of fire and water cleanup and restoration services and mold mitigation and remediation year after year."

SERVPRO's professional services network now includes

more than 1,800 individually owned and operated franchises across the U.S. and Canada. SERVPRO's ongoing commitment to providing innovative tools, ongoing training, and an ever-evolving business framework provides their franchisees with a roadmap for success. For more information about SERVPRO of Augusta/Waterville, an award-winning member of SERVPRO's team of dedicated disaster remediation professionals, please contact Anthony Wolverton at (207)622-7166 or kwolverton@servpro10735.com or visit www.SERVPRO.com.

Founded in 1967, the SERVPRO franchise system is a leader and provider of fire and water cleanup and restoration services and mold mitigation and remediation. SERVPRO's professional services network of more than 1,800 individually owned and operated franchises responds to property damage emergencies ranging from small individual disasters to multi-million dollar large-loss events. Providing coverage in the United States and Canada, the SERVPRO system has established relationships with major insurance companies and commercial clients, as well as individual homeowners.

Send all items for
What's Going On
to the Editor.
Deadline is
Friday by five.

Thomaston connects to electric vehicle charging network

The Town of Thomaston recently installed two Level 2 electric vehicle (EV) chargers at the parking lot near the Public Works Department on Watts St. Using a two thousand, five hundred dollar grant from Efficiency Maine, Thomaston installed the chargers at this publicly accessible location behind the business district fronting Main Street and Route 1, close to downtown amenities. This project is part of a statewide initiative to expand public EV charging infrastructure in Maine.

Efficiency Maine is the independent administrator for programs to improve the efficiency of energy use and reduce greenhouse gases in Maine. Through its thirty grants to municipalities, universities, medical facilities, nonprofits, businesses, and schools, Efficiency Maine is helping fund the installation of eighty-nine public Level 2 plugs to fill in EV charging gaps across the state.

"All indications from car manufacturers are that EVs will become commonplace in the decade ahead, so it's prudent for local governments and businesses seeking to attract tourists and shoppers to accommodate EV drivers, as well as traditional car drivers," said Michael Stoddard, executive director of Efficiency Maine Trust. "Thomaston is thinking ahead. Building out a network of public EV chargers to welcome electric vehicles is a practical choice for local residents, commuters and visitors."

Level 2 chargers are the most common units installed in homes, workplaces and public spaces. These units provide between fourteen and thirty-five miles of range per hour. All Level 2 chargers have a universal "J" plug and connect to all electric vehicle models.

Adding publicly available Level 2 chargers improves local access and destination charging across the state. These chargers serve commuters, local drivers, business people driving to and from meetings and appointments, and overnight guests. Expanding access to chargers is an early step in helping the state reach its long-range targets to reduce greenhouse gases from the transportation sector while lowering energy costs for Maine drivers, mitigating "range anxiety" for local EV drivers, and helping transform the marketplace toward lower cost, lower carbon vehicles.

"Thomaston is very excited to participate in the Efficiency Maine statewide EV charger grant program," said Diane Giese of the Thomaston Select Board. "We believe having an EV charger will make our town an even more enticing destination for EV owners visiting Maine. Thomaston is a lovely village with many Victorian homes on Main Street, a town landing just a short walk away and several restaurants to dine in while your car is charging. We hope to see many folks getting a charge out of Thomaston!"

The grant is fund-

ed with proceeds from the settlement of a lawsuit against Volkswagen (VW) for violating environmental protection laws. The settlement specified that funds be used to reduce vehicle pollution, such as by installing public EV charging stations. The initiative that funded the Thomaston chargers is a complement to a parallel effort under way at Efficiency Maine to develop a network of DC "fast chargers" (also called Level 3 chargers) that can deliver up to two hundred fifty miles of range per hour.

In addition to serving Mainers making longer in-state day trips, the "fast charger" network will link Maine's major corridors and destinations to the growing number of EV drivers traveling on business or for vacation from Quebec, New Hampshire, and Southern New England.

To learn more about electric vehicle technology and how to maximize its benefits visit <https://www.efficiencymaine.com/ev/about-electric-vehicles/>. Drivers also can find a charging station locator on the Efficiency Maine website.

Efficiency Maine Trust is the independent administrator for programs to improve the efficiency of energy use and reduce greenhouse gases in Maine. The Trust does this primarily by delivering financial incentives on the purchase of high-efficiency equipment or changes to operations that help customers save electricity, natural gas and other fuels throughout the Maine economy. The Trust is a quasi-state agency governed by a Board of Trustees with oversight from the Maine Public Utilities Commission. Visit www.efficiencymaine.com for more information.

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What do you think?
We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.
Email all submissions, including name, address and phone number, to the editor.

Friday, August 7
80's Party cruise with the band Girls Just Want to Have Fun, 6 p.m. to 9 p.m. at Songo River Queen II, 841 Roosevelt Trail, Naples, Maine. For more information visit <https://www.eventbrite.com/e/80s-party-cruise-on-the-songo-river-queen-august-8-2020-tickets-72296132679?aff=ebdssbcitybrowse>.

Saturday, August 8
Chocolate Church Arts Center outdoor summer concert series with Heather Pierson. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Sunday, August 9
Goat Yoga led by Ashley Flowers, at Smiling Hill Farm from 5:30 to 7 p.m. For more information visit <https://www.eventbrite.com/e/goat-yoga-2020-season-tickets-80765071503?aff=ebdssbcitybrowse>.

Wed, August 12
"Maine at 200: How Should Life Be?" discussion project. All discussions will take place on Zoom. Participation is free of charge, but advance registration is required as space is limited. For more information on the Lewiston Public Library Summer Discussion Project and to register, contact the Library at lpreference@lewistonmaine.gov or (207) 513-3135.

Basilica summer concert series, 12:15 p.m., Mark Thallander. For more information about the summer concert series, call (207) 777-1200.

Friday, August 14
Goat Yoga led by Ashley Flowers, at Smiling Hill Farm from 5:30 to 7 p.m. For more information visit <https://www.eventbrite.com/e/goat-yoga-2020-season-tickets-80765071503?aff=ebdssbcitybrowse>.

Thursday, August 20
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For

Calendar

Send your submissions to the Editor. More online.

information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Friday, August 21
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Saturday, August 22
Chocolate Church Arts Center outdoor summer concert series with Lauren Crosby. Tickets prices vary for CCAC ROCS performances, and must be purchased in advance at www.chocolatechurcharts.org, or by calling (207) 442-8455. All audience members are required to bring masks or other appropriate face coverings, which must be worn when checking in and purchasing concessions or merchandise. More information is available at the Chocolate Church Arts Center website or by calling the box office.

Saturday, August 22
E.T. sponsored by Ira Jack Chevrolet at the Saco Drive-In Theater at 7 p.m. For more information or to purchase tickets, visit <https://www.eventbrite.com/e/et-saturday-aug-22-sponsored-by-ira-jack-chevrolet-tickets-113411021418?aff=ebdssbcitybrowse>.

Wed, August 26
"Maine at 200: How Should Life Be?" discussion project. All discussions will take place on Zoom. Participation is free of charge, but advance registration is required as space is limited. For more information on the Lewiston Public Library Summer Discussion Project and to register, contact the Library at lpreference@lewistonmaine.gov or (207) 513-3135.

Thursday, August 27
The ATRC Policy Committee meeting for the month of July has been cancelled. This will take place at 10 a.m. via zoom.

Friday, August 28
Goat Yoga led

by Ashley Flowers, at Smiling Hill Farm from 5:30 to 7 p.m. For more information visit <https://www.eventbrite.com/e/goat-yoga-2020-season-tickets-80765071503?aff=ebdssbcitybrowse>.

Friday, Sept. 4
Goat Yoga led by Ashley Flowers, at Smiling Hill Farm from 5:30 to 7 p.m. For more information visit <https://www.eventbrite.com/e/goat-yoga-2020-season-tickets-80765071503?aff=ebdssbcitybrowse>.

Saturday, Sept. 5
Goat Yoga led by Ashley Flowers, at Smiling Hill Farm from 5:30 to 7 p.m. For more information visit <https://www.eventbrite.com/e/goat-yoga-2020-season-tickets-80765071503?aff=ebdssbcitybrowse>.

Sunday, Sept. 13
Gorham Founders Festival Parade, with Maine themed float contest, 3 p.m. Gorham village. Please sign up for the parade on the website at www.gorham2020.com or contact Suzie Phillips at 892-9847 or sphillips@gorham.me.us.

Friday, Sept. 25
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Thursday, Oct. 29
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Friday, Oct. 30
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Thursday, Nov. 19
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, um.fhc.pd@maine.edu; (207) 338-8002.

Theater

Continued from page 7

Monkey/ Lion, Ben Shaw as *Narrator/ Gorilla/ Ship Captain*, Mackenzie Shaw as *Cat/ Dragon/ Monkey/ Tortoise*, and CJ Stewart as *Sailor/ Rhino/ Tortoise*. Set design by Stacey Koloski, costume design by Elizabeth Rocha, lighting design by Daniel Brodhead, sound design by Grey Conderman. This play originally premiered as TAM's Page to Stage Tour in 2014.

The True Story of Little Red, premiered for Page to Stage Spring 2015 and directed by Max Waszak.

The story of Little Red is commonly known, how she set off through the woods to bring sick Grammy some bread. But what if Red wasn't so sweet, and Grammy not helpless but strong, the Woodsman a bully, and the Wolf the top dog? So how does one know which version

of the story is true? In this world premiere tale, that decision will be up to you.

The True Story of Little Red Page to Stage Tour featured Carissa Meagher as Little Red; Ian Kramer as The Wolf; Jamie Beth Weist as Granny, and Will Connell as The Woodsman. Set design by Stacey Koloski, costume design by Elizabeth Rocha, and lighting design by Jim Alexander. This play was produced as TAM's Family Show in Summer 2018.

The Fool of the World and the Flying Ship, produced Summer 2015 and directed by Ian Carlsen. Few people had faith in the Fool of the World. But the Fool of the World was determined to prove everyone wrong. When the Czar declares he will marry his daughter to the man who brings him a flying ship, the Fool sets off on an adventure to change his life. Along the way he learns the power of believing in yourself, the value of friendship, and the importance of following your dreams.

The Fool of the World & The Flying Ship featured Andy Blaustein as *The Fool*; Michael Dix Thomas as *Boris/ Czar/ Archer/ Strawman*; Leighton Samuels as *Sergei/ Chamberlain/ Hopper*; Erica Murphy as *Narrator/ Sophia*; and Olivia Williamson as *Mother/ Listener/ Glutton*. Set design by Stacey

Koloski, costume design by Michelle Handley, lighting design by JM Pratt, sound design by Rew Tippin. This play originally premiered as TAM's Page to Stage Tour in 2012.

Page to Stage: TAM has provided literature-based education programs in schools and community centers since the Theater's founding. Page to Stage brings adaptations of classic literature to students in grades pre-k through eighth grade to deepen understanding of, appreciation for, and connection to great literature. The primary objectives are to build analytical and literacy skills, to inspire imaginative thinking, and to foster a deeper understanding of our world through the timeless themes of classic literature.

Family Show: Each summer, TAM presents a play for the very young and the young at heart. Based on classic folktales and fairy tales, TAM Family Shows provide a door to access the world of classic literature. Adaptations are text-based; five to eight portray all the characters and, using costumes and minimal props, young imaginations are engaged to develop a life-long love of classic literature and live performance.

For more information please call (207)933-9999 or visit www.theateratmonmouth.org <http://theateratmonmouth.org>.

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FURTHER NOTICE: MACKINAC ISLAND - JUNE 13 - 21, 2020. Trip includes 8 nights lodging and 14 meals, visit to Mackinac Island with a guided Carriage Tour during their Tulip Celebration. Also includes boat ride through Soo Locks, Sault Saint Marie and Makinaw Crossings with a visit to "Michigan's Little Bavaria". A \$75.00 deposit is due when signing up. Price is \$859.00 pp double occupancy. VIRGINIA BEACH, COLONIAL WILLIAMS-BURG & HISTORIC NORFOLK - SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk,

admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy. For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207-345-9569.

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REALTORS® program provides grants for housing

The Maine Association of REALTORS® Foundation, the charitable arm of the Maine Association of REALTORS®, has awarded \$50,000 through its 2020 Competitive Grant Program to five organizations to address housing needs across Maine. This grant program offers an opportunity for organizations delivering housing-related programs to Maine's most vulnerable households to apply directly for the funding they need to meet the housing challenges of Maine households.

The following organizations each received a \$10,000 grant:

Community Housing Improvement Project (CHIP) will use their funds to assist struggling Lincoln County homeowners with home repairs, such as building access ramps, replacing roofs, steps, and mobile home skirting, and weatherization projects.

Maine Seacoast Mission will use their funds to rehabilitate substandard homes of low-income seniors, sin-

gle mothers, veterans, and people with disabilities in Washington County.

New Beginnings will use their funds to assist youth in Androscoggin and Kennebec counties who are transitioning from living in a shelter to stable, independent housing.

Rural Community Action Ministry (RCAM) will use their funds to deliver home repair, accessibility modification, emergency housing and homeless prevention programs in Central and Western Maine counties.

Waldo Community Action Partners will use their funds to set up a rental security deposit loan program for low-income families seeking rental housing and to purchase and install smoke detectors for households in Waldo County.

According to Dot Ollier, 2020 Chair of the Maine Association of REALTORS® Foundation and Broker at RE/MAX Riverside in Topsham, Maine, "Members of the Maine Association of REALTORS® are

well known for assisting buyers and sellers of property throughout the state with knowledge, skill, and integrity. But there is so much more to their efforts on behalf of Mainers! Through their own fund-raising efforts and the MAR Foundation, Maine REALTORS® are proud to provide resources to families in need of help with rent, home repair, and other housing needs. It's how Maine REALTORS "R"!

The REALTORS® Affordable Housing Fund (RAHF) was established in 1989 and has touched families in hundreds of Maine communities. It draws its revenues from the interest earnings paid by financial institutions on hundreds of REALTOR® members' real estate trust accounts.

Since 1991, the Foundation has awarded more than \$1.2 million in Competitive Program grants to address affordable housing needs.

For more information about this program, please contact debbie@mainerealtors.com.

AARP Foundation Tax-Aide suspends service through 2020

AARP Foundation Tax-Aide, the nation's largest free, volunteer-based tax preparation and assistance service, has announced that State of Maine AARP Foundation Tax-Aide sites will not reopen in 2020.

In mid-March, due to COVID-19, the national AARP Foundation Tax-Aide office suspended tax preparation at all tax preparation locations throughout the country. Shortly thereafter, also because of COVID-19, the IRS extended the tax filing deadline from April 15 to July 15.

With the extended deadline, Tax-Aide volunteers in Maine worked together to try to find a way to safely reopen at least some of its tax preparation sites. However, with COVID-19 complications posing a risk to both older taxpayer clients and Tax-Aide volunteers, it has been decided that AARP Tax-Aide sites in Maine will not reopen in 2020.

The program will return in 2021, having had time to make all the modifications deemed

necessary to ensure as much as possible the health and safety of both taxpayers and volunteers.

In the meantime, AARP Foundation Tax-Aide offers online options to assist taxpayers affected by the suspension of in-person services: A self-prep option, providing taxpayers with free access to software so they can prepare taxes on their own, is available at aarpfoundation.org/preparing-your-taxes-online/; if taxpayers have a computer and printer and would like help completing their own taxes, they can request the assistance of a volunteer to coach them through the process via phone or computer screen-sharing. Taxpayers should visit org/forms/tax-prep-assistance-request.html to submit a request.

Although the 'deadline' for filing tax returns is usually April 15, taxpayers actually have up to three years to file their federal and state tax returns. As long as there is a refund or no tax due, there are no penalties for

filing anytime within the three-year period. The failure to file and failure to pay penalties are applied only when a return is filed late, and money is owed.

The AARP Foundation Tax-Aide volunteers look forward to seeing both returning and new taxpayers in 2021.

AARP Foundation works to end senior poverty by helping vulnerable older adults build economic opportunity and social connections. As AARP's charitable affiliate, we serve AARP members and nonmembers alike. Bolstered by vigorous legal advocacy, we spark bold, innovative solutions that foster resilience, strengthen communities and restore hope.

Send all items for Names & Faces to Editor@TwinCityTimes.com. Deadline is Friday by five.

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