

Maine Expansion Arts Fund open for grants



Annadeene Fowler and Ashley Megquire created the first of five art crosswalks in Belfast in May. (Photo by Zach Schmesser, Our Town Belfast)

From Maine CF

ELLSWORTH & PORTLAND -The Maine Community Foundation's Maine Expansion Arts Fund is accepting proposals from nonprofits for grants of up to \$10,000 for arts organizations and artsbased programs in Maine.

The organization must serve rural communities and/or Black, Indigenous, and other people of color, particularly in areas with limited access to the arts.

The deadline for grant applications is Sept. 15. An online application, guidelines and a list of recent grants are available at www.mainecf.org.

Recent grantees include the Maine Forestry Museum, Rangeley, to promote, expand and preserve the folk art traditions of clogging, bluegrass/folk music, and childhood oral lore

Another grantee is Our Town Belfast, to add artwork to the city's downtown crosswalks, increasing visibility and safety while creating visual interest

And University of Maine Foundation, Hudson Museum, Orono, received a grant to create and promote a virtual Wabanaki Winter Market, including educational content and a Wabanaki Artist Directory.

The Maine Expansion Arts Fund is a collaborative effort of the National Endowment for the Arts, Lillian M. Berliawsky Charitable Trust, Maine Community Foundation, and Maine Arts Commission to strengthen and ensure the future of artistic traditions in Maine. Additional funding has been provided through the Elizabeth Laughlin Anderson Memorial Fund at the Maine Community Foundation and a significant gift in 2021 from MacKenzie Scott and Dan Jewett.

For more information about the fund, please contact MaineCF Senior Program Officer Leslie Goode at 207-412-2002 or by e-mail at lgoode@mainecf.org.

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, Mars Hill and Rockport, the Maine Community Foundation works with donors and other partners to provide strong investments, personalized service, local expertise, and strategic giving to improve the quality of life for all Maine people. To learn more about the foundation, visit www.mainecf.org.

Challenge to house 100 veterans in **100 days**

From Preble Street

PORTLAND - Preble Street Veterans Housing Services last week kicked off the 100 Veteran Challenge, a campaign to house 100 Maine Veterans in 100 days, ending on Veterans Day.

In partnership with Easterseals, Furniture Friends, Maine Bureau of Veterans' Services, Maine Veterans in Need, Maine Veterans of Foreign Wars, the Veterans Administration, Veterans Inc., Volunteers of America Northern New England, and Welcome to Housing, the Challenge needs landlords willing to rent to homeless Veterans and their families.

Veteran homelessness is a serious and ongoing issue in Maine and across the country, and COVID-19 and the affordable housing crisis have only presented more challenges and made life harder for our nation's heroes. In our state, Veteran homelessness has increased 84% in since the pandemic began, and the amount of time it takes to connect people to housing has extended from an average of 86 days to 232 days.

"We all agree that no Veteran or their family should face homelessness or hunger, but that's the reality for too many Veterans in our state right now," said Dan Hodgkins, Senior Director of Veterans Housing Services at Preble Street. "The 100 Veteran Challenge will make a big difference to many of these families, and it's a real statewide, community effort. We have almost a dozen organizations working together to make this campaign a success, and many of us have worked together for years as part of the Maine Homeless Veterans Action Committee (MHVAC). Some of us are providing outreach, casework, and housing connections, while others are donating furniture, move-in assistance, and other critical resources "

The 100 Veteran Challenge uses a housing surge intervention model recommended by HUD, and is seeking landlord partners to pledge available units to Veterans in need.

"The work of the Maine Homeless Veterans Action Committee has made a major impact on our state's Veteran community — and in light of the challenges of the COVID-19 pandemic, their efforts are more needed than ever before," said Senator Angus King. "The 100 Veteran See Veterans, page 11

New beverages from Sebago Brewing

GORHAM - Sebago Brewing Company in Gorham just released three new beverages for the summer.

ON A BOAT

On A Boat is a clean dry hopped pale ale for hot summer days -- preferably on a deck or dock. Sebago brewed this highly crushable boat beer in collaboration with Crosby Hops, made with 100% of the new Triumph hop variety. It's Sebago's first collab with Crosby, inspired by the epic boat party two years ago at the Maine Brewers' Guild summer session.

Crisp and clean, with apricot, floral, and herbal notes, On A Boat is the beer you've been waiting all summer for.

CONTEST ALERT: Sebago Brewing is giving away two \$50 gift cards! To enter, just follow them on Instagram or Facebook, take a picture of On A Boat on a boat -- canoe, pontoon, yacht, you name See Sebago Brewing, page 9



A beer called Yellow On Friday is a nod to Brad Monarch, Sebago Brewing's co-founder, president and resident fashion plate, who always wears a yellow shirt on Friday. (Photo courtesy of Sebago Brewing)

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Newsmakers, Names & Faces Fr. Chouinard memorial dedication Sept. 12

From Portland Diocese

LISBON FALLS -Current and former parishioners, community members, and others will gather together in Lisbon Falls on Sunday, Sept. 12, to pay tribute and remember Fr. Lionel Chouinard the beloved former pastor of Holy Trinity Church who died in 2019.

A special memorial dedication and celebration will begin with a 10:30 a.m. Mass, celebrated by Bishop Robert Deeley, followed by a light meal, and the dedication. Distinguished guests from throughout Fr. Chouinard's time in Lisbon Falls are scheduled to participate in the event which will be held at Holy Trinity, located on 67 Frost Hill Avenue.

Born in Lewiston, Fr. Chouinard completed his clerical studies at St. Mary's Seminary in Baltimore, Maryland, and was ordained to the priesthood by Bishop Daniel J. Feeney, on May 22, 1965, at the Cathedral of the Immaculate Conception in

Portland.

In over 50 years of active ministry, Fr. Chouinard served in parishes in Augusta, Machias, Madawaska, Mexico, Lewiston, Peaks Island, and Sabattus, as well as Lisbon Falls, where he spent over 17 years and oversaw the construction of a new parish center.

In addition to his work in parishes, Fr. Chouinard has served as president of the Diocesan Senate of Priests (now known as the Presbyteral Council), a member of the College of Consultors, Vicar Forane of the then Oxford-Franklin Deanery, chaplain for the Knights of Columbus and the Daughters of Isabella, a chaplain at Saint Dominic Academy, and an auxiliary chaplain for the U.S. Air Force Base in Bucks Harbor.

If you plan to attend the gathering on September 12, please call Prince of Peace Parish, of which Holy Trinity is a part, at (207) 777-1200 so the parish can get an idea of the number of meals that will be required.



Fr. Lionel Chouinard, the former pastor of Holy Trinity Church in Lisbon Falls (Photo courtesy of Portland Diocese)

Two businesses sweeten deal for contest

From LA Metro Chamber

LEWISTON - With just under two weeks remaining before the JumpstartME contest deadline, two businesses have sweetened the prize package for one future Lewiston Downtown Business District operation.

Local architectural firm Platz Associates has offered their services to the contest winner, and Dojo Digital will be contributing a website, domain, hosting and emails for the first year. Platz Associates and Dojo Digital join Rinck Advertising, Skelton, Taintor & Abbott, Austin Associates, the Downtown Lewiston Association, LA Metro Chamber, and Androscoggin Network Builders in a combined grand prize package value of more than \$80,000. The Downtown Lewiston Association along with the Lewiston Auburn Metropolitan Chamber of Commerce earlier this year launched JumpstartME: a competition to attract high quality, viable businesses to the Lewiston Downtown Business District. Aimed at businesses in the food and beverage industry, the competition aimed at established and startup businesses alike has a deadline fast approaching.

"This is one of the things about Lewiston that I really love - a commitment of our existing local businesses large and small to bettering our community." said Michael Dostie, President of the Downtown Lewiston Association. "We knew a big challenge with launching this competition was going to be the timing as we slowly emerge from the pandemic; too soon and businesses wouldn't be confident patrons would be ready, but too late and we'd miss the opportunity. From the interest in applicants and other community businesses coming forward to enhance the grand prize package, I'd say we hit the nail on the head for timing. It's an exciting relief."

Indeed, the contest has more than 20 serious competitors join the two info sessions held to date, with 5 applicants submitting well ahead of the Aug. 15 deadline.

The LA Metro Chamber, who is administering the contest, has already extended 3 invitations to Phase 2, notifying applicants with additional details regarding the location at 120 Lisbon Street. Tours of the open concept, street level location will occur for successful Phase 1 applicants in mid-August.

"We are excited by not only the interest we have seen, but the quality of applicants and diversity of businesses submitting to the contest", said LA Metro Chamber President + CEO, Shanna Cox. "While we won't know the winner for a bit more than a month, the contest has already met the key goals of increasing awareness of the district to businesses and investors alike, as well as building a strong prize package from generous local businesses invested in seeing new businesses in the district succeed. It speaks volumes about what any business owner in the district can expect for local support."

Applications will be accepted on a rolling basis through Aug. 15.

Applicants meeting the criteria will be invited to

apply to the second phase, which has a Sept. 3 deadline

The LA Metro Chamber will host an open support session for phase 1 and 2 applicants at the Chamber, 415 Lisbon Street, Lewiston from 9-11 a.m. this Saturday

Questions may be directed to info@lametrochamber.com.

The full application, overview, criteria, and FAQ's are available at https://lametrochamber. com/jumpstartme/

An organization of community-minded businesses that serves Lewiston, Auburn, and surrounding communities, the Lewiston Auburn Metropolitan Chamber of Commerce is an engine for economic vitality and enhanced quality of life. Through issues advocacy, workforce development, and professional networking, the LA Metro Chamber helps business and community build, lead, and thrive. (lametrochamber.com)

An organization committed to positioning the Downtown Lewiston Commercial Area as the cultural and economic heart of the region, the Downtown Lewiston Association's membership includes the business community, non-profit organizations, residents, and friends of downtown who share a collective vision for a vibrant and dynamic downtown in Lewiston. They achieve their vision through collaborative advocacy efforts, marketing their distinctive assets, fostering economic development, expanding cultural offerings, and promoting community-based events.



WHY PEOPLE CHOOSE

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Newsmakers, Names & Faces Fisher house dedicated at Togus

From Fisher House

AUGUSTA - The first Fisher House in Maine was officially dedicated last week in a ceremony postponed by the COVID-19 pandemic after the building opened in February of 2020.

Fisher House Foundation President David Coker and VA Maine Healthcare System Medical Center Director Tracye B. Davis dedicated the VA Maine Fisher House in a ceremony at the Togus VA Medical Center in Augusta

Since opening its doors, the VA Maine Fisher House has cared for 550 guests while their loved ones received medical care. Special precautions have been taken including social distancing and increased cleaning procedures.

"The opportunity for me to stay at Fisher House and spend so much time each day with Rex has made such a difference for both of us," said VA Maine Fisher House guest Susie Daugherty. "In the midst of the most frightening and depressing chapter of our 40-year marriage, we have received this amazing, spirit-lifting gift of time together, and for me to be able to return each night from the hospital to this perfectly beautiful home away from home is so comforting."

The 13,500 sq. ft. home provides lodging for families of Veterans at no cost, allowing them to be with their loved ones while they undergo treatment at the at the Togus VA Maine Medical Center. The new home away from home will mean a savings to Veteran families of more than half a million dollars each year.

This is the 86th Fisher House located across the country and in Germany and the United Kingdom.

Another five houses were opened during the pandemic, bringing the total number of Fisher House to 91.

The VA Maine Fisher House is in an area where many Veterans drive long

distances to receive specialized care.

"We are grateful to have such a wonderful resource available in Maine for our Veterans and active duty service members. These comfort homes greatly enhance VA Maine's ability to provide access to exceptional health care for Veterans," said Davis.

"I am honored to finally be part of the VA Maine Fisher House dedication," Coker said. "Despite the challenges of COVID-19, the Fisher House has done an amazing job supporting families during these challenging times."

The VA Maine Fisher House has 16 handicap accessible guest suites, a spacious kitchen, large communal living, dining and family rooms, laundry room and an outdoor patio. The home was gifted to VA as part of the dedication ceremony.

Fisher House Foundation proudly recognizes



The VA Maine Fisher House was finally dedicated last week in a ceremony at the Togus VA Medical Center in Augusta, after a postponement caused by the COVID-19 pandemic following the opening of the building in February, 2020. (Photo courtesy of Fisher House)

the generosity of the following contributors for their extraordinary support of our military and Veterans' families: the Wohlers Family Foundation, Fisher House of Boston, Inc., Ruby W. & Lavon P. Linn Foundation, Vehicles for Veterans, and the many gifts of a grateful nation.

Fisher House Foundation is best known for its network of 91 comfort homes where military and Veteran families can stay at no cost while a loved one is receiving treatment. These homes are located at major military and VA medical centers nationwide, and in Europe, close to the medical center or hospital they serve. Fisher Houses have up to 21 suites, with private bedrooms and baths.

Families share а common kitchen, laundry

facilities, a warm dining room and an inviting living room

Fisher House Foundation ensures that there is never a lodging fee. Since inception, the program has saved military and Veteran families an estimated \$525 million in out-of-pocket costs for lodging and transportation.

Learn more at www. fisherhouse.org

Vape-Free Schools Scholarship Fund launched

From ALA

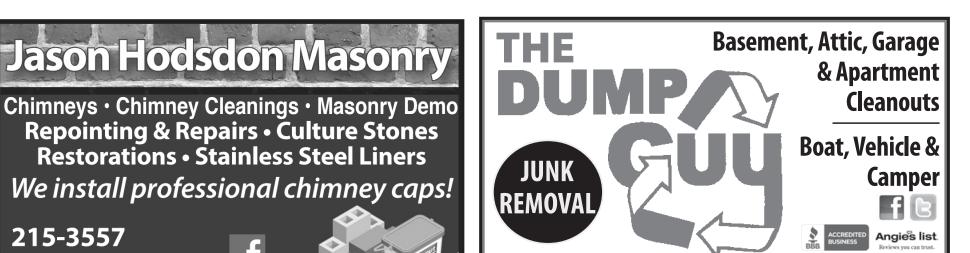
AUGUSTA - Currently, nearly 1 in 5 teens are vaping, and close to 1 in 4 teens are using at least one tobacco product - becoming the next generation

addicted to tobacco. In Maine, high school

tobacco use rates are 33%. Last Thursday, the American Lung Association announced the Vape-Free Schools Scholarship Fund, a new effort to fund schools' implementation of the Vape-Free Schools Initiative so that more kids can access cessation, support and education.

The scholarship drive seeks to raise funds to give schools across the country access to the program. With a cost of \$400 per training seat, the goal is to raise \$400,000 to serve 1.000 schools in need by the end of 2021. Through this scholarship drive, the Lung Association will enable faculty and students in Maine to access the Lung Association's proven vaping intervention and cessation programs.

"With 33% of Maine high school students using tobacco products, our communities need help in supporting students impacted by tobacco use. As the nation's trusted champion of lung health, the American Lung Association is proud to off offer Maine schools, See Scholarship, page 9



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New art on display at CMCC



'West Pitch Winter', a photograph by Richard Plourde, is on display at Central Maine Medical Center as part of the Woman's Hospital Association (WHA) Rotating Art Gallery. (Photo courtesy of WHA)

From WHA

LEWISTON - The Woman's Hospital Association (WHA) Rotating Art Gallery at Central Maine Medical Center in Lewiston is now displaying the photography of Richard Plourde and the art of Sarah Martin.

A resident of Lewiston, Plourde has had a lifelong passion for being artistically creative. The former Art Director for the Geiger owned, Lewiston-based publication, "Farmers' Almanac", he designed each annual edition. More recently, Richard volunteered his creative skills to create an engaging new web site for the Androscoggin Historical Society, subsequently being awarded "Volunteer of the Year" by the Society for his efforts. He has become locally known for his stunning photos of Lewiston-Auburn highlighting popular locations and iconic structures; several of his photos can be seen promoting the city, events, and economic development.

Martin's interest in acrylic painting began four years ago when she found painting lessons on Youtube by Cinnamon Cooney who is often known as the Art Sherpa. This was just before her diagnosis of MS. In painting whimsical scenery and abstract art, "I have used painting as a form of therapy to help me cope with the ups and downs of my illness".

The works on display may be purchased through the WHA Gift Shop located adjacent to the main lobby at Central Maine Medical Center. As a result of the hospital safety precautions due to the pandemic, the art gallery is only available for viewing for staff, patients, and their designated visitors at this time. A percentage of sale proceeds benefits patients of CMMC.



'Bear' by Sarah Martin is one of the works on display at Central Maine Medical Center as part of the Woman's Hospital Association (WHA) Rotating Art Gallery. (Photo courtesy of WHA)

DEPARTMENT OF AGRICULTURE Rural Development

NextGrid Peppertree, LLC: Notice of Availability of an Environmental Assessment AGENCY: Rural Business-Cooperative Service (RBS), USDA ACTION: Notice of Availability of an Environmental Assessment

SUMMARY: Notice is hereby given that the RBS, as required by the National Environmental Policy Act, is issuing an environmental assessment (EA) in connection with possible impacts related to a project proposed by NextGrid Peppertree, LLC. The proposal is for construction of a 5.665-megawatt (MW), groundmounted solar photovoltaic facility (solar farm). NextGrid Peppertree, LLC has submitted an application to the RBS for funding of the proposal.

FOR FURTHER INFORMATION CONTACT: Brian Wilson, P.E., Business & Cooperative Programs Director, USDA Rural Development, 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767, 207-990-9125, brian.wilson@usda.gov.

SUPPLEMENTARY INFORMATION: NextGrid Peppertree, LLC proposes to construct a 5.665-MW solar farm on an approximately 20-acre site which contains agricultural land and forestland. Approximately 20 acres of the project site would be disturbed as a result of the construction activities associated with this project. The Proposed Project Area would be located onth of Lewiston Junction Road, near the intersection of Torrey Road and Lewiston Junction Road in the town of Poland, Androscoggin County, Maine. The Proposed Project would interconnect to the Central Maine Power (CMP) pre-existing electrical distribution system. The power generated from the facility would be sold to CMP through a long-term Power Purchase Agreement (PPA). The Proposed Project would be accessed from Lewiston Junction Road. An interior road would be constructed inside the perimeter and is anticipated to be flat and would match existing grades to minimize earth work. The Proposed Project Area would be security force with standard gates for emergency and maintenance vehicle access

True North Consultants, Inc., an environmental consultant, prepared an environmental assessment for RBS that describes the project, assesses the proposed project's environmental impacts, and summarizes as applicable any mitigation measures used to minimize environmental effects.

NextGrid Peppertree, LLC intends to seek financial assistance from USDA, RBS for the construction and operation of a solar farm. The Proposed Project consists of a fixed-tilt solar array installed on ground screws as supports connected to racks of solar panels. The Proposed Project Area is currently undeveloped forestland and cleared forestland.

If implemented, the Proposed Project will result in approximately 1,930 ft2 of wetland fill from the construction of an access road, resulting in permanent loss. Additionally, there will be approximately 5,590 ft2 of wetland vegetation (i.e., conversion of scrub-shrub wetland vegetation to emergent wetland vegetation with no grubbing required). The functions and values of the wetland areas not being grubbed or filled will be maintained as those associated with wet meadow and emergent wetlands. These wetlands will continue to provide groundwater recharge/discharge, sediment and nutrient removal, wildlife habitat and other valuable functions for the duration of the Proposed Project. Fill associated with the access road, however, will result in permanent loss of wetland function and value. In accordance with Executive Order 11990, Protection of Wetlands, and USDA Departmental Regulation 9500-3, Land Use Policy, the purpose of this notice is to inform the public of this proposed conversion or effect and request comments concerning the proposal, alternative sites or actions that would avoid these impacts.

The environmental documentation regarding this proposal is available for review at 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767. For questions regarding this proposal, contact Brian Wilson, P.E., Business & Cooperative Programs Director,

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USDA Rural Development, 967 Illinois Avenue, Suite 4, Bangor, Maine 04401-2767, 207-990-9125, brian.wilson@usda.gov.

Any person interested in commenting on this proposal should submit comments to the address above by August 19, 2021.

RBS has conducted an independent evaluation of the environmental assessment and believes that it accurately assesses the impacts of the proposed

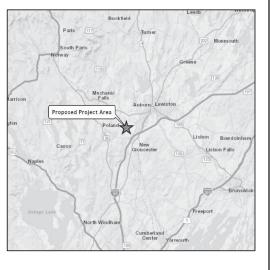
project. No significant impacts are expected as a result of the construction of the project.

Questions and comments should be sent to RBS at the address provided. RBS will accept questions and comments on the environmental assessment for 14 days from the date of publication of this notice.

Any final action by RBS related to the proposed project will be subject to, and contingent upon, compliance with all relevant Federal environmental laws and regulations and completion of environmental review procedures as prescribed by 7 CFR Part 1970, Environmental Policies and Procedures.

A general location map of the proposal is shown,

Dated: August 5, 2021.



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Guest Essay WAA Stem to Stone Weekend Awards



Lee Gentry, Executive Vice President, Bennett Family of Companies, and Donna Padgett, Sr. Director of Financial Planning & Analysis Operations Manager accept the Wreaths Across America annual James Prout Sprit of Giving Award on behalf of Bennett, which is located in Columbia Falls, ME and McDounough, GA. The award was presented at the WAA Stem to Stone Weekend in July. (Photo courtesy of WAA)

By Karen Worcester

As I'm writing today I am doing so coming off an emotion-filled few days. Wreaths Across America's Stem to Stone Weekend, which took place in July, is designed

to help our volunteers fully understand the mission. Each year, as the event plays out, the team here at WAA learns as much as we teach. All of our volunteers have their own "WHY" but as we spend precious hours together, we are bonded by our love of Country, community and each other.

Many of our dedicated volunteers who participated in the event took the time to share stories of the effort taking place in their towns and cities to rally around and support the mission. Everybody truly plays a part (WAA theme in 2019). We heard many examples of people carrying out selfless acts to involve whole towns in honoring the sacrifice of our veterans. People being Americans Worth Fighting For (WAA theme in 2020).

And most importantly we heard how their yearlong process of having a WAA event brings kids and veterans together to teach courage and character and the importance of "Living up to their legacy" (WAA theme for 2021). The testimonies of these people and other giving-Americans have inspired our themes in the past, as they have our soon-to-be-announced theme for 2022.

At its annual Stem to Stone event in Maine, Wreaths Across America (WAA) recognized Bennett Family of Companies of Columbia Falls, ME, and McDounough, GA, as the sixth recipient of the organization's annual James Prout Spirit of Giving Award.

PenFed Credit Union nities to come together to of Tysons, VA, the nation's second-largest federal credit union, today proudly announced it earned Wreaths Across America's TEACH Award, given annually to a group or individual who has made a large contribution to teaching the next generation to remember and honor those who serve in our nation's military.

South Portland resident Brayden "Brady" Kirk is the fourth recipient of the organization's LEARN Award. This award given semi-annually to a young individual who has learned, and understands, the Wreaths Across America mission and incorporates it into their young life.

The REMEMBER Award was presented to The Fran Haasch Law Group of Tampa Bay, FL

Although WAA is most known for placing wreaths on veterans graves during the holidays, our year-round mission is an opportunity for commureconnect and share the comfort that that brings. Common ground is found in our respect and love for those who fought for our freedom. Common ground strengthens communities.

Page 5

I came away from the weekend's events hopeful and excited as I worked with people from all over the country gathered to reboot our commitment to share the stories of heroes from generations before with our children.

Patriotism begins at home, then reaches to community and Country. Without the passion of our dedicated volunteers -- two million strong -- we could not carry out our mission. Our mission, which brings communities together with a common goal.

> With gratitude, **Karen Worcester REMEMBER.** HONOR. TEACH.

Karen Worcest is the Executive Director of Wreaths Across America. based in Columbia Falls, ME

Free 'Living Well with Diabetes' Workshop

From HL4ME

AUGUSTA - Healthy Living for ME is offering a free workshop to help individuals with diabetes improve their management of the disease and their overall wellbeing, beginning on Aug. 10.

Topics covered in the workshop include techniques to deal with the symptoms of diabetes such as fatigue, pain, hyper/ hypoglycemia, stress, depression, anger, fear and frustration; appropriate exercise for maintaining and improving strength and endurance; healthy eating; appropriate use of medication; and guidance on working with healthcare providers.

"Living Well with Diabetes" is offered via Zoom and is open to adults of any age in Maine dealing with diabetes and its symptoms. Caregivers and/or supports of those living with diabetes are also encouraged to register. Additionally, people who would like to join the workshop but do not have access to the necessary technology may be eligible to borrow a device through Healthy Living for Maine's iPad loaning program in order to participate in the workshop. "Living Well with Diabetes" is scheduled to begin Tuesday, Aug. 10,, and will meet each Tuesday for six weeks. Later in the fall,

Healthy Living for Maine will also be offering "Living Well with Diabetes" for additional six-week sessions, with one beginning on Friday, Oct. 8, and another beginning on Tuesday, Nov. 9. Registration for each of these series is now open.

This series is free for any adult Mainer dealing with diabetes, but advance registration is required. Please contact Healthy Living for ME at 1-800-620-6036 or info@

healthylivingforme.org for more information and to register.

Attendees can also register at www.healthylivingforme.org.

To learn more about this, and other workshops offered by Healthy Living for ME, visit www.healthylivingforme.org.

Healthy Living for ME is the Network Lead Entity (NLE) of a Community Integrated Health Network (CIHN) which encompasses evidence-based

programs, as well as health and wellness and Community Health services. All scheduled workshops are listed at healthyliv-

ingforme.org. Its mission is to coordinate and align community resources to improve the health and wellness of the people

of Maine. FMI or to find a workshop, visit: healthylivingforme.org or find them at Facebook @HLforME.





Walker, **4-Landscape Equip.:** Permagreen Magnum Ride-On Granular & Liquid Sprayer, (3) LT Rich Z Ride-On Granular & Liquid Sprayer, **7-Sweepers:** 2013 Isuzu NQR, 1998 Isuzu NPR, 1996 Ford CF7000, (4)Elgin Pelican, 4-Cab & Chassis: 2014 Ford F350SD(4x4), 2004 IH 4200, 1999 IH 4700, 2005 ISuzu NPR, Utility Trk: 2011 Ford F250XL, 3-Stake Trks: 2013 Ford F350XL, (2)2008 Ford F250XL, Flatbed Dump Trk: 2003 Ford F650XL, 23-Dump Trks: (4)Ford F550XL, 2003 Ford F450XL, (2)Ford F350XL, 2008 Ford F250XL, 1994 Ford L9000 2009 IH 7600(t/a), 2002 IH 7500(tri), 1999 IH 2574(t/a), (4)IH 2554, (3)IH 4900, 2002 IH 4700. (2)1995 GMC Topkick, 1992 GMC Kodiak, **Trk Tractor:** 1990 IH F9370(t/a), **6-Pickups:** 2018 Ford F150STX, (2)Ford F150XL, (2)Ford Ranger, 2002 Chevy 2500HD, Detachable Trailer 1998 Fontaine Specialized(tri), Equip. Trailer: 2002 Interstate 40DLA(t/a), 2-Tagalongs: 2008 Quality(t/a), 2005 Homemade(t/a), Water Trailer: 2014 Homemade(550gal., t/a), Dump Body: Everest 10ft Steel, 39-Snow Equip .: (2)Arctic 16HD 16ft. Sect. Snow Pusher, Arcti 14HD 14ft. Sect. Snow Pusher, Arctic 13LD 13ft. Sect. Snow Pusher, (2)Arctic 12LD 12ft. Sect. Snow Pusher, Arctic 10LD 10ft. Sect. Snow Pusher, Protech SP16L Snow Pusher, Protech 12ft. Snow Pusher, Protech PB12 12ft. Snow Pusher, Protech IS10S 10ft. Snow Pusher, Kage KBSS 14.5ft. Snow Plow Box Syst. Kage SB120 10ft. Snow Plow Box Syst. Cat 10.5ft. Sect. Pusher, 14ft. Snow Pusher, (2)10ft. Snow Pusher, 10ft. Power Angle Pusher (4)Fisher Xtreme V 9.5ft. Power Angle Plow, (2)Fisher Minute Mount 2 10ft. MC Power Angle Plow, Kage SB120 10ft. Power Angle Plow, 6ft. Power Angle Plow, Boss 6ft. UTV Powe Angle Plow, Qtv. of Asst. Power & Fixed Angle Plows, Henderson 13ft, SS Sander, Down Easter 9ft. SS Sander, (2)Down Easter 8ft. SS Sander, Down Easter 7ft. SS Sander, Down Easter SS Tailgate, Bobcat SB200 Snow Blower, (2)240XL Snow Blower, JRB Snow Plow 4-Pressure Washers, 4-Scrap Recycling Equip, 4-Fuel Tanks, 37-Attachments: (28)Skid Steer, Qty New & Used Tires, 141-New & Used Support Equip.

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SATURDAY, AUGUST 21st @ 9:30 AM • AUBURN, MAINE

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Junction Bowl summer league scores

From Junction Bowl

GORHAM – The Monday night bowling league on the lanes at Junction Bowl on Railroad Avenue in Gorham saw action the past two weeks, with God Squad grabbing the high scores both nights.

Scores include the player handicap.

Week 5

God Squad was led by Ryan Reno with a 746 as it rolled for 3 games and the weekly team series against Pocket Pounders, 2602-2282.

God Squad Ryan Reno 229-260-257 – 746 Tony Valley 185-202-197 – 584 Jordan Bretton 256-226-198 – 680 Andrew Rent 180-200-212 – 592 **Pocket Pounders** Myles Petrin 193-205-219 – 617 Brian Darling

184-180-165 – 529 Nathan Hopkins 188-214-143 – 546 Robbie Plummer 210-185-195 – 590

The Empire Strikes Back struck down Ice Trae with all 3 games and the weekly team series, 2310-2125

> **The Empire Strikes Back** Alex Benner 233-183-203 – 619 Nick Calvert 187-206-173 – 566 Aidan Underwood 174-1292-225 – 591

Sebastian Pettitt 178-189-167 – 534 **Ice Trae** Nick Strout 163-191-193 – 547 Trevor Loubier 159-160-152 – 471 Aidan Owens 172-222-179 – 573 Substitute 191-169-174 – 534 Pin Me Please fin-

ished the night with 2 games and the weekly team series against JB House Team, 2321-2252.

Pin Me Please Ashley Calvert 180-193-184 – 557 Heather Lavallee 161-197-182 – 540 Rick Cormier 184-234-201 – 619 Lindsay Duplin 201-219+185 – 605 **JB House Team** Jonathan Ruppel 155-174-198 – 527 Substitute 167-200-199 – 566 Substitute 174-190-220 – 584 Substitute 202-172-201 – 578 **Week 6**

God Squad held off The Empire Strikes Back by 2 games to 1 and took the weekly team series, 2310-2221. The Squad rolled the high team score for the night.

> **God Squad** Ryan Reno 155-210-192 – 557 Tony Valley 160-192-193 – 545 Jordan Bretton 207-223-211 – 641 Substitute

207-178-188 – 567 **The Empire Strikes Back** Derek Haney 230-176-184 – 590 Nick Calvert 184-192-168 – 544 Aidan Underwood 197-179-157 – 533 Sebastian Pettitt 171-187-196 – 554 Pocket Pounders took

2 games and the weekly team series against JB House Team, 2288-2164. **Pocket Pounders** Myles Petrin

217-171-181 – 569 Brian Darling 182-186-202 – 570 Nathan Hopkins 221-209-196 – 626 Robbie Plummer 172-178-173 – 523 JB House Team Amanda Morneau 174-161-173 – 508 Jonathan Ruppel 155-175-199 – 529 Ryan Morneau 182-196-191 – 569 Tom Morneau 176-167-215 – 558 Pin Me Please was paired with an absent Ice Trae for all 3 games and the weekly team series, 2220-2106.

> **Pin Me Please** Ashley Calvert 216-181-200 – 597 Heather Lavallee 204-147-189 – 540 Rick Cormier 169-183-157 – 509 Lindsay Duplin 222-177-175 – 574 **Ice Trae** Blind 2106

Wiscasset Creative Alliance wins ME Arts grants



Members of Downeast Brass perform on the street as part of the Wiscassett Schoonerfest. The Wiscasset Creative Alliance recently received a \$4,800 grant from ME Arts to support music and performances in the town. (Photo courtesy of ME Arts)

From Maine Arts

WISCASSET – The Maine Arts Commission has awarded two grants to Wiscasset Creative Alliance to support community-building activities in and around Wiscasset Village.

The Alliance is an 'umbrella' non-profit which serves as the home base for Wiscasset Art Walk, Wiscasset's Museum in the Streets, Wiscasset Marketfest, and Friends of Wiscasset Village, providing the benefits of non-profit status to this collection of local community initiatives.

The Alliance's grant award for 'SIDEWALK REDUX: Wiscasset Village', funds a collaborative celebration, community cancelled in 2020 and deferred to 2021, marking renewed community spirit after a disruptive multi-year MDOT construction project and a year of COVID-19 sequestering. The grant of \$4,800 supports Wiscasset Art Walk's music, performance, and hands-on art making during the 2021 season, Friends of Wiscasset Village's music during Schoonerfest in August, and Maine Art Gallery's plein

air event held in July.

According to Will Truesdell, president of the Alliance Board of Directors, "not only does this Maine Arts Commission grant provide needed funds for our community programming, but it really validates the goals and values of Wiscasset Creative Alliance. We intentionally seek opportunities to collaborate with other organizations to strengthen our community and make it even more welcoming to all."

During the Maine Arts Commission review of grant requests, the review panel remarked on the "great community building" aspects of the Alliance's proposal and felt 'SIDEWALK REDUX: Wiscasset Village' unified a community vision. The panel found the skillful weaving together of community needs "inspiring," and complemented the project for using art as a tool for healing the community. The Maine Arts Commission, in partnership with the Maine Humanities Council, also awarded \$1,000 to Wiscasset's Museum in the Streets to support the printing of the self-guided touring brochure which helps visitors enjoy the panels of historical information and photos located throughout the Village area.

Ed Kavanagh, WMITS planning team member, said, "We are thrilled to have received a recent grant from the Maine Arts Commission and the Maine Humanities Council. We have immediately ordered new brochures which the grant has enabled us to do." He added, "Museum in the Streets has an eye to adding three new panels to our tour about town. This recent grant award brings the goal closer to fruition!"

In the fall, the grant will also fund an architectural historian who will guide the public on a walking tour of Wiscasset's High Street - known for its fine collection of Federal period homes - illuminating the architectural details that are classic features of the period along with the unique details that give each structure its own character. The free tour date will be publicized in the Alliance online calendar and through local media

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The Maine Arts Commission is an independent state agency supported by the National Endowment for the Arts.

For more information, see www.wiscassetcreativealliance.org or email wiscassetcreativealliance@ verizon.net.

Sofonisba' completes Summer Season at Monmouth

From TAM

MONMOUTH - Theater at Monmouth will present Callie Kimball's Sofonisba, the final opening of seven shows making up its (R)evolutionary Redux Summer Season.

Michelangelo's 27-year-old apprentice, Sofonisba Anguissola, boards a ship from Italy to become the first female court painter for King Philip II.

Her 20 years at the Spanish Court are one long chess match, played for and against the expectations of King, Bishop, Fool, Knight, and 14-year-old Queen. The negotiations and sacrifices she makes in service to her art and her heart reveal the dangerous waters of court politics for an unmarried, headstrong woman.

Embark on a voyage of discovery with Sofonisba, Thursday, July 29 at 7:30 p.m. through Saturday, August 21 including matinee and evening performances on both weekdays and weekends. Playwright

Callie Kimball centers the story around the friendship between Sofonisba and the young Queen Isabel. Both facing the limits of their gender, and the duty of creation, one with her portraiture, the other for a male-heir; the two women find solace and love with one another amidst the tumultuous landscape of the Spanish Court.

Reflecting on why she was first drawn to the play, Director Dawn McAndrews explains, "While there has never been a period in Western history in which women were completely absent in the visual arts, Sofonisba's artistry and success blazed a trail (on her own terms) for greater numbers of women to pursue serious careers as artists." McAndrew continues, "Sofonisba herself once said, 'Life is full of surprises, I try to capture these precious moments with wide eyes.' Thanks to the brilliance of Kimball's

words, I hope we have captured the quiet brilliance of Sofonisba and offered you a glimpse into her world through wide eyes."

Kimball, has been living with Sofonisba for some time now," I stumbled across the paintings of Sofonisba Anguissola in college purely by chance. I found her portraits arresting because her subjects seemed to hold so much in reserve. They all had such poise and seemed to carry secrets; their glances were oblique. At the time, I hadn't yet discovered playwriting. I was writing a lot of poetry that was inspired by paintings, but more than ten years went by before I felt ready to try to write about her work. That's how intimidated I was by her art."

She continues, "Her life story, just from what little we know about her, touches on so many fascinating themes-making sacrifices for her art, being transplanted to a new country, navigating court

new language, protecting her standing as a woman artist, respecting the role of the Catholic church in terms of her work...it just goes on and on. I also juxtaposed her with the young Queen Isabel, whose work was creating heirs, in contrast to Anguissola's work creating portraits."

Sofonisba features Henry Hetz as Bishop/ Don Francisco, Amber Mc-New as Sofonisba, Sophia Mobbs as Isabella, Michael Rosas as Fool and Reece Santos as King Phillip/ Orazio. Directed by Dawn McAndrews; Set design by German Cardenas-Alaminos, Costume Design by Michelle Handley, Lighting Design by Jennifer Fok, Sound Design by Rew Tippin, Stage Management by Kailey Pelletier and Asst. Stage Management by Ty Bolduc.

The show opens July 29 with a 7:30 p.m. performance. Additional performances are July 30, and Aug. 8, 7, 11, 17, and 19 at 21 at 1 p.m. Post-Performance

Discussions. For 2021 Post-Performance Discussions will be pre-recorded and audiences will be able to stream the content before or after their selected dates. Discussions with the cast and creative team will cover the critical historical, artistic, and cultural perspectives of the worlds of each individual play.

A TAM subscription offers the greatest savings and exclusive benefits like priority seating and ticket exchanges. Gold, Flex, General, or Senior Passes are available for purchase, so whether you want a ticket for each show or five tickets to one show, there's an available option.

Single tickets for the Summer Repertory and Fall Plays are \$36 for adults, \$31 for senior citizens, and \$22 for students (18 and under). Family Show tickets are \$17 for adults, \$12 for children. Due to limited capacity this year, individ-

politics, struggling with a 7:30 p.m., and Aug. 8 and ual tickets must be bought at a minimum of two tickets.

Page 7

Opening Nights are Educator Nights. Educators receive 20% off the general ticket price with a valid photo ID at the Box Office.

To help with capacity limits, Theater at Monmouth is restricting the purchase of one individual ticket to day of show. Please call the Box Office at 207.933.9999 to purchase these tickets.

For calendar and reservations, please contact the TAM Box Office at 207.933.9999 or visit www.theateratmonmouth. org

Theater at Monmouth, founded in 1970, was named the Shakespearean Theater of Maine by the State Legislature in 1975. The theatre's mission is to present innovative approaches to Shakespeare and other classic plays through professional productions that enrich the lives of people throughout Maine.

Maine home sales up in May

From Maine Realtors

AUGUSTA - Sales of single-family existing homes in Maine continued a double-digit increase trend in May.

Statistics released last week by the Maine Association of Realtors show 1,1613 homes changed hands across the state in May 2021-a 28.32 percent increase over May 2020. High buyer demand continues to impact home values.

The statewide median sales price (MSP) increased 28.21 percent to \$305,000 in May 2021 compared to May 2020. The MSP indicates that half of the homes were sold for more and half sold for less.

"May 2020 was the low point for Maine's res-

ket due to the COVID shutdown," says Aaron Bolster, Broker/Owner of Allied Realty in Skowhegan and 2021 President of the Maine Association of Realtors. "Since then, the numbers have rebounded and continue to show strength. These reported numbers reflect a comparison to the May 2020 COVID shutdown statistics. May 2021 sales volume was comparable to pre-pandemic sales volume levels, about one percent above the May 2019 figures."

According to the National Association of Realtors, single-family existing home sales across the country rose 39.2 percent in May 2021 compared to May 2020. The national MSP of \$356,600 rep-

idential real estate mar- resents a 24.4 percent increase from May of 2020.



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FISHING GEAR & KAYAKS

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Page 8 Thursday, August 12, 2021 **BCM calms traffic in Ogunquit**

From BCM

OGUNQUIT - Route 1 in Ogunquit will soon feature new traffic-calming infrastructure and enhanced crosswalks as part of an Imagine People Here project by the Bicycle Coalition of Maine.

Route "Crossing 1 can be dangerous for pedestrians," said BCM Assistant Director Jim Tasse. "By slowing down traffic and making crossings more visible, we hope more motorists will yield to vulnerable users."

The installation will include the addition of curb extensions and delineators as part "gateway treatments" at two locations where Route 1 intersects with Glen Avenue and School Street.

The School Street crossing has been repeatedly cited by residents as being particularly dangerous to pedestrians, the BCM says. Removing the intersection's slip lane will not only cause drivers to slow down and make a

more deliberate right turn, but it will significantly reduce the length of the crosswalk.

ple Here demonstrations, the installation is inexpensive and temporary, and will be removed upon the arrival of winter weather. If future speed studies conducted by the BCM prove the installation to be successful, the organization says it hopes Ogunquit will make the changes permanent next year.

This is the fifth Imagine People Here project in Maine this year, following installations on Diamond Street in Portland on May 20, in Downtown Augusta on July 13, in Portland's Woodfords Corner on July 16, and in Mount Vernon's village center on July 29.

The BCM is tentatively planning additional demos this summer in Millinocket, Saco, and South Portland—among other possible locationswith both AARP Maine and L.L.Bean sponsoring the program.

A volunteer with Bicycle Coalition of Maine paints a crosswalk in Ogunquit as part of a demonstration project to calm vehicle traffic flowing through the town. (Photo courtesy of BCM)

The Coalition's Imagine People Here program has been working to

improve safety and access for pedestrians and people on bikes in communities across Maine since 2015. More information can be found at http://bitly.ws/ fXrV

tion of Maine is the statewide voice of cyclists and pedestrians. Since 1992, the BCM has led the effort to make Maine better for bicycling and walking

pedestrians through education, advocacy, legislation, and encouragement. BCM supports biking and walking for health, transportation, and recreation.

by protecting the rights For more informa-The Bicycle Coaliand safety of cyclists and tion, visit bikemaine.org. **MaineHealth to require** care team vaccinations

From MaineHealth

PORTLAND MaineHealth, northern New England's largest health system and Maine's largest private employer, announced last week that it will require COVID-19 vaccination for all care team members, with very few exceptions, as a condition of employment, as of Oct 1

With this effort, MaineHealth joins dozens of hospitals and health systems, along with some government and non-healthcare private employers, in a public health effort to limit spread of COVID-19, especially in light of the growing threat of the Delta variant.

million Americans have received a COVID-19 vaccination," said Dora-Anne Mills M.D., chief health improvement officer of MaineHealth. "To be consistent with our values and to protect our colleagues, families, patients and communities, we believe it is paramount that all care team members be vaccinated."

As of late July, 83.8 percent of all MaineHealth care team members were fully vaccinated.

"Our care team members have worked extremely hard and have sacrificed much in the fight against COVID-19, and we thank them profoundly," Mills said. "As we ask all our care team members to be vaccinated, I'd ask all Mainers to please, please get your COVID-19 vaccination. It will protect you, your family and your community."

unvaccinated children and the immunocompromised. It is for this very reason this many health care and longterm care organizations already require vaccinations for COVID-19, along with influenza, pertussis and chickenpox.

As with non-state mandated vaccines, bona fide medical and religious exemptions will be considered by MaineHealth.

MaineHealth is a notfor-profit integrated health system consisting of nine local hospital systems, a comprehensive behavioral healthcare network, diagnostic services, home health agencies and nearly 1,700 employed physicians working together through the MaineHealth Medical Group. With more than 23,000 employees, Maine-Health is the largest health system in northern New England and provides preventive care, diagnosis and treatment to 1.1 million residents in Maine and New Hampshire.







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"The vaccines are very effective, and are preventing hospitalizations and health complications with COVID-19. In addition, the vaccines are proven safe – we have a full year of data from the clinical trials and almost 200

Having broad vaccination is especially necessary to protect those who are vulnerable, including

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New Ventures Maine offers entrepreneurship training



From New Ventures

FARMINGTON - New Ventures Maine will offer a free twelve-week virtual course in business planning, starting in mid-September.

Venturing Forth will help create a written business plan from start to finish with feedback from facilitators and fellow entrepreneurs.

The 60-hour course is for new entrepreneurs or existing business owners, and covers topics including customers, competition, marketing, recordkeeping, taxes, financing, legal aspects, and more. In class activities, guest speakers, and homework assignments lead to the completed business plan and road map for success. The course includes three follow up networking sessions. Class size is limited to 30. Participants must complete an application, attend an orientation and individual interview, and be accepted into the class.

Applications are due by Friday, Sept. 3, and can be found online via bit.ly/NVMEVenturing-Forth2021.

The class Orientation is Tuesday Sept. 7, from 11-12:30 p.m., with interviews scheduled over the following days.

The Venturing Forth class will meet remotely via Zoom on Tuesdays and Thursdays from 10 a.m.-12:30 p.m.from Sept. 14 through Dec. 16.

Karin Petrin, trainer for the Venturing Forth course, said, "Watching businesses open and close around our communities and being a business owner myself, it is clear to me, a written plan is crucial to building and sustaining your business. This class will help you explore all aspects of your business as you write your business plan. It answers questions we don't realize we have as we explore the legal aspects, tax implications, and financing options to help you grow your business with tools to succeed."

There is no fee for the class. Anyone with a business idea is welcome to apply. The 60-hour course also qualifies for 3 Pass/Fail credits from the University of Maine at Augusta upon approval of the completed business plan and payment of a small processing fee. NVME abides by UMA non-discrimination policy.

To request or complete an application, register for the orientation, or get more information, contact Karin: Karin.Petrin@ Maine.edu or Jenn: Jenn. Dobransky@Maine.edu at New Ventures Maine or go online to bit.ly/NVMEVenturingForth2021.

For more information on the Venturing Forth program and other classes and services offered by New Ventures Maine, visit www.newventuresmaine. org.

The mission of New Ventures Maine is to help Maine people succeed in the changing economy and achieve economic security for themselves and their families. New Ventures Maine offers tools for people to take the next step.

Sebago Brewing Continued from page 1

it -- and post it to your page and tag @sebagobrewing. Winners will be announced on August 31.

Get On A Boat on draft and in cans and growlers to go at all Sebago Brewing locations.

YELLOW ON FRIDAY

For as long as we can remember, Brad Monarch (Sebago Brewing's co-founder, president and resident fashion plate) has worn a yellow shirt on Friday. Hence the name of Sebago's classic German-style pilsner: Yellow on Friday.

The golden (yellow) lager was brewed with delicate pilsner malts and balanced with heavy-handed whirlpool additions of German & Czech hops. Our brewers lagered it super cold for over a month, rendering a crisp, clean and dry beer that's perfect for hot summer days.

Yellow on Friday is on draft and growlers and cans to go at all Sebago Brewing locations.

COLD-PRESSED FOR TIME

Experimentation and innovation go hand in hand. Cold-Pressed For Time is an alternate recipe that started with Pressed for Time wort but with a different yeast and dry hops. According to our head brewer Rusty Packer, because Cold-Pressed is dry hopped exclusively with Citra, there's a whole different range of juicy notes compared to its mother beer. The hop change combined with the lager yeast and cooler fermentation temperature make this variation a decidedly different beer -- while still being totally juicy and refreshing, of course.

Cold-Pressed For Time is available at all five of our locations, and check out what else is on tap at the Tasting Room!

Sebago Brewing Company has locations in Portland, Scarborough and Kennebunk, with its main location, Tasting Room, and brewery in Gorham.

Sebago Brewing is located at 616 Main Street in Gorham.



On A Boat, a new clean dry hopped pale ale for hot summer days, from Sebago Brewing Company in Gorham. (Photo courtesy of Sebago Brewing)



Cold-Pressed For Time is an alternate recipe of the Pressed For Time beer from Sebago Brewing in Gorham. (Photo courtesy of Sebago Brewing)



Continued from page 3 parents and students proven approaches to end youth vaping in our communities and help local students quit their addiction and prevent future generations from getting hooked," said American Lung Association Chief Mission Officer Deborah Brown.

The Vape-Free Schools Initiative provides school administrators and

solely on punitive measures.

Vaping Education & Tobacco Cessation Program (Not-On-Tobacco® N-O-T) is a teen smoking/vaping cessation program for students that want to quit. The 10-session program provides the tools, information, and support for teens to end their addiction to tobacco. Participating schools will be recognized as part of

organization working to save lives by improving lung health and preventing lung disease through education, advocacy and research. The work of the American Lung Association is focused on four strategic imperatives: to defeat lung cancer; to champion clean air for all; to improve the quality of life for those with lung disease and their families; and to create a tobacco-free future. For

more information about the

American Lung Associa-

tion, or to support the work

it does, call 1-800-586-

4872 or visit: Lung.org.

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educators with training to offer an alternative-to-suspension program for students found vaping, smoking or chewing on school property, and a voluntary vaping/tobacco cessation program for youth wanting to quit for good.

Alternative to Suspension (INDEPTH®) an alternative for students who face suspension for violating school vaping and tobacco use policies. As teens continue to get hooked on vaping, this is a supportive program that teaches students about nicotine dependence and establishing healthy boundaries, rather than focusing the American Lung Association Vape-Free Schools Initiative in their communities.

To make a donation, visit Lung.org/scholarship. To get more information about the Vape-Free Schools Initiative or submit your school for scholarship consideration, visit Lung. org/vape-free-schools or contact Vapefree@Lung. org.

To speak with a lung health expert about e-cigarettes and vaping cessation, contact Val Gleason at Val.Gleason@Lung. org or 717-971-1123.

The American Lung Association is the leading

Send all items for What's Going On to the Editor. Deadline is Friday by five.



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Free Child Development Associate credentialing program

From CMCC

Page 10

AUBURN - The Center for Workforce and Professional Development at Central Maine Community College (CMCC) is partnering with area employers and service providers to recruit candidates interested in becoming a qualified early childhood educator with a Child Development Associate (CDA) Credential.

Successful candidates will be hired as Teacher/Teacher Assistants by employer-partners and take part in free training through CMCC and Lewiston/Auburn Adult Education.

Interested applicants can learn more about job openings, the program, and requirements during an information session on Tuesday, Aug. 24, 3-5 p.m. at locations in Androscoggin

Guest Column

County, southern Kennebec County, or Oxford County. Information and links to register for both the information session and the program itself are available at https://www. cmcc.edu/workforcedevelopment. Info session locations are determined by the applicant's form submission.

The free Child Development Associate Credential is a 12-week training program that runs from September 27 through December 21, and is provided in collaboration with CMCC, Lewiston/Auburn Adult Education, Eastern Maine Development Corporation (EMDC), Community Concepts, Promise Early Education Center, Southern Kennebec Child Development Corporation, and Community Concepts Childcare. candi-

dates will work up to 30 hours per week at an employer-partner's worksite, receive 120 hours of free online training through CMCC, plus take part in 60 hours of WorkReady instruction led by Lewiston/Auburn Adult Education that is delivered live over Zoom and two in-person sessions at CMCC in Auburn. Support services may be available to eligible candidates through EMDC and/or Community Concepts.

Participants in this no-cost training program and employment opportunity can choose between center-based infant and toddler care for ages birth to 36-months or center-based preschool for ages 3-5 years, depending on location. Participants earn \$12.50 per hour for up to 30 hours per week while working for the

employer during the 12week program. Wages rise to \$14-\$16 per hour upon successful completion of the program and retaining work with the employer after the training. Successful completers of this certification program may have six credits applied toward an Associate in Applied Science degree in Early Childhood Education at Central Maine Community College.

This program is funded by Maine Quality Centers (MQC). Participants must be at least 18 years of age, possess a high school diploma, GED, or HiSet, and be a U.S. citizen and/or authorized to work in the U.S. Criminal background check and current vaccination records will be required by employers. Additionally, candidates in MQC-funded programs

must be a dislocated, unemployed, or underemployed worker, or someone whose job has been adversely affected by COVID-19. Underemployed can be considered as working part-time but looking for full-time work or working in an occupation below one's skillset. Candidates are only eligible to participate in one MQC program being offered at any of the seven colleges in the Maine Community College System.

For more information, or to register, please contact Central Maine College's Community Center for Workforce & Professional Development workforcedevelopat ment@cmcc.edu or 207-755-5280.

Central Maine Community College is an equal opportunity/affirmative action institution and employer. For more information visit www.cmcc.edu/ eeoc or contact Human Resources at (207) 755-5396.

The Center for Workforce & Professional Development at Central Maine Community College provides customized training programs to business, government, nonprofit and other organizations throughout Androscoggin, Oxford, Franklin, and Lincoln counties. In addition, they offer both non-credit classes and certification programs on a wide range of subject matter. Their mission is to support community and promote economic development by offering the highest quality training and professional development courses to business and industry coupled with access to training grants for new and expanding businesses.

Successful

How not to get a misspelled tattoo

By Grammar Guy

Oh, those crazy -o ending words! What are we going to do with them? Specifically, how do we know how to spell them when they become plural? And how do we make sure

we don't get a misspelled tattoo? Let's march forward into the mess.

In college, I had a friend who wanted to honor his late grandfather by getting a tattoo. He wanted to ink "Last of the Heroes" on his arm in elegant script;

however, neither he nor the tattoo artist knew how to spell the plural form of the word "hero," so my friend got "Last of the Heros" permanently emblazoned on his forearm. I didn't have the heart to tell him that it wasn't spelled right.

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A "heros," as it turns out, is a type of multicolored fish found in South American river basins. My friend's grandfather was not the last of a species of fish.

There are some ways to know how to spell plural words ending in -o, so let's tackle them before we all start getting poorly spelled tattoos.

If the -o word has a consonant before the "o," the general rule is to add "es" to make the word plural. We find this in the case of words including potatoes, tomatoes, dingoes, echoes and buffaloes. Of course, that depends on which dictionary you consult. Some say that both "buffalos" and "buffaloes" are correct. You can find some that include "heros" as an acceptable plural form of "hero." Can the American Spelling Council please convene on this issue?

If the -o word has a vowel before the "o," the general rule is to add "s" to make the word plural. We see this in ratios, studios, tattoos, radios and zoos. Also, if a word is a shortened form of a longer word, like kilo, photo, hippo and memo, simply add "s" to make the word plural.

We have words that don't follow the general rules I just provided. See pianos, casinos, avocados, silos and bonobos, for instance. When a word originates from Spanish or Italian, including solo, taco, trio, inferno and stiletto, simply add "s" to make the word plural.

words that go both ways. Cargo can become "cargos" or "cargoes." This also applies with the plural forms of volcano, domino, commando, halo, mango and mosquito. In my informed opinion, "hero" does not fit into this category.

With all this being said, some dictionaries still do not agree on the plural form of words ending in "o," including the aforementioned "hero." When in doubt, add "es." Whatever you do, please double and triple-check the spelling of a word before you get it tattooed on your body.

Curtis Honeycutt is a syndicated humor columnist. He is the author of "Good Grammar is the Life of the Party: Tips for a Wildly Successful Life". Find more at curtishoney-

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USDA to distribute wildlife oral rabies vaccine

From Maine DHHS

AUGUSTA — Oral rabies vaccine (ORV) baits will be distributed in northeastern Maine through Aug. 11, as part of ongoing, cooperative rabies control efforts aimed at reducing the spread of raccoon rabies in Maine.

The Maine Department of Health and Human Services announced that approximately 385,000 ORV baits targeting raccoons will be distributed by air and ground over a 2,650-square-mile area.

Wildlife Services, a program within the U.S Department of Agriculture's Animal and Plant Health Inspection Service, will distribute the ORV baits in cooperation with the Maine Center for Disease Control and Prevention (Maine CDC).

ORV baits are coated with fishmeal and distributed in one-inch square cubes or two-inch plastic

do not transmit rabies at all, humans and pets should leave them undisturbed. The vaccine in the baits is shown to be safe in more than 60 species of animals, including domestic dogs and cats. Dogs that consume large numbers of baits may experience an upset stomach, but there are no known long-term health risks. If skin contact with baits occurs, rinse the affected area with warm water and soap

The distribution area will include Burlington Township, Carroll Plantation, Chester, Houlton, Lakeville, Lee, Lincoln, Mars Hill, Oxbow, Patten, Prentiss Township, Springfield, Stacyville, T3 R1 NBPP, T7 R3 NBPP, Webster Plantation, Weston, and Winn. The vaccine packets will be distributed by airplanes in rural, wooded areas. Personnel from Wildlife Ser-

sachets. Though the baits vices will distribute vaccine baits from vehicles in the more populated areas, such as Houlton.

> Rabies is a viral disease that infects the nervous system of humans and other mammals. It is spread primarily through a bite from an infected animal. Rabies is fatal once symptoms are present, although timely post-exposure treatment is effective in preventing the disease in humans. Approximately 90 percent of reported rabies cases in the U.S. occur in wildlife. Thirty-seven animals have tested positive for rabies this year in 10 of Maine's 16 counties, including bats, raccoons, striped skunks, gray foxes, and red foxes.

To help protect yourself and your pet against rabies: Keep your pet's ra-

bies vaccination current Feed pets indoors

Keep garbage cans or other sources of food

tightly secured

Do not feed, touch, or adopt wild animals and be cautious of stray dogs and cats

Do not move wildlife because this can spread rabies into new areas

Wash wounds resulting from potential rabies thoroughly exposures with soap and water

Whom to contact:

If you are bitten or scratched by an animal, contact your health care provider

If your pet is bitten or scratched by an animal, contact your veterinarian

If you want to report a dead or suspicious-acting raccoon, skunk, fox or coyote in northern Maine, contact Wildlife Services

Maine CDC is also available to answer questions and help you navigate the process

Since 2003, Wildlife Services has worked to halt the spread of raccoon rabies into northern Maine

because the virus poses a threat to human and animal health. Wildlife Services also collaborates with Canadian officials in New Brunswick and Quebec to reduce the presence of rabies across Maine and Canada. As part of the Wildlife Services' National Rabies Management Program, the ORV distribution program in Maine is part of a larger effort to prevent the westward spread of raccoon rabies by creating a barrier along the Appalachian Mountains from the Canadian border to Alabama.

For more information:

USDA Rabies webpage: http://bitly.ws/fRfh Maine CDC Rabies

www.maine. webpage: gov/dhhs/rabies USDA Wildlife Ser-

vices: 1-866-487-3297 Maine CDC disease reporting & consultation 1-800-821-5821 line: (available 24/7)

Veterans

Continued from page 1

Page 11

Challenge is their most ambitious effort yet, and in light of the massive rise in Veteran homelessness during the pandemic, their most vital. This is a big challenge, but based on MHVAC's record of success I'm confident they are up to the task. I'm deeply grateful for the leadership of MHVAC and its partners, and will continue to doggedly advocate on behalf of Maine's Veterans in Washington."

Landlords interested in learning more about the challenge can visit LandlordsHelp.org.

Preble Street is a nonprofit human service agency serving the most vulnerable people in Maine since 1975 through innovative, best-practice, client-centered programs. In addition to the largest direct service emergency food program in northern New England, Preble Street operates low-barrier programs throughout Maine providing 24/365 services for individuals and families, including homeless youth, women, veterans, and survivors of human trafficking, driven by its mission to meet urgent needs, empower people to move beyond the crises in their lives, and advocate for solutions to homelessness, hunger, and poverty.

Learn more at PrebleStreet.org

Family Leave law for grandparents

From ME Legislature

AUGUSTA - LD 61, "An Act To Include Grandparents under Maine's Family Medical Leave Laws," has become law after receiving bipartisan support. Sponsored by Rep.

Paul Stearns (R-Guilford), the new law (Chapter 189) now extends Maine Family Medical Leave (FMLA) protections to working grandparents that must take time off to care for a grandchild who has a qualifying severe medical condition or

event.

"This important change in the law allows working grandparents to request Family Medical Leave for a certain amount of time annually without the fear of losing their position," said bill Sponsor

Paul Stearns (R-Guilford). "For many reasons, we have grandparents all over Maine that are not only a vital part of our workforce, but are also raising grandchildren. Prior to this new law, Maine FMLA did not cover routine illness or childcare, nor

did it involve compensation for grandparents while out. These folks are important. caring contributors with a great work ethic."

The new regulation is scheduled to take affect ninety days after the legislature adjourns.

GORHAM LITTLE LEAGUE \$50K Field Funding Campaign \$40K The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules: \$30K - Develop 2 fields at White Rock - Purchase seasonal fence for Shaw Park





- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

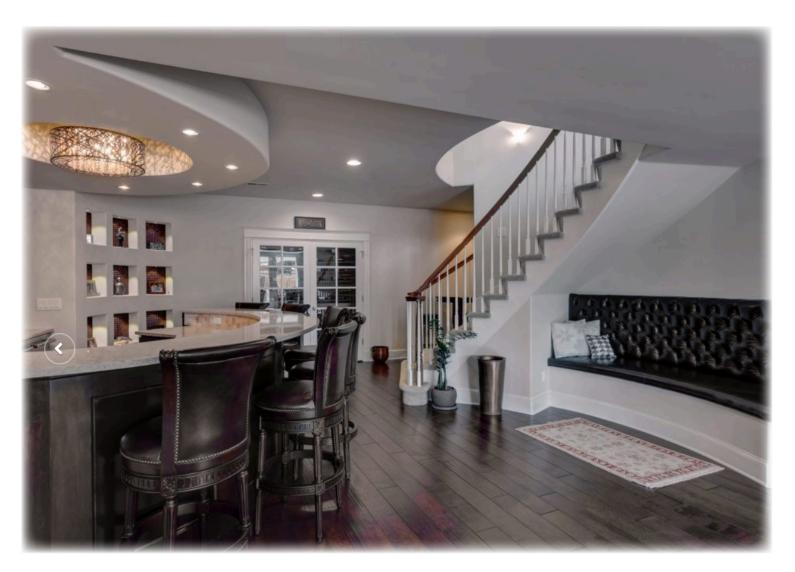
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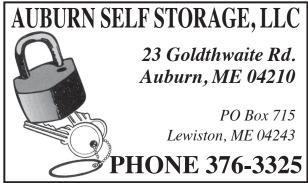




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EVERY TUESDAY 10:30-11:15 a.m.

LEWISTON - Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

1ST AND 3RD TUES-DAYS 11:30 a.m.

LEWISTON - Lewiston Public Library - Virtual Book Chat. Join LPL staff via Facebook Live for a conversation about what we're reading. Make suggestions, share your thoughts, find resources, and get personalized recommendations from our librarians!

THURSDAY

Aug. 12 1-2 p.m.

GORHAM - Baxter Memorial Library -Learn on the Lawn - West African Dance with Marita Kennedy-Castro

Dance and drumming are a rich part of culture and community in Guinea. There are traditional rhythms and dances that accompany all manner of life's passages and natural cycles, including births, weddings, coming-of-age ceremonies, the planting and harvesting of crops, full moons, and celebrations of many sorts. Wear comfortable clothing to move in (and leggings if wearing a skirt, because we might kick up our legs a bit), bring water for hydration, and we generally dance barefoot but lightweight shoes are fine too.

6-7 p.m.

GORHAM - Bax-Memorial Library. ter Irene Drago, author of



Send your submissions to the Editor. More online.

ing.

meeting.

A natural taproot is

a strong central root from

which other roots branch.

Goodale and Patch make

artwork that takes many

different directions (books,

sculpture, collage, paint-

ing) but stem largely from

a background in printmak-

5:30 p.m.

6:30 p.m.

week: Cobblestone.

7 p.m.

MONDAY

Aug. 16

AUBURN - City

POLAND - At Po-

GORHAM - This

TUESDAY

Aug. 17

AUBURN - Auburn

GORHAM - Ordi-

AUBURN - Auburn

GORHAM - Town

WEDNESDAY

Aug. 18

GORHAM - Baxter

GORHAM - Eco-

Memorial Library is closed

today for staff training and

professional development.

nomic Development Cor-

Public Library Board of

nance Committee meeting.

Sewer District Trustees

Council workshop and

land Spring Resort. The

Poland Spring Preservation

Society presents the Sunset

Series of concerts. This

is an optional meeting -

Planning Board meeting.

7:30 a.m.

Trustees meeting.

8 a.m.

4 p.m.

6:30 p.m.

Council workshop.

All Day

9 a.m.

poration meeting.

4 p.m.

meeting.

The Maine Point presents Maine's History is Naturally Romantic! Please join us for a talk with Irene M. Drago as she discusses writing historical fiction. Her books are Daughters of Long Reach and The Maine Point, both available to borrow from the library.

FRIDAY Aug. 13 10:30 a.m.-11:15 a.m.

GORHAM - Shaw Cherry Hill Farm - Building Fairy Houses. Join Mr. Jeff for Nature Walks throughout the summer. He will be leading these programs in different parks throughout Greater Gorham. Each one will begin at 10:30am. We plan on spending 45 minutes per excursion.

Have you walked at the Cherry Hill Farm and seen those a.m.azing structures in the woods? Well. let's see what we can do to add to the area! We are going to get hands-on and build fairy houses from the resources we find lying on the ground.

Rain date: Aug. 20-10:30 a.m.

2 p.m. & 7 p.m.

GREENE- Bluegrass band the Katahdin Valley Boys perform at the Sawyer Memorial on August 13 at 2&7PM. 371 Sawyer Rd, Greene. FMI 946-5311.

5 p.m.

BATH - Chocolate Church Arts Center, 804 Washington Street, Bath - Taproots: Off-shoots of printerly origins

Rebecca Goodale and Christopher Patch. Aug. 13 (with opening reception at 5 p.m.) through Sept. 25.

Water District Trustees meeting. 4:30 p.m.

LEWISTON - From Lewiston Public Library -An ongoing, online game night. Try a little of everything as we test out a sampling of different games throughout the summer, including Among Us, Jackbox Games, and more. Hop on Discord for a new multiplayer game every other week, June through August.

THURSDAY Aug. 19 8 a.m. AUBURN - 9-1-1

Committee meeting. 6:30 p.m. GORHAM - Board of Appeals meeting. GORHAM – Tentative Recurring Capital Improvement Projects/ Economic Development

Committee meeting 7 p.m. AUBURN - Community Forest Subcommittee meeting.

MONDAY Aug. 23

LEWISTON - Planning Board meeting, via ZOOM. The Planning Board Agenda and information for this meeting will be available on the website on the Friday before the meeting date. 5:30-6:30 p.m. LEWISTON - Finance Committee meeting, at City Hall Administrator's Conference Room. 6:30 p.m. POLAND - At Po-

land Spring Resort. The Poland Spring Preservation Society presents the Sunset Series of concerts. This week: Cilanatro

WEDNESDAY Aug. 25 7:30 a.m. AUBURN - Auburn AUBURN - Auburn Housing Authority Board

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FOR SHOWTIMES

of Commissioners meet-

AUBURN - Complete Streets Committee meeting.

MONDAY Aug. 30

6:30 p.m. POLAND - At Poland Spring Resort. The Poland Spring Preservation Society presents the Sunset Series of concerts. This week: Grassholes.

THURSDAY

Sept. 2 4 p.m. AUBURN - Cable TV Advisory Board meet-

ing. 5:30 p.m. **AUBURN** – Auburn-Lewiston Airport Board meeting.

MONDAY

Sept. 6 All offices closed for Labor Day.

> TUESDAY Sept. 7

Age-Friendly Committee meeting.

6 p.m. LEWISTON - City Council meeting, at City Hall, 27 Pine Street, Lewiston 1st Floor in the City Council Chambers. This Meeting and Workshop will be broadcast LIVE over Spectrum Cable TV Government Access Channel 7, streamed LIVE through the Great Falls Television web site, and streamed LIVE through the city's YouTube channel http://www.lewistonmaine. gov/YouTube. Archived copies of this meeting will be available immediately after broadcast on the City YouTube Channel and within a day or two after broadcast, for viewing for up to 60 days, at the Great Falls Television web site.

6:30 p.m.

GORHAM - Regular Town Council meeting.

WEDNESDAY Sept. 8

4:30 p.m. AUBURN - Lewiston-Auburn Transit Committee (LATC) meeting. 6:30 p.m.

AUBURN - Parks & Recreation Advisory Board meeting.

7 p.m. GORHAM - School

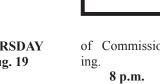
Committee meeting.

MONDAY Sept. 13

5:30 p.m.

LEWISTON - Planning Board meeting, at City Hall Council chambers. The Planning Board Agenda and information for this meeting will be available on the website on the Friday before the meeting date.

5:30 p.m. AUBURN





5:30 p.m.



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and questions ailed information any of these trips, please call Claire - 207-784-0302 H - 207-576-8604 C or Cindy - 207-

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August 14 (Rain Date: August 21) 9-noon Robie Gym Lawn, 42 South Street, Gorham, ME. Fundraiser for Alpha Delta Kappa Educational Scholarships.

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