

The Courier

November 10, 2021 Volume 22 Number 10

Tina Celia recognized

see story on page 4





Open Enrollment for 2022 Health Plans November 1, 2021 – January 15, 2022

The Lower Shore Health Insurance Assistance Program is hosting **in-person** events to assist Somerset, Wicomico and Worcester County residents with enrollment into health & dental plans!

Somerset County **Health Department**

8929 Sign Post Road, Westover, MD 21871

Friday, November 5th, 4:00pm-8:00pm
Friday, December 3rd, 4:00pm-8:00pm
Friday, January 7th, 4:00pm-8:00pm

Lower Shore **American Job Center**

31901 Tri-County Way
Salisbury, MD 21804

Saturday, December 4th, 9:00am-2:00pm
Saturday, January 8th, 9:00am-4:00pm



Berlin

Health Department

9730 Healthway Drive
Berlin, MD 21811

Saturday, November 6th, 9:00am-2:00pm
Saturday, December 4th, 9:00am-2:00pm
Sunday, January 9th, 10:00am-3:00pm

Can't make it to one of our in-person events!?

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Enroll today at MarylandHealthConnection.gov

Ocean Pines hosts history panel, video available online

Video from the Ocean Pines “History Panel” discussion, part of an ongoing effort to document the community’s early days, is now available online.

The event, organized by the Ocean Pines Public Relations and Marketing Department, was held Oct. 10 at the Community Center in conjunction with Worcester County History Week.

Longtime Ocean Pines residents Jack Barnes, Sharyn O’Hare, Gloria Richards, Alta Weiss and Ed Moran participated in the two-hour discussion, which was moderated by Jenny Cropper Rines. Rines previously chaired the 50th Anniversary Committee.

Ocean Pines photos and mementos. “I think the guests enjoyed seeing the memorabilia that was displayed,” Rines said. “It was a two-hour session that could have flowed on all day!”

The video recording has been archived in the history section of the Ocean Pines Academy, a virtual, self-paced civic education course about the Association.



From left, are **Sharyn O’Hare, Gloria Richards, Jenny Cropper Rines, Alta Weiss, Ed Moran and Jack Barnes.**

“I am so pleased that we were able to do the History Panel,” Rines said. “It was fun to hear stories of early Ocean Pines from the folks who lived it. It sounds like it was a neat place to be from the start.”

The panel discussion covered a wide range of topics, including the Ocean Pines campground, the real estate transfer between the Ocean Pines Association and Chase Manhattan Bank, the founding of the Worcester County Veterans Memorial at Ocean Pines, and more.

Audience members also had the opportunity to ask questions and add comments, as well as to peruse old

It joins another video, “Early History of Ocean Pines, with Marlene Ott and John Talbott,” which was also produced by the Public Relations and Marketing Department. Ott and Talbott, real estate agents who have lived in Ocean Pines since its beginning, also make appearances in the History Panel video.

The History Panel video can be viewed at <https://youtu.be/oRrgWO6Tz9c>.

The entire Ocean Pines Academy can be viewed at www.oceanpines.org/web/pages/ocean-pines-academy.



Restocking baby boutique

Several members of the Knifty Knitters group from the Ateaze Senior Center in Baltimore recently made a road trip to the Grace Center for Maternal and Women’s Health in Berlin. They delivered a new batch of hand-crocheted items for the Baby Boutique at the center. The Knifty Knitters have been providing items such as baby blankets, hats, jelly fish and dolls for Grace Center clients for several years and wanted to see the facility for themselves and learn more about services that are provided at the center.

Pictured above a few of their crafts are Knifty Knitters **Ronnie Schuman, Gerrie Smith, Janet Kivett and Bobbie Hollingsworth.** They are accompanied by **Amy Mike,** a volunteer and former Board Member at the Center.

Carozza appointed to family violence council

Senate Minority Leader Bryan Simonaire announced last week the appointment of Senator Mary Beth Carozza to the Governor’s Family Violence Council.



Mary Beth Carozza

“It was my pleasure to recommend Senator Carozza for the Governor’s Family Violence Council. Senator Carozza has been involved in these issues during her time as a legislator, and most recently as a member of the Child Custody Domestic Violence Workgroup. I know she will be a valuable asset in advancing the work and mission of the Council.”

The Governor’s Family Violence Council is charged with providing the

Governor with timely and accurate information on family violence with recommendations to reduce and eliminate abusive behaviors. It is comprised of a dedicated group of government officials, law enforcement professionals, legislators, community advocates, victims’ rights representatives, state and local government representatives and survivors.

“I am grateful for the opportunity to serve on this Governor’s Council focusing on preventing and reducing family violence in Maryland. By working with all the partners including family victim organizations, child advocacy groups, and law enforcement, we can advance policies and community initiatives that better protect more Marylanders from family violence,” said Senator Mary Beth Carozza.

The

Courier



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Helvey's effluent petition

Commentary by **Joe Reynolds**
OceanPinesForum.com

OPA member Grant Helvey made public comments at board meetings on two occasions regarding his concerns about spraying treated wastewater effluent on the Ocean Pines golf course. Now he is mounting a petition drive asking both OPA and Worcester County to stop plans for the new irrigation system that would spray a limited amount of treated effluent on the course rather than discharge directly into the St. Martin River.



Helvey has three major concerns:

public health, environmental danger, and the cost of the project. Interestingly, he overlooks completely the most important issue related to this potential project - the possible loss of OPA control of the use of the entire golf course property due to what may be permanent easements granted to the county.

With regard to environmental dangers and public health, Helvey is completely off base, regurgitating concerns voiced by a few other uninformed association members. The treated effluent from the Ocean Pines area sewage treatment facility is the cleanest, safest in the entire State of Maryland. Spray irrigation of treated effluent is a common and accepted practice. For example, all treated effluent at the Riddle Farms subdivision is sprayed on the

golf course. There are numerous other examples.

The reality is spraying a portion of the plant effluent on the golf course will reduce the nitrates going into the river, and also reduce the amount of fertilizer needed for the course. Neither of these reductions will be very measurable, but certainly using the effluent for spray irrigation will reduce negative environmental impact, not increase it.

Helvey is correct about one thing - spending perhaps \$3.4 million on a new irrigation system for the Ocean Pines golf course cannot be justified based on environmental issues alone.

Since the cost of the proposed project will be funded with county money, paid for by all ratepayers in the county's Ocean Pines Water & Wastewater District, including properties outside the Ocean Pines subdivision, there is no OPA referendum required even though the project is over \$1 million. Helvey is attempting to impose referendum requirements on a county project having nothing to do with OPA bylaws.

Even so, the OPA Board of Directors

must grant permission to the county before the project can proceed on OPA property. If the board eventually decides to support the project, it should do the right thing and allow association members to make the final decision on this important project and not just on what any four board members want.

One reason a non-required referendum is the only right thing to do is related to the previously mentioned easement the county will require OPA to grant to the county on the entire golf course property. OPA is in-perpetuity and no one knows what the future will bring in terms of possible land use. Once such an easement is granted and considering properties outside the Ocean Pines subdivision will also be paying for the project, there is no telling the legal implications of what can or cannot be done with the entire golf course property, near term or decades in the future.

The OPA board should never give up control of our golf course property without an affirmative vote of the membership in a referendum.

Courier Almanac

On November 10, 1969, "Sesame Street," a pioneering TV show that would teach generations of young children the alphabet and how to count, made its broadcast debut. "Sesame Street," with its memorable theme song ("Can you tell me how to get/How to get to Sesame Street"), went on to become the most widely viewed children's program in the world. It has aired in more than 120 countries.



Celia named Crafter of the Month

The Pine'er Craft Club of Ocean Pines has announced Tina Celia as the November Crafter of the Month.

Celia has made unique and handmade crafts all her life, from sewing clothes, to making Christmas decorations, candles, beaded jewelry, decoupage bottles, and her latest and fondest creations: dried and framed flowers.

A native of Washington, D.C., Celia has lived in Maryland for most of her life. She retired and moved to Berlin just over a year ago to be close to her daughter and son-in-law, and their dog, Dexter, who has captured her heart.

At her prior residence, Celia had a beautiful and bountiful garden, filled with many diverse types of plants and

flowers in her yard.

The idea of drying and framing flowers came about she decided to make use of all that she had. Celia took several months to pick and dry them and, when she moved, she carefully brought them with her.

Celia said she is excited to be a part of the Pine'er Craft Club, where she can continue to make her crafts and display them at the Pine'er Artisan Gift Shop.

View Celia's projects and other handmade items at the Artisan Gift Shop in White Horse Park, on 239 Ocean Parkway in Ocean Pines. The shop is open every Saturday from 9 a.m. to 3 p.m. and Sunday from 10 a.m. to 3 p.m.



Supporting small businesses ensures more money stays in the communities those businesses serve. The U.S. Small Business Administration says \$48 out of every \$100 spent at a small business stays in the community. On the flip side, when a person spends \$100 at a big-box store or a national chain, only \$14 remains in the community. Local businesses are more likely to utilize other local businesses, such as banks, service providers and even farms. Small businesses also pay employees, many of whom are local and shop local, thereby keeping even more dollars in their communities.

The Courier

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Time with Bing

On a recent afternoon, alone in my house, I placed on the record turntable an LP just received in the mail. During the moments the needle found its groove, I got comfortable on the sofa.



It's All About. . .

By **Chip Bertino**

chipbertino@delmarvacourier.com

The music rose from the speakers with the splendor of a spring dawn. Within a few opening bars the warm baritone voice filled the room much the same way a full choir resonates within a cathedral. I was mesmerized, transported someplace wonderful.

During the past year, since my children last Christmas gave me a record player, I've been adding to my collection which for more than three decades was boxed up and put away. Much to my wife's chagrin, I've scoured second hand stores, antique shops and the Internet for vintage record albums. I try not to pay more than a couple bucks each. Finding an album of interest is akin to finding a golden Easter egg.

A vinyl album engages the senses of touch and sight and hearing. It starts with the cover art design and continues on. Removing the album from its cardboard cover and then from the album sleeve, flipping it over and back to inspect for dust and determining which is Side One, and then laying it on the turntable, is an experience quite unlike streaming or downloading a song from the internet. The feel of the vinyl, the lifting and setting down of the needle arm on the outer grooves of the spinning black disk is a connection to the artist soon to be heard. The reward comes when the needle glides past the crackle to the opening recording. The experience is repeated when the record is flipped to the other side.

A variety of music genres attract me. But admittedly, my taste in music is rooted in the era or two before I was born. Much of what I enjoy can be found in the great American Songbook authored by Irving Berlin, the Gershwin Brothers, Johnny Mercer, Harold Arlen, Cole Porter, Richard Rodgers, Jerome Kern and others. Listening to Tony Bennett, Rosemary Clooney,

Frank Sinatra, Dinah Shore and others interpret lyrics with personal nuance is an ethereal escape, especially when the arrangements are prepared by Nelson Riddle or Quincy Jones. For me, these artists are best heard in the original thirty-three and a third, long playing format.

Getting back to that recent afternoon. According to the liner notes of the album, on three consecutive September mornings in

1977, in a London CBS recording studio, accompanied by the Pete Moore Orchestra, Bing Crosby breathed life into a repertoire of twelve musical arrangements for what was fated to be his last recorded album, "Seasons." He caressed the lyrics with the soft touch of an amour's embrace. Like an old friend, Mr. Crosby's vocal mastery and nuanced interpretation kept me company in the stillness of the darkened room. He was in the closing chapter of his career, yet something very special still imbued his distinctive voice and motivated his unique phrasing. The "something" I'm searching for is talent.

For many years, I considered Mr. Crosby only as that man who sung "White Christmas," the ubiquitous standard that dominates the airwaves between Thanksgiving and Christmas. Yes, I knew he starred with Bob Hope in the "Road" pictures. And I remember watching his Christmas specials that included his wife and children, thinking at the time he was just an older version of Andy Williams. It wasn't until later when I came to appreciate the singularly gifted vocal artist he was. He defined vocal interpretation for the performers who followed him including Sinatra and Bennett and Como. He was the superstar of his generation and beyond, maintaining a presence on radio, television and movie screens and in record stores for decades.

History records that one month to the day after Mr. Crosby completed his work on "Seasons" he died of a heart attack while walking to the club house following a round of golf. Yet, during the nearly 37 minutes his album whirled on my player, he was very much alive and it was special to be with him.

Too-Ra-Loo-Ra-Loo-Ral.

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Filmmaker submission deadline nears

The 6th Annual Ocean City Film Festival will return to the resort March 3-6, and is accepting entries for the 2022 festival from filmmakers. The deadline for late submissions is approaching, and the festival organizers are offering a price break for locals.

“Entries are due by November 30,” B.L. Strang-Moya, Film Festival Creative Director, said. “To encourage local participation, filmmakers who live on Delmarva can receive a waiver so they can submit their films at no cost to them. To receive a waiver, e-mail us at OceanCityFilmFest@gmail.com.”

Complete rules and entry forms are posted at <https://filmfreeway.com/OceanCityFilmFestival>.

Hosted by the Art League of Ocean City, the festival was founded in 2017 and has become a recognized annual event that attracts international, national, and regional artists working in film. In 2021, the festival was named a member of the Sundance Industry Office, a testament to its rapid growth and reach. The festival creates both community engagement and networking opportunities for filmmakers at all levels in their careers.

The festival is planning to return to a live, in-person event in 2022, screening approximately 100 films from around the world in local venues, with exclusive premieres of locally-produced films, plus receptions, happy hours, morning coffee get-togethers, and an awards ceremony.

“The 2022 program will be a celebration for filmmakers and Ocean City alike,” Strang-Moya continued. “Local and regional content has always been and will continue to be the primary focus of our festival while also giving a platform to artists from all over the world. Our program is consistently diverse and equitable in the array of unique artists we showcase.”

The festival offers eight submission categories: feature films, youth short

films, animation, horror/sci-fi, short documentary, funny shorts, dramatic shorts, environmental/aquatic films, and short films feel-good films. Submissions will be judged by a panel of experts, and filmmakers will be notified of acceptance into the festival by January 3.

Festival organizers are also seeking sponsors for 2022, including venues for festival parties and events. Anyone interested should contact the Art League’s Director of Development, Nancy Dofflemyer, at nancyd@artleagueofoceancity.org or 410-524-9433.

General information about the Film Festival is available at OCMDfilmfestival.com.

Local organizations receiving grants

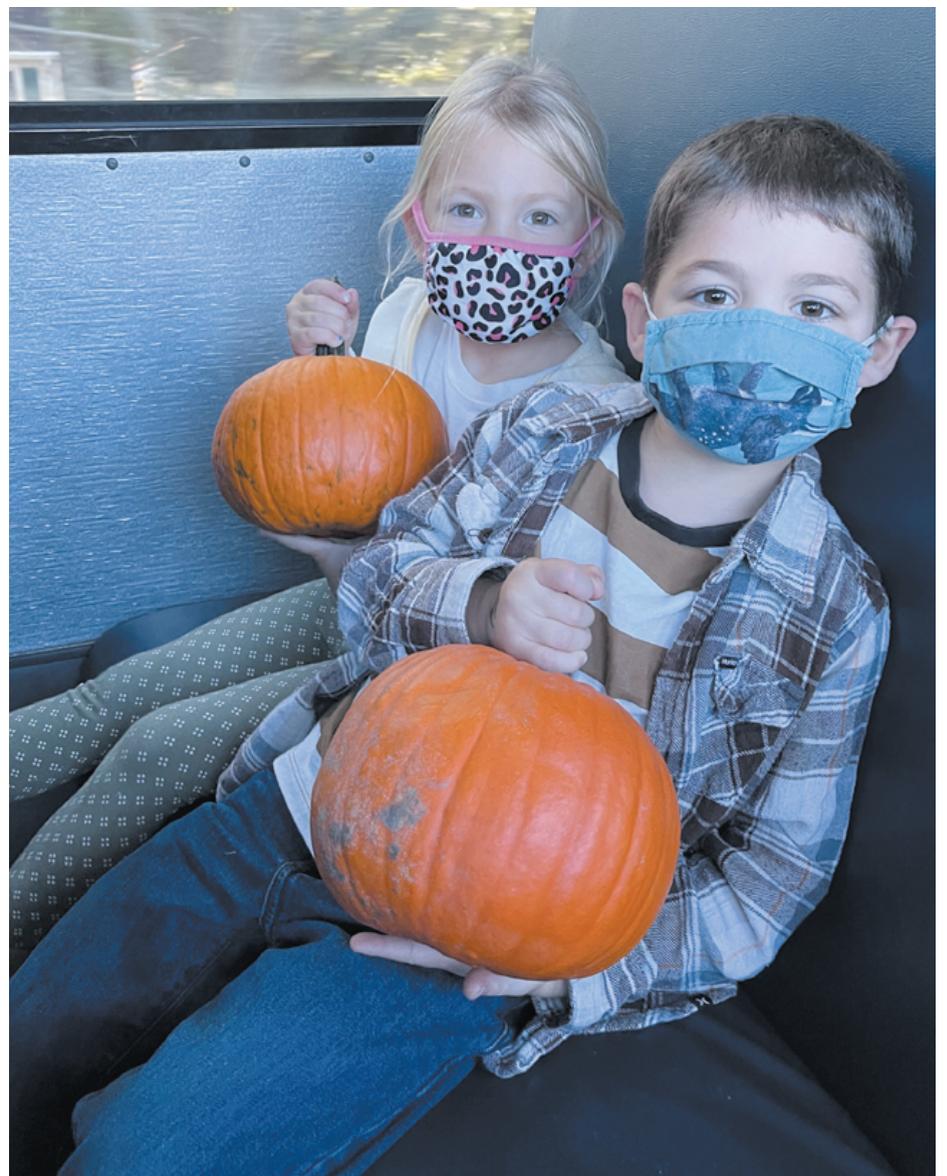
As part of the American Rescue Plan (ARP) Act of 2021, the National Endowment for the Humanities (NEH) received additional supplemental funding to distribute as emergency relief to support economic recovery for cultural institutions adversely affected by the coronavirus pandemic.

Through this effort, Maryland Humanities was allocated \$910,000 to distribute to non-profit organizations that provide opportunities for Maryland’s communities to access and engage with public history, cultural heritage, and civic learning during this continued unprecedented time.

Maryland Humanities awarded \$10,000 grants to 91 organizations across the state of Maryland. Seven organizations within the Beach to Bay Heritage Area were selected from over 140 applications whose missions have a primary focus on the humanities.

Organizations receiving funding include: Berlin Heritage Foundation, Crisfield Heritage Foundation, Delmarva Discovery Museum, Friends of Julia A. Purnell Museum, Furnace Town Foundation, Somerset County Historical Society and the Beach to Bay Heritage Area Inc.

Grant funds can be used for general operating support. For more information about the MD Humanities grant programs and other grant programs that may assist your non-profit organization visit www.beachesbays-waterways.org



Field trip - Students in Jennifer Fohner’s morning Pre-K 4 class at Ocean City Elementary recently took a field trip to Adkins Farm to end their unit on “The Five Senses.” Pictured are **Isla Hourihan** and **Owen Berke**.

Fall leaf collection scheduled

The Ocean Pines Association has announced leaf collection procedures for its residents this fall.

Public Works will collect leaves and other yard debris from November 22 through December 17, on opposite days from Republic Services collection days.

The department will only pick up leaves placed in paper bags that residents place curbside. Thirty-gallon paper bags are available at Public Works in bundles of five for \$10.

Republic Services will pick up paper and plastic bags on scheduled pick-up days, limit four bags of leaves per scheduled pick up. Republic Services will also accept branches tied in bundles no longer than four feet.

Additionally, Ocean Pines residents may bring leaves and yard debris in bulk or paper bags to the Public

Works yard at 1 Firehouse Lane, near the south Fire Department. The yard will be open Nov. 22 through Dec. 31, Monday through Friday from 7:30 a.m. until 3 p.m., and Saturdays from 8 a.m. to 4 p.m.

There will be no collection or drop off on Thursday, November 25 or Friday, November 26 because of the Thanksgiving holiday. The yard also will be closed for drop off on Thursday, December 23, Friday, December 24 and Saturday, December 25 because of the Christmas holiday.

Public Works will also vacuum leaves. Residents should refrain from blowing leaves directly into the ditches, as this can lead to clogging of pipes as well as difficulty in water flow.

For more information, contact Public Works at 410-641-7425.

If you live in Ocean Pines, be sure to contact The Courier if you want the paper each week in your driveway.

Call 410-629-5906

Honoring all heroes this Veterans Day

Veterans Day, which is celebrated annually on November 11, commemorates the hardworking men and women who sacrifice their time and put themselves in harm's way to defend the country's core values of freedom and opportunity. While Veterans Day certainly is a chance to honor those who have donned the uniform during wars and military in-



stallments, it also can be a chance to recognize the unsung heroes of wartime, those who step into roles so that soldiers and strategists can focus their attention elsewhere.

Take for example Naomi Parker Fraley. In 1942, Fraley was a machine shop worker at the Naval Air Station in Alameda, Calif. She was one of scores women who worked in factories and shipyards during World War II, helping to produce munitions and war supplies. Parker was 20 years old in 1942 and served as the inspiration for what would become one of the most indelible images of the era, known as "Rosie the Riveter." Parker unknowingly inspired the iconic image after she was photographed at work bent over an industrial machine in a jumpsuit

with her hair tied back in a polka-dot bandana. In 2018, Naomi Parker Fraley died at the age of 96, not nearly the household name she perhaps should have been.

Rosie the Riveter helped to tout the contributions of female war employees who were defending America by working on the homefront. Rosie was a successful morale-booster, and some may be surprised to learn that Rosie has various incarnations.

Norman Rockwell's depiction of a female riveter, which appeared on the cover of the *Saturday Evening Post* on May 29, 1943, became an iconic staple of that time. Muscular, with a rivet gun on her lap, a sandwich in hand and a boot stomping on

a copy of "Mein Kampf" - and timed perfectly to coincide with the release of a song called "Rosie the Riveter" by Redd Evans and John Jacob Loeb - Rosie became a household name. But another Rosie image actually predates Rockwell's Post cover.

Naomi Parker Fraley was reportedly the inspiration for an ad created by a lesser-known artist named J. Howard Miller. Miller produced a "We Can Do It!" poster for Westinghouse Electric in 1942 aimed at boosting spirits among the company's workers. The poster helped to recruit new female personnel, according to scholar James J. Kimble. This Rosie was portrayed in a red bandana with her bent arm flexed,

rolling up her shirtsleeve.

Both Miller's and Rockwell's depictions of female war workers became ingrained in popular culture. Rockwell's cover art was eventually loaned to the U.S. Department of the Treasury for use in war bond drives for the duration of the war. Miller's version has been emulated for generations and still epitomizes a strong female presence in the workforce.

This Veterans Day is a prime time to delve into American wartime history, with interesting stories like the origins of Rosie the Riveter, and pay homage to all of the heroes that help ensure America's reputation as a great nation.

ANNUAL VETERANS DAY CEREMONY Worcester County Veterans Memorial at Ocean Pines



NOVEMBER 11, 2021 at 11:00 a.m.

In the event of inclement weather the ceremony will be held at Ocean Pines Community Center.

County offices closed Veterans Day

Worcester County Government (WCG) offices, including Recreation and Parks, will be closed November 11 in observance of Veterans Day.

All five branch libraries, Central Landfill, and Homeowner Convenience Centers will be open during standard hours of operation on November 11.

**We will honor all who have served
in our nation's military.**

All are welcome - please bring your lawn chairs.

Selecting a fiduciary

By **Michele Procino-Wells, Esq.**

When it comes to estate planning one of the most crucial decisions you will make is naming a fiduciary – that's the person who's going to make sure that you and your worldly possessions are taken care of properly. In a trust, that's the trustee. In a Will, that's the personal representative, who most people refer to as the executor. In the legal world, there is hardly a more serious and solemn obligation than fiduciary duty, which is the power and obligation to act in the best interests of others under circumstances which require total trust, good faith and honesty.

It's been said that when you put total trust in a person, what you receive in return is either a life-long reward or a very hard lesson. Sadly, if you just laughed, it's probably because you recognized that as truth. So, consider carefully who you trust.

That's where it gets complicated. You have a list of people qualified to fulfill this role, so scenarios could go something like this:

You're single and have no children or family, but you do have seven best friends: Sleepy, Dopey, Happy, Bashful, Sneezzy, Grumpy, and Doc, who is smart enough to have graduated from med school, so of course you will reward him or her with the additional responsibility of being your fiduciary.

You have two children, one of whom has maxed out eleven credit cards and is now back "home" and living in your basement. The other one can always be counted on to do exactly the right thing in exactly the right way and is a partner in an accounting firm. In Japan. But, you nevertheless reward her with the honor of being your fiduciary.

You've had two life partners and multiple children with both of them. Your youngest child from your previous relationship is the most responsible person out of the entire lot, but how do you look your current partner (or your other children) in the eye after naming that child as your favorite? Oops, fiduciary. You could, of course, name that child and die without telling anyone, but imagine the nightmare that child will face when everyone else reads your Will.

You have three children and you're uncomfortable picking one, so you name all three to be co-executors, working together. What you've just done means that all three may have to

be in the same spot at the same time to open a bank account. When it comes time to pay a bill, all three of them may have to sign the check. If the truth be told, you know in your heart that two of them are going to sit back and let number three do all the work, and number three isn't going to get any more than his or her siblings because you love all of your children equally. By the time all is said and done, there will probably be a rift in the family that will last for generations, if not eternity.

Although these situations may be extreme examples, you get the point. You want to choose someone who is, first of all, willing and able to serve. That person also needs to be financially savvy, resourceful, impartial, honest, conscientious, organized, accountable, and timely. You need someone who has time to devote and is in good enough health to sustain this effort for a year or more.

What hasn't been said is this: almost as important as choosing who you trust is choosing someone all of your beneficiaries can live with.

Take a look around. Doesn't that person strongly resemble your attorney? Isn't that why you've already put your trust in her to do your estate planning?

Although it might seem preposterous at first blush, naming your attorney actually makes perfect sense. If you anticipate having sufficient assets in your estate to warrant using a small percentage to pay someone for estate administration, it removes all of the stress and family politics from the equation. The responsible child doesn't have to add to their already full plate. The whiner is less likely to bend the ear of a professional. The bully will stop short of trying to manipulate an attorney. And you'll have peace of mind, knowing that your estate will be administered professionally and on a timely basis, and when all is said and done your beneficiaries will collect a check.

Weigh all the above factors and name the best person for the job. If that person is a family member or friend, you're very fortunate. If not, don't overburden someone who already has a full load. Don't be influenced into choosing the wrong person for wrong reasons because that kind of conflict can destroy your family.

Choose carefully.



Celebration - Several members of the Republican Women of Worcester (RWWC) recently traveled to Rockville, MD to celebrate the 100th Birthday of the Maryland Federation of Republican Women (MFRW). Pictured are: Standing - **Mary Adair, Sandy Zitzer, Senator Mary Beth Carozza, Former First Lady Kendel Ehrlich, Susan Ostrowski**, Seated - **Carol Frazier and Amy Mike**.



Collaboration - Dress Ministry of the Eastern Shore (formerly Pillowcase Ministry) collaborated with Jewish Family Services of Wilmington to provide needed goods to Afghan refugee families. Donations included: 161 handmade hats, 28 blankets, 51 sleep-mats, 198 shower kits and 24 sweatshirts.

Pictured are Dress Ministry Director, **Barbara Entwistle**, with **Judy Davis**, publicity director.

No-Scam November returns

Worcester County's Vulnerable Adult Task Force is pleased to announce their continued efforts to educate and raise awareness about common fraud schemes with the second annual "No-Scam November" Initiative. The focus of "No-Scam November" is prevention of scams before they cause financial damage to the victim, as inherent difficulties exist in the investigation and identification of high-tech scammers and in the attempts to recover the victim's



Kris Heiser

money. State's Attorney Kris Heiser noted the addition of a certified fraud examiner to her investigative team, significantly increasing the resources being devoted to the growing problem of elder abuse, and highlighted strong public-private partnerships as critical to scam-prevention.

Law enforcement continues to see an increase in the number of reported fraud cases, and senior citizens are the most frequent target. In Worcester County, the most common types of fraud currently experienced are gift card scams. Scammers have been targeting victims either by phone or by email, often claiming that there is an emergency situation the victim must buy gift cards to resolve. The scammer typically then requests the code on the back of the gift card so they can use it online. The scammer may claim to be the IRS, or claim that a family member of the victim has been arrested and needs bail money. In another common scam, the victim is told that they have won a contest or prize money, but in order to

collect their winnings, they must buy gift cards totaling a small portion of the total prize they will eventually be sent by the scammer. Many times, the scammer stays on the phone with the victim while the victim travels to the store to purchase the gift cards, to make sure that the scam is successful and that the victim cannot pause to consider whether they should actually go through with the purchase.

To combat these gift card scams, throughout month of November, the Maryland State Police, Worcester County Sheriff's Office and Ocean Pines Police Department will be conducting community outreach efforts and providing local businesses with free signage, provided by the Office of the State's Attorney, that can be attached to any gift-card display case. These warning signs are designed to shake would-be victims into realizing and recognizing the scam in the moment, especially if they are still on the phone with the scammer, and encourage them to press pause and exercise caution before making a purchase. New this

year, the signs will display a QR code that links the public to even more information on scams from reliable online sources. These signs, along with outreach by prosecutors and police will also help local businesses and shop owners to educate their staff to know the signs of a gift card scam before ringing up the victim's purchase, and to contact police whenever they suspect a scam.

State's Attorney Heiser thanked all business owners who participated in "No-Scam November" last year and applauded the partnerships between local businesses and law enforcement that allow our Worcester County communities to help prevent gift card scams.

Businesses wishing to participate in "No-Scam November" can request their free gift card scam signage from either the Berlin Barrack, the Ocean Pines Police Department, or the Worcester County Sheriff's Office. To report any type of suspected elder abuse, including suspected gift card scams, please contact your local law enforcement agency.

Programs raise diabetes awareness

In recognition of National Diabetes Awareness Month, the Worcester County Health Department (WCHD) is offering a variety of opportunities to learn about diabetes, assess your risk for developing diabetes, and engage in activities to reduce your risk. Throughout the month of November, the health department will share information about diabetes self-management and prevention through podcasts, healthy cooking demonstrations, social media posts, videos, and commercials featured on local television and radio. The health department will also be offering a diabetes support group and Lifestyle Balance, a diabetes prevention program.

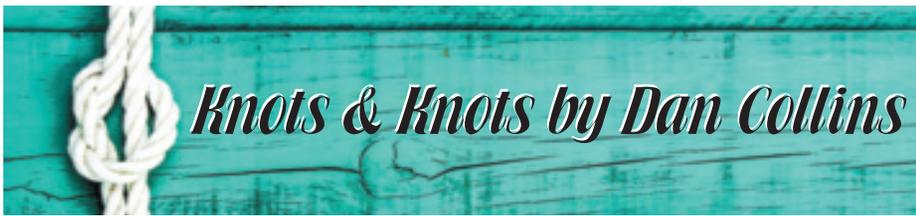
Awareness month activities will also include the launch of a new campaign. The health department in collaboration with the Worcester County Local Health Improvement Coalition (LHIC) will launch a diabetes self-management campaign in mid-November. The campaign is designed to educate individuals with diabetes about self-management programs, which can help control blood glucose through increased physical activity, healthy eating, blood sugar monitoring, and medication management. The campaign will include testimonials from program participants, a Certified Diabetes Educator, and an Endocrinologist. The theme of the campaign is, "You Have the Power to Manage Dia-

please see **awareness** page 14

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Nor'easter

Growing up in Northeast Philadelphia, I thought a nor'easter was a neighbor. Then in 1962 a nor'easter called 'The Ash Wednesday Storm' savaged the eastern seaboard of the US. A couple months later, our family took a road trip 'down the shore' (as Philadelphians refer to the South Jersey beach communities) to see the devastation. It was awesome. The entire town of Strathmere had been washed away with the derelict houses rotting in heaps in the bay while their beach front pilings stood naked, waiting for their demise or insurance to rebuild.

This was the same storm that caused Ocean Pines to come into existence. The 'money' to develop a planned seashore community had been busy putting in roads and sample houses on what is now Assateague Island National Seashore. The nor'easter wiped it out. If you park in the southern most parking lot in the national park and walk the pedestrian trail, you will come across the last remnants of the endeavor, a decaying piece of asphalt road.

The 'money' eventually abandoned Assateague and founded Ocean Pines in 1969.

Although Ocean Pines is further inland than the barrier islands, it is still close enough to the ocean to experience a vigorous nor'easter. The beauty that passed by here on October 29 is a good example. Under a National Oceanic and Atmospheric Administration (NOAA) Weather Service 'storm warning,' we had gusts over 50 mph and the lower tip of Ocean City did its usual submarine imitation with flooded streets.

My backyard water level came to within about three inches of the high water marks of Hurricane Sandy. The

surging water lapped at the keels of a couple of my neighbors' boats that were on lifts supposedly high enough to be out of harm's way and I had to wade out and rescue one kayak and secure two others that were floating nearby. Quite a storm.

Although the term 'nor'east' dates

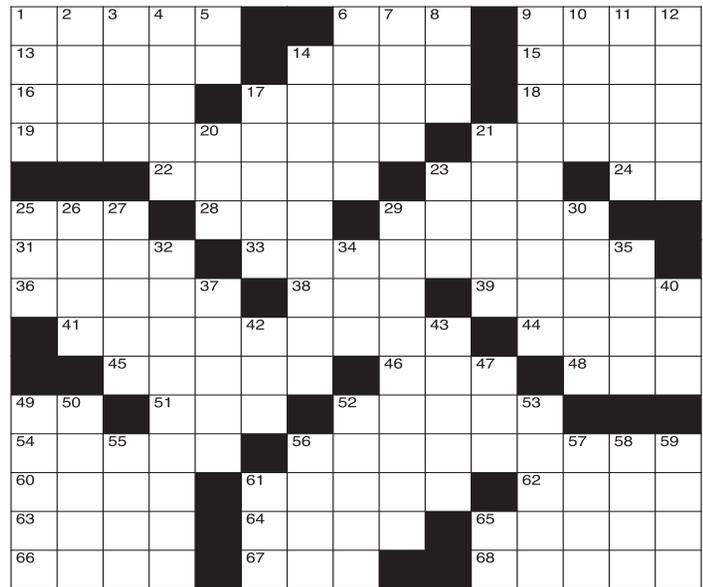


High tide during a Nor'easter in Ocean Pines

back to the 16th century, it wasn't until the 18th century that 'nor'easter' began to be used by New England newspapers to describe these winter storms. Nor'easters get their name from the typical direction that wind is coming from during these winter storms – the north east. Technically, a nor'easter is a cyclone like a hurricane except hurricanes feed off of warm water while nor'easters are driven by cold air. Since 'warm' has more energy than 'cold,' hurricanes are typically more powerful than nor'easters.

Nor'easters are the result of a winter time clash between a low-pressure area that develops over the relatively warm waters of the Gulf Stream off of the Carolinas and a cold Arctic high pressure system that charges down from Canada. Between the two, the clockwise flow of cold air around the Canadian high pressure and the counter-clockwise flow around the low, a ferocious cold, wet wind is created that slams into the New England and Middle Atlantic seaboard and only

please see *knots* on page 14

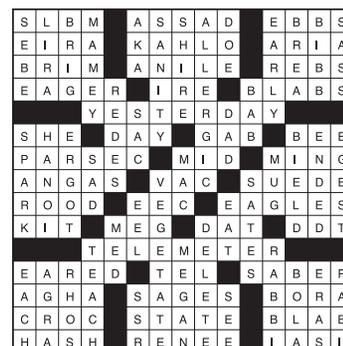


CLUES ACROSS

- 1. German philosopher
- 6. A type of stock trading (abbr.)
- 9. Cincinnati ballplayers
- 13. Deerlike water buffaloes
- 14. Island
- 15. Jewish calendar month
- 16. Round Dutch cheese
- 17. Unstressed syllable of a metrical foot
- 18. A restaurant needs one
- 19. Decent behaviors
- 21. Groans
- 22. Works hard
- 23. Upset
- 24. A sound made in speech
- 25. One point east of due south
- 28. Boxing's GOAT
- 29. Whittles
- 31. Tailless amphibian
- 33. Surrounded
- 36. Doesn't stay still
- 38. Copycat
- 39. Four-door car
- 41. Morally correct behavior
- 44. Something that is owed
- 45. Pasta needs it
- 46. Ant-Man's last name
- 48. Bravo! Bravo! Bravo!
- 49. Small period of time (abbr.)
- 51. Woman (French)
- 52. On or around
- 54. Fencing swords
- 56. Fonts
- 60. A command in the name of the court
- 61. Sprays with an irritant
- 62. Georgetown athlete
- 63. Dry or withered
- 64. Sign of injury
- 65. Tracts of land (abbr.)
- 66. 365 days
- 67. Physique
- 68. Icelandic poems

CLUES DOWN

- 1. Bodily substance
- 2. Internal
- 3. Provoke or annoy
- 4. Type of lounge chair
- 5. Losses
- 6. Makes less severe
- 7. Identifies a thing close at hand
- 8. Group of blood disorders (abbr.)
- 9. Rebuilt
- 10. Ancient Greek City
- 11. American investigative journalist
- 12. Partially melted snow
- 14. Take shape
- 17. Mexican beverage
- 20. Patti Hearst's captors
- 21. Jacobs and Summers are two
- 23. Disfigure
- 25. Scientists' tool (abbr.)
- 26. Ill-mannered person
- 27. Overhang
- 29. Famed rat catcher
- 30. Passover feast and ceremony
- 32. Equal to 10 meters
- 34. Central processing unit
- 35. Chinese native religion
- 37. Unfermented juices
- 40. "To the ___ degree"
- 42. Frozen water
- 43. Medieval circuit courts
- 47. 1,000 cubic feet (abbr.)
- 49. Gossipy
- 50. Shopping is one type
- 52. Palmlike plant
- 53. Partner to "ooohed"
- 55. Welsh name meaning "snow"
- 56. Popular Mexican dish
- 57. It helps power devices
- 58. Reddish-brown wildcat
- 59. Impertinence
- 61. Legal financial term (abbr.)
- 65. Atomic #52



Answers for November 6

'Hero' bartender saved customer after heart attack

Quick thinking on the part of a local bartender – and a well-placed defibrillator – helped save a life on Sunday at the Ocean Pines Clubhouse Bar and Grille.

A male patron, whose name was not publicly released, appeared to have a heart attack on Sunday, when bartender Rob Ruszin and manager Judie Scotti swiftly sprang into action.

Scotti said she was coming back into the building at around 1 p.m. when she noticed a customer in distress.



Rob Ruszin and Judie Scotti

"He was on the floor, and it sounded like he was having some breathing issues," she said. "Rob was on the phone with 911. They told him to roll [the man] on his back and then he handed me the phone."

Ruszin, who worked as a lifeguard for several summers and received defibrillator training while in college, tried to administer CPR. Scotti said that man started turning blue, was not breathing and did not have a heartbeat.

"I ran and grabbed the AED [Automated External Defibrillator] out of the hallway and ran back, and Rob hooked him up and followed the directions and shocked him," Scotti said. "At that point, Rob was doing CPR on him, and he started getting color back."

Ruszin said the whole incident, from the time the man slumped over until the time he used the defibrillator, lasted about two minutes.

"It felt like forever though!" he said. "[The defibrillators] really do save lives. It was nerve-racking, but the Fire Chief came and thanked us afterward. And throughout it, everyone stayed calm and worked together. Everyone

helped out."

Soon after the resuscitation, EMS workers transported the man to Tidal-Health, in Salisbury.

"I got an update that he was doing well in Salisbury, so I was very happy about that," Scotti said. "Rob did a great job. He was quick and responsive, as well as myself, but I feel like Rob did most of the work. Together, we made it work."

Ocean Pines Volunteer Fire Department Chief Steve Grunewald said the man was alert and responsive when EMS arrived. And Ruszin, he said, was a genuine hero.

"He saved the guy's life – there's no doubt in my mind whatsoever. He did a fantastic job," Grunewald said. "It was absolutely fantastic work in a stressful situation by the staff at the Clubhouse. Without the quick thinking of the bartender, the outcome could have been drastically different."

"It also speaks to the importance of these AEDs in public buildings," he continued. "That AED just paid for itself. It saved that gentleman's life. But the big hero is the bartender – he stepped in and went beyond his normal job duties, and he saved this person's life."

Aquatics Director Kathleen Cook maintains defibrillators across all Ocean Pines facilities, and supplies information to staff on how to use them. That includes the Administration Building and Community Center, all five pools, all three restaurants, and the Golf Club, Marina and Racquet Sports Center.

Studies have shown that quick use of a defibrillator can drastically increase a person's chance of survival.

A National Institutes of Health report said the survival rate was 74% for victims who received their first defibrillation within three minutes, while those who received their first defibrillation after three minutes have a survival rate of just 49%.

Additionally, an American Heart Association study showed that cardiac

arrest victims who received a shock from a publicly available AED had far greater chance of survival and being discharged from the hospital (66.5%) than those who did not (43%).

Cook said she tests all the units monthly, and last checked the Clubhouse Bar and Grille defibrillator just a week ago.

"I'm just thrilled that it was there and that it worked," she said. "[The defibrillator] would have never shocked him unless he needed it, so the guy was in trouble. So, hats off to Judie and Rob.

They handled it flawlessly."

General Manager John Viola said he was proud of the team and gratified that their training and knowledge paid off.

"Their quick actions probably saved a life on Sunday. As a resident, that's extremely comforting," he said. "We purchased defibrillators last year for all of our facilities, and many of our staff are trained to use them in case of an emergency. Going forward, that will continue to be a priority, and we'll ensure these devices are working and that our team members know how to use them."



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Some things to think about

Gathered from the internet by **Jack Barnes**



Wouldn't it be great if we could put ourselves in the dryer for a short time and come out **wrinkle free and two sizes smaller**



I miss the good old days... Remember when you could actually have an opinion without offending somebody?



I'VE EXPANDED MY SKILLS.

I CAN NOW FORGET WHAT I'M DOING WHILE I'M ACTUALLY DOING IT.



I finally realized it!



People are prisoners of their phones. That's Why they are called cell phones!



Health Dept, offers combined COVID-19, flu vaccination clinic for youth

The Worcester County Health Department is holding a combined COVID-19 vaccine clinic for youth aged five to 11 years old in addition to a flu vaccine clinic for ages 6 months to 17-years-old. The clinic



will take place from 10 a.m. to 12:30 p.m. on Saturday, November 13, at the Snow Hill Health Department (6040 Public Landing Rd, Snow Hill) and will provide the Pfizer COVID vaccine.

According to the Centers for Disease Control (CDC), widespread vaccination for COVID-19 is a critical tool to best protect everyone, especially those at highest risk, from severe illness and death. People who are fully vaccinated can safely resume many activities that they did prior to the pandemic. Children

ages 5 years and older are able to get an age-appropriate dose of Pfizer-BioNTech COVID-19 Vaccine.

Additionally, from the CDC: although children are at a lower risk of becoming severely ill with COVID-19 compared with adults, children can:

- Be infected with the virus that causes COVID-19
- Get very sick from COVID-19

- Have both short and long-term health complications from COVID-19

- Spread COVID-19 to others

- Children with underlying medical conditions are more at risk for severe illness from COVID-19 compared with children without underlying medical conditions.

Children who get infected with the virus that causes COVID-19 can also develop serious complications like multisystem inflammatory syndrome (MIS-C)—a condition where different body parts become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs.

Influenza (flu) is a potentially serious disease that can lead to hospitalization and sometimes even

death. Every flu season is different, and flu can affect people differently, but millions of people get flu every year, hundreds of thousands of people are hospitalized and thousands to tens of thousands of people die from flu-related causes every year. Visit [CDC.gov/flu](https://www.cdc.gov/flu) to learn more.

For more information about COVID-19 and flu vaccines or to schedule an appointment, visit [WorcesterHealth.org](https://www.WorcesterHealth.org). If you have any questions, you can call 667-253-2140 Monday through Friday 8am-5pm.

The Courier

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Tides for Ocean City Inlet

Day	High /Low	Tide Time
Th 11	High	12:47 AM
11	Low	6:42 AM
11	High	1:23 PM
11	Low	7:52 PM
F 12	High	1:59 AM
12	Low	7:50 AM
12	High	2:32 PM
12	Low	8:52 PM
Sa 13	High	3:11 AM
13	Low	8:58 AM
13	High	3:36 PM
13	Low	9:47 PM
Su 14	High	4:12 AM
14	Low	10:03 AM
14	High	4:30 PM
14	Low	10:34 PM
M 15	High	5:00 AM
15	Low	11:00 AM
15	High	5:15 PM
15	Low	11:15 PM
Tu 16	High	5:41 AM
16	Low	11:49 AM
16	High	5:55 PM
16	Low	11:52 PM
W 17	High	6:19 AM
17	Low	12:32 PM
17	High	6:33 PM

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EOE

NEWS, LIFE AND POLITICS

Ocean Pines, Maryland

Senior communities offering lifestyles

Living life to the fullest does not need to stop when adults near or reach retirement age. Age-restricted housing communities once bore the stereotype of having limited recreational options and dated surroundings. But modern senior homes and facilities are all about catering to active lifestyles. Some communities offer resort-like amenities and pristine properties. Furthermore, certain communities provide niche offerings for people who are looking for something even a little more different.

Eligibility to live in these communities varies, but generally speaking one resident in the home must be age 55 or older. According to research by TRI Pointe Homes, of the 75 million people who comprise the Baby Boomer generation who are eligible for age-qualified communities, more than 32 million would consider living in such a community. The website 55places.com, which specializes in

promoting age-restricted communities, indicates Florida has the most age-restricted communities in the country, followed by New Jersey.

Choosing an age-restricted community requires consideration of a host of factors, including the amenities residents most desire and the cost of a facility. The following factors can help people decide which community is most suitable for them.

Style of home: Homes built in retirement communities are designed to be comfortable and convenient for aging residents. Many are single-floor units. Certain communities may be comprised of apartments, condos or townhouses, while others may be single, detached residences.

Amenities: When comparing age-restricted communities, consider the amenities available. Do they include on-site dining, transportation, travel assistance, pools, fitness centers, walking trails, or outdoor sports facilities?

Some communities have “aging in place” amenities, which means residents can move from independent living to assisted living to skilled nursing care as their needs change. Make a list of interests and then match them to a community that can fit your needs.

Costs: Costs vary considerably. Investopedia advises seniors to consider the community’s location and what is being offered, as these factors will affect costs. In addition to rent or mortgages, most communities also have monthly maintenance or homeowners association fees that need to be compared and considered. Read contracts carefully to see which other costs are included.

Specialized features: Unique men and women call for unique communities. If standard age-restricted communities do not fit the bill,



55places.com says there are specialized offerings for people who spend retirement in an RV; desire homes that align with their heritage; communities just for postal workers; or communities tied to a local college to continue lifelong learning.

Retirement communities are evolving and many specialize in catering to active lifestyles.

knots

from page 10

slowly meanders away to the north because the stubborn winter Canadian highs are reluctant to move on.

Unofficially, the nor’easter season is from November to March so our October 29 storm was a little early this year but that should not necessarily be construed as a harbinger of an excessively stormy winter. Recall this past hurricane season started with a rush of early Atlantic storms only to peter out as the season progressed.

Regardless of the forecast, it’s time to prepare to winterize our boats. Top the fuel tanks, store the batteries, remove the water bottles, tie down the cover, and promise yourself that you will do all the overdue maintenance in the spring plus use the boat more often next year. Then you take out your check book and pay insurance premiums, boat registrations and storage fees but don’t fret; there are no nor’easters forecast for the week of the OC Seaside Boat Show in February. See’ya there.

In the meantime, on a more serious note, the winter is a great time to take the Maryland recreational safe boating class. It’s required to operate a boat in Maryland waters if your were born after July 1, 1972 but even if you weren’t or you took a similar class years ago, the class is a great refresher and a fun way to spend a couple nights in the winter.

Recent statistics released by the US Coast Guard, indicate it has gotten a lot more dangerous on our waters, partially due to the increase in the number of boaters during the pandemic. There are approximately 11.8 million recreational boats registered in the US. In calendar year 2020, the Coast Guard counted 5,265 accidents that involved 767 deaths, 3,191 injuries and approximately \$62.5 million dollars of damage to property as a result of recreational boating accidents. Alarmingly, in one year, the accident rate increased by 26%, the injury rate by 24.7%, and the fatality rate by 25%. Sadly, 77% of deaths occurred on boats where the operator had not received boating safety instructions.

Take the class.

Stay safe. Stay dry.

Dan Collins can be reached for comment at dancollins.oceanpines@gmail.com.

awareness

from page 9

betes.”

In recognition of World Diabetes Day on November 12, the health department encourages residents to submit photos of themselves wearing blue to receive a free wellness prize. Simply snap your photo and email it to Crystal.bell1@maryland.gov.

As part of Diabetes Awareness Month activities, the health department will begin sponsoring a monthly diabetes support group. The support group will be held on the third Wednesday of every month from 1 p.m. to 2 p.m. at the Snow Hill Library, 307 N Washington St, Snow Hill. November’s support group will be held on November 17. Individuals who have diabetes and their caregivers are encouraged to attend the monthly support group to reinforce the education they have received about how to manage their disease. Monthly topics will focus on blood glucose monitoring, medication management, reducing your risk of developing complications

from diabetes, nutrition, meal planning, physical activity, managing sick days, and more.

The health department will offer Lifestyle Balance, a year-long diabetes prevention program at the Ocean Pines library, 11107 Cathell Road, Berlin on Mondays from 5 p.m. to 6 p.m. starting on November 29. For those who would like to participate in the program from the comfort of their own home, an online version of the class will be held on Mondays from 4 p.m. to 5 p.m. The program is proven to help prevent or delay the onset of type 2 diabetes. Participants learn how to eat healthier, increase daily physical activity, and lose weight. Individuals, on average, lose between 5-percent and 7-percent of their body weight. Pre-registration is required and space is limited.

For more information about diabetes and prediabetes please visit WorcesterHealth.org or call the Worcester County Health Department at 410-632-1100 ext. 1108 and ask about diabetes prevention and diabetes support group programs.

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