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**January 21 - 27, 2021**  
**Volume 3**  
THROGGS NECK/PELHAM BAY  
AND COUNTRY CLUB

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VERIFICATION  
COUNCIL**

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Certified Public Accountant

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**BARILLA  
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FROSTED FLAKES**  
13.5 Oz. BOXES  
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FOR 5



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REGULAR SLICED POTATOES, SMALL WHOLE BEETS,  
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**CAROLINA  
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32 Oz. BTL.  
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Not responsible for typographical errors. Some illustrations in this ad are for display purposes only and do not necessarily represent items on sale.

Sale items limited 1 per family unless otherwise noted. Items & prices effective in this store only.

**SALE STARTS FRIDAY, JAN 22 THRU JAN 28**



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January 26, 2021 at 6-7pm EST

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Presenter:  
Dr. Alan Dubro  
Clinical Psychologist at  
Montefiore Medical Center

This presentation will look at 3 components of the Special Education process for parents: the child's educational achievement assessment, the planning meeting with the school, and the Individual Educational Plan (IEP).



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<p><b>FULLY INSTALL / CUSTOM MADE</b> <b>DOUBLE HUNG WINDOWS</b> INCLUDES CAULKING, STOP MOULDING AND DEBRIS REMOVAL <b>REG. \$499</b> <b>ON SALE \$329<sup>00</sup></b> <b>CUSTOM MADE LOW E GLASS ARGON GAS ENERGY STAR</b></p>	<p><b>Attic Insulation</b> Owens Corning AttiCat® System Save up to 20% on your heating &amp; cooling energy bills* for as low as <b>REG. \$2499<sup>00</sup></b> <b>ON SALE \$1499<sup>00</sup></b></p>	<p><b>PATIO DOORS</b> LOW E GLASS / ARGON GAS TOP QUALITY STEEL REINFORCED &amp; FULLY INSTALLED SFT. <b>REG. \$1999<sup>00</sup></b> <b>ON SALE \$1199<sup>00</sup></b></p>

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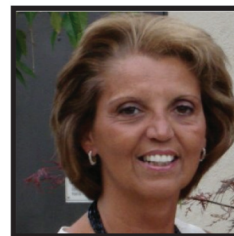
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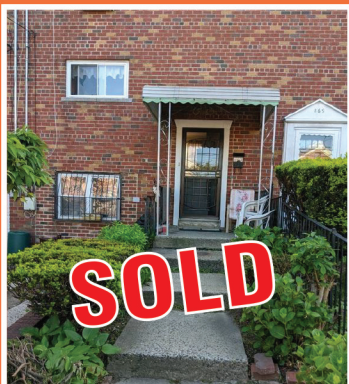
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## FEATURES

Open concept! 3 bedroom / 3 bath  
Co-op plus inished basement

## AMENITIES

- Private Beach • Deli
- Gate Community • Security

\*ASK FOR MICHAEL MUSANO

Throgs Neck: 833 Revere Ave



**\$539K**

## FEATURES

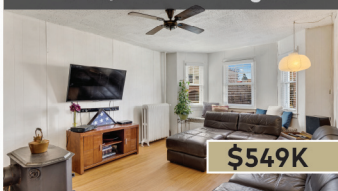
Charm & Character! 1 family, 2 Beds  
plus finished basement & garage.

## AMENITIES

- Many updates • In-law suite

\*ASK FOR BLAIDY GARCIA

Pelham Bay: 2884 Coddington Ave



**\$549K**

## FEATURES THE PRICE IS RIGHT!

Detached 1 family, 3 bedrooms  
plus In-law suite in walkin, nicely  
landscaped yard

## AMENITIES

- In-law suite • Close to trains  
& Shops

\*ASK FOR DEBORAH PALLADINO

Country Club: 1365 Kearney Ave



**\$659K**

## FEATURES SHOWS OFF LIKE A MODEL HOME

Newly renovated 3 bedrooms,  
formal dining & updated kitchen

## AMENITIES

- Turn Key • 2.5 Baths • New Deck

\*ASK FOR ANY SALES TEAM MEMBER

Locust Point: 3191 Hatting Place



**\$969K**

## FEATURES RENOVATED

Original Owner! Plus finished  
walkout. Low flood insurance.  
Garage, Lots of parking

## AMENITIES

- 3 Bedrooms • Over 3 Beds

\*ASK FOR MICHAEL MUSANO

Throgs Neck: 275 Hollywood Ave



**\$785K**

## FEATURES

Conveniently located 2 family, 3  
bedroom over 2 bedroom plus  
completely finished basement

## AMENITIES

- Many updates • Hardwood  
floors

\*ASK FOR DEBORAH PALLADINO

Morris Park: 2137 Tomlinson Ave



**\$725K**

## FEATURES UNIQUE HOME

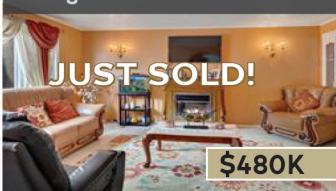
With Lots of possibilities!  
Spacious 1 family, 4 BRS, 3 baths,  
Deck

## AMENITIES

- Finished bsmt • 2 Kitchens

\*ASK FOR JOSH RICO

Throgs Neck: 455 Revere Ave



**\$480K**

## FEATURES

This cozy ranch style home is set  
on LG property & has 2 Bdr w/  
possible 3rd.

## AMENITIES

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- 2 Baths • Pool

\*ASK FOR CLAUDIA TUBIOLO

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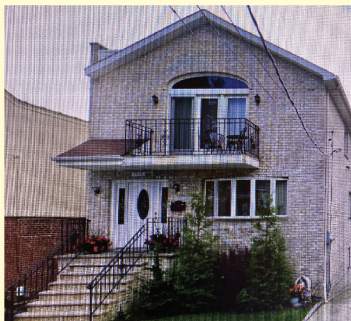
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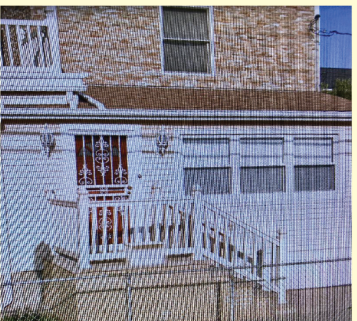
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## COUNTRY CLUB FOR RENT

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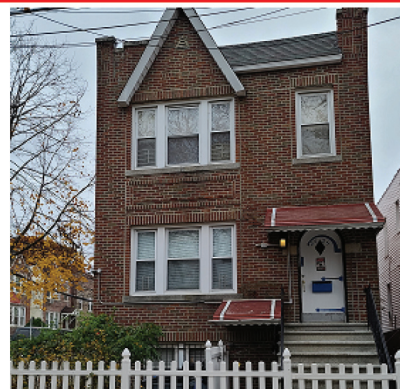


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## Programs and Treatments offered at Bay Park:

### Special Services

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- Diabetes Management
- Hospice/Palliative Care
- Respirie Care

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- Ulcer Care
- Surgical Wound Care

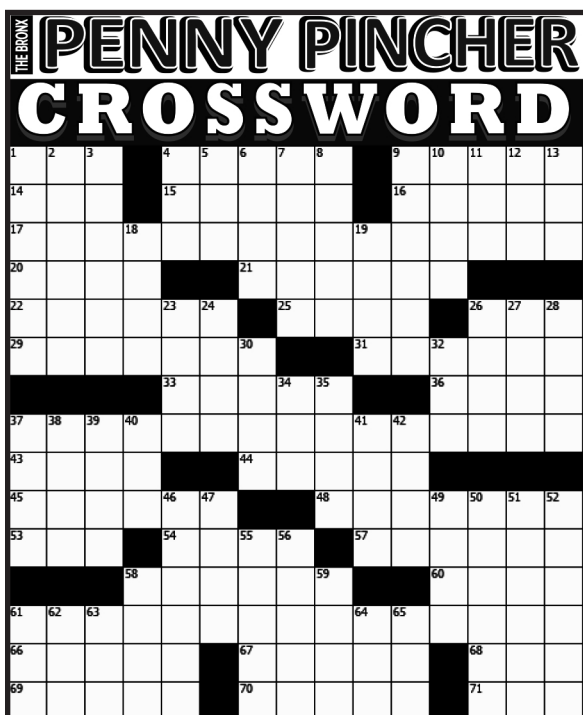
### Special Programs

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

### Rehabilitation Services

- Intensive PT, OT & ST 6 days a week
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- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation





## ACROSS

## DOWN

1. Way to stand
4. Domains of feudal lords, for short
9. Prince of \_\_\_\_\_
14. Comic actor Kabibble
15. Filmdom's Sophia
16. Mentally alert
17. Big winner in 1965
20. Gangster's female companion
21. One place where soccer is football
22. The Spanish \_\_\_\_\_ (1588 invasion fleet)
25. Pizarro's conquest
26. Dove sound
29. Most shipshape
31. Set sail
33. Humid
36. Slanty font (Abbr.)
37. Big winner in 1937 (with "The")
43. Churchill's "\_\_\_\_\_ Country"
44. Unpleasant encounter
45. Type of bird seen in many pirate films
48. "Baptism" painter
53. Fr. noblewoman
54. Fan noise
57. Earthquake warning
58. Refuse to speak
60. Start of a magician's phrase
61. Big winner in 1954
66. "Are you in \_\_\_\_\_?" (poker dealer's question)
67. Accra is its capital
68. "Didn't I tell you?"
69. Out of \_\_\_\_\_ way (safe)
70. English test requirement
71. Somber
1. Coal miner
2. No longer asea
3. Geena's role opposite Susan in 1991
4. Producer Ziegfeld
5. Creditor's chit
6. Sea eagle
7. Disgusted
8. Saw wood at night?
9. One-time beaded currency
10. Fever fit
11. Fleur-de-\_\_\_\_\_
12. Wallach in "The Magnificent Seven"
13. "Just a \_\_\_\_\_"
18. Bedspring support
19. Golfer's shout
23. Dealer vehicle
24. From then on
26. "The Elder" of Rome
27. Televangelist Roberts
28. Sooner terr.
30. Met level
32. Show \_\_\_\_\_
34. Dallas inst.
35. Part of a fork
37. Track units
38. "\_\_\_\_\_ first you don't ..."
39. Cost of a ride
40. Make a mistake
41. Manner of song
42. MIT graduate
46. Baby hooters
47. Lose that frozen feeling
49. Hitchcock's "\_\_\_\_\_ Window"
50. Carve in relief
51. Iris cover
52. Emulated Cicero
55. Campaign concern
56. Babe and Baby
58. Pal
59. Pod denizens
61. Exclamation of surprise
62. New Deal org.
63. Rocky spot
64. Genetic stuff
65. Wray of "King Kong" fame

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# Basic Crepes

## Ingredient

1 cup all-purpose flour

2 eggs

½ cup milk

½ cup water

¼ teaspoon salt

2 tablespoons butter, melted

## Directions

**Step 1-** In a large mixing bowl, whisk together the flour and the eggs. Gradually add in the milk and water, stirring to combine. Add the salt and butter; beat until smooth.

**Step 2-** Heat a lightly oiled griddle or frying pan over medium high heat. Pour or scoop the batter onto the griddle, using approximately ¼ cup for each crepe. Tilt the pan with a circular motion so that the batter coats the surface evenly.

**Step 3-** Cook the crepe for about 2 minutes, until the bottom is light brown. Loosen with a spatula, turn and cook the other side. Serve hot.

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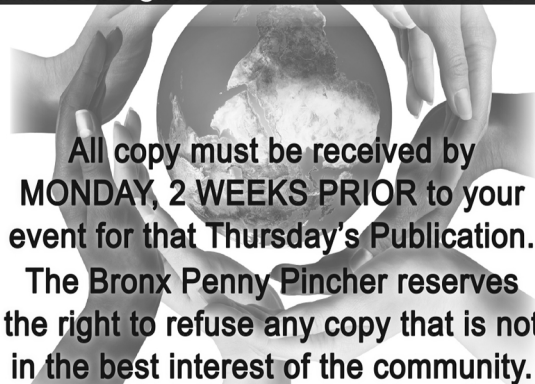
**Send Your Community Events to:  
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**Matthew Cruz**

District Manager

Bronx Community Board #10

3165 East Tremont Avenue

Bronx, NY 10461

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Bx10@cb.nyc.gov

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By now you have heard that the State of New York is offering vaccines to persons over 65-years-old. The COVID-19 pandemic has affected us all but has certainly affected our most vulnerable populations the worst. If you are interested in receiving the vaccine, please visit online <https://vaccinefinder.nyc.gov/>. You should schedule an appointment at the location nearest you. First and foremost, be sure to contact your physician for their advice. Feel free to call us at (718) 892-1161 with any questions on vaccine distribution centers.

### **COMMUNITY BOARD MEMBER APPLICATION**

It is my hope everyone is staying warm during this young winter season. Please consider joining your local community boards as the application process is now open! Bronx Community Board #10 and #11 are local representative bodies comprised of fifty volunteer members appointed by the Bronx Borough President with half of its members nominated by the City Council Member. In order to become a member, you must reside, work or have a significant interest in the community. All prospective applicants must attend a meeting of the Full Board in the district you wish to represent. Applications are to be sent directly to the Borough President's office to the e-mail listed on the application by February 5, 2021. Bronx Community Board #10 represents the neighborhoods of City Island, Co-op City, Country Club, Pelham Bay, Throggs Neck, Westchester Square and Zerega. Bronx Community Board #11 represents Allerton, Morris Park, Pelham Garden, Pelham Parkway and can be reached at (718) 892-6262. To learn more about community boards and its functions, please feel free to contact me at (718) 892-1161.

### **LAND USE AND ZONING MATTERS**

I am often asked why Community Boards do not offer opinions on every land use or zoning matter within our districts. Simply put, Community Boards only offer its advisory opinions when a proposed development does not meet current zoning regulations. These are very limited circumstances as most developments conform to current zoning. If you have a question about a particular property or lot, contact me by sending an email [tobx10@cb.nyc.gov](mailto:tobx10@cb.nyc.gov).



# COMMUNITY NEWS

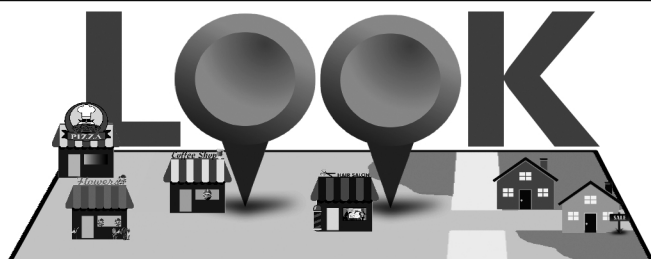
## ABOUT OUR NEIGHBORHOOD CALENDER OF EVENTS!

**THE BRAHMA KUMARIS IN THE BRONX:** Learn Raja Yoga Meditation Course." Please join us in a free 8-session online meditation course, **Jan. 18-21, Jan. 25-28.** Meditation is a method of relaxing, refreshing and clearing the mind and heart. It helps you look inside to rediscover and reconnect with your original, spiritual essence – restoring a healthy balance between your inner world and your outer world. To register: <https://bit.ly/2XtmcHP> or Carmen Palmer at 718-994-0765; [carmenpalmer@optonline.net](mailto:carmenpalmer@optonline.net)

**NYC COUNCILMAN MARK GJONAJ'S:** I hope you and your families are doing well as we are continuing to deal with the coronavirus pandemic and many other uncertainties surrounding it. The COVID-19 vaccine is a critical tool for helping bring the pandemic under control but the City and State were clearly not prepared for handling the demand and logistics. According to NYS Department of Health, the Federal Government has given New York approximately 300,000 vaccines for over 7 million people who are eligible – as a result the supply is very limited. There needs to be a better system in place to prepare for the next phases of the vaccination. We need a unified scheduling system, increase in staff to make appointments by phone and a thorough plan for neighborhood, senior centers and door to door vaccinations for our mostly at risk elderly population. As Chair of NYC Small Business Committee, I am deeply concerned about our small businesses and the restaurant industry suffering during this pandemic. Once again NYC restaurant owners and workers are left wondering, "Why the double standard?" NYC has an infection rate that is significantly lower than many other parts of the state where dining restrictions have been relaxed.

The Tale of Two Regions will further destroy the NYC restaurant industry, and to save them, NYC should hold to the same standard as the rest of the state. During this week's NYC Council Housing Hearing, I called on the Mayor to increase the number of NYCHA developments applying for the federal RAD/PACT program so that we can finally be able to ensure that all New Yorkers, whether their landlord is a person, company or the City of New York, have a safe and affordable home. I am glad to announce that for all not-for-profit community-based organizations in our District, that wish to apply for discretionary funding for Fiscal Year 2022, submit application at: [council.nyc.gov/budget/fiscal-year-2022-discretionary-funding-expense-application-filing-period/](http://council.nyc.gov/budget/fiscal-year-2022-discretionary-funding-expense-application-filing-period/). The submission deadline is Tuesday, February 16, 2021. Remember we have been with you throughout this pandemic and you can count on us with your issues, needs and concerns. It is a difficult and emotional time but we will rise to meet the challenges. Please do not hesitate to contact my office: 718-931-1721 or [MGjonaj@council.nyc.gov](mailto:MGjonaj@council.nyc.gov)

**CRUGER AVENUE SYNAGOGUE:** 2222 Cruger Avenue, between Pelham Parkway North and Astor Ave. Bx NY 10467 Services **Friday Night Jan. 22nd. Begin at 4:45 pm Sharp** followed Sabbath dinner. Services (Shabbos) **Sat. Morning Jan. 23rd: Begin 9:30 am**, followed by Kiddush/Luncheon. Saturday night Services begin 4:00 pm Followed by shalosh seudos (light meal). **Social distancing is followed and masks are required**. If you do not have one we will provide one for you. For more info. please email us at [synagoguecruger1@gmail.com](mailto:synagoguecruger1@gmail.com)



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