



Rob Woodman recently added nine new office spaces to the SyncGorham co-working facility at 28 State Street, in the building that housed the Gorham Playhouse movie theater from 1940 to the mid-70's. (Tsukroff photo)

## SyncGorham builds community

By Nathan Tsukroff

GORHAM – The local community gathered at the Gorham Playhouse at 28 State Street for movies for decades from its opening in 1940.

It's closure and renovation into office space in the mid-1970's brought an end to those gatherings in downtown Gorham.

Calling itself an "Office Community for Remote Workers", SyncGorham is bringing community back to the building with newly-renovated office spaces on the second floor.

Rob Woodman bought the first-floor space for SyncGorham in April 2019, converting the area to shared office spaces and opening in August of that year. "This is what we created to start with," including seven private offices, a conference room, and an open co-working bench area made up of long, tall counters with pop-up electrical outlets.

The building is a business condominium, with several other businesses owning sections of the building and sharing the side entrance.

"The idea would be, pre-COVID, that folks would be stopping in and using this on a daily kind of basis," he said. "But

with COVID, we've mostly stuck with office models."

Growing up in Australia, Woodman graduated college with a degree as a Civil Engineer. He met his wife, Jessi, a Boston native, in 2004 and they moved to Falmouth here in Maine a year later, then to Gorham a little more than five years ago. "We absolutely love it here! We're starting to build our lives around this community," he said.

They have four children in the Gorham school district - a daughter in the middle school and three other daughters at Narragansett Elementary. Jessi is a school nurse in the MSAD 6 school district, which is next door to Gorham.

Woodman recently purchased the second-floor condominium space and converted that to another series of small offices, mostly 8-by-12 feet in size. The open space in the middle of the second floor is dedicated to a play area, currently featuring a ping-pong table, but with room for a small putting green.

At the end of the building looking out over State Street, Woodman created a conference room with a set of movable tables and large flat-screen television mounted on one of the walls. This allows a



Jessi Woodman, a school nurse in the MSAD 6 school district and the wife of owner Rob Woodman, takes advantage of the co-working bench space on the first floor of the shared office spaces at SyncGorham at 28 State Street. (Photo courtesy of SyncGorham)

group to configure the space to meet their needs, whether for conferences or for presentations.

The room was opened up to allow for multiple windows, and a set of barn doors slides aside when the room is empty to let light spill into the main area.

See SyncGorham, page 9

## New Gorham police officer

From Town of Gorham

GORHAM – Officer Bryce Randall was sworn in as a member of the Gorham Police Department at a brief ceremony at the Gorham Municipal Center last week.

Randall is working on a bachelor's in Criminology at the University of Southern Maine.

He is certified as a part-time law enforcement officer, and has experience with the Old Orchard Beach Police department.

Randall will be assigned to the mid-night patrol division after he completes the Maine Criminal Justice Academy's Basic Law Enforcement Training Program and the Gorham Police field training program.

### GO Gorham Outdoors

The Gorham Fire Department is hosting a fun and free afternoon of fire building, fire safety, food and stories with Maine resident and Survivor Gabon winner Bob Crowley from 1-3 p.m. on Sunday, Mar. 14, on the recreation fields at Narragansett Elementary School. The event is open to anyone 5 years or older.

To register, email [gorhamoutdoors@gmail.com](mailto:gorhamoutdoors@gmail.com) or visit the Gorham Rec. Dept. website and look for the GO Gorham Outdoors logo.

### Road Postings

Gorham Public Works has initiated the annual posting of roads to heavy traffic through May 1.

Residents can view a list of selected Town roads on the Town website at <http://bitly.ws/bVfJ>

### Fee Increase

A Portland Water District wastewater collection fee increase goes into effect on April 1.

The Town of Gorham will assess a wastewater collection increase over the next three years.

Current fees are Base (1HCF) \$13.74, Additional HCG \$6.29.

Effective Apr. 1 – Base (1HCF) \$14.39, Additional HCG \$6.64.

Effective Apr. 1, 2022 – Base (1HCF) \$15.04, Additional HCG \$6.99.

Effective Apr. 1, 2023 - Base (1HCF) \$15.69, Additional HCG \$7.34.

Please contact the Portland Water District at (207) 761-8310 with any questions.

### Calendar

See the Calendar on Page 14 for upcoming meetings and events.

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# Newsmakers, Names & Faces

## \$15.7M in unclaimed property

### From Sen. Claxton

AUGUSTA – Sen. Ned Claxton, D-Auburn, announced the addition of more than \$15.7 million to Maine's Unclaimed Property Fund, and Mainers are being urged to check whether any of that money belongs to them.

"Nowadays, everyone could use a little extra cash," said Sen. Claxton. "If you haven't checked the unclaimed property list lately, I would encourage you to take a look. It's easy to do, and you might be surprised at what you

find!"

"Unclaimed property" is money owed to Maine people by third parties, such as former employers, banks or utility companies. Organizations are required to give unclaimed property to the State Treasurer after a specified period of time, after which the owner of the unclaimed property can retrieve it from the state.

Unclaimed property could be from a forgotten bank account, an overpaid bill or uncollected wages. This money could be unclaimed as a result of a

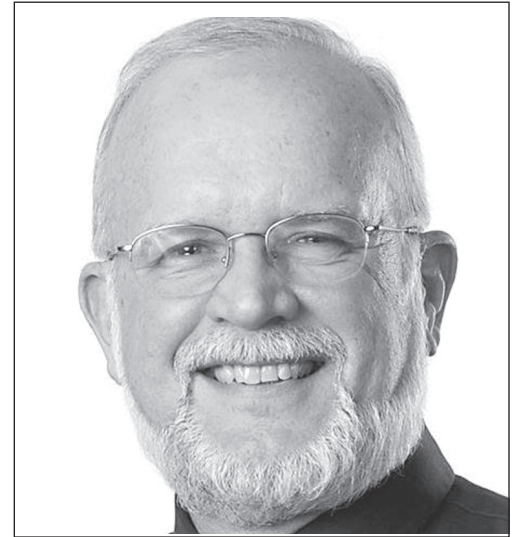
change in name, addresses or bank account. Year after year, people are surprised to find they might have money waiting for them at the Treasurer's Office. Particularly during these uncertain times, Mainers are strongly encouraged to take a look and see if they are on the list.

People can search the Treasurer's Unclaimed Property list by going to <https://maineunclaimed-property.gov/>. Those who find their name, or the name of a current or past business on the list, can claim the property immediately online, for free.

Anyone with questions can call the Treasurer's office toll free in Maine at 888-283-2808 or locally at (207) 624-7470.

The Office of the Treasurer receives new properties throughout the year. The state Treasury is currently holding more than \$275 million of Mainers' unclaimed property.

*Sen. Ned Claxton (D-Androscoggin) represents Maine Senate District 20, which includes Auburn, Mechanic Falls, Minot, New Gloucester, and Poland.*



Sen. Ned Claxton (D-Androscoggin), Maine District 20, Auburn, Mechanic Falls, Minot, New Gloucester, and Poland (Photo courtesy of Sen. Claxton)

## More than 7,600 employers approved for PPP loans

### From Sen. Collins

WASHINGTON, D.C. - U.S. Senator Susan Collins (R-Maine), a co-author of the Paycheck Protection Program (PPP), announced recently that 7,633 Maine small employers have been approved for a total of \$552,966,380 in

forgivable PPP loans since the PPP reopened last month.

Senator Collins helped to secure \$284.5 billion for PPP in the December COVID-19 relief law.

Financial institutions across Maine and the country are currently accepting

and processing PPP applications for eligible small businesses seeking a forgivable loan for the first time and for those hardest hit small businesses who may receive a second forgivable loan.

"The continued demand for forgivable PPP loans demonstrates why

it was so important that we reopened this program for the hardest hit small businesses," said Senator Collins. "Since January, a total of 7,633 Maine employers have been approved for nearly \$553 million in forgivable loans, including more than 1,500 small businesses that were approved for nearly \$100 million just last week. The PPP is making it possible for small business owners to keep their doors open, continue paying their employees, and make modifications to keep their employees and customers safe. I encourage eligible

small employers to contact their financial institution to apply."

Small businesses that employ 300 or fewer people and that experienced a 25 percent or greater gross revenue loss between comparable periods in 2019 and 2020 due to COVID-19 are eligible to apply for a second forgivable PPP loan. In addition, forgivable overhead expenses are expanded to include supplier costs and investments in facility modifications and personal protective equipment needed to operate safely. In recognition of the severe impact that COVID-19 mit-

igation measures have had on the hospitality sector, in particular, the formula used to calculate the maximum forgivable loan amounts for second draw loans is enhanced for restaurants and hotels to equal 3.5x average monthly payroll. Further, small business owners that did not receive a PPP loan in the first round are also eligible to apply.

In 2020, more than 28,000 Maine small businesses and self-employed individuals received nearly \$2.3 billion in forgivable PPP loans, helping to support more than 250,000 jobs throughout the state.

### Home for Sale

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Names & Faces to the editor.  
Deadline is Friday by five pm.

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15 Carrean St, Waterville, ME. Call Mike (781) 500-9589**



# Newsmakers, Names & Faces

## USDA working to contain pandemic

**From USDA**

WASHINGTON, DC - President Biden released the National Strategy for the COVID-19 Response and Pandemic Preparedness in January.

The plan is driven by science, data, and public health to improve the effectiveness of our nation's fight against COVID-19 and to restore trust, accountability and a sense of common purpose in our response to the pandemic.

The National Strategy provides a roadmap to guide America out of the worst public health crisis in a century. It is organized around seven goals:

- Restore trust with the American people.
- Mount a safe, effective, and comprehensive vaccination campaign.
- Mitigate spread through

expanding masking, testing, data, treatments, health care workforce, and clear public health standards.

- Immediately expand emergency relief and exercise the Defense Production Act.
- Safely reopen schools, businesses, and travel while protecting workers.
- Protect those most at risk and advance equity, including across racial, ethnic and rural/urban lines.
- Restore U.S. leadership globally and build better preparedness for future threats.

The plan calls on all parts of the federal government to contribute its resources—facilities, personnel, and expertise—to contain the pandemic. Chief among the efforts is a whole-of-government response to stand up new federally supported com-

munity vaccination centers across the country.

The U.S. Department of Agriculture (USDA) is responding to the President's call to action. In addition to personnel, USDA is offering its facilities, cold chain infrastructure, public health experts, disaster response specialists, and footprint in rural areas and Tribal communities across the country.

The USDA is working alongside its federal partners to contain the pandemic and get the economy back on track.

Feb. 17: From February 8-12, USDA Food and Nutrition Service (FNS) approved Pandemic EBT to support children who are missing school meals due to closures in Minnesota, and Wisconsin. For the 2020-2021 school year, USDA has provided \$5.9

billion in Pandemic EBT benefits to 7.1 million children in 15 states and territories.

Feb. 17: USDA FNS has approved 47 states and territories for emergency allotments in SNAP, totaling \$2,033,734,872 for the month of February 2021. FNS also approved one state for emergency allotments totaling \$55,595,754 for the month of March 2021.

Feb. 16: Biden Administration Announces Another Foreclosure Moratorium and Mortgage Forbearance Deadline Extension That Will Bring Relief to Rural Residents.

Feb. 1: Biden Administration Halts Residential Evictions in USDA Multifamily Housing Communities in Accordance with CDC Guidance.

Jan. 27: USDA Tem-

porarily Suspends Debt Collections, Foreclosures and Other Activities on Farm Loans for Several Thousand Distressed Borrowers Due to Coronavirus.

Jan. 22: Biden Administration Expands P-EBT to Benefit Millions of Low-Income and Food Insecure Children During Pandemic: USDA is increasing the Pandemic-EBT benefit by approximately 15%, providing more money for low-income families and millions of children missing meals due to school closures.

The USDA Animal and Plant Health Inspection Service (APHIS) has deployed 119 employees, including 92 employees to Nevada and Oklahoma to administer vaccinations at a variety of rapid points of distribution including mo-

bile teams and pop-up clinics; 8 employees to Dallas; 4 employees to Oregon; 6 employees to Washington State to assist in planning vaccination efforts; and 9 employees to support FEMA.

The USDA Forest Service has deployed 174 Incident Management Team personnel and they are currently assigned to the National COVID Vaccine Campaign staffing vaccination centers, providing logistical support, planning at regional/state levels with FEMA and states, and more.

Four U.S. Public Health Service Commissioned Corps Officers detailed to the USDA Food Safety and Inspection Service (FSIS) are assisting with logistical support for the vaccination campaign.

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# Online Education classes from SeniorsPlus

## From SeniorsPlus

LEWISTON - SeniorsPlus has announced its Online Education Center classes for March 2021.

Due to the pandemic and current CDC guidelines, all classes are virtual. Classes and workshops are free, unless noted.

Whether someone would like to try an online social or support group, Zoom 101, one of our chronic disease self-management programs, or Tai Chi for Health & Balance, SeniorsPlus has options!

Anyone with questions on how to sign up or join a group should contact SeniorsPlus for help.

Please register by emailing [edcenter@seniorsplus.org](mailto:edcenter@seniorsplus.org) or calling 795-4010 or 1-800-427-1241.

For more information, visit [seniorsplus.org/education-center](http://seniorsplus.org/education-center).

## CLASSES

### What is Speech-to-Speech Relay?

Date: Thursday, March 11

Start time: 1:00-2:00PM

Presenter: Debra Bare-Rogers, Disability Rights Maine

Location: Zoom

Speech-to-Speech (STS) is a free service for people with a speech disability. Maine Relay STS provides one-on-one support for telephone calls. A specially trained STS operator simply listens to the conversation and repeats your message, whenever needed. Video-Assisted

Speech-to-Speech (VA-STS) allows a person who has a speech disability to use both a telephone line and a video device to make relay calls. VA-STS provides the STS relay operator with visual communication cues from the STS caller via a one-way video conference connection. These cues may include lip reading, spelling in the air, facial expressions, and other physical movements. Join us to learn about these no-cost relay services available to Maine residents.

### Zoom 101: Using Video Technology to Stay Connected

Date: Friday, March 12 OR 26

Time: 1:00-2:00PM

Instructor: SeniorsPlus Staff

Location: Zoom

Join us for this 1-hour class to become more familiar on how to use Zoom to participate in SeniorsPlus' online classes, or to simply stay connected with friends and family near and far. You do not need a Zoom account or to download any apps to participate in this class, unless logging in from an Apple device. You do not need a video camera for your computer, although it is helpful. You can participate with computers or handheld devices. Educational material and resources will be provided for continued learning.

### Free Financial Literacy Program - Info Session

Date: Tuesday, March 23

Time: 10:00-11:00AM

Instructor: Kendra Wheeler, Branch Manager & Amelia Milligan at Bangor Savings Bank

Location: Zoom

If COVID-19 has taught us anything, it's that we need to be prepared. Not just financially, but mentally. We need to have financial peace of mind so we can take care of our family's health and happiness. During these trying times, who can you turn to for everyday money decisions? Who listens to your financial goals and helps you make a plan? Who helps you navigate financial obstacles? Bangor Savings Bank is piloting a new program featuring "financial coaching." No judgement. No product pushing. No forcing you to do anything with your money you don't want to do. Just listening and guidance. But you run the show. Come join Kendra and Amelia to learn more about their free financial literacy program. Weekly or bi-monthly 30-minute sessions via a phone call or Skype video chat will be provided to those interested in perusing this resource. You can do this by yourself or with a significant other. All your choice. If you'd like to have someone to talk to about all things money - this is a program you don't want to miss learning more about!

### Zooming Together While Physically Apart

Date: Wednesday, March 31

Time: 10:00-11:00AM

Location: Zoom

SeniorsPlus has partnered with River Valley Healthy Communities Coalition and Healthy Oxford Hills to host Zooming Together While Physically Apart! We invite you to join us for our monthly Zoom call where we will spotlight a specific topic before opening up the conversation to the group - this is a time to learn, socialize, laugh, and have fun together. To help with food insecurity during this time, River Valley Healthy Communities Coalition will also be giving away one Hannaford gift card to an attendee.

### Crafting with Corinne

Date: At your convenience

Time: At your convenience

Material Pick-Up: Week of March 29 (subject to change based on current CDC guidelines)

Instructor: Corinne Saindon

Location: Pre-recorded video/instructions

Cost: \$5.00 for 2 project kit

With Easter just around the corner, join Corinne and create a cute Easter craft that you can

use for gift giving or a table decoration - mini Easter eggs will fit perfectly in these boxes. This month's second project will be a beautiful Easter card to share with a loved one. All supplies provided except adhesive.

### Fraud & Scams

Date: Thursday, April 15

Time: 6:00-7:30PM

Presenter: SeniorsPlus Staff

Location: Zoom

This workshop will give you the information needed to determine what is real and what is a scam. What does fraud look like? What are the latest scams out there? How do you recognize fraud? Find out what you can do to protect yourself and where to go to report things so others don't become the next victim.

### Health Care Advance Directive Planning during COVID Times

Date: Friday, April 16

Time: 2:00-4:00PM

Host Organizations: SeniorsPlus, Androscoggin Home Healthcare + Hospice & St. Mary's Regional Medical Center

Location: Zoom - video and audio required

Join us on this year's National Decision Making Day, April 16, to explore

your worries and wishes in relation to healthcare decision making. All from the comfort of your own home, we will use games, resource sharing, and conversation to explore what matters most to YOU. There will also be time for us to review the Maine Health Care Advance Directive Form. Resources and the Maine Health Care Advance Directive Form will be provided to you through email.

### Medicare Made Simple

Date & time: At your convenience

Instructor: SeniorsPlus Staff

Location: Online video

Reach out to receive this pre-recorded Zoom class to learn how to navigate Medicare with this introductory course. Learn about your insurance options with Medicare, when to enroll or change plans, and how state law may affect your choices. This presentation is perfect for people who are new to Medicare or anyone who currently has Medicare and would like to learn more.

### AT&T - Cyber Aware Webinar

Date & time: At your convenience

See Classes, page 10

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# USDA invests in Four Maine Organizations

## From USDA

WASHINGTON, DC - The United States Department of Agriculture (USDA) last week announced it is investing \$42.3 million to help rural residents gain access to health care and educational opportunities nationwide.

In Maine, four educational organizations will receive a total of \$3,578,754. Rural areas are seeing higher infection and death rates related to COVID-19 due to several factors, including a much higher percentage of underlying conditions, difficulty accessing medical care, and lack of health insurance. The \$42.3 million in awards includes \$24 million provided through the CARES Act. In total, these investments will benefit 5 million rural residents.

"The coronavirus pandemic is a national emergency that requires an

historic federal response. These investments by the Biden Administration will help millions of people living in rural places access health care and education opportunities that could change and save lives," said Agriculture Secretary Tom Vilsack. "USDA is helping rural America build back better using technology as a cornerstone to create more equitable communities. With health care and education increasingly moving to online platforms, the time is now to make historic investments in rural America to improve quality of life for decades to come."

USDA Rural Development Acting State Director Tommy R. Higgins said, "Now more than ever, our schools and healthcare facilities are relying on distance learning and telemedicine technology to assist students and patients in rural areas. This \$3.57 million investment in Maine

is critical to ensuring students can engage in home learning in rural areas and connect to a quality education. In addition, this funding will expand access to telehealth services for rural patients, helping them to receive the vital healthcare they need."

Sanford School Department, in Sanford, will receive a Grant in the amount of \$945,637 to expand the Sanford School Department's middle school aquaponics program into a district-wide Science, Technology, Engineering and Math (STEM) education program. It will enable Kittery students and others to access STEM-related career training from the Sanford CTE center. The project will provide a more flexible approach to teacher professional development. It also to keep the schools open in hybrid learning during the remainder of the pandemic.

Aucocisco School, in Cape Elizabeth, will receive a Grant in the amount of \$708,487 to purchase teleconferencing equipment to connect 16 schools, including public schools and special-purpose private schools, in seven counties in rural Maine. The schools will use the equipment to access professional development and Science, Technology, Engineering and Math (STEM) activities. It also will provide more reliable communication for students at home due to the pandemic.

Maine School of Science & Math, in Limestone, will receive a Grant in the amount of \$924,630 to purchase video-telecommunications hardware, software and integrated-classroom presentation equipment to support distance learning among 21 schools in Aroostook County. The project will help to expand curricula

in Science, Technology, Engineering and Math (STEM); foreign language and other subjects by providing access to educational opportunities across the school districts and dual enrollment to University of Maine Presque Isle. Funds also will be used to purchase personal devices, remote access points and web conferencing licenses to help students participate in classroom activities from home. Teachers will have remote access to professional development, coaching and mentoring opportunities.

University of Maine System, in Orono, will receive a Grant in the amount of \$1,000,000 to install interactive video-teleconferencing equipment at 42 locations across 11 Maine counties. The project will expand educational opportunities for students at remote rural centers and campuses, and help medical clinics expand access to

telehealth services for rural patients.

A recent report by the Rural Policy Research Institute's Center for Rural Health Policy Analysis found infection and death rates in rural America due to COVID-19 are 13.4 percent higher than in urban areas. A recent report from USDA's Economic Research Service, USDA ERS - Rural Residents Appear to be More Vulnerable to Serious Infection or Death From Coronavirus COVID-19, underscored the challenges facing rural Americans amidst the COVID-19 pandemic with even greater detail. Due to a confluence of factors, including higher percentages of underlying conditions, lack of health insurance, and lower access to medical facilities/care than urban counterparts, ERS analysts found rural Americans are suffering more severe illness or death due to COVID-19.

## Touching Base

# In memory of Rush Limbaugh

By Nathan Tsukroff

American radio personality Rush Hudson Limbaugh III died in mid-February from reported complications of his lung cancer.

He had millions of fans and enjoyed decades of recognition as one of the leading voices of the conservative movement in the United States.

Limbaugh was a strong supporter of the Tunnel to Towers Foundation, which honors the sacrifice of New York City firefighter Stephen Siller, who died in the September 11, 2001, attack on the World Trade Center.

The foundation also

honors military and first responders who "continue to make the supreme sacrifice of life and limb for our country," according to its website at tunnel2towers.org.

Over the years, Limbaugh helped raise some \$5 million in donations to the foundation. In one of his broadcasts, he called the foundation, "one of the most uplifting things that I've been involved in."

Our readers who are looking to honor Limbaugh's legacy may wish to make a donate in his memory to this foundation. A PDF version of a donation form can be found at <http://bitly.ws/bVTX>

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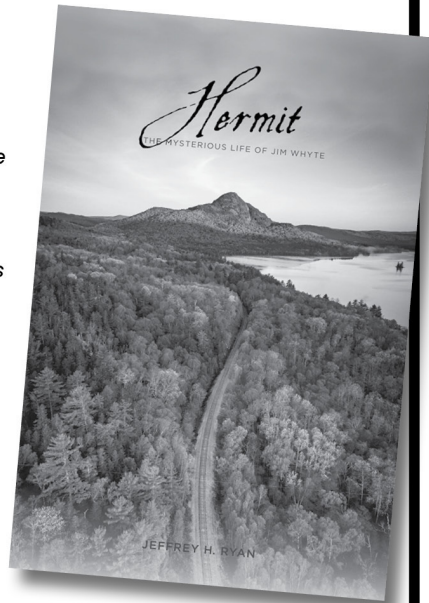
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 — Bill Bushnell, Bushnell on Books

*"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when Hermit was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."*  
 — George Smith, Bangor Daily News

**Shop Local!** Available at The Bookworm and other Maine bookstores or at [JeffRyanAuthor.com](http://JeffRyanAuthor.com).



# Arts & Entertainment

## ‘No Comply’ beer from Sebago Brewing

### From Sebago Brewing

GORHAM – Sebago Brewing Company recently released several new beers.

No Comply is one of their highest-hopped beers ever, and their brewers used the original West Coast type of hops that started to push the hoppy beer styles to where they are today. Think Russian River’s Pliny the Elder or Maine Beer Company’s Lunch or Dinner IPAs.

India Pale Ales encompass numerous styles of beer and get their characteristics largely from hops and herbal, citrus or fruity flavors.

This beer is also a col-lab from the heart. In the summer of 2019, our brewers partnered with longtime Sebago Brewing friend Mike Norton, a.k.a. “The Heavy Metal Cripple,” to create an old school West Coast IPA to help raise money for the documentary “Brothers.”

The film is about Mike and his late brother J.T. and their journey of bond and loss. (Brothers is available to rent on demand at <http://bitly.ws/bVcx>)

No Comply was originally released at a fundraiser screening at the brewery. Mike died in the summer of 2020, and Sebago Brewing decided to re-boot No Comply with a new can in his honor.

No Comply is available at all Sebago locations on draft and in 16oz cans and growlers to go. 4-packs are also available at Hannaford and other stores.

### Saddleback Is back

Sebago Brewing has re-released Saddleback, an all-malt crisp beer, to help celebrate the reopening of Saddleback Mountain in Rangeley after a five-year hiatus.

Originally called Port-side Pilsner, Saddleback has been a fan favorite since Sebago started brewing beer

back in 1998. We was called Northern Light Ale when we started bottling it, and our brewers evolved the Saddleback recipe to use more Maine-produced malt and a portion of Maine-grown Cascade hops.

### Braap! Braap!

Braap! Braap! Gorham SnoGoers Gold is a golden ale made with one of Sebago’s brewers’ favorite English Ale yeasts. This clean, refreshing beer has a mild honey sweetness and smooth medium body.

Throughout the month of February, Sebago Brewing donated \$1 a pint to the Gorham SnoGoers Club, an organization of local volunteers who maintain more than 50 miles of trails, including the Cherry Hill Trails right next door to the brewery.

Braap! Braap! is available at the Tasting Room and Gorham brewpub only.

The brewery is located at 616 Main St. in Gorham.



Sebago Brewing Company on Main Street in Gorham recently released a beer called No Comply in memory of Mike Norton, a longtime friend of the brewery who died in the summer of 2020, (Photo courtesy of Sebago Brewing)

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# Spring events for Sophia's House

From Wisdoms Women

LEWISTON - One year ago, The Center for Wisdom's Women opened Sophia's House, a residential healing community for women in Lewiston.

It was just as the virus arrived, cancelling a planned opening gala event at the Franco Center. Now, a year later, on the weekend of the equinox, at the cusp of Spring, it is time to celebrate the first year of operation and look toward the future.

On Saturday, Mar. 20 a concert will be live-streamed starting at 8 p.m. with **Carrie Newcomer**, American singer, songwriter and author. Thanks to donor support, all proceeds will benefit Sophia's House. Ticket costs are on a sliding scale.

Newcomer has been described as a "prairie mystic" and as someone who "asks all the right questions." She has 17 nationally released albums and has released two companion books of poetry and essays. Newcomer and Parker Palmer are actively collaborating on several projects including The Growing Edge, a website, podcast and retreat that has been listed as one of the top ten spiritual programs for the next 20 years. She earned a regional Emmy for the PBS special "An Evening with Carrie New-



Carrie Newcomer, an American singer, songwriter and author, will be featured in a virtual concert on Mar. 20 to raise money for the Center for Wisdom's Women residential healing community, Sophia's House. (Photo courtesy of Wisdom's Women)

comer." In 2019 she was recipient of the Shalem Institute Contemplative Voices Award. Her media appearances include Krista Tippett's On Being. FMI: <https://www.carrienewcomer.com/>

Following the concert, friends and supporters are invited to a virtual tea party, streamed from Sophia's House at 3 p.m. on Sunday, Mar/ 21. The event will thank and celebrate all those who helped

create Sophia's House, and will include dedication of the dining room; a video tour of the house; sharing of poetry; and the launching of the Klara Tammany Endowment Fund for perpetual support of the residential program.

Concert tickets and reservations for the virtual tea party can be obtained through The Center for Wisdom's Women website at [www.wisdomswomen.org/events](http://www.wisdomswomen.org/events).

# Social Media groups for people and pups

From Trips With Pets

Love taking epic adventures with your pet? Have you been searching for ideas, tips, and like-minded adventurers on your favorite social media platforms? You've probably come across a few by now; however, not all social media groups are created equal. We went searching for the most helpful, popular, and fun online pet adventure groups, and we've dug up some real gems!

**Hiking With Dogs**

Want to start hiking with your dog? You're probably wondering: Where are the best trails for novice pups? Which trails allow off-leash hiking? What are the most important things to know about hiking with your dog? The helpful peeps at Hiking With Dogs can answer these questions, and start you and your pooch out on the path to pet-friendly hiking adventures. Group members come together to share stories, best practices, favorite dog-friendly hiking destinations, encouragement, recommended pet hiking gear, and lots of cute doggie adventure pics!

**Dog Gone RVing**

What's more fun than a road trip? A road trip with your four-legged sidekick, and in an RV of course! Dog Gone RVing is a group created for RVers who love hitting

the road with their dogs. Whether you're planning your first RV adventure with your pup, or you've already traveled thousands of miles together, this group is the perfect place for helpful advice and support. Members offer tips on traveling with your pet in your RV, finding the best dog-friendly RV parks, and posts of dogs living it up on RV road trips!

**TripsWithPets USA**

If you like adventurous trips with your pet, then join TripsWithPets USA! This popular group invites members to share insights on pet-friendly excursions, and to dish about their favorite pet-friendly destinations, places to stay, and things to do. As a member, you'll have access to pet travel tips that will help keep your pet happy and safe on your next trip. As an added bonus, TripsWithPets USA frequently offers contests for chances to win pet travel-related prizes!

**Kayaking With Dogs**

Most dogs love a good boat ride, and nothing compares to a day out on the water with your four-legged sidekick. Kayaking with Dogs has something for all kayakers, from beginners to those who are highly skilled. If you're new to the idea of kayaking with your dog, this friendly group is happy to share tips on how to get started, how to pick the perfect dog-friendly kay-

ak, and recommendations for the best places to kayak with your pooch.

**Paddleboarding With Dogs**

Paddleboarding is a fun sport that people and their pooches absolutely love. Whether you're a novice or a paddling pro, Paddleboarding With Dogs provides tips to help you have a great paddleboarding experience with your furry family member. You'll get your questions answered, make new friends, learn about favorite destinations, and be able to share tips on best practices, safety, and equipment. This group offers a great outlet for sharing your paddleboarding adventures, all while getting inspired by other members' experiences!

Just remember - whatever adventures you and your pooch are into, there's a social media group for that!

TripsWithPets has been helping pet parents find and book pet-friendly accommodations since 2003.

TripsWithPets provides online reservations at over 30,000 pet friendly hotels & accommodations across the U.S. and Canada. When planning a trip, pet parents go to [TripsWithPets.com](http://TripsWithPets.com) for all they need to book the perfect place to stay with their pet -- including detailed, up-to-date information on hotel pet policies and pet amenities. #jointheroadtrip

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# Junction Bowl league scores

## From Junction Bowl

GORHAM – League scores from Junction Bowl on Railroad Avenue in Gorham.

Scores include the player handicap.

### Week 5

#### Monday Night Strikes

Brian Gonneville rolled 678 for the night to help Right Lane take 2 games and the weekly team series from Two Finger Death Punch with 1 game, 2372-2271.

#### Right Lane

Brian Gonneville  
191-236-251 – 678  
Adam Homan  
175-173-175 – 523  
Colin McLean  
158-194-234 – 586  
Bill Haskell

192-210-184 – 586

#### Two Finger Death

##### Punch

Jon Talbot  
185-175-210 – 570  
Substitute  
177-195-188 – 560  
Thomas Franchetti  
159-194-225 – 581  
Timothy Bola

197-178-185 – 560  
Hammond Eggs stayed on top for the night, taking all 3 games and the weekly team series over Split Happens, 2280-2094.

#### Hammond Eggs

Scott Merrill  
178-176-177 – 530  
Bobby Brown  
195-198-202 – 595  
Ryan Stuart  
178-174-195 – 547  
Alex Benner  
225-160-223 – 608

#### Split Happens

Heather Bryan  
173-163-205 – 541  
Kaitlyn Lemieux  
188-160-179 – 527  
Blind  
172-172-172 – 516  
Elisabeth Maxfield  
179-161-170 – 510  
The (League) Office

played shorthanded but held on for 3 games and the weekly team series against Cobra Kai, 2173-2080.

#### The (League) Office

Sebastian Pettitt  
182-195-173 – 550  
Aidan Underwood  
194-203-179 – 576  
Blind  
174-174-174 – 522  
Vacant  
160- - - 160  
Substitute  
- -163-202 – 365

#### Cobra Kai

Romeo Jalbert  
151-178-166 – 493  
Eric Bretton  
188-181-191 – 560  
Kenneth Reno  
195-188-174 – 557  
Tim Perry  
157-157-156 – 470  
Pin Me Please was

led to 3 games and the weekly team series by Rick Cormier with 607 for the evening, over The Gutter Rats, 2245-2193.

#### Pin Me Please

Ashley Calvert  
163-175-193 – 531  
Rick Cormier  
192-198-217 – 607  
Heather Lavallee  
176-167-227 – 570  
Brendan Gow  
179-166-192 – 537  
The Gutter Rats  
Ben Smith  
171-152-179 – 502  
Amy Pompeo  
170-171-220 – 561  
Shawna LaPierre  
180-196-162 – 538  
Gary LaPierre  
186-176-230 – 592

#### Thursday Night Dynamite

Bowler? I Barely Know Her! rolled for

2 games and the weekly team series against Strike First with 1 game, 2283-2195.

#### Bowler? I Barely Know Her!

Dylann Swisley  
198-183-225 – 606  
Deanna Boisvert  
196-186-200 – 582  
Substitute  
172-185-194 – 551  
Derrick Sellitto  
172-196-176 – 544

#### Strike First

Romeo Jalbert  
218-221-173 – 612  
Kenneth Reno  
168-166-151 – 485  
Sherry Coyne  
202-175-159 – 536  
Roni Bretton  
212-187-163 – 562  
Minds in the Gutter

had a strong first game to take 1 game and the weekly team series against Sexy Ginger with 2 games, 2408-2403.

#### Minds in the Gutter

Scott Verrill  
223-207-193 – 623  
Jay Sutton  
210-195-213 – 618  
Doug Mercier  
177-228-163 – 568  
Matt Ferrante  
264-160-175 – 599  
Sexy Ginger

Shawn McCurdy  
190-201-225 – 616  
Jacob Bourgeois  
187-205-223 – 615  
Substitute

201-220-198 – 619  
Substitute  
180-176-147 – 403  
Smelt Camp Swim

Team grabbed 2 games and the weekly team series from XXX Turkeys, 2327-2231.

#### Smelt Camp Swim Team

Kevin Kassa  
190-185-197 – 572  
Tonya Kassa  
171-178-203 – 552  
Brian Waild  
176-270-205 – 651  
Substitute  
177-185-190 – 552  
XXX Turkeys  
Peter Luciano  
172-200-195 – 567  
Terry Moore  
188-229-165 – 582  
Jake Ouellette  
188-165-173 – 526  
Ken Foss  
175-222-159 – 556

Despite a shorthanded third game, House Balls had a strong showing with 3 games and the weekly team series over Split Happens, 2395-2148.

See Junction, page 14



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**SyncGorham**

*Continued from page 1*

With the start of the pandemic, Woodman had talked about hosting a couple of Gorham town meetings in his space, “but it wasn’t probably large enough, and they found other areas.”

And “moving forward, if the Gorham Business Exchange or the Village Alliance or any of those groups need to meet, needing a space, whether its out here in the open area in one of the conference rooms,” he hopes they will take advantage of his facility. The pandemic has put a damper on public meetings, he said.

Offices are leased for either six- or 12-months. Five of the current tenants in the seven offices on the first floor have been with him “since the beginning,” Woodman said.

Lessees pay from \$250-\$350 a month, depending on the size of the office, with access to conference rooms, open space, a small kitchen area, and common bathrooms.

Woodman sees SyncGorham as both a convenient office space for small businesses, and a way for a start-up to grow until it is big enough to find its own building, “or maybe stay for the long term.”

Most of the tenants on the first floor work remotely for companies in other states. “One of the tenants I have downstairs actually was living in Connecticut and working for



Rob Woodman holds one of the complimentary theater tickets that he found when renovating the second floor of the former Gorham Playhouse building at 28 State Street for use as co-working office spaces. A replica of one of the movie posters hangs on the wall in the shared space between the offices. (Tsukroff photo)

a company, and wanted to move back to Maine. And this was their company’s first experiment with having a remote worker, this is pre-pandemic. But their requirement was, they had to have a space out of the house,” he said.

“For me, I see (SyncGorham) as an alternative to being in your basement or being in your home, where maybe it’s not conducive to getting your work done,” he said. “Maybe here, not only is it more conducive, but maybe even more efficient, more effective.”

One of his tenants is both a church pastor and an insurance agent. “He knows, with a dedicated space for work, that he can essentially develop more business that over a month totally trumps the cost he pays” for the office, Woodman said. Another tenant, a farmer in Baldwin, leases one of the offices for access to the internet because of spotty network service at the farm.

Other tenants include IT workers, someone in HR, and a civil engineer.

Woodman said he is currently a national man-

ager for a construction company based in Virginia. He worked from home for a few years after moving to Gorham. “I’d always brag to people that I loved to work from home . . . then I found myself at Panera, like three days a week, working and eating lunch. And I thought to myself, how did I get here? Why am I here? And if I told people I’m working from home, why am I not there?”

“I think I was missing what they often refer to as the water-cooler effect, the community element,” he said.

Woodman said he has a bit of an entrepreneurial spirit and thought, “You know what, why not create the community that I was seeking, and not have to buy lunch every day!”

The building is right next to Gorham House of Pizza and just steps away from the main intersection in downtown Gorham. “I was actually surprised how quickly people said ‘I need a space. I need a space.’”

Then the pandemic hit, and an engineering firm that had owned the second floor condo moved out, so Woodman said he found a way to purchase that new space in November. Renovations included removing the suspended ceiling, opening up areas to allow for more windows, and adding LED lights and a new floor for a bright and

clean look.

“We just got our certificate of occupancy” on Monday last week, Woodman said, and he already has three of the nine offices rented.

The new space on the second floor has a large poster from the original movie on the wall, as a nod

to the building’s history. Woodman found a stack of complimentary theater tickets when renovating the space, he said.

SyncGorham’s website is syncgorham.com and Woodman can be reached at 207-272-4431 or syncgorham@gmail.com.



A complimentary theater ticket from the original Gorham Playhouse building that is now home to SyncGorham’s shared office spaces at 28 State Street. (Tsukroff photo)



The Gorham Playhouse was a movie theater in a building at 28 State Street that was open from 1940 through the mid-70’s and was eventually converted to office condominiums. SyncGorham now provides co-working office spaces on the first and second floors. (Photo courtesy of Gorham Business Exchange)



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**Classes**

*Continued from page 4*

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**Caregiver Support Newsletter**

Did you know that SeniorsPlus started a quarterly Caregiver Support Newsletter in September? The goal of the newsletter is to share caregiver specific resources and opportunities to those in need. If you or someone you know is in need of caregiver support and would like to receive the newsletter, please reach out. We’re happy to add you to our mailing list.

**OTHER GROUPS Coffee & Comfort - Bereavement Support Group**

Date: Monday, March 1

Time: 3:00-4:30PM

Instructor: Beacon Hospice Staff

Location: Zoom or Telephone

Loss is hard. The great news is, no one needs to feel alone through their bereavement. Coffee & Comfort offers a safe

place where one can receive the grief support they are seeking. Due to current public health concerns, the group will meet over Zoom versus in-person. Zoom phone and video-conferencing information will be provided to registrants.

**Virtual Knitting Group**

Dates: Every other Wednesday - March 10 and 24

Time: 5:00-6:00PM

Group Lead: SeniorsPlus Staff

Location: Zoom

Join our knitting group to work on your own project, learn from others, and socialize!

**HEALTHY LIVING FOR ME**

SeniorsPlus’ 2021 HL4ME virtual workshops are open to registration! Workshops currently include Tai Chi for Health & Balance, Better Health NOW toolkit, Better Health Now with Diabetes toolkit, Better Health Now with Pain toolkit, and our Living Well workshops through Zoom! Some workshops require the use of Zoom (video and audio), while our toolkit options allow you to connect over the phone with others or 1-on-1 with a facilitator.

*The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices.*

*The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices.*

Send all items for What’s Going On to the Editor. Deadline is Friday by five.

**Airlines restrict service animals**



The US Department of Transportation recently changed the rules for transport of service animals on airlines. (Photo courtesy of Boston BBB)

**From Boston BBB**

BOSTON - If you are planning on a much-needed getaway in the United States by air and taking your emotional support animal, double check the changes recently issued by the U.S. Department of Transportation (DOT). A PDF version of the DOT document can be found at <http://bitly.ws/bVt6>.

The changes were deemed necessary for air traveler safety, after numerous concerns were cited by several individuals regarding service animals in limited aircraft space. The Boston Better Business Bureau provided some specifics on the new rules for service animals

when flying:  
 The definition of a service animal is a dog that is individually trained to do work or perform tasks for the benefit of a person with a disability.

An emotional support animal is no longer considered to be a service animal. They can be considered as pets. Note: psychiatric service animals are treated the same as other service animals.

The changes allow airlines to require forms developed by DOT attesting to a service animal’s health, behavior, and training. If taking a long flight, the owner must attest that the service animal either would not need to relieve itself or can relieve itself in a sanitary manner.

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# Oakhurst Dairy Celebrates 100 Years



A horse-drawn wagon that was used by Oakhurst Dairy to deliver milk on routes in Portland 100 years ago. (Photo courtesy of Oakhurst)

## From Oakhurst Dairy

PORTLAND - Only a handful of Maine companies have lasted 100 years, and Oakhurst now joins that iconic list.

Long known as the “The Natural Goodness of Maine,” Oakhurst has always been about so much more than milk, and accordingly, this 100-year anniversary is more than just a celebration.

As the company looks back on a century of milestones, it’s also looking forward to the next 100 years by challenging and encouraging businesses, grocery retailers, community members, and local leaders to embrace the values of kindness, goodness, and Maineness – Oakhurst will pour it on alongside them all year long.

“When most companies celebrate an anniversary, it’s usually just a look back, but Oakhurst wants to celebrate a little bit differently and make it more about who we serve. We have the opportunity during a very trying time, to encourage everyone around us to pour on the kindness, goodness, and Maineness,” said John Bennett, President and CEO of Oakhurst Dairy. “Today, more than ever, we need to celebrate the act of simply helping our neighbors, because each act of kindness, no matter how small, has a ripple effect that serves to make our state and communities stronger and healthier.”

Oakhurst Dairy was founded in 1921 and started delivering milk in glass bottles to homes on two routes in Portland using horse drawn wagons. 100 years later, Oakhurst processes nearly half a million gallons of milk per week for its line of dairy products, sourced from local Maine dairy farmers.

Those products are delivered to more than 1,800 grocery stores, convenience stores, and

fought effort changed how people thought about milk and many other dairy companies followed Oakhurst’s lead with greater label transparency.

The company’s mission has long focused on the environment. As part of its Small Footprints initiative, the dairy company has embraced many alternative energies over the years. It has been recognized through a number of awards for its efforts to treat the environment responsibly for the next generation. The company also continuously shows its commitment to sustainability by planting trees in Maine’s public spaces so future generations can enjoy the outdoors as much as Mainers do today.

Giving Goodness back to local communities and helping kids lead healthy, active lives is in Oakhurst’s DNA. Over the years, Oakhurst has donated more than \$5 million to non-profit, educational, and research organizations including the Salvation Army of Northern New England, 4H, the Gulf of Maine Research Institute, Rippleffect, the Boys and Girls Club, and Good Shepherd Food Bank.

In 2014, the company helped launch a Maine-based chapter of a national program to deliver milk to hungry families, called

the Great American Milk Drive

Oakhurst has made it a priority to raise awareness for the issue of child hunger in Maine. Today, more than 80,000 Maine children have school lunch as their last meal of the day. To address this challenge, the company launched Oakhurst After School a partnership with Full Plates Full Potential to create a statewide program to ensure children get the food they need after school. Oakhurst is donating \$300,000 to the non-profit over a three-year period to support the meal grant program for Maine community-based after school programs and schools.

“My family started this company with a vision that was much more than just bottling and distributing milk—Oakhurst has always been about standing up for and doing what’s right,” Bennett said. “I am proud to say that this fundamental truth is still alive and well at our company. We are committed to addressing key issues in our community, doing right by our farmers, creating and providing the very best products on the market, and being mindful of sustainability and the next generation every step of the way. I’m so proud of what the Oakhurst team has accomplished—cheers



One of the delivery trucks used by Oakhurst Dairy to deliver milk to homes in Portland. The company is celebrating 100 years in business in 2021. (Photo courtesy of Oakhurst)

to 100 years and, hopefully, another 100 to come.”

Planned celebration activities this year include partnering with several iconic Maine companies to pour on the kindness and co-host events and programs in Maine. The company plans to host an Oakie kids challenge to encourage children to do 100 Acts of Kindness, Goodness, and Maineness throughout the year

“To Mainers and beyond, thank you for coming along for this 100-year ride. If you grew up around here chances are you grew up on Oakhurst milk,” Bennett said. “The Oakhurst team is so proud to be your local dairy company, and we look forward to another century by your sides and in your fridges.”

Oakhurst produces milk and other dairy and juice products from its headquarters on Forest Avenue in Portland. In January 2014, Oakhurst became a wholly owned subsidiary of Dairy Farmers of America, a dairy farmer-owned cooperative based in Kansas City, Missouri.

For more information, visit [www.oakhurst-dairy.com](http://www.oakhurst-dairy.com)

Send all items for What’s Going On to the Editor. Deadline is Friday by five.



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# Planning a wedding during COVID-19

## From Boston BBB

There are always a lot of moving parts when it comes to planning a wedding. Add a pandemic to the mix, and it can easily feel overwhelming. That said, many couples have proven that with a little ingenuity, flexibility, and a few precautions, it is possible to pull off a beautiful and safe wedding, even in the face of extremely challenging circumstances.

You too can make a success of your wedding during COVID-19. To do so, the Boston Better Business Bureau recommends the following tips.

**Follow government guidelines.** Don't go with your gut feeling when making important decisions on how to keep your guests safe. In the United

States, read Centers for Disease Control and Prevention's Considerations for Events and Gatherings and Travel During COVID-19 for guiding principles to help you make wise decisions for you and your guests. In Canada, check out this resource on Canada.ca about celebrations. Don't forget that each state and province may have its own guidelines and restrictions on quarantine, travel, and gatherings. Use the CDC's directory to find the link to your state's Department of Health for the latest news on restrictions regarding travel and social events.

**Come up with a COVID-19 plan.** You want your wedding to be memorable and fun, but most importantly, you want it to be safe for you and your

guests. Right away, decide how to protect the most important people in your life by setting up some clear guidelines and then stick to them. Take the time to sit down with your partner and make tough decisions about social distancing, how many guests to invite, and whether to wear masks. If you need to dramatically reduce your guest list, think about what workarounds you might be able to implement.

**Come up with a "Plan B."** Despite your best laid plans, things may still go awry with ever-changing restrictions. Come up with a plan B you really love. For example, many couples have chosen to have a tiny backyard wedding with immediate family members while planning a larger gathering for later. Other

couples, who don't want to skip the big wedding, have decided to get legally married now and celebrate later or simply postpone their wedding to a future date.

**Hire an event planner.** Event planners can be invaluable at this time. They have open lines of communication with wedding vendors and venues, they keep local restrictions in mind, and likely already have experience planning a COVID-19 wedding. Get recommendations from friends and family who have used a wedding planner in the past or look up wedding planners on BBB.org to find local event planners that run BBB Accredited Businesses. Be sure to research each company's business rating and read consumer reviews as well.

**Always read the con-**

**tracts.** Reading contracts is critical during a pandemic. Fortune.com reminds brides- and grooms-to-be that in today's fluid situation, it's important to check with vendors and venues to find out "what the cancellation and rescheduling policy is, when you have to make the decision, and whether your deposit will transfer over to the new date."

**Communicate with your venue and vendors.** With florists, photographers, DJs, caterers, venue staff, and many other vendors to take into account it's important to make sure everyone is on the same page when it comes to your big day. Only hire vendors who have good communication skills and talk about the big what-ifs up front. What will the vendor do to

ensure everyone's safety? What is their reschedule policy if you or your partner are exposed to COVID-19? What is the vendor's back-up plan if they are exposed to COVID-19? What will happen to your deposit if governmental restrictions force you to reschedule? Make sure you understand and feel comfortable with a vendor's answers before you hire.


**Order everything you need well in advance.** The pandemic has affected shipping times for many companies, so if you'll be doing the bulk of your purchases online or at stores that need to place an order, start early. Experts recommend ordering wedding dresses, for example, at least six months early, which will allow plenty of time for a return, exchanges, and/or alterations.

**Give guests safe gifting options.** An online gift registry will allow guests to purchase gifts from the safety of their home and ship them straight to yours. If you postpone or reschedule your wedding and you are already registered at a store, WeddingWire.com offers excellent advice on registry etiquette during COVID-19.

**Go virtual.** One way to keep your guest list large without endangering anyone's health is to host a virtual wedding. Virtual parties are gaining in popularity as the pandemic drags on and can be a fun and safe way to celebrate your marriage with the ones you love.

**Keep your guests in the know.** Let your guests know about any changes to your wedding plans as soon as possible. In addition, be completely transparent about the number of guests that will attend your wedding as well as the safety precautions you'll be implementing during the ceremony and reception. This will put your guests at ease and give them the information they need as they decide whether or not they will attend.

**Stay positive.** The pandemic hasn't been easy on anyone, so if you start feeling down when you have to change your plans yet again, know that you aren't alone. According to The Knot's Official Guidebook for COVID-19, found at <https://www.theknot.com/content/covid19-help>, some 35% of couples who had upcoming weddings have postponed to 2021 or later. Remember, your wedding is just the beginning - you still have plenty of meaningful milestones ahead that you will be able to celebrate with all your friends and family.



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LEWISTON – Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

**1ST AND 3RD TUESDAYS  
11:30 a.m.**  
LEWISTON – Lewiston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

**THURSDAY  
Mar. 4  
4 p.m.**  
AUBURN – Cable TV Advisory Board meeting.  
**5:30 p.m.**  
AUBURN – Auburn-Lewiston Airport Board Meeting.

**MONDAY  
Mar. 8  
5:30-6:30 p.m.**  
LEWISTON – Finance Committee meeting at City Hall Administrator's Conference Room.

**TUESDAY  
Mar. 9  
6 p.m.**  
LEWISTON – City Council workshop, via ZOOM - <http://www.lewistonmaine.gov/2021cc> Also, public comment will be possible at [publiccomment@lewistonmaine.gov](mailto:publiccomment@lewistonmaine.gov).  
**6 p.m.**  
AUBURN – Planning Board meeting.  
**6:30 p.m.**  
GORHAM – Tentative Appointments Com-

# Calendar

Send your submissions to the Editor. More online.

mittee meeting via Zoom.  
**7 p.m.**  
GORHAM – Conservation Commission meeting via Zoom.

**WEDNESDAY  
Mar. 10  
4:30 p.m.**  
AUBURN – Lewiston-Auburn Transit Committee (LATC) meeting.  
**6:30 p.m.**  
AUBURN – Parks & Recreation Advisory Board meeting.

**7 p.m.**  
GORHAM – School Committee Meeting via Zoom.

**MONDAY  
Mar. 15  
5:30 p.m.**  
AUBURN – City Council workshop and meeting.

**TUESDAY  
Mar. 16  
7:30 a.m.**  
AUBURN – Public Library Board of Trustees meeting.

**8 a.m.**  
GORHAM – Ordinance Committee Meeting via Zoom.  
**4 p.m.**  
AUBURN – Auburn Sewer District Trustees annual meeting.  
**6 p.m.**  
AUBURN – Conservation Commission meeting.  
**6:30 p.m.**  
GORHAM – Tentative recurring Town Council, workshop via Zoom.

**WEDNESDAY  
Mar. 17  
8 a.m.**  
GORHAM – Gorham Economic Development Commission meeting via Zoom.

**4 p.m.**  
AUBURN – Auburn Water District Trustees annual meeting.

**THURSDAY  
Mar. 18  
8 a.m.**  
AUBURN – 9-1-1 Committee meeting.

**Noon-1 p.m.**  
LEWISTON – Lewiston Public Library - Great Falls Forum, a free, monthly series featuring statewide and regional leaders in public policy, business, academia and the arts streaming virtually via Zoom and streamed to the Lewiston Public Library Facebook page. This month's forum features Rose Barboza and Jerry Edwards.

**6:30 p.m.**  
GORHAM – Board of Appeals meeting via Zoom.  
**7 p.m.**  
Community Forest Subcommittee meeting.

**FRIDAY  
Mar. 19  
7:30-9 a.m.**  
VIRTUAL - Fill the Plate Breakfast to benefit Meals on Wheels of SeniorsPlus. Tickets for this virtual event are \$20 per person; available at <http://bitly.ws/bQnD> or by calling 207-795-4010. Advance registration required by March 17. Attendees who register by March 1 will receive a goody bag with a ticket for "door" prizes.

**MONDAY  
Mar. 22  
5:30 p.m.**  
LEWISTON – Planning Board meeting via Zoom.  
**5:30-6:30 p.m.**

LEWISTON – Finance Committee meeting at City Hall Administrator's Conference Room.  
**6 p.m.**  
LEWISTON - City Council meeting, via ZOOM - <http://www.lewistonmaine.gov/2021cc> Also, public comment will be possible at [publiccomment@lewistonmaine.gov](mailto:publiccomment@lewistonmaine.gov).

**TUESDAY  
Mar. 23  
5:30 p.m.**  
AUBURN – Agriculture Committee Meeting.

**MONDAY  
Mar. 29  
7:30 a.m.**  
AUBURN – Auburn Housing Authority Board of Commissioners meeting.

**5:30 p.m.**  
GORHAM – Finance Committee meeting via Zoom.  
**6 p.m.**  
AUBURN – Complete Streets Committee meeting.

**WEDNESDAY  
Mar. 31  
Noon**

LEWISTON – Lewiston Public Library - Read Your Mind: Exploring Mental Health in Teen Books - a monthly, virtual series focusing on teen mental health & wellness with YA authors and community health experts. In March we will host authors Ceylan Scott & Julia Drake to discuss self-harm behaviors, the influence of guilt and loss, and honest portrayals of hospitalization experiences. Contact [hchance@lewistonmaine.gov](mailto:hchance@lewistonmaine.gov) or call 207-513-3135 to register.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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## Buxton foundation accepting applications

### From NNOF

BUXTON - The Narragansett Number One Foundation, a private charitable foundation located in Buxton, is accepting applications through April 1.

Organizations must be government entities, or quality as 501(c)(3) status not-for-profits groups under Internal Revenue Service rules.

The purpose of the foundation is to provide assistance to schools, fire departments, police departments, parks, recreational facilities, religious organizations supporting homeless and abused persons, food pantries, and shelters for animals.

It was established by Pat and Erwin Wales in September 2001 after they won the national Powerball lottery drawing. The Wales family donated \$5 million in creating the foundation, and invites other individuals, organizations or companies to donate to the charity.

The foundation provides funds for start-up expenses, new or special projects, other projects, or general operating support.

The application form

can be downloaded at <http://bitly.ws/bVdj>, or in person at the Buxton, Hollis, Limington, or Standish Town Halls during normal business hours.

Completed applications should be delivered to NNOF, PO Box 779, Bar Mills, Maine 04004, by April 1.

More information about the Foundation, including an application and eligibility requirements, can be found on the Foundation's website at [www.NNOF.org](http://www.NNOF.org).

### Junction Continued from page 8

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## BOOKS

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Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www.authorcaseybell.com.

## BUSINESSES FOR SALE

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Big Blowout sale at House of Lady Debra's Our: Old Goat + His Lady. Gourmet 21 soups, 20 dips, 4 cheesecakes sale. Buy 3 dips, get 2 free. Buy 2 soups, get 1 free. Going fast, call now. Lady Debra -207-891-1968.

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Little Bavaria". A \$75.00 deposit is due when signing up. Price is \$859.00 pp double occupancy. VIRGINIA BEACH, COLONIAL WILLIAMS-BURG & HISTORIC NORFOLK - SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy. For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207-345-9569.

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