

THE BALTIMORE TIMES

Vol. 35 No. 32

June 11 - 17, 2021

A Baltimore Times/Times of Baltimore Publication



Nile Ross, 12, is the CEO of NWRsocks. The online company specializes in colorful, bright socks that Nile describes as “the best quality” and makes wearers feel like they are “walking on clouds.” The ‘Kidpreneur’ started NWR socks when he was just 10. The young ‘sock broker’ has sold hundreds of pairs, which can be purchased online at www.nwrsocks.com. (See article on page 7). Courtesy Photo

Twelve-year-old Nile Ross Baltimore ‘Kidpreneur’ Hitting it Big on the ‘Sock’ Market

By Ursula V. Battle

At the age of 10, Nile Ross told his mother Danielle Hinton he wanted to start a business. An entrepreneur herself, Hinton designs and creates custom shoes. Once he told her he was interested in selling socks, Hinton wasted no time getting Nile started. During a trip to China, she ordered socks through a manufacturer she met there, and the youngster began selling them through his own website. Today, Nile’s aspirations in the sock market are paying big dividends through his company NWRsocks.

The online company specializes in colorful, bright socks that Nile describes as “the best quality” and makes wearers feel like they are “walking on clouds.”

The socks sell for \$10 a pair, and according to Hinton, the “kidpreneur” has sold hundreds.

“When Nile came to me and said he wanted a business, I was shocked, but not surprised,” said Hinton who has owned her shoe line for three-and-a-half years. “Children watch our every move, and parents are really their first role models. Nile is outgoing, speaks well in public, and I felt he was mature enough to handle it. I told him he needed to think of something he enjoyed, liked, and wanted to sell people, and he said, ‘socks.’”

NWRsocks are in high-demand, and popular among both youth and adults.

“You’re never too young to start a business,” said Nile. “You can start a business at any age.”

Continued on page 7

Comcast partners with HGTV to bring Ben and Erin Napier's "Home Town Takeover" treatment to its Lift Zones

Philadelphia— Comcast announced a partnership with HGTV to rebuild spaces and amplify the community spirit in its Lift Zones in three cities— Atlanta, Baltimore and Portland.

HGTV is donating \$150,000 toward the revitalization of the three Lift Zones. The network has a storied history of working to renew communities through series such as Home Town, Good Bones and Bargain Block. Inspired by its most recent juggernaut hit Home Town Takeover, HGTV is also commissioning artists to create inspirational murals at or near each of the Lift Zone locations.

Comcast will partner with local designers to make over the selected Lift Zones: Girls, Inc., Atlanta; Boys & Girls Club of Metro Baltimore—Brooklyn Club; and Inukai Boys & Girls Club in Hillsboro, Oregon.

Since September 2020, Comcast has been rolling out Lift Zones as part of its ongoing effort to provide free WiFi to 1,000 community centers across America by the end of this year. These safe spaces will help ensure thousands of low-income students can remain online to continue to participate in distance learning and do their homework, even if their schools are closed.

The Lift Zones initiative complements Comcast's Internet Essentials program, which, since 2011, has connected a cumulative total of more than 10 million people in need to the Internet at home. By also providing community centers with free WiFi service, more students, seniors, veterans, and others have access to the Internet for education, participating in digital skills training, applying for jobs, and staying in touch with friends and family who have been forced to socially distance due to the pandemic.



The Boys & Girls of Metropolitan Baltimore-Brooklyn Club is among three Lift Zones to be revitalized and receive a makeover through a partnership between Comcast and HGTV. Lift Zones are locations within community centers and recreation centers across the country where students and families can get high-speed Internet access for distance learning, applying for jobs or staying in touch with family and friends.

Photo Credit: ClipArt.com

"We're thrilled to partner with HGTV to help give these three Lift Zones a special makeover," said Karen Buchholz, Executive Vice President, Comcast Corporation. "These community centers provide safe spaces for people to get online, and this exciting partnership will go a long way to helping make them as comfortable and inviting as possible."

"At HGTV, we present and celebrate stories of transformation," said Karen Bronzo, Group Senior Vice President, Marketing & Strategy for HGTV and Food Network. "It's an honor to team

with Comcast on these revitalization and enhancement projects that have the potential to touch so many lives and in these communities."

Last September, Comcast announced a multi-year program to launch more than 1,000 WiFi-connected "Lift Zones" in community centers nationwide. The sites were identified by working with the company's network of thousands of nonprofit partners as well as getting input from city leaders. The announcement also comes on the heels of a series of initiatives Comcast launched during the

COVID-19 pandemic that reinforced the company's commitment to addressing the digital divide and the homework gap by upping the speeds of the Internet Essentials program's Internet service to 50 Mbps downstream without changing the \$9.95/month price, which has not increased in more than a decade. In addition, the company continues to offer 60 days of free Internet service to new Internet Essentials customers who sign up before June 30, 2021.

DENTAL Insurance

from Physicians Mutual Insurance Company.

Call to get your FREE Information Kit

1-855-337-5228

dental50plus.com/MDDC

Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Product not available in all states. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO; call 1-800-969-4781 or respond for similar offer. Certificate C250A (ID: C250E; PA: C2500); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN); Rider kinds B438/B439 (GA: B439B).
6255

NOTICE

Any unsolicited manuscripts, editorial cartoons, etc., sent to *The Baltimore Times* become the property of *The Baltimore Times* and its Editorial Department, which reserves the right to accept or reject any or all such unsolicited material.

The Baltimore Times

(USPS 5840) is published every Friday by *The Baltimore Times*, 201-2530 N. Charles Street, Baltimore, MD 21218.

Subscriptions by mail \$60 per year. Standard bulk postage paid at Baltimore, MD 21233. Postmaster send address changes to:

The Baltimore Times

201-2530 N. Charles Street
Baltimore, MD 21218

Pratt Library launches Summer Break Baltimore

New program promotes literacy for all ages

Baltimore— The Enoch Pratt Free Library has launched the new *Summer Break Baltimore* program, which runs through September 4, 2021.

The program is designed to support literacy and learning throughout the summer months. Participants of all ages will receive free Summer Break boxes with books and prizes monthly in June, July, and August while supplies last.

People can sign up at any of the 22 Pratt Library locations, which are currently operating at 50 percent capacity. Sign-up is also available at prattlibrary.org. Customers who participate digitally can have the prize boxes mailed to their homes in Baltimore City.

“We’re excited to start the summer giving away free books to families so that customers can build their home libraries,” said Pratt Library President & CEO Heidi Daniel. “We know how important it is for children to continue



The new “*Summer Break Baltimore*” program at the Pratt Library is designed to support literacy and learning throughout the summer months. People can sign up at any of the 22 Pratt Library locations currently operating at 50 percent capacity or at prattlibrary.org. Photo Credit: Pratt Library



M&T has options to help you achieve homeownership. You may be eligible for solutions to help:

- Reduce the cash needed at closing
- Lower monthly payments
- Save thousands by paying less interest
- Qualify with a less-than-perfect credit history

Get started with one of our mortgage specialists by calling 1-888-253-0993 or visit us at mtb.com.

M&T Bank
Understanding what's important®



Certain restrictions apply. Subject to credit and property approval. ©2021 M&T Bank. Member FDIC. NMLS# 381076. 57100 210510

learning when they aren't in school. *Summer Break Baltimore* helps bridge that divide.”

In addition to the prize boxes, participants will receive a *Summer Break Baltimore* scratch-off card. They can scratch it off as they complete activities, such as visiting the library, reading a book, using a computer, and more. They'll fill out their contact information on the card and drop it off at the library to be entered into a weekly prize drawing.

Prizes include memberships to local attractions like the National Aquarium and Maryland Zoo, tech devices like Beats headphones and tablets, and more. Customers participating digitally can

log their activities online and they'll automatically be entered into the prize drawings.

Free outdoor and virtual programs for all ages will be held throughout the summer. A free summer camp for teenagers will meet in-person with limited capacity at the Central Library starting at the end of June. The Design Your Future Summer Camp will focus on career-readiness and include speakers from a number of different professions, including architecture, fashion, medicine and more.

For more information about Summer Break Baltimore, visit: prattlibrary.org/summer-break.

LIFE LINE SCREENING
The Power of Prevention

Are you at risk for stroke or cardiovascular disease?

**Call Life Line Screening at
888-787-4645**

**Special Offer for Readers
5 screening package for \$149**

Guest Editorials/Letters

Migraine is a health disparity for people of color

By Jaime M. Sander, *The Migraine Diva*
Co-Lead of the Disparities in Headache Advisory Council

Migraine is a neurological disease that affects 60 million Americans and is the second leading cause of disability worldwide. It is an underestimated, under-diagnosed, and undertreated disease despite its heavy burden. However, communities of color, which have been historically, socially and economically disenfranchised from research studies and treatment, are bearing the brunt of this burden. The American healthcare system is riddled with flaws, and headache medicine is no different.

The racial inequities in headache diagnosis and patient care have been brought to light by the recent increased focus on systematic racism that impacts health equity. Numerous studies have shown that the rates of migraine diagnosis and treatment vary significantly between Blacks, Hispanics and Whites. Although prevalence of migraine is similar (14.5 percent, 14.5 percent and 15.5 percent respectively), Blacks and Hispanics utilize healthcare at a disproportionate rate compared to Whites.

When seeking treatment, Hispanics had a lower total number of visits that result in a migraine diagnosis. Blacks with severe headaches are more likely to get a diagnosis of probable migraine, while Whites get a more definitive diagnosis. Because of disparities in the U.S. health care system, migraine is more severe and more likely to become chronic among Blacks and African Americans. This chronification is unfortunately linked with increased depression and disability, and a lower quality of life.

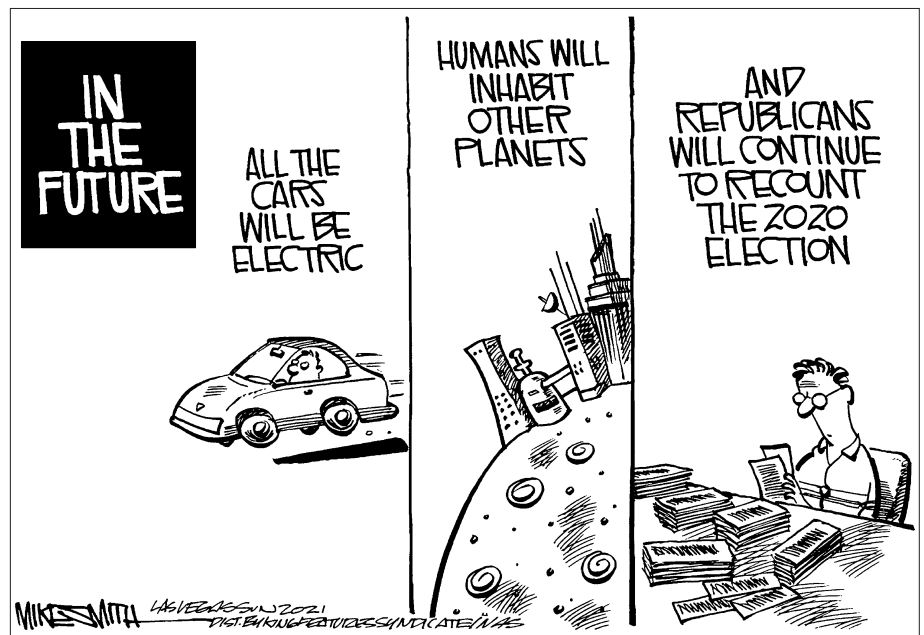
Black, indigenous, people of color (BIPOC) experience stress and adverse health outcomes due to the exposure to racism and racial trauma. A theory, known as race-based traumatic stress, indicates that some individuals experience racial prejudice as psychological trauma. This PTSD-like reaction leads to increased severe headaches and migraine attacks. Research confirms all of these inequities - but an ongoing lack of quality research on BIPOC with migraine means there is still much that is unknown or poorly understood.

The Coalition for Headache and Migraine Patients (CHAMP) and its partners realized that meaningful change was required. They created the Disparities in Headache Advisory Council that has held numerous training sessions and provided seed funding for new initiatives that promote diversity and equality in headache medicine.

CHAMP is one of many patient advocacy organizations participating in National Migraine and Headache Awareness Month. Every June, we spend the month raising awareness and educating the public via a variety of programs and projects held around the country. The theme for this year is "A New Era of Care," which reflects the surge of innovation in headache and migraine treatments that are dramatically improving lives.

June 16 is our first Advocacy Day of Action, supporting a U.S. House Resolution designating June as Migraine and Headache Awareness Month, led by Representative Madeleine Dean (D-PA-4th). This resolution addresses the inequities that BIPOC communities face in health access and quality of care. You can show your support by contacting your Representative in Congress and asking them to co-sign the resolution. Take action by visiting: headachemigraine.org/policy-partners/.

Stay up-to-date on positive news in the community!
Sign up for The Baltimore Times weekly newsletter at
<https://bit.ly/2E5NuM5>



Letters to the Editor:

Editor:

Now the school year is over but this is not one of those years where you just move on to the next grade, the next school, the next term. This is the year where you look back and reflect on what's happened. This is the year where you say thank you to so many people you can barely keep track of. In other words, this is a year to never forget.

No matter if you were in the classroom or on the computer, it was hard. For the parents, for the kids and for the teachers.

Now, take me for example— Sydney Bramble, daughter of Jernee and David Bramble, oldest (and only) sister; and granddaughter of Joy and Peter Bramble. I got to be in the classroom, getting an amazing education, with an amazing teacher.

But at some moment when I was watching the news, they would talk

about Augusta Fells and all these other schools. I thought about how fortunate I was. I got to go to school and see all my friends, teachers and even some new people. But these kids had almost nothing. In one second they could have a horrible education, and they could be on the streets like that.

How do I know? Well, I live in West Baltimore and every day I drive to school, I see all these people, who didn't get the life they deserve, and didn't get the education they deserve. I told my Dad, "You know, when I grow up, I want to be someone who not only builds homes for the homeless, and helps them get a job and an education." And, that is exactly what I'll do.

Sydney Bramble (age 10)
Baltimore, MD

When sending letters to the editor, your correct name, address and telephone number must be included with your submission.

Please send your letter to: Letters to the Editor

The Baltimore Times

201-2530 N. Charles Street, Baltimore, MD. 21218

email: btimes@btimes.com

Black men must talk about drugs ravishing our community

By Roger Caldwell
NNPA Newswire Contributor

There is a subject that Black men refuse to talk about, and it is the abuse of drugs in our community. There is a menu of drugs in our community, and everyone who uses them has their desired choice. Drugs are destroying Black families, careers, relationships, lives, budgets and mental health.

With Black people in America, there is a State of Emergency with drugs in our communities, and it is an urgent issue. The Drug Policy Alliance states, "The drug war has produced profoundly unequal outcomes across racial groups, manifested through racial discrimination by law enforcement and disproportionate drug misery suffered by communities of color."

It is no mistake that drugs are so prevalent in the Black community that our children can direct a stranger were to purchase drugs. The most amazing thing

about drugs in the Black community is that nothing is done, because everyone is scared, others don't care, so it is accepted.

Many drug activist organizations believe the criminalization of people of color, particularly young people, is as

majority of athletes are thought to make millions of dollars, but a large number stay in the pros for 3 to 5 years, and they also end up broke, and on drugs.

"Disparities in arrest and incarceration are seen for both drug possession law violation as well as low level sales.

resulted in the largest increase in the federal and state prison inmates of any president in American history. "But Clinton was not satisfied with exploding prison populations, (no matter how minor the offence) and denying them basic public benefits, including food stamps, for life. Discrimination in virtually every aspect of political, economic and social life is now perfectly legal, if you've been labeled a felon," says reporter Michelle Alexander -The Guardian.

The drug war was brutal, but in the late 1990s, the Opioid epidemic was created by the big pharma companies and has destroyed cities, towns, while CEO's are making millions for their companies. There are 450,000 Americans who have died, and millions are addicted to these prescription opioids.

Drug distribution and addiction is created and controlled by our leaders in power. There is no mistake that drugs are flowing in the inner cities, and that primarily Black people and people of color are affected, and that the majority are in prison.

Black men must take the initiative to get drugs out of the communities. The Black community must expose the corrupt police officers, and work with the honest police officers and get rid of the dealers. Drugs are destroying our families and community; Black men must take a stand and make the difference.

"Recently, super-star DMX died of an overdose of illicit drugs, and the drug issue has been swept under the table, and hardly discussed. The abuse of drugs in hip-hop is legendary, and a large majority of performers are high all day and night. Sex, drugs, cash and hip-hop, are quite appealing to the young, because they are in the super fast lane."

profound a system of racial control as the Jim Crow laws were in the country. Drugs are a control issue for Black men, and we wonder why we are stuck, and cannot get ahead. Instead of going to school or work, we are caught up looking to buy or sell drugs.

Recently, super-star DMX died of an overdose of illicit drugs, and the drug issue has been swept under the table, and hardly discussed. The abuse of drugs in hip-hop is legendary, and a large majority of performers are high all day and night. Sex, drugs, cash and hip-hop, are quite appealing to the young, because they are in the super fast lane. Many in the record companies pay their performers with drugs, and after a tour stars end up owing the company. The

Those selling small amounts of drugs to support their own drug use may go to jail for decades. This unequal enforcement ignores the universality of drug dependency, as well as the universal appeal of drugs themselves," according to The Drug Policy Alliance.

In the 1980s and 90s, President Ronald Regan created the drug war, but it was waged exclusively in poor communities of color. After he announced the plan, crack cocaine hit the streets, and there were inner-city crack babies, crack mothers, crack whores and drug-related violence. The drug war became corrupt, and federal agents were stealing from the drug suspects and dealers, and the drug cartels were started.

President Clinton's "tough on crime"

The Baltimore Times

**Publisher
Joy Bramble**

**Managing Editor
Joy Bramble**

**Director of Special Projects
Dena Wane**

**Dir., Promotions/Entertain. Columnist
Unice Moseley**

**Editorial Assistant
Kathy Reeve**

**Administrative Assistant
Ida C. Neal**

**Writers
Ursula Battle
Stacy Brown**

**Demetrius Dillard
Rosa "Rambling Rose" Pryor**

Website

Cieara Adams

**Photographers
Dennis Roberts**

Gar Roberts

The Baltimore Times is a publication of The Baltimore Times/Times of Baltimore, Inc. No part of this publication may be reproduced without the written consent of the publisher

**Mailing Address
The Baltimore Times
2513 N. Charles Street
Baltimore, MD 21218**

**Phone: 410-366-3900- Fax 410-243-1627
www.baltimoretimes-online.com**

Want to comment on the editorials or any other story?

Please contact: The Baltimore Times

2513 N. Charles Street, Baltimore, MD 21218

Phone: 410-366-3900 Fax: 410-243-1627

email: btimes@btimes.com

A Historic, Inaugural Juneteenth Celebration is Coming to Annapolis on June 18 and 19

By Andrea Blackstone

Annapolis' first Juneteenth festival will include a two-day celebration, which will kick off on June 18, 2021 with a VIP Reception and Awards Ceremony at 6 p.m. at Maryland Cultural & Conference Center (MC3). The venue is located at 3 Park Place, Suite #4 in Annapolis, Maryland. The elegant evening commemorates the inaugural Juneteenth celebration. It is scheduled to feature live entertainment including Art Sherrod; catered food; community awards presented to local and national trailblazers who are ages 13-80; networking; and African American art. The event honoring the rich history of enslaved Africans—and commemoration of America's end of slavery—shall resume with a parade at noon on Saturday, June 19, 2021. In light of what Juneteenth represents, it is appropriate that the Kunta Kinte statue downtown at the City Dock in Annapolis will mark the starting point of the second chapter of The Sailing Capital's historical event.

According to an organizer, over 60 groups and civic organizations featured in the parade are set to take a spirited journey which ends at Maryland Hall for the Creative Arts, located at 801 Chase St. Later in the day, outdoor mainstage entertainment, and the Juneteenth Musical Festival, will span from 2:00 – 9:00 p.m. at Bates Athletic Complex. This portion of the event is scheduled to occur at 935 Spa Rd.

Talent such as Tyler Perry's 'Young Dylan,' violinist Chelsey Green Project, and Kindred The Family Soul will perform and/or appear, before the close of the event. The festivities end with fireworks, after the stage closes. All of Saturday's festivities are free to the public, while ensuring that a healthy and safe environment is achieved.

The action-packed day targets attendees from ages four to 80. The colossal celebration was conceived by a well-known, native Annapolitan who grew up in the Parole area. Phyllis "Tee" Adams, who is 69 years young, stated that she never knew anything about the history of Juneteenth. The idea for the event came to her in an unusual dream. Then, she learned all that she could about it.



Phyllis "Tee" Adams, middle, never knew anything about the history of Juneteenth. The idea for the event celebrating the end of slavery came to her in an unusual dream. A two-day event she brought to life with a committee runs from June 18-19, 2021 in locations around Annapolis, Md., to mark Annapolis' first Juneteenth festival. Photo Courtesy of Phyllis "Tee" Adams

Adams took a big leap of faith to educate others around her.

"I saw a field with a huge festival. Three days later I heard Juneteenth. I prayed and then we started planning the festival in the middle of the pandemic over a year ago," Adams said.

Adams further explained that she did not want anyone in Annapolis—and her future generations—to miss out on knowing the legacy about why we celebrate June 19. The Annapolis event's theme is "Honoring Our Past and Celebrating Our Future." This premise ties into what Juneteenth is truly all about. According to www.juneteenth.com, the commemoration of African American freedom may be accompanied by a wide array of celebratory gatherings. The website reminds that on June 19, 1865, Union soldiers arrived in Galveston, Texas informing people that enslaved people were now free and the Civil War had ended. This occurred two and a half years after President Lincoln's Emancipation Proclamation had already abolished slavery. And now, one elder in Annapolis is responsible for starting a new tradition in the same area where enslaved Africans such as Kunta Kinte arrived in bondage.

Adams also said that exploring the stories and struggles of our ancestors, and what they endured through hardships taught her many things. Perseverance, having a mustard seed of faith, doing all things with the help of Christ's strength, are among other points she noted and relearned.

Adams has a track record of being a visionary who starts good ideas from scratch. She ended up partnering with the City of Annapolis, The Westin Hotel, MC3 and Anne Arundel County to get everything off the ground with her signature "Ms. Tee style." Anne Arundel County Executive, Stuart Pittman, even made Juneteenth a county paid holiday, according to Adams.

Verneé J. Wallace, who is the treasurer for the Annapolis Juneteenth Planning Board, said that she chose to get involved in the Annapolis Juneteenth Celebration, because participating in a positive milestone was desirable.

"I knew I would be a part of a positive event that will educate and highlight one of the most under-talked about events in African American history," Wallace said. "What has been most rewarding to me is being able to highlight my hometown of Annapolis, Maryland. Slaves were sold at our docks, and now we are marching from that same dock right into a celebration of true freedom."

Please visit www.annapolisjuneteenth.org to confirm event details and times. Tickets for Friday's night's affair can be purchased from the website. The cost is \$100.00. After five attire is required.

You are cordially invited to the

Annapolis Juneteenth Celebration

Vip Reception & Awards Ceremony

CELEBRATE FREEDOM

MARYLAND CULTURAL & CONFERENCE CENTER (MC3)
ON JUNE 18, 2021, AT 6PM

TICKETS AVAILABLE FOR PURCHASE
WWWANNAPOLISJUNETEENTH.ORG

PERFORMANCES BY ART SHERROD
COUNT THE COST BAND & ARTAVIA B

Twelve-year-old Nile Ross

Baltimore 'Kidpreneur' Hitting it Big on the 'Sock' Market

Continued from page 1

Smiling at her son who sat brimming with optimism, Hinton said: "Nile symbolizes the future for us. We're at an all-time high when it comes to negativity and violence in Baltimore, but I also believe a lot of children are lacking nurturing, guidance, and love. Nile symbolizes hope. There are many children like him with the same, broad mindset."

"There are many young entrepreneurs in Baltimore. But it's hard for them, because so many media outlets are focused on negativity. Many young entrepreneurs don't get the platforms to show what they have going on, that they're out there, or to advertise. But we have to take it one day at a time. Hopefully, one day things will be different."

An athlete and musician, Nile is in a soccer league and plays the African drum.

"With social media and other avenues, children are striving or aspiring for things we didn't even consider in our youth," said Hinton. "Nile is an encouragement because his friends are in awe of what he's doing. He tells them once he gets a little more, he wants them to come help him. So, it's not about him striving to be great alone. He is interested in being successful and bringing people along with him."

Nile provided some advice for other youth who want to become "kidpreneurs."



Nile Ross, 12, is the CEO of NWRsocks. The online company specializes in colorful, bright socks that Nile describes as "the best quality" and makes wearers feel like they are "walking on clouds." The 'Kidpreneur' started NWR socks when he was just 10. The young 'sock broker' has sold hundreds of pairs, which can be purchased online at www.nwrsocks.com. Courtesy Photo

"Keep your head up," he said. "Don't let anybody tear you down."

To purchase socks from NWRsocks or for more information, visit:

www.nwrsocks.com. Nile is featured in a short video on our website. To see the clip, visit <http://baltimoretimes-online.com>.

Hyatt Regency Baltimore Welcomes Tracey Pool as General Manager



Tracey Poole

Courtesy Photo/Hyatt Regency Balti-

Baltimore— Hyatt Regency Baltimore Inner Harbor, the first branded full-service hotel in Baltimore City's Inner Harbor, proudly welcomes Tracey Pool as the new general manager.

Pool has worked within Hyatt Regency since the start of her career and brings 35 years of hospitality experience to her new role. Most recently, she served as general manager at Hyatt Regency Boston Harbor. Prior to that, Pool was the general manager at the Hyatt Regency Dulles and Hyatt Centric The Pike Long Beach. Pool has held positions in the rooms division for Hyatt Regency Denver, Hyatt Regency Century Plaza in Los Angeles, Hyatt Centric Arlington and Hyatt Regency Baltimore, where she was Rooms Director from 2005-2007. Her first position with Hyatt was as the PBX operator overseeing the telephone switch system at Hyatt Regency Bethesda.

"I am excited to return to my home state and to the Hyatt family here in Baltimore," said Pool. "I look forward to fostering relationships with businesses throughout the Inner Harbor and working to revitalize the community after the hard economic hit of Covid-19."

Pool studied Hospitality and Psychology at Howard University. She serves as a board member with Maryland Hotel Lodging Association (MHLA) and Visit Baltimore and served as a board member with the Massachusetts Lodging Association. She is also a certified tutor with Literacy Volunteers & Advocates in DC.

This year thousands of men will die from stubbornness.

Learn the preventive medical tests you need. ahrq.gov



Screening for prostate cancer should be informed choice

*By Jean Bonhomme, MD, MPH,
President National Black Men's Health
Network*

*Part I of a two-part series about
prostate cancer diagnosis and treatment.*

To be screened or not to be screened—that is the question men older than age 40 or 50, depending on risk factors, must decide with regard to a PSA test for prostate cancer.

Men's Health Network recommends that all men age 50 and older have a PSA test every year and that men with known risk factors be screened beginning at age 40. Known risk factors include African-American race and men with a family history of prostate cancer. Men at higher risk and should begin screening at a younger age.

But whether asymptomatic men should undergo regular PSA screening has been controversial almost since the FDA approved the test for prostate cancer detection in 1994.

cancerous and non-cancerous prostate tissues produce a protein called prostate-specific antigen (PSA). A PSA test measures the amount of the protein in the blood. PSA levels of less than 4 nanograms per milliliter are usually considered normal, but levels above 4 may indicate the presence of cancer. Also, a rapid unexplained increase in PSA, even within the normal range, may be a cause for concern.

Doctors can also test for prostate cancer by feeling for abnormalities by way of a digital rectal exam (DRE). But, according to a 2005 study published by the National Institutes of Health, DREs are cannot detect all cancer. Only the back of the prostate can be felt, and not all tumors occur there. An MRI scan, a non-invasive radiologic exam, or a prostate biopsy must be performed to definitively diagnose the condition and determine how much it has progressed.

Most prostate cancers, though not all, are slow growing and may never cause a problem. Aggressive, high-risk forms of



“If the cancer is detected before it spreads beyond the prostate or the immediate area, the prostate cancer survival rate is almost 100 percent. That’s why Men’s Health Network recommends that all men make the decision to have PSA tests beginning at age 50 and that African American men and men with a family history of prostate cancer consider having the tests beginning at age 40.”

Prostate cancer is the most common cancer among men in the United States, aside from non-melanoma skin cancers, and it is also the second leading cause of cancer death among men of all races. The American Cancer Society estimates more than 248,000 men will be diagnosed with prostate cancer in 2021, and more than 34,000 will die from it.

Why not just be tested and know definitively whether cancer is present so that it can be treated?

It's complicated. The prostate gland is a small male reproductive gland surrounding the urethra just below the bladder. It makes about one-third of the fluid that is part of semen. Both

prostate cancer make up only about five percent of cases. Elevated PSA levels do not always mean cancer. Other conditions, such as an enlarged prostate or prostate infection, can also elevate PSA levels. PSA tests can sometimes result in false positives and lead to unwarranted biopsies. In addition, treatment for prostate cancer if unnecessary, sometimes result in impotence, incontinence and/or bowel problems.

In June 2012, Patient-Centered Outcomes Research Institute (PCORI) funded a study to test a way to involve patients, along with other health care experts, in developing guidelines for cancer screening. One of the two groups

the researchers created established guidelines for prostate cancer screening. In a journal article resulting from the study, it was noted that all the patient participants felt strongly that “since the science is ambiguous and contradictory at best, the decision should be left to a patient and his doctor....”

In 2013, the American Urological Association (AUA) commissioned an independent panel to review the published research on prostate cancer screening and develop a set of guidelines. The AUA reviewed and confirmed the resulting guidelines in 2018. The guidelines do not recommend routine prostate cancer screening for men younger than 40. They recommend that decisions about screening should be individualized for men ages 40 to 54 that may be at higher risk, including African American men and those with family histories of prostate cancer.

For men ages 55 to 69 years, the AUA guidelines state the following: “the decision to undergo PSA screening involves weighing the benefits of reducing the rate of metastatic prostate cancer and prevention of prostate cancer death against the known potential harms associated with screening and treatment.

For this reason, the Panel strongly

recommends shared (patient and doctor) decision-making for men age 55 to 69 years that are considering PSA screening, and proceeding based on a man's values and preferences.”

Only about 10 percent of prostate cancers are diagnosed in men younger than 56 and there is evidence that some of these early onset cases can be more aggressive. The AUA does not recommend PSA screening for men 70 and older, but does state that some men over 70 in excellent health and likely to live longer may benefit from being tested.

As the AUA states, early detection allows for more conservative treatment, such as active surveillance, which does not cause complications. It also saves lives. If the cancer is detected before it spreads beyond the prostate or the immediate area, the prostate cancer survival rate is almost 100 percent. That's why Men's Health Network recommends that all men make the decision to have PSA tests beginning at age 50 and that African American men and men with a family history of prostate cancer consider having the tests beginning at age 40.

MHN's screening recommendations for men can be found at www.GetItChecked.com.

Ravens Gus Edwards celebrates contract extension

By Tyler Hamilton

The Baltimore Ravens agreed to two-year, \$10-million contract extension with running back Gus Edwards this week. The deal means he'll be around for the next two seasons in a dual backfield with emerging star J.K. Dobbins.

Edwards originally signed with the Ravens in 2018, an undrafted free agent in 2018 after playing college football at the University of Miami and at Rutgers. His story is a remarkable one that goes back to moving to the United States from Liberia when he was five years old.

Edwards played football at Tottenville High School in Staten Island, New York. He clawed his way onto the Ravens roster and managed to be a fixture because his rugged running style fits the team's physical approach to the game.

"I just knew that it was physical. What I knew about Ravens' football is that it was physical in every aspect— offense, defense. And the running game has just been getting better. The more comfortable, the more years that we're in the system, we add more sauce to it. I'm blessed, man. We're in a special space. We've got a great offense. We've just got to keep building," Edwards said. The keep building approach is lockstep



Breaking the news to his father was an international experience for Ravens running back Gus Edwards when he called his father to tell him that he was going to sign the two-year \$10 million contract extension. His father happened to be in Liberia at the house they lived in 20 years ago.

Photo Credit: Getty Sports Images

with the mindset that Ravens coach John Harbaugh wants the team to possess. Seeing Edwards get rewarded after working his way into a vital role with the Ravens is rewarding for the blue-collar minded coach.

"It means a lot. He's a guy who we all root for. He came in as an undrafted free

agent, and he had to work his way in from the bottom to the practice squad. Obviously, he's played some special teams for us, and then what he's done as a running back for the last three years is pretty remarkable," Harbaugh said. "I think he's a really good fit in our offense, and he understands that. He's

just a really good fit, also, in our personality as a football team. We appreciate him and the way he plays, and the way he carries himself. He's just really the most deserving guy. To see that and have that kind of security now going forward for his family, as a coach, it's pretty rewarding. So, [I'm] very happy for him and expecting nothing but the best from him going forward as a football player."

Breaking the news to his father was an international experience. Edwards said he called his father to tell him that he was going to sign the contract. His father happened to be in Liberia at the house they lived in 20 years ago.

A lot of his family was there with his dad in Liberia. Family has become his 'why.'

"I always wanted to do it for my family. My family has been great for me—a great support, and they push me every day. When you can do for your family, it just makes you feel that much [more] of a man. I'm just happy. Thank you to [Ravens owner], Mr. [Steve] Bisciotti, the whole Ravens organization just for believing in me—a guy that didn't have too much of an opportunity anywhere else. So, I'm blessed and I couldn't thank this organization enough, pretty much," Edwards explained.

Seeing is believing. Get 2 security cameras installed FREE*.

ADT's 24/7 monitoring plus top of the line security cameras help ensure your loved ones are safe – whether you're out and about or in the next room.

Call today to speak with a home security expert
1-866-368-6214 • Offer expires: 7/15/2021



*ADT Video Doorbell AND Outdoor Camera Professionally Installed Free! Requires 36-month monitoring contract starting at \$66.99/mo. with QSP (24-month monitoring contract in California, total fees from \$1,367.76), and enrollment in ADT EasyPay. Offer includes installation of one (1) video doorbell camera AND one (1) outdoor camera with minimum purchase price of \$599 after promo is applied depending on geographic location. Applicable taxes extra. Upon early termination by Customer, ADT may charge 75% of the monthly service charges due for the balance of the initial contract term. Quality Service Plan (QSP) is ADT's Extended Limited Warranty. Service and installation charges vary depending on system configuration, equipment, and services selected. Expires 7/15/2021.
General: Additional charges may apply in areas that require guard response service for municipal alarm verification. System remains property of ADT. Local permit fees may be required. Prices and offers subject to change and may vary by market. Additional taxes and fees may apply. Satisfactory credit required. A security deposit may be required. Simulated screen images and photos are for illustrative purposes only.
©2021 ADT LLC dba ADT Security Services. All rights reserved. ADT, the ADT logo, 800.ADT.ASAP and the product/service names listed in this document are marks and/or registered marks. Unauthorized use is strictly prohibited. Third-party marks are the property of their respective owners. License information available at www.ADT.com/legal or by calling 800.ADT.ASAP. CA ACC07165; 974443; PPO1020288; FL EF0001121; LA F1639; F1640; F1643; F1654; F1655; MA 173C; NC Licensed by the Alarm Systems Licensing Board of the State of North Carolina, 7533P2; 7531P2; 7532P10; 7533P7; 7535P1; 7536P9; 7534P4; NY 12010305616; PA 09079; MS 15101931. DF-CD-NP-0221

Prepare for unexpected power outages with a Generac home standby generator

REQUEST A FREE QUOTE!
855-993-0969

FREE 7-Year Extended Warranty*
A \$695 Value!
Limited Time Offer - Call for Details

Special Financing Available
Subject to Credit Approval

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



No Clipping Required.

The AARP® Auto Insurance Program from The Hartford.†



FREE duffel bag when you request your free quote!‡

AARP® Auto Insurance Program from THE HARTFORD

Not an AARP member? If you're 50 or over, request a FREE quote and more information today!

AARP and its affiliates are not insurers. Paid endorsement. The Hartford pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP membership is required for Program eligibility in most states. The AARP Automobile Insurance Program from The Hartford is underwritten by Hartford Fire Insurance Company and its affiliates, One Hartford Plaza, Hartford, CT 06155. It is underwritten in AZ by Hartford Insurance Company of the Southeast, in CA by Hartford Underwriters Insurance Company, in WA by Hartford Casualty Insurance Company, in MN by Centinel Insurance Company, and in MA, MI and PA, by The Hartford Insurance Company. Auto is currently unavailable in Canada and U.S. Territories or possessions. Specific rates, credits and discounts may vary and may not be available in all states in accordance with state filings and applicable law. Applicants are individually underwritten and coverages may not qualify.
†In Texas, the Auto Program is underwritten by Southern County Mutual Insurance Company through Hartford Fire General Agency. Hartford Fire Insurance Company and its affiliates are not financially responsible for insurance products underwritten and issued by Southern County Mutual Insurance Company.
‡Savings amount based on information reported by customers who switched to The Hartford from other carriers between 1/1/19 and 12/31/19. Your savings may vary. *QRI is a limited time offer and not available in all states. Email address required in most states. Allow 4-7 weeks for delivery. Bottle not included.
†Based on customer experience review shared online at www.thehartford.com/aarp as of February 2021.



We Cancel TIMESHARES for You

Every year 150,000 people reach out to us for help getting rid of their timeshare. In 2019, we relieved over \$50,000,000 in timeshare debt and maintenance fees. We can help.



Get your free information kit and see if you qualify:

888-984-2917

ON AVERAGE, AARP MEMBERS ENJOY
\$449² SAVINGS

ON AUTO INSURANCE
when they switch from companies like
GEICO, State Farm and Allstate

Your savings could be even more!

Call The Hartford
1-877-579-9788



Call The Hartford now to request a FREE money-saving quote.

1-877-579-9788

No coupon necessary.

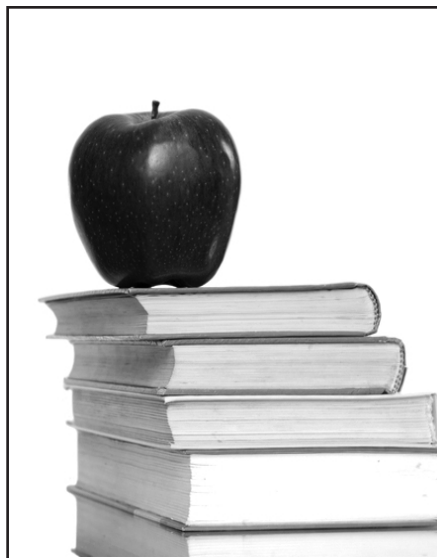
Institute for Integrative Nutrition offers full tuition scholarships to members of the National Association for the Advancement of Colored People

New York—Institute for Integrative Nutrition (IIN), the world's largest and leading premier health coaching school, has partnered with the NAACP to provide 35 full Health Coach Training Program scholarships to its members who demonstrate an interest in and commitment to health and well-being, as well as 100 partial tuition grants.

As part of their social justice work, the NAACP is committed to ending racial health disparities, from making health care more affordable to educating communities on improving food choices, creating healthier lifestyle habits, and disrupting systems in these communities that hinder equitable access to health resources. With IIN's Health Coach Training Program, eligible members of the NAACP can further support their communities with a world-renowned education in improving health and creating impactful transformation.

"We're excited to be able to offer our life-changing education to members of this important organization," said Lynda Cloud, IIN's CEO. "The NAACP is doing incredible work to advocate for improved access to health care and health care equity, and IIN is proud to align with their efforts by providing educational resources to help make that possible."

An IIN education empowers individuals to take control of their health, their careers, and their lives through a comprehensive curriculum



focusing on nutrition and nutrition science, coaching methodologies, business-building, and personal development and transformation. Graduates of IIN's Health Coach Training Program not only have the opportunity to create their own health coaching careers, but also spread their knowledge and passion for living a healthy, happy life.

"In addition to the NAACP's work to reform policy and community infrastructure that impact the Black community's ability to thrive, it is also of utmost importance to provide education to create sustainable change," said Antoine Holman, NAACP's Vice President of Corporate Relations. "In our partnership with IIN, we know we will be giving our members access to the kind of information that is necessary to improve health and happiness, and in turn, share this knowledge with their communities."

For more information about the Health Coach Training Program scholarships is available at <https://naacp.org/find-resources/scholarships-awards-internships/scholarships/institute-integrative-nutrition>.

Drug and Alcohol Rehabilitation and Education

Narconon reminds families that abuse of heroin and opioid drugs has become a national health crisis. Learn to recognize the signs of heroin abuse and get your loved ones help if they are at risk. Visit to learn about the overdose reversing drug known as naloxone and find out its availability in your state. Narconon can help you take steps to overcome addiction in your family. Call 1 800-431-1754 today for free screenings or referrals.

Legal Notice

CITY OF BALTIMORE
DEPARTMENT OF PUBLIC WORKS
OFFICE OF ENGINEERING AND
CONSTRUCTION

NOTICE OF LETTING

Sealed Bids or Proposals, in duplicate addressed to the Board of Estimates of the Mayor and City Council of Baltimore and marked for **WATER CONTRACT NO. 1410-Urgent Need Water Infrastructure Rehabilitation and Improvements Phase I-FY21** will be received at the Office of the Comptroller, Room 204 City Hall, Baltimore, Maryland until 11:00 A.M on **June 30, 2021**. Positively no bids will be received after 11:00 A.M. Bids will be publicly opened by the Board of Estimates in Room 215, City Hall at Noon. The Contract Documents may be examined, without charge, at Contract Administration 4 South Frederick Street Baltimore, Maryland 21202 on the 3rd floor (410) 396-4041 as of **June 11, 2021** and copies may be purchased for a non-refundable cost of **100.00**. **Conditions and requirements of the Bid are found in the bid package**. All contractors bidding on this Contract must first be prequalified by the City of Baltimore Contractors Qualification Committee. Interested parties should call (410) 396-6883 or contact OBC at 4 S Frederick St., 4th Floor, Baltimore, MD 21202. **If a bid is submitted by a joint venture ("JV"), then in that event, the document that established the JV shall be submitted with the bid for verification purposes**. The Prequalification Category required for bidding on this project is **B022511 – Water Mains**. Cost Qualification Range for this work shall be **\$5,000,000.01 to**

Legal Notice

\$10,000,000.00.

A "Pre-Bidding Information" session will be conducted via Conference Call. Vendor can call 443-984-1696 PASSCODE 9423202 on **June 18, 2021 at 10:00 AM.**

To purchase a bid book, please make an electronic request at:
<https://publicworks.baltimorecity.gov/dp-w-construction-projects-notice-letting> For further inquiries about purchasing bid documents, please contact the assigned Contract Administrator **Latonia.Walston@baltimorecity.gov**
Principal items of work for this contract include, but are not limited to: Urgent need water main repairs and replacement as necessary, including, but not limited to, replacement/installation of various size new ductile iron pipe, valves, fittings, and appurtenances replacement/installation of fire hydrants, small (residential) meter settings and meter vaults, renew and replacement of existing water services, sidewalk restoration, curb and gutter, roadway paving, sedimentation and erosion control measures and maintenance of traffic, as required.

The MBE goal is **12%**

The WBE goal is **5%**

APPROVED:
Clerk, Board of Estimates

APPROVED:
Jason W. Mitchell
Acting Director,
Department of Public Works

To place Legal Notices in The Baltimore Times,
contact the Legals Department
Phone: 410-366-3900 or email: legals@btimes.com

Leaf Filter
GUTTER PROTECTION

BACKED BY A YEAR-ROUND CLOG-FREE GUARANTEE

EXCLUSIVE LIMITED TIME OFFER!

15% OFF & **10% OFF**
YOUR ENTIRE PURCHASE
+ **5% OFF** TO THE FIRST \$50.
SENIORS & MILITARY!
WE INSTALL YEAR-ROUND!

FINANCING THAT FITS YOUR BUDGET!
Promo Code: 285
*Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE
1-844-566-3227

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-9pm, Sun: 2pm-8pm EST

For those who qualify. One coupon per household. No obligation estimate valid for 1 year. *Offer valid at time of estimate only. 21The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2019 and recognized LeafFilter as the #1 rated professionally installed gutter guard system in America. Manufactured in Plainfield, Michigan and processed at LMT Mercer Group in Ohio. See Representative for full warranty details. CSLB# 1035795, DOPL #10783658-5501 License# 7656, License# 50145, License# 41354, License# 99338, License# 128344, License# 218254, WAUB# 603 233 977, License# 2102212986, License# 2705132153A, License# LEATPW05212, License# W050912, License# WC29918-17, Nassau HIC License# H0182000, Registration# 17647, Registration# HIC04995, Registration# C127229, Registration# C127230, Registration# 366520918, Registration# PC6475, Registration# IR731804, Registration# 13VH0953900, Registration# PA09383, Suffolk HIC License# 252229-H, License# 2705109445, License# 26200022, License# 262000403, License# 0086990, Registration# H-19114

CLASSIFIEDS

AUTOS WANTED

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800-245-0398

MISCELLANEOUS FOR SALE

DISH TV \$64.99 FOR 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 7/21/21-855-270-5098.

NEED IRS RELIEF \$10K – \$125K+ Get Fresh Start or Forgiveness. Call 1-844-431-4716 Monday through Friday 7 AM – 5 PM PST

WANTED

AMERICAN & FOREIGN CLASSIC CARS AND MOTORCYCLES WANTED \$\$\$PAYING CASH\$\$\$
KRMILLER1965@yahoo.com
717-577-8206

ANNOUNCEMENTS

SELL YOUR ANTIQUE OR CLASSIC CAR. Advertise with us. You choose where you want to advertise. 800-450-6631 visit macnetonline.com for details.

Become a Published Author. We want to Read Your Book! Dorrance Publishing- Trusted by Authors Since 1920 Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution Call for Your Free Author's Guide 1-866-482-1576 or visit <http://dorranceinfo.com/macnet>

REAL ESTATE FOR SALE

READY TO BUY, SELL, OR RENT YOUR VACATION HOME OR HUNTING CAMP? Advertise it here and in neighboring publications. We can help you. Contact MACnet MEDIA @ 800-450-6631 or visit our site at MACnetOnline.com

WANTED TO BUY

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, CO 80201

AUTO INSURANCE

Looking for auto insurance? Find great deals on the right auto insurance to suit your needs. Call today for a free quote! 866-924-2397

MISCELLANEOUS

Want faster & Affordable Internet? Get Internet service today with Earthlink. Best Internet & WiFi Plans. Call us Today to Get Started. Ask about our specials! 866-396-0515

New authors wanted! Page Publishing will help self-publish your book. Free author submission kit! Limited offer! 866-951-7214

DISH TV \$64.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 7/21/21.1-833-872-2545

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 855-761-1725

Attention Active Duty & Military Veterans! Begin a new career & earn a Degree at CTI! Online Computer & Medical training available for Veterans & Families! To learn more, call 888-449-1713

HOME BREAK-INS take less than 60 SECONDS. Don't wait! Protect your family, your home, your assets NOW for as little as 70¢ a day! Call 866-409-0308

Update your home with beautiful new blinds & shades. Free in-home estimates make it convenient to shop from home. Professional installation. Top quality - Made in the USA. Free consultation: 877-212-7578. Ask about our specials!

HOME IMPROVEMENT

The bathroom of your dreams for as little as \$149/month! BCI Bath & Shower. Many options available. Quality materials & professional installation. Senior & Military Discounts Available. Limited Time Offer – FREE virtual in-home consultation now and SAVE 15%! Call Today! 1-877-540-2780

GENERAC Standby Generators provide backup power during utility power outages, so your home and family stay safe and comfortable. Prepare now. Free 7-year extended warranty (\$695 value!). Request a free quote today! Call for additional terms and conditions. 1-855-465-7624

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-791-1626

MISCELLANEOUS SERVICES

Wesley Financial Group, LLC Timeshare Cancellation Experts Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 888-965-0363

Directv Now. No Satellite. \$40/mo 65 Channels. Stream news, live events, sports & on demand titles. No contract/commitment. 1-866-825-6523

AT&T Internet. Starting at \$40/month w/12-mo agmt. 1 TB of data/mo. Ask how to bundle & SAVE! Geo & svc restrictions apply. 1-888-796-8850

The Generac PWRcell solar plus battery storage system. Save money, reduce reliance on grid, prepare for outages & power your home. Full installation services. \$0 down financing option. Request free no obligation quote. 1-855-270-3785

GENERAC Standby Generators. The weather is increasingly unpredictable. Be prepared for power outages. Free 7-year extended warranty (\$695 value!) Schedule Free in-home assessment. 1-844-334-8353 special financing if qualified.

Eliminate gutter cleaning forever! LeafFilter, most advanced debris-blocking protection. Schedule free estimate. 15% off Purchase. 10% Senior & Military Discounts. Call 1-855-995-2490

Never pay for covered home repairs again! Complete Care Home Warranty covers all major systems & appliances. 30-day risk free. \$200.00 off + 2 free months! 1-866-395-2490

!!OLD GUITARS WANTED!! GIBSON, FENDER, MARTIN, Etc. 1930's to 1980's. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277

HEALTH & FITNESS

Attention oxygen therapy users! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. Free info kit. Call 877-929-9587

Dental insurance - Physicians Mutual Insurance Company. Covers 350 procedures. Real insurance - not a discount plan. Get your free dental info kit! 1-888-623-3036 www.dental50plus.com/58#6258

VIAGRA & CIALIS! 60 pills for \$99. 100 pills for \$150. FREE shipping. Money back guaranteed! 1-844-596-4376

ATTENTION DIABETICS! Save money on diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters & more! To learn more, call now! 877-810-0063

Don't let the stairs limit your mobility! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-844-317-5246

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 350 plus procedures. Real dental insurance – NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-877-553-1891 www.dental50plus.com/macnet#6258

VIAGRA and CIALIS USERS! 50 Generic Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. 24/7 CALL NOW! 888-445-5928 Hablamos Español

PEST CONTROL

Find Pest Control Experts Near You! Don't let pests overtake your home. Protect your loved ones! Call today to find great deals on Pest Control Services – 833-872-0012

EDUCATION

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 888-572-6790.

Reach over 20 Million homes nationwide with one easy buy! Only \$2,395 per week for a 25 word classified. For more information, go to: www.naninetwork.com



WHERE



THE



MONEY



GOES.

Thanks to the support of Maryland Lottery players, this year we were able to generate more than \$2 billion in sales, award more than \$1.3 billion in prizes and contribute nearly \$589 million to support Maryland's schools, public health and safety programs and the environment. Not bad. We'd like to think we generated a few million smiles as well.

Please play responsibly. For help, visit mdgamblinghelp.org or call 1-800-GAMBLER. Must be 18 years or older to play.

