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Volume 136 Number 43

August 19, 2020

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Kiwanis Key Scholarships

FLORENCE—Florence Kiwanis is proud to support our local high school students by continuing to provide scholarship award programs created through community fund raising events, sponsors, and club volunteers. The following students have each been selected for \$1,500 Key Club Scholarships in 2020:

- Eli McDonald (Brooks High School)
- Macy Montgomery (Brooks High School)
- Luke Holcombe (Florence High School)
- Nicholas Edmonds (Shoals Christian School)

Contactless School Share

SHEFFIELD – The seventh annual Bank Independent School Share Drive conducted in late July found great success through contactless donations. The year’s drive contributed a total of over \$10,700 in cash and an additional 200 school supply items to local partner organizations. All donations

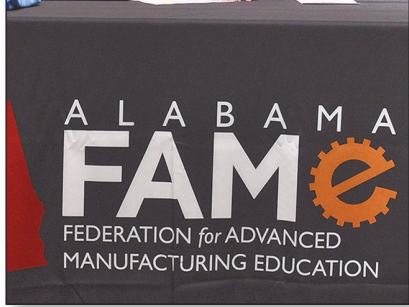
SCHOOL SHARE

were collected through contactless payment options, one-stop collection points at Office Depot locations in Florence, Decatur, and Huntsville, and through the Bank Independent Smart Swipe pledge match.

Thanks to the generous response from local citizens, each partner organization will receive a check for \$1,783.42 along with items collected from their communities. The school supplies and cash donations will be distributed through

See SHORTS... on Page 2

Student Sponsors



Local Companies Sponsor AMT Classes

MUSCLE SHOALS – Northwest-Shoals Community College will host a Federation for Advanced Manufacturing Education (FAME) drive-through Signing Day for 18 students on the Shoals campus Thursday, August 20 at 6pm. Each student will be sponsored by local business and industry.

The FAME Advanced Manufacturing Technician (AMT) class will consist of 18 students selected by the following companies:

- Constellium - sponsoring 10 students
- Essity - sponsoring one student
- Flexco - sponsoring one student
- FreightCar America - sponsoring two

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- G and G Steel - sponsoring two students
 - Jack Daniel's Cooperage - sponsoring one student
 - Southwire - sponsoring one student
- The drive-through signing will take place at

See FAME... on Page 34

Team Of the Decade for UNA



Stafford
RoarsLions.com

FLORENCE – The University of North Alabama men’s basketball team is the sixth of 11 all-decade teams to be announced in the coming weeks to honor UNA’s top individual performers of the last decade. The nine selections were made by a panel of UNA athletic department personnel. To be honored, players had to be at UNA for at least two seasons, including one full year in the decade from 2009-10 to 2018-19.

The list includes Bruce Adams, Beaumont Beasley, Jamari Blackmon, Rashaun Claiborne, Jeff Hodge, Dimario Jackson, Kendarius ‘DD’ Smith, Nathan Spehr and Kendall Stafford.

Overall, the group features players with all-conference, all-region and all-tournament honors throughout the decade. UNA won the 2013-14 Gulf South Conference tournament championship and made



Blackmon

See DECADE... on Page 6

Inside this Issue



Ray Miller Buick GMC
Oakley Auto Sales
National Advance Auto Sales
Jeff Elledge Auto Sales

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- You Hear What you Choose to Hear
- Movie Poster Auction
- Ask the Attorney



- Athens Rodeo
- Savvy Sr.
- Political Positions
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- Web Poll



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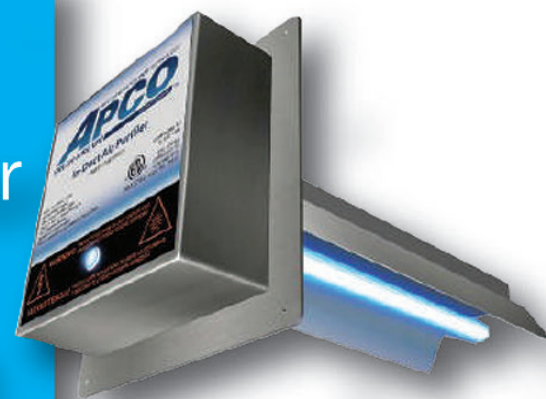
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FAMILY OWNED BUSINESS FOR SALE (property on lease) All equipment and inventory included. Serious inquiries only. Formerly Mullins Barbecue; 2800 South Wilson Dam Rd, Muscle Shoals. 256-314-4624

WANTED DEAD OR ALIVE! Junk batteries, \$5 each. Ranger Battery Co. 426 Royal Avenue. 256-766-0473

LOOK

3 PC ORIENTAL RUG set, Large 5'x7, hall and throw rugs. Black, tan & red good condition \$75 256-466-1852 please text or leave message.

H&H TOWING, LOCAL AND out of town. I also buy junk cars and catalytic converters. Greg Hamm 256-394-6340

VINTAGE ETHAN ALLEN **DESK**, wide-back chair, \$250. Red Vintage end table, \$50. 256-394-1437.

MANSELL ROOFING, **DISCOUNTS TO** Veterans, and Seniors, all work guaranteed, Free estimates, 256-383-3218

VACUUM CLEANER REPAIR, **MOST** makes & models. Free estimates. Ken's Sewing & Vacuum Center, 256-381-0161.

I BUY JUNK OR UNWANTED cars, trucks, vans, tractors, catalytic converters. 256-980-5396.

CABINET AND MINOR HOME **REPAIR:** Replace drawer slides, doors, etc. Soffits, fascias, trim work, etc. 256-284-5889

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. Zero Turn. Running or not. 256-275-2276.

TALL ROUND STAINLESS **STEEL** Kitchen Garbage Can with foot release, \$35, 843-605-5805 Athens

2005 FLEETWOOD MOTOR **HOME** **EXCELLENT** **CONDITION.** **VERY LOW** miles 40,500, Caterpillar diesel with built in 7500 diesel generator. 3 slides with 2 overhead air conditioners and a large 2 door refrigerator. This motor home has been kept inside building when not being used. Reason for selling is health issues in family. \$54,500. Price includes car dolly. I can text pictures. 256-627-4149

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NORDICTRACK® A.C.T. 1 **TOUCH** controls, 1 Fit compatible, \$200. 256-412-1318. Muscle Shoals

CROCHETED BEDSPREAD, **FULL** **SIZE,** \$75 Call 256-229-5189. Lexington, AL

Shorts...

Contactless School Share

Continued from Page 1

local organizations in each market, including Committee on Church Cooperation in Decatur, Sidney's Safe! Foundation, the Departments of Human Resources in Franklin, Lawrence, and Limestone Counties, and Free 2 Teach in Madison.

The COVID-19 crisis presented some unique obstacles to engaging with the community. The solution for this year's School Share drive was to offer contactless means of donations. The bank utilized a PayPal donation button on their Helping Hands page to encourage safe, secure transactions. Office Depot offered to accept purchased items at three of their locations for distribution to School Share partners. Based off last year's success, the bank promised a 50% Smart Swipe pledge-match up to \$10,000 from July 17-23.

"The biggest takeaway from this year's School Share is that community outreach can adapt," said Rick Wardlaw, CEO of Bank Independent. "From hands-on to contactless options, when we pull together, small change can effect big change in the community."

School Share is part of Bank Independent's Helping Hands program.

CARES Relief for Students

MUSCLE SHOALS -- Qualifying Northwest-Shoals Community College students will be able to receive up to \$600 per student this fall through Coronavirus Aid, Relief and Economic Security (CARES) Act funds.

Eligible students are based on guidelines issued by the U.S. Department of Education (USDOE). To be eligible, students must have completed the 2020-2021 Free Application for Federal Student Aid (FAFSA) at <https://studentaid.gov/>, be in good financial aid standing with the College, and have been negatively affected by the COVID-19 pandemic.

Students still have time to register for the fall semester and receive CARES funds. Wednesday, August 19 is the deadline. "Over \$1 million of

CARES funds was disbursed by the College in May

CARES funds provide economic relief for students due to the COVID-19 pandemic.

Students that would like to register to attend either campus or take online courses this fall can register in a virtual format. For more information on registering for fall semester, please visit www.nwsc.edu/2020-summerfall-registration.

All additional questions about NW-SCC CARES Act funds should be emailed to crystal.reed@nwsc.edu or call 256-331-5291.

More SHORTS... Page 23

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RIDING MOWER, 42" CUT, 18 hp Briggs, run good, looks good, \$350, Call 256-275-2276

FARMALL A, 1947 TRACTOR, needs cosmetics, need two tires, starts & runs well, \$1,200, 256-527-7550

2009 TOYOTA CAMRY. 101K mi. White with black leather interior. Asking \$10,000. 1998 Chevy S-10. 107k miles. White with blue cloth interior. \$5,500. 256-443-8008

GUTTER GUARD SPECIAL, **GUTTER** Clean Out :Gutter Guards, Seamless Gutters. Gutter Works 256-394-3497

GMC: JIMMY ENVOY 4X4, 2000. 128k, cold a/c, new tires. \$2,950. 256-324-8042.

WE BUY RIDING MOWERS, John Deere, Cub Cadet, Kubota, Craftsman, etc. Zero Turn. Running or not. 256-275-2276.

THANK YOU for reading the Courier Journal!

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The Foundation of God

Isaiah 28:16a "Therefore thus saith the Lord GOD, Behold, I lay in Zion (ISRAEL) for a foundation a stone, a tried stone, a precious corner stone, a sure foundation:" Before I finish this little article, you will plainly see that the "foundation of God." (THAT STONE) is not a religion or a church or a life-style or an opinion or preference or ourselves or idols. It is none other than Jesus Christ. Everyone builds their future; homes, lives, marriages and families, businesses ect. on some hopefully secure foundation that will withstand the onslaught of catastrophes in life. What's yours built on? Very little attention is usually spent on eternity and eternal things. But the Lord says: **Luke 20:17-18** "And he beheld them, and said, What is this then that is written, **The stone** which the builders rejected, the same is become the head of the corner? Whosoever shall fall upon **that stone** shall be broken; but on whomsoever it shall fall, it will grind him to powder." Again in: **Ephesians 2:19-20** "Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God; And are built upon the foundation of the apostles and prophets, **Jesus Christ himself being the chief corner stone;**" And again in: **2 Timothy 2:19** "Nevertheless the **foundation of God standeth sure**, having this seal, The Lord knoweth them that are his. And, Let every one that nameth the **name of Christ** depart from iniquity." **1 Corinthians 3:11** "For other foundation can no man lay than that is laid, which is Jesus Christ." What are you building on?

A saved man has a blessed future. **1 Peter 1:3-5** "Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead, To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you, Who are kept by the power of God through faith unto salvation ready to be revealed in the last time." Now, what is your hope and future resting on? Jesus Christ or yourself? Sadly, without Christ in eternity, you will be lost in torment forever. What are you building on, Christ or something that cannot save? Man think, am I saved?

Beacon Baptist Church
 Bill Bishop, Pastor • Rogersville • 256-247-7733
 1.2 miles north from red light on Hwy. 207 on left
 Sunday services at 10am and 11am and 6pm
Visitors welcome!



Yard Sales

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

VALDOSTA BAPTIST CHURCH (TUSCUMBIA) INSIDE YARD SALE
103 MARION AVE.,
FRI. 7AM-2PM; 4PM-8PM,
SAT. 7am-12pm,
MASKS TO BE PROVIDED
MAP ID # 3789

MUSCLE SHOALS: 309 ANNA St. Sat. 7am-?, Household items, young women's small/men's large, furniture, and lots of misc.

AMERICAN LEGION POST 11 BENEFIT YARD SALE
Mon.-Fri., Aug. 17th-21st,
9 am - 1 pm &
Sat., Aug. 22nd
6 am - 1 pm

318 S. Court St.,
Florence, AL
Hosted by American Legion Auxiliary Unit# 11 of Florence
256-764-5122
Donations are accepted now through Aug. 17, 2020
Items will be tagged during the week of the yard sale!
Benefiting the Veterans Food Fund

MUSCLE SHOALS CHURCH YARD SALE FOR MISSIONS
Hope Church
Corner of Avalon & Gusmus
Sat., Aug. 22nd, 7 am-until?
Riding Mower, Gas Grill, Set of Tires, Roomba, Tools, Antique Car Parts, Home Decorating items, Clothing & LOTS MORE!
Sales to Benefit Missions
Every Safety Precaution Taken for COVID-19

SALE
ROGERSVILLE: 156 REYNOLDS DR. Fri. 8-5, Sat. 8-5, Sun. 8-Until, Recently retired Air Force couple selling things we've accumulated after years of traveling. Lots of Gold Wing motorcycle gear, parts, helmets, etc. Women's clothing, kitchen items, tools, home decor, bicycles. Husband's a handyman so no telling what he'll put out!

FLORENCE YARD SALE
309 Minniehaha St.
Fri. & Sat. 7 am-until?
Lots of good stuff!

MUSCLE SHOALS MOVING SALE, 200 Magnolia Dr., (Houston Plantation Sub) Fri. 8-5, Sat. 6am-until? Living Room Suit, Bedroom Suits, Kid's clothing, Home Decor and much more!

FLORENCE/CENTRAL YARD SALE 205 & 235 County Rd. 230 Fri. & Sat. 8/21 & 22. 7am -1pm, Clothes, household items, outdoor items, tools.

MORE IMPACT WITH RED LINE ads. Available only in your Courier Journal. See page 6 or go to courierjournal.net.

FLORENCE MULTI-FAMILY YARD SALE, 216 Rivermont Road, (next right after Indian Springs Sub off Hwy 72) Sat. Aug. 22nd

TUSCUMBIA YARD SALE, 301 S. Dickson (Corner of Dickson & E. 7th St.) Fri. & Sat. 7am-1pm, Furniture, Tools, Household, Books, Clothing & misc.

Bobby and Wayna Merryman celebrated their 50th Anniversary on August 17

The couple celebrated their golden anniversary with their daughter and son-in-law, Josue and Vallarie Hernandez, and their son and daughter-in-law, Monty and Jennifer Merryman. The couple have two grandchildren, Kyndall and Max Merryman and two step-grandchildren, Lanie and Lucy Killen. The Merryman's reside in Muscle Shoals.

An old friend, A new voice, you have a choice!

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2007 Lincoln Navigator \$2,500 Down	2007 GMC Acadia \$1,500 Down	2005 Lincoln Aviator \$1,200 Down + \$76 /week

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REDLINE Your Ad! - See Page 6

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Fresh Pork Picnic or Chicken Drumsticks 79¢ Lb.	Chuck Roast (Lb.) or Ready-Cooked Popcorn Chicken (2-Lb. Bag) \$2.99	Boneless Pork Chops or Chicken Tenders \$1.99 Lb.	Fresh Pig Feet or Pork Steak \$1.49 Lb.



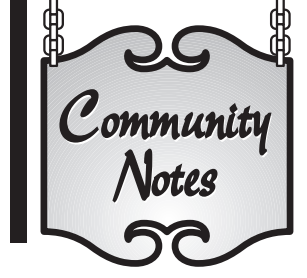
Congratulations Megan Crunk

OBGYN Associates of Northwest Alabama would like to congratulate our own Megan Crunk for obtaining her certification as a Lactation Consultant.



Megan Crunk, RN, IBCLC

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www.obgynwal.com



COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. . Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. We do our best, however, there is no guarantee that this free information will be published in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

The Help Center Food Pantry will be open every 4th Saturday each month to provide food and groceries to local families in need. Drive thru service will be utilized for receiving food and groceries to help protect the volunteer workers and clients. During the weekday hours of operation, the Help Center is allowing one family member per household to enter the building to shop for clothing for children and other family members. That person MUST wear a mask. Days of regular operation are Monday, Wednesday, Friday 8:30am-noon, and 4th Saturdays 8:30am-noon.

Upcoming Fourth Saturday dates are

See NOTES... page 35

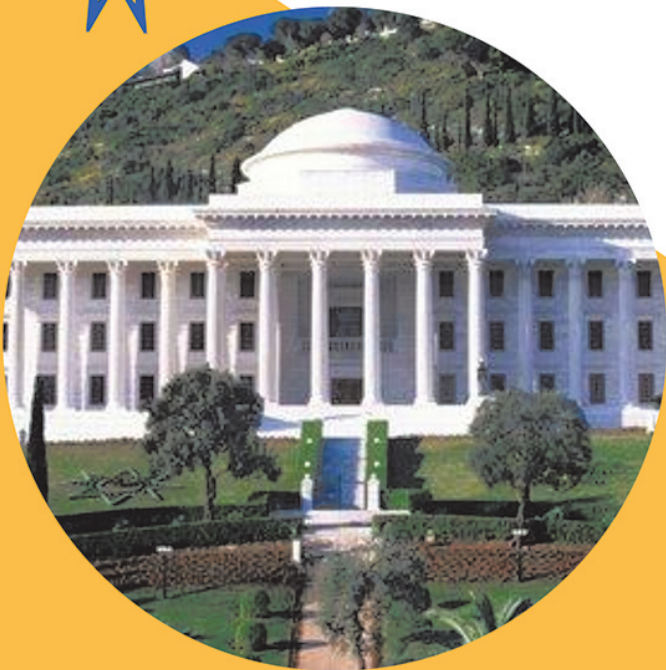
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Pd Pol Adv by Committee to ELECT JOHN WEBB, 1701 Southern Boulevard, Sheffield, AL



BAHA'IS OF THE SHOALS



From the Statement of the Universal House of Justice, Haifa, Israel To the Baha'is of the United States

"Racism is a profound deviation from the standard of true morality. It deprives a portion of humanity of the opportunity to cultivate and express the full range of their capability and to live a meaningful and flourishing life, while blighting the progress of the rest of humankind. It cannot be rooted out by contest and conflict. It must be supplanted by the establishment of just relationships among individuals, communities, and institutions of society that will uplift all and will not designate anyone as "other". The change required is not merely social and economic, but above all moral and spiritual.

Ultimately, the power to transform the world is effected by love, love originating from the relationship with the divine, love ablaze among members of a community, love extended without restriction to every human being. "



Join us for a discussion of the full statement
Zoom link available on the Baha'is of the Shoals Facebook page!

RE-ELECT OUR MAYOR

VOTE Steve HOLT

FOR CONTINUED GROWTH

www.SteveHoltForMayor.com "VOTE HOLT" Aug. 25th!

“ When I ran for Mayor, I promised we were not going to wait for the phone to ring – and we haven’t. ”

Paid Political by the Committee to Re-Elect Mayor Steve Holt, P.O. Box 1814, Florence, AL 36631

- ✓ Jobs
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- ✓ First Responders
- ✓ Paving Projects
- ✓ Senior Center
- ✓ Expansion Programs
- ✓ Recreational Restoration

These are just a few of the many promises kept by our Mayor.



TREE TRIMMING/ CUTTING FREE ESTIMATES 256-710-0548

CHEVROLET: 3500, 1995 \$5,000 OBO, it has a dump bed. Good for construction or landscaping. Cheyenne model. 205-835-8963.

GMC: TERRAIN, 2012 \$12,900, SLT, 78K miles, 2nd owner, auto start, leather interior, heated seats, new Michelin Tires, excellent condition, garage kept, dealer maintained. \$12,900. 256-314-2331 or 256-460-7542 Muscle Shoals

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FORD: F-150, 1988, \$1,200, with Tommy Lift. Call 256-366-2442 Tuscumbia area.


PRIDE JET 3 ULTRA scooter, new batteries \$500. Runs great;

FULLY ELECTRIC HOSPITAL BED, mattress, side rails, used 1 mo. \$900. 256-350-6780.



NISSAN: 350Z, 2004 CONVERTIBLE, White with blue cloth top, excellent condition, 97,000 miles, 256-577-2586

VOTE Dr. Rachel Winston
for
Florence City Schools
Board of Education
District 6



I thank you for your vote and support on August 25th!
- Dr. Rachel Winston

I am a parent and educator with a long record of service to this community. Together we can increase communication, collaboration, and transparency.

#BuildingOurFutureTogether

Pd. Pol by Dr. Rachel Winston, PO Box 3262, Florence AL 35630

BUYING ESTATES. PAYING CASH.
WE BUY AND SELL estates, antiques, tools, cast iron, and jewelry. Call 256-762-0966 or 256-275-0273

METAL SHELVING, 2 STACKS, 48"x48", has 3 shelves per stack. \$20 ea. 256-303-1550. Decatur

BUICK: ENCLAVE LEATHER, 2012 \$13,950. 62K actual miles, white/tan, sunroof, navigation, EXCELLENT CONDITION. 256-527-2125.

WANTED: SOMEONE TO REPAIR My Monarch Sewing Machine. 256-349-5885 Florence

A Familiar Face

Joseph L. Beaver

The First Southern Bank Board of Directors is proud to announce the promotion of **Joseph L. Beaver** to President and CEO.

Joe Beaver has been a fixture in the Shoals for decades, both as a banking professional and a community leader. He joined First Southern in April of 2019 as Senior Vice President and Agricultural Lender after 23 successful years at AmSouth/Regions. In just over a year at First Southern, Beaver has more than tripled the size of the agriculture loan portfolio and led the Bank in the successful agricultural insurance agency acquisition by First Southern Bancshares.

The University of North Alabama alumnus has also graduated from the Graduate School of Banking at Louisiana State University, National Commercial Lending School at Oklahoma University, and Executive Development Institute at Vanderbilt University.

We look forward to having Joe's leadership at First Southern Bank.

Good for our community, Great for our customers.




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BANK
firstsouthern.com

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EQUAL HOUSING LENDER

Shoals Primary Care
welcomes
Dr. Zaman Shah
to the practice
in Sheffield



Board certified in Internal Medicine, Dr. Shah is an exceptional physician and a close family member of Dr. Syed. He will be continuing Dr. Syed's legacy of excellent and compassionate patient care with Shoals Primary Care.

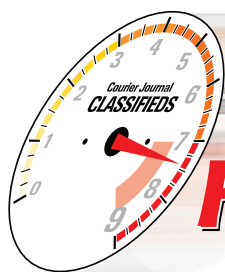
Monday-Thursday 8am - 5pm
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Go to www.courierjournal.net and click "Place a Classified"

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PHONE - 8AM-5PM Mon-Fri
Charge to Credit/Debit Card by calling 256-764-4268

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FAX - 24 HRS - Charge to Credit / Debit Card by faxing an ad to 256-760-9618. Include exp. date. List how many weeks the ad is to run.

Mail

MAIL - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

Office

OFFICE - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

- **Private Party Rate** 3 LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.50 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4⁵⁰** / Week
- **Commercial Rate** 4 LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.50 CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50..... **\$7⁰⁰** / Week
- **Yard Sales** 5 LINES Prepay Each additional line - \$1.50 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$11⁰⁰** / Week
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*one line is approx. 30 characters

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DEADLINE: Friday 5pm

Decade...

Continued from Page 2

its move to Division I and the ASUN Conference in the 2018-19 season.

A native of Leavenworth, Kan., **Bruce Adams** lettered two seasons from 2012-14. The 6' 5" forward averaged 14.1 points per game during his career and helped lead UNA to the 2014 GSC title.

Beaumont Beasley, from Kansas City, Mo., lettered two seasons at UNA from 2010-12. He earned second team All-Gulf South Conference honors in the 2011-12 season. He was also a second team All-South Region pick by Daktronics after starting all 27 games and averaging 16.2 points per contest.

Jamari Blackmon's freshman season closed out the decade at North Alabama. The 6-1 guard from Hoover, AL was named the 2018-19 ASUN Conference Freshman of the Year as he was the top freshman scorer in the league at 14.6 points per game, added 111 rebounds and led the team with 87 assists and 56 steals.

Rashaun Claiborne closed his two-year career at UNA with 999 career points. He was named All-GSC twice and earned second-team honors as a junior in 2012-13 and first-team honors the following year. The Darrow, LA native led the Lions to the 2013-14 GSC championship, scoring 28 points in the finals before being named the tournament's Most Outstanding Player.

Jeff Hodge of Birmingham is the most recent player to reach 1,000 career points at UNA. The shooting guard finished his four-year career with 1,042 points, averaging 12.3 points per game as a senior in the 2017-18 campaign.

Dimario Jackson finished his two-year career in 2017 after leading the Lions in scoring with 466 points as a senior, including a 16.1 per-game average. The guard from Addis, LA., totaled 843 career points.

'DD' Smith, is from Camden, MS and lettered two years from 2017-19, with his senior season representing UNA's first at the Division I level. He averaged double figures in both campaigns, finishing with 787 career points and a 13.3 points per-game average.

Nathan Spehr lettered four seasons for the Lions. The shooting guard from Adelaide, Australia is No. 8 on UNA's all-time scoring list with 1,243 career points. He added 203 career three-point baskets and 220 rebounds. He holds the program free throw percentage record after hitting 272-of-300 attempts for a 90.7 percentage. He helped lead UNA to the 2014 GSC championship.

Kendall Stafford played two seasons at UNA at the Division II and Division I levels. He started all 27 games for the Lions as a junior, leading the team in scoring (15.6 points) and rebounding (8.3 rebounds). The forward from Corinth, MS finished his career with 757 points and 439 rebounds.



Personnel

EDITOR & PUBLISHER

Thomas V. Magazzu

ADVERTISING EXECUTIVES

Sadonna B. Magazzu

Judy Cox

Gregg Scott

Heather Ridinger

GRAPHIC COORDINATORS

Russell Roden

Andrea L. Gray

Gwyn Jones

OFFICE STAFF/CLASSIFIED

Janie Brasfield

CIRCULATION

Steve Pope

OFFICE HOURS:

Monday - Friday
8:00am - 5:00pm

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Florence, AL 35630

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Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 72,703 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

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219 W. Tennessee St.

Florence, AL 35630

or email to:

editor@courierjournal.net

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Excellent references!

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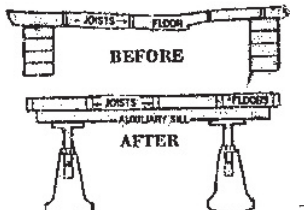
Home Owned & Operated in the Shoals by Wayne Lawhorn

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Same Ingredient in a Lower 20 mg Tablet

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\$39⁹⁹ for 60 of the Sildenafil Tablets

Must have prescription that is for Sildenafil 20 mg tablet. Note: This is the FDA approved generic of Revatio® 20mg tablet. The FDA has not approved generic Viagra®, even though the active ingredient is identical, just in a different strength.

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I BUY JUNK OR UNWANTED cars, trucks, vans, buses, catalytic converters. Call 256-810-1221

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So glad you're here!
REMEMBER TO VOTE
MICHELLE EUBANKS
FLORENCE CITY COUNCIL
DISTRICT 4

ON AUGUST 25, 2020.

I have a proven record of serving the needs of the residents of District 4, and I look forward to four more years of working with you to make our district even better!

Vote #me4u on August 25!

PAID POLITICAL ADVERTISEMENT BY THE MICHELLE EUBANKS FOR FLORENCE CITY COUNCIL COMMITTEE, 1642 DECATUR AVE., FLORENCE, AL 35630

SHOALS DREAMCENTER Thrift Stores

Great Deals on lightly used clothes, homegoods, furniture, and more!

1st Wednesdays are 50% Off All Clothes
Tuesdays are 20% for Senior Adults
Thursdays are 20% for Students, Veterans, 1st Responders

100% of proceeds provide groceries, resources, and tutoring to under-resourced families in the Shoals!

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3510 Cloverdale Road (Petersville)
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323 S. Montgomery Ave. (Sheffield)

www.ShoalsDreamCenter.com

It's Time for a Change

SAM PENDLETON MAYOR

We need New Leadership, New Ideas, and New Directions that will generate new results FOR ALL THE CITIZENS OF FLORENCE.

Stand with Sam on Election Day. Plant a seed with your vote and watch Florence grow.

As full time Mayor, I promise that I will be open and transparent. There will be no private or unannounced meetings. I will encourage the Council to place a pause all further streetscape projects and shall recommend increased funding for the Florence/Lauderdale Public Library, renovations to the Municipal Building, establishment Dept of Senior citizens Affairs, and many other opportunities.

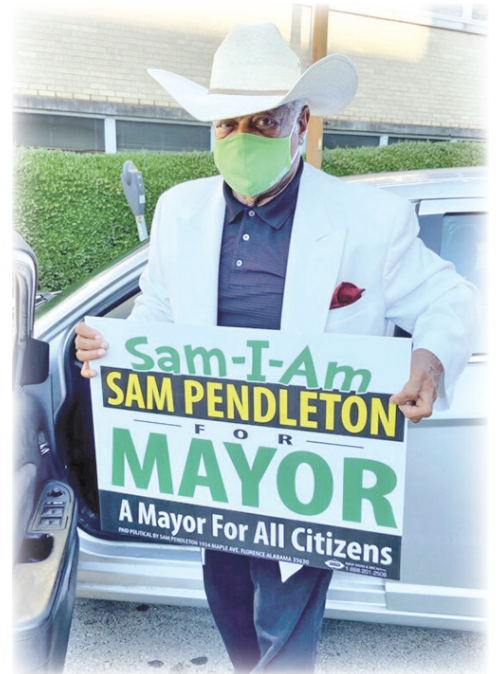
We need to recruit business and jobs through our families, strong public and private education opportunities, and our overall Quality of Life.

Sam-I-Am
SAM PENDLETON
FOR
MAYOR
A Mayor For All Citizens

PAID POLITICAL BY SAM PENDLETON 1934 MAPLE AVE. FLORENCE ALABAMA 35630

Review my qualifications as compared to others.
HIRE ME AND WATCH THE FIRST 90 DAYS.

- Native of Bessemer, AL
- Shoals Resident for 55 years
- 1965 graduate of Alabama State University
- Completed additional studies at Vanderbilt, UAB, and UNA
- 20 years on the Florence City Council (1992-2012)
- 3 years as Florence City Council President
- Retired from the Colbert County School System after 32 years of teaching chemistry, physics, and physical science
- Official spokesperson for the NAACP radio program on WZZA radio for 40 years.
- Times Daily as "Newsmaker of the Year in 2012"
- President of the Tri-County branch of the NAACP in 1980-2008 and numerous positions on the state level.
- Married to the former Deloris Blackburn of Florence. Two sons, Cedric and Demetrius.
- Deacon at Revival Center Church of God in Christ
- Member of Kappa Alpha Psi Fraternity, Inc.



I am applying for the job of Florence Mayor to work for each of you.

VOTE AUGUST 25



Peoples piggly wiggly

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Cherokee • 256-359-6651

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Lb.

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Jumbo Pack
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Lb.

That's Smart **Turkey Or
Ham Lunch Meat**
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16 Oz.

Pick 5 **Shrimp**
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ARMOUR
Classic **Hot Dogs**
99¢
12 Oz.

Troy Landry Choo'Em **Sausage
Andouille Or Cajun Baby Links**
\$3.99
14 Oz.

Carolina Pride
Sliced Bacon
\$3.99
12 Oz.

Cookie Pop
Popcorn
5.25 Oz.
2/\$6

Kraft Original
Mayonnaise
30 Oz.
2/\$6

Heinz
Ketchup
38 Oz.
2/\$6

Piggly Wiggly
**Hamburger
Dill Slices** 32 Oz.
2/\$4

Kraft Velveeta
Cheesy Skillets
11.5-15.66 Oz.
2/\$6

Bull's-Eye
BBQ Sauce
Original
18 Oz.
2/\$3

Cheetos Frito Lay
Cheetos 7.5-8.5 Oz.
Or Fritos 7-9.25 Oz.
2/\$7

Nabisco Original Or Mini
Nilla Wafers
11 Oz.
2/\$6

Coke Products
6 Pk.
1/2 Liter Btls.
4/\$11

Coke Products
8 Pk. - 12 Oz. Btls. Or
12 Pk. - 12 Oz. Cans
3/\$12

THE SEASON'S FINEST PRODUCE

California
Cantaloupes
2/\$5
Each

**Green
Onions**
2/\$1
Each

Trayed
Tomatoes
99¢
4 Ct.

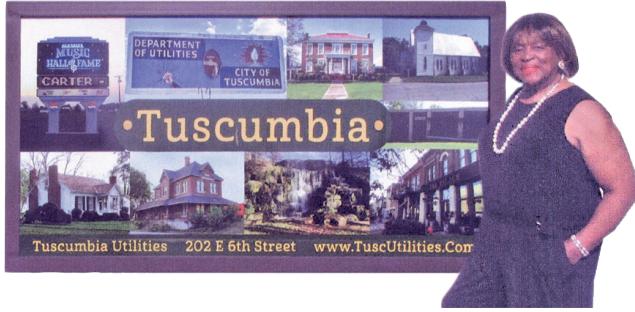
Fresh
Blueberries
\$1.99
Pint

Fresh Express
**Italian 9 oz. Or
American 11 oz.
Salad**
\$1.99

**Red Bell
Peppers**
99¢
Each

Thompkins At Work For a Better Community

As we approach the final days of the Municipal Election Campaign for the City of Tuscumbia, my enthusiasm continues to increase. I thank all of you who supported and voted for me my first term as Councilwoman for District 2.



My list of goals for the next term continues to keep me motivated. My desire is to complete those goals that are still pending and begin some new initiatives. It is my intent to continue the work that was started in 2016 with the Mayor and my fellow council members and constituents in District 2.

I will continue to work diligently to find solutions and solve problems that concern us all. I will also draw attention and initiate

action to address other needs in our district.

As before, I, Geraldine Thompkins, am asking for your support and especially your vote at the polls on Tuesday, August 25.

Remember, we are in this together. "United We Stand, United We Can!"

Paid political advertorial, by Geraldine Byrd Thompkins 603 Trenholm Memorial Drive Tuscumbia, AL 35674

364788-1

Vote Experience... Vote **VERNA BRENNAN** City Council District 5 - Sheffield



- Retired and will devote the necessary time
- Lived and worked in Sheffield for over 42 years
- Former Vice President and President of L&L Services, Inc. (Park Place, Foodland Stores, Colbert Memorial Gardens, Metro Communications Services, and more.) Approximately 1,200 employees
- Served on numerous, local nonprofit boards

Knowledgeable • Honest • Hardworking

Paid political ad by Verna Brennan, Sheffield, AL

Vote August 25

363747-1

RITA NELSON

FOR MUSCLE SHOALS CITY COUNCIL PLACE 1

- 1976 Graduate of Muscle Shoals High School
- 2000 Graduate of the University of North Alabama (BBA)
- 1990-2014 TVA Financial Analyst/Cost Specialist (Retired 2014)

I love my hometown of Muscle Shoals. I simply have a desire to serve the citizens of Muscle Shoals and I want the opportunity to work for you, to ensure fiscal responsibility and accountability of your tax dollars. I will work hard for all the families, neighborhoods, city employees, and businesses of Muscle Shoals!

Paid for by the Committee to Elect Rita Nelson

362974-1

Dedicated • Dependable • Determined
Progress You Know

On August 25th



RE-ELECT **KAYTRINA P. SIMMONS** Florence City Council Dist. 1

Thank you for 4 years and look forward to serving you for another 4 years.

I understand COVID-19 restricts face to face opportunities. However my phone # is 256-335-2973 and email is KaytrinaSimmonsdistrict1@gmail.com.

Committee to Elect Kaytrina P. Simmons, P.O. Box 44 Florence AL 35632

364013-1

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Serving the Shoals Since 2006
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Locally Owned & Operated

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Delivery Available

Good Credit-Bad Credit-No Credit Come See Us



www.watsonshomefurniture.com



365501-1

Penny Freeman For Mayor of Sheffield

"Working for YOU"

Resume (Snapshot):

- Written and won grants for the local VFW, helped with funds to transport vets to the VA hospital, helped with food, clothing, and shelter for displaced/disabled veterans.
- Worked with the schools by implementing a youth led city board (the Junior City Council) that strives to introduce our city's youth to civic responsibility.
- Personally tutored students in science, reading, and math for free to assist them with the confidence they need to perform at their best.
- Sponsored three raises for city employees including hazardous duty pay for our police and fire departments. I have worked with small businesses in submitting small grants and assisting with the writing of business plan.
- Started a sustainable food pantry that stood the test of a global pandemic without ever having to turn a person needing help away.

Sheffield Revitalization Plan:

- Street Repaving/restriping; sidewalk repair
- Flood Intervention
- Encourage and incentivize Sheffield residents to bring their businesses back home to Sheffield.
- Continued Community Policing
- Create a City Based Animal Shelter
- Work to incorporate incentives for property owners to remove blight.
- Municipal Broadband Internet.
- Strengthen business recruiting efforts
- Market the great work being done in the city schools
- Increase jobs for Sheffield residents
- Housing to Homeowners initiative
- Housing for the homeless and veterans

How do we Pay for the city upgrades?

- **The Municipal Marketplace:** a public works center built with capital improvement and grant funds that will house an indoor/outdoor waterpark and use Sheffield and Union Labor to build it

Proposed allocation for generated funds:

- 50% City Improvements
- 25% School System for new schools and labs
- 10% City Animal Shelter
- 10% Blight removal incentives
- 5% City financial reserves



Paid for by the committee to elect Penny Freeman

365705-1

Riverside Restaurant Needing **Cooks** with experience and **Waitress**. Apply in person at: 111 East Limestone, Florence. No phone calls please. Positions are Monday-Friday from 7AM-6PM.

THERE ARE 5 EASY WAYS TO place your CLASSIFIED AD. By mail, fax, phone, on-line and in person.

Comfort Suites
Florence, Alabama
Room Attendant/House-keeping
We are accepting applications **IN PERSON ONLY.**
Please stop by the Comfort Suites - Florence (140 Matthew Paul Court) to fill out your application. Please, NO phone calls.

VERY SWEET CARING LADY Looking for Opportunity To Sit With Your Loved One, run errands or take to appointments. Please call if you know of anyone needing this assistance, mainly Shoals area. 931-242-0410 cell

Indorama Ventures Xylenes & PTA LLC (IVXP) is a chemical manufacturing facility that has been a vital part of the Decatur community for over 50 years. IVXP is an award winning site with recognition for safety and environmental achievements. Indorama Ventures, parent company of IVXP, has 120 manufacturing sites in 33 countries crossing 6 continents and employs over 24,000 people.
-Global, fast growing company
-Excellent pay and benefits
-Community involvement
-Work/Life balance
-Professional and personal development

MULTIPLE POSITIONS AVAILABLE
OPERATOR TECHNICIAN QUALIFICATIONS:
High school diploma or equivalent, two (2) year technical degree or 3 years' equivalent industrial experience. Work Keys certification is required. Selected applicants will receive an invitation by email to take Work Keys Assessments.

MAINTENANCE - INSTRUMENTATION AND ELECTRICAL QUALIFICATIONS:
High school diploma or equivalent, two(2) year technical degree in Industrial Maintenance, Electrical Technology, or other related fields, or 5 years' relevant experience. Work Keys certification is required. Selected applicants will receive an invitation by email to take Work Keys Assessments.

For these and other positions, apply at: IVXPjobs.com
*No applications will be accepted at the Decatur facility
No phone calls or agencies please
IVXP is an Affirmative Action and Equal Opportunity Employer, M/F/D/V
Drug Free Workplace
Member of
Dow Jones Sustainability Indices
In Collaboration with RobecoSAM
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Would love to care for your loved ones in their home. Light house-keeping, doctor's appts., medication reminder, etc. Ten plus years experience. References, Call Brenda 256-291-7770

~SEEKING~
•**Office Manager**
experienced in setting up new office.
•**Office Helper**
must know spread sheets, accountant and job costing.
Both positions
40 Hours per week
Email Resume to:
fmansell@hiwaay.net

EMPLOYMENT Opportunities

COURIER DRIVERS
~Evening Work~
or
~Afternoon Weekend~

Courier Drivers Needed in the NW Alabama area.
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Please send resume and/or application to Sheffield Utilities P.O. Box 580, Sheffield, Alabama 35660, Attention: HR Dept. or e-mail to apply@sheffieldutilities.org. Applications and Job Descriptions can be downloaded from our website www.sheffieldutilities.org.

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FLORENCE CITY COUNCIL DISTRICT 1




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My Priority is the Citizens of District 1

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Vote 'Em Out, Vote Responsibility In

The *TimesDaily*, on Wednesday, August 5, printed an announcement about Bill Smoak which included comments on his background, his office hours for meeting with District 5 citizens and changes needed for the Council meeting Agenda.

The resolution, dated July 1, 2014, is an example of one that Smoak would vote to remove from the Agenda - "Resolution to appropriate \$3,000,000 to UNA to assist with the construction of the new Science and Math Building sponsored by Mayor Haddock and the City Council." Budget accounts and cash accounts are not shown. Earlier UNA was given \$2,000,000 which was part of the city's General Obligation Warrants for \$19.3 million. Current Councilmen Edwards, Jordan and Betterton voted to give the funds to UNA.

Another example is the resolution approved by the Council dealing with Hate Crimes that placed a limit on Freedom of Speech. This resolution was added at the meeting which prevent input from citizens not attending. A resolution, on Hate Crimes passed by US Congress had no such limitations. Smoak fully supports the resolution passed by Congress. Violation of oath of office?

With help from a *TimesDaily* Staff Writer, Smoak submitted an application to have Lt Frankie L Wallace, an UNA graduate who was killed in action saving a soldier's life, honored in Walk of Honor. The Committee, includes the Council members, rejected the application. If elected, Smoak will file the application a second time.

Smoak does not agree with the Council recently paying \$330,000 to criminals who broke into the city's computer system. Per a recent Courier Journal feature column, a city employee clicked on a link that opened the door for the criminals. The Council, approved \$26,500 for computer programming on October 2, 2018. Smoak sent a letter, dated November 26, 2018, to Mayor Holt and Councilman Edwards with a list of problems with the new system. He sent a second letter on January 21, 2019 noting the prior problems were still there and new problems had arisen. Was lack of training a reason for the clicking?

In a November, 2017 article, The *TimesDaily* quoted Member Eubanks of

District 4, "The fact that \$2 million was taken from reserves to take care of of some capital needs shows the need for new revenue." Smoak went before the Council on two occasions requesting information on the 'needs' that got money. When the Members spoke Smoak was not provide an answer. If elected, Smoak will secure this information and provide to citizens. District 4 voters may ask Member Eubanks!

Smoak wants to ensure that citizens of Florence received the best ambulance service. In the past when the contract for ambulance service was up for bid only one bid was received and that bid was from the current provider. If one bid is received, Smoak will vote to re announce. Hopefully the county will agree!

Actions by Mayor Holt, assuming Council approval, concerning the CSA Statue were not proper. The State Act, statements from the Alabama Attorney General, are clear that if a statue has been in place for over 40 years it cannot be moved. Mayor Holt, again assuming Council approval, had raised \$25,000 to pay a fine that did not apply!

Smoak is not in agreement with the City Council's handling of the \$2,000,000 that was given to Retirement System of Alabama (RSA) for refurbishing the Convention Center. Smoak is disappointed that there funds were not used to develop a trail along the Tennessee River. In a *TimesDaily* article, dated February 27, 2019, the City Council Finance Committee stated they wanted to pursue a trail along the Tennessee River (River Heritage project). Why now? Why not when we had \$2,000,000? A citizen suggested the same thing in a meeting with Mayor Holt prior to the Council giving the funds to the Convention Center!!

There was an illegal plan to have a architectural firm design a 31 tennis complex with the contract to be issued after the August, 2016 elections. The contract was not approved. This firm sent the city a bill for \$208,562.50 for designing the Tennis complex, Has a settlement been reached with the firm? Need an answer from Mayor and/or City council! "Citizens, please ask!"

- Bill Smoak



Bill Smoak

Pd pol advertorial by William Smoak 2424 Roberts Lane, D-37, Florence 35630.

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- 1982 Graduate of Muscle Shoals High School
- University of North Alabama Graduate
- Board Member of Northwest Alabama Cerebral Palsy Center
- Employed at Greenway Chevrolet
- Over 20 Years Experience in the Financial Industry

- Active Parent in the Muscle Shoals City School System
- Believes in Traditional Christian Family Values
- Married to Kristi Nix Sockwell
- 3 Children - Trey -2014 graduate of Muscle Shoals High School. Jay and Lauren - 3rd grade McBride Elementary School




Re-Elect Ken Sockwell - Muscle Shoals City Council - Place 4

August 25

Paid Political Advertisement by the Committee to Elect Ken Sockwell, P.O. Box 2278 Muscle Shoals 35662

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- 2008-2019 Pilot Club Officer
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- 2019 Appointed Florence City School Board of Education District 4

Tuesday, August 25



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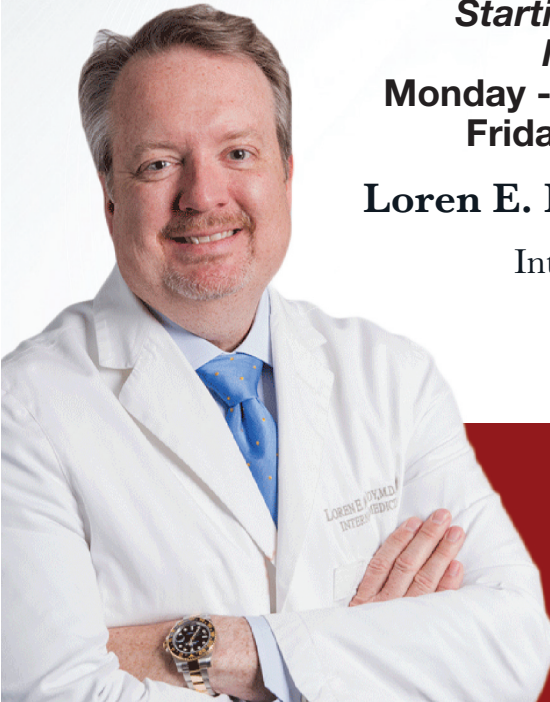
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Commentary

Students, Parents Face a New World

Children, teachers, and the vast array of support personnel are going back to campus and into situations that no one is sure about and few are comfortable with. There is a lot of anxiety with virtual, hybrid, and on campus classes. It is understandable how parents may still have more questions than answers about how their respective school districts are responding to safety, scheduling, educating, feeding, and the other challenges presented by Covid-19. Families are bound by a set of parameters established by their local district. In some cases, limited options were then sprung on parents, giving them a week to make binding decisions for the semester.



TOM MAGAZZU
Editor

The schedules for parents, students of all ages, teachers, administrators, grandparents, employers, and a lot of volunteers are having to adapt instantly. Everything is new, even for the professionals who have been at this for decades.

Changes in routines and normal activities are always stressful for children. Elementary children who have known normal school

See **STUDENTS...on Page 26**

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

Courier Journal

THIS WEEK

in the *Shoals*
August 19, 2020

Classic Posters

Princess Theater Auctioning Vintage Movie Promo Collection Saturday on Site and Online



Courtesy photos

DECATUR - Stevens Auction Company will be hosting a memorabilia poster auction Saturday, August 22 at 10am live on site at the Princess Theatre in downtown Decatur, Alabama. They will be selling hundreds of original movie posters given to the

Princess Theater as promotional tools to coincide with movie releases from the 1930's-1960's. The time period includes some classics, and the posters say it all. Refreshments will be available

See **POSTERS...on Page 30**



Happening THIS WEEK

THE HELP CENTER FOOD PANTRY is open every 4th Saturday each month (August 22) to provide food and groceries to local families in need. Drive-thru service will be utilized for receiving food and groceries to help protect the volunteer workers and clients. On weekdays the Help Center allows one family member per household to enter and shop for clothing for children and other family members. That person **MUST** wear a mask. Days of regular operation are Monday, Wednesday, Friday 8:30am-noon, and 4th Saturdays 8:30am-noon. The Help Center is located at 621 South Court St, at the corner of Veterans Drive, in Florence.

Athens-Limestone Rodeo this Weekend

ATHENS - Cowboys, cowgirls, rodeo clowns, bulls and horses will be in Athens next weekend for some family-friendly rodeo action. Billed as the greatest show on dirt, the 38th Annual Limestone Sheriff's Rodeo is set for August 21-22. Tickets are available online and attendees are encouraged to purchase in advance.

Considered the largest outdoor rodeo east of the Mississippi, the Limestone Sheriff's Rodeo gets underway



Courtesy photo

both nights at 8pm with gates opening at 6pm. Competitive events lined up for both nights include bareback bronc riding, calf roping, break-away roping, steer wrestling, saddle bronc riding, kids calf scramble, cowgirl's barrel racing and bull riding. As cowboys and cowgirls compete for prize money, the crowd is also entertained with professional rodeo clowns, chuck wagon races and other performers.

See **RODEO...on Page 30**

LIFESOUTH BLOOD DRIVES FOR AUGUST 2020 include:
Wednesday, August 19, 6am - 4pm, Constellium (Element 13), 1009 Ford Rd, Muscle Shoals
Thursday, August 20, Noon - 6pm, O'Reilly Auto Parts, Highway 43, Russellville
Friday, August 21, Noon - 6pm, Title Max, Woodward Avenue, Muscle Shoals
Saturday, August 22, Noon - 6pm, Walmart, in Hamilton, AL
Sunday, August 23, 8am - 1pm, Cross Point Church of Christ, 1350 Cox Creek Parkway, Florence
Monday, August 24, Noon - 6pm, Walmart, Russellville
Tuesday, August 25, 9am - 4pm, Encompass Health, 2713 Avalon Avenue, Muscle Shoals
Wednesday, August 26, Noon - 6pm, Hackleburg Market, on Old Hackleburg Road in Hackleburg



The most Courier Journal as well as years of back-issues in Page-Flip form are always available on the link at www.CourierJournal.net

The **AUGUST ISSUE** of **Kidsville News!** is out **NOW!**
The current Page-Flip versions are always available at www.kidsvillenews.com/lauderdale/view-current



YOUR Letters

Respect, Love, Honor

Dear Courier Journal;
WOW!! What a paper! I have been impressed with this particular paper over the 15 years I've been retired here from Michigan. It addresses current issues and allows outside opinions.
I am very appreciative that the August 12 paper took a closer look at the Lauderdale county Confederate Monument. Lee Freeman's research and writing the history of the purpose of this monument brings forth all the patriotism inside me. Hopefully, it does so for everyone else. It makes me want to attend the dedication of this monument all over again if it were possible. I would be proud to see this monument representing all men who fought and died in the Civil War.
It's not about Confederate, Yankee, black, white, or brown. It is about

...Some people feel as though they have a right to inhibit other's liberty so as to not be offended...



believing there is a greater good for all and being willing to lay down your life for that good.
"Hip hip hooray!" I say to those involved in bringing respect, love, and honor to everyone who stood, fought, and died.
Thank you, Courier Journal, for being wise and brave to front-page this timely article!!

Twyla Hyde
Florence

Raised to be Racist

Editor:
I would like to respond to the letter last week from Jimmy Wayne Cosby, entitled, "I Am Strongly Opposed." I too had a great, great-grandfather who fought in the Civil War. He was a slave owner. His name was Hamp Woods and he is buried in the west end of the county in Gravelly Springs. His brother died in a prisoner of war camp in Illinois.
Why would I be proud of their service? They rebelled against my country, the United States of America. They fought for the right to keep slavery, and were willing to destroy America in doing so. I am about as proud of them as I am of that statue displayed in front of our courthouse that our county and city leaders will not move. I was raised to be a racist. I

See **LETTERS...on Page 28**

by Mail or in our mail slot
Editor-Courier Journal
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Hayes Seeks Election

SHEFFIELD CITY COUNCIL DISTRICT 1

My name is Randy Hayes and I would appreciate your vote for the Sheffield City Council, District 1 seat. I'd like to tell you a bit more about myself and what I would like to see for District 1 and for the City itself.

I've been married to Katrina Lansdell Hayes for 36 years and we have two beautiful daughters, Karly and Katy.

I'm a lifelong resident of Sheffield. I graduated from Sheffield High School in 1979. Soon after, I went to work for Sheffield Utilities at the age of 19. I retired after 35 years



Hayes

of service to our city. I got to know the many people that call Sheffield home. I was able to observe, and at times, be a part of changes that have been made. I've also seen issues that have been ignored.

I've always believed that to know what people are concerned about that you have to be willing to get out there and talk with them, listen to them, and finally work on putting those concerns into productive action. Below are just a few of the things that I, along with my constituents, would like to see come to fruition when I'm elected to serve as your Sheffield City Council District 1 Representative:

- Work on cleaning up not only District 1, but the City of Sheffield itself. Fix the roads/streets of the city that are in desperate need of repair. Hold the owners of businesses/buildings (vacant or otherwise), liable for keeping those properties clean and up to code. The same goes for the owners of vacant homes and vacant lots, etc.
- I want to see more speed limit

signs and speed cushions through our neighborhoods and around our schools and parks.

- I believe Business Owners have a right to run their businesses the way they see fit. Anything that could economically hurt a business should be voted on by the citizens, i.e., the Smoking Ban.

• I want people to look at Sheffield and say, "This is where I want to open a business. This is where I want to live and raise a family. This is where I want my children to go to school. This is where I want to retire." I want people to see what it means to be in "The Center of the Shoals". I want people to know that when someone mentions "The Center of the Shoals", that they're referring to SHEFFIELD, AL.

Being retired, I will be able to give my full attention to any issues that my District, or the City itself, has to face. I've never been afraid of hard work and that's EXACTLY what it's going to take, from a new Mayor to every newly elected Council Representative, and also from every resident and business owner. Our City needs to stay on a progressive path forward. I know I'm ready for the job. I know I'm the best man for the job. I know I'm ready to be your voice as your next Councilman of District 1 and the City of Sheffield. Let's make this happen! I'm ready to get to work and get things done the right way!

On August 25th, VOTE for RANDY HAYES as your next Councilman for Sheffield City Council, District 1
THANK YOU!

Paid advertorial by Randy Hayes, Sheffield, AL

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David JOHNSON for MAYOR

BECAUSE I ♥ SHEFFIELD

IT'S TIME FOR NEW Leadership, NEW Ideas and a NEW Game Plan!

I have the Qualifications, Experience, and Leadership abilities to move Sheffield forward and enhance our future by:

- **Cleaning up the depressed sites.**
- **Improving our roadways.**
- **Enhancing Tourism Opportunities.**
- **Creating a Business-Friendly City.**
- **Bringing in more Businesses**
- **Improving our Recreation Areas.**
- **Enhancing City Services.**
- **Getting State and Federal Support.**

We have heard many promises from candidates that never happened.

I will use my leadership ability to get them done!

As your Mayor, I will work hard with the council to move Sheffield forward with new businesses, new outlooks, new looks, positive ideas, and a winning game plan!

I will appreciate your vote and support as Mayor on Tuesday, August 25th!

Paid Political: Committee to Elect David Johnson 705 Edgewood Drive, Sheffield, AL 35660

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Savvy SENIOR

How Medicare and Other Tools Can Help Older Smokers Kick the Habit

Dear Savvy Senior,
I understand that COVID-19 hits smokers a lot harder than nonsmokers but quitting at my age is very difficult. Does Medicare offer any coverage that helps beneficiaries quit smoking?

Must Quit

Dear Must,

It's true. Smokers and vapers have a higher risk of severe COVID-19 infection as the coronavirus attacks the lungs. That's why quitting now is more important than ever before.

If you are a Medicare beneficiary, you'll be happy to know that Medicare Part B covers up to eight face-to-face counseling sessions a year to help you quit smoking. And, if you have a Medicare Part D prescription drug plan, certain smoking-cessation medications are covered too. Here are some other tips that can help you kick the habit.

It's Never Too Late

According to the Center of Disease Control and Prevention (CDC) 12.5 percent of Medicare beneficiaries smoke. Many older smokers, like yourself, indicate that they would like to quit, but because of the nicotine, which is extremely addictive, it's very difficult to do.

Tobacco use is the leading cause of preventable illness, responsible for an estimated one-fifth of deaths in the United States each year.

But research shows that quitting, even after age 65, greatly reduces your risk of heart disease, stroke, cancer, osteoporosis and many other diseases including COVID-19. It also helps you breathe easier, smell and taste food better, not to mention saves you quite a bit of money. A \$6 pack-a-day smoker, for example, saves about \$180 after one month without cigarettes, and nearly \$2,200 after one year.

How to Quit

The first step you need to take is to set a "quit date," but give yourself a few weeks to get ready. During that time, you may want to start by reducing the number or the strength of cigarettes you smoke to begin weaning yourself.

Also check out over-the-counter nicotine replacement products - patches, gum and lozenges - to help curb your cravings (these are not covered by Medicare). And just prior to your quit day get rid of all cigarettes and ashtrays in your home, car, and place of work, and try to clean up and even spray air freshener. The smell of smoke can be a powerful trigger.

Get Help

Studies have shown that you have a much better chance of quitting if you have help. So, tell your friends, family, and coworkers of your plan to quit. Others knowing can be a helpful reminder and motivator.

Then get some counseling. Don't go it alone. Start by contacting your doctor about smoking cessation counseling covered by Medicare and find out about the prescription antismoking drugs that can help reduce your nicotine craving.

You can also get free one-on-one telephone counseling and referrals to local smoking cessation programs through your state quit line at 800-QUIT-NOW or call the National Cancer Institute free smoking quit line at 877-44U-QUIT.

It's also important to identify and write down the times and situations you're most likely to smoke and make a list of things you can do to replace it or distract yourself. Some helpful suggestions when the smoking urge arises are to call a friend or one of the free quit lines, keep your mouth occupied with some sugar-free gum, sunflower seeds, carrots, fruit or hard candy, go for a walk, read a magazine, listen to music or take a hot bath.

The intense urge to smoke lasts about three to five minutes, so do what you can to wait it out. It's also wise to avoid drinking alcohol and steer clear of other smokers while you're trying to quit. Both can trigger powerful urges to smoke.

For more tips on how to quit, including managing your cravings, withdrawal symptoms and what to do if you relapse, visit 60plus.SmokeFree.gov. There are also a variety of helpful quit smoking apps you can download like SmokeFreeApp.com and QuitGenius.com.

Send your senior questions to:

Savvy Senior,
P.O. Box 5443,
Norman, OK 73070,
or visit SavvySenior.org.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



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Athletic SUPPORT

by Eli Cranor



Left behind

Dear Athletic Support: Sports used to be a HUGE part of my life. I watched sporting events almost every night. I was actually watching an NBA game when they interviewed Mark Cuban and he said he was canceling the rest of the Dallas Mavericks' season. All sports were gone shortly after that, and surprisingly, I didn't miss them that much. I went all summer without baseball, and now it's back, but wow — it's different. They have cardboard cutouts in the stands. There's crowd noise pumped in like it's all a game show. Obviously, this isn't my daddy's baseball, but I fear sports will be forever changed after all this mess is done. Maybe this is a good thing? Have you heard other readers expressing the same sentiment? — Sport(less)

Dear Sport(less): I heard somebody say once that sports were the true religion of America. A thousand years from now, Fenway Park, Lambeau Field, and "Jerry's World" (AT&T Stadium) will be our longstanding monuments. Our distant descendants will look upon these relics with

awe, imagining a time and place where that many people could be together at one time, cheering on the home team.

I don't know if things will ever go back to "normal." Anyone who studies history will tell you the only constant is change. If this really is the end of an era, my greatest fear isn't so much about what lies ahead of us, but instead, what we've left behind.

Dear Athletic Support: I'm different from most of the other people who write into your column. I'm seventeen! I know you usually answer questions from parents, but I'm hoping you'll hear me out. My question is simple: Why don't my parents come to my baseball games anymore? Before COVID hit, they were always in the bleachers. But all summer long, they've been avoiding the baseball diamond like the plague. It just doesn't make sense. Why would they let me play but not come to my games? — Writing In Secret

Dear Secret: You're the first teenager to write in to "Athletic Support," and for that, I thank you! In regard to your question, I honestly have no idea why your parents would let you play in a baseball league all summer long but refuse to come to your games. From a medical standpoint, it doesn't make much sense. Any exposure you're getting in the dugout is likely transmitted to them when you come home.

It was a big — and brave — first step to reach out to me, but you need to talk to your parents about this.

Dear Athletic Support: My daughter started playing volleyball in fifth grade. There's no telling how many hours she's spent practicing with the school, not to mention her private coaches. And now, after all that, she wants to quit. She says it's because her friends are saying there won't even be a season this year due

to COVID. But I still don't think that's reason enough to quit. What do you think? — Sad To See Her Go

Dear Sad: If I had to guess, I'd say your daughter doesn't really want to quit volleyball. She's probably just scared and confused, like so many of us right now. If she quits, it's simple — there's no more volleyball. In her mind this might be easier than playing the back-and-forth game that's sure to come this fall.

There's no right answer here. There's only hope. If your daughter loves volleyball, the only way she's going to get to play is by sticking it out.

Eli Cranor is a former professional quarterback and coach turned award-winning author. Send questions for "Athletic Support" to eli.cranor@gmail.com or visit elicranor.com.

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You Hear What You Choose To Hear

A fellow from the country once visited his "big city" friend. As they walked down a bustling street full of noise and a flurry of activity, the country fellow took his big city friend by the arm and said, "Do you hear that cricket?" "How in the world can you hear a cricket?", exclaimed the city friend. "This sidewalk is so noisy I can barely hear myself think." The country boy pulled his friend to the edge of the sidewalk and reached into his pocket. He drew out two quarters and tossed them onto the concrete walk. It was incredible to watch as at least a dozen men and women from the crowd paused and looked down. The wise country traveler said, "Do you see that my friend? You hear what you choose to hear."



Steve Shelton
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kind, and praiseworthy things all around us that should catch our ear. We must choose to hear them even amid the throng.

Not only is it our duty to seek out those better and best things but it is also our task to take another by the hand and help them to hear. Imagine a world where the tide is turned by those who spend time everyday listening for the virtuous voices. Those voices are there but are often drowned out. Friend, will you help magnify them? This old world sure could benefit from people who have an appetite for the wholesome and healthy.

Here is a challenge for today. Slow down and listen up. Seek out the sweet singers of life and listen to them. Be bold enough to blend your voice with theirs. Encourage another to join the chorus. Remember, You Hear What You Choose To Hear.



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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL Ridge gave the 411 to Steffy about Shauna. Brooke sought advice from Eric. Neither woman held back when rivals Brooke and Quinn found themselves face-to-face. Quinn antagonized Brooke, but when Shauna arrived, Brooke got the final word. Thomas and Steffy shared a shocking moment of truth. Ridge made a plea for forgiveness. Thomas convinced Steffy to do the right thing. Brooke and Ridge's mood lightened up when they looked back at their past mistakes. *Wait to See: Finn finds himself in an ethical dilemma. Convinced they are each other's destiny, Ridge makes a big promise to Brooke. Quinn hatches a new plan.*

DAYS OF OUR LIVES Eric and Nicole received a restraining order from Sami. Marlena and Kate argued over what was best for Allie's baby. Sarah and Xander shared a romantic afternoon. Victor and Bonnie sparred. Nicole and Eric had a heated confrontation with Sami. John collapsed, leaving him in grave condition. Philip returned to Salem. Xander received some good news. Marlena received some dire news about John's prognosis. Xander felt threatened by Philip's unexpected return. Sami kept the truth from her family. Sonny was offered an opportunity he couldn't refuse. Gwen tried to use Chad to make Jake jealous. Gabi didn't react well to Will and Sonny's big decision. Rafe came to Hope's rescue. Vincent put the final nail in Ciara's coffin. Steve sat vigil for John. *Wait to See: Kayla and Jennifer give Hope advice about Rafe. Ben comforts*

Marlena. Eve marks the anniversary of her daughter's death.

GENERAL HOSPITAL Elizabeth accused Ava of self-sabotage. Dustin ran into Brook Lynn. Anna and Finn were at odds. Jax received an important phone call. Carly teamed up with Nina. Sam stole a moment away with Jason. Sonny had his doubts. Nick was dismissive of Ava. Chase ran into Sasha. Brook Lynn got caught up in a moment. Maxie made a stunning announcement. Portia questioned Jordan's behavior. Cutis attempted to connect with Trina. Willow and Joss bonded. Chase had a hard time seeing Willow with Michael. Elizabeth overheard an interesting conversation. Brook Lynn put herself in harm's way. Sasha struggled with

her emotions. Valentin attempted to win Nina over. Ned and Olivia butted heads. Sam saw a softer side to Brando. *Wait to See: Elizabeth and Franco come to a realization. Michael makes a startling discovery. Julian is forced to make a life-changing decision.*

THE YOUNG AND THE RESTLESS Victor and Chelsea strategized to help Adam. Abby gave Chance a reality check. Sharon set some boundaries. Nick inspired Phyllis' new venture at the Grand Phoenix. Rey was suspicious of Adam's motives. Kyle and Theo called a truce. Victoria announced some shocking changes at Newman Enterprises. Chelsea demanded answers from Sharon. Billy encouraged Amanda to take a risk. Jack and Traci looked to the past for answers. Nikki received an intriguing offer. Victor asked a family member to choose sides. *Wait to See: Abby snoops for intel on Phyllis's new venture. Lola lets her guard down with Theo. Nick puts Kyle on notice.*

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Shorts...

Continued from Page 2

A Women of Action Series

FLORENCE – The Women of Action speaker series at the University of North Alabama will kick off September 16.

“The series is designed to highlight the achievements of women in the Shoals community in the areas of civic engagement, education, business, and leadership,” said Dr. **Andrea Hunt**, the Founding Director of the Mitchell-West Center for Social Inclusion and an Associate Professor of Sociology. “We have an opportunity to help these voices be heard, and it’s important that our students see the possibilities for their futures.”

This semester’s notable speakers include:

- **Dr. Rachel Winston**, September 16 at 5:30pm.
- **Kaytrina Simmons**, October 21 at 5:30pm.
- **Janyce B. Fadden**, November 18 at 5:30pm.

The series is sponsored by Community Service and Outreach, the Mitchell-West Center for Social Inclusion, and the Center for Women’s Studies. All events will be virtual, and registration can be found at www.una.edu/socialinclusion/events. Additional information is at www.una.edu/womensstudies.

Chamber Sets Meeting Date

TUSCUMBIA—The Shoals Chamber of Commerce Annual Meeting postponed from March 19 has been rescheduled for Thursday, September 17 at the Alabama Music Hall of Fame. This celebration will include mask mandates and numerous hand- sanitizing stations.

One-to-two bite hors d’oeuvres will be served rather than a seated meal in order to negate the need for plates and silverware. Seating will be socially-distanced and the evening’s presentation will be entirely outdoors and will include a State of Alabama address by Lt. Governor, **Will Ainsworth**. Previous purchased tickets and sponsorships will be honored. For more information or tickets, please call 256-764-4661.

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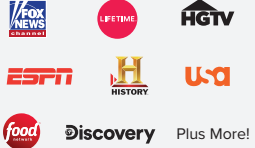

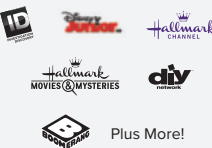
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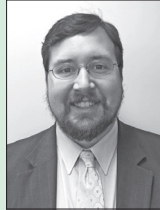
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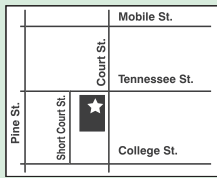
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Medicare Minute

"Medicare Part B"

Before we begin talking about Medicare Part B I would like to clear up something that was in last week's article concerning Medicare Part A. As I stated in the article Part A has a deductible of \$1,408 per benefit period. I also stated that if you paid into Medicare for 40 quarters that Part A was free to you. I was referring to the fact that you would not have to pay a premium to Medicare for Part A, not that it would exclude you from paying the deductible.

Medicare Part B is the part of Medicare that is billed when you receive services as an outpatient by a Medicare approved provider, such as your primary care physician (PCP) or specialist. Although a visit to your doctor is the primary way that you will use Medicare Part B, it also covers many other services. We will discuss the other services in next week's article.

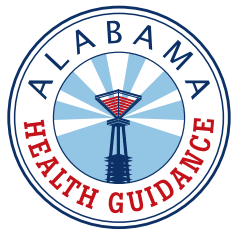
If you are turning 65 in 2020, Medicare Part B will have a premium of \$144.60/mo. Because there is a premium attached to Medicare Part B this coverage is optional. This means you are not required to enroll in Medicare Part B. There are two important things to remember about Part B being optional. First, if you opt out of Part B you will have no coverage under Medicare for your outpatient services. Second, if you decide at a later date to enroll in Part B there can be a late enrollment penalty applied that will last as long as you live and have Part B. There are exceptions to the late enrollment penalty that we will discuss in future articles.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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Commentary

Students...

Continued from Page 12

routines may have the most difficulty acclimating. However,

stress can manifest in students of all ages. Many parents are also under pressure in their work environment due

to scheduling, adjusting to coworkers, pressure from their superiors, economic fallout, or a loss of work entirely from the pandemic. All that is added onto the stress of daily living that we thought was already challenging.

Patience, understanding, and safety issues are all at a premium right now. And few of us are well versed in crisis management. The stress of starting school year 2020-21 is just an added hardship that many will need help with.

If you are so inclined, please step back from it all for a few moments, take a deep breath, and say a few words of prayer or give some deep thought and concern for those involved in this stressful time. Some you may know personally; thousands in our community alone you don't. They all need our consideration. Remember to include prayers for yourself and your family.

We're all not in the same boat, but we ARE in the same storm. Remember, we're strong, and we'll all come out stronger on the other side.

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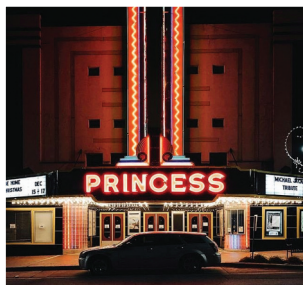
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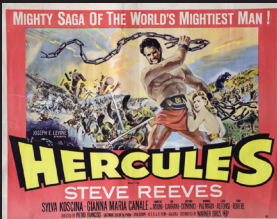
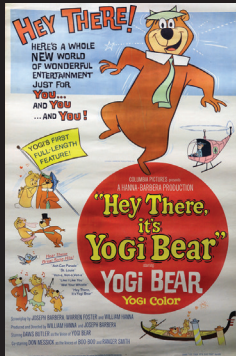
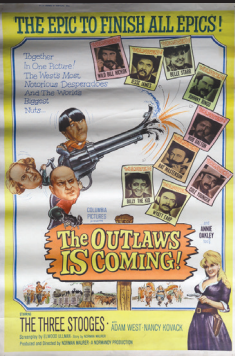
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THERE'S BEEN A CRAZY "QANON" CONSPIRACY THEORY FLOATING AROUND since 2017 that is getting lots of traction lately. I've seen snippets about it here and there, but it was so looney and disturbing that I did not want to pollute my head with it. However, the dumb conspiracy is now becoming mainstream. A QAnon supporter actually won a recent congressional election. Some of my Facebook friends are sharing parts of it. I don't think they really know where their information originates. They just see these juicy, scandalous snippets and click the "share" button unaware that they are participants in this



Jim Fisher

The QAnon Conspiracy Explained

by "The Computer Skeptic"

ugly conspiracy. So I decided to educate myself on this thing. I think it's something we all should know about.

So just what in the heck is QAnon? You're going to be very sorry you asked but here goes: QAnon stated out in 2017 as one anonymous dude named "Q Clearance Patriot" who claimed to be a high-ranking official in the Department of Defense on a notorious website called 4-Chan. 4-Chan is an internet message board where anonymous individuals can communicate and share ideas. That anonymity

fosters some cool stuff such as subculture comics and civil rights groups but also is a source of the ugliest stuff on the internet and a cesspool of conspiracy theories.

"Q" asserted that former President Barack Obama and former Secretary of State Hillary Clinton are Satanists involved in a global pedophilia ring that seeks world domination. According to these people, President Trump has been secretly planning a counter-coup against them. Yep, just any day now, President Trump will announce a roundup of

hundreds of "Hollywood elitists" and Democratic politicians who are evidently in charge of these pedophilia rings. This massive operation is called "The Storm" or "The Great Awakening." This counter-coup is somehow going to result in a military takeover of the United States that will result in a state of Utopia for the extreme right.

Y'all, I promise I'm not making this up! People are falling for this left and right. You can even see Q supporters holding "Q" signs at political rallies. Locally, you may have seen some of your Facebook friends repeating stories about children being smuggled in kitchen cabinets from Wayfair or expressing their horror at the supposed increase in pedophilia rings. They even asserted that Tom Hanks was arrested in a roundup. All this started with QAnon and has no basis in reality.

The QAnon phenomenon is so huge now that the Russians have evidently started the same shenanigans they pulled in the 2016 elections by creating tens of thousands of fake Twitter and Facebook accounts that serve up these stories to make them go viral. As a result, Facebook and Twitter recently banned many of these accounts. But it's too late. People have already latched onto this lunacy. I hope you won't be one of them.

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Differences: 1. Girl's bow is missing. 2. Tree limb has been added. 3. Boy's shirt has stripe. 4. Sign is different. 5. Treehouse roof is different. 6. Tree steps are gone.

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Letters...

Raised to be a Racist...

Continued from Page 12

grew up, opened my eyes, and changed my views. There are no laws keeping other people from doing the same.

Ben Dollar
Waterloo

Best Location for Overpass

Mr. Magazzu,

I attended the outdoor presentation of the 5 railroad overpass options presented by Volkert Engineering Tuesday evening. As an architectural cad designer I had a hard time reading the plans up close since most of the existing area was blurred to the point it was difficult to see how the new construction would tie into the existing streets. After looking at the sections online the only thing that most of the public would be able to determine is how many lanes and how wide all the proposals were. The longitudinal sections will be almost impossible for most of the public to understand. I don't understand why Volkert didn't have a 3D drawings for all 5 proposals which would clearly show how these structures would look on the existing landscape.

I did a crude 3D drawing 15 years ago of a Cox Blvd. to Avalon Avenue and King Street overpass that is easy to understand. I named the overpass "Unity Overpass" since it tied Muscle Shoals, Sheffield and Tuscumbia together. I have had letters published in the *Courier Journal* years ago with my ideas as well as sending them to Senator Larry Stutts. I also sent my idea and the drawing I made to NACOLG which the Volkert spokesperson said they had access to see as well. I've done about all I can do to get this location out to anybody who would listen as the best location with the least impact during the construction phase and probably the cheapest alternative as well.

Roger Henry
Russellville

See LETTERS...on Pg 35

Real

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213 Stutts St., Muscle Shoals 3 BR - 2 BA • \$219,000

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320 South Richards Street, Florence - 2BR - 1BA • \$600 deposit / \$600 month
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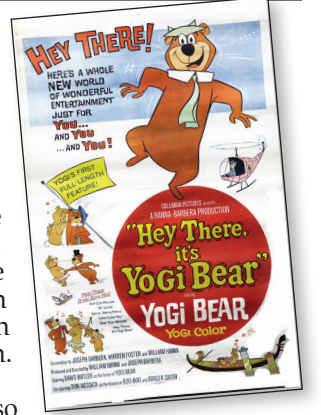
Posters...

Continued from Page 12

for those attending in person.

The auctions will also be carried on liveauctioneers.com and will debut on the new private bidding platform through Stevens Auction Company at StevensAuction.com.

Interested parties may also bid by phone or left bid by calling Stevens Auction Company in Aberdeen, Mississippi at 662-369-2200 to set up your bid at least 24 hours in advance.



Rodeo...

Continued from Page 12

Daily ticket prices are adults \$15 in advance or \$17 at the gate and children 12 years and under \$10 in advance or \$12 at the gate. On Friday night only there is free admission for one child per family with a paying adult. Tickets may be purchased in advance at Limestone County Sheriff's office, Preston's Western Wear, and online at www.limestonesheriffrodeo.com. The availability of tickets for both nights has been reduced to help with

social distancing and the COVID-19 public health orders.

A slack competition for team roping contestants is scheduled for Thursday, August 20. Gates open at 6pm and admission is \$5 per person.

The Limestone Sheriff's Rodeo is produced by the Lone Star Rodeo Company and is held at the Limestone Sheriff's Rodeo Arena located on Alabama Highway 99 west of Athens. Proceeds benefit law enforcement in Limestone County. Call 256.232.0111 or visit www.limestonesheriffrodeo.com for more information.

SIGNS OF THE PAST

KENNEDY GUN FACTORY (1823 ~ 1837)

The famous Kennedy Long Rifle was introduced at Philadelphia during the Revolutionary War by Alexander Kennedy who fled to Moore County, N. C., when the British invaded. About 1823 his son David moved the factory to Green Hill, Alabama, locating 400 yards east of the present Tabernacle Cemetery. Green Hill became an early gun manufacturing center with the advent of other gunsmiths: McDonalds, Garners, Stutts, Keys, Higgins, Richardsons, Davidsons, and Myricks. Property willed to the City of Florence by Hiram Kennedy Douglass, a Kennedy descendant, became the Kennedy - Douglass Center for the Arts.

MARKER ERIGED BY THE FLORENCE HISTORICAL BOARD AND THE KENNEDY - DOUGLASS TRUST



Location: 34.9456°N, 87.5311°W
marker on Rt. 43 at Co. Rd. 47, Greenhill, AL

The Kennedy long rifle was greatly feared by the British during the Revolutionary War. William McDonald, a Florence historian, reported that King George III ordered a patriot rifleman be captured and brought to England to demonstrate the accuracy of the rifle. A Kennedy long rifle is on display at the Pope's Tavern Museum in Florence.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"

DAVE Says

by DAVE RAMSEY



A VERY GENEROUS OFFER

Dear Dave,
My in-laws have very generously offered my wife and I \$250,000 to help with a down payment on a home. I know the amount exceeds the IRS's yearly gift allowance, but they want to structure it as a family loan and have already told us they don't care if we pay it back. If we accept, we technically owe them a lot of money. If we say no, they may be offended. What do you think about this and how it might impact the relationship?
James

Dear James,
Well, it makes sense your wife would be onboard with the whole thing. It's her dad making the offer, so of course she would be a lot more comfortable with the idea than you are.

This is a big deal, and it's something you two should have a very serious conversation about. Get on the same page in every regard. Also, I'd recommend making sure you get everything in writing. See to it, as well, that it can be forgiven at the maximum allowable annual gift rate.

In addition, in the event of death make sure it's included in the estate, it's forgiven, and there will be zero call on the note. In effect, that would make it an advance on your inheritance instead of debt. Under no circumstances should they, or any other heirs, have grounds to call the note.

That's a good question, James. And a nice gift!
—Dave

KEEPING THE SIDE HUSTLE ALIVE

Dear Dave,
I have a full-time job, but I

also have a side job providing firewood to help pay off debt. I make \$600 to \$1,000 a month with this project. My log splitter went down recently when a hydraulic line burst, and the machine caught on fire. I'm not sure how much it will cost to get it going again. Should I invest in a new one that will increase my productivity and help me pay off debt faster?
Chris

Dear Chris,
If I'm in your shoes, I'm going to fix the old one. Even it means duct tape and glue, I'm going to try to find a way to repair it instead of spending a bunch of money or going deeper into debt.

If you can't do that at a reasonable price out of pocket, I'd be in the market for a decent, used log splitter. And pay cash! I get your line of thinking when it comes to increasing productivity. Splitting wood is real work. But don't try to justify buying an expensive, new piece of equipment when it's just not necessary.

If you're making that much with a side hustle, you can make your money back on a used splitter in a month or two—three at the most. Be smart about it, Chris!
—Dave

* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

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Simple Acts of Kindness



**SUBMITTED BY
 COURIER JOURNAL
 READERS**

I went on a walk, one evening, around my neighborhood to get a breath of fresh air. I passed a house with a sprinkler system going.

One of the sprinklers was pointed slightly into the road and a couple of drops barely hit my leg. Moving right along to the music on my earbuds, I looked up to see a gentleman waving hello with a smile saying, “I’m sorry about that. I haven’t had a chance to adjust the sprinkler.” I waved back with a quick comment and smile, “These are the little things.”

What he didn’t know was that my husband’s cancer had come back, and I had much more on my mind than a couple of drops of water landing on my leg. The man’s kindness and sweet smile really brightened my day.

~Mrs. N.

Mail or Email us a Simple Act of Kindness you have witnessed or experienced:
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ASK THE ATTORNEY



Thomas McCutcheon

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Q The guy who owns my hunting camp is in a contract with a logger, but lumber prices have really gone up. Can you get him out of the contract?

Sam, Killen, AL

A Like all lawyers everywhere people ask questions about the law. It's always an honor for someone to recognize and call on your knowledge, and it happens to lawyers all the time.

There is no lawyer that can, could or should answer a question about a contract without reading the contract. Almost always, if you want to

ask a lawyer a question about a contract, the lawyer needs to see the contract.

I'm sure there are exceptions for contracts that call for outcomes that are not recognized by law. Anybody with an imagination can come up with an idea for an illegal contract. That being said, the law of contracts can be complicated. The law of contracts is extensive to the point where there are legal encyclopedias for courts and lawyers who deal with contracts to reference. The fact is that contracts can be governed by statute, prior decisions of the courts of the state in which the contract was made or interpreted and there are those contracts where the court would have to make new law.

Certainly the law of contracts does contain exceptions for contracts that are entered into in good faith but that have unforeseen difficulties. There may be exceptions when one side is unjustly enriched beyond what the parties contemplated in the original contract.

For a lawyer to apply the law as it relates to contracts and to provide legal advice, they have to have the contract to read.

Whenever a person has a question about a contract, always bring the contract.

Buckle up, wash your hands, and as always your referrals are appreciated! 256-764-0112



Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 or visit our website at: www.mhatty.com

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We will not print your full name in the article. We will not be able to return any written or preprinted items which are submitted.

No representation is made that the quality of legal services to be performed is greater than the quality legal services performed by other lawyers.

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FAME

Continued from Page 1

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The Alabama FAME AMT program at NW-SCC currently has 14 students. The new class will bring the two-year program's capacity to 32.

The FAME program is a pathway to a challenging and well-paying career as a multi-skilled technician. Students will attend classes two full days, 16-20 hours per week, while working three full days, consisting of 24+ contact hours, with a sponsoring company. FAME Students earn a competitive wage while attending college and gain priceless work experience. Over two years students can earn as much as \$33,500, which, with planning can cover all of a student's education expenses.

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Notes...

Continued from page 4

July 25, August 22, and September 26. The Help Center is located at 621 South Court St, at the corner of Veterans Drive, in Florence.

Luncheons at Cloverdale Community Center will be cancelled for remainder of 2020. Hopefully 2021 will be better. We love and miss everyone. Be safe!

The Club (Florence Senior Center) is closed for activities. However, curbside meal pick up is Monday-Friday. Call 8:30-

10:30am for meal. Pick up between 10:30-11:30am. Donations accepted, but not expected. 256-760-6668.

Rickwood Road in Florence will be closed to traffic from the Railroad Tracks to Chisholm Road beginning until further notice.

Due to the current situation, Chapel Hill Church Of Christ will not host its traditional Summer Gospel Meeting.

We would like to leave you with this scripture from 1 Thessalonians, 5:16-17. Rejoice always, pray without ceasing. U.S. Hwy. 72 just west of Tusculumbia

Due to the high elevation of numbers with the Coronavirus, the Shoals Writers Guild will not meet in August. Everyone's health and well-being is the most important concern presently. We will restart our meetings when the Florence library reopens for meetings and the health of our speakers and members allow it. Thank you for your patience and support. Prayers always for your good health and safety.

Applications for the Elk National Foundation's (ENF) Most Valuable Student Scholarship program are available online as of August 5. Any high school senior who is a citizen of the United States is eligible to apply.

Applications must be submitted online on or before November 15, 2020.

The ENF will award 500 four-year scholarships to the highest-rated applicants in the 2021 competition. Male and female students will compete separately.

Applicants will be judged on scholarship, leadership, service and financial need.

Due to the Covid-19 pandemic, ACT scores will not be required on this year's application. For additional information and to apply, go to enf.elks.org/MVS or contact Dr. Jean Love, Scholarship Coordinator, Shoals Elks Lodge 2860 at 256-762-5043.

Local Youth Shooting Sports Team "THE HAPPY HOLLOW SHARPSHOOTERS" along with Alabama Youth Education in Shooting Sports is hosting a FAMILY FUN DAY event, Sunday, August 30, 2-5pm at Muscle Shoals Skeet & Trap 1301 County Rd. 346 Florence. Event is FREE to the public

- Learn Firearm Safety
- BB Gun
- Trapshooting
- Skeet Shooting
- Horseshoes and Corn Hole Games

will be setup. EVENT IS FOR ALL AGES TO COME OUT AND HAVE FUN!

Happy Hollow Sharpshooters is always accepting new youth shooting members.

Muscle Shoals Skeet & Trap will be accepting new members. More Information: Call or Text (256) 284-3817. Email: Greg899202@gmail.com

Motor Coach Tours With The Club (Florence Senior Center). These trips are open to the public. www.GroupTrips.com/TheClub

Pigeon Forge/Smokey Mountain Show Trip, 5 days 4 nights, \$575, November 9-13.

Prices for 2020 are being honored for now on 2021 trips! Register soon!

Mackinac Island, 7 days 6 nights, \$719, August 15-21, 2021.

Niagara Falls & Toronto, 7 days 6 nights, \$689, June 13-19, 2021.

For more information, call The Club 256-760-6642

Letters...

Continued from Page 28

The Fear of Covid-19

Editor:

Yes! I have been afraid of this virus from China. My wife was hospitalized for more than 18 days with Covid-19. So, I think I know a little about the fear of losing someone from Covid-19.

However, I am tired of reading in the local daily and from the mainstream media about Trump's mishandling of the response to the virus pandemic.

When the President shut down travel from China and Europe, he was criticized by the MSM and the Democrats. Dr. Fauci, a member of the presidential coronavirus response team, stated in a recent televised interview that he had worked with president on travel bans and other decisions which saved American lives. Yet the MSM quotes other "experts" with adverse views and reports a chasm between Trump and government coronavirus experts.

When President Trump mentioned Hydroxychloroquine, which has been around for 65 years, recommended by some medical people. Critics jumped on it, stating, "unproven!" With not much that has been proven, I for one am glad it was/is available. Why when the president tries to present an optimistic message, stating, "I think it is under control..." is he criticized? I believe the president has done a great job. Noted with all the criticism: stating travel bans did come soon enough, came too soon,

unproven medications, etc., I have not seen many positive suggestions....just criticism.

We stayed at home, wore a mask, practiced social distancing, when shopping, etc., and I still just about lost a loved one. It is out there! I fear, but I will be at the polls to vote! I am positive about getting the economy back with people working, getting children educated, getting back to public worship, etc. The July job reports indicate unemployment has dropped dramatically. Do we see anything in the local news about that?

Nothing but reports about potentially more virus cases. The DOW is up...virus cases are slowly trending down. It is time we stop living in Fear, trusting in God, and live again!

John Lee
Florence

So... the Kid Was Offended

Editor:

Recently down in Daphne, AL, a black high school cheerleader, Reagan Coleman, quit the squad because some of her white teammates were in a picture with a T-shirt that read: "I <Heart> Redneck Boys (the heart had a confederate flag inside the image). The picture was posted on Instagram and Ms. Coleman was "deeply disturbed". Ms. Reagan told WKRG she immediately saw hate in the social media post. She showed her mother who felt the same way. Both Ms. Reagan and her mother wanted to see action from school officials. When there wasn't any "action" taken, Ms. Reagan quit the team and started a petition to get the girls punished for the photo. She feels the white cheerleaders need to face the consequences of their actions.

This is America in the post George Floyd world. Some people feel as though they have a right to inhibit other's liberty so as to not be offended. I see many things that offend me. You know what I do? I change my behavior. When professional athletes started to kneel during the national anthem, I turned the channel and quit watching. When companies get politically active for things I don't support, I quit buying their product. For however long this country continues with the principle of Liberty for All, people shouldn't try to get others punished for things they don't agree with. This picture of the white cheerleaders was not taken

while wearing a Daphne cheerleading uniform. It wasn't taken in any official capacity of them in their representation of Daphne High School.

I only wish Daphne High School and/or Baldwin County Schools would have informed Ms. Reagan that this is America, and we have a little thing called Freedom. There is not an inherent right for a person to not be offended, or have others act in a way

as to please you.

When something like this happens to you, move on to the next picture or social media post. In fact, you may even want to "unfollow or unfriend" the source of your displeasure.

However, in a free society, you do not have the right to get other people punished for taking a picture that offends you.

Greg Duncan
Killen

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