

Furniture paint arrives at Upcycle Maine



A selection of furniture paint manufactured by Farmhouse Paint Company can be found at Upcycle Maine Home Furnishings at 18 South St. in Gorham. (Photo courtesy of Upcycle Maine)

From Upcycle Maine

GORHAM - Upcycle Maine Home Furnishings at 18 South St. in Gorham's downtown village area just started carrying Farmhouse Paint Company Furniture Paint.

Owner Stephanie Sands has built a relationship with the owner and marketing director of Farmhouse Paint to be able to bring a large selection into her shop.

Farmhouse Furniture Paint is exclusively formulated and manufactured in the US.

Upcycle Maine will be stocking this, easy to use, one step furniture paint in its retail location, along with the refinished furniture and home décor already sold in the store.

Farmhouse Paint's Facebook page said the paint offers a single-step process with professional results. Clean the project's surface, allow to dry, then paint. No priming or waxing is necessary.

People will now be able to explore the art of furniture refinishing themselves, Sands said. She is happy to share tips and tricks with anyone to get their project started.

Sands hopes to empower others to create, and her inviting atmosphere and judgement-free zone will allow any-

See Upcycle, page 11



Snowmobiles in front of the Sebago Brewing Tasting Room in Gorham. The Cherry Hill Trails run past the Tasting Room and connect to some 50 miles of groomed snowmobile trails in the area. Sebago Brewing donated \$1 per pint of Braap! Braap! ale sold during February to the Gorham SnoGoers club. (Photo courtesy of Sebago Brewing)

Sebago Brewing Supports SnoGoers

From Sebago Brewing

GORHAM - Throughout the month of February, Sebago Brewing Co. donated \$1 for every pint sold of "Braap! Braap! Gorham SnoGoers Gold" to the Gorham SnoGoers Club.

The club is a group of Gorham residents who maintain more than 50 miles of trails throughout the area. This includes the Cherry Hill Trails - almost three miles of hiking, skiing, and snowmobiling trails right next door to the Sebago Brewing Co. Tasting Room, brewery, and company headquarters.

"Braap! Braap!" is a golden ale made with one of the Sebago brewers' favorite English yeasts. A subtle ale with a mild honey sweetness and smooth medium body, it is clean and refreshing, while full enough to stand up to colder weather. In other words, the perfect beer for ice fishing, ice skating, and other snowy fun.

Folks can explore the Cherry Hill Trails, then stop by the Tasting Room for something hot to eat and a cold pint of Braap! Braap!

Both Sebago Brewing locations offer indoor dining, following all COVID safety protocols, and takeout, including beer and cocktails. And for the hardest Mainer, the outdoor patio (with heat lamps) and the fire pit at the Tasting Room are also available.

Sebago Brewing has a brewpub at 29 Elm Street and the Tasting Room at 616 Main Street in Gorham.

BRAAP! BRAAP!

Gorham SnoGoers Golden Ale

\$1 of every pint sold goes to help maintain local trails

Sebago Brewing in Gorham donated \$1 per pint sold of "Braap! Braap! Gorham SnoGoers Gold" to the Gorham SnoGoers Club during February to help the club maintain local snowmobile trails. (Photo courtesy of Sebago Brewing)

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Newsmakers, Names & Faces

No Kid Hungry grants

From Share Our Strength

WASHINGTON, DC - As a result of the COVID-19 pandemic, many families in our community today face increased hardship.

Hunger and poverty, already at unacceptable levels, are affecting children at an alarming rate, and the hunger that kids face today has the power to impact the rest of their lives.

As part of No Kid Hungry's continuing effort to ensure all children in Maine remain nourished and healthy, the campaign recently announced nearly \$340,000 in grants to 12 school districts and community organizations to support their efforts to feed kids. No Kid Hungry worked in close partnership with their lead Maine partner, Full Plates Full Potential, to invest in districts and community organizations with critical needs.

"No child should have to struggle with an empty stomach or stress about when they will eat again. These grants will help reach more kids with the food they need to grow up healthy, educated and strong," said Kristen Dunphy, Field Manager for

the No Kid Hungry Campaign.

"The funding awarded by No Kid Hungry has been crucial in supporting nutrition programs statewide to reach as many kids as possible during these challenging times for families," says Jenn So, senior program officer at Full Plates Full Potential.

The recipients of this round of No Kid Hungry grants across the state of Maine include Lewiston Public Schools and the Auburn School Department, along with Wabanaki Public Health, Biddeford School Department, Kittery Public Schools, Bangor School Department, Portland Public Schools, RSU54/MSAD54, Veggies to Table, and Westbrook School District.

No Kid Hungry believes no child should go hungry in America. But in the wake of the coronavirus pandemic, 1 in 4 kids could face hunger this year. No Kid Hungry is working to end childhood hunger by helping launch and improve programs that give all kids the healthy food they need to thrive. No Kid Hungry is a campaign of Share Our Strength, an organization committed to ending hunger and poverty.

MaineCF funds transportation programs



SAGE Maine members from across the state participate in a virtual empowerment self-defense class for older adults facilitated by Prevention Action Change. The class helped them combat the winter doldrums while learning physical self-defense skills and building community. Photo courtesy Equality Maine. (Photo courtesy of Maine CF)

From MaineCF

PORTLAND & ELLSWORTH - The Maine Community Foundation's Maine Charity Foundation Fund has awarded \$82,500 to 11 nonprofit organizations that support community-based transportation programs.

The funding helps programs with changes in response to the pandemic, and efforts to keep 60-and-older community members socially connected during a time of physical distancing.

Grant recipients include:

Beacon Project, Islesboro, to provide safe transportation for residents to appointments on the mainland during the pandemic: \$5,000.

Catholic Charities Maine, Portland, to maintain and expand SEARCH, a companionship and transportation program for older adults, into unserved rural areas to reduce social isolation and improve connection to community: \$10,000.

Downeast Commu-

nity Partners, Ellsworth, to provide rides for older community members in Washington and Hancock counties: \$5,000.

Equality Maine Foundation, Portland, to maintain SAGE Maine programming and statewide outreach efforts to keep LGBTQ+ older adults socially connected during a time of physical distancing: \$8,000.

In Her Presence, Portland, to make stressful home environments safe for older immigrant women by increasing knowledge through public health education and providing cultural foods: \$7,500.

Island Connections, Bar Harbor, to help make up for fundraising losses and support volunteer-based transportation program on Mount Desert Island: \$7,500.

Penobscot Nation Boys and Girls Club, Indian Island, to provide culturally appropriate social connection opportunities for elders who live alone and far apart: \$8,500.

People Plus, Bruns-

wick, to help cover fundraising losses for expansion and increased capacity for growing Volunteer Transportation Network serving 566 homebound older adults in Brunswick region with rides, shopping, groceries/prescriptions: \$10,000.

SeniorsPlus, Lewiston, to help fund the Community Help Line, a critical resource in heightened demand during the pandemic: \$6,000.

The Opportunity Alliance, South Portland, to increase capacity of its Senior Companion Program to more adequately assist older adults and their caregivers to promote wellness and reduce isolation in Cumberland and York counties: \$5,000

United Way of the Tri Valley Area, Farmington, to forge new collaboration among diverse stakeholders to create new and improved options for transportation, focused on older adults of limited financial means and utilizing volunteers in Franklin County, Livermore, and Livermore Falls: \$10,000.

Established in 1921, the Maine Charity Foundation Fund was the state's first community foundation, created to hold individual charitable funds and to distribute income from those funds. In 1993, the fund was transferred to the Maine Community Foundation, which continues the organization's tradition of grantmaking.

The next deadline for applications is September 15.

For more details, visit www.mainecef.org or contact Director of Grantmaking Laura Lee at (207) 761-2440 or llee@mainecf.org.

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, Rockport, and Mars Hill, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people.

To learn more about the foundation, visit www.mainecef.org.

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Newsmakers, Names & Faces

UMaine supports remote instruction

From UMaine

ORONO - University of Maine museums and planetarium have a rich library of online resources available to support remote K-12 instruction during the pandemic.

The Page Farm and Home Museum offers Virtual Field Trip Experiences, via Zoom, to school groups, homeschool groups, and college classes. Groups can take an introductory tour, select a virtual visit topic, or request a program tailored to specific curricular needs by calling the museum at 207.581.4100. Online resources and a Whatz-It? challenge are also available to supplement remote learning for students of all ages.

The Versant Power

Astronomy Center offers a wide array of Virtual Astronomy Experiences to support online exploration of the universe for schoolchildren of every age. Maine's Wondrous Night Sky, Planet Parade, Mysterious Moon and Me, and Voyage Through the Universe are a few of the lessons available — all are supplemented with age-appropriate resources from NASA, the National Oceanic and Atmospheric Administration, and the Astronomical Society of the Pacific. Universe Explorers of Maine, an international online astronomy club, uses robotic telescopes and gamified learning quests to facilitate space exploration and participation in citizen science. Limited funding is available to support class participation in the explor-

ers club.

The Hudson Museum's Adventures in Anthropology supports virtual exploration of cultures and traditions featured in the museum's World Cultures Gallery. This new interactive program introduces students to the field of anthropology using a guided research approach. The museum's YouTube channel features virtual tours of three Hudson Museum galleries, along with more than two dozen videos of Wabanaki artist interviews, demonstrations of traditional art forms and storytelling. These videos support the teaching of Wabanaki history and culture in Maine's public and private elementary and high schools.

The Zillman Art Museum similarly shares edu-

cational resources tailored to K-12 learning on YouTube. "Studio Sessions" is a series of virtual, hands-on lessons designed to engage children in creative arts while at home during the pandemic. Lessons range from papier-mache techniques, to making modeling clay, to creating a cubist collage in the style of Pablo Picasso. Virtual tours of previous exhibitions at the Zillman Art Museum are also available on the museum's YouTube channel.

The University of Maine, founded in Orono in 1865, is the state's land grant, sea grant and space grant university. It is located on Marsh Island in the homeland of the Penobscot Nation. As Maine's flagship public university, UMaine has a statewide

mission of teaching, research and economic development, and community service.

UMaine is the state's only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all 50 states and more than 75 countries. UMaine currently enrolls 11,741 undergraduate and graduate students who have opportunities to participate in groundbreaking research with world-class scholars.

UMaine offers more than 100 degree programs through which students can earn master's, doctoral or professional science master's degrees, as well as graduate certificates. The university promotes environmental stewardship,

with substantial efforts campuswide to conserve energy, recycle and adhere to green building standards in new construction. For more information about UMaine, visit umaine.edu.

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ADVERTISING
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DEADLINE
Deadline for ads and press releases is 5 p.m. on Friday preceding publication. Published every Thursday.

PRESS RELEASES
All submissions, including photos must be emailed to the editor, Editor@GorhamWeekly.com.

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Seniors Not Acting Their Age

Unique Sunday River Whitecap



Hikers ascend the north shoulder of Sunday River Whitecap in a dense conifer growth. (Ron Chase photo)

By Ron Chase

Sunday River Whitecap is one of the most unique mountain hikes in Maine. Rugged terrain, phenomenal views, and a barren alpine summit provide a remarkable winter mountaineering experience.

Located on the northeastern end of the Mahoosuc Range in far western Maine, climbing the 3,337 foot peak entails about 2,100 feet of elevation gain while negotiating a variety of trail conditions. The Grafton Notch Loop Trail is the normal route to the summit. From Route 26 in North Newry, the fourteen-mile out and back trek is an arduous winter expedition. For about three decades, Chowderheads with the Penobscot Paddle and Chowder Society (PPCS)

have been scaling Sunday River Whitecap via an esoteric six mile roundtrip alternative route.

Scheduled to lead a mid-January PPCS winter mountain hike, Sunday River Whitecap was my choice. Unaware of snow depth in the Mahoosucs, a primary concern was to snowshoe or not to snowshoe. Full disclosure, for me snowshoeing is a means to an end. If I can get to the top of a mountain without using them, that's my preference. During my last Sunday River Whitecap outing, a companion and I toted snowshoes for the entire trip never needing them. At my age, I'm pacing my arthritic joints; attempting to postpone their inevitable demise. Senselessly carrying added weight is a non-starter.

Several club mem-

bers responded to my inquiry regarding snow levels in the Mahoosucs. Their reports indicated about ten inches of snow accumulation could be anticipated and snowshoes were probably unnecessary. Our plan was to take them to the trailhead before making a final decision.

Six of us met in a clearing at the junction of Routes 2 and 26 in Newry on a sunny, breezy winter day with temperatures in the low twenties. Since parking was expected to be limited at the esoteric trailhead, we masked and teamed up in pairs for the nine mile drive north on Route 26 to an old dirt road on the left between Screw Auger Falls and Grafton Notch. A snowplow had cleared space sufficient for a few vehicles.

Inspection at the trailhead indicated the ten-inch snow prediction was accurate. As the snow had a very light consistency, our decision was settled, no snowshoes. Anticipating gusty winds and low temperatures above tree line, we packed for extreme winter conditions. Everyone carried ice cleats, some wearing them from the outset.

Our intrepid band began the journey by crossing a bridge over Bear River before fol-



A trio of climbers emerge above tree line on gusty Sunday River Whitecap. (Ron Chase photo)

lowing the passageway as it rose steadily south. Just beyond the bridge, Snowmobile Route 82 ITS joined from the right. For the first time in my experience, no snowmobile tracks were evident. Insufficient snow accumulation is the probable explanation.

Turning left, the gradient moderated as

our team traveled easterly. About a mile from the trailhead, the start of what was formerly a bush whack was detected on the right. Due to occasional usage and some trail markings, a fairly obvious path has evolved that leads through a scattered conifer and hardwood forest. Persevering uphill for approx-

imately a mile, we connected with Grafton Notch Loop Trail in Miles Notch.

After progressing southeasterly on the loop trail for a short distance, our tenacious group of mountaineers angled right and began climbing steeply south on the north shoulder of Whitecap in a dense co-

See Seniors, next page

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A snow-encrusted trail cairn leads the way to the summit of Sunday River Whitecap. (Ron Chase photo)

Seniors

Continued from previous page

nifer growth. Scrambling up a narrow gully amidst a consequential rock formation, we emerged onto the lower end of an extensive alpine zone where exceptional views of the northern Mahoosucs awaited us. Encountering frigid wind chills and sporadic icy footing, everyone donned parkas and ice cleats.

A formidable topography of wind-swept ice-covered surfaces and drifted snow complicated by a labyrinth of patchy mountain scrub confronted us. Trail finding became

much more problematic. Cautiously surmounting an icebound escarpment and approaching the summit cone, we were unable to locate critical trail cairns. Advancing directly upward as safely as possible seemed our best strategy.

Doggedly persisting up the cone, a snow-encrusted cairn was serendipitously observed to our right. Back on the trail, the remaining route to the blustery summit was easily discernable. Shelter from the piercing gusts was found on the southwest side of the crest where a respite enjoying much need-

ed snacks was overdue.

Departing the summit, two hikers were passed. They were the only other alpine adventurers fortunate enough to experience dramatic Sunday River Whitecap on that glorious day.

Would snowshoes have been beneficial on the descent? I think so.

Author of "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England," Ron Chase lives in Topsham. His latest book, "The Fifty Finest Outdoor Adventures in Maine" is scheduled for release by North Country Press later this year. Visit his website at www.ronchaseoutdoors.com or reach him at ronchaseoutdoors@comcast.net.

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Arts & Entertainment

Family seeks help with WW2 photos

From Dana Perkins

BIDDEFORD - When Army veteran Richard Perkins died in 2014 at the age of 92, he left behind a treasure trove of hundreds of photos he took while stationed in Hawaii after the attack on Pearl Harbor.

Perkins was a radio operator who was stationed at Fort Shafter in Honolulu, and he worked at an underground base inside of Diamond Head. Except for a few brief stories, he never talked much about his service to his family.

While cleaning out his house after he died, his daughter, Alice, and son, Dana, came across a large tin container full of rolls of film negatives that had been developed, but never converted into

photographic prints.

Dana painstakingly scanned the negatives into his computer and converted them into hundreds of never-before-seen historical photos. The people in the photos include veterans of the Army, Navy and Marines, as well as USO performers, civilians and children who lived in the area around the Army base of Fort Shafter.

Alice and Dana have spent the last few years learning as much as possible about the people and locations in the photos.

They have received a tremendous amount of help from Milton Migita, a curator at the Army Museum in Hawaii, as well as from the general public through online social media groups.

Their goal is to make all of the photos available

to the public by compiling them in a book or through a website. The original negatives, photos, and three photo albums will then be donated to either the Army Museum or the National Park Service in Hawaii.

Many people in the photos remain to be identified, and Alice and Dana hope that someone in Maine will recognize their father, grandfather, uncle, mother, grandmother, aunt, or some other friend or relative in the photos.

The photos can be viewed online at:

If you recognize anyone, please contact Alice and Dana through the website, or by writing to them at: World War 2 Pacific Veterans Project, PO Box 789, Biddeford, ME 04005.

Guest Column

Home Country

By Slim Randles

"Windy, my man," said Doc, "how are you and the widow getting along?"

"She's been sorta creepitatin' up on my blind side, Doc," Windy said.

"Which side is that, Windy?"

"Very humorous, Dud. Ha. Ha."

We had all been watching, as closely as we could, the relationship between Windy Wilson, bachelor, camp cook, cowboy, and teller of tales ... and Mamie Dilworth, aging hippie chick, stater at crystals, vegetarian, widow.

We all knew, those of us who lived vicariously alongside the perimeter of their friendship, that if it could've been filmed, it'd be on television longer than The Flying Nun.

"Doc," said Windy, "ol' Mame the Dame is a awful nice lady, sure 'nuf. I have considerationed maybe takin' our friendship to the next level."

"What level is that?"

"Steve, that would be puttin' one of my patented power sneaks on 'er and holdin' hands."

"Be careful you don't rush these things, Windy. You've only known each other a couple of years now."

"I'll be careful, Doc, don't you worry none. Why, we almost got to that there hand-holdin' when we capper-sized that stock tank boat of mine in the crick. Had to pull 'er out. Weren't no grateful smooch, howsomever."

"So why ramp it up now?"

"Valentine's Day, Steve! Comin' up, ain't it. Yessir, afore long there's

gonna be young lovers squarin' off and smoochin' and darin' the world to stop 'em from cuddlin.' I really take to Valentine's Day."

"Buy her a card yet?"

"Thinkin' on it, Doc. But I gotta get jest the right kind. Can't be too moochie-smoochie or she'll get the wrong idear. What I'm lookin' for is one that says, 'Mame, I kinda like you and think you'se smart and kind, And would you like to hold hands and talk about good stuff? And no more a-them tofu tacos, thank you.'"

"That's a tall order, Windy."

"Valentine's only comes oncet a year, boys."

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David Wilcox is featured in the online presentation of Concerts for a Cause from Unitarian Universalist Church of Brunswick on Friday. (Photo courtesy of UUCB)

Concerts for a Cause on Friday

From UUCB

BRUNSWICK - David Wilcox whose June concert at The Unitarian Universalist Church of Brunswick was cancelled, has invited Concerts for a Cause to take part in his East Coast virtual livestream concert this Friday

It's not the same as a live concert at the church, but it WILL be live on the Internet and viewers will be able to make requests and

chat with David in chat.

The Unitarian Universalist Church has cancelled eleven of their Concerts for a Cause because of COVID-19.

The two concerts scheduled for September and October are in danger of being cancelled as well.

The charities that are supported by the concerts are in need of extra donations during this difficult time.

Cleveland-born David

Wilcox is a singer-songwriter with insightful lyrics, a smooth baritone voice, virtuosic guitar chops, and creative open tunings, giving him a range and tenderness rare in folk music. He has recorded 20 albums and has a wildly loyal fans following.

Wilcox was a winner of the prestigious Kerrville Folk Festival New Folk award in 1988, and in 1989 he released "How Did You Find Me Here" which sold

over 100,000 copies the first year largely by word of mouth. His latest release "The View from the Edge" earned him the Grand Prize in the 2018 USA Songwriting Contest.

In live performance, David loves making up a spontaneous song for an audience member in need. Considered a 'songwriter's songwriter', his songs have been covered by many artists such as k.d. lang. In addition to his writing prowess, his

skills as a performer and storyteller are unmatched.

The only way to get tickets is to create an account and purchase them at the performer's ticket platform at <http://bitly.ws/bQxk>. Single tickets will be \$20, with other choices available.

This concert will raise money for UUCB Charities with Soul: MidCoast Hunger Prevention Program and Immigrant Legal Advocacy Project.

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COVID-19 testing options support in-person learning

From State of Maine

AUGUSTA - The Maine Department of Health and Human Services (DHHS) and the Maine Department of Education (DOE) announced last week new COVID-19 testing options to support schools in Maine, strengthening Maine's strategy that has effectively limited virus transmission in school settings.

The Departments announced that the State has purchased 250,000 BinaxNOW rapid antigen tests and that they will prioritize these tests for schools, along with health care and long-term care sites, to expand regular testing in schools and support in-person learning. The tests are expected to arrive over the next three months and come in addition to 25,000 BinaxNOW tests that remain from the State's initial 2020 Federal distribution.

The BinaxNOW rapid antigen tests can detect coronavirus infection from a nasal swab sample in approximately fifteen minutes. The tests can support in-person learning by diagnosing COVID-19 in symptomatic individuals and enabling regular testing, or serial testing, of teachers and staff who are close contacts of COVID-positive individuals. Serial testing of asymptomatic teachers and staff who are deemed close contacts allows them to forego the need for quarantine for ten days and continue to provide in-person instruction, provided that they test negative. Serial testing of close contacts is supported by the Maine Center for Dis-

ease Control and Prevention (Maine CDC) and is used in health care, long-term care, and childcare facilities - prime settings for distribution of the new BinaxNOW tests.

To date, more than 80 school districts across Maine have received rapid tests. The Maine DOE nurse consulting team, along with the Maine CDC, will provide the support and technical assistance to schools that wish to implement additional testing as a strategy to advance in-person instruction. Schools must have a CLIA waiver and a nurse to administer the tests.

DHHS has also encouraged the state-supported "Swab and Send" sites that collect samples for the State's Health and Environmental Testing Laboratory (HETL) to provide PCR testing for school personnel and students who seek a diagnosis related to COVID-19. Each site can develop its own policy to prioritize these individuals, but ensuring teachers, staff, and students have access to timely, reliable testing will advance Maine's COVID-19 response.

"Expanding COVID-19 testing in schools will further protect the health of Maine children, educators, and school staff, along with their broader communities," said DHHS Commissioner Jeanne Lam-brew. "Quickly identifying cases and preventing outbreaks helps to keep schools and other settings safe, which is why testing is key to Maine's effective strategy to limit the spread of COVID-19."

"As a complement to existing safety protocols such as wearing masks, washing hands often, and physical distancing, expanded testing can help Maine school officials make informed decisions about how to keep their communities safe," said Dr. Nirav D. Shah, Director of the Maine CDC.

"We are grateful for the support from our colleagues at DHHS and CDC," said Education Commissioner Pender Makin. "They are providing another incredibly important resource that will add an additional safeguard to the already successful health and safety protocols Maine schools have been using."

The expanded testing options for Maine schools are consistent with new school guidance from the U.S. CDC. That guidance emphasizes a layered approach to COVID-19 mitigation strategies and is largely consistent with the strategy Maine put in place months ago to combat the spread of COVID-19 in school settings. The new federal guidance recognizes that in-person learning in schools that follow public health precautions can be conducted safely without increased transmission of COVID-19.

In July 2020, Maine DOE published a "Framework for Reopening Schools and Returning to In-Classroom Instruction" that includes six COVID-19 mitigation requirements to protect the health and safety of students, teachers, and staff and support a successful return to in-person instruction. Governor Janet

Mills dedicated more than \$329 million in Federal Coronavirus Relief Funds (CRF) to support schools in implementing these requirements to safely reopen last fall. The Maine Department of Education secured an additional \$226 million in Elementary and Secondary Schools Emergency Relief Funding (ESSERF), which is provided through allocations, for public schools.

Further, the Mills Administration established a color-coded Health Advisory System that classifies counties' relative risk of COVID-19 transmission to assist schools as they continue with their plans to deliver instruction and support to students safely. The system is updated every two weeks and is based on a quantitative and qualitative review of the evidence of community transmission and safety of schools. Last Friday, February 12, 2021, the health advisory indicated that all counties in Maine are "green" for the purpose of in-person learning, subject to meeting the six requirements for in-person learning.

The rate of new cases of COVID-19 in school staff and students in Maine continues to be less than half of the statewide average (36 versus 81 per 10,000 in the last 30 days), and, as of February 11, only 33 (or 5 percent) of Maine's 610 schools had open outbreaks, the larg-

est of which had 10 cases. As a result, the Administration will continue with its strategy, supplemented with additional testing, and urges school districts to continue to follow its requirements and recommendations.

"Limiting COVID-19 transmission in schools is possible with many diligent layers of protection, including wearing of face coverings, regular hand washing, and physical distancing," said Dr. Deborah Hagler, President of the Maine Chapter of the American Academy of Pediatrics. "Evidence in Maine and across the country shows that distances of 3-6 feet in school settings, as recommended in AAP guidance, have been used without increases in community transmission. In-person learning, when conducted with these health and safety protocols, is fundamental to the health and development of children and adolescents and should be our goal."

"School boards across Maine have valued and supported the efforts of their schools to safely provide for their students and school community members," said Maine School Board Association Executive Director Steve Bailey. "We commend Maine's thoughtful and scientific approach that stays the course and adds additional support for testing, because we know that Maine's

strategies are working."

"The superintendents and school leaders across our state have followed the experts and the science for safely providing in-person instruction, while ensuring the health and safety of their school communities," said Maine School Superintendents Association Executive Director Eileen King. "Maine's framework for return to in-person instruction and the color-coding system have guided their efforts, and we will continue to follow these strategies, which have proven successful."

The Mills Administration continues to assess Phase 1b for vaccinations, which includes frontline workers, as recommended by the U.S. CDC's advisory group. Identifying these workers and determining how they will be vaccinated is dependent upon vaccine supply, which is limited. For now, Maine continues to prioritize its limited vaccine supply to those who are 70 and older because data demonstrate they are most at risk of suffering or dying as a result of contracting COVID-19. To date, Maine has vaccinated 43 percent of Maine people who are 70 or older. Following the vaccination of these individuals, Maine plans to make people who are 65-69 eligible for vaccination given their increased risk of dying if they contract COVID-19.




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Cooking, composting, garden webinars in March



Vegetable soup made from home-canned foods will be part of the discussion in webinars presented in March by University of Maine Cooperative Extension. (Photo courtesy of UMaine)



A compost webinar series presented by UMaine in March will examine compost issues in agriculture and waste management. (Photo courtesy of UMaine)



Sustainable approaches to garden design will be the topic of a webinar presented by UMaine on March 10. (Photo courtesy of UMaine)

From UMaine

ORONO - University of Maine Cooperative Extension will offer two new webinars about cooking with Maine foods from 2-2:45 p.m. on March 9

and March 23.

The first March "Cooking with the Maine Harvest" session focuses on using home-frozen fruit in baking and cooking. Second session will discuss cooking with home-

canned foods. Instructors share recipes and techniques in this interactive series, which continues through the spring.

Registration is required; a \$5 donation per session is optional. Register on the program webpage to receive the link and resources. For more information or to request a reasonable accommodation, contact Kate McCarty, 207.781.6099; kate.mccarty@maine.edu.

Composting

UMaine Cooperative Extension will offer a three-webinar series about compost issues in agriculture and waste management from noon-1 p.m. on March 11, March 23 and March 30.

This compost webinar series first examines the organic certification process for compost usage with Caleb Goossen, Maine Organic Farmers and Gardeners Association (MOFGA) organic crop and conservation specialist; followed by carcass composting with Krishona Martinson, University of Minnesota professor and Extension equine specialist; and composting hemp residual with Mark King, Maine Department of Environmental Protection environmental specialist and Maine Compost School educator.

The fee is \$10 per session, \$25 for the series; registration is required. Register on the event webpage to receive webinar links. For more information or to request a reasonable accommodation, contact Pamela Doherty, 207.832.0343; pameladoherty@maine.edu.

Ornamental Gardens

UMaine Cooperative Extension and University of New Hampshire Cooperative Extension will offer a webinar about ornamental garden design for

home gardeners from 6-7 p.m. on March 10.

Webinar topics include sustainable approaches to garden design, ideas and tips for siting an ornamental garden, plant selection and arrangement, and sourcing materials. Charlene Spindler Gray, a University of Maine lecturer in landscape design and program coordinator for environmental horticulture and sustainable agriculture, leads the discussion.

Registration is required; a \$5 donation is optional. Register on the event webpage to attend live or receive a link to the recording. This is the fifth in a six-part winter gardening webinar series offered every other Wednesday through March for Maine and New Hampshire gardeners. For more information or to request a reasonable accommodation, contact Pamela Hargest, 207.781.6099; pamela.hargest@maine.edu.

As a trusted resource for over 100 years, University of Maine Cooperative Extension has supported UMaine's land and sea grant public education role by conducting community-driven, research-based programs in every Maine county.

The University of Maine, founded in Orono in 1865, is the state's land grant, sea grant and space grant university. It is located on Marsh Island in the homeland of the Penobscot Nation. As Maine's flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is the state's only public research university and among the most comprehensive higher education institutions in the Northeast.

For more information about UMaine, visit umaine.edu.

A market-based approach to curb greenhouse gas

From CCL Maine

PORTLAND - The U.S. Chamber of Commerce recently advanced its position on climate action.

As reported by the Washington Examiner, the business organization "supports a market-based approach to accelerate greenhouse gas emissions reductions across the U.S. economy." Endorsing "market-based" climate policy indicates support for carbon pricing, which is the type of policy local members of the Citizens' Climate Lobby want Senators Collins and King to support.

"The U.S. Chamber represents many major American corporations. We are glad to see them recognize this is a solution that works for people, the planet, and businesses," said Kyle Kammien, Senior Business Relations Representative for Citizens' Climate Lobby. "Their stance will help build more support in Congress for a durable, bipartisan climate solution."

"The business community is so important to Maine's economy, but climate change brings extreme weather and unpredictability, which are a threat to normal business operations. That's why it's so exciting to see the U.S. Chamber speaking up and supporting climate action," said KC Hughes, owner of LT's Inc, an embroidery, screen printing and promotional products business in Portland.

"The right climate solutions can unleash the power of the American market on solving this problem," explained Hughes. "I hope the Maine Chamber of Commerce agrees with its national counterpart and will urge Senators Collins and King to support a carbon price."

Solutions like the Energy Innovation and Carbon Dividend Act are market-based approaches with bipartisan support. Members of the new administration, such as Treasury Secretary Janet Yellen, have expressed support for this policy approach as well.

While the Chamber is still not ready to endorse carbon pricing outright, it appears the group sees it as more favorable than mandates and regulations, which have become the preferred carbon reduction policy of Democrats and are expected to be the path pursued by President-elect Joe Biden

Following the hottest year on record, the Maine Citizens' Climate Lobby (Maine CCL) begins 2021 with over 2,000 volunteers statewide organizing to urge Maine's congressional delegation to act swiftly on climate change and champion a federal carbon fee and dividend plan like that envisioned in the Energy Innovation and Carbon Dividend Act (H.R. 763), a 2019 bipartisan House bill.

Maine CCL is organizing its statewide network of volunteers to urge congressional support of the Energy Innovation and Carbon Dividend Act by working with constituencies that include businesses and chambers of commerce, faith groups and community organizations, youths in high school and college, municipalities and the state legislature, and Maine's congressional delegation.

Citizens' Climate Lobby (CCL) is a non-profit, nonpartisan, grassroots advocacy organization focused on national policies to address climate change. CCL organizes by establishing local chapters in congressional districts and currently has 610 chapters worldwide with 7 active chapters in Maine.

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Deadline is
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Junction Bowl league scores

From Junction Bowl
GORHAM – League scores from Junction Bowl on Railroad Avenue in Gorham.

Scores include the player handicap.

Week 5 Monday Night Strikes

Cobra Kai took the team series again this week with 2 games, overpowering Split Happens with 1 game, 2240-2141.

Cobra Kai

Romeo Jalbert 23-150-168 – 554
Eric Bretton 169-167-237 – 573
Kenneth Reno 186-156-498
Tim Perry 202-217-196 – 615

Split Happens

Heather Bryant 180-191-171 – 542
Kaitlyn Lemieux 176-191-185 – 552
Erica Jackson 185-205-148 – 538
Elisabeth Maxfield 182-164-163 – 509
Brian Gonneville rolled 618 to help Right Lane squeak out the weekly team series win with just 1 game over The Gutter Rats with 2 games, 2271-2269.

Right Lane

Brian Gonneville 187-217-214 – 618
Adam Homan 169-191-175 – 535
Colin McLean 165-190-178 – 533
Bill Haskell 220-125-240 – 585

The Gutter Rats

Ben Smith 185-194-193 – 572
Amy Pompeo 204-224-179 – 607
Shawna LaPierre 176-168-146 – 490
Gary LaPierre 183-186-231 – 600
Pin Me Please rolled for 2 games and the weekly team series against Two Finger Death Punch with 1 game, 2275-2226.

Pin Me Please

Ashley Calvert 216-208-165 – 589
Substitute 172-212-152 – 536
Heather Lavallee 214-196-156 – 566
Brendan Gow 203-181-200 – 584

Two Finger Death Punch

Jon Talbot 201-184-171 – 556
Charlie Pasquerillo 150-153-233 – 536
Thomas Franchetti 174-199-172 – 545
Timothy Bola 243-171-175 – 589

The (League) Office grabbed 2 games and the weekly team series from Hammond Eggs with 1 game, 2359-2256.

The (League) Office

Sebastian Pettitt 175-152-190 – 517
Aidan Underwood

210-205-259 – 674
Nick Calvert 161-244-201 – 606
Adam James 193-181-188 – 562

Thursday Night Dynamite

Bowler? I Barely Know . . . led the league this week with a 3 game and weekly team series win over Split Happens, 2326-1995

Bowler? I Barely Know . . .

Dylann Swisley 170-207-178 – 555
Deanna Boisvert 217-203-175 – 595
Donna Gagnon 183-209-191 – 583
Derrick Sellitto 215-183-195 – 593

Split Happens

Denise Williams 161-199-192 – 552
Chris Lee 182-181-153 – 516
Matt Lelansky 144-125-136 – 405
Duayne Frank 167-175-180 – 522

Sexy Ginger overcame XXX Turkeys in all 3 games for the weekly team series, 2206-2082.

Sexy Ginger

Jacob Bourgeois 158-197-146 – 501
Substitute 208-174-182 – 564
Clayton Farrin 192-163-208 – 563
Substitute 176-191-211 – 578

XXX Turkeys

Peter Luciano 187-196-176 – 559
Terry Moore 179-

149-175 – 503
Jake Ouellette 152-157-179 – 488
Ken Foss 209-155-168 – 532

Smelt Camp Swim Team won 2 games and the weekly team series over Minds In The Gutter with 1 game, 2294-2149.

Smelt Camp Swim Team

Kevin Kassa 190-215-203 – 608
Tonya Kassa 184-163-190 – 537
Brian Walid 191-203-203 – 597
Jenn Leanhart 171-178-203 – 552

Minds In The Gutter

Scott Verrill 185-193-166 – 544
Jay Sutton 156-182-219 – 557
Substitute 143-176-180 – 499
Matt Ferrante 163-219-167 – 549

Strike First walked away with 3 games and the weekly team series over House Balls, 2166-1955.

Strike First

Romeo Jalbert 168-214-193 – 575
Kenneth Reno 159-154-165 – 478
Sherry Coyne 196-193-163 – 552
Roni Bretton 210-181-170 – 561

House Balls

Bruce Russell 156-168-162 – 489
Reena Russell 143-106-120 – 369
Christian DeLuca 227-222-173 – 622
Ann DeLuca 178-142-158 – 478

Ohio U. 2020 Fall Dean's List

From Ohio Univ.

ATHENS, OH - Ben Eichner from Gorham in the College of Business was among more than 8,400 students qualified for the fall semester 2020 Dean's List at Ohio University, including main and regional campuses.

Over 40 states were represented on the Dean's List, including Arizona, Connecticut, California, Florida, Illinois, Rhode Island, Texas and Ohio. Students also represented were Ireland, Egypt,

France, Germany, Japan, and Canada.

To achieve this distinction, students must earn at least a 3.5 grade point average for the semester with a schedule of classes totaling at least 15 hours, 12 of which were taken for letter grades.

Ohio University strives to be the best student-centered, transformative learning community in America, where students realize their promise, faculty advance knowledge, staff achieve excellence, and alumni

become global leaders. OHIO is committed to fostering, embracing, and celebrating diversity in all its forms. The Athens Campus offers students a residential learning experience in one of the nation's most picturesque academic settings. Additional campuses and centers serve students across the state, and online programs further advance the University's commitment to providing educational access and opportunity.

Visit www.ohio.edu for more information.

Students on Husson College Dean's List

From Husson College

BANGOR – Two Gorham students were named to the Fall 2020 President's List at Husson University. Students who make the President's List must carry at least 12 graded credit hours during the semester and earn a grade point average of 3.80 to 4.0 during the period.

Karen G. Stemm of Gorham, ME is a senior who is currently enrolled in Husson's Bach-

elor of Science in Biology program.

Melanie G. Wright of Gorham, ME is a sophomore who is currently enrolled in Husson's Bachelor of Science in Entertainment Production with a concentration in Theater Production program.

For more than 120 years, Husson University has shown its adaptability and strength in delivering educational programs that prepare future leaders

to handle the challenges of tomorrow through innovative undergraduate and graduate degrees.

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For more information about educational opportunities that can lead to personal and professional success, visit Husson.edu.

Upcycle

Continued from page 1

one to feel inspired while they pick out a color that is best for them.

If painting is not for someone, Sands provides custom furniture refinishing services for pieces in a home that need a refresh.

For further information, Like and Follow Upcycle Maine on Facebook and Instagram. Upcycle Maine is a group shop of locally crafted gifts, home decor, refinished furniture and custom orders.

The store will be open Friday 10-6, Saturday 10-4

and Sunday 10-4 through the end of the month.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



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Maine's General Fund revenue exceeds forecasts

From State of Maine

AUGUSTA, Maine – The Department of Administrative and Financial Services (DAFS) announced recently that revenues to the State's General Fund have exceeded the latest nonpartisan revenue forecasts by \$65 million, or 3.3 percent, for the first half of the fiscal year.

When adjusted to reflect the increased funds Maine is sending to cities and towns via revenue sharing, DAFS's revenue report for the month of December shows that State revenues have increased by 4 percent compared to the same six-month period last fiscal year.

"Thanks in large part to the effects of federal pandemic relief to Maine and Maine people – including funding for Maine businesses – revenues are

beating projections. While still below pre-pandemic estimates, revenues have grown and appear to have become relatively stable, though we know the pandemic can change that at any moment," said Kirsten Figueroa, Commissioner for DAFS. "Nonetheless, this is welcome news that also supports the Governor's goals of bolstering public health infrastructure and maintaining services important to Maine families, schools, and communities amid this deadly pandemic. Federal relief, combined with our sound fiscal management, has provided stability as we weather the storm of COVID-19 and provide crucial programs for Maine people during these unprecedented times."

Overall, December sales tax revenue, which measures November sales

activity, increased 7.7 percent over last year.

Despite declines in restaurant and lodging sales, down 26.8 and 25 percent respectively compared to the same period last fiscal year, combined sales and use and service provider tax receipts came in over budget by \$9 million. Building supply stores continue to have strong demand for their products, increasing by 25 percent, and business operating sales increased in November by 9.3 percent over a year ago. Consumer sales increased by 7.6 percent over a year ago. General merchandise stores came in relatively flat on a year-over-year basis while the auto and transportation category posted growth of 3.1 percent and is up 12.2 percent for the September-November period. Other retail sales grew by

37.9 percent as e-commerce sales continue to increase in the COVID-19 economy.

"Nationally, including here in Maine, concerns remain that sales tax receipts may begin to weaken because of the late passage of the federal stimulus package, the recent surge in COVID-19 cases, and the home heating season now at its peak period," said Dr. Michael Allen, DAFS' Associate Commissioner of Tax Policy.

Individual income tax receipts were over budget in December by \$32 million or 22.3 percent relative to projections. For the first half of the fiscal year withholding receipts are 10.1 percent higher than the same period a year ago. Estimated payments in December exceeded budget by 63.5 percent and

increased 47 percent compared to last December.

"Some of the extraordinary monthly withholding growth is because this December had one extra Thursday than last year, but that doesn't fully explain growth of this magnitude," said Allen. "The final estimated payment for tax year 2020 is due in January, but some taxpayers prepay their final state estimated payment in December to get an itemize deduction for that tax year at the federal level. This timing incentive has diminished greatly in recent years because of the State and Local Tax deduction cap of \$10,000 that was part of the 2017 federal tax reform act. We will watch the January estimated payment carefully to see if the strong December payment was a timing issue or was a signal of much better final

estimated payments than projected."

Corporate income tax receipts were over budget in December by \$18.4 million, the vast majority of which can be attributed to the final 2020 estimated payment for calendar year filers which was due in December. Estimated payments exceeded budget by 44.5 percent and bested last December's estimated payment by 37.3 percent.

"I have spoken with my counterparts and this spike is consistent with states across the nation that have similar corporate income tax structure," said Allen. "The consensus, for now, is that many corporations reduced their first three estimated tax payments expecting weak profits due to COVID-19, but at year-end realized that 2020 will be a profitable year despite it all."

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Guest Column

Home Country

By Slim Randles

Nature hates a vacuum, and so does Windy Wilson. The other day, emerging from the drug store, he looked around, and, finding no handy audience, spoke instead to the world.

"Dad-gum ol' Doc, anyway," he said. "He's one-a my bestest pals, but if you go to him for a mizzry, he makes you do some things and quit doin' some other things. Them things Doc wants you to do you don't wanna do, and the things he wants you to quit doin' are stuff you bin savin' up to do a buncha years now.

"Now ol' Doc didn't even know he done it, but he proved to me that we had some a-them space alienated bein's for ancestors. Oh, they's hidin' out now, but they got a job ... as pill namers!

"Doc told me to quit shoein' horses, which was jest fine with me. Missable back-breakin' nasty work, anyway. But then he give me two subscriptions for pills that I am 'sposed to take for my mizz-ry.

"And when the nice girl here at the drugstore give 'em to me, she asked me if I had any questions about 'em. And I ast her how to say the pill names. And she told me, and thass when I knew.

"Ya see, ya can't jest name them pills in American. Oh no. First off ya gotta give 'em a name that's too much and a half too long ... like oh ... syna-broliam-fester-ine.

"We should take pill namin' back from them alien guys and create jobs fer Americans! Give them pills names people can actual say.

"It wouldn't be too awful dang hard to remember a pill for pain if you called it

Mizzryfixer, now would it? And for a hang-over cure, ya jest pop ya a happy little pill called Betcha-wish-ya-hadn't. If ya come down with the sugar diabeets, ol' Doc could tell ya to bullsnake down some pills we could call Too-sweet-by-half-odone. Now, for a instance, if you get plagiarized by them roamin' 'round peewaddles, you could take a pill called Limp-be-gone, or mebbe-so Gimpy-blocker, and you'd know jest what it was for, wouldn't ya?

"Betcha them space guy's jest laughin' their-selves sick. But hey, at least Doc told me to quit shoein' horses, and that there's a constellation dee-voutly to be wished on.

"And you kin tell 'em I said so."

Windy sneaked in here courtesy of the nice folks at the University of New Mexico Journalism Department, where they claim they can talk more gooder than him.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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Calendar

Send your submissions to the Editor. More online.

EVERY TUESDAY
10:30-11:15 a.m.
 LEWISTON – Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

1ST AND 3RD TUESDAYS
11:30 a.m.
 LEWISTON – Lewiston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

MONDAYS IN FEBRUARY
 LEWISTON - Green Dot Bystander Intervention techniques! For every member of a community to use, both proactively to change our culture for the better and reactively to minimize harm. None of us can do everything, but each of us can do our part to make Lewiston-Auburn a safer and more welcoming community.

Hosted by Lewiston Public Library, Green Dot Lewiston-Auburn is offering 2-hour bystander intervention training using Zoom. These are interactive, last about two hours, and are limited to 15 adult participants per session. Registration is required at <https://www.greendotla.org/schedule>.
 Choose from one of the following sessions:
 Monday, Feb. 15, at 10 a.m.
 Monday, Feb. 22, at 2 p.m.

THURSDAY
Feb. 25
9:30 AM
 GORHAM – Baxter Memorial Library - Toddler Discovery Time. Join Ms. Dani for a Virtual Discovery Time on Facebook. She will read a story and present an extension activity related to the book. So much fun for this age group! (18months-3 yrs)

MONDAY
Mar. 1
5:30 p.m.
 AUBURN – City Council workshop and meeting.
7 p.m.
 GORHAM – Planning Board meeting via Zoom.

TUESDAY
Mar. 2
5:30 p.m.
 AUBURN – Age-Friendly Community Committee meeting.
6 p.m.
 LEWISTON - City Council meeting, via ZOOM - <http://www.lewistonmaine.gov/2021cc>
 Also, public comment will be possible at publiccomment@lewistonmaine.gov.
6:30 p.m.
 GORHAM – Regular Town Council meeting via Zoom.

THURSDAY
Mar. 4
4 p.m.
 AUBURN – Cable TV Advisory Board meeting.
5:30 p.m.
 AUBURN – Auburn-Lewiston Airport Board Meeting.

MONDAY
Mar. 8
5:30-6:30 p.m.
 LEWISTON – Finance Committee meeting at City Hall Administrator's Conference Room.

TUESDAY
Mar. 9
6 p.m.
 LEWISTON – City Council workshop, via ZOOM - <http://www.lewistonmaine.gov/2021cc>
 Also, public comment will be possible at publiccomment@lewistonmaine.gov.
6 p.m.
 AUBURN – Planning Board meeting.
7 p.m.
 GORHAM – Conservation Commission meeting via Zoom.

WEDNESDAY
Mar. 10
4:30 p.m.
 AUBURN – Lewiston-Auburn Transit Committee (LATC) meeting.
6:30 p.m.
 AUBURN – Parks & Recreation Advisory Board meeting.
7 p.m.
 GORHAM – School Committee Meeting via Zoom.

MONDAY
Mar. 15
5:30 p.m.
 AUBURN – City Council workshop and meeting.

TUESDAY
Mar. 16
7:30 a.m.
 AUBURN – Public Library Board of Trustees meeting.
8 a.m.
 GORHAM – Ordinance Committee Meeting via Zoom.

nance Committee Meeting via Zoom.
4 p.m.
 AUBURN – Auburn Sewer District Trustees annual meeting.
6 p.m.
 AUBURN – Conservation Commission meeting.

6:30 p.m.
 GORHAM – Tentative recurring Town Council, workshop via Zoom.

WEDNESDAY
Mar. 17
8 a.m.
 GORHAM – Gorham Economic Development Commission meeting via Zoom.
4 p.m.
 AUBURN – Auburn Water District Trustees annual meeting.

THURSDAY
Mar. 18
8 a.m.
 AUBURN – 9-1-1 Committee meeting.
Noon-1 p.m.
 LEWISTON – Lewiston Public Library - Great Falls Forum, a free, monthly series featuring statewide and regional leaders in public policy, business, academia and the arts streaming virtually via Zoom and streamed to the Lewiston Public Library Facebook page. This month's forum features Rose Barboza and Jerry Edwards.
6:30 p.m.
 GORHAM – Board of Appeals meeting via Zoom.
7 p.m.
 Community Forest Subcommittee meeting.

FRIDAY
Mar. 19
7:30-9 a.m.
 VIRTUAL - Fill the Plate Breakfast to benefit Meals on Wheels of SeniorsPlus. Tickets for this virtual event are \$20 per

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person; available at <http://bitly.ws/bQnD> or by calling 207- 795-4010. Advance registration required by March 17. Attendees who register by March 1 will receive a goody bag with a ticket for "door" prizes.

MONDAY
Mar. 22
5:30 p.m.
 LEWISTON – Planning Board meeting via Zoom.
5:30-6:30 p.m.
 LEWISTON – Finance Committee meeting at City Hall Administrator's Conference Room.
6 p.m.
 LEWISTON - City Council meeting, via ZOOM - <http://www.lewistonmaine.gov/2021cc>

Also, public comment will be possible at publiccomment@lewistonmaine.gov.

TUESDAY
Mar. 23
5:30 p.m.
 AUBURN – Agriculture Committee Meeting.

MONDAY
Mar. 29
7:30 a.m.
 AUBURN – Auburn Housing Authority Board of Commissioners meeting.

5:30 p.m.
 GORHAM – Finance Committee meeting via Zoom.
6 p.m.
 AUBURN – Complete Streets Committee meeting.

Haddock Supper Buffet this Saturday

From Living Waters Church

BUXTON – Living Waters Church on Parker Farm Road in Buxton is hosting a Haddock Supper Buffet at 5 pm this Saturday, Feb. 27.

The suggested donation is \$8 per adult, \$4

per child, or \$20 per family.

The church is offering the option of takeout containers for those who do not want to come inside for seating.

Social distancing guidelines are in effect, including wearing of face masks and use of hand sanitizer.

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BOOKS

"To College or Not to College" is the question and this book has the answers. Check it out: www.authorcaseybell.com.

Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www.authorcaseybell.com.

BUSINESSES FOR SALE

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FOR SALE

Cutting Boards

I have many different sizes of wooden cutting boards made from maple, oak, walnut, cherry, poplar and ash in different designs. Priced from \$10 to \$25. Would make very nice gifts. Call me at 207-577-2724.

Antique cedar wardrobe armoire with key \$400. Toyotomi portable kerosene heater with manual \$50. 12x10 dome tent sleeps 6 in two rooms with carry case \$40. Portable car port \$50. Cardio fit low impact exerciser \$50. Call 207-782-4228.

Big Blowout sale at House of Lady Debra's Our: Old Goat + His Lady. Gourmet 21 soups, 20 dips, 4 cheeseales sale. Buy 3 dips, get 2 free. Buy 2 soups, get 1 free. Going fast, call now. Lady Debra -207-891-1968.

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Deadline is 5pm every Friday.

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LEWISTON SENIOR CITIZENS TRAVEL WASHINGTON, D.C. - TRIPS POSTPONED TIL FURTHER NOTICE: MACKINAC ISLAND - Trip includes 8 nights lodging and 14 meals, visit to Mackinac Island with a guided Carriage Tour during their Tulip Celebration. Also includes boat ride through Soo Locks, Sault Saint Marie and Makinaw Crossings with a visit to "Michigan's

Little Bavaria". A \$75.00 deposit is due when signing up. Price is \$859.00 pp double occupancy. VIRGINIA BEACH, COLONIAL WILLIAMS-BURG & HISTORIC NORFOLK - SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy. For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207-345-9569.

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