

New president for Casco FCU



Martinique Allen, the current Vice President of Operations at Casco Federal Credit Union, will take over as the credit union's president on Sept. 1. (Photo courtesy of Casco FCU)

From Casco FCU

GORHAM - Martinique Allen, the current Vice President of Operations at

Casco Federal Credit Union, will take over as the credit union's president on Sept. 1.

James Stone, President and CEO since 2007, will stay on as CEO until his retirement at the end of June 2022, at which time Allen will assume the role as President and CEO.

Casco FCU is also promoting Nichole Frazier, current Vice President of Lending, to Executive Vice President and Chief Lending Officer.

Stone said of the changes, "Both Marti and Nicki are very proficient and experienced long-term employees who have proven their knowledge, leadership, and value to our organization and dedication to our members and staff. Their promotions are well deserved, and I know that the credit union will be in very capable hands for years to come."

Allen and Frazier are both life-long Maine residents.

Allen grew up in Hartland and attended Husson College, while Frazier grew up in Scarborough and attended the University of Southern Maine.

They have both helped propel Casco



Nichole Frazier is being promoted to the position of Executive Vice President and Chief Lending at Casco Federal Credit Union. (Photo courtesy of Casco FCU)

to be the successful credit union it is today growing, from \$35 million in assets in 2010 to over \$94 million today and serving 9,000 members.

Community grants awarded to eight Maine organizations

From AARP

PORTLAND - AARP Maine last week announced that eight Maine organizations will receive 2021 Community Challenge grants – part of the largest group of grantees to date.

About \$3.2 million has been awarded among 244 organizations nationwide.

Grantees will implement quick-action projects to promote livable communities by improving housing, transportation, public spaces, civic engagement, and connection with family, friends, and neighbors with an emphasis on the needs of the 50-plus. Many of this year's awards support revitalizing communities adversely impacted by the pandemic and include a focus on diversity, inclusion, and disparities.

"We are incredibly proud to collaborate with these organizations as they work to make immediate improvements in their communities, encourage promising ideas and jumpstart long-term change, especially for those age 50 and over," Noël Bonam, AARP Maine State Director, said. "Our goal at AARP Maine is to support the efforts of our communities to be great places for people of all backgrounds, ages and abilities."

All projects are expected to be completed by November 10.

The Maine projects include:

The Congo Craftsmen, Bethel— Working with the six communities that are a part of the age-friendly initiative in the Bethel area, this project will construct and place benches to encourage people to enjoy the outdoors.

Portland Downtown, Portland— The project will use door murals and other techniques to create active, welcoming, and safe spaces in unused alleyways.

The Age-Friendly Communities of the Lower Kennebec, Bath—The project will place community chess sets and benches in downtown Bath and host an intergenerational chess tournament.

Town of Sullivan, Sullivan—The project will build an accessible trail to encourage people of all ages to walk safely and enjoy nature in age-friendly Sullivan. See Grants, page 11

Baxter Library Events for August

From Baxter Library

GORHAM – Baxter Memorial Library at 71 South Street in Gorham has multiple events on the calendar for August. Saturday, Aug. 7

10-11 AM

Papermaking w/ Ecomaine -

Ecomaine will be on the library lawn showing us how to make paper from recyclables. This is a multigenrational program. We welcome both adults and children to this hands-on papermaking program!

Program will be canceled in the event of inclement weather.

Monday, Aug. 9 9:30-9:50 AM

Babies on the Lawn - Bring your baby and a blanket to join us for an interactive, socially-distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0-18 months and their caregivers. Masks will only be required when physical distancing is not possible.

Program will be canceled in the event of inclement weather.

10-10:30 AM

Toddlers on the Lawn - Join Ms. Dani on the lawn as she uses stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Masks will only be required when physical distancing is not possible. Ages 18 months to 3 years.

Program will be canceled in the event of inclement weather.

Tuesday, Aug. 10 10-11 AM

Sharks w/ Mary Cerullo - What a great way to celebrate Shark Week! Join us on the lawn as shark book author Mary Cerullo shares info from her latest book! "Sharks are often depicted as scary people-eaters, but these skilled predators are essential to sustaining the health of the world's oceans. What if the services that sharks provide to the ocean ecosystem looked like the jobs that humans do on land? A visit to an aquarium helps a young girl imagine the important jobs that sharks do in the ocean. Recognizing some of the things we have in common may make people want to work to protect sharks from their top predators: us! We'll share the story behind the story of Sharks at Your Service and have plenty of time to ask your most pressing shark questions. If you think that all sharks are scary, Sharks at Your Service Mary Cerullo's eighth book on sharks will show you sharks in ways you never imagined. You will say, "Good work, sharks!" All ages.

Our wonderful local bookstore The Bookworm will be on hand with many of Mary's shark books for the author to sign for you! Happy Shark Week!

Rain date August 11th 10am **Thursday, Aug. 12**

1-2 PM

Learn on the Lawn - West African Dance with Marita Kennedy-Castro - Dance and drumming are a rich part of culture and community in Guinea. There are traditional rhythms and dances that accompany all manner of life's passages and natural cycles, including births, weddings, coming-of-age ceremonies, the planting and harvesting of crops, full moons, and celebrations of many sorts. Wear comfort-*See* Baxter, page 11

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Newsmakers, Names & Faces

Guest Essay A Public Health Crisis within a Public Health Crisis

By U.S. Sen. Collins

As we continue to respond to COVID-19, we must not forget another public health emergency our country faces—the opioid epidemic. Last year, 504 Mainers died from drug overdoses, a 33 percent increase from 2019. This heartbreaking record exceeded the roughly 400 deaths caused by COVID-19 in 2020 in our state.

This tragedy is unfolding across the country, and no community is immune. According to data just released by the Centers for Disease Control and Prevention, an unprecedented 93,000 Americans died from drug overdoses last year.

The skyrocketing number of overdose deaths is one reason that U.S. life expectancy recently fell by 1.5 years, the biggest drop in a generation. The opioid crisis has been exacerbated by stress and isolation caused by the pandemic. In addition, COVID created challenges in accessing prevention and treatment services and impeded recovery resources, like peer support programs.

I recently co-led a hearing on the alarming decrease in Americans'

longevity, which has been fueled by COVID and its consequences. I invited Robert MacKenzie, a 33year veteran of law enforcement and the Chief of Police for the Kennebunk Police Department, to testify. Chief MacKenzie spoke about the impact the opioid crisis has had on his community as well as on his own family. He also discussed his impressive efforts through the Kennebunk Police Department and Rotary International to expand treatment resourc-

es and peer support groups. Chief MacKenzie explained that one of his priorities has been to reduce the stigma surrounding opioid use in order to encourage those who are struggling with addiction to get help. In collaboration with the Kennebunk Rotarians, he has spearheaded several fundraising efforts to support recovery coaches as well as instructors who can teach school officials, law enforcement officers, and community members how to identify and assist at-risk community members. Chief MacKenzie has also partnered with local organizations to provide families with the information and resources they need to assist a loved one with substance use disorder.

I have long supported a comprehensive, all-ofthe-above approach to respond to the opioid crisis. Given the sharp increase in overdose deaths, it is imperative that we redouble our efforts to combat this longstanding public health emergency.

One component of that approach is addressed in bipartisan legislation I introduced that would ensure that all health care professionals who prescribe controlled substances, such as highly addictive opioids, are also equipped with the tools and training they need to prevent, identify, and treat addiction.

More than 20 million adults in the United States live with an opioid use or substance use disorder. More than half a million misuse prescription pain relievers. Yet according to a recent national survey, only one in four providers surveyed had received training on addiction during their medical education. The Medication Access and Training Expansion (MATE) Act would increase health care providers' access to evidence-based addiction prevention and treatment knowledge, a critical component of supporting those

in need and ultimately tackling this crisis.

Another bill I have recently introduced would help hospitals hire and train more doctors in addiction medicine, addiction psychiatry, and pain management. The bipartisan Opioid Workforce Act would create 1,000 new medical residency positions specific to addiction at teaching hospitals in Maine and across the country.

Our country was already facing a shortage of physicians trained in addiction medicine, addiction psychiatry, and pain management before the pandemic began, and the ongoing public health crisis has only increased demand for treatment services. In Maine, there is only one addiction medicine program. This bill would help improve resources by expanding the number of these specialists and creating new residency programs in our state and nationwide.

As a member of the Senate Health and Appropriations Committees, I am dedicated to providing Mainers and our communities with the treatment and resources they need to tackle the opioid epidemic. We need a multipronged



U.S. Senator Susan M. Collins (R-ME) is one of Maine's two United States Senators. She is working to address the opioid epidemic that is impacting the U.S. life expectancy. (Photo courtesy of U.S. Sen. Collins)

strategy: prevention, treatment, and recovery. I will continue to work to increase and sustain funding that goes directly to states and local communities in need as we work to change the trajectory of this crisis.

Senator Susan M Collins (R-ME) represents Maine in the US Senate. She is the most senior Republican woman in the Senate, and serves on the Appropriations Committee, and is the Ranking Member of the Transportation, Housing, and Urban Development Appropriations Subcommittee. She also serves on the Health, Education, Labor and Pensions Committee; the Aging Committee; and the Intelligence Committee.

Funding to combat Maine's opioid crisis

From US DOL

WASHINGTON, DC – The U.S. Department of Labor announced the award of \$2,093,964 in incremental funding to the Maine Department of Labor to create jobs and provide employment services in nine counties significantly affected by widespread opioid use, addiction and overdose.

Administered by the department's Employment and Training Administration, the funding is part of a \$6.2 million award in February 2020. The Opioid Disaster Recovery Dislocated Workers Grant to Maine will support disaster-relief employment and retraining for eligible individuals in Androscoggin, Aroostook, Cumberland, Kennebec, Oxford, Penobscot, Waldo, Washington and York counties. The grant will provide eligible participants with disaster-relief employment in jobs addressing the impacts of the opioid crisis, including recovery coaches, licensed alcohol and drug counselors and outreach professionals. These funds may also provide services to reintegrate workers affected by the crisis and train individuals to work in mental health treatment, addiction treatment and pain management.

Supported by the Workforce Innovation and Opportunity Act of 2014,

Dislocated Worker Grants temporarily expand the service capacity of dislocated workers programs at the state and local levels by providing funding assistance in response to large, unexpected economic events that cause significant job losses.

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Newsmakers, Names & Faces MEMIC adds three to underwriting team



recently Diane Firster joined MEMIC as a Senior Production Underwriter. (Photo courtesy of MEMIC) From MEMIC

PORTLAND MEMIC, a workers' compensation insurance specialty carrier, recently added three industry veterans to its Underwriting team

Diane Firster came on board as Senior Production Underwriter, Scott Richards as Senior Production Underwriter, and Sunny Jarrard as Senior Loss Sensitive Underwriter.

A 31-year insurance industry veteran, Firster most recently served as Product Manager for Philadelphia Insurance and previously as an Account Management Specialist with Selective Insurance for 7 $\frac{1}{2}$ years, helping her develop



Scott Richards is a new Senior Production Underwriter with MEMIC. (Photo courtesy of MEMIC)

a wealth of multi-line commercial experience.

Richards, who joined MEMIC in June, began his career with The Hartford in

1997. He served there for 10 years before accepting underwriting and leadership positions with Harleysville/Nationwide and Travelers.

Jarrard will manage MEMIC's Loss Sensitive portfolio in the Eastern Region. She began her insurance career as an independent agent in 2010 and transitioned into underwriting in 2014, when she joined Travelers' National Accounts division. In 2019, she joined Safety National, where she managed the Florida, Georgia and Tennessee territories with a \$25



Sunny Jarrard recently came on board with MEMIC as a Senior Loss Sensitive Underwriter. (Photo courtesy of MEMIC)

million book of Loss Sensitive business.

The MEMIC Group includes MEMIC Indemnity Company, MEMIC

Casualty Company, and parent company Maine Employers' Mutual Insurance Company; all rated "A" (Excellent) by A.M. Best. As a super regional workers' compensation specialty insurer, The MEMIC Group holds licenses to write workers' compensation across the country. The group insures more than 20,000 employers and their estimated 300,000 employees, and holds more than \$1.5 billion in assets. With its headquarters in Portland, Maine, the group has field staff in 16 states, primarily along the Eastern seaboard.

BCM calms traffic with delineators

From BCM

MOUNT VERNON, ME- The Bicvcle Coalition of Maine added nearly a dozen delineators to three roads in Mount Vernon last Thursday in order to calm traffic approaching the village center.

"Our goal is not just to slow down drivers traveling through Mount Vernon, but to show that it can be done quickly, easily and inexpensively," said BCM Assistant Director Jim Tasse.

The Mount Vernon installation is part of the Coalition's Imagine Peo-

ple Here program, which has been working to improve safety and access for pedestrians and people on bikes in communities across Maine since 2015.

Like all Imagine People Here demonstrations, the installation is temporary, and will be removed upon the arrival of winter weather. If the demo is successful, the BCM says it hopes Mount Vernon will make the changes permanent next year and beyond.

This is the fourth Imagine People Here project in Maine this year, following installations on Diamond Street in Portland



Bicycle Coalition of Maine volunteers heat up a section of the roadway in order to apply mounting plates for traffic delineators on a road in Mount Vernon last Thursday. The delineators help to slow down traffic to improve safety for bicyclists and pedestrians on roadways. (Photo courtesy of BCM)

on May 20, in Downtown Augusta on July 13, and in Portland's Woodfords Corner on July 16.

The BCM is tentatively planning additional demos this summer in Brooklin, Islesboro, Millinocket, Ogunquit, Saco, and South Portland, with both AARP Maine and L.L.Bean sponsoring the program.

More information can be found at bikemaine.org/ imagine-people-here

The Bicycle Coalition of Maine is the statewide voice of cyclists and pedestrians. Since 1992, the BCM has led the effort to make Maine better for bicycling and walking by protecting the rights and safety of cyclists and pedestrians through education, advocacy, legislation, and encouragement. BCM supports biking and walking for health, transportation, and recreation. For more information, visit bikemaine.org.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



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Laurie A. Steele Publisher/CEO Laurie@GorhamWeekly.com

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'Buy-Give-Get' program returns at OSJL

From OSJL

Page 4

NORTH KINGS-TOWN, RI - Ocean State Job Lot has returned with its "Buy-Give-Get" program to benefit children in need prior to the start of the 2021-2022 school year.

Any customer who buys a backpack at OSJL for \$15 and gives it back to the store as a donation to children in need, will get a \$15 Crazy Deal Gift Card to be used for a future purchase online or at any Ocean State Job Lot store.

"Last year, schoolaged students in underserved communities struggled to adapt to distance learning due to a lack of resources. Now, with more and more schools returning to in-person learning in September, these students may not have access to the basic items needed for a positive educational experience," said David Sarlitto, Executive Director, Ocean State Job Lot Charitable Foundation. "Our customers have answered the call to help our veterans during past 'Buy-Give-Get' promotions, and we're confident they'll do the same for local school children in need."

30,000 backpacks are available to purchase as part of the program, and will be distributed to students in need across the region in partnership with the New England Patriots Foundation and the USA Veterans Military Support Foundation.

Founded in 1977, Ocean State Job Lot is a growing, privately held discount retail chain with 146 stores in New England, New York, New Jersey, and Pennsylvania, approximately 5,600 employees, and annual sales exceeding \$800 million. Job Lot sells brand name, first quality merchandise at closeout prices. Shoppers find an ever-changing array of household goods, apparel, pet supplies, sea-

Foundation.sonal products (holiday,
gardening, patio, pool and
beach supplies), and kitch-
en pantry staples at a frac-
tion of their typical price.notions, and
nt they'll do
local school"Best Midsize Employer"
by Forbes Magazine and a
US Best Managed Compa-
ny by Deloitte.

The Ocean State Job Lot Charitable Foundation has a long history of philanthropic leadership, supporting numerous causes, including feeding the hungry, helping the homeless, assisting veterans and military families, aiding animal rescue, caring for children, advancing healthcare, supporting the arts and promoting learning. During the COVID-19 pandemic, it distributed \$15 million in PPE to school systems, hospitals and other healthcare facilities, and police and fire departments across New England and the Northeast.

Find OSJL on the web at OceanStateJobLot. com.

Guest Column A whole in one

By Grammar Guy

We all know the difference between a "whole" and a "hole."

Entire doughnuts and bagels have both! For most things, if they get a hole, they're not whole. This happens to me all the time with my socks (darn it!). I've always thought that "whole" milk must feel superior to other milks. It's got to be looking down its nose at the other milks: I'm the best there is — I'm whole.

Sure, this is a whole lot of "hole" talk, but right now it's time to examine the difference between the words "holistic" and "wholistic." Other than the "w," what distinguishes these two words?

Let's start with definitions. Holistic is an adjective describing the whole being greater than the sum of its parts. Clear as mud? And did you catch the word "whole" in the definition? I'm already confused.

That didn't help too much, so let's check on the definition of "wholistic." After arriving at its dictionary entry, I find a oneword definition: holistic. Thanks for clearing it up, dictionary.

Okay, perhaps we should rewind the clock to look at the origin of the words. The first usage of the word "holistic" was in the 1920s when South African statesman Jan Smuts used it in his book "Evolution and Holism." As a side note, is "statesman" a job? If so, I'd like to know the starting salary.

The term "wholistic" actually came out of "holistic" after Mr. Smuts developed the idea of holism. In the past century, both words evolved to mean slightly different things (emphasis on "slightly").

The words get used interchangeably, but there is a more precise distinction: the term "wholistic" gets used to underscore the totality of something — the whole thing. When someone uses "holistic" (especially in therapeutic fields), they are likely emphasizing the interaction and interdependency of the parts. Still, other jargon juggernauts insist "wholistic" is merely a misspelling of "holistic" and do not recommend anyone use the "w" spelling. While it may have started as such, I do see a small contrast between the two (kind of like the difference between the colors ecru and mother-ofpearl). It's subtle, but the difference is there.

To the "misspelling" crowd, I'll throw them this bone: according to the Google Books Ngram Viewer, "holistic" gets used in published books over one hundred times more often than the word "wholistic." It's tough to poke holes in that theory.

As a head-scratching word duo, I think we can carve out a subtle distinction between holistic and wholistic. However, if you do decide to pick one over the other, opt for holistic.

Curtis Honeycutt is a syndicated humor columnist. He is the author of "Good Grammar is the Life of the Party: Tips for a Wildly Successful Life". Find more at curtishoneycutt.com.



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DEPARTMENT OF AGRICULTURE Rural Development

NextGrid Peppertree, LLC: Notice of Availability of an Environmental Assessment AGENCY: Rural Business-Cooperative Service (RBS), USDA ACTION: Notice of Availability of an Environmental Assessment

SUMMARY: Notice is hereby given that the RBS, as required by the National Environmental Policy Act, is issuing an environmental assessment (EA) in connection with possible impacts related to a project proposed by NextGrid Peppertree, LLC. The proposal is for construction of a 5.665-megawatt (MW), groundmounted solar photovoltaic facility (solar farm). NextGrid Peppertree, LLC has submitted an application to the RBS for funding of the proposal.

FOR FURTHER INFORMATION CONTACT: Brian Wilson, P.E., Business & Cooperative Programs Director, USDA Rural Development, 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767, 207-990-9125, brian.wilson@usda.gov.

SUPPLEMENTARY INFORMATION: NextGrid Peppertree, LLC proposes to construct a 5.665-MW solar farm on an approximately 20-acre site which contains agricultural land and forestland. Approximately 20 acres of the project site would be disturbed as a result of the construction activities associated with this project. The Proposed Project Area would be located north of Lewiston Junction Road, near the intersection of Torrey Road and Lewiston Junction Road in the town of Poland, Androscoggin County, Maine. The Proposed Project would interconnect to the Central Maine Power (CMP) pre-existing electrical distribution system. The power generated from the facility would be sold to CMP through a long-term Power Purchase Agreement (PPA). The Proposed Project would be fat and would match existing grades to minimize earth work. The Proposed Project Area would be secured by a security fence with standard gates for emergency and maintenance vehicle access

True North Consultants, Inc., an environmental consultant, prepared an environmental assessment for RBS that describes the project, assesses the proposed project's environmental impacts, and summarizes as applicable any mitigation measures used to minimize environmental effects.

NextGrid Peppertree, LLC intends to seek financial assistance from USDA, RBS for the construction and operation of a solar farm. The Proposed Project consists of a fixed-tilt solar array installed on ground screws as supports connected to racks of solar panels. The Proposed Project Area is currently undeveloped forestland and cleared forestland.

If implemented, the Proposed Project will result in approximately 1,930 ft2 of wetland fill from the construction of an access road, resulting in permanent loss. Additionally, there will be approximately 5,590 ft2 of wetland vegetation (i.e., conversion of scrub-shrub wetland vegetation to emergent wetland vegetation with no grubbing required). The functions and values of the wetland areas not being grubbed or filled will be maintained as those associated with wet meadow and emergent wetlands. These wetlands will continue to provide groundwater recharge/discharge, sediment and nutrient removal, wildlife habitat and other valuable functions for the duration of the Proposed Project. Fill associated with the access road, however, will result in permanent loss of wetland function and value. In accordance with Executive Order 11990, Protection of Wetlands, and USDA Departmental Regulation 9500-3, Land Use Policy, the purpose of this notice is to inform the public of this proposed conversion or effect and request comments concerning the proposal, alternative sites or actions that would avoid these impacts.

The environmental documentation regarding this proposal is available for review at 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767. For questions regarding this proposal, contact Brian Wilson, P.E., Business & Cooperative Programs Director, USDA Rural Development, 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767, 207-990-9125, brian.wilson@usda.gov.

Any person interested in commenting on this proposal should submit comments to the address above by August 19, 2021.

RBS has conducted an independent evaluation of the environmental assessment and believes that it accurately assesses the impacts of the proposed

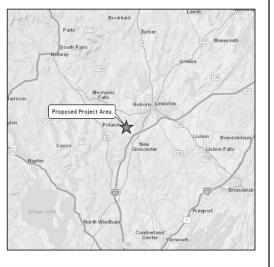
project. No significant impacts are expected as a result of the construction of the project.

Questions and comments should be sent to RBS at the address provided. RBS will accept questions and comments on the environmental assessment for 14 days from the date of publication of this notice.

Any final action by RBS related to the proposed project will be subject to, and contingent upon, compliance with all relevant Federal environmental laws and regulations and completion of environmental review procedures as prescribed by 7 CFR Part 1970, Environmental Policies and Procedures.

A general location map of the proposal is shown,

Dated: August 5, 2021.



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Maine promotes COVID-19 vaccination in schools

From ME DHHS

AUGUSTA— The Maine Department of Health and Human Services (DHHS) in partnership with the Maine Department of Education (DOE) announced today comprehensive plan а to support vaccination of school staff and students against COVID-19.

This plan advanc-Maine's nation-leades vaccination rate ing and complements the U.S. Centers for Disease Control and Prevention (CDC)'s new recommendation on universal masking in schools by helping students and staff safely gather in per-

classson and in rooms amidst the nationwide surge of the Delta variant

The Maine school COVID-19 vaccination plan consists of three parts:

Supporting schools in launching free vaccine clinics: Maine CDC will connect interested schools with Maine's hospitals, doctors, public health nurses, and other vaccinators, using an online survey and application, to supvaccine port clin-While free ics. vaccine is widely available in various settings across Maine, school-based clinics provide a convenient. accessible option for school community mem-

bers.

Promoting COVID-19 vaccine education: Tomorrow, the Departments will host a webinar for school leaders, led by Maine CDC Director Nirav Shah, and will distribute letters for school administrators, parents / guardians, and school and community health care providers on COVID-19 vaccination.

Collecting and posting school vaccination rates: Maine DHHS will begin collecting school staff vaccination rates monthly starting on September 1 and will publicly post the school rates mid-month. This will resemble the Maine Health Care Worker COVID-19 Vaccination Dashboard which DHHS launched in June and provides monthly reports on every hospital and longterm care facility. The reporting will include fully vaccinated staff at preK-12 public schools and charter schools, private schools, and career and technical schools.

"Keeping children safe and healthy is critical to their ability to learn, grow, and thrive," said DHHS Commissioner Jeanne Lambrew. "By supporting schools in offering vaccination clinics, helping communities understand the benefits of these safe and effective

vaccines, and equipping school leaders with information to make the best decisions for their communities, we can limit the spread of COVID-19."

"Maine school staff and leaders have risen to every challenge presented by the dynamic pandemic that continues to proliferate among unvaccinated people," said DOE Commissioner Pender Makin. "Maine Department of Education and our partners at Maine DHHS and Maine CDC will continue to provide support and resources for the field."

Maine continues to demonstrate nation-leading progress in administering vaccinations and containing the spread COVID-19. of More than 63 percent of Maine's population is fully vaccinated and 68 percent has received at least one dose, according to the U.S. CDC vaccination tracker. Statewide, 48 percent of percent of youth ages 12 to 19 have been fully vaccinated. with 52 percent having had a first dose. No vaccine is yet authorized for children under age 12.

COVID-19 vaccine remains widely available across the state. To find a vaccination location, go to maine.gov/covid19/vaccines/vaccination-sites or call the Community Vaccination Line at 1-888-445-4111.

Guest Essay Struggling with depression and anxiety

By Stan Popovich

Do you ever wonif somebody you der know may be struggling with depression and anxiety, but you are not sure? If so, here are some things to look for when someone you know may be having a difficult time with their mental health.

• Trouble sleeping or sleeping too much

· Feeling sad and depressed on a regular basis • Trouble concentrat-

ing

Change in eating habits

• Talks of suicide

• Loss of interest and social withdrawal

 Lack of energy and persistent tiredness • Feelings of guilt and

regret • Changes in their ap-

pearance and behaviors · Increased use of

drugs and alcohol

· Easily agitated and

always irritable • They seem out of

touch of what is going on around them Their physical health starts to go down

hill • Frequent mood changes

• Excessive fears. worries, and anxieties

One or two of these symptoms alone can't predict a mental illness but may indicate a need for further evaluation. If you think something is going on with someone you know or care about, then try to talk to them and encourage them to seek some kind of help if they need it.

Here are five tips on how you can convince the person you know to get help for their fears and anxieties -

1. Talk to the per-

son instead of talking at is hesitant to solve their them: Nobody wants to be lectured or yelled at. The person who is struggling is scared and they need some encouragement in overcoming their fears and resistance to getting any assistance. Treat the person the way you would want to be treated if the roles were reversed.

2. Find out why the person won't get help: Ask the person who is struggling to list the main reasons why they will not get assistance. It might take a few tries, but try to find out what is stopping the person from getting treatment for their mental health problems. Fear and frustration are huge factors for not getting help.

3. Address the fears that the person may have: Once you get the reasons why the person

problems, the next step is to find the ways to help address the concerns the individual may have. Addressing one's fears and concerns may convince the person to take some action that will get their life back on track.

4. You can't manage your mental health all by yourself: A person's anxieties and other mental health issues can be difficult to manage and more than likely he or she will need some guidance. Remind the person that going it alone or making excuses will only make things worse.

5. Offer to go with them: It can be very scary for the person to seek the services of a counselor for the first time. The fear of the unknown can be very

intimidating. Offer to go with the person as they start the process of getting treatment.

Stan Popovich is the author of the popular managing fear book, "A Layman's Guide to Managing Fear". For more information about Stan's book and to get some free mental health advice, please visit Stan's website at http:// www.managingfear.com



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HX300LR, Case CX160, Long Reach Excavator: 2018 Hyundai HX300LR, Air Comp.: IR P185W, 2-Welders: Miller Bobcat 225, Hobart Ironman 210, Mulch Blower: Finn AEM-302, Hydroseeder: Finn T-90, 15-Comm. Mowers: JD Z925, (3)JD G545, Toro Z Master, (10)

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A reimagined 'Beauty and the Beast' for kids



Local actor Sophia Scott, from Boothbay, along with MSMT Educational Fellows Kevin Lacey, Matthew Hakel, and John Rouleau at a rehearsal for the upcoming children's production of Beauty and the Beast. (Photo by Madeline Bonahue for MSMT)

From MSMT

BRUNSWICK -Maine State Music The-

atre presents its first Theatre for Young Audiences show of the season, with Robin and Clark's re-

imagined Beauty and the Beast, at The Pickard Theater on Thursday, Aug. 12. Show times are 10 a.m., 1 p.m., 4 p.m. and 7:30 p.m.

In this Robin and Clark version of Beauty and the Beast, an acting troupe is putting on a Disneyesque production, but things are not going according to plan, and it's up to the members of the audience to save the day! The show tells the

adventures of the Beauty – "Rose" (Natalie Bellamy, Maggie McCown) – and the Beast – "Chadwick" (Kevin Lacey) – who once was a Prince, as well as Beauty's papa (Matthew Hakel), her silly sisters (Rebecca Carroll and Caroline Quinn), and all the other characters in an ageless story about love and beauty that comes from the heart. The remainder of the ensemble is rounded out by characters that are familiar to anyone who has seen the Disney classic, such as Gaston (John Pletka), Mrs. Potts (Caroline Quinn), Lumiere (John Rouleau), Cogsworth (Matthew Hakel), and the Wardrobe (Rebec-

ca Carroll). It also includes an announcer played by Mikayla Jane Clifford, and another familiar character – though not from this particular Disney classic – "Cindy," played by local actors Sophia Scott, from Boothbay, and Lizzie Hall, from Yarmouth.

The show is directed by Curt Dale Clark, and stage managed by Kat Brown, with assistant stage manager Katy Sullivan. Music direction is by Ruchir Khazanchi, with choreography by Mikayla Jane Clifford.

The visual and auditory aesthetics of the show are thanks to a talented group of designers, with lighting by Greg Carville, sound by Nate Dickson, costumes by Travis Grant, scenery by Betsy Puelle, and props by Meg Valentine.

The show is sponsored by Norway Savings Bank, and by Sandy Morrell Rooney and Chuck Rooney.

Tickets are on sale and range from \$15 - \$21 and can be purchased at www.msmt.org or 207-725-8769.

Shipyard Brewing releases Pumpkinhead Seltzer

From Shipyard Brewing

PORTLAND - Shipyard Brewing Company is giving beer and seltzer fans what they want with a limited-release Pumpkinhead hard seltzer with only 2 grams of sugar and 110 calories, but packed with pumpkin pie flavors of cinnamon, nutmeg, and vanilla.

The seltzer hit shelves last week as a sneak peek to the annual release of Pumpkinhead. The release was timed for the warmer weather for seltzer drinkers seeking a more complex, lightly-spiced variation to the wealth of light, fruit-flavored varieties.

Pumpkinhead Ale was first created and brewed at the Kennebunkport Brewing Company in 1994. Brewing then moved to the Shipyard Brewing Co. in Portland, where it has been the leader in the fall seasonal craft beer category. It continues to grow in popularity nationally.

"Pumpkinhead Ale has been wildly popular since it was introduced in the 90's," said Bruce Forsley, President of Shipyard Brewing Co. "Given the momentum of the hard seltzer market and a flood of requests from the Pumpkinhead faithful, we decided to create what we think is a perfect partner to Pumpkinhead Ale. We are releasing Pumpkinhead seltzer a few weeks before the traditional availability of the beer to take advantage of the warmer weather and take some pressure off our brewing team. Each year our production is at capacity to meet Pumpkinhead Ale demand so we wanted to get in front of that with the early limited release of Pumpkinhead Seltzer." "We will be watching

and taking in all feedback this year regarding the product and the timeframe it is in the market to determine a long-term strategy for Pumpkinhead Seltzer. What is obvious early on is that seltzer drinkers are interested and like the subtle spice flavors of Pumpkinhead along with the low sugar and calories we have been able to produce with this product. We're confident in the drink itself and where and how it will play its part in the Pumpkinhead line up", said Shipyard's newly appointed COO, Dave Phillips.

Pumpkinhead seltzer is brewed in small batches, so capacity is limited.

This innovative beverage will released to most markets last week, and will be strictly allocated.

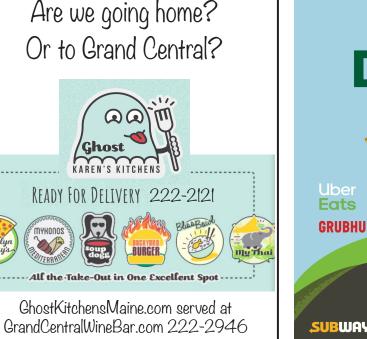
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Brunswick Outdoor Arts Festival Returns in August

From Brunswick Downtown Assoc.

BRUNSWICK - The 15th Annual Brunswick Outdoor Arts Festival will transform Downtown Brunswick into an outdoor fine art show on Saturday, Aug. 21.

The festival is hosted by the Brunswick Downtown Association and is designed to celebrate and foster an appreciation of the arts and culture to residents and visitors. It is a wonderful day of art, music, and fun in downtown Brunswick!

This juried, fine arts show showcases a variety of artists who will display and sell their work along the sidewalks of Maine Street. The Brunswick Outdoor Arts Festival features recognized artists, as well as emerging creators, working in an array of mediums from jewelry, fiber, ceramics, photography, painting, and mixed media.

Artisans will display and demonstrate their work for the public on the Town Mall (green). Art demonstrations will include blacksmithing, weaving, and woodturning. Handson science activities along with take-away art kits from Arts are Elementary, hands-on science projects, face painting, glitter tattoos, and more. The festival is free to attend.

The Brunswick Outdoor Arts Festival features live music performances on the main stage located in front of Bank of America.

Featured Music includes Jimmy Jo and the Jumbol'Ayuhs (Cajun), Backwoods Road (Bluegrass) and Honest Millie (Swing & Jazz with Liza Constable). A variety of roving musicians will perform throughout the festival playing Bluegrass, Blues, Irish, Folk, and Americana music - from Noon to 5:00 p.m.

For more information on the Brunswick Outdoor Arts Festival, call (207) 729-4439 or visit www. brunswickoutdoorartsfest. com for a complete list of artists, entertainers, stage schedules, interactive art activities and more.

Bowdoin College is the presenting sponsor for the festival. Other sponsors include Ray Labbe & Sons, Inc; Bangor Savings Bank; ReMAXX Riverside; Five County Credit Union; and media sponsor The Times Record.

Earn-A-Bike program launched in Bangor

From BCM

ORONO - The Bicycle Coalition of Maine, Orono Brewing Company, and the Maine Discovery Museum are teaming up to bring an Earn-A-Bike program to the Bangor region, and they're kicking it off with a unique fundraiser ride.

Dubbed "One Bike Can...", the fundraiser will feature Orono Brewing Company (OBC) co-founder Abe Furth riding his mountain bike from Maine to Washington, D.C. in October in an effort to get bikes into the hands of people who can't afford them.

"As an avid cyclist and believer in the benefits of bicycling for exercise, recreation, and transportation, I want to share these benefits with people who wouldn't otherwise have access," Furth said.

Funds raised will go directly to the launch of the new program, which is based on the highly successful "Bikes for All Mainers" earn-a-bike program that the Bicycle Coalition of Maine helped launch in Portland in 2014, and continues to support. Some fundraising dollars will also ensure the continued success of the Portland program, which continues to expand every year, but still garners a lengthy waitlist.

"This is an exciting opportunity for us to partner with both Orono Brewing and the Maine Discovery Museum to bring this popular program to Mainers in the Bangor region," said Bicycle Coalition of Maine Executive Director Jean Sideris.

The earn-a-bike program will teach basic bike mechanic skills and traffic safety skills, and provides graduating students with a fully refurbished bicycle and new helmet, lock, safety lights, and at-home repair kit.

"For many participants, their new bicycles will also be their main form of transportation," Furth says. "Or their new bicycles will simply become a source of recreation and fun!"

Originally called "Bikes for New Mainers," with the program geared toward immigrants and refugees, it was opened up to all Mainers in 2016, and the name was changed to "Bikes for All Mainers." That same year, the Bikes for All Mainers operations were handed over to the Portland Gear Hub, who has continued to evolve the program to meet the specific needs of the audience in Portland. To date, the Bikes for All Mainers program has served hundreds of students in the greater Portland area.

Interested supporters can visit http://bitly. ws/fAUK for more info and to donate, or they can mail checks to the Bicycle Coalition of Maine at 38 Diamond Street, Portland, ME 04101 with "One Bike Can..." in the memo line.

The Bicycle Coalition of Maine is the statewide voice of cyclists and pedestrians. Since 1992, the BCM has led the effort to make Maine better for bicycling and walking by protecting the rights and safety of cyclists and pedestrians through education, advocacy, legislation, and encouragement. We support biking and walking for health, transportation, and recreation.

For more information, visit bikemaine.org.

'Taproots' in CCAC Art Gallery



A painting of Horse Chestnut With Tussock Moth by Rebecca Goodale at CCAC. (Image courtesy of CCAC)

From CCAC

BATH - The Chocolate Church Arts Center gallery will feature artists Rebecca Goodale and Christopher Patch in a show titled "Taproots", with an opening event at CCAC at 5 p.m. on Friday, Aug. 13.

The arts center is located at 804 Washington Street in Bath. Light refreshments will be served. The event is free to attend, but guests are asked to register in advance. Registration and more information can be found at chocolatechurcharts.org.

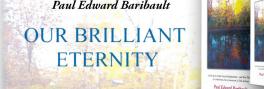
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MaineCF awards grants to 22 nonprofits

From Maine CF

Page 8

ELLSWORTH-The Maine Community Foundation has awarded \$206,540 in grants to 22 nonprofit organizations across Maine through its Community Building Grant Program.

Grant recipients include Black Owned Maine, Portland, to develop a more user-friendly and cohesive Black Owned Maine business website so businesses and consumers can easily support Maine's Black business community; EqualityMaine Foundation, Portland, to maintain and expand its SAGE programming and outreach efforts to keep LGBTQ+ older adults socially connected during a time of physical distancing; and Family and Community Mediation, Scarborough, to improve the accessibility, efficiency, and effectiveness of virtual mediations through website expansion and improvements and the purchase of remote technology and equipment.

MaineCF donors made an additional 13 grants totaling \$103,874 from donor-advised funds.

MaineCF's Statewide Fund is a permanent endowment that supports organizations that apply for multi-county projects. Proposals are submitted through MaineCF's Community Building Grant Program and are reviewed by a committee of leaders. The Statewide Fund is built through donations from the community.

The next proposal deadline is February 15, 2022. The application, guidelines and a complete list of 2021 grants can be found at www.mainecf. org.

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, Mars Hill and Rockport, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine peo-



Elissa Miller, SAGE Maine staff member, hands out lunch at the SAGE intergeneration Bangor Pride Picnic on June 27 in Cascade Park, one of the first in-person SAGE Maine events since the start of COVID in spring 2020. (Photo by Gia Drew, EqualityMaine)

ple. To learn more about the foundation, visit www. mainecf.org.

2021 Grants from MaineCF's Statewide Committee:

Big Brothers Big Sisters of Mid-Maine, Camden, to provide critical social and emotional development needed to help build resilience and promote the mental health and well-being of Maine children: \$10,000

Black Owned Maine, Portland, to develop a more user-friendly and cohesive Black Owned Maine business website so



businesses and consumers can easily support Maine's Black business community: \$10,000

Eastern Area Agency on Aging, Brewer, to support Grocery Shopping Program, which delivers groceries to older adults, caregivers, and disabled adults through community partnerships: \$10,000

Elder Abuse Institute of Maine, Brunswick, to expand services to include coaching and support for caregivers who recognize the heightened risk for elder abuse due to COVID-19: \$10,000

E q u a l i t y M a i n e Foundation, Portland, to maintain and expand SAGE programming and outreach efforts to keep LGBTQ+ older adults socially connected during a time of physical distancing: \$10,000

Family & Community Mediation, Scarborough, to improve the accessibility, efficiency, and effectiveness of virtual mediations through website expansion and improvements and the purchase of remote technology and equipment: \$9,780

Family Focus, Brunswick, to support an effective integration of technology to improve the student assessment process and the successful communication with families since the pandemic: \$10,000

Immigrant Legal Advocacy Project, Portland, to provide virtual community legal education and outreach on changes to U.S. immigration law and

communities: \$7,500

Maine Children's Alliance, Portland, to strengthen relationships with communities impacted by COVID-19 to advance child advocacy: \$8,760

Maine Children's Home for Little Wanderers, Waterville, to provide parents and caregivers the support and resources to build resilience in themselves and their children in the face of challenging times: \$10,000

Maine Equal Justice Partners, Inc., Augusta, to advance racial equity in Maine by establishing and cultivating equitable and inclusive relationships, policies, and practices inside and outside the organization: \$10,000

Maine Immigrants' Rights Coalition, Portland, to grow the coalition and organizational capacity to financially and administratively support Maine's ethnic-based community organizations, empowering them to build organizational and financial reporting capacity: \$10,000

Maine Prisoner Advocacy Coalition, Lisbon, to train community members to advocate for improved conditions for incarcerated individuals in Maine in relation to COVID-19: \$10,000

Maine Transgender Network Inc., Portland, to create a violence prevention training program for families and educators of transgender youth: \$7,500

New Hope for Women, Belfast, to provide immediate shelter and supports to victims of domestic violence, dating violence, and stalking: \$10,000

OUT Maine, Rockland, to create best practices for schools to provide improved resiliency, mental health, and safety for lesbian, gay, bisexual, transgender, and questioning (LGBTQ+) youth: \$3,000

Pine Tree Legal Assistance, Portland, to increase its capacity to ensure that state and federal laws designed to support individuals through the pandemic are enforced: \$10,000 older Mainers and disabled and vulnerable populations throughout Androscoggin, Franklin, and Oxford counties and in Brunswick: \$10,000

2021 Grants from MaineCF Donor-Advised Funds:

Acadia Healthcare, Inc. (NLAH), Waterville, to increase the capacity of adults to identify and respond to school-aged youth mental health needs, provide appropriate resources, and facilitate referrals to care: \$10,000

Androscoggin Home Health Services Inc., Lewiston, to purchase iPads for a volunteer-operated, virtual companionship program for homebound patients in nine counties across Maine to address social isolation and loneliness: \$6,874

ArtVan, Bath, to support accessible, no-cost Art Therapy resources and social engagement opportunities for under-resourced youth, promoting individual and community resilience in response to COVID-19: \$10,000

Environmental Health Strategy Center, Portland, to support reducing exposure to arsenic in drinking water to help protect immune response among rural Mainers: \$10,000

Ladder to the Moon Network, Portland, to create a Health Equity feature with articles and videos that engage immigrant communities with content focused on disease prevention, wellness, health care, and equity: \$10,000

Maine Coast Fishermen's Association, Brunswick, to provide outreach and create training programs to support fishermen and communities with mental health and wellness during and after the pandemic: \$10,000

Maine Recovery Fund, Portland, to respond to the challenge of providing single occupancy transportation to work and increased access to sober housing for Maine Recovery Fund clients during COVID-19: \$10,000



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policy: \$10,000

Independence Association, Brunswick, to develop and implement online training programs for direct support professionals and case managers who serve vulnerable adults with disabilities: \$10,000

Legal Services for the Elderly, Augusta, to help older adults solve legal problems that put their ability to meet their basic human needs at risk: \$10,000

Maine Boys to Men, Falmouth, to expand access to the Reducing Sexism & Violence Program (RSVP) in Maine's tribal

Sexual Assault Support Services of Midcoast Maine, Brunswick, to sustain the Community Outreach Advocate's position, which has significantly heightened SASSMM's social media presence and increased online awareness materials and client accessibility during COVID-19: \$10,000

Western Maine Transportation Services, Inc., Auburn, to provide low-cost public transit for Medical Care Development, Inc., Augusta, to help more Mainers become Community Health Workers: \$10,000

NAMI Maine, Hallowell, for Youth Mental Health First Aid (YMH-FA) training to provide a foundation for Emergency Medical Service workers treatment of young people: \$10,000

Wabanaki Public Health and Wellness, Bangor, to increase access to recovery homes for indigenous people in Maine: \$10,000

Page 9 Hawthorne home seeks donations for repairs

From HCA

RAYMOND - The three-yearpassionate. long "Save the Hawthorne House!" fundraising campaign still lacks the final \$15,000 it needs to "get across the finish line" and save the beloved, historic house

The campaign was launched to repair serious structural damage to Nathaniel Hawthorne's boyhood home in Raymond.

"Work on excavating the granite foundation has now begun and-from the looks of things-it's a very good thing we began when we did," said Abel Bates of the Hawthorne Community Association. "The foundation was even worse than we thought." Bates said the urgent

repairs were launched on July 18 by a team of local contractors along with local volunteers, after it became clear that repairs to the house built in 1812 could no longer wait.

Copp & Sons Building Movers lifted the building, and Jason Copp will pour the new footings and foundation.

Dave Blanchard removed the chimney and will excavate the old foundation, backfill, and reseed.

Larry Napolitano of Dirigo Masonry will block up to the correct height and position the granite veneer. Dale Plante of New

England Specialty Stone

will take care of the unused granite.

Richard Bois will cut old granite so it can be reused

TC Hafford Basement Systems will handle inside repairs required of the front (east) wall.

A team of volunteers has cut and loaded timber for the floor supports.

To help save Nathaniel Hawthorne's Boyhood Home, donations can be made by check, or online.

Please make checks payable to "Hawthorne Community Association". PO Box 185, South Casco, ME 04077.

PayPal donations may be made at: https:// www.hawthorneassoc. com.



Construction work continues on the foundation of Nathaniel Hawthorne's boyhood home in Raymond. A final \$15,000 in donations is needed to pay for the repairs. (Photo courtesy of the Hawthorne Community Association)

SBA opens PPP direct forgiveness portal

From U.S. SBA

WASHINGTON The U.S. Small Business Administration (SBA) is launching a streamlined application portal to allow borrowers with Paycheck Protection Program (PPP) loans \$150,000 or less through participating lenders to apply for forgiveness directly through the SBA.

"The SBA's new streamlined application portal will simplify forgiveness for millions of our smallest businesses -- including many sole proprietors -- who used funds from our Paycheck Protection Program loans to survive the pandemic," said Administrator Isabel "The Casillas Guzman. vast majority of businesses waiting for forgiveness have loans under \$150,000. These entrepreneurs are busy running their businesses and are challenged by an overly complicated forgiveness process. We need to deliver forgiveness more efficiently so they can get back to enlivening our Main Streets, sustaining our neighborhoods and fueling our nation's economy."

applications. Borrowers that need assistance or have questions should call (877) 552-2692, Monday - Friday, 8 a.m. - 8 p.m. EST.

"This initiative will allow PPP borrowers to put their concerns of achieving full forgiveness behind them and focus on operating and growing their businesses again," said Patrick Kelley, Associate Administrator for SBA's Office of Capital Access. "We are pleased to be able to assist financial institutions across the U.S. in processing forgiveness applications for small business owners."

Overall, the SBA and lenders have worked to originate over 11.7 million loans totaling nearly \$800 billion in relief to over 8.5 million small businesses.

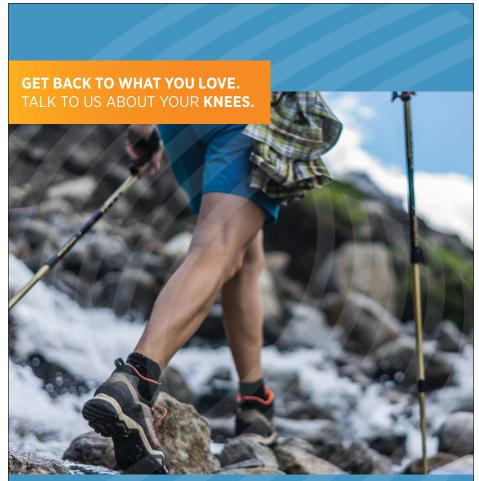
In 2021, SBA approved over 6.5M loans totaling over \$275B. The average loan size was ~\$42 thousand (compared to \$101 thousand in 2020), and 96% of loans went to businesses with fewer than 20 employees (compared to just 87% in 2020), with 32% of loans going to businesses in LMI communities (compared to just 24% in 2020)

streamlined and efficient SBA PPP loan forgiveness portal will help borrowers and lenders move forward with economic growth and job creation following the pandemic. We encourage other lenders to join Customers Bank and opt-in to the SBA portal."

Established by the CARES Act in 2020, the PPP was among the first COVID-19 small business economic aid programs and provided more than \$798 billion in economic relief to small businesses and nonprofits across the nation, keeping employees working, and helping businesses come back stronger than ever. View the Interim Final Rule on PPP Forgiveness

Other programs include Economic Injury Disaster Loan (EIDL), EIDL Advance, Targeted EIDL Advance, Supplemental EIDL Advance, Restaurant Revitalization Fund, Shuttered Venue Operators Grant, and SBA Debt Relief program. To learn

Send all items for Names & Faces to the editor. Deadline is Friday by five pm.



This new change is expected to speed up relief to over 6.5 million smallest of small businesses,

The new forgiveness platform began accepting applications from borrowers on Wednesday.

Lenders are required to opt-in to this program through https://directforgiveness.sba.gov. In addition to the technology platform, the SBA is standing up a PPP customer service team to answer questions and directly assist borrowers with their forgiveness

Over 600 banks have opted in to direct forgiveness, enabling over 2.17M borrowers to apply through the portal (This represents 30% of loans \$150,000 or less that have not yet been submitted for forgiveness)

"As one of the leading PPP lenders in the nation, Customers Bank is proud to partner with SBA to deliver responsive digital loan forgiveness service to the small business borrowers," said Sam Sidhu, President & CEO of the bank. "The more about these programs. please visit www.sba.gov/ relief.

The U.S. Small Business Administration is the only go-to resource and voice for small businesses backed by the strength of the federal government. The SBA empowers entrepreneurs and small business owners with the resources and support they need to start and grow their businesses. It delivers services to people through an extensive network of SBA field offices and partnerships with public and private organizations.

To learn more, visit www.sba.gov.



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'The Ugly Duckling' coming to Franco Center

From Franco Center

LEWISTON - A version of the classic tale of "The Ugly Duckling" will be presented on stage at the Gendron Franco Center on Aug. 14.

Presented by New York City's Royal Family, this premiere performance re-imagines Hans Christian Andersen's classic tale as a stunning visual story that reminds us all to seek out our inner beauty.

Born different than the other hatchlings, the ugly duckling is ridiculed by his brothers and sisters, rejected by the other ducks, and eventually shunned by the entire barnyard. The little bird leaves home, embarking on a journey through hecklers and hunters, only to discover that true beauty comes from within.

Tickets are \$10 for the show, which begins at 6 p.m. at the Franco Center at 46 Cedar St in Lewiston.

Please purchase tickets in advance by visiting http://bitly.ws/fRsi

Following COVID Protection guidelines, the audience is required to wear masks throughout the performance

The story by Hans Christian Andersen was

adapted by Chris Henry, a native of Winthrop, ME. There is additional writing by Indijhan Richard and Lily Ventura.

The Ugly Duckling will star Indijhan Richard and Lily Ventura with Erica Maria Misilo and Emily Anne Davis. The creative team includes original music by Lars Jacobsen, lighting by Joseph Strout, sound design by Andrew Davis, video design by Efra Becerra with a production team including Ann Fairchild and Danny Gay.

Indijhan "Indie" Richard is a 15-year-old actor, singer, and dancer based in New York City. Recent credits include Romeo & Juliet (Mercutio) and Guys & Dolls (Sky Masterson).

Lily Ventura is a 16 year old artist born and raised in NYC. Her most recent credits include playing Marmee in Kidz Theaters adaptation of "Little Women" and playing Mia in The Dwight Schools adaptation of "la la land".

Erica Maria Misilo is a Massachusetts native. where she has been on faculty at Paula Meola Dance & Performing Arts as their contemporary/lyrical teacher and choreographer for their award-winning com-

petition team for the past seven years. She is now a New York City based dancer pursuing musical theater.

Emily Anne Davis started dancing at the age of four with local Southern California dance studios. She studied and competed in multiple dance techniques while growing up, enabling her to continue dance training into college at the University of California, Irvine. In college, Emily performed for many dance troupes and choreographers throughout Southern California, both affiliated with her university and professionally.

ROYAL FAMILY's mission is to galvanize the Times Square community by cultivating raw talent, collaborating with seasoned artists, and inspiring audiences with a diversity of lion-hearted theatre. Royal Family celebrates the work of female artists, playwrights of color, works with LGBTQIA themes, and artists of all ages and body types

Royal Family was established in 2007 by Katie Avebe, Mary Bernardi, Chris Henry and Andy Theodorou as a home for artists wishing to challenge and transform the traditional theatre canon.

Mission Working Dogs at Auburn Library Aug. 11

From Auburn Library

AUBURN - Handlers and dogs from Mission Working Dogs will be at the Auburn Public Library the afternoon of Wednesday, Aug. 11, to talk about their service dog and therapy dog program.

The program was created by Christy Gardner, who has been training service dogs and therapy dogs for the past nine years but wanted to grow that dream to help more Mainers in need. Mission Working Dogs was founded in July 2020 as a local non-profit to do just that. The organization serves to train service dogs and therapy dogs for the local community and has cleared land to build a new training center this fall.

Come meet Christy, their dogs and handlers to learn more about this amazing program!

Christina "Christy" Gardner is a 39-year-old retired Army veteran from Lewiston. She was injured overseas in 2006 and spent nearly five years rehabbing before she was finally able to live on her own again.

She was able to start participating in adaptive sports, thanks to her Service Dog, Moxie. She's now an assistant captain of the US Women's Para Ice Hockey Team as well as an alternate for Tokyo 2020ne in shot put and discus. She also represented the USA



Christy Gardner of Lewiston created Mission Working Dogs in 2020 to train service dogs and therapy dogs for the local community. She will be at Auburn Library on Aug. 11, along with other handlers and dogs, to talk about her program. (Photo courtesy of Auburn Library)

at the Para Surfing World Championships in 2020.

This will be an in-person program. It is family friendly, and will take place in the Androscoggin Community Room. For our planning purposes, registration is required; to register, visit the Events calendar on our website -www.auburnpubliclibrary. org; contact the Reference Desk at 207-333-6640, ext. 4; or email dwallace@ auburnpubliclibrary.org. This program is part of our Adult Summer Reading Program, "Tales with Tails" during which we have been reading, learning, and talking about summer, nature and animals - both wild and domestic! Our next, and final, program in our summer series will feature wildlife rehabilitation with Auburn's own Misfits Rehab. For more information about this and other upcoming programs visit our website or contact us, as above.

KAYAKS IN STOCK NOW! FISHING KAYAKS RECREATIONAL KAYAKS YOUTH KAYAKS

Vacation Bible School at Court Street

From Court St. Baptist day.

AUBURN - Vacation Bible School will be hosted at Court Street Baptist Church in Auburn next week

Sessions will be 6-7:30 p.m. Monday to Fri-

The bible school is presented by Child Evangelism Fellowship of Southern Maine, with a theme of "Discovering Jesus!" Refreshments will be

served. Crafts will be offered if time allows.

All participants will be required to wear a mask during every session.

This is for children ages 7 to 12. Interested families can register their child or children by calling the church office at 784-6661.





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Preble Street launches \$14M campaign

From Preble Street

PORTLAND - Preble Street, a nonprofit human service agency with programs throughout Maine, officially launched a \$14 million campaign this week to support six goals.

Included in the goals are a Healing Center to support survivors of human trafficking, a fund to support emergency services in the face of increasing demand, Consolidation of 24/365 services and shelter for homeless and runaway youth, expanded women's shelter capacity, and investment in high impact advocacy work to advance public policy

A new 40-bed Wellness Shelter to provide services to people experiencing homelessness and complex health/behavioral issues is another of the goals.

The organization continuously reviews its programs and services to ensure it is meeting the changing needs of the community it serves, and the campaign goals came out of that analysis. The first five goals were outlined by the end of 2019, with the Wellness Shelter added after lessons learned from the pandemic.

"During the COVID-19 public health

crisis, Preble Street continued to build capacity, develop new responses, and evolve to meet unique challenges, just as we always do," said Executive Director Mark Swann. "We are thrilled with the support we've received so far. We've raised \$13 million toward our \$14 million goal, allowing us to move forward on several of the campaign initiatives already. To know that our community cares for the people we serve as much as we do, that's really something.'

Preble Street board members and Campaign Co-Chairs, Elaine Rosen and Yemaya St. Clair, have lead efforts through the quiet phase of the campaign and are eager to invite the public to join in this historic and innovative initiative.

"It will be inspiring to cross the finish line with the support of the greater community, knowing how many people's lives will be impacted for good," said St. Clair. "While the needs of our most vulnerable neighbors are greater than ever, so is the generosity of those who can help."

With six \$1,000,000 lead gifts and donations from over 200 individuals, corporations, and foundations, the campaign represents a shared vision to build capacity, develop new responses, and evolve to meet unique challenges faced by people experiencing homelessness and poverty in Maine.

All contributions are welcome, and the organization invites the full community to help reach the goal for this extraordinary campaign to move forward with solutions and hope.

Preble Street is a nonprofit human service agency serving the most vulnerable people in Maine since 1975 through innovative, best-practice, client-centered programs. In addition to the largest direct service emergency food program in northern New England, Preble Street operates low-barrier programs throughout Maine providing 24/365 services for individuals and families, including homeless youth, women, veterans, and survivors of human trafficking.

Learn more at www. PrebleStreet.org

> Send all items for What's Going On to the Editor. Deadline is Friday by five.

Baxter

Continued from page 1

able clothing to move in (and leggings if wearing a skirt, because we might kick up our legs a bit), bring water for hydration, and we generally dance barefoot but lightweight shoes are fine too.

6-7 PM

Irene Drago, author of The Maine Point: Maine's History is Naturally Romantic! - Please join us for a talk with Irene M. Drago as she discusses writing historical fiction. Her books are Daughters of Long Reach and The Maine Point, both available to borrow from the library.

Award-winning author Irene M. Drago grew up in a Navy family. Before moving to Maine, she worked for the Defense Department as a Russian analyst, earned a Master of Arts degree in Spanish language and literature, and taught at the high school and college level. When she fell under the spell of a historic home in Bath, she convinced her husband to follow her to the coast of Maine where she was inspired to write Daughters of Long Reach and its sequel, The Maine Point. Ms. Drago is the recipient of a Next Generation Indie Book Award and a Spirit of Bath Award. In the summer, she and her husband enjoy piloting their boat around Casco Bay with their children and grandchildren. Friday, Aug. 13

10:30-11:15 AM Shaw Cherry Hill Farm - Building Fairy Houses - Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30am. We

plan on spending 45 minutes per excursion. Have you walked at the Shaw Cherry Hill Farm and seen those amazing structures in the woods? Well, let's see what we can do to add to the area! We are going to get hands-on and build fairy houses from the resources we find lying

on the ground. Rain date: August 20th, 10:30

Grants

Continued from page 1

Town of Wayne, Wayne—Working with their town government, the Age-Friendly team in Wayne will install pedestrian crossing signs with flashing beacons to make walking safer for everyone. Age-Friendly Read-

field, Readfield—The project will develop pedestrian pathways between the center of town at the Library, Beach, and Food Pantry and create a vibrant and socially engaged community. Bicycle and Pedestrian Coalition of Maine, South Portland—The project will improve pedestrian and cyclist safety by increasing crosswalk visibility and installing high visibility signage at selected crosswalks.

Age-Friendly Freeport, Freeport— The group will sponsor an accessible hot air balloon ride for people of all abilities to enjoy at a town-side festival.

The Community Challenge grant program is part of AARP's nationwide Livable Communities initiative which supports the efforts of cities, towns, neighborhoods and rural areas to become great places to live for people of all ages.

Since 2017, AARP Maine has awarded 24 grants and \$128,925 through the program to nonprofit organizations and government entities across the state.

View the full list of grantees and their project descriptions at www. aarp.org/communitychallenge and learn more about AARP's livable communities work at www.aarp.org/ livable.

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age. To learn more, visit www. aarp.org





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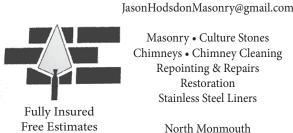




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EVERY TUESDAY 10:30-11:15 a.m.

LEWISTON - Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

1ST AND 3RD TUES-DAYS 11:30 a.m.

LEWISTON - Lew-

iston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

THURSDAY Aug. 5

10:30 a.m.-Noon

GORHAM - Art in the Park - Baxter Memorial Library. Art in the park is an opportunity to paint outside on the lawn. We provide paint, brushes, and paper; you supply the imagination. Bring your lunch to eat while your creation dries. This is a popular family activity. During outdoor programming, masks will only be required when physical distancing is not possible. All ages

Program will be canceled in the event of inclement weather.

4 p.m.

AUBURN - Cable TV Advisory Board meeting

5:30 p.m.

– Au-AUBURN burn-Lewiston Airport Board meeting. 7 p.m.

LEWISTON - Lew-

iston comedian Dawn



Send your submissions to the Editor. More online.

Hartill will host the Gendron Franco Center's Comedy showcase featuring Randy Williams, Tuck Tucker, and Dennis Fogg in Heritage Hall of the Gendron Franco Center. Enter through the Oxford Street entrance.

FRIDAY Aug. 6

6 p.m. AUBURN - Underground Improv, a troupe of some of Maine's funniest comedians, will perform a night of improv comedy at Craft Brew Underground, 34 Court Street, Auburn.

8 p.m. LEWISTON - Stargazing in Kennedy Park LIVE and in-person - No reservations required. In case of rain, program will be streamed LIVE on Facebook from the library.

SATURDAY Aug.7

7 p.m.

AUBURN - Maine Event Comedy presents Boston's Chris Post at Craft Brew Underground.

MONDAY Aug.9

9:30-9:50 a.m. GORHAM - Babies

on the Lawn - Baxter Memorial Library. Bring your baby and a blanket to join us for an interactive, socially distanced, outdoor lap-sit program. Ms. Dani will present stories, songs, rhymes and fun for babies 0- 18 months and their caregivers. Masks will only be required when physical distancing is not possible.

Program will be canceled in the event of inclement weather. 10 a.m.-10:30 a.m.

GORHAM - Toddlers on the Lawn - Baxter Memorial Library. Join Ms. Dani on the lawn as she uses stories, music, and movement to present and enhance early literacy skills and foster a love of reading. Mask will only be required when physical distancing is not possible. Ages 18 months to 3 years.

Program will be canceled in the event of inclement weather.

5:30 p.m.

LEWISTON - Planning Board meeting, via ZOOM. The Planning Board Agenda and information for this meeting will be available on the website on the Friday before the meeting date.

5:30-6:30 p.m. LEWISTON - Finance Committee meeting, at City Hall Administrator's Conference Room. 6:30 p.m.

POLAND - At Poland Spring Resort. The Poland Spring Preservation Society presents the Sunset Series of concerts. This week: Anni Clark

Aug. 10 10 a.m.-11 a.m. ter Memorial Library.

What a great way to celebrate Shark Week! Join us on the lawn as Shark book author Mary Cerullo shares info from her latest book! "Sharks are often depicted as scary people-eaters, but these skilled predators are essential to sustaining the health of the world's oceans. What if the services that sharks provide to the ocean ecosystem looked like the jobs that

humans do on land? A visit to an aquarium helps a young girl imagine the important jobs that sharks do in the ocean. Recognizing some of the things we have in common may make people want to work to protect sharks from their top predators: us! We'll share the story behind the story of Sharks at Your Service and plenty of time to ask your most pressing shark questions. If you think that all sharks are scary, Sharks at Your Service, Mary Cerullo's latest books on Sharks (#8!) will show you sharks in ways you never imagined. You will say, "Good work, sharks!"" All ages

Rain date Aug. 11 -10 a.m. 6 p.m.

AUBURN - Plan-

ing

ning Board meeting. 7 p.m.

GORHAM - Conservation Commission meet-

WEDNESDAY Aug. 11

4-5 p.m. AUBURN - Meet mission working dogs! In the Androscoggin Community Room at Auburn Public Library. Registration is required; to regis-

ter, visit the Events calendar on our website - www. auburnpubliclibrary.org; contact the Reference Desk at 207-333-6640, ext. 4; or email dwallace@ auburnpubliclibrary.org.

4:30 p.m.

AUBURN - Lewiston-Auburn Transit Committee (LATC) meeting. 6:30 p.m.

AUBURN - Parks & Recreation Advisory Board meeting. 7 p.m. GORHAM - School

Committee meeting. THURSDAY

Aug. 12 1-2 p.m.

Thursday, August 5, 2021



FOR SHOWTIMES

GORHAM - Baxter Memorial Library -Learn on the Lawn - West African Dance with Marita Kennedy-Castro

Dance and drumming are a rich part of culture and community in Guinea. There are traditional rhythms and dances that accompany all manner of life's passages and natural cycles, including births, weddings, comingof-age ceremonies, the planting and harvesting of crops, full moons, and celebrations of many sorts. Wear comfortable clothing to move in (and leggings if wearing a skirt, because we might kick up our legs a bit), bring water for hydration, and we generally dance barefoot but lightweight shoes are fine too.

6-7 p.m.

GORHAM - Baxter Memorial Library. Irene Drago, author of The Maine Point presents Maine's History is Naturally Romantic! Please join us for a talk with Irene M. Drago as she discusses writing historical fiction. Her books are Daughters of Long Reach and The Maine Point, both available to borrow from the library.

> FRIDAY Aug. 13 10:30 a.m.-11:15

a.m.

Cherry Hill Farm - Building Fairy Houses. Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30am. We plan on spending 45 minutes per excursion.

Have you walked at the Cherry Hill Farm and seen those a.m.azing structures in the woods? Well, let's see what we can do to add to the area! We are going to get handson and build fairy houses from the resources we find lying on the ground.

Rain date: Aug. 20-10:30 a.m.

2 p.m. & 7 p.m.

GREENE- Bluegrass band the Katahdin Valley Boys perform at the Sawver Memorial on August 13 at 2&7PM. 371 Sawyer Rd, Greene. FMI 946-5311.

MONDAY Aug. 16 5:30 p.m.

AUBURN – City Council workshop and meeting.

6:30 p.m.

POLAND - At Poland Spring Resort. The Poland Spring Preservation Society presents the Sunset Series of concerts. This week: Cobblestone.

7 p.m.



TUESDAY GORHAM - Sharks w/ Mary Cerullo - Bax-



GORHAM - Shaw

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WASHINGTON, D. C. - APRIL 7 - 13, 2022 Trip includes 6 nights -10 meals - Two guided tours of Washington

D.C. memorials. Eve-

ning guided tour of

Memorials and Mon-

uments, Admission to New Bible Museum, Tram ride through Arlington National Cemetery, Admission to George Washington's Mount Vernon and more.

Page 15

questions and For detailed information on any of these trips, please call Claire -207-784-0302 H - 207-576-8604 C or Cindy - 207-345-9569

YARD SALE

August 14 (Rain Date: August 21) 9-noon Robie Gym Lawn, 42 South Street, Gorham, ME. Fundraiser for Alpha Delta Kappa Educational Scholarships.

> Send all items for What's Going On to the Editor. Deadline is Friday by five.

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