

Seniors Not Acting Their Age

## Exploring Middle Bay by Kayak



A kayaker paddles toward Scrag and White Islands in Middle Bay. (Ron Chase photo)

By Ron Chase

My childhood friend, Bob Rowe, and I had been discussing sea kayaking options for several days. When another longtime friend, Carolyn Welch, announced that she and Teena Patten would be exploring Middle Bay on what was predicted to be a beautiful sunny day, we seized the opportunity to join them.

Middle Bay is located between Harpswell Neck on the east and Merepoint on the west. The southern end of Brunswick forms the northern border and the bay connects with Casco Bay on the south. Carolyn chose to depart from Simpson Point Landing, a hand carry boat launch and popular swimming area situated on the northern sector of the bay in Brunswick.

Launching from Simpson Point requires some planning as extensive mud flats at low tide make departing or returning an unpleasant ordeal. We began our trip a couple of hours after low tide allow-

ing ample time for exploration. Ours was a decidedly senior group. My informal calculation was that our average age was a youthful 74.

Carolyn had selected a superb day for a paddle. The skies were clear and winds light. Traveling south, our initial goal was a narrow channel between substantial White Island and tiny Scrag Island.

A little north of White, we encountered a busy oyster harvesting operation. The affable crew provided detailed information about their fledgling business. Solar panels used for roofing were a unique aspect of their barge. They served the dual purpose of powering some of their equipment while providing protection from the elements.

Progressing south, we spotted what appeared to be a dolphin. Closer inspection confirmed it was a playful harbor seal. Bird sightings were frequent as we navigated through a passage between Scrag and White Islands and progressed towards

Birch Island, the largest island in Middle Bay. A handsome osprey perched high on the limb of a tall spruce tree on White Island was a particularly captivating observation. Alas, no little ones could be identified in a nearby nest.

Approaching Birch Island from the east, Carolyn encouraged the group to disembark at an attenuated landing on the northeastern shore. This was sage advice as it turned out to be the access point for the relatively new Helen and Walter Norton Preserve.

Established in September 2016 by the Harpswell Heritage Land Trust, the preserve encompasses 43 acres and 3,000 feet of shoreline. Near the landing there is a small cabin, picnic tables, and abundant tent space. A young couple was camping there when we arrived.

The preserve has an interesting history. The landing was formerly the site of a boatyard and boys' camp. Ancient shell

*See Kayak, page 8*

## Portland emergency wage delayed to 2022

From Portland C of C

PORTLAND - The Maine Supreme Judicial Court handed down its decision last week in the case challenging the emergency wage in Portland.

The Portland Regional Chamber of Commerce had filed an appeal of a previous ruling supporting the emergency wage, and the Court agreed with the Chamber's position that the emergency wage provision does not take effect until January 2022.

The ordinance sets a date of Jan. 1, 2022, for a raise in the minimum wage for businesses operating in the City of Portland, and sets an "emergency wage" of 1.5 times that rate. That wage would be paid when an emergency is declared, similar to the recent COVID-19 emergency.

Workers had contended the ordinance should provide immediate payments of the emergency wage, while the Supreme Judicial Court determined that the section setting the emergency wage had specifically referenced the text with the January 2022 date, so that would be the earliest date the emergency wage could be required.

The Chamber did not prevail in its position that allowing the municipal voters, as opposed to the elected City Council, to set a sharply escalated emergency minimum wage is unconstitutional. The Court said the constitution should be interpreted to allow for this vote approving the ordinance to stand as law. The Court's ruling said that recent changes in Maine's constitution now allow for municipal ordinances such as the increase in the minimum wage, and, "Pursuant to the City Code, Portland voters may petition the city council to submit to a vote "any proposed ordinance dealing with legislative matters on municipal affairs." Portland, Me."

This decision from the Court means that businesses in Portland are not required to pay the emergency wage for the past COVID-19 pandemic, and will only have to make emergency wage payments should the city or state declare a state of emergency on or after January 1, 2022.

Governor Janet Mills lifted the Maine state of emergency as of June 30, and the Portland City Council has planned a vote to lift the Portland state of emergency at their meeting on July 19.

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# Organ concerts at the Basilica

## From Portland Diocese

LEWISTON---The popular summer concert series at the Basilica of Ss. Peter & Paul, located on 122 Ash Street in Lewiston, has begun.

The organ concerts are each Wednesday at 12:15 p.m.

The performances are free and open to the public, but donations to help with the preservation of the historic Casavant organ at the Basilica will be gratefully accepted.

## July 21 Harold Stover

Stover is a graduate of the Juilliard School in New York, and a charter member of the faculty of the Portland Conservatory of Music. His recital career spans more than 50 years and includes performances on most major New York recital series and at Westminster Abbey in London, the National Cathedral in Washington, Harvard and Princeton universities, and many other distinguished venues. He has been fea-

tured as performer, composer, and lecturer at regional and national conventions of the American Guild of Organists.

## July 28 Ray Cornils

Cornils was the municipal organist for the City of Portland from 1990 to 2017. He has performed throughout the U.S. and in Germany, France, Spain, Russia, New Zealand and Ecuador. He has been a featured recitalist for conventions of the American Guild of Organists and

the Organ Historical Society. In addition to his solo work, he performs regularly with the Portland Symphony Orchestra.

## August 4 Randall Mullin

Randall Mullin is a freelance musician who accompanies the choir of the Cathedral of St. Luke in Portland. He was also a featured performer with ChoralArt for “Grand Opera meets the Mighty Kitzschmar” in 2016 and for the Maurice Duruflé “Requiem” in 2019. He has played throughout the country with more recent recitals at Trinity Church in Boston, Methuen Memorial Music Hall in Methuen, Massachusetts, and Grace Cathedral in San Francisco.

## August 11 Mark Thallander

Thallander is a teacher, arranger, composer, author, and freelance organist. He is also the pres-



Guest organists will play the historic Casavant organ at the Basilica of Ss. Peter & Paul in concerts on Wednesday afternoons through August. (Photo courtesy of Portland Diocese)

ident of the president of the National Children’s Chorus. He has produced numerous recordings and many of his organ and choral arrangements have been published by the Fred Bock Music Company. Following an automobile accident in 2003, he has been interviewed on radio and television programs, and also for newspapers,

books and national periodicals. A book about his accident and recovery, Champions...Plus, has been a great source of inspiration for many readers. Thallander is listed in the 60th Anniversary Diamond Edition of *Who’s Who in America*, *Who’s Who in American Education*, and *Outstanding Young Men in America*.

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# Newsmakers, Names & Faces

## PTSD and hunting offender laws enacted

**From ME Legislature**

AUGUSTA – LD 467, “An Act To Support E-9-1-1 Dispatchers and Corrections Officers Diagnosed with Post-traumatic Stress Disorder,” has become law after receiving bipartisan support.

Sponsored by Rep. Kathleen Dillingham (R-Oxford), the bill will make PTSD a rebuttable presumption for our 9/11 Dispatchers and Correction Officers.

“I am pleased to be able to support dispatchers and corrections officers diagnosed with post-trau-

matic stress disorder,” said bill Sponsor Rep. Kathleen Dillingham (R-Oxford). “Dispatchers and corrections officers serve the public by performing dangerous, stressful jobs in order to protect us and they are an important and vital piece of the first responder family. I am thankful for the bipartisan support my bill received and what it will mean for men, women and families impacted by post-traumatic stress disorder.”

The new law adds corrections officers and E-9-1-1 dispatchers to the list of employees for

whom there is a rebuttable presumption under the laws governing workers’ compensation. It applies when an employee has been diagnosed by a licensed psychiatrist or psychologist as having post-traumatic stress disorder that resulted from extraordinary and unusual work stress. The presumption can be rebutted by clear and convincing evidence to the contrary.

**Hunting offenders**

AUGUSTA – LD 1031, “An Act To Create an Administrative Review Process for Hunting Violations”, has become law

after receiving bipartisan support.

Sponsored by Rep. Kathleen Dillingham (R-Oxford), the bill creates an administrative review process for serial hunting offenders, negating the need to have to go to court repeatedly. It is in response to a 2006 hunting tragedy suffered by the Ripley family of South Paris. Mr. Troy Ripley has since worked diligently to expose flaws in the system of license suspension.

“I am pleased to have been able to work with Mr. Ripley and see this bill become law in order to pro-

vide IFW with a narrow tool to take administrative action regarding civil trespass while hunting without having to go to court,” said bill Sponsor Rep. Kathleen Dillingham (R-Oxford). “It singles out individuals that do not respect landowner’s rights while ensuring due process rights to protect law-abiding sportsmen and women. It is important to prevent bad actors from giving outdoor enthusiast a bad name.”

The new law establishes a narrow IFW administrative process for suspending licenses (up to 3 years) associated with

civil trespass while hunting, without first requiring a criminal conviction or civil adjudication. It is initiated when the Game Warden Colonel determines, after consultation with the district attorney, that a person the Game Warden Colonel has probable cause to suspect has violated the law prohibiting trespassing while hunting will not be charged with that violation by the district attorney.

The new law was written in conjunction with, and supported by, the Sportsmen’s Alliance of Maine

# Athlete attempts record endurance run

**From H2O For Life**

OHIO - Katie Spatz, clean water activist and adventurer, embarked on her latest ultra-endurance challenge and fundraising initiative Run4Water earlier this week in her home state of Ohio.

Her goal is to break the female world record for the most consecutive ultra-marathons in a row by completing eleven daily 31-mile runs. Spatz will run across the entire state of Ohio, from Cincinnati to Cleveland, to complete the 341-mile journey.

The challenge also

aims to raise \$34,100 to fund 11 clean water projects for Ugandan schools through a partnership with non-profit H2O for Life.

Run4Water marks Spatz’s 10th endurance challenge to raise money for clean water projects in developing communities around the world. She rose to the public spotlight during her 2010 campaign Row for Water where she set records by rowing solo across the Atlantic Ocean in 70 days. To date, Spatz’s activism has impacted over 25,000 lives.

To train for this unique challenge, Spatz

completed several, nonstop long-distance runs in 2020. She completed a 62-mile nonstop run across New Hampshire, a 74-mile nonstop run across Vermont, and 138 miles nonstop across Maine in 33 hours.

Reflecting on the challenges of crossing Ohio, Spatz said, “This endurance feat will test my limits mentally and physically in different ways beyond previous athletic challenges. The time spent recovering will be just as important as the time spent running 6-7 hours each day. But, I couldn’t be more excited to do this journey in

my home state, starting and ending the journey near water, and being part of the solution for the global water crisis.”

H2O for Life Director Steve Hall said, “Partners like Katie help children around the world unlock the opportunity to live better, healthier lives through access to clean water. Because of her efforts, students can focus on learning, instead of spending hours each day walking miles to collecting water. Access to clean water, a place to wash hands and a safe place to use the bathroom leads to a remarkable improvement in

health and learning. Water gives hope for the future!”

To support Spatz’s fundraising initiative, please visit [water.katiespotz.com](http://water.katiespotz.com) to donate.

Katie Spatz is an adventurer, charitable ambassador, author, and world-record holder who has used her platform for over 10 years to raise awareness for global water issues.

Outside of adventuring, Katie serves as a Lieutenant junior grade (title) in the Coast Guard and encourages her community of 10k followers on social media so they too can achieve long-term goals.

She lives her message that all of life’s biggest goals are simply a series of small steps.

For more information about Katie’s work, visit: [www.KatieSpotz.com](http://www.KatieSpotz.com).

H2O for Life offers a service-learning opportunity designed to engage, educate and inspire youth to take action to solve the global water crisis by raising awareness and funds to support implementation of water, sanitation and hygiene education projects for global partner schools. For more information or to get involved, visit: [www.h2o-forliveschools.org](http://www.h2o-forliveschools.org)

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# A fusion of juggling, dance & circus on July 24

From CBT

SOUTH PARIS - Celebration Barn Theater presents 3AM Theater's

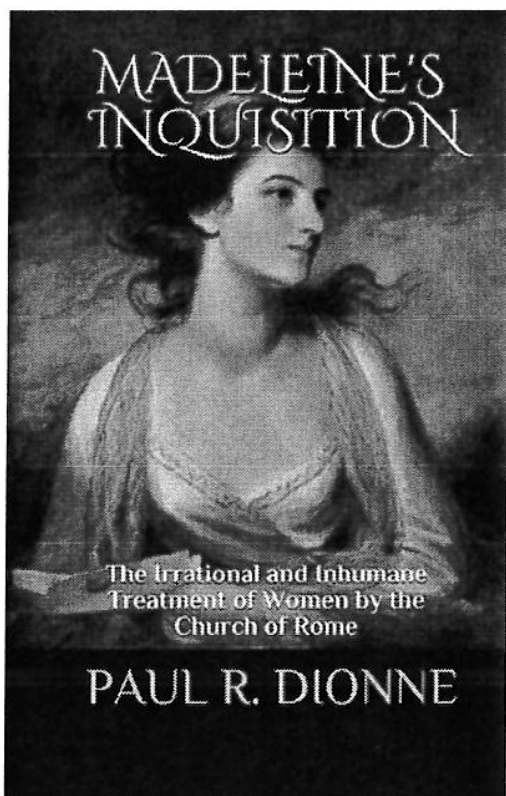
'Mindful Manipulations' on Saturday, July 24.

Described as a "playful and comedic adventure," the show is a fusion

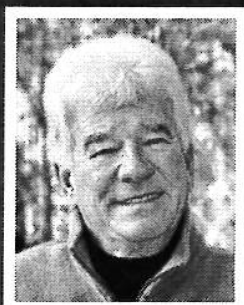
of dance, juggling and circus arts where everyday objects become extraordinary.

3AM Theater is

comprised of award-winning artists with expertise in contemporary dance, cirque nouveau, and physical theater.



## A New Novel by Paul Dionne



### About the book:

Madeleine Moreau, poverty stricken and alone, struggles to provide for herself and her children, her future bleak, foreboding and empty. She draws strength in her darkest hour when the Monsignor of Paris charges her with witchcraft and threatens to tear her family apart.

The novel follows the lives of Madeleine Moreau and her antagonist, the Monsignor of Paris... Marc Moreau, Madeleine's husband, and his journey home from Russia following Napoleon's defeat... Madame Leblanc and her disavowal of aristocracy for the cause of liberty... Michel Bois, a popular French sculptor, who forsakes Madeleine for the salvation of France... and the two young priests, whose lives are changed by the chronicles of witchcraft, the vestiges of the Inquisition and the inhumane treatment of women by the Church – bringing them to moral crossroads where each must choose his or her own destiny.

Influenced by the enlightened philosophers of the times, these characters uncover the bigotry of the Church, suffer religious persecution and experience the horrors of war.

### Background:

As an avocation, for over twenty years, the author has researched the role of women in the Early Church and the scandal of their subordination in the rise of Christianity. This resulted in his first work entitled *The Priestess and the Pope*.

*Madeleine's Inquisition*, a sequel, bolsters the already persuasive case of the leadership role of women and sets forth the injustice, superstition and the inhumanity of the Church towards women.

As a decorated combat veteran, the author felt compelled to deal with the horrors and the aftermath of war in an era plagued by constant wars.



3AM Theatre members in 'Mindful Manipulations', a fusion of dance, juggling and circus arts. (Arthur Fink photo)

Andrea Murillo, a classically-trained performer who toured with the Martha Graham Dance Company, is stylistically influenced by her work with modernist dance and contemporary theatre heavyweights.

Kyle Driggs, a circus performer who was a soloist in Cirque du Soleil's Broadway run of *Paramour*, specializes in a unique fusion of juggling, object manipulation, movement, and theatrical persona.

Artistic and romantic partners, they are joined in the show by company member Kira Dipietrantonio.

'Mindful Manipulations' follows three performers journeying through a surreal world and enlivening common objects with unusual, magical stories. Umbrellas fly, brooms have a mind of their own, and juggling balls turn into music.

The show merges poetic circus and narrative-driven dance with the comedic artistry of Co-Director/Co-Producer Robert Post, who has performed

for audiences in countless settings including Broadway's New Victory Theatre, the Big Break Festival in Moscow, Festival Internacional Chihuahua in Mexico, and New York's Lincoln Center Institute.

Tickets to 3AM Theatre's 'Mindful Manipulations' on Saturday, July 24 at 7 p.m. are available for \$16 for adults, \$14 for seniors (60+), and \$8 for kids (17 and under). Bring your own chair, or purchase tickets early for limited reserved seating. Tickets are general admission. Box office and concessions open at 6:30 PM. Purchasing tickets in advance is strongly recommended.

To purchase tickets, visit [www.CelebrationBarn.com](http://www.CelebrationBarn.com).

Celebration Barn Theater is located just off Route 117 at 190 Stock Farm Road in South Paris, Maine. The theater is Maine's center for physical theater training, creation, and performance. The Barn's mission is to inspire creativity and community by harnessing the power of live performance.

## Northeast CU awards \$40K in scholarships

From Northeast CU

PORTSMOUTH, NH - Twenty-four hardworking and kind student-members have officially been selected as recipients of Northeast Credit Union's 2021 Scholarship Awards.

Within the scholarship program, \$40,000 was awarded to student-members in New Hampshire and Maine who displayed exceptional leadership, compassion, and commitment to academics as well as their communities.

"Our student-members, both graduating high school this year or taking initiative to further their education later in life, have overcome great obstacles in the past year and a half. Under these circumstances, they continued to adapt to new ways of learning, growing, and supporting their peers," says Northeast Credit Union President and

CEO Timothy J. Collia. "We are so proud of each student who applied for a Northeast Credit Unions scholarship this year, as they made it incredibly difficult for our Scholarship Committee to make their final selection of the recipients. We are excited to continue to see and share in the success of these bright students throughout all of life's milestones."

This year, the program awarded students from 19 different schools. Northeast Credit Union is thrilled to announce the 2021 scholarship recipients include:

**Peter J. Kavalas-**  
**kas**

**Memorial Scholarship**

Becca Pouliot, Berlin High School

**Bart M. Dalla Mura**  
**&**

**Roger G Marois**

See Awards, page 7

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# Polystyrene foam containers banned

From Maine DEP

AUGUSTA – Polystyrene foam disposable food containers are now banned in Maine.

The state law went into effect on July 1 to prohibit restaurants, stores, and a wide variety of other eating establishments including places in the entertainment, hospitality, recreation, and tourism industries; catering establishments; correctional facilities; hospital cafeterias; mobile eating places; public and private schools; and workplace cafes from using the containers.

The ban on polystyrene foam containers was scheduled to go into effect on Jan. 1, but the ban's enforcement was delayed in December of 2020 due to concerns regarding a disruption in packaging supplies and logistical effects caused by COVID-19 Pandemic.

The Maine Department of Environmental Protection had encouraged businesses and other entities that utilize polystyrene foam products for processing, preparing, containing or serving food to use the additional time provided by enforcement delays to procure alternatives to these products. Disposable food service containers are service ware designed for one-time use, and include bowls, plates, trays, carton, cups, lids sleeves, or other items for containing, transporting, and serving foods.

Recently, emergency legislation was passed by the 130th Maine Legislature, making several changes to the original law. The new law will exempt raw meat, poultry, seafood, and eggs from the polystyrene foam ban until July 1, 2025 and remove an exemption in the original law that allowed items prepackaged at wholesale in another

state to be purchased by Maine retailers and resold in polystyrene foam packaging to Maine consumers.

As of July 1, 2025, all food and beverage products sold in Maine, whether prepackaged out of State or not, cannot be packaged in polystyrene foam. The bill was signed into law by Governor Mills on June 15.

DEP advises the regulated community to take caution when procuring replacement containers for polystyrene foam. Many products that claim to be compostable, plant based, or biodegradable may still be made with a styrene additive to provide extruded foam properties to the product. However, products with a styrene additive, even if plant based or compostable, are not exempt from the ban.

Additional information regarding the polystyrene ban can be found on DEP's website.

# Guest Column

## Too clever by half

By Grammar Guy

Kids love to tell you precisely how old they are. Adults, on the other hand, treat age like a tightly guarded state secret.

With kids, the “half” in their age makes all the difference. My son isn’t merely “seven”; he’s “seven-and-a-half.” You’d better get the “half” in there, or he’ll take it as an insult. I have half a mind to divulge my age, but I stopped counting a long time ago.

It’s time to take a half-baked look at “half.” Specifically, I want to understand the difference between the phrases “a half,” “half a” and “half of.” Which is correct? Do any of them make us sound dumb when we say them? Let’s explore.

I’ll start with the low-hanging fruit “half of.” The preposition “of” is not necessary, but it’s also not wrong. So, when I say, “Half of my records are Beatles records,” that’s fine,

but the “of” doesn’t have to be there.

What’s the difference between “a half” and “half a”? After all, it’s important to make a distinction between the “halves” and the “half-nots.”

If I had “half a box” of Lucky Charms cereal, this would indicate that the box is half full of cereal. If this was in my house, that would mean my daughter had dumped out all the cereal, eaten just the marshmallows and then returned the boring cereal bits back in the box. However, if I had “a half box” of Lucky Charms, this could potentially mean that a ninja snuck into my pantry and sliced the box in half with his katana, leaving only a half box.

I have half a mind to stop there, but our arrangement of “a half” or “half a” has quantitative consequences. Much of the time it doesn’t matter, nor does it change the meaning. For example, you could say, “I ran a half-mile this morning.” You could also say, “I ran half a mile this morning.”

However, there’s a major difference between running “a half marathon” and “half a marathon.” A half marathon is a specific running event in which people run 13.1 miles. If you run “a half marathon,” this would suggest that you finished the 13.1-mile race. If you said you ran “half a marathon,” it would seem that you quit the marathon (26.2 miles) when you were only halfway done. Be careful when throwing “a half” and “half a” around interchangeably or your friends might label you as a half-wit.

*Curtis Honeycutt is a syndicated humor columnist. He is the author of “Good Grammar is the Life of the Party: Tips for a Wildly Successful Life”. Find more at [curtishoneycutt.com](http://curtishoneycutt.com).*

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# Maine App Challenge Winners

**From Tyler Tech**

YARMOUTH - Three digitally-savvy high school students from Maine were recently selected as winners of the 2021 Tyler Technologies Maine App Challenge, a contest that encourages students to develop a mobile application and create a video to showcase their design.

The winners received scholarships totaling \$10,000, which were presented at Tyler’s virtual awards ceremony on June 23. Steve Wozniak — a renowned electronics engineer, computer program-

mer, philanthropist, and technology entrepreneur — also recorded a message played during the ceremony that congratulated the participants and winners of the Maine App Challenge.

Taking first place was Aidan Blum Levine of Deering High School with “Oops! I Forgot!”, an app that provides students a way to stay organized and keep track of school assignments, classes and activities.

In second place was Sarah Hagan of Cape Elizabeth High School, who created “The Bookshelf Elf”, a tool to help mid-

dle school students choose books that interest them to encourage independent reading. (Sarah’s submission video)

Third place went to Frazier Dougherty of Yarmouth High School with “Train ME”, a workout app that focused on high intensity interval training (HIIT). The app allows users to create customizable workouts or choose from a database of premade workouts designed to maximize muscle growth. (Frazier’s submission video)

“This is the seventh year of the Maine App Challenge, and these stu-

dents continue to raise the bar on innovative app designs,” said Chris Hepburn, president of Tyler’s Enterprise Group. “I am always impressed by their ideas and seeing those ideas come to fruition with a user-friendly app. We hope that these students remain inspired to possibly pursue a career in technology one day.”

The three winners were rewarded with college scholarships totaling \$10,000 in a 529 college savings plan. Tyler also gifted tablets to the students who completed the first 50 submissions. Ad-

ditionally, a guaranteed internship interview will be given for the top 10 submission participants following each student’s college sophomore year.

Tyler also awarded a \$500 check to Biddeford Regional Center of Technology in Biddeford, the Maine high school with the most teams or individuals submitting an eligible entry, with 11 submissions.

The Maine App Challenge was developed in 2015 in partnership with Educate Maine’s Project>Login to encourage the next generation of professionals to pursue future

careers in STEM-related disciplines and explore the world of software design and development.

For more information about the Maine App Challenge, please contact MACT@tylertech.com.

Tyler Technologies (NYSE: TYL) provides integrated software and technology services to the public sector. Tyler’s end-to-end solutions empower local, state, and federal government entities to operate more efficiently and connect more transparently with their constituents and with each other.

# New Program and Outreach Coordinator at Maine TREE



Kelly French, who recently joined the Maine Timber Research and Environmental Education Foundation as its new Program and Outreach Coordinator, takes a break from forest research field work with her dog, Koda. (Photo courtesy of Maine TREE)

**From Maine TREE**

AUGUSTA - The Maine Timber Research and Environmental Education Foundation (Maine TREE) has hired Kelly French as its new Program and Outreach Coordinator.

She will be responsible for sustaining and expanding the reach of Maine TREE’s forest-based community programming, including the coordination of the Maine Tree Farm Program and its more than 1,400 Tree Farms totaling over 400,000 acres.

French grew up in

northern New York but has spent a great deal of her life on her family’s Tree Farm in western Maine, where her love for woodland ecosystems grew. She received her B.A. in Biology from Colgate University in 2015 and is about to complete her graduate education, receiving an M.S. in Forest Resources from the University of Maine.

“In the face of many pressing natural resource issues including climate change, being good stewards of our forest lands is more important than ever. As such, I am extremely

excited to be coming on board in this role, where I will be able to actively serve our forests and communities here in Maine,” French said.

With the economic importance of Maine’s forest sector, the ecologically significant role for forests to play in addressing climate change, and the central role forests play in the social fabric of our communities, this new position will strengthen the breadth of outreach at Maine TREE, with a special focus on engaging the thousands of family forest owners in our state.

Founded in 1989, Maine TREE’s mission is to educate and advocate for the sustainable use of the forest and the ecological, economic and social health of Maine’s forest community. The suite of programs coordinated out of Maine TREE engage a broad spectrum of stakeholders to the state’s forested landscape. Those programs include Project Learning Tree, the Forests of Maine Teachers’ Tours, the Maine Tree Farm Program, the Certified Logging Professionals, the Holt Research Forest, and Keeping Maine’s Forests.

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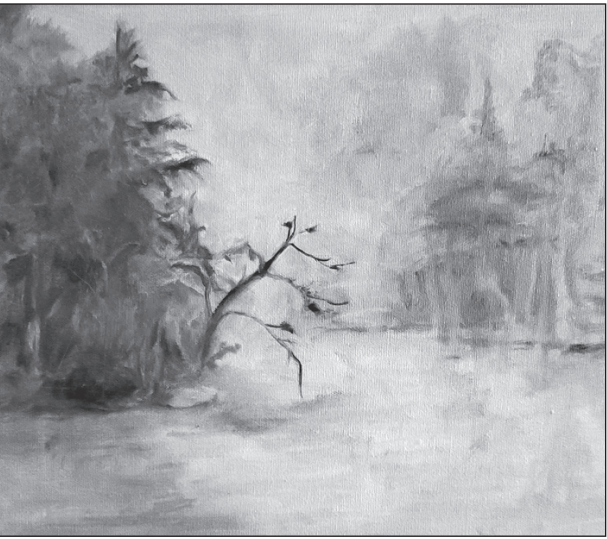
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# Paintings exhibited at CMMC in July



“Misty River Study” by Jennifer Wadsworth is one her paintings on display at the Woman’s Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center this month. (Photo courtesy of WHA)

### From WHA

LEWISTON - The Woman’s Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is now displaying the art of Jennifer Wadsworth. Founder and director of the former Turner Center for the Arts, Wadsworth has been creating art since the seventies with a goal to engage friends and strangers in a visual conversation with her work. She hopes to inspire people to appreciate the moment and see the art in everything. This exhibit will showcase paintings of various ages including

those in her private collection that have not been shown before. Her art is in private, corporate and academic collections in the United States, Europe and Asia. Her work is created with oil paint on various supports including primed canvas, tissue paper, raw canvas, synthetic canvas, Plexiglas, glass, fabric and wood. Her images are developed with the energy created by the application of the paint. She allows the page to speak to her instinct and follows the inspiration. She has mounted several solo and collaborative art exhibits in Maine and has

participated in outdoor art festivals throughout Maine and New Hampshire since 1990. Her work has been exhibited in many juried exhibitions, including an exhibit at the Maine Center for Contemporary Art. The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. As a result of the hospital safety precautions due to the pandemic, the art gallery is only available for viewing for staff, patients, and their designated visitors at this time. A percentage of sale proceeds benefits patients of CMMC.



A painting entitled “Jerico” is among the works by Jennifer Wadsworth exhibited during July at the Woman’s Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center. (Photo courtesy of WHA)

### Awards

Continued from page 4

- Memorial Scholarships**  
Blayne Laliberte, Bishop Guertin High School  
Jacob Cao, Sanford High School
- Community Champion Scholarship**  
Owen Chestnut, Kennebunk High School  
Klaleh Punni, Lebanon High School
- Love Your Community Scholarship**  
Kyra Woodward, Berlin High School  
Aiden Drake, Wells High School  
Olivia Dube, Portsmouth High School  
Luna Barrionuevo, Fryeburg Academy  
Katrina Breen, Dover High School  
Gabriel LaSalle, Old Orchard Beach High School  
Graham Hemphill, Dover High School  
Libby Fortin, Gorham High School  
Emeri Jacobs, Winacunnet High School  
Samuel Giroux, Canaan Memorial High School

- Sarah Nicholls, Phillips Exeter Academy  
Emily Buehne, Coe-Brown Northwood Academy  
Rebekah Brooks, Noble High School  
Grace Bradley, Berlin High School  
Ryan Gurrissi, Berwick Academy  
Maddie Fjeld, Marshwood High School  
Mackenzie Gauthier, Dover High School  
Alexander Meesig, Nashua High School North
- Adult Achievement Scholarship**  
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## Bill to Create Washington County DA

### From ME House

AUGUSTA – LD 272, “An Act To Establish Separate Prosecutorial Districts in Downeast Maine,” has been enacted by the Maine House and Senate and is now on its way to the Governor’s

desk for her consideration. Sponsored by Rep. Will Tuell (R-East Machias), the bill received bipartisan support and final passage early Friday morning. It proposes to create a new District Attorney for Washington

County. Currently, that office is shared between Hancock and Washington Counties. “I am ecstatic that the Legislature has given Washington County a greater voice in who will serve our County as District Attorney,” said bill

Sponsor Rep. Will Tuell. “If signed by Governor Mills, the new District Attorney will begin work in January 2023. I am thankful for the overwhelming bipartisan support my bill received and for my Washington County co-sponsors.”

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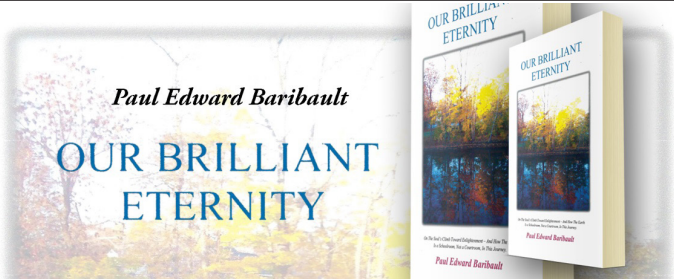
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**Kayak**  
*Continued from page 1*  
middens are evidence the island was inhabited by Native Americans in pre-historic times. Europeans settled there in the eighteenth century and began farming and logging. As time progressed, modernity invaded the island in the form of a casino, hotel, and baseball field. Today, it is primarily inhabited by cottage owners and summer visitors. However, 43 acres have now been permanently set aside for the enjoyment of all.

Foregoing the sun drenched picnic tables; we discovered a shaded area on the rocky shoreline for a lunch spot. During our break, I found the rudder line on my kayak was broken. Carolyn came to the rescue with a miniature carabiner that provided a temporary remedy. More ominous, water was leaking through a crack in the

stern despite recent efforts to patch it. Like its owner, my kayak is showing its age.  
The return trip was exceptional. A gentle tailwind propelled us along the west side of White Island, past campers on Crow Island. As we approached Simpson Point, the winds increased to gusts, making for a bumpy stimulating disembarkation.  
The verdict was unanimous . . . this was a remarkable outing!  
*The author of “The Great Mars Hill Bank Robbery” and “Mountains for Mortals – New England,” Ron Chase lives in Topsham. His latest book, “The Fifty Finest Outdoor Adventures in Maine” is scheduled to be released by North Country Press later this year. Visit his website at [www.ronchaseoutdoors.com](http://www.ronchaseoutdoors.com) or he can be reached at [ronchaseoutdoors@comcast.net](mailto:ronchaseoutdoors@comcast.net).*



A group of kayakers launch from Simpson Point on Middle Bay. (Ron Chase photo)

# ‘Better Health Now with Pain’ Workshop

**From Healthy Living**  
AUGUSTA — Beginning in mid-August, Healthy Living for ME is offering a free workshop to help individuals with a wide range of chronic pain conditions.  
Better Health Now with Pain is ideal for people

who are experiencing a wide range of chronic, non-cancer related pain conditions such as arthritis, back pain, post-surgical pain and headaches, as well as other conditions that last for more than three months despite treatment. Caregivers of those experiencing long-term pain are also in-

vited to participate in the workshop.  
Topics covered will include pacing & planning, medication management, and the Moving Easy Program, among many others.  
Participants in this workshop will receive a free toolkit that will be delivered by mail, and they

will work with a certified leader via telephone at predetermined times, either by themselves or in small groups.  
“Better Health Now with Pain” telephone workshops are held once per week for six weeks and are one hour long. The upcoming workshop is scheduled

for Mondays, August 16, 2021 - September 27, 2021. Materials will be mailed the week before the class begins.  
This series is free to any adult Mainer dealing with chronic pain, but advance registration is required. Please contact Healthy Living for ME at

1-800-620-6036 or [info@healthylivingforme.org](mailto:info@healthylivingforme.org) for more information and to register. You can also register via our website, [www.healthylivingforme.org](http://www.healthylivingforme.org).  
In October, Healthy Living for Maine will also be offering “Living Well with Chronic Pain.” Any-  
*See Workshop, page 16*

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# ‘Measure for Measure’ today through August in Theater At Monmouth

**From TAM**

MONMOUTH – William Shakespeare’s ‘Measure for Measure’ is Theater at Monmouth’s Shakespeare choice for the 2021 (R)evolutionary Redux Season.

With a unique brew of laughter and darkness, Shakespeare’s tale of impassable moral dilemmas, religious hypocrisy, and he said/she said examines the complex relationships between those in power and those they govern. The quality of mercy is strained to the point of breaking in this dark comedy about the corruption of justice and authority...and the true nature of love and mercy.

Join the search for justice today at 7:30 p.m. through Sunday, Aug. 22, including matinee and evening performances on both weekdays and weekends.

Shakespeare’s strikingly current play speaks powerfully about impossible moral choices in the story of the devout novice Isabella, whose faith is tested when her brother is sentenced to death for impregnating Juliet out of wedlock. When the outwardly virtuous leader Angelo propositions Isabella in exchange for his release, she must consider whether

upholding her holy vows is worth her innocent brother’s life. This dark comedy will surprise and move modern audiences with its timely insights into human motivation and resilience.

James Noel Hoban, director of Measure for Measure, points out the principle of the story, “At the heart of Measure for Measure lies the lesson of a singularly tolerant biblical passage: judge not lest ye be judged. Always suspect of absolutists, Shakespeare brings his most zealous characters to a humble and humane resolution.” An adaptation set in the western prairie, 1880, in the town of Vienna, Montana. Hoban continues, “Vienna, seemingly impervious to attempts to impose a perfect moral order, emerges as an imperfect place where it’s people can breathe free. Here’s to all of us breathing free again.”

Measure for Measure features Sarah Goldman as Francisca/ Messenger, Henry Hetz as Angelo/ Provost 1, Charence Higgins as Escalus/ Friar Thomas/ Provost 3, Amber McNew as Isabella, Sophia Mobbs as Juliet/ Pompey/ Boy, Nathan M. Ramsey as Duke Vincentio/ Gentleman, Michael Rosas as Lucio/ Abhorsen, Reece

Santos as Claudius/ Barnardine/ Friar Peter, and Casey Turner as Mistress Overdone/ Mariana/ Provost 2. Directed by James Noel Hoban; Set design by Dan Bilodeau, Costume Design by Michelle Handley, Lighting Design by Jennifer Fok, Stage Management by Aaron Louque, and Sound Design by Rew Tippin.

Additional performance dates are July 16 and 24, and August 1, 13, and 18 at 7:30 p.m.; and August 5, 12, and 22 at 1 p.m.

A TAM subscription offers the greatest savings and exclusive benefits like priority seating and ticket exchanges. Gold, Flex, General, or Senior Passes are available for purchase, so whether someone wants a ticket for each show or five tickets to one show, there’s an option.

Single tickets for the Summer Repertory and Fall Plays are \$36 for adults, \$31 for senior citizens, and \$22 for students (18 and under). Family Show tickets are \$17 for adults, \$12 for children. Due to limited capacity this year, individual tickets must be bought at a minimum of two tickets.

Opening Nights are Educator Nights. Educa-

tors receive 20% off the general ticket price with a valid photo ID at the Box Office.

Individual Day-Of Tickets: To help with capacity limits, Theater at Monmouth is restricting the purchase of one individual ticket to the day of show. Please call the Box Office at 207.933.9999 to purchase these tickets.

For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit [www.theateratmonmouth.org](http://www.theateratmonmouth.org).

Theater at Monmouth, founded in 1970, was named the Shakespearean Theater of Maine by the State Legislature in 1975. The theatre’s mission is to present innovative approaches to Shakespeare and other classic plays through professional productions that enrich the lives of people throughout Maine.

Since its founding, TAM has produced expertly crafted, engaging productions in its three-month Summer Repertory Season entertaining audiences from 36 states and through Education Tours annually reaching more than 15,000 students statewide.

**Crumbs from The Table Of Joy**

Theater at Monmouth opens Lynn Nottage’s Crumbs from the Table of Joy as part of the (R)evolutionary Redux Season. Set in Brooklyn 1950, after the death of their mother, Ernestine and Ermina Crump move to New York with their father, Godfrey, who seeks guidance from charismatic preacher, Father Devine.

In the swirling, glamorous commotion of this new city, with calls for equal rights and communist rebellion hanging in the air, the girls begin a journey toward independence and a challenging future. Enter Ernestine’s memory, running through Saturday, Aug. 21 with matinee and evening performances on both weekdays and weekends.

This sharp and boisterous play from two-time Pulitzer Prize-winner Lynn Nottage about family, faith, and revolution had been described as a mash-up of Lorraine Hansberry and Tennessee Williams, a memory play about a black family, a glass menagerie in the sun. The story, told by the oldest daughter, Ernestine, illustrates how each of the Crumps cope with their grief. The changing city, and country, prompts revolutionary thoughts and ideas for the girls, setting them on a journey to find their own voices.

Director Chris Anthony shares, “Memory is a combination of emotion and sensation. Born in the same instant, each reflects and shapes the other. Flash- es of memory arrive as an image, a song, a smell, texture, or taste.” Anthony continues, “In the face of tremendous loss and upheaval, her father does everything he can to protect her from the chaos of the world. But nothing he does can protect her from the big questions. What good is safety if there is no joy? What good is freedom if there is no love? Is it better to risk everything in expectation of a feast or risk nothing and be satisfied with crumbs?”

Crumbs from the Table of Joy features Sarah Goldman as Ernestine, Charence Higgins as Lily, Nathan M. Ramsey as Godfrey, Tori Thompson as Ermina, and Casey Turner as Gerte. Directed by Chris Anthony; Set de-

See **Measure**, page 11

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# Camping prohibition on Tumbledown Mountain



Campers at this illegal campsite on Tumbledown Mountain used nearby live trees as firewood. Dispersed camping is now prohibited in the area, as Maine’s Bureau of Parks and Lands works to maintain a clean and safe environment on the mountain. (Courtesy Maine Bureau of Parks and Lands)

From ME BPL

AUGUSTA - The Maine Department of Agriculture, Conservation and Forestry’s Bureau of Parks and Lands (BPL) reminds campers to buy local firewood, and perhaps most importantly, set up their camp and build campfires in designated areas.

Maine is seeing increasing numbers of campers damaging and leaving litter behind in sites around the state.

Maine’s iconic Tumbledown Mountain, well known for its accessibility to many hiking skill levels, western mountain views, and alpine pond located just below the summit, is one location that has been impacted by such misuse.

Dispersed campers are heavily impacting the mountain with discarded equipment, fire dam-

age, cutting down trees, trampling vegetation, and leaving behind human and dog feces. As a result, dispersed camping areas on Tumbledown Mountain are now closed. Park Rangers and Maine Forest Service Rangers will be on patrol and on the lookout for illegal camping and illegal fire activity on the mountain.

“While the recent increase in outdoor recreation is good for everyone, ongoing disregard for Tumbledown Mountain’s rules is damaging fragile habitat and creating an unwelcoming environment for visitors,” commented BPL Deputy Director Bill Patterson. “Our role is to care for Maine’s treasured outdoor spaces so that the thousands of hikers who love and respect the mountain will find a more enjoyable environment to-

day and for generations to come.”

Be familiar with the seven Leave No Trace principles, and educate others, especially children, about protecting the outdoors. Report camping, campfires, or other illegal use of the mountain by contacting BPL’s Western Public Lands Office, 129 Main Street in Farmington, at (207) 778-8231.

Tumbledown Mountain is located near-by Mount Blue State Park and Rangeley Lakes State Park. People interested in camping are encouraged to make advanced reservations online (camp-withme.com) or call 800-332-1501 from within Maine or 207-624-9950 from outside of Maine. Hikers can find additional camping options on the Maine Campground Owners Association website.

Send all items for Names & Faces  
to the editor.  
Deadline is Friday by five pm.

## Letter to the Editor Climate action good for business

As negotiations continue on the infrastructure package, climate action is frequently framed as being at odds with the economy, where taking any sort of effective action would come at a large cost.

This could not be more wrong.

First are the long-term implications, as un-addressed climate change spells disaster for future jobs and way of life. These climate related disasters have come with a price tag of almost \$2 trillion since 1980, a number that continues to climb.

Even in the present however, many solutions present opportunities to grow jobs, innovate, and stimulate the economy. A carbon fee & dividend structure is a perfect example of this. Endorsed by over 3500 economists, it would increase international competitiveness, push forward innovation, and provide rebates to citizens.

However, we can even go a step further, looking at CO2 as a resource rather than refuse, through carbon capture and utilization.

From enhancing agricultural soils, to neutralizing dangerous wastes, to even creating carbon-tech products, firms such as Microsoft and Strip have already invested millions into these technologies, seeing the value available, as well as consequences of inaction.

Addressing the climate crisis is good business now, and will be critical for the economy of the future.

Luke Bartol  
Manchester, ME

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Measure

Continued from page 9

sign by Natalie Morales, Costume Design by Elizabeth Rocha, Lighting Design by Aja Jackson, Stage Management by Jo Davita, and Sound Design by Rew Tippin.

The show will be presented at 7:30 p.m. on July 17 and 28, and Aug. 3, 12, and 21’ and at 1 p.m. on Aug. 4 and 15.

Post-Performance Discussions will be pre-recorded and audiences will be able to stream the content before or after their selected dates. Discussions with the cast and creative team will cover the critical historical, artistic, and cultural perspectives of the worlds of each individual play.

The Agitators

Mat Smart’s play The Agitators opened earlier

this month,, part of the (R) evolutionary Redux Season. Originally scheduled to celebrate the 100-year anniversary of the 19th Amendment, this deeply-moving story of the decades-long friendship between Frederick Douglass and Susan B. Anthony is both timely and urgently relevant today.

The Agitators examines the friendship and rivalry between Frederick Douglass and Susan B. Anthony. It’s 1849 and two young activists steel themselves for the battles to come. Over the next 45 years, they journey from allies to adversaries and back. Theirs is a story of defiance, of rebellion, of revolution. They agitated the nation. They agitated each other. They changed the course of history. And together, they challenge

us with the question: “Do you still believe there can be a country for all?”

An escaped slave, Frederick Douglass became a leader and speaker in the movement to abolish slavery before and during the Civil War. He continued to fight for equality and human rights after the end of the war and the Emancipation Proclamation until his death. Susan B. Anthony was one of the most visible leaders of the women’s suffrage movement, travelling throughout America fighting for the rights of all women. After listening to Douglass speak, she became a fellow activist for the abolishment of slavery.

In Bangor in 1854, Anthony spoke concerning the right to vote for women, and would later

do so again in Ellsworth in 1857. In cities and towns like Bangor, Rockland, Ellsworth, and Lewiston, many women, both of privilege and working class, became agitators in the pursuit of voting rights for women. “There was no doubt that the early suffragists knew that they had a long, hard fight ahead of them to change the prevailing cultural attitudes of the day,” writes Andy O’Brien of The Free Press. However, their efforts had finally come to fruition on August 18th of 1920, when the 19th Amendment guaranteeing the right to vote for women was ratified.

Playwright Smart sees the story of the pair as timely for 21st Century America. “The distance between people in this country seems to be grow-

ing greater and greater,” Smart says. “And something that is so inspiring to me about Susan and Frederick was their ability to have a healthy, hard dialogue with the people they disagreed with...” There is something to be learned from these two great abolitionists, who, despite their racial, background, and gender differences, found ways to fight for what they believed in, while (mostly) respecting the others opinion.

“Writers differ upon the level of friendship between Frederick Douglass and Susan B. Antony, who over the years, when they found it expedient, did not hesitate to disassociate themselves from each other. Despite that, it is clear that the missions of Douglass and Anthony

overlapped. He championed women’s rights; she fought against slavery. The common enemy they shared was the struggle for acceptance into American Society,” said Director Debra Ann Byrd. “Theirs was a friendship that changed a nation.”

Performances will be 7:30 p.m. on July 21 and August 20, and 1 p.m on July 17 and Aug. 1, 6, 11, and 17.

The Agitators features Nathan Ramsey as Frederick Douglass and Casey Turner as Susan B. Anthony. Directed by Debra Ann Byrd; Assistant Director and Dramaturgy by Dathan Williams; Set design by Nadir Bey, Costume Design by Michelle Handley, Lighting Design by Aja Jackson, and Sound Design by Rew Tippin.

Premier of *Dream: The Music of the Everly Brothers*

From MSMT

B R U N S W I C K – Maine State Music Theatre will collaborate with Portland Stage to present *Dream: The Music of The Everly Brothers* July 23–25.

Showtimes are 2 p.m. and 7:30 p.m. at the Pickard Theater on the Bowdoin College campus in Brunswick. This is the first

show at the Pickard Theater since MSMT had to shutter its theatre in early 2020.

*Dream: The Music of the Everly Brothers* is created by and features Broadway’s Ben Hope (Once) and Eric Scott Anthony (Ring of Fire) performing the music of the immensely popular American rock-n-roll duo. The Everly Brothers style of harmonizing

and steel-string acoustic guitar influenced a generation of country rockers and made famous dozens of hits including “Bye Bye Love,” “Wake Up Little Susie,” “All I Have to Do Is Dream,” and “Cathy’s Clown.”

The show is the culmination of years of collaboration between Hope and Anthony, who have worked together on sever-

al musicals including *Ring of Fire* (Hope will star in and Anthony will music direct this season’s second co-production with Portland Stage, *Ring of Fire*).

“This is the music that got us where we are today,” said Hope about why he and Anthony wanted to create the concert. “The Everly Brothers are a very important tile in the mosaic of musical history.”

With Hope’s roots in country and Anthony’s in rock-n-roll, the duo says their show sits at the junction of those musical genres. “We wanted to create this show to honor [The Everly Brothers] and tell the story of who they were and how their music affected the world,” said Hope.

Anthony hopes what they are bringing to stage will relate to fans of The

Everly Brothers and be equally engaging for those who are new to them and explains, “We are not impersonating them. We are bringing their music to the audience as ourselves – as an homage to these amazing performers.”

Tickets are on sale and range from \$50-\$60, and can be purchased at [www.msmt.org](http://www.msmt.org) or 207-725-8769.

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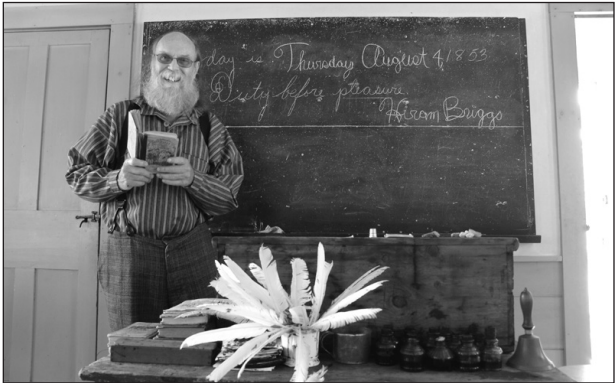
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# Norlands open for summer season



Larry Whittington as Hiram Briggs at the Norlands schoolhouse in the Washburn-Norlands Living History Center in Livermore. The center is open on Tuesdays and Thursdays during the summer. (Photo by Ryan Burnham)

## From Norlands

LIVERMORE - Experience life in 19th-century Maine and learn about Livermore’s celebrated Washburn family when you stop by the Norlands Living History Center in Livermore.

In July and August,

Norlands is open from 11 a.m.-4 p.m. on Tuesdays and Thursdays. Tour the 1867 Washburn family mansion and farmer’s cottage. Attend school in the one-room schoolhouse. Interpreters, dressed in period clothing, portray a local person, someone you might

have met had you visited Norlands in the 1800s. Be a scholar of 1853 in the schoolhouse. The school master will encourage you to practice your reading, writing, and ‘rithmetic in the District #7 school house. Walk through the mansion guided by an interpreter portraying a Washburn or a neighbor, and hear all about the famous family. Visit the farmer’s cottage and meet one of the Washburn neighbors who can talk to you about life on the farm. Perhaps help with baking or piece a quilt square or play a mystery artifact game. Round out your visit with a nature walk on a historic carriage trail. A short hike takes you to the Pools of Simeon, reflecting pools designed by William Drew

Washburn in 1903. Maps are available in the gift shop. Bring a picnic lunch and enjoy the beautiful grounds. Norlands is located at 290 Norlands Road in Livermore, Maine. For more information, visit [www.norlands.org](http://www.norlands.org) or call 207-897-4366. Admission is \$15 for adults; \$6 ages 12 and under; ages 6 and under free. Members of Norlands enjoy a 20% discount on admission and a 10% discount in the gift shop. Bring your membership card or sign up when you arrive. Benefits begin immediately. The Washburn-Norlands Living History Center is a multifaceted museum offering in-depth experiences in 19th century rural life. Our mission is to preserve the heritage and traditions of rural life in

Maine’s past, to celebrate the achievements of Livermore’s Washburn family, and to use living history methods to make values, activities, and issues of the past relevant to present and future generations.



Baking in the Farmer’s Cottage at Washburn-Norlands Living History Center in Livermore. Visitors can see interpreters portraying local people in the center’s mansion, farmer’s cottage, and schoolhouse on Tuesdays and Thursdays through the summer. (Photo courtesy of Norlands)

## HHRC mourns passing of founder

### From HHRC

AUGUSTA – The Holocaust and Human Rights Center of Maine (HHRC) announced the death of HHRC founder and Holocaust survivor Gerda Haas in June. During her time in Maine, Gerda was a champion for Holocaust human rights education in Maine schools and a pillar in the Jewish community. “We are so very saddened to hear of the passing of HHRC’s founder and visionary Gerda Haas,” HHRC Executive Director Tam Huynh said. “Gerda poured herself into her life’s work of teaching Maine students about the Holocaust. Our hearts and prayers go out to her family both here in Maine and in Minnesota.” Born in Ansbach, Germany, on November 23, 1922, Gerda Haas witnessed the brutal murder of her mother and sisters at a Nazi concentration camp in Riga, Latvia, before arriving at the Theresienstadt concentration camp in the Czech Republic in 1943. After the end of World War II and Liberation, she was reunited with her father, who had survived and was

then living in New York. Once in the United States, Gerda Haas met and married Dr. Rudolph Haas. They later moved to Maine, where they had four children. She graduated from Bates College in 1971, where she worked as a librarian for many years. It was during a summer seminar on the Bates campus in 1984 that Gerda Haas, Jed Davis, Burke Long, and others established a task force that would later lead to the founding of the HHRC in 1985. Gerda and Rudolph Haas moved to Minneapolis in 2002 to be closer to one of their daughters. Dr. Rudolph Haas died in 2006. “We will carry on the legacy of Gerda Haas through our work here at the HHRC. We have no doubt that Gerda passed knowing that Holocaust and human rights education is now required in Maine schools thanks to a bill that was signed into law by Governor Mills last week. Through the HHRC’s work, we know Gerda’s memory will be a blessing,” said Huynh. To learn more about Gerda Haas and her legacy in Maine, visit <http://bit.ly/ws/ePqU>.

The stresses and strains of life during COVID are unlike anything we've experienced before. At StrengthenME, we're here to make things a little easier. We offer tips, resources, and real support from fellow Mainers. We'll get through this. And if you need help, we're here.

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**EVERY TUESDAY**  
**10:30-11:15 a.m.**  
LEWISTON – Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

**1ST AND 3RD TUESDAYS**  
**11:30 a.m.**  
LEWISTON – Lewiston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

**THURSDAY**  
**July 15**  
**8 a.m.**  
AUBURN – 9-1-1 Committee meeting.  
**6:30 p.m.**  
GORHAM – Board of Appeals meeting.  
**6:30 p.m.**  
GORHAM – Tentative Recurring Capital Improvement Projects/Economic Development Committee meeting.  
**7 p.m.**  
AUBURN – Community Forest Subcommittee meeting.

**FRIDAY**  
**July 16**  
**10:30 a.m.-11:15 a.m.**  
GORHAM - Hawkes Preserve-Sound Walk. Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30am. We plan on spending 45 minutes per excursion. All ages.

# Calendar

Send your submissions to the Editor. More online.

Rain date: July 9-10:30 a.m.

**MONDAY**  
**July 19**  
**9:30-9:50 a.m.**  
GORHAM - Babies on the Lawn - Baxter Memorial Library. Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0- 18 months and their caregivers. Masks will only be required when physical distancing is not possible.

Program will be canceled in the event of inclement weather.  
**10 a.m.-10:30 a.m.**  
GORHAM - Toddlers on the Lawn - Baxter Memorial Library. Join Ms. Dani on the lawn as she uses stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Mask will only be required when physical distancing is not possible. Ages 18 months to 3 years.

Program will be canceled in the event of inclement weather.  
**5:30 p.m.**  
AUBURN – City Council workshop and meeting.  
**6:30 p.m.**  
POLAND – At Poland Spring Resort. The Poland Spring Preservation Society presents the Sunset Series of concerts. This week: Christie Ray Trio.  
**7 p.m.**  
GORHAM - \*Optional\* - Planning Board meeting date.

**TUESDAY**  
**July 20**

**8 a.m.**  
GORHAM – Ordinance Committee meeting.  
**10 a.m.-11 a.m.**  
GORHAM – Baxter Memorial Library - Chewonki-Animals on the Lawn. Chewonki's Animal Adaptations program focuses on exploring and understanding the unique adaptations that animals use to survive in the wild every day. Through interactive activities using costumes and hands-on materials we will learn what an adaptation is and how it helps an animal to thrive in its specific habitat. Participants will also have the opportunity to observe and discuss the different adaptations of three of Chewonki's resident non-releasable animals. All ages

Rain date: July 21 – 10 a.m.  
**4 p.m.**  
AUBURN – Auburn Sewer District Trustees meeting.  
**6:30 p.m.**  
GORHAM – Town Council workshop.

**WEDNESDAY**  
**July 21**  
**9 a.m.**  
GORHAM – Economic Development Corporation meeting.  
**4 p.m.**  
AUBURN – Auburn Water District Trustees meeting.

**THURSDAY**  
**July 22**  
**10:30 a.m.-Noon**  
GORHAM - Art in the Park - Baxter Memorial Library. Art in the park is an opportunity to paint outside on the lawn. We provide paint, brushes, and paper; you supply the

imagination. Bring your lunch to eat while your creation dries. This is a popular family activity. During outdoor programming, masks will only be required when physical distancing is not possible. All ages.  
Program will be canceled in the event of inclement weather.

**MONDAY**  
**July 26**  
**9:30-9:50 a.m.**  
GORHAM - Babies on the Lawn - Baxter Memorial Library. Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0- 18 months and their caregivers. Masks will only be required when physical distancing is not possible.

Program will be canceled in the event of inclement weather.  
**10 a.m.-10:30 a.m.**  
GORHAM - Toddlers on the Lawn - Baxter Memorial Library. Join Ms. Dani on the lawn as she uses stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Mask will only be required when physical distancing is not possible. Ages 18 months to 3 years.  
Program will be canceled in the event of inclement weather.  
**5:30 p.m.**  
LEWISTON - Planning Board Meeting via Zoom video conference. The Planning Board Agenda and information for this meeting will be available on the website on the Friday before the meeting date.  
**5:30-6:30 p.m.**  
LEWISTON – Finance Committee meeting @ City Hall Administrator's Conference Room

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**6:30 p.m.**  
POLAND – At Poland Spring Resort. The Poland Spring Preservation Society presents the Sunset Series of concerts. This week: Ernie Gagne.

**TUESDAY**  
**July 27**  
**10 a.m.-11 a.m.**  
GORHAM - Veggie Land at Baxter Memorial Library. Join us on the lawn for the most creative event of the summer! We will play the game Veggie Land (think Candyland without the cavities) with our bodies as the pieces and use the lawn as our game board. Navigate through Tomato Tunnel! Oh no, don't get stuck in Squash Swamp! Game finishers will receive their choice of fresh produce from our very own Gorham Famers Market. SNAP-Ed will be on hand with handouts, recipes, incentives, and a special family food activity. This is an all ages event.

Rain date: July 27 – 10 a.m.

**WEDNESDAY**  
**July 28**  
**6 p.m.**  
AUBURN – Complete Streets Committee meeting.

**FRIDAY**  
**July 30**  
**10:30 a.m.-11:15 a.m.**

GORHAM - Fraizer Preserve Trailhead – Scavenger Hunt. Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30 a.m. We plan on spending 45 minutes per excursion. All ages.  
Join Mr. Jeff at the Fraizer Preserve Trailhead by the High School athletic fields. We will walk up and down the trail to hunt for different colors, shapes, trees, textures, and more!  
Rain date: Aug. 6-10:30 a.m.

**MONDAY**  
**Aug. 2**  
**9:30-9:50 a.m.**  
GORHAM - Babies on the Lawn - Baxter Memorial Library. Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0- 18 months and their caregivers. Masks will only be required when physical distancing is not possible.  
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**Workshop**  
*Continued from page 8*  
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org or call 1-800-620-6036. All scheduled workshops are listed at [healthylivingforme.org](http://healthylivingforme.org). The mission of Healthy Living for ME is to coordinate and align community resources to improve the health and wellness of the people of Maine.

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