



Students are reminded to keep socially distanced with feet painted at six-foot intervals on the sidewalk in front of Edward Little High School in Auburn. (Tsukroff photo)

## Parents see positive side to pandemic restrictions

By Nathan Tsukroff

AUBURN - This school year is nothing like it was 12 months ago, yet parents are finding a positive side to the restrictions caused by the COVID-19 pandemic.

Stacey Tolliver of Auburn, who works a night shift, is able to be home during the day to help her daughter, Kassidy, a sixth-grader at Fairview Elementary School on Minot Avenue, with remote learning.

"So that's really helpful," Tolliver said. "It's actually been more bonding time, honestly, more family time for me."

And Bill David who's daughter, Allyanna, is a fourth-grader at Fairview Elementary, said the schools are "trying to keep as much normalcy as they can, delivering school lunches to people's homes, and making sure the school curriculum stays current."

Because of remote learning, Bill David has been able to take his family on vacation, integrating the family travels into education. "For example, when we went down to North Carolina in April, we went to the Wright Brother's Museum, we went to the Lost Colony, we went to places that

they learned about in school, to reinforce their education," he said.

"Schools are flexible, and the curriculum is meant to travel. Would I like her back in school? Yes! But, I mean, we've got to make the best out of it."

Like other school districts in Maine, the Auburn School Department starting planning for this school year as the State of Maine shut down schools last spring.

Auburn Schools Superintendent Cornelia "Connie" Brown said the school district created a health and safety steering committee in May with "a broad representation from many groups," including teachers, community members and medical providers.

The committee "came forth with a report and a plan. And that plan looked at what the Maine Department of Education was recommending through its framework for learning," she said. The committee also included recommendations from the Maine Center for Disease Control.

The Auburn school board reviewed the plan and voted in August to create a hybrid school year for 2020-21.

Students have been placed into two cohorts, or groups, with one cohort attending school in person on Mondays and Tuesdays, and the other cohort in the school buildings on Thursdays and Fridays. This allows the school district to perform deep cleaning in the buildings on Wednesdays and over the weekend, Brown said.

The steering committee "believed that the continuity was important, and students would have two days in a row of in-person learning," which is why the district chose consecutive days at school for each cohort, she said.

"We are going to stay the course with this model for the foreseeable future," Brown said. "And the only caveat to this is, we work very closely with the CDC and with the Auburn city safety designee, and as conditions change" the school district will try to pivot "and be as nimble as possible."

While COVID-19 infection rates have risen in other parts of the country in recent weeks, Maine's rate of infections has stayed relatively level.

See Restrictions, page 9

## Morrison promotes unity in bid for District 60 seat



John Morrison of Lewiston shows off his political face mask. He is representing the Republican Party in a bid for office against incumbent Kristen Cloutier (D) for Maine House of Representatives District 60. (Tsukroff photo)

By Nathan Tsukroff

LEWISTON - "Us, instead of 'Them'."

That's how John Morrison of Lewiston sees the community he hopes to represent in the Maine legislature after the Nov. 3 election.

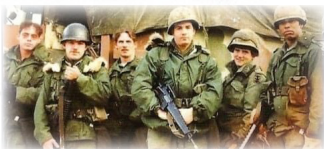
Running for the

Maine House of Representatives District 60 as a Republican, Morrison has a very encompassing view of people in the neighborhood, looking to help the homeless, disabled people, veterans, the elderly, and local schools. He is up against incumbent Kristen

See Morrison, page 9



- Small business owner, contractor and real estate developer
- Supporter of affordable housing
- Army veteran
- Resident of L-A area for over 25 years
- Former Rotary Member
- Former Lewiston-Auburn Chamber of Commerce Member
- Auburn Recreational Department Youth Basketball Coach
- Father of four children and five grandchildren
- Avid hunter, fisherman, snowmobiler, boater and drag racer
- Committed to helping the homeless and at risk teenagers
- Supports training of at risk youth to enter the job market
- Committed to fight the opioid crisis



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# Newsmakers, Names & Faces

## Stevens joins Fontaine Family real estate



Nykki Stevens recently joined the Fontaine Family real estate group as a sales agent. (Photo courtesy of Fontaine Family)

**From Fontaine Family** AUBURN – Fontaine Family - The Real Estate Leader recently added Nykki Stevens to the team at their Auburn location. Stevens grew up in Lewiston, ME, and graduated from Lewiston High School. She graduated from University of New England with a Bachelor's Degree in Psychology and University of Maine Farmington with a master's in Early Childhood Education.

Stevens's previous employment includes Pre-K Teacher at Turner Primary School and Head Start Center Supervisor at Southern Kennebec Child Development. She is currently very involved with her family's mobile home rental business and buying/selling manufactured housing.

Stevens comes to Fontaine with her real estate sales agent license and looks forward to continuing her love of helping people as a buyer and listing agent. She will be working out of our Auburn location and can be reached at (207) 576-3803 or n.stevens710@gmail.com.

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## St. Mary's Welcomes New Vice President of Finance

### From St. Mary's Health System

LEWISTON - St. Mary's Health System recently welcomed Jeffrey Hundman as its Vice President of Finance/CFO.

"Jeffrey comes to us with extensive experience in hospitals and medical centers and has a track record of achieving results," says Steve Jorgensen, President of St. Mary's Health System. "He understands the business of healthcare while keeping focus on patient care and quality and the concept of how quality lowers cost."

"It's an honor to join the St. Mary's team." Said Hundman. "My goal is to help ensure the organization is able to stay focused on its mission to serve those in need in the community."

Prior to joining Covenant Health, Hundman was CFO with The Guthrie Clinic in Sayre PA, a not for profit health system in PA/NY where he was responsible for the accounting of



Jeffrey Hundman recently joined St. Mary's Health System as its Vice President of Finance/CFO. (Photo provided by St. Mary's)

Critical Access Hospital, Rural Hospital, Two Home Health Agencies, Hospice Agency, DME Company, EMS, Medical Transport, SNF/Long Term Care Unit and Personal Care Home.

Hundman holds a master's degree in Business Administration and a BSBA in Accounting, Finance, Marketing from Ashland University in Ashland Ohio.

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# Seniors Not Acting Their Age

## Moose Mission Impossible



Moose hunters identify a possible hunting site on Big Black River in northern Maine. (Photo courtesy of Ron Chase)

By Ron Chase

When my friend Brent Elwell invited me to join his moose hunt, I immediately accepted. Only a small percentage of applicants win the moose hunt lottery each year. A lifelong Mainer, I'd never participated in a moose hunt and at my age it might be my last chance. Permit holder Brent had assembled a stellar hunting team that included his longtime friend Carl the sub-permittee, a mutual friend who prefers the hunting pseudonym, Jimmy Olsen, Cub Reporter, and yours truly, designated lackey. A decidedly senior band of hunters, three of us are retired and the fourth should be.

I haven't hunted since I had the bad judgment to allow my Maine Guide's License to lapse in 1990. A testament to my lack of pa-

tience; the state kept changing the rules for relicensing at a time when I was busy raising kids and managing a gaggle of Revenue Officers for the IRS. I simply didn't have time for the inexplicable vicissitudes of the bureaucracy. I don't have any philosophical objection to hunting, rather prefer other activities and haven't had the inclination to purchase a new license since. I wouldn't be hunting on this expedition; instead my role would be designated lackey, cameraman, and reporter, responsibilities I embraced.

Two things about Brent's proposed hunt made it particularly appealing for me. First, his permit was in Zone One, the northern most moose hunting sector and most remote. Our hunt would be in the St. John River region, an area near and dear to me. Second,

his primary focus would be hunting by canoe, a unique more challenging alternative to traditional hunting.

One of the first things I learned about moose hunting is that it's logistically complicated. There are many moving parts and a variety of potential obstacles must be anticipated. The sheer size of a moose makes retrieval of the carcass a consequential undertaking. A bull moose can stand as tall as 6 foot 6 inches at the shoulder and

See Moose, page 10

# Guest column

## A slightly more perfect present

By Grammar Guy

This year has been rough, especially for the U.S. The country has been on fire, we're dealing with a global pandemic, and both racial injustice and political unrest continue to dominate the headlines.

So, my question is: was the past better, or will the future bring us brighter days?

To be honest with you, that's above my paygrade. I can't guarantee the quality of your past, present or future, but I can help you understand the present perfect tense.

Yes, times are tense, but learning about the present perfect tense can be fun! The present perfect is a verb tense that is used in two different ways: to indicate something has happened at a time in the unspecified past and to show something has happened in the past that continues to occur in the present. Clear as mud, right? Fine, I'll share some examples.

The present perfect indicates something has happened at a time in the unspecified past: I've heard this one before. She has walked this lonely road many times. I have been to North Dakota. Byron has eaten the gas station sushi. You can see the pattern in this verb construction.

The present perfect shows something has happened in the past that continues to occur in the present: I have had a weak back for about a week back. Coronavirus has been infecting people in the U.S. all year. He has been dealing with bad breath for several decades.

As you can see, the present perfect tense uses "has" or "have" with the past participle form of a verb. The past participle of a verb typically expresses an action that has already been completed or accomplished.

So, we know the present can be tense, but can it also be perfect? I'm not great at "living in the mo-

ment"; I tend to live in my head, planning how I think things should be. Because of this, I find it difficult for the present to be perfect.

Here's the lesson I'm going to apply from the present perfect tense: think about something in your life (that is in your control) that has happened in the past that continues to occur in the present. If this thing/person/feeling has increased the quality of your life, then you should continue and perhaps amplify it. However, if this pattern in your life makes things consistently worse, then it's probably time to kick it to the curb.

Maybe if we put things through this filter, we'll make the present at least a little better — and slightly closer to a present perfect.

Curtis Honeycutt is a syndicated humor columnist. He is the author of 'Good Grammar is the Life of the Party: Tips for a Wildly Successful Life'. Find more at [curtishoneycutt.com](http://curtishoneycutt.com).

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Guest column

7 Ways to Build Your Confidence and Reduce Your Anxiety

By Stan Popovich

Many people struggle with their confidence throughout their life. It can be challenging to find the courage to be yourself in today's society.

As a result, here are 7 suggestions on how to increase your self-esteem and reduce your anxiety in your life.

1. Know your weaknesses and strengths: It is important to know what skills you have in your life.

2. Accept who you are: Do not get into the habit of comparing yourself to others. You are unique in this world and it is important that you realize that you can do anything you want if you put your mind to it.

3. Remember your successes: Some people downplay their successes and focus on those things they struggle with. Always remind yourself of your past accomplishments no matter how small they may be. Stop focusing on the negative parts of your life and remember your past achievements.

4. Think about your future: Take time to think about what you really want out of life. Do not live your life for others. Once you determine what you want to accomplish, the next step is to develop a strategy that will help you to accomplish your goals.

5. Create goals: Set achievable goals on a regular basis and then take small steps to accomplish them. Make sure your goals are measurable and monitor your progress. Don't get upset if you don't accomplish all of your goals. You can always change your goals so that you can be more successful.

6. Talk to others: It is important that you talk to other successful people in order to get a better perspective of your life. Listening to other people's challenges and accomplishments can go a long way in feeling better about yourself. You can also learn how to overcome the obstacles in your life.

7. Be persistent: Do not give up in achieving your goals in your life. Learn from your mistakes and try to improve on your situation. Do not make excuses on why you should quit or give up. Sometimes it takes a lot of effort to be successful. The key is to keep at it until you get what you want.

Stan Popovich is the author of the popular managing-fear book, "A Layman's Guide To Managing Fear". For more information about his book and some free mental health advice, visit his website at <http://www.managing-fear.com>

ReUp ME Restaurant Relief Fund

From Hannaford

AUGUSTA - The ReUp ME Restaurant Relief Fund was created over the summer to directly support restaurants who are in the midst of reopening, rehiring, and restocking.

It is anticipated that rebuilding of the Maine hospitality economy is going to take several years. The next several months will be critical to saving and helping to sustain Maine's passionate restaurant owners.

Mainers have always taken great pride in supporting their communities across all sixteen counties. If we mobilize quickly, this approach will create a profound and unified message of hope and inspire consumers inside and outside the state to donate.

HospitalityMaine Educational Foundation, a non-profit trade group representing the hospitality industry, in collaboration with inspirational restaurant leaders and O'Maine Studios, has established a 4 month fundraising campaign seeking to raise \$500,000 to \$1 million dollars for Maine restaurants.

The ReUp Maine Restaurant Relief Fund hopes to provide direct financial support for 100 to 200 grants with up to a \$5,000 maximum grant to restaurant award recipients. Grants will be randomly selected from submitted applications.

Companies wishing to support this fund could donate \$5,000-Reopen ME Cash Grants, or participate in an in-kind media promotion through the 4 Month ReUP ME Campaign

The Sunday Supper cook-along show features Maine's top chefs and restaurateurs preparing some of their signature dishes. Think of a community supper, but the audience gets to participate virtually and enjoy preparing supper along with Maine's passionate chefs from their own kitchen.

The 90-minute weekly live webcast will bring Maine's restaurant comeback story to life. Each Sunday we celebrate Maine's food, people, and communities through a live audience and interactive cook-along format. Chefs will answer questions from call-in donors for ReUP ME. Celebrity guests and mentor chefs will conduct tastings of Maine products

ReUp Maine and the Maine Restaurant Relief Fund is sponsored primarily by Hannaford, with co-sponsorship from Bangor Savings Bank and contributing sponsorship from Cross Insurance, Oakhurst, and It'll Be Pizza Company. Community sponsors include Androscoggin Bank, News Center Maine, Hospitality Maine, Clark Insurance, Volk Packaging Corporation and O'Maine Studios.

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Touching Base

“Law and Order” please!

**By Nathan Tsukroff**  
**Managing Editor**

Whether we support the Republican Party, the Democratic Party, the Green Party, or are unaffiliated, we are all, ultimately, democrats.

That’s “democrats”, with a lower-case “d”.

You see, we all live in this great democracy we call “The United States of America”. So that makes us all “democrats”, regardless

of which political party we support.

And our great democracy is what allows us the freedom to agree and disagree with our friends and neighbors.

Under the rules of democracy, we are allowed to do anything we want that is not specifically prohibited by law. That’s an awesome system of law and order! And that’s what makes America so great!

Over the past several

weeks, I’ve seen various political signs damaged or stolen, mainly signs telling voters to choose the Biden/Harris candidates in the upcoming election.

And now we have a case where Trump election signs were stolen in the Lewiston-Auburn area.

Theft of a political sign is a crime, plain and simple. It’s spelled out in the laws of our democracy here in Maine.

In addition to the law

against theft, there’s a law in the State of Maine that says anyone is allowed to place a political sign in the “right of way” that spans our public roads. That means my neighbor has every right to place a sign on my front lawn, within about six feet of the curb. And that same law says that I, or someone whom I assign as my agent, can remove any political signs from my own property.

In other words, I can’t

prohibit my neighbor from planting the sign, but I can remove it immediately after it’s been planted.

An odd law, but any judge will tell you that it is part of our system of law and order.

Which brings us back to the issue of stolen or damaged political signs . . . our laws clearly prohibit the theft of political signs.

Do I agree with how my neighbor is going to vote? Perhaps not. But that

doesn’t give me the right to steal his political signs.

Let’s all practice a little more “law and order”, and prove that our democracy (with a small “d”) works because we all follow the same rules, whether or not we agree with them.

Keep America great by voting for the candidate of your choice. And leave your neighbor’s political signs alone.

“Law and order”, please!

St. Mary’s Health System welcomes new doctors



Hoang Dang, MD, recently joined St. Mary’s Health System in Auburn as a primary care provider. (Photo courtesy of St. Mary’s)

**From St. Mary’s**

LEWISTON – St. Mary’s Health System, a member of Covenant Health, is pleased to welcome two new Primary Care providers, Hoang Dang, MD and Diana Trofimovitch, MD.

Dang holds a BA in Biology from Baylor University in Waco, TX and earned his MD from Ross University School of Medicine. He enjoys classical music, meditation and yoga, and exploring



Dian Trofimovitch, MD, recently joined St. Mary’s Health System in Auburn as a primary care provider. (Photo courtesy of St. Mary’s)

nature.

Trofimovitch holds a BS in Life Sciences from the University of Toronto in Ontario, Canada and earned her MD from the Saba University School of Medicine. She enjoys fitness, painting, cooking, and spending time with family.

“St. Mary’s has a

robust Primary Care service offering, with offices conveniently located in Auburn, Lewiston, and Poland,” said Norman Poulin, CMPE, Director of Primary Care for St. Mary’s. “We’re thrilled to have these two outstanding providers on board to serve the needs of our patients.”

Both Hoang and Trofimovitch are accepting new patients at Auburn Medical Associates, located at 2 Great Falls Plaza in Auburn. For more information about Auburn Medical Associates, call 207-330-3950 or visit stmarysmaine.com/primarycare.

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

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# Arts & Entertainment

## Chamber Postpones Downtown Trick or Treat to 2021

From LA Metro Chamber

LEWISTON - The Lewiston Auburn Metropolitan Chamber of Commerce last week postponed the annual Downtown Trick or Treat event to October 2021.

The Chamber recognized that an event on open streets made it challenging to enforce the 100 person limit for outdoor events, and, given the historic turnout of hundreds of children and families, ultimately decided to postpone this year's event.

"As a Chamber, we support our businesses' and

communities' needs and safety, and in light of Maine CDC guidance, we think it's best to reschedule this year's events. We are dedicated to supporting kids and families throughout the holiday season, and hope that our downtown and broader businesses will consider involvement in our annual Stuff the Bus Celebration", said LA Metro Chamber President and CEO Shanna Cox.

With seasonal festivities fast approaching and temperatures beginning to drop, hosting large celebrations indoors or outdoors under state recommenda-

tions with a 6-foot separation for individuals and groups requires much of the businesses and families in attendance.

"We have all discovered that 2020 has been anything but typical. Although we have postponed our Halloween celebration until 2021, we encourage businesses across the region who are able to collect items for families in need this year to be part of our Stuff the Bus program. This event will be more important than ever this year, and will truly make the holidays for our local kids a little brighter," Cox said.

## LA Metro region launches face-covering campaign

From LA Metro Chamber

LEWISTON - The business community of the LA region has a new, colorful campaign highlighting the importance of wearing face coverings to ensure customers and employees feel safe, and the area's businesses stay open.

The clear messaging and bright personas were developed by LA Metro Chamber of Commerce Director of Marketing and Communications Meredith Carson to promote a healthy, protected, all-inclusive, local economy.

"Months ago, people were ready to do anything to support local businesses and keep them open. Today, the request from these same businesses is simple- mask up and be kind. It keeps businesses open, customers coming in, and staff safe" said Shanna Cox, President

and CEO of the LA Metro Chamber of Commerce.

Wearing a face covering in customer-facing businesses is a simple and effective way to help reduce the spread to customers and employees while making those around us feel safe and protected, Cox said.

A recent Midcoast Chamber of Commerce survey reaching 3,000 consumers in Maine showed that one out of two customers have or would leave a business if they didn't feel safe.

This campaign will run through Oct. 31 and features ads on CBS-13, Fox-23, and Spectrum digital, as well as banners at multiple locations throughout Lewiston and Auburn. Any business can get a free laminated sign for their business at the LA Metro Chamber, or by visiting the City of Auburn or Lewis-

ton.

Staff from both municipalities will also be visiting business locations the next two months to drop off signs and additional information about financial relief and business support. For more information, visit [LAadapts.com](http://LAadapts.com) or email [Meredith@LAMetro-Chamber.com](mailto:Meredith@LAMetro-Chamber.com)

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Out and About

“The Lure of the Mountains”

By Rachel Morin

USM Lewiston Auburn Senior College students have been meeting for classes via ZOOM for the fall semester. Our memoir writing class has attracted a few members from our 17 senior colleges in Maine. We are pleased to have them in our group.

We are 10 members who meet monthly for the big meeting. We are divided into two small groups which meet via ZOOM every two weeks. The Scribblers are led by Mary Jane Beardsley of Minot, while The Flashbacks are led by Nancy Roe of Presque Isle. Elizabeth Peavey, noted Portland author and playwright, is instructor and mentor for our groups. She has guided us on critiquing each other’s essays.

Under Peavey’s tutelage, we have made great

progress. We are open to other styles of writing. One of our members, Rosabelle Tiftt of Bethel, has transformed her essay into prose and poetry. It was well received; we thought it should be printed.

Rosalie is a retired health care public relations professional. She volunteers at a “To Your Health” program she helped organize 14 years ago as a follow-up to a day-long seminar at Western Mountains Senior College, Bethel, where she is a charter member. Four or five programs are presented annually on Alzheimer’s, Heart Disease, Healthy Cooking and other health-related issues. The programs are currently on hold, due to the COVID-19 pandemic.

Rosalie is kept busy with two adult children, five grandchildren and six great grandchildren.

THE LURE OF THE MOUNTAINS

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Close to UNH to work on my degree.

Cost cutting at Berlin hospital  
Forced me to look elsewhere.  
Recent divorce left heavy expenses  
Jobs for my skills unavailable.  
I leave the beauty of the mountains,  
Leave friends envious of my move.

Outsiders see my new area  
Everything to be desired.  
Scenic ocean views, quaint shops,  
Specialty restaurants  
Top job in Boston suburb.  
But I observe a lack of warmth.

Demanding tourists. Faster pace, faster cars  
No mountains to clear the air, slow the pace.  
No tap water fit to drink.  
Bottled water by the case.  
I take a bus to Boston amid  
Bumper to bumper cars,  
Fumes sicken me.

Local wharf welcoming on hot humid days,  
Where sea gulls call and boats peacefully drift,  
But one day I forget to open a window  
Just a crack in my new red Omni.  
Hot air shatters window in million pieces.  
Winter brings bone chilling cold.  
Warm memories of snowy days in Bethel.

Political climate of new job  
Challenges my creative energy.  
After five long years...  
Finances in order  
Core degree subjects complete  
Mountains of Bethel call me home.

Rosabelle M. Tiftt 9/29/20



Rosalie Tiftt of Bethel relaxes on her porch after completing a writing assignment for her online class via ZOOM at USM Lewiston Auburn Senior College. (Marilyn Dupuis photo)



Elizabeth Peavey, noted Portland author and playwright, is the instructor and mentor for USM Lewiston Auburn Senior College Memoir Writing Class now participating via ZOOM. (Submitted Photo)



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# LEWISTON VOTERS:

*How are you planning to cast your ballot  
in the Presidential Election?*

You can choose one of the following options:

## Absentee Voting at Home

**Ordering:** You can have a ballot mailed to your home or you or a member of your immediate family can pick one up at City Hall, second floor, City Clerk’s Office. To have one mailed to you, please call the City Clerk’s Office or order online. Office hours are Monday – Friday, 8:30am – 4:00pm. Statewide deadline to request an absentee ballot is 4pm, Thursday, Oct. 29. However, to allow enough time to receive and return the ballot by mail, please order by Oct. 19.

**Returning:** To return your absentee ballot, you can mail to City Hall, deposit in the outside secure ballot drop box, or hand deliver to the City Clerk’s Office. If mailing your ballot, please mail by Oct. 26 to ensure enough delivery time.

## Absentee Voting in Person

A polling place with voting booths is set up in the City Council Chambers, first floor of City Hall. Please use the Park St. entrance. The handicapped accessible entrance with ramp and elevator is available at the Pine St. entrance.

COVID-19 safety precautions are in place – election workers are wearing masks and working behind plexiglass screens, voters receive their own pen and glue stick, booths are spaced 6 ft apart and disinfected regularly, social distancing tape marks are on the floor, hand sanitizer stands are available at the entrance and exit and voters are requested to wear a mask.

Hours are Monday – Friday, 8:30am – 4pm until Oct. 30. Evening hours until 7pm on Oct. 14, 22 and 27 and until 5pm on Oct. 30. Saturday hours on Oct. 24, 9am – 12noon.

## At the Polls on Election Day, Tuesday, Nov. 3

All city polling places will be open 7:00am – 8:00pm:

- **Ward 1:** Lewiston Armory gym, 65 Central Avenue
- **Ward 2:** Montello Elementary School gym, 407 East Avenue
- **Ward 3:** Lewiston Armory gym, 65 Central Avenue
- **Ward 4:** Longley School cafeteria, 145 Birch Street
- **Ward 5:** Longley School gym, 145 Birch Street
- **Ward 6:** The Green Ladle, Lewiston High School campus, 156 East Avenue
- **Ward 7:** Longley School gym, 145 Birch Street

Please be familiar with the polling place for your ward. Voters must vote at the polling place for their residence address. To search your polling location, visit the election website and type in your street address or call the City Clerk’s Office.

**IMPORTANT:** Due to state health and safety requirements, there is a limit of only 35 voters at a time allowed in each polling place. Other voters will wait outside in line and be allowed into the building as others leave. Voters are encouraged to be prepared to wait outside if necessary.

All CDC safety precautions will be in place as listed above and voters are strongly encouraged to wear masks.

Voters are also encouraged to study the sample ballot on the election website in advance of election day to be familiar with the ranked choice voting process.

*The City is working hard to keep our election workers, voters and community safe and healthy  
this election and we appreciate the support of the voters to help make this happen.*

**Questions – Lewiston City Clerk’s Office    513-3124**  
**[www.lewistonmaine.gov/elections](http://www.lewistonmaine.gov/elections)**



**Restrictions**  
*Continued from page 1*

The district has quarantined staff members and students as needed to address any concerns about possible infections.

With 3500 students and about 600 staff members, the district has only seen three students and one staff member with confirmed infections from the COVID-19 virus. The infections were not in the same building or at the same time, Brown said.

Students are required to wear masks in school, and must maintain proper social distancing, but are given “mask breaks” during the school day. “The kids get to go outside for mask break. If they have snack, they’re allowed to each snack without a mask,” she said. “Those are opportunities for kids to take a break and take their masks off. But other than that, they wear a mask.”

Lunches are served in the classrooms for the

lower grades, while at the high school, small groups of students go to lunch in the school cafeteria, with appropriate social distancing. Students get lunches in Bento boxes, “that they really like,” Brown said. The Bento box is a single-portion take out meal that originated in Japan centuries ago.

Sports in Auburn schools have been impacted by the pandemic, with indoor volleyball completely cancelled by the Maine Principals Association, and football migrating to a 7-on-7 program without pads or helmets. The football program is intermural, playing against other schools, while some school districts in Maine chose to keep their football programs strictly intra-mural. The golf and soccer teams were able to compete this fall, as well.

Bill David was very upbeat about the school year so far. “The school has done an amazing job keeping school spirit with virtual spirit weeks,” he said.



**Kassidy Tolliver heads home from her sixth-grade in-person classes at Fairview Elementary School in Auburn. She has been enjoying bonding time with her mother while remote-learning on the school days she is not in the building. (Tsukroff photo)**



**Allyanna David, a fourth-grade student at Fairview Elementary School in Auburn, checks for homework on her school iPad before heading home for the remote learning portion of her school week. Students in the Auburn schools have been placed in two cohorts, attending schools in person on Mondays and Tuesdays or on Thursdays and Fridays. (Tsukroff photo)**

**Morrison**  
*Continued from page 1*

Cloutier (D) for the district that encompasses most of downtown Lewiston.

Cloutier easily won election to her first two-year term in 2018 with 2,040 votes compared to 649 for Republican candidate Leslie Dubois.

Morrison is very involved with community programs, and recently spent part of his day standing at a street corner collecting donations for The Store Next Door Project at Lewiston High School to help homeless students. “One of the reasons that I work with the homeless a lot is because those are the people that are down and out,” he said. “It’s easy to kick someone when they’re down.”

Morrison said that several passing drivers yelled at him to “get a job”, while he was collecting donations. “And I’m wearing a \$200 shirt and we have a big banner that says it’s for the homeless and teens.”

“We need people to step up and be a voice for everyone, not just for the select few,” he said.

According to its Facebook page, the mission of The Store Next Door Project is to ‘eliminate barriers to education’ for youth experiencing homelessness, displacement, and high mobility within Lewiston. by addressing students’ basic needs, the goal of achieving academic success once again may be within reach. Students formerly homeless, at risk for homelessness, and pregnant/parenting teens also receive support through this project.

There were 17 high

school seniors assisted by the project last year, and all but one of them graduated. Homeless students are living in tents or abandoned buildings, or are couch-surfing, Morrison said.

He decided to run for office after talking with his friends, “and everything was a complaint. And I was like, you know, instead of us all sitting around complaining, somebody’s going to have to do something.” He said serving in office would be “a public service.”

“I’m a very moderate Republican,” Morrison said. He is the younger brother of Diane Jackson, who worked for U.S. Senator Olympia Snowe (R-Maine) for 17 years before Snowe stepped down from the senate, and now works for U.S. Senator Susan Collins (R-Maine).

He said that if elected, “I’m not taking my salary. I’m donating it out to certain local charities that will be picked by the constituents.”

“The biggest reason that I’m doing this is that I now have the time to help, and I want to give back to the community,” Morrison said. He is the owner of Cure Cannabis Company on Riverside Drive in Auburn, providing medical cannabis extracts to patients. His other company, Weatherize Northeast, in Yarmouth, insulates new construction and commercial properties as well as retro-fitting existing homes.

The current political system is very dysfunctional, Morrison said. Both political parties “are guilty of it . . . The ‘my way or the highway’ mentality they have up there now is doing



an injustice to every citizen in the state. Political views shouldn’t come in the way of helping people and trying to make the state a better place.”

One of the main reasons he has been successful in business is, “I listen to people. I listen to my employees, and I take their input and their ideas,” he said. This is the same approach he plans to take in Augusta if he wins the election. While not all ideas are perfect, “Every idea has a piece that’s good,” he said. “If you take all the pieces and put them together . . . everybody’s got a vested interest, and everybody

starts working together.”

“That’s why my sign says ‘Let’s Work Together!’,” Morrison said. “I’m reaching out to everyone.”

On a Friday night in late September, Morrison took part in the New Oxford Speedway fundraiser for Ricky “Fordman” Moody, a disabled man from New Vineyard, ME.

District 60 has been a Democratic stronghold in recent elections, with Jared Golden winning re-election as a Democrat in 2016 with 2,420 votes to 962 for Republican candidate Jeffrey Padam. Golden also easily defeated Dubois in 2014 by 1,571 to 803 votes.

**John Morrison of Lewiston with the drag-racing car he drove at the New Oxford Speedway in a late September fundraising event for Ricky “Fordman” Moody, a disabled person from New Vineyard, ME. Morrison donates time and money to local charities as part of his goal of helping the local community. He is running for the Maine House of Representatives District 60 seat. (Tsukroff Photo)**



**John Morrison checks email at his desk in the rear of the Cure Cannabis Company building on Riverside Street in Auburn. He is running as a Republican for the Maine House of Representatives District 60 seat currently held by Kristen Cloutier (D). (Tsukroff photo)**

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small stream that begins in Quebec. The tiny tributary of Big Black River had a remarkably fluid water level meandering for about three miles to the river.

Launching down a steep bank, Carl and Brent paddled a tandem tripping canoe and I a flatwater kayak. Although a bit breezy, Shields Branch was a pleasurable excursion from the outset. Twisting circuitously southeast, repeated moose signs were observed but no sightings.

Arriving at Big Black, a decision was made to separate. The tandem team would travel downriver while I explored in the opposite direction. A gentle current in Nine Mile Deadwater facilitated navigating upstream. Moose tracks were numerous along the shore. An impassable stretch was encountered after about a mile and a half.

Brent and Carl located an excellent hunting site on a small pond connected to Big Black a short distance downriver. Indications of moose activity were prevalent and a grassy knoll provided an open view of the pond. Warm summer-like weather presented a serious difficulty. Situated 3.5 miles and a steep climb from refrigeration the distance constituted a transportation dilemma. Brent and Carl would add a small motor to the tandem canoe but multiple trips would be necessary.

My mission, should I accept it, would be to paddle a solo canoe to assist the retrieval effort and Jimmy Olsen would provide kayak support. We retired that night enthusiastically anticipating a formidable hunt the following day. To be continued.

*Author of "The Great Mars Hill Bank Robbery" and "Mountains for Mortals – New England," Ron Chase resides in Topsham. Visit his website at [www.ronchaseoutdoors.com](http://www.ronchaseoutdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net).*

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## *Moose*

*Continued from page 3*

weigh as much as 1,400 pounds. The remote location of our hunt increased the difficulties; timely refrigeration being a major concern. A trailer was hauled with a homemade ice box, freezer, and portable generator to power the freezer.

Just getting to the St. John region is a significant endeavor. Located in the crown of Maine, our plan was to enter the backwoods through Allagash Village, a 6.5 hour drive from Topsham. Brent had claimed a site at Priestly Camp on

the St. John River, another 50 miles of slow travel on rough North Maine Woods roads. I arrived first to find hunting parties at the other two campsites. Ours was a superb location overlooking the very shallow St. John River. No moose were observed during a walk on the camp road, but lots of partridge.

Our moose scout day was the Sunday before the hunt officially opened. Cub Reporter had not arrived, so the three of us dodged mammoth logging trucks spewing massive amounts of dust on a fifteen mile drive to Shields Branch, a

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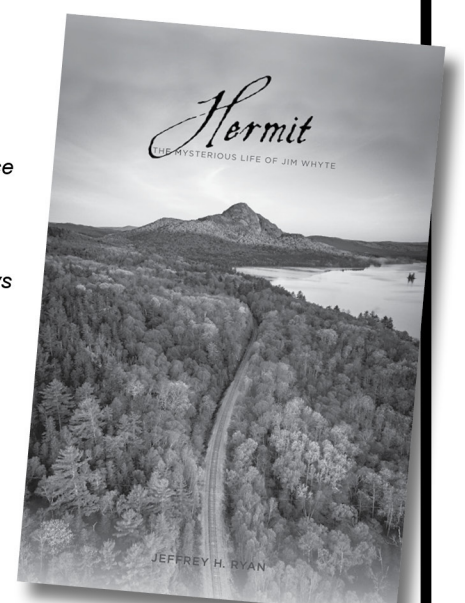
*"Ryan is an excellent storyteller, and this tale is as good as any novel, especially since it's based on real people and real events."*

— Bill Bushnell, *Bushnell on Books*

*"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when Hermit was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."*

— George Smith, *Bangor Daily News*

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What Do We Really Know About Cannabis?

Marine Corps League meeting Oct. 29



Joel Buckman will teach a class on the benefits of cannabis, in a virtual ZOOM event for LA Senior College on Oct. 28 (Photo courtesy of LA Senior College)

From LA Senior College

Many of us who came of age in the ‘60s and ‘70s are familiar with cannabis. We called it weed, among other names, and it was a curiosity for us - unpredictable and illegal.

However, since that time, research has taught us to think about cannabis in a very different way.

On Oct. 28, the USM/LA/ Senior College will be present a Food for Thought discussion on this important topic, conducted by Joel Buckman, who has taught classes and short workshops on the medical aspects of cannabis for the college in the past.

This will be a public session to teach participants about the benefits of this much maligned plant - specifically for senior citizens.

Buckman graduated

with a Bachelor of Science degree in Interdisciplinary Studies from Boston University. He has been a leading technology management consultant, founded YourTechnologySolutions, Inc. while working at Harvard Business School and has been an adjunct Instructor at ITT Technical Institute. In 2013 he founded Strain Doctor LLC, a medicinal cannabis wellness company located here in Maine. During the summer Joel enjoys being a NASCAR stock car instructor at the Pocono Raceway in PA.

The event will be hosted via ZOOM at 11:30 a.m. on Oct. 28. There is a lot to learn! Just email laseniorcollege@gmail.com by noon on Oct. 27 with your name and the event you wish to join. You will receive the link the morning before the presentation.

Food For Thought  
Hearing Loss

From LA Senior College

LEWISTON - Most of us are probably unaware that one in three people in the United States between 65 and 74 experience hearing loss; or that hearing loss leads to social isolation and an increase in the likelihood of dementia.

Chances are you know someone with hearing loss, or you may even be challenged by it yourself.

Did you know that hearing loss is only one of several disabilities that can make it difficult for someone to use the telephone? Want to learn more? Disability Rights Maine Deaf Services can help, with adaptive equipment and assistance.

Please join the Senior College new format of Food For Thought on Oct. 19 at 2 PM. There will be a talk by Debra Bare-Rogers, Lisa Penney, and Scott Murray, who will share information about distance communication technology.

The program is free and open to the public.

Debra will talk about Maine Relay, a free service

Lewiston.

All Marines, FMF Corpsman and Navy Chaplains are invited.

Anyone interested in Marines Helping Veterans is also invited to attend.

All Souls’ Day Service in Lewiston

From Portland Diocese

LEWISTON - Bishop Robert Deeley will preside at a committal service outside the All Souls’ Remembrance Crypt at St. Peter’s Cemetery in Lewiston at 10 a.m. Monday, Nov. 2, All Souls’ Day.

The cemetery is located at 217 Switzerland Road. Those participating must wear masks and practice social distancing.

On All Souls’ Day, also known as the Commemoration of All the Faithful Departed, congregants pray for the souls of those who have died and are still in purgatory being prepared for eternal life in heaven. Praying for the dead is one of the spiritual works of mercy.

The commemoration follows All Saints’ Day on Non. 1, which honors all those who have been faithful disciples of Christ, both

known and unknown, and who now rejoice in God’s presence, including people in our own lives who have possessed great faith.

“We will remember our dear departed loved ones, entrusting them to the mercy of God, as we gather for this memorial of All the Holy Souls,” said Bishop Deeley. “Our gathering reminds us that God is at work on earth, watching over us, guiding us, and sustaining us in our trials, but we express our belief that God is also at work after death, establishing the justice that was missing in this fallen world, purifying the souls in purgatory, and enlightening the souls in heaven.”

St. Peter’s Cemetery was established on July 1, 1876. With the arrival of the Society of Dominican Fathers in 1881, the cemetery along with all properties and undertakings of St. Peter’s Parish fell under

their administration. The Dominican Fathers owned and operated St. Peter’s Cemetery from 1881 until December 31, 1994, when it was turned over to the Roman Catholic Bishop of Portland. Over the years, the cemetery has grown to over 70 acres of developed

land, and over 40,000 burials have taken place.

For more information about the cemetery or the service on All Souls’ Day, call (207) 782-8721 or email Robert LeBlanc, superintendent of the cemetery, at robert.leblanc@portlanddiocese.org.




A committal service will take place at St. Peter’s Cemetery on Switzerland Road in Lewiston on All Souls’ Day, Monday, Nov. 2. (Photo courtesy of Portland Diocese)

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# Keeping the Androscoggin healthy

**From Museum L-A**

LEWISTON — As part of its most recent gallery exhibition, “Our Working Waterway,” Museum L-A is excited to announce a new virtual program, “Keeping the Androscoggin Healthy”.

This is a free public event that features Lisa Pohlmann, CEO of the Natural Resources Council of Maine, exploring the topic of the Androscoggin River. Pohlmann will expand on the history of the river showcased in the new exhibit, describe the current

conditions and issues facing the river’s rehabilitation and reclassification, and explain the importance of the Clean Water Act for keeping the waterways in Maine healthy.

Attendees will have the opportunity to ask Pohlmann questions about the Androscoggin during the Q&A portion of the event. “Keeping the Androscoggin Healthy” will be hosted virtually via Zoom from 6-7 p.m. on Thursday, Oct. 1.

Attendance for this online event is free, but advance registration is required as space is limited. For more information and to register, visit [www.museumla.org](http://www.museumla.org) or call 207-333-3881.

“Our Working Waterway” explores the history of life and industry along the Androscoggin River. The exhibit and its programming were funded in part by the Maine Bicentennial Commission.

Museum L-A is located in the Bates Mill Complex at 35 Canal Street in Lewiston, Maine. It is open Thursday-Saturday from 10 a.m.-3 p.m.



Lisa Pohlmann, CEO of the Natural Resources Council of Maine, is the featured speaker of the free “Keeping the Androscoggin Healthy” virtual program via Zoom from 6 to 7 p.m. Thursday, Oct. 1. Advanced reservations required at [www.museumla.org](http://www.museumla.org). (Photo courtesy of Museum L-A)

## Guest Column Finding Local Resources



Sen. Nate Libby (D-Androscoggin), Maine District 21, the City of Lewiston. (Photo courtesy of Nate Libby)

**By Senator Nate Libby**

It’s officially autumn. The leaves are changing, the weather is turning cooler and some of us have even given in and turned on the heat already. I’ve shared information previously on how to connect with local resources if you or your family need help. I wanted to share some of those resources with you again, in case you or someone you know need them. Find a thorough document with various food resources across Androscoggin County at: <http://bitly.ws/9WGk>

In addition, anyone who receives EBT or SNAP benefits should consider taking advantage of Harvest Bucks. This great program helps low-income households stretch their money at farmer’s markets, farm stands and co-ops, putting fresh, local food on the table while supporting Maine’s local farmers. Learn more about this great program and to find a participating market or farm stand near you at: <http://bitly.ws/9WGi>

You can also call 211 or go to [211Maine.org](http://211Maine.org) to find other resources or services to help you get by. As always, you can reach out to me at [nathan.libby@legislature.maine.gov](mailto:nathan.libby@legislature.maine.gov) or 207-713-8449 and I will be happy to help you.

*Sen. Nate Libby (D-Androscoggin) represents Maine Senate District 21, which comprises the City of Lewiston.*



The annual fundraiser dinner/auction for Androscoggin Home Healthcare and Hospice in Lewiston will be a virtual event this year, running from Oct. 23 to 31. (Image courtesy of AHHH)

## Androscoggin Hospice Fundraiser Goes Virtual

LEWISTON — The Androscoggin Home Healthcare and Hospice annual dinner/auction, Autumn Night Out, will become a virtual event this year, called Autumn Night In.

“As a healthcare organization, it is incredibly important for us to keep the community safe, but at the same time continue to raise critical funds for hospice care. The need for hospice care in our community is greater now than ever before,” Committee Chair Rebecca Swanson Conrad said.

The online auction event will start at 6 p.m. Oct. 23 and continue through 8 p.m. Oct. 31.

TD Bank is this year’s auction sponsor and Androscoggin Bank is the host sponsor. Their executives will introduce a special paddle-raise devoted to the renovation of the kitchen at the Hospice House. Development Director, Kristin Melville said, “Each year we feature a special individual or family that captures our hearts. Their video story is central to the auction and will be part of the new virtual format.”

Androscoggin’s Autumn Night Out has raised over \$450,000 over the past 17 years, with proceeds benefiting hospice care.

Last year, Androscoggin provided over \$1.6M in free care to 703 patients. Melville said, “Fundraising is extremely important to ensure our mission of providing care to all without worry.”

For more information about the event and how to participate in the auction, visit: [androscoggin.org](http://androscoggin.org) or contact the Development office at 207-795-9405.

Androscoggin Home Healthcare and Hospice is the largest, non-profit independent home health and hospice organization in the state. It has been recognized as one of the Best Places to Work in Maine since 2006.

**Thursday, Oct. 22**  
**6:30 p.m.**  
GORHAM – Town Council workshop: Agriculture Events item. Value per Acre presentation and general town updates. Via Zoom.

**Friday, Oct. 23**  
**3-4 p.m.**  
GORHAM – Baxter Memorial Library. Zoom Pet Costume Contest - Show off your costumed critter in this interactive Zoom program. We want to see your funny, scary, or adorably dressed pets! Ribbons will be mailed to all participating pets. Fill out the google form on [www.baxterlibrary.org](http://www.baxterlibrary.org) under the “Youth” heading to enter. We look forward to seeing your wonderful furry family members.

**Saturday, Oct. 24**  
**8 a.m.-noon**  
GORHAM - All Gorham Residents are welcome to drop off brush/yard trimmings at the Gorham Public Works garage located at 80 Huston Road.

**Tuesday, Oct. 26**  
**9:30-10 a.m.**  
GORHAM – Baxter Memorial Library. Virtual Preschool Discovery Time - Join Ms. Heidi on Facebook as she uses stories, music, and movement to enhance early literacy skills and foster a love of reading. (3-5 years)

**Wednesday, Oct. 28**  
**9:30-10 a.m.**  
GORHAM – Baxter Memorial Library. Babies en Plein Air - Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. To ensure the comfort and safety of all participants, we ask that

# Calendar

Send your submissions to the Editor. More online.

caregivers wear masks and leave older siblings at home or with a friend during this community baby program. Program will be canceled in the event of inclement weather. (birth-18 months)

**Wednesday, Oct. 28**  
**10 a.m.**  
GORHAM – Baxter Memorial Library. Guess the Level: How Water & Gravity Work Together. Join Ms. Deb on Facebook for a virtual STEAM activity. Activities are geared toward K-5 learners and require minimal supplies that you’ll likely have right on-hand at home. How does gravity affect how water rests? We’ll make predictions and then combine some art with science to find out just how accurate we are. Saving a few recycled bottles of various shapes and sizes ahead of time will be helpful. (Indiv. or Partner Activity)

**Wednesday, Oct. 28**  
**7-8:30 p.m.**  
The PLAY Club reading of Cybourne Park. Email [info@thepublictheatre.org](mailto:info@thepublictheatre.org) or call 782-3200 today to reserve your spot in the Zoom session with PLAY CLUB!

**Thursday, Oct. 29**  
**9:30-9:50 a.m.**  
GORHAM – Baxter Memorial Library. Virtual Toddler Discovery Time - Sing along with Ms. Dani on Facebook as she uses songs, rhymes, and books to enhance early literacy skills and foster a love of reading. Each week will feature

a new book but use the same songs and fingerplays so the kiddos will be able to learn the words and actions to each month’s song choices. (ages 18-36 months)

**Thursday, Oct. 29**  
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, [um.fhc.pd@maine.edu](mailto:um.fhc.pd@maine.edu); (207) 338-8002.

**Friday, Oct. 30**  
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, [um.fhc.pd@maine.edu](mailto:um.fhc.pd@maine.edu); (207) 338-8002.

**Saturday, Oct. 31 to Sunday, Nov. 1**  
GORHAM – Baxter Memorial Library. Harry Potter Horcrux Hunt – Attention Harry Potter Fans! The librarians of Baxter Memorial Library are hiding Horcruxes around the Gorham Village. Read the clues on our website to guess each Horcrux and the location where we have stashed it. Go to that location (anytime from 5 p.m. Oct. 30 through 5 p.m. Nov 1) and find the Horcrux painted on a small flag to confirm your

guess. Fill out the Google Form on our website [www.baxterlibrary.org](http://www.baxterlibrary.org) after you find as many as you can. Winners will be chosen from entries that found all 7 Horcruxes. Good luck witches and wizards!!

**Monday, Nov. 2**  
**7 p.m.**  
GORHAM – Planning Board meeting, via Zoom.

**Tuesday, Nov 3**  
**ELECTION DAY**  
GORHAM – polls open from 7 a.m.-8 p.m.

**Tuesday, Nov. 10**  
**6:30 p.m.**  
GORHAM - Town Council meeting via ZOOM.

**Wednesday, Nov. 11**  
Veteran’s Day  
Holiday observed. Town offices closed.

**Tuesday, Nov. 17**  
**8 a.m.**  
GORHAM – Ordinance Committee Meeting via ZOOM.

**Tuesday, Nov. 17**  
**6:30 p.m.**  
GORHAM – Town Council workshop via ZOOM

**Wednesday, Nov. 18**  
**8 a.m.**  
GORHAM – Gorham Economic Development Corporation meeting via ZOOM.

**Thursday, Nov. 19**  
Restorative practices certificate program offered by UMaine Hutchinson Center and Restorative Justice Center. Six-session course from 9 a.m. to 4 p.m. For information or to request a reasonable accommodation, contact Michelle Patten, [um.fhc.pd@maine.edu](mailto:um.fhc.pd@maine.edu); (207) 338-8002.

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## Guest Column

### Home Country

By Slim Randles

Truth in advertising. So I arrived in Chicken, Alaska, only to find I’d nearly doubled the local population. In the far-distant past, Chicken was a ghost town. When the gold gave out, so did Chicken.

So what was left was “the business” consisting of a gas pump, a coffee pot, some postage stamps and a couple of nice folks. But there was something else, too.

There was not only an outhouse there, but it was electrically lighted. So where should I write my column? In an electrically lighted outhouse in Chicken, Alaska.

Naturally.

The raising of poultry this far north is uncommon; too many local varmints, including any resident sled dogs, eat them. So how did this gold camp get its name? Ahh ... the very reason for that column typed on the wooden “desk” beneath that 20-watt bulb.

Chicken, Alaska, got its name because none of the miners there knew how to spell ptarmigan.

*Beat the holiday rush! “Strange Tales of Alaska” by Slim Randles now available on Amazon.com.*

Chickens have forever had a place in our hearts and on our tables. Why is that? Well ... why not?

And so I’d like you to come with me back to the summer of 1970, ‘way up north of Fairbanks, Alaska, to what was once the thriving gold mining village of Chicken, Alaska. I was on my way, hitchhiking with a 17-foot canoe, to paddle down a stretch of the Yukon River and to see the cabin where Jack London spent the winter once upon a time.

Just as an aside here, hitchhiking with a canoe, or with a sled and 11 dogs, would make a lengthy how-to book all by themselves. It doesn’t sound easy, does it? It isn’t.

So what I would do on these “adventures” of mine, (my boss, Larry Fanning, referred to them as Slim’s tin-cup trips because of all the scrounging I had to do) is go to neat places and interview great people, and write stuff. My column in the Anchorage Daily News was called ... brace yourself ... “Slim’s Column.”

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# Community Shred Event Oct. 24

From L-A Rotary Club

AUBURN - The Lewiston-Auburn Rotary Lunch Club Is hosting a community shred event from 9 a.m.-noon on Saturday, Oct. 24 at John F. Murphy Homes at 800 Center Street, Auburn.

Residents will be able to dispose of old documents safely and securely, for a small charge of \$10 per box similar in size to a box that holds a ream of paper. All proceeds benefit the local community.

All shredding will be done securely on site. Clean your basement & attic of old bank statements, tax records, medical documents, etc. This will be a contactless drive-up, and individuals and businesses are invited to bring documents for shredding.

# Indoor AND outdoor dining! Junction Bowl



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# Autumn Night In

Online Auction to Support Hospice Care in Our Community

Auction Kickoff Event - October 23 • 6:00PM • Facebook Auction - October 23, 6:15PM through October 31, 8:00PM

Androscoggin Home Healthcare + Hospice is celebrating seventeen years of Autumn Night Out in 2020. Our organization's largest fundraising event has grown since its creation and has successfully raised nearly a half of million dollars in support for hospice care thanks to the generosity of our community.

While we will not be able to gather in person as we have in years past, we will be holding an online auction to raise funds for hospice care in our community.

Please join us for a special Autumn Night "In" kickoff event streaming on our Facebook page at 6pm on October 23rd. We will have a special paddle raise to benefit the new Hospice House Kitchen!

Visit <https://ani2020.ggo.bid> today to register to bid!



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