

Courier Journal

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First Metro Names Two

MUSCLE SHOALS-- The First Metro Bank Board of Directors proudly welcomes **Joel Balentine** and **Jeremy Braman** to their new positions with the bank.

Balentine will serve as Assistant Vice President and Commercial Lending Officer at the Tuscumbia location. He earned an



Balentine

Associates Degree at Northwest-Shoals in 2015 and a Bachelor of Business Administration from the UNA in 2017. Additionally,

Balentine serves on the First Metro Bank Small Business Administration (SBA) Team where he assists local businesses in receiving



Braman

Paycheck Protection Program (PPP) Loans.

Braman will serve as Assistant Vice President and Commercial Lending Officer at the Lexington branch. He

earned an Associates Degree at Calhoun Community College in 2005. Braman brings 17 years of financial experience and a diverse set of branch management and lending skills to First Metro Bank.

"We are excited to welcome Joel and Jeremy to our bank family," said Rodney Howard, First Metro Bank President and CEO. "I believe First Metro Bank will benefit from their combined expertise."

See SHORTs... on Page 6

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For information about advertising in this spot, call 256-740-4701

Health Fair Set for April 8 & 15



FLORENCE--Even during a pandemic, it is important to keep up with medical screenings and regular exams. Because of this, the Shoals Community Clinic will present the Catherine Barnes Women's Health Fair on April 8 and April 15.

Breast and cervical cancer continue to be major causes of women's illness and death. There are no cures for these diseases, but early detection is the best recourse in surviving and leading a thriving life.

See HEALTH FAIR... on Page 8

SWIM TEAM SETTING A FAST Pace

FLORENCE-- The Florence Alabama Swim Team, also known as FAST, just completed its 2020-2021 USA Competitive Season in March.

FAST is the only USA/ARPA (Alabama Recreation & Parks Association) competitive swim team in the Shoals area.

The Senior Southeastern meet took place February 19-21 in Huntsville with Madelyn Dawson qualifying in two events, the 50 meter and 100 meter freestyle.

The Region 1, 8 and Under (8U) **Hammond**

See FAST... on Page 2



3 Swimmers are Top 3 in Region 1.

Aria White

Hadley Hammond

Archer White

Hood is Named Alabama's New Century Workforce Scholar

MUSCLE SHOALS -- Northwest-Shoals Community College student, Jaron Hood of Moulton, was recently named a 2021 New Century Workforce Scholar, and he will receive a \$1,250 scholarship. Only one New Century Workforce Scholar is selected from each state.

This scholarship is the first of its kind to support students at associate degree-granting institutions on a national scale as they plan to enter the workforce upon the completion of a degree or certificate. The program is sponsored by



Hood

The Coca-Cola Foundation and Phi Theta Kappa Honor Society.

"This scholarship is going toward my continued education," Hood said. "I didn't know I was getting this award, so it is an honor. For me, it was a bit of a payoff for a lot of hard work."

Hood has trained in all aspects of cosmetology, including barbering and aesthetics. Hood said he has been encouraged to learn

See HOOD... on Page 7

Inside this Issue

- JOBS JOBS JOBS
- Ask the Attorney
- Medicare Minute
- On Your Debt



- Adopt-a-Friend
- Hocus • Soaps
- Dave Ramsey
- CJ Egg Hunt
- Winners



- Cat & Kids
- Tosha Hill's First EP
- Insurance Insights
- Athletic Support



SIGNS of the PAST

Online Only:

- Outdoors
- Web Poll
- Pet Talk



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REED'S METALS

24350 County Road 14, Florence, AL 35633
256-764-7943

GRAND OPENING Event

WEDNESDAY, THURSDAY, FRIDAY
APRIL 7, 8, 9 • 8 AM - 6 PM Each Day
FREE FOOD from 11 am - 2 pm

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- RV Cover • Pole Barn Kit
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FAST...
 Continued from Page 1

Championship Meet was on February 26-28. FAST finished with three swimmers placing in the top 3 in the region. Aria White was 1st in the 100m Individual Medley. Hadley Hammond placed 2nd in the 25m Breaststroke. Archer White placed 2nd in the 100m Free, 2nd in the 50m Free, and 3rd in the 50m Fly.

Age Group Southeasterns was in Huntsville on March 5-7. Lo Hammond qualified in 6 events. She was the Southeastern 10U 200M Freestyle Champion with a 2:25.32, dropping almost 10 seconds from her seed time (previous best).

Overall, Hammond placed 1st in the 200M Free, 3rd in the 100M Freestyle, 4th in the 50M Free, 6th in the 200M Individual Medley and 8th in the 100M Individual Medley. She made two sectional qualifying times in the 50M and 200M free.

The Eastern Section of the Southern Zone (ESSZ) Sectional Meet was in Cary, North Carolina on March 12-14. Lo Hammond dropped even more time and finished 13th in her 50 freestyle with a 29.54 and 16th in her 200 free with a 2:23. This was the first time a FAST swimmer qualified for Sectionals

Southeastern 10U 200M Freestyle Champion, Lo Hammond, with FAST head coach, Chelsea Hughes Keeton at the recent ESSZ Sectional in Cary, NC.

Courtesy photos



under head coach, Chelsea Hughes Keeton. Keeton has been the head coach of FAST since 2011 and was an assistant for five years before that.

If you are interested in being part of the Florence Alabama Swim Team, registration is underway now and lasts through April 30. Summer Season is

from May - August. Call the Royal Avenue Office at 256-760-6425 to set up a swim test. For more information, feel free to contact the team at FlorenceAlabamaSwimTeam@gmail.com.

"A lot of awesome things are taking place at FAST," said Coach Keeton. "We would love to have you join."

Simple Acts of Kindness

Mail or Email us the details of a **Simple Act of Kindness** you have witnessed or experienced:
 editor@courierjournal.net
 219 W. Tennessee St.
 Florence, AL 35630

Programs For Everyone!
Good Credit Or Bad Credit

2015 Jeep Wrangler Unlimited Sport 4X4 112,512 Miles **\$25,900**

2013 Ford F150 Supercrew 158,243 miles **\$14,900**

2016 Hyundai Veloster Turbo 32,652 Miles **\$15,500**

2017 Nissan Versa S 129,704 Miles **\$6,900**

18520 Hwy 43 Russellville 256-398-8751

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 HOURS: M-F 6-10; Sat. & Sun. 7-10

Ground Beef \$1.79 Lb.	T-Bone Steak \$5.99 Lb.	Ribeye Steak \$7.99 Lb.	Filet Mignon \$8.49 Lb.
Delmonico Steak \$4.99 Lb.	Chicken Thighs or Drumsticks 89¢ Lb.	Sliced Bacon or Breakfast Pork Chops \$1.99 Lb.	Farm Raised Catfish Filet or Shrimp (w/head on) \$3.99 Lb.
Country Style Ribs or Sirloin Pork Chops \$1.29 Lb.	Family Pack Pork Chops or Pork Steak \$1.59 Lb.	Split Chicken Breasts or Boston Butts \$1.39 Lb.	Beef Stew Meat (Lb.) or Chicken Leg Quarters (10 Lb. Bag) \$4.99

Catherine Barnes Women's Health Fair
 At the Shoals Community Clinic
 309-B Handy Place, Florence

April 8th & April 15th

By Appointment Only
 256-760-4713

Pap Smear Screenings
Clinical Breast & Cervical Exams
Mammograms if Qualify

Patients should be...
 Women between the ages of 40-64...
 Without regular health care provider...
 Without medical insurance.

FREE to the Community
 Must call for an appointment:
 256-760-4713

Presented by UNA Anderson College of Nursing and Health Professions, Florence Pathology Service, Tri-State Center for Breast Health, Lauderdale County Radiology, ABCEDP, & the Shoals Community Clinic's WELL WOMAN PROJECT

ANDERSON College of NURSING and HEALTH PROFESSIONS University of NORTH ALABAMA

Well Woman PROJECT



Yard Sales

MUSCLE SHOALS INDOOR ESTATE SALE, 307 Ford St., Fri. & Sat., 8am-1pm, Oak table/8chairs, Couch, Furniture, Dishes, Home decor, Glassware & misc. "Masks Required"

TUSCUMBIA: ANNUAL ARROWHEAD ESTATES Yard Sale off 3 Mile Lane Sat. April 10th 6:00 AM-Until, Come park and walk to multiple houses! MAP ID # 4388

MUSCLE SHOALS: 4113 SPORTSPLEX Drive Sat. 8AM, 4/10/21, MASSIVE parking lot sale. Over 20 families! Furniture, glassware, clothing and much more.

TUSCUMBIA: 667 LESLIE AVE. Fri., Sat. and Sun. 7:30AM-2PM, A lot of kid's and adult clothing, home decor + **MUCH MORE!**

CENTER HILL: 216 CO. Rd. 377 Fri. and Sat. 7AM, Home decor, clothes, shoes, GREAT PRICES! Everything must go!!!

MUSCLE SHOALS YARD SALE, 413 Central Ave SW, Fri. & Sat. 7 am-until? Household items, Clothing and much more!

FLORENCE: 1617 BROADWAY BLVD. Fri. and Sat. 7AM, Apple Watch Bands, lots of new/used stuff.

HUGE GARAGE/YARD SALE! TUSCUMBIA: 288 Gargis Lane Sat. 9am-Until, Items include vintage and antique items. Many collectibles such as Coke, coins, stuffed animals, glassware, sports cards, hot wheels, comics, science supplies, shooting supplies, clothing, tools, household items, and more! For more info, call 256-436-2051. In case of rain, will hold Sat. 4/17.

An exclusive listing of the better sales in the Shoals area.

To list your sale, fill out the form on page 6.

WE MUST receive your ad by Friday prior to the Wednesday release date. (8 days before a Saturday sale)

TUSCUMBIA: 908 NORTH HIGH Street Sat. 6AM, Furniture, jewelry, plus size and children clothes. MAP ID # 4399

ESTATE/GARAGE SALE! FLORENCE: 2217 Estaline Drive Fri. 7AM, 4/9 Tools, Kitchen, Collectibles, Car Stuff, Furniture, Paintings, Vintage, Clothing.

Home to Home Upscale Consignment Sale

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10am-5:30pm Wed-Sat - Weekly Arrivals!

NEW LOCATION 807 E. Avalon Ave. • Muscle Shoals

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405625-1

DODGE: RAM 1500, 1996 \$1,000. LOW MILES, V8 Magnum, extra set of wheels. 256-633-7860.

OPEN HOUSE AT GOLDEN RULE GREENHOUSES! 25% off all early vegetable and pepper plants all day April 2 + 3. We also have ferns, tropicals, bedding plants, tomato plants and fresh Florida tomatoes. Come see us at 1363 Targum Rd., Hartselle Tues.-Sat 8AM-5PM 256-502-2476 or 931-284-8117.



FORD THUNDERBIRD, 2005 50TH Anniversary Edition. Hard top, blue, 112k mi. \$14,000, obo. 256-476-1930.

CHRYSLER: PACIFICA LTD, 2018. Fully equipped with scooter and scooter lift, 15K miles, \$34,000. 256-350-8597.

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 10 Gallon Shop Vac 2000243 HOT BUY Sale Price \$49.99 Reg. \$89.99	 6 Gallon Shop Vac 2000244 HOT BUY Sale Price \$39.99 Reg. \$59.99	 Poly Cotton PVC Dotted Gloves 23706997 HOT BUY Sale Price 49¢ Reg. \$1.99	 GT 3 Pack Insect Fogger 122378 HOT BUY Sale Price \$3.99 Reg. \$5.99	 1 Gallon RTU Roundup 162323 Sale Price \$9.99 Reg. \$13.99	 Roundup Concentrate 1 Pint 596759 HOT BUY Sale Price \$9.99 Reg. \$15.49	 Green Patio Umbrella 245806 CLOSEOUT Sale Price \$19.99 Reg. \$39.99
 Tide Pods 16 Ct. 148672 Sale Price \$4.99 Reg. \$5.99	 Round Satin Nickel Light 2700053 Sale Price \$8.99 Reg. \$18.99	<h1 style="font-size: 4em; color: orange; text-shadow: 2px 2px 0px black;">CLOSEOUTS & MORE!!!</h1>			 Amdro Quick Kill Insect 1000160 CLOSEOUT Sale Price \$6.99 Reg. \$14.97	 Amplifi Power Hose System 1000901 CLOSEOUT Sale Price \$69.99 Reg. \$129.97
 Liquid Tide 2X 50 Oz. 816092 Sale Price \$6.99 Reg. \$9.99	 Swiffer Dry & Wet Mop Kit 200243 Sale Price \$8.99 Reg. \$12.99	 Commercial Electric LED Downlight 7000909 CLOSEOUT Sale Price \$4.99 Reg. \$9.99	 Jobsite Aluminum Dust Pan 566374 Sale Price \$6.99 Reg. \$12.99	 2 Ton Perfect Tool Jack Stands 248241 Sale Price \$18.99 Reg. \$29.99	 Werner 8ft. 225# Fiberglass Step Ladder 784317 Sale Price \$69.99 Reg. \$82.99	 Mansfield ADA Elongated White Toilet Complete 169443 Sale Price \$119.99 Reg. \$169.99
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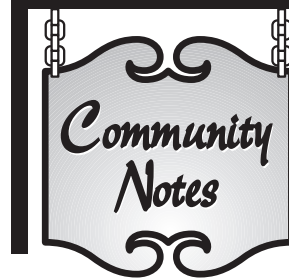
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07 Ford Explorer Sport \$2000 DOWN	06 Toyota Avalon \$1800 DOWN	09 Pontiac Vibe \$1800 DOWN	06 Pontiac G6 \$1200 DOWN
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- \$700 Down to \$2,500 Down -

www.courierjournal.net



COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. . Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. We do our best, however, there is no guarantee that this free information will be published each week in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper.

Florence City Schools Job Fair Thursday, April 8, 2-5pm at Florence Technology and Professional Development Center, 541 Riverview Drive, Florence.

For registration information: www.florence12.org/personnel or call 256-768-3000.

This job fair is FREE and open to education professionals, recent or upcoming education graduates, and support position job seekers.

FCS is adding full-time positions to our already dynamic staff: Teachers, Nurses, Child Nutrition, Custodial and Maintenance.

Please come prepared for possible interviews.

Florence District 1 Councilwoman, Kaytrina Simmons is partnering with the Sigday family of pharmacies making 500+ Moderna vaccines available at tow convenient locations!

April 8, 10am-4pm at Sherrod Church of Christ, 1207 Sherrod Ave., Florence
April 10, 10am-4pm at Handy Recreation Center, 1105 Beale St., Florence

ALDHP guidelines followed. Bring your ID. No appointment needed. Walk-in or drive thru.

Shoals Republican Club After Hours + Trivia on Tuesday, April 8, 6-8pm at High Ridge Spirits Distillery, 1401 Huntsville Road, Sweetwater Districe, Florence.

Florence Drive Thru Neighborhood Food Pantry at North Wood Methodist Church during COVID crisis, requirements: photo ID. Call 256-764-2111 for appointment.

The NACOLG SENIORx Medication Assistance Program supplies free and low cost medications for anyone in Alabama with a disability or a chronic illness regardless of age that requires daily medication. Medicare recipients may also be eligible.

For more information, contact NACOLG SENIORx today. There is no charge for this service.

1-800-AGELINE (1-800-243-5463) Paula Pardue 256-389-0529

This program is in partnership with the State of Alabama and Alabama Department of Senior Services

Want to list your event in Community Notes? Email your information to editor@CourierJournal.net.

The American Red Cross has kicked off its Annual Fund Drive, looking for 1,000 supporters to boost the 2021 Annual Fund and provide urgently needed aid to families facing their hardest moments throughout the year.

Your generous support helps AMC to respond immediately whenever and wherever they're needed, in local communities and nationwide. And monthly support powers the American Red Cross mission, year-round.

When you make a monthly gift to provide steadfast support for families, they'll also send you a special

Red Cross mini first aid kit in a vintage-inspired tin. For more information or to donate, call 1-800-435-7669 or visit www.redcross.org/donate/annual-fund.html

April Holy Days of religions present in the Shoals

- Jewish April 8, Yom HaShoah
- Hindu April 13, Hindu New Year April 21, Ramanavami April 27, Hanuman Jayanati
- Islam April 13 Ramadan begins
- Baha'i April 20, First day of Ridvan April 28, 9th day of Ridvan

See NOTES... page 15



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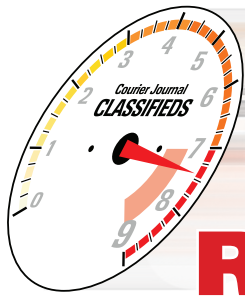
2011 Ford F150 \$4,000 Down	2008 Ford Expedition \$1,500 Down	2014 Dodge Avenger \$2,000 Down
2010 Dodge Charger \$2,000 Down	2011 Cadillac SRX \$2,000 Down	2014 Ford Escape \$2,000 Down
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Courier Journal

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ONLINE - at our Website...
Go to www.courierjournal.net and click "Place a Classified"

PHONE - 8AM-5PM Mon-Fri
Charge to Credit/Debit Card by calling **256-764-4268**

FAX - 24 HRS - Charge to Credit / Debit Card by faxing an ad to **256-760-9618**. Include exp. date. List how many weeks the ad is to run.

MAIL - Mail your written ad to address at right. Include your phone number. We will call to finalize your ad. List how many weeks the ad is to run.

OFFICE - Drop by our office at your convenience 8-5 Monday-Friday and write/submit it there.

ADVANCE PAYMENT IS REQUIRED in cash, check or Credit/Debit Card. Phone-in Ads MUST be Charged to Credit/Debit Card! NO EXCEPTIONS! NO REFUNDS!

DEADLINE: Friday 5pm

- Private Party Rate** 3 LINES for 1 item Prepay - No REAL ESTATE, FIREWOOD, or TICKETS. Each additional line - \$1.50 - CASH DISCOUNT - 4 Weeks/3 LINES for 1 item \$13.50 - Each additional line - \$5.00 no credits..... **\$4⁵⁰** Week
 - Commercial Rate** 4 LINES Prepay - applies to all REAL ESTATE and anyone engaged in sale of goods/services on a recurring basis or for profit, licensed or not. 1 vehicle per ad. Each additional line - \$1.50 CASH DISCOUNT - 6 Weeks/4 lines \$35.00. Each additional line - \$7.50..... **\$7⁰⁰** Week
 - Yard Sales** 5 LINES Prepay Each additional line - \$1.50 YARD SALES - An exclusive listing of the area's better sales prominently placed **\$11⁰⁰** Week
 - Employment** 5 LINES Prepay Each additional line - \$2.25 EMPLOYMENT - Looking for employment or Businesses looking for employees **\$12⁵⁰** Week
 - Private Party Auto Rate** Up to 8 LINES for 4 weeks. Prepay Each additional line - \$2.00..... **\$15⁰⁰** Week
- *one line is approx. 30 characters

Name _____
 Address _____
 City _____ State _____ Phone _____

→ HOW MANY WEEKS? Multiply the number of weeks - X - the cost of the ad....

YES! RED LINE MY AD!

RED LINE: Add \$3 per ad per week. Buy 5 weeks of RED LINE, get the 6th free (\$15 plus cost of ads). Only the top line of each classified ad can be red, 24 characters and spaces MAX. - 20 characters & spaces MAX for Real Estate ads.

MAILING ADDRESS: Courier Journal, 219 W. Tennessee St., Florence, AL 35630

Please Print Ad Clearly. NOT RESPONSIBLE for illegible handwriting
Questions? Call our office at 256-764-4268.

Shorts...

Continued from Page 1

Shred Day is on April 23

FLORENCE- Mark your calendars now for the Annual "Shred Day" event hosted by the Better Business Bureau of North Alabama, Inc on Friday, April 23 from 10am-noon at the Florence-Lauderdale Coliseum in Florence.

This event will feature a quick and easy drive-thru setup with two document shredding trucks on-site. You can have your sensitive paper documents securely shredded FREE OF CHARGE. Only paper documents will be accepted. Please remove all other materials, such as cardboard, plastic, metal, and binders.

- There is a document limit of 3 bags or boxes per vehicle.
- Documents should be placed in the trunk area of the vehicle.
- Remain in your vehicle. This is a no

contact event. Event sponsors include City of Florence, Cook's Pest Control, Dixie Pulp & Paper Recycling, LLC, ElderCare Services, Progress Bank and The Agency on Pine. For more information, call 256-740-8224.

Road Across Dam Closed

SHOALS-TVA is closing Wilson Dam Road by the dam until April 29 to support ongoing work at the new Reservation Switchyard. TVA's transmission team will be installing new overhead power lines from the dam to the new switchyard. Closing the road while work is ongoing will ensure public safety as lines are being strung overhead. Closing the roadway reduces the amount vehicular traffic to a manageable size for the transmission crew to flag as needed. Fleet Harbor boat ramp will remain open.



Mail or Email us the details of a **Simple Act of Kindness** you have witnessed or experienced: editor@courierjournal.net 219 W. Tennessee St. Florence, AL 35630



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Your Courier Journal is published for total saturation, direct-mail delivery every Wednesday to 72,703 Shoals area and surrounding homes. It is Alabama's Largest Weekly-Mailed Direct, and enjoys a larger circulation than all local subscriber based newspapers combined.

EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

219 W. Tennessee St.
Florence, AL 35630
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well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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NEWSPAPER REPORTER

The Decatur Daily, a five-day daily covering three counties in north Alabama, seeks an aggressive news reporter willing to ask tough questions, develop sources and dig for stories of importance to our readers. We are looking for a productive reporter who can handle hard news and tell a compelling story. The successful candidate will cover a wide range of topics, including local government, education and police. Accuracy is essential. Experience is a plus but not required. The job can be designed to fit an applicant's skills and experience.

Send a brief cover letter, five of your most current, relevant writing samples and resume including references to: Eric Fleischauer, Metro Editor, eric@decaturdaily.com

Hood...

Continued from Page 1

everything he can about the industry.

"The cosmetology program at Northwest-Shoals is top notch. My instructor, Melinda Grissom, pushes us to the limit, and that makes a huge difference in what we are able to accomplish," he said.

New Century Workforce Scholars are selected based on their academic accomplishments, leadership, activities, and how they extend their intellectual talents beyond the classroom. Over 2,000 students were nominated from more than 1,200 college campuses across the country.

"I feel like this scholarship is also a recognition of the program's quality. We come out of this program prepared and ready to go to work."

Hood also received the prestigious Horatio Alger Association Award. That included a \$2,500 scholarship for last fall and the current spring semester.

"We congratulate Jaron for receiving this prestigious scholarship, and we are honored to partner with The Coca-Cola Foundation to recognize his outstanding achievements," said Phi Theta Kappa's President and CEO Dr. Lynn Tincher-Ladner. "Scholarship programs like this are integral for creating opportunities for students to succeed as they prepare to enter the workforce and for putting college completion within reach."

The New Century Workforce Scholars will be recognized in the fall.

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DAY by DAY

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Broken By God

Isaiah 53 describes in detail what happened to Jesus Christ on the cross. Read the chapter. Notice carefully: **Isaiah 53:4** "Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, *smitten of God, and afflicted.*" God's will put His Son, Jesus Christ on that cross. He suffered your hell and death and punishment and shed His blood so He could offer you a free pardon for your dirty rotten sins. Christ was abandoned on that cross just as a sinner who dies lost and goes to hell will be abandoned by God forever and cry out as He did, "My God, My God, why hast thou forsaken me?" Study these verses carefully; **Romans 9:33** "As it is written, Behold, I lay in Sion a stumblingstone and rock of offence: and whosoever believeth on him shall not be ashamed." **Luke 20:18** "Whosoever shall fall upon that stone shall be broken; but on whomsoever it shall fall, it will grind him to powder." That was Christ's remarks. Billions go through religious motions every week but have no clue what salvation is or what being broken by God entails, and leave services the same way they came in, lost.

If you are not saved or not sure, you need to make sure now, today. The Apostle wrote: **1 Timothy 1:15** "This is a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I am chief." Spotting a saved, born-again, broken by God, child of God is easy. They smile, love God and love the lost sinner. They have the sealing of the Holy Spirit. They are faithful and don't love money, the world and its goods more than the things of God. They weep over sin and their love for Christ is evident. They are assured of their future after death. IF YOU ARE NOT SAVED, YOU KNOW IT. Now, right where you are, ask Christ to break you and forgive and save you and fall on Him alone for salvation and He will forgive and save you. You will start a blessed new life. Later after death without Christ, you will get broken, but too late. Sin is a deadly silent eternal killer.

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1. Most fish in the Tennessee River have white muscle such as a Brim. This type of muscle is known as "fast twitch."
True or False?
2. A salmon that has red muscle can swim up stream. This type of muscle is known as "slow twitch."
True or False?
3. Mammals, such as humans have red muscle which is rich with myoglobin. This myoglobin gives muscle the red color such as the salmon.
True or False?
4. During a strenuous muscular work-out of the biceps, muscle of the arm temporarily increase in size due to a byproduct of muscle metabolism known as Lactic Acid.
True or False?
5. The bicep muscle of each arm are the only muscles named biceps of the human body.
True or False?

Answers: 1. True 2. True 3. True 4. True 5. False
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Health Fair...

Continued from Page 1

The fair will offer free cervical exams, breast exams, mammograms, and Pap smears with a few restrictions for women age 40-64 who do not have health insurance or a primary health care provider, and for women 65 and over who do not have Medicare Part A. This is a part of the clinic's Well Woman Project supported by the Alabama Breast and Cervical Cancer Early Detection Program (ABCCEDP). This program is part of a nationwide initiative launched by the Center for Disease Control (CDC), which has offered cancer screenings to over 5 million women. This program has benefited thousands of women in the state who would not have had access to this preventative care otherwise.

The Catherine Barnes Women's Health Fair is named after one of the clinic's founding officers and first directors, Catherine Semmes Barnes, who was an inspiration to women fighting this disease. Experts estimate that about one out of every eight women born today will be diagnosed with breast cancer at some time during her life. Early detection is a key factor in treating and surviving a possible cancer diagnosis. Therefore, it is imperative

that everyone consult with their healthcare provider to schedule regular exams. The program is supported by partnerships with the Anderson College of Nursing and Health Professions at UNA, the Tri-State Center for Breast Health, Florence Pathology Service, Lauderdale County Radiology, and the ABCCED Program.

For more information, or to set up an appointment, call the Shoals Community Clinic at 256-760-4713.

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HAVE YOU SEEN KIDSVILLE News! Yet? It's the Shoals' fun, family newspaper for parents, teachers and kids K-6th grade and IT'S FREE! Kidsville News! is delivered in the classrooms. Copies may also be obtained at any local library, several area merchants that cater to kids and the Courier Journal business office, 219 W. Tennessee St., Florence.

1000 TRAILS CAMPING TIME share. Reasonably priced. 256-757-1964.

PUBLIC NOTICE AND OPPORTUNITY TO COMMENT

The Lauderdale County School System is attempting to locate *any child with disabilities, Ages 0-21,* who may be living in the Lauderdale County School District and who are not currently in a school program.

Anyone knowing of a child, who may be in need of Special Services, is asked to contact Mrs. Brooke Gilmer, Director of Special Education at 256-760-1324 between the hours of 8:00 a.m. and 4:00 p.m. Monday thru Friday.

ALL INFORMATION WILL BE KEPT STRICTLY CONFIDENTIAL.

Courier Journal Mystery Photo of the week!

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Last week's winner is **Silvia Ruth Tomlinson** of **Cherokee** who correctly guessed "Covenant Court Apartments" in Tusculmbia

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after 12 Noon.

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Items can be viewed **April 13th and 14th** at **904 West 14th Ave, Sheffield, AL 35660** between 1-3pm. Forms for bidding can be picked up during the viewing hours. Sealed bids will be accepted until **Friday, April 16, 2021 at 1pm.**

Please call 256-383-0400 with any questions. *All items are sold AS IS.*

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The TimesDaily has an immediate part-time opening within our inside classified sales team located in Florence.

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Sales Director -
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baretta.taylor@decaturdaily.com

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Detailed position announcements and applications can be requested by visiting the web page at www.nwsc.edu or by contacting the Office of Human Resources at 256-331-5229. NW-SCC is an equal opportunity employer

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Looking for a new Career Opportunity? Waste Connections of Alabama is hiring **CDL Drivers and Mechanic** for the Shoals area.

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Small private practice in Tuscumbia, Alabama is looking to hire a **Licensed Psychologist** to perform evaluations Full Time.

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Faith Based Psychological Associates, Inc.
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The *TimesDaily* has a position available for a Part-Time Non-CDL Truck Driver. The ideal candidate must have an excellent driving record and a clean MVR (motor vehicle report) as well as proof of personal auto insurance. Candidate must pass a DOT physical, be able to lift up to 50 pounds, and be capable of driving up to 8 hours at a time. Must be able to work flexible schedules including days, nights, weekends, and holidays as needed.

Please email resumes to hollie.colella@timesdaily.com.

Applications may be picked up at 219 West Tennessee Street, Florence, AL 35630.

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- Hartselle/Cullman**
Contact: Mabelle
256-227-7807
- Priceville/Somerville**
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Commentary

Societal Portrayals Going Overboard

Having become more of a “woke” society, since the Presidential campaign and Inauguration, we are supposed to spend more mental capital worrying about what others think and how they may perceive our words, actions, or even inactions.

It is amazing how quickly advertisers have fallen all over themselves (even in a pandemic environment) to refocus messages so as not to offend or exclude any particular nationality, race, belief system, gender, perceived gender, family arrangement or any other meaningful groups.

Viewers have been fed a steady diet of Black, Hispanic, and Asian actors, mixed race couples, same-sex couples, mixed-race children, families with multiple nationalities or races, and any other combination du-jour.

And while it is good to see increased diversity in all media, being force-fed, like waterboarding, is never subtle. Two-thirds of Americans are not people of color. Every third couple in the US is neither mixed in nationality nor same-sex. There is not a mixed race child in every family.

See WOKE... on Page 35

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*

April 7, 2021

Happening THIS WEEK



Hill Sets Sights on Forty Miles

TUSCUMBIA—Tosha Hill has been referred to as one of the most promising new artists from the Muscle Shoals area. With her talent being unquestionably one of the more unique sounds.

From humble beginnings at an early age, she began her musical journey from performing at local churches, state fairs, songwriting competitions, to honing her skills in the studios of her hometown.

Hill is ecstatic about her debut EP release of *Forty Miles*, a collection of five songs co-

written with her father, Billy. *Forty Miles* was recorded in Gallatin, TN, and produced by Arab,

See TOSHA ...on Page 31



Let's Clean OUR House

SHOALS— The 2021 Statewide “Don’t Drop It On Alabama” Spring Clean Up will be held the entire month of April. The cleanup is held annually and coordinated by Alabama PALS (People Against a Littered State), which also coordinates and implements the Alabama Coastal Cleanup (partnership with ADCNR), the Alabama

Keep a Close eye on YOUR neighborhood and take it upon yourself to help minimize litter

NEVER discard items from your vehicle. Take them home to dispose of or recycle properly.

See LITTER... on Page 32

THE DESHLER THEATRE DEPARTMENT proudly presents Wonka Jr. on April 9-10 at 6:30pm at the Deshler High School Auditorium. There will be a matinee performance on April 11 at 2:30pm at the Deshler High School Auditorium. The cast consists of students from all of the schools in the Tuscumbia City School System K-12. Tickets for adults and students are \$10 each (this includes the online purchasing fee) and can be purchased online through this link: <https://gofan.co/app/school/AL7392>. No cash will be accepted at the door. Step into our world of pure imagination.

FREDERICK MURPHY AND KAREN BAYNHAM CURRY will be presenting on the history of the Jackson Family from the Forks of Cypress at the Florence Indian Mound Museum at 10am on Saturday, April 10. Murphy and Curry are descendants of Ferdinand Jackson, formerly enslaved at the Forks of Cypress. The two will explore the connection between the enslaved Jackson family at the Forks of Cypress and those enslaved at the Cabin Row Plantation located in Montgomery County, Tennessee. Their presentation will focus on discovering their family history. This program is free. Face-coverings are suggested, and seats will be spaced three feet apart. The Florence Indian Mound Museum is located at 1028 S. Court St. in Florence, Call 256-760-6427 for more information.

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APRIL 9-11
vs. Kennesaw State
at Mike D. Lane Field

TENNIS
SAT. APR. 10 • 2PM
vs. Lipscomp
at UNA Varsity Tennis Courts

YOUR Letters

Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

by Mail, in person or mail slot
Editor-Courier Journal
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

No One Belittled

Editor:

We watched a Christmas movie on OWN channel (Oprah Winfrey Network) four months ago called “A Christmas for Mary.” It was almost all black people in the movie, except a white girl was the girlfriend of a black guy but he really liked a black girl. They made the white girl look ignorant, dumb, and unworthy of the black guys love and affection.

I thought we were supposed to be moving past that. If that were the other way around, they would demand the movie be banned. Where are the Woke people to

defend the portrayal of a white woman in the movie as an idiotic ding bat? (Crickets)

No one of any race should be belittled as a comparison in a movie or any other venue.

Paul Sabatino
Florence

“Those who hammer their guns into plows will plow for them who do not.”

Both from NW AL

Editor: Courier Journal

David Curott’s “Signs of the Past” about General Joe Wheeler (March 24) reminded me of having seen his and Helen Keller’s statues in the U.S. Capitol’s statuary hall.

How ironic that Alabama’s two chosen representatives lived so close to each other in Northwest Alabama.

Ann McGregor
Florence

See LETTERS... on Page 16

Notes...

Continued from page 4

The Deshler Theatre Department proudly presents Wonka Jr. on April 9-10 starting at 6:30 PM at the Deshler High School Auditorium. There will be a matinee performance on April 11 at 2:30 PM at the Deshler High School Auditorium. The cast consists of students from all of the schools in the Tuscumbia City School System K-12. Tickets for adults and students are \$10 each (this includes the online purchasing fee) and can be purchased online through this link: <https://gotan.co/app/school/AL7392>. No cash will be accepted at the door. Step into our world of pure imagination.

Sheffield Head Start Program located at 701 East 17th Street in Sheffield is still taking applications for Pregnant Moms and children ages 6 weeks to 4 years for the upcoming 21-22 school year. Parents must bring the following items to register: Child's Birth Certificate, Verification of Income for 2020 (W-2 form, Income Tax Return, Social Security Statement, Child Support, Unemployment, etc.), documentation of Public Assistance such as TANF and Insurance card (if available). Additional information needed if available: WIC, food stamps, College ID, IEP or IFSP. Services are provided at NO COST to parents. Children with special needs and/or disabilities and homeless families are given priority. Call 256-383-3577 or 256-606-3286 set to up an appointment today!

Attention Homes Child Abuse Prevention Event takes place on Saturday, April 17 at Joe Wheeler State Park, 4401 McLean Drive, Rogersville, between the Lodge and Marina. Sign-in at 9:30am, event 10am-12pm.

April is Child Abuse Prevention Month! A time to celebrate the good things our communities do in order to promote healthy child development and help prevent child abuse and neglect!

During this event, the children will be decorating a small pot and plant seeds with their parent/guardian. This activity is to promote our theme, "Growing a Better Tomorrow for All Children, Together".

We will also instruct a Pinwheel craft activity, provide coloring pages and materials, break for a snack, and deliver a short presentation to promote primary prevention.

After the event, enjoy lunch at "Daniella's Restaurant" withing Joe Wheeler Lodge and meet back up at 1:30pm for a guided hike through their Champion Tree trail.

To sign-up for this event, please email Breanna Minyard at breanna@attentionhomes.net. Your email should include: your first and last name and how many kids will be participating in the event. If you do not have email, you may call 256-767-0972 to register.

Heinie Manush Day April 17. Opening Season, Heinie Manush Field in Tuscumbia. The Cumberland Club of Nashville vs. The Stones River Scouts. Gates open 10:30am, Organ Grinder Ted 11am, Game Time 12pm, Second Game 2:30pm

SPONSORSHIP \$25 Check payable to: Heinie Manush Day. Call 256-415-0700 for more information.

The Healing Hearts Camp on April 17. This year to celebrate its 20th Anniversary, The Healing Place is going to have its annual Camp Virtually, with a special in person activity to help remember those in our community affected by grief.

We are going to be creating a Memorial Garden at The Healing Place. The kids will be able to create memorial stepping stones the week before the camp starts, as well as pick up a bag of supplies they will need for camp.

The Healing Hearts Day Camp is on Saturday, April 17. Two sessions, K-4th grade from 10am-12 pm and 5th-8th grade 2-4pm.

This camp is a great way to interact with others who have experienced a similar loss.

To sign up, please call 256-383-7133 or email officemanager@thehealingplaceinfo.org.

See NOTES... page 38

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Letters...

Continued from Page 14

Gun Control all about Control

Editor,

With the shootings in Colorado and Atlanta and other locations, the Democrats are again pushing for gun control. But while the shootings go on, approximately 65 million gun owners in the United States killed no one last year. The Democrats' main objective is control and to gain complete control they would have to overturn the Second Amendment to our Constitution.

Chicago has one of the strictest gun control laws with 769 homicides last year, a rise of 50% over 2019. Most of the other large cities, mostly under democratic control, have also seen a dramatic increase in homicides

using guns. Much of the responsibility for the increases can be attributed to ANTIFA and Black Lives Matter. Their main objective is to increase chaos and anarchy in our country. The abasement of police and law enforcement began under Obama's Administration. There have been abuses and they should be pointed out and corrected. However, downgrading of law enforcement in most of our large cities will probably lead to more rioting and looting as warm weather comes on.

Thomas Jefferson stated, "Those who hammer their guns into plows will plow for them who do not." John Adams said, "Those who trade liberty for security have neither." Only a government that is afraid of its citizens tries to control them. Most of us love our country. It's the government that we're

afraid of.

According to former Attorney General Robert Kennedy, "Every society gets the kind of criminal it deserves. What is equally true is that every community gets the kind of law enforcement it insists upon."

Norman L. Kramer
Killen

PPP Extended for 2 Months

Editor:

Rural small businesses have two more months to apply for the Paycheck Protection Program (PPP), to keep their workforce

See LETTERS... Page 34

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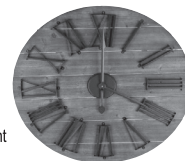
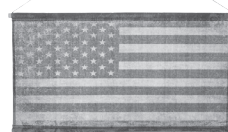


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Clocks
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Shelves

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Excludes items in the Art Department
Adhesive Wall Art



Does not include Floral, Crafts, Seasonal, Candle Departments or items labeled Table Decor and Gifts

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Does not include "Your Price" Items

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SIGNS OF THE PAST

CIVIL WAR SKIRMISH AT THE BARTON CEMETERY
Bullet-marked tombstones in this cemetery show evidence of a brisk skirmish here Oct 26, 1863, when Gen. P. J. Osterhaus's first division of Sherman's Corps came under fire from Gen. S.D. Lee's Confederate troops. CSA artillery on a hill near a frame church (Zion No. 1) opened fire at dawn and Union artillery replied from the cemetery. CSA forces retreated to Little Bear Creek. USA forces briefly occupied Tuscumbia, then retreated to Cherokee and abandoned attempt to advance along the railroad.

See other side.
ERECTED BY BARTON CEMETERY BOARD ALABAMA HISTORICAL ASSOCIATION 1997

Location: 34.7366°N, 87.8824°W
Garner Lane & Old Lee Hwy,
Barton, Colbert Co.

Erected in 1997, this historical marker cites the Confederate attempt to delay Union invasions into the TN Valley from Corinth, Mississippi, in December of 1862 and April and October of 1863.

~ Courtesy David Curott ~ author of "Signs of the Past" and "More Signs of the Past"



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Athletic by Eli Cranor SUPPORT



Why are we playing all the small schools?

Dear Athletic Support: I'm a huge fan of the local high school teams. Always will be, but I do have one question: Why do we play smaller schools throughout the season? I mean, I like winning as much as everybody else but is it fair to play all these smaller schools? Based on population, we should win in every single sport! I'm not sure why or when this change occurred, but I just noticed it this year. It's weird. We play a bunch of smaller schools throughout the season, and then we play the same teams we used to in the playoffs. What's the point of the regular season? I don't get it. What say you, sir?
—Cyclone At Heart

Dear Cyclone: There was a recent restructuring of the classifications in Arkansas. This happens every so often and can have a huge impact on the win/loss column. There are some schools whose enrolment is right on the bubble. What I mean here is that, depending on the year, they could go from being the smallest school in a classification to being the largest.

Being a big fish in a little pond can definitely help when it comes to winning ball games. If you're wondering who makes these decisions and how they're made, well, let's just say it's complicated.

Each state has an activity board. These are the people in charge of organizing that state's athletic programs. When it comes time for a reclassification, the board considers many different factors, the main two being the

distance each school has to travel and the size of the school.

The recent restructuring in Arkansas that you mentioned was a compromise of those two factors, and it mainly had to do with spring sports (basketball, baseball, softball, etc.)

They set up the regular season so teams could play the schools that are geographically closest to them. That way they could save money on gas and also keep the student athletes from having to spend so much time out of the classroom. Then, when it comes time for the playoffs, the schools go back to playing teams who are closest to their own size.

It's been awhile since I've been in a meeting where these sorts of topics are covered, so there's a good chance I might've botched some of the exact details of the latest reclassification. Nevertheless, the basic elements remain:

size of enrolment and geographical location.

Over the years, teams have moved up and down in class (private schools especially), which goes to show there's no easy answer to this question.

It also brings to light just how subjective sports can be. We place so much emphasis on high school coaches and whether or not they are doing a "good" job. When in reality, something as simple as moving up or down a class could completely change the outcome of the season, and many more seasons to come!

Eli Cranor is a former professional quarterback and coach turned award-winning author of the BOOKS MAKE BRAINZ TASTE BAD series. Send questions for "Athletic Support" to eli.cranor@gmail.com or use the contact page on elicranor.com.





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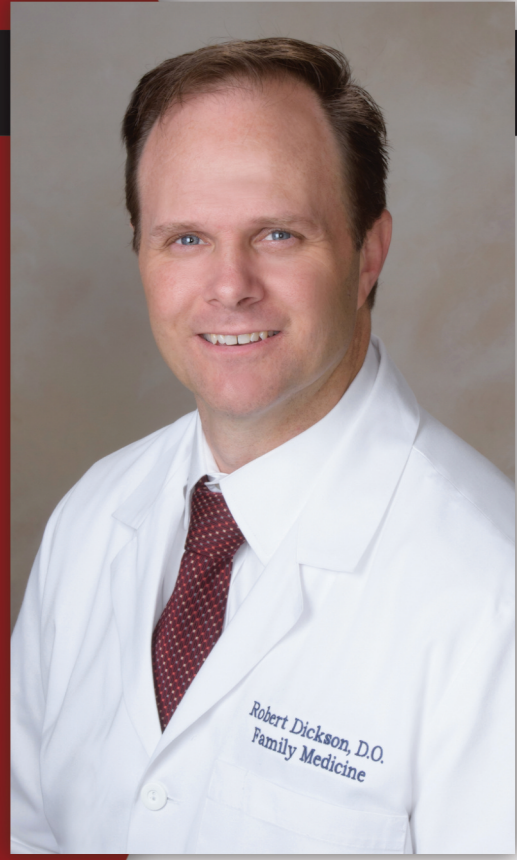
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DAVE Says

by DAVE RAMSEY



GETTING STARTED

Dear Dave, Should I catch up on my past due bills before saving up \$1,000 for Baby Step 1?

Sharyn

Dear Sharyn, That's exactly what you should do. Get current or make payment arrangements with everyone who's willing to work with you first. In the process, make sure you're keeping your own living necessities in mind—food, shelter, clothing, utilities, and transportation.

After you've done that, and saved a beginner emergency fund of \$1,000, start your debt snowball and pay off all your debts from smallest largest, except for your home. That's Baby Step 2. In Baby Step 3, you'll save up and increase your emergency fund from \$1,000 to a full three to six months of expenses. Once you reach this point, you can really start looking toward the future.

In Baby Step 4, start investing 15 percent of your income into Roth IRAs and other pre-tax retirement plans. College funding for the kids, if

there are any, is next in Baby Step 5.

Baby Step 6 is a big one, because this is where you pay off your home early. But Baby Step 7 is the real deal. This is when you're completely debt-free, and you're able to build wealth like crazy and give with outrageous generosity!

—Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Dave Ramsey Show, heard by more than 16 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

NOT REALLY AN EMERGENCY

Dear Dave, My husband and I are close to having our home paid off and being completely debt-free. Can we dip into our emergency fund to pay off the house?

Enid

Dear Enid, I'm not sure I'd recommend doing this. I might think about it if your emergency fund is way too big, plus you have a very small amount left to pay on your home. But remember, your emergency fund should be three to six months of expenses—not income. On top of that, paying off your home a few months earlier isn't exactly an emergency.

Believe me, I understand the feelings that go along with being so close to becoming completely debt-free. It can be tempting to throw a bunch of money at your house, and get rid of the mortgage payments. Still, even as much as I hate debt, I wouldn't put my emergency fund at risk to make it happen.

When you do things like that, Enid, you're just begging for Murphy to come visit. The moment you write a big check and weaken your emergency fund for something that isn't an emergency, the transmission in your car will go out or you'll have to replace the central unit on your home. It's not worth the risk!

—Dave

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ANHA, AHA Advocate Masks After April 9

Joining Governor Ivy in Promoting Voluntary Common-Sense Precautions

MONTGOMERY—While Alabama's mask mandate is set to expire Friday, April 9, the Alabama Nursing Home Association and the Alabama Hospital Association are joining the Governor and others in calling on Alabamians to continue wearing masks to help the state sustain its progress in fighting COVID-19.

"We have made tremendous progress as a state, and we need to keep moving forward," Alabama Nursing Home Association president and CEO Brandon Farmer said. "Research has shown that increasing community cases of COVID-19 lead to increased cases in nursing homes. Thanks to the vaccine and infection control practices, we have seen a dramatic decline in cases and have been able to open our doors to more visitors. Continuing to wear masks until the vaccine is widely available will help us lower the community spread."

"The number of COVID-positive hospital patients has also declined significantly," said Alabama Hospital Association President Dr. Don Williamson. "We realize that people are ready to leave their masks at home, but we can't let up and risk another surge

of the virus when we've come this far. I hope Alabamians will continue to wear masks, keep a safe distance, and get their vaccine when it's offered. These are the precautions that will keep us safe and help us more quickly return to normal."

Both Association leaders added that masks will continue to be an important weapon in decreasing the spread of the virus in health care facilities. According to federal regulations, hospitals and nursing homes will have to continue to require masks for visitors following the expiration of the mandate. "We urge other businesses to follow suit in requiring masks for their employees and patrons," said Farmer.

The Associations are also reminding Alabamians of the limits on visitation. The amended Safer at Home Order updated in early March increased the number of visitors allowed in health care facilities to up to two (previously limited to one). However, all healthcare facilities operate under additional directives from the Centers for Medicare and Medicaid Services (CMS) that mandate certain precautions be taken with both COVID-positive patients, as well

as those who are neither positive nor showing any symptoms.

Hospitals

Alabama hospitals must follow CMS Phase 2 visitation guidance issued last summer.

For patients who have not tested positive and are not experiencing symptoms—CMS provides direction to evaluate for limited visitation based on the prevalence of COVID-19 in the facility and in the community, staffing levels, personal protective equipment levels and the ability to follow all federally mandated infection control and prevention measures.

For patients who are positive for COVID-19 or suspected of having it—CMS advises against allowing visitors and suggests the virtual option is the safest method. However, compassionate care, end-of-life visits may be possible on a limited basis, and according to evaluation of the same criteria—the health and high-risk factors of the visitor, prevalence of COVID-19 in the facility and the community, staffing levels, availability of the proper personal


protective equipment and the ability to follow all federally mandated infection control and prevention measures.

Nursing Homes

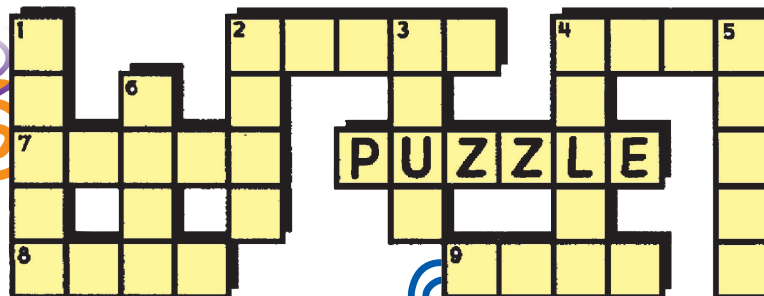
Alabama nursing homes must follow visitation guidance issued March 10, 2021, by CMS.

The CMS guidance states that facilities should allow responsible indoor visitation at all times and for all residents, regardless of vaccination status of the resident, or visitor, unless certain scenarios arise that would limit visitation for:

- Unvaccinated residents if; 1) the COVID-19 county positivity rate is greater than 10 percent; and 2) less than 70 percent of residents in the facility are fully vaccinated;
- Residents with confirmed COVID-19 infection, whether vaccinated or unvaccinated until they have met the criteria to discontinue transmission-based precautions; or
- Residents in quarantine, whether vaccinated or unvaccinated, until they have met criteria for release from quarantine.



by Charles Barry Townsend



PUZZLE

1. COT

2. _COT

3. __COT

4. ___COT

5. ____COT

6. _____COT

WAKE UP! No sleeping on this one. In this puzzle, all of the words get progressively longer, and they all end in COT. Use the following definitions:

1. COT (in place).

3. A broad scarf.

5. A yellow-orange fruit.

2. Native of Glasgow.

4. Symbol of a sports team.

6. Paneling on walls.

Toy Store Puzzle

PICTURED at left is a crossword puzzle grid with one of the words filled in. Below are the words that you'll need to finish the puzzle. The items are all things that you might buy in a toy store. See if you can fill in the puzzle before the store closes in 10 minutes.

4-letter words

BOAT

DART

DRUM

MASK

NETS

SLED

5-letter words

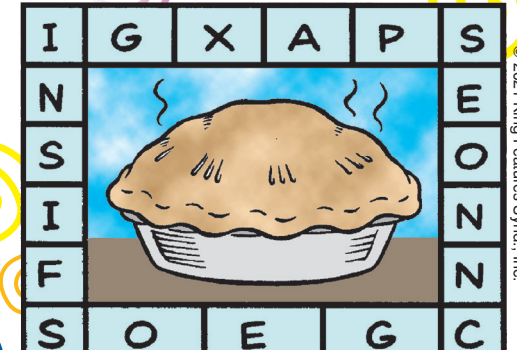
DOLLS

GLOVE

SLIDE

TRAIN

WAGON



Answers On Page 38

FRAMED! Hidden in the above frame of letters is the first line of a famous nursery rhyme. You can find it by reading every other letter in the frame as you read around it clockwise. The trick is to find the correct letter to start with. The picture is a clue.

A NUTTY CHALLENGE! Tell your friends that you have in your hand something that no one on earth has ever seen, and that after you show it to them no one will ever see it again. When they fail to figure out what you're holding, open your hand and show them a peanut shell.

The rest of the answer on page 38



Medicare Minute

"Prescription Drug Extra Help"

Anyone who is on Medicare has the option of signing up for prescription drug coverage. This is also known as Medicare Part D. Some people with limited income and resources may be able to get "Extra Help" with the costs related to their Medicare prescription drug plan. This includes help with monthly premiums, annual deductibles and prescription co-payments.

To qualify for "Extra Help" your annual income must not exceed \$19,320 for an individual or \$26,130 for a married couple living together. Some of the things that count as income are: Social Security benefits, Railroad Retirement benefits, Veterans benefits, pensions or annuities and any wages you are earning from a job or self-employment.

You also must not exceed the resource limit to qualify for "Extra Help". Resources would include: bank accounts (including checking, savings and CDs), stocks, bonds, mutual funds, IRAs or any other investments. Cash and any real estate other than your home also counts. The amount of your resources must not exceed \$14,790 for an individual or \$29,520 for a married couple. The amounts listed for both the income and resource limits are for 2020.

Social Security has estimated that "Extra Help" is worth about \$5,000 per year for those who qualify. We meet with many people each year who qualify for this benefit and don't even know it. To find out if you qualify for "Extra Help" you can call or visit your local Social Security office, apply online at www.socialsecurity.gov or you can call or visit our office and we'll be glad to help. Regardless of the way you choose to apply, you will need your income and resource information available.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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12 OZ. - SELECT VARIETIES
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25.6-30.6 OZ. - SELECT VARIETIES
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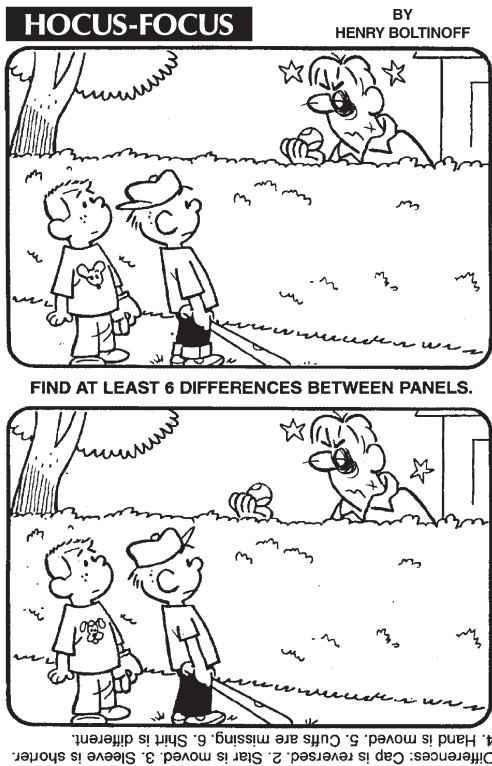
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ON YOUR DEBT

Bankruptcy Is Not a Bad Word



B. Grant McNutt
Managing Attorney

You will hear a lot of people impulsively say: "Bankruptcy is Bad."

That is because they have not given much thought to it and their response is based on F.E.A.R. – False Evidence Appearing Real.

No two bankruptcy cases are alike and consumers are forced into bankruptcy for a whole host of different reasons, most of which are beyond their control. Unforeseen life events such as a job-loss, drop-in income, medical emergency, or an act of God, such as a tornado or global pandemic can break even the soundest budget.

In these cases, bankruptcy can provide tremendous relief and an opportunity to start over. It's easy for someone who hasn't experienced hardship to say that bankruptcy is bad, but people have families to take care of and talk is cheap.

Why the Bad Reputation?

Many good people sometimes make poor financial decisions and feel embarrassed. There are those lacking empathy for people in financial trouble and seem to be of the opinion these people "dug their own hole and now they should lay in it". This has created a stigma against bankruptcy that needs to be dispelled.

The Long Term Benefits of Bankruptcy Outweigh the Consequences

Bankruptcy is not inherently bad or good, but it is an important protection for honest consumers who find themselves in big trouble with debt. Bankruptcy is for honest people who have suffered through tough times and finally turned to bankruptcy because they cannot see a way out. Even Scripture calls for debt forgiveness once every 7 years. The Bible, in Deuteronomy 15:1, provides for a release of debts at the end of every seven years. Prior to 2005, it was the law in the United States that an honest debtor could receive a chapter 7 discharge once every 6 years. The time period for chapter 7 bankruptcy is now eight years but other bankruptcy options may be available in the interim.

In return for a moderately lower credit score and not receiving the "best" interest rate on future credit; car loans, mortgage, credit cards, and such, you may experience the immediate cessation of all creditor harassment, future collection efforts, liens, judgments, lawsuits, wage garnishments and many other protections included in the automatic stay. Once completed you are discharged of most debt included in your chapter 7. And if chapter 7 is not a viable option, a chapter 13

repayment plan (sometimes for pennies on the amount owed) may provide the relief you need. Once discharged you are left free from most debt and ready to start your financial life over.

Don't Let F.E.A.R. Stand in Your Way, Call us at Bond & Botes

If you find yourself in a tough financial position and cannot see a way out, at Bond & Botes, we have been helping people resolve debt for decades. Let us solve your financial problems and you can begin gathering information right now by scheduling a free consultation with one of the experienced bankruptcy attorneys at Bond & Botes. We are now offering consultations from the comfort and safety of your own home or office. We can meet by phone and/or video. There is no obligation, and that means no downside to gathering the information you need to make good decisions about how to break the cycle of debt stress and move forward. We can answer all your questions regarding Chapter 7 Bankruptcy, Chapter 13 Bankruptcy, stopping a foreclosure or wage garnishment, avoiding liens, stopping lawsuits, discharging medical debt, personal loans, payday loans, credit card debt, etc. We can alleviate your stress! We want to help and we can help you!

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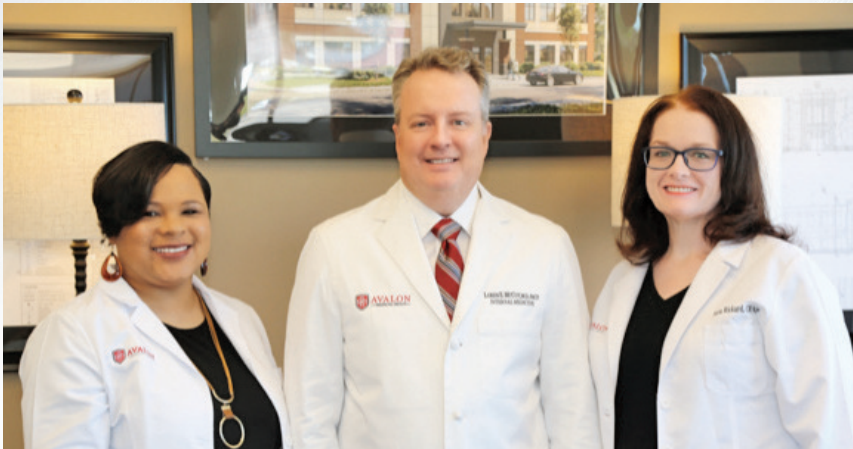
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Anniston Greyhound Bus Depot Hosting Traveling Exhibit Celebrating 60th Anniversary of Freedom Rides

ANNISTON – As part of the ongoing commemoration of the 60th anniversary of the Freedom Rides, Freedom Riders National Monument is inviting the public to view the Smithsonian Institute traveling exhibit titled "The City of Hope: Resurrection City and the 1968 Poor People's Campaign."

Beginning every weekend in April from 10am-5pm, visitors are welcome to explore the Anniston Greyhound Bus Depot (1031 Gurnee Avenue) which will house a series of diverse exhibits throughout the year, including The Freedom Rides (May), Emancipation and Its Legacies (June/July), and A History of Freedom in the United States (August). Other exhibits will be announced as plans are finalized.

The Freedom Rides marked a moment of change in the American Civil Rights Movement. Youth leaders involved in the movement charted an activist course through the events of 1961 that went beyond what established civil rights leaders were willing to endorse. The

The images of the 1960's are still very vivid for many Americans. From the marches, the sit-ins, run-ins with the law, injuries, death and so much more began the quest for equality.

Courtesy photos



growth and success of this youthful activism propelled the Civil Rights Movement into the pivotal years of the mid-1960s, when leaders like Martin Luther King Jr. and the Southern Christian Leadership Conference (SCLC) worked in collaboration with others including the Congress of Racial Equality (CORE) and the Student Non-Violent Coordinating Committee (SNCC) to achieve significant victories.

One such cooperative moment, the 1963 March on Washington for Jobs and Freedom, inspired

King and other SCLC leaders to orchestrate the 1968 Poor People's Campaign.

The campaign a multi-ethnic coalition of the poor who worked together to draw attention to poverty in America. The effort culminated in the "Resurrection City" convergence on the National Mall.

Freedom Riders National Monument encourages visitors to wear masks and practice social distancing. For more information, contact frri_information@nps.gov or call 256-499-7209.

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Tips For Driving in the Rain

Most of us will drive in the rain many times throughout our life. However, many people attempt to drive in wet conditions as if it were warm and dry.

According to the U.S. Department of Transportation, there are on average more than 900,000 automobile crashes each year due to wet pavement, resulting in approximately 4,400 deaths and 352,000 injuries.



Follow these rainy weather safety tips to help you when driving in the rain:

Go Slow

The first few hours during and after a rainstorm are the most dangerous. The grease and oil from cars produces a film on roads during dry conditions and when it rains, this layer becomes extremely slippery. Drive defensively in the rain and reduce your speed to below the speed limit to prevent the chance of hydroplaning.

Stay Alert

When conditions are less than ideal, drivers need to stay alert and focused on what's going on around them.

Brake Cautiously

One primary reason cars collide during rainstorms is because drivers slam on their brakes as if it were dry, but the wet road causes the car to slide forward, often into the rear of another car. Brake gently and early to alert the driver behind you that you are slowing down.

Avoid the Splash

The big splash you get when you drive through a huge puddle can be costly. If water enters the engine compartment of your vehicle, it can damage the internal systems. Drive around large puddles, and avoid running water. Once you have safely passed, tap lightly on your brake pedal to dry off your brake rotors.

Beware of Hydroplaning

If you begin to hydroplane in slick conditions, take your foot off the gas and steer steadily in the direction of the skid. Wait for your car to regain control with the road and either continue with your trip or find a safe place to pull over to recover from the event.

Increase Your Visibility

It's the law in all states to turn on headlights when visibility is low, and many states also require having the headlights on when the windshield wipers are in use. Drive in the middle lane as much as possible to increase visibility and also avoid deep water, which tends to run off to the sides of the road.

Check Your Tire Tread

If your tires have less than 1/16" of tread remaining, proceed with extra caution when driving in the rain. Tire performance is significantly reduced with the combination of wet roads and little tire tread, which can lead to hydroplaning, especially at high speeds and around turns.

No Cruise Control

Driving in the rain demands an extra level of concentration and less distraction. If the vehicle starts to hydroplane while cruise control is on, drivers may get confused on whether or not to turn it off. Avoid the extra distraction by leaving it disabled.



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Classified Form on Page 6



Cat & Kids

by Cathy Turner

Beautifully Made

When I saw this picture of our two year old grandson, Jericho, reading with his fist in the air, my first thought was, "Oh my," with a little chuckle. Then I thought, "How in the world did this picture come about? Did his preschool teacher ask him what they were doing in the picture or was he just imitating what he was seeing and she happen to snap the picture?" My next thought was, "He is so beautiful and so smart!" He is so beautiful. You know, I was around when those first fists went up in the Olympics, in '68, and when that iconic afro became popular. Angela

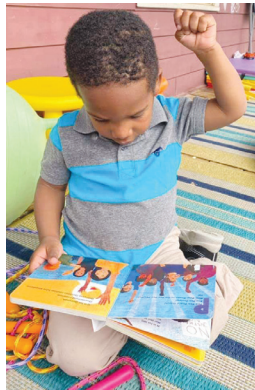
But I have talked more about being black in the past year than I ever did back then or since. Because really, back then, when I was only in fourth grade, I decided that I didn't like hate - it was ungodly. I wanted to bring people together through love. Now..., I am talking about my nine year old perception. I knew that people in my family didn't hate, but the way they were saying things sometimes sounded hateful. I had a young uncle who was a conscientious objector. He refused to serve this country in Vietnam - there were lots of reasons. And I had an older sister who went through a militant phase, wherein she couldn't stand white

people. As a matter of fact, in the only family portrait we ever had done, my sister was scowling because she didn't want my parents' white photographer friend in our house. In the picture there were mini-skirts and go-go boots. It was a time. (My sister grew up and grew in Christ and her militancy subsided).

It was a time. "Say it loud, 'I'm black and I'm proud.'" I was already proud. I came from an accomplishing family. I had great support in my community, black and white. And God cared for me. He had strengthened my family's life. I had no need to say that I was black because I was sure that everyone knew that. I just wanted to make my family proud and be God's, most of all. Out of gratitude, I wanted Him to be proud of me; not me be proud of me. I knew that He valued me. I knew that He thought that I was a beautiful creation, "very good". Black and beautiful because He

made me. I have always known this.

When I saw this picture of Jericho, the "Oh my," part of my thought was that I would never want his pride to take him to a militant hate. But the rest of my thought was that all the innocence, perception and intelligence that was captured in that picture are the abilities that he will have to make God proud, if he will use what he has been given for Him. It is my hope that Jericho will learn the power that is available to him. Jericho's parents are raising him aware. Because it is a time. But the one thing of which I am assured is that Jericho will be raised knowing that he is beautiful simply because he is "fearfully and wonderfully made". Do you know that? That's all we need to know.



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Tosha...

Continued from Page 14

Alabama native, Dylan Evers. *Forty Miles* became available on streaming platforms on April 2.

Bart Herbison, Executive Director of the Nashville Songwriters Association International, said, "Tosha Hill is a unique talent. Every once-in-a-while someone comes along whom I believe the world needs to hear. So indulge yourself as you share in her incredible musical gifts!"

After passing her first and only audition at Nashville's renowned Bluebird Cafe at age 18, Tosha landed her own show shortly and became one of the venue's regular hosts. She shared that same stage with John Oates of Hall & Oates and Victoria Shaw in the world's largest songwriter's festival, Tin Pan South.

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Litter-Spring Clean-Up

Continued from Page 14

Clean Campus Program, the Alabama Adopt A Mile and Adopt A Stream programs (partnership with ALDOT) statewide. Each of these efforts is made possible through partnerships with business and industry, state associations, and state agencies committed to making Alabama a leader in environmental volunteerism and awareness. The "Don't Drop It On Alabama" Spring Cleanup is offered to all 67 Alabama counties and statewide volunteer groups.

PALS is once again proud to continue and expand its partnership with Coca-Cola United as the Title Sponsor for the 2021 cleanup effort. This partnership has enabled PALS to further incorporate the recycling of plastic bottles and aluminum cans into the annual cleanup effort.

"The Coca-Cola System is proud of our role as the Title Sponsor of the statewide 2021 Don't Drop It on Alabama Spring Cleanup", said Andy Britton, Director of Public Affairs and Communications for Coca-Cola. "We are especially

pleased with our annual partnership with Alabama PALS as we all move forward toward our goal of a world without waste".

The 2021 "Don't Drop It On Alabama" Spring Cleanup is also made possible through PALS Sustaining Partners, ALDOT, ALFA, Coca-Cola United, Alabama Farmer's Cooperative, Vulcan Materials Company, Honda Manufacturing of Alabama, the Association of County Commissions of Alabama, and The Poarch Band of Creek Indians.

Alabama PALS is also proud to announce the partnership with the Alabama Community College Systems campuses for the 2021 statewide cleanup effort in April. Spencer Ryan, Executive Vice President of Alabama PALS stated, "We are extremely proud of the commitment from the Alabama Community College System. We appreciate the dedication from the ACCS and the enthusiasm from each ACCS campus and leadership team".

PALS distributed approximately 175,000 bags statewide for the 2021 cleanup, as well as all materials and supplies to all participating cities, counties and volunteer groups.

Volunteers interested in participating are encouraged to contact the local coordinator to join an existing cleanup, or to establish their own local cleanup within their respective community. For more information, go to alpals.org.



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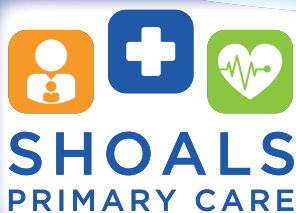
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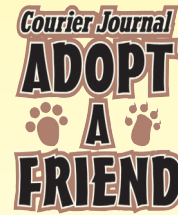


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ZIPPIE is a sweet girl that lives to play! d. She settles to be affectionate, is treat motivated, and is adorable! She weighs about 50 pounds, is a little over a year old, and would love to bring the party to your house. **THE ADOPTION FEE IS \$85** and includes heartworm test, current vaccines, spay/neuter and microchip. Adoptions are by appointment only. Please call Florence Lauderdale animal services at 256-760-6676 to meet this sweetheart.



NINA came in as a stray, no one has come to claim her, she is now available for adoption or rescue. Nina is a beautiful young adult female, she will do best in a home with no other dogs. **\$25 ADOPTION FEES** includes spay/neuter and vaccination. For more info contact the Colbert shelter at 256-381-4073, 5010 Missouri St Tuscumbia, AL 35674

This is **CRICKET**. He was born 5/9/2011. He is a chihuahua mix. He has some anxiety with loud noises and he struggles with the noise level that his foster's children create on a daily basis. Cricket deserves a home that is more relaxed so that he can live out the rest of his life in peace. He enjoys going outside and playing but mostly he loves being a lap dog and being petted. Cricket has a dry eye that we give him drops for to keep the eye lubricated. He is trained for potty papers but he will go outside if you let him out. He is fully vaccinated and goes to the vet for an annual check up. If you're interested in giving Cricket his forever home, please email PAWS at shoalspaws@gmail.com



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THE BOLD AND THE BEAUTIFUL Hope and Liam shared a sweet kiss, causing Liam to have hope for their future. The end to a visit between friends quickly became a nightmare when someone died. Zende's romantic date with Paris was dramatically interrupted when Zoe pulled a prank. In a split second, an unexpected death forever changed the lives of the Spencers, Logans and Forresters. Paris recounted her humiliating date with Zende to a pleased Zoe. Hope had second thoughts about her separation with

Liam. Dollar Bill engaged in a full coverup of a shocking demise. *Wait to See: Hope worries when Liam misses their scheduled lunch date. Bill realizes that he must do whatever it takes to protect the innocent. Hope rushes to the hospital to help make a victim identification.*

Soap Opera Preview

DAYS OF OUR LIVES Ava urged Nicole to keep her secret. Belle and Shawn reeled over Jan's threat. John confided his fears in Marlena. Ciara felt unsettled by a moment of connection with Ben. Paulina pitched to Abe her idea for the Horton Town Square. Xander caused a scene at Julie's Place. Chanel suggested to Theo that they move in together. Marlena hypnotized Ciara in hopes of triggering her memory. Ciara ripped into Claire. Gwen made a surprising apology to Chad. Jack urged Abigail to call a truce with Gwen. Xander got acquainted with Chanel. Abigail and Gwen's attempt at a truce went awry. Jake gave Kate disappointing news. Ava made an emotional confession. Gabi told Rafe she knows who killed Charlie. Allie tried to protect Tripp. *Wait to See: As Rafe eliminates one murder suspect, a new one arises. Sami admits to Lucas her marriage*

is in trouble. John has a tense encounter with Jan.

GENERAL HOSPITAL Sasha interrupted an intimate moment. Valentin was surprised by what he saw. Nikolas clashed with Cyrus. Ava received an ominous package. Sam stepped in to help with Alexis' personal affairs. Anna calmed an anxious Valentin. Brook Lynn had to improvise. Cyrus and Nikolas talked frankly. Alexis got the support she needed. Finn and Chase ran into Gregory at the hospital. Alexis was introspective. Kevin shared his perspective. Valentin pointed out the silver lining. Ava tried to change Nikolas' mind. Joss confided in Jax.

Laura got a surprise visit from Scott. Carly visited Jason. Peter made Anna and Valentin an offer. Finn paid Anna a visit. Peter delivered a veiled threat. *Wait to See: Britt and Maxie solidify their plan. Portia faces Taggart. Curtis and Jordan come to terms with the future of their relationship.*

THE YOUNG AND THE RESTLESS Sharon and Adam had a secret rendezvous. Ashland backed Kyle into a corner. Jack conspired with Kyle. Chelsea celebrated her freedom. Victor retaliated against Billy. Lily gave Victoria a reality check. Sharon covered with Rey. Abby and Devon awaited news from Mariah. *Wait to*

See: Lauren delivers bad news to Jack. Phyllis gives Nick a warning shot. Nick's visit to Chelsea takes a shocking turn and Lauren takes control.

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Letters...

PPP Extended for 2 Months

Continued from Page 16

employed and to cover normal operating expenses during this ongoing COVID-19 crisis.

Two days before the program was set to expire, the PPP Extension Act of 2021 was signed into law. This extended the sign up deadline to May 31, 2021. The Act also provides an additional 30-day period for the Small Business Administration to process applications that are still pending.

Businesses can use PPP Loans for payroll costs, mortgage interest, rent, utilities, worker protection costs, uninsured property damage costs by looting or vandalism, and certain supplier costs and expenses for operations.

There are two types of PPP Loans: First Draw Paycheck Protection Program (PPP) Loans are for first-time program participants; have a term of up to 5 years, 1% interest rate; and may be completely forgiven. Second Draw PPP Loans are for certain businesses who have previously received a PPP loan (for those who can demonstrate at least a 25% reduction in gross receipts between comparable quarters in 2019 and 2020).

More information can be found at sba.gov.

Kim Preston, Rural Enterprise Assistance Project director, Center for Rural Affairs Lyons, NE

Vaccine Was Free for \$8

To the Editor:

Nothing is what it appears to be anymore-the hidden money angle with Covid-19 vaccinations.

Our family anxiously awaited receiving our Covid vaccine shots and I commend the State Health Department for the progress to date in reaching 1.6 million in Alabama.

Perhaps no other issue has received news coverage comparable to that of the Covid pandemic. Both Trump and Biden raced to develop a vaccine and securing FDA and CDC approval in record time! It was clearly evident that the cost of the development and distribution of the shots was being borne by the U.S. Government.

Billions of dollars have been appropriated for this purpose. And, this is the way it should have been handled. No one would argue that with Covid we were facing a national crisis with valid threats to our economy as well as national security.

Needless to say, I was surprised when I went to our County Health Department for my shot and was asked for my insurance card. The employee said, "Yes, the vaccine is paid for by the government, but we are allowed to charge an \$8 service fee per shot (but we are not supposed to tell your that)". When I inquired about their policy if someone came in and had no insurance or photo ID? She replied, "Oh we can't decline anyone"! I went to two local chain pharmacies and was told the same thing, as was my wife and daughter! I

have a legitimate issue with this! If they are not allowed to decline anyone, why are they requiring ID and proof of insurance? Why are they instructing employees not to tell anyone? That means our family of five will pay \$80 in service fees for a "free shot"!

Then on the Birmingham TV news at 4pm on March 30, the reporter did a piece warning the public of persons going door-to-door offering Covid shots for a fee and that this is a scam! There is no fee for a Covid shot"


Initially, one might conclude, so, what is the big deal with an \$8 fee? Well, as of today, the State Health Department reported that they have now administered 1.3 million shots statewide. You do the math-that is \$10.4 million in "service fees"! Nationally, the picture becomes even

more revealing. The Center for Disease Control and the Food and Drug Administration report that 111 million doses of the vaccine have been given as of today! At \$8 per shot that means that \$888 million in service fees have been collected! If the vaccine were covered by the government, where did this money go? How can the Birmingham TV stations interpret this as being "free"?


Just remember. There are no free rides in this world! Someone, somewhere ALWAYS has to pay the bill. Billing your insurance carrier DOES NOT make it free!

Whatever happened to just shooting straight with the public and telling it like it is?

James W. Anderson
Talladega



2021 Egg Hunt Winners




March 24 Issue - 51 Eggs

pg 1 - 2	pg 10 - 1	pg 20 - 2	pg 26 - 1	pg 33 - 2
pg 2 - 1	pg 12 - 1	pg 21 - 1	pg 27 - 1	pg 34 - 3
pg 3 - 1	pg 16 - 1	pg 22 - 2	pg 28 - 1	pg 35 - 2
pg 4 - 2	pg 17 - 2	pg 23 - 1	pg 29 - 2	pg 38 - 2
pg 6 - 1	pg 18 - 2	pg 24 - 1	pg 30 - 4	pg 39 - 2
pg 7 - 1	pg 19 - 2	pg 25 - 2	pg 32 - 2	pg 40 - 1
pg 8 - 2				

March 31 Issue - 37 Eggs


pg 1 - 2	pg 10 - 1	pg 21 - 1	pg 32 - 2
pg 3 - 1	pg 11 - 1	pg 23 - 2	pg 33 - 1
pg 4 - 1	pg 12 - 1	pg 24 - 3	pg 34 - 2
pg 6 - 1	pg 15 - 2	pg 25 - 1	pg 37 - 2
pg 7 - 1	pg 19 - 2	pg 27 - 2	pg 38 - 2
pg 8 - 3	pg 20 - 1	pg 31 - 1	pg 39 - 1

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Commentary

Woke...

Continued from Page 14

Even though I don't remember the product they were selling, I remember seeing several young adults around a workstation of sorts, and a young female was in a wheelchair. An employee with a disability would not have been portrayed in advertising a few years ago, so that was thought-provoking.

However, unless the ad was in reference to abilities or disabilities, the chair may have acted as a distraction for the viewer and may have fallen flat in effectiveness for the advertiser.

How can I make that statement? Because I cannot remember the product being advertised; I only recall the premise used to do so.

Outrageously enough, there is still at least one group that Hollywood is not 'woke' to including. If 40%-60% of the people in TV commercials, shows, and movies were overweight, THAT would be an accurate portrayal. Instead, the overwhelming majority are shown as young, fit, and trim.

I guess portraying reality would not sell some of food items or these compact car lines that require near-anorexic actors to project the appearance of roominess.

And what is it with that radio commercial for a left-wing insurance company that seems to poke fun at Asian women in conversation. How are they getting away with that?

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AUCTION

**FARM - 47.5+/- ACRES, PHIL CAMPBELL
SATURDAY - APRIL 10 - 10AM**

Auction Held On Site: 225 Jackson Lane, Phil Campbell, AL 35581

Farm offers 47.5+/- Acres. Previously a poultry farm, there are four existing houses 400' X 40'. The property is all fenced with five-strand barbwire; two all-year ponds; spring; city water; a dry stack barn, 40' X 40', with two lean-to's, 20' X 40' each; a storage building, 40' X 60' with office and restroom, front and back roll-back doors, 16'W X 10'H; plus an older barn. The farm is located on Hwy 43 between Spruce Pine and Hackleburg. Property adjoins Dismal Canyons.



Personal Property includes lots of lumber with 2' X 6's, 2' X 8's, and 2' X 10's; two 45K John Deere Generators, eight Feed Hoppers, 100-150 aluminum awnings, incinerator and other items pertaining to poultry houses.

Auctioneer's Note: Poultry houses and Real Estate will be sold separately, then as a whole. Personal property follows.

DIRECTIONS: From Spruce Pine Mtn, go S on Hwy 43 towards Hackleburg approximately 6 miles, property on right. From Hackleburg, go N on Hwy 43 approximately 4 miles, property on left. Signs are up.

TERMS: Real Estate - 15% down day of sale with the rest due within 30 days. Seller will furnish deed and title policy. Property sold AS-IS. Property may contain lead-based paint. Prospective buyer has the right to inspect up to 10 days before auction. Couch Auction & Realty is agent of the Seller. Seller reserves the right to refuse any and all bids. All information in this ad is from sources believed to be correct but is not guaranteed. Announcements made day of sale take precedence over any printed material. Personal Property - All items sell AS-IS and final. All items must be paid for on day of sale by cash or approved check with proper I.D. **NO BUYERS PREMIUM**



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SATURDAY, APRIL 10th • 10AM
11340 HIGHWAY 207, ANDERSON, AL
LAUDERDALE COUNTY



**3 Bedroom 2 Bath Brick Home with Metal Roof - Basement
- Enclosed Carport - Shed - 2/ Car Storage - 5+/- Acres**

Listing Auctioneer: Weston Stewart Please bring mask and chair!

DIRECTIONS: From Highway 72, travel North on 207 for 11 miles.
Destination will be on the right. **Look for our Holland signs!!**

Partial List of Personal Property: Dishes • Small Kitchen Appliances
• Cookware • Flatware • Lamps • Pictures • China Cabinet • Cast Iron Cook
ware • Fenton Glass • Quilts • Tools • End Tables • Movies • 5 Pc Bedroom
Suite • Elvis Collectable Barbies • Kerosene Heater • Linens • Mirrors
• CaseKnives • McCoy Cookie Jar #0272 • Ridgeway Mantle Clock • Whirlpool
Side by Side Refrigerator • Bissell Vacuum Cleaner • 5000 Watt Generator
Briggs & Stratton • Skilsaw 10" Table Saw • Magna Router • Vice • Bicycles
• Saw Horse • Craftsman 16" Scroll Saw • Weed Eater • Lawn Spreader
• Aluminum Ladder • Hand Tools • Craftsman Air Compressor • Poulan
Chainsaw Pro 42cc • Snapper Riding Mower 40" Cut • 1995 Ford F150 XLT
135,000 miles • 12 Gauge Mossberg

TERMS & CONDITIONS: Personal Property: NO BUYERS PREMIUM! Cash or check with proper
identification the day of the sale. All items sold "as is" with no warranties expressed or implied.
Please make arrangements to remove all purchased property the day of the sale.

Real Estate: A non-refundable deposit of 15% will be required the day of the sale with closing
within 30 days. The seller will furnish a deed and preliminary title search. **A 10% BUYERS
PREMIUM** will be added to the final bid price to determine the total contract price on the real
estate. All other expenses including closing cost will be charged to the purchaser(s). Property is
being sold "as is" with no warranties expressed or implied.

Note* The home was built prior to 1978. However, the seller can neither confirm or deny the
presence of lead-based paint. Anyone interested in the property can have it inspected at any time
prior to the auction at their expense.

Note* All guns have been removed from the property until the day of the sale. Holland Realty &
Auctions, Inc. will abide by State and Federal Gun Laws. After the Auctioneer has sold the item,
it becomes sole responsibility of the purchaser. The item must be removed from the property
the day of the sale.

Note* Anyone purchasing a firearm has to be 21 years of age, a resident of the State of Alabama,
have the proper identification and no prior felony arrest.

**Information contained herein believed to be correct but not guaranteed. Announcements
made the day of the sale by Holland Realty & Auctions, Inc. supersede any printed material.**
Agency Disclosure: Auctioneers are acting as agents for the seller only. 2021



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FLORENCE: For rent: 2 bdrm. house, appliances, washer/dryer connections, \$650 plus deposit. 256-764-3986.

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REAL ESTATE AUCTION!
SATURDAY, APRIL 17th • 10AM
 11151 HIGHWAY 64, LEXINGTON, AL
 LAUDERDALE COUNTY
 Milton & Martha Newton Estate



3 Bedroom Brick Home – 1-1/2 Bath – Livingroom & Kitchen – Formal Dining Room – Laundry Room – Wood Floors – 2 Bay Shop – Central Heat & Air – Shingle Roof – Well Water – 11+/- Acres
3 Tracts & Offered As A Whole



DIRECTIONS: From Highway 72, Elgin, AL travel Highway 101 North for 8.7 miles then turn right on Highway 64 E for 1.0 mile.

From Highway 72 & Highway 207, Rogersville, AL travel North on 207 and turn left onto Highway 64 for 7.2 miles. **LOOK FOR OUR HOLLAND SIGNS!**

PARTIAL LIST OF PERSONAL PROPERTY: Admiral Washer – Kenmore Dryer – Electric Recliner – Pictures – Chairs – China Cabinet – Dishes – Kenmore Refrigerator – Small Kitchen Appliances – Vizio Flat Screen TV – Chest – Hat Rack – Bed, Dresser & Chest – Dresser, Chest & Bed – Tables – Sofa – Serving Cart – Rocking Chair – Entertainment Center – Wall Clock – Kenmore Side by Side Refrigerator – Hamilton Beach Microwave – Toaster Oven – Dining Room Table & Chairs – Funai Flat Screen TV – Car Ramps – Craftsman Air Compressor 150 psi 2 HP 33 GAL – Wheel Chair – Troy Bilt Pressure Washer 2350 psi – Church Pew – Singer Sewing Machine – Stereo – Shop Vac – Black & Decker Weed eater – Tools – Battery Charger – Hand Trucks – Craftsman Toolbox – Vice – Bench Grinder – Golf Clubs – Garden Tiller – Extension Cords – Sawhorses – Fans – Lawn Chairs – Bicycles – Old Piano and more...

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Real Estate: A non-refundable deposit of 15% will be required the day of the sale with closing within 30 days. The seller will furnish a deed and preliminary title search. A 10% BUYERS PREMIUM will be added to the final bid price to determine the total contract price on the real estate. All other expenses, including closing cost will be charged to the purchaser(s). Property is being sold "as is" with no warranties expressed or implied.
Note* The home was built prior to 1978. However, the seller can neither confirm or deny the presence of lead-based paint. Anyone interested in the property can have it inspected at any time prior to the auction at their expense.
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Community Notes...

Continued from page 15

LifeSouth Blood Drives - The Shoals Center, 307 Veterans Drive, Florence, 888-795-2707. The hours are: Monday, Wednesday, Friday 9am-5pm; Tuesday and Thursday 9am-7pm; Saturday 9am-3pm; Sunday 1-5pm.

Thousands of Native American objects are stolen from burial sites around the Shoals each year. The Thousand Eyes Program helps to monitor these sites for theft and environmental damage. The Florence Indian Mound Museum is seeking volunteers for the Shoals Chapter of the Thousand Eyes Program. The program will host a training for volunteers on April 17 and 18. Volunteers will assist archaeologists by helping to monitor archaeological sites in the Shoals for looting and environmental damage.

Availability in the training is limited, so if you are interested, please email florencemuseums@gmail.com or call 256-760-6427 to request an application. If selected, volunteers will complete the training in April and be assigned a site to look over and monitor. Site visits often requiring hiking, boating, or kayaking. Help stop the looting; help protect our past for our future.

This program is sponsored by the City of Florence Department of Arts and Museums. The Florence Indian Mound Museum is located at 1028 S. Court St. Florence, AL and is open, Tuesday - Saturday from 10am- 4pm and Sundays from 1-4pm. Call 256-760-6427 for more information.

Better Business Bureau of North Alabama, Inc. will host "Shred Day" Friday, April 23 from 10am-noon at the Florence-Lauderdale Coliseum located at 720 East Veterans Drive in Florence.

This event will feature a quick and easy drive-thru setup with two document shredding trucks on-site. You can have your sensitive paper documents securely shredded for "FREE". Only paper

documents will be accepted. Please remove all other materials, such as cardboard, plastic, metal, and binders.

- There is a document limit of 3 bags or boxes per vehicle.
- Documents should be placed in the trunk area of the vehicle.
- Remain in your vehicle. This is a no contact event.

Event sponsors include City of Florence, Cook's Pest Control, Dixie Pulp & Paper Recycling, LLC, ElderCare Services, Progress Bank and The Agency on Pine. For more information, call 256-740-8224.

UNA Christian Student Center's Annual Golf Tournament will be on Monday, April 26, tee time 1pm at Robert Trent Jones Golf Trail. \$100 per player, \$400 per team. \$10 mulligans, 3 for \$25. Register by April 19. Contact 256-764-9439.

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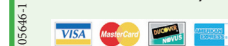
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3. ASCOT
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5. APRICOT
6. WAINSCOT

Answers

Illustrated by David Coulson

Open the shell and show them the peanuts inside. No one has ever seen them before. Now pop them into your mouth and chew them up. No one will ever see them again!

Answer: Starting at "S" in the lower left-hand corner, read: "Sing a song of sixpence..."

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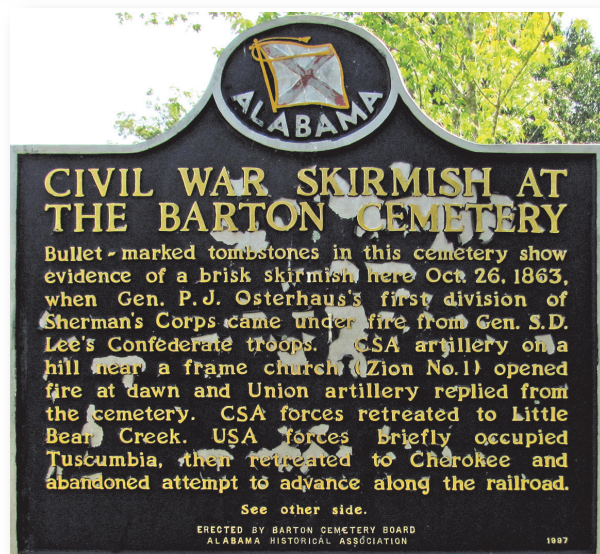
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SIGNS OF THE PAST



Location: 34.7366°N, 87.8824°W
Garner Lane & Old Lee Hwy,
Barton, Colbert Co.

Erected in 1997, this historical marker cites the Confederate attempt to delay Union invasions into the TN Valley from Corinth, Mississippi, in December of 1862 and April and October of 1863.

~ Courtesy David Curott ~ author of
"Signs of the Past" and "More Signs of the Past"



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