



TWIN CITY TIMES

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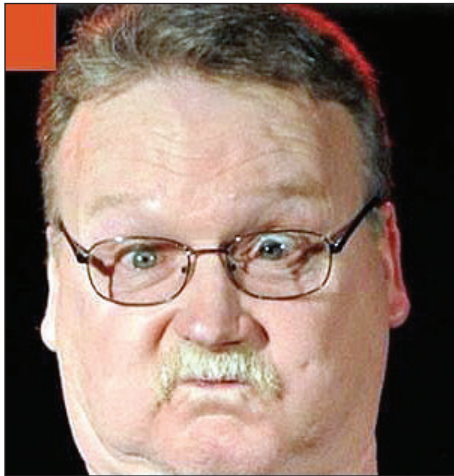
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Comedy at Franco Center tonight



Johnny Ater joins local comedians Dawn Hartill, Julie Poulin and Mark Turcotte as comedy returns to the Gendron Franco Center on Cedar Street in Lewiston tonight. (Photo courtesy of Franco Center)

From Franco Center

LEWISTON - Four of Maine's funniest comedians will perform a night of stand-up comedy starting at 7 p.m. today at The Dolard and Priscilla Gendron Franco Center, 46 Cedar Street, Lewiston.

Lewiston comedian Dawn Hartill will host the Center's Comedy showcase featuring Julie Poulin, Mark Turcotte, and Johnny Ater. The show will take place in Heritage Hall, through the Oxford Street entrance.

Julie Poulin is an actress, improv performer and stand-up comic from Monmouth, ME. She is the 2019 winner of the Franco Center's Central Maine's Funniest Comedian Competition.

Mark Turcotte, is the founder of Maine Event Comedy and was a finalist in the Funniest Comic on the East Coast Contest at Mohegan Sun and a semi-finalist at the World Series of Comedy in Sarasota, Florida.

Johnny Ater is a life-long local and arguably Maine's funniest, down-home comedian. He has appeared at Punchline Comedy Club in San Francisco and was

See Comedy, page 9

Dempsey Challenge goes Global in 2021



Riders in the 2019 edition of the Dempsey Challenge to raise money to fight cancer. The Challenge is returning to a hybrid Global Challenge this year, with both in-person and on-line participants for the various events. (DB Maine Photography photo)

From Dempsey Center

LEWISTON – After a successful remote Dempsey Challenge in 2020, this year sees the introduction of the first Global Dempsey Challenge.

Presented by Amgen Oncology, the Dempsey Challenge is the primary fundraising event for the Dempsey Center. It will take place Sept. 25 and 26 this year.

Registration for the Dempsey Challenge 2021 opened in April and offers a local in-person event in Lewiston - with an emphasis on implementing industry-leading COVID-19 safety protocols – and a global option, allowing participants to complete the Challenge wherever they are in the world.

Since its inception in 2009 by Dempsey Center founder Patrick Dempsey, the event has raised over \$16 million for the Dempsey Center, with

100% of donations supporting the Center's programs and services. The Dempsey Center helps make life better for people impacted by cancer by providing a haven of support to cancer patients, their loved ones, and care partners—all at no cost.

The weekend's activities will include run, walk, and ride events. On Saturday, Sept. 25, participants will complete the 5K/10K run and walk presented by Poland Spring® Brand 100% Natural Spring Water.

Sunday, Sept. 26 will see riders take on one of the 25, 50, 65, and 100 mile rides presented by Specialized.

"When COVID-19 forced us to close the doors of our two, physical centers in Lewiston and South Portland, Maine last year, we reimagined how we offer our services, and launched our third, virtual center; Dempsey Connects," Wendy Tardif, Executive Director, said. "This not only

expanded our reach in the state of Maine, but also meant that select services could now be provided beyond the borders of Maine, for anyone who needs it."

In 2020, the Dempsey Challenge was reimagined as well due to COVID-19, and shifted from an in-person experience to a fully virtual event as people from around the world came together to participate and support the Dempsey Center's mission to make life better for people impacted by cancer.

"We learned so much over the course of the last year," Deneka Deletetsky, Event Manager, said. "And what stands out most is that the power of a community of passionate, dedicated, fearless folks who work tirelessly to help ease someone's cancer journey is unstoppable."

Participants from 45 different countries took part in the 2020 Dempsey Challenge. See Dempsey, page 8-9

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Newsmakers, Names & Faces

Seniors Not Acting Their Age

Riding the Kennebec River Rail Trail



Old friends pause for a break on Vaughn Brook Bridge in Hallowell on the Kennebec River Rail Trail. (Ron Chase photo)

By Ron Chase

Old friends are like wine . . . they get better with age.

That axiom applies to longtime friends John and Diane Stokinger.

Our friendship began about forty years ago when we were raising families in Rockland. We shared many outdoor adventures together - canoeing on the Machias and Seboeis Rivers, backpacking part of the Appalachian Trail and challenging itineraries in Baxter State Park, and hiking and camping in Acadia National Park. Then they moved away and deserted us.

They recently returned to Maine, so they've been forgiven.

We're all fully vaccinated, so Nancy and I invited the wayward couple for dinner. Outdoor adventures are usually a part of our social events. Assuming the role of program coordinator, I suggested biking or kayaking. Biking was the

choice so I lobbied for one of my favorite trail rides, the Kennebec River Rail Trail (KRRT).

Situated along the Kennebec River between Gardiner and Augusta, the thirteen-mile roundtrip ride is a very scenic endeavor. Much of the paved trail parallels inactive railroad tracks that were part of a network that linked Portland and Augusta. The trail is particularly special for me because I grew up in Gardiner and the little town across the river, Randolph. The KRRT will be featured in my new book *The Fifty Finest Outdoor Adventures in Maine*.

To begin our trek, we met at the southern terminus of KRRT in the Hannaford parking lot in Gardiner. The reason was twofold. First, I like beginning and ending in my old hometown. Second, the elevation in Augusta is slightly higher than Gardiner. I prefer riding downhill on the return, even if the difference is a miniscule forty-five

feet.

Since we're all senior citizens and partially or fully retired, we chose a sunny weekday for our excursion. The trail was still busy but not as much as a typical weekend day.

Most of the trail is ten feet wide but a short section at the beginning on the southern end is much narrower. Riders need to be particularly alert and should slowdown or dismount if they are unable safely pass oncoming traffic.

Once the trail widened, we savored a wonderful view of the Kennebec River. When I was a youngster, a huge ice house was located directly across the river in Randolph. Although prohibited, some of my scofflaw friends and I explored the stupendous structure that was still operating on a limited basis a little more than six decades ago.

At mile one, we passed a couple of relatively new businesses on the left. One of them replaced a garage, gas station, and store owned and operated by my grandfather in the 1950s and early 60s. My Dad occasionally ran the business on weekends and I was his frequent assistant manager. I have fond memories of playing catch with him for many hours on those delightful days despite periodic unwelcome customer interruptions. Free treats from the store were another benefit.

Ancient logging booms and Brown Island were part of the river view as we continued north through an open area in



A cyclist enters Waterfront Park in Augusta on the Kennebec River Rail Trail. (Ron Chase photo)

Farmingdale. Turning right and crossing the tracks, we entered a weaving wooded stretch close to the river. Re-crossing the tracks, gentle rolling hills led us into Hallowell. After traversing a bridge over Vaughn Brook, the path declined to Route 201. In Hallowell, our choice was to ride through busy Main Street or negotiate an unpaved lane behind the business district next to the river. The latter was the group consensus. Trail or hybrid bikes are preferable for this route.

We returned to the paved path on the north-

ern end of downtown Hallowell and progressed on a panoramic sector of trail into Augusta. Passing under Memorial Bridge, we descended steeply down to Waterfront Park where a snack and respite were enjoyed at the picturesque location opposite historic Fort Western. Much to our dismay, no leaping sturgeons were sighted during our visit, but they are a common source of entertainment on the lower Kennebec.

Before we departed, I observed that it was all downhill on the ride back to Gardiner. That pro-

nouncement was disputed on several occasions during our return trip. Old friends can sometimes be curmudgeons, but are still great company.

The author of "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England," Ron Chase lives in Topsham. His latest book, "The Fifty Finest Outdoor Adventures in Maine" is scheduled to be released by North Country Press later this year. Visit his website at www.ronchaseoutdoors.com or he can be reached at ronchaseoutdoors@comcast.net.

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Newsmakers, Names & Faces

Behavioral Health Certification Program at CMCC

From CMCC

AUBURN - The Center for Workforce and Professional Development at Central Maine Community College, in partnership with the Maine Quality Center (MQC), is offering no-cost Behavioral Health Professional (BH) certification training to qualified candidates.

Behavioral Health Professionals help children with developmental disabilities and behavioral health needs. Through this certification, participants learn strategies to assist children in developing and maintaining daily liv-

ing skills necessary to remain healthy, safe, and live a full and productive life.

Training is a combination of self-paced, online learning, as well as two live virtual sessions via Zoom from 11 a.m. to 3 p.m. where noted. Three cohorts are available:

July 26-Aug 22, with live Zoom sessions on Aug 19 and 20

Aug 23-Sept 19, with live Zoom sessions on Sept 16 and 17

Sept 20-Oct 17, with live Zoom sessions on Oct 14 and 15

Participants in CMCC's free BHP certification training must be

at least 18 years of age, possess a minimum of a high school diploma, GED, or HiSet, be a Maine resident, and be eligible to work in the U.S. upon completion of the program. Interested candidates can learn more and register at www.cmcc.edu/workforcedevelopment.

Additionally, candidates in MQC-funded programs must be a dislocated, unemployed or underemployed worker, or someone whose job has been adversely affected by COVID-19. Underemployed can be considered as working part-time but

looking for full-time work or working in an occupation below one's skill-set. Candidates are only eligible to participate in one MQC program being offered at any of the seven colleges in the Maine Community College System.

To be successfully employed in the BHP field upon completion of the program, job applicants must be able to pass a criminal background check and have access to reliable transportation. Having a criminal background doesn't prevent candidates from participating in the CMCC training but may prevent success-

ful completers from obtaining employment in the field.

For more information or to register, please contact Central Maine Community College's Center for Workforce & Professional Development at workforcedevelopment@cmcc.edu or 207-755-5280.

Central Maine Community College is an equal opportunity/affirmative action institution and employer. For more information visit www.cmcc.edu/eecor or contact Human Resources at (207) 755-5396.

The Center for Workforce & Professional Development at Central

Maine Community College provides customized training programs to business, government, nonprofit and other organizations throughout Androscoggin, Oxford, Franklin and Lincoln counties. In addition, they offer both non-credit classes and certification programs on a wide range of subject matter. Their mission is to support community and promote economic development by offering the highest quality training and professional development courses to business and industry coupled with access to training grants for new and expanding businesses.

Health Options has fall grant opportunities

From Health Options

LEWISTON – Lewiston-based Community Health Options (Health Options) has opened its fall 2021 Community Benefit Expenditure (CBE) grant cycle for applications.

Several grants will be awarded in amounts ranging from \$3,000 to \$10,000. Applications are due by 5 p.m. on July 23.

The CBE supports Maine nonprofit, community organizations working to promote wellness and community health.

The fall grant priorities are focused on helping

people who are living with, or at risk of, substance use disorders, supporting people with substance use recovery and continuity of care, and reducing negative substance-related health impacts in the state.

According to The Maine Drug Data Hub, a collaboration among several state departments, the Governor's Office and the University of Maine, the state recorded 502 overdose deaths in 2020. The COVID-19 pandemic created instability in the drug supply, use patterns, and the well-being of Mainers, leading to this new state record. The previous high

was 417 in 2017. The rate is expected to trend upward with 81 confirmed and 19 suspected cases in the first two months of 2021.

"These data patterns show that many at-risk Maine people are still struggling with the stress and disruptions caused by the pandemic," said Maggie Kelley, Sr. VP and Chief Clinical Officer at Health Options. "As a Maine-based, nonprofit health insurance organization with a vision to transform and improve individual and community health, we are committed to supporting Maine peo-

ple experiencing or at risk of substance use issues."

Interested nonprofits are encouraged to learn more at the Community Giving section of the Health Options website/Recipients will be notified in September.

Health Options laid the financial and foundational groundwork for a Community Benefits Expenditure (CBE) program in 2019 and began awarding grants in 2020. Health Options works with the Maine Community Foundation to administer grant funds. The CBE Advisory Council includes public health experts, communi-

ty organizers, and people with decades of experience working in the nonprofit sector. Learn more here: CommunityGiving.org.

Community Health Options is the only Maine-based, nonprofit, Member-led health plan and self-funded plan administrator providing comprehensive health insurance benefits for individuals, families, and businesses. Health Options partners with more than 1,300 businesses and 48,000 healthcare providers in the state. The organization recently launched PioneerASO, an administration-only offering for companies look-

ing to self-fund employee healthcare coverage.

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Comedy showcase at Craft Brew on Saturday

From Maine Event
Comedy

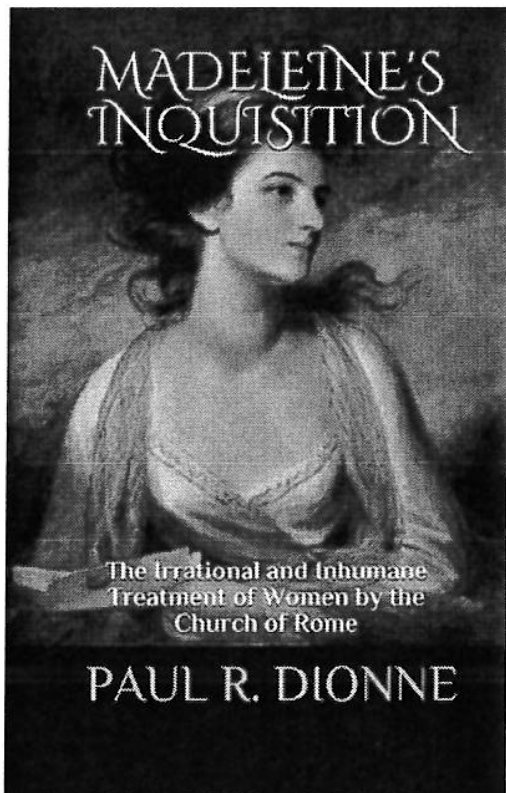
AUBURN - Maine
Event Comedy presents

the Comedy Fireworks
Showcase featuring Lata-
sha Hughes at Craft Brew
Underground at 7 p.m. on
Saturday.

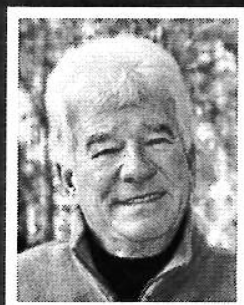
Hughes is an empow-
ering comedic force with
energy and charisma to
spare. She pulls no punch-
es in sharing her life as a

middle-aged dating and di-
vorced mother of five.

She is also a produc-
er, Wellness Coach, and
aspiring author who has



A New Novel by Paul Dionne



Latasha Hughes will highlight the Comedy Fireworks Showcase this Saturday at Craft Brew Underground in Auburn. The Lewiston-Auburn fireworks display is later in the evening, just a short walk from Craft Brew. (Photo courtesy of Maine Event Comedy)

performed in the Wootnan-
ny Comedy Festival along
with New York City's
Greenwich Village and
Broadway Comedy Clubs.

The show will also
feature Maine favorites
Julie Poulin, Dawn Hartill,
Johnny Ater, Nic Dufault,
and Mark Turcotte.

The Lewiston-Au-
burn fireworks display is
scheduled to begin at 9:30
over the Great Falls, just
a short walk from Craft
Brew Underground.

The show is for ages
21-and-older. Tickets are
\$8 and may be purchased
at MaineEventComedy.com. Craft Brew Under-
ground is located at 34
Court Street in Auburn.
CBU offers more than 200
choices of craft beer, cider,
and wine and was named
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by CraftBeer.com.

For more informa-
tion, call or text (207) 513-
0742 or email [maineevent-
comedy@gmail.com](mailto:maineevent-comedy@gmail.com).

About the book:

Madeleine Moreau, poverty stricken and alone, struggles to provide for herself and her children, her future bleak, foreboding and empty. She draws strength in her darkest hour when the Monsignor of Paris charges her with witchcraft and threatens to tear her family apart.

The novel follows the lives of Madeleine Moreau and her antagonist, the Monsignor of Paris... Marc Moreau, Madeleine's husband, and his journey home from Russia following Napoleon's defeat... Madame Leblanc and her disavowal of aristocracy for the cause of liberty... Michel Bois, a popular French sculptor, who forsakes Madeleine for the salvation of France... and the two young priests, whose lives are changed by the chronicles of witchcraft, the vestiges of the Inquisition and the inhumane treatment of women by the Church – bringing them to moral crossroads where each must choose his or her own destiny.

Influenced by the enlightened philosophers of the times, these characters uncover the bigotry of the Church, suffer religious persecution and experience the horrors of war.

Background:

As an avocation, for over twenty years, the author has researched the role of women in the Early Church and the scandal of their subordination in the rise of Christianity. This resulted in his first work entitled *The Priestess and the Pope*.

Madeleine's Inquisition, a sequel, bolsters the already persuasive case of the leadership role of women and sets forth the injustice, superstition and the inhumanity of the Church towards women.

As a decorated combat veteran, the author felt compelled to deal with the horrors and the aftermath of war in an era plagued by constant wars.

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or authorpauldionne.com**

CM Education Foundation honors students

From CMCC

AUBURN - Central
Maine Community Col-
lege and the CM Educa-
tion Foundation honored
students receiving various
scholarship awards at its
annual awards event in
April.

After welcoming re-
marks from Foundation
Board Chair Christine
Bosse, CMCC Interim
President Betsy Libby de-
livered the annual "State
of the College" address,
including updates on how
the College has perse-
vered despite the obsta-
cles of operating in a pan-
demic.

The event finished
with the presentation of
awards to students and an
all-employee recognition
award.

Proceeds from the
event, including a silent
auction, exceeded \$27,000
and will benefit the foun-
dation's scholarship fund.
The mission of the foun-
dation is to provide finan-
cial support to CMCC and
its students, to advocate
on behalf of the college
and to nurture relation-
ships with the community
and constituencies.

The foundation has
raised more than one mil-
lion dollars in scholar-
ships for the college.

Send all items for Names & Faces
to the editor.

Deadline is Friday by five pm.

Couples Celebrate Gift of Christian Marriage



Over 50 couples celebrated the Gift of Christian Marriage at the Silver & Gold Mass in Lewiston in June. (Photo courtesy of Portland Diocese)

From Portland Diocese

LEWISTON - Asking God to look with kindness on them, to renew their marriage covenant, and to increase his love in them, Bishop Robert Deeley blessed husbands and wives who came together for the annual Silver & Gold Mass in Lewiston.

More than 50 couples attended the Mass on Saturday, June 19, at the Basilica of Saints Peter & Paul, including one couple who had been married 70 years, and many others who had been married 50 years or more.

"These milestone anniversaries speak to us of the enduring power and strength of married love," Bishop Deeley told the assembly on Saturday. "In our gathering in prayer today, we lift each of you,

and all married couples, up to our loving God, asking him, who is love itself, to help you to grow in love with each other, even as the years pile up, something you well know is not only possible but part of the beauty of marriage."

The Silver & Gold Mass is a celebration of the gift of Christian marriage which establishes a holy covenant among a man, a woman, and God himself. The bishop said it is important to celebrate marriage because it is the relationship of a man and a woman, as husband and wife, that gives rise to new life.

"It is, as such, the place where family is born, where life is nourished, where love is taught," he said. "It is, in addition, the place where God becomes known. In

the experience of love, we come to know there is a source of all love, and that is God. All of that we find in Christian marriage, the foundation of our Church, of our society, our nation, and, indeed, of our culture."

The couples who gathered at the basilica say having God in their lives has been an invaluable part of their marriages, seeing them through both good times and bad.

"It's everything," said Muguette Moulin of Auburn, who has been married to her husband, Tom, for 52 years.

"It is. It's everything," agreed Tom. "I just can't imagine not having faith. I think they're so lost, the people who don't have it."

"If we didn't have our faith, I don't know if we would still be together, because our faith got us through a lot of things," said Clare Sargent of Sanford, who has been married to her husband, Ray, for 51 years.

"It's just a part of us," added Ray.

"Definitely our faith," said Joann Finn of Bath, pointing to it as the key to the 50 golden years she has spent with her husband, Jim. "There are always problems that come up, and it's just knowing

that's where we can draw strength from."

Jim says he believes it was God who brought him and Joann together, describing it as divine intervention.

The two met at the Sand Bar in Old Orchard Beach, where they had both gone to hang out with friends. Jim says a beautiful girl caught his eye, and he decided to ask her to dance. She accepted his invitation.

"This tall, dark, handsome guy came up and asked me to dance, so that was the beginning of it," said Joann.

Joann says that as they talked, they found out they had a lot in common, including both being part Irish and both being Catholic. "It was just a perfect match," she said. They married just three months later.

When asked about Joann's best qualities, Jim cites her patience, while, for her part, Joann fondly remembers the way Jim always loved to play with their four children when they were young.



Many of the more than 50 couples at the Silver & Gold Mass at the Basilica of Saints Peter & Paul in June have been married more than 50 years. (Photo courtesy of Portland Diocese)

"He would be busy outside playing baseball in the yard. The neighbors would come over. We always had a baseball game going on," she said.

The Finns say it was always important to them to set a positive example for their children, especially in their faith, which grew through the years as they got more involved in the church. The couple especially credits supportive priests such as Fr. R. Michael McGarrigle, now deceased, who served at St. Mary Church in Bath. "Father Mike allowed us

to grow in our faith and allowed us to try things. He was overwhelmingly positive and encouraging all the time," said Jim. "Our faith really developed with our involvement."

They say the priests at St. Mary were also instrumental in helping their youngest son, Patrick, discover his vocational call. In 2018, the Finns celebrated his ordination to the priesthood. Now a parochial vicar at Prince of Peace Parish in Lewiston, Fr. Finn was one of the concelebrants of the Silver & Gold Mass.

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Arts & Entertainment

Band Resumes Summer Concerts



The Auburn Community Concert Band from 2019. The band kicks off its annual summer concerts next week. (Photo courtesy of Auburn CC Band)

From Auburn CC Band

AUBURN - The Auburn Community Concert Band, under the direction of Milt Simon, will kick off its annual summer series of weekly outdoor evening concerts at Festival Plaza in downtown Auburn on Wednesday, July 7.

The 7 p.m. performance is the first of eight programs scheduled for this Main Street location. The free concerts will continue

weekly on Wednesday evenings through August 25, weather permitting. There is no rain location this summer, due to the pandemic. In the case of inclement weather, that evening's concert will be cancelled, and an announcement will be posted on the band's website at www.auburn-communityband.com.

"The upcoming concert season marks another return to normalcy", according to Band Director

Milt Simon. Last summer, COVID-19 forced the cancellation of the popular concerts, and marked the first time in 39 years the group was not seen performing each Wednesday evening in downtown Auburn.

"Last year was still recorded as our 39th season, because we held rehearsals starting in early January through mid-March," Simon said. "What made the season memorable, un-

fortunately, was the forced cancellation of all of our planned concerts."

With the recent easing of COVID-related safety mandates, the group resumed its rehearsals on May 5, with 34 of the earlier 50 participants returning. This season's volunteer musicians range in age from the mid-teens to the 80's and collectively represent a total of 12 central Maine communities.

Director Simon first

organized the band in the Fall of 1981. Simon sUS that the organization "gives many individuals a chance to utilize musical talents neglected since their high school days, and the entire community benefits." He added that the Auburn group is still one of the larger community bands in the state of Maine, and their performances often attract audiences numbering 300 to 400 people.

Each Wednesday evening throughout July and August, the band will present a 75-minute program featuring popular hit songs from the 60's through the present. Simon predicts that the group's repertoire of songs will appeal to audiences of all ages. "If you have a favorite song that's been heard on the radio or in the movies, chances are good that our band will perform it sometime during the upcoming 8-week concert series", Simon said.

People planning to attend any of the Wednesday evening performances at Festival Plaza should bring their own chair on which to sit, and are advised to arrive well before the 7 p.m. concert start time, as large audiences are expected to return this summer.

Ample free parking is available in the municipal parking garage located directly across the street from

the Plaza. A local food vendor will be on site for every concert.

For more information, visit the band's web site at www.auburncommunity-band.com.

The members of this summer's concert band include:

FLUTE: Sharon Blodgett, Barbara Jabaut, Carrie Palmer, River Stickney, Jackie Woods

CLARINET: Kiani Camire, Denise Leavitt, Patti Pelletier, Rick Rau, Louise Theberge

BASSOON: Hayden Pelletier

ALTO SAXOPHONES: Steve Allman, Kerry Gould, David Griswold, Simone Haeusler

TENOR SAX: Angela Greenwald

BARITONE SAX: Jason Toussaint

TRUMPETS: Elliott Epstein, Jill Longstaff, Alisson Morin, Maurice Morin, Nancy Morris, Dan Simonitis

FRENCH HORN: Stephanie Burke

TROMBONES: Sonny Begin, Mark Jacobs, Chip Morrison, Tom Nelson

BARITONE: Hadley Blodgett

TUBAS: Joshua Hof-ferberth, Duncan Webster

PERCUSSION: Dan Leclair, David Leclair, Laurie Swart

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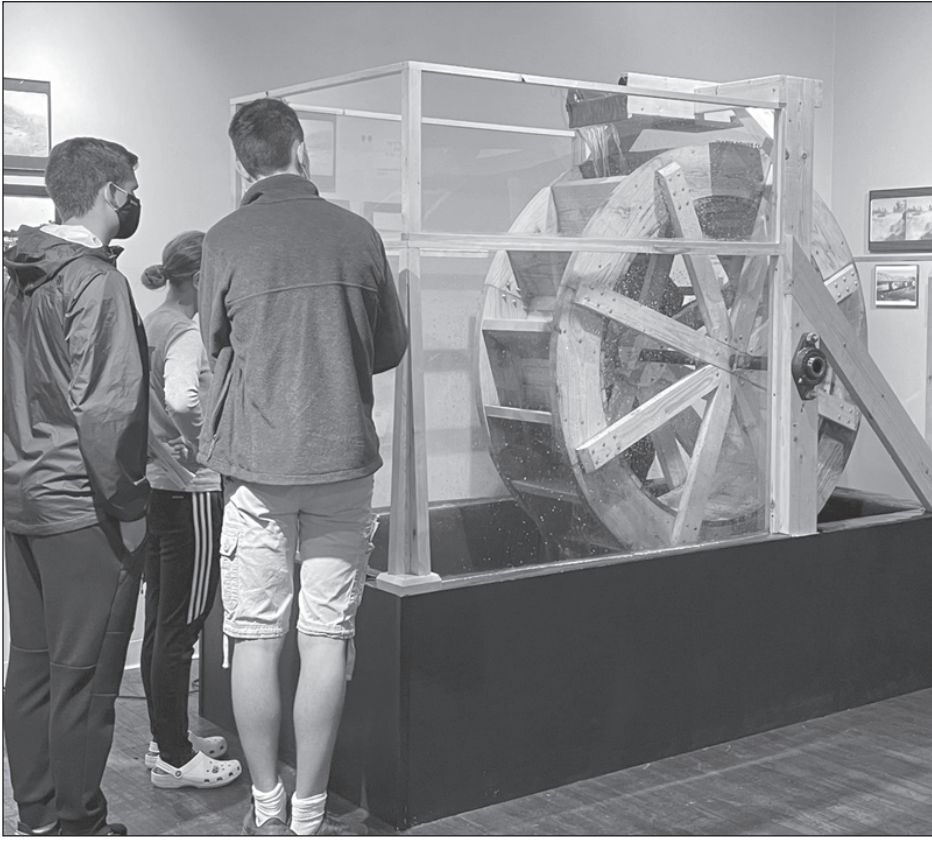
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Museum L-A reopens gallery July 7



Visitors will once again be able to hear the sound of the waterwheel in Museum L-A's gallery on Wednesdays and Saturdays from 10 a.m.-4 p.m. beginning July 7. (Photo courtesy of Museum L-A)

From Museum L-A
LEWISTON - Museum L-A plans to reopen its gallery to visitors beginning Wednesday, July 7. The museum's new visitor hours include Wednesdays and Saturdays from 10 a.m.-4 p.m. Currently, the gallery exhibit is "Our Working Waterway," featuring the Androscoggin River.

"We are thrilled to have visitors back inside Museum L-A and to offer the community the opportunity to once again explore this beloved cultural institution," stated Audrey Thomson, Museum L-A's executive director. "We've missed the thousands of people who visit our exhibits each year."

In preparing for reopening, the Museum has prioritized three goals, including protecting the health and safety of its staff and visitors. To that end, all staff and visitors will be

required to wear face coverings at all times. The museum will continue to deliver on its mission to connect generations and cultures, foster a spirit of discovery and human ingenuity, and help people experience the rich history and heritage of work, the arts, and community.

And the museum will contribute to the recovery of the region by welcoming families and visitors of all ages.

"Our Working Waterway" dives into the history of the Androscoggin River and its effects on the industrial development of many cities throughout Maine. Visitors will learn how people have used this important waterway to develop manufacturing centers, polluted the river's waters, and worked hard to clean and maintain the river throughout history. This year marks the 50th anniversary of Muskie's

Clean Water Act, and there is currently a bill before the legislature to reclassify the river from Class C to Class B. This exhibit was funded in part by a grant from the Maine Bicentennial Commission.

The museum's gift shop, La Boutique Rouge, will be open during visitor hours, too. In the gift shop are books, textiles, toys, postcards, oral histories on CD, and other Lewiston-Auburn items.

Admission to the gallery is \$4 for students and seniors (age 65 and older), and \$5 for adults.

Museum L-A is located at 35 Canal St. in the Bates Mill No. 1 in Lewiston. The entrance to the

museum's parking lot is at 36 Chestnut St.

More information and digital tours can be found online at www.museumla.org. Send questions to info@museumla.org.



Visitors can learn a lot about the Androscoggin River by visiting Museum L-A's "Our Working Waterway" exhibit in the gallery at 35 Canal Street. (Photo courtesy of Museum L-A)

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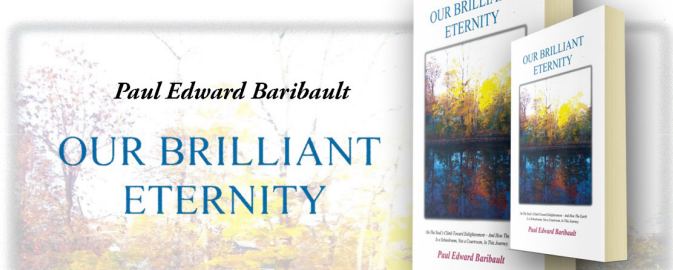
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Dempsey
Continued from page 1

allenge, helping to raise \$1.2M. “So, we really, really are a new, refreshed Dempsey Challenge!” she said. “We’re going with it as the Global Dempsey Challenge.”

“For the first time there’s no barrier to participate. People can choose to participate however they feel comfortable – whether they want to be with us here, locally, in our local Challenge right here in Lewiston/Auburn, or if they want to be a global participant. They can participant virtually from wherever they are in the world,” Deletetsky said.

With that same unifying and relentless spirit described by Deletetsky, founder Patrick Dempsey announced the launch of “...a new Dempsey Challenge in a new world; a Global Dempsey Challenge where we come together on one powerful weekend of celebration and remembrance.”

Deletetsky said, “Wherever and however you choose to participate, you’ll be supported every step—or pedal—of the way.”

Global participants are invited to take part with any kind of active, whether walking, bike riding, hiking, or kayaking . .



A rider takes part in the virtual bike ride during the Dempsey Challenge 2020, when all local in-person events were cancelled due to restrictions under the COVID-19 pandemic. (Photo courtesy of the Dempsey Center)

“Anything that’s going to accumulate mileage,” she said. “Because our goal as a community, as a global community, is to raise \$1.5 million dollars while moving 1.5 million miles of activity on Dempsey Challenge weekend.”

The money raised will go directly to providing services to people impacted by cancer at no cost. “It is an ambitious goal, but we know our community is up for the Challenge,” Deletetsky said.

The Challenge has generally raised \$1.2M a year over the past years, but



Patrick Dempsey rides in the virtual Dempsey Challenge 2020, as volunteers help with social media and streaming for the event. (Photo courtesy of the Dempsey Center)

with the opportunity to go global for this year’s Challenge, the Dempsey Center expects to meet its higher fundraising goal this year, Deletetsky said.

Events will kick off the week before the chal-

lenge, with virtual events throughout the Challenge to include all participants.

There will be a series called Training Tuesdays that will start in August and run for the 8 weeks up to the actual Challenge, to

help participants get ready for the event. Training Tuesdays was created last year during the pandemic

and “was super awesome! We had people following us from all over the world,” Deletetsky said.

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NextGrid Cliffrose, LLC: Notice of Availability of an Environmental Assessment

AGENCY: Rural Business-Cooperative Service (RBS), USDA

ACTION: Notice of Availability of an Environmental Assessment

SUMMARY: Notice is hereby given that the RBS, as required by the National Environmental Policy Act, is issuing an environmental assessment (EA) in connection with possible impacts related to a project proposed by NextGrid Cliffrose, LLC. The proposal is for construction of a 2.49-megawatt (MW), ground-mounted solar photovoltaic facility (solar farm). NextGrid Cliffrose, LLC has submitted an application to the RBS for funding of the proposal.

FOR FURTHER INFORMATION CONTACT: Brian Wilson, P.E., Business & Cooperative Programs Director, USDA Rural Development, 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767, 207-990-9125, brian.wilson@usda.gov.

SUPPLEMENTARY INFORMATION: NextGrid Cliffrose, LLC proposes to construct a 2.49-MW solar farm on an approximately 13-acre site which contains cleared and forested areas. Approximately 10 acres of the project site would be disturbed as a result of the construction activities associated with this project. The Proposed Project Area would be located on the north side of Lisbon Road, near the intersection of Lisbon Road and South Lisbon Road in the city of Lewiston, Androscoggin County, Maine. The Proposed Project would interconnect to the Central Maine Power (CMP) pre-existing electrical distribution system. The power generated from the facility would be sold to CMP through a long-term Power Purchase Agreement (PPA). The Proposed Project would be accessed from Lisbon Road. An interior road would be constructed inside the perimeter and is anticipated to be flat and would match existing grades to minimize earth work. The Proposed Project Area would be secured by a security fence with standard gates for emergency and maintenance vehicle access.

True North Consultants, Inc., an environmental consultant, prepared an environmental assessment for RBS that describes the project, assesses the proposed project’s environmental impacts, and summarizes as applicable any mitigation measures used to minimize environmental effects.

NextGrid Cliffrose, LLC intends to seek financial assistance from USDA, RBS for the construction and operation of a solar farm. The Proposed Project consists of a fixed-tilt solar array installed on ground screws as supports connected to racks of solar panels. The Proposed Project Area is currently undeveloped forestland and agricultural land.

If implemented, the Proposed Project will convert approximately 1,682 ft² of permanent wetland fill through grubbing for the construction of security fencing and the access road. Additionally, there will be approximately 2,261 ft² of wetland vegetation removal (i.e., conversion of scrub shrub wetland vegetation to emergent wetland vegetation with no grubbing required). All wetland impact areas, whether conversion or grubbed/fill areas, will be maintained as low growing wet meadow and/or emergent cover types by means of hand trimming or periodic mowing (no more than two times per year) during operations and maintenance in order to keep vegetation from shading the solar array. These wetlands will continue to provide groundwater recharge/discharge, sediment and nutrient removal, wildlife habitat and other valuable functions for the duration of the Proposed Project. Fill associated with the access road, however, will result in permanent loss of wetland function and value. In accordance with Executive Order 11990, Protection of Wetlands, and USDA Departmental Regulation 9500-3, Land Use Policy, the purpose of this notice is to inform the public of this proposed conversion or effect and request comments concerning the proposal, alternative sites or actions that would avoid these impacts, and methods that could be used to minimize these impacts.

The environmental documentation regarding this proposal is available for review at 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767. For questions regarding this proposal, contact Brian Wilson, P.E., Business & Cooperative Programs Director, USDA Rural Development, 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767, 207-990-9125, brian.wilson@usda.gov.

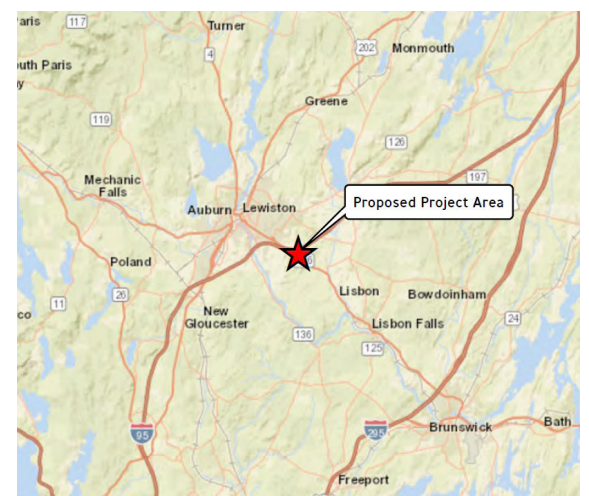
Any person interested in commenting on this proposal should submit comments to the address above by July 15, 2021.

RBS has conducted an independent evaluation of the environmental assessment and believes that it accurately assesses the impacts of the proposed project. No significant impacts are expected as a result of the construction of the project.

Questions and comments should be sent to RBS at the address provided. RBS will accept questions and comments on the environmental assessment for 14 days from the date of publication of this notice. Any final action by RBS related to the proposed project will be subject to, and contingent upon, compliance with all relevant Federal environmental laws and regulations and completion of environmental review procedures as prescribed by 7 CFR Part 1970, Environmental Policies and Procedures.

A general location map of the proposal is shown.

Dated: July 1, 2021





Participants wore masks as they set out on foot and on bikes, either in solo sessions or small groups, for the Dempsey Challenge in 2020 after in-person events were dropped during the pandemic. This year's Challenge will be a hybrid event, with local in-person walks and rides, and virtual participants from the around the world. (Photo courtesy of the Dempsey Center)

There will be a "Couch to 5K" virtual event, "So if you've never attempted to run a 5K, or don't know where to start, you can join us online on our Training Tuesday episodes," she said. "We'll have some experts who will help you with a training plan, and we'll be checking in with people every week."

There will also be training for a 25-mile bicycle ride, for newer riders who may not know how to start.

"You'll have the opportunity to train with us all

summer long," Deletetsky said.

The Center is planning to launch a Dempsey Challenge app for smart devices, and participants

will be able to take part in various challenges presented throughout the summer, such as earning a badge for moving three days in a row.

Deletetsky sees the virtual training and smart device app as "really bringing those two sides of the event" together, with virtual activities leading up to the in-person Challenge in September.

In order to help organize the crowds and prepare for the local in-person events in Lewiston/Auburn during the challenge, participants must be registered and have met their fundraising minimums by September 1, Deletetsky said. "That will allow us to look at our numbers and space people out appropriately" for the events.

"Right now, we're not looking to limit the event at all," she said. Challenge organizers will be following the Maine CDC guidelines for the events.

For more information about Dempsey Challenge 2021, visit DempseyChallenge.org.

The Dempsey Center has locations on Lowell Street in Lewiston and on Main Street in South Portland.

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Comedy

Continued from page 1

a regular at the Comedy Connection in Portland.

Hartill is the 2016 winner of the Strand Cup Comedy Competition and regularly performs throughout New England. She has appeared at Im-

prov Boston, Comix at Mohegan Sun, and the International Lady Laughs Festival.

Admission is \$10 and tickets can be purchased at <https://tinyurl.com/GFC-comedy-tix> or at the door.

The Franco Center

is handicap accessible. Parking is included in the price of the ticket. All proceeds to benefit the Franco Center.

For more information, contact the Box Office at (207) 783.1585 or visit www.francocenter.org.

LEWISTON ME

City of Lewiston 2021 Fireworks Informational

To Report a Fireworks Use Violation, Please Call (207) 784-6421, Option #1

With the July 4th holiday fast approaching, the City of Lewiston is reminding residents about its fireworks ordinance.

Details are below & here is a direct link to online information.

<http://www.lewistonmaine.gov/fireworksinfo>

The City of Lewiston has a fireworks ordinance that restricts the use of consumer fireworks to **THREE DATES** and also to **WITHIN A SPECIFIC DISCHARGE ZONE.**

Listed below are the dates and times fireworks are allowed to be used.

In addition, please note that **Zone 1** of the City's *Firearms Discharge Map* is where fireworks can be discharged within the City of Lewiston.

Discharge Map – See Zone 1

(enlarge map on your screen to best view)

<http://www.lewistonmaine.gov/fireworksdischargezone>

Consumer Fireworks May be Utilized in Lewiston on These Dates:

- July 4th between 10 a.m. - 10 p.m.
- December 31st between 10 a.m. until 1 a.m. the following day
- January 1st from 10 a.m. - 10 p.m.

Sale Prohibited

The sale of fireworks in Lewiston is prohibited.

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Guest Column

Addicted to isograms

By Grammar Guy

Are you constantly on your phone? Do you bury your face in your Facebook feed? Do you find yourself all atwitter for Twitter? Do you constantly talk about TikTok? Personally, I'm tempted to spend every instant on Instagram. The studies and statistics I found are all over the place, but the average smartphone user spends over two hours per day using social media.

Instead of Instagram, how about we spend some time on isograms? Although that segue was a bit of a stretch, I found the statistics on social media use shocking, and now I have your attention.

You Greek scholars out there know that isogram means "equal letter." An isogram is a word that has an equal amount of each letter in it. For starters, let's discuss first-order isograms, which do not repeat any letter. My name, "Curtis," is a first-order isogram. So are the words "customizable," "night-

walkers," "flamethrowing" and "ambidextrously." None of these words use the same letter twice! The longest English language isogram, weighing in at 17 letters, is "subdermatoglyphic," which has to do with certain patterns in our fingerprints (I think).

Things get twice as interesting when we consider second-order (or pair) isograms. That's when we get into words including "deed" and "noon." But we're not here to talk about four-letter words, are we? Let's make it interesting, why don't we? The perfect place to start is with "intestines." Each of the letters appears exactly twice. Of all my friends who are "hotshots," I would never expect one of them to be a semi-professional "horse-shoer." I never thought my "couscous" would "re-appear." All the words in quotations in the previous sentences are second-order isograms.

Now that we're warmed up, let's go all-in with third-order (or trio)

isograms. These words are about as rare as a "dodo," which is another second-order isogram. After scouring the world wide web, the darknet, Dragnet and a secret internet just for people who enjoy going into nets (it's called the "enternet," I found only four third-order isograms. The list includes "deeded," "sestettes," "reprepper" and "geggee" (a victim of a hoax).

Isograms are fun, and it's easy to find yourself spending two hours or more down the rabbit hole of words containing equal letters. If you thoroughly study up on isograms, you may very well find yourself addicted to a form of anti-social media. After all, it's nice to have friends, but wouldn't you rather collect words?

Curtis Honeycutt is a syndicated humor columnist. He is the author of "Good Grammar is the Life of the Party: Tips for a Wildly Successful Life". Find more at curtishoneycutt.com.

Celebration Barn celebrates return to the stage

From CBT

SOUTH PARIS - Celebration Barn Theater, Maine's center for physical theater training, creation and performance, kicks off its 2021 season with Mike Miclon's The Early Evening Show on Saturday, July 10, at 7 p.m.

The show will take place on Celebration Barn's new outdoor open-air stage, and marks the return of its popular Saturday Show Series.

"We're thrilled to be welcoming artists and audiences back together again this summer. There is no better way to celebrate emerging from a challenging time than joining together for big laughs," said the Barn's Executive Artistic Director Amanda Huotari.

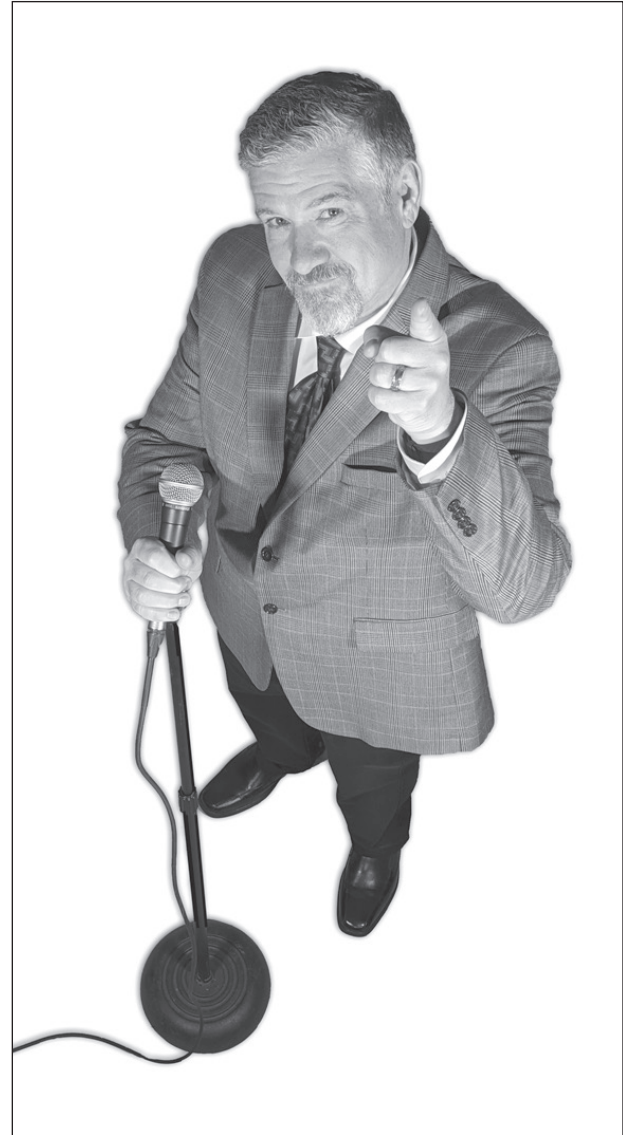
The Early Evening Show, a spoof of late-night talk shows, has been performed from New England to Switzerland.

More than 200 performances over 22 years have made it the longest-running live variety show in Maine history!

Packed with surprise guests and audience interactions, The Bangor Daily News called The Early Evening Show, "a seamless, hilarious production," and CBS Sunday Morning called it, "must-see reality!"

The July 10 show features The Early Evening Show Orchestra, plus special musical guests. "Master of Modern Vaudeville" and juggling virtuoso Thom Wall will be a guest performer. Thom has shared the stage with the Rockettes at the Radio City Music Hall, juggled for thousands with Cirque du Soleil, and toured the world with his performances.

Celebration Barn will



Mike Miclon will present The Early Evening Show on Saturday, July 10, as the Celebration Barn Theater in South Paris returns to live theater events. (Photo courtesy of CBT)

celebrate its 50th anniversary in 2022.

The Saturday Show Series continues Celebration Barn's tradition of drawing world-class performers to Maine, as it has for decades. Shows this July and August take place on the Barn's outdoor open-air stage, and performances move into the theater in the fall. For the full Show Series lineup, visit CelebrationBarn.com.

Tickets to Mike Miclon's The Early Evening Show on July 10 are available for \$18 for adults, \$16 for seniors (60+), and \$8 for kids (17 and under).

The rain date is Sunday, July 11 at 7 p.m. Bring your own chair, or purchase tickets early for limited reserved seating.

Tickets are general admission. Box office and concessions open at 6:30 p.m.

Purchasing tickets in advance is strongly recommended.

To purchase tickets or find more information, visit www.CelebrationBarn.com.

Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris, Maine.

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Summer events at Lewiston Library

From Lewiston Library

LEWISTON – The Lewiston Public Library continues with its series of events for families, adults and children throughout the summer.

This year's theme is "Tails and Tales," for the 2021 Summer Reading program at Lewiston Public Library. The program runs through August 7, with reading programs for children, teens, and adults.

See the library website for more information and calendars:

KIDS programming features weekly themes, LIVE performers, staff virtual programs, take & make kits, and book &

prize giveaways

TEEN programming features Discord gatherings, virtual book groups and games, and book and prize giveaways

ADULT programming features virtual Read ME discussions, author talks, and end-of-summer prizes

Call 207-513-3134 or email lpreferenceatlewisstonmaine.gov with any questions.

CHILDREN/FAMILY

Sparks' Ark LIVE in Kennedy Park - July 16 at 5 p.m. No reservations required. In case of rain, program will be streamed LIVE on Facebook from the library.

Judy Pancoast LIVE in Kennedy Park - July 31 at 10:30 a.m. No reservations required. In case of rain, program will be streamed LIVE on Facebook from the library.

Stargazing in Kennedy Park - August 6 at 8 p.m. No reservations required. In case of rain, program will be streamed LIVE on Facebook from the library.

Every Tuesday

10:30-11:15 a.m. at Lewiston Public Library - Virtual Preschool Babytime & Storytime.

Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the

world of books, learning, and the library. Call 207-513-3133 for details and registration.

TEEN

All Summer Long: Visit the Virtual Teen Library on Discord. Join the LPL Teen Discord server to connect with other young adults online & participate in our virtual teen programming!

All You Can Game, an ongoing, online game night. Try a little of everything as we test out a sampling of different games throughout the summer, including Among Us, Jackbox Games, and more. Hop on Discord for a new multiplayer game every other week, June

through August.

Because of max player limits, we request that interested players give us a heads up in advance. Email us at lpreferenceatlewisstonmaine.gov, send us a message on our at-lplonline Instagram, or get in touch with Teen Library staff on our Discord server to reserve your seat.

Wednesday, July 7 at 4:30 p.m. – Jackbox Games

Wednesday, July 21 at 4:30 p.m. – Scribbl.io (Pictionary)

Wednesday, August 4 at 4:30 p.m. – TBD

Wednesday, August 18 at 4:30 p.m. – TBD

ADULT

World Mythology

Virtual Trivia Night on Wednesday, June 30 at 6 p.m..

Test your knowledge of myths and tall tales from around the world against local participants for the chance to claim the prize for yourself!

We will be using Kahoot to play live, so an internet enabled device such as a smartphone or iPad is required to participate. The moderator will walk players through the set-up of the game. Register before June 25 and receive a bonus entry into the Adult Summer Reading raffles.

The winner will receive a gift card to Quiet City Books and a bookish coffee mug.

Virtual Family Concert with Judy Pancoast



Grammy nominee Judy Pancoast will present a virtual program for patrons of the Auburn Public Library on Monday, July 12. (Photo courtesy of Auburn Library)

From Auburn Library

AUBURN - Judy Pancoast, New England's Grammy Nominee for Best Children's Album, will present a virtual program for the young patrons of the Auburn Public Library at 2 p.m. on Monday, July 12.

The show will stream on the Auburn Public Library Advocates Facebook page.

In keeping with library's Summer Reading theme "Tails and Tales,"

Judy's lively musical presentation will include original songs about creatures of land and sea, including "Nothin' Like a Dog," "Monkey Girl," "The Big Five" and "Sharks." Children should be prepared to dance and sing along!

Kids, parents and librarians rave about Judy's clever original songs and kid-friendly personality.

Adults who grew up with her music are now bringing their own children to her shows. You'll always remember a Judy Pancoast concert!

To find out more about Judy, visit her website at www.judypancoast.com. You can also hear her music on Spotify, Apple Music, iTunes and just about every streaming service out there.

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 — Bill Bushnell, Bushnell on Books

"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when Hermit was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."
 — George Smith, Bangor Daily News

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Renovated large kitchen with new shaker cabinets, under cabinet lighting and recessed lighting. Oversized dining room with large walk-in pantry. New laminate flooring being installed in kitchen, dining room and pantry.

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Guest Essay

Five strategies to help your startup



Image via Unsplash

By Julie Morris

WILMINGTON, DE - Successful small business owners have often had years to accumulate knowledge and experience to help their businesses succeed. Fortunately, by drawing on the lessons they have learned, you can give your own new small business a leg up. These are five strategies that can help your startup succeed, brought to you by Gorham Weekly.

Set Yourself Up for Success

There are several hoops any new business must jump through to get

all of the legal requirements squared away. First up, you must choose a name and register that name with state and local governments. Different cities and states have different requirements and filing fees, so you need to learn the specific requirements and fees for your area.

According to data, there are more than 30 million small businesses in the United States. Fortunately, unless the name is trademarked, you are usually only blocked from using the same name as another business registered in the same state as yours. Most states have an online tool on the website for their business filing agency that you can use to check if your name is already registered by someone else.

You also must choose what type of entity to register your business as. The main choices are sole proprietorship, partnership, limited liability company, and corporation. Each choice has its own advantages and disadvantages, so do your homework.

Build a Support Network

Starting a business is difficult and can also be isolating, particularly for entrepreneurs who are starting a solo venture. However, building a network in your local business community can help you feel less isolated and more outgoing. It will also be a valuable source of advice, financing, business opportunities, and friendships.

One of the best ways to start building your local network is to join your local chamber of commerce. Your local chamber membership can provide you with business contacts, local community and business news, customer referrals, and a say in what local government does.

Get the Word Out

Marketing is important for any business, but it is particularly important

for a new company. How quickly and effectively you build your brand can make or break your startup. Social media is a great low-cost, high-reach way to promote your business; however, it is easy to get lost in a sea of competition. Supplement your social media strategy with more traditional methods, such as advertising in your local newspaper.

Control Your Overhead Costs

Some business expenses are unavoidable, but you need to be mindful of wasteful spending. If you are starting with just yourself and a handful of employees, don't waste money renting a huge office space. In fact, it may not make sense to pay for office space at all. Virtual options make it possible for you and all of your employees to work out of your homes unless you have a specific need for a physical location.

Stay in Your Lane

Diversifying can be a good strategy for some businesses, particularly when market conditions change. However, for small businesses, it is often better to stick to your niche and focus on the specific things you offer your customers or clients.

Even with the best strategy, starting a business involves trial and error. However, by capitalizing on what successful business owners have already learned, you can avoid many common pitfalls along the way.

Julie Morris is a life and career coach from Wilmington, DE, who thrives on helping others live their best lives. When Julie isn't working with clients, she enjoys writing and is currently working on her first book. She also loves spending time outdoors and getting lost in a good book. Find her at juliemorris.org, or email her at julie@juliemorris.org

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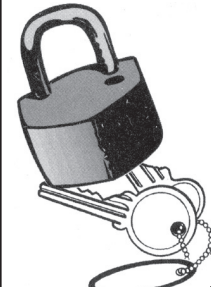
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Calendar

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**EVERY TUESDAY
10:30-11:15 a.m.**
LEWISTON – Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

**1ST AND 3RD TUESDAYS
11:30 a.m.**
LEWISTON – Lewiston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

**THURSDAY
July 1
4 p.m.**
AUBURN - Cable TV Advisory Board Meeting
5:30 p.m.
AUBURN - Auburn-Lewiston Airport Board Meeting

**FRIDAY
July 2
10:30 a.m.-11:15 a.m.**
GORHAM - Shaw Park- Nature Bingo. Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30am. We plan on spending 45 minutes per excursion. All ages
Meet Mr. Jeff in the parking lot of Shaw Park and play a game of Five Senses Nature Bingo. Be sure to bring along your ears, nose, fingers, and eyes to earn BINGO!

Rain date: July 9-10:30 a.m.

**MONDAY
July 5**
All municipal offices and facilities closed for Independence Day.

**TUESDAY
July 6
5:30 p.m.**
AUBURN – Age-Friendly Community Committee.
6 p.m.
GORHAM – Regular Town Council meeting.

**THURSDAY
July 8
10:30 a.m.-Noon**
GORHAM - Art in the Park - Baxter Memorial Library. Art in the park is an opportunity to paint outside on the lawn. We provide paint, brushes, and paper; you supply the imagination. Bring your lunch to eat while your creation dries. This is a popular family activity. During outdoor programming, masks will only be required when physical distancing is not possible. All ages.
Program will be canceled in the event of inclement weather.

**MONDAY
July 12
9:30-9:50 a.m.**
GORHAM - Babies on the Lawn - Baxter Memorial Library. Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0- 18 months and their caregivers. Masks will only be required when physical distancing is not possible.
Program will be canceled in the event of in-

clement weather.
10 a.m.-10:30 a.m.
GORHAM - Toddlers on the Lawn - Baxter Memorial Library. Join Ms. Dani on the lawn as she uses stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Mask will only be required when physical distancing is not possible. Ages 18 months to 3 years.
Program will be canceled in the event of inclement weather.
5:30 p.m.
LEWISTON - Planning Board Meeting via Zoom video conference. The Planning Board Agenda and information for this meeting will be available on the website on the Friday before the meeting date.

5:30 p.m.
AUBURN – City Council workshop and meeting.
5:30-6:30 p.m.
LEWISTON – Finance Committee meeting @ City Hall Administrator's Conference Room
7 p.m.
GORHAM – Planning Board meeting.

**TUESDAY
July 13
10-11 a.m.**
GORHAM – Baxter Memorial Library - Obstacle Course. Join us on the lawn for an obstacle course that will have you jumping, crawling, running, and spinning. Test yourself! Challenge a friend or sibling! All ages welcome for this Healthy Eating Active Living event!
Rain date: July 14 – 10 a.m.
6 p.m.
AUBURN – Planning Board meeting

6 p.m.
LEWISTON – City Council meeting. VIA ZOOM: Due to necessary COVID19 precautions, the meeting will be broadcast via ZOOM - <http://www.lewistonmaine.gov/2021cc> Also, public comment will be possible at publiccomment@lewistonmaine.gov The meeting will be archived on the City's YouTube channel <http://www.lewistonmaine.gov/YouTube> by the next day.
7 p.m.
GORHAM – Conservation Commission meeting.

**WEDNESDAY
July 14
4:30 p.m.**
AUBURN - Lewiston-Auburn Transit Committee (LATC) Meeting
6:30 p.m.
AUBURN - Parks & Recreation Advisory Board Meeting

**THURSDAY
July 15
8 a.m.**
AUBURN – 9-1-1 Committee meeting.
6:30 p.m.
GORHAM – Board of Appeals meeting.
6:30 p.m.
GORHAM – Tentative Recurring Capital Improvement Projects/Economic Development Committee meeting.
7 p.m.
AUBURN – Community Forest Subcommittee meeting.

**FRIDAY
July 16
10:30 a.m.-11:15 a.m.**
GORHAM - Hawkes Preserve-Sound Walk. Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30am. We plan on spending 45 minutes per

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excursion. All ages.
Rain date: July 9-10:30 a.m.

**MONDAY
July 19
9:30-9:50 a.m.**
GORHAM - Babies on the Lawn - Baxter Memorial Library. Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0- 18 months and their caregivers. Masks will only be required when physical distancing is not possible.

Program will be canceled in the event of inclement weather.
10 a.m.-10:30 a.m.
GORHAM - Toddlers on the Lawn - Baxter Memorial Library. Join Ms. Dani on the lawn as she uses stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Mask will only be required when physical distancing is not possible. Ages 18 months to 3 years.
Program will be canceled in the event of inclement weather.
5:30 p.m.
AUBURN – City Council workshop and meeting.
7 p.m.
GORHAM - *Optional* - Planning Board

meeting date.

**TUESDAY
July 20
8 a.m.**
GORHAM – Ordinance Committee meeting.
10 a.m.-11 a.m.
GORHAM – Baxter Memorial Library - Chewonki-Animals on the Lawn. Chewonki's Animal Adaptations program focuses on exploring and understanding the unique adaptations that animals use to survive in the wild every day. Through interactive activities using costumes and hands-on materials we will learn what an adaptation is and how it helps an animal to thrive in its specific habitat. Participants will also have the opportunity to observe and discuss the different adaptations of three of Chewonki's resident non-releasable animals. All ages

Rain date: July 21 – 10 a.m.
4 p.m.
AUBURN – Auburn Sewer District Trustees meeting.
6:30 p.m.
GORHAM – Town Council workshop.

**WEDNESDAY
July 21
9 a.m.**
GORHAM – Economic Development Corporation meeting.

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County Building at 2 Turner St in Auburn, will reopen the museum and library to the public next Wednesday,

July 7. Hours will be Wednesdays from 12:30 -3:30 p.m., and Thursdays and Fridays

from 12:30-4 p.m. The museum is in the midst of renovations, and asks that visitors pardon its

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eryone. The historical society website is at androhistory.org.

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