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January 6 -12, 2022 Volume 1

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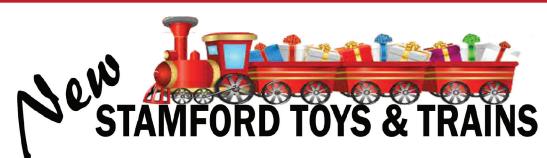


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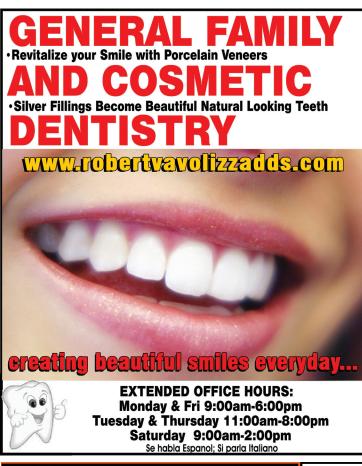


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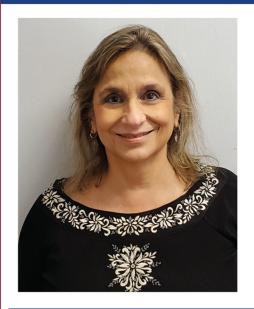
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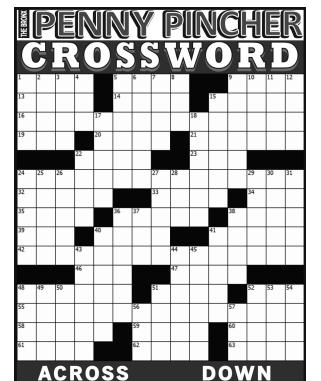
Dr. Romeo has been in private practice as a General Internist since 1993. She is a graduate of New York College of Osteopathic Medicine on Long Island and completed her post graduate training at Cabrini Medical Center in Manhattan. Dr. Romeo, who is fluent in Spanish, also has experience in outpatient and nursing home care. Dr. Romeo, who is a Doctor of Osteopathic Medicine, is certified by the American Osteopathic Association.

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- 1. Storm start
- 5. Dietary no-no for Jack's wife 2. Feel the pain
- 9. Witch's facial feature,
- perhaps
- 13. Beverage with brainfreeze potential
- 14. Public exhibition
- 15. Cut at a 45-degree angle 9. More like a coyote?

  16. Woodstock in the Outback? 10. What the Bohr model models
- 19. Aviv
- 20. Nay and uh-uh
- 21. Like some excuses
- 22. Word with freezer or slow computer system speed
- 23. No friend of mine
- 24. When an Aussie's pride
- goeth? 32. Proper play with a great
- hand 33. Home of the Cyclones
- 34. Connery or McKellen
- 35. Lob trajectories
- 36. Bendy body part
- 38. Toward shelter
- 39. Unspecific degree
- 40. Steps descending to a
- 41. Put down carefully
- 42. Hepburn/O'Toole film set 41. Cheap magazines and in Sydney?
- 46. Khan III or IV, e.g.
- 47. Pauley Pavilion site
- 48. With no apparent pattern
- 51. Waterproof covering
- 52. Vick and Favre (Abbr.)
- 55. Sign one is "as happy as a kangaroo"?
- 58. San , California
- 59. Without repetition
- 60. Solemn ceremony
- 61. Poke with a stick
- 62. Has attachment
- 63. Cartel formed in '60

- 1. Deck post for cables
- 3. Lively Scottish dance
- 4. Spanking follower
- Poe poem
- 6. Magnitude
- Yerkish users
- 8. Word found at Conjunction Junction

- 11. Increases motor speed
- 12. "South Park" co-creator Parker
- 15. Units for measuring
- 17. Make accustomed to
- 18. Compensate for
- 22. Jack Benny, to Rochester
- 24. Mallard-sized goose
- 25. Where to find everyone
- 26. Library microfilm
- 27. Aristide's former home
- 28. Typesetter's units 29. One of the major religions
- 30. One who may cry uncle?
- 31. Garson of "Madame Curie"
- 36. Amnesiac's question?
- 37. Kurosawa masterpiece
- 38. Mater lead-in
- 40. Role for Richard Gere
- dime novels, e.g.
- 43. Served the soup, in a way
- 44. Subtle difference
- 45. Use caller ID, e.g.
- 48. Apparatus for Tony Hawk
- 49. From a great distance 50. Warsaw Pact's Cold War
- opponent 51. Concern of a musician or
- bodybuilder 52. Medicine cabinet item, perhaps
- noire (villainous one)
- 54. Building plan, for short 56. Hill of San Francisco
- 57. Sign of a Broadway smash

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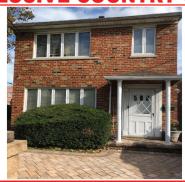
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## Programs and Treatments offered at Bay Park:

## **Special Services**

- IV Fluids
- IV Antibiotics
- Diabetes Management
- Hospice/Palliative Care
- Respite Care

## **Respiratory Treatments**

- Oxygen Therapy
- Tracheostomy Care
- · Bi-Pap/C-PAP
- Suctioning

## **Skin/Ulcer Treatments**

- Negative Pressure Therapy (Wound Vac)
- Pressure Reducing Devices
- Nutrition and Hydration Interventions
- Ulcer Care
- Surgical Wound Care

## **Special Programs**

- Alzheimer's/Dementia Program
- Restorative Nursing Program
- Medical Model Adult Day Care
- Behavioral Health Unit

## **Rehabilitation Services**

- Intensive PT, OT & ST 6 days a week
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- Electrical Stimulation
- Specialized Orthopedic & Neurological Interventions
- Cognitive Therapy
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# Easy Leg of Lamb

## -Ingredients-

- 1 (5 1/2 Lbs) boneless leg of lamb, tied in netting
- 20 cloves garlic, or more to taste
- Garlic powder, or to taste
- 10 fresh rosemary sprigs

## -Directions-

- Step 1 Preheat oven to 325° F (165° C).
- Step 2 Cut 20 deep slits evenly spaced around the leg of lamb without cutting the netting. Stuff a garlic clove into each slit. Rub garlic powder over the lamb. Slice rosemary sprigs under netting evenly around the lamb. Place lamb into a roasting pan.
- **Step 3** Roast in preheated oven until reddish-pink and juicy in the center for medium-rare, about 2-2<sup>1/2</sup> hours. An instant-read thermometer inserted into the center should read 130° F (54° C). Cover in aluminum foil; rest meat until thermometer reads 135° F (57° C) before carving.



## "Neighborhood Updates"





## Matthew Cruz District Manager

Bronx Community Board #10 3165 East Tremont Avenue Bronx, NY 10461 (718) 892-1161 Bx10@cb.nyc.gov

### AT-HOME TESTING

If you are or know of someone immunocompromised or that is 65 year of age or older, you are eligible for the City of New York's at-home COVID-19 testing program. All you must do is call (929) 298-9400 between the hours of 9 a.m. and 7 p.m. during the week to schedule an appointment. Kindly take advantage of this opportunity as positivity rates rise significantly in our communities of the Northeast Bronx.

### **SNOW LABORERS**

City of New York is always seeking snow laborers. Meteorologists are predicting a very active snow season. Snow laborers are paid \$17/hour and \$22.50/hour after the first 40 hours worked in a week. All applicants must be 18 years of age, be eligible to work in the United States and capable of performing heavy physical labor. If you would like to apply, please visit https://www1.nyc.gov/assets/dsny/site/services/snow-response/work-with-us.

### **HEAT SEASON**

As a gentle reminder, all landlords are required to provide heat in their tenants' apartments. **Apartment** temperatures cannot fall below 68 degrees if the outside temperature is below 55 degrees outside during the day. the evening, apartment temperatures cannot fall below 62 degrees. Heat season runs from October 1 to May 31. If you have any issues, you must report all concerns or complaints keep dialing 311. Please complaint numbers and forward it to our office for proper follow-up with the landlord and City of New York.

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All copy must be received by MONDAY, 2 WEEKS PRIOR to your event for that Thursday's Publication.

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