

Aroma Joes coming to Scarborough



Great Falls Construction of Gorham broke ground last week on the site of the first Aroma Joes in Scarborough. Completion of the 1010 square foot facility is expected in early 2022. (Photo courtesy of Great Falls Const.)

From Great Falls Const.

SCARBOROUGH - Great Falls Construction, broke ground last week on the first Scarborough Aroma Joe's location, on Saco Street.

The expected completion date is early 2022.

Aroma Joe's is one of the nation's leading handcrafted beverage chains and has 79 locations across 6 states and 30 in Maine, including nearby locations in South Portland, Gorham, and Saco.

Great Falls is one of Northern New England's premier design-build, construction management and general contracting firms, and is based in Gorham.

This Aroma Joe's will be 1010

square feet and will include a drive thru and a walk-up window. The location is owned by Mark Carey, Maryna Shuliakouskaya and Loren Goodridge who also own the Aroma Joe's in Gorham.

"The Scarborough community has been eager for an Aroma Joe's, and we are excited to be partnering on this project with Loren, Mark and Maryna," said Lisa Beeler the Director of Marketing at Great Falls Construction. "Both of our companies are focused on supporting our communities, so this was a natural fit. We are excited to see how Aroma Joe's will positively impact the Scarborough community."

Aroma Joes was founded in 2000 and is headquartered in South Portland,

with 79 locations across Maine, New Hampshire, Massachusetts, Rhode Island, Pennsylvania, and Florida.

Aroma Joe's is a local destination for handcrafted coffee and espresso drinks, unique infused blends, signature AJs RUSH® Energy Drinks and all-day food offerings served in a friendly and upbeat environment.

Aroma Joe's is positively impacting people with passion, caring and a commitment to excellence throughout every shop and community.

Great Falls Construction is a full-service construction management and general contracting company that seeks to grow personally and professionally rewarding business relationships.

Dog licensing registration begins Friday

From Town of Gorham

GORHAM - Beginning Friday, dog licensing registration for 2022 can be done in the Gorham Town Clerk's Office at 75 South Street, Suite 1, or online.

To renew licensing online, folks can visit the State of Maine Dog Licensing Online Purchasing & Renewal Service site at <http://bitly.ws/aN6R>. Licenses may be renewed online as long as they are not late.

All dogs ages 6 months and older are required by State Law to be licensed by Dec. 31 of each year. A \$25.00 late fee will be due for any dog licensed after Jan. 31, per state law.

A current rabies vaccination certificate and proof of spaying or neutering, if applicable, is required to license a dog.

The Animal Control Officer will be notified of all unlicensed dogs and owners could be fined for keeping an unlicensed dog.

To be added to an e-mail reminder list, please call the Town Clerk's office with your name, home address and e-mail address.

Please call the Town Clerk's office at (207) 222-1670 if you have any questions.

Fall Brush Drop Off

Public Works (80 Huston Road) will be open the next two Saturdays, Oct. 16 and 23, from 8 a.m.-noon to accept brush from Gorham residents.

No stumps or commercial drop off.

Leaves and grass clippings will also be accepted in the designated area throughout the season.

Please do not leave bags behind.

'Story Trails at Norlands' in October

From Norlands

LIVERMORE - A new family adventure, "Story Trails at Norlands," will be available for a limited time this October at the Norlands Living History Center in Livermore.

Story Trails of Maine has created this new event as a fundraiser for Norlands, and as a way to bring more families in to

explore this historical gem.

Groups will have an hour to look for clues and solve puzzles throughout the grounds and historical buildings, all while following a story filled with real information about the impressive Maine family who lived there.

"If you have not been to this site and explored the grounds, it is truly magical," said Joe Musumeci, owner of Story Trails

of Maine. "We wanted to give families an opportunity to see and learn about the history, using fun and interactive means to keep attention spans high and children engaged in the activity."

The event is available on Saturdays and Sundays, October 16-31, with starting times from 11am - 4pm.

Tickets must be reserved in advance. Children 14 and under get in for free.

Adult tickets are \$20 per person.

Reservations can be made online at <http://bitly.ws/h9No>

Story Trails of Maine develops interactive experiences and events around the state of Maine that are accessible and customized to educate, inform, and entertain.

With a focus on helping local communities and sharing the stories

See *Norlands*, page 9

Your Home Improvement Solution

AMERICAN BUILDERS
Custom Building & Remodeling

Commercial & Residential General Contractor

GARAGE PACKAGES

Remodel • Kitchens • Bathrooms • Basements • Excavating
Roofing • Siding • Windows • Garages • Additions

starting at
\$19,999

Call for a FREE Estimate! **500-8100**

Quality Craftsmanship

Fall into Bliss at
The Healing Community

MEDCo

40 Lisbon Street • 741 Main Street, Lewiston
189 Water Street, Gardiner

CALL FOR DELIVERY
1-866-42-MEDCo

www.thcMEDCo.com

@MEDCo.maine
@MEDCoME

• Flower • Edibles • Concentrates • Topicals •

Newsmakers, Names & Faces

Guest Column

What's really on the menu?

By Grammar Guy

Restaurant menus have gone through a rapid evolution over the past few years.

Gone are the door-stop-thick novels at places like The Cheesecake Factory; they've been replaced with QR codes so we can scroll through appetizers and entrees on our smartphones.

Although many paper menus have been replaced with digital devices, ridiculous restaurant terms — or what is known as

“restaurantese” — abides. It's time to unpack some of these nonsensical terms.

Whether you have a physical menu or a smartphone selection, you're bound to find some French phrases that make your food sound fancier. In truth, it's a way for a restaurant to charge an extra five bucks for a dish. Have you ever seen an entree list a side of “pommes puree”? That's mashed potatoes. Don't let them fool you; they're just adding some parsley or chives on top to jack up the price.

Or perhaps you've seen something with “au jus” at the end. That's meat juice, my friend, or, as some would call it, gravy. Mashed potatoes and gravy sound much fancier “en français.”

Is a menu item listed as “artisan” or “artisanal”? That's code for “needlessly artistic” combined with “we're going to charge you more.” Don't fall for it.

If a server goes out of her way to describe an item as “fresh,” doesn't that make you question all of the other ingredients?

She certainly doesn't call the avocados “months-old avocados.” “Fresh” is a filler word meant to impress you.

Of course, I can't discuss restaurantese terms without bringing up “farm-to-table.” While I appreciate a movement toward sourcing items from local suppliers, the term can mean something as simple as “Chef Reggie gets our meat from the butcher shop down the street.” When the ribeyes start coming with detailed biographies of the animal I'm eating, I'll be

impressed.

Restaurateurs have gotten creative with sizes. You've probably heard of “tapas,” which just means “small appetizer.” “Tapas” is a Spanish term that translates roughly into “give us more of your money.” Then there's “family size” or “sharing” plates. These are larger portions that chefs expect for you to sample and share with the other people at your table. I think all the different-sized plate approaches are more ways to increase the price of your

dinner out.

Maybe I'm a culinary cynic, or feel free to call me anti-epicurean, but I think the menu writers are leaning too heavily on restaurantese marketing ploys in order to bring home the locally sourced, grass-fed, cleverly curated, slow-cured bacon.

Curtis Honeycutt is a syndicated humor columnist. He is the author of “Good Grammar is the Life of the Party: Tips for a Wildly Successful Life”. Find more at curtishoneycutt.com.

Hike prepared this Fall

From Me Dept of IFW

AUGUSTA - As the leaves turn and Maine's forests light up with color, hiking enthusiasts near and far seek our hiking trails.

The unmatched views and cooler days present ideal hiking conditions, but hikers need to be prepared for fall's unique conditions: shorter days mean hikes may need to start ear-

lier in the day to be done by dark. Additional layers of clothing should be packed, especially for higher elevations, and an icy mountain top is possible.

The Maine Department of Inland Fisheries and Wildlife provided these safe hiking reminders:

Tell someone who is not hiking with you where you are going and when you plan to return. Should something happen, this will be key to helping the Maine Warden Service and other search and rescue personnel help find you.

There are fewer daylight hours in the fall - plan your hike accordingly. Rushing can lead to slipping or falling, and hiking in the dark is challenging. Know how long the hike may take, and plan accordingly. Pack a flashlight just in case.

Know that conditions will vary significantly across the state and at different elevations. Maine is

a large state, 35,385 square miles to be exact, and conditions will vary significantly from one area to the next. Winter conditions come much earlier in the northern parts and at higher elevations.

Respect private landowners. More than 94% of Maine's forest land is privately owned. The trail you may be hiking could be owned by a private individual, help keep this privilege by being a good land user. Keep it clean and stay on the trail. Be sure to not block paths, gates, or roads when you park.

Dress for the weather and in layers. Pack layers to prepare for changing weather conditions. Stick to wicking base layers that dry fast (no cotton) and top them with warmer layers such as fleece and a wind and rain resistant outer shell.

Know what shoes are needed. For many trails, hiking shoes with strong ankle support and tread are needed. It is best to avoid icy conditions altogether, but just in case, pack a pair of crampons or ice creep-



ers.

Be prepared for no cell phone service. Know your route without the help of your cell phone.

Pack essential items. You should always be prepared to spend a night in the woods should anything happen. Always pack water, high-protein snacks, and a fire starter. Learn more in the You Alone in the Maine Woods booklet at <http://bitly.ws/h9VD>.

Keep it clean. Always leave the land as you found it, if not better. If you see trash that someone else left, pick it up.

Stick to established trails and roads.

Be prepared for no restrooms. When nature calls, pick a spot at least 100 feet off the trail or

away from a body of water, and bury your poop at least six inches deep.

Share the woods. Maine is an outdoor playground for anglers, hikers, hunters, trappers, photographers, wildlife watchers, leaf peepers, and more... Give each other space and be courteous. With millions of acres of land, there is plenty of room for everyone to enjoy.

Have a plan B. If the trailhead is full, head to your next option. Consider adventuring during the week, and for shorter hikes, avoid peak hours.

When parking, always make sure other vehicles can continue to drive through the road. Never block roads, paths, or gates.

Blanchard's Cash Fuel

#2 Heating Oil and K-1
Off Road Diesel (Dyed)
On Road Diesel (Clear)
Propane

225-3588

3 Conant Road, Turner
(on the Auburn/Turner Line)

Don't Shiver...We Deliver!

www.blanchardscashfuel.com

WHY PEOPLE CHOOSE CHAMPOUX INSURANCE



Lynn Lowe
Licensed Agent

The Champoux Insurance Group welcomes Lynn Lowe to the team. Lynn has over 25 years experience. She has earned multiple designations throughout her career by continuing education to include AINS, AIS, API, CPIA & CPIW. Having these designations allows her to help identify the needs of each client & their individual

risks. Lynn enjoys using her skills to contribute to the team environment which carries over to the client.



CHAMPOUX INSURANCE
YOUR SECURITY IS OUR MAIN CONCERN

150 East Avenue - Lewiston, ME 04240
(207) 783-2246

www.MaineInsuranceOnline.com



- Landscaping
- Hardscape
- Drainage Installs
- Retaining Walls
- Mowing
- Snow Plowing
- and more!

207-344-5212

Newsmakers, Names & Faces

2021 Outstanding Forester Award



MFPC Board President Ryan McCoy presents the 2021 Outstanding Forester Award to MFS District Forester Dan Jacobs, with help from MFS Director Patty Cormier, and MFPC Executive Director Patrick Strauch at the 61st Maine Forest Council's annual meeting recently. (Photo Courtesy Maine Forest Products Council)

From ME DACF ester Award to Dan Jacobs at this week's 61st Maine Forest Products Council Annual meeting at Sugarloaf Mountain Hotel. Jacobs is a longtime forestry community member, having served as District Forester with the MFS

AUGUSTA - Maine's Department of Agriculture, Conservation and Forestry (DACF) Maine Forest Service (MFS) Director Patty Cormier presented the 2021 Outstanding Forester Award to Dan Jacobs for 21 years in Island Falls. "Dan is a true teacher, educator, forest practitioner, and messenger for safety in forestry operations," said Director Cormier. "He is a wonderful ambassador of our forests with assisting the gamut

of forestry stakeholders as they navigate the complex forestry world concerning regulations, federal cost-share programs, and the many other forestry programs. Congratulations, Dan!"

"I congratulate Dan Jacobs and thank him for his leadership and commitment to the many people, programs, and institutions he has served," said DACF Commissioner Amanda Beal. "The state's forest landscape would look very different if it were not for the expert services of Dan and all of our District Foresters."

"The Maine Forest Products Council honored Dan Jacobs as the Outstanding Forester of 2021 because of his exceptional ability to communicate with a wide variety of people in the forest economy, including landowners,

loggers, forestry organizations, and the general public. He listens to what people need and helps them achieve it," said Maine Forest Products Council Executive Director Patrick Strauch.

Jacobs covers the southern portion of Aroostook County and a few towns in northern Penobscot County as well. Before working for the Maine Forest Service, Dan was a forester for International Paper Company, based in Clayton Lake. He has also worked as a forester for the Houlton Band of Maliseet Indians. His forestry education includes an M.S. from Penn State, a B.S. from Utah State, and an AS from Unity College. He chaired the committee that prepared the MFS Forest Policy and Management Division book, "The Forestry Rules of Maine."

Also receiving recognition at the Maine Forest Products Council Annual meeting were Peter Triandafilou, Huber Resources Corporation, recipient of the 2021 Albert Nutting Award; Albro Cowperthwaite, North Maine Woods, recipient of the 2021 Abby Holman Public Service Award; John Gray, Maine Forest Products Council, recipient of the 2021 President's Award; and Ken Gallant, Pixelle Specialty Solutions, and Tom Griffin, Sappi Fine Paper North America, each receiving the first-ever Outstanding Environmental Manager award

Learn more about the Maine Forest Products Council, including the awards, organizational overview, coming events, issues, and other information on their website <https://maineforest.org/>.

National Lobster Day was Sept. 25

From Sen. King National Lobster Day recognizes the economic and cultural importance of the species, which is a major economic driver for Maine. Senators Collins and King have sponsored similar legislation every year since 2015. "Lobster is an inseparable part of Maine's history, heritage, and identity.

WASHINGTON, D.C. - U.S. Senators Susan Collins (R-ME) and Angus King (I-ME) celebrated Maine's lobster industry recently after the Senate unanimously passed their bipartisan resolution earlier this year designating Sept. 25 as "National Lobster Day."

It's a cornerstone of our state's economy, plays a central role in our coastal communities, represents us around the globe - and is nothing short of a part of who we are," said Senators Collins and King. "National Lobster Day is a chance to recognize the thousands of Maine people who power the state's iconic industry - from the men and women

who work on the docks, to those who catch, process, and cook the exceptional crustacean. If you can, we hope you'll join us today and enjoy a delicious, healthy, local Maine lobster."

"This year marks the 7th annual National Lobster Day, a holiday that gives us the opportunity to celebrate the heritage of the lobster

industry in Maine. From home cooks to professional chefs, we hope everyone will join us in serving up Maine Lobster this weekend," said Marianne LaCroix, Executive Director of the Maine Lobster Marketing Collaborative.

Lobster is one of the most valuable catches in the U.S., and a fundamental economic driver for Maine

communities throughout the state. In 2020, Maine lobstermen caught more than 96 million pounds of lobster, worth more than \$400 million. Senators Collins and King have been vocal advocates for the lobster industry by pushing back against harmful policies that would hinder the continued growth and success of the industry.

Jason Hodsdon Masonry

Chimneys • Chimney Cleanings • Masonry Demo
 Repointing & Repairs • Culture Stones
 Restorations • Stainless Steel Liners
We install professional chimney caps!

215-3557
 North Monmouth
Jasonhodsdonmasonry@gmail.com

THE DUMP GUY

Basement, Attic, Garage & Apartment Cleanouts

JUNK REMOVAL

Boat, Vehicle & Camper

ACCREDITED BUSINESS
 BBB

Angie's list
 Reviews you can trust.

(207) 450-5858 • www.thedumpguy.com Fully Insured

Gorham WEEKLY

(207) 558-8488
Info@GorhamWeekly.com

28 State Street, Gorham, ME 04038
 Mail: 9 North River Road #232, Auburn, ME 04210

©TWIN CITY PUBLISHING, INC 2021® FOUNDED IN 1998
 All materials found in GORHAM WEEKLY, INC. are copyrighted.
 All rights in those materials are reserved and permission to use them must be specifically granted by Gorham Weekly, Inc.

Laurie A. Steele
 Publisher/CEO
Laurie@GorhamWeekly.com

ADVERTISING
 For advertising information email
Ads@GorhamWeekly.com
 or call 207-558-8488.

Lillian Baker
 Office Manager
Lillian@GorhamWeekly.com

DEADLINE
 Deadline for ads and press releases is
 5 p.m. on Friday preceding publication.
 Published every Thursday.

Nathan Tsukroff
 Managing Editor
Editor@GorhamWeekly.com

PRESS RELEASES
 All submissions, including photos
 must be emailed to the editor,
Editor@GorhamWeekly.com.

Lacey Rollins
 Outside Rep
Info@GorhamWeekly.com

PROOFS
 Publisher is not responsible for any
 errors in ad copy not inspected by
 advertiser prior to publication.

FREE e-subscriptions at www.GorhamWeekly.com

Guest Essay

Why suicide is not the answer to your situation

By Stan Popovich

You are at the end of your rope and you can't take it any much longer. You are in pain and you feel there is no hope.

The first step you need to do is to seek treatment for your mental health issues. Do not make the decision to end your life when you are in these kinds of fearful situations.

With this in mind, here are seven reasons why suicide is not an option regarding your problems.

1. Things change over time: Regardless of your circumstances, events

do not stay the same. Everything changes over time. Knowing that your situation will improve will help give you the confidence that things are not as bad as they seem. In addition, your loneliness will not last.

2. There are always other options: You may feel lost and confused, but the answers to your specific problems are out there. The key is that you have to find the answers; the answers to your anxieties and depression will not come to you. As mentioned before, the first step in finding the solution to your problem is

to seek help from a qualified professional.

3. You can't predict the future: Remember that no one can predict the future with one hundred percent certainty. Even if the thing that you are afraid of does happen, there are circumstances and factors that you can't predict which can be used to your advantage. For instance, you miss the deadline for a project you have been working on. Everything you feared is coming true. Suddenly, your boss tells you that the deadline is extended and that he forgot to tell you the day be-

fore. This unknown factor changes everything.

4. Focus on the facts of your situation and not your thoughts: When people are depressed, they rely on their fearful and depressing thoughts. Your fearful thoughts are exaggerated and are not based on reality. When you are depressed, focus on the facts of your current situation and not on what you think. Do not assume anything regarding your current situation.

5. Worrying makes things worse: A lot of times, our worrying can make the problem even

worse. All the worrying in the world will not change anything. All you can do is to do your best each day, hope for the best, and when something does happen, take it in stride. The key is not to get upset and learn how to manage your negative thoughts.

6. Go to the hospital when it is that bad: If things are so bad that you are unable to function, drop everything and go to your local hospital or crisis center immediately. The people at the hospital or crisis center will take care of you right away.

7. No situation is

hopeless: There are many people and organizations that are willing to help you, but you must be willing to take advantage of this help. Regardless of your situation, take advantage of the assistance that is around you. Every problem has a solution. You just have to find it.

Stan Popovich is the author of the popular managing fear book, "A Layman's Guide to Managing Fear". For more information about Stan's book and to get some free mental health advice, please visit Stan's website at <http://www.managingfear.com>

Legislature could take legal action to support lobstermen

From Maine Legislature

AUGUSTA — Late last week, the Maine Legislature overwhelmingly approved a joint order from Senate President Troy Jackson, D-Allagash, that would allow the Legislative Council to take legal action in support of Maine lobstermen impacted by the harmful new federal regulations.

"Maine lobstermen are a vital part of our com-

munities and economy. For years, they've adapted the way they make a living to meet new rules and regulations to protect our natural resources and wildlife. However, the latest rules imposed by the federal government will do nothing to help the endangered species they were designed to protect while having damning consequences on hardworking Mainers and their families," said President Jackson. "Today,

lawmakers all across the ideological spectrum made it very clear that the Maine Legislature will not sit idly by while this iconic industry is under threat. We are ready to take legal action to right this wrong and support the hardworking men and women in the lobstering industry."

The joint order comes on the heels of a lawsuit filed by the Maine Lobstering Union in the United States District Court for the

District of Maine, seeking emergency relief related to the impending closure of Lobster Management Area 1.

"I fully support the Legislature taking every possible action to support the Maine lobster fishery and protect the fleet from unfair and arbitrary federal restrictions," said Rep. Genevieve McDonald, D-Stonington, a lobster boat captain. "We should not be basing regulations on outdated science, especially when the livelihoods of so many people hang in the balance."

The National Oceanic and Atmospheric Adminis-

tration released new federal regulations in August as part of a plan to protect Right Whales despite a lack of data and evidence linking current lobstering practices to the decline in this endangered species. An estimated 34 whales have died since 2017, with only 12 deaths occurring in U.S. waters. None of these deaths can be linked to the Maine lobstermen.

New regulations regarding fishing gear will take effect in May. The more controversial changes will take effect October 18. These changes are expected to cost lobstermen millions in new gear and

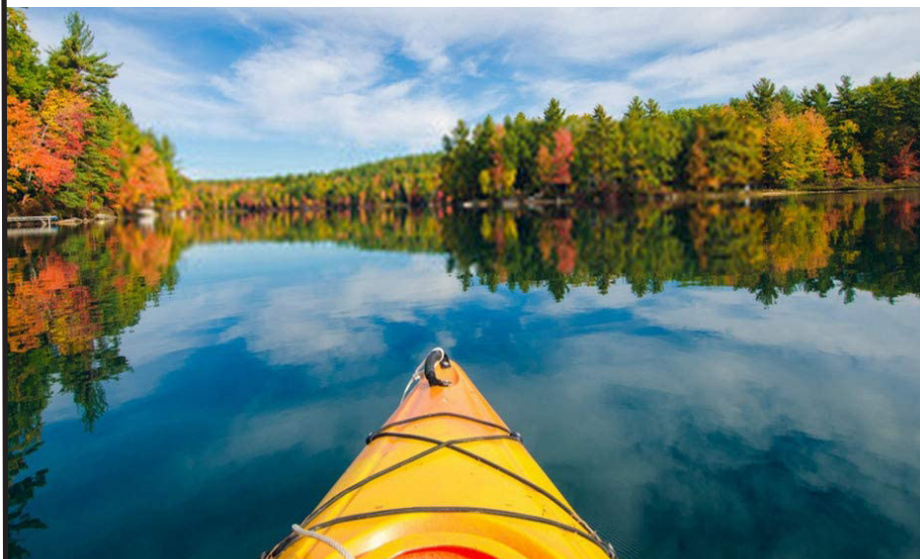
5-10 percent of their annual revenue according to the Portland Press Herald.

The Maine Lobstermen Association has filed their own lawsuit against the Secretary of Commerce and National Marine Fisheries Service in the United States District Court for the District of Columbia challenging the federal government's 10-year right whale protection plan.

The Legislative Council is a bipartisan committee that includes members of House and Senate leadership and is responsible for the overall management of the entire Legislature.

LEAF PEEPER KAYAK SALE

Enjoy the Fall Foliage in your new kayak!
Over 100 Kayaks and Canoes on Sale



SHAKER HILL
Outdoors

"Well worth the short drive from Lewiston"
271 Maine Street, Route 26, Poland
998-5390

www.shakerhilloutdoors.com

What do you think?

We strongly encourage Letters to the Editor, Op/Eds, columns or any other submissions from our readers.

Agree with us or another columnist? Disagree? Write to us and let us know!

Email all submissions, including name, address and phone number, to the editor.

Now accepting new clients!

Urban Edge Hair Studio
(207) 212-9440

MICHAEL G.

1117 Center Street
Auburn, ME 04210

WED - FRI 10-6 • SAT 9-3
Evenings by Appt. Only

Like us on Facebook!



Call for proposals for Land for Maine's Future

From Maine DACF

AUGUSTA - The Mills Administration last week announced a call for proposals for conservation and recreation projects through the Lands for Maine's Future Program (LMF).

This LMF funding opportunity is the first since 2017 and is the direct result of Governor Mills' proposing and lawmakers approving \$40 million over four years to replenish the program in the most recent biennial budget.

LMF is the State's primary funding vehicle for conserving land for its natural and recreational value

The call for proposals was announced by the Maine Department of Agriculture, Conservation and Forestry.

"As we push full speed ahead on our economic recovery, now is the time to conserve in perpetuity the natural resources that form the backbone of our rural

economy," said Governor Janet Mills. "To sustain our heritage — our farms, forests and working waterfronts, saving them from development and making sure they are forever available to fishermen, families and farmers of Maine — I am excited to issue the first call for proposals since 2017 for the Land for Maine's Future Program. Preserving and protecting our cherished lands is one of our highest callings, and I encourage all who are interested to consider the program."

"The LMF Program has a lengthy history of protecting Maine's natural resources, and with this new infusion of funding, will continue advancing its important work on behalf of the people of Maine," commented DACF Commissioner Beal. "This call for proposals will bring forth the next generation of land conservation, including supporting our state climate objectives."

"The LMF board and program staff are

committed to making funds available to our applicant community as quickly as possible while maintaining a fair and equitable process that focuses on targeted conservation priorities," LMF Director Sarah Demers.

"This opportunity to invest 40 million dollars in Maine's special lands and waters and to work with our amazing conservation partners is a welcome and exciting challenge. Maine people have a long-standing record of supporting the LMF Program, and we all appreciate the leadership of both Governor Mills and the Legislature for making the protection of our state's natural resources a top priority," LMF Board Member Barbara Trafton said.

"Maine has made considerable progress in conserving land but there is much more to do. Land for Maine's Future assures that we continue to make progress conserving what we all know and love for future genera-

tions," LMF Board Member Don Kleiner said.

LMF project awards include the conservation of working forests, farms, and commercial waterfronts, public access to our woods and waters, and the protection and management of wildlife.

Several program priorities and practices were formalized through the budget bill, including establishing a Community Conservation funding category to replace the local and regional significance categories. Projects addressing climate change and deer habitat will have priority. Additionally, it is now a statutory requirement that, except for working farms and working waterfronts, lands acquired with LMF funds may not prohibit public access, hunting, fishing, and trapping, which has been the practice since the program started more than 30 years ago.

LMF is the State of Maine's primary funding vehicle for conserving land for its natural and

recreational value. The program was established in 1987 when Maine citizens approved a bond to fund \$35 million for the purchase of lands, and the program's priority is to conserve Maine landscape, recognizing that working lands and public access to these lands is critical to preserving Maine's quality of life.

Since then, LMF has conserved nearly 604,000 acres of land, more than half of which — 333,425 acres — has been working lands. This includes 41 farms and 9,755 acres of farmlands and 26 commercial working waterfront properties, along with 1,272 miles of shorelines of rivers, lakes and ponds, 58 miles of coastline, and 158 miles of former railroad corridors for recreational trails.

Prior to this \$40 million infusion, the fund was nearly depleted. Now that it is replenished, LMF can continue its robust conservation efforts, leveraging Federal funding enacted last year

through The Great American Outdoors Act, which is expected to send tens of millions of dollars to the state for protection and conservation efforts.

Full details about the types of projects supported, who is eligible to apply, the application process, and the 2021 LMF Proposal Workbook are available now on the LMF website at <http://bit.ly.ws/h9TB>

Best Source for Arts, Music and Theater!

Your Hometown Paper.

Safe Voices seeks donors for holiday outreach

AUBURN - Safe Voices, the domestic violence and sex trafficking resource center based in Lewiston, invites businesses and community members to participate in its annual holiday programs Feed-a-Family and Adopt-a-Family.

Individuals, businesses and community organizations are welcome and may choose to support one or both programs.

This annual program serves more than 100 families across Androscoggin, Oxford and Franklin counties each year. Similar to 2020, advocates anticipate greater

need as survivors continue to struggle with increased risk and instability brought on by COVID-19 and social distancing. For parents and children who are struggling with isolation brought on by abuse, or who have had to flee a dangerous situation at home, donors can help provide a happy holiday in difficult times.

The Feed-a-Family program matches donors with a family to provide a complete Thanksgiving dinner. Donors purchase the supplies for a traditional dinner of turkey, sides and dessert and deliver them to Safe Voices,

who will then get them to the family in need. The Adopt-a-Family program also matches donors with families to provide gifts in celebration of the December holidays.

If you would like to participate as a donor, please call or email Emily Mitchell at 207-795-6744 x222 or emitchell@safemothers.org. Donors may also complete a participation form online at www.safemothers.org.

If you or someone you know is in a domestic violence situation, please call Safe Voices' 24-hour helpline at 1-800-559-2927.

Follow us on Facebook!

Don't miss our weekly giveaways!

Sealcoating • Hot Rubber Crack Filling
New Installations • Concrete
Reclaimed Asphalt • Loam



Our premium grade sealer inexpensively adds years of life!

Protect your investment with our wide range of products!

Roadmark Industries

Mike Willett • 143 Pleasant Street • Auburn

(207) 240-5535



Save \$\$ on your business phone!

Call today for a demonstration!

PROFESSIONAL
COMPUTER SERVICES INC.

207.784.6295

buck@pro-pc.us



Buck Buchanan
A+, MCP Certified Technician

Arts & Entertainment

League play continues at Junction Bowl

From Junction Bowl

GORHAM – The Just The Tip team led the way with 2364 points in Monday night league action in the second week of the fall season at Junction Bowl on Railroad Avenue in Gorham.

Scores include the player handicap.

Week 2

Monday Night

Just The Tip had the high scores for the night as the team rolled for 2 games and the weekly team series over Right Lane, 2364-2177.

Just The Tip

Kenneth Reno
228-177-212—617
Romeo Jalbert
200-220-179—599
Substitute
195-182-204—581
Substitute
229-168-170—567

Right Lane

Brian Gonneville
154-187-204—545
Adam Homan
157-148-170—475
Colin McLean
192-168-183—543
Bill Haskell
236-154-224—614

Pin Me Please scrambled for 2 games and the weekly team series over Hammond Eggs, 2220-2169.

Pin Me Please

Rick Cormier

167-176-205—550
Heather Lavallee
206-164-180—549
Brendan Gow
189-195-179—563
Croinna Campbell
212-176-170—558

Hammond Eggs

Ryan Stuart
170-203-182—555
Bobby Brown
199-243-173—615
Alex Benner
154-160-166-480
Substitute
142-183-194—519

Split Happens took 2 games and the weekly team series against Big 4, 2234-2161.

Split Happens

Heather Bryant
181-212-182—575
Kaitlyn Lemieux
170-175-173—518
Erica Jackson
205-214-189—608
Substitute
188-179-166—533

Big 4

Nick Calvert
172-200-192—564
Sebastian Pettitt
160-208-213—581
Substitute
152-160-179—491
Vacant
175-175-175—525

Tuesday Night

Ryan Morneau rolled for 705 as he led 3 Men & A Lady to victory in all three games and the weekly team series against Ball Breakerz, 2400-2253.

3 Men & A Lady

Ryan Morneau
279-222-204—705
Jonathan Ruppel
211-169-170—550
Amanda Morneau
187-205-184—576
Tom Morneau
183-155-231-569

Ball Breakerz

Karl Vance
152-191-179—522
Joseph Lamb
195-195-168—558
Kyle Gosselin
179-181-237—597
Casey Richardson
198-183-195—576

Bumper Babes outlasted Shiny Balls for 2 games and the weekly team series, 2283-2225.

Bumper Babes

Terri Whyte
201-185-165—551
Sue Marston
190-198-170—558
Amy Sullivan
194-240-214—648
Brenda Williams
172-168-186—526

Shiny Balls

Shaun Sullivan
184-178-180—542
Nate Esty
162-205-196—563
Erik Clark
165-184-218—567
Ben McDonald
181-204-168—553

Spare Balls knocked out 2 games and the weekly team series against Dolls w/Balls, 2156-2129.

Spare Balls

Todd Walker
187-206-158—551
Scott Stevens
163-179-193—535
Dean Walker
191-191-158—540
Matt Nelson
197-181-152—530

Dolls w/Balls

Jessica Merrill
151-195-170—516
Melissa Dubois
181-165-189—535
Deb Stanton
155-187-199—541
Amanda Heatley
195-187-155—537

The Gutter Rats took on the Miss Splits, finishing the night with 2 games and the weekly team series, 2284-2205.

The Gutter Rats

Ben Smith
176-227-208—611
Amy Pompeo
225-159-157—541
Gary LaPierre
175-201-212-588
Shawna LaPierre
176-188-180—544

Miss Splits

Barbara Gagnon
171-205-177—553
Bethany More
212-211-177—600
Tammie Perez
157-203-187—547
Wendy Koons
181-162-162—505

Gutter Dwellers took the night from Splits & Giggles with all 3 games and the weekly team series, 2264-2109.

Gutter Dwellers

Tyler Graves
165-176-173—514
John Gardner
223-208-242—673
Cory Abbott
156-178-187—521
Nicholas Paul
179-183-194-556

Splits & Giggles

Tiffany Chapman
155-150-137—442
Terry Leonhartt
151-192-181—524
Martina Smith-Notz
208-177-228-613
Substitute
162-174-194—530

Thursday Night

A full slate of teams filled the lanes on Thursday night.

Emotional Bowler Coaster overcame Split Happens with all 3 games and the weekly team series, 2066-1889.

Emotional Bowler

Kevin Kassa
166-191-176—533
Tonya Kassa
164-165-166—495
Mike Tobin
163-183-160—506
Jenn Leanhart
188-179-165—532

Split Happens

Denise Williams
130-187-163—480
Chris Lee
175-160-166—501
Duayne Frank
119-172-145—436
Substitute

166-163-143—472
Crows & Turkeys prevailed over Babes & Buds with 2 games and the weekly team series, 2314-2260.

Crows & Turkeys

Jake Ouellette
162-186-195—543
Terry Moore
169-191-179—539
Peter Luciano
242-234-194—670
Substitute
208-171-183—562

Babes & Buds

Marc Litif
202-145-189—536
Jacqui Litif
163-165-193—521
John Kirk
181-226-207—614
Linda Kirk
178-195-216—589

Pin Pals played unopposed for 3 games and the weekly team series, 2268-2100.

Pin Pals

Amanda McDermott
225-238-218—681
Allie Kinslow
147-167-166—480
Nikki Pratt
159-235-188—582
Vacant
175-175-175-525

Vacant

Vacant
2100
Gutter Gang grabbed all 3 games and the weekly team series from Minds In The Gutter, 2397-2208.

See Junction, page 14

Open for curbside pick-up, take out, indoor dining, bowling and arcade!

American pub-style food and drinks.

A 7 Railroad Ave, Ste 102 | W www.jctbowl.com
Gorham, ME 04038 | P 207.222.7600

We Deliver.

Uber Eats | GRUBHUB | Postmates | DOORDASH

DELIVERY

SUBWAY Not all delivery services available at every restaurant. All chips-related trademarks are owned by Frito-Lay North America, Inc. ©2020. Subway® is a Registered Trademark of Subway IP LLC ©2020 Subway IP LLC.

FRIED SEAFOOD	BAKED SEAFOOD
served with choice of two sides	served with choice of two sides and garlic toast
HADDOCK FISH & CHIPS \$13.99	BOSTON HADDOCK \$12.99
CLAM STRIPS \$9.99	GARLIC HADDOCK \$12.99
COCONUT SHRIMP SM \$7.99	HADDOCK FROMAGE \$14.99
FRIED SHRIMP SM \$10.99	BAKED SCALLOPS \$17.99
FRIED SCALLOPS \$17.99	HADDOCK & SCALLOPS \$18.99
SEAFOOD PLATTER \$22.99	STUFFED HADDOCK \$18.99
KING'S PLATTER \$31.99	SEAFOOD PLATTER \$22.99
GRIDIRON Restaurant LEWISTON, MAINE	1567 Lisbon Street Lewiston, ME 207-777-6353 -- 207-777-6354 INDOOR & OUTDOOR SEATING - TAKE OUT open daily 11am - 9pm

'Readers Theater' with Maine Authors at CCAC

From CCAC

BATH - The Chocolate Church Arts Center (CCAC) will present a "Readers Theater" event on Friday Oct. 22, in which professional actors will perform short stories by acclaimed Maine Authors Morgan Talty and Monica Wood.

A book signing and chance to meet the authors will follow the performance.

Readers Theater is a style of performance that blends the reading aloud of a book with theatrical elements before a live audience. The cast of actors simultaneously narrates the story and brings added life to the characters through voice, expression, and movement. In "Food for the Common Cold" by Morgan Talty, a native boy in Eastern Maine uncovers the losses of the past that keep resurfacing in his family's present. In "Shuffle, Step" by Monica Wood, a widower unexpectedly finds himself taking dance lessons with his 13-year-old neighbor after he wins a free class in a raffle.

The majority of the proceeds from the event will go toward supporting Midcoast Literacy, a non-profit organization based in Bath that has been providing free literacy programs to people of all ages in Lincoln, Sagadahoc and northern Cumberland Counties for nearly 50 years.

Morgan Talty is a citizen of the Penobscot Indian Nation, where he grew up. He received his BA in Native American Studies from Dartmouth College and his MFA in fiction from Stonecoast's low-residency program. His story collection, *Night of the Living Rez*, is forthcoming from Tin House Books (2022), and his work has

appeared in *The Georgia Review*, *Shenandoah*, in *The TriQuarterly*, and *Narrative Magazine*. Talty teaches courses in both English and Native American Studies, and he is on the faculty at the Stonecoast MFA in creative writing.

Monica Wood is a novelist, memoirist, and playwright; the 2019 recipient of the Maine Humanities Council Carlson Prize for contributions to the public humanities; and a recipient of the Maine Writers and Publishers Alliance Distinguished Achievement Award for contributions to the literary arts. Her most recent novel, *The One-in-a-Million Boy*, has been translated into 20 languages in over 30 countries. She is also the author of *When We Were the Kennedys*, a New England bestseller, Oprah magazine summer-reading pick, and winner of the May Sarton Memoir Award and the Maine Literary Award.

CCAC is requiring that all attendees show proof of vaccination or proof of a negative COVID test (within 48 hours prior to a performance) at the door. For this show, face coverings are strongly rec-



Authors Monica Wood and Morgan Talty will be the featured artists in a "Readers Theater" at Chocolate Church Art Center in Bath on Oct. 22. (Photo courtesy of CCAC)

ommended while seated, and required while purchasing concessions and merchandise, or while otherwise interacting with any event personnel.

The Chocolate Church Arts Center is located at 804 Washington Street in Bath. Tickets for Readers Theater are \$15 in advance or \$20 day of show, and are available at chocolatechurcharts.org or by calling 207-442-8455.

Call Today to reserve a Bouncer for your next Party!



**Funtimes Kids Entertainment
(207)-740-3372**

THIS WEEKEND

"It will leave you with a lump in your throat and joy surging in your veins!"

-The Chicago Sun-Times

MIDDLETOWN

THE RIDE OF YOUR LIFE! By Dan Clancy
presented by Special License from GFour Productions

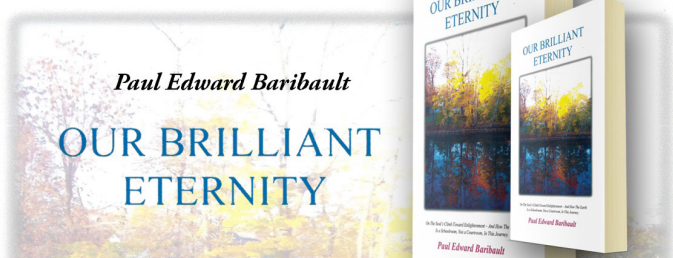
Proof of vaccination (or neg COVID test w/in 48 hrs) and a mask are required to attend

Oct 15-24 | Video On Demand: Oct 19-24
ThePublicTheatre.org | 782-3200

SPONSORED BY Baxter Brewing, Evergreen Subaru, Rent-It! SEASON UNDERWRITERS Platz Associates, Sun Journal, WOXO 96.9 & WIGY 105.5/95.7, Austin Associates, Maine Magazine

THE PUBLIC THEATRE

31 Maple Street, Lewiston



Is the worry about what comes after this life weighing you down? Whatever your faith, or if it is absent, you're a child of God – and ultimately

Heaven is your home.

A new work by Lewiston playwright and Children's book author, **Paul Baribault**

"At its center, this book is about the soul's climb toward Enlightenment, and how the Earth is a Schoolroom, not a courtroom, in our journey."

Available on Amazon and @ www.Ourbrillianteternity.com

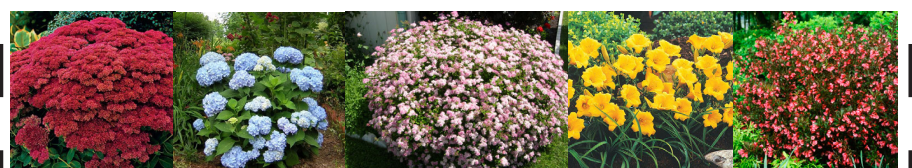
"The prose is inspired – and inspiring – glowing with inner radiance and kindness."
"I felt such a sense of hope when I finished this book." From Amazon reviews.

BOGO PLANT SALE

Buy 1 Get 1 FREE
or 25% OFF Single Item

All shrubs, trees perennials are on sale

With this coupon. Expires November 30, 2021



SHAKER HILL
Outdoors

"Well worth the short drive from Lewiston"

271 Maine Street, Route 26, Poland

998-5390

www.shakerhilloutdoors.com

Basement Remodel



Transform your basement to create expanded livable space to enhance your home.

No Money Down • Financing Available

Remodel • Kitchens • Bathrooms • Basements
Roofing • Siding • Windows • Garages • Additions

AMERICAN BUILDERS 
Custom Building & Remodeling

(207) 500-8100 • www.AmericanBuildersMaine.com

Maine Dentistry named “Best Places to Work”



Dr. Amritha Minisandram, Dr. Benjamin Lawlor, and Dr. Katie Clark lead the team at Maine Dentistry, that was recently named one of the 2021 Best Places to Work in Maine. Maine Dentistry provides cosmetic, TMJ, and family dentistry services at its offices in Gray, Auburn, and Portland. (Photo courtesy of Maine Dentistry)

From Maine Dentistry

GRAY - Maine Dentistry was recently named as one of the 2021 Best Places to Work in Maine.

Receiving this award in the small business category, Maine Dentistry employs more than 20 medical and clerical staff at its offices in Gray, Portland, and Auburn.

Focusing on cosmetics, implant, Invisalign, and TMJ but with a focus on overall patient health, Maine Dentistry practices comprehensive, in-depth treatment for its expansive patient base.

The awards program was created in 2006 and is a project of the Society for Human Resource

Management - Maine State Council (MESHRM) and Best Companies Group. Partners endorsing the program include: Mainebiz, the Maine State Chamber of Commerce and Maine HR Convention.

This statewide survey and awards program was designed to identify, recognize, and honor the best places of employment in Maine, benefiting the state’s economy, its workforce, and businesses. The 2021 Best Places to Work in Maine list is made up of 100 companies in three size categories: small (15-49 U.S. employees), medium (50-249 U.S. employees) and large (250+ U.S. employees).

To be considered for

participation, companies had to fulfill the following eligibility requirements:

- Have at least 15 employees working in Maine
- Be a for-profit or not-for-profit business or government entity
- Be a publicly or privately held business
- Have a facility in the state of Maine
- Must be in business a minimum of 1 year

Companies from across the state entered the two-part process to determine the Best Places to Work in Maine. The first part consisted of evaluating each nominated company’s workplace policies, practices, and demographics. The second part consisted of an employee survey to

measure the employee experience. The combined scores determined the top companies and the final rankings.

Maine Dentistry will be recognized in the October edition of Mainebiz where the rankings will be revealed for the first time, following a planned awards event.

For more information on the Best Places to Work in Maine program, visit www.BestPlaces-toWorkME.com.

Norlands

Continued from page 1

of Maine, Story Trails of Maine works with towns, schools, busi-

nesses, and other local organizations to engage the public in exciting new ways. Learn more at storytrailsmaine.com.



Entering the Norlands Library for a recent visit are Aimee Griffith, Mary Ellms, Ian Griffith and Molly Griffith. (Photo courtesy of Norlands)

Best Source for Arts, Music and Theater!
Your Hometown Paper.

CLEAN BOOKS, LLC
BOOKKEEPING & PAYROLL

Olivia Ouellette
Owner
(207) 370-9292
cleanbooksmaine@gmail.com

9 North River Road
Suite 232
Auburn, ME 04210

Water that just works.

GOODWIN
WELL & WATER INC.

Maine’s leader in water well drilling, pump installation, and geothermal installation.

207.224.7861 goodwinwellandwater.com

Up to \$450 Transfer Bonus*
\$30 per \$1,000

as low as

7.99 % APR¹

FIXED RATE

NO balance transfer or annual fee

(888) 294-2572
egcu.org/card

Evergreen
Credit UnionSM

SCAN to APPLY

*Earn \$30 bonus for each \$1,000 transferred to a new or existing ECU Sun Select Credit Card during the promotion period, not to exceed \$450. Balance transfers must occur during the promotional period of October 1, 2021 - March 31, 2022, in order to be eligible. The bonus is payable 60 days after the month-end in which the balance transfer took place and the credit card must remain open. ¹Annual Percentage Rate as of 10/1/21. Not all applicants will qualify for the lowest rate. Promotion subject to change without notice. Foreign transaction fees may apply. Federally insured by NCUA.

USDA helping rural Maine businesses lower energy costs

From USDA

WASHINGTON, D.C. - U.S. Department of Agriculture Secretary Tom Vilsack recently announced the Department is investing \$464 million to build or improve renewable energy infrastructure to help rural communities, agricultural producers and businesses lower energy costs in 48 states and Puerto Rico.

"USDA continues to prioritize climate-smart infrastructure to help rural America build back better, stronger and more equitably than ever before," Vilsack said. "We recognize that lowering energy costs for small businesses and agricultural producers helps to expand economic development and employment opportunities for people in America's rural towns and communities. The investments we are announcing today demonstrate how the Biden-Harris Administration has put rural communities at the heart of climate action and climate-smart solutions."

USDA Rural Development Acting Maine State Director Tommy R. Higgins said, "I am pleased that USDA Rural

Development can assist these forward thinking businesses to help them install renewable energy systems that will lower operating costs over time. Investing through the Rural Energy for America Program helps the Maine economy and contributes to a cleaner and more sustainable future for Maine communities."

USDA is financing \$129 million of these investments through the Rural Energy for America Program. This program provides funding to help agricultural producers and rural small businesses purchase and install renewable energy systems and make energy efficiency improvements. These climate-smart investments will conserve and generate more than 379 million kilowatt-hours (kWh) in rural America, which equates to enough electricity to power 35,677 homes per year.

USDA is financing \$335 million of these investments through the Electric Loan Program. The loans will help build or improve 1,432 miles of line to strengthen reliability in rural areas. The loans include \$102 million for

investments in smart grid technology, which uses digital communications to detect and react to local changes in electricity usage.

In Maine, eight businesses have been selected to receive REAP Loans and Grants for a total of \$7,464,060:

Wohelo Incorporated, located in Raymond, has received a grant in the amount of \$9,967. This Rural Development funding will be used to assist the business to install a solar photovoltaic system. This project will save \$2,467 per year and will generate 16,790 kilowatt hours annually, which is enough to power one home. Wohelo, Incorporated, dba Wohelo Camps, is a set of girls' residential camps in Raymond, Maine.

Wilbur's of Maine Chocolate Confections, in Freeport, has received a grant in the amount of \$20,000. This USDA Rural Development funding will be used to install a new solar photovoltaic system. This project is expected to save \$4,551 per year. It will generate 37,050 kilowatt hours per year, which is enough to power three homes. Wilbur's of Maine

is a chocolate and candy store located in Freeport, Maine.

Dooryard Farm, LLC., in Camden, has received a grant in the amount of \$14,400. This Rural Development funding will be used to install a new solar photovoltaic system. This project is expected to save \$1,603 per year. It will generate 28,718 kilowatt hours per year, which is enough to power two homes. Dooryard Farm, LLC., is a certified organic farm that grows vegetables and pasture-raised animals in and around Camden, Maine.

Littlefield Retreat, LLC., in Springvale, has received a grant in the amount of \$13,000. This Rural Development investment will be used to help install a solar photovoltaic system. This company owns and operates Purposely Lost, Maine's first and only eco-friendly, carbon neutral, luxury-meets-camp retreat in Springvale, Maine. This project is expected to save \$1,284 per year and will generate 89,370 kilowatt hours per year, which is enough to power eight homes.

Poor Richard's In-

corporated, in Springvale, has received a grant in the amount of \$3,197. This Rural Development investment will be used to help install a solar photovoltaic system in Springvale, Maine. This project is expected to save \$1,018 per year. It will generate 7,100 kilowatt hours per year. Poor Richard's Incorporated, dba Ferment Farm, specializes in heritage produce used to produce premium micro-batch foods including ice cream, fermented foods, and cider.

Sheepscot Valley Brewing Company LLC., in Whitefield, has received a grant in the amount of \$6,231. This Rural Development investment will be used to install a new solar photovoltaic system that is expected to save \$2,200 per year and replace 16,542 kilowatt hours (100 percent of the company's energy use) annually. This is enough energy to power one home. Sheepscot Valley Brewing Company LLC is a micro-brewery and tasting room.

Morning Dew Farm LLC., in Damariscotta, has received a grant in the amount of \$12,265. This Rural Development investment will be used to install

a new solar photovoltaic system. This project is expected to save \$3,100 per year and will generate 28,626 kilowatt hours per year, which is enough energy to power two homes. Morning Dew Farm LLC is a grower of organic vegetables and seedlings.

REAP Loan Recipient

Augusta Road Bowdoin Solar LLC., in Bowdoin, has received a REAP Guaranteed Loan in the amount of \$7,385,000 in partnership with lender Crestmark, a division of MetaBank. This Rural Development investment will be used to provide permanent financing to build a 5.415 MWdc ground-mounted solar project located in rural Bowdoin, ME. The project has interconnection and net energy billing agreements in place with Central Maine Power Company and is expected to produce 6,787,000 kilowatt hours of electricity in the first full year of operation.

For more information on the REAP Program, contact Brian Wilson, Business & Cooperative Programs Director, at (207) 990-9125 or brian.wilson@usda.gov.

Photographer returns to 1970s Portland in 'Take it Easy'

Book of street photography spotlights a city on the cusp of change

From IslandPort Press

YARMOUTH - During the 1970s, a young John Duncan was a free spirit, cab driver, dishwasher, and budding photographer whose daily visits to the streets of Portland with his camera produced a remarkable body of work—capturing a city on the cusp of change.

In 1979, Duncan stored away his film and negatives and the pictures remained largely forgotten for roughly forty years while he traveled, worked, and raised a family.

Now, more than 130 of those long-forgotten black-and-white images have been collected into his first book, "Take it Easy: Portland in the 1970s" published by Maine-based Islandport Press. Take it Easy showcases not only a personal journey, but reveals the everyday beauty and truth of a city in the midst of radical change. Centered largely on the decline and transformation of Congress Street and the adjacent downtown area, this collection captures friends and strangers of all ages as they

navigate their day-to-day lives—in what became an iconic era—through the intuitive and empathetic lens of Duncan's camera.

"The sheer volume of photographs, their personal nature, the compressed timeline, and the unusually concentrated location—essentially Congress Street in the midst of its epic fall from grace in the 1970s—combine to create a remarkable collection of images and text that paint a rare close-up view of a living, breathing city buffeted by change and uncertainty," said Dean L. Lunt, Editor-in-Chief of Islandport Press. "Duncan was working and living downtown at the time and his daily access, natural curiosity, and informal style captured the joy and melancholy of a city as it played out in real time during what proved to be an iconic era in general and a transformative era for Portland specifically."

The book is scheduled for release on Nov. 9. Duncan will celebrate the book's launch at the St. Lawrence Arts Center, 76 Congress Street, Portland at

5:30 p.m. on Monday, Nov. 8 p.m. The event is free and open to the public. Other events to be announced.

Duncan, who was born and raised in Falmouth, graduated from high school and moved to Portland in 1969. After attending Woodstock, which changed his life, he worked at a series of jobs over the ensuing decade—including cab driver, dishwasher, oil rig roughneck, deckhand at Casco Bay Lines, and truck stop attendant.

As much as possible, he pursued his love of photography through it all. He married his wife, Susanne, while travelling and working in Europe in the 1980s and returned to Maine to raise his family in Portland. Now retired, Duncan has been looking back over his rediscovered photographs and reminiscing about an almost-unbelievable past.

Islandport Press is a dynamic, award-winning publisher dedicated to stories rooted in the essence and sensibilities of New England. For more information, please visit www.islandportpress.com.

US takes part in food systems summit

From USDA

ROME, Italy - In the leadup to the United Nations Food Systems Summit in September, U.S. government officials took part in the Pre-Summit Ministerial meeting in Rome July 26-28.

The summit will advance proposals, build coalitions, and seek solutions to end hunger and poverty and build more sustainable, equitable and resilient food systems.

U.S. Department of Agriculture Deputy Secretary Dr. Jewel Bronaugh, the head of the U.S. delegation, said, "The United States is invested in the success of the Food Systems Summit and has prioritized ending hunger and malnutrition, addressing climate change, and building more sustainable, equitable and resilient food systems."

Bronaugh emphasized that the United States is the largest provider of international agricultural, economic development, and humanitarian food assistance - including assistance for school meals. In video remarks, U.S. Agency for International Development

Administrator Samantha Power underscored the United States' commitment to Zero Hunger and highlighted the U.S. government's Feed the Future initiative, which aims to reduce hunger, malnutrition and poverty through long-term, sustainable solutions. Power also noted the strong set of commitments the United States is preparing to make at the Summit to empower millions more to feed themselves and their communities.

The United States announced support for new initiatives at the Pre-Summit. Recognizing that school feeding programs are key to reducing hunger, increasing educational opportunities, and promoting gender equity worldwide, the United States promoted participation in the Global School Meals Coalition, which will expand school feeding programs and make nutritious meals available for all children by 2030. As part of the U.S. focus on climate, the United States continued building support for the Agriculture Innovation Mission for Climate, which was announced at President Biden's Leaders' Summit on Climate in April, with the addition of

10 new partners: Burkina Faso, Colombia, Ghana, Honduras, Hungary, Republic of Korea, Mexico, Philippines, Ukraine and Vietnam. Recognizing that food loss and waste are a major contributor to the climate crisis, the United States also supported the creation of a global Coalition on Food Loss and Waste to reduce food loss and waste domestically and internationally.

The United States supports a Food Systems Summit that reflects and serves the needs of diverse stakeholders around the world, from producers to consumers and particularly those in marginalized communities, including women, youth, and indigenous people. In the leadup to the Pre-Summit, the United States hosted three National Food Systems Dialogues, allowing diverse stakeholders to discuss challenges, opportunities, and pathways forward. Bronaugh shared some of the results of these dialogues at the Pre-Summit and emphasized that realizing the goals of the Summit will require strengthening the capacity of all participants in food and agriculture systems.

Research shows animals adapting to climate change



New England Aquarium Research Scientist Dr. Dan Pendleton documents an encounter with a right whale in the Bay of Fundy. (Photo by New England Aquarium, collected under Dept. of Fisheries and Oceans Canada SARA permit)

Aquarium's Dr. Daniel E. Pendleton, a research scientist who studies species' movement patterns, has been involved in two recent studies and penned a scientific essay observing how animals are adapting to climate change—a harbinger for humans.

The studies by Pendleton, who works in the Aquarium's Anderson Cabot Center for Ocean Life, and his colleagues resonates even more following last month's dire "Climate Change 2021: The Physical Science Basis" report by the Intergovernmental Panel on Climate Change (IPCC) which finds that climate change is "widespread, rapid, and intensifying" across the globe, affecting sea level rise, air quality,

and global temperatures.

In a joint essay in the scientific journal Oceanography, Pendleton and Dr. Andrew J. Pershing, Director of Climate Science at Climate Central and an Adjunct Scientist/Former Chief Scientific Officer at the Gulf of Maine Research Institute, discuss the challenges that right whales face as the climate changes. Right whales must adapt to a decline in food resources in their traditional habitats while those resources increase in new habitats. Their essay also analyzed

a study about North Atlantic right whales migrating more frequently from the Gulf of Maine to colder waters in the Gulf of St. Lawrence in search of their main food source, copepods. In addition to the effects of fishing gear entanglements and ship strikes, the low birth rate of right whales suggests that the species is struggling to find enough food. There are only about 350 individual North Atlantic right whales remaining.

"The right whale's specific story is not simple, and there are many

parallels between right whales and people as we both struggle to adapt to climate change," they wrote. "Just like the whales who have moved and will likely have to keep moving, our climate change adaptation will be an ongoing process. Just as the whales are struggling to learn to forage in a new environment, there will be costs to every adaptive step we take."

In another scientific journal, *Elementa: Science of the Anthropocene*, Pendleton and *See Research, page 16*

From NE Aquarium

BOSTON, MA - With the Gulf of Maine experiencing the most rapid increase in temperature than any other body of water in the world in

the last five years, scientists are looking closely at the impact on ocean animals, such as the critically endangered North Atlantic right whale, and other species.

The New England

Family Center of Me opens

From Great Falls Const.

GORHAM - The Family Center of Maine has begun providing counseling services for families in and around the Gorham area, at 7 Railroad Ave in Gorham.

Their mission is to encourage individuals in all areas of development and stages of life. They are

committed to the wellness of individuals, children, families and the community through intervention, prevention, treatment and education.

Marissa Ritz is an LCSW and has practiced social work with children and families for almost two decades. She is joined at the practice by her business partner Jason Adamo.

The Family Center hopes to expand their team to serve the rising mental health needs in the community.

Great Falls Construction worked on the interior fit-up of the space.

Anyone who is need of services should reach out to The Family Center of Maine at info@thefamilycenterofme.com

Cabin fever got you down?

Escape with Maine's most intriguing Hermit.

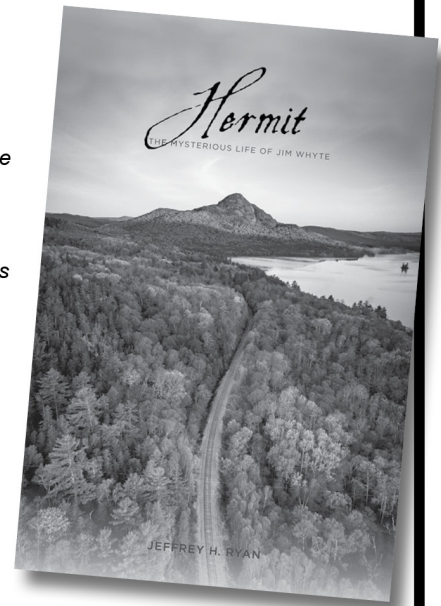
"Ryan is an excellent storyteller, and this tale is as good as any novel, especially since it's based on real people and real events."

— Bill Bushnell, *Bushnell on Books*

"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when Hermit was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."

— George Smith, *Bangor Daily News*

Shop Local! Available at The Bookworm and other Maine bookstores or at JeffRyanAuthor.com.



\$50K

\$40K

\$30K

\$20K



GORHAM LITTLE LEAGUE Field Funding Campaign



The Gorham Youth Baseball & Softball Association is making a large capital investment to provide updates and add fields to accommodate practice and game schedules:

- Develop 2 fields at White Rock
- Purchase seasonal fence for Shaw Park
- Repair dugouts and fencing, build storage centers
- Add infield mix and relevel current fields
- Acquire tarps and field maintenance equipment
- Add scoreboards

VISIT: GYBSA.COM FOR MORE INFORMATION, INCLUDING DONATION LEVEL REWARDS

DONATE TODAY!

VISIT: tinyurl.com/GYBSA-DONATE or

MAIL TO: GYBSA, PO Box 176, Gorham, ME 04038

NASA Seeks Student Tech Ideas for Suborbital Launch

From NASA

WASHINGTON, D.C. - NASA is calling on all sixth through 12th-grade educators and students to submit experiments for possible suborbital flights as a way of gaining firsthand experience with the design and testing process used by NASA researchers.

The NASA TechRise Student Challenge invites students to design, build, and launch experiments on suborbital rockets and high-altitude balloons. The challenge aims to inspire a deeper understanding of Earth's atmosphere, space exploration, coding, electronics, and the value of test data.

Guided by an educator, student teams affiliated with U.S. public, private, and charter schools can develop and submit creative experiment ideas.

The entry period is open until Nov. 3.

"Central to NASA's mission is inspiring and educating the workforce of the future. The research areas students can explore through TechRise are endless, from technology to better understand our planet to innovative systems for deep space exploration," said NASA Administrator Bill Nelson. "We hope to see entries from students across the country, showcasing the diverse talent and ideas of the next generation."

Each winning team will receive \$1,500 to build their experiment and an assigned spot to test it on a NASA-sponsored suborbital flight operated by Blue Origin, UP Aerospace, or Raven Aerostar.

Flying experiments on suborbital rockets and high-altitude balloons takes technologies from ground-based laboratories into relevant testing environments. The flights replicate microgravity, solar exposure, radiation, extreme temperatures, vacuum, and intense vibrations. Understanding how payloads respond to these conditions allows researchers to validate their designs and adjust or make improvements as needed.

To enter the competition, teams should submit their experiment ideas online using the TechRise proposal framework. NASA plans to announce the competition winners in January 2022. The selected student teams will build their experiments and watch them take flight in early 2023.

Virtual Field Trip

NASA and Future Engineers, the challenge administrator, will host a TechRise virtual field trip Friday, Sept. 24, to share more information about the challenge and inspire research questions and experiment ideas

Educators and students can tune in to hear from NASA experts and

special guest Dr. Raven Baxter, also known as Dr. Raven the Science Maven, and explore on-demand educational content at their own pace. Interested participants can register online. In addition, various resources on the challenge website aim to help students choose a vehicle and plan experiments on topics ranging from climate to remote sensing to microgravity research.

"It's an honor to be part of the virtual field trip, and I can't wait to work directly with students who will build and test designs that will explore microgravity," said Baxter. "Our goal is to inspire them, and I'm sure their ideas will inspire

us."

Volunteer to Judge

NASA is also seeking volunteers to help judge the entries.

U.S. residents with expertise in engineering, space, and/or atmospheric research who are interested in reviewing NASA TechRise submissions can apply to be a judge at <http://bitly.ws/giBr>

For challenge details, visit <http://bitly.ws/giBm>

NASA's Flight Opportunities program, based at the agency's Armstrong Flight Research Center in Edwards, California, manages the challenge. The program is part of NASA's Space Technology Mission Directorate.

Follow us on Facebook! Don't miss our weekly giveaways!

Grant to fund 14 Maine bridge decks

From Sen. Collins

WASHINGTON, D.C.— At the end of June, the Maine Department of Transportation (MaineDOT) was awarded a total of \$45.2 million in grants for the replacement of 14 bridge decks.

U.S. Senators Susan Collins (R-ME), the Ranking Member of the Transportation Appropriations Subcommittee, and Angus King (I-ME) and Representatives Chellie Pingree (D-ME 1st District) and Jared Golden (D-ME 2nd District) announced the grants.

The bridges—which are located in Benedicta, Medway, Howland, Bangor, Hampden, and Pittsfield—are critical to local residents as well as for freight being transported throughout the state.

The funding was awarded through the Infrastructure for Rebuilding America (INFRA) Program, which leverages federal grants to help communities invest in high-priority projects to fix crumbling infrastructure.

U.S. Department of Transportation Secretary Pete Buttigieg had called Senator Collins to notify her of the approval of this grant, for which Senator Collins strongly advocated.

"The people of Maine rely heavily on the routes these bridges serve to get to work, go to school, and access health care and other essential services. These bridges are also essential to our freight network, providing access to the northernmost parts of Maine and to Canada," said Senators Collins and King and Representatives Pingree and Golden in a joint statement. "This project to rehabilitate these bridges will improve the efficiency of Maine's transportation system, preserve and create jobs, enhance

Maine's ability to compete in national and international markets, and deliver direct benefits to families and businesses across the state."

"These bridges are part of Maine's National Highway System and represent programmed 'must-do' work to assure the safety and economic prosperity of Maine people," said Maine Department of Transportation Commissioner Bruce A. Van Note. "We are grateful to Senator Collins for her continued advocacy for infrastructure needs in Maine because, without this grant, MaineDOT would have had to scale back other work to get these bridge projects done."

The selected bridges have deteriorated to the end of their useful lives and are considered structurally deficient. If these bridge decks are left in their current state, it is likely that detours will be needed for freight transportation in excess of 100 miles in some areas. The aging bridge decks will be replaced with new, safe, and modern bridge decks, meeting current traffic safety standards.

Senator Collins has championed funding for INFRA through her leadership role on the Transportation Appropriations Subcommittee. Senator Collins secured \$36 million toward the replacement of the Madawaska Bridge and \$38 million for the replacement of seven deteriorated bridges in previous rounds of INFRA funding.

Since 2009, when Senator Collins became a member of the Appropriations Committee, she has secured more than \$800 million in competitive transportation grants for the State of Maine. Federal competitive grants are a critical component of funding for Maine's transportation needs.

One solution for oxygen at home, away, and for travel

Introducing the INOGEN ONE It's oxygen therapy on your terms

No more tanks to refill. No more deliveries. No more hassles with travel. The INOGEN ONE portable oxygen concentrator is designed to provide unparalleled freedom for oxygen therapy users. It's small, lightweight, clinically proven for stationary and portable use, during the day and at night, and can go **virtually anywhere — even on most airlines.** Inogen accepts Medicare and many private insurances!

Reclaim Your Freedom And Independence NOW!



Call Inogen Today To Request Your FREE Info Kit

1-877-402-1909



Business Directory

ACCOUNTANT



AUSTIN ASSOCIATES
CERTIFIED PUBLIC ACCOUNTANTS

Auburn 207-783-9111 Norway 207-743-7777
AustinPA.com

Your Financial Team

FLOWER SHOPPE



Sweet Pea Designs
FLOWER SHOPPE

777-1520

www.sweetpeafloraldesignsme.com

FREE DELIVERY L/A

PHOTOGRAPHY



PortraitEfx of Maine
Bell Studios, Inc.

Executive Portraits • Business photographs • Videos

Gray, ME (207) 657-6372
maine@portraitefx.com
www.maine.portraitefx.com

AUTO CARE

The Only Full-Service Gas Station in Auburn!

Poisson & Sons
Auto Care Center, Inc.

Computer Diagnostics • Yokohama Tires
Repairs • Alignments • Inspection Station
Gas • Clear K1 • Tune-ups • Brakes • Batteries

Dan & Don Poisson
dfpoisson@aol.com

260 S. Main St., Auburn • 782-9144

MASONRY



Jason Hodsdon
JasonHodsdonMasonry@gmail.com

Masonry • Culture Stones
Chimneys • Chimney Cleaning
Repointing & Repairs
Restoration
Stainless Steel Liners

Fully Insured
Free Estimates
20+ Years of Experience

North Monmouth
(207) 215-3557

PRINTING



evergreen
custom printing
SINCE 1984

Locally Owned

(207) 782-0525 phone
(207) 782-2327 fax
63 Broad Street • New Auburn, ME 04210
e-mail: info@evergreencustomprinting.com

- PRINT
- COPY
- FAX SERVICE
- DESIGN SERVICES
- VARIABLE DATA
- BINDERY
- INVITATIONS
- LETTERHEAD
- ENVELOPES
- BUS.CARDS
- LABELS & TAGS
- UPS

CD'S

Discover The Truth About CDs!

CD Interest Rates Are At An All Time Low.
There IS A Safe, Guaranteed Alternative To
Increase Your Income.

Call now for a **FREE** Guide:
"10 Secrets Your Banker Doesn't
Want You To Know"

Call Our 24 Hour Order Line @782-3800

MARINE SERVICES

BOAT REPAIR SHOP

PONTES
Marine Service

Power by
MERCURY MerCruiser

VOLVO PENTA

YANMAR
Velvet Drive

OMC **Perkins**

237 Lewiston Road • Topsham, ME 04086 • (207) 725-5997
www.pontesmarine.com

SELF STORAGE



AUBURN SELF STORAGE, LLC

23 Goldthwaite Rd.
Auburn, ME 04210

PO Box 715
Lewiston, ME 04243

PHONE 376-3325

CHIROPRACTOR

Family Chiropractic Center

Experience Life

1485 Lisbon Street, Lewiston
207.783.0078
www.familychiro.me.com

PAINTING

Interiors • Exteriors
Free Estimates

Drywall Repair
Pressure Washing

W.J. Libby
Painting Co.

WADE J. LIBBY
WJLibbyPainting@gmail.com CELL: 207.210.0605

SHIPPING



GOIN' POSTAL
Your Friendly Neighborhood Shipping Center

- Shipping
- Packing
- Receiving
- Copies
- Fax Service
- Mailbox Rentals
- Mail Order Fulfillment

Bring in this ad for 10% off UPS or FedEx Shipping!

UPS **UNITED STATES POSTAL SERVICE** **FedEx** **DHL**

9 N. River Road in Auburn ~ www.AuburnGoInPostal.com ~ 784-9900

CONTRACTORS

Fully Insured • 5 Year Workmanship Warranty

AMERICAN BUILDERS
Custom Building & Remodeling

Call 207-500-8100
For **FREE** Estimates

Call Tyler 500-8100
Finish Carpenter

Quality Work with References Available

PHOTOGRAPHY



Laura Elaines
PHOTOGRAPHY

www.facebook.com/LauraElainesPhotography
www.facebook.com/LauraElainesPhotography

LIKE US ON facebook (207) 212-5993
LauraElainesPhotography@gmail.com

WEB HOSTING



Web Hosting
Web Design
Web Promotion
One Stop
207-442-9006

MAINE HOSTING SOLUTIONS

CONTACT US TODAY FOR POSSIBLE OPENINGS FOR YOUR AD IN OUR BUSINESS DIRECTORY!

EVERY TUESDAY

10:30-11:15 a.m.

LEWISTON – Lewiston Public Library - Virtual Preschool Babytime & Storytime. Children 0-5 are welcome to join the fun on Zoom as Ms. Jackie uses interactive songs and stories to introduce children to the world of books, learning, and the library. Call 207-513-3133 for details and registration.

WEDNESDAYS

Through December 3:45-5:15 p.m.

LEWISTON - **Make Art with ArtVan!** Every Wednesday, Sept. 15-Dec.22, 3:45-5:15 p.m. This program is in Kennedy Park (near the playground). ArtVan will be providing a creative art project for kids ages 5-14 (ages 5-8 must be accompanied by an adult). No sign up needed and all materials provided. This program is weather permitting. Questions? Call 207-513-3133 or email LPLKids@LewistonMaine.gov.

MONDAY thru THURSDAY

While school is in session

2-6 p.m.

LEWISTON – From Lewiston Public Library - virtual **Homework Help** in the Teen Room. Students in grades 7-12 can meet virtually with Bates tutors via Zoom from Monday-Thursday while school is in session. Library Chromebooks are available for use in the Teen Room and library staff are there to help students connect.

THURSDAY

Oct. 14

10-11 a.m.

GORHAM – Baxter Memorial Library - Book Club: "Waiting for the

Calendar

Send your submissions to the Editor. More online.

Night Song"

Join us at 10:00am to discuss *Waiting for the Night Song* by Julie Carrick Dalton on the lawn in good weather, in poor weather in our meeting rooms if COVID restrictions allow, or via Zoom - email Nissa at nflanagan@gorham.me.us to receive the link.

4:30-6:30 p.m.

LEWISTON - *Pumpkin Craft Palooza* at Lewiston Public Library. See the event webpage at <http://bitly.ws/gwhI>

SATURDAY

Oct. 16

7-9:30 p.m.

LEWISTON - A free screening of the Lewiston-based documentary film, *The Intersection / Le Carrefour*, a project which received the first ever Maine Heritage Film Grant by TV5 Monde/CIFF. The screening will include a lively Q&A featuring the filmmakers, primary characters of the film and community leaders. The film will be followed by a reception in the Heritage Hall. Beverages will be available for sale at the bar. Performance Hall, Gendron Franco Center, 46 Cedar Street, Lewiston.

SATURDAY/SUNDAY

Oct. 16/17

11 a.m.-4 p.m.

LIVERMORE – "Story Trails at Norlands". Groups will have an hour to look for clues and solve puzzles throughout the grounds and historical buildings, all while following a story filled with real information about the impressive Maine family who

lived there.

SUNDAY

Oct. 17

5 p.m.

LEWISTON – L/A Senior College presents singer Scott Moreau, via Zoom. Email laseniorcollege@gmail.com to sign up by noon on Oct. 16. Mention which FFT program you wish to see and you will receive a link the morning of the 17th.

MONDAY

Oct. 18

5:30 p.m.

AUBURN – City Council workshop and meeting.

5:30-6:30 p.m.

LEWISTON – Finance Committee meeting at City Hall Administrator's Conference Room.

7 p.m.

GORHAM – Optional Planning Board Meeting in council chambers.

TUESDAY

Oct. 19

7:30 a.m.

AUBURN – Auburn Public Library Board of Trustees meeting.

8 a.m.

GORHAM – Ordinance Committee Meeting in Conference Room A.

10:30-11:15 a.m.

LEWISTON - Storytime in the Park. Join the Lewiston Public Library for Storytime in Kennedy Park for children ages 0-5, weather permitting. Storytime is a fun and interactive activity for children and their caregivers that helps introduce children to the world of books, learning, and the library. Come and enjoy stories, songs,

fingerplay, and more. Siblings are always welcome. Free. 513-3133; www.LPLonline.org

4 p.m.

AUBURN – Auburn Sewer District Trustees meeting.

4-6 p.m.

LEWISTON – Pop-in to the Lewiston Public Library for a demonstration on making popcorn. Any popcorn made can be taken home, and it takes about 15 minutes for the demonstration.

6 p.m.

LEWISTON – City Council meeting at City Hall in the City Council Chambers. This Meeting and Workshop will be broadcast LIVE over Spectrum Cable TV Government Access Channel 7, streamed LIVE through the Great Falls Television web site, and streamed LIVE through the city's YouTube channel <http://www.lewistonmaine.gov/YouTube>. Archived copies of this meeting will be available immediately after broadcast on the City YouTube Channel and within a day or two after broadcast, for viewing for up to 60 days, at the Great Falls Television web site.

6:30 p.m.

GORHAM – Tentative recurring Town Council Workshop in council chambers.

WEDNESDAY

Oct. 20

8 a.m.

GORHAM – Gorham Economic Development Corporation meeting in Conference Room A.

4 p.m.

AUBURN – Auburn Water District Trustees meeting.

6 p.m.

AUBURN – School Committee meeting.

THURSDAY

FLAGSHIP CINEMAS

WWW.FLAGSHIPCINEMAS.COM

DOORS OPEN AT:
12:00pm

AUBURN

746 Center Street

Auburn Movie Hotline — 786-8605

VISIT OUR WEBSITE OR CALL THE HOTLINE AT

786-8605

FOR SHOWTIMES

Oct. 21

8 a.m.

AUBURN – 9-1-1 Committee meeting.

6:30 p.m.

GORHAM – Tentative Board of Appeals meeting in council chambers.

7 p.m.

AUBURN – Community Forest Subcommittee meeting.

FRIDAY

Oct. 22

BATH – Chocolate Church Arts Center, 804 Washington Street, Bath - "Readers Theater" with Maine authors.

Junction

Continued from page 6

Gutter Gang

Jeremy Lowell
205-219-178—602
Connie Grovo
229-165-183—577
Boomer Simmons
195-194-190—579
Erin DePhilippo
205-235-199—639

Minds In The Gutter

Matt Ferrante
204-202-208—614
Jay Sutton
134-176-143—453
Doug Mercier
158-216-205—579
Substitute
205-187-170—562

Up Your Alley took 2 games, but gave up the weekly series to Gutter Ballers, 2289-2274.

Up Your Alley

Zip Weeman
174-209-216—599
Shawn McDermott
195-167-179—541
Lisa McDermott
230-192-187—609
Vacant
175-175-175—525

Gutter Ballers

Derek Racine
181-208-190—579
David Racine
184-184-148—516
Darcy Racine
193-196-205—596
Sean Fitzgerald
209-180-209—598

The High Rollers topped Here For The Beer with 2 games and the weekly team series, 2280-2264.

The High Rollers

Ben Smith
199-214-173—586
Anthony Dugan
166-198-191—555
Substitute
170-190-208—568
Substitute
214-150-207—571

Here For The Beer

Torie Lavoie
144-169-154—467
Leon Lavoie
177-238-170—585
Rhonda Girard
175-166-188-529
Craig Girard
222-203-258—683

Dad's Place Catering Division

Weddings • Reunions • Corporate Events & More

Professional service at an affordable price!

No job too big or too small!

Call Today for a Free Quote:

207-345-9009



Classified Ads

AUTOMOBILE STORAGE

Seeking Classic Car Storage

Got unused garage bay? I'm looking for year-round storage for a classic car. My preference is a location near the center of Gorham. Please text or leave a message: 207 415-2463.

BOOKS

"To College or Not to College" is the question and this book has the answers. Check it out: www.authorcaseybill.com.

Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www.authorcaseybell.com.

BUSINESSES FOR SALE

Working small engine/outdoor Power equipment business.

Parts inventory B&S, Kohler, Tecumseh, MTD, Ariens, Toro and more. Special tools and equipment. Good opportunity to expand or add to your business. Call Glen 207-655-4635 daytime for more information.

CRAFTS, ANTIQUES, HOUSEHOLD ITEMS

Handmade floral wreaths, stained glass, Jewelry, Paintings, antique furnishings. Antique Stickley Oak Bench (Love Seat)

Windsor straight chair, walnut stain oak end table 21x21 sq. Call for prices and description. MJ Crafts 222-0665

CRAFT FAIR

Outdoor Craft & Vendor Fair - Sat. Oct 16, 2021 9am-1pm - Bates Mill #5 Parking Lot, 65 Main St, Lewiston. - Multiple Crafters/Vendors, Wide Variety of products for sale as well as a Silent Auction & Bake Sale. Hosted by Girl

Scouts of Maine "Girls on the Go" members. FMI email jldoyon@gmail.com

ESTATE SALE

Estate - Garage

Safe environment - one seller with mask and gloves. By appointment only. One to two people. We maintain ten feet apart. Two bedroom sets, double and queen - wicker 5 pieces - Bench with microfiber cushion. Two living room chairs. All plus more. All priced low for quick sale. (207) 883-0808

FOR SALE

Cutting Boards

I have many different sizes of wooden cutting boards made from maple, oak, walnut, cherry, poplar and ash in different designs. Priced from \$10 to \$25. Would make very nice gifts. Call me at 207-577-2724.

Antique cedar wardrobe armoire with key \$400. Toyotomi portable kerosene heater with manual \$50. 12x10 dome tent sleeps 6 in two rooms with carry case \$40. Portable car port \$50. Cardio fit low impact exerciser \$50. Call 207-782-4228.

Big Blowout sale at House of Lady Debra's Our: Old Goat + His Lady. Gourmet 21 soups, 20 dips, 4 cheesecakes sale. Buy 3 dips, get 2 free. Buy 2 soups, get 1 free. Going fast, call now. Lady Debra -207-891-1968.

HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates.

Excellent service. Call cell phone 754-9805 or 782-1271.

HEALTH & FITNESS

DO YOU HAVE CHRONIC KNEE OR BACK PAIN? If you have insurance,

you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

HELP WANTED

Technical Field Manager

Modula, Inc.; Lewiston, ME 04240. Prvd tech'l training, instal. & supprt. service to innovative automated storage technologies & vertical carousels to all Modula customers & dealers located in the U.S. Req's: HS Dipl. +60 mos employ. exp. as Field Technician. Emploly. exp. must incl writing of electrical diagrams & installation of electro-mechanical components. Dom. trvl 4X/wk throughout all 50 U.S. states. Position req's performing physical activities. Email CV: recruiting.us@modula.com.

Classifieds \$10

HOUSING

Seeking two bedroom apartment or house to rent. One story with garage near the Windham or Raymond area. Prefer hardwood floors. Jimmy and Cheryl Burnham. 207-572-2714 or 207-633 3380.

MEDICAL EQUIPMENT

207-375-4627 Aluminum walkers 2 wheels folds \$20 each. 1-3-wheel walker folds \$60.

2 wheelchairs \$75 each. 1 Transport chair new \$100. Extra wide walker 4 wheels seat, hand brakes, and basket \$100. Several canes @ \$10 each.

PAINTING

Stepladder Enterprise Painting Co. Interior & Exterior. Drywall repair, paint

and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

SENIORS

In Home Care

Visiting Angels - non-medical assistance living. Serving Lewiston/Auburn and surrounding areas. Providing light housekeeping, meal prep, personal care, errands/outings. Call for FREE in-home consultation. (207) 740-9100.

LEWISTON SENIOR CITIZENS TRAVEL TRIPS POSTPONED TIL FURTHER NOTICE:

VIRGINIA BEACH, COLONIAL WILLIAMSBURG & HISTORIC NORFOLK - SEPTEMBER 14 - 19, 2020. Trip includes 5 nights lodging, 8 meals, Colonial Williamsburg, free time on the Virginia Beach Boardwalk, dinner cruise with entertainment

on the Spirit of Norfolk, admission to Nauticus and Battleship Wisconsin, Virginia Beach Aquarium and Marine Science Center. A \$75.00 deposit is due when signing up. Price is \$775.00 pp double occupancy. For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207-345-9569.

WANTED

Odd jobs and Gig work

Retired teacher and counselor looking for odd jobs and Gig work. Trained and experienced in babysitting, Petsitting, senior/adult care and cleaning. Contact: Missy 207-253-9762 or allinoneservices1@yahoo.com

Classifieds \$10

Classified Ads

UP TO 40 WORDS!

\$ 10 PER WEEK
EACH ADDITIONAL WORD 25¢

Send payment with completed form to our
bookkeeping office: 9 N. River Road #232
Auburn, ME 04210 or email it to us!

Visa Master Card

Card # 3 digits #
on back

Exp. date ____/____/____ Signature _____

Name & Address _____

Phone: _____

CATEGORY: _____

HEADLINE: _____

AD INFO: _____

NUMBER OF WEEKS TO RUN: _____

Research

Continued from page 11

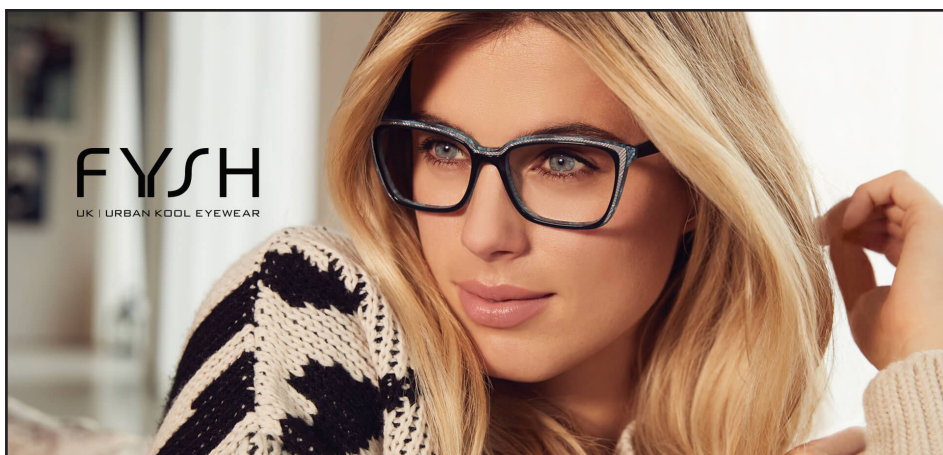
a team of 13 scientists, led by Pershing, investigated expected changes in the Gulf of Maine by 2050 with temperatures predicted to rise by 1.1 to 2.4 degree Celsius. In the 18-page study, they found that warming waters have already been associated with a decline in zooplankton with impacts on Atlantic cod, American lobster, Atlantic puffins, and North Atlantic right whales. By using ocean models to create condi-

tions expected by 2050, the researchers found that surface salinity would decrease, leading to water column stratification and more declines in American lobster and Atlantic cod.

More southern species—such as black sea bass, summer flounder, and longfin squid—are expected to move northward in response to rising temperatures so they could be more prevalent by 2050. Spiny dogfish and silver hake are among those species that could

also expand into the Gulf of Maine. This could influence the commercial and recreational fishing markets as well, the authors suggested.

Send all items for What's Going On to the Editor. Deadline is Friday by five.



Optometric Associates Home of Healthier Eyes

(207) 784-3564 • 168 East Avenue • Lewiston
www.OptometricAssociates.com

PICK UP OUR JUICIEST IPA AT ANY SEBAGO LOCATION

FRESH FROM THE BREWERY

WWW.SEBAGOBREWING.COM @SEBAGOBREWING

Help Wanted ■ Help Wanted

DIRECT SUPPORT PROFESSIONALS NEEDED
Full-time in Auburn starting at \$16 per hour!

- Career Advancement Opportunities
- Student Loan Assistance
- Tuition Reimbursement • Generous Paid Time Off
- Verizon & Sprint Cell Phone Discounts

SPURWINK
going the distance

Please visit www.suprwink.org/careers to learn more!
(207) 871-1211 x2209 or e-mail recruitment@spurwink.org

Get your help wanted ad in today! 558-8488

CDL DRIVER NEEDED

www.reeb.com/careers

Auburn Maine - CDL Class A Needed for both Class A and B

Daily deliveries within ME and NH

Work Monday thru Friday - home every night

Responsible for unloading trucks at specified stops

Good customer service skills required

Competitive pay and benefits

NOW HIRING
Flaggers \$15 per hour

@WORK PERSONNEL

www.atwork.com • (207) 225-5627

Immediate Openings at American Builders!
Call today • Work today • Get paid today
Entry level positions. 500-8100