

Summer Camp guide



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P THE PATHWAY SCHOOL

60th Anniversary

A Summer Full of Enriching Experiences and Extraordinary Opportunities

It's not about forcing a fit, it's about finding a place. Pathway could be the place for your child during the school year and/or during the Extended School Year (ESY) program. For over 50 years, Pathway has been serving students with special education needs. Pathway provides educational and therapeutic services to young people with significant learning, social-emotional and executive functioning needs. The goal is to provide an individualized, structured learning environment that empowers all students to build independence for all students.

Pathway offers a 6 week **Extended School Year (ESY)** program which was created with various tracks that focus on each student's affective, academic, social and functional needs in various structured learning environments in school and in the community. The ESY program supports each student's IEP goals while providing students unique opportunities to increase their interests in educational topics and further develop recreation and leisure skills.

Summer Therapeutic Activities further develop academic skills while providing students an opportunity to choose from a variety of club activities. After some instruction in reading and math, students will participate in theme-based activities

which allow them to have fun while build executive functioning and social skills. Clubs are designed to increase a student's repertoire of interests and expose them to different types of experiences throughout the summer. Social skills, cooperative teamwork, communication and recreation and leisure skills are embedded in all club activities.

Social & Community Activities - For Life Experiences

focuses on providing students with a "hands-on" approach to developing social skills and promoting successful functioning in the community. Students will continue to develop functional academic skills, communication skills, vocational skills and daily living skills. The program will take place both on campus and in community settings to teach social skills and life skills through community outings, preparing menus, grocery shopping, money management, and self-care lessons.

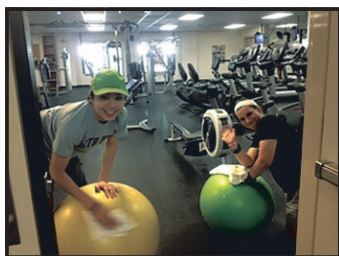
Field Trips are another fun part of the ESY program. Students will participate in field trips to local points of interest which coordinate with classroom and program themes while promoting social skills in the community. Trips may include places such as: fishing spots, hiking trails, tours of local facilities, historical spots, and much more.

The ESY program is offered to Pathway students ages 5-21, as well as students with similar needs in nearby school districts. For students not currently attending the school-year program but are interested in ESY programming, please contact Diana Phifer in the Admissions Department for additional information

PROGRAM DATES AND TIMES

July 6th through August 13th
9:00am - 3:00pm

For additional information about any of our programs or services, please visit www.pathwayschool.org and contact Diana Phifer at 610-277-0660 ext 289 or by e-mail: dphifer@pathwayschool.org



SUMMER CAMP

5 reasons why summer camp is a good choice for kids

Metro Creative Content

Summer vacation offers students a respite from lessons and the routine of school. Children might once have eagerly awaited those final days of classes so they could lounge poolside, skip rocks across ponds and spend the long days of the season playing with friends.

But many of today's youngsters spend much of their summer vacations indoors playing with their digital devices.

Perhaps that's why one of the last vestiges of the classic summer vacation escape, summer camp, remains such a viable option for parents who want their children to get outdoors once the school year ends.

Although kids needn

not be in camp all summer long, a week or two can benefit campers of all ages.

The following are five reasons why summer camp might be the right fit this year.

1. Explore talents

Summer camps help young people explore their unique interests and talents.

Under an organized, yet often easygoing, camp schedule, kids can dabble in sports, arts and crafts, leadership, community support and so many other activities that may not be fully available to them elsewhere.

2. Physical activity

Lots of camps build their itineraries around physical activities that takes place

outdoors. Campers may spend their time swimming, running, hiking, playing sports, climbing and so much more. This can be a welcome change for kids accustomed to living sedentary lifestyles.

Regular physical activity has many health benefits and can set a foundation for healthy habits as an adult.

3. Gain confidence

Day and sleepaway camps offer campers the opportunity to get comfortable in their own skin.

Camps can foster activities in self-esteem by removing the academic measures of success and fill in with noncompetitive opportunities to succeed.

Campers learn independence, decision-

making skills and the ability to thrive outside of the shadow of their parents, siblings or other students.

4. Try new things

Camp gives children the chance to try new things, whether that's learning to cook, exploring new environments or embracing a new sport or leisure activity. Opening oneself up to new opportunities can build character and prove enlightening for children.

5. Make new friends

Camp is a great place to meet new people and make lifelong friends. Campers flood in from areas near and far. This provides kids with a chance to expand their social circles beyond their immediate neighborhoods and schools.



METRO CREATIVE CONTENT

Camps benefit children in a variety of ways. Lessons learned in camp can strengthen values, build confidence, develop coping mechanisms when adversity strikes and enable campers to make lifelong friends.

SUMMER CAMP GUIDE INDEX

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CAMP NAC

Camp NAC inspires creativity, innovation and self-awareness

Here at Camp NAC, we make it our mission to introduce new concepts to our campers that inspire creativity, innovation and self-awareness. Every summer we strive to have our campers connect with activities that match their individual



Camp NAC will feature a variety of cooking camps this summer.

interests and contribute to a more mindful lifestyle approach.

This year at Camp NAC, we are excited to introduce a new lineup of cooking camps that are created uniquely for campers ages 6-12.

In our cooking camps, children will get hands-on cooking time and also learn all about nutrition with our registered dietitian, food safety, the science of cooking and mindfulness through meditation and yoga.

The top addition to our cooking camps this summer is mindfulness through meditation and yoga.

Being mindful is having the ability to be fully present in the moment. A few benefits of children

practicing mindfulness include, decreased stress and sadness, and increased focus and happiness.

We look forward to introducing this topic to our campers, so they can further explore how to incorporate it in their everyday life.

Through meditation and yoga, we hope to have our campers learn practices that are modest and doable, while also gaining tools that they can use long after the summer is over.

During our cooking camps, we will also keep campers active by incorporating games and activities themed around everyone's favorite topic — food!

A few of our favorite cooking camps this year

are Baking Bootcamp, Be Our Guest, Farm to Table, International Culinary and Pastry Chef.

In our newest cooking camp, Be Our Guest, campers will recreate the magical Disney-inspired foods from the movies we all love! Campers will also learn all about proper etiquette and being perfect hosts and hostesses. During this week, our campers will put their table manners to the test!

All Camp NAC activities are held at the Newtown Athletic Club, 120 Pheasant Run, Newtown, Bucks County.

Camp NAC's summer program runs from June 1 to Sept. 4. For more information, visit www.campnac.com.



A camper plays basketball at Camp NAC.

Sign up now for

SUMMER CAMP 2021!

Register by February 28 for best rates!

YMCAGBW.ORG/CAMP

Many camps are available, including:

- Day Camp with theme weeks
- Environmental, Nature & STEM Camps
- Preschool Camps and programs
- Teen Camps
- Sports Camps
- Aquatics Camps
- Creative Arts Camps



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FOR HEALTHY LIVING
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295 Hurley Road
Coatesville, PA 19320
610-380-9622

JENNERSVILLE YMCA
880 W. Baltimore Pike
West Grove, PA 19390
610-869-9622

KENNETT AREA YMCA
101 Race Street
Kennett Square, PA 19348
610-444-9622

LIONVILLE COMMUNITY YMCA
100 Devon Drive
Exton, PA 19341
610-363-9622

OCOTRARA YMCA PROGRAM CENTER
104 Highland Road, Suite 1
Atglen, PA 19310
610-593-9622

OSCAR LASKO YMCA AND CHILDCARE CENTER
1 E. Chestnut Street
West Chester, PA 19380
610-696-9622

UPPER MAIN LINE YMCA
1416 Berwyn-Paoli Road
Berwyn, PA 19312
610-647-9622

WEST CHESTER AREA YMCA
605 Airport Road
West Chester, PA 19380
610-431-9622

CAMP LEE MAR

Camp Lee Mar: 'a special camp for special kids'

Last summer we ran a much shorter session with all the COVID-19 protocols in place. All our campers and staff did a wonderful job, and we were 100% COVID free.

This summer we plan to run our full summer session, and Camp Lee Mar will be celebrating its 69th season, a real milestone!

During the summer of 2021, Camp Lee Mar in Lackawaxen, Pike County, will actually be celebrating a number of milestones.

Ari Segal, the camp's owner/director, will be celebrating his 29th season; academic coordinator Laura

Leibowitz will be celebrating her 39th; and assistant director Lynsey Trohoske, will be celebrating her 24th. Wow! We are so excited for this summer!

Camp Lee Mar's unique program combines all the fun traditional camp activities – basketball, kickball, boating and fishing, soccer, arts and crafts – with academics, speech and daily living skills. Camp Lee Mar also has a therapeutic horseback riding program, a zip line and overnight trips.

The facilities are exceptional, highlighted by the super-popular Junior Olympic



The hallmark of Camp Lee Mar's program is our incredible, nurturing staff, all dedicated to working with children with special needs.

heated pool and air-conditioned buildings (including cabins).

Camp Lee Mar holds many special events each summer: the Fourth of July celebration, Western Night, Carnival Day and the Lee Mar Olympics, to name just a few.

The senior division campers talk all year about Social Dance, which we have every weekend, followed by the Senior Fling (Prom), which takes place in early August.

The Lee Mar L.I.F.E. Program (Living Independently Functional Education) continues to be a huge success, and we again expect a waiting list in 2021!

The hallmark of Lee Mar's program is our incredible, nurturing staff, all dedicated to working with children with special needs.

Camp Lee Mar is truly "a special camp for special kids."

For more information, call 215-658-1708 or visit www.leemar.com. Like us on Facebook

Hideaway Day Camp

Nature Study
Swimming Lesson Daily
Fishing & Canoeing • Drama
Equestrian Program
Arts & Crafts
Archery • Cookouts & Campsites
Creek Walks • Team Sports
Hiking
Miniature Golf
Ropes Adventures Course



610.489.2191
www.hideawaydaycamp.com

- Over 70 acres in Collegeville, minutes from Valley Forge park
- Boys & Girls, ages 4 to 14
- 1-8 Week Enrollments
- Staff of Certified Teachers
- Before and After Care Programs
- Structured Daily Activities
- Special Days and Events
- Transportation Provided
- Weekend Rentals Available
- Tours by Appointment Only

MAIN LINE ART CENTER

Main Line Art Center offers 'A Summer of Color'



Campers create pottery at Main Line Art Center.

Main Line Art Center in Haverford offers "A Summer of Color" with on-site and online art camp for ages 5-16.

Celebrate the summer

with splashes of color. Join us onsite or online to paint, dab, spray, stamp and splatter your way through creative adventures with the help of experienced and talented teaching artists.

Express your inner artist as you learn to see the beauty around us and discover unique ways to color your world. Experiment and craft your masterpiece in our socially distanced classrooms or from the comfort of your own home.

Class sizes are small and safety is our first priority. A summer of color awaits at Main Line Art Center!

Now in its second year, our online summer camp for ages 5-9 brings the fun and creativity of summer art camp to you, wherever

you are. Perfect for families who still want to participate but feel safer at home or will be traveling. Campers engage with their teaching artists and friends through art lessons that can be done anywhere.

Online camps are taught live using Google Classroom and Zoom. Parents need to sign up for a free Gmail account that is not associated with a school before the start of camp. Camp supply kits will be available for contactless pick-up at the art center the Thursday before the start of camp and include everything needed for the week. Five- to 9-year-olds can also join us onsite for our traditional summer camp experience.

Onsite preteen and

teen studios offer focused, in-depth learning and experimentation with a single medium. As projects progress to the next level, the techniques are more advanced and the learning faster paced.

Pair morning and afternoon studios for a full day experience, or choose a half-day intensive.

Onsite camps have mandatory safety procedures informed by current CDC guidelines. Information about social distancing, masking and sanitation will be shared with families before the start of camp.

A summer of color awaits at Main Line Art Center. Register at mainlineart.org or call 610-525-0272.



Main Line Art Center offers onsite and online camp for students ages 5-16.

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Archery - Archery Tag - Aqua Park - Boating - Digital Photography - Sailing - Sports & Games - Theater - AND SO MUCH MORE!

www.wwymca.org/ (570) 443-CAMP (2267)

DELAWARE COUNTY CHRISTIAN SCHOOL

You can have it all at camp

Learning loss is not just something your child's teacher passively mentions at the end of the school year. It is a very real problem for children who are not engaged in activity during their time off from school.

These activities do not always need to be directly related to a specific area of study but serve to stimulate the brain with new information about a broad range of topics and activities.

Summer camp is a great option to keep kids' minds guessing as they engage in creative and engaging activities that they may not be able to experience anywhere else.

At Delaware County Christian School in Newtown Square, we take pride in the amount of variety and choice offered in our summer program.



Campers at Delaware County Christian School may participate in a basketball camp, robotics camp and experience all the fun of classic day camp activities in just one week.

Campers may participate in a basketball camp, robotics camp and experience all the fun of classic day camp activities in just one week.

Every week of the summer offers just as many options to engage the creative mind of our campers! If you are not up for so much happening at once, you can always

choose to participate in single programs as well, or mix and match as you please.

All camps are designed and directed by professional educators, coaches and camp counselors. Check us out at dccs.org/summer to see what new things your child can experience this summer!



Boston Leadership Institute



Award-Winning STEM Programs

Three-week competitive admissions research programs in business, medicine, engineering, and science for teens. One-week programs also available. Day and residential options.

Register or Apply for 2021 Programs at
www.BostonLeadershipInstitute.com

781-431-2514
info@bostonleadershipinstitute.com

WOLF PERFORMING ARTS CENTER

Stars shine even brighter at Summer Theater Camp

Led by industry professionals for over 15 years, campers from kindergarten through 12th grade are immersed in theater programs that focus on making connections, building creativity, and gaining confidence through a variety of performance opportunities either onsite or online.

Wolf PAC is more than a camp; it is a community of talented and creative people excited to share a summer filled with acting, singing, dancing, storytelling, script writing, musical theater, friendships and so much more.

It is a safe place where kids can be themselves in a supportive, encouraging

environment.

Campers experience the magic of performing arts with peers in three unique programs that are led by talented, dedicated and professional teaching artists.

The youngest group, rising kindergarten through second-graders, enjoy original scripts woven together through song and dance, creating a full show in just one week.

Rising third- through eighth-graders learn the skills needed to perform in a full Broadway Junior musical, sharing the spotlight at the end of each two-week session.

Our high school campers in grades 9 through 12 are immersed in an advanced theatrical program

spanning monologues, scene study, devised work and more.

High schoolers also have the option to become Counselors In Training, learning to mentor our younger campers. Each program culminates in a final performance that is shared with friends and family.

Wolf PAC's Summer Theater Camp is a unique program that encourages campers to connect with friends, experience the joy of performance and build skills that reach into all aspects of their lives. Campers return summer after summer to experience the true feeling of home that Wolf PAC is proud to offer.

The world is your stage



Led by industry professionals for over 15 years, campers from kindergarten through 12th grade are immersed in theater programs that focus on making connections, building creativity, and gaining confidence through a variety of performance opportunities either onsite or online.

with Wolf Performing Arts Center. Don't miss the opportunity to experience the magic of

theater this summer and all year long. Contact us today at 610-642-0233, visit our website at www.

wolfperformingartscenter.org or email us at info@wolfperformingartscenter.org.

Flourtown Swim Club and Summer Day Camp



Traditional Summer Day Camp
Boys and Girls Ages 4-14

CIT Program
Extended care both AM and PM

10-Week Program • June 21 - August 27

OPEN HOUSE DATES: Saturday, February 13 & Saturday, March 13

ACTIVITIES INCLUDE.... • Daily Swim Lessons • Recreational Swimming • Archery • Golf • Baseball/Softball • Soccer • Tennis • Basketball • Lacrosse • Field Hockey • Volleyball • Arts & Crafts • Music • Dance • Culinary Arts • GaGa Pit • Sustainable Gardening • Tutoring Services

For more info. contact Danny Collins, Day Camp Director
dcollins@flourtownswimclub.net

1528 Bethlehem Pike, Flourtown, PA • 215-836-1429
(behind the Flourtown Fire Co.)

www.flourtownswimclub.net

BOSTON LEADERSHIP INSTITUTE

Experience hands-on learning at Boston Leadership Institute

The Boston Leadership Institute is an award-winning summer STEM program for teens.

We're doing everything we can to bring you an exciting, productive and credential-building summer in 2021. It's time to experience the hands-on learning you've been missing.

Are you craving a taste of engineering? Electronics and Robotics, Engineering Research, Applied Physics and Engineering and Biomedical Engineering are waiting for you.

Are you thinking pre-med? How about Biomedical and Surgical Research, Emergency Medicine, Neurosurgery or more.

Maybe you've been inspired by the incredible work of epidemiologists and scientists? You can be one of them! Join us for Epidemics, Outbreaks and Contagion or Genetics and Clinical Trials.

Our breakout hit business programs are also back for 2021. Are you going to work on Wall Street one day? Finance could not be a better fit for you. Do you have the next billion dollar innovation brewing in your mind? You are made for STEM entrepreneurship.

Not sure if you can make it to campus this year? In 2020, we converted our programs to be entirely remote. We've got it down to a science now. That

means we'll offer remote research programs in 2021, as well. We'll be offering Biotech Research and STEM Entrepreneurship, and we plan to roll out more! These programs both earned RAVE reviews in 2020.

You deserve to have an amazing summer exploring new, exciting and challenging topics in 2021. Build up your credentials for college and explore lucrative career tracks while staying busy and making connections. The Boston Leadership Institute is getting you back on track.

For more information, visit www.bostonleadershipinstitute.com

WAYNE ART CENTER

Experience why art matters more than ever at Wayne Art Center

Grab a paint brush or a stone chisel. Come along as Wayne Art Center's Summer Art Camp 2021 explores A Summer of "Isms" — From Classical to Modern.

Delving into the unique "Isms" of art is limitless. Discover real-world classical paintings and sculptures, from Michelangelo's and da Vinci's Renaissance to Monet's light-filled, in-the-moment impressionistic water lilies.

Discover Picasso's obsession with cubist, angled forms and Dali's dreamy surrealistic marching ants and melting watches. Dribble and splash paint like Jackson Pollock or create a Frida Kahlo self-portrait with your favorite pet.

Geared to every age and level of artistic ability, Wayne Art Center offers a

diverse range of art classes in our Summer Art Camp for campers ages 4-17. Our one-week camps run Mondays through Fridays from May 31 to Aug. 20.

Flexible schedules feature full- and half-day classes, as well as early care and lunch bunch in the Children's Garden. Well-equipped, contemporary studios inspire campers with abundant natural light and views of our gardens that also serve as beautiful outdoor studios.

With small classes, each child is encouraged and challenged by experienced and committed camp faculty who nurture campers through the creative process. A dedicated corps of volunteers support teachers weekly in the art studios, during snack, lunch break

and extended care.

Wayne Art Center offers a warm and nurturing environment that motivates students to create and explore the arts while maintaining social distance and safety protocols in compliance with current COVID-19 guidelines.

Our early childhood art programs are designed to stimulate young minds and foster a love of art. Dynamic STEAM-inspired classes for children ages 6 to 12 focus on building skills in drawing, painting, printmaking, cartooning, ceramics, sculpture, jewelry, fashion design and more. The TEEN Studio provides diverse opportunities for teen artists ages 13 to 17 to improve core art skills that help expand their creative repertoire.

Join us at Wayne Art

Center to experience why the arts matter now more than ever. Through the power of art, campers will experience how to express themselves and illustrate the world around them in a different light while learning new ways of seeing and thinking about life.

Through the history of art and art making, students will discover how art reflects its time and how it strengthens individuals and communities.

Now in its 37th year, Wayne Art Center's Summer Camp provides an exciting opportunity to create and learn about art while developing new friendships and participating in building a strong community through the arts. At the conclusion of each weekly session, campers are invited to proudly display their creative accomplishments for family, friends and fellow campers at our Friday Art Show.

Located just minutes from downtown Wayne and adjacent to Radnor Trail, Wayne Art Center provides an all-inclusive experience to explore the arts and stimulate a well-rounded lifestyle for the entire family.

Whatever your child's interests make Wayne



Campers get a chance to express their creativity.

Art Center the perfect destination for a Summer Art Camp experience this year. Come join us this summer as we explore history through the "Isms"

of Art. For more information on Wayne Art Center's 2021 Summer Art Camp, visit www.wayneart.org or call 610-688-3553.

 wayne art center

June 14 - August 20

10 One-Week Sessions



drawing ■ painting ■ ceramics ■ cartooning
robotics ■ minecraft ■ photography ■ crafts

413 Maplewood Avenue Wayne, PA 19087 ■ 610-688-3553 ■ wayneart.org

Summer Learning & Summer Fun at AIM

July 6 - July 30, 2021

Dynamic Learning for Children Entering Grades 1-12

IN-PERSON

Morning: 9:00 - 12:30

Full Day: 9:00 - 4:00

- Reading and Writing Reinforcement
- Math Skills Development
- Hands On Learning
- Executive Function
- Recreational and STEAM Exploration
- Decrease Summer Learning Loss



AIM Academy | 1200 River Road | Conshohocken, PA 19428



CONTACT US AT
215-483-2461
www.aimpa.org/summerataim

MEDIA-PROVIDENCE FRIENDS SCHOOL

Children try their hand at art at Summer Friends.

Summer Friends is back for this year at Media-Providence Friends School

Summer Friends at Media-Providence Friends School in Media is set to return for the 2021 season.

Summer Friends, named a Talk of the Town Favorite by Delaware County News Network, provides children ages 3-10 (preschool through entering fifth grade) with an opportunity to participate in weekly thematic units taught by experienced counselors and certified elementary teachers.

Weekly themes may include Nature Week, Magic Week, Sports Week and Drama Week.

Children enjoy the freedom of summer in a welcoming, safe and relaxed environment. Enriching on-site programs

are complemented by field trips to museums, zoos and other local venues.

Field trips and all off-site activities will be assessed on a case-by-case basis given COVID-19 restrictions.

The campers at Summer Friends are free to explore, play and express themselves in the safe and nurturing environment found year-round at Media-Providence Friends School.

COVID-19 precautions will be in place and group size will be limited. Smaller groups allow for interactions with the teachers as well as other children of similar ages, and all activities are tailored for campers' developmental and physical levels.

The children at Summer

Friends participate in a wide variety of experiences that help them shape their vision of the people and the world around them.

Counselors, staff and campers will observe COVID-19 precautions to assure that everyone has a safe and fun summer.

These safety measures will include reduced class sizes, wearing face masks, daily temperature checks, frequent hand washing and sanitizing of surfaces and social distancing while indoors.

Visit mpfs.org/camp or call 610-565-1960 for pricing and more information on special discounts, including sibling discounts, our Camp Referral Program



The children at Summer Friends participate in a wide variety of experiences that help them shape their vision of the people and the world around them.



Summer Friends

at Media-Providence Friends School



- Flexible pick-up & drop-off times
- Affordable weekly rates
- 10% sibling discount

Register Today at mpfs.org/camp
For Students Ages 3 - 10

125 W. 3rd St., Media • 610-565-1960

DELAWARE VALLEY UNIVERSITY

Build their perfect summer with Kids U! and Inspire U!

Build their perfect summer with Kids U! and Inspire U! weeklong on-campus specialty summer camps, Kids U! exclusive online summer camps or

a mix of both at Delaware Valley University.

Kids U! and Inspire U! are the perfect blend of fun, friendship and focus. Join hundreds of kids, tweens

and teens on our beautiful Doylestown campus or online this summer for a next-level opportunity to master something new.

We have something unique for curious kids to experience each week: Digital Media, Arts and Industry, Science and Engineering, Coding, App and Game Design, Life and Environmental Sciences, Entrepreneurship and Innovation, Equestrian Riding and more!

Kids U! Summer STEAM Camps invite children ages 5-13 to design, build, innovate, experiment and play on our campus. Led by faculty, educators and industry pros, we teach you something new as you explore your interests and connect with other kids and tweens that love STEAM

based, hands-on, adventure and fun.

New this summer we added Kids U! Exclusive Online Summer Camps; taking all the great elements of weeklong on-campus specialty summer camps and making them available in an online platform. Inspire U! Summer Programs offer teens ages 14-18 the chance to see, learn and try what it takes to have a career in animal studies, creative arts, media, equine management and more.

What do parents say their child/teen liked most? "The content, the other kids, and the staff."

"The focus on science and the independence he was allowed."

"Hands-on experience with all sorts of animals."

"Testing his drone."

Registration is open; limited seats are available for a fun, affordable and memorable summer. Visit <https://delval.edu/programs/youth-summer-programs> and secure a space now; use the discount code PERFECT10 for 10% off each enrollment (expires March 31, exclusions apply, 10% off program cost, does not include fee)

Questions? Contact Barrie Saias, youth programs coordinator at CPS@delval.edu.



Kids U! and Inspire U! at Delaware Valley University are the perfect blend of fun, friendship and focus.



Delaware Valley University camps feature something unique for curious kids to experience each week



A staff member works with a camper at one of Delaware Valley University's summer camps.

BECOME A SUMMER OWL



EXPLORE TEMPLE UNIVERSITY'S SUMMER DAY CAMPS

Summer Owls Day Camp for youth entering grades 2-7 at Temple University's Ambler Campus*. Some specialty camps for youth entering grades 7-12 will also be offered.

*We are planning for socially-distanced in-person camps, but will transition to online if we believe it's necessary.

Summer 2021 camp sessions:

Session 1: June 21 to July 2

Session 2: July 6 to July 23*

Session 3: July 26 to August 13

All camps take place Monday through Friday, from 9 AM to 4 PM.

*No camps Monday, July 5

REGISTER:

bit.ly/TUallaroundphilly



Equestrian Riding is one of the programs available at Delaware Valley University's summer camps.

SUPER CAMP FAIRS

Winter / Spring 2021

Virtual Camp Fairs:

Dates: February 28, March 28, April 28

Times: 7:00am to Midnight!!!

**Easy access to hundreds of summer programs
covering all interests**

**Check out the Best Local, Regional and out of State Camps and
Programs at: www.campsandprograms.com**

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SPECIAL NEEDS CAMPS

COMPUTER & SCIENCE CAMPS

ARTS CAMPS / PERFORMING ARTS

ACADEMIC AND PRE-COLLEGE CAMPS

TEEN TOURS / TRAVEL & STUDY ABROAD

WWW.CAMPSANDPROGRAMS.COM

FOR FAIR INFORMATION, EMAIL: JLENDVAY@MONTGOMERYNEWS.COM

YMCA OF GREATER BRANDYWINE

How to help your child deal with the impact of the pandemic

It has been over a year since many of us first heard of COVID-19, and since then, it has disrupted almost every aspect of our lives.

With parents working more than ever or not at all, activities canceled, school taught through electronic devices and play dates a distant memory, there's no denying that the pandemic's impact on our children is overwhelming.

Steve Castleton, father of two daughters and volunteer youth basketball coach at the Kennett Area YMCA, has a front-row seat to the pandemic's impact on children.

"Socially and emotionally, it's been difficult — they miss their friends and other normal human interactions," Steve said.

Since the start of the pandemic, the YMCA has been on the front lines — organizing food drives and blood drives, providing virtual group exercise classes, checking in on isolated seniors and offering summer camp, childcare, and learning centers for children doing virtual schooling.

This has given us an up-close view of how children are coping. Isolation, lack of physical activity and stress are some of the

biggest challenges we've seen.

Tackling isolation and loneliness

The data tells a challenging story. In 2020, emergency room visits for mental health concerns in children ages 5-11 rose 24% over a year prior.

Children ages 6-15 are reporting more feelings of helplessness (66%), worry (68%) and fear (62%) in addition to parents reporting their children having shortened attention spans, being more clingy and showing greater irritability.

Doctors are also experiencing increases in the number of kids with sleep disturbances, eating disorders, depression, anxiety, substance abuse and suicidal thoughts.

While worrisome, experts are quick to point out that kids are resilient, especially when parents and caregivers help them through times of crises.

They recommend parents/caregivers talk with children about what is happening while validating the feelings their kids share and helping them to comprehend and understand them.

Find a time that best works to connect with your



Beginning in June, summer camp will be available at all eight of the Chester County YMCA branches.

child; try going on regular walks or drives together to eliminate distractions.

The CDC has a guide for parents offering age-appropriate resources for families including conversation starters, activities and more.

Providing offerings for physical activity and play

Between time spent in front of a computer screen, limited or canceled activities and colder weather, kids have less physical activity.

This has resulted in a number of issues, and some doctors are reporting increased cases of eating

disorders, especially in adolescents.

While some families are benefiting from the many open spaces and preserves available in Chester County, it can still be challenging to hit your step count or get back to your pre-pandemic fitness routine.

Why not sign up for the YMCA's RESET Challenge? The challenge, which will explore different ways for everyone and families to get active for 150 minutes a week, is free to all members of our community.

Interested in more? Request a free trial for a seven-day pass to explore YMCA offerings, including group exercise classes — in-person and online — gym equipment, youth training programs, indoor pools and discounts on youth programs and activities.

Along with your free trial, we'll share the many policies we have in place to keep our spaces safe and clean.

Easing the financial burden

We've all seen the

pictures on the news with long lines at local food banks.

With unemployment at an all-time high, more families than ever are experiencing hunger or food insecurity.

When kids go hungry, their ability to call upon their mental and emotional reserves to cope lessens and they are at an increased risk for hyperactivity, aggression and anxiety.

We began food drives at the start of the pandemic at the YMCA and continue them at our Oscar Lasko YMCA branch.

At the YMCA, our mission is to ensure everyone has the support they need to grow strong in spirit, mind and body.

Being able to stay safely connected to one another and remain active is critical for kids to successfully cope with the pandemic.

That's why we reviewed expert advice on preventing the spread of COVID and implemented countless safety protocols — mask requirements, heightened disinfection and more — to create the safest experience possible at the YMCA.

Kids can participate safely in youth programs such as sports teams, swim lessons and more.

Childcare for kids ages 6 weeks to 6 years and learning centers for students in grades K-6 doing virtual learning are available now.

Beginning in June, summer camp will be available at all eight of our Chester County branches. Last year, more than 1,000 children attended our childcare and summer camp programs.

Through many generous donors and our fundraising

efforts, the YMCA provides financial assistance for those with need — including summer camp and childcare — as well as income-based membership opportunities. You can donate to support these programs on our website. All donations go to support families directly in our community.

As a nonprofit organization dedicated to youth development, healthy living and social responsibility, we believe that every child deserves to have safe spaces where they can grow, learn and thrive safely — and we won't stop working to ensure that every child in our community has that opportunity. We know it's more important than ever during these challenging times.

Be the first to know about summer camp offers by joining our email list. Camp registration is open.

About the YMCA of Greater Brandywine: The YMCA of Greater Brandywine (YGBW), an association of eight YMCA's serving Chester County, is a leading nonprofit organization committed to building community. We strive to nurture the potential of every child, promote healthy living and foster social responsibility through life-changing programs for all.

YGBW raises funds to provide financial assistance to those unable to pay the standard rates. In 2019, \$3.4 million was provided to more than 11,000 individuals to ensure they had access to childcare, summer camp, programs and memberships at YGBW. More than 80,000 people are members of YGBW. To learn more, visit www.ymcagbw.org.

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AIM ACADEMY



ADOEE STOCK

Summer Enrichment Program being offered by AIM Academy

Did you know research shows that all young people experience learning losses when they do not engage in educational activities during the summer?

Now more than ever, students cannot afford to lose ground over the summer months.

AIM Academy's four-week, in-person Summer Enrichment Program at 1200 River Road, Conshohocken, (Tuesday, July 6, through Friday, July 30) can help students catch up or build momentum through dynamic learning experiences integrating research-based teaching methods and creative, hands-on activities.

Explore Your World in grades 1-5

This summer, each grade will explore a different corner of the globe. Students will focus their reading, writing, math and humanities instruction on the people, places and animals of their region. By the end of the program, each child will

become an expert in their subject and will astound you with their knowledge during our annual Summer Showcase. For full-day students, AIM's action-packed afternoons include STEAM, arts, sports and games and special events on Fridays.

Race to the Stars in grades 6-8

The theme for our 2020 middle school program is Summer Space Race. From sci-fi to sci-fact ... join us as we launch into space for Summer 2021. Middle school students will reinforce reading, writing and math skills as they weave real-life and futuristic space science into this year's program. Students will also have rotating electives with thematic STEAM and arts-based projects.

Full-day students also have the opportunity to participate in four week-long afternoon workshops covering a variety of high-interest areas, including the arts, science, sports/fitness

and outdoor adventures.

Immerse Yourself in grades 9-12

Not your average summer school. Join us for four weeks of immersive, multidisciplinary study and seminar-based instruction combined with interactive experiences, including interviews with local experts, group film screenings, hands-on activities and off-campus and/or virtual excursions (following health guidelines).

In addition to providing academic continuity during the summer months, the design of this program encourages student discussion and critical thinking, broadens background knowledge and supports the development of essential 21st century student skills.

This is a morning only program that runs from 9 a.m. to 12:30 p.m. To register, visit www.aimpa.org/academics/summer-enrichment-program. Email questions to summer@aimpa.org.

Covid-19 Safety - Please visit our website to learn about all the ways we are making camp safe this summer. www.gsep.org/covid-info-camp

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Our girl-led, girl-focused programs teach leadership to inspire courage, confidence and character.

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