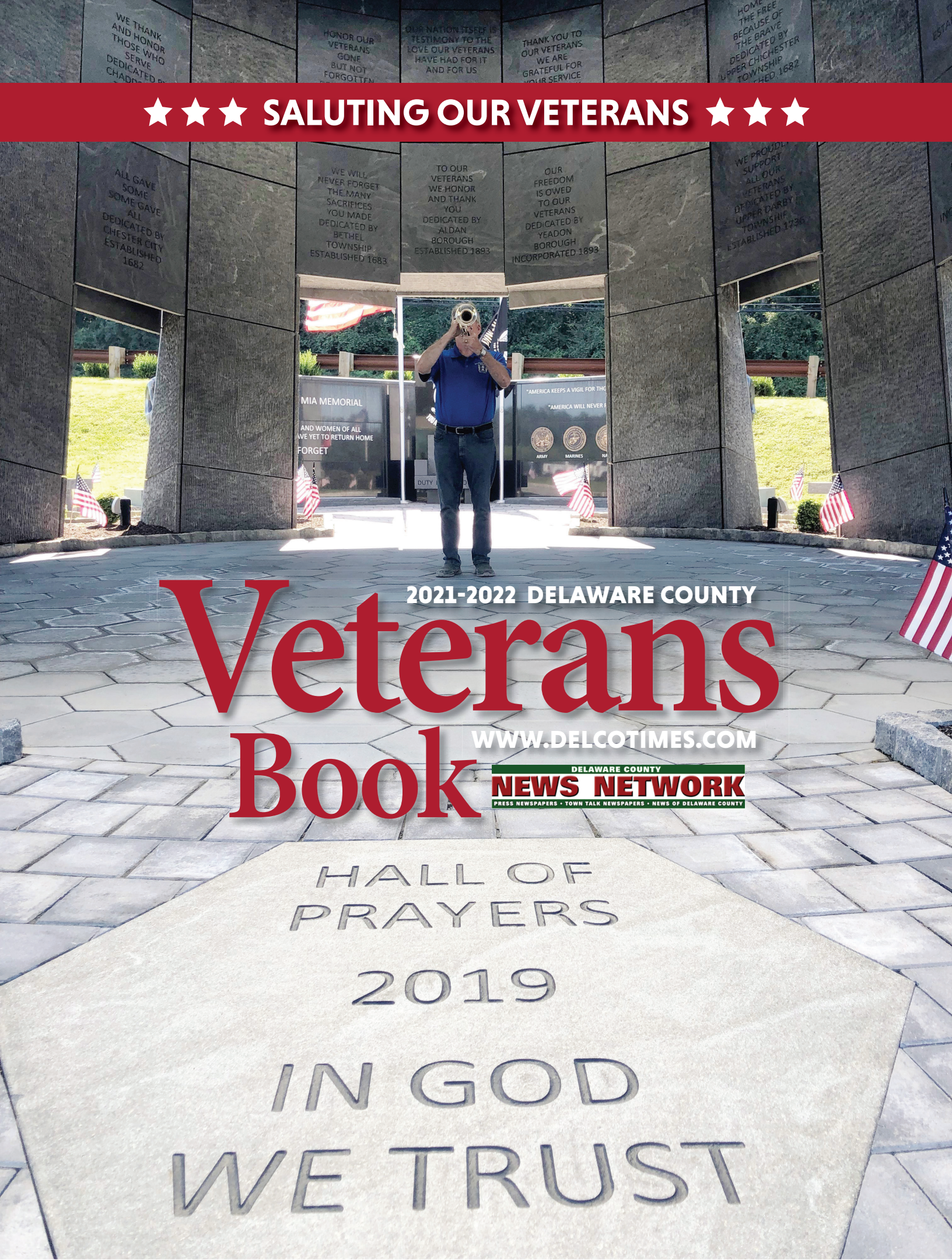


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Sept. 11 anniversary commemorated at Delaware County Veterans Memorial

By Kathleen E. Carey
Delcotimes.com

NEWTOWN – Dozens gathered at the Delaware County Veterans Memorial Saturday to commemorate the 20th anniversary of Sept. 11 in a ceremony that included the playing of “Taps” and the laying of wreaths for each of the four plane hijackings.

“We gather here today on this hallowed ground to not only recognize the many veterans and service men and women who defend our country but to reflect on the date in modern history that changed our lives forever – Sept. 11, 2001,” Joseph J. Daly, president of the Delaware County Veterans Memorial Board, said.

The event was also attended by a variety of dignitaries include state Sen. Tim Kearney, D-26 of Swarthmore, Delaware County Councilwoman Elaine Paul Schaefer, state Rep. Chris Quinn, R-16 of Middletown, and Newtown Township Supervisor Leonard Altieri.

Drivers beeped their horns as they drove past the memorial on West Chester Pike.

Daly gave a historical perspective of that day.

“Most of us remember where we were and what we were doing when the first plane struck the tower,” he said. “When the second aircraft struck the second tower, we all began to realize that there was a possibility that we were under attack. That became confirmed when the planes crashed into the Pentagon and Flight 93 in Shanksville, Pa.”

Daly spoke of its immediate impact.

“We came to the reality that our world as we knew it changed forever,” he said. “Our country came together as one at that time 20 years ago. We flew flags. We checked on our neighbors and friends and celebrated the United States of America.



“We all tried our best to understand one thing – why?” Daly continued. “And, to this day, the ‘why’ eludes us.”

He spoke of the country’s strength.

“What they failed to understand when they attacked us is the resilience of the American people,” he said. “You can hurt us

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Cover: Martin Holahan plays his bugle under the Hall of Prayers at the Delaware County Veterans Memorial, a place of solace to reflect on those who served, those who continue to serve and those we have lost in defense of our freedoms.

but you can't stop us ... As a nation, we are grateful to the thousands of Americans who selfishly stepped forward after 9/11 and enlisted in our armed forces in defense of our freedom."

Daly noted that the memorial serves as a place of solace, to honor those who served, those who continue to serve and those who gave the ultimate sacrifice.

He asked those in attendance to thank a veteran, a soldier or a first responder for all they give every day to protect the nation.

With the words "Lest We Forget" emblazoned high on the memorial, Daly added, "Our commitment is to never forget all those who served and all those who gave their lives ... on Sept. 11, 2001."

Kearney spoke of a significant memory of that event was how it brought a divided country together.

"We lived in a time where whatever divisions were forgotten, where people understood ... what it meant to be an American," he said. "And it was a new sense of collective patriotism that we all felt ... At a time now where our country seems even more divided over the effects of coronavirus and what we're trying to go through, it's good for us to reflect upon that and to think about what it really means to be an American, what it really means to be a member of our great society."

Schaefer spoke about being grateful for all first responders.

"I want to focus in on one aspect and that is our appreciation of the first responders, not only the first responders that showed their courage and their selflessness the day of Sept. 11, 2001, but those who follow, especially in Delaware County, where every single day – today – our first responders are putting on their uniforms, going to work to the unknown," she said. "They have no idea what they are going to face that day – the firefighters, the police. Every single aspect of our first responder family give of themselves every single day not knowing whether they'll come home that night."

Quinn said he questioned what the world would be like for his daughter, who had just been born days before the Sept. 11 attack.

"I just brought a baby into this world, what is her life going to be like," he said. "And, for me, over the last 20 years, we've been safe, we haven't had another attack on our soil ... I hope that we don't see another attack on our soil."

Twenty years ago, Altieri was in sixth grade at St. Anastasia School when the attacks happened.

"The perspective that I saw was from not really understanding the totality of the situation," he said. "But, what we also saw,

as our generation continued to grow up under this tragedy, ... our friends and cousins and brothers and sisters enlisted in the military or sought Congressional appointments to service academies to serve our nation as a direct result to what they experienced when they were school from 9/11."

Altieri added that those who serve be remembered, as well.

"It is also important that we remember those who enlisted or became officers in the military because of their perspective of 9/11," he said. "At that time, as I said, we might not have understood what exactly was going on, but they answered that call – to defend this country, to protect the Constitution and to serve the people of this nation."

Brian Taylor of Taylor Made Vets in Upper Darby and a board member of the Delaware County Veterans Memorial reminded the audience to remember the families who lost loved ones that day.

"There's nothing like losing a family member," he said. "I want you to keep them in your heart. I want you to remember those laughs, those cries, even when they get on your nerves. You never really lose the one you love. They're always right here in your heart."

Dan Fitzpatrick and Martin Holahan were the trumpeters who played "Taps" four times during the ceremony.

About 10 years ago, Holahan took his trumpet to the memorial and played unsolicited simply to honor those who passed.

"Once (the memorial) was finished, it was one of the first things I thought, driving by and I saw it and it was getting near the time that 9/11 happened, 'I wonder why they don't do anything here for that ... because, in a way, they were all veterans,'" Holahan said. "So, I came out and did the first time on my own and it was just me. Then, the next year, ... I asked permission."

Holahan had enlisted in the Army and really wanted to serve but was rejected because of hypertension. So, he sees his trumpet playing at ceremonies like Saturday's and at military funerals as a way to give back.

Fitzpatrick spoke to the 20th anniversary

"I guess because we're in a base-10 numbering system that ones that end in fives and zeroes seem to be more significant for some reason," he said. "But, every one of them stands on its own."

Anne Wright of Newtown Square was one of those who laid the last set of wreaths, honoring those who lost their lives when Flight 93 went down in a Pennsylvania field.

"It makes me sad," she said. "It makes me glad to be an American, all in one."



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HONORING VETERANS

James Birkhead

James Birkhead graduated from St. Joseph's University in 2005, enlisted in the Marine Corps infantry and completed two deployments in Fallujah, Iraq, 2006 and 2007, including 315 patrols.



He was awarded a Combat Meritorious Promotion and Navy Marine Corps Achievement Medal with Combat Distinguishing Device, among other decorations for performance in combat operations in Fallujah.

Upon completion of active service in the Marine Corps in 2009, he married wife Katie, moved to Delaware County and began a career in the insurance industry.

He completed an MBA at DeSales University in 2016.

Birkhead is the director of transportation risk at NSM Insurance Group. NSM is a \$1.2 billion specialty insurance company located in Conshohocken; his division writes insurance for transportation and logistics companies across the United States.

He lives in Springfield with his wife and their four children, Andrew, Owen, Grace and Liam, who attend St. Francis of Assisi School. Katie teaches first grade in the Ridley School District.

Birkhead recently went back into military service with the First City Troop in Philadelphia, a historic unit that is part of the Pennsylvania National Guard.

He is a member of the St. Francis of Assisi Finance Council and Delaware County Chamber of Commerce Board of Directors.

He founded and is chair of the Delaware County Chamber of Commerce Veteran's Committee, whose mission is to:

- To strengthen the Delaware County veteran network and provide an outlet that fosters camaraderie, shared experience and mentorship
- To connect local employers who want to engage and support the veteran community and unite those who serve with those who support
- To celebrate veterans' contributions to the local economy, and share the positive effect they have on the business community

He also has served with the following veteran organizations: Marine Corps-Federal Law Enforcement: Philadelphia Committee; Philadelphia Vietnam Veteran's Memorial Fund: treasurer; Travis Manion Foundation: Character Does Matter Program mentor; St. Joseph's University Veteran Entrepreneurial Jumpstart Program: presenter.



HONORING VETERANS

Lt. Gen. Ronald S. Coleman

Lt. Gen. Ronald S. Coleman was born in Darby, Delaware County, on Aug. 27, 1948, to Charles and Barbara Coleman. While attending Darby-Colwyn High School, he established himself as a star football, basketball and baseball player. After graduation from high school in 1968 he joined the U.S. Navy a year later.

Coleman was discharged from the Navy in 1970 after serving in the Vietnam War, and enrolled in Cheyney University. In 1973, he graduated with his bachelor's degree in education and was commissioned the following year as a Marine second lieutenant upon completion of Officer Candidate School.

Over the next 20 years, Coleman had a successful military career. He was a second lieutenant with the 2nd Marine Regiment, where he served as platoon commander, an operations officer in 1977 for the Landing Support Unit Foxtrot in Japan and an instructor at Virginia's Amphibious Welfare School in 1985.

Coleman then attended the Marine Corps Command and Staff College and returned to Japan as the Commanding Officer of Contingency Marine Air Group Task Force 4-90.



When he returned to the United States in 1991, Coleman spent a year serving at the headquarters of the Marine Corps in the Pentagon before being promoted to lieutenant colonel and transferred to Camp Lejeune, N.C., where he served as commanding officer of the 2nd Maintenance Battalion and then as deputy operations officer. After he completed a year at the Industrial College of the Armed Forces, Coleman returned to the Pentagon to serve as Deputy Division Chief at the Logistic Readiness Center.

After being promoted to colonel in 1997, he served as assistant chief of staff for the 2nd Marine Division at Camp Lejeune, and in 1999 was deployed to the Balkans, where he

served as chief of staff for the Joint Task Force Shining Hope.

Coleman was promoted to brigadier general in 2002, and in 2003 was deployed in support of Operation Iraqi Freedom as Commanding General Special Purpose MAGTF. The following year, he served in Operation Secure Democracy as the commanding gGeneral of the Combined Joint Task Force in Haiti.

In 2005, he became the director of the Personnel Management Division and was promoted to major general and lieutenant general in 2006.

Coleman later accepted the position of deputy commandant for Manpower and Reserve Affairs for the U.S. Marine Corps, which he held until his retirement in 2009.

In 2014, Coleman's wife, Kathryn, passed away after spending much of her life with Coleman and their five daughters. In 2016, he was honored by his hometown of Darby with the dedication of Ronald Coleman Boulevard.

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HONORING VETERANS

Carol Eggert

Carol Eggert is senior vice president of military and veteran affairs at Comcast NBCUniversal. In this role, she leads a team that works collaboratively across Comcast NBCUniversal to provide strategic leadership to all aspects of programs and outreach engaging the military and veteran community, including recruiting, hiring and building talent at all levels of the organization.

Carol brings more than 30 years of military and civilian experience to Comcast. In her civilian role, she assisted various organizations in the private, government and nonprofit sectors with their initiatives in knowledge management, strategic planning and project management.

During her military career, she served in a variety of command and staff positions and completed numerous overseas deployments, including a 15-month combat tour in support of Operation Iraqi Freedom as chief of the Women's Initiatives Division and senior liaison to the U.S. Embassy, Baghdad, where she conducted a full-scale analysis of women's initiatives and developed a strategic plan for the economic and political empowerment of Iraqi women under the U.S. Secretary of State.

She is the recipient of numerous awards and commendations in recognition of her contributions to the military, including

the Legion of Merit, Bronze Star, Purple Heart and multiple awards of the Meritorious Service Medal.

Carol is a graduate of the prestigious U.S. Army War College, where she also served on the faculty and was later selected as the deputy commandant. She holds two master's degrees, in instructional design and strategic international studies, and a doctoral degree in organizational leadership.

Carol serves on the Corporate Advisory Board for West Chester University, and the Boards of the Philly POPS, PsychArmor, Concussion Legacy Foundation and the Patton Veterans Project.

In 2021, the Department of Veterans Affairs Center for Women Veterans listed Carol on its annual Women Veteran Trailblazers list. Her leadership in the private sector has been recognized by Variety, which named her to their 2020 Salute to Service Impact List; We Are The Mighty, who placed her on their 2018 Meet the Mighty 25: Influencers Supporting the Military Community; HillVets, who placed her on their 2016 list of the 100 most influential veterans in America; and by the Philadelphia Business Journal, who named her one of their 2016 Veterans of Influence.



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HONORING VETERANS

Lt. Col. Maura A. 'Mo' Gillen

Lt. Col. Maura A. "Mo" Gillen was born Maura O'Brien in upstate New York.

In 1986, Mo graduated from the United States Military Academy at West Point and served over 27 years on active duty in the US Army.

After earning her MBA from the University of Houston in 1996, Mo returned to West Point where, as chief of admissions marketing, she helped recruit the academy's bicentennial class.

In 1999, Mo was assigned to U.S. Army Cadet Command at Fort Monroe, Va., and was selected as the first chief of the newly-created Recruiting and Retention Division.

Following 9/11, Mo was awarded the Military Outstanding Volunteer Service Medal, in recognition of more than 200 hours of community service.

From 2003 to 2005, at U.S. Army Accessions Command Fort Knox, Ky., Mo led the development and execution of the Army's strategic and tactical marketing plans for all Army recruiting.

Mo then moved to Alexandria, Va., where she was part of a task force reviewing the Army's Officer Personnel Management System. While there she was instrumental in helping wounded Soldiers requesting continued active-duty status before being deployed to Baghdad, Iraq, in 2008.

During her deployment, in addition to providing daily briefings to Gen. David H. Petraeus, Mo also led the Strategic Communication Division's move from the Republican Palace to the New Embassy Compound and assisted with the transition of U.S. government elements out of the International Zone.

Upon returning to the U.S., Mo worked on critical communications projects at the Pentagon before leaving to head the Army ROTC program at Drexel University, where she was also a professor of military science.

Mo completed her Army career as key staff for the commander of the 2nd ROTC Brigade at Joint Base McGuire-Dix-Lakehurst.

For her service, Mo was awarded: the Defense Meritorious Service Medal; Meritorious Service Medal (with three bronze oak leaf clusters); Army Commendation Medal (with three bronze oak leaf clusters); National Defense Service Medal (with one bronze oak leaf cluster); Global War on Terrorism



Service Medal; Iraq Campaign Medal with Campaign Star and the Honorable Order of Saint Barbara.

Since her military retirement in 2013, Mo has continued to serve her community in numerous ways.

Working with the nonprofit organization, Veterans Multi-service Center, Mo was instrumental in expanding critical services for veterans across multiple counties and the tri-state area.

In her role as chief of mMarketing and social media for the Delaware Valley Veterans Consortium, she helps veteran-serving organizations connect, communicate and collaborate.

Mo also leads the "Joining Forces for Women Veterans" program, supports the Mary Walker House and is a volunteer instructor for the National Alliance for Mental Illness "Family to Family" program.

HONORING VETERANS

Gladys Martin

Gladys Martin was born Gladys Mae Hoffmire on June 4, 1922, in the Bronx, N.Y. She grew up in Locust Manor, Long Island, during the Great Depression.

Her dad always earned money as a musician or piano tuner being so close to New York City.



When she graduated from high school, World War II broke out, so by 1943, she joined the Navy as a WAVE.

She served in Indiana, New York City and Washington, D.C., over 3 1/2 years.

Upon discharge, she went to college on the G.I. Bill and became a music teacher.

She married in 1947 and had two children. She now has three grandchildren and has lived in the Philadelphia area for the past 45 years.

She is retired, still enjoys playing the piano and is active in veterans groups, WAVES National, American Legion, the Navy League and WWII memorial committee. She also performs outreach activities through her church and the Delaware County Historical Society.



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Combat veterans and the threat posed by PTSD

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PTSD poses a significant threat to the men and women who serve in the military. Additional resources about PTSD are available at www.ptsd.va.gov and www.psychiatry.org.

for their service, spending time away from their loved ones and putting themselves at risk of long-term physical and mental injuries.

Many men and women, even those who never served in the military, are aware of post-traumatic stress disorder, or PTSD, a mental health problem that some people develop after experiencing or witnessing a life-threatening event.

Combat veterans are vulnerable to PTSD, and the percentage of veterans who deal with it each day is alarming. According to the U.S. Department of Veterans Affairs, as many as 20% of veterans who served during Operations Iraqi Freedom or Enduring Freedom have PTSD. In addition, the USDVA notes

that estimates now suggest as many as 30% of Vietnam veterans have had PTSD in their lifetime.

Though it's not exclusive to men and women who have served in the military, PTSD has long been linked to combat veterans. In fact, the American Psychiatric Association notes that PTSD has been referred to as shell shock and combat fatigue in the past.

While the APA notes that a diagnosis of PTSD requires exposure to an upsetting traumatic event, that exposure can be indirect rather than firsthand. Because some people may assume that only firsthand exposure to trauma can lead to PTSD, many may be suffering in silence. That makes it all the more important that people learn to recognize the symptoms of PTSD. According to the APA, symptoms of PTSD, which can vary in severity, fall into four categories.

1. Intrusive thoughts: Flashbacks, distressing dreams and repeated, involuntary memories are examples of intrusive thoughts symptomatic of PTSD. The APA notes that some people with PTSD experience flashbacks so vivid that they feel they are reliving the traumatic experience or that it is unfolding before their eyes.

2. Avoiding reminders: Some people with PTSD may avoid people, places, activities, objects, or situations they feel will trigger distressing memories. Soldiers, for example, may avoid interacting with fellow combat veterans. Avoiding discussions about a traumatic event and how they feel about it is another symptom of PTSD.

3. Negative thoughts and feelings: The APA says that negative thoughts and feelings may include ongoing and distorted beliefs about oneself or others; ongoing fear, horror, anger, guilt, or shame; considerably diminished interest in activities previously enjoyed; and a sense of estrangement and detachment from others.

4. Arousal and reactive symptoms: These symptoms may include irritability and angry outbursts; reckless or self-destructive behavior; being easily startled; or have difficulty concentrating or sleeping.



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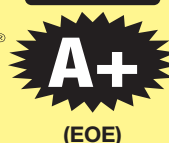
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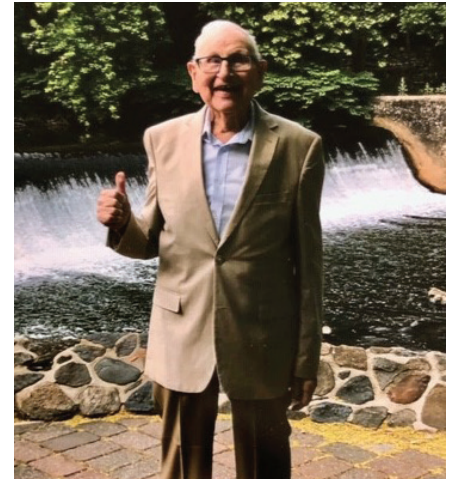
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HONORING VETERANS

Angelo Marsella



Angelo Marsella was born in South Philadelphia in March of 1925. He left high school to enlist in the U.S. Navy in 1943. Angelo completed basic training at Bainbridge, Md., and was in the original crew of LST 281, also known as the Gang Plank Owner.

Angelo's military career spanned many years and included a multitude of services: the invasion of Normandy on D-Day, invading southern France in August and September 1944, the assault and occupation of Okinawa in 1945, and serving in Asia until 1946.

For his years of service, Angelo was awarded the American Theater Ribbon, the European Theater Ribbon with 2 Battle Stars, the Asiatic-Pacific Theater Ribbon with 1 Battle Star, the Philippine Liberation Ribbon, the WWII Victory Medal, the Asia Occupation Service Ribbon, the Combat Action Ribbon, the Amphibious Forces Breast Insignia, and the French Legion of Honor Medal.

Fifty-two years after WWII, Angelo, and the crew of LST 281 received their Letter of Commendation from the U.S. Naval Commander. All participating captains in the Normandy invasion re-

ceived the letter in July 1944, but the LST 281 had already left.

On the 50th anniversary of D-Day, Angelo returned to Normandy and attended the state dinner with the queen of England and heads of state.

After he was discharged from the Navy, Angelo continued his electrical training that he began in high school, working as an electrician at many Philadelphia locations. including Wanamaker's department store.

His career continued at the Philadelphia Naval Engineering Center, the Philadelphia Naval Shipyard and the Philadelphia Naval Hospital until his retirement.

Angelo had a heart for all veterans and supported Wounded Warriors and Disabled Veterans. He was always there to welcome home Veterans returning from the Honor Flight to visit their memorial in Washington, D.C.

His trip to the memorial was an incredible experience and honor for him.




Angelo was an active volunteer at the PA Veterans Museum in Media and participated in parades.

Even though he participated in many veterans' activities and discussions with others interested in his history, Angelo remained very guarded when discussing his military past. Nonetheless, he had the desire to share this important part of history, and other veterans' experiences, realizing that there are so few left to tell it.

He was happy on Veterans Day, Memorial Day or any opportunity to stand at attention and salute. In Angelo's words, the words his family heard so often, "This is wonderful, wonderful"

Angelo passed away in May of 2020 and did not receive the military honor that he so deserved at his funeral because of the COVID-19 restrictions at that time.

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DELAWARE COUNTY VETERANS MEMORIAL

MISSION STATEMENT

The Mission of the Delaware County Veterans Memorial in Newtown Square, Pennsylvania is to educate, encourage, motivate and to inspire all students and citizens to acquire knowledge and skills in order to protect our history, liberty, and freedoms, made affordable to us by those who served and/or gave the ultimate sacrifice for their country.

Lest We Forget

Throughout the year, the Delaware County Veterans Memorial honors our Veterans and active military by hosting special events on occasions such as Patriot Day and Remembrance Day. These poignant and moving events are always open to the public.



Visit our website at www.DelcoVeteransMemorial.org to see our upcoming calendar of events. We hope that you will join us!

Educational Programming

The Delaware County Veterans Memorial serves as an interactive educational venue to honor the military service of all Veterans for past, present, and future sacrifices. It educates students about Veterans, United States military history and the founding of our nation. As a highly visible and dynamic destination point, the Memorial serves as a place to honor our loved ones in a peaceful reflection, to pay tribute to the brave men and women who made, and those who continue to make, sacrifices that ensure our life, liberty and pursuit of happiness.

Working with local school district administrators, teachers, Veterans, historians and civic leaders, the DCVMA education committee has developed a curriculum based, age appropriate program for students grade K through 12 so that they have a better understanding of the foundation of our nation and those who fight to keep the United States strong. Students who participate in this unique educational program learn about the history of our great nation and its people.

Schedule a group visit or learn more about our educational programming by calling (610) 400 - 8722 or visiting www.DelcoVeteransMemorial.org





Casket Flag Raising Ceremonies

The Delaware County Veterans Memorial Association offers a unique and powerful way to honor the memory of a Veteran. The Casket Flag Raising Ceremony is a celebration, where your Veteran Loved Ones are memorialized. The Government issued United States Flag, which draped the casket of a Veteran, will fly high above the Veterans Memorial in Newtown Square, Pennsylvania. Family members will have the opportunity to speak on their late Veteran's behalf at the ceremony. It is a powerful, moving and well-deserved posthumous memorial to someone who risked so much for our Country.

Honor your deceased Veteran's memory by having his or her casket flag flown over the Delaware County Veterans Memorial on the second Sunday of every month from April through November.

Individuals who are interested in honoring a Veteran in this manner may call DCVMA at (610) 400 - 8722 or contact the DCVMA by email at info@delcoveteransmemorial.com

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HONORING VETERANS

June Robbins

June Rocklin was born during the Great Depression, and often had to move in with various relatives. She did well at school and became editor of her school paper.

She met her husband-to-be, Melvin Robbins, when she was 15 and he was 17. He enlisted in the Navy during World War II.

She needed to find a job to help her now single mom, who was working in the Philadelphia Naval Shipyard. She realized she would need training, so she managed to convince a drafting teacher to admit her as the first and only girl in the class to give her the education to work at the shipyard..

June volunteered for the war effort through the Red Cross and the USO.. She and Mel married a couple of years after the war ended.

She worked as a hairdresser and helped Mel start his business as a store owner. They started their family of seven children. By then, June was a full-time homemaker, participating in her children's activities in Girl Scouts, Boy Scouts, the PTA, Hebrew school, and many others.

When she had her first child, she joined B'nai Brith Women, becoming a Life Member to fulfill the Jewish ideal of "Tikun Olam," to "Repair the World."

Participating and helming projects such as Vials for Life to protect the elderly in their homes, Dolls for Democracy, which helped schoolchildren understand diversity through dolls of famous historical figures, and a home for troubled youth in Israel, she devoted as much time as she could while raising her family.

As the last of her children were leaving the nest, June started to explore the next phase of her life. After living in Israel with her family for a year, and coming back to her home in the U.S., she returned there



to volunteer on an archeological dig of Roman artifacts in Beit Shean.

She learned to ride a motorcycle from several of her sons, and used this as a primary mode of transportation for several years. She served as judge of elections in Marple Township, Delaware County, for over 20 years.

June became interested in belly dancing, when a friend of hers asked her to come to a class for what she thought was ballet dancing! She fell in love with the grace and fluidity of the dance, not to mention the fact that she found herself losing weight with little effort whenever she practiced. She was also pleased that real belly dancers come in all shapes and sizes, and that having a belly is considered desirable. June used this skill as her talent when she entered the Ms. Senior Pennsylvania Pageantin 1995 on a dare by her daughter, and won the crown. Although there were other very talented women competing, she was just there

to have a great time, win or lose,, and it showed in her enthusiasm. She briefly became a pageant director after that.

June began to find her true calling when she co-founded the Humor Cart program at Children's Hospital, going to the clinics there every Wednesday for over a dozen years. She interjected levity for worried patients and families as they waited for procedures and tests, through comedic videos, props, magic tricks, stickers and coloring pages.

She also did public speaking on "humorology" to groups in the community. Then June discovered the real art of clowning. She decided to sign up for a 10-week clown class through the RSVP Program., and, upon graduation, became an enthusiastic volunteer., immersing herself in the craft with a professional outlook.

With her costumes, big shoes, wigs, red nose and face paint, she took her props to any and all gigs she could sign

up for, from veterans' hospitals to the annual Juneteenth celebrations, and continued her education in weeks of hospital clowning classes and at clown conventions.

She was a member and past president of Spiffy's Gang clown troop and RSVP, and is a member of Senior Community Services, teaching others the art of clowning. She won first place for her "Hungry Hobo" singles skit at the 2013 Mid-Atlantic Clown Association (MACA) convention in Harrisburg.

June was married to Melvin for over 65 years, and the couple was voted "Cutest Couple in Marple-Newtown" by the readers of the Marple-Newtown Patch in February 2013, with a follow-up article on their life together, on Valentine's Day.

She lost her beloved Melvin in August 2013. In addition to her children she has 18 grandchildren and nine great grandchildren, with another on the way.

June has been recognized for her charitable works, her energy and her enthusiasm, with awards by the Chapel of the Four Chaplains; the Charming Shoppes "Voices" campaign for volunteers; Philadelphia Senior Center's "Art of Living Award"; Delco RSVP Program; Delaware County Women's Commission's "Woman of Achievement 2010"; president of several B'nai Brith Women's Chapters and "Woman of the Year" of Ruth Marks Magilner Chapter, as well as regional vice president.

June is a life member of the Rosie the Riveter Association and "Thanks, Plain and Simple," for her service in WWII. Recently, she was one of over a dozen women honored by the government of The Netherlands as representative of all the U.S. Rosies, at the Embassy in Washington, D.C., on the 70th anniversary of the country's liberation by the Allies. She was one of three Rosies to represent all those who could not be there at VII museum in Groesbeek, Netherlands, honored by the Dutch for helping to save the lives of the people of Holland; through their War service.

She represented the U.S Rosies, at Arlington Cemetery, and was greeted by His Royal Highness King Willem Alexander and Her Royal Highness Queen Maxima on their visit to the U.S. She was among several Rosies honored at the Union League in October, 2019. She was honored by the Chapel of the Four Chaplains as Humanitarian of the Year in February 2020.

June was chosen as a "Huggins' Hero" by NBC 10's Edie Huggins for her work as a volunteer. June (along with Melvin) has competed at the Delco Senior Games for several years, and won several medals each year in miniature golf, shuffleboard, horseshoes and Wii bowling. She was interviewed by NPR and WHYY.org "Coming of Age" for her work as a clown. She participated in DCCC's Elder Week classes, and taught a class in spring of 2015. She was featured in the Marple Newtown Patch as a person of "Everyday Inspiration." She was a guest speaker at Robotstock, Robot Expo in 2019, as an

inspiration to the Girl Scouts.

Recently, she has returned to shooting, a sport she learned as a teen from her father, and has gone to the local range with her sons. She has been dubbed "Calamity June" and shoots with great accuracy, using several different weapons.

June was elected to serve as Grand Marshall of Marple-Newtown's Fourth of July parade in 2016, and appeared as Rosie the Riveter to honor all the women and girls who served during WWII.

Most of all, she has set an example for those who think that people of a certain age are not capable of doing, of having fun, of accomplishing things, of making people happy, of finding fulfillment, of giving of themselves to others. As a social worker for clients over the age of 60, through an ARCA Agency on Aging, she says those 60 year olds who say, "I'm too old," to do anything new, that there are those who do try new things, and that they can, too!

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Wallingford Elementary teaching team gets Freedom Medal award

The award-winning third-grade teaching team from Wallingford Elementary School in the Wallingford Swarthmore School District is the 2021 recipient of the Freedom Medal for Dedication to Education.

The educators, Daniel Fantozzi, Tara Gallagher, Melissa Haebel, Patience Scott, Bridgid Scolis, Kevin Stahler and Marcy Liberi, have been involved with teaching patriotism, civics and military history to their students for 12 years.

As part of the curriculum, the third-graders march annually in the Media Veterans Day Parade, host an in-school assembly with veteran guest speakers from the WES community, learn patriotic songs, create care packages for active-duty soldiers and make holiday and thank-you cards for veterans in hospice.

In addition, there is an annual field trip to the Delaware County Courthouse and Delaware County Veterans Memorial.

The educators, along with their students and superintendent, sang "American Tears" at the third annual Freedom Medal Dinner.

As part of the veterans program at WES, the PTO accepted two grants to aid the program. The first was 120 "WES LOVES VETERANS" T-shirts printed with large red hearts in the center. These shirts are worn at the school-wide assembly, the Veterans Day Parade and the field trip to the Veterans Memorial. The second was an engraved brick at the Delaware County Veterans Memorial dedicated to the school.

The WES teaching team emphasizes the importance of learning and understanding patriotism. Each educator comes from a military family, and their dedication to country shows in the curriculum they established for their students.


The team stated that it is important

for children to know the sacrifices that men and women have made to protect the freedoms that we have as Americans. Their educational program's focus is on the immediate community of veterans and strives to make students aware that we have as Americans. Their educational program's focus is on the immediate community of veterans and strives to make students aware that we have veter-

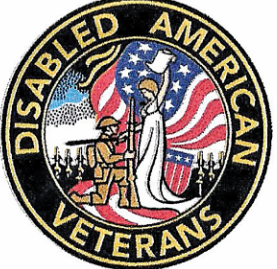
ans all around us.

Veterans are in their own families, like parents and grandparents, in our communities, like the school crossing guard, or those we might meet at the Media parade or at the Delaware County Veterans Memorial. Making these personal connections helps students understand and appreciate what it means to be an American and live in the United States.





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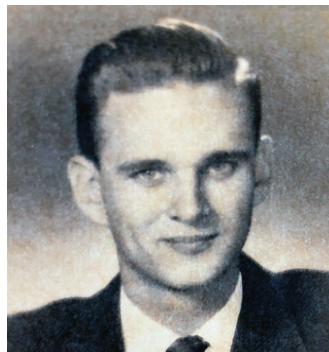
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John Duink



Thomas Felton



Bill Thorpe



Marvin Freed

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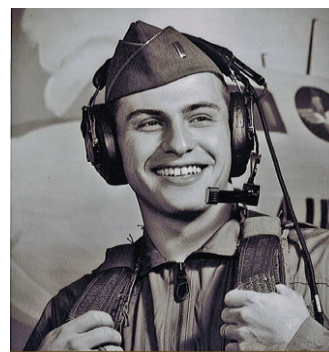
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How to show your appreciation for the military in a unique time

Metro Creative

United States military personnel serve both domestically and abroad. Active-duty personnel are following in the footsteps of retired veterans and protecting the freedoms of their fellow Americans while also playing a vital role in protecting millions of non-Americans across the globe.

United States military personnel make myriad sacrifices every day. Recognition of those sacrifices is just one of the many ways Americans can show their appreciation for the military, even during the era of social distancing.

HELP A VETERAN

According to the U.S. Census Bureau, as of 2019 there were 17.4 million military veterans living in the United States. More than half of those veterans are 65 or older. As difficult as social distancing during the COVID-19 pandemic has proven for everyone, perhaps no group has sacrificed more than men and women over 65, millions of whom have been separated from their families.

Aging men and women spent a year or more isolated at home to protect themselves from a virus that public health officials acknowledged was especially lethal to people over 65. Adults who want to show their appreciation for military veterans can reach out to local veterans' organizations and offer to lend a hand.

Such organizations may be delivering meals to vulnerable veterans, driving veterans to appointments to see their doctors or get vaccinated or organizing events for veterans who have already been vaccinated. Pitching in to help with such efforts is a great way to show vet-



Veterans and active military personnel deserve support. There are various ways for people to express that support, even as the world continues to confront the pandemic.

erans their efforts are still appreciated, even if it's been decades since they last served.

HELP A MILITARY FAMILY

Data from the Office of the Undersecretary of Defense indicates that there were roughly 1.3 million active-duty military personnel in 2018. Many of those service members serve overseas for months at a time. Their families back home can use a helping hand even in the best of times, but they might be especially needy while confronting the pandemic.

Neighbors can help local military families handle life at home. Invite a local military family over for a weekly meal, offer to take kids to a sports practice if

it's safe to do so or help out with chores like mowing the lawn or washing the car.

DONATE TO CHARITIES THAT SERVE THE MILITARY

Various organizations help both active-duty military and veterans, and donating to such charities can be a great way to help an excellent cause. If you're unsure about which organization to support, visit Charity Navigator at charitynavigator.org. Charity Navigator evaluates hundreds of thousands of charitable organizations and can be an invaluable resource for prospective donors.



Veterans Day, which takes place each November, is an opportunity to commemorate the efforts of all who have been in the armed forces, with a special emphasis on living veterans.

A day to honor all veterans

Metro Creative

The month of November is a special time for the nation's veterans. While Memorial Day honors fallen soldiers and service people, Veterans Day, which takes place each November, is an opportunity to commemorate the efforts of all who have been in the armed forces, with a special emphasis on living veterans.

While people are encouraged to thank veterans throughout the year, Veterans Day is a particularly poignant time to show your appreciation for the men and women of the military.

Veterans Day takes place on Nov. 11 and marks an important moment in history.

On November 11, 1918, World War I, known at the time as The Great War, unofficially ended when an armistice, or temporary cessation of hostilities, took place between Germany and the Allied nations on the 11th hour of the 11th day of the 11th month.

World War I ended on paper when the Treaty of Versailles was signed on June 28, 1919. In November 1919, President Woodrow Wilson proclaimed Nov. 11 as the first commemoration of Armistice Day, according to the U.S. Department of Veterans Affairs.

Armistice Day became a federal holiday in the United States in 1938. However, after subsequent wars, including World War II and the Korean War, veterans' service organizations lobbied for Armistice Day to be revised so it would be more inclusive of all veterans.

On June 1, 1954, President Dwight D. Eisenhower signed legislation to strike the word Armistice from the holiday's name in favor of Veterans.

Since then, Nov. 11 has been known as Veterans Day and has honored veterans of all wars.

Veterans Day was moved to the fourth Monday in October for roughly seven

years under the Uniform Monday Holiday Act, which sought to ensure three-day weekends for federal employees by celebrating certain national holidays on Mondays. But since Nov. 11 bore such significance, many states disapproved and continued to observe the holiday on Nov. 11.

In 1975, President Gerald Ford signed legislation to return the observation of Veterans Day to Nov. 11 beginning in 1978. Should the day fall on a Saturday or Sunday, the federal government observes the holiday on the previous Friday or following Monday, respectively, according to History.com.

The United States isn't the only country to celebrate its veterans. Canada, Great Britain, Australia and France also commemorate the veterans of World War I and II on or near Nov. 11 as Remembrance Day or Remembrance Sunday.

What is Civil Air Patrol?

By Capt. Christopher Onesti

Commander, Squadron 1007 PA Wing
 Since Civil Air Patrol's formation during the earliest days of World War II, this vigilant organization of citizen airmen has been committed to service to America. Founded on Dec. 1, 1941, as a way to protect the nation's shorelines from invading German U-boats, CAP has evolved into a premier public service organization that still carries out emergency service missions when needed — in the air and on the ground.

As a total force partner and auxiliary of the U.S. Air Force, Civil Air Patrol is there to search for and find the lost, provide comfort in times of disaster and work to keep the homeland safe. Its 56,000 members selflessly devote their time, energy and expertise toward the well-being of their communities, while also promoting aviation and related fields through aerospace/STEM education and helping shape future leaders through CAP's cadet program.

Civil Air Patrol's missions for America are many, and today's adults and cadets perform their duties with the same vigilance as its founding members — preserving CAP's 75-year legacy of service while maintaining its commitment to nearly 1,500 communities nationwide.



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Delaware County Council thanks and honors our County's Veterans for their bravery and sacrifice.

We remind Veterans to visit the County's Department of Military and Veterans Affairs for assistance with benefits and other valuable resources.

Delaware County Department of Veterans Affairs

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Honoring all heroes this Veterans Day

Metro Creative



Veterans Day, which is celebrated annually on Nov. 11, commemorates the hardworking men and women who sacrifice their time and put themselves in harm's way to defend the country's core values of freedom and opportunity.

While Veterans Day certainly is a chance to honor those who have donned the uniform during wars and military installments, it also can be a chance to recognize the unsung heroes of wartime, those who step into roles so that soldiers and strategists can focus their attention elsewhere.

Take for example Naomi Parker Fraley. In 1942, Fraley was a machine shop worker at the Naval Air Station in Alameda, Calif. She was one of scores of women who worked in factories and shipyards during World War II, helping to produce munitions and war supplies.

Parker was 20 years old in 1942 and served as the inspiration for what would become one of the most indelible images of the

era, known as Rosie the Riveter

Parker unknowingly inspired the iconic image after she was photographed at work bent over an industrial machine in a jumpsuit with her hair tied back in a polka-dot bandana. In 2018, Naomi Parker Fraley died at the age of 96, not nearly the household name she perhaps should have been.

Rosie the Riveter helped to tout the contributions of female war employees who were defending America by working on the homefront. Rosie was a successful morale-booster, and some may be surprised to learn that Rosie has various incarnations.

Norman Rockwell's depiction of a female riveter, which appeared on the cover of the *Saturday Evening Post* on May 29, 1943, became an iconic staple of that time.

Muscular, with a rivet gun on her lap, a sandwich in hand and a boot stomping on a copy of "Mein Kampf" and timed perfectly to coincide with the release of a song called "Rosie the Riveter" by Redd Evans and John Jacob Loeb, Rosie became a household name. But another Rosie image actually predates Rockwell's *Post* cover.

Parker Fraley was reportedly the inspiration for an ad created by a lesser known artist named J. Howard Miller. Miller produced a "We Can Do It!" poster for Westinghouse Electric in 1942 aimed at boosting spirits among the company's workers. The poster helped to recruit new female personnel, according to scholar James J. Kimble. This Rosie was portrayed in a red bandana with her bent arm flexed, rolling up her shirtsleeve.

Both Miller's and Rockwell's depictions of female war workers became ingrained in popular culture.

Rockwell's cover art was eventually loaned to the U.S. Department of the Treasury for use in war bond drives for the duration of the war. Miller's version has been emulated for generations and still epitomizes a strong female presence in the workforce.

This Veterans Day is a prime time to delve into American wartime history, with interesting stories like the origins of Rosie the Riveter, and pay homage to all of the heroes that help ensure America's reputation as a great nation.

Some facts about Veterans Day

Here's a look at Veterans Day, a holiday honoring men and women who have served in the U.S. armed forces, according to CNN. The holiday is observed annually in the United States on Nov. 11 – the anniversary of the end of World War I.

FACTS

According to the most recent data from the National Center for Veterans Analysis and Statistics (NCVAS):

There are approximately 19.5 million veterans in the United States.

There are approximately 2 million female veterans.

There are more than 9 million veterans over the age of 65.

As of June 2020, there are 5.06 million veterans receiving disability compensation.

TIMELINE

Nov. 11, 1918: The armistice ending World War I begins at 11 a.m.

1919: President Woodrow Wilson proclaims Nov. 11 as Armistice Day.

Nov. 11, 1921: The first Unknown Soldier is reburied at Arlington National Cemetery. The tomb has the words inscribed, "Here rests in honored glory an American soldier known but to God."

May 13, 1938: Armistice Day becomes a federal holiday.

June 1, 1954: President Dwight Eisenhower signs a bill changing Armistice Day to Veterans Day in order to include all U.S. veterans.

May 30, 1958: Unknown Soldiers from World War II and the Korean War are reburied next to the Unknown Soldier from World War I.

1968: Congress changes the date of Veterans Day to the fourth Monday in October in order to give federal employees a three-day weekend.



The change begins in 1971.

Sept. 25, 1975: President Gerald Ford changes the date of Veterans Day back to Nov. 11. The change begins in 1978.

May 28, 1984: An unknown soldier from the Vietnam War is reburied in Arlington National Cemetery. In 1998, he is identified through DNA tests as Michael Blassie, a 24-year-old pilot shot down in 1972 on the border of Cambodia.

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FIVE GENERATIONS SINCE 1856

The roles of the different branches of the U.S. military

Metro Creative

The United States military is one of the most comprehensive, effective and respected armed forces in the world. Without the tireless commitment of military personnel, from the soldiers on the ground to the support staff behind the scenes, America could not be the world power it is today.

Each branch of the U.S. military has a unique mission, and here is a brief rundown of what those missions entail, courtesy of Military.com and the U.S. Department of Defense.

UNITED STATES ARMY

The Army is one of the three military departments that reports directly to the Department of Defense. The Army conducts operational and institutional missions around the world, typically handling land-based missions. The Army also guards U.S. installations and properties throughout the world.

UNITED STATES NAVY

Serving to protect the freedom of the seas, the Navy is another branch of the military that reports directly to the Department of Defense. Among its many missions, the U.S. Navy serves to make the seas safe for travel and trade.

UNITED STATES AIR FORCE

The Air Force also reports directly to the Department of Defense and trains for and maintains global superiority in air, space and cyberspace. Air Force personnel fly planes, helicopters and even satellites.

UNITED STATES MARINE CORPS

The Marine Corps is a component of the Department of the Navy. It carries out global missions on both sea and shore and serves as an expeditionary

force. Marines are a rapid-reaction team and are usually the first boots on the ground in a conflict.

UNITED STATES COAST GUARD

The Coast Guard safeguards maritime interests through both civil and military missions. The Coast Guard operates around the world and in domestic waterways and ports.

UNITED STATES ARMY NATIONAL GUARD

The oldest branch of the U.S. military, the National Guard serves as a complementary force to active duty. Those in the National Guard are trained to be versatile, providing for humanitarian aid,

domestic emergencies, combat missions, and homeland security operations.

The Air Force Reserve, Air National Guard, Army Reserve, Coast Guard Reserve and Navy Reserve are the other branches made up of servicemen and servicewomen who primarily work civilian jobs but may be called to full-time military duty if necessary.

The U.S. Armed Forces are headed by the President of the United States. The Secretary of the Department of Defense reports directly to the Commander-in-Chief. The DOD controls each military branch, except for the Coast Guard, which is overseen by the Department of Homeland Security.

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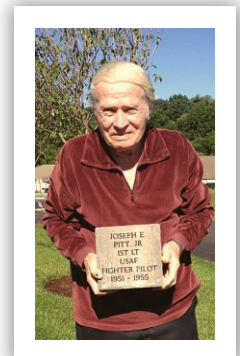


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A personalized brick makes a great gift for any occasion, whether to honor a living loved one, to remember one who has passed on, or to demonstrate your support for our nation's military.

To buy a brick, head to our website at www.DelcoVeteransMemorial.org to fill out a *Buy A Brick* form.



DELAWARE COUNTY VETERANS MEMORIAL ASSOCIATION
4599 West Chester Pike, Newtown Square, PA 19073
(610) 400 - 8722 | Mailing Address: P.O. Box 183
Open Daily, Free Admission

Visit our website at www.DelcoVeteransMemorial.org to learn more!



A community that has come together, while looking forward to growth and change.

We are not just a community; we are a safe place to call home. At Riddle Village, we are taking every precaution in this difficult time to ensure our residents, employees and caregivers are protected. At the same time, we are still working with those who understand a plan for the future and our extensive Lifecare contract offers peace of mind.

DO YOU HAVE A PLAN?

If not, please call us today. We will be happy to discuss how Riddle Village has remained a safe and smart option for those wanting to prepare for what's next. We are offering on-site tours and can provide extensive virtual tours. Time doesn't stand still – life moves forward.

Move forward with us at Riddle Village.

Immediate occupancy is limited. Connect with us, you will be glad you did.



IN A TIME OF UNCERTAINTY, CHOOSE STABILITY, CHOOSE RELIABILITY, CHOOSE RIDDLE VILLAGE.



RiddleVillage.org | (610) 891-3700 | 1048 West Baltimore Pike, Media, PA 19063

