



The Courier

February 24, 2016 Volume 16 Number 26

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Bertino to hold Town Meeting

Chip Bertino, Worcester County Commissioner for the Ocean Pines district, will hold a Town Meeting on Saturday, February 27 at the Ocean Pines library. The meeting will begin at 10 a.m. Commissioner Bertino will provide information on issues and developments occurring within the district and the county. Beau Oglesby, Worcester County State's Attorney is the guest speaker. County Attorney Maureen Howarth will also be introduced. Commissioner Bertino will be joined by Commissioner President Jim Bunting during the question and answer part of the program.

Bull, oyster roast set

The Bishopville Volunteer Fire Department will hold its annual downtown Bishopville Party, Bull and Oyster Roast on Friday, March 18 from 6 p.m. to 10 p.m. at the fire hall. All your favorites will be served: oysters, beef sandwiches and fried chicken. Call 410-352-5757 for tickets which are \$35 in advance; \$40 at the door. Proceeds will be used toward the purchase of a new fire truck.

Pines bus trips offered

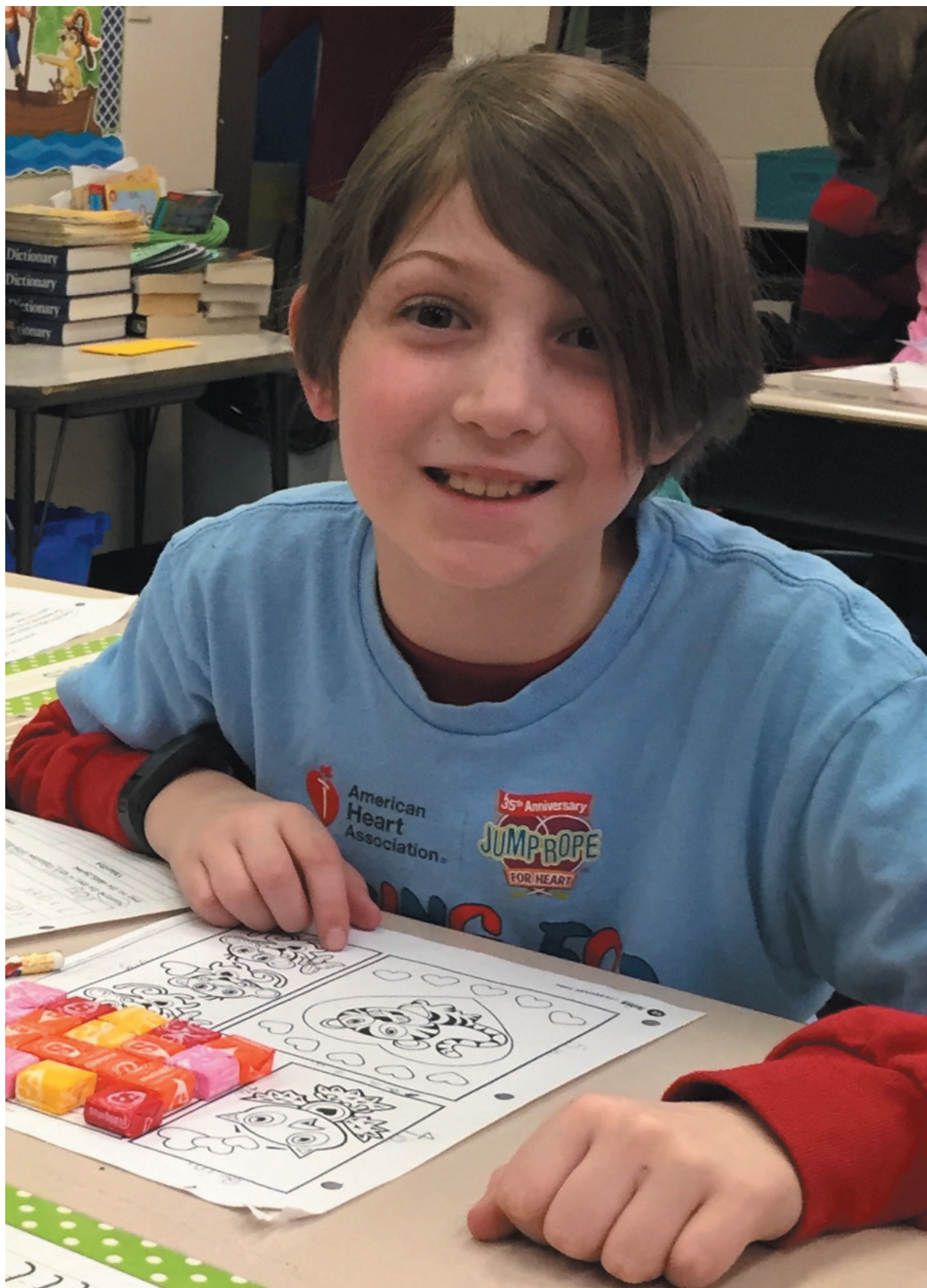
Area residents can catch a show and let Ocean Pines do the driving with bus trips offered by the Recreation and Parks Department.

On Saturday, March 12, enjoy the spectacular floral displays at the Philadelphia Flower Show. Attendees are invited to "Explore America" in acres of gardens celebrating the beauty of our country's national parks. The cost is \$70 per person, which includes transportation and show admission.

Visit the Dutch Apple Dinner Theatre in Lancaster, Pa. and enjoy a performance of "Menopause the Musical" on Saturday, April 9. This comedy celebrates "The Change" with parodies of songs from the 1960s. The cost is \$90 per person, which includes show tickets, a buffet lunch and transportation.

On Sunday, April 24 head south to Norfolk, Va. and watch the Virginia International Tattoo at the Scope Arena. The performance will feature over 1,500 military and civilian performers from eight nations who will share their unique music, dance culture and pride. The cost to attend is \$85 per person, which includes transportation and show ticket.

please see trips on page 3



Candy learning - Showell Elementary student, **Tirzah Hill**, a third grader from Rebecca Johnson's class, uses Starbursts candies form square units as she discovers different areas.

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Luncheon to honor Gulyas, Purnell

March is designated Women's History Month to encourage citizens to take this occasion to learn more about the history and accomplishments of women in America.



Louise Gulyas



Diana Purnell

The Worcester County Commission for Women will be celebrating Women's History Month at a luncheon to be held on Wednesday, March 16 from 11 a.m. to 2 p.m. at the Clarion Resort Hotel in Ocean City. The luncheon's theme "Working To Form A More Perfect Union—Honoring Women in Public Service and Government" will recognize Worcester County women whose lives exemplify exceptional vision and leadership.

Louise Lee Gulyas (1934-2015) will be honored as the 2016 Woman

in History for her extraordinary life, worthy of celebration and remembrance. Diana W. Purnell will be honored as the 2016 Woman of the Year. Diana Purnell is a local inventor and entrepreneur, an elected representative to the county commissioners representing District 2 and a community volunteer at local levels to improve the services and facilities in the town of Berlin and all of Worcester County.

Six Worcester County students will be honored as Women of Tomorrow. The award categories are Grades 7-8, Grades 9-10, and Grades 11-12, with each category recognizing an awardee for first place and an honorable mention.

These outstanding young women will be recognized for their leadership abilities, academic achievements and for making a significant positive impact on their community.

The event will feature exhibitors, awards and a silent auction and raffles. The cost to attend is \$37 per person, which includes an entrée of pork loin filled with a spinach & mushroom roulade and roasted top sirloin of beef with a sherried mushroom sauce served to the side or a Vegetarian, gluten-free choice. Tables of eight may be reserved. A cash bar will be available.

For reservations, call 410-208-6798, email hfgowl@mediacombb.net or mail a check to FWCCW, P.O. Box 1712, Berlin MD 21811. Designate on your check "Vegetarian" if this is your choice of entrees. Proceeds from this event benefit the McGuffey literacy program that provides summer reading books and book bags to Worcester County students in grades one through three.

Breakfast to be held

The First Presbyterian Church of Ocean City will hold its Grace Parker All You Can Eat Breakfast on Wednesday, March 2 between 7 a.m. and noon. The menu will include eggs any style, pancakes, buckwheat pancakes, Milton sausage, country ham, homemade biscuits, hash brown potatoes, grits, coffee and tea. The cost is \$8 or \$6 for carry out. For more information call 410-289-9340.

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Learning the presidents - Savanna Morgan's kindergarten students at Ocean City Elementary School researched George Washington and Abraham Lincoln to celebrate President's Day. Pictured from left to right are: **Katherine Conway, Reid Anecharico, Aiden Backof and Lily Rados.**

Hospitality careers night to be held

Wor-Wic Community College and the Delmarva Chefs and Cooks Association are hosting a hospitality careers night on Tuesday, March 1, at 6 p.m., at the Ocean City Convention Center.

Designed for anyone interested in pursuing a career in the hospitality industry or those currently working in hospitality jobs who are looking for advancement, the event will include demonstrations and presentations by Wor-Wic faculty members who teach credit classes in hotel-motel-restaurant management and the culinary arts.

"Wor-Wic is a great place to start your career in the hospitality industry," said Dr. George Ojje-Ahamiojie, department head and associate professor of hotel-motel-restaurant management. "Our credit program options provide students with entry-level skills for positions and to receive on-the-job training.

"Our programs are accredited by the American Culinary Federation Education Foundation's Accrediting Commission," Ojje-Ahamiojie added. "Students work in a modern teaching kitchen with commercial equipment preparing foods typically found in area restaurants."

Ruth E. Baker, dean of the continuing education and workforce development division, will provide information on short, non-credit courses, such as bartending, culinary skills, hospitality law, safe food handling and swimming pool operations, which are offered throughout the year.

Richard C. Webster, director of admissions, and Deborah E. Jenkins, director of financial aid, will talk about enrolling and paying for college.

To reserve a seat, contact Webster at rwebster@worwic.edu or 410-334-2896.

WCHS wants your empties

Worcester County Humane Society wants your empty beverage cans to recycle and turn into cash for the shelter animals all while helping the environment. Over the past few years the shelter has been recycling cans through Salisbury Scrap Metal to earn extra money for the ongoing high costs of caring for the many animals who find their way to the no-kill shelter. Consistently, \$2,500 to \$4,500 is earned per year through this program.

Those interested in dropping off cans can do so any day of the week. There are trash cans conveniently located by the shelter's mailbox right off of Eagles Nest Road. Bagged cans can also be dropped off right beside the collection trailer that is located beside the sheds on the shelter's grounds. Businesses and individuals who have a large amount of cans to be recycled can also call the shelter 410-213-0146 to schedule a pick up by a shelter volunteer. The shelter is only taking empty, aluminum beverage cans to be taken to Salisbury Scrap Metal.

Another way to help the shelter and the environment is to bring empty ink cartridges to the shelter. The shelter recycles these in return for cash for the animals. Any businesses who have a large amount of ink cartridges and would like to schedule for them to be picked up by a shelter volunteer can call the shelter.

"We are continually looking for ways to raise money for the shelter," said Sandy Summers, WCHS board member and Ways & Means Committee Chair. "It is especially important for us to find ways, like the recycling program, that will consis-

tently bring in money every month."

The Worcester County Humane Society is a private, nonprofit, no-kill animal shelter located off Stephen Decatur Highway, Berlin. The shelter is open 11 am to 5 pm every day except Mondays. For more information call 410-213-0146. Follow the shelter on Facebook and Instagram for event updates and pets available for adoption or visit www.worcestercounty-humane.org

trips

from page 1

The buses for these trips, which are open to the public, will depart from the Ocean Pines Community Center, located at 235 Ocean Parkway in Ocean Pines. Reservations are required. Refunds will not be issued for cancellations unless vacant seats can be filled.

For more information or to register, call the Ocean Pines Recreation and Parks Department at 410-641-7052. Information regarding additional recreational programs, including an online version of the Ocean Pines Activity Guide, is available at OceanPines.org.

**The LORD will surely save me
So we will play my songs on
stringed instruments** Isaiah 38:20



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Yesteryear music to be performed

The sweet sounds of 50s and 60s "girl bands," made famous on "Bandstand" and played on jukeboxes in diners everywhere, will rock the Ocean City Performing Arts Center. The curtain goes up at 7:30 p.m., Wednesday, May 4, featuring "The Manhattan Dolls," who travel the world performing for a wide variety of audiences. The New York based vocal trio initially performed Roaring 20s and WWII-era music of the Andrews Sisters for active military and veterans. They also now don poodle skirts and capris to bring back the music made popular by the "Supremes," the "Ronettes," Fats Domino, the "Temptations," Carol King and more.

Get your tickets by calling Ticketmaster at 800-551-7328, or visiting the Ocean City Convention Center box office (open from 9 a.m. to 4:30 p.m.). The concert is sponsored by Chapter AK, P.E.O., MD, the local chapter of an international non-profit organization actively promoting educational opportunities for women locally, nationally and internationally.



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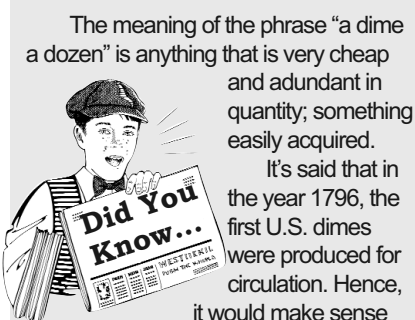
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Robert B. Adair 1938-2007

2012 Business of the Year

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The meaning of the phrase “a dime a dozen” is anything that is very cheap and abundant in quantity; something easily acquired.

It's said that in the year 1796, the first U.S. dimes were produced for circulation. Hence, it would make sense

for this phrase to originate sometime after. This phrase looks as though it originated from sometime in the 1800s where a number of different foods were being sold for the the literal price of a dime a dozen. For instance, copious newspapers from that time advertised how certain kinds of food, like eggs, oranges, and peaches, were available for purchase by the dozen, and their cost was nothing more than a single dime. An example of this comes from the *Galveston Daily News*, 1866:

“The San Antonio Ledger says the city is well stocked with peaches at a dime a dozen.”

In the early-ish 20th century, this idiom was used in its figurative meaning of “something that's very common.”

For example, *The Northern Miner* newspaper, 1931, wrote:

“Camers,” the old-timer said, “is just an overgrown down. As for the others—Schaof, Baer, Paulino,

Risko, Campolo—they're nothing but ‘dime a dozen fighters.’”

Scholarships available

The Jesse Klump Memorial Fund has announced the terms of its 2016 scholarship, and the nomination process has begun. The eighth annual scholarship has a potential value of \$12,000; \$3,000 per year renewable for up to four years.

“We grant a scholarship each year to a member of the graduating class at Snow Hill High School,” said Fund president Kim Klump. “Our selection is based not on academic achievement, but rather on the student's demonstrated willingness to put others ahead of himself or herself. It is compassion and altruism we recognize. Our scholars want to continue their educations with a goal to making the world a better place.”

Critical to the selection process are character references, ideally letters that relate stories about how this young person has helped those in need without having to be prodded to do so, and without any expectation of recognition or reward. “These are students who do the right thing simply because it's right, not to build their resumes and not to advance themselves personally,” Klump said.

Past nominees have befriended and mentored other students, helped elderly neighbors with daily tasks, taken it upon themselves to create programs to help others, and created their own volunteer positions when they have seen a need. “We want to know what about these students set them apart from their peers. Tell us the stories of what you have observed, about what makes this student truly altruistic,” said Ron Pilling, the Fund's secretary.

Nominations are accepted from anyone in the community – teachers, clergy, neighbors, and friends. The nominee must not participate in the process, and to do so will render that nomination unacceptable. Nominees can plan to attend any legitimate post-high school institution. “There is no requirement that a student must be seeking a degree,” Pilling said.

Nomination forms are available at www.jessesaddle.org (click on Scholarship Nomination Form) or by calling 443-982-2716. The deadline for nominations is April 1, and multiple nominations for the same student are acceptable, in fact, encouraged.

Suicide prevention workshop set

“We open our suicide prevention presentations by asking who in our audience knows or knows of someone who has attempted suicide, or died by their own hand,” said Jesse Klump Memorial Fund president Kim Klump. “Invariably, the majority of those is our audience raise their hands.”

The fund, in partnership with the Church of the Holy Spirit and with the assistance of the Worcester County Health Department, will host a *safeTALK* suicide awareness and prevention workshop on Saturday, March 19. The three-hour session begins at 1 p.m. and is free of charge. The church is at Coastal Highway and 100th Street in Ocean City.

safeTALK has been taught to thousands of people, laypeople as well as healthcare and education professionals, around the globe. No prior experience in suicide prevention or crisis response is necessary. In one afternoon, participants learn to recognize the risk factors and

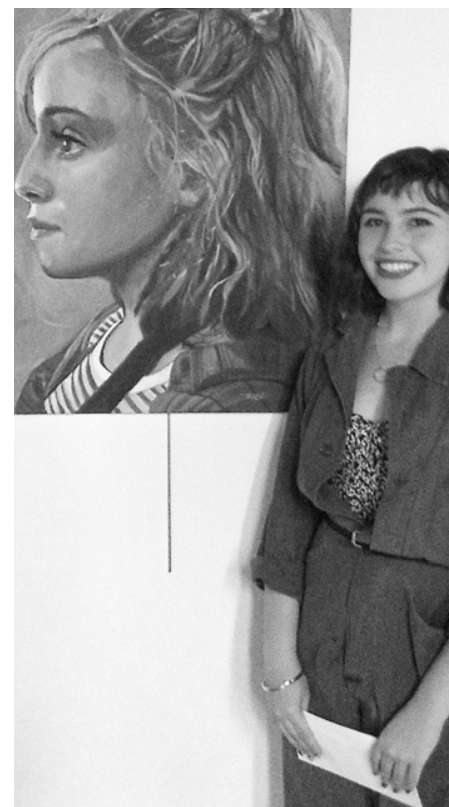
warning signs that may indicate that a suicide attempt is imminent, and the simple steps that anyone can take to keep someone safe until trained professionals can intervene.

The course is taught by a certified trainer from the health department's Crisis Response Team. “Those who attend leave the class with an understanding of what may drive someone to consider suicide. More Americans die by suicide than by automobile accidents in America,” she said. “You don't have to be a psychiatrist to keep someone safe. You just know what to look and listen for, and the simple ‘suicide first aid’ prevention steps that anyone can take.”

Refreshments will be served, and guests will leave with a wealth of printed materials. Space is limited, so reservations are necessary. To reserve yours, call Tammie Collins at the Worcester County Health Department, 410-629-0164 extension 150 no later than March 15.



Kathryn O'Malley



Taylor Zarif

WPS seniors win art awards

Worcester Prep seniors captured two top awards at the 2016 High School Art Competition and Exhibit hosted by the Berlin/Ocean City Optimist Club on February 12. All of the art entries will remain on display through February 26, at the Worcester County Arts Council on 6 Jefferson Street in Berlin.

Pictured are **Kathryn O'Malley** (3rd Place, Painting) and **Taylor Zarif** (1st Place, Painting).

Stick shifts, chattering teeth and double vision

Author's note: During the past several weeks my daughter has been sending me pictures and video of my granddaughter learning to ride a dirt bike. This reminded me of when I taught my daughter to drive many years ago. What follows is a column I wrote in 2006 about that experience.

Not long ago my daughter learned how to drive a car with a manual transmission.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

During the early stages of her instruction this was quite an adventure for her, those who drove with her and those unfortunate enough to be driving behind her.

It's difficult enough for a teenager to learn how to operate a vehicle with the all the coordination required to drive, change the radio station and sing loudly. When having to manipulate the clutch and stick shift is added into the mix, the only predictable result is confusion, inappropriate language and a lot of frustrated fellow drivers.

I have always believed that the best way to learn how to do something is to actually do it. Sink or swim so to speak. This is not the only teaching principle for sure but it has been my belief that experience is the best teacher. So off my daughter and I went to the nearest large parking lot. Once we arrived, my daughter got behind the wheel. "Okay, just go straight," I told her. "Depress the clutch, shift into first gear and push on the gas pedal."

No sooner had I gotten the last words out of my mouth than the car stalled abruptly after shaking violently. This scene repeated itself four or five more times before she finally got the hang of letting up on the clutch as she depressed the accelerator. Each time the car shook and jerked so much it looked like it was having a seizure. I bit my tongue once and banged my head on the windshield. My daughter was undeterred. She kept right on trying regardless of the fact that at one point her father was knocked nearly unconscious.

During one of my near semi-unconscious episodes I flashed back to an earlier time when I was teaching my daughter how to ride her first two wheel bicycle. She was just as determined then to succeed regardless of the fact that twice she nearly knocked me over and once ran over my foot. So hazardous was this experience that I wound up wearing more protective gear than a defensive lineman.

My present circumstances found me

cruising at about 10 miles an hour with my daughter in an empty parking lot. The car was moving along slowly but steadily. It was not shaking and my teeth were not chattering, as much. Things were going along just fine until I said to shift into second gear. She pulled down on the gear shift. The car shook violently. "Push down on the clutch," I said. But it was too late. The car was once again shaking uncontrollably. If I hadn't been wearing my seat belt I would have certainly been thrown into the backseat. The car stopped abruptly.

I explained what she should have done. We tried it again. She got into first gear okay. She then shifted into second with relative ease. She made it all the way up to fifth gear. We practiced for a long time. She was getting the hang of it. She even learned how to go in reverse. This maneuver took several attempts, produced a bump on my forehead when I was thrust into the dash board and required the use of the first aid kit.

My daughter was learning though. She was doing so well that I told her to leave the parking lot and drive home. We both realized this was a big step. But like Butch Cassidy and the Sundance Kid jumping off the cliff into the water below, we went for it.

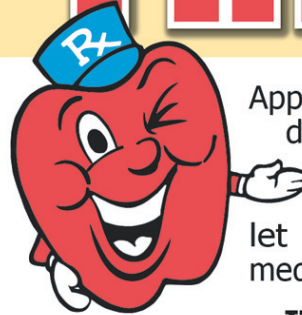
She turned out onto the street and headed for home. Things were going fine. She was having no problem at all. She even stopped at a red light without incident. However, getting started when the light turned green proved to be more than a little difficult as there was a bit of an incline to overcome. Try as she might she could not get the proper coordination between depressing the clutch and accelerating. The traffic light went through three cycles, cars were backed up behind us and people on the side of the street just looked on in amazement as our car bucked and convulsed each time the light turned green. So violently did the car shake that my teeth slipped into my back pocket.

It would have been very easy to take over the driving. But in keeping with the sink or swim philosophy, what would have been learned? Besides, my daughter is a very determined young woman who would not have appreciated being told to step aside. Also, having left my bicycle helmet at home, I was getting pretty banged up and was having difficulty with double vision.

Throughout this entire scene my daughter remained calm, despite the honking horns behind her. She finally got the car moving and we made our way home. Since that day my daughter has learned to drive that car like a pro. My bruises have long since healed and my double vision is no longer a problem and my double vision is no longer a problem.

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County offers free CERT training

Worcester County Emergency Services (WCES) invites the public to participate in a free, eight session Community Emergency Response Team (CERT) course in Newark.

The training takes place in the Community Center at the Fire Training Center on Tuesdays from 6:30 to 9:30 p.m. from March 8 through April 26, with Cardiopulmonary Response (CPR) and Automatic External Defibrillator (AED) training to take place during class on March 22.

CERT is an informative, hands-on training program designed to equip residents, with no prior emergency medical experience, to offer immediate assistance to those in need following an emergency until further help can arrive.

"CERT helps you prepare yourself, your family, and your community to face a wide variety of emergencies," WCES Emergency Planner Tom Kane said. "CERT makes you safer."

Participants will learn basic life-saving skills, such as CPR/AED, First Aid and fire suppression. They will also learn to recognize both natural and manmade hazards. Upon completion of this program, students will be able to create disaster plans and supply kits and aid in responding to hazardous material emergencies.

Those who successfully complete the training will receive CPR and First Aid certification through the American Heart Association.

During the course, instructors will provide information on hazards typical to Worcester County, hazardous

materials in the home and the National Incident Management System. Instruction is geared to help residents better prepare and survive during the first 36 to 72 hours after a catastrophic event when local first responder resources are stretched to their limits.

CERT is available at no cost to all interested residents.

Space is limited to 20 individuals and is available on a first come, first served basis. For more info or to register, contact Tom Kane at 410-632-3080 or tkane@co.worcester.md.us.



Azzolini promoted to deputy director

The Worcester County Commissioners announced last week the promotion of John Azzolini to the position of Worcester County Economic Development (WCED) deputy director. He will step into his new role with WCED on February 29.



John Azzolini

Azzolini brings 20 years of experience in the areas of marketing, and planning and zoning to his new position. Prior to his promotion, Azzolini served eight years as a planning and zoning inspector, while also supporting the Board of Zoning Appeals, within Worcester County Development Review and Permitting from 2005 to 2013. Azzolini then took over as retail operations manager, overseeing retail operations within the Department of Liquor Control. Before beginning his career with Worcester County, Azzolini served as vice president of product development for The Topline Corporation from 1997 to 2005.

"I am honored to serve in this capacity, and look forward to assisting Merry Mears in her efforts and goals to attract and preserve businesses in our community," Azzolini said. "I have no greater aspirations than to help build jobs and grow local industries."

Along with his professional accomplishments, Azzolini is an active member in his church and an advocate on feeding the hungry at area shelters. Azzolini also volunteers at the Worcester County Humane Society.

K of C dinners scheduled

The Knights of Columbus will host their Simple Supper at Columbus Hall located behind St. Luke's Church on February 24, March 30 and April 27 between 5 p.m. and 7 p.m.

The cost is \$7 per person. There will be a cash bar. For more information call 410-524-7994.





Red Scarf Day — On February 17, Annapolis held a Legislative Red Scarf Day. Representing the Eastern Shore, were Republican Women of Worcester County members **Carol Frazier**, **Doris Gorden**, Delegate **Mary Beth Carozza**, **Mary Adair** and **Beth Rodier**. John C. Wobensmith, Secretary of State, addressed the Maryland Federation of Republican Women during lunch. In addition, we attended a House legislative session and committee hearings.

Join Us For Breakfast

The Ocean City Aviation Association Breakfast

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9 a.m. to noon

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Proceeds benefit the Huey Veterans Memorial Fund

For details call

Coleman Bunting at 410-726-7207



Pines to offer kids tennis clinic

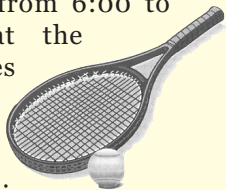
The Ocean Pines Recreation and Parks Department will once again offer its Quick Start Tennis indoor clinic, an introductory tennis program for children ages five to seven, beginning Friday, February 26 from 6:00 to 6:45 p.m. at the Ocean Pines Community Center.

The four-session clinic will be taught by Coach Erika Cook of Delmarva Beach Tennis and will cover the basics of tennis on a smaller-scale court.

Participants will need to provide their own age-appropriate tennis racquet; tennis balls will be available for use.

The cost is \$45 for Ocean Pines residents and \$55 for non-residents. Preregistration is required.

For more information or to register, call the Ocean Pines Recreation and Parks Department at 410-641-7052.



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Castillo is crafter of the month

The Pine'er Craft Club of Ocean Pines has selected Luz Castillo as the Crafter of the Month for February. Luz has lived in the Pines since 2002 when she came from her native land of the Philippines. She began as a part-timer and more recently became a full-time resident.



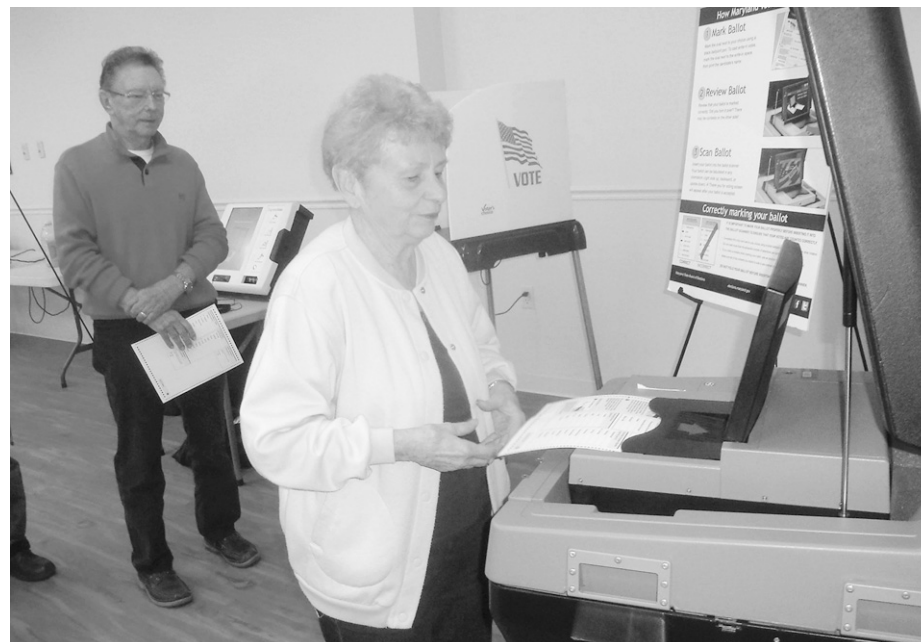
Luz Castillo

Luz has been doing crafts since her early childhood. She was inspired by her father who did a lot of

projects that involved carpentry. She got her love of gardening from her mother. Her garden last year was one of the houses on the annual Garden Tour sponsored by the Ocean Pines Garden Club.

She does not confine herself to just one craft. She does mosaics, beaded flowers, paints, and enjoys building shelving. Much of the shelving units in the Craft Store were made by Luz.

You can stop in the Craft Store to see all of the lovely work she has done. The shop is now open year-round on Saturdays from 9 a.m.-3 p.m. and Sundays from 10 am -3 pm. They now accept credit cards. The shop is located in White Horse Park near the Community Center.



Kiwanis learns about the new voting machines

As a result of a 2008 ballot referendum, Maryland has changed how ballots will be cast starting with early voting for the Primary Election to take place on April 26. Maryland voters opted for the new method because it provides a physical paper record of the ballots cast. Even though the ballot is paper, it will be tallied electronically when it is inserted into the voting machine and scanned. The system was demonstrated during the February 17 meeting of the Kiwanis Club of Greater Ocean Pines-Ocean City by Maryland Board of Elections President for Worcester County, LouAnn Trummel and Nikki Nelson, the county's Information Technology Tech. Above Kiwanis members **J. Graham Caldwell** and **Syd Warner** enter their test ballots as Nikki Nelson supervised

Ireton to speak to Dem group

Congressional candidate and former Salisbury Mayor Jim Ireton will be the guest speaker at the Democratic Club of Worcester County meeting to be held Thursday, February 25 at 6:30 p.m. The meeting will occur in the Assateague Room of the Community Center.

The ordinary peanut is multifaceted

Peanuts and their creamy offshoot, peanut butter, are popular snack foods and lunchtime staples. The distinct and mild flavor of peanuts attracts many people to these shelled legumes, which many might be surprised to learn are not true nuts.

An interesting and unusual plant, the peanut plant flowers above the ground but bears fruit below the ground. Peanuts do not grow on trees, nor do they form on roots. When peanut flowers are pollinated, they

begin to grow and lose their petals. The bud, or "peg," grows downward, forming a small stem that pushes into the soil. While there are many varieties of peanuts, the most common types include the Runner, Virginia, Spanish and Valencia. Runners are usually found in peanut butters.

Peanuts thrive in warmer climates which is why they tend to be produced in Asia, Africa, Australia, and areas of North and South America. Virginia, North Carolina, South Carolina, and Georgia are some of the major peanut-producing states in America.

Much of the popularity of peanuts can be traced to George Washington Carver. Carver was born into slavery, but he would become an artist, educator, chemist, and botanist. He was instrumental in transforming the peanut from a cast-aside item into a cash crop. He also helped develop many different uses for peanuts beyond food.

Carver found that peanuts, which contain protein, could help replenish nutrient-ravaged soils. Rather than plant cotton year after year, he convinced farmers to rotate the planting

please see **peanuts** on page 13

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Just Good Business...

Steve Rakow's newest challenge

By **Jean Marx**

With an impressive, varied background that includes a Naval Academy education, 20 years of service in the U.S. Marine Corps, ownership of local businesses, and a strong legal track record, Steven Rakow is ready to embrace a new challenge. Mr. Rakow has recently opened his office doors in private practice. This latest venture is

part of his life's journey of building upon his previous experiences to provide the best in customer service for his clients.

Mr. Rakow's experience began at the Naval Academy followed by five years as a Marine Officer on active duty. He led a platoon of Marines in combat in the Persian Gulf War in 1990-1991. He spent the next 15 years in the Marine Corps Reserves where he commanded a unit of 140 Marine Reservists and was responsible for millions of dollars of equipment.

Mr. Rakow earned his law degree in 1996 and began practicing in Cincinnati, Ohio. There he was an assistant prosecutor, worked as an appellate court law clerk, and worked briefly in a large law firm. Mr. Rakow argued over 100 criminal cases in the Ohio appellate courts. In late 2000, Mr. Rakow moved his family to the Ocean City area to take over the family construction business, where he continued as corporate counsel. After getting licensed in Maryland in 2002, Mr. Rakow's first trial went all the way to the Maryland Court of Appeals.

Throughout the 2000s, Mr. Rakow continued to run several small businesses and practice law. In 2008, Mr. Rakow's experience with construction law gave him an opportunity to assist a local law firm in defending the Board of Education in a major construction litigation case. In 2011, Mr. Rakow became an Assistant State's Attorney where he successfully handled cases involving murder, major property crimes, arson, high-dollar theft, embezzlement, employee theft, elder abuse, and financial exploitation. Mr. Rakow tried dozens of jury trials and over 100 bench trials in both circuit and district courts.

He enjoyed his five years in the State's Attorney office, where his fellow prosecutors and members of the defense bar helped him build and strengthen his litigation skills. He also credits the three Circuit Court judges with teaching him valuable lessons. As he states, "They allowed me to make mistakes, but they also provided me their guidance in how I could do things better the next time." Mr. Rakow also lavishes praise on his parents who instilled a sense of hard work and honesty in him and on his devoted wife of 28 years, Kelley.

Mr. Rakow's wide-ranging background has prepared him well for his current challenge as he returns to private practice. In addition to a general

practice, Mr. Rakow says he wants to take on construction law, personal injury, and criminal defense matters. He states, "I feel it's important to make sure all of my clients are treated fairly. I've worked hard all my life for everything I've ever been involved with, and I will always give my clients 100%." His vision remains as it always has to represent his clients' best interests and in the process to earn the respect of his clients, colleagues, and the community at large.

In building his private practice, Mr. Rakow plans to grow his business in a measured way that can be sustained while also allowing him opportunities to continue growing as an attorney. He likes to consult with other attorneys who

are experts in their area, study the latest best practices, and to further his education through online and live seminars. He is most proud of his strong marriage with Kelley and "their three fantastic children, Marley, Lily and Lexie."

Mr. Rakow is also the president of the Worcester County Bar Association and serves on the Peer Review Committee of the Attorney Grievance Commission. If you're interested in an attorney who is always willing to go the extra mile for you, you need look no further. Mr. Steven Rakow can be reached at steve@steverakowlaw.com or by calling 410-600-3075. More information can also be found at www.steverakowlaw.com.

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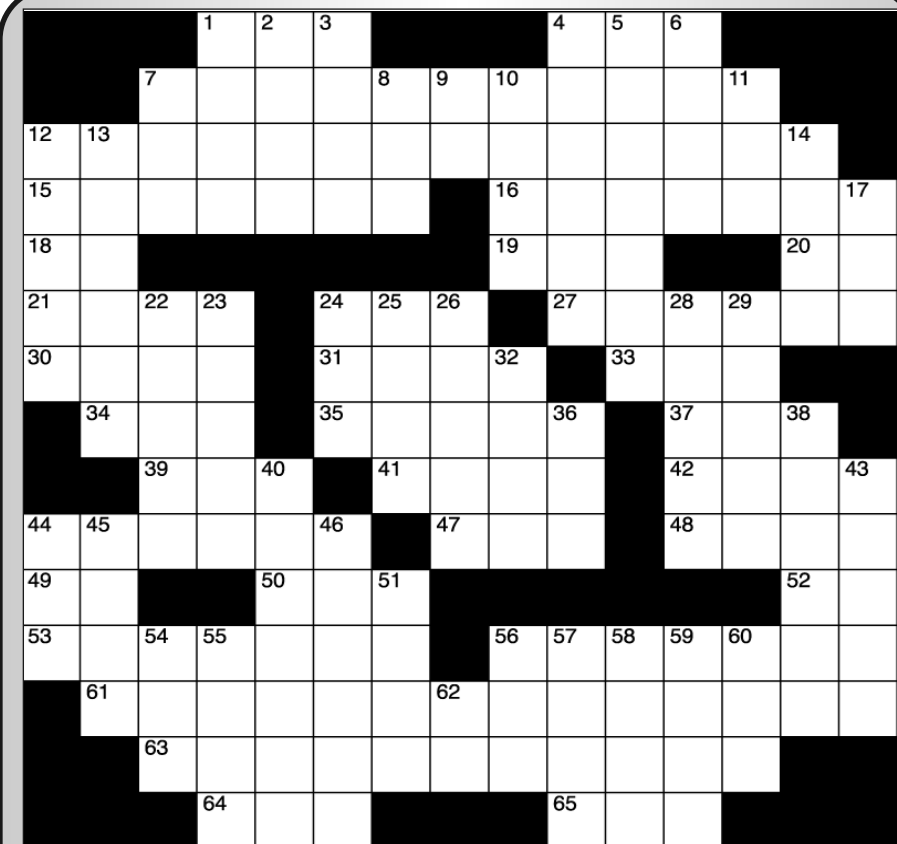
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18. 14th Greek letter
19. Durham school
20. Sodium
21. Ancient Olympic Site
24. Used to be United ___
27. Audio sound network
30. Girls actress Dunham
31. 1000 calories
33. Mekong people
34. Floor covering
35. Moroccan capital
37. Curtsy
39. Cheer
41. Database mgmt. system
42. Enough (archaic)
44. Release for a price
47. Similar
48. Not frequently experienced
49. Doctor
50. ___ King Cole, musician
52. Lady Spencer
53. Nauseated
56. More
61. Stevenson classic
63. Uncontrolled
64. Homesick
65. Law

DOWN
1. A continuous tube
2. Wet nurse
3. Rural France vacation retreat
4. Greek capital
5. Synthetic hormone
6. Qatar capital
7. Of she
8. Maya ___ of Vietnam Veterans Memorial
9. Not out
10. Tip of Aleutian Islands
11. ___ Ling, Chinese mountain range
12. NW Netherlands resort island
13. One who acclaims
14. Adjust for functioning
17. U.S. Revolutionary Adams
22. Bury
23. Adventure stories
24. Swedish krona
25. Several carangid fishes
26. Spiritual leader of a Jewish congregation
28. Cavalry-sword
29. Mahogany family genus
32. In a way, goes away
36. Thyrotropin
38. Axe killer Lizzie
40. Solomon Islands capital
43. Eerie
44. Root mean square (abbr.)
45. A nearly horizontal entrance to a mine
46. Assembled
51. Racketeer
54. Grand ___, vintage
55. Cognizances
56. Hair product
57. Iranian monetary unit
58. This (Spanish)
59. Jeopardy's Trebek
60. Small amount
62. Atomic #44

Answers for Feb 17

For Art's Sake ...

The talented Mr. Sargent

By **Stasia Heubeck**

John Singer Sargent, the talented portrait painter of the late 19th century, was born in Florence in 1856. His parents, although Americans, lived the life of true expatriates, spending spring time in the Alps, Germany, Spain and England, and winters in Rome, Florence and Nice. His father planned a career for him in the U.S. Navy but his mother encouraged him to pursue art. Since a good education was important, they supported his entry into the prestigious Ecole des Beaux-Arts in Paris. From there, John came to study under the well-known artist, Charles Auguste Emile Durand, famously known as Carolus-Duran, whose atelier was considered the best in Europe.



In 1884, at the age of 28, Sargent had become very popular in France as a gifted portraitist until an event changed the course of his life. He took a commission to paint the wife of a wealthy banker, Pierre Gautreau. He portrayed Madame Gautreau in her black low-cut gown with one strap hanging off her shoulder. When he exhibited it at the Paris Salon, the painting which be-

came known as the *Portrait of Madame X*, caused a scandal. That a married woman should be depicted in this manner did not endear him to the viewing public, even after repainting the errant strap on her shoulder.

Sargent decided to move to England where his paintings were well-received. His career really blossomed with the success at the Royal Academy of one of his most famous paintings, "Carnation, Lily, Lily, Rose," a large canvas of two young girls in an English garden. He went on to paint literary figures and presidents in the United States. While he continued to do his "mugs" as he called the portraits, he enjoyed painting landscapes and murals. "The Four Prophets" at the Boston Public Library and "Orestes" at the Boston Museum of Fine Arts are just two of his wall paintings.

Although Sargent painted in a traditional manner, he was influenced by the avant-garde movement of Impressionism. "Claude Monet Painting by the Edge of the Wood," painted en plein air in 1887, is a lovely example of the friendship of the two artists and the impressionistic style. His body of work includes over 900 oil paintings, 2,000 water colors, and numerous sketches and drawings. They can be seen in galleries around the world and in the US, most notably at the Corcoran Gallery of Art, Washington DC; the Metropolitan Museum of Art, New York; and museums in Cincinnati, Minneapolis, Boston and Los Angeles.

Tide and Sun Chart				
* tide is for Ocean City Fishing Pier. Add two hours for Isle of Wight tide				
DATE	HIGH TIDE	LOW TIDE	SUNRISE	SUNSET
Thur., February 25	9:04 a.m. 9:20 p.m.	2:52 a.m. 3:15 p.m.	6:38 a.m.	5:49 p.m.
Fri., February 26	9:42 a.m. 10:01 p.m.	3:32 a.m. 3:53 p.m.	6:37 a.m.	5:50 p.m.
Sat., February 27	10:21 a.m. 10:42 p.m.	4:14 a.m. 4:31 p.m.	6:36 a.m.	5:51 p.m.
Sun., February 28	11:01 a.m. 11:26 p.m.	4:59 a.m. 5:13 p.m.	6:34 a.m.	5:52 p.m.
Mon., February 29	11:45 a.m.	5:47 a.m. 5:59 p.m.	6:33 a.m.	5:53p.m.
Tues., March 1	12:16 a.m. 12:35 p.m.	6:40 a.m. 6:49 p.m.	6:31 a.m.	5:54 p.m.
Wed., March 2	1:11 a.m. 1:32 p.m.	7:35 a.m. 7:43 p.m.	6:30 a.m.	5:55 p.m.

The Many Facets of Wallops

Fleet carrier landing practice

By **Steve Habeger**

Everyone who has seen a movie or video of an aircraft landing on a moving aircraft carrier has some appreciation of the skill, talent and courage that is required to accomplish that feat.

Landing an aircraft on a concrete runway a mile (or more) long and 150 feet (or more) wide can occasionally stump pilots. Simultaneously managing potential energy (the height of the aircraft above the ground), kinetic energy (the velocity of the aircraft in three dimensions), and the environment (wind, rain, clouds, etc.) in order to achieve a gentle landing can be challenging.

But imagine the following scenario:
-shrink the runway to a patch of steel which is a mere 790' long and 80' wide,



Looking over the shoulder of the LSO
Photos by NASA/Patrick Black

-which is rolling, pitching and heaving erratically while it is moving away from you at an angle,

-take away all light for visual reference,

-add in rain or other visibility reductions,

-add in a low fuel situation at the end of a long mission, and

-add in certain knowledge that there is no alternative landing option within range.

That scenario is a recipe for a tense situation which would tax the most proficient pilot.

Naval aviators, all of whom are volunteers, need to be prepared for that most stressing situation and the training they receive has to prepare them well.

The NASA runways at Wallops Flight Facility (WFF), located just an hour south of Ocean Pines, are a critical part of that training experience. Over several flight periods a year, groups of student naval pilots experience the flight path they will follow when they first try to land aboard a carrier at sea. The training is called Fleet Carrier Landing Practice (FCLP).

In the three years since the NASA/NAVY agreement was signed which allows FCLP operations, over 25,000 "passes" have been performed at the WFF airfield.

A typical group which deploys to WFF number about 190 personnel and 8 aircraft. In the group are 18 instructors and 18 student pilots. All the personnel lives in local Chincoteague hotels and eat in local restaurants. The students fly both day and night approaches while at WFF.

The student pilots who arrive for FCLP have been in the pilot training pipeline for about four years and have advanced through many stages of pilot training. The students have been carefully trained and screened to ensure they have the physical and mental attributes necessary for the single most demanding activity of fixed-wing flying.

After years of flying on and off concrete runways, the FCLP student pilots are taught how to approach a carrier landing.

Pilots landing on an aircraft carrier are supported by both human expertise and amazing technical systems. The human assistance is provided by skilled Naval aviators who watch and guide every aircraft in to the landing. The officers are called Landing Signals Officers (LSO) and they talk to each landing pilot, offering advice and, when required, direction. There are many clever technical systems to assist a landing pilot (both in the plane and on the carrier) but the most impressive item is the Improved Fresnel Lens Optical Landing System (IFLOLS). Describing all the systems and espe-

cially the IFLOLS is far beyond the scope of this article; a quick web search can provide entertaining, if not scary, videos of landing operations on a real carrier.

During FCLP training, there is no attempt to stop the aircraft with a stout cable (called a "trap" by aviators) but rather just teaching the student pilots how to place the tail hook in the right place to grab the right cable. The training uses repetition of constantly

improving practices so that the procedures will be ingrained when the pilot moves to actual carrier operations. Each student pilot executes about 200 "touch and go" passes during FCLP before being sent to a carrier for their first landing.

Following successful completion of FCLP, pilots actually land on a moving carrier in a process called Carrier

please see *practice* on page 12

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Sarah Cooper, Ocean Pines, MD

When Ocean Pines resident Sarah Cooper discovered she had breast cancer, she didn't let it get her down. Despite a history of cancer in her family, she stayed positive and decided to fight.

As a long-time resident, Sarah wanted to stay here for her treatment. Throughout her treatment and ongoing monitoring, the caring medical staff at the Regional Cancer Care Center guided Sarah through all the steps.

Today, Sarah is proudly cancer-free, and continues her busy Ocean City life – just as she has for the past 17 years. Every day is a reminder of what she has achieved.

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• See Sarah's story at atlanticgeneral.org/sarah

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Jumping rope for heart health

In January, Ocean City Elementary School students in grades one through four participated in the annual Jump Rope for Heart Event, raising \$22,500 for the American Heart Association. The money raised each year helps the American Heart Association research new methods to help heart and stroke patients.

Above: Front row left to right: **David Gigauri, Sam Krasner and Max McGuire.** Back row left to right: **Aarnav Tiwari, Lincoln Kifoto, Cash Nagle, John Fohner and Giovanni Gregg.**

*practice
from page 11*

Qualification. Pilots are required to requalify annually by successfully completing several day and night landings.

On the day this writer observed the FCLP operations eight student pilots (seven men and one woman) were practicing. The LSO was guiding each pilot and recording technical features of each landing. The recordings are reviewed to help each student pilot improve his accuracy.

Standing behind the LSO during operations, one is struck by his keen eyesight and rapid judgments of the performance of the inbound student. The radio communications are rapid and succinct, many are code words which carry a lot of meaning in a single word. The aircraft is flying at about 140 mile per hour and descending approximately 500 feet per minute as they attempt to place the tail hook into an area smaller than an office desktop.

It is a remarkable performance which is executed untold times every day around the world. The routine nature of the U.S. Navy carrier operations bespeak the quality of the training pilots receive at WFF.

A video is available on YouTube which describes the activities of FCLP at WFF very well. Look for: “Updated Video: C-2/E-2 Wallops Island FCLPs”.

The March article will recount the history of Wallops from 1945 – 1958.



*An E-2C about to touch down
Photo by NASA/Patrick Black*

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Community Calendar

When submitting items for the calendar please include the event name, date, where held, time and a little about the event. Items being considered for the calendar need to be in by noon on Friday. E-mail to thecourier@delmarvacourier.com

Mondays

Ocean Pines Poker Club

Poker players wanted in Ocean Pines area for Monday evenings. Call 410-208-1928

Open every Monday through October: **Historic St. Martin's Church Museum.** 1-4 pm. 11413 Worcester Highway, Showell, MD. For more information, call 410-251-2849

Sweet Adelines

The Delmarva Sweet Adeline Chorus meets from 7 to 9 p.m. in the Ocean Pines Community Center. Call 410-641-6876.

Mon. & Tues.

Sanctioned Duplicate Bridge

Open bridge games Monday at 12 p.m., Tuesday at 10 a.m. at OP Community Center. Call Mary Stover 410-726-1795

Mon., Wed. & Sat.

Church Thrift Shop

OC Baptist Church's Thrift Shop by Seaside Christian Academy behind White Marlin Mall open 10 a.m.-2 p.m. Mon. & Wed., 9 a.m. to 3 p.m. Sat. Call 410-251-6971.

Tuesdays

Families Anonymous

From 7 p.m. to 8:30 p.m. at room 37 in the the Community Church at Ocean Pines on Rte. 589. For more information call Carol at 410-208-4515.

Take off Pounds Sensibly Meeting. Berlin group No. 331, Worcester County Health Center 9730 Healthway Dr., Berlin, 5:30-7:00 p.m. TOPS is a support and educational group promoting weight loss and healthy lifestyle. It meets weekly on Tuesdays. Info: jean-duck47@gmail.com

Tuesdays and Thursdays

Poker players wanted for Gentlemen's Poker in North Gate

area Ocean Pines. Game played every Tuesday & Thursday evening 5:45 p.m. to 10:45 p.m. on Pinehurst Rd. Ocean Pines. Call 410-208-0063 for more information.

Wednesdays

Kiwanis Club Meeting

Weekly meetings at 8 a.m. on Wednesdays in the Ocean Pines Community Center. Doors open 7 a.m. October through April.

Elks Bingo

Ocean City Elks in Ocean City (behind Fenwick Inn) open at 5:30 p.m. Early birds at 6:30 and bingo at 7 p.m. Call 410-250-2645.

Delmarva Hand Dancing

Dancing at The Fenwick Inn in Ocean City from 5:30 to 9 p.m. Contact 302-934-7951 or info@delmarvahanddancing.com

Rotary Club

Ocean City/Berlin Rotary Club meetings are held at 5:45 p.m. at the Captains Table in Ocean City. Contact Stan.Kahn@carouselhotel.com.

Square Dancing

The Pinesteppers have introduction to square dancing at the OP Community Center at 7 p.m. Call Bruce Barrett at 410-208-6777.

AL-Anon/OP-West OC-Berlin

Wednesday Night Bayside Beginnings Al-Anon family meetings are held at the Ocean Pines Community Center at 7:30 p.m.

Wed., Thurs., Fri. & Sat.

Church Thrift Shop

The Shepherd's Nook at Community Church at Ocean Pines is open 9 a.m. to 1 p.m. Call 410-641-5433.

Diakonia Thrift Shop

'Used to be Mine' offers clothing, furniture, household items and

more. Proceeds benefit Diakonia shelter and pantry. Located at Rte. 611 and Sunset Ave. Open 10 - 4. Call 410-213-0243.

Thursdays

Story Time

Stories, music and crafts at 10:30 a.m. for children ages 3-5 at Ocean Pines library. Call 410-208-4014.

Beach Singles

Beach Singles 45 for Happy Hour at Harpoon Hanna's at 4 p.m. Call Arlene at 302-436-9577, Kate at 410-524-0649 or Dianne at 302-541-4642.

Legion Bingo

American Legion in Ocean City opens doors at 5:30 p.m., games begin at 7. For information call 410-289-3166.

Gamblers Anonymous

Group meets at 8 p.m. at the Atlantic Club, 11827 Ocean Gateway, West Ocean City. Call 888-424-3577 for help.

Fridays

Knights of Columbus Bingo

Bingo will be held behind St. Luke's Church, 100th St. in Ocean City. Doors open at 5 p.m. and games begin at 6:30 p.m. Refreshments available. Call 410-524-7994.



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peanuts

from page 8

of cotton with peanuts, thus keeping the soil healthy. In turn, he developed many more ways the peanuts could be put to use, including how the protein-rich legumes could be used in cooking. Peanuts then became a popular component of animal feed. Hogs that ate a diet of peanuts and corn could produce high quality hams and bacon.

Today, peanuts are used in cooking oils and lubricants. Peanut oil also makes a decent biodiesel fuel.

Peanuts contain a fair share of monosaturated fats. Considering fat is a major component of many soaps, peanuts can be turned into soaps and other cleansers.

Carver experimented with peanuts and other plants to produce natural dyes. Peanuts may not be able to produce vivid coloring, but Carver was able to use peanut pigment to make wood stains, paints and inks.

In addition to these applications, Carver and other scientists have investigated even more ways to put peanuts to use. These include everything from glue to insecticides to face creams. All in all, the widespread consumption and use of peanuts helped propel them to become one of the most popular crop plants.

Even peanut shells are quite useful. Shells are an excellent source of crude fiber and can be used in industrial absorbent functions. Peanuts can be found in fertilizers and mulch used in gardens. Peanuts also can serve as attractive fillers in decorative vases and jars.

Versatile, tasty and relatively inexpensive, peanuts are so much more than just delicious snacks.

The Courier



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Remembrance - State Senator **Jim Mathias** and scouts from Boy Scout Troop 261. The scouts participated in the American Legion's Four Chaplains service earlier this month at a ceremony about four chaplains who gave their lives in 1943.

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