FREE • Vol. XXII, No. 45

Your Hometown Newspaper Since 1999

Thursday, February 18, 2021 • FREE



Brett Guyer, #11, of Londonderry, NH, takes the lead against William Belmore, #50, Ron Phinney, #83, of Raymond, and Eric Howe, #371, of Hollis, at the start of Race 5 in the 2021 edition of the ArtWorx Blizzardcross at Hemond's MX & Offroad Park in Minot on Feb. 7. (Tsukroff photo)



Luke Baker of Auburn is just four years old and placed among the top ten in his race this year in the 3rd annual ArtWorx Blizzardcross at Hemond's MX & Offroad Park in Minot on Feb. 7. His first competion was in the Blizzardcross last year. A pre-schooler, he learned to snowmobile from his parents, Tyler and Lillian Baker. (Tsukroff photo)

70 riders for 3rd annual Blizzardcross

MINOT - About 70 riders from throughout New England competed in the third annual ArtWorx Blizzardcross on Feb. 7 at Hemond's MX & Offroad Park on Woodman Hill Road in Minot.

Racing began mid-morning and continued through snow that began falling around noontime.

The venue bills itself as New England's Premiere Motocross & Offroad Riding Facility, with two full-size motocross tracks, 10 miles of offroad trails, 600 acres of land, more than 100 acres of parking, and over 400 feet of elevation change.

The 10 races included riders on offroad motorcycles, all-terrain vehicles, and snowmobiles.

This year's Blizzardcross was part track and part trail over a dozer-groomed snow course.

Classes for the 2021 edition included riders on 85cc and up motocross bikes, plus utility terrain vehicle and ATV classes. Each class had a two-moto format

The kid's track ran youth classes simultaneously on a small course next to the main course, where the big classes were rac-

Awards were given for first through fifth place in all classes for both youths and adults.

Luke Baker, a four-year-old preschooler from Auburn, finished among the top ten in the kid's event. His first competition was in the event last year. Baker's father, Tyler, competed in winter events in past years on a snow bike – a dirt bike modified with a rear track and a front ski. Both parents have ridden snowmobiles since they were children.

While most of the racers were from Maine, several classes had competitors from Massachusetts, New Hampshire and Rhode

See Blizzardcross, page 8 for more photos

Sports return for Gorham schools

By Nathan Tsukroff

A recent decision by the Maine Department of Health and Human Services, coupled with a change to "green" designation for Cumberland County schools, allowed Gorham High School to restart its winter sports programs several weeks ago.

Cumberland County had been designated green from the start of the pandemic, then was designated "yellow" by the Maine DHHS in December as infection rates increased above state averages across the county.

Under DHHS guidelines, sports activities and other extra-curricular activities in schools throughout Cumberland County were immediately suspended, in order to keep students and parents safe.

On Friday, the Mills Administration updated its color-coded health advisorv system to show that Androscoggin, Franklin, Oxford, and York counties had been returned to a green designation. All counties in Maine are now green, with the rate of new cases over the last 30 days is 36 per 10,000 staff and students, compared to 81 per 10,000 people statewide.

Evidence continues to demonstrate that in-person learning in schools that follow public health precautions can be conducted safely without increased transmission of COVID-19

In mid-January, the Maine DHHS changed its determination for school sports after reviewing and determining that infection rates were substantially lower in schools across the state. The rate of new cases at the time was determined to be 27 per 10,000 school staff and students, compared to 113 per 10,000 people state-See Sports, page 9

goes virtual

From City of Lewiston

Tax preparation

LEWISTON - The Lewiston Auburn Creating Assets, Savings and Hope (CA\$H) Coalition, an annual tax season go-to within the L-A area, has gone "vir-

IRS tax law certified volunteers have prepared taxes, free of charge, for low-to-moderate income individuals and families since 2004 when the City of Lewiston established the multi-partner coali-

See Tax, page 11

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Newsmakers, Names & Faces

Community groups overwhelmed by generosity of students



From Portland Diocese

PORTLAND - Part of the mission of Maine Catholic schools is to accentuate the importance of service with the hope of building a lifelong commitment and appreciation in each student to give back to those in need.

Two weeks ago, Last week, that lesson was on full display at schools across Maine during Maine Catholic Schools Week as students designed and completed many service projects to help local organizations

Dominic Saint Academy, Lewiston/Au-

At the St. Dom's campus in Auburn (Grades 6-12), students collected toiletries for those staying at homeless shelters; constructed bookshelves for the Trinity Jubilee Center in Lewiston, which provides food and shelter to those in need; built birdfeeders for area nursing homes; designed coffee mugs and face mask extenders for caregivers at St. Mary's Urgent Care in Auburn; and made fleece blankets for the animals at

the Greater Androscoggin Humane Society. At the Lewiston campus, students collected items for patients at Androscoggin Home Healthcare and Hospice as well as family members who might be staying with loved ones.

"Community service at St. Dom's gives us an opportunity to get out and put others first," said senior Lauren Theriault. "It is important to take time away from academics and sports and clubs and do something for other peo-

St. Brigid School, Portland

Students at St. Brigid collected and assembled items to create over 110 cleaning and toiletry kits for St. Elizabeth's Essential Pantry on Park Street in Portland. The kits went directly out to community members in need over the weekend. An additional 112 art kits created by the students were given to Maine Needs for distribution to families as well.

"Maine Needs was overwhelmed by the total of 232 cleaning/toiletry and art kits created by the St. Brigid School community," said Ellen Couture, director of admissions and marketing at St. Brigid. "It is wonderful to know that the kits were immediately distributed to people who needed them. This was a fabulous service project for Catholic Schools Week."

St. James School, Biddeford

Students at St. James brought in soup and monetary donations for the Biddeford Food Pantry.

"They raised over \$250 and many donations of soup and non-perishable food," said Principal Nancy Naimey. "I didn't count it but it was a trunkful!"

St. John's Catholic School, Brunswick

Students, teachers, and staff participated in a food collection contest between classrooms with all proceeds benefitting the Mid Coast Hunger Prevention Program. The school traditionally donates well over 2,000 pounds of food to the program each year, helping hundreds of local families in the process. Last week alone, the school donated nearly 800 pounds of food.

St. Thomas School, Sanford

St. Thomas School donated boxes and boxes of food for the St. Thérèse Food Closet and participated in a "stuff the bus" event to provide school supplies for York County children in need. In addition, the students collected monetary donations in water jugs to raise money for Waban, which serves adults and children with disabilities

"Our school tries to raise as much money as possible," said Ellery, a seventh grader. "We are honored to be helping such a kind and respectable organization."

Holy Cross School, **South Portland**

Holy Cross School in South Portland held a penny challenge that raised over \$1,500 for the Make-A-Wish Foundation, which grants the wishes of children diagnosed with a critical illness. In the United States and its territories, on average, a wish is granted every 34 minutes.

Cheverus School, Portland

High Cheverus School in Portland held a personal care items drive to support Sacred Heart/St. Dominic Food Pantry in Portland.

"The Key Club and student government coordinated and sorted the donations, creating over 100 bags of essential toiletries for men, women, and families," said Dr. John Moran, principal of Cheverus.

"They did an amazing job." Students also wrote letters of gratitude to many individuals and groups, including first responders, postal workers, local businesses and organizations, active military, veterans, teachers, staff, clergy, women religious, parents/ guardians, grandparents, volunteers, seminarians, and made Valentine's cards for residents at local nursing homes and veterans'

MAINE IEEDS

"Through the enthusiasm and hope they create in these difficult times, our Catholic schools continue to be warm and caring places where excellence in academics is encouraged, service is valued, and the importance of loving God and neighbor is celebrated," said Bishop Robert Deeley. "May our schools continue to help our children appreciate God's love for them and bring hope to our world."

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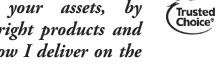
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Newsmakers, Names & Faces

Out and About

Second vaccine clinic at Schooner Estates

By Rachel Morin

Schooner Estates in Auburn had their second Pfizer COVID 19 vaccine clinic last Thursday.

Everything went well at their January clinic three weeks earlier, and the same was said for this clinic. Residents received these second vaccine shots in either the Village Green room or the Camden Dining Room at Schooner.

Residents reported the same experience as before - painless, swift and not much time waiting, seated comfortably in the large dining room.

The mandatory wait time after the injection was maintained as volunteers brought ice water with lemon for tenants to enjoy

while waiting.

The experience was identical at the clinic downstairs in the Village Green as communication was kept current between the two locations.

There were no untoward reactions. Random checking was done the following day with everyone reporting they felt fine.

The Bangor Drug Pharmacy team returned and were greeted warmly by the tenants who remembered the favorable experience at the first clinic. Team members were Pharmacists John Hebert and Meagan Pelletier. Cindy Roy was their assistant.

John Rice, Director of Operations at Schooner Estates, led the Schooner See Vaccine, page 11



The Schooner Estates vaccine team for the Pfizer COVID 19 vaccine clinics on Jan. 21 and Feb. 11. Team members included, standing - John Rice, Director of Operations at Schooner and the team leader for the vaccine clinics; Mark Prevost, Director Resident Services; Randy Parenteau, Director of Maintenance; seated - Dianne Day, Financial/Director Human Resources; and Cindy Swift, Director Nursing and Home Health. (Rachel Morin photo)



Bob Hurd and wife Nancy Hurd were pleased with how smoothly everything went at both clinics. (Rachel Morin





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First auction of the year coming to Thomaston Place



A Patek Philippe 18K gold gent's wristwatch is among the items to be auctioned in the Thomaston Place Auction Galleries first event of the year from Feb. 26-28. (Photo courtesy of Thomaston Place)

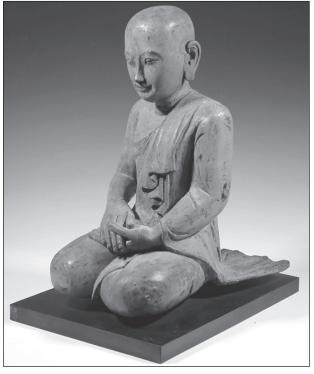
THOMASTON - In its first major sale of 2021 on Feb. 26, 27 and 28, Thomaston Place Auction Galleries will present collections of fine paintings, American and European furniture, folk art, sculpture, country antique accessories, and Asian items.

Out of an abundance of caution in light of the Covid-19 pandemic, the sale will be conducted as a live virtual sale, with telephone, absentee and internet bidding. The gallery will open for previews every day from February 15 through February 25.

Thomaston Place owner and auctioneer Kaja Veilleux said: "We've put together an exciting and diverse offering, from antiquities to contemporary art and furniture, with something to entice every interest."

A seascape painting by Joseph DeCamp (ME/ MA/PA/FL/OH, 1858-1923) will headline the sale. Titled "View from the Sprague House, Prouts Neck, Maine", the work was a gift from DeCamp to his Prouts Neck neighbor, late 19th c. coal baron and shipping magnate Phineas W. Sprague. De-Camp paintings are rare less than 100 canvases are known, as 1904 fires in his Boston and Maine studios destroyed most of his life's

There will be a group of important 20th Century paintings by Latin American artists, including works by Carlos (Gomez) Enriquez (PA/Cuba, 1900-1957), Antonio Ruiz, El Corcito (CA/Mexico, 1895-1964), and Rene Portocarrero (Cuba, 1912-1985)



An 18th Century Burmese Buddhist temple wood carved kneeling disciple figure is being auctioned in the Thomaston Place Auction Galleries first event of the year from Feb. 26-28. (Photo courtesy of Thomaston Place)

The sale will also present artwork by: John Frederick Kensett (NY/ CT, 1816-1872), liam Sidney Mount (NY, 1807-1869), William Leroy Metcalf (NY/MA, 1858-1925), John William Casilear (NY/VT, 1811-1893), Josef Israels (Netherlands, 1824-1911), Harrison Bird Brown (CA/ ME/UK, 1831-1915), Stephen Etnier (ME/CA, 1903-1984), Paul Black (ME, 1951-2014), Andrew Winter (NY/ME/MA, 1893-1958), William Thon (ME/NY/Italy, 1906-2000) (and Bruno Zach (Austria/ Germany/Russia/Ukraine, 1891-1945).

"American Flamingo, Old Male", a Havell double elephant folio chromolithograph by Bien, New York, 1860, from a work by John James Audubon (NY/France, 1785-1851) will be offered, along with three Audubon elephant folio hand colored lithographs from "North American Quadrupeds" (J.T. Bowen, 1845).

Each day of the sale will have particular emphasis – on Friday, Feb. 26, the focus will be on Americana furniture, folk



A 103-Piece set of Meissen porcelain dishes is included in the items to be auctioned in the Thomaston Place Auction Galleries first event of the year from Feb. 26-28. (Photo courtesy of Thomaston Place)

art and accessories; fine art and antiques will be featured on Saturday, Feb. 27; and 20th Century decorative arts and jewelry on Sunday, Feb. 28.

The auction will begin at 11 a.m. each day.

All lots can be viewed at Thomaston Place Auction Galleries' website, www.thomastonauction. com. Telephone, absentee, and online bidding on three internet platforms will allow multiple bidding options. Visit the Thomaston Place website or call 207-354-8141 for more information.

Thomaston Place

Auction Galleries Maine's premier international auction company located on U.S. Route 1 in Thomaston Thomaston. Place is a leader in discovering Maine's antique and fine art treasures by offering Free Appraisals each Tuesday at the gallery, creating fundraiser events for civic and charitable organizations, and providing house call appraisal services. Their expertise in researching and marketing antiques and fine art has earned Thomaston Place the respect of buyers, collectors and experts world-

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Wreaths Across America starts national tour

From WAA

COLUMBIA FALLS, ME - Wreaths Across America (WAA) has started the 2021 national tour for its Mobile Education Exhibit (MEE).

The MEE will hit the road this month in Maine and head Southwest towards Texas for both private and public scheduled events.

"The goal of the Wreaths Across America Mobile Education Exhibit is to bring community together and teach patriotism while remembering the service and sacrifice of our nation's heroes," said Karen Worcester, executive director, Wreaths Across America. "However, over the last year, in light of the

current health crisis, we feel this exhibit has taken on even more meaning by providing the opportunity for people to safely participate in something that is both educational and inspiring, while supporting and giving back to the communities it visits."

The MEE achieves this goal by bringing the local community, veterans, active-duty military and their families together through interactive exhibits, short films, and shared stories. The exhibit serves as a mobile museum, educating visitors about the service and sacrifice of our nation's heroes as well as to serve as an official 'welcome home' station for our nation's Vietnam Veterans.

All veterans, ac-

tive-duty military, their families, and the local community members are invited and encouraged to visit, take a tour and speak with WAA representatives and volunteers. They can also share more about the national nonprofit, and the work its volunteers do to support our heroes and their communities year-

To host the MEE in your community, whether for a parade, a school-related or veterans' organization, or a public or private event, visit https://wreath-sacrossamerica.org/mee.

Initial planned stops

include two private events in Alabama and seven Public events in Texas:

The MEE has planned stops in Alabama and Texas the last week of February and the first week of March.

The public tours for the MEE are free and open to the public with social distancing, sanitation and COVID-19 safety procedures in place to protect the health of all visitors in accordance with the CDCs recommendation for large gatherings stemming from concerns surrounding the COVID-19 pandemic. Members of the media,

dignitaries, veterans and other interested groups are urged to come, ask questions, share stories and experience this one-of-a-kind exhibit

Wreaths Across
America is the non-profit
organization best known
for placing wreaths on
veteran's headstones at Arlington National Cemetery.
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Radio, 24/7, to learn more about the mission and those who support it across the country, as well as the hundreds of local charitable efforts nationwide that are funded through wreath sponsorships.

A veteran's wreath can be sponsored for \$15 at www.wreathacrossamerica.org. Each sponsorship goes toward a live, balsam wreath that will be placed on the headstone of an American hero as we endeavor to honor all veterans laid to rest at noon on Saturday, Dec. 18, 2021, as part of National Wreaths across America Day.

What do you think?

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Father-Daughter Valentine Ball goes virtual

Lewiston/Auburn event gets creative during COVID

From Public Theatre

LEWISTON – The annual Father-Daughter Valentine Ball reinvented itself in 2021 in order to continue the beloved tradition and provide a festive night of dancing, surprises, and fun for families.

The event, sponsored by the Public Theatre on Maple Street in Lewiston, has sold out to more than 450 Lewiston/Auburn dads and daughters every year for the past 24 years.

This year, the ball took place virtually on Saturday evening, through a live event-streaming platform. The in-person event was cancelled, due to restrictions brought on by the COVID-19 pandemic.

An annual fundraiser for Lewiston's Public Theatre, the Valentine Ball raises much-needed funds to bring live professional theater to Maine, delighting and inspiring audiences



Elodie Malloy and her farther, Michael Malloy, of Auburn, took part in this year's virtual edition of the annual Father-Daughter Valentine Ball sponsored by the Public Theatre on Maple Street in Lewiston. Fathers and their daughters joined the live-streamed event on Saturday evening. (Photo courtesy of the Public Theatre)

with life-affirming contemporary plays. This event also supports The Public Theatre's education and

outreach programs.

Throughout the pandemic, the Theatre has partnered with schools and libraries across Maine to bring the arts—in the form of creative readings, video performances, and live virtual theater classes—to kids at no cost.

The event took place in homes across the state,



live streaming from attendees' Smart TVs, tablets and computers. There was music and dancing, raffle baskets, goodie bags for the girls, and a social wall for attendees to share photographs and connect.

The first 125 ticket purchasers get early ticket access to the 2022 Father Daughter Valentine Ball, which everyone hopes will take place in person once again.

More information about the Public Theatre can be found at thepublictheatre.org.



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All counties now "green"

From Maine DOE

AUGUSTA — The Mills Administration released an update to its color-coded Health Advisory System on Friday that shows Androscoggin, Oxford, Franklin and York counties returning to a "green" designation.

The state classifies counties' relative risk of COVID-19 transmission to assist schools as they

SUBWAY

continue with their plans to deliver instruction and support to students safely.

The Maine Department of Education said that the Maine Department of Health and Human Services and Maine Center for Disease Control and Prevention continue to review evidence that indicates lower transmission of COVID-19 in schools compared to the general population.

Over the last 30 days, the rate of new cases is 36 per 10,000 staff and students, compared to 81 per 10,000 people statewide. Evidence continues to demonstrate that in-person learning in schools that follow public health precautions can be conducted safely without increased transmission of COVID-19.

DHHS and Maine CDC assessed COVID-19

data and determined that Androscoggin, Franklin, Oxford and York counties have seen dramatic drops in their new case rates and positivity rates for the past two weeks, and are now aligned with other counties.

All other counties continue to remain in the green designation. All counties were last in the green designation during the week of October 16,

2020

These designations are provided for the consideration of school administrative units in their decisions to deliver instruction.

The Maine DOE said it is essential that school districts across the State of Maine continue to implement plans that adhere to the six requirements for returning to in-person instruction, regardless of their county's designation.

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New Beginnings receives \$10,000 grant

From New Beginnings

LEWISTON – Avangrid Foundation in partnership with Central Maine Power, the local affiliate of AVANGRID in Maine, has gifted \$10,000 in grant funding to New Beginnings, Inc., a Lewiston-based nonprofit serving homeless and at-risk youth.

Avangrid Foundation funding will help New Beginnings continue to promote the safety, connections, and growth that runaway and homeless youth need to thrive in 2021, especially in the face of challenges brought on by the COVID-19 pandemic.

New Beginnings operates Marian's Place – the only youth shelter in Maine licensed for 24-hour care – along with a full spectrum of supportive housing, counseling, educational support, prevention, and outreach services for teens and young adults in Androscoggin, Franklin, and Kennebec counties.

"New Beginnings is so grateful to have Avangrid Foundation as a partner in our work to address youth homelessness in Maine," said Executive Director Chris Bicknell. "Avangrid's generosity is helping meet the basic needs of Maine's vulnerable youth living on the

streets or facing food and housing instability. Because of COVID-19, these young people need our help more than ever to find safety, stay healthy, connect to caring adults, and increase stability as they transition to adulthood."

New Beginnings' workers reach out to vouth on the streets and at schools, libraries, corner stores, and parks to offer emergency supplies, a listening ear, and information about how to get food and shelter. Staff welcome and build trust with youth, encouraging them to engage in services when they are ready. Family mediation helps youth return home or reunify with relatives; when that isn't possible, New Beginnings provides Transitional Living apartments where older youth can learn the skills they need to live independently.

Youth and young adults up to age 21 come to New Beginnings' Youth Outreach Drop-in Center in Lewiston for help finding housing, emergency food and supplies, or simply a safe place to get warm off the streets and eat a much-needed meal. All of New Beginnings' residential and outreach programs offer comprehensive case management to help young people pursue their goals and access and maintain stable housing.

Avangrid Foundation has identified youth homelessness as a top priority for their philanthropy and is partnering with multiple organizations working to end youth homelessness in Maine. "New Beginnings Inc is the organization leading change with partners statewide in combating youth homelessness," said Nicole Licata Grant, Avangrid Foundation Director. "This investment is a great opportunity for us to align our giving with a mission we believe in and that will have an impact on vulnerable youth all across Maine."

Since 1980, New Beginnings has partnered with youth to create lasting change so all youth have a safe place to live and opportunities to grow. New Beginnings works with young people, their families, and other providers to ensure that vulnerable youth in Maine have access to the safe housing, supportive services, and positive relationships that they need to become healthy and stable adults.

For more information, see www.newbeginmaine.org or contact 207-795-4077.

24-HOUR HELP-LINE for youth shelter & referrals: 207-795-4070.

The Avangrid Foundation is an independent, nonprofit organization that

funds philanthropic investments that primarily impact communities where AVANGRID, Inc. and its subsidiaries operate.

Since 2002, the Avangrid Foundation and its predecessors have invested more than \$21 million in partnerships that focus on building sustainable, vital and healthy communities; preserving cultural and artistic heritage; advancing education; and improving people's lives. The Avangrid Foundation is committed to advancing the United Nations Sustainable Development Goals in the United States. For more information, see www.avangridfoundation.org.

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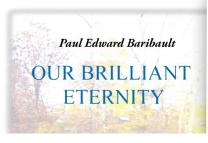
Your Hometown Paper. **Blizzardcross**Continued from page 1



Trevor Chiappisi and a passenger, both from Deerfield, NH, pick up a little air as they crest the hill in a utility terrain vehicle in Race 2 of the 3rd annual ArtWorx Blizzardcross at Hemond's MX & Offroad Park in Minot on Feb. 7. (Tsukroff photo)



Luke Baker, four years old, from Auburn, leads Hudson Paquette, five years old, of Bridgton, in the PW 120cc Sled class on the kid's track at Hemond's MX & Offroad Park in Minot in Race 8 of the 2021 ArtWorx Blizzardcross on Feb. 7. (Tsukroff photos)





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Sports

Continued from page 1 wide.

The DHHS basically put decisions about sports back in the hands of the Maine Principals Association, which then gave schools approval to local decisions to restart sports and other after-school activities. Schools were advised not to allow competition with schools in other counties, however.

In late-January, the Maine DHHS returned Cumberland County to a green designation, al-Androscoggin, though York, and Oxford counties remain yellow.

Gorham High School varsity girls basketball coach Laughn Berthiaume said that Cumberland County schools had already made a decision to return to in-person winter sports, based on the change in MPA guidelines. The team began in-person practices on Jan. 25, and begins a five-week, 10-game schedule this week against other Cumberland County schools.

Players on all teams wear masks during both practice and games, and remain socially-distanced when possible.

Berthiaume said fans are not being allowed at games. Only players, coaches and referees up to the maximum of 50 people will be allowed in the gym at one time, under Maine DHHS guidelines. "Under 50 is both teams, game personnel, score clock operators," he said.

While athletics were suspended, players practiced remotely, Berthiaume said. "We had a number of Zoom meetings. I had some former team mem-

bers, currently playing in college, that got on with my team and were talking about their experience, and what they were doing to stay safe and practice at the same time."

Berthiaume and his fellow coaches would "connect with the team virtually to talk about things. We had some videos we sent out about the things we'd like to do, and we had some workouts that we sent them that they could also do on their own."

With the limitations on social-gathering under DHHS guidelines, the varsity and junior varsity teams will not be traveling together to games as they have in the past. Instead, the JV team will ride in a separate bus, playing its game and exiting the gym before the varsity girls take the court. The same process will be used for the boys teams.

The boys and girls teams traditionally play at opposite schools on the same day. And in an attempt to limit contact as much as possible, schools will play both seasonal games the same week, Berthiaume said.

Although parents and fans aren't allowed to watch in person, "everybody is live streaming their games," he said. "In reality, the family members that are far away that wouldn't normally be able to see the games can actually watch them live, so that's kinda cool!" And parents with children on both the boys and girls teams can now watch both games at the same time.

Gorham games will be streamed on nfhsnetwork.com, as part of the MPA's collaboration with

the National Federation of State High School Associations. Previous games should be available for on-demand viewing.

The Gorham girls volleyball team that normally plays in the fall will start its season on Feb. 22, overlapping the basketball season a little. Berthiaume said coaches are working together to have separate practice times, so students who play both sports can attend practices. Volleyball games are expected to take place after the basketball season ends on Mar. 11, and games are expected to be live streamed, as



Gorham High School junior Nicole Walker practices foul shots at a recent girls varsity basketball practice session, as the team prepares for its first games of the season this week. (Tsukroff photo)



Gorham High School senior Lauren Fotter throws a pass around fellow teammate Anna Nelson, a junior, during a recent girls varsity basketball team practice at the school. Gorham began play this week in a delayed winter sports season. (Tsukroff photo)



Anna Nelson takes a shot during a recent Gorham High School girls varsity basketball practice session. Gorham winter sports resumed this week, after sports were suspended in December due to an increase in the COVID-19 infection rate in Cumberland County. (Tsukroff photo)





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Page 10 Thursday, February 18, 2021

MESCA names Counselor of the Year



Kim Raymond, the School Counselor at Leroy H. Smith School in RSU 22 was recently named as the 2021 Maine School Counselor of the Year by the Maine School Counselor Association. (Photo courtesy of Maine DOE)

From Maine DOE

AUGUSTA - The 2021 Maine School Counselor of the Year was recently named by the Maine School Counselor Association at a surprise virtual ceremony.

Kim Raymond, the School Counselor at Leroy H. Smith School in RSU 22 was honored as the 2021 Maine School Counselor of the Year. The Maine School Counselor of the Year Award is a program of MESCA that honors school counselors who are running a top-notch, comprehensive school counseling program at either the elementary, middle or high school level.

The Maine Department of Education joined the MESCA in celebrating National School Counseling Week Feb. 1-5. The week honors and celebrate the contributions of school counselors, and highlights the tremendous impact they have in helping students achieve school success.

"My goal is and always has been to help all students know how much they matter every day." said Mrs. Raymond. "School counselors make a difference in the lives of students. I'm thankful that that impacts students in a positive way."

Mrs. Raymond graduated with a bachelor's degree in Psychology in 2004 from the University of Maine and obtained her master's degree in counselor education in 2006. She has been working as a school counselor for the last ten years, six of which have been in a Pre-K through 8th grade school in Etna before she started working for RSU 22 in 2012.

With a strong passion for working with children and helping others, Mrs. Raymond is also the advisor of Smith School's Civ-I have a career that I love il Rights team, works as a cheerleading official, and sits on the Maine School Counselor's Association's Board of Directors. When she not at school, she enjoys spending time outside, reading and writing stories and poetry, and spending time with her husband and two young daughters.

"What makes her an outstanding candidate for this award is her infectious enthusiasm," said Mrs. Patterson, a Kindergarten Teacher and colleague of Mrs. Raymond. "Mrs. Raymond doesn't hesitate to throw on a school mascot costume to engage students in an assembly or lead the school in a cheer."

"Kim is the kind of School Counselor that all schools need," said Melissa Davis, a parent and community member. "She makes our school a place where children feel safe. loved, and supported."

"She is more than a school counselor, she is a change agent," said Smith School Principal Mrs.

In the year ahead, Mrs. Raymond will have several speaking engagements, event appearances, and will be invited to a formal Gala in Washington, DC in Winter, 2022 as well as honored at the American School Counseling Conference in Austin, Texas in Summer, 2022.

National School Counseling Week is celebrated annually the first full week in February.

Guest Column Phrop it like it's hot

By Grammar Guy

I have a new favorite word and, no, it's not "hygge."

Similar to "hygge," though, this word looks like you dropped a random handful of Scrabble letters onto the gameboard in an attempt to convince your friend that it's a real word. My new favorite word is "phrop."

Coined by Sir Arnold Lunn in the late 1940s, "phrop" was Lunn's entry in a made-up word competition in "The New Statesman," according to Philip Howard in his 1984 book "The State of Language." It seems Sir Arnold created the word "phrop" as a combination of the words "phrase" and "opposite."

When you break down this idea, you get a phrase that means the opposite of what it actually means. A classic example of this comes from Jerry Seinfeld's stand-up comedy. At the end of a date where you don't want to see that person ever again, Seinfeld quips, "What do you say?" So he goes with, "Take care now." The reason, he states, is because "I'm not going to be taking care of you. So you should take care of yourself now."

Phrops appear in social settings to put a misleading face on a less-thanpolite statement. Notice that when someone starts a sentence with, "With all due respect," they proceed to tee off on the other person's po-

sition or opinion. "With all due respect" gets used as a license to tear the other person apart. I give "with all due respect" mad phrops.

The "humblebrag" is a great example of a modern-day phrop. Humblebrags are the epitome of false humility, and they often show up on social media feeds. To avoid using a real example, I'll make one up. Suppose you see a friend post something like this: "I am SO tired after working at the soup kitchen all day. My Jimmy Choo's are toast after standing up all day ... but it feels great knowing I could shine my light." This is annoying on many levels; not only did your "friend" brag about how much she volunteered, but she did it while wearing incredibly expensive shoes. That one's a real mic-phrop moment.

How can you avoid dropping a casual phrop while speaking with your closest frenemy? Phrops are an easy way to passively-aggressively drop a "sick burn" on someone. My advice? Pick one thing about your "friend" that you can genuinely compliment (even if it is her ringtone). Say it, mean it, and then get out of there before you accidentally say "I'll call you."

Curtis Honeycutt is a syndicated humor columnist. He is the author of "Good Grammar is the Life of the Party: Tips for a Wildly Successful Life". Find more at curtishoneycutt.com.

Ocean State Job Lot donates 42,000 coats

From OSJL

NORTH KINGS-TOWN, RI - Ocean State Job Lot collected 42,000 winter coats, nearly 12,000 more than last year, through its 2020 "Buy, Give, Get" program to donate coats to veterans in need this winter.

.From late October through early January, the "Buy, Give, Get" program at the closeout discount retailer's 142 stores in nine states encouraged customers to purchase a quality, brand-name men's or women's winter coat

for \$40.00 (retail value: \$80.00-\$120.00) and give it back to the store for donation to a veteran. In appreciation of the donation, customers received a \$40.00 Crazy Deal Gift Card to be used for a future purchase at Ocean State Job Lot, effectively allowing customers to donate winter coats for free.

"We are so pleased with the results of this year's program," said David Sarlitto, Executive Director, Ocean State Job Lot Charitable Foundation. "What started out as a 600coat test donation just a few

years ago has grown into one of the largest programs of its kind serving veterans in need across the region. The fact that we exceeded last year's donation - in the midst of a pandemic no less - is a true testament to the loyalty and generosity of our customers."

The coats are currently being distributed to veterans' organizations throughout the Northeast, in partnership with a multistate network of more than 50 veteran support agencies, organizations, assistance programs and action groups serving New England, New York, New Jersey and Pennsylvania.

Ocean State Job Lot has six stores in southern and central Maine.

Founded in 1977, Ocean State Job Lot is a growing, privately held discount retail chain with 142 stores in New England, New York, New Jersey, and Pennsylvania, approximately 5,600 employees, and annual sales of approximately \$800 million.

Job Lot sells brand name, first quality merchandise at closeout prices. Shoppers find an ever-changing array of household goods, apparel, pet supplies, seasonal products (holiday, gardening, patio, pool and beach supplies), and kitchen pantry staples at a fraction of their typical price. The company was named a "Best Midsize Employer" by Forbes Magazine.

The Ocean State Job Lot Charitable Foundation has a long history of philanthropic leadership, supporting numerous causes, including feeding the hungry, helping the homeless, assisting veterans and military families, aiding animal rescue, caring for children, advancing healthcare, supporting the arts and promoting learning. Ocean State Job Lot is headquartered at 375 Commerce Park Road in the Quonset Point Business Park, North Kingstown, RI 02852. Phone: (401) 295-2672; Web: OceanStateJobLot.

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Continued from page 1 tion.

This tax season, in order to follow CDC public health precautions and avoid any shutdown mid-season due to COVID19, members in Maine's ten coalitions have collaborated to put a virtual model in place.

Tony Tenneson, a retired professor with vast tax return experience, will facilitate the local effort as Site Coordinator.

"I understand that some residents will be concerned about having their tax returns prepared virtually. The VITA program has a strict protocol for the virtual tax preparation process," Tenneson said. "Every VITA volunteer has been trained and certified for the virtual tax return process. The IRS has strict guidelines for ensuring the security and confidentiality of tax filer identification and tax information during the virtual process.

Tenneson said that IRS tax law-certified volunteers will contact the individual at various times during the process, from the intake of the tax information through the review of the completed return with the resident. The process is every bit as secure as face to face. "I am excited, as this will not limit the number of residents who can be served this season. In the past, the number of taxpayers served was limited to the number of appointments that could be scheduled for face-to-face tax preparation at the Armory."

Residents in the Lewiston, Auburn, and surrounding areas can choose from two options to have their taxes prepared. A 100% virtual experience, with personal uploading of tax documents and photo ID, will be done through "Get Your Refund" http://bitly.ws/bJIe. residents can use "Scan & Go" at http://bitly.ws/bJIg to request scanning of their documents prior to virtual tax prep.

LA's Scan & Go Coordinator is Chris Adler, a long-time member of LA CA\$H.

Services will be offered through mid-April.

During both processes, communication with CA\$H representatives will be either by phone or email, and the popular free annual financial check-up will also take place.

Those who use Scan & Go will have a brief in-person scanning appointment at the Lewiston Memorial Armory and can be assured that PPE will be on site, to include Plexiglass service shields. A mask will be required for entry, and six-feet social distancing will be in effect.

No walk-ins will be served.

Face-to-face tax preparation will not occur this tax season, and the well-known "call in for an appointment line" has a message stating that calls to that number will not be returned and to please not leave a message.

LA CA\$H will be serving residents only through website access this tax season.

Due to employment possibly being interrupted by COVID19, tax filers will be able to choose whether they want to use either their 2019 or 2020 earned income to calculate the Earned Income Tax Credit, Child Tax Credit, and Additional Child Tax Credit, thanks to a one-time "LOOKBACK" IRS provision

Mainers who are not local residents can find other Maine coalitions at www.cashmaine.org

Instructions

Step-by-step instructions can also be found at http://bitly.ws/bJIh.

"GET YOUR RE-FUND" Virtual Tax Prep Step 1: Go To: http://

Step 2: Click on "Sign Up."

bitly.ws/bJIe

Step 3: Follow stepby-step directions to upload clear photos of tax documents, photo ID(s), & Social Security card(s) (Smart Phone can be used).

Step 4: An LA CA\$H representative will call you to review the preparation process, which includes a FREE financial check-up.

Step 5: Your taxes

will be virtually completed by an IRS tax law certified volunteer who will keep you informed on the status of your return.

"SCAN & GO" Virtual Tax Prep

Step 1: Go To: http://bitly.ws/bJIg and answer pre-preparation questions.

Step 2: An LA CA\$H representative will call to schedule your document scanning appointment at the Lewiston Armory, as well as discuss what you need to bring. The call will also include a FREE financial check-up.

Step 3: Complete IRS intake form at the Armory while scanning is occurring.

Step 4: Within a week, your completed return will be reviewed with you by phone or Zoom session, prior to e-filing.

PLEASE NOTE: CDC guidelines for COVID19 are in place at the Lewiston Armory, 65 Central Avenue, Lewiston. A mask must be worn to enter, and social distancing is required. Scan & Go will only be done by appointment. No walk-ins permitted.

Special Notes

What if You Worked in 2019 But Didn't Work Much in 2020 Due to COVID?

This tax season, tax filers will be able to choose whether they want to use either their 2019 or 2020 earned income to calculate the Earned Income Tax Credit, Child Tax Credit, and Additional Child Tax Credit, thanks to a one-

time "LOOKBACK" IRS provision.

If you think the "LOOKBACK" provision would be beneficial to you, please include your 2019 tax return when using either GET YOUR REFUND or SCAN & GO.

Computer Access

No access to technology to use these virtual options?

The Lewiston Public Library, 200 Lisbon Street, has eight computers with available time periods for "walk-ins" or appointments.

These services are now available Monday through Thursday at 11:00 am, 3:00 pm, and 5:30 pm.

On Fridays, openings are at 11:00 am, and 3:00 pm.

Doors are open from 5 minutes before to 5 minutes after each session begins. A mask is required for entry.

Eight computers are available per time session.

Appointments are

still welcomed. Sessions are 45 min-

utes long.

Computers are physically distanced from each

other.

For more information or to make an appoint-

or to make an appointment, call (207) 513-3135 or email LPLReference@lewistonmaine.gov

What's Going On to the Editor. Deadline is Friday by five. Vaccine
Continued from page 3



Gail Quigley and Susi Warschauer felt just fine after their shot and agreed with everyone who reported the shots were hardly felt. (Rachel Morin photo)

vaccine clinic team with Mark Prevost, Director Resident Services; Randy Parenteau, Director of Maintenance; Diane Day, Financial/Director Human Resources; and Cindy Swift, MS, RN,CPHQ Director of Nursing and Home Health for both January and February Clinics.

"We had 100% of the tenants vaccinated as well as 80 employees and essential workers," Rice said. "Vaccinating nearly 200 people in four hours is no easy task. Our team stepped up to the plate to make it happen smoothly and with a smile."

Rice said the Bangor Drug Pharmacy team was very complimentary of the Schooner clinic's organization and execution. "We are very grateful for their efforts as well and they were really good to work with," he said.

The tenants and staff at Schooner Estates are indeed very appreciative of John Rice's efforts to have Bangor Drug Pharmacy Team come to Schooner Estates.

Schooner Estates is a retirement community on Stetson Road in Auburn, offering independent and assisted living for seniors in the Lewiston-Auburn area. Residential care is also available.

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Free Fishing License week

From Maine DIFW

AUGUSTA – This is Free Fishing License Week and is a perfect time to introduce someone to the sport of ice fishing!

For beginners, it is all about making sure they stay comfortable and have a day full of fun!

After all, ice fishing is about so much more than the "catch." For many, it is about the views, time spent outside with friends and family, and memories made.

The Maine Department of Inland Fisheries and Wildlife suggests fishing for warmwater species such as bass, pickerel, and perch for a fast-action day! Once the angler is hooked, you can move onto the harder to catch coldwater game fish if you desire.

Cook a warm meal. It is hard to beat a hamburg-

er or homemade breakfast sandwich on the ice! Pair it with hot chocolate for a perfect winter picnic.

Pick a sunny, lowwind day. Otherwise, set up in a wind-protected cove or shore.

Pack extra, dry pairs of socks, mittens, and a hat and make sure your new fishing partner dresses warm.

Bring other activities to keep the group engaged between flags. Consider bringing ice skates, a hockey stick and puck, a football to toss, binoculars, or cards. Or, build a snowman!

Choose an easily accessible location. For beginners, comfort is a priority. Pick locations close to access points when snow depths are minimum for easy walking.

Keep the day short. Save your more adventurous trips for another day.

Enjoy! For many outdoor enthusiasts, the thrill of sharing knowledge with a novice is as exciting as the hobby itself.

For additional tips and recommended places to go fishing, see http://bitly.ws/bJR2

Free Fishing License Week was created to give everyone a chance to enjoy ice fishing! On these days, February 13-21, 2021, any person (except those whose license has been suspended or revoked) who registers with the Department may fish without a license. All other laws and regulations apply on these days.

Those planning to fish during Free Fishing License Week who do not have a fishing licenses must register online at http://bitly.ws/bJR3. Ages 15 and younger do not need to register.

MISSION BBQ Donates \$362,320 to Wreaths Across America

From WAA

COLUMBIA, MD - MISSION BBQ announced the donation of \$362,320, to Wreaths Across America (WAA) last week.

The contribution was made possible thanks to the generosity of customers and their support of the American Heroes Cups. The donation will help to sponsor over 36,000 veterans' wreaths to remember fallen U.S. service members during the 2021 holiday season.

"We remain proud and humbled to stand with Wreaths Across America and the amazing work they continue to do to Remember, Honor and Teach," said Bill Kraus, co-founder for MISSION BBO.

Wreaths Across American is known for its annual wreath-laving ceremony at Arlington National Cemetery. Their mission is to remember our fallen U.S. veterans, honor those who serve and teach the next generation the value of freedom. In addition to the wreath-laying ceremony at Arlington National Cemetery, Wreaths Across America coordinates wreath-laying ceremonies at more than 2,500 locations in all 50 U.S. states, at sea and abroad.

"MISSION BBQ, through service and education, and in giving back to the communities in which their team lives and works, is a perfect example of all that is good in our country," said Karen Worcester, Exec-

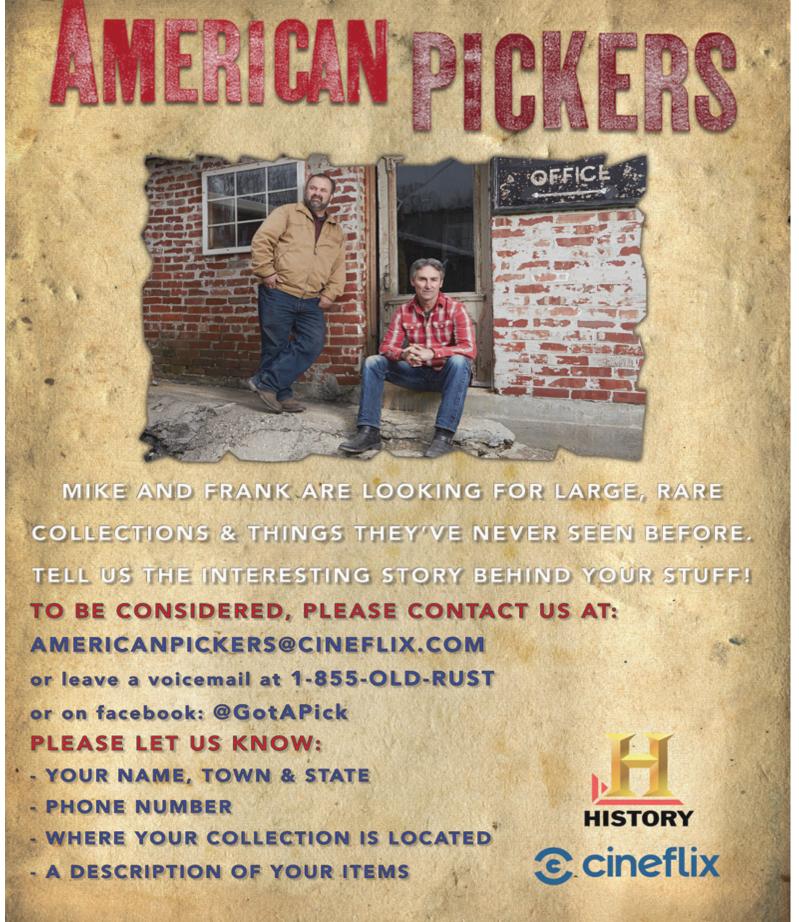
utive Director, Wreaths Across America. "We could not be more proud to have them as a partner in supporting our mission throughout the country." Karen along with her husband Morrill Worcester, Wayne Hanson, Chairman of the Board of Directors, and other members of the WAA family were present to receive the donation.

"We wouldn't have the freedoms we have today if it wasn't for our nation's veterans who stepped up for us time and time again," said Kraus and Steve Newton, founders of MISSION BBQ. "We are humbled by the wonderful support of our customers and all the good that will be done for our so deserving American Heroes in remembering their lives, their service and their sacrifices."

American Heroes Cups are available year-round, retailing at \$3.99 with \$2 of every cup purchase donated to a charity supporting national military charities and local first-responders. Customers are encouraged to bring back their American Heroes Cup on return visits to the restaurant and receive \$.99 refills.

MISSION **BBQ** opened its doors for business on September 11, 2011, 10 years after the world changed. The company believes there is nothing more American than BBQ. And nobody more American than the brave men and women who have sworn to protect and serve Our Communities and Our Country. MISSION BBQ does what it does for the love of the soldiers, firefighters, police officers, and first responders-all our loved ones in service. For more information about MIS-SION BBQ: http://mission-bbq.com/

Wreaths America is a 501(c) (3) nonprofit organization founded to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery. Begun by Maine businessman Morrill Worcester in 1992, the organization's mission -Remember, Honor, Teach, -- is carried out in part each year by coordinating wreath-laying ceremonies each December at Arlington, as well as at thousands of veterans' cemeteries and other locations in all 50 states and beyond. For more information, to sponsor wreaths or to sign up to volunteer, please visit www.WreathsAcrossAmerica.org.



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EVERY TUESDAY 10:30-11:15 a.m.

LEWISTON - Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

1ST AND 3RD **TUESDAYS**

11:30 a.m.

LEWISTON - Lewiston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a weekly conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

MONDAYS IN FEBRUARY

LEWISTON - Green Dot Bystander Intervention techniques! For every member of a community to use, both proactively to change our culture for the better and reactively to minimize harm. None of us can do everything, but each of us can do our part to make Lewiston-Auburn a safer and more welcoming community.

Hosted by Lewiston Public Library, Green Dot Lewiston-Auburn is offering 2-hour bystander intervention training using Zoom. These are interactive, last about two hours, and are limited to 15 adult participants per session. Registration is required at https://www. greendotla.org/schedule.

Choose from one of the following sessions:

Monday, Feb. 15, at

Monday, Feb. 22, at

Calendar

Send your submissions to the Editor. More online.

THURSDAY Feb. 18

8 a.m. AUBURN - 9-1-1 Committee meeting.

10 a.m.

GORHAM - Baxter Memorial Library - Gorham Feathered Friends. Come to Baxter Memorial Library and stroll along the walkway and gazebo area. Bring your binoculars to find all 12 "birds" and learn some fun facts. An identification/color page will be available inside the doors of BML and also to print off at home to use in your own yard.

Noon-1 p.m.

LEWISTON - Lewiston Public Library - Great Falls Forum. This is a free, monthly series featuring statewide and regional leaders in public policy, business, academia and the arts streaming virtually via Zoom and streamed to the Lewiston Public Library Facebook page. This month's forum features Youth Studies scholar Dr. Andrea Breau, on the topic, "It's a lot of pressure for us to understand this stuff: Lessons About Race and Place from Lewiston's Teenagers."

6:30 p.m. GORHAM - Board of Appeals meeting via Zoom.

FRIDAY Feb. 19

10 a.m.

GORHAM - Bax-Memorial Library – Lava Lamp. Join Ms Heidi for this groovy experiment. She will show you how to make a lava lamp with common house-

hold items. You will need: a smooth-sided plastic or glass container, vegetable oil, water, food coloring drops, and Alka Seltzer tablets. We've bought plenty of Alka Seltzer tablets, so stop by the library if you need one.

MONDAY Feb. 22

5:30 p.m.

LEWISTON - Planning Board meeting via Zoom.

5:30-6:30 p.m.

LEWISTON - Finance Committee meeting at City Hall Administrator's Conference Room.

TUESDAY Feb. 23

9:30 a.m.

GORHAM - Baxter Memorial Library - Preschool Discovery Time. If you love picture books watch Ms Heidi on Facebook as she reads a new book each week. (ages 3-5)

5:30 p.m. AUBURN - Agriculture Committee meeting.

6 p.m.

LEWISTON - City Council Workshop, via ZOOM - http://www.lewistonmaine.gov/2021cc Also, public comment will be possible at publiccomment@lewistonmaine.gov.

WEDNESDAY Feb. 24

7:30 a.m.

AUBURN - Auburn Housing Authority Board of Commissioners meeting.

10 a.m.

GORHAM - Bax-Memorial Library - STEAM - Tin Can Telephones. Join Ms. Deb on Facebook for a virtual STEAM activity. Activities are geared toward K-5 learners and require minimal supplies that you'll likely have right on-hand at home. In this program, we'll learn a bit about how sound works. We'll recycle some aluminum cans and turn them into simple yet effective phones that you can use around your house any time you want.

LEWISTON - Lew-

iston Public Library - Read Your Mind: Exploring Mental Health in Teen Books.

This is a monthly, virtual series focusing on teen mental health & wellness with YA authors and community health experts. In February, the library is hosting authors Adib Khorram, Mark Oshiro & Julian Winters to discuss how the intersection of masculinity, queerness, and racial and cultural identity impact teen mental health. Contact hchance@lewistonmaine. gov or call 207-513-3135 to register.

6 p.m.

AUBURN - Complete Streets Committee meeting.

6 p.m.

AUBURN - School Committee meeting.

THURSDAY Feb. 25

9:30 AM

GORHAM - Baxter Memorial Library - Toddler Discovery Time. Join Ms. Dani for a Virtual Discovery Time on Facebook. She will read a story and present an extension activity related to the book. So much fun for this age group! (18months-3 yrs)

> **MONDAY** Mar. 1 5:30 p.m.

WWW.FLAGHIPCINEMAS.COM **AUBURN** 746 Center Street
Auburn Movie Hotline — 786-8605 VISIT OUR WEBSITE OR CALL THE HOTLINE AT 786-8605 FOR SHOWTIMES Noon

> AUBURN - City Council workshop and meeting.

7 p.m.

GORHAM - Planning Board meeting via Zoom.

TUESDAY Mar. 2

5:30 p.m. **AUBURN**

Age-Friendly Community Committee meeting.

6 p.m.

LEWISTON - City Council meeting, ZOOM - http://www.lewistonmaine.gov/2021cc Also, public comment will be possible at publiccomment@lewistonmaine.gov.

6:30 p.m.

GORHAM - Regular Town Council meeting via Zoom.

THURSDAY Mar. 4

4 p.m.

AUBURN - Cable TV Advisory Board

5:30 p.m.

AUBURN - Auburn-Lewiston Airport Board Meeting.

MONDAY Mar. 8 5:30-6:30 p.m. LEWISTON - Finance Committee meeting at City Hall Administrator's Conference Room.

TUESDAY Mar. 9

6 p.m.

LEWISTON - City Council workshop, via ZOOM - http://www.lewistonmaine.gov/2021cc Also, public comment will be possible at publiccomment@lewistonmaine.gov.

6 p.m.

AUBURN - Planning Board meeting.

7 p.m.

GORHAM - Conservation Commission meeting via Zoom.

WEDNESDAY Mar. 10

4:30 p.m.

AUBURN - Lewiston-Auburn Transit Committee (LATC) meeting. 6:30 p.m.

& Recreation Advisory Board meeting. 7 p.m.

AUBURN - Parks

GORHAM - School Committee Meeting via Zoom.

MONDAY Mar. 15

5:30 p.m.

AUBURN City Council workshop and meeting.



Thursday, February 18, 2021 Page 15

Classified Ads

AUTOMOBILE STORAGE

Seeking Classic Car Storage

Got unused garage bay? I'm looking for year-round storage for a classic car. My preference is a location near the center of Gorham. Please text or leave a message: 207 415-2463.

BOOKS

"To College or Not to College" is the question and this book has the answers. Check it out: www.authorcaseybill. com.

Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www. authorcaseybell.com.

BUSINESSES FOR SALE

Working small engine/ outdoor Power equipment business.

Parts inventory B&S, Kohler, Tecumseh, MTD, Ariens, Toro and more. Special tools and equipment. Good opportunity to expand or add to your business. Call Glen 207-655-4635 daytime for more information.

ESTATE SALE

Estate - Garage

Safe environment - one seller with mask and gloves. By appointment only. One to two people. We maintain ten feet apart. Two bedroom sets, double and queen - wicker 5 pieces - Bench with microfiber cushion. Two living room chairs. All plus more. All priced low for quick sale. (207) 883-0808

FOR SALE

Cutting Boards

I have many different sizes of wooden cutting boards made from maple, oak, walnut, cherry, poplar and ash in different designs. Priced from \$10 to \$25. Would make very nice gifts. Call me at 207-577-2724.

Antique cedar wardrobe armoire with key \$400. Toyotomi portable kerosene heater with manual \$50. 12x10 dome tent sleeps 6 in two rooms with carry case \$40. Portable car port \$50. Cardio fit low impact exerciser \$50. Call 207-782-4228.

Big Blowout sale at House of Lady Debra's Our: Old Goat + His Lady. Gourmet 21 soups, 20 dips, 4 cheesecales sale. Buy 3 dips, get 2 free. Buy 2 soups, get 1 free. Going fast, call now. Lady Debra -207-891-1968.

HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates.

Excellent service. Call cell phone 754-9805 or 782-1271.

HEALTH & FITNESS

DO YOU HAVE CHRONIC KNEE OR BACK PAIN?

If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

Deadline is 5pm every Friday.



HELP WANTED

Technical Field Manager

Modula, Inc.; Lewiston, ME 04240. Prvd tech'l training, instal. & supprt. service to innovative automated storage technologies & vertical carousels to all Modula customers & dealers located in the U.S. Req's: HS Dipl. +60 mos employ. exp. as Field Technician. Emploly. exp. must incl writing of electrical diagrams & installation of electro-mechanical components. Dom. trvl 4X/wk throughout all 50 U.S. states. Position req's performing physical activities. Email CV: recruiting.us@modula.

> Classifieds \$10

HOUSING

Seeking two bedroom apartment or house to rent. One story with garage near the Windham or Raymond area. Prefer hardwood floors. Jimmy and Cheryl Burnham. 207-572-2714 or 207-633 3380.

PAINTING

Stepladder Enterprise
Painting Co.
Interior & Exterior.
Drywall repair, paint and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

SENIORS

In Home Care

Visiting Angels – non-medical assistance living. Serving Lewiston/ Auburn and surrounding areas. Providing light housekeeping, meal prep, personal care, errands/ outings. Call for FREE inhome consultation. (207) 740-9100.

LEWISTON SENIOR CITIZENS TRAVEL WASHINGTON, D.C. -TRIPS POSTPONED TIL

FURTHER NOTICE:
MACKINAC ISLAND Trip includes 8 nights
lodging and 14 meals,
visit to Mackinac
Island with a guided
Carriage Tour during
their Tulip Celebration.
Also includes boat ride
through Soo Locks,
Sault Saint Marie and
Makinaw Crossings with
a visit to "Michigan's

Little Bavaria". A \$75.00 deposit is due when signing up. Price is \$859.00 pp double occupancy.

VIRGINIA BEACH, COLONIAL WILLIAMS-BURG & HISTORIC NORFOLK -

SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy.

For questions and detailed information on these trips, please call:Claire - 207-784-0302 or Cindy- 207-345-9569.

Classified Ads To 40 Words!

\$ 10 PER WEEK
EACH ADDITIONAL WORD 25

Send Check or Credit Card Info with Completed form to: Send payment with completed form to our bookkeeping office: 9 N. River Road #232

Auburn, ME 04210 or email it to us!

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| AD INFO: |
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NUMBER OF WEEKS TO RUN:

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Basement Remodel



Transform your basement to create expanded livable space to enhance your home.

No Money Down - Financing Available

Remodel • Kitchens • Bathrooms • Basements Roofing • Siding • Windows • Garages • Additions

