

Annual Burn off the Turkey 5K



5K Run/Walk
Gorham, ME

There will be a \$100 Cash Prize for man and woman to break record times awarded (Ethan Hemphill: 15:09; Christine Snowe-Reaser: 17:34).

On Saturday, November 27th, Gorham Recreation Department invites everyone to get outside for the annual Burn Off the Turkey 5k Run/Walk around Robie Park. The 5k will be starting at 8:30 a.m. that morning. To register or learn more about this event, visit https://www.gorhamrec.com/info/activities/program_details.aspx?ProgramID=14960. Race results will be published on www.active.com. Online registration for this event ended Monday, November 22nd. Race day registration will be 7:00 a.m. to 8:00 a.m. Saturday, November 27th, at Gorham Recreation. Free registration for those over age 65 (no shirt). Race fee after Nov 22nd is \$30.00 for all registrations (no shirt).

Christmas Craft Fair Dec. 4

If you are looking for festive activities this holiday season, this could be an event to add to your agenda. The Christmas Craft Fair at Living Waters Christian School will be held Saturday, December 4th, 2021, from 9:00 a.m. to 2:00 p.m. At this event, participants will get to create DIY Children's Crafts, decorate gingerbread men, access treats, and take part in a Cake Walk. Additionally, a Family Photo Booth will be available along with many more fun activities. For more information, contact Felicia Cates by emailing Felicia@lwaters.net or calling 207-205-1855.

Gorham Seeks Participants in its 5th Annual Tree Festival Nov. 28

Gorham is holding its 5th Annual Tree Festival this holiday season. Any business or resident can participate. Entries entail coming up with a theme, color scheme, or any creative idea to decorate participants' Holiday Tree. All trees will be judged on creativity and theme. Entrants are asked to place a Holiday Tree outside of their residence or business by November 28th at 4:00

p.m., the date of the Light Parade through Gorham Village. If you want your Holiday Tree judged, email gorhamstreefestival@gmail.com to let them know you want to participate.

They will be judging trees in early December. Two winners will be announced in each division, business and residential, for most creative and best theme. The winners

will be announced and published in Gorham Weekly.

Look for the event page on Facebook where viewers are encouraged to share. If any questions, call Cindy at 207-839-2744 or email cindy@greatfallsinc.com. If you are too busy but would like to participate, let them know and they can help. They are looking forward to a great Tree Festival this year.

Christmas Cause for Children by Bookworm and St. Anne's Church

Once again, the Bookworm is partnering with St. Anne's Church this year to get books into the hands of children this Christmas. Bookworm invites you to make a donation of \$2 that helps defray the cost of age-appropriate books along with a small toy to be included in the St. Anne's Church's holiday baskets. You are invited to come in and help them fill Santa's bag with books! They are grateful for the community's sup-

port.

The Bookworm is teaming up with St. Anne's Church for another year of

giving community children age-appropriate books and a small toy, all made possible by a donation of \$2.



Gorham Winter Parking Policy November 1 through May 1

There is no parking on any public road or public easement roadway from November 1st to May 1st, 12:00 a.m. to 6:00 a.m. or during any parking ban declared by the Public Works Department. Vehicles parked illegally or abandoned on roads are subject to towing at the owner's expense as well as ticketing by the police. Please remove your car from the street as soon as you are aware of a snow alert. Please call the Department of Public Works at 892-9062 if there is a problem concerning road conditions.

Gorham Public Works employees are ready for winter's rain, snow, and ice. Because winter can be trying for motorists, it is important for you to know how snow removal and ice control will be carried out. If a storm is anticipated, remove vehicles from the roadside shoulders. This allows plows to clear the area the first time through without having to return to clean it up later.

If possible, wait until the roadway has been plowed before cleaning out the end of the driveway. There is no practical

way to plow the roadways without depositing snow into your driveway.

Help reduce the possibility of a broken mailbox post. Plow operators are urged to take precautions to avoid hitting mailbox posts. However, experience has shown that with reduced visibility during a storm, it is not always possible for a driver to see a post in time to avoid striking it with the wing of the plow. Any installation within the road right of way, including a mailbox, is placed there at the owner's risk. Therefore, owners are encouraged to put mailboxes at the maximum usable distance from the roadway pavement. Posts should also be checked for deterioration to reduce the possibility of their being broken off simply by the weight of the snow.

An important step in dealing with snowfall is street salting. Top priority is given to the Town's main roads. Those roads are routes that the Town has found

to have the heaviest year-round traffic and usually are major arteries running north/south or east/west. Snow removal operations begin when frozen precipitation begins falling. All operations begin by salting the streets and continue until the streets are clear or it is no longer effective due to the depth of the snow.

When two to three inches of snow have accumulated and more is expected, snow is removed by plowing rather than salting. All public roads will be plowed by Public Works personnel.

The first responsibility of the Public Works Department is to open the main roads. The plows then continue to all other streets on the route to "open up" each one in sequence. If the storm continues in intensity, the trucks remain in the same pattern until the storm abates. When the storm has passed, the trucks then begin to

See **Parking**, page 8

Maine Made Crafts

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Newsmakers, Names & Faces

Collins Urges President Biden to Protect Afghan Women and Girls

U.S. Senator Susan Collins (R-Maine) joined all 24 female Senators in a bipartisan letter to President Joe Biden calling on him to protect the rights of Afghan women and girls following the U.S. military withdrawal from Afghanistan.

In a letter to the President, Senator Collins and her colleagues wrote, "In the wake of the U.S. mili-

tary withdrawal from Afghanistan, we write to urge your Administration to develop an interagency plan to preserve the political, economic, social, and basic human rights of Afghan women and girls."

"Last year an estimated 3.5 million girls were in school, with 100,000 women enrolled in public and private universities. Women also began to succeed in

business and government . . . However, lacking a legitimate Afghan government and military forces to protect them, women and girls are now suffering the predations of a Taliban regime with a track record of brutalizing, isolating, and denying them life and liberty," the Senators continued.

"You have committed to press the Taliban to

uphold the rights of women and girls, and you have stated that America will maintain an enduring partnership with the people of Afghanistan resisting Taliban rule. We will advise, support, and enable those efforts through legislation and engagement with your Administration. Afghan women and girls need our action now," the Senators concluded.

In addition to Senator Collins, the letter was co-signed by Senators Joni Ernst (R-Iowa), Dianne Feinstein (D-Calif.), Jeanne Shaheen (D-N.H.), Marsha Blackburn (R-Tenn.), Patty Murray (D-Wash.), Shelley Moore Capito (R-W.Va.), Amy Klobuchar (D-Minn.), Lisa Murkowski (R-Alaska), Mazie Hirono (D-Hawaii), Cindy Hyde-Smith (R-Miss.), Tammy Duck-

worth (D-Ill.), Deb Fischer (R-Neb.), Maggie Hassan (D-N.H.), Cynthia Lummis (R-Wyo.), Kyrsten Sinema (D-Ariz.), Tina Smith (Minn.), Tammy Baldwin (D-Wis.), Jacky Rosen (D-Nev.), Maria Cantwell (D-Wash.), Debbie Stabenow (D-Mich.), Catherine Cortez Masto (D-Nev.), Kirsten Gillibrand (D-N.Y.), and Elizabeth Warren (D-Mass.).

Chad Vander Lugt Named Executive Creative Director of Rinck Advertising

Rinck Advertising, a creative agency founded in Lewiston, Maine, is continuing to expand its team. The award-winning agency has hired Chad Vander Lugt as Executive Creative Director, making this the

ninth hire in 2021 for the fast-growing agency.

"In March 2020, Rinck went fully remote due to Covid. Although we still have our headquarters in Maine, we have made several key strategic hires

across the United States including Illinois, Virginia, New Jersey and now South Dakota," stated Rinck CEO, Peter Rinck. "If there is a silver lining to the post-pandemic workforce, it is that we have expanded our talent pool and are able to seek the most experienced, innovative team members who fit our clients' evolving needs."

Vander Lugt will be responsible for leading the creative, studio, and digital departments in brand building and strategic campaign development across multiple industries, markets

and media. In his role, he will work closely with the agency's Senior Director of Client Strategy, Kristy Phinney.

"This will be a fascinating new challenge for me. I am thrilled to be joining this dynamic team and I look forward to bringing my experience and creative philosophy to bear on Rinck's diverse and exciting roster of clients. And my family and I absolutely love Maine. We left for family reasons in 2016, but the notion of one day moving back has always been on our hearts and minds. We

are overjoyed to be coming home," said Vander Lugt.

Until then, Vander Lugt will remotely lead his team from Sioux Falls, SD where he was the executive creative director at Henkin Schultz. He has previously worked with The VIA Agency in Portland, ME; FCB in Chicago, and Tracy Locke in Dallas. Vander Lugt has experience with major brands including Frito-Lay, Ingersoll Rand, Harrah's, Tabasco, Welch's, People's United Bank and Sam's Club. His work has been recognized with multiple awards in-

cluding two Adweek Ad of the Day mentions.

"We wanted to hire top notch talent for this role and interviewed candidates across the country," continued Rinck. "Chad stood out for his strong strategic brand building methodology and brand experience. He has jumped in with both feet, demonstrating his passion for brand storytelling and his desire to elevate the work we do. The fact that he and his family want to move back to Maine is truly icing on the cake and we are thrilled."

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Portland Tree Lighting being Broadcast Live on Nov. 26


Downtown Portland had a sneak preview of the holiday tree delivery at Monument Square recently. The tree lighting can be viewed live on their webcam at <https://www.youtube.com/watch?v=HPzB11Qzd8Y> Friday afternoon, November 26th.

Downtown Portland is a historic seacoast town with a funky vibe, working waterfront, loads of galleries, hundreds of one-of-a-kind shops, and award-winning restaurants serving everything from classic lobster rolls to exotic nouvelle cuisine. You are invited to explore their Arts District, Historic Old Port, fine dining, parks, and distinctive neighborhoods.




Downtown Portland has their tree cam up and running during certain times to allow viewers access to the tree's delivery and lighting. The tree will return the afternoon of Friday, November 26th when the tree will be lit. Tree delivery is expected around 9:00 a.m. that same day.

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Newsmakers, Names & Faces

Maddie Michaud to Play Soccer at University of Maine



Gorham High School congratulates Maddie Michaud for signing her National Letter of Intent to play soccer at the University of Maine.

Christmas Assistance for Gorham

Once again this year, community organizations and individuals have requested a list of names for food and/or gift baskets for Christmas from Gorham residences in need. If your family has a need for help and you would like to be considered, please fill out a form with the sizes, needs, and wants of all family members. Occasionally, clothing is available, and correct sizes are most helpful. Kindly return forms to Town Clerk, Laurie Nordfors, as soon as possible or by Friday, December 10th,

2021. Please provide proof of Gorham residency by providing evidence such as a driver's license, bill, piece of mail, etc. with your form.

If you are found eligible for assistance and there are sufficient sponsors available to cover the requests, baskets will be available for pick up sometime during the week before Christmas. You will be contacted to schedule a time for pick. If you have any questions or comments, contact Laurie Nordfors at 222-1670.

All-State Team Gains Athlete Hannah Bickford



Local athlete for Gorham Field Hockey, Hannah Bickford, Sophomore student of Gorham High School, was named to the 2021 All-State Team. As such, Bickford will be recognized at the MFHA All-State banquet this December.

Rams Honored for Sportsmanship



Recently, the Gorham High School Football team was honored yet again. The Rams were selected by the local officials board as the Sportsmanship Honorees for this past season.

Send all items for Names & Faces to the Editor. Deadline is Friday by five.

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Mental Health Summit at the Augusta Civic Center on Nov. 30

How has the pandemic impacted mental health and mental health services in Maine? What dire problems and gaps in community services has it revealed and exacerbated? How can we meet skyrocketing demand for services, while acute problems such as staffing shortages make delivering those services so challenging? These and related critical issues will be spotlighted at "Mental Health Summit: Reimagining Mental Health Services in Maine," a one-day conference for providers, consumers, advocates, and legislators to be held on Tuesday, November 30th, from 9:30 a.m. to 3:00 p.m. at the Augusta Civic Center, 76 Community Drive.

The summit is being sponsored by Alliance for Addiction and Mental Health Services, Maine; Behavioral Health Community Collaborative; Consumer Council System of Maine; NAMI (National Alliance on Mental Illness) Maine; and Pathways of Maine. The special keynote speaker via Zoom will be Chuck Ingoglia, President/CEO of the National Council for Mental Wellbeing, who is available for pre-Summit media interviews by calling (207)-512-0532.

"Mental Health Summit: Reimagining Mental

Health Services in Maine" is being held at a time when the global pandemic has rocked the nation's mental health and health services. According to a recent Morning Consult poll released by the National Council for Mental Wellbeing, 78 percent of mental health and substance-use treatment organizations report increased demand for services over the past three months, continuing a relentless surge that began more than a year ago. The same poll also revealed workforce shortages have made it extremely difficult for mental health and substance-use treatment organizations to keep up with demand. Fully 97 percent of them report it has been "difficult to recruit employees"; 83 percent report increased demand for mental health treatment; 78 percent report increased demand for crisis services; 76 percent report increased demand for social support services; 69 percent report increased demand for substance-use treatment.

"The pandemic has exacerbated our nation's mental health and substance-use crisis. It also has made it more difficult for treatment organizations to provide clients the care they need and deserve," said Chuck Ingoglia, President/CEO of the National Council for Mental Wellbeing.

"This crisis demands that we find solutions that allow clients to get the treatment they need and provide organizations the resources they require to attract and retain staff in a competitive marketplace."

The schedule for "Mental Health Summit: Reimagining Mental Health Services in Maine" will include the following: 10:00 a.m. - Opening / Welcome. 10:15 a.m. - Keynote Presentation - Chuck Ingoglia, President/CEO of the National Council for Mental Wellbeing. 11:00 a.m. - Consumer & Advocates Panel (adult services). 11:45 a.m. - Family & Advocates Panel (children's services). 12:30 p.m. - Lunch Presentation (box lunch provided). 1:15 p.m. - Provider Panel. 2:00 p.m. - Legislator & Policymaker Panel. 2:45 p.m. - Closing Remarks.

Mental health providers, consumers, and advocates, along with Maine state legislators, are urged to attend this critical one-day summit. To register for this upcoming event held on Tuesday, November 30th, please visit the following web address: www.eventbrite.com/e/mental-health-summit-reimagining-community-services-in-maine-registration-194783612027

Christmas Concert at Chocolate Church Arts Center Dec. 10

a Don Campbell Christmas

DON CAMPBELL BAND PLAYS THE HOLIDAY CLASSICS AND TIMELESS ORIGINALS

DONCAMPBELLMUSIC.COM FOR MORE INFORMATION

The Chocolate Church Arts Center invites the public to join them for a family-friendly Christmas concert with plenty of opportunities for sing-a longs. This cheerful concert will include original music

from Award-winning, Singer-Songwriter Don Campbell's Christmas CD's volume 1 & 2 as well as many of the holiday classics everyone loves to hear played by the Don Campbell Band. December 10 7:30 p.m.

Tickets are \$22 in advance and \$25 date of service. The Chocolate Church Arts Center is located at 804 Washington St, Bath, ME. For more information call 2074428455 or visit chocolatechurcharts.org.

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Day's Jewelers transfers ownership to employees

This November, Day's Jewelers transferred ownership as family-owned business to its employees. The Employee Stock Ownership Plan (ESOP) will benefit its 120 employees, making Day's the only employee-owned and operated jewelry company in Maine and New Hampshire.

"Since my wife Kathy and I purchased

Day's in 1988, we have always set out to build a company that stands the test of time," said Jeff Corey, vice president of marketing and co-owner of Day's Jewelers. "Becoming an ESOP and placing our future in the hands of our tremendous employees will ensure the continued success of the company and culture we've built over the past several decades."



Jeff, Joe, and Kathy Corey transfer ownership of Day's Jewelers to employees.

Kathy Corey, Day's co-owner said, "Since its founding in 1914, Day's Jewelers has held the important core principle of providing the best value to our customers. When considering the future of the company, we weighed the options of selling to an outside buyer or selling to our employees. By converting the business to an ESOP, the future of the business would be kept in

the hands of our employees, and we could keep our current leadership and the amazing Day's family culture we have built."

Day's joins a number of other high-profile employee-owned companies in Maine, including Cianbro, Moody's Collision, Clark Insurance, ReVision Energy, as well as Yankee Publishing, Inc., Cirtronics Corp., and Hypertherm in New Hampshire.

Discrepancy in Health Care Worker Vaccination Data

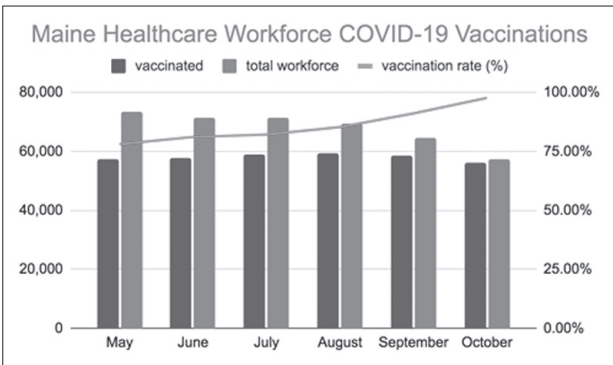


Chart displaying the data Nick Murray speaks on in his statement pertaining to vaccinations of health care workers.

Maine Policy has been tracking the state's health care worker vaccination data since it became available in May. Maine Policy Institute analyst, Nick Murray, released a statement after the release of the Health Care Worker COVID-19 Vaccination report for the month of October. In his statement, he asserts the following:

The Maine DHHS and CDC's own data disputes claims it made today in its press release related to the total number of health care workers whose vaccination status has been reported since the agency began collecting these data in May. The release issued

today claims the total staff reported by health care facilities fell by only 516 (1%) between May and October. The agency's own data available on its public dashboard show there are 16,046 fewer workers at these facilities than in May.

According to the agency's data, since July, the last month before Governor Mills announced the mandate for health care workers, the overall workforce reported at facilities impacted by the rule has declined by 19.65%. Since May, there are 1,242 fewer vaccinated workers and 14,804 fewer unvaccinated workers at these facilities.

Growth in the state's vaccination rate for health care workers over the May to October reporting period is entirely a product of shrinking denominators. Thousands of workers have left the workforce at designated health care facilities impacted by the rule, with the largest losses coming in the two months leading up to the enforcement deadline of the vaccine mandate.

The explanations provided by the administration related to normal expansion and contraction, reporting rate fluctuations, and seasonal changes in workforce cannot explain this dramatic shift in the overall number of staff reporting vaccination status at these facilities. There is little doubt that the governor's vaccine mandate is the cause of these irregular losses in staff experienced by designated healthcare facilities. Maine DHHS and CDC need to answer to the discrepancy in the data reported on their public dashboard and the numbers released to the public in today's press release.

New Chief Financial Officer for Seven Islands Land Company



Nick Ireland, newly appointed CFO, is set to bring his commendable skills set to the team of Seven Islands Land Company.

Seven Islands Land Company announces that Nick Ireland has been ap-

pointed as the company's Chief Financial Officer. Ireland succeeds Theresa Triandafillou, who retired as CFO from the company in June following a 27-year career.

Ireland most recently served as Chief Financial Officer for the Gardner Companies, a forest-based group of companies based in Lincoln, Maine. Ireland began his career working for Baker Newman Noyes, holding a number of diverse roles and ultimately serving as a Managing Director, specializing in financial institutions, commercial businesses, and employee benefit plans.

Dan LaMontagne,

Seven Islands' President and Chief Executive Officer, commented, "I am excited to welcome Nick to the Seven Islands leadership team. We believe that his proven track record of results-driven leadership, financial acumen, and strategic thinking, along with his love of the Maine outdoors, make him the right choice to lead our financial operations."

Ireland commented, "It's an honor to join the Seven Islands team. I look forward to helping Seven Islands work towards its goals while furthering the legacy as a good steward of Maine's forest and positive contributor to Maine's economy."

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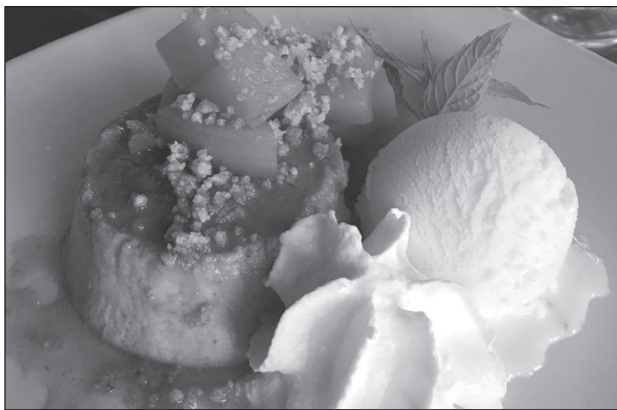
Tree Lighting and Parade in Gorham Nov. 28



The community is invited to join in for games, music, food trucks, and a chance to see Mr. and Mrs. Santa Claus!

On Sunday, November 28th, Gorham Recreation in collaboration with other Town of Gorham departments will help usher in the holiday season and light up the night with the annual Light Parade starting at 4:00 p.m. on Main Street, wrapping up with a tree lighting at Robie Park.

Thanksgiving Menu by MK Kitchen in Gorham



Delicious Thanksgiving menu items are now available at MK Kitchen in Gorham. The menu is available at mkkitchen.net. Dining in is available from 1:00 p.m.—5 p.m. as well as limited Curbside Pickup. Call ahead to preorder and reserve your time slot, or reserve online for dine in at 207-222-2588 or online at mkkitchen.net.

GHS Boys Ice Hockey Game on Nov. 27

GHS BOYS ICE HOCKEY
Proof of Vaccination/Neg Covid test required for entry. Masks Required

@USM **SATURDAY NOV. 27TH**

Game 1: @ NOON Gorham vs. Scarborough
Game 2: @ 2:00pm- W/W/BE vs Portland/Deering

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HOCKEY

Game 3: @ 5:15pm Losers of Game 1 & 2
Game 4: @ 7:15pm Winners of Game 1 & 2

THANKSGIVING TOURNAMENT

Gorham Ice Hockey Association is excited to have game day on Saturday, November 27th. The first game will be at 12:00 p.m.; the second game will begin at 2:00 p.m.; the third game will begin at 5:15 p.m.; the fourth game will commence at 7:15 p.m. GHS encourages the community to go to their website, www.gorham-icehockey.org, for more details on testing and masking requirements for attendees.

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Chocolate Church Arts Center Begins Holiday Season Performances Nov. 27



Còig, 2020 Canadian Folk Music Awards winner, will be performing a musical Christmas special on December 17th at CCAC.



Low Lily, an American Roots band, will be playing alongside Matt Flinner December 18th with a splendid variety of musical talents to display.



Matt Flinner, multi-award-winning bluegrass mandolinist will be present and performing December 18th at CCAC.



David Benoit, exceptional pianist and Grammy nominee photographed by Lori Stoll, will be performing a Charlie Brown tribute at the CCAC on December 3rd.

The Chocolate Church Arts Center (CCAC), at 804 Washington Street in Bath, will present a jam-packed schedule of holiday-themed events in late November and throughout December. The eclectic lineup will feature everything from a Motown concert to a Charlie

Brown tribute show from piano legend David Benoit to a winter solstice celebration with award-winning roots and bluegrass artists.

To kick things off, on Saturday, November 27th, Pat Colwell and the Soul Sensations will return to the Chocolate Church stage

with A Motown Christmas. This live, old-school R&B revue, complete with back-up singers and a full horn section, will feature soulful takes on Christmas tunes, as well as classic hits from The Temptations, Marvin Gaye, The Supremes, and more.

David Benoit, a three-time Grammy nominee and icon of contemporary jazz piano, will make his debut at the arts center on Friday, December 3rd with A Christmas Tribute to Charlie Brown. Benoit took over from Vince Guaraldi as music composer for the beloved Charlie Brown specials more than a decade ago and the concert will feature Guaraldi's classic compositions, along with

Benoit's original tunes. Guest vocalist Courtney Fortune will make a special appearance.

Maine's own Don Campbell Band will play a Christmas-themed show on Saturday, December 10th. Campbell, who was recognized for six consecutive years as the Maine Sunday Telegram's favorite Maine songwriter, will perform a mix of holiday classics and original songs inspired by his home state.

December 11th will bring A Beatles Holiday Celebration, which will feature Star Club, a premier Massachusetts-based Beatles Tribute Band. Star Club provide the full "Fab Four" holiday experience complete with suits, mop-tops,

holiday hits, and Beatles favorites.

The following weekend is another double-header, starting with Còig on Friday, December 17th. Còig, the 2020 Canadian Folk Music Awards winner, will play a special Christmas show, in which the musicians will shift between century-old tunes of past generations to original and contemporary compositions, featuring the band's range of over a dozen instruments.

On Saturday, December 18th, multi-award-winning bluegrass mandolinist Matt Flinner teams up with American Roots band Low

Lily to celebrate the Winter Solstice. This high-energy show will feature instrumentals alongside impeccably arranged songs to celebrate the season. Between them, the musicians play mandolins, guitars, fiddle, banjo, double bass, and sing in three and four-part vocal harmonies.

The season will come to a close at CCAC on Monday, December 20th with an adapted version of Sing! It's Christmas, a beloved community sing-along that has taken place at the venue for decades. The family-friendly event, which will feature local performers, is free to the public, but will have limited seating and will require pre-registration.

Tickets for all events at the Chocolate Church Arts Center are available for purchase at www.chocolatechurcharts.org, or by calling the box office at 207-442-8455. All performances will be subject to the center's current COVID-19 related policy, which requires audience members ages 12 and up to be fully vaccinated or have a negative COVID-19 test result within 48 hours prior to arriving at a performance, along with a matching photo ID.

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Gorham Bike & Ski Kicked Off Nov. 19



The community was invited to kickoff winter in the valley with Gorham Bike & Ski on the evening of November 19th for a full night of ski talk with vendors, raffles, and brews from Ledge Brewing Company from Intervale, NH. Great gear was raffled off with all of the proceeds will benefiting the Eastern Slope Ski Club.

Village School's Nutritious Hydroponic Vegetables



Village School's hydroponic veggies, as seen here, were handed off on November 17th to the Village Ram's Cafe to be incorporated in students' meals.

Parking

Continued from page 1

"widen out" all roads by pushing the accumulated snow back to the curb line and clearing the intersections. Remember, trained crews work around the clock during such storms to keep the roads open and passable.

Crews continue to monitor all roads for icy spots and areas where winds redeposit the snow in traffic lanes. Usually, an application of salt and/or sand is applied to all streets so the riding surface remains drivable. Crews are also dispatched to clear catch basins so that melting snow can run off. You may avoid a potential problem and also be of assistance to your neighbors if you clean off the catch basin or shovel out a nearby fire

hydrant.

A heavy snowfall can be very frustrating because it disrupts the normal flow of everyday living. Here are some tips to help eliminate some of that frustration:

Before it snows, remember last year's problems and try to tackle them in advance. If you do your own snow removal, have your tools and supplies handy. Shovels, snowblowers, sand and rock salt should be ready before the season. Residents may obtain two 5-gallon pails of sand from the Public Works Garage during work hours.

If you hire someone to do the job for you, make those arrangements early. It is tough to find someone in the middle of a storm.

A helpful hint: When shoveling out the mouth of your driveway throw the snow to the right of "Down-stream." Do not throw it in the road; it will only be redeposited when the plow around again. In addition, a patch of snow or ice on a clear road will cause a hazardous condition.

Make arrangements to have adequate food supplies early. Most traffic slowdowns are caused by vehicles not equipped with snow tires or chains. Most of all, use common sense. Do not go out during or immediately after a snowstorm unless it is necessary. Crews have many hours of hard work to complete their snow clearing operation. Less traffic during a storm means the roads will be cleaned quickly and completely.

Area news media will announce approaching storms and will disseminate information on school closings and meeting cancellations. They will also note road closings or re-routing.

Remember, whether it is your driveway for which you are responsible or the 130 miles of roads that the Town is responsible for, snow removal is an arduous and time-consuming job.

The Town will be well aware of any impending snowstorm and will alert crews before the bad weather is due to arrive. If you have called about a legitimate driving hazard, we will attend to it as soon as possible. Please understand the Town cannot shovel ridges or wind rows from your driveway that were left by the snowplow, nor can the Town crews plow private property.

If there is a problem concerning road conditions, call the Department of Public Works at 892-9062. If there is a medical emergency, call the Gorham Dispatch Center at 911.

Christmas Marketplace

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Saturday, December 4th

9:00 am to 1:00 pm

UMaine hires dairy specialist Glenda Pereira



Glenda Pereira has been named assistant Extension professor and statewide dairy specialist with University of Maine Cooperative Extension. She also is an assistant professor

of animal science with the UMaine School of Food and Agriculture.

Pereira grew up on her family's dairy farm in the Azores with 100 purebred registered Holsteins. She

pursued her passion for the dairy industry at the University of Rhode Island, where she majored in pre-veterinary studies, leading to a master's in animal science. She earned a Ph.D. from the University of Minnesota with a focus on precision dairy, crossbreeding and low-input, pasture-based feed efficiency.

While the Holstein has long been a favorite breed of dairy cattle, Pereira says she also admires the Normande. Her dairy products of choice: sour cream and ice cream.

As the UMaine Extension dairy specialist, Pereira will work directly with dairy farmers, conduct applied research and develop educational programs for dairy and livestock producers across Maine and New England. For more

information contact glenda.pereira@maine.edu or 207.581.3240. More information also can be found on the Extension dairy resources website.

University of Maine Cooperative Extension has supported UMaine's land and sea grant public education role by conducting community-driven, research-based programs in every Maine county. UMaine Extension helps support, sustain and grow the food-based economy. It is the only entity in our state that touches every aspect of the Maine Food System, where policy, research, production, processing, commerce, nutrition, and food security and safety are integral and interrelated. UMaine Extension also conducts the most successful out-of-school youth educational

program in Maine through 4-H.

The University of Maine, founded in Orono in 1865, is the state's land grant, sea grant and space grant university, with a regional campus at the University of Maine at Machias. UMaine is located on Marsh Island in the homeland of the Penobscot Nation. UMaine Machias is in the homeland of the Passamaquoddy Nation. As Maine's flagship public university, UMaine has a statewide mission of teaching, research and economic development, and community service. UMaine is the state's only public research university and among the most comprehensive higher education institutions in the Northeast. It attracts students from all 50 states and 81 countries. UMaine

currently enrolls 11,989 undergraduate and graduate students, and UMaine Machias enrolls 747 undergraduates. Our students have opportunities to participate in groundbreaking research with world-class scholars. UMaine offers more than 100-degree programs through which students can earn master's, doctoral or professional science master's degrees, as well as graduate certificates. UMaine Machias offers 18-degree programs. The university promotes environmental stewardship, with substantial efforts campus wide to conserve energy, recycle and adhere to green building standards in new construction. For more information about UMaine and UMaine Machias, visit umaine.edu and machias.edu.

Maine Public Health Association wins 2021 APHA Affiliate Award

Each year, the American Public Health Association (APHA) recognizes and celebrates a state affiliate for its public health excellence and accomplishments. On Saturday, October 23, Maine Public Health Association was recognized as the recipient of APHA's 2021 Outstanding Affiliate of the Year Award.

"Thank you to APHA for recognizing our hard work with this award; we are so honored. I am proud of the work we do across sectors and levels of government, forming partnerships at the community, state, and regional levels," said Rebecca Boulos, MPHA Executive Director. "While we are a small organization with just two full-time staff, we are committed to our mission of improving and sustaining the health and wellbeing of all people in Maine through health promotion, disease prevention and the advancement of health equity. We want to thank our more than 550 members, our regional, statewide and community partners and funders, and the MPHA board for their commit-

ment to improving public health and health equity in Maine."

"MPHA is the leading public health advocacy, education, and coalition builder in the state," said Dr. Noah Nesin, MPHA Board President. "Over the past few years, and with the leadership of our Executive Director, Rebecca Boulos, I have watched MPHA grow its staff and advocacy capacity, the diversity of its partnerships, and the reach and impact of its education, engagement, and advocacy efforts. This growth has advanced the visibility of public health, the connections between racism and health, climate change and health, and the critical importance of investing in a strong and nimble public health system that integrates municipal, community, and state level efforts."

"We appreciate our longstanding partnership with MPHA," said Nirav D. Shah, Director of the Maine Center for Disease Control and Prevention. "The Association's assistance with Maine's pandemic response through support for municipal and

community-based efforts, virtual trainings about infectious disease surveillance, vaccination, and communications skills, and multi-channel media campaigns have helped promote public health education and messaging."

"We have greatly appreciated MPHA's leadership on climate change, through co-chairing the Maine Climate Council's Community Resilience Planning, Public Health and Emergency Management Working Group, and by serving as a valued member of the Council's Equity Subcommittee," said Hannah Pingree, Director of the Governor's Office of Policy Innovation & Future. "MPHA's contributions have ensured that public health is central to Maine's urgent work to help our communities and people prepare for effects of climate change."

"MPHA has been a supportive training and advocacy partner to New Mainers Public Health Initiative," said Abdulkarim Said, Executive Director of New Mainers Public Health Initiative. "As an organizational member of

MPHA, we are particularly pleased they won the Outstanding Affiliate of the Year Award. Congratulations, MPHA!"

"As the Region 1 Public Health Training Center, we have worked with Maine Public Health

Association for years to improve public health workforce development. MPHA is a strong training partner that consistently procures high-quality presenters and content, attracting learners from across New England," said Karla Todd

Barrett, Director of New England Public Health Training Center. "Our workforce partnership is foundational for building solutions to the challenges facing Mainers, and for sharing those lessons with

See **Award**, page 14



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Lakeside Norway Tree Lighting and Caroling for a Cause Dec. 11



Tree standing alone at Lakeside Norway. This spruce in the field on the old CB Cummings Landing on Route 118 in Norway will be where the event is held.

Lakeside Norway, Pleasant Hill Property Services and Norway Brewing are teaming up with the Cancer Resource Center of Western Maine (CRCof-

WM) for a Tree Lighting and Caroling to honor those in our lives and those who have passed on Saturday, December 11th, 6:00-7:00 p.m., at 'The Tree at Lakeside Norway' a lone spruce tree in the field on the old CB Cummings Landing on Route 118 in Norway. Local musician, Dave Knightly, will lead everyone in a round of holiday songs. Hot chocolate and cider will be provided courtesy of Norway Brewing.

"This is really the first of what we hope will be many years of holiday tree lighting and caroling," said Jason Shiers, owner of Pleasant Hill and President of Lakeside Norway. "We are glad to help raise funds for CRCofWM since cancer affects us all—directly or indirectly. It is important that we fight together, celebrate life together and enjoy the holidays together!"

For a \$10 donation, a handmade birch ornament will be personalized by

the CRCofWM and then placed on 'The Tree at Lakeside Norway,' before December 11th.

"This is a wonderful way to honor a loved one, remember anyone who has passed, or send a bit of holiday cheer from you or your family," said Diane Madden, Executive Director of the CRCofWM. "It has been a tough year for many and we are excited to work with Lakeside Norway, Pleasant Hill and Norway Brewing Company to create a new meaningful community tradition."

100% of the proceeds from the ornament sale will go directly to support the needs of cancer patients and survivors in Oxford county and its surrounding towns. For any person being honored or remembered that is or was impacted by cancer, a pink (breast cancer) or purple (denotes all other cancers) ribbon is available to be added to the ornament.



Sample of the festive ornaments crafted by the Cancer Resource Center of Western Maine.

Ornaments can be ordered online at www.crcofwm.org or in person at the CRCofWM, at 59 Winter Street, Norway, on Tuesdays and Thursdays from 10:00 a.m.—2:00 p.m. (with cash or a check) at the

New Ventures Maine Offering Free Online Classes Dec. 2

New Ventures Maine has announced tuition-free online workshops and classes for December and January that are designed to help people in Maine start a business, build a career, and manage money. The full class schedule is growing with new class offerings for January and is accessible online at bit.ly/NVME-Classes.

December and January classes include Job Search Series, held Thursdays December 2nd–December 16th from 10:00 a.m.–11:00 a.m. If you are ready for a new job or a career change, join them for one, two, or all three of these workshops. On December 2nd, Job Search Strategies; December 9th, Resume Strategies; December 16th, Interview Strategies.

Matched Savings Information Session will be held Monday December 6th from 4:00 p.m.–5:00 p.m. Learn about matched savings programs such as the Rainy Day Savings and Family Development Account programs. They can help you save for a goal by matching your savings with additional funds. Find out how the programs work, check on eligibility, and ask questions.

Making Career Choices will take place on Tuesday, December 7th, 10:00 a.m.–11:00 a.m. Are you ready for a career change but do not know where to start? This workshop will help point you in the right

direction.

Currently, there is a preview available for January 2022 as new classes are being added daily. The first of these is My Next Career Move: access online as of January 5th, 2022, and work at your own pace. In this class, take charge of your career and create an action plan to achieve success. My Money Works will be held on Tuesdays from 6:30 p.m.–7:30 p.m., January 11th–February 8th. In this class, make a plan to achieve greater financial stability. Next, there is Building Confidence: Wednesdays at 10 a.m.–11:30 a.m., January 12th–January 26th. Learn concrete tools to help you build your confidence and keep it strong.

Visit bit.ly/NVME-Classes or call toll-free in Maine: 800-442-2092 for more information and to sign up.

New Ventures Maine is a statewide education and economic development program administered through UMA/University of Maine System. The mission of NVME is to help Maine people succeed in the changing economy and achieve economic security for themselves and their families. NVME achieves its mission by providing training and individual coaching in planning careers, starting businesses, managing money and building assets, and developing leaders.

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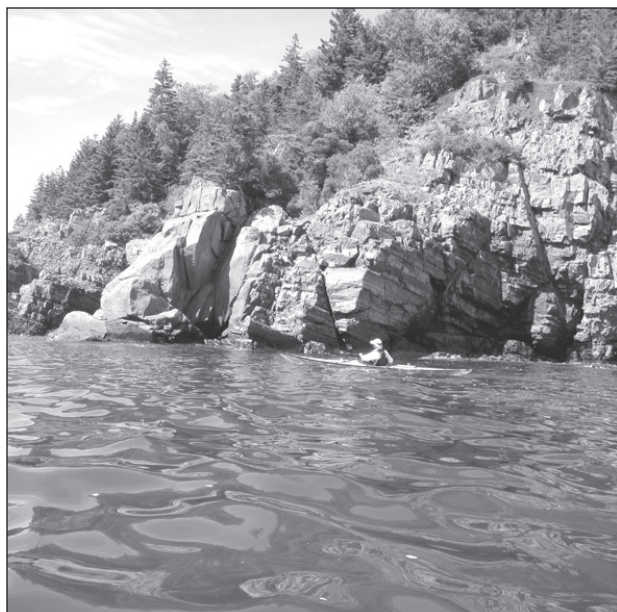
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Seniors Not Acting Their Age

Navigating the Porcupines



By Ron Chase

Chowderheads with the Penobscot Paddle & Chowder Society had a multitude of outdoor adventure opportunities scheduled for the second day of our annual fall festival weekend on Mount Desert Island. Mountain hikes, bike rides on the Acadia National Park Carriage Roads, war canoe competitions were included and some members planned to participate in the unique Belt Sander Races at the Atlantic Brewing Company. I proposed a sea kayak trip. My preference was a traverse along the rugged east shore of the island from Seal Harbor to Bar Harbor. The usual elderly suspects

signed on.

The day began with a solemn event, a memorial service for recently departed and much loved member Tee Brower. Held on the beach at Seal Harbor, her husband, John Brower, conducted the ceremony sharing memories and photos of Tee's long remarkable life.

As the service concluded, I realized that contrary to the weather forecast, winds were blowing from the north instead of the southeast complicating my kayaking plan. A weather check indicated the forecast had changed and variable winds were predicted throughout the day. Recalling the same trip had to be aborted a few

years prior due to strong unexpected winds, I decided to explore alternatives. After consulting with the other intended participants, we elected to complete a circumnavigation of the Porcupine Islands. Our choice was in no way a sacrifice as the area is one of the most scenic in Maine.

The closest location to begin a trip around the Porcupines is a rudimentary landing at the end of Bridge Street in downtown Bar Harbor. The tide was rising when we arrived at the busy launching area. A multitude of hikers were negotiating a sand bar between the shore and Bar Island, and a large group of kayakers were preparing to depart on a guided trip. By the time we unloaded our kayaks and gear and found parking on nearby West Street, some of the hikers who had misjudged the tide were wading back from Bar Island.

We began our voyage by rounding the west end of Bar Island in Frenchman Bay and continuing on the north side of the archipelago. Proceeding with modest winds from the north, the views were phenomenal in all directions. During previous trips in this area, we encountered cruise ships moored amongst the islands. Banned due to

Covid concerns, none were present this time.

After passing Sheep Porcupine Island, we navigated to a secluded gravel beach on the northwest side of Burnt Porcupine Island for lunch and a respite. A wonderful view of Schoodic and Black Mountains on the mainland made my bland outdoor fare much more appetizing.

Continuing east past tiny Rum Key, we persisted along the largest island, Long Porcupine. At the eastern terminus, we approached a narrow channel between Long Porcupine and a miniature atoll called The Hop. From a distance, it was unclear if there was sufficient depth for safe navigation. One Chowderhead successfully probed the passageway and everyone followed.

Turning west, we began our return to Bar Harbor on the ocean side of the island chain. For the remainder of the excursion, we were blessed with continuous views of the mountains of Acadia National Park. Alas, the summit of the tallest, Cadillac Mountain, was enveloped in clouds.

The character of the south-facing periphery of the Porcupines is significantly different as tall, imposing cliffs dominate the shorelines. A differ-

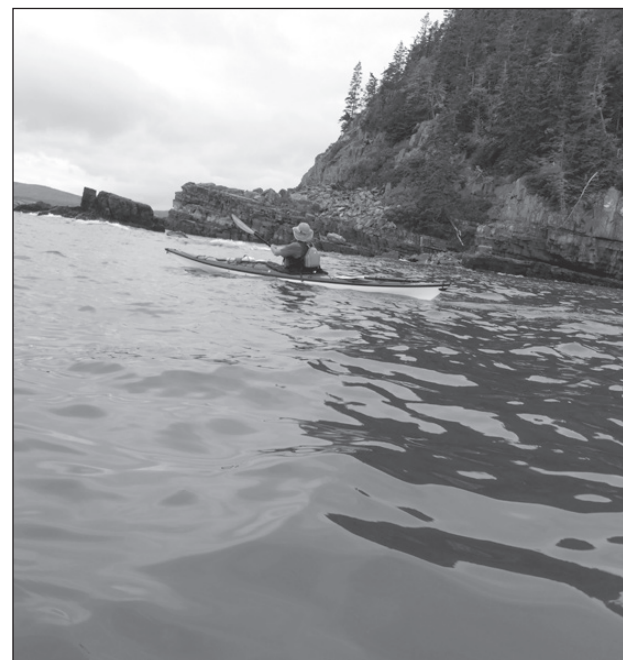
ent wind direction from the southeast caused some turbulence between Long and Sheep Porcupines. The rolling waves crashed against the precipitous bluffs adding a little drama to our excursion.

The waters calmed as we passed in lee of Bald Porcupine Island and entered bustling Bar Harbor. Large yachts, tour boats, and a multitude of smaller crafts cluttered the congested waterfront.

When we arrived at Bridge Street Landing, the half mile sand bar between Bar Island and the shore was completely submerged by a high tide. The landing was empty of people except for another group of kayakers who were preparing for the next guided tour.

Ours had been a most excellent paddling endeavor. I had no regrets about our decision to forgo the traverse which would have exposed us to varying winds and possible hazards particularly turning Great Head and Otter Point. Maybe next year we'll have cooperative conditions.

The author of "The Great Mars Hill Bank Robbery" and "Mountains for Mortals - New England," Ron Chase resides in Topsham. His latest book, "MAINE AL FRESCO: The Fifty Finest Outdoor Adventures in Maine" will soon be released by North Country Press. Visit his website at www.ronchase-outdoors.com or he can be reached at ronchaseoutdoors@comcast.net.



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- Mechanic Falls

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Now through Sunday, November 28

GORHAM – Annual Tree Lighting contest. Any resident or business in Gorham can participate. You can come up with your own theme, color scheme or any creative idea to decorate your holiday tree. To participate, email gorhamstreefestival@gmail.com to have your holiday tree judged and entered to win. Place your holiday tree outside of your residence or business by November 28 at 4:00 p.m. for the Light Parade through Gorham Village. All trees will be judged on creativity and theme. They will be judging trees in early December. Two winners will be announced in each division, business and residential, for most creative and best theme. The winners will be announced, and photos published in Gorham Weekly. If you are too busy but would like to participate let Great Falls Construction know and they can help. If you have any questions, please feel free to call Cindy 207-839-2744 or email cindy@greatfallsinc.com

All November

GORHAM – Baxter Memorial Library. During the month of November, Youth Services will be handing out a variety of take-home crafting kits intended to create gifts for loved ones.

The library will also be promoting their outdoor literacy spaces as activities to do with the family. These include the newly installed Bee and Butterfly Discovery Garden outside the library; the Maine Birthday Book Story-walk at Cherry Hill Farm and the Literacy Scavenger Hunt on the Claire Drew Trail. The library has ukuleles to check out, along with video tutorials online by our

Calendar

Send your submissions to the Editor. More online.

own Mr. Jeff. They also now have a metal detector and telescope available for checkout.

Every Tuesday in November

GORHAM – Baxter Memorial Library. November Story Adventures 10am. Each Tuesday event will include a different book, movement break and activity, all held outdoors. It will be cancelled if weather is extreme. This is geared towards children aged 2-5.

Every Wednesday

SABATTUS - Sabattus Rec free group runs. The Wednesday night runs start and end in the Sabattus Mini-Mall parking lot, in front of Mixer's Nightclub. The social workouts head out at 6:00 p.m. each week, and usually last 30-45 minutes. The group runs are open to all abilities, from walkers to experienced runners. Distances can range from 2 miles to 7 miles, depending on participants' abilities. These are no-pressure, non-competitive runs, focusing on fitness improvement and support for each other's challenges and goals. There is no attendance commitment or competition requirement. Attendees should dress accordingly and wear reflective clothing or lights. For more information go to the Sabattus Rec Club Running Program page on Facebook, or email running@sabattusrec.com.

by calling the Box Office at 783-0958, or at the door. Located at 30 Academy St, Auburn, ME 04210 info@laclt.com, boxoffice@laclt.com.

Thursday/Friday No-

vember 25 & 26

GORHAM – Municipal Center, Administrative Offices & Library closed in observance of Thanksgiving Holiday.

Saturday, November 27

GORHAM – Annual Burn Off the Turkey 5K hosted by Gorham Recreation Around Robie Park The 5k Run/Walk starts at 8:30 a.m. To register and learn more, visit GorhamRec.com/info/activities then under Programs select Community Events then click on Burn off the Turkey 5K.

Sunday, November 28

GORHAM – Annual Light Parade and Tree Lighting. The parade will start 4 p.m. on Main Street and wrap up with a tree lighting at Robie Park.

Monday, November 29

GORHAM – Tentative Joint Town Council Capital Improvements Committee (CIP) & School Facilities Committee Meeting. Room TBD at 6:30 p.m.

Monday, December 6

GORHAM – Planning Board Meeting Council Chambers at 7:00 p.m.

Tuesday, December 7

GORHAM – Town Council meeting. Town Staff and Skate Park Advisory members are completing final interviews for the skate park design build RFP. Town staff are hopeful to have a company selected for endorsement by this date. Council Chambers at 6:30 p.m.

Wednesday, December 8

GORHAM – School Committee Meeting Council Chambers at 7:00 p.m.

Tuesday, December 21

GORHAM – Tentative Recurring Town

Council Workshop Council Chambers at 6:30 p.m.

Friday, December 24

GORHAM – Municipal Center, Administrative Offices & Library closed in observance of Christmas.

Friday, December 31

GORHAM – Municipal Center, Administrative Offices & Library closed in observance of New Year's Day.

Award

Continued from page 9

others. MPHA is so worthy of this award, and we offer our sincere congratulations."

"Maine Public Health Association is among the few state affiliates with paid staff, and the staff do incredible work," said Lindsey Wahowiak, Director of APHA Affiliate Affairs. "The Association has received several awards at APHA over the past few years, including APHA's Center for Climate, Health and Equity's inaugural Excellence in Climate Leadership Award, and hosting the 2019 APHA Student of the Year, Emily Bartlett. We appreciate all that MPHA does to promote public health and health equity in Maine. This year's recognition as Outstanding Affiliate of the Year is well-deserved – congratulations, MPHA!"

Other award winners were Kim Boyd, Colorado Public Health Association: Award for Excellence, Delaine Anderson, Minnesota Public Health Association: Outstanding Student of the Year, Kim Dittman, North Carolina Public Health Association: Outstanding Affiliate Staff of the Year and Moose Alpern, Emory University: Innovation in Public Health.

About Maine Public

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FOR SHOWTIMES

Health Association. The Maine Public Health Association is the state's oldest, largest, and most diverse association for public health professionals. We represent more than 500 individual members and 50 organizations across the state. As a statewide nonprofit association, we advocate, act, and advise on critical public health challenges, aiming to improve the policies, systems, and environments that underlie health inequities – but which also have potential to improve health outcomes for all people in Maine. Learn more: www.mainepublichealth.org.

Tiny House Presentation by Sam Smith Dec. 13



Sam Smith stands proudly by his recently constructed tiny house in which he will live rent and mortgage-free. He is excited to host a presentation explaining the benefits of this endeavor on December 13th.

Who wants to live in a tiny house? Sam Smith does—and he will tell us about it in a Food for Thought presentation. USM/LA Senior College is delighted to have a talk with Mr. Smith and see the slides of his construction project. Have you ever wondered what it's like inside a tiny house? He likes the idea of "simple," and he is now enabling interested parties to learn how he does it.

Sam Smith is an Occupational Therapist who has his own business in Rockland, Maine. A graduate of Husson University, he studied psychology as an undergraduate and went on to get a master's degree in Occupational Therapy. Growing up around the midcoast area, he worked many summers as a stone mason/landscaper. When he decided that he wanted to live without rent or a mortgage, he could not imagine a better way to do so than to build himself a tiny house. He began construction about two and a half years ago and has just recently moved in.

Sam Smith's presentation is free and open to the public via Zoom. He welcomes the public to join him for an enjoyable and interesting discussion about a new, environmentally friendly way of living. Email laseniorcollege@gmail.com to get a link. He will speak on Monday, December 13th at 3:00 p.m. Be sure to request your link by noon on December 12th.

ATTENTION:

THE MEMBERS OF WHITE ROCK GRANGE ARE NOT ONLY FARMERS

WANTED: PEOPLE WANTED WITH NEW IDEAS AND COMMITMENT



The Grange located in Gorham at 33 Wilson Rd. (off rte 237) is inviting you to join us at any meeting the first Friday of the month at 7 PM.

Folks willing to put their generous hearts and open hands to raise all of their neighbors and community is the goal of the Grange since 1876. The Grange is an inclusive nonprofit organization. Local activities include but not be restricted to crafts, music, suppers, display at the Cumberland fair and quilts for veterans. Our agenda and focus is at the local level determined by the members themselves. The historical Grange Hall is the perfect building and location for doing any craft. Handicapped accessible, heat, hot water, and full kitchen.

Dues are \$26 per year.

Facebook /Gorham White Rock Grange #380 Web/ mainestategrange.org The White Rock is called Subordinate grange. Use right column to locate.

Ph/ 207-839-3946 leave a message.

Please Join Us!

Classified Ads

AUTOMOBILE STORAGE

Seeking Classic Car Storage

Got unused garage bay? I'm looking for year-round storage for a classic car. My preference is a location near the center of Gorham. Please text or leave a message: 207 415-2463.

BOOKS

"To College or Not to College" is the question and this book has the answers. Check it out: www.authorcaseybill.com.

Book lovers and bookstores: looking for unique and eclectic books? Check out author Casey Bell: www.authorcaseybell.com.

BUSINESSES FOR SALE

Working small engine/ outdoor Power equipment business.

Parts inventory B&S, Kohler, Tecumseh, MTD, Ariens, Toro and more. Special tools and equipment. Good opportunity to expand or add to your business. Call Glen 207-655-4635 daytime for more information.

POEM 2 BY ANGEL STARCHILD

Jesus is Lord. It's the cry of the Christian. It all began, with a miraculous mission. We are his servants, and he is our Lord. To all of the world, we are preaching his word.

ESTATE SALE

Estate - Garage

Safe environment - one seller with mask and gloves. By appointment only. One to two people. We maintain ten feet apart. Two bedroom sets, double and queen - wicker 5 pieces - Bench with microfiber cushion. Two living room chairs. All plus more. All priced low for quick sale. (207) 883-0808

FOR SALE

Cutting Boards

I have many different sizes

of wooden cutting boards made from maple, oak, walnut, cherry, poplar and ash in different designs. Priced from \$10 to \$25. Would make very nice gifts. Call me at 207-577-2724.

HAIR SERVICES

Hair at Home! Can't get out to the hair salon? We'll come to you anywhere in the L/A area! We offer services in the privacy of your own home. Great rates.

Excellent service. Call cell phone 754-9805 or 782-1271.

HEALTH & FITNESS

DO YOU HAVE CHRONIC KNEE OR BACK PAIN?

If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504.

HELP WANTED

Technical Field Manager

Modula, Inc.; Lewiston, ME 04240. Prvd tech'l training, instal. & supprt. service to innovative automated storage technologies & vertical carousels to all Modula customers & dealers located in the U.S. Req's: HS Dipl. +60 mos employ. exp. as Field Technician. Emploly. exp. must incl writing of electrical diagrams & installation of electro-mechanical components. Dom. trvl 4X/wk throughout all 50 U.S. states. Position req's performing physical activities. Email CV: recruiting.us@modula.com.

MEDICAL EQUIPMENT

207-375-4627
Aluminum walkers 2 wheels folds \$20 each. 1-3-wheel walker folds \$60.

2 wheelchairs \$75 each. 1 Transport chair new \$100. Extra wide walker 4 wheels seat, hand brakes, and basket \$100. Several canes @ \$10 each.

PAINTING

Stepladder Enterprise Painting Co. Interior & Exterior. Drywall repair, paint and wallpaper. Pressure washing. Insured. 20+ years in business 207-786-9849.

SENIORS

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Visiting Angels - non-medical assistance living. Serving Lewiston/ Auburn and surrounding areas. Providing light housekeeping, meal prep, personal care, errands/ outings. Call for FREE in-home consultation. (207) 740-9100.

LEWISTON SENIOR CITIZENS TRIPS FOR 2022

WASHINGTON, D.C. - APRIL 7 - 13, 2022

Trip includes 7

days and 6 nights - 10 meals - Two guided tours of Washington, D.C. memorials. Evening guided tour of Memorials and Monuments. Admission to New Bible Museum. Tram ride through Arlington National Cemetery, admission to George Washington's Mount Vernon Estate and so much more. Price is \$749.00 per person double occupancy with a \$75.00 due upon signing.

NASHVILLE SHOW TRIP - JUNE 11-19, 2022

Trip includes 9 days and 8 nights - 14 meals - Grand Ole Opry Show - Nashville Nightlife Dinner Theater - Guided tours of Nashville and Belle Meade Historic Site & Winery. Admission to the Country Music Hall of Fame. Admission to the Grand Ole Opry behind the Scenes Tour. Admission

to Madame Tussauds Wax Museum. Price is \$1,025. per person double occupancy with a \$75.00 deposit due upon signing.

MACKINAC ISLAND - SEPTEMBER 10 - 18, 2022

Trip includes 9 days and 8 nights - 14 meals - Guided tour of Mackinaw City - Visit to Mackinaw City. Visit to Mackinac Island including a guided Carriage Tour. Boat ride through the Soo Locks and free time and sightseeing in Sault Sainte Marie. Admission to Colonial Michillmackinac. Price is \$899.00 per person double occupancy with a \$75.00 deposit due upon signing.

WHITE MOUNTAIN HOTEL AND RESORT - DECEMBER 4 & 5, 2022 -

Trip includes 1 night

lodging - 3 meals (Grand Sunday Brunch) - 2 different entertainment shows, Austrian Sleigh Ride through Jackson Village, Chocolate Tour, shopping and much more. \$100.00 deposit due upon signing. Total price not available at this time.

For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy - 207-345-9569.

WANTED

Odd jobs and Gig work

Retired teacher and counselor looking for odd jobs and Gig work. Trained and experienced in babysitting, Petsitting, senior/adult care and cleaning. Contact: Missy 207-253-9762 or allinoneservices1@yahoo.com

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Classified Ads

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AD INFO:

NUMBER OF WEEKS TO RUN: _____

Gorham White Rock Grange Held Christmas Craft Fair on Nov. 20



Collage displaying various lovely hand-crafted items.



Delightfully festive goodies were in abundance to put the community in the holiday spirit.



Gorgeously arranged assortment of goods at the Christmas Craft Fair.



Hand-made gnomes among other creations were available for purchase at this event.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

DIRECT SUPPORT PROFESSIONALS NEEDED
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