



wrappy hour from 2pm-4pm FREE DELIVERY! ORDER ONLINE HEALTHYKITCHENNY.COM 1135C MORRIS PARK AVE (718) 823-5200



## 495 LENDER CREDIT<sup>3</sup> TOWARDS YOUR HOME APPRAISAL FEE

\*PROMOTION EXPIRES 8/31/21. You must submit this coupon at time of application and loan must close with US Mortgage Corporation by the expiration date of 8/31/21. Lender credit up to \$495 will be applied towards appraisal fee of a closed US Mortgage Corporation loan. Appraisal Fee must be paid at time that appraisal is ordered and then credited after closing. Offer does not apply to existing applications. Does not include closing costs associated with prepaid items, escrows, title charges, recording fees, transfer taxes, and mortgage insurance premiums. Lender credit shall not exceed \$495. For qualified borrowers only. This coupon cannot be combined with any other offers. Call for more details.

Branch Office (NMLS #2076230). US Mortgage Corporation. 3004 Middletown Road, Street Level, Bronx, NY 10461. Licensed Mortgage Lender: CT, FL, NY (NYS Department of Financial Services - Lic. #B500533), NJ State Banking Departments/Regulators. US Mortgage Corporation is not an agent of or acting on behalf of or at the direction of HUD/FHA/VA/USDA or the Federal government. Rates, fees and program guidelines are subject to change without notice. Certain restrictions may apply. Some loans arranged through third parties. First Liens. Not all products and/or programs are available in all states. This is not intended as an offer to extend credit nor a commitment to lend. US Mortgage Corporation (NMLS ID#3901) is licensed as a mortgage lender nationwide except for HI, MO, and NV. For licensing information, go to: https://usmortgage.com/disclosures/ and https://www.nmlsconsumeraccess.org/EntityDetails.aspx/COMPANY3901.









## Apply now for Fall 2021

Grades 6<sup>th</sup>- 12<sup>th</sup>





Application Deadline - April 1<sup>st</sup> Lottery Date - April 5<sup>th</sup>

Equality Charter School provides a high level of academic rigor in a nurturing learning community that will prepare scholars to be careerready in college. Go to our website for more information and to apply. Middle School – 4140 Hutchinson River Pkwy East High School- 2141 Seward Ave

www.equalitycharterschool.org





Giving a hoot on how you travel

## 718-597-6641 · info@havefuntravel.com



## WHY BOOK WITH HAVE FUN TRAVEL?

We do not charge any booking fees
We offer payment plans
(When booked in advance)
FREE no obligation quotes
Evening and late evening hours
We are with you from planning to welcome home



### **WE SPECIALIZE IN:**

- Las Vegas Vacations
- Vacation Packages
- Cruises
- All-Inclusive Packages
- Destination Weddings
- Groups









# 1844 Givan Avenue,Bronx,NY 10469(718) 379-6223www.thecookiefactory.com

A&T Moving and Hauling Co. 2 - 8 STRONG MEN WITH TRUCKS MOVERS Free Estimates • Low Rates • Licensed & Insured 20% OFF FOR SENIOR CITIZENS!



Residential / Commercial Rubbish Removal Available NYSDOT35314 · USDOT1073953 CALL NOW 914.318.8838



CALL AILIN FNP, MSN, BC FOR APPOINTMENT & A FREE / PRIVATE ONE ON ONE CONSULTATION 917-456-6086

HOURS OPEN: MON - FRI 4:45PM - 8:45PM SAT - SUN 7:30PM - 9:30PM

CHECK OUT OUR NEW WEBSITE! WWW.LEBELLEMEDISPA.COM



sealtitebuilders@gmail.com | www.sealtitebuildersinc.com

🗿 @masterpaintersny

## **EXAMPLUMBING CONT. INC** Get the plumbing done right the first time!

- S Local law 152 inspections ⊘
- 𝔆 Water heater replacement
- ✓ Repair and install gas lines
- ✓ Remodel your plumbing
- ✓ Plumbing clogs
- ✓ RPZ testing

- Sixtures installed
- ✓ New piping and repairs
- New homes, old homes, commerical plumbing
- ✓ Violation Removal

With 35 years of experience offer a wide range of plumbing services from emergency to commercial plumbing services, we are ready to handle all jobs, large or small. Pick up the phone and call us today!

## 718-204-2121 2167 Cross Bronx Expressway www.DNAPLUMBING.COM



#### Part Time Social Service Opportunities Bilingual (English/Spanish speaking) preferred

Saint Dominic's Family Services empowers children, adults, and families facing challenges to thrive in their communities by addressing their needs with compassion, dignity, and care. We seek part time professionals to join us in our Children & Family Treatment Support Services Program which provides mental health and behavioral support services, while empowering children and their families to improve their health, well-being and quality of life.

We are interviewing for the following part time opportunities maximum 19 hours per week in **the Bronx and Rockland County**:

Family Peer Support Services: Parent Advocate-High School Diploma/ GED and 1 year related experience. \$16/hr

Caregiver/Family Support Services-Parent Advocate-High School Diploma/GED along with one year related experience. **\$16/hr** 

Youth Support Services: Youth Advocate-HS Diploma/GED required. Young adult who has had 1 year receiving services themselves from the children's mental health or child-serving systems. **\$20/hr** 

Psychosocial Rehab Services (PSR) & Adolescent Counselor-Skill building. Bachelor's and 2 years related experience. **\$20/hr.** 

Planned Respite & Crisis Worker-Therapeutic intervention to reduce stressors in the home. High School diploma/GED and 2 years related experience. **\$20/hr.** 

These PT positions are flexible, mostly performed in the afternoons and weekends, depending on cases assigned.

Email resumes indicating position of interest to **rramirez@sdfs.org** or apply online at:

https://www.sdfs.org/careers-at-saint-dominics-family-services/ Equal Opportunity/Affirmative Action Employer

## NEW HEIGHTS CONSTRUCTION LLC WINTER SPECIALS!

**KITCHEN & BATH Complete Renovation And Remodeling**, **Expert Tile, Grant And Quartz** SIDING, ROOFING & WINDOWS Waterproofing, Gutters, Soffit & Fascia Repair, and more! MASONRY WORK **Concrete Sidewalk Violations • Porches** Brick and Granite Steps • Paver Stones Brick Pointing • Stucco, etc. EXPERT RENOVATION. **REMODELING & REPAIRS INTERIOR FLOORING** & PAINTING **Call Now for FREE Estimates** Iohn Miller 917-642-0195 800-525-5102 • 718-767-0044 NEWHEIGHTSCONSTRUCTIONLLC.com • SIDINGSPECIALIST1.com

NYC LIC# 1191201



## FAMILY OWNED & OPERATED 4 GENERATIONS

## **FLAT & SHINGLE ROOF SPECIALIST**



- New Roofs of all Types Roofing Repairs
- Waterproofing
   Basements
   Brick Work
  - Chimney Caps
     Seamless Gutters



# **Bronx Plastic Surgery**

Plastic & Reconstructive Surgery

Robert D. Goldstein M.D., F.A.C.S.

We are committed to enhancing and restoring your natural beauty with the latest surgical advancements and plastic surgery techniques. We also provide the latest options and techniques in reconstructive surgery. Experience the youthful, life changing effects of cosmetic surgery!

## BREAST PROCEDURES • BODY PROCEDURES • FACE PROCEDURES

## **BREAST AUGMENTATION**

Including Implants, Facility Fee and Anesthesia.

\$7,000

TUMMY TUCK Including Facility Fee and Anesthesia.

\$8,000

BOTOX \$11 Per Unit

## 2425 Eastchester Road Bronx NY 10469 www.BronxPlasticSurgery.com

drgoldstein@bronxplasticsurgery.com

• • • BOARD CERTIFIED PLASTIC SURGEON • • •

# SE HABLA<br/>ESPAÑOLCALL US NOW<br/>718.405.7500FINANCING<br/>AVAILABLE



Carpet, Tile, Upholstery Steam Cleaning Specialists

5 star google rating!!



1790 Eastchester Road, Bronx NY 10461 Phone: (718) 684-2774 • Fax: (718) 684-2777 Check us out at www.Montegrebendgomerket.com



WE WILL GET THROUGH THIS TOGETHER - STAY SAFE



## **MP POWER Realty Corp**

Maria Paleatsos 300 Licensed Broker-Owner

3009 Westchester Ave Bronx, NY10461 ner www.mppowerrealty.com Office: 718-829-2050 Fax: 718-829-2308

**HG**MLS

## **EXCLUSIVES PROPERTIES**



2 FAMILY DETACHED HOME – In the Heart of Pelham Bay Asking \$888K

 1st Floor - 3 BR, Boasts Huge LR w/Built-in Entertainment/Bookshelves/Electric Fireplace Unit. Front Room can be used as an Office, Den or 3rd BR. Separate Dining Area.
 Additional Back-room used as a Laundry Room leads to an Exit to a Summer's Dream Backyard. Hallway access to Finished 4 Room Basement w/Laundry Rm & Storage.
 2nd Floor – 3+BR w/separate limitless space. Both Apartments are Renovated Bathroom & Kitchen w/Pantry & Stainless Steel appliances. It's generously sized for a formal dining. Additional Back room is a laundry Room. Crawl space Attic. Shared Driveway

#### WILL NOT LAST... Call Cathy @ 917-681-2719



#### 1 BR COOP - PELHAM BAY - Asking: \$219K

Large 1 BR Unit Open LR into Dining Area, Galley Kitchen, Full Bath, Spacious BR/Coat/Linen Closets, HDW floors, updated plumbing. Well-maintained Luxury Building w/Elevator, Virtual Security System, Onsite Super, Laundry/Meeting Rm/Gym/Storage/Parking @ (monthly fee) & Patio for Owners use. Walk to #6 Pelham Bay Station, Exp & City Buses, Shops, Walk Trails to Pelham Bay Park. Close to Major HWYs. **Call Sandra @ 347-649-5444** 



#### STUDIO COOP – Asking \$109K

Spacious Studio COOP APT/2 closets, Apt. Faces Pelham Bay Pk. EIK & Full BA. An elegant pre-war, mid-rise, non-doorman elevator building. The Main Entrance, Vestibule & Lobby w/ terrazzo fl, stained glass windows. Property has windows in Kitchen & Bath, high ceilings, arched doorways, built-in shelves hallway. Amenities Include: . On-Site Super, Laundry, storage. Close to Pelham Bay Station, Exp & City Buses, Shops. All Major HWYs

Call Sandra @ 347-649-5444

#### NOTARY PUBLIC ON-SITE



## EATURED LIST SERVING THE BRONX & WESTCHESTER FOR OVER 30 YEARS



**FEATURES** Just Bring Your Toothbrush! 3 beds, 2.5 baths, updated kit & bath, hardwood floors, finished basement.

#### AMENITIES

• Convenient to • Relaxing Yard Train / Bus & Stores

\*ASK FOR MICHAEL MUSANO



#### **FEATURES**

Renovated 1 family, 3 Bedrooms, 2.5 Baths, Open concept Kitchen, **Finished Basement** AMENITIES

- Large Master Many updates
- Hardwood Fl

#### \*ASK FOR EUGENE BRANCA



FEATURES UNIQUE HOME With Lots of possibilities! Spacious 1 family, 4 BRS, 3 baths, Deck AMENITIES Finished bsmt
 2 Kitchens





**FEATURES** In the heart of Pelham Bay - 1 Bed Condo w/ Balcony in modern Elevator Building, low HOA fees AMENITIES

- Stroll to Bus, Laundry room Train & Shops Gym
- \*ASK FOR MICHAEL MUSANO



#### **FEATURES**

Bright & Sunny one family, 3 beds, 1.5 baths & Finished Basement, Hardwood FL Well Manicured Yard. AMENITIES

- Private Drwy
   Deck
- Security System 
   Great Location

\*ASK FOR TERESA IMPEMBA



**FEATURES** Conveniently located 2 family, 3 bedroom over 2 bedroom plus completely finished basement AMENITIES

 Hardwood Many updates

### floors

**\*ASK FOR DEBORAH PALLADINO** 



**FEATURES OWN & EARN!** A Rare Opportunity to Own Direct Waterfront Property in CC! Legal 2 family, possibly luxurious Single family

- AMENITIES
- 50 x 130 • Prime location Waterfront
- \*ASK FOR MICHAEL MUSANO



**FEATURES OWN & EARN!** 2 family, 3 Bed over 3 Bed Completely finished walkin. Convenient to all! AMENITIES 3 Separate

boilers • 2 Car Garage

\*ASK FOR EUGENE BRANCA

LIST YOUR HOME WITH A LOCAL EXPERT!



PINNACLE OFFICE AWARD WINNER

CENTURY 21. Kafcos Realty

CALL US FOR A FREE MARKET ANALYSIS!

JRY 21 Kafcos Rea 3396 E. TREMONT AVENUE BRONX, NY 10461 • 718.518.9101 LIC# 123456789 © 2020 Century 21 Real Estate LLC. All rights reserved. CENTURY 21® and the CENTURY the principles of the Fair Housing Act and the Equal Opportunity Act. Each office is indepe

## PRIME REALTY GROUP, INC Serving The Community For Over 40 Years! Notary Public On-Site. 1722 Crosby Avenue Bronx, New York 10461 Fax 718-823-0148

WWW.CALLPRIMEREALTYFIRST.COM Monday-Friday 9:00-6:00/Saturday 9:00-2:00/Off Hours Accommodated by Appointment



THROGGS NECK WATERFRONT LOTS RITE FOR DEVELOPMENT, BUILD THREE 2 FAMILIES OR ONE 10 UNIT MULTI FAMILY CALL MARIA FOR MORE INFO \$1,025,000



PELHAM BAY WELL MAINTAINED 1 FAMILY WITH WALKOUT BASEMENT 3 BEDS, 1½ BATHS, DUPLEX LARGE KITCHEN AND DINING ROOM PRIVATE DRIVEWAY FITS 5 VEHICLES \$599,999



CORONA QUEENS SUNNY 1 BEDROOM, 1 BATH CO-OP, CLOSE TO AIRPORTS & CITIFIED \$132,500



EDENWALD HANDYMAN SPECIAL 1 FAMILY, 2 BEDROOMS, 1 BATH, BASEMENT, GARAGE, SITTING ON 2 LOTS. \$375,000



PELHAM BAY FOR RENT SPACIOUS 2 BEDROOM WALK-IN WITH PRIVATE ENTRY WALKABLE TO EVERYWHERE. \$1,700

R



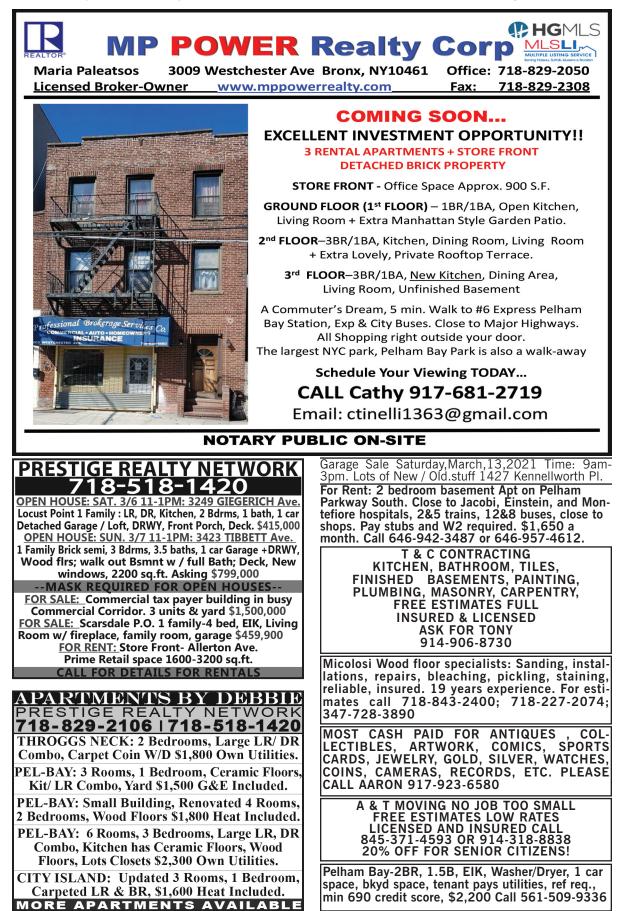
COUNTRY CLUB MODERN 3 BEDROOM, 1½ BATHS, DUPLEX REAR PORCH \$2,700



THROGGS NECK 2½ ROOMS, 1 BEDROOM, 1 BATH PRIVATE ENTRY AND PATIO \$1,500









we have grown to become one of the most comprehensive, full service facilities of our kind in the area.

Our admissions office will be more than happy to answer any questions and help you decide if Bay Park Center is right for you or your loved one. Please feel free to contact us at 718-239-6555 to have any questions answered or schedule a tour. You can also find us on our website at www.bayparkcenterfornursing.com

## Programs and Treatments offered at Bay Park:

## **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

## **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- Bi-Pap/C-PAP
- Suctioning

## **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration
   Interventions
- Ulcer Care
- Surgical Wound Care

## **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- •Medical Model Adult Day Care
- Behavioral Health Unit

## **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
- Short Wave Diathermy
- Therapeutic Ultrasound
- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
- Vestibular Rehabilitation

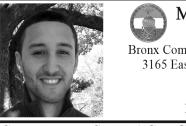








## "Neighborhood Updates"



Bronx Community Board #10 3165 East Tremont Avenue

> Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

<u>STREET RESURFACING REQUESTS</u> <u>FOR FISCAL YEAR 22</u>

It is that time of the year where our office submits our annual list of local streets that need repaving. If you live on a street that has one too many potholes and crevices in the roadway, please contact us @ (718) 892-1161 or bx10@cb.nyc.gov. If you choose to email us, sending a picture of the street condition would be very helpful. Please be mindful that some of the streets in our community have no sidewalks. Sidewalks are required by law for every property. If you request a street repaving on a street with no sidewalks, the City may construct a sidewalk for you and then bill the property owner(s) on their property taxes the following year. When in doubt, call us before submitting a request to our office.

#### HEAP APPLICATION

The New York State Home Energy Assistance Program Benefit (HEAP) application is open12! As you know, HEAP assists low-income people with their heating costs. Eligibility and benefits are based on income, household size, primary heating source and whether a household member is under six years of age or over 60. You may be eligible even if you own your home or pay for heat as part of your rent. To be sure, there are income guidelines. For example, a household size of four may not exceed a gross monthly income of \$4,598. A household size of one may not exceed a monthly gross income of \$2,391. If you think you are eligible, please schedule a time for you to pick-up an application.

#### <u>COMMUNITY BOARD #10 MEETING</u> <u>INFORMATION</u>

For those of us who are not sure of when committee meetings are taking place, please refer to our website. We update it weekly. Each committee has its own set day each month. For instance, our Executive Board meets on the first Monday of each month. Our Economic Development Committee, which oversees liquor licenses, meets the first Tuesday. Our Housing and Zoning Committee meets on the second Tuesday. Our Municipal Services Committee, which oversees agencies such as the NYPD, NYC DOT and NYC DSNY occurs on the second Wednesday. Our Parks Committee meets on the second Thursday. Our Youth Committee meets on the last Monday. Our Health and Human Services Committee meets on the last Thursday of each month. Full Board meetings, where voting takes place, occur every Third Thursday of each month virtually @: www1.nyc.gov/site/bronxcb10/index.page.



CRUGER AVENUE SYNAGOGUE: 2222 Cruger Avenue, between Pelham Parkway North and Astor Ave. Bx NY 10467 Services *Friday Night March 13th Begin at 6:00pm Sharp* followed by a hot sit down Sabbath dinner. Services(Shabbos) *Sat. Morning March 14th Begin 9:30am*, followed by a hot sit down Kiddush/Luncheon. *Saturday night Services begin 5:30pm* Followed by shalosh seudos(light meal). Social distancing is followed and masks are required .lf you do not have one we will provide one for you. Any questions or for information please email us at synagoguecruger1@gmail.com NYC COUNCILMAN MARK GJONAJ DISTRICT 13,

**NYC COUNCILMAN MARK GJONAJ DISTRICT 13, BRONX:** I hope you and your families are doing well during this time, as we are coping with the COVID-19 pandemic, and the health, social, mental and economic devastation that it has brought about. As more vaccines are coming to NYC, finally there is a plan to vaccinate homebound New Yorkers. I am proud that the two bills that I co-sponsored to require the City to develop and implement a COVID-19 vaccine plan for homebound seniors were instrumental into securing this. Please fill the form and submit to determine eligibility by Clicking Here. If you need assistance, please do not hesitate to contact my office at (718) 931-1721. My office has continued to help so many constituents in the eligible categories to get

vaccination appointments at Jacobi Hospital, Yankee Stadium, the NYCHA developments and elsewhere. To intensify the vaccine education and awareness, we are glad that in partnership with Jacobi Hospital and Community Board 11 we are hosting a Covid-19 Vac-cination Informational Session with Dr. Gabriele S. de Vos, Chief, Division of Allergy and Immunology at Jacobi Hospital on Thursday, March 11th 6pm-7pm. We encourage you to RSVP at 718-931-1721 to submit and ask any questions. This week I was proud to lead NYC legislation as a prime co-sponsor for a sweeping pair of bills to comprehensively re-shape NYC's Small Business Regulation System. These bills aim to update and overhaul the penalties to small businesses, associated with more than 180 violations attached to certain sanitation, health, transportation, consumer affairs, building and noise control violations, etc. We are humbled to be serving those in need in our communities and this week we gave away over 5,200 food boxes to families and seniors in need in our District, and in partnership with Urband Upbound we continued In-Person Free Tax Preparation in Morris Park and City Island by appointment only. We have been with you throughout this pandemic and will con-tinue to be with you. Please do not hesitate to contact my office with any issues or concerns at 718-931-1721 or email at MGjonaj@council.nyc.gov.

# Kimchi Corned Beel

ngreatent

1 (3 1/2) pound ready-to-cook corned beef
2 (16 ounce) jars kimchi, not drained
½ cup cold water, or as needed
2 pounds Yukon gold potatoes, quartered
3 large carrots, cut into large chunks
2 ribs celery, cut into large chunks

## Pour 1 jar of kimchi into a pot. Top with

corned beef and cover with the second jar of kimchi. Pour in water. Cover and bring to a simmer over high heat. Reduce heat to low. Cook, covered, until fork-tender, 2 to 3 hours. Flip over the beef occasionally and drape kimchi back on top.

Remove corned beef to a bowl. Bring kimchi mixture back to a simmer over high heat. Add potatoes, carrots, and celery. Cover, reduce heat to medium-low, and cook until almost tender, 20 to 25 minutes. Reduce heat to low and add beef back in. Cover and cook on low until meat is heated through, about 15 minutes. Taste the broth and add water as needed.

Slice corned beef thinly and serve in a bowl with the vegetables; spoon some broth on top.

# OFFICES FOR REN

FULLY RENOVATED, MODERN DESIGN BUILDING

OFFERING OFFICES OF VARIOUS SIZES

 WE PROVIDE HIGH QUALITY OFFICES WITH MANY SERVICES AND AMENITIES

 OUR LOCATIONS ARE TAILORED TO ACCOMMODATE **SMALL BUSINESSES & FREELANCERS.** 

**CALL TODAY FOR INFORMATION ON OUR LATEST PROMOTIONS.** 







SINARTI 718-665-4000 **INFO@SINARTI.COM** 749 E 135TH ST. BRONX, NY 10454

**BLUE SPACE** 718-847-7400 INFO@HHOLDINGGROUP.COM 3030 MIDDLETOWN RD BRONX, NY 10461

