

Serving Northern Berks County Northern Reading Area & Southern Schuylkill County

BERKS Sherchandiser

PUBLISHED BY... THE WINDSOR PRESS, INC. (Family Owned & Independent Since 1958) 6 NORTH THIRD STREET, P.O. BOX 465, HAMBURG, PA 19526-0465 • FAX: 610.562.2770 610.562.2267 OR 1.800.562.5521 • Open Monday Through Friday 10 AM - 4 PM ON THE WEB: www.windsorpress.com or www.nbmerchandiser.com. You can directly link to any display advertiser's website through our online edition. HIGHLIGHT & CLICK

THINK ABOUT IT!

وتورونونونونون

NORTHERN



DONNA M. LEIBENSPERGER PARR Supervisor



DEREK M.D. LEIBENSPERGER Supervisor



DISCUSSING FUNERAL AND/OR FINAL PLANS CAN BE THERAPEUTIC!

- Relieve The Burden Of Surviving Family Members.
- Peace Of Mind, Knowing Your Wishes Are Recorded As Planned.
- Funeral Expenses Need Not Be Paid For In Advance To Preplan.
- It Is Easier For Survivors If Veteran Info, Vital Record Info (Family History), Insurances, Cemetery Info, Etc. Are All Discussed and Recorded.



TODD J. KENNEDY

Funeral Director

WE WILL MEET WITH YOU AT YOUR CONVENIENCE -AT YOUR HOME OR AT OUR OFFICE.

FUNERAL HOMES, INC.

65 S. 4th St. Hamburg 610-562-7823

223 Peach St. Leesport 610-926-2737

Toll Free 800-875-1446



Car: Advertise with us. You choose where you want to advertise. 800-450-6631 Visit macnetonline.com for details (*215642)

926-1999 PA#103306.



HOME IMPROVEMENTS

AFFORDABLE ROOFS. Best Roofing Prices period! Don't sign a contract until you see our pricing. Save up to thou-sands. Lifetime warranties included. Fully insured. We are still safely servicing customers through this difficult time! Call for a free estimate. 484-955-9913. WE NOW OFFER FINANCING!

ALL ELECTRICAL BY GIOVANNI Master Electrician, fully insured, for all your electrical needs. Local electrician. 610-780-7713 phone/ fax 484-575-7057.

BOWERS CONSTRUCTION: Quality work, Reasonable Prices. Roofing, Siding, Remodeling, Windows, Remodeling, Windows, Decks, Additions, Garages. FROM FOUNDATION TO ROOF. Insured, 610-562-4692, PA#006953. Accepting Visa, Master Card, Discover and American Express.

Todd Bender LLC Plumbing Heating & Air Condi-tioning. Personally serving Hamburg and sursince rounding areas 1991. Install, Service & Repair. Quality Workman-Call, Text or Email ship. 570-449-8035 tmb1269@g mail.com HIC #PA107531

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-855-900-2894 (*230485).

4375. PA #026852.

Thinking about installing a new shower? American Standard makes it easy. FREE design consultation. Enjoy your show-er again! Call 1-833-769-0995 today to see how you can save \$1,000 on installation, or visit www.newshowerdeal.com/mac (*230487).



BUYING WRECKED, RUNNING OR DISABLED **CARS • TRUCKS • VANS • EQUIPMENT • FORKLIFTS** Drive in or We'll Pick Up! N A FIZINGER 0.0 **USED AUTO PARTS** Call: 570.754.7491 7th St., Box 223, Auburn, PA 17922 Ion.-Fri. 8:30-4:30; Sat. 8:30-2:00; Sun. Closed

COMMUNITY CALENDAR

East Penn Valley & Northern Berks Merchandisers Any nonprofit organization may send us notification of your upcoming events. We will publish this information in the Merchandisers of your choice for a \$5 flat charge per paper per week.

Community Calendar listings are limited to 35 words or less for the nonprofit cost of \$5 and must be submitted in writing. In addition, we are able to run the event information at No Charge for 1 week in both Merchandisers if a Display Ad is also run. This information must be received no later than the Thursday prior to publication date. Mail information and payment as needed to The Windsor Press Inc. Community Calendar, PO Box 465, Hamburg PA 19526-0465, or email to: classifieds(@windsorpress.com, FAX: 610.562.2770, or bring the information into our office at 6 N. Third St., Hamburg, PA. Questions can be directed to the office at 610.562.2267.



Feel Like a Kid Again In Your New

Act Now - Before Rates Rise!

Apply online at www.hdriver.org, or speak with a Lending Specialist at any of our four locations today!



APR (Annual Percentage Rate). Rates and terms are subject to change without approval or notice. HRCU will finance up to the Manufacturer's Suggested Retail Price (MSRP) plus tax and tags for a new vehicle. HRCU will finance up to 125% of the value of the vehicle for a used or refinanced vehicle based on NADA. Kelly Blue Book, or other authorized guide when determining used vehicle values. Minimum loan anount is S2 000. The interest rate papiled may be up to 2.5% higher based on the applicative rate discribute hased on the applicative rate. Sate has to MADA. It is a superior to an envious of the sate of the application of the interest rate. Sate has to MADA. The interest for the total to inin.

POTTSVILLE

60 Westwood Rd. Pottsville, PA 17901

ORWIGSBURG 629 W. Market St. Orwigsburg, PA 17961

FRACKVILLE 538 Altamont Blvd. Frackville, PA 17931 HOMETOWN 32 Mahanoy Ave. Tamaqua, PA 18252

570.622.3399 Equal Opportunity LENDER HDRIVER.ORG NCUA

PUBLIC AUCTION

APPROX. 4-ACRE BETHEL TOWNSHIP. BERKS CO. REAL ESTATE Friday, March 5, 2021 at 6:00 P.M. Location: 321 Club Rd., Bethel, PA, 19507.



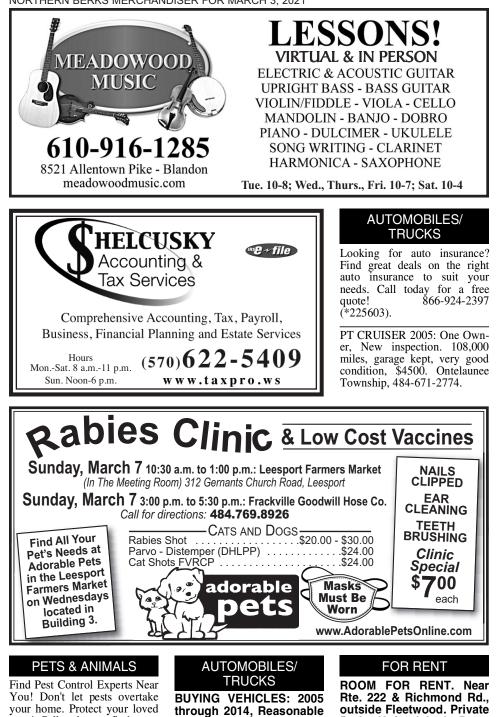
Approx. 4-ac. wooded lot w/720-sq. ft. home. Cute setting w/ small pond and mountain stream. This 24'x30' sm. ranch/cabin-style home has stone FP in living area, kit., bath,

www.nbmerchandiser.com

main BR & other sm. rm. that could be used for 2nd BR Full basement w/1 finished area. Covered attached carport. Oil heat. 2 other sm. outbuildings. Bring your dreams & make this your special place! Approx. Annual Tax \$1,700.00. Terms: 10% day of sale, balance within 45 days. Call for showing. More owners info at auctionzip.com ID #11981.



www.windsorpress.com



ones! Call today to find great deals on Pest Control Services 833-872-0012 (*230108).

AUTO PARTS & SERVICES

ALWAYS **BUYING:** Wrecked, Running, Dis-abled & Junk Vehicles. Call for Prices. NAFTZINGER USED AUTO PARTS, Auburn, PA 570-754-7491.

AUTOMOBILES/ TRUCKS

1999 Mercury Grand Marquis, 135,000 miles, new tires, new battery, garage kept. Real nice car, you won't be sorry, \$3000. 610-451-2051.

through 2014, Reasonable Pay Offs Made or Fair trade in Price paid, Nice condition, or not running. Will pay accordingly. Call for Quote before 8pm. 570-449-4094. Jay & T's, Cressona. jaytautosales. com.

For sale: 2008 Hyundai PZEV Elantra, 133,152 miles, good condition, one owner, asking \$3499. Call 570-943-2998.

PAYING \$100-\$500 for Wrecked Junk or unwant-ed Vehicles. Call Desiree 610-790-7995.

Now Buying Disabled Vehicles and Equipment. Please call for Quote. 484-221-2278.

PUBLIC AUCTION HAMBURG FARMETTE w/2-STORY BANKED BARN



& OUTBUILDINGS Saturday, April 10, 2021 at 12:15 PM **Real Estate Offered** at 12:15 PM

Location: 29 Rocktown Rd., Hamburg, PA 19526. (Berks County). Travel on Lowland Rd. at Walmart, to R. onto Mountain Rd. to R. onto Rocktown Rd. to prop. on L. Enjoy privacy on 5.9 acres of open land w/ log frame home, pavilion, blacktop driveway, sm. amt. of woodland. lome has kit., LVR, half bath, mud rm., laund 2nd flr. has master BR w/his/her closets, 2 BRS, full BA; attic, basement, covered front porch, oil hot water heat. This property is perfect for raising a family, horses & is close to amenities. Showings by appt. call 484.345.9300. Terms: 10% down, bal. in 60 days. WAGNER AUCTION SERVICE, LLC AU-3172L, AU-1427L · wagnerauctioneers.com 610.741.3828

Bath. Unfurnished. Dorm Path. Unfurnished. Dorm refrigerator & microwave permitted. 1 Occupant. 1 Vehicle. No pets. Smoking allowed on porch, not it room. \$450 per month. Includes heat, electric, W/S/T. Sec. dep. & referrequired. Keller. ences 610-944-7696.



1 BR Apt. in Hamburg. Quiet neighborhood, \$750/mo. Plus security deposit. Water, sewer, trash

FOR RENT

included, on site laundry, no pets, no smoking, call 610-562-5398, leave message.

Hamburg Area, real nice, 2^{nd} floor, 2BR, mountain side setting, this is one of 4 in our building, other tenants are all seniors, very quiet, no pets or smoking, \$895/mo. Includes heat, water, sewer, trash, stove, refrigerator and covered patio, nice view, available April 1st. background and Need credit check, phone 610-562-7311.

Looking for a 4 bedroom single family home to rent in Berks County, prefer-ably in a 15-20 mi radius of Fleetwood. Good credit, handy with maintenance, references available. Call 484-256-1215.

MOBILE HOMES

Dare to Compare. We can match any floor plan. Dis-covery Homes Inc. 610-413-8207.

Drive A Little, \$ave a Lot! Free delivery and Set up! New single wides \$34,900; Double wides \$45,900; Modulars \$59,900; We will not be undersold. 717-875-1288.

SENIORS, ENJOY LOVELY One Level Retirement Housing For Less Than **Rent! Located in beautiful** true 55 & older age restricted Land/ Lease Retirement Communities. Wernersville & Kutztown areas. 2 Pre-Owned 24x40 \$44,999 Doubles. \$52,999. Pre-Owned 1 14x70 Single \$32,999. (2) 2 BRs & Den, & 3 BR Models with 1 or 2 Baths. Loaded with goodies. Move-In Conditions. Mtgs. Avail-able. Photos & details at www.kellerhousingcomm unitiespa.com. Sorry, NO dogs. Keller Homes. 610-944-7696.



2015 Cadillac ATS AWD, Low Miles SALE PRICE \$17,890 **4 CTS In Stock** 2017 KIA Sportage EX 4x4, Only 30K Save \$1,500 \$18,555 2017 Buick Lacrosse 47 Miles, Essence ... WAS \$19,888 SALE PRICE \$18,555

HAMBURG COZY CAPE COD & PERSONAL PROPERTY

Saturday, April 17, 2021 at 9:00 AM

Location: 633 North 5th St. Hamburg, PA 19526. Enjoy living in a quiet neighborhood with sizeable flat backyard & beautiful country view. Home has eat-in kitchen,



LVR, BR, full BA & office on 1st floor, 2 BRs and storage eves on 2nd floor, heated walk-out basement, covered side porch, A/C, oil hot water heat. Call for appt. 610 741 3828

Terms: 10% down payment, balance in 45 days. Real Estate offered at 12 PM. WAGNER AUCTION SERVICE, LLC AU-3172L, AU-1427L · wagnerauctioneers.com



CHICKEN BISCUIT SKILL

1 Tbsp. butter 1/3 cup chopped onion 1/4 cup all-purpose flour 1 can (10-1/2 oz.) condensed chicken broth, undiluted 1/4 cup fat-free milk 1/8 tsp. pepper

2 cups shredded cooked chicken breast 2 cups frozen peas and carrots (about 10 oz.), thawed 1 tube (12 oz.) refrigerated buttermilk biscuits, quartered

Preheat the oven to 400°. Melt butter in a 10-in. cast-iron or other ovenproof skillet over medium-high heat. Add onion; cook and stir until tender, 2-3 minutes.

In a bowl, mix flour, broth, milk and pepper until smooth; stir into pan. Bring to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Add the chicken and peas and carrots; heat through. Arrange biscuits over stew. Bake until biscuits are golden brown, 15-20 minutes

Send your recipes to: The Windsor Press, Inc. 6 N. Third St., PO Box 465, Hamburg, PA 19526-0456 Fax: 610.562.2770 or E-mail: display@windsorpress.com



2 Dr., Willy's SAVE \$1,500 \$19,000 2017 Jeep Trailhawk Low Miles, Hot Orange Color JUST TRADED \$19,500 2017 Chevrolet Bolt 2017 Chrysler Pacifica LTD, DUDS, Great For Family Was \$30,990, SAVE \$1,490 ... SALE PRICE \$29,500

2015 Jeep Wrangler

2015 Jeep Wranger 4-DOOR \$30,500

ALL SUVS IN STOCK ON SALE GREAT SELECTION NOW!!!

We Buy Vehicles. See Rick Dietrich. Top \$ Paid.

KUTZTOWN AUTO COMPANY & PREOWNED SUPERSTORE

Rt. 222 & 662, Fleetwood, PA 610-683-8800

www.kutztownauto.com

www.windsorpress.com



DEADLINES FOR ALL CLASSIFIEDS IS THURSDAY, 5:00 PM	Up to 20 words \$5.30 per	. juli e milueer pi eeereeni	eric@windsorpress.com
 East Penn Valley Merchandiser Northern Berks Merchandiser Both (Cost Would Be Double) 	issue per week. Additional words after 20 - 10¢ each COMMERCIAL AD: Up to 20 words \$8.70 per	Also Open For	P. O. Box 465, 6 N. Third St., Hamburg, PA 19526-0465
STEP #5 ENTER NUMBER OF WEEKS THE AD IS TO RUN: (PLEASE CHECK ONE BOX.)	Commercial ads include any	FAXING & COPIES	610.562.2267 Fax: 610.562.2770 www.windsorpress.com
Run: I Week I 2 Weeks I 3 Weeks I 4 Weeks I Enter Starting Date Of Ad	person or group normally engaged in offering goods or services in a business environ- ment and include: Rentals,		LISTINGS
Total Amount Paid \$ Check #	Items Manufactured or Bought for Sale or Resale, Babysitting Service, Help Wanted, Busi-	03-04-21 Oley Val. Auc. Co., Rts 73, 66 03-05-21 321 Club Rd., Bethel	52 & Oley Rd. J. Haas L. Longenecker
STEP #6 CHOOSE METHOD OF PAYMENT (PAYMENT MUST ACCOMPANY AD) We Accept Cash, Check, Money Order, VISA CONTRACTOR Credit Card Information: NAME ON CARD	ness Listings, etc. UNDER RULES ESTABLISHED BY THE PENN- SYLVANIA HUMAN RELATIONS ACT, ANYONE WISHING TO SELL OR LEASE RESIDENTIAL OR COMMERCIAL PROPERTY OR SEEKING TO HIRE AN EMPLOYEE CAN MAKE NO REFER- ENCE IN THEIR ADVERTISING TO SEX, MARI- TAL STATUS, AGE, RELIGION, ETHNIC BACK- GROUND, RAGE, COLOR, DISABLITY, CHIL- DREN OR SUPPORT ANIMALS. Special Instruc- tions; We will try to print your classified ad in, the	03-05-21 Saucony Hall, 85 Industrial Av 03-13-21 Beltzner Hall, Kutztown 03-18-21 Oley Val. Auc. Co., Rts 73, 66 03-27-21 572 Furnace Rd., Birdsboro 04/024/40/21 3451 Greenleaf St., Schnecks 04-02-21 Leesport Farmers Mkt. Bangu	G. Miller IV 52 & Oley Rd. J. Haas Wagner Auc. Service sville Houser Auctions
ACCOUNT # EXP. DATE TYPE OF CARD: VISA MasterCard Discover CVC Code: SIGNATURE:	tions: We will try to print your classified ad in the next issue after receipt, but reserve the right to hold for the following issue. Please write legibly. Please use only one word per space. Each word in a busi- ness name or address will count as one word.	04-05-21 Leesport Farmers Mkt. Banqu 04-10-21 Rt. 662, Perry Twp., Hamburg 04-10-21 25 Rocktown Rd., Hamburg	uet Hall K. Leiby g K. Leiby Wagner Auc. Service
 Mail Ad With Payment To: THE WINDSOR PRESS, INC., PO Box 465, Hamburg, PA 1952 Bring Ad and Payment To Our Location At: 6 N. Third St., Hamburg, PA 19526 Place Your Ad By Phone By Calling 610.562.2267 Please have your rest image account number and expiration date available. 	6-0465 Tear Sheets Will Not Be Sent To You For Your Classified Ad.	04-10-21 29 Rocktown Rd., Hamburg 04-17-21 663 N. Fifth St., Hamburg 05-02-21 2020 Mt. Laurel Rd., Fleetwoo 05-15-21 Leesport Farmers Mkt. Banqu THE ABOVE AUCTIONS ARE CURR	uet Hall Wagner Auc. Service
We Are Not Responsible For Incorrect or Inaccurate Information or Mistakes Either in The Classified Ads or In Any C	ther Advertisement In This Paper.	THE EAST PENN VALLEY AND/OR N This listing published courtesy of The	



HVAC company located in Hamburg. We offer service, installations, replacements, and maintenance plans for all heating and cooling systems as well as water heaters. 610-587-3715. Follow us on Facebook to see our reviews.

TIDY TINA'S CLEANING Services: Makes your life easier at an affordable rate! Once a month, biweekly or weekly. Call for a no obligation estimate for ALL YOUR CLEANING NEEDS. 484-665-3384.

TREE CUTTING SERVICE: Pruning, shaping, Topping Trimming & Full Tree Removal. Insured. Free Onsite Estimates. Equipped with Chipper. Call 610-562-5812.

WE DON'T LEAP Tall Buildings in a Single Bound, or Walk on Water but We Do Know How to Fix Your Home. Call DIAMOND QUALITY CON-STRUCTION Today for a Free Estimate, 610-967-1283.

COMPUTERS/OFFICE

A+ COMPUTER REPAIR: Slow Computer, Popups, Virus Infections? I will come to your home or office and fix all hardware and software problems on Lap tops, Desktops, and Servers. Very good rates. Local References. Call Mike at 610-285-8321 or email support@easytcs. com

COMPUTER PROBLEMS? I go to your home or office. Fix or repair upgrade or sell new or used desktops, laptops, or printers. Free setup with purchase, reasonable rates or instruction. Call Rich for estimate the PC Man 570-366-2141 or toll free 866-251-2141.

HOUSEHOLD ITEMS/ FURNITURE

USED FURNITURE SALE: Sofas, Loveseats, Recliners, Chairs, Tables, Dressers, Cabinets, Beds, Retro, much more! Also Housewares, Glassware, Books, Toys, Clothing, Etc. BLUE MOUNTAIN THRIFT STORE, 64 N. Londonderry Square, Palmyra 717-867-1595.

Stand Barbard Barbard

Lay the foundation for a successful season with targeted advertising in our special Spring Home Improvement section. Spring Home Improvement Guide is the go-to guide for homeowners looking to enhance their properties, making it the perfect place to showcase your products, services and special offers.

LOW FULL-COLOR RATES!

25% DISCOUNT WHEN RUNNING YOUR AD IN THE SECOND MERCHANDISER!

Your ad will appear in the March 17th Online and Printed editions of the East Penn Valley and/or the Northern Berks

Merchandisers

To place your advertisement in this exciting edition or for more information contact your sales representative or our Display Department.

DEADLINE OF MONDAY, MARCH 1, 2021



6 North Third Street P.O. Box 465 Hamburg, PA 19526-0465 610.562.2267 or 1.800.562.5521 display@windsorpress.com Office Hours: Mon. thru Fri. 10 to 4 Display Hours: Mon., Thurs. & Fri. 10-4 www.windsorpress.com



RECREATION/ SPORTING GOODS

I Buy Old Guns. Wanted: Flint Locks, Early Traps, Powder Horns, Old Ammo. Rifles, Pistols. Cash Paid. House Calls Made: P.J. Only a Phone Call Away. 610-417-0909.

MISCELLANEOUS

DISH TV \$64.99 FOR 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 7/21/21. 1-855-270-5098. (*228636).

Now Buying Disabled Vehicles and Equipment. Please call for Quote. 484-221-2278.





Help Wanted: Exp. Cook, flexible shifts and Servers, good wages & benefits. Blue Mtn. Family Restaurant, Shartlesville. Manny or Ted 610-488-0353.

CRYSTAL CAVE, NEAR KUTZTOWN is hiring for numerous positions for the 2021 season. Please apply within or call Jim or Doug for more information. 610-683-6765. Delivery Driver part time 4 hours a day. Deliver from Reading to the Philadelphia Airport. Must be able to pass a criminal record check. For more information please call 610-562-8603



Advertise Your Automotive Products and Services!

Your advertisement will appear in the Online & Printed editions of the April 7th East Penn Valley and/or Northern Berks *Merchandisers*

You have the option of any size ad at our regular rates, with a 25% discount available on the second ad when running in both editions.

Oľ

YOUR CHOICE OF FOUR SIZES AND PRICESFULL COLOR AND BOTH PAPERS FOR ONE LOW PRICES!1/8 Page: \$951/4 Page: \$1801/2 Page: \$360Full Page: \$720

Contact your sales representative or the display department to place your ad.

DEADLINE: MONDAY, MARCH 22, 2021



6 North Third Street P.O. Box 465 Hamburg, PA 19526-0465 610.562.2267 or 1.800.562.5521 Display@windsorpress.com Office Hours: Mon. thru Fri. 10 to 4 Display Hours: Mon., Thurs. & Fri. 10-4 www.windsorpress.com



Berkleigh Golf Course NOW HIRING For The Following Positions:

- ✓ Assistant Manager
- Line Cooks
- Bartender
- Inside Shop Attendant
- Cart Staff
- Rangers and Starters
- ✓ Weekend Staff
- Cleaner/Housekeeper

Send Resumé to berkleighgc1926@gmail.com

HELP WANTED

Construction Worker for work within 30 mile radius of Kutztown. We are looking for a motivated person for help in carpentry, siding, roofing. Driver's license and own hand tools required. Must be able to work as a team member with crews. We are willing to train, but applicant must have some basic skills. Call 610-682-7124 or get application online at SWBauman.com We offer \$15-\$22/hr., plus vacation, holidays and health insurance, depending on experience. PA5459.

Paving company looking for an experienced laborer, operator, and tri-axle driver. Must have drivers license. Good pay and benefits. Call 610-562-8512

MISCELLANEOUS

You can link to any display advertiser's website through our online edition! HIGHLIGHT & CLICK



Leaf Filter OR YOUR MONEY BACK

GUTTER PROTECTION

GUARANTEED!

Part-Time Position

 Adobe InDesign, Illustrator, Photoshop, Acrobat
 Word • Excel • Powerpoint and Knowledge of QuarkXPress a Plus!

Send Resume to:



6 North Third Street P.O. Box 465, Hamburg, PA 19526-0465 610.562.2267 display@windsorpress.com www.windsorpress.com Firewood for sale. A full heaping pallet seasoned and split. \$50. Pickup in Hamburg. We can load on your truck or delivery available. 610-451-9744.

NEED IRS RELIEF \$10K-\$125K+ Get Fresh Start or Forgiveness. Call 1-844-431-4716 Monday through Friday 7 AM - 5 PM PST (*217709)

SELF-STORAGE Secured, Indoor & Outdoor, size for every need. 24 hour access. Located off Rt. 61 behind Bell Trucking & Kuzan's Hardware. Call RUBRIGHT'S 610-562-3886

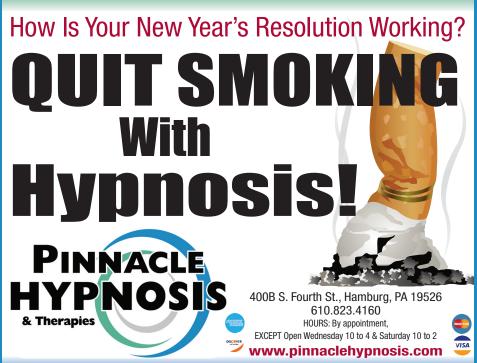
Want faster & Affordable Internet? Get internet service today with Earthlink. Best Internet & WiFi Plans. Call us Today to Get Started. Ask about our specials! 866-396-0515 (220386).

WANTED TO BUY: New/ Old Tractors, Backhoes, Skidsteers, Forklifts, Attachments. Large Collections OK. John 484-239-5053.



*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOPL #10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603 233 977 License# VC-2998-HT7 Nassau HC License# 10167000 Registration# 12647FW8222 License# WC-2998-HT7 Nassau HC License# 21067000 Registration# 12647FW8222 License# WC-49998-HT7 Nassau HC License# 10167000 Registration# 12647FW8222 License# WC-49998-HT7 Nassau HC License# 10167000 Registration# 12647FW82547 Registration# HC.6649905 Registration# C127229 Registration# (127230 Registration# 366920918 Registration# PC6475 Registration# IR731804 Registration# 13VH09953900 Registration# PA069383 Suffolk HIC License# 52229-H

HEALTH, MIND & SPIRIT





Strategies To Overcome Seasonal Affective Disorder

Winter can be an awe-inspiring time of year. Snow-covered landscapes and opportunities to enjoy sports like skiing and snowboarding make winter a favorite time of year for nature enthusiasts and athletes.

As fun as winter can be, many people struggle with the transition from warm weather and long, sunny days to cold weath-er and reduced hours of sunlight. Sometimes mistaken or misidentified as the "winter blues," this phenomenon is known as seasonal affective disorder, or SAD.

WHAT IS SEASONAL AFFECTIVE DISORDER? According to the National

Institutes of Mental Health, SAD is a type of depression. The NIH notes that a person must meet full criteria for major depression coinciding with specific seasons for at least two years to be diagnosed with SAD. The American Psychiatric Association says symptoms of SAD can be distressing and overwhelming and even inter-fere with daily functioning. The APA notes that SAD has been linked to a biochemical imbalance in the brain that's prompted by shorter daylight hours and less sunlight in winter. As the seasons change, a shift in a person's biological internal clock or circadian

rhythm can lead to them being out of step with their normal routines. That can contribute to various symptoms, including: Feeling sad or depressed

· Loss of interest or pleasure in activities once enjoyed Changes in appetite, usually

eating more and craving carbohydrates • Loss of energy or increased fatigue despite increased sleep

hours

 Increase in purposeless physical activity or slowed move-ments or speech that may be noticed by others

 Feeling worthless or guilty · Difficulty thinking, concentrat-

ing or making decisions

• Thoughts of death or suicide OVERČOMING SAD-

The weather can't be changed,

but people can speak with their physicians about the following strategies to overcome SAD. • LIGHT THERAPY: According the APA, light therapy to involves sitting in front of a light therapy box that emits a very bright light. In the winter, patients typically sit in front of the box for 20 minutes each morning, and they may see

some improvements within one to two weeks of beginning treatment. Light therapy is usually continued throughout the win-

• SPENDING TIME OUT-DOORS: People with SAD who don't typically spend much time outdoors when the temperatures dip may notice their symptoms improve if they make a concerted effort to spend time outdoors in winter.

• REARRANGE ROOMS IN

THE HOME: The APA notes that rearranging rooms and furniture in a home or office to allow more natural light in during the daytime can help improve symptoms of SAD. SAD is a legitimate concern for millions of people across the globe. Working with a physician to overcome SAD can help people successfully transition to days with fewer hours of sun-

light.

Take advantage of the freedom to see any doctor that accepts Medicare.



Get more for your Medicare dollar with an AARP® Medicare Advantage PPO plan from UnitedHealthcare®. Whether you're at home or traveling, these plans give you the freedom to see any doctor nationwide that accepts Medicare including both in and out of network doctors. Additional benefits and features may also include:

Comprehensive dental services



Active[™] fitness for body and



Herbs & Spices That Can Promote Healthy Hearts

A nutritious diet is a key com- just about any recipe, all the sarily so with turmeric. A yellow while benefitting heart health. The United States-based spice often used when preparing Indian foods, turmeric has health services provider Mercy anti-inflammatory properties thanks to curcumin, the part of Health notes that garlic can turmeric responsible for giving help lower blood pressure and reduce bad cholesterol levels. it its yellow color. Experts CAYENNE PEPPER: Few acknowledge that turmeric needs to be studied more to ingredients may change a recipe as quickly as cayenne definitively conclude its effects pepper. The addition of on heart health, but WebMD cayenne pepper can instantly notes that one small study indicated that turmeric can help make dishes more spicy. But cayenne pepper brings more ward off heart attacks in people than a little extra kick to the dinwho have had bypass surgery. CORIANDER: A popular herb ner table. Healthline notes that various studies have shown used across the globe, corianthat capsaicin, the active ingreder is sometimes mistaken for dient in cayenne pepper, can cilantro. Though the two come provide a host of health benefrom the same plant, cilantro fits. One such study published refers to the leaves and stems in the British Journal of of the coriander plant, while the Nutrition found that adding capcoriander in recipes typically saicin to a high-carbohydrate refers to the seeds of that plant. breakfast significantly reduced Mercy Health notes that coriander seeds may help reduce bad hunger and the desire to eat before lunch. Eating less can cholesterol and high blood help people more effectively pressure, both of which are sigcontrol their body weight, which nificant risk factors for heart in turn reduces their risk for disease. Heart-healthy herbs and spices heart disease. • TURMERIC: Garlic and even can be added to various recipes, proving that nutritious cayenne pepper may already meals need not be void of flavor.







It's time to take advantage.

Get one-on-one help. Call me today.

Roxana Volk Licensed Sales Agent 610-621-0268, TTY 711 roxana volk@uhc.com Sí, hablo su idioma.



If you have this card, call UnitedHealthcare today

AARP Medicare Advantage UnitedHealthcare

Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply. Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. UnitedHealthcare Insurance Company pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP and its affiliates are not insurers. You do not need to be an AARP member to enroll. AARP encourages you to consider your needs when selecting products and does not make specific products recommendations for individuals. AARP does not employ or endores agents, producers or brokers. You can see any doctor who accepts Medicare but costs may be lower with an in-network doctor. Renew Active includes a standard fitness membership. The information provided through Renew Active is for informational purposes only and is not medical advice. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. ©2020 United HealthCare Services, Inc. All rights reserved.

Y0066 200727 125012 M

SPRJ56099 00375385

ponent of a healthy lifestyle When paired with regular physical activity, a nutritious diet can help people dramatically reduce their risk for various diseases, including heart disease. According to the World Health Organization, ischaemic heart disease and stroke claim more lives each year than any other disease, annually accounting for roughly 15 percent of all deaths across the globe. Many deaths caused by heart disease can be prevented, and eating a healthy diet is a great preventive measure that anyone can take.

Though some people may associate healthy diets with bland foods that lack flavor, people can incorporate various heart-healthy herbs and spices into their favorite dishes to make them more nutritious and flavorful.

 GARLIC: Garlic has long since earned its place on the kitchen spice rack. However, botanically, garlic is neither an herb or a spice but a vegetable. Regardless of how it's classified, garlic is loaded with flavor and can be used to improve

be staples in many people's kitchens, but that's not neces-

www.windsorpress.com



Various Ways To Preserve Wedding Memories

Couples' wedding days are momentous occasions, and couples want their memories of the day they tied the knot to endure long after the final guest has departed.

Weddings can be amazing, but Memories can be forever if they are effectively documented. The following are some ways for couples to permanently memorialize their wedding davs

• Dry the bouquet. Wedding bouquets can be freeze-dried and/or chemically preserved so that the colors, textures and the volume of the blooms can appear just as vibrant as they were on couples' wedding days. After preservation, the bouquet can be displayed in a vase or in a specially prepared shadow box with other mementos.

Create a custom locket. Brides can wear a piece of their

wedding gown day after day with a custom necklace or locket. All they need to do is trim a small piece of the lace or other embellishment from the gown and enclose it in the locket. Jewelry designers also may be able to convert a section of the gown pattern into metal through a casting process.

· Have guests sign the label. Purchase a special bottle of wine or champagne and ask guests to sign the label or the bottle itself. Store the bottle until a special occasion, such as a memorable anniversary, and then toast to a happy marriage

 Make a cake replica. Ask an artist to make a miniature replica of the wedding cake out of pottery. Put the clay cake out for display or ask for it to be made small enough to serve as a Christmas tree ornament.

Teddy bear transformation: Have tuxedo fabric or wedding

4 6 ACROSS DOWN 1. Festive day 1. Joyous 4. Sweet ingredient 2. From Ireland 5. Slang for "yes" 3. ____ beef and cabbage 8. Irish patron saint 7. Area of a hospital (abbr.) I. Happy 2. Irish 3. Corned 7. ER

Crossword Puzzle

1. Holiday 4. Sugar 5. Yeah 6. Tale 8. Patrick **ACTOSS**

gown material turned into a keepsake teddy bear. Bowman Bears produces such bears, which can be passed down to future generations.Create bouquet jewelry.

Encapsulate favorite wedding flowers into a resin pendant,

bracelet or earrings.Frame the invitation. Display the wedding invitation in a beautiful frame with custom matting.

 Revisit the site. On their anniversaries, couples can visit their ceremony site or have brunch or dinner at the venue where the reception took place. Take an "after" picture to display with the "before" shot from

the wedding day. • Make an invitation ornament. Cut the wedding invitation into strips and place it inside of a hollow glass ornament. Seal the top and hang with a ribbon.

· Design a greeting card scrapbook. Turn all of those special handwritten messages and well-wishes into a scrapbook so that memories can be revisited time and again.

: сләменү

The planning may take months and the wedding mere hours, but well-documented wedding day memories can last forever.



AS SPRING FLOWERS BEGIN TO SPROUT AND BLOOM, VARIOUS BIRDS AND INSECTS TRANSFER POLLEN FROM FLOWER TO FLOWER PUBLIC AUCTION

www.nbmerchandiser.com

2011 KIA RIO 4 DR. SDN.; 2004 GMC CANYON 4 WHL. DR. PICKUP; EARLY 16 DRWR WDN. SPICE CABINET; EARLY GRAIN PAINTED DECOR. BLANKET CHST; **GRISWOLD, ERIE, WAPAK & OTHER CI FRYPANS;** REDWARE PLATES & MOLDS; ANTQS.; FURN.; **REMINGTON 35 CAL RIFLE; SHERLINE METAL LATHE; SNAP-ON TOOLS**

Friday, March 5, 2021 at 1:30 PM Location: Saucony Hall, 85 Industrial Ave., Kutztown, Berks Co., Pa. 19530. From E. Main St. in Kutztown, turn onto Willow St., 1 block R. onto Industrial Ave. to hall on R. Furn: (1:30): Early dvtld. decor. Berks Co. blanket chst; grain painted 1 drwr. candle stand; dvtld blanket chst; pad ft. wInt. stand; 3 pc oak BR set; oak DR tbl. & chrs.; 4 claw ft. carved back chrs.; 4 decor. balloon back chrs; small dvtld. blnkt chest w/turnip ft; lrg. dvtld tool chest w/inlay & 12 drwr insert; cedar chests; cedar lined wrdrbe; mple drop leaf tbl; mid-cent. mdrn. coffee & end tbls; porc. top desk; Martha Washington sew stand; bookshelf; elec reclining lift chr. Antqs. & Colls. (2:45): Early wdn. spice cabnt. w/16 dvtld drwrs. & blue paint; wdn. folk art eagle & goose; N. E. Treichler, Boyertown Brewing, M.J. Frederick Soudertor wdn. crates; E S & B 2-gal. brown crock; 5-gal. glazed crock w/ear handles; 15-gal. Crown crock; redware plates & molds Griswold Cl: #0 pan, sq. egg skillet, #34 Plett pan, #7 griddle, #8 pan, #9 pan, #10 griddle, #12 pan, #2 Danish cake pan, #108 skillet griddle, 665 brkfst. skillet & Colonial brkfst. skillet; Victor #8 pan; Erie #9 & #12 pans; Wagner Fat Free Fryer; Martin Stove & Range #5 pan; Wapak #3 pan; Rookwood, Roseville, Weller & Van Briggle pottery; asstd. local milk bottles; Wdn wheelbarrow; strapped bells; pwdr. horn; Everett Steel Fench adv. tin sign; Kutztown Bottling Works therm.; adv. yardsticks; adv. tin sign; Kutztown Bottling Works therm.; adv. yardsticks; Fleetwood Cigar box; adv. nail aprons; Canada Dry metal display rack; Hastings Pison Rings adv. binder holder; Huffmans Korn Kurls & other tins; vintage tinsel Christmas tree; Gold, Silver & Costume jewelry; old photo album; 1904 Canvas wall map; framed prints; Signed oil paintings; reverse painting U.S. Capitol; Civil War & other deugarrotypes; 1831 German Stark's Handbuch w/Phila. imprint; lead military figures; The Sheriff & Gene Autry cap guns; Child's Smurf roller skates; Withington Ski Skates IOB; Tru-Walk toy IOB; A.F. train set; Lionel 1615 loco. set; Lionel Southern Streak train set; Eldorado promo cars: Silver Steel Ohio Art drum set: Quilts Eldorado promo cars; Silver Steel Ohio Art drum set; Quilts & tops; bark cloth curtains; Military uniforms. **Gun:** Remington Gamemaster mdl. 141, 35 cal. pump w/scope. **Tools:** Snap-On_MT 2500 Scanner; Blue Point MT586 Multi Mate; Blue Point tap & die set; Blue Point Ultraviolet leak detection system; Snap-On timing light; telescoping guages; pheu. impact wrench; Mac pneu. drill; Snap-On torque wrench; Harris 62-3 cutting torch; cylinder hone; assrtd. Snap-On wrenches; Sherline small metal lathe; Blue Point ACS-2C freon mach; Sears wirefeed arc welder; Skilsaw cut-off saw; Ludell 12 spd. drill press; flr. jack; drain oil catcher tank; Crafts. air comprssr; Crafts. leaf blower; Echo hedge trimmer. Vehicles (6:15): 2011 Kia Rio 4 dr. sdn, 1 owner, new inspec., 71,000 mi.; 2004 GMC Canyon 4 whl dr., ext. cab, 3.5L gas, 206,000 mi.; MTD 5/24 & 8/24 Snowblowers; Snapper rear eng. rider; garden plow, disc; Sears garden trctr snow blower. **Terms**: Visa/MC/DISC. 3% admin. fee, waived for cash or Pa. check. 6% PA sales tax. No buyer's fee.

Auct: CLARENCE N. SHIRK AUCTION SERVICE AU-3757-L 610.683.5093 RANDALL S. SHIRK, AA019415 www.auctionzip.com ID#4430

FERN **ESTATE** & Others

Auction For:



AT HOME...AT WORK...ONLINE...Day or Night

Here's how...

OPTION 1:

Email your ad to classifieds@windsorpress.com. Specify the number of weeks in East Penn Valley and/or Northern Berks Merchandiser. Please include your full name, address & phone number. You may call in with your credit card number, expiration date, and CVC code, or we can call you for it during regular office hours.

OPTION 2:

Fill out the simple form located in each week's paper & mail with your check or money order, or provide a Visa, MC or Discover card number, expiration date and CVC code.

OPTION 3:

Fax your ad to 610.562.2770. Specify the number of weeks to be run in East Penn Valley and/or Northern Berks Merchandiser. Please include your full name, address & phone number. You may call with your credit card number, expiration date, and CVC code, or we can call you for it during regular office hours.

OPTION 4:

Place your ad by phone by calling 610.562.2267 Monday thru Friday, 10 am to 4 pm. You will need to provide a credit card number, expiration date & CVC code.

OPTION 5:

Come in and fill out the form located at our office at 6 North Third St., Hamburg, PA.

Rates are listed in the ad form in each week's papers. Regular ad - 20 words or less \$5.30 per paper per week, 10¢ a word over 20 words. \$2.00 additional for bold type. Commercial ads are \$8.70 for 20 words or less, 10¢ a word over 20 words and are automatically in bold type.







What are you waiting for?

(All printed editions automatically go in our online editions)

6 N. Third St., PO Box 465, Hamburg, PA 19526-0465 www.windsorpress.com

THROWING THAT AWAY!

A classified ad is an affordable and simple way to attract potential buyers for your unwanted item(s).

Don't Wait Call, Fax or E-mail us today and turn your unwanted stuff into CASH!

610.562.2267 FAX: 610.562.2770 **E-mail:** classifieds@windsorpress.com www.windsorpress.com

NORTHERN BERKS Merchandiser EAST PENN VALLEY Merchandiser Available As Printed and Online Editions.

PUBLISHED EVERY WEDNESDAY BY indsor

ress

SIX NORTH THIRD STREET P.O. BOX 465 HAMBURG, PENNSYLVANIA 19526-0465 610.562.2267 1.800.562.5521 CLASSIFIED: 610.562.6595 1.800.220.3053 FAX: 610.562.2770 www.windsorpress.com

OUR OFFICE IS TEMPORARILY CLOSED. CHECK WEEKLY FOR CHANGES. YOU CAN CALL, FAX OR EMAIL US ANYTIME Family owned and independent since 1958 WE ARE HERE TO SERVE YOU! SALES/MARKETING: Eric Francis, David Ray

MERCHANDISER DROP BOX LOCATIONS ENTIRE ISSUES ARE ALSO ONLINE! www.windsorpress.com

East Penn Valley

ALBURTIS

Alburtis Rod & Gun Club Norm's Deli Rohrbach's Garage Smith's Garage **BLANDON** Meadowood Music **Stoney Creek Rentals**

BOWERS Myers Auto Service BREINIGSVILLE

Eagle Arms **Getz Service Station** Hometown Diner Smith's Garage Topt Star Express - Exxon

CLAUSSVILLE New Tripoli Bank

EMMAUS Redners

David's Electric FLEETWOOD **Boyer's Junction** Boyer's Market *Burkholders Farm Fresh Produce Clark's TV & Appliance Dexter Auto Fleetwood Food Market Homer's Bar & Grill Jack's Hauling Kelchner Coin Laundry Keystone Villa Martin Construction **Richmond Produce** Shady Mountain Market Turkey Hill Vic's Mower Village Motors (Walnuttown Rd.) Weaver's Farm Supply (Fleetwood Lyons Rd.) Weaver's Hardware FOGELSVILLE

Auction Center **Country Crafters** Iron Run Beverage Lowe & Moyer Garage

HAMBURG **IWCO Direct** Market Basket Produce

Werley's Gas Station The Windsor Press, Inc.

KEMPTON Kempton Hotel Rabert's Auto Service Wanamaker's General Store

KRUMSVILLE

KUTZTOWN (cont'd.) Monaghan Realty Mr. Food Pine Hill Campgrounds Red Shed Farm Repair Long Lane & Berger Rd. Renninger's Market Rhode Agency Insurance Rite Aid Saucony Meadows Quarry Ridge Roofing Wilson Manor Wooden Bridge Drygoods

LEESPORT F/S Growmart (Former Leesport Agway) Leesport Farmers Mkt.

LENHARTSVILLE *Blue Rocks **Deitsch Eck**

Lesher's Appliances Mercer Automotive *Robin Hill Campground LYONS

Lyons Fire Co. Social Qtrs. LYON STATION

Valero MACUNGIE EZ Shoppe Tamatos Deli (Seisholtzville) Turkey Hill

MAXATAWNY Halye's Automotive **Ron Flicker's Parts** MERTZTOWN

Chris' Bait & Tackle Forest View Supply Radcliffe's Great Valu Valley Hardware

NEW SMITHVILLE New Smithville Diner Sunoco Service Station

NEW TRIPOLI Bloses Market Germansville Feed Kressley's Garage Lyon Valley Garage New Tripoli Bank Sunoco Food Mart (Rt. 100 & 309)

OLEY Andre Farms Christman's Meats Nia's Pizza Oley Turnpike Dairy **Oley Valley Auction Pikeville Equipment** Redner's Quick Stop (Breezy Corners) Weis Market SHARTLESVILLE Mountain Springs Campground SHOEMAKERSVILLE Grube's Dairy Store Kwik Shoppe TOPTON Burkholder's Farm Market Heilman House Kelchner Coin Laundry Lutheran Meadows Speedway Topton Lutheran Home Wert's Beverages **U.S. Post Office** WYOMISSING Pa. Dutch Farmer's Market of Wyomissing

Northern Berks

AUBURN Auburn Food Mart

BERNVILLE Boyer's Market Jonathan's Service Station Northkill Rod & Gun Club Way-Har Farms

BLANDON Meadowood Music **Stoney Creek Rentals** BETHEL

Comfort Inn Midway Diner

CENTERPORT Centerport Flower Shop

FLEETWOOD Vic's Mower

FRIEDENSBURG C & C Candies

HAMBURG **3rd Street Café** Adams & Bright Hamburg Coin Laundry Hawk Petro Hamburg Antiques Center Hermansader's Garage **IWCO Direct** Laurel Nursing Home Market Basket Produce Microtel Necessities New & Used Furniture **Professional Hair Designs** Redner's *Sweet Treats Walmart Werley's Service Station The Windsor Press, Inc. Wyndcliffe

KEMPTON Kempton Hotel Rabert's Auto Service

KRUMSVILLE Dietrich's Meat Krumsville Hotel

LANDINGVILLE

Landingville Post Office LEESPORT

Barber Shop F/S Growmart (Former Leesport Agway) Givler's Auto Clinic & Trailer Sales Leesport Farmers Market (Inside the Banquet Hall Entrance On The Table)

Lesher's Appliances Mercer Automotive *Robin Hill Campground MAXATAWNY **Ron Flicker's Parts**

LENHARTSVILLE

*Blue Rocks

Deitsch Eck

MERTZTOWN Forest View Supply

MOHRSVILLE *Stonewall Farms

NEW RINGGOLD New Ringgold Market

PORT CLINTON Port Clinton Peanut Shop

SCHUYLKILL HAVEN

Country Beverage Dani's Treasurers Hess Catering Mover's Car Čare Redner's Sunny Cupboard

SHARTLESVILLE

Appalachian Campground Blue Mountain **Family Restaurant** Kramer's Corner **Mountain Springs** Campground Mountain View Supply **Roadside America**

SHOEMAKERSVILLE

Candy's Homemade Italian Ice and Ice Cream **Grube's Dairy Store** Kuzan's Hardware Kwik Shoppe Perry Restaurant Sheetz Shoemakersville Coin Laundry

STRAUSSTOWN Berks Encore

TEMPLE

Boscov's Fairgrounds **Farmers Market** The Plaza (Muhlenberg Shopping Center) Temple Diner

VIRGINVILLE

Virginville Post Office

WYOMISSING

OFFICE PERSONNEL: Bonnie DeLong, Kathy Garber CLASSIFIED ADVERTISING: Bonnie DeLong DISPLAY ADVERTISING/GRAPHICS DEPT. Dolores Deisher. Denise Grumbine.

Lori D. Kleinsmith (asst. mgr.), Bonnie A. Schaeffer (mgr.) **PRODUCTION**: Mae Berger (Retired), Adam Quick, Allen Rausch, Barbara Stewart PRINTING SERVICES: Ryan Strause PRESIDENT: George Mitten

The Windsor Press, Incorporated, publishers of the Northern Berks Merchandiser and East Penn Valley Merchandiser, reserves the right to review all material submitted for publication, and to reject any material, in whole or part, which The Windsor Press, Incorporated, in its sole opinion, deems inap-propriate for publication.

We assume no financial responsibility for any typographical errors in any advertisement, but will reprint that portion of an ad in which an error occurs.

The closing time for the East Penn Valley Merchandiser's "classified advertisement" and the "display advertisement" is Thursday at 5:00 p.m. of the week prior to publication; the Northern Berks Merchandiser's "classified advertisement" and the "display advertisement" is Friday noon. Any deviation from this will be published in both papers.

MEMBER OF

Greater Hamburg Business Association Greater Schuylkill Haven Area Business Association

CPA CIRCULATION AUDIT BY CIRCULATION

COUNCIL



Dietrich's Meats Krumsville Hotel KUTZTOWN Burholder's Farm Market **Classy Ladies Boutique** (Weis Plaza) Crystal Cave CVS **Erb Electric** Exxon **Deturk Hardware** Giant **Highland Estates** Jamar Groceries Kutztown Auto Kutztown Garden Apts. Kutztown Mobile Home Park VIRGINVILLE Kutztown Produce Auction Kutztown University Student Union Building Leid Shoe & Saddlery Maxatawny Auto.

Leesport Laundromat Redner's

Pa. Dutch Farmer's Market of Wyomissing

www.windsorpress.com

*Closed "For The Season"

Would You Like Your Business To Be A Dropbox Location? LET US KNOW! Call 610.562.2267,

or email: display@windsorpress.com

Say You Saw It In The Merchandiser!

When You Pick Up Your Copy, Please STAY & SHOP! SHOP & SUPPORT LOCAL!!!

Page 10

www.nbmerchandiser.com



We Print Menus!

Takeout
Dine In
Disposables



6 N Third St., P.O. Box 465, Hamburg, PA 19526-0465 610.562.2267 or 1.800.562.5521 FAX: 610.562.2770 ryan@windsorpres.com www.windsorpress.com



