

**Listerhill CU
Adds Rose**

MUSCLE SHOALS – Listerhill Financial Services in Muscle Shoals, recently announced the addition of **Matt Rose** to its financial services and wealth management program.

“Matt’s commitment to client service and objective, personalized financial advice aligns with our firm’s values,” said **Andy Clark**, Financial Consultant. “We look forward to his contributions.”

Rose is a lifelong Shoals resident and a graduate of UNA. He has several years of financial experience, and is a member of the Shoals Chamber of Commerce. With excellent support from local resources, Rose offers a full-service experience with a range of strategies to help clients pursue their financial objectives.

LPL Financial is the nation’s leading provider of third-party insurance and investment services to about 800 banks and credit unions nationwide.

**Business AL
Tabs Bank
Independent**

SHEFFIELD – Bank Independent was recently named one of the Best Companies to Work for in Alabama, ranking #3 in the

See SHORTS.... on Page 2

Volume 137 Number 44

August 18, 2021

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**Local Mayors
Push Challenge**



The local leaders have enrolled in the *We Can Do This Alabama* Mayors’ Challenge, an attempt to get a 20% increase in

See WE CAN... on Page 8

SHOALS –More than 30 of Alabama’s mayors have signed up during the last week to help encourage Alabamians to get vaccinated, and others are joining daily. Florence’s Andy Betterton, Muscle Shoals’ Mike Lockhart, and Sheffield’s Steve Stanley have each enrolled in the Mayors’ challenge.

Smart Helps Others with
**Forging a
Renewed
Spirit**



Smart Promotional photo

FLORENCE–Renewed Spirits is hosting a benefit dinner at the Marriott Shoals Conference Center featuring Elizabeth Smart on Tuesday, September 28. Renewed Spirits is a nonprofit counseling service that works with the underserved in our community through various programs including Equine Therapy.

The keynote speaker for the evening will provide a night of encouragement

and hope for attendees. Elizabeth Smart was set to graduate middle school in 2002 when she was taken from her home in Salt Lake City,

See SPIRIT... on Page 9

Leading Summit in this Culture



FLORENCE–Highland Baptist Church will host the Shoals Family Summit beginning at 6pm August 25. The five-week series considers a different topic each Wednesday night through September 22. Participants will gain valuable resources to help them best lead their family in our current culture. A range of highly-qualified professionals will be speaking on several timely topics during the Wednesday series, each of which begins at 6pm.

See SUMMIT... on Page 8

Inside this Issue



National Advance Auto Sales
Jeff Elledge Auto Sales

- Independent Investing
- Black-Owned Expo
- Computer Skeptic
- Landers Concert Event
- Junior Whirl

- Medicare Minute
- Hocus Focus
- Soap Updates
- Adopt-a-Friend
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Shorts...

Business AL Tabs Bank Ind

Continued from Page 1

state for the second year in a row. The Bank was the highest ranked company headquartered in Alabama in the large company division and was the top financial institution ranked in the state. This annual rankings program created by *Business Alabama* and Best Companies Group is in its 12th year.

"This ranking is very impactful because it is based on direct employee feedback and reveals we are doing the right things for our team members," said Rick Wardlaw, C.E.O. at Bank Independent. "I'm proud that we topped the list of large employers headquartered in Alabama. We want to be the employer of choice in our communities."

This survey and awards program was designed to identify, recognize, and honor the best employers in Alabama, benefiting the economy, workforce, and businesses. The list includes 23 companies.

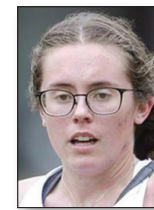
The actual rankings will be revealed in the publication of the August

2021 issue of *Business Alabama*.

UNA's Nix on All-Academic

FLORENCE- Recent University of North Alabama graduate Kara Nix of Muscle Shoals, has been named to the 2021 College Sports Information Directors of America (CoSIDA) Division I Women's Track & Field / Cross Country Academic All-America® team.

Previously selected as one of just 11 student-athletes named to the 2021



Nix

CoSIDA Academic All-District team, Nix earned third-team Academic All-America® honors. She is one of just 33 total student-athletes nationwide selected for the Academic All-America® teams in women's track & field and cross country.

CoSIDA recognizes the nation's top student-athletes for their combined performances in the competition realm and in the classroom.

The CoSIDA Academic All-America® program separately recognizes honorees in four divisions — NCAA Division I, NCAA Division II, NCAA Division III and NAIA.

Nix becomes UNA's 22nd student-athlete to earn Academic All-America® honors on the Division I level.

Nix is a two-time ASUN Conference All-Academic selection. She graduated Summa Cum Laude from UNA in May with a perfect 4.00 grade-point average and a degree in industrial hygiene. She also was a recipient of the Keller

Key. This is awarded at each commencement to graduating seniors who have achieved the highest scholastic standards while at UNA

Masking for Florence K-6

FLORENCE—Florence City Schools will require masks for any individuals inside K-6 schools beginning August 19. The decision to require masks in grades K-6 was made because children under 12 cannot receive the COVID-19 vaccination.

FCS strongly recommends the use of masks for grades 7-12. Because masks are strongly recommended and not required, contact tracing protocols will be in place for students in grades 7-12.

Exceptions to the inside masking requirement will include students involved in physical education and while eating. Faculty and staff exemptions include adults being alone in classrooms, offices, etc. Masking will not be required for individuals while outside a K-6 school building.

Florence City Schools will reevaluate its masking requirements as the 2021-2022 school year progresses. The Florence City Board of Education will have the opportunity to revisit the mask requirements for all grades as necessary.

Event to Empty the Shelters

FLORENCE- The BISSELL Pet Foundation is promoting the "Empty the Shelters: Big Dog & Cat Crisis" emergency adoption event August 16-22 an effort to find loving forever homes for pets in shelters facing overcrowding. BISSELL Pet Foundation will

See SHORTS... Page 6



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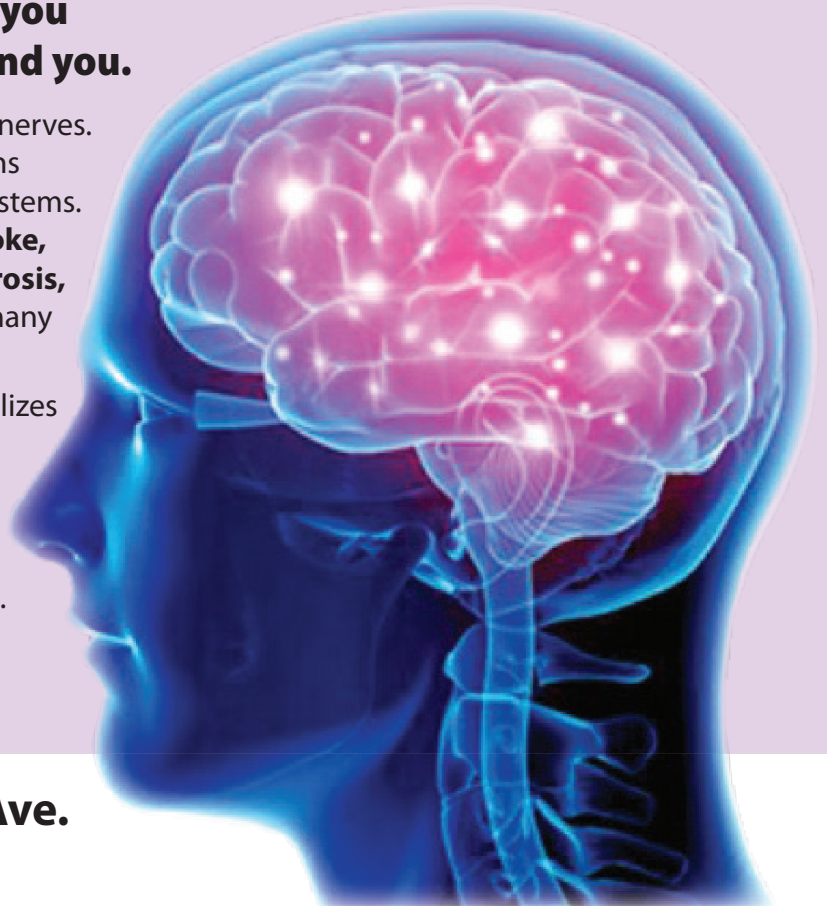
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Dr. Jenkie is a neurologist who also subspecializes in Clinical Neurophysiology and Epilepsy. He graduated from Edward Via College of Osteopathic Medicine and trained at Henry Ford Hospital in Detroit. Dr. Jenkie collaborates with many other local doctors and specialists.

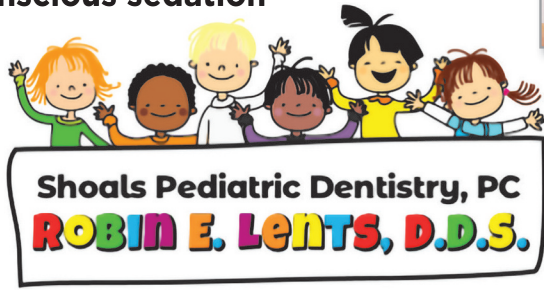
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COMMUNITY NOTES may be submitted for non-profit, civic or church-related events and published free of charge AS SPACE IS AVAILABLE in the Courier Journal. Community Notes must be submitted in writing by 3pm Friday for consideration in the following week's issue.

- Email to editor@courierjournal.net;
- Look for "Submit News" on our website at www.courierjournal.net.
- Fax to 256-760-9618;
- Mail to 219 W. Tennessee St, Florence, AL 35630; or
- Bring in person.

All properly submitted Community Notes which are dated will be posted weekly at www.courierjournal.net. We do our best, however, there is no guarantee that this free information will be published each week in the paper. Visit our website for a complete list of community notes. If your item MUST appear in the paper a certain week, we suggest you also place a paid ad by calling 256-764-4268. That way it will be in at least one area of the paper. When your community note is published, your event will have coverage in two different locations.

The Boxmasters, J.D. Andrew and Bud Thornton will be performing Tuesday, August 17 at The Shoals Community Theatre. Doors open 6:30pm, show at 7:30pm. Tickets: orchestra #30, balcony \$25.

Lauderdale County Solid Waste - New Service Announcement - The Lauderdale County Solid Waste Department now picks up yard debris from county residents. This service is throughout the county only.

Residents who need our service and meet the requirements should call the Solid Waste office at 256-760-5878.

For more information see the advertisement in this issue.

Monthly Book Club Discussions at the Florence Lauderdale Public Library 350 N. Wood Ave. Florence. For more info contact: 256-764-6564 ext.136 or katie@fjpl.org.

Thursday, August 19, 5:30pm - "Breathing Lessons" by Anne Tyler

Hurricane Cemetery is located between Rogersville and Anderson on Lauderdale County Road 551. The cemetery was established in 1852 and is totally supported by volunteers and donations. Through a private donor, the cemetery committee started a project three years ago to create a historical documentary DVD to preserve stories from the past, as told by older members of the community. The first release, "Hurricane Cemetery: Memories of the Past", is a 30 minute video now available for purchase. A copy of the DVD can be purchased for \$10 plus \$3 shipping by calling or texting Doug Newton at 256-247-1420. All proceeds will be used for upkeep of the cemetery and facilities. Please visit our Facebook page "Hurricane Cemetery" for photos and information.

Florence-Lauderdale Farmers Market Open at 451 Fairground Road. The market will be open Saturdays during the months of May and October. Tuesday, Thursday, and Saturday during the months of June through September. Hours are 6am-1pm each day.

Music in the Park, Wilson Park, Florence, every Wednesday 11:30am-12:30pm.

The American Red Cross continues to experience a severe blood shortage as the number of trauma cases, organ transplants and elective surgeries rise - and deplete the nation's blood inventory. There is an emergency need for donors to give now to ensure blood is on hospital shelves when patients need it.

Everyone who donates blood to the Red Cross from August 1-15, will automatically be entered for a chance to win an exclusive, VIP trip for two to the sold-out 2021 Bonnaroo Music & Arts Festival. Those who come to give throughout August will also receive a free 4-month subscription offer to Apple Music by email (new subscribers only). More details are available at RedCrossBlood.org/FeelTheBeat.

Upcoming blood donation opportunities:
Florence - August 19, 2-6pm - Singing River Brewery, 526 E. College St.

LifeSouth Shoals Area Blood Drives - Donate at the Center, 307 Veterans Drive, Florence. Schedule an appointment, 256-765-7038. www.lifesouth.org. The hours are: Monday, Wednesday, Friday 9am-5pm; Tuesday and Thursday 9am-7pm; Saturday 9am-3pm; Sunday 1-5pm.

LifeSouth is in emergency need for blood donors, as the national blood shortage continues, and asks donors to help by donating blood during their Back to School Blood Drive. Blood donors who give blood at any LifeSouth donor center or bloodmobile through Sunday, August 8 will help summer blood shortages, save lives, and receive a \$20 e-gift card as a thank you for donating.

This year continues to be difficult for LifeSouth and blood centers across the country with the impact of the pandemic causing a decrease in blood donations, while the need to help patients in local hospitals continues to increase.

Regular blood donors who have not given recently and first-time donors can make a major impact by donating. One donation can save up to three lives.

To find a donor center or mobile blood drive near you, visit lifesouth.org or call 888-795-2707. Blood donors must be at least 17 or 16 with parental permission, weigh a minimum of 110 pounds and be in good health. A photo ID is required. LifeSouth donors receive a complementary cholesterol screening with each donation.

Upward Soccer at Cross Point - register online at registration.upward.org/UPW80417. Cost is \$55 includes reversible jersey, socks, poster with star stickers, and backpack.

Evaluations begin in August. Practice and games in September.

Email upward@crosspointcoc.org or call 256-764-4073 for questions.

Join the Quad Cities Square Dance Club meeting four Thursdays every month 7-9pm at the Royal Ave. Recreational Center in Florence. We are refreshing and relearning our fun dance.

Want to list your event in Community Notes? Email your information to editor@CourierJournal.net.

Florence Kiwanis Club meets at noon on Fridays at Marriott Shoals Conference Center

Programs in August 2021
August 20 - Tim Anerton - Deputy Chief, Florence Fire & Rescue

For more information or details about Kiwanis, call publicity chair, Traci Welch, at 336-287-4958.

Boomer's & Senior's Social Dance, Tuesdays, 6:30-8:45pm. Doors open 6 pm. Bottled water only. \$5 for the Band/The Browns. Florence Parks and Recreation/The Club, 450 Country Club Drive, Florence. This facility drug, smoke, alcohol, weapon free.

Florence Senior Center/The Club Serving Curbside Lunches 60 years

See NOTES... page 5

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Notes...

Continued from page 4

and older, 11-11:15am Monday-Friday, call in by 9:30am. Dining in 11:30am. Sign in by 10:30am. \$1 Donation. 256-760-6420. BINGO Tuesday prior to lunch 10:15-11:15am.

Joints in Motion, new days and times!!! At The Club, Wednesday, Thursday, and Friday, 9:30-10:15am. Chair exercise, range of motion, activities of daily living. All ages, no fee. 450 Country Club Drive in Florence. For more information: fdavis@florenceal.org, Facebook: Florence Senior Center/The Club, 256-760-6420. Mask optional. Social distancing appreciated.

Florence Parks & Recreation is now accepting registrations for all Fall Sports including Soccer, Flag Football, Tackle Football, and Golf League. Anyone interested in coaching in the fall will need to register online as well.

Girls Flag Football for Fall 2021 - Age divisions are 5 & 6 year old, 7 & 8 year old, 9 & 10 year old and 11 & 12 year old. Registration is open now until August 26.

Adult Softball We offer the following leagues: Men's, Men's Church, Coed and Coed Church.

Register at www.fpard.com or call the office at 256-760-6628

YMCA of the Shoals Affordable Before & After School Care includes

over 7,000+ square feet of childcare dedicated space - homework help, team building activities, arts & crafts, and much more. Have Fun! Make Friends! Learn New Things! If you need affordable childcare, contact us today at 256-246-9622 or bcanup@ymcashaols.org.

Shoals Artists Guild Meeting Friday, August 20, 10am at Kennedy- Douglass Center, Downtown Florence.

Public hearings to consider the budget of the Sheffield City Board of Education for the year October 1, 2021 - September 30, 2022 will take place on August 20, 12pm and August 23, 5:30pm at the Administrative Office, 300 West Sixth Street in Sheffield.

Shoals Christian School presents ELVIS featuring Mike Adams! August 21, 6pm doors open, show at 7pm at the Florence Lauderdale Coliseum on Veterans Drive in Florence. Tickets: Call 256 335 4004

The Annual Jake Landers Bluegrass Concert presented by Pettus Plumbing Piping and the Muscle Shoals National Heritage Area on Saturday, August 21 at 7pm at the Ritz Theatre in downtown Sheffield. Featuring Sister Sadie, Iron Horse and Josh Goforth. More information, 256-383-0533.

The Shoals Writers Guild has finalized the remainder of its 2021 Schedule. Update your calendars. All meetings at Florence-Lauderdale

Public Library, 350 N. Wood Avenue, Florence unless otherwise indicated.

Saturday August 21 10am-noon Speakers: Poet Mike Wahl; Children's author K.A. Cummins

For more information, please email, shoalswritersguild@gmail.com

The Shoals Writers Guild will host a book launch and signing at the Florence-Lauderdale Public Library on Saturday, August 21 from 12-2pm for local author Charles E. Cabler's new book, "Overhead Espionage." This fascinating book is a historical snapshot of the evolution of aerial reconnaissance in the United States published by Sunstone Press. The book discusses significant first-type reconnaissance aircrafts, beginning with the Union Army's hot air balloon in 1861. It includes a discussion of the U-2 and the SR-71 Blackbird, and concludes with the unmanned RQ-4A Global Hawk in use today. As an additional interesting feature at the book launch, US Army Major J. Damon Manders, will discuss the development of cameras for the purposes of aerial photography and reconnaissance. FLPL - 350 North Wood Avenue, in Florence.

The Jake Landers Bluegrass Concert -Ritz Theatre, 111 W. Third St, Sheffield. Saturday, August 21, at 7pm, concert will be headlined by Sister Sadie. Concert will also include Iron Horse and Josh Goforth.

Tickets are \$25, can be purchased at the Tennessee Valley Museum of Art, 511 N. Water Street, Tusculumbia. Info: 256-383-0533 or TennesseeValleyArts.org

Super Sunday's all month in August at Grassy Baptist Church 4 miles East of Lexington on Highway 64

Sunday School 10am; Worship at 11am Sunday Night 5pm.

We will have a different Speaker each Sunday morning in August.

August 22 - Bro. Steve Agree; August 29 - Bro. Jack Balley

Bro. Sam Wallace, pastor at Grassy, will be the speaker each Sunday night.

Everyone Welcome

Author John Young will be discussing and signing his latest book, "Redrawing the Blueprints for the Early Church: Historical Ecclesiology in and Around the Stone-Campbell Movement" on Tuesday, August 24 at 6:30pm in the Overton Memorial Library on the campus of Heritage Christian University, 3625 Helton Drive, Florence. All are invited to attend.

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See NOTES... page 7

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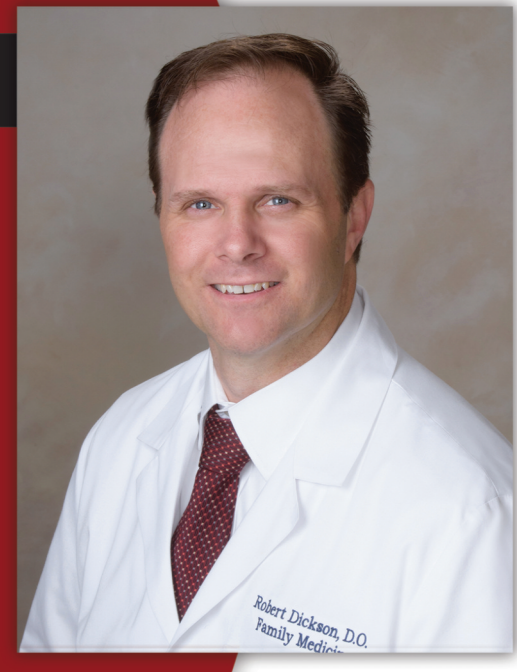
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Dr. Dickson, his wife, Alisa, and their children live in Florence.

Dr. Dickson is now seeing patients at the Greenhill Clinic.





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Shorts...

Event to Empty the Shelters

Continued from Page 2

sponsor reduced adoption fees for \$25 or less for large dogs (40 lbs. or more), adult cats (six months or older) and senior dogs (seven years or older). This emergency event will be hosted in more than 80 shelters in 27 states.

At press time there were 80 shelters participating across 27 states, including Florence Lauderdale Animal Services at 3240 Roberson Rd in the Florence Industrial Park. 256-760-6676. www.florenceal.org/public_safety/animal_control.php

"Shelters are being faced with tough decisions, such as euthanizing healthy, wonderful pets. We hope this event and the facilitated animal transports can provide some much-needed relief for shelters in dire need of support," said Cathy Bissell, Founder of

BISSELL Pet Foundation. "Empty the Shelters" began in 2016 and, since its inception, has helped more than 53,742 animals find their forever homes across the country and in Canada. "Empty the Shelters" provides reduced adoption fees

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Summit...

Continued from Page 1

Highland is located at 219 Simpson Street in Florence

Angie Hamilton, Assistant District Attorney for Lauderdale county, will be speaking on Social Media Safety, on August 25.

Stephanie Harrison, LPC, MAMFT, MACE Licensed Professional Counselor, Therapist with Pathways Professional Counseling will be speaking on mental health in children and teens on September 1.

Dr. Eric Kirkman, Director of Kilby School, Assistant Professor at UNA and **Mary Jane**

Fowler, Principal at Riverhill School will both be speaking September 8 about success in school.

Dr. Matt Burford, Christian Apologetic Strategist for the Alabama Baptist State Board of Missions, will be speaking on sexuality and gender on September 15.

David Thomas, L.M.S.W., Director of Family Counseling at Daystar Counseling, and **Sissy Goff,** M.ED., LPC-MHSP, Director of Child and Adolescent Counseling at Daystar Counseling will be speaking on raising boys and girls will close the series September 22.

There is no cost to attend and the events are open to the community.

We Can...

Continued from Page 1

vaccinations by Labor Day, Sept. 6.

"With COVID-19 cases and hospitalizations dramatically increasing in our state, we are calling on everyone in a leadership position to help us fight this virus," said Dr. Donald Williamson, president of the Alabama Hospital Association. "Our mayors are trusted and respected in their communities. We are extremely grateful for those who are stepping up to help."

We CanDo This Alabama

is a collaborative effort between the Alabama Department of Public Health, the Alabama Hospital Association, Blue Cross and Blue Shield of Alabama, the Alabama Nursing Home Association, the Alabama Primary Health Care Association, the Alabama Chapter-AAP, the Alabama Council for Behavioral Healthcare, the Alabama State Nurses Association, and the Medical Association of the State of Alabama. The goal is to increase COVID-19 vaccinations in Alabama through a grassroots approach.



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EDITORIAL POLICY: Your Courier Journal accepts a variety of news releases, photos, stories, Letters to the Editor and upcoming community, church or civic events for publication as space permits. Please submit all materials in written form to:

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well in advance of the planned event. The Editor reserves right to shorten, edit, reword or omit submissions as seen fit. All information submitted for publication becomes property of the Courier Journal. Information published does not necessarily reflect an opinion or endorsement by the Courier Journal, members of its management, or its staff. Advertisers are responsible for all content and claims in their advertising.

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Spirit...

Continued from Page 1

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Elizabeth Smart
from her book, *Where There's Hope -- Healing, Moving Forward, and Never Giving Up*

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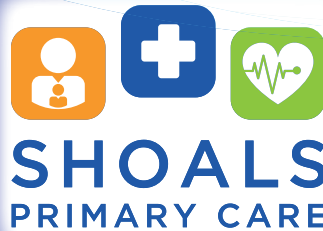


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Five Tips for Transitioning Into Retirement



Retirement marks the end of a chapter in your career and the start of a new lifestyle. This unique transition can bring a myriad of emotions, most commonly ones of excitement and apprehension. If you're pondering retiring in the next year or so, here are five tips to help you transition smoothly.

- 1. Know the transition could take weeks – or months.** You likely spent decades forming a routine around your work schedule. Establishing your new normal of volunteer work, an encore career or helping family will take time. If you are married, remember that your retired status may affect your spouse's routine, too. Talk openly about how you're feeling during the transition to keep your spouse in the loop.
- 2. Communicate your retirement plans with family members.** Your parents, kids or other family members will likely be interested in how you intend to spend your retirement days. Will you be visiting the grandkids more often? Continuing to host family get-togethers? Planning to move or purchase a retirement home? As you share your plans, don't forget to discuss your financial picture. The benefits of open communication are three-fold: it reassures your kids that you're financially prepared; allows you to introduce or remind your family of your estate and legacy plans; and it establishes a safe space for both sides to discuss potentially challenging financial topics.
- 3. Maintain healthy habits.** Staying diligent with the activities that help you feel your best is important as you shift into retirement. Prioritize eating healthy, sleeping well, staying fit and maintaining friendships in your new routine.
- 4. Evaluate your finances.** Prior to retirement, you likely outlined how you will manage your cash flow. (If not, today is the day to put a plan in place.) As you enter retirement, review your expenses to ensure they're aligned with your plan. It's common to revise your spending and activities after experiencing the first few weeks away from your primary job, so it's okay if you need to adjust how much you withdraw from your accounts each month. If you want to increase your spending, calculate what that means for your later retirement years, as you don't want your savings to come up short. Consult a financial advisor for guidance on how to make your money last while living the lifestyle you desire.
- 5. Reset your attitude.** Retirement is not the ultimate finish line. Experiencing a lot of emotions is common but try to focus on what you're excited about in this next chapter. And, remember you're not alone. Talk to friends, family and professionals in your life for support along the way.

Timothy Wakefield is a Financial Advisor with Independent Investments Group, a financial advisory practice of Ameriprise Financial Services, LLC. In Florence, Alabama. He specializes in fee-based financial planning and asset management strategies and has been in practice for 7 years. To contact Timothy, call 256.765.3637 or email Timothy.Wakefield@ampf.com.



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Dr. Rozalyn Love graduated from UAB School of Medicine in 2011 and completed her residency in OB/GYN at the Naval Medical Center in Virginia. She was assigned to Naval Hospital Guam and practiced full scope OB/GYN in a remote location for 3 years. In 2018 she was assigned to Naval Hospital Jacksonville in Florida where she continued a full scope practice, taught family medicine residents, and learned robotics. We are excited to have Dr. Love join the Helen Keller Hospital family!

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Dr. Robert Dickson is a board certified primary care physician in the Shoals. He received his medical degree from Lincoln Memorial University in Tennessee and completed his Family Medicine Residency at North Mississippi Medical Center in Tupelo, MS. He is now seeing patients at Medical Associates-Greenhill.

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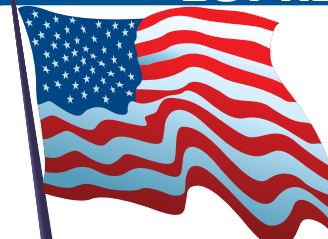


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Commentary

Mixed Messages Limit Vaccinations

Warnings are out there everywhere, but few it seems are listening. COVID-19 vaccination rates for Alabama and the Shoals are woeful. A greater susceptibility to the Delta variant makes vaccination imperative for everyone of age.

Consequently, there is an ever-growing list of opportunities and motivations to get the vaccine. Daily schedules were listed in this publication for months. Some large companies are going as far as mandating vaccinations for all employees.

We keep hearing, "Do your research, and make an informed decision." That well-intended bit of encouragement should go a long way in building up the vaccination numbers. We've all heard some very compelling and respectful presentations about the vaccine. Those people, mainly in the medical field, should be commended.

However, others inside and outside the medical arena are clearly frustrated. Their implication is that anyone who has chosen not to get the vaccine or has a hesitancy is

See MIXED... on Page 25

Comments do not necessarily represent those of the Courier Journal staff, its advertisers, or its readers.

In A Few Words



TOM MAGAZZU
Editor

Courier Journal

THIS WEEK

in the *Shoals*

August 18, 2021

Happening
THIS WEEK



Black Expo Slated for this Sunday

SHEFFIELD—The Black Owned Business Expo of the Shoals takes place on Sunday, August 22 from 3-7pm at the Clarion Inn, 4900 Hatch Blvd in Sheffield.

The Black Business Expo of the Shoals was founded by Florence resident, Recrissha Doxie to provide a platform where local Black-Owned Businesses can grow together, network, and gain business knowledge to help with successful, sustainable growth.

Register for the Saturday evening Networking Event and Shrimp Boil! It is free and open to any minority-owned businesses! The networking event is from 4-6pm Saturday

See EXPO... on Page 21



Sister Sadie Courtesy photo

Sister Sadie Headlines Landers Event also Featuring Iron Horse and Josh Goforth

SHEFFIELD— The Annual Jake Landers Bluegrass Concert returns to the Ritz Theatre on Saturday, August 2 at 7pm. Headliner Sister Sadie will be joined by Iron Horse and opening act Josh Goforth. Tickets are available now at tennesseevalleyarts.org.

This concert is presented at the Ritz each year in memory of legendary bluegrass performer and songwriter, Jake Landers. This year's headlining act is the Grammy-nominated band, Sister Sadie. This all-woman supergroup was named the 2020 Entertainer of the Year and Vocal Group of the Year by the International Bluegrass Music Association. Since their formation in

See BLUEGRASS... on Page 15

UPWARD SOCCER AT CROSS POINT is getting underway. Register online at registration.upward.org/UPW80417. Cost is \$55 includes reversible jersey, socks, poster with star stickers, and backpack. Evaluations begin in August. Practice and games in September. Email upward@crosspointcoc.org or call 256-764-4073 for questions.

THE BOXMASTERS, J.D. Andrew and Bud Thornton, will be performing Tuesday, August 17 at The Shoals Community Theatre on Seminary St in Florence. Doors open at 6:30pm, show at 7:30pm. Tickets at the door - orchestra \$30, balcony \$25.

THE SHOALS ARTISTS GUILD is meeting Friday, August 20 from 10am at Kennedy- Douglass Art Center, Downtown Florence.

AUTHOR JOHN YOUNG will be discussing and signing his latest book, "Redrawing the Blueprints for the Early Church: Historical Ecclesiology in and Around the Stone-Campbell Movement" on Tuesday, August 24 from 6:30-8pm in the Overton Memorial Library on the campus of Heritage Christian University, 3625 Helton Drive in Florence. All are invited to attend.

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Your Courier Journal welcomes tastefully presented typed or neatly written letters to be published as space allows. Letters may refer to timely matters of local, state, or national interest or any topic of concern or interest. **Letters must include name, address and phone number for verification.** (Only name and town will be published.) Letters are subject to editing. Please limit letters to 400 words. All letters become the property of the Courier Journal and may not necessarily reflect opinions of the Courier Journal staff, its advertisers, or a majority of readers.

by Mail, in person or mail slot
Editor-Courier Journal
219 W. Tennessee St., Florence, AL 35630
• e-mail: editor@courierjournal.net
• FAX- 256-760-9618

Taking Your Money

Editor,

Beware of new contractors in town that take your money with a smile and you don't see them for months.

Never pay them a down payment. A well-established contractor doesn't ask for a down payment.

Older people are taken advantage of. For instance, this man I know had a leak in the bathroom. He was charged \$200 to fix it. I told him he was charged way too much for the job. He phoned them and got some of his money back.

I too was taken advantage of. I paid \$3,500 down for some cabinets. After months went by, I asked for my down payment back. The contractor charged

me a fee of \$525 for ordering the cabinets. The only cabinets I saw were on paper.

It pays to be honest with people.

Vivian Bates
Tuscumbia

*I ask God for all things
that I may enjoy life.
God said no. I give you
life that you
may enjoy
all things..*



Parents Should Know

Editor:

Rhode Island parent Nicole Solas was sued by her child's school system over requesting CRT school records because of teacher privacy. Is that even legal?

Don't parents have a legal right to know what teachers are teaching their children? What about parental rights? What are schools hiding and covering up? All parents need to stand behind this woman and she should sue the school and education system for violating her rights and her freedom of speech by trying to silence her and

See LETTERS... on Page 30

Bluegrass...

Continued from Page 14

2012, Sister Sadie has become a regular on the Grand Ole Opry stage and has gained accolades and thousands of fans.

Bluegrass star Alison Krauss has described Sister Sadie as "an inspiring musical collaboration bringing together some of the best women bluegrass music has ever claimed."

The concert will also feature Iron Horse, a Shoals-based band that is internationally known for their bluegrass covers of rock songs. Their discography includes multiple tribute albums to bands such as Metallica and Nirvana, as well as collections of bluegrass classics and original



Iron Horse
Courtesy photos

music. Iron Horse is an annual performer at the Jake Landers Bluegrass Concert.

Old-time, bluegrass, and swing musician, Josh Goforth will serve as the opening act for the concert. Best known for his fiddling, Goforth is proficient at multiple instruments and puts on a varied, lively, and charming show for his audience.

The Annual Jake Landers Bluegrass Concert is presented by Pettus Plumbing and Piping and the Muscle Shoals National Heritage Area. Tickets are

\$25 and are available at tennesseevalleyarts.org, by calling 256-383-0533, or by visiting the Tennessee Valley Museum of Art in Tuscumbia. ADA seating is also available by phone.

While audience members are encouraged to purchase tickets in advance, tickets will also be available at the door. Masks are required for all shows at The Ritz until further notice. For more information about the Tennessee Valley Art Association which runs the Ritz Theatre and the Tennessee Valley Museum of Art, visit www.tennesseevalleyarts.org.



Goforth



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This office supports multiple newspapers, magazines and digital products in North Alabama; and we are looking for someone to join our team that can help with all aspects of the day-to-day business office functions. This will include internal and external customer service. Monthly customer billing, posting of payments, daily auditing of the print publications with a concentration in preparing, tracking and sending legal affidavits.

Necessary Skills and Qualifications:

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Qualified applicants please send resume to:

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Savvy SENIOR

How to Buy the Best Blood Pressure Monitor for You

Dear Savvy Senior,
 I just found out I have stage 1 hypertension and my doctor recommended I get a home blood pressure monitor to keep an eye on it. Can you offer me any tips on choosing a good one?
 Hypertensive Helen

Dear Helen,

It's a smart idea! Everyone with elevated or high blood pressure (stage 1 and higher) should consider getting a home blood pressure monitor. Home monitoring can help you keep tabs on your blood pressure in a comfortable setting. Plus, if you're taking medication it will make certain it's working, and alert you to a health problem if it arises. Here are some tips to help you choose a good monitor.

Types of Monitors

The two most popular types of home blood pressure monitors sold today are automatic arm monitors, and automatic wrist monitors that are electric and/or battery powered.

With an automatic arm monitor, you simply wrap the cuff around your bicep and with the push of one button the cuff inflates and deflates automatically giving you your blood pressure reading on the display window in a matter of seconds.

Wrist monitors work similarly, except they attach to the wrist. Wrist monitors are also smaller in weight and size, which makes them more portable, and a bit more comfortable to use than the arm monitors, but they tend to be a little less accurate. To help you choose the best monitor for you, here are several things to check into:

Make sure it fits: Be sure the cuff fits the circumference of your upper arm. Using a cuff that's the wrong size can result in an inaccurate reading. Most arm models have two sizes or an adjustable cuff that fits most people. Wrist models also fit most people.

Choose one that's easy to use: Be sure the display on the monitor is easy to read, and that the buttons are large. The directions for applying the cuff and operating the monitor should be clear.

Consider what extra features you want: Many automatic monitors come with additional features such as irregular heartbeat detection that checks for arrhythmias and other abnormalities; a risk category indicator that tells you whether your blood pressure is in the high range; a data-averaging function that allows you to take multiple readings and get an overall average; multiple user memory that allows two or more users to save their readings; and downloadable memory that lets you transmit your data to your computer or smartphone.

Where to Buy

You can find blood pressure monitors at pharmacies, medical supply stores or online, and you don't need a prescription to buy one. Prices typically range between \$40 and \$100.

In most cases, original Medicare will not cover a home blood pressure monitor, but if you have a Medicare Advantage plan or a private health insurance policy it's worth checking into, because some plans may provide coverage.

The best automatic arm monitors as recommended by Consumer Reports include the Omron Platinum BP5450 (\$75), Omron Silver BP5250 (\$50) and the Omron 10 Series BP7450 (\$100); A&D Medical UA767F (\$45); and Rite Aid Deluxe Automatic BP3ARI-4DRITE (\$37). And the top wrist monitors are the Omron 7 Series BP6350 (\$80); and the Equate (Walmart) 4500 Series (\$40).

After you buy a monitor, it's a good idea to take it to your doctor's office so they can check its accuracy and teach you the proper techniques of how and when to use it.

You can also get more detailed information on how to accurately measure your blood pressure at home at Heart.org/HBP - click on "Learn How to Monitor Your Blood Pressure at Home."

Send your senior questions to:
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 Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.



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Soap Opera Preview

THE BOLD AND THE BEAUTIFUL - Finn decided to keep an important secret from Steffy. Carter contemplated going public with his relationship with Quinn. Later, Quinn received some shocking news regarding her marriage. Finn struggled with his loyalty to the Forresters versus his birth mother, Sheila. Carter and Quinn faced an unexpected and significant hurdle. Paris and Finn's alliance deepened as she promised to keep his secret from Steffy. Quinn and Carter shared three magic words. *Wait to See: Sheila becomes attached to the idea of becoming a permanent fixture in Finn's life as the Forresters seek to ban her. Eric, Quinn and Carter begin a new chapter.*

DAYS OF OUR LIVES - Ciara and Ben shared a joyous reunion. Theo got his heart broken. Paulina was caught off guard when her mother, Olivia, showed up on her doorstep. Xander made a big sacrifice for Gwen. Paulina and Olivia had a heated conversation about the past. Allie tried to track down Sami. Gabi pushed Ava's buttons. Rafe consoled a devastated Nicole. EJ got a surprise visit from his son, Johnny. Allie relayed her concerns about Sami to John and Marlena. Johnny hit on Chanel. Olivia tried to prevent Paulina from revealing the truth. *Wait to See: Ben surprises Ciara with an impromptu wedding. Claire bids farewell to Salem. EJ*

tries to enlist Nicole's help.

GENERAL HOSPITAL - Spencer's party turned out to be more than he bargained for. Ava sought out Kevin's professional opinion. Sam received an unsettling phone call. Jax confronted Carly. Laura checked in with Elizabeth. Spencer felt backed into a corner. Ava was haunted by her past. Portia was very sympathetic. Laura was furious with Nikolas. Spencer felt surprised by Trina's kindness. Jason was forced to defend Carly. Jax found an unlikely ally in Obrecht. Sam turned to Curtis for help. Trina consoled Spencer when the two of them got another surprise. Laura imparted a bit of tough love to Nikolas. Britt was forced to face the consequences of her actions. Ava made a desperate decision. Carly announced that she and Jason had set a wedding date. *Wait to See: Chase and Willow share a bittersweet moment. Martin questions the nature of Anna and Valentin's relationship. Trina tries to hide her true feelings, but Joss knows better.*

THE YOUNG AND THE RESTLESS - Ashland settled unfinished business with Kyle. Devon prepared for a new chapter. Lily wondered if Billy and Victoria would find closure. Victor demanded that Adam and Victoria call a truce. Lauren shared words of wisdom with Jack. Nikki gave Sally a reality check. Phyllis sent someone packing. Rey investigated Mariah's disappearance. Jack made a promise to Ashland. Victor decided to investigate Ashland's past. Nick played his cards close to the vest. Tessa shared some alarming information with Sharon. *Wait to See: Victor agrees to use his resources to help find Mariah. Devon asks Denise Tolliver for a favor. Kevin and Chloe give Sally a warning.*

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Expo...

Continued from Page 14

with the Shrimp boil from 6-7pm. Afterward, there will be an Entrepreneur Panel sponsored by the UNA College of Business and Technology.

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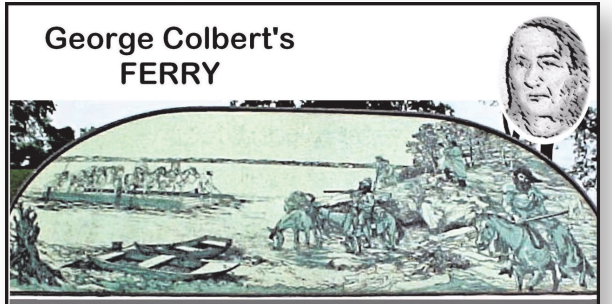
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This Natchez Trace historical marker describes a major waypoint for travelers and soldiers moving through this area during the early 19th century. The John Coffee Memorial Bridge now crosses here. George Colbert was a Native American Cherokee leader. Colbert County is named for George and his brother Levi.

~ Courtesy David Curott ~ author of
"Signs of the Past" and "More Signs of the Past"

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'I screwed up.'

Pete Rose speaks at UNA about career, betting, and current state of baseball.



Pete Rose admitted he "screwed up" by betting on baseball while he was involved in the game. Rose visited Florence on Thursday as part of a UNA fundraiser.

Photo by Dan Busey/
TimesDaily

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By **David Glovach**
Times Daily Sports Writer
originally published 8/13/21

FLORENCE — People still can't help but get giddy around Pete Rose. As they line up to take photos and shake hands with the former 17-time All-Star, one of the famed members from the Cincinnati Reds' Big Red

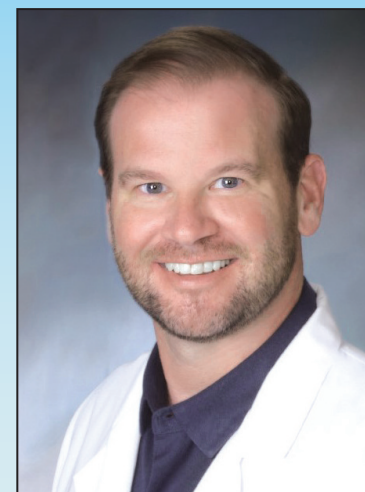
Machine era, they can't help but break out into grins. It's like watching kids in a candy store, and a piece of baseball history is right in front of them. It's not every day Major League Baseball's all-time hits leader is in Florence. But here Rose is on Thursday evening at the Marriott Shoals Conference Center, the

featured speaker for the North Alabama Lions Athletic Club's 2021 Lion Pride Dinner and Auction. It's here Rose is in his element. He welcomes the attention, the questions of his playing career, the ability to relive the path that led him from an undersize youth in Cincinnati, Ohio, to

See ROSE... Page 23

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Rose...

Continued from Page 22

become one of the best hitters of all time. He'll answer the questions about his ban from baseball in 1989 and the mistakes he's made along the way.

Rose has a way of making people feel at ease. He'll tell stories of some of baseball's greats — Hank Aaron, Willie Mays, Mike Schmidt, Stan Musial — and crack jokes.

"Every position on the field, I've played with a Hall of Famer," Rose said. "If that's not going to work and having fun, I don't know what the (heck) is."

Rose has lived quite a baseball life. Filled with plenty of big moments and moments that he wished he could have back.

But nervous? No.

Baseball and everything around it was natural.

He wasn't as he approached Ty Cobb's record for hits that stood 61 years. Although the nine-minute standing ovation in Cincinnati made him break down into tears seven minutes in. He wasn't during his 44-game hit streak in 1978

as he made a run at Joe DiMaggio's mark of 56. Or in any of the six World Series he played in, with three ending in wins.

There was one time he can remember that happening around anything to do with sport. It involved the daughter of Babe Ruth, the greatest player ever by his estimation, a decade ago in Cooperstown, New York, outside the Baseball Hall of Fame.

"She walked three blocks down the street to say hi to me to tell me her dad would have appreciated the way I played the game," Rose said. "That's the most nervous I've ever been and I've met seven presidents, OK, and I've been in front of federal judges. To meet to Babe Ruth's daughter ... I hope people say that to my daughter."

NOT AN EASY CHOICE

Pete Rose — SEC football player?

It sounds strange. Imagine if Rose never played professional baseball. It nearly happened.

At Western Hills High School, baseball wasn't even Rose's best sport by his own estimation. That was football. The way he later barreled over former Cleveland Indians' catcher Ray Fosse in the 1970 MLB All-Star Game offered a pretty good idea.

As Rose rounded third, Fosse attempted to get in Rose's way and block the plate only for Rose to run over Fosse. The catcher suffered a fractured and separated shoulder that went undiagnosed until the next year. Rose came way with a bruised knee.

"I almost went to the University of Tennessee for football," Rose said. "But I didn't like school."

It didn't help either that when Rose graduated from high school in 1960, he weighed 158 pounds. So when it came time to decide what he wanted to do, Rose's choice was baseball. There was no classroom work that had to be done once he signed a professional contract.

The only problem was the Reds were leery of signing him. It wasn't until his uncle, Buddy Bloebaum, who worked

for the team as a scout, convinced Cincinnati to take a chance on the hometown kid.

"If I didn't have an uncle, my mother's brother, who worked for the Reds, I'd never gotten an opportunity to play," Rose said. "I was too small. ... Everyone in my family developed late and my uncle knew that. I was always one of the most aggressive guys on the field."

It didn't take long for Rose to reward the Reds. By 1963, he was the National League Rookie of the Year. He helped lead the Big Red Machine Reds to back-to-back World Series titles in 1975 and 1976, the franchise's first two since 1940. On May 5, 1978, he became just the 13th player in MLB history to record his 3,000th hit.

After a four-year stint with the Philadelphia Phillies that included another title in 1980 and another National League pennant, and a half season with the Montreal Expos in 1984, Rose returned home in pursuit of Cobb's record. It fell on Sept. 11, 1985 with a single against

Eric Snow of the San Diego Padres.

"That was the first time in my life I didn't know what to do on a baseball field," Rose said. "They come out and took the base. My son came out. My teammates came out. Marge Schott, the owner, got me a Corvette. I told her I wanted a Porsche. ... And I was fine for seven minutes. Then all of a sudden at seven, seven and a half, eight, eight and a half (minutes) you start thinking about all the people who helped you get there."

"... That's what brings a tear to your eyes. I held it pretty good for seven minutes."

Rose retired at the end of the next season and spent the next three years as the Reds manager before he voluntarily accepted a permanent place on baseball's ineligible list in August 1989 for betting on Red games.

He still holds the major league records for games played (3,562), at-bats (14,053), hits (4,256) and singles (3,215).

Rose is also the only

player in MLB history to play at least 500 games at five different positions (first base, second base, third base, left field and right field). He was the first player to have 10 seasons of 200 hits or more, which was later matched by Ichiro Suzuki with the Seattle Mariners.

"I played 24 years in the big leagues and I only got to play in six World Series," Rose said. "Eighteen years were wasted as far as I'm concerned. I'd rather be Joe DiMaggio. No, I wouldn't because he's dead. ... But Joe played 11 years and won 10 World Series championships. Those are the kinds of teammates you want. Ten out of 11 is pretty good. But one out of four isn't bad either."

STATE OF THE GAME

By Rose's estimation, he watches at least two MLB games every day at his home in Las Vegas. But baseball, he concedes, has been tough to watch.

See **GAME...** Page 24

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Game...

Continued from Page 23

"It's boring," he said. There are too many strikeouts — Rose's career high in a season was 76 twice. Mark Reynolds holds the record for most by a hitter in a season with 223. Adam Dunn is next at 222. Too many players are flying out, trying to hit home runs. There are currently 13 players hitting .300 or better this season.

Then there's also the time it takes to play. According to Baseball-Reference, the average time a MLB takes to play is three hours and eight minutes.

"All of these bad hitters, and they're going to check the pitcher's gloves and hats between every hitting?" asked Rose, who hit .300 or better in 15 of his 24 seasons. "C'mon now. In the last 10 years, what rules has baseball changed to make the game better for us as fans? Nothing. You can't break up the double play. You can't slide into the catcher. You can't pitch inside. ... They don't address what they need to address. What they need to address is quicker games. The games are too long."

There's also the matter of the game's star players missing time. More importantly, they haven't come up big when needed.



Pete Rose, a former star player for the Reds and Phillies, signs a baseball bat Thursday in Florence. He came to the Shoals as part of a fundraiser for UNA.

Photo by Dan Busey/
TimesDaily

There will be Public Hearings to consider the Budget of the **Sheffield City Board of Education** for the year 10/1/2021 – 9/30/2022 on **August 20 at 12pm** and **August 23 at 5:30pm** at the Administrative Office 300 West Sixth Street, Sheffield

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Muscle Shoals City Schools

Invitation to Bid - Bid #2021-01 — Custodial Services:

To Whom It May Concern:

In compliance with the Alabama Bid Law, Act 2016-298, Alabama Legislative Session 2016, Muscle Shoals City Schools will be receiving sealed bids for the above referenced service.

All bids must be received in the business office by 2:00 PM, CST, on Thursday, September 2, 2021. All bids must have "Sealed Bid-Open Only at Bid Opening for Bid #2021-01 - Custodial Services, Thursday, September 2, 2021, 2:00 PM" clearly written on the outside of the sealed envelope, and submitted to Sherry Langley, Chief School Finance Officer. Bids will be opened publicly in the conference room at 3200 South Wilson Dam Road, Muscle Shoals, AL 35661. The official bid specification/required bid packets are available at the Board of Education - Central Office or on our website under Documents>Bids.

Contact for specifics or to schedule a site visit: Terry Pearson, Maintenance Supervisor - 256-349-9797 or tpearson@mscs.k12.al.us.

Muscle Shoals City Schools reserves the right to reject any and all bids. All bids are subject to board approval. Bid decision may be based on total project cost presented or by various location pricing, based upon what is best for the system.

Thank you for your interest in providing these services.

Los Angeles Angles outfielder Mike Trout, Atlanta Braves outfielder Ronald Acuna Jr. and San Diego Padres shortstop Fernando Tatis Jr. are players Rose enjoys watching, but isn't sure if they have what it takes to lead their teams to championships. All three are on the injured list now.

"I don't get on the best-player bandwagon if they don't lead their team to the promised land," Rose said. "That's what superstars are supposed to do. They're supposed to get their team over the hump."

DOES COOPERSTOWN AWAIT?

When Rose retired from playing in 1986, it was all but certain he would land in Cooperstown as a first-ballot Hall of Famer. That all changed in February 1989 amid reports he bet on baseball while managing the Reds. Rose denied it all.

Then, three days after Bart Giamatti took over as commissioner from Peter Ueberroth on April 1, he hired John M. Dowd to investigate the allegations. What followed became known as the *Dowd Report*.

Published in May, the report documented Rose's alleged gambling activities in 1985 and 1986 and compiled a day-to-day account of Rose's betting in 1987. In all, it was accompanied by seven volumes of exhibits, alleged betting records, bank and telephone records, as well as interviews with Rose's alleged bookies.

Despite it all, Rose continued to deny he bet on baseball and refused to meet with Giamatti. It led to a lawsuit from Rose on the grounds the commissioner was prejudiced. Giamatti filed a countersuit in federal court. On Aug. 24, 1989,

Rose voluntarily accepted a permanent ban from baseball.

"There's gambling in almost every state now," Rose said. "They have a place to gamble at the new ballpark in Vegas for the Raiders, eight-tenths (of a mile) from where I live, where you can go at halftime to bet on the team — at the ballpark. Now, they're doing it at all these facilities. Everyone is against gambling, but they're OK doing it."

Rose has since applied multiple times for reinstatement. He cannot appear at any official MLB event without the commissioner's approval and is still ineligible for the Hall of Fame. But each time, the commissioner in charge has opted not to act on his application.

In 1992, Fay Vincent,

Giamatti successor, chose to leave Rose's ban in place. Bud Selig followed suit in 1998 and 2003. Rob Manfred, MLB's current commissioner, denied Rose's request in 2015 and has yet to make a decision on the 2020 application.

"I like Rob Manfred," Rose said. "He don't help me out, but I'm the one who screwed up. Any commissioner in any sport has a lot of problems because of us players. We create the problems. I'm sorry I bet on baseball. But he wasn't around."

Even after the question of what he thought about Manfred, Rose still had another 11 minutes worth of stories to tell. But there were other things to do.

It was time to meet the people.

"How are you?" Rose asked.



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Howell Bigham
Chaplain

Commentary

Mixed...

Continued from Page 14

ill-informed, uneducated, listening to the wrong people, or believing a neighbor's misinformation.

For some, that may be the case. However, I'm sure others have invested dozens of hours if not more in researching all they can about the virus, its mutations, and valid points for and against the vaccine. This is a lot more than some others who lined up the first day eligible with no questions.

The message to be vaccinated would probably be received more favorably by skeptics if it were not so repetitively condescending.

As of this writing, the Mayo clinic website showed Vermont as leading the nation with residents having at least one dose of a vaccine, at 68%, with some other New England states close behind in the 60's. Several southern states, and Wyoming and Idaho lagged behind in the mid-high 30's. Alabama was at the bottom with only 35% having at least one dose. Admittedly, that is woeful, but it cannot be attributed solely to politics or inaccurate information.

Mix messaging and/or concerns about presentation have to be in play. Even in New England, more than one out of three are not taking it. In a potentially life-threatening situation, 1/3 not taking precautions is a lot.

Dr. Fauci has been trying for over a year to present a consistent message from week-to-week. He has failed miserably. Fauci is concerned about some mask-less gatherings, but fails to condemn others.

We're told to make informed decisions, but so much vital data from reputable sources is now inaccessible, deemed "misinformation." We'll talk a lot more about misinformation in the coming weeks.

For months we heard that 99-100% of hospitalized patients are unvaccinated, then 96% are unvaccinated. Later, it was over half the COVID patients are unvaccinated.

The CDC finally published a report in early August that said about three-fourths of people infected in a Massachusetts Covid-19 outbreak were fully vaccinated against the coronavirus with four of them ending up in the hospital.

The new data published in the CDC's *Morbidity and Mortality Weekly Report* also found that fully vaccinated people who get infected carry as much of the virus in their nose as unvaccinated people, and could spread it to other individuals, both vaccinated and unvaccinated.

The CDC also reversed course on its prior position and now recommends that fully vaccinated Americans living in areas with high Covid infection rates resume wearing face masks indoors. The guidelines cover about

See LETTERS... on Pg 26

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<p>9.8-10.9 OZ. - SELECT VARIETIES TOTINO'S FROZEN PARTY PIZZAS 99¢</p>	<p>48 OZ. TUB - SELECT VARIETIES BREYER'S ICE CREAM 2/\$6</p>
<p>YOUR CHOICE - 7 OZ. TURKEY OR CHICKEN SWANSON'S FROZEN POT PIES 89¢</p>	<p>7-8 OZ. BAGS - SELECT VARIETIES KRAFT SHREDDED CHEESE 2/\$4</p>
<p>12 DOUBLE ROLL BEST CHOICE BATHROOM TISSUE \$3.49</p>	<p>12 OZ. CANS - 12 PACK PEPSI & MOUNTAIN DEW 2/\$9</p>
<p>2 LITER BTLs. PEPSI & MOUNTAIN DEW 2/\$3</p>	<p>7.25 OZ. KRAFT MAC & CHEESE BLUE BOX 79¢</p>
<p>4 PACK - 16 OZ. - SELECT VARIETIES DANNON'S ACTIVIA YOGURT 2/\$4</p>	<p>20 OZ. LOAF NATURE'S OWN HONEY WHEAT BREAD 2/\$4</p>

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Commentary (2)

Covid...

Continued from Page 25

two-thirds of the U.S. population.

"This finding is concerning and was a pivotal discovery leading to CDC's updated mask recommendation," according to CDC Director Dr. Rochelle Walensky. "The masking recommendation was

updated to ensure the vaccinated public would not unknowingly transmit virus to others, including their unvaccinated or immunocompromised loved ones."

A CDC document that was reviewed by CNBC warned that the delta variant sweeping across the country is as contagious as chickenpox, has a longer transmission window than the original Covid strain, and may make older people sicker, even if they've been fully vaccinated.

Yet, some still like to blame the unvaccinated as being the spreaders in the face of growing evidence that everyone can be a spreader.

Vaccinations are available for everyone 12 and up. Masking is easy, especially when indoors. Social distancing with an easier-spreading variant should be a no-brainer.

However, if you get out and about, it is easy to see, precautions are simply not being observed. Who knows if hand washing and hand sanitizing are still priorities for people?

Vaccinated individuals have been conditioned to thinking they are immune from catching or spreading the virus. So, the new revelations are little more than noise and easily filtered away.

They also think that they need not quarantine for even a few days if they have been exposed.

Messaging about the vulnerability of children has changed drastically as well. Yet, school systems are all over the map with regard to masking. Mask advocates and opponents alike are all over the map with regard to effectiveness.

What is factual is that hospitals are filling up again and concerns are high in the medical community here on the Shoals. Officials say this increase is due to the community spread of the Delta variant that is impacting younger people, including children.

Several local mayors are stepping up to encourage

local residents to get vaccinated during the *We Can Do This Alabama* Initiative between now and Labor Day. That article is featured on page 1 this week.

This piece is not an attempt at medical advice. You need to make your own decisions. I am just pointing out that there is confusion, skepticism, and misinformation on many fronts. And apathy is everywhere.

We are all in a rush for this virus to go away. So we need to pay attention

and take precautions when appropriate. Crowded venues may not be ideal in the coming weeks.

Years from now we will realize that we understood very little about COVID-19 back in 2021.

Many will fare better having had the vaccine if/when COVID-19 hits them.

Greater confidence, more reliable messaging, and less social and media filtering could have alleviated some hesitancy issues one way or another long ago.

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1999 Jaguar	SAJHD1040XC876268	41FP159	Red	Super 8
1986 Honda	JH2PC0809GM307266	----	Blue	Hwy 157
1996 Chevrolet 1500 Pickup	1GCEC14RXTZ137488	0909AM1	Blue	Chisholm and Roberson
2011 Chevrolet Impala	2G1WG5EKXB1147438	----	Black	Gusmus and Dearborne
2003 Toyota Camry	4T1BF32K63U039899	5329BB2	Black	Sterling and 4th Ave
2003 Ford Expedition	1FMPU17L03LB85805	3624BD4	Red	Shell on Helton
1997 Nissan Maxima	JN1CA21D0VM518474	3324BF5	Green	700 Virginia Ave
2002 Mitsubishi Galant	4A3AA36G02E069524	41JA316	Silver	Helton Dr
2004 Ford Explorer	1FMDU65W94ZA81180	HGF878	Black	North Jackson
1998 Honda Accord	1HGCG5651WA070863	20BD353	Green	North Jackson
1993 Ford F150 Pickup	1FTDF15N3PNA93300	7012BC4	Gold	Jackson Hwy and 31 St
2005 Lincoln Navigator	5LMFU27575JL10604	20CZ854	White	Underwood Mt Rd
1999 Mercury Sable	1MEFM53S2XA662061	20BB239	White	Woodward Ave
1995 Ford Ranger Pickup	1FTCR10A9SPA77834	41AK332	Blue	College and Cedar
2001 Ford Mustang	1FAFP40421F130026	41DV440	Red	Cox Creek
2008 Chevrolet Uplander	1GNDV23188D141994	41GG292	Silver	Old Cloverdale Rd
1998 Mercury Marquis	2MEFM75W5W5XX6836	----	Blue	Walmart Florence Blvd
1998 Toyota Camry	4T1BG22K7WU231859	9259BF5	White	Royal Ave and Sycamore
1994 Honda Accord	JHMCD5653RC119639	CYD528	Green	Grandview Apts
2000 Mercury Grand Marquis	2MEFM75W0YX650768	----	Blue	Wilson Dam Rd
2006 Nissan Altima	1N4AL11086C140703	----	Gold	Patton Island Bridge
2005 Mercury Mariner	4M2YU56195DJ14397	----	Tan	Cox Blvd and Avalon
2004 Pontiac Grand Am	1G2NF52E34C221224	TMJ59	White	Chisholm and Rickwood
2002 Chevrolet Suburban	3GNEC16Z22G186526	----	White	B & L Transmissions
1996 Toyota Avalon	4T1BF12B3TU134084	----	Green	Walmart
2004 Jeep Cherokee	1J4GX58544C159163	----	Tan	Wilson Dam and River Rd
2007 Chrysler 300	2C3KA53G97H892304	----	White	KFC
2007 Chevrolet Monte Carlo	2G1WJ15K479311401	41HP166	Black	Richards and Woodward
1993 Honda Accord	JHMCB7654PC000349	----	Red	Delta on 2nd

THIS PAST YEAR HAS BEEN A BANNER YEAR FOR SCAMS. Once the Rona made news, it took all of 30 seconds for scammers to find ways of taking advantage of our concerns over the pandemic. Here's a roundup of some of those scams. My regular reader will recognize many of these as variations of scams I've written about in the past. So this article serves as a reminder to that reader to not let their guard down.



Jim Fisher

Early last year, lots of us received an email from the "World Health Organization" suggesting you read an attachment with official information on how to protect

PANDEMIC SCAMS

by "The Computer Skeptic"

yourself from the coronavirus. If you were goofy enough to open the attachment, it would install a little program called a keylogger that records every keystroke you make on your keyboard and sends that information to scammers. Those keystrokes can be mined for all sorts of juicy information including usernames and passwords to your secure sites. The people most susceptible to these are those of you still using Yahoo, AT&T, Bellsouth, and Comcast email addresses. These companies do not care about you at all and send all these

scams straight into your inbox. I highly recommend you change to a quality provider such as those from iCloud, Microsoft, or Google. Do that, and you'll hardly ever see any spam at all, much less scam email like this.

Then there were the phishing emails and text messages from "The CDC" that asked you to log into the legitimate-looking CDC website then provide personal information such as your social security number so that the CDC could send information on how to protect yourself and your family. That information could be used to steal your identity.

Before safe and effective vaccines were released, scammers were selling do-it-yourself vaccines kits for \$4.95. Of course there were tons of supplements and fake Covid cures being sold even on Amazon. Honestly, if you fell for one of those, well, bless your heart.

Billions of dollars were paid out in fraudulent unemployment claims last year. People from all over the world were filing for unemployment claims using identities they were able to find online. Those claims have slowed to a trickle for now, but the sharp uptick of recent Rona cases will probably result in an uptick again. You will know that you've become a victim if you receive a letter from your local unemployment office or your boss invites you to the office to have a little talk.

In this era of constant claims of miracle cures and treatments, there will be plenty more opportunities for scammers to devise ways of tricking desperate people. Please keep that in mind as we get through this latest round of yuckiness from our friend, Rona. You can do your part by reporting suspected fraud schemes by calling the National Center for Disaster Fraud (NCDF) hotline (1-866-720-5721) or by e-mailing the NCDF at disaster@leo.gov.

Jim Fisher owns Excel Computer Services in Florence. Reach him at www.ExcelAL.com



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Medicare Minute

"Medicare Part B"

Before we begin talking about Medicare Part B I would like to clear up something that was in last week's article concerning Medicare Part A. As I stated in the article Part A has a deductible of \$1,484 per benefit period. I also stated that if you paid into Medicare for 40 quarters that Part A was free to you. I was referring to the fact that you would not have to pay a premium to Medicare for Part A, not that it would exclude you from paying the deductible.

Medicare Part B is the part of Medicare that is billed when you receive services as an outpatient by a Medicare approved provider, such as your primary care physician (PCP) or specialist. Although a visit to your doctor is the primary way that you will use Medicare Part B, it also covers many other services. We will discuss the other services in next week's article.

If you are turning 65 in 2021, Medicare Part B will have a premium of \$148.50/mo. Because there is a premium attached to Medicare Part B this coverage is optional. This means you are not required to enroll in Medicare Part B. There are two important things to remember about Part B being optional. First, if you opt out of Part B you will have no coverage under Medicare for your outpatient services. Second, if you decide at a later date to enroll in Part B there can be a late enrollment penalty applied that will last as long as you live and have Part B. There are exceptions to the late enrollment penalty that we will discuss in future articles.

If you have questions regarding any aspect of Medicare or Medicare health plans feel free call us at Alabama Health Guidance (256-648-5710), stop by our office at 885 Florence Blvd (Four Lane Shopping Center) or email me at ikey@alabamahealthguidance.com. Alabama Health Guidance is an independent insurance agency and is not affiliated with Medicare or any other government agency.



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Letters...

All Parents Should Know

Continued from Page 14

they are interfering with her parental right to protect her children from lies and false distorted education that could harm her children. She needs a lot of support to help her pursue and fight this atrocity.

Paul Sabatino
 Florence

No an Answer to Prayer, too

To the Editor:

During these turbulent and uncertain times of a raging Covid19 pandemic many have turned to prayer for comfort and solace. We all enter into prayer with our own expectations, yet, we must remember that NO is an answer to prayer, too!

I asked God for patience, God said no. Patience is a byproduct of tribulations. It is earned, not granted. I asked God for happiness. God said no. I give you blessings, happiness is up to you. I asked God to make my handicapped child whole*. God said no. His spirit is whole, his body is

only temporary. I asked God to take away my habits. God said no. It is not for me to take away, but for you to give up.

I asked God to spare me pain. God said no. Pain draws you apart from worldly cares & bring you closer to me.

I asked God to make my spirit grow. God said no. You must grow on you own, but I will prune you to make you more fruitful.

I ask God fossxr all things that I may enjoy life. God said no. I give you life that you may enjoy all things..

I ask God to help me love my fellowman as much as He loves me. God said, "Ah, finally you have the idea!"

No is an answer to prayer, too! The day is yours! Don't throw it away.

James W. Anderson
a parent of a handicapped child
 Talladega

A Total Lack of Concern

Editor:

It has been common knowledge for years that all major developing countries have possessed the ability to conduct germ warfare.

The Wuhan crisis is no exception. Was a virus created in the lab and deliberately leaked into the local wet markets for experimentation on the people of Wuhan? This is totally consistent with China's poor record on civil rights and it's complete lack of concern for all of the Chinese people. The virus created in Wuhan is by no means a poor reflection on all Asians especially Asia-Americans. It is simply a reaffirmation of the Communist Chinese Government's unconscionable disdain for human life. They are the ones to blame.

Now we the American people will soon be required by our government to get the vaccine without being told what are the short/long term side effects.

This is inherently a violation of our civil rights since the vaccine has never



Big Fish Story

Bill Barnett, left, of Florence, and his grandson, Jadon Chandler, show off a 20-pound fish they caught in a pond off Chisholm Rd. *Courtesy photo*

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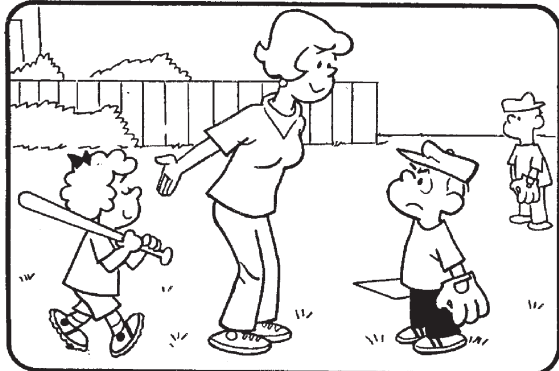
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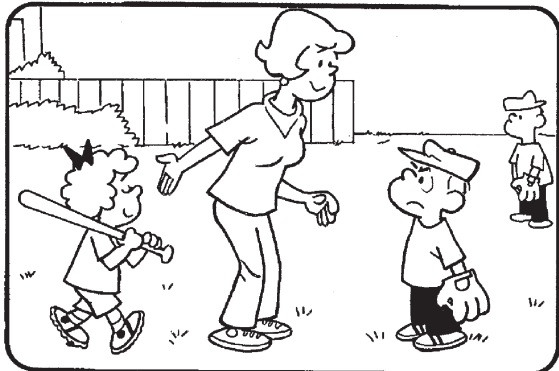
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Bow is larger. 2. Hedge is showing. 3. Fence is shorter. 4. Base is missing. 5. Arm is missing. 6. Pants are different.

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 **Helen Keller Hospital**

Letters...

A Total Lack of Concern

Continued from Page 30

been approved by the Food & Drug Administration.

The one benefactor from the spread of the virus is the environment.

Consider how working from home reduces the amount of carbon emissions caused by the automobile. Why isn't the Biden Administration and various environmental groups encouraging this?

Joe Bialek
Cleveland, OH

Inconsistent Border Policy

Editor:

Last week the Associated Press reported that Canada reopened its border for vaccinated US visitors. It has lifted its prohibition on Americans crossing the border to shop, vacation, or visit while the US is maintaining similar restrictions on Canadians.


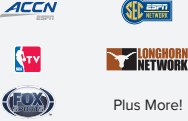

Travelers must be fully vaccinated and test negative for COVID-19 within three days to cross the border. If such restrictions are in place on our Northern border, WHY does our government allow our Southern border to be porous with thousands of illegals allowed to enter? They are "processed," loaded on buses and or planes, and sent to various parts of the country. They are told to report by a certain date. Fewer than 15% are known to report.

Through tests and estimates, one out of five is Covid positive. Then it seems certain areas of the country are seeing a reemergence of Covid cases. Can this be coincidence? If our Northern border is so restrictive with our Canadian friends, why the different policy on the Southern border? Why is this not questioned by our elected representatives? The media?

John Lee
Florence

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DAVE Says

by DAVE RAMSEY

AND BABY MAKES THREE

*Dear Dave,
My wife and I are expecting our first child in a couple of weeks. I bring home \$35,000 a year teaching at a local high school, and she just completed her master's degree in speech therapy. She has a job waiting for her after the baby is born, and they are being very flexible about when she starts. I have heard you tell some people to leave just \$1000 in savings for Baby Step 1, and use any other saved cash to pay off debt. But I am concerned about the new expenses we will have once the baby is home. Should we hang on to our savings, so we have extra cushion for those costs or if something unexpected happens?*

David

Dear David,
Congratulations! I know you two are excited to welcome a little one into the world.

In your situation, I'd advise pushing the pause button on the Baby Steps for now. Forget about paying down debt, until mom and the baby come home, and you're sure everyone's healthy and safe. You could even hang on to it all until she decides to start work. But the bottom line is if everybody's okay, the baby and all those connected expenses—like formula, diapers, and daycare—just become part of a regular monthly budget.

Your wife is going to be making pretty good



money once she starts her job. And the truth is babies are not all that expensive. There are costs involved in having kids, but it's not like we're talking thousands of dollars a month out of your budget just because you had a baby. Can you buy lots and lots of things for a baby? Can those things cost a ridiculous amount of money? Of course! The list of things you could buy goes on and on. But a healthy, new baby doesn't need much, and having one at home isn't going to break the bank.

I think any financial fear or uncertainty you may be experiencing right now will disappear once you've got a couple months of adjusting your budget and getting used to the new normal under your belt. Then, when you and your wife decide it's time to start her career, you can begin paying off debt in a really big way!

—Dave

**Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Dave Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.*

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Accepting bids now until live auction ends on September 8, 2021 at 10 am.

Unit #B-4 Michael Knold	Furniture and Miscellaneous Items
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Courier Journal ADOPT A FRIEND

The animals you see here are currently in local animal shelters or rescue facilities. Adoption fees vary and include having your new friend spayed or neutered, if necessary. Help us help these and other animals by adopting a new friend today.

Meet **PETUNIA**. We picked a sweet name for such a sweet girl. Petunia is a 2 year old, 100 pound mixed breed dog. She is a calm and gentle girl. This precious girl loves carrying her toy around like a baby. Petunia keeps a clean kennel, is good with other dogs, and loves to cuddle next to you. **THE ADOPTION FEE IS \$85** and includes heartworm test, current vaccines, spay/neuter and microchip. Adoptions are by appointment only. Please call Florence Lauderdale animal services at 256-760-6676 to meet this amazing dog.



This is **LUCKY**. She is a beagle mix. She was born around April, 2019. Lucky is a sweet dog who will need a one animal household. She will need a fenced in backyard with at least a height of 6 ft. She loves to play fetch and will bring the ball back to play some more. We are working on sit and down and she is so smart she is catching on quickly. She is crate trained. Lucky weighs between 30 and 40 pounds. If you're interested in giving this lady a

forever home, please email PAWS at shoalspaws@gmail.com or complete an application at www.shoalspaws.com.

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Lauderdale Country Board of Education Special Education Department

Special Education records for students who graduated or should have graduated during the year 2015 are going to be destroyed in August, 2021. Persons interested in receiving their records should contact the
Special Education Department at 256-760-1324 before August 23, 2021.

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A Faulty System

God created and preserved a perfect plan of salvation pictured throughout the Old Testament and fulfilled it in the New Testament. The innocent shed blood of Jesus Christ and His death, burial and resurrection, for our sins, (that's the gospel) provided grace and faith through faith in that finished work of Christ, a perfect plan of know-so salvation. See John 19:30 & Galatians 2:20 & 1Corinthians 1:30 & Romans 3:25. I am trusting Christ and His blood and finished work alone to save my soul from hell and the lake of fire and the second death. See Ephesians 1:12&13 & Revelation 20:14 & 15 & 21:8. My faith is in a Christ that provided blood and sufferings and death and hell and made payment for my dirty rotten sins, so I could have free salvation and free bold access to God daily. The preserved Word of God IN ENGLISH has been around for over 400 years, the KJV. If you miss it, it's not God's fault, it's yours. See Psalms 12:6-8 & 138:2.

Now if you are in a system that involves the flesh and its merits and works to try to get saved and keep yourself saved, you are in a deeply flawed and faulty system Repent of your sin, trust Christ and get saved and get out of it. Find you a King James Bible, get in it and find out what a new creature in Christ has coming. There are ~ 30 to 40 different things happen to a person when they get saved or born-again. Two great things happen: you will finally know you are saved and get some real peace. Never mind the gas about religion and church salvation. I was in a church for 21 years and had neither peace or salvation. Again, if you miss it, it's your fault, not God's. You only know what you have been taught. God is not looking for geniuses or know-it-alls, just sinners and you are one. Christ died to save sinners. Your sin must be paid for by you if you reject Christ. You can fix wrong and ignorant, but stupidity is permanent. Ask Christ to forgive you and save you now, today. See Romans 10:9&10&13.

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Courier Journal

Mystery Photo of the week!

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www.rosiemexicancantina.com
Enter at www.courierjournal.net

Last week's winner is Alex McDonald of Rogersville who correctly guessed Fireworks Outlet in Athens, AL

One entry per person. Winners will be announced each week in our paper and on our website. Winners can pick up their Gift Certificate at the Courier Journal office beginning Wednesdays after 12 Noon.

Junior Whirl

by Charles Barry Townsend

A Word Bridge!

The bridge at left contains 10 supporting words. We give you the first letter of each word plus plenty of hints:

1. Deep distress.
2. Units of electrical resistance.
3. An Indian prince.
4. Finger-paint.
5. Where cranberries grow.
6. Beam.
7. Type of worm.
8. Train station.

Answers On Page 38

A BEAR FOR BEN! While Ben runs through his money, can you spot two bears that are exactly alike? It's up to you to decide.

LET'S GO TO THE BEACH! At right is a word square. You are challenged to find the four five-letter words that match the definitions below. All words used must read the same both across and down.

1. A heavy rope.
2. An Alaska native.
3. A sandy place (BEACH, in place).
4. Monetary reward.
5. An anesthetic.

1	2	3	B	4	5
2			E		
3	B	E	A	C	H
4			C		
5			H		

IT'S DICEY! With your back to the table, ask a friend to roll three dice and total the numbers. Have him turn over one die and add the bottom number to the total. Then tell him to roll this same die again, and add this number to the total. You now turn around and tell him the total.

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DODGE: DAKOTA, 2006
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JEEP: LIBERTY, 2011 \$9,000.
4x4 Trail Rated, Extra Clean, 142,000 miles, \$9,000, 256-760-7826 Florence area

HONDA: ACCORD, 2012
\$13,450. 1 owner, LX-P, 4 door, white, tan interior, alloy wheels, JUST COMPLETELY SERVICED! 256-527-2125.

JOHN DEERE E130 SERIES, riding mower, 2019, 22HP, 42" cut with grass bagger + umbrella. \$1,800. Very Nice! 256-773-9068.

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Notes...

Continued from page 7

2021 Fall Registration Apply or register now for the fall semester. Classes begin August 19. Northwest-Shoals Community College (NW-SCC) is working to make decisions that are in

the best interests of the health, safety, and academic success of our students. For the convenience of our students, registration and advising for the fall semester will be conducted online and in-person. www.nwsc.edu
To be eligible for the financial help, students must first register for classes and then apply through their individual Moodle student portal. They will receive an email and/or text message from

the college explaining the process. NW-SCC fall semester classes begin August 19.

Breaking a century-old tradition in the name of health and safety, Jehovah's Witnesses has moved its annual in-person event to a virtual format for the second time in as many years, canceling nearly 6,000 conventions across the globe

The 2020 event was a first for Jehovah's Witnesses, who have held public conventions in stadiums, arenas, convention centers, and theaters around the world since 1897.

"Powerful by Faith!" is the theme of the 2021 global event, which will be delivered in more than 500 languages to households throughout the globe over six weekends during July and August 2021. Since the convention is typically held from Friday through Sunday, the program will be available in six installments corresponding to morning and afternoon sessions. "Friday" morning's session will be available for streaming or download beginning June 28.

All are invited to attend the event by going to JW.ORG on the web or JW Broadcasting on the free JW Library iOS or Android App. The program is free and accessible to all. For more information, please call 1-718-560-5600 or email pid@jw.org.

Florence Parks & Recreation/The Club announcing Beginner Square Dance lessons each Monday, 6-8:30pm with Caller Kevin Cozad. Sponsored by the Singing River Squares.

\$21 on the first Monday of the month. You can begin any Monday. Casual dress and comfortable shoes. No prior experience needed. We'll have helpers to help you. Two left feet ok! It's for recreation and fun. For more information 256-760-6642. We do not dance on federal holidays.

Coffee High School Class of 1971 - 50 Year Reunion, September 3-4

Main Reunion Event Saturday, September 4, 6-10pm at the Historic Sweetwater Train Depot, 502 South Royal Avenue.

Cost \$75 per person, \$150 per couple.

Informal meet and greet Friday, September 3, at 5:30pm at Singin' River Brewing Co., 526 E. College Street.

Mail your payment to: CHS 1971 Reunion, PO Box 2384, Florence, AL 35630

Check out our website at <https://tiny.one/CHS1971>

Shoals Area Labor Day Festival, at Spring Park, Tuscumbia on September 6 begins at 10am with a parade along Main Street followed by activities in Spring Park.

Continued on page 38

AUCTION

SATURDAY, AUGUST 21 - 9AM
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TERMS: Cash or good check day of auction. Seller reserves the right to accept or reject any and all bids. Personal property will be sold "AS-IS" without warranties of any kind. See website for additional terms.

All information contained in this ad is believed to be correct, but not guaranteed. Announcements made by the Auction Company the day of sale supersedes any printed material.



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TUSCUMBIA HOME + PROPERTY for sale: Valley Grove Area. Newly remodeled home on 17 acres. 3 bdrm. + 2 ba., Shown by appt. only. 256-762-4415 or 256-278-1424.

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OFFICES AVAILABLE On Court St., Florence 10'x15' upstairs offices, \$500 each, two available. Kairos Property Management, 256-656-3578 text or leave message.

TENNESSEE DEER HUNTERS CABIN
Six acres on creek. 4 bdrm, dining room, bath & living room. Most of furniture stays. For details Call 256-443-4717

TUSCUMBIA: CORNER LOT IN Davis Estates, 256-383-2357.

NORTH FLORENCE: 1 & 2 bdrm. Apartments. Appliances, Washer/Dryer connections. \$475-\$595 + deposit. 256-764-3986.

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122 Rivermont Ct. • Sheffield
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TERMS: We accept Cash, Local Checks with ID and Venmo. All sales are final and everything sells "as-is." Masks are encouraged. We are not responsible for accidents or injuries. By coming in, you agree to shop at your own risk. Thank you and we hope to see you there!

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Community Notes...

Continued from page 36

The Coon Dog Labor Day Celebration, 4945 Coondog Cemetery Rd, Cherokee on September 6, 10am-4pm. A unique festival featuring old timey bluegrass music, buck dancing, a liar's contest, and catered by nearby Bishop's Barbeque. Info: 256-324-1122

Geezers and Grandkid's Fishing at Deibert Park:
Thursday, September 9, 6:30-11am
Bring your friends, family, grandkids, tackle, chairs, snacks, etc., Please sign in at the table before fishing.
We appreciate your continuing to social distance at the parks. For more information call The Club, 256-760-6420

"The Walk of Life" will return to Tuscumbia Landing on Saturday September 11, 2021. The Trolley will be at Tuscumbia Spring Park at 8am to shuttle those to the Landing site in Sheffield. Please bring your mask and observe social distancing. If you drive to the Landing, be there by 8am, ready to go when the Trolley arrives. The parking lot is paved, and the road is open for this event. The 2.2-mile walk retraces the Trail of Tears Removal route as close as possible to the original trail. Water is provided at the ballfield by the local Boy Scouts who receive a merit badge. The bathrooms will be open for the event. Tuscumbia & Sheffield Police departments will escort. Ending in Tuscumbia Spring Park, the Trolley will return those walkers with vehicles at the Landing Parking Lot.

The Walk of Life is hosted by Compelling Stories of the Southeast, a 501C3 organization of Tuscumbia. The event is free and open to the general public. For more information, call Robert Perry - 918-500-3467. Annie Perry is Event Coordinator.

Shoals Symphony presents Yesterday: A Tribute to the Beatles, Norton Auditorium on the UNA campus, Florence on September 19 at 7pm. The Shoals Symphony Orchestra will start the season off with some "Help!" from the #1 Tribute Act in Las Vegas, Yesterday! You'll hear chart topping hits of Beatles classics performed with live orchestra for a POPS crossover event sure to entertain! Tickets and info: ShoalsSymphony.org

Colbert & Lauderdale High School Students may be interested in knowing that representatives from the alumni office of University of Alabama in Tuscaloosa will be here to provide information for planning your future at the University. Learn how to apply for admission to UA. See what scholarships are available in your area and how your scholarship application can stand out!
Register at adm.UA.edu/register/asap-Colbert-Lauderdale
Event date: Monday, September 20 at 6:30pm. Turtle Point Country Club, 1000 Club Dr. in Killen
More information: tfuqua@colbert.k12.al.us or at Lauderdaleualumni@gmail.com

The Friends Bookstore, located in the Florence-Lauderdale Public Library, is now accepting donations of books and recent magazines. Bring your donations by the back entrance of the library on Tuesdays or Thursdays from 10am-2pm, and you will find a volunteer or library staff member to assist you. The Friends ask that you limit your donation to 20 items during this time and that donated items be in good condition. Items that the bookstore cannot accept include: encyclopedias, condensed books, cassette tapes, LP records, catalogues, and magazines older than 2 years old.

Donations are vital to the library and the bookstore, as the profit from the sales made in the Friends Bookstore provide the community with free services, materials, and programs. For more information, call 256-764-6564 ext. 126, or visit www.flpl.org

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SECRET: Add 7 to the total of the three dice on the table.



1	C	A	B	L	E
2	A	L	E	U	T
3	B	E	A	C	H
4	L	U	C	R	E
5	E	T	H	E	R

A Word Bridge!

R	D								
O	A	I	E						
W	H	J	A	B	R	N	P	A	E
O	M	A	U	O	A	C	O	L	O
E	S	H	B	G	Y	H	T	A	N
1	2	3	4	5	6	7	8	9	10

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ASK THE ATTORNEY



Thomas McCutcheon

Ask the Attorney is sponsored by local attorneys, McCutcheon & Hamner, PC, as a service to the residents of NW Alabama.

I Don't Like Doing This!

About 25 years ago I was in a Bankruptcy hearing and there was a lawyer representing Sears questioning my client about returning to Sears the toys she had bought her children for Christmas. I said, "look buddy I'll just pay you the money" and he nearly shouted, "I don't like doing this!"

I have a case in a neighboring county where a newly married teacher ran a stop sign on a county road and hit my client

without touching his brakes. He caused a rollover and much injury. He has, in addition to a new bride and a new home (according to Facebook) caused over \$130,000 in medical bills not to mention everything else. He only has \$50,000 in liability insurance coverage. How do you suppose that is going to work out for him?

Alabama only requires \$25,000 in liability coverage. We all see advertisements on television for people to tailor their coverage to fit their needs. For a lot of people that means as cheap as possible. If you own or are buying a house, expect an inheritance or have retirement account buy more than the minimum amount. To be fair, my client elected not to have uninsured motorist coverage which would have protected her in this situation. Eventually, somebody owes the hospital \$130,000. It shouldn't be my client who did nothing wrong and was T-boned on her way to the grocery store.

We may end up having to try the case and given the facts and witnesses (the main witness being the stop sign) to determine who owes the \$130,000 plus pain and suffering. I hate to see a young teacher in Bankruptcy. I don't like doing this! Buy plenty of insurance to cover your assets. My feelings about this don't matter. I'm hired to do a job and my job is to protect my client and see that she doesn't lose her home or file Bankruptcy because someone else wasn't paying attention.

Buckle up, buy insurance, and have a great week! 256-764-0112



Please send the questions to: "Ask the Attorney,"

P. O. Box 38, Florence, Alabama 35631 **MCCUTCHEON & HAMNER** ATTORNEYS AT LAW or visit our website at: www.mhatty.com

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