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Congratulations to the Lorain County Council on Alcoholism and Drug Abuse celebrating their 40th Anniversary.



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JOURNAL JOG

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AUGUST 8, 2021

Race begins at 9 a.m.

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French Creek Family YMCA: Much More Than a “Swim and Gym”

Many people in the Lorain County area know the French Creek Family YMCA branch as a state-of-the-art, 66,527-square-foot facility featuring an eight-lane indoor pool with spectator seating, aerobics-multipurpose studio, child-care center, family gym, sauna, whirlpool and wellness center. Others know it for its day, sports and fine arts camps. Indeed, it is all those things.

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The Y is for everyone; it welcomes people of all ages, ethnic origins, religious affiliations, sexual orientation, and socioeconomic levels. Those who

cannot afford the Y can get financial assistance, so no one is turned away – thanks to the generosity of our funders and donors.

The Y makes this commitment to you and to our communities:

It will nurture the potential of youth through building confidence at camp, academic enrichment in safe afterschool programs, discipline and togetherness in team sports, and foundational skills and values in its child care programs.

It will improve people’s health and well-being through combating obesity and chronic disease by providing the support and resources people need to make positive changes.

It will empower individuals with the resources to improve their lives and contribute to the community, such as with job training, housing, newcomer services and opportunities to advocate for social change.

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The Y does this because it is a non-profit, cause-driven organization. It believes that a strong community can only be achieved when we invest in our kids, our health, and our neighbors.

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The LCADA Way Timeline

1981 – Lorain County Council on Alcoholism and Midway Health Center merge forming LCCADA (Lorain County Council on Alcoholism and Drug Abuse, Inc.).

1981 – First LCCADA Executive Director Dr. Macaria Mabini and First President of the Board Paul Bates.

1984 – Residential treatment center “The Giving Tree” located on Reid Avenue in Lorain, OH supported recovering men in a halfway house environment.

1986 – Jerry Skully named Executive Director of LCCADA, move Main Office and Outpatient Service to Cooper Foster Road, Lorain, OH.

1986 – Service expands to include Residential Treatment for Women at Phoenix House, Reid Ave. and for Men - Giving Tree at 6th & Reid Ave., Lorain, OH.

1987 – Service expands to include: Education &



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Lorain, OH 44053
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Prevention, Wellness and Outpatient Treatment for Recovery Group and Prevention Services for Hispanic community, along with Adolescent & Family Treatment in concert with the UK methods of treatment.

1988 - LCCADA moves Administration, some Counseling, and Prevention to Broad St. in Elyria, OH.

1989 - Alcohol and Drug treatment and funding were separated per State Law, causing drastic cuts to LCCADA services.

1997 – LCCADA changes its name to LCADA (Lorain County Alcohol and Drug Abuse Services).

1999 – The Key offers 8 beds serving only wom-



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Former Congressman and advocate for mental health, addiction awareness and education

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en, without their pre-school aged children.

1999 – LCADA implements Continuous Quality Improvement and TQM programs through leadership of new President & CEO Thomas D. Stuber.

1999 – First Pearls of Wisdom Benefit and Recognition Dinner takes place at Elyria Country Club with 100 guests. First Community Service Award recipients are: Senator Jeff Armbruster, Judge Debra Boros and Judge Lynnette McGough.

2000 - Department & Program Reengineering initiative implemented, creating Intake Dept., Medical Records Dept., Continuous Quality Improvement Teams, Outcome Outreach with OSU and ADAS Board, adopting a four month model of care, and expanding outreach in Community Centers, Recovery Centers and Jails.

2003 – Main Campus and Administrative offices move to current location at West Park Drive, Lorain, OH.

2005 – LCADA embarks on a Capital Campaign to obtain the former Lorain Manor Nursing Home

to become the new home of The Key Women’s Center.

2006 – LCADA celebrates 25 years.

2006 - Due to the lack of public transportation in Lorain County, LCADA begins providing transportation services to customers.

2007 – The Key Women’s Center moves to current location at E32nd Street in Lorain and expands to 16 beds, becoming the first Residential Program in Ohio to permit women to bring their children to live with them while in treatment.

2011 – LCADA obtains first Joint Commission accreditation.

2011 – Men’s Services move to current location at East Avenue, Elyria, OH.

2012 – The first Wellness Center, Avon Lake Wellness Center, opens on Rt. 83, Avon Lake, OH.

2012 – Implemented Telehealth Services for remote treatment.



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The LCADA Way Timeline continued

2013 – LCADA develops its Medical Department and begins providing Medication Assisted Treatment (MAT).

2013 - Partnered with Lorain County Community College to start the Addiction Counseling Certificate track (to date have graduated over 170 Addiction Counselors now working in the field).

2015 – LCADA rebrands to The LCADA Way, representing a unique style of care including L-Leadership, C-Compassion, A-Awareness, D-Dedication, A-Advocacy.

2016 – The LCADA Way expands Medina County coverage partnering with the Medina Courts and Job and Family Services, opening of The LCADA Way Wadsworth Wellness Center.

2018 – The LCADA Way expands into Erie County, opening the Erie County Wellness Center, partnering with the Erie County Health Department and Road to Hope residential services.

2019 – The LCADA Way reaches 140 employees & nine locations.

2019 – Pearls of Wisdom Benefit and Recognition Dinner recognized by Pulse Magazine as the Best Charitable Event of the Year in Lorain County.

2020 - The Board of Directors name Dan Haight as new President and CEO of The LCADA Way as Thomas Stuber assumes the role of Chief Legislative Officer.

2021 - The LCADA Way celebrates its 40th Anniversary.

Dolly Parton's Imagination Library



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Long time leader Tom Stuber oversees agency growth



Tom Stuber has been at the helm of The LCADA Way since 1999, overseeing a period of unprecedented expansion and growth as they build on their services.

He led the organization out of a fiscal and leadership crisis, bringing his reputation of turning organizations around and said he wants to be remembered as a community organizer in his role.

“Lorain County has been absolutely wonderful for me and for us and for the agency. And it was very shortly after I got here that I felt like the community had actually adopted us and supported us. And through that we’ve been able to grow and expand,” Stuber said.

In building a staff, Stuber says

The LCADA Way is like a family and everyone has come together focused on the same vision and mission: to become a center of clinical excellence, treatment prevention and community education.

The vision, Stuber says, has remained consistent and in 21 years the organization has expanded its services into Cuyahoga, Erie and Medina Counties.

“In every one of those communities we were invited that and that all started back when the opiate epidemic really took hold and that we saw it coming. And so we developed some very strong opiate specific treatment models, and the other communities all invited us,” he added.

In 2020, The LCADA Way underwent a leadership transition with Stuber handing over the reins of CEO to Dan Haight, while he added the title of chief legislative officer, focusing more on shaping and advancing legislation while Haight became President and CEO, managing more of the day to day operations of The LCADA Way.

“I think I was really blessed. My board of directors not only appreciated the fact that we had an obligation to the customers we serve, and the community we serve starting with Lorrain and then expanding into the other communities,” Stuber noted. We as an agency, if we’re truly going to be in a leadership role, we have an obligation to the field of addiction treatment. And so with that, they saw an opportunity for me to help shape legislation.”

Stuber works with the Ohio Department of Mental Health and Addiction Services and has met with Ohio Governor Mike DeWine and U.S. Senators Rob Portman and Sherrod Brown in seeking to advance initiatives to help the people they serve.

Stuber is in his third term as president of the Ohio Alliance of Recovery Providers, an organizing consisting of 40 of the largest addiction recovery organizations in the state of Ohio.

He also lauded the role of Lorain County Community College in partnering with them to develop a fast-track program to train addiction counselors and fight the opioid crisis. The program has been in operation since 2013 and they have been able to train more than 100 addiction counselors, filling a need in Lorain County and beyond.

Leave a Legacy with Lasting Community Impact

Founded in 1980, the Community Foundation of Lorain County is made up of more than 670+ endowment funds valued at approximately \$150M. We wisely invest the funds’ assets and the interest earned provides \$6.2M annually in scholarships and grants to support individual and nonprofit organizations in Lorain County. A gift to the Community Foundation is unlike any other gift as it will continue to grow and have lasting impact on our community . . . forever.



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Education & Youth Development



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Connect to a Cause 2021

After a successful inaugural year, the Community Foundation of Lorain County (Community Foundation) announced its second *Connect to a Cause* event planned for September 16, 2021.

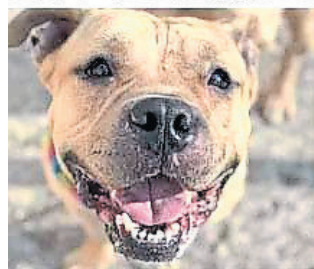
“Connect to a Cause was a highlight of what was one of the most challenging years in our community,” shares Cynthia H. Andrews, President and CEO of the Community Foundation. “People stepped up to raise over \$147,000 to support 56 local non-profits that quickly pivoted to provide emergency services and address social issues created by the COVID-19 pandemic. I encourage all Lorain County residents to support the 65 participating non-profit organizations this year.”

Connect to a Cause is a coordinated, 12-hour crowdfunding campaign that rallies community support for participating organizations serving

Lorain County. This year 65 non-profit organizations will be participating that represent all 34 municipalities in Lorain County. On September 16, from 8:00 a.m. to 8:00 p.m., funds will be raised that directly impact each organization. Donors will ‘shop’ a grant catalog and choose local non-profits by directly donating to the non-profit through Connect to a Cause and will have the opportunity to learn about their impact in our community.

For more information on how to support Lorain County non-profits participating in Connect to a Cause, please visit peoplewhocare.org/c2c2021 or contact Brittany Lovett, Marketing & Communications Officer at, blovett@peoplewhocare.org or 440.984.7390.

In 2020, the Community Foun-



...ation of Lorain County received more than \$6.1M in gifts and distributed approximately \$6.2M in grants and scholarships. It ended the year with assets of \$150M. To get more information about grants, scholarships, or updates about the Community Foundation, visit our website, peoplewhocare.org.

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LCADA Way CEO aims to educate, build



New The LCADA Way President and CEO Dan Haight is looking forward as the agency serving individuals with addiction and mental health challenges ex-

pands and leads in tackling northeast Ohio's opioid crisis.

Taking the helm as CEO in 2020, Haight previously served as chief operating officer under President and CEO Tom Stuber, who transitioned to president and chief legislative officer.

When he first joined the organization he wrote a business plan aligned with Stuber's vision of creating an agency with multiple service lines.

"What gets me up in the morning, and what keeps me going is really looking at those we have helped. So that's my passion: when I come across somebody in the community, or somebody I've seen, and they thank me for what LCADA Way has done for them and how we help them improve their life. That's, really my passion and what really motivates me to continue this, this organization," Haight said.

Haight is putting a renewed emphasis on education as the agency expands with new programs and services in the works.

"Some of the biggest challenges are really educating the community, to really focus on the fact that addiction is a disease," Haight said.

"It's just not something that people wake up one day and say, I want to be an addict. It really, you know, educating the community, making sure that

we are letting everybody know that we are here to help. And we're open all the time, with arms open to take a new person, enter, take somebody who's relapsed."

In 2020 Haight noted that overdoses increased to the highest levels Lorain County had ever seen, further emphasizing the need to get out in the community and provide services to those in need. Increased isolation due to social distancing and quarantining took a toll on many individuals at risk. With this in mind, The LCADA Way is focusing not only on treatment, but prevention.

Currently the organization is in every school district in Lorain County with plans to expand their footprint and open it up to more schools.

The LCADA Way is also working in partnership with The Nord Center to bring a crisis detox center that will serve as a behavioral health emer-

gency room.

With funding from the Lorain County Board of Commissioners and private grants, the \$9 million project will bring a new aspect to health-care in Lorain County is expected to break ground by the end of 2021 on a parcel of land located next to The Nord Center at 6140 S. Broadway in Lorain.

"So instead of people getting sent to a hospital, and they don't have the appropriate staff to detox them and or deal with their mental health issues, we're partnered with The Nord center to open up a place where there's no wrong door, if you ever have a health issue, we will help you."

Haight says there isn't anything like this nearby but it's a model that is becoming more common across the United States providing another avenue for individuals in crisis to receive specialized services.

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BOARD OF LORAIN COUNTY

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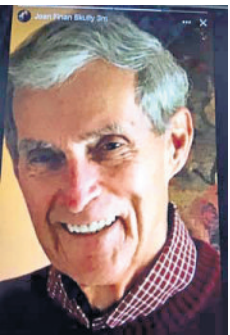
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Former LCADA President reflects on tenure



When Jerry Skully became president of The LCADA Way in 1986 societal perceptions of addiction and mental health were much more closed. In seven years of leading the organization he reached out and built bridges in the community in breaking down barriers of silence in addressing addiction and mental health.

Skully, now 81, recalls joining the agency after working in Akron in quality assurance, seeing it as an opportunity to make a difference.

“When offered the position, I talked with people, the board, et cetera and determined that this was a grand opportunity to jettison an agency actually, and to something that could

be very worthwhile. And when I got there, I realized that the agency, really had a very small footprint in the inner county that had a whole lot of different communities that could use this kind of program.”

Initially located on Cooper Foster Park Road in Lorain Skully sat down with the Lorain County mental health board and were determined to do more and made constant efforts to challenge community resistance to helping those in need.

“We looked at ourselves and said, okay, what should we be doing? I looked and we had men services, residential places and I investigated why not women, okay. And I was really discouraged from listening to the community that didn’t have a strong alcoholic recovery program, Alcoholics Anonymous,” Skully recalled.

Not finding support locally he pushed the organization to develop

services for women, going to the state of Ohio in the face of people in the 1980s who did not believe women needed recovery services.

“We put our footprint there and we got a women’s program going,” he said.

This early victory paved the way for The LCADA Way to further engage the community and challenge harmful stereotypes and perceptions of the prevalence of addiction in the community.

Expanding to a building on Broad Street in Elyria, the agency combined their efforts with other agencies to add more services setting the early groundwork for LCADA’s philosophy of a comprehensive approach to treatment.

“And I’m thinking that it’s not just for us, I think what we should do is combine ourselves with other agencies, because I’m finding that really,

on drugs and alcohol, they don’t have their own problem: it’s a family issue; it’s an issue with mental health. And how about combining services with some of the other programs in the community?,” Skully recalled

“Oh, my heavens, this was this was a concept and itself like, Oh, my a one stop program where you wouldn’t double or triple administration, where you could have one place where families and people could shop. Of course, the other agencies thought this was grand, and so did the staff. So we took over a larger building and add a real combined effort of service to the community.”

The concept enabled them to reach people in ways they never could, holding town hall meetings, conducting comprehensive community surveys and compiling this information to develop services tailored to

CONTINUED ON PAGE 11



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Former U.S. Congressman and Addiction Recovery Advocate Patrick J. Kennedy to Speak at The LCADA Way Annual Benefit and Recognition Gala



Patrick J. Kennedy, son of Edward “Ted” Kennedy and former U.S. Congressman, author, and advocate for addiction and better mental health treatment, will be the keynote speaker this year at the 2021 The LCADA Way Pearls of Wisdom Annual Benefit and Recognition

Dinner set for October 21st 2021. Due to previous event sellouts, and demand for more tickets, the event will be held at a new location, Embassy Suites Cleveland Rockside in Independence, OH.

“We are very excited to have former Congressman Kennedy as our keynote speaker”, said The LCADA Way President and CEO, Dan Haight. “His advocacy work, passion for addiction recovery and personal experiences will be sure to inspire all, especially as we celebrate our 40th anniversary of service to the community this year.”

During his time in Congress, Patrick J. Kennedy was the lead author of the landmark Mental Health Parity and Addiction Equity Act (Federal Parity Law), which requires insurers to cover treatment for mental health and substance use disorders no more restrictively than treatment

for illnesses of the body. As founder of The Kennedy Forum, he now unites advocates, business leaders, and government agencies to advance evidence-based practices and policies in mental health and addiction. In 2017 he was appointed to the President’s Commission on Combating Drug Addiction and the Opioid Crisis. He currently serves as co-chair of the Action Alliance’s Mental Health & Suicide Prevention National Response to COVID-19 and co-chair of the Bipartisan Policy Center’s Behavioral Health Integration Task Force.

The LCADA Way Pearls of Wisdom Annual Benefit and Recognition Dinner is held each year to honor individuals and organizations who help those impacted by alcohol, drug and gambling addiction. Honored recipients this year include Erie County Health Department, Road To Hope, Dr. Alexander and Marie Zolli and Dr. Nicholas Ksenich.

Individual tickets for the event are \$140. Corporate table sponsorships, silent auction donations and program advertising opportunities are available. For tickets or sponsorships for the event, visit thelcadaway.org or <https://one.bidpal.net/2021pearlsgala/welcome>. For more information, to donate an auction item, purchase program advertising or make a direct donation, contact Joe Matuscak at 440-989-4919 or at jmatuscak@thelcadaway.org.

Since 1981, and celebrating its 40th anniversary this year, The LCADA Way, serves Lorain,

Cuyahoga, Medina and Erie Counties and surrounding communities, helping those dealing with alcohol, drug and gambling addiction. The Pearls of Wisdom Annual Benefit and Recognition Dinner helps the agency raise awareness of addiction recovery as well as raise funds to assist the non-profit organization in its mission. The event will include fellowship, dinner, keynote address, live and silent auctions, and an awards presentation.

REFLECTS ON TENURE FROM PAGE 10

each community.

“I mean, this wasn’t this isn’t something that you can read a book on, but it certainly was good surveys. This was heart to heart stuff.”

Asking extensive questions on drug and alcohol use in the school system, the survey process got around 400 responses from local youth and brought the issues to light.

Good questions, extensive use, who was using? How many times over your drinking? Who was drinking? When did you start to drink your names questions? And only can we ask people?

“We then had community town hall meetings. And we asked people to show up for this. I can remember some of these. These are eye opening to communities. It wasn’t so much to

me, because now when you’re in the field, you see exactly what’s going on. But it was amazing how many communities thought that the problem was someplace else,” Skully recalled.

As an agency putting the problems on the table is what enabled them to try and address the issues at hand in expanding education and outreach and Skully said LCADA has always been an entity willing help people no matter how unpopular the problem may be.

Skully left LCADA in 1993 to join the United Way of Lorain County, but continued working with the organization as a service provider. Upon his retirement he began working with The LCADA Way foundation in continuing his decades long dedication to serving people in need.



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