

**Tony Ray Cook** **FREE ESTIMATES**  
Tree Service

- Tree Work with Bucket Truck
- Stump Grinding
- Backhoe Service
- Bobcat Work

(434) 489-2886  
(434) 793-3665

www.a1economyglass.com  
434-792-GLAS (4527)

www.a1customwindowtinting.com  
434-822-TINT (8468)

2450 Riverside Dr., Danville VA 24540

**A1 Custom Window Tinting**  
**Economy Glass, Inc.**

**LLumar** **SELECT PRO**  
EXCLUSIVE WINDOW TINT DEALER OF **FORMULA ONE**

**DANVILLE'S ONLY TRANSFERABLE WARRANTY**

**FULL SERVICE GLASS & TINTING FOR**

- Auto
- Residential
- Commercial
- Automotive Glass Replacement

INSURANCE CLAIMS WELCOME

**R&D CONSTRUCTION**

- Roofing • Small Repairs • Seamless Gutters
- Remodeling • Vinyl Siding • Insulation
- Foundation Inspections • Gutter Cleaning

Over 35 Years Experience

**ROB TURNER** *Free Estimates*  
434-728-2723  
Licensed & Insured • Serving VA & NC  
Frankie Turner • 434-429-3790

Thank You To All Our Loyal Customers  
For A Great Year! We Look Forward  
To Serving You In 2022.

**MIRACLE**  
**HOME IMPROVEMENTS**  
(434) 724-2173

**We Buy Junk Cars For Cash  
and Pay Top Dollar**

Call H.C. at 434-441-2211

"Your hometown paper by hometown people"

# Piedmont Shopper

**C&D FAMILY PAWN SHOP**  
Where everyone is treated like family!

650 Piney Forest Rd. Danville, VA  
434.791.2366

**TAX** time is right around the corner!

**Riverside Pawn**  
*Top Dollar Loans to tide you over!*

2384 Riverside Drive, Danville, VA • 1380 Piney Forest Road, Danville, VA • 4003 Halifax Road, South Boston, VA • 1601 Virginia Avenue, Martinsville, VA  
239 B West Kings Hwy, Eden, NC • 1304 S. Scales Street, Reidsville, NC • 2320 Randleman Road, Greensboro, NC

TURNING 65 OR NEW TO MEDICARE?

**Medicare—  
decision 2022**

Turn to your local sales agent for a **free consultation\***

Let's talk about what you want and need in a Medicare plan, and figure out which plans would be best for you.

**Call a licensed Humana sales agent**

**SHELLEY PASCHAL**  
434-770-4770 (TTY: 711)  
Monday - Friday, 8 a.m. - 5 p.m.  
spaschal5@humana.com  
https://www.facebook.com/InsuranceVIRGINIA

Please join me on Tuesday, January 18, 2022 for pizza and Medicare Workshop at Ballou Park, 760 W. Main Street Danville, VA at 5:30pm.

**Humana.**

Y0040\_GHHXDFEN21\_C \*No obligation to enroll.

**Haunted by the Ghosts of Christmas Past?**

*Consolidate with a URW Debt Consolidation loan. Don't let holiday spending ruin your New Year. Gather all your credit card bills and bring them to URW. We'll consolidate them into one affordable payment!*

**CREDIT Solutions** with **Suzie Bohannon** Financial Counselor

**Resolutions...**

Now is a time when many of us reflect back on the past and try to implement a plan for a better future. Many of us have a goal to lose weight, exercise more, or stop some habit that may not be good for us. Are you including your finances in your goals for 2022? Give this some thought and decide what kind of financial goals you need to set for yourself. Here are some suggestions you may want to consider:

- Improve your credit score
- Set a goal for a savings account
- Pay off debt
- Savings plan for retirement

After you determine what your goal is the next step is to develop a plan to reach that goal. Setting a short term goal and reaching that goal will encourage you to set a larger goal. Putting your plans in writing will also help you in deciding what you need to do to reach that goal. Changing habits is never easy but one thing is for sure...nothing changes if nothing changes. Let us help you reach your financial goals!

**How Fast Do You Want Your Refund?**

Ask us about getting your refund faster\* with Direct Deposit to a DeepBlue Debit Account.

Learn more: [LibertyTax.com/DeepBlue](http://LibertyTax.com/DeepBlue)

**LIBERTYTAX**

617A PINEY FOREST ROAD, DANVILLE, VA 24540 (434) 793-1090

2420 RIVERSIDE DRIVE, DANVILLE, VA 24540 (434) 797-1036

\*Faster claim compares tax refunds disbursed via direct deposit vs. mailed paper check. www.irs.gov/refunds to learn more. Account opening is subject to registration and ID verification. Terms and fees apply. Account issued by Republic Bank & Trust Company, Member FDIC.

**URW** Community Federal Credit Union

314 Lowes Drive  
539 Arnett Blvd  
142 South Main Street (DRMC)  
17071 US Hwy 29, Suite I, Chatham, VA 24531  
4018 Halifax Road, South Boston, VA 24592  
796 Commonwealth Blvd, Martinsville, VA  
www.urwfcu.org • 434.793.1278

See Us On Facebook





**AIRPARK STORAGE, LLC**  
 434-822-4160 | AIRPARKVA.COM | AIRPARKVA@GMAIL.COM  
 1517 SOUTH BOSTON ROAD, DANVILLE, VA

- Fenced & Lit at Night for Added security
- 24hr Electric access & video surveillance
- Units 5x10 up to 12x30
- Climate Control 5x10 up to 10x30
- Parking for cars, boats, RVs and campers
- Commercial and Residential
- U-Haul Rental & Supplies

Office Hours Mon-Fri. 8-5, Sat. 9-1  
**434-822-4160**  
 Email address is airparkva@gmail.com  
 Website is www.airparkva.com



# BIBLE TRIVIA

by Wilson Casey

1. Is the book of Psalms in the Old testament or New Testament or neither?
2. From 2 Chronicles 26, at what age did Uzziah become king of Jerusalem? 16, 30, 65, 99
3. In Genesis 4, who did God ask, "Why is thy countenance fallen?" Eve, Ahaz, Cain, Esau
4. Which prophet saw the Lord's angel riding on a red horse? Hosea, Nathan, Zechariah, Isaiah
5. Who was the first person to build an altar unto the Lord? Abraham, Noah, Artaxerxes, Levi
6. From Exodus 33 who/ what saw the back of God? Adam, The serpent, Abraham, Moses

ANSWERS: 1) Old; 2) 16; 3) Cain; 4) Zechariah; 5) Noah; 6) Moses

Hardcore trivia fan? Visit Wilson Casey's subscriber site at [www.patreon.com/triviaguy](http://www.patreon.com/triviaguy).

(c) 2022 King Features Synd., Inc.

## January 2022

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

### Holidays

- 1st - New Year's Day
- 17th - Martin Luther King, Jr. Day

Please remember to donate to the **PIEDMONT SHOPPER HONOR SYSTEM!**

We need your support to keep the paper **FREE!**

• Mail or drop off your doantion to 2804 Westover Dr., Danville, VA 24541



### Develop a plan for 2022

Proverbs 29.18 "Where there is no vision the people perish." Everyone needs a strategy. You may be 25 or 85 years in age. Who cares? Probably the only one who cares about your age is you. Your age either tells you that you are too young or too old. Remember, age is only a number. We have to put numbers aside and go with our hearts. If God is in it then don't worry about the number.

What do you want to do? One of the ways to know the will of God is to determine what we believe we would enjoy doing. The will of God is what we would determine to do if we just had enough sense. We will never rise above what we do not want to do. If we want to do something our chances of success are greater.

What is stopping you? Consider your life and where you want to be and determine the blockades. Sometimes the greatest blockade is the decision to move forward. Until we make that decision we aren't going anywhere. Once we know then we can assemble what is required to reach our destination.

Learn from the past and put it behind you. Past failures often eliminate us from life participation. We remember when we failed. A life that is fearful usually accomplishes far less than the life that has faith and confidence. Fear freezes us in our tracks.

Who are you today? Who you are and the direction you are going is far more important than where you have been. You can't change the past but you can steer your life in a new direction.

Develop a life action plan. Why not plan a strategy for the next six months and even the next year? You and God can determine where you will be. Start today!

Contact him at [GMollette@aol.com](mailto:GMollette@aol.com). Learn more at [www.glenmmollette.com](http://www.glenmmollette.com) additional biographical, Dr. Glenn Mollette is a graduate of numerous schools including Georgetown College, Southern and Lexington Seminaries in Kentucky. He is the author of 13 books including *Uncommon Sense*, *Grandpa's Store*, *Minister's Guidebook* insights from a fellow minister. His column is published weekly in over 600 publications in all 50 states.

## top ten

### Strongest Belief in Climate Emergency

1. U.K.
2. Italy
3. Japan
4. France
5. Germany
6. South Africa
7. Spain
8. Russia
9. USA
10. India

Source: U.N./Oxford University

© 2022 by King Features Syndicate, Inc. World rights reserved.

## Hi & Dri Storage

3334 Hwy. 29 North • Danville, VA 24540  
 Barry & Sherrie Eanes 434.836.3785



**Check Out Our Specials!**

**UNIT SIZES**  
 20x20 • 12x30 • 15x30

- RV, Boat & Car Parking
- Security Cameras Onsite
- Moving Truck Available
- Auto Pay w/Credit Card

Reasonable Rates | Clean | Safe | 24 Hour Access  
 2 Locations to Service You

## Relax, we'll do the housework.



- Daily • Weekly
- Bi-Weekly
- Monthly Services

- COMMERCIAL
- RESIDENTIAL
- INDUSTRIAL

We Also Buff & Wax Floors

## A HELPING HAND CLEANING SERVICE

FREE ESTIMATES • LICENSED • BONDED • INSURED

Shannon Blachura (434) 548-9911

Your Link to Southside Virginia

# Piedmont Shopper

2804 Westover Drive • Danville, VA 24541

Mail Us Your Ad On This Form

FREE Ad? \_\_\_\_\_ PAID Ad? \_\_\_\_\_

FREE ADS 25 Words Or Less. 25 Cent Per Word After That.  
 Please Include Payment For PAID ADS & Special Additions. Make Checks Or Money Orders Payable To The Piedmont Shopper

Special Ad Additions:  
 Photo \$5 Reverse Print \$2 Boxed Ad \$2

Category: \_\_\_\_\_  
 AD Info: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

NAME: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 PHONE: \_\_\_\_\_

Your HomeTown Paper by HomeTown People!

# Piedmont Shopper

www.piedmontshopper.com

Advertise YOUR business in the Piedmont Shopper, in print and online!

For Display Ads (boxed ads) from business card size up to full page...

MANY WAYS to get a classified ad in the Piedmont Shopper:

- 1 Go to [www.piedmontshopper.com](http://www.piedmontshopper.com)
- 2 Email to: [ads@piedmontshopper.com](mailto:ads@piedmontshopper.com)
- 3 Mail Using form on left
- 4 Call or text Ads Hotline **434.822.1111**
- 5 Call office **434.822.1800**



**Lesley Norton**  
 Display Ad Sales  
 Danville/Pitts. County  
 Email: [lesley@piedmontshopper.com](mailto:lesley@piedmontshopper.com)

Piedmont Publishing INCORPORATED  
 Established 2001

2804 Westover Dr  
 Danville, VA 24541

**New Office Hours:**  
 Monday -Wednesday  
 9 -5

Office **434.822.1800**  
 Fax 434.822.2400

Info: [info@piedmontshopper.com](mailto:info@piedmontshopper.com)

Kathy Crumpton  
 Owner/ Publisher

Joey Van Pelt  
 Graphic Design

## Your Advertising Strategy Plays a Vital Role in Your Success

Call 434-822-1800 to Advertise in The Piedmont Shopper





Discover timeless treasures from several unique dealers!

## Vintage & Antique Marketplace

- Art Deco Design • Modern Furniture
- Retro Kitchenware • Glass & Dishware
- Estate Jewelry • Vintage Clothing
- Collectibles & More



530 Monroe Street | Danville, VA 24541  
434-791-4020 | www.danvilleantiques.com

Sun. - Mon. Closed Tues. - Sat. 9:30 - 5:30

Stay connected on social media for new merchandise arrivals

Little Johnny's neighbor had a baby. Unfortunately, the baby was born without ears. When mother and new baby came home from the hospital, Johnny's family was invited over to see the baby.

Before they left their house, Little Johnny's dad had a talk with him and explained that the baby had no ears. His dad also told him that if he so much mentioned anything about the baby's missing ears or even said the word ears, he would get the smacking of his life when they came back home.

Little Johnny told his dad he understood completely.

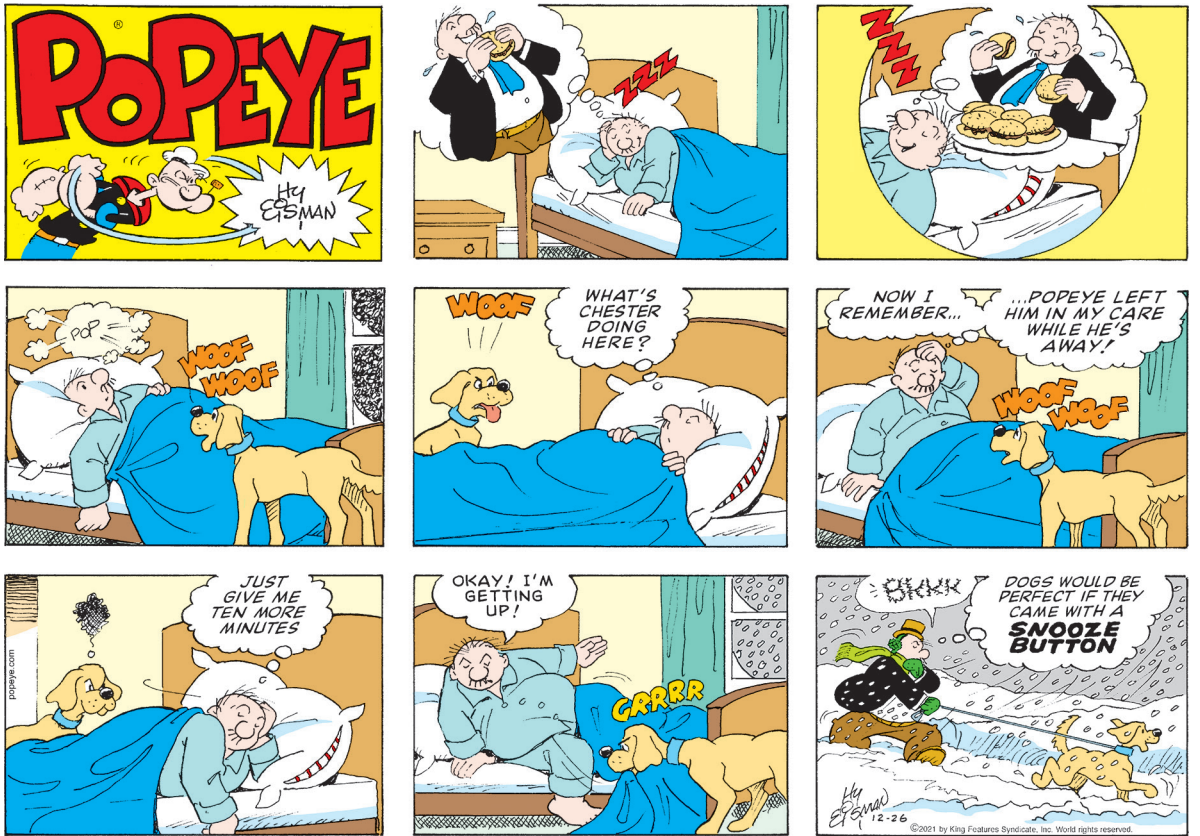
When Johnny looked in the crib he said, "What a beautiful baby."

The mother said, "Why, thank you, Johnny."

Johnny said, "He has beautiful little feet and beautiful little hands, a cute little nose and really beautiful eyes. Can he see alright?"

"Yes," the mother replied, "We are so thankful; the doctor said he will have perfect vision."

"That's great," said Little Johnny, "Coz he'd be in trouble if he needed glasses."



Kid Quotes

"Everyone has feelings, except for snakes and principals." - Donna Maria G, age 9

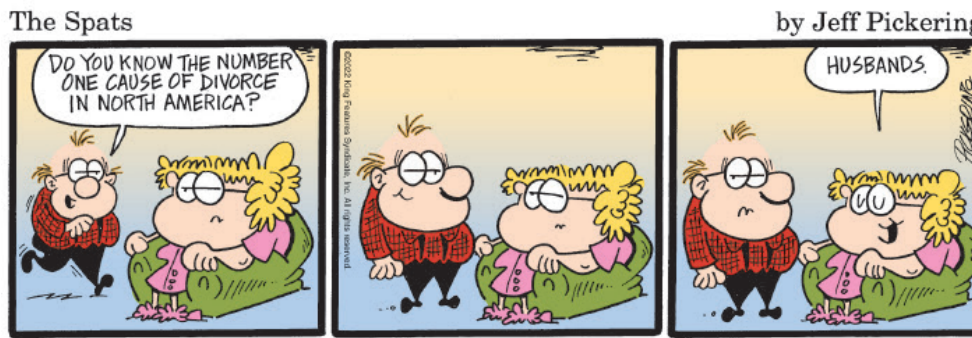
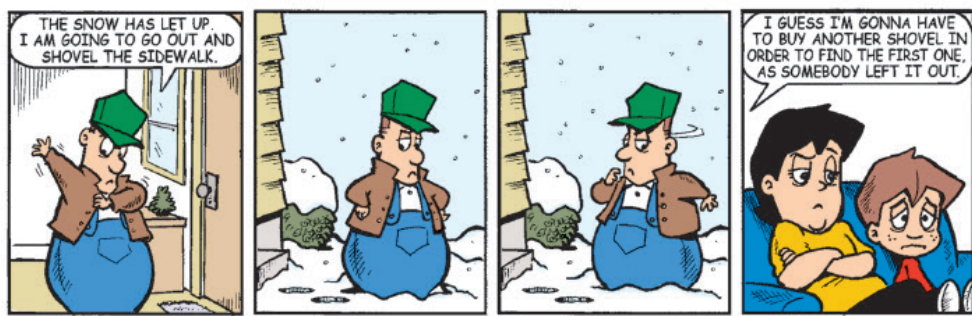
"Laugh and the world laughs with you, cry and the world laughs at you." - Rob P, age 8

"If life gives you nothing but lemons, make up a better shopping list for it." - Steven B, age 8

"Moses came down with the Ten Amendments, which were God's Bill of Wrongs." - Susie F, age 7

"Doctors automatically know what's wrong with you. They have a sick sense." - Beau M., age 10

Amber Waves



King Crossword

1	2	3	4	5	6	7	8	9	10	11	
12				13					14		
15				16					17		
18				19			20				
			21	22		23	24				
25	26	27				28		29	30	31	
32							33				
34					35		36				
			37				38				
39	40	41			42	43		44	45	46	47
48				49					50		
51					52					53	
54					55					56	

**ACROSS**

- Biting remark
- Spheres
- Victory
- Skin care brand
- Joel or Ethan of Hollywood
- Parisian pal
- Hourly pay
- Batman's hood
- Beer container
- Rebuff
- Acting coach Hagen
- Crazy
- Actor Brynner
- Old Olds
- Mourn
- Hit song by the Oak Ridge Boys
- Grown-up
- Snake poison
- Autobiography
- Herbal tea
- Geese formation
- Computer key
- Lose color
- TiVo precursor
- Idle or Clapton
- Khan title
- Close
- Handle
- Dict. info
- Adriatic port
- Author Hunter
- Bygone jet
- Staff leader?
- Faxed
- Caveat word
- NBC sketch show
- Texas city
- Apple computer
- Staff leader?
- Faxed
- Features of romantic comedies
- Loosen
- Graceland idol
- Felon's flight
- Citric beverage
- Cheer (for)
- Silent
- Pig-poke link
- Director Howard
- Soul, to Sartre
- Disclose
- "Fab!"
- Crazes
- Mellows
- Loony
- Give a darn
- Carry on
- One-named supermodel
- Penny
- "The Voice" network

**DOWN**

- Fiddle sticks
- Arkin of "Argo"
- Prego rival
- 1957 Everly Brothers song
- Supernatural
- Cheer (for)

### Weekly SUDOKU

by Linda Thistle

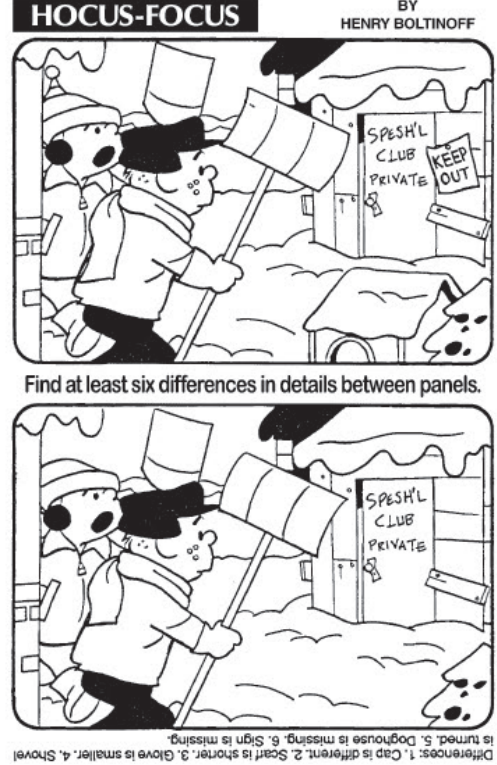
5			1					7
	9			5	1			
		4	6			8		3
7				3			8	
	1	6	4					7
	8			2		4		
4			8		9			2
	2		5					3
		1		7		9		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

© 2022 King Features Synd., Inc.



5	4	6	9	7	2	1	8	8
1	2	3	4	5	6	7	8	9
2	3	4	5	6	7	8	9	1
3	4	5	6	7	8	9	1	2
4	5	6	7	8	9	1	2	3
5	6	7	8	9	1	2	3	4
6	7	8	9	1	2	3	4	5
7	8	9	1	2	3	4	5	6
8	9	1	2	3	4	5	6	7
9	1	2	3	4	5	6	7	8

Answer

Trivia test by Fifi Rodriguez

- GEOGRAPHY: Which Russian city used to be called Leningrad?
- SCIENCE: What is the coldest city in the northern hemisphere?
- LANGUAGE: What does the Latin phrase "persona non grata" mean?
- U.S. STATES: Which state's flag is the only one currently that is two-sided?
- GENERAL KNOWLEDGE: What was the first animal to appear on a U.S. coin?
- FOOD & DRINK: How many herbs and spices are in the original recipe of Kentucky Fried Chicken?
- MOVIES: How many movies did Ginger Rogers and Fred Astaire make together?
- LITERARY: In the Harry Potter book series, what are N.E.W.T.s?
- TELEVISION: How many children were in "The Addams Family" sitcom?
- HISTORY: In what year was the first email sent?

Trivia Test Answers  
1. St. Petersburg; 2. Oymyakon, Russia; 3. An unwelcome person; 4. Oregon (state seal on one side and a figure of a beaver on the other side); 5. An eagle; 6. 11; 7. 10; 8. Critical examinations (Nasty Exhausting Wizarding Test); 9. Two: Wednesday and Pugsley; 10. 1971

### King Crossword

Solution time: 21 mins.

Answers



**Handy Man**  
 We Have You Covered From Floors To Doors!  
*No Job Too Small!*  
 Also Offering Carpet Restretching & Flooring Repairs  
 Call Rob 434-203-2042

**HOLBROOK TREE EXPERT, CO.**  
 42 Years Experience  
 FREE ESTIMATES!  
 Insured  
**FIREWOOD FOR SALE!**  
 We Do Heavy Duty Bushhogging!  
 We Have A 75 Foot Bucket Truck!  
**336-459-6035**  
 440 Poole Road, Pelham, NC

**Animals & Accessories**

**AKC Registered Rottweiler Puppies:** Tails Docked, Dew Claws Removed, and Wormed. Call for Price, 434-334-8361 or 434-483-6061.

**Announcements**

**Service and Free Hot Dog Lunch.** Sat. Jan. 29. Trinity United Methodist Church. 409 Arnett Blvd. Danville, Va. Inside Prayer & Praise Service 10:30 - 11:00. Hot Dog Lunch 11:00 - 12:30.

**I am a Drummer** Looking for Church to Play Drums for. Church Provides Drums. Call 336-601-5407.

**God's Stew House** God's Stew House Will Be Selling Their Stew Again on Saturday Jan 8, 2022 in The Parking Lot of River Oak Church. The Stew is \$ 6.50 a Quart, and Will Be Ready at 8:30 to Purchase. You Can Call The Church or Call Jeff Dill at 434-203-9310 to Pre-Order, all Pre-Orders Need to Be Picked Up by 11:00 AM. (434) 203-9310 jeffdill57@hotmail.com

**Harley Stuff Wanted** Looking for a Classic Harley or Parts, Anything Old No Matter the Condition. Call 434-421-0012. (434) 421-0012

**Firewood For Sale \$30/Load** \$30/Load. Delivered and Stacked. Call 336-312-3208. (336) 312-3208

**Danville Museum 2021-2022 Attic Sale** Donation Drop Off of Items and Furniture (No Electronics or Clothes), at the Danville Museum of Fine Arts and History. <http://www.danvillemuseum.org>. Call 434-793-5644. Furniture Donations by Appointment.

**Happy Birthday Jesus** Thank You for Everything You've Done for Me. You Saved Me and You're Keeping Me. Thank You.

**A Big Happy Anniversary To James Hill** on December 23rd 1971. I Know You Left Me in 2003, But I'm Still Going On. Love, Debbie Hill

**Antiques**

**Antique Buffet On Rollers** 5FT By 5 Inches. 2 Doors, 2 Drawers. Asking \$895. Call (434) 685-7386.

**Wanted: Old Tube Type Radios** Buying Old Tube-Type Radios From The 1930's-40's. Any Condition. Text or Call 434-251-6826. (434) 251-6826

**Looking for Motorcycle Antique** Looking for Old Bike, Parts, Gear, Advertising, Anything Old Motorcycle Related. Call 434-421-0012. (434) 421-0012

**Coal Scuttle Bucket:** Best Offer. Cash Only. Call 434-203-0819. (434) 203-0819 vincewd85@gmail.com

**Antique Oak Great Sofa Bed** on Wheels. Well Kept, in Great Condition. Asking \$500. Call 434-421-8494.

**Coal Scuttle Bucket:** Best Offer. Cash Only. Call 434-203-0819. (434) 203-0819 vincewd85@gmail.com

**Apparel, Jewelry, Clothes**

**Steel Toe Shoes:** 7 Pair of Timberland Pro Wolverine Thorogood, Size 13W. Never Worn. Paid \$120 Each, Asking \$60 Each. Call 434-728-2960.

**American Eagle Ladies Jacket** Ladies White Winter Jacket. Very Warm. Size Large. Asking \$25 OBO. Call 434-770-6757. (434) 770-6757

**New Camo Joe Camel Hat:** Asking \$10. Call 434-401-2466.

**Jackets for Sale DALE EARNHART SR JACKET AND DALE JR. JACKET FOR SALE.** Call 434-770-9506. (434) 770-9506

**Women Dresses** Sizes Vary Small and Medium. Asking \$20. Call 434-251-2749 (434) 251-2749 klaaron77@yahoo.com

**Northface** Asking \$20. Call 434-434-2512. (434) 434-2512 ext. 749 klaaron77@yahoo.com

**Boys Jacket** Asking \$10. Call 434-434-2512. (434) 434-2512 ext. 749 klaaron77@yahoo.com

**Boys Dress Shirts** Asking \$10. Call 434-434-2512. (434) 434-2512 ext. 749 klaaron77@yahoo.com

**Boy Hoodies and Shirts** Prices Vary and Sizes. Youth Med. SMALL, and 10-12. Underarmour, Nike, Carhartt, etc. Asking \$15 for Each. Call 434-434-2512. (434) 434-2512 ext. 749 klaaron77@yahoo.com

**"Red Hat" Cardigan Sweater** Bonworth Brand, Medium, Worn Couple Times, Purple w/Red Appliqués, Heavy Sweater, Warm, Very Pretty, Can Send Picture. Asking \$5. Call 434-250-6861. (434) 250-6861 keepdancn@comcast.net

**Selling Crocheted Baby Outfits:** New Assorted. Starting at \$40. For More Information, Call 267-304-6062. (267) 304-6062 jamesbholland@centurylink.net

**Appliances**

**Gas Cook Stove** Like New. White. Asking \$350. Call (434) 709-2438.

**Hot Point Fridge** 28 Inches Wide, 61 Inches Tall. White. Asking \$175. Call (434) 709-2438.

*New Year, New Savings for You!!*

2011 Chevrolet Avalanche  
White • 147k Miles • Lowes Branch  
**\$22,499**

2017 Toyota Highlander  
Red • 88k Miles • Lowes Branch  
**\$31,099**

2008 Mercury Milan  
222k Miles • Lowes Branch  
**\$2,499**

2016 Nissan Rogue SL  
White, Heated Seats, Power Liftgate, Navigation • 91k Miles  
**\$17,499**

**THOUSANDS IN SAVINGS**

Call today to schedule a test drive!

Financing available with approved credit.

314 Lowes Drive, Danville VA  
Hours: 9am - 5pm Monday - Friday • [www.urwfcu.org](http://www.urwfcu.org) • 434.793.1278

**Salome's Stars**

**ARIES (March 21 to April 19)** A hectic period begins to wind down. Take time to draw some deep breaths and relax before getting into your next project. A long-absent family member makes contact.

**TAURUS (April 20 to May 20)** You're eager to move forward with a new challenge that suddenly dropped in your lap. But you'd be wise to take this one step at a time to allow new developments to come through.

**GEMINI (May 21 to June 20)** You're almost ready to make a commitment. A lingering doubt or two, however, should be resolved before you move ahead. An associate could provide important answers.

**CANCER (June 21 to July 22)** Caution is still the watchword as you move closer toward a decision about a new situation. If you act too fast, you might miss some vital warning signs. Go slowly and stay alert.

**LEO (July 23 to August 22)** Your new goal looks promising, and your golden touch does much to enhance its prospects for success. In your private life, Cupid does his best to make your new relationship special.

**VIRGO (August 23 to September 22)** That impatient side of yours is looking to goad you into moving before you're ready to take that big step. Stay calm and cool. Let things fall into place before you act.

**LIBRA (September 23 to October 22)** A legal matter you hoped could finally be settled could be a pesky problem for a while, until all the parties agree to stop disagreeing with each other. Be patient.

**SCORPIO (October 23 to November 21)** Partnerships -- personal or professional -- which began before the new year take on new importance. They also reveal some previously hidden risks. So be warned.

**SAGITTARIUS (November 22 to December 21)** Your associates are firmly on your side, and that persistent problem that has caused you to delay some activities should soon be resolved to your satisfaction.

**CAPRICORN (December 22 to January 19)** Favorable changes continue to dominate, and you should be responding positively as they emerge. Someone wants to become more involved in what you're doing.

**AQUARIUS (January 20 to February 18)** A friend wants to share a secret that could answer some questions you've wondered about for a long time. Meanwhile, travel aspects continue to be strong.

**PISCES (February 19 to March 20)** Stay on your new course despite so-called well-meaning efforts to discourage you. Rely on your deep sense of self-awareness to guide you to do what's right for you.

**BORN THIS WEEK:** You have the capacity to meet challenges that others might find overwhelming, and turn them into successful ventures.

**Frigidaire Stainless Steel Double Door Fridge.** 33 Inches Wide, 70 Inches Tall. Ice Maker + Water. Asking \$325. Call (434) 709-2438.

**Stainless Steel 3 Door Fridge** Ice + Water. 2 Years Old. Asking \$995. Call (434) 685-7386.

**Compact Refrigerator** Asking \$50. Old but Never Been Used! Call 434-579-6972. (434) 579-6972 jh229125@gmail.com

**KOVELS® Antiques & Collecting**  
 By Terry and Kim Kovel

**Paris Porcelain**

Paris porcelain is often a mystery to collectors. Sometimes it is sold as Vieux Paris or Old Paris. It was made in the 18th or early 19th century. Most pieces are not marked, but the porcelain is very white and the decorations are usually elaborate with many colors and gold trim. It was made by several different Paris potteries.

*The Paris porcelain vase pictured is 13 inches high and 7 inches in diameter, large enough to hold a bouquet of flowers or a potted plant. The decoration is very formal and realistic.*

A 19th-century cylindrical Paris porcelain vase decorated on the front with a painting of Cupid and Psyche sold for \$244 at a Neal auction recently. There was standing putto on the back, and the vase had a blue base with gold shaped trim. Other pieces of Paris porcelain at the same auction were appraised at \$600 or more.

**Q.** We found one of our old family cemeteries in Casey County, Kentucky, and we want to clean several head or foot stones. We want to be able to read the stones and identify our folks to help put our family tree together. Any suggestions on a safe product or procedure?

**A.** Make sure the stones belong to members of your family before trying to clean them. The first rule in cleaning an old cemetery stone is "do no harm." Don't try to clean a stone if it's unstable, broken or cracked. Don't use a wire brush or bleach. Use a dry nylon brush to carefully brush away some of the dirt. If more is needed, you can use water to clean the stone, but you may have to bring it with you. A spray bottle filled with water is a convenient way to rinse the stone after you've cleaned it. Don't try to clean the stone if the weather is too hot or too cold. Using cold water on a hot stone can cause cracks to form. If the weather is too cold, water can get into cracks in the stone and cause more damage. There are special products that will clean stains from mold or algae. Check the website [www.CemeteryConservators.org](http://www.CemeteryConservators.org) for more information.

\*\*\*  
**CURRENT PRICES**  
 Movie poster, "Caddyshack," paper, pictures Chevy Chase, Michael O'Keefe, Rodney Dangerfield and Ted Knight, autographed by Chase, O'Keefe, Dangerfield and Bill Murray, 1980, 16 x 11 inches, \$70.  
 Furniture, shaving mirror, mahogany, arched, rope twist supports, serpentine marble base, rounded feet, Victorian, 31 1/2 x 28 1/2 inches, \$125.  
 Bank, bank building, Flat Iron Bank, cast iron, triangular form & base, Kenton Hardware, c.1920, 5 3/4 inches, \$270.  
 Iron, gate, wrought iron, hammered, arched, leaf top, stylized floral openwork, 70 x 58 inches, \$630.

\*\*\*  
**TIP:** Hard plastic dolls will mildew if kept in a damp environment.  
 Learn about the record-setting prices scores of items have brought in recent years in the new "Kovels' Antiques & Collectibles Price Guide 2022." It is the ONLY antiques price guide that empowers collectors with the most up-to-date price information based on actual sales and market data. Available in stores and online, it makes a great gift.

© 2022 King Features Synd., Inc.



**S & B Motor Co.**

**2016 CHEVROLET EXPRESS G3500 CARGO VAN**



6.0L V8, Extended Length, Shelves, PW, PDL, One Owner, Only 67k miles, Stk #P5824

2331 Riverside Drive, Danville VA  
434-793-1511 • Hrs: Mon-Fri 8am-5pm • Sat 9am-1pm

View more photos of this vehicle plus search our entire inventory online at [www.sandbmotorsco.com](http://www.sandbmotorsco.com)



**Bipolar Disease Takes 4 Different Forms**

DEAR DR. ROACH: Is it possible for a person to reach the age of 70 and just now be diagnosed with bipolar disorder? Are there degrees of impairment like with autism -- some worse than others? -- C.S.

ANSWER: The hallmark of bipolar disease is mania. "Mania" has a specific meaning in psychiatry: It's a very elevated mood, associated with high amounts of energy and an inability to think clearly especially to see the consequences of one's actions. Some common features of people in a manic episode include an inflated sense of self-worth, distractibility and racing ideas. People can be very talkative and feel little need to sleep. Dangerously, people in a manic phase can spend large amounts of money and have many sexual indiscretions. All diseases have a spectrum of severity, and some are quite wide. With bipolar disease in particular, however, there are four distinct forms of the disease. Bipolar I is the classic form, once called "manic depressive illness," where people have episodes of mania, alternating with periods of normal behavior or depression. People with Bipolar II have depressive episodes and some "hypomanic" episodes: periods of high energy (and sometimes profound productivity), usually without the negative aspects of the "full" manic episode. Cyclothymia is a rapid cycling between hypomania and mild depression. There is a fourth type, "unspecified," where people have abnormal mood elevations but don't meet criteria for the other types. Bipolar disease usually has its onset in early adulthood, but sometimes in teens or even childhood. However, I have rarely seen bipolar disease diagnosed in someone as old as 70. It isn't always clear whether the disease is just manifesting that late, or whether it has been around for many years, but compensated for by the person. Some people don't interact with a lot of family or friends, and manic hypomanic episodes might be missed. It's possible the 70-year-old in question has a quite mild form. Treatment for bipolar disorder can dramatically improve the quality of life of the person and of the family and friends affected by the illness.

DEAR DR. ROACH: I have been diagnosed with vaginal atrophy. My primary doctor prescribed estrogen, which doesn't seem to be helping after a year. I have also seen a woman's doctor, who prescribed an antifungal, but this does not seem to be helping the symptoms. Do you have any suggestions as to what I should do? -- Anon.

ANSWER: As a general rule, when appropriate therapy is not effective, it's time to reconsider whether the initial diagnosis was correct. In this case, I would be concerned that the diagnosis of vaginal atrophy might be wrong, or might not be the only issue. I have received letters from women who were treated for atrophic vaginitis for years before the diagnosis of lichen sclerosis was made. Appropriate therapy for that diagnosis relieved the symptoms. When you go back to the woman's doctor, I would ask about that diagnosis. A biopsy may be necessary to make that diagnosis. There are other less common causes as well. Vaginal atrophy, when treated with estrogen, usually has noticeable improvement within a week or two. Fungal infection is possible (but should be apparent on exam), but it also gets better quickly. A year is too long to wait.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to [ToYourGoodHealth@med.cornell.edu](mailto:ToYourGoodHealth@med.cornell.edu)

(c) 2021 North America Synd., Inc. All Rights Reserved

**Upright Freezer Small** Want to Buy 10 Cubic or Smaller Upright. Only Freezer, Cash, Can Pick Up. Call 434-770-4800. (434) 770-4800

**Professional 30" Kenmore Stainless Steel** Warming Drawer, Model #49093. New! Paid \$1,200, Asking \$550. Call 434-441-3090. (434) 441-3090 Di33sel@yahoo.com

**Refrigerator and Baby Crib** Asking \$50 for Refrigerator. \$50 for Crib Barely Used. Call 434-429-7399. (434) 429-7399 k.love199@yahoo.com

**Hoover Wind Tunnel Vacuum Cleaner**, w/ Febreze Bag. Great Condition. Asking \$15. Mt. Hermon Area. Call 434-728-7700. (434) 728-7700 baugher50@yahoo.com

**New ClassicFlame 42" Infrared Fireplace Heater** Brand New Classic Flame 42" Wall Mounted Quartz Infrared Fireplace Heater w/ Remote. Asking \$250 Firm. Call 434-411-3090 (434) 441-3090 di33sel@yahoo.com

**Audio/ Video**

**Otter Box Defender Case** for iPhone 8/7 Plus. Brand New, Still in the Box, Never Used. Asking \$15. Call and Leave Message. 434-770-1541. (434) 770-1541

**2 13" Flatscreen TVs** Cable Ready. Excellent Shape. Asking \$35 for Each. Call 336-601-5407.

**Boostmobile Moto G Fast**, with Case and Charger. Purchased Jan 2021. Large Screen. Asking \$40. Call 434-728-7700. (434) 728-7700 baugher50@yahoo.com

**Samsung 22" LCD TV** Excellent Condition. Flat screen TV. Purchased in 2009. Needs New Remote. Asking \$65. Call 434-713-4997. (434) 713-4997

**Apple AirPods** 3rd Generation Air Pods & Pros. Call 434-228-3123. (434) 228-3123 ceabel1263@gmail.com

**Auto**

**Auto Cars**

**2003 Chrysler Town & Country** 152,000 Miles, In Good Condition. Asking \$3,000 OBO. Call 434-446-2705.

**1985 Chevrolet Corvette** Red, AT, 40K Miles, Chrome Wheels, Excellent Paint, Garage Kept. For Details and Price, Call 434-401-2466.

**2005 Chevrolet Cobalt** Runs Great. Asking \$2000. Call 434-250-2548

**2011 Toyota Camry** 113,000 miles, 4DR, 4Cyl, Silver Interior and Exterior. Asking \$10,000. Call 434-489-6411. (434) 489-6411 wed111@comcast.net

**2010 Honda Accord Cpe** AT, Red Exterior and Interior, 2DR, 4CYL, 167,024 Miles. Asking \$3000. Call 434-799-8098. (434) 799-8098 hariston.teara89@gmail.com

**1963 Oldsmobile Starfire:** All Parts, Motor has Been Overhauled, Brand New Paint. Must See to Appreciate. Asking \$8,000. Call 434-251-3890.

**1985 Oldsmobile Cutlass** 88,000 Miles, Asking \$4000, Garage Kept, V8, White. Call 434-724-1257. (434) 724-1257

**2012 Chevrolet Equinox** Black, AWD, 4DR, AT, 4CYL, 151,000 miles, Asking \$6500, Runs And Drives Excellent. Call 434-441-5261. (434) 441-5261

**1987 Buick LeSabre** Burgundy with Burgundy Interior, 208,670 Miles. Asking \$1,500, Cash Only. OBO. For More Information, Call 434-250-6284. (434) 250-6284

**2003 Chevrolet Cavalier** 2DR, 5 Speed Manual Transmission, Excellent Condition and Gas Mileage, Asking \$2,500. Call 540-890-3824.

**1980 Toyota Corona Luxury Edition** AT, Blue with Vinyl Top, 90K Miles, 20SR Engine, Garage Kept. Asking \$3,500. Call 434-203-1723. (434) 203-1723

**Auto Parts & Accessories**

**4 15" by 6 Acura** Honda Wheels. Asking \$100. Call 434-709-7763.

**New Kelly Tire's (215/70R15)** \$100 (2) New Kelly Tire's Still in Shrink Wrap. Cost \$94 Each Get Both for \$100 Cash. Email: drthornton1805@gmail.com drthornton1805@gmail.com

**Set of 4 Hercules Tires**, Size 235/60R18. Brand New, in Good Shape. 800 Miles. Asking \$400. Call 434-324-4592.

**1969 Camaro Original Hood Louvers** in Very Good Condition. Nothing Broken. Have Pictures. Asking \$100. Call 434-421-0201.

**15 Tires** Like New. Asking \$200. Call 434-334-3600. (434) 334-3600

**HOLLYWOOD**  
*by Tony Rizzo*



Tony Rizzo

**Candid shot of Paul Newman**

HOLLYWOOD — Knopf Publishing has announced an upcoming memoir by Paul Newman that will cover his thoughts on acting, directing, family, fame, Hollywood, Broadway, love, his marriages, drinking, politics and racing. Newman, who died in 2008, began secretly writing his memoir in the '80s, and it recently was found in his Connecticut home, where his widow, Joanne Woodward, 91, still lives, suffering from Alzheimer's.

More than a matinee idol, Newman became a great philanthropist. Today, many people know him more from his picture on "Newman's Own" bottles of salad dressing, pasta sauce, wine, etc., than from his films. Created in 1982, Newman's Own has donated \$600 million to charities. He was Oscar-nominated 10 times and finally won a best actor Oscar for "The Color of Money" (1987).

But there was another side to Newman. At 18, I was shooting photos for movie magazines. Paul and Joanne were on Broadway in "Baby Want a Kiss" at a theater next to Sardi's Restaurant. I haunted their stage door for photos, but he always said "No." On their last day, as they went into Sardi's for dinner, I handed him an envelope and watched him read it to Joanne. My poem read:

*Dear Mr. Newman, You've rarely been one of those who'd stand still for a picture and pose.*

*"Take it on the run," is what you always say ... so I do, and a blur is what I throw away.*

*Mrs. Newman's often difficult too. "Posing," she says, "I never do!"*

*"I'm a wife and a mother," she always replies, and that always draws a couple of sighs.*

*As a wife and a mother, she should get off the stage, why can't she be nice, like Geraldine Page?*

*She's a wife and a mother, just like her, at least she stands still so I don't get a blur.*

*Ifollowed you to your garage last week and heard you speak ... "Did it ever occur to you it might embarrass me?"*

*But it's part of fame, Mr. Newman, don't you see. In all the time you take saying what you won't do, I could have taken 10 snaps of you.*

*Why can't you have that old fashioned vice, instead of being disagreeable, try being nice.*

That night I ran after his car, and after saying, "Great poem, you're a great poet," he finally posed, and that photo accompanies this story.

\*\*\*

The next week, I encountered Joanne Woodward at Oscar rehearsals. "Don't I know you from New York?" she asked. "Yes, I gave you the poem at Sardi's." "We loved it," she said, "hung it in our basement and show it to all our friends!" Wonder if my poem will be in the book?

© 2022 King Features Synd., Inc.

**Harley Davidson Wanted** Looking to Buy a Project Motorcycle, Shovelhead or Panhead. Interested in Old Parts Too. Open to Anything. Call 434-421-0012. (434) 421-0012

**Toolbox** Cobalt Toolbox for Small Pickup. 62 1/2 Inches Rail to Rail. X-Cond. Asking \$100 OBO. Call 434-334-1127. (434) 334-1127 ktsred55@live.com

**1970 MG Engine, Transmission, and Drive Train:** Engine and Transmission Ran When Taken Out of Vehicle. (\$600 Invested) for All. Asking \$500. Email: drthornton1805@gmail.com drthornton1805@gmail.com

**318 Engine** 318 Engine Out of a 76 Dodge Army Truck. Low Miles. Asking \$700. Call 336-514-1663. (336) 514-1663 jones.renae@gmail.com

**Looking to Buy:** 1930-31 Ford Model A Coupe Left Rear Fender. Windshield Frame Both Doors. Call 434-685-3704.

**4 Used P265/75R16 Tires** \$160 for 4 Used P265/75R16 Tires. Call 434-250-7503. (434) 250-7503

**Auto SUVs**

**2012 Chevrolet Equinox** Black, AWD, 4DR, AT, 4CYL, 161,000 Miles, Asking \$6,000 Runs And Drives Excellent. Call 434-441-5261. (434) 441-5261



**Land Rover LR3: 2nd Owner. Been Taken Care of and Maintained. Asking \$8,500, Negotiable. For More Information, Call 434-203-0140.**

**Looking to Buy Vehicles,** that are No Longer Wanted, or Repairable. Must have Clean Title and Reasonable Mileage. Call 434-251-3626.

**2002 Ford Escape:** 32K Miles, 1 Owner, Every Option Ford Offers, Black on Black, in Excellent Condition. Asking \$10,000 OBO. Call 540-890-3824.

**Auto Trucks**

**1960 Chevy Apache Panel Truck:** 350 Small Block, AT in the Floor, Bucket Seats, Truck Rally's. Sold As Is. Asking \$8,500 Firm. Call 434-421-0201.

**1997 Chevy S-10 "As-Is"** 1997 Chevy S-10, Needs Transmission. Asking \$600. Call 434-709-7689. (434) 709-7689 twimbush@aumail.averett.edu

**1968 Dodge Pickup 4x4:** Short Bed, 4 Speed Transmission. Good Project, or Parts Truck. No Title. Asking \$2,000. Call 336-514-1663 (336) 514-1663

**Even Exchange** by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- |                        |           |                        |           |
|------------------------|-----------|------------------------|-----------|
| 1. Acrid to taste      | __ I __ _ | Toast topping          | __ U __ _ |
| 2. Pearl gatherer      | __ V __ _ | Eatery                 | __ N __ _ |
| 3. Compose             | __ R __ _ | Vanna or Betty         | __ H __ _ |
| 4. Physical well-being | __ L __ _ | Fireplace              | __ R __ _ |
| 5. Subsequent          | __ F __ _ | Star-shaped flower     | __ S __ _ |
| 6. More secure         | __ F __ _ | Calvary sword          | __ B __ _ |
| 7. Trumpet's cousin    | __ T __ _ | Hollywood & Vine, e.g. | __ R __ _ |
| 8. Convenient          | __ N __ _ | Robust                 | __ R __ _ |
| 9. Finn's buddy        | S __ _    | Perry Mason's job      | L __ _    |
| 10. Combine            | __ E __ _ | Mrs. Simpson           | __ A __ _ |

©2022 King Features Synd., Inc.



# We're HIRING!

## Local Jobs Marketplace

### Employment Help Wanted

**Infant/Toddler Assistant Teacher** Monday thru Friday. 12:30PM - 5:30PM. Please Submit Resume to [bkk.fumc@yahoo.com](mailto:bkk.fumc@yahoo.com).

**2 Helpers Needed** In Milton Area. Call 434-822-5801.

**Direct Support Professional:** Eagle Phoenix Residential & Behavioral Health Services are Looking to Hire a Direct Support Professional. No Experience, but Preferred. Experience in CNA or Personal Care Assistant. Needing More Men that are Willing to Work. Will Train. Please Call 434-429-2649.

**Experienced Kitchen Staff** We are Looking for Line Cooks, Prep Cooks, Bread Bakers, Pizza Cooks, Experience Making Pizzas, Dishwashers, Front of the House Manager. [kingcroppfood@gmail.com](mailto:kingcroppfood@gmail.com)

**PT Bookkeeping/Admin Assistant Help Organize & Record Expenses. Must Be Familiar with Microsoft Excel. Totally Flexible Hours. Perfect for Student. \$18 to \$29 Per Hour Based on Skills & Experience. Contact via Email: [virginia-history@usa.net](mailto:virginia-history@usa.net)**

**2001 FORD F150** FORD F150 2WD PICKUP. BODY AND TRANS GOOD. MOTOR LOCK. ASKING \$800 FOR INFO CALL 540-819-6132. (540) 819-6132 [kentford3316@gmail.com](mailto:kentford3316@gmail.com)

**1988 F350 Ford Dually** 90K Miles. Asking \$6,500. Call 434-793-2422.

**2003 4500 Chevrolet Dump Truck:** 27K Miles, Commercial Hydraulic Dump Bed, in Mint Factory Condition, with AC. Asking \$29,500. Call 540-890-3824.

**Early 1950's Ford Truck** Looking for an Early 1950's Ford Pickup Truck Purchased from Mr. Owen on Whrenn Drive, Danville VA. The Truck was Purchased from Mr. Owen 10 to 15 Years Ago. If You Own or Know of This Truck Please Call or Text David at (336)-508-6648. (336) 508-6648

### Auto Vans

**2006 Dodge Grand Caravan SXT** 288,000 Miles. Transmission Slipping. Comes with New Computer Already Programmed Needs to Be Installed. New Windshield 10/22 Inspection. Asking \$1,500 Call 434-710-2578. (434) 710-2578 [andre.reneehairston@gmail.com](mailto:andre.reneehairston@gmail.com)

**Van Available!** Sold as Is. Only Thing Wrong is Two Front Windows Don't Roll Down and Runs Well When You Purchase a New Transmission. 180,000 Miles. Asking \$2,000. Call 434-421-2785. (434) 421-2785 [patgeemail2020@gmail.com](mailto:patgeemail2020@gmail.com)

**2000 Dodge Ram Van 2500C:** New Alternator and Water Pump. Needs Brakes and Rotors. Asking \$1,200. Call 434-857-6167. (434) 857-6167

### Baby & Children Items



**Baby Furniture** Dream On Me Baby Bed with Mattress, Brand New Never Been Used Still in Box! Baby Bouncer Only Used Once and Baby Support Bathtub Seat. Asking \$160. Call (434) 251-7190 (434) 251-7190

### Boats

**1989 Chaparral** As-Is, Inherited, Asking \$1,000 Firm. Text 434-709-7986 If Interested. (434) 709-7986 [twimbush@aumail.averett.edu](mailto:twimbush@aumail.averett.edu)

### Building Supplies

**Steel Concrete Forms** 10' x 14" Is \$65 Each. 10' x 8" Is \$55 Each. 10' x 4" Is \$45 Each. Call 434-724-6862.

### Business Opportunities



**Danville's First Selfie Museum!** Now Open. This Ultimate Selfie Experience Has Over 12 Rooms and Various Scenes to Make a Fun and Exciting Time For You, Your Family, and Friends. All Ages Welcome! Just Bring Your Smartphone and We Will Show You How It Works! Tickets are Available Online for a 1 Hour Experience at [www.aspiringmindssnapshot.com](http://www.aspiringmindssnapshot.com). Check Out Our Facebook and Instagram Pages for More Events! Official Grand Opening January 8th, 2022 at 12PM!!

### Business Services

#### Home Improvement

**Will Remove Stoves, Washers, Dryers, Refrigerators, Lawn Mowers, Weed Eaters, Bicycles for Free.** Call (434) 728-2960.

**EZ JOB CONCRETE LLC:** Driveways, Sidewalks, Slabs, Poured Walls and Anything Involving Concrete. Quality Work. Calls, Texts or Messages will be Returned by Andrew Tickle. (434) 548-5869. (434) 548-5869



**ALL HOME SERVICES:** Additions, Renovations, Roofing, Doors, Windows, Finish Basements, Decks. Call Chuck at 434-483-7055. (434) 483-7055



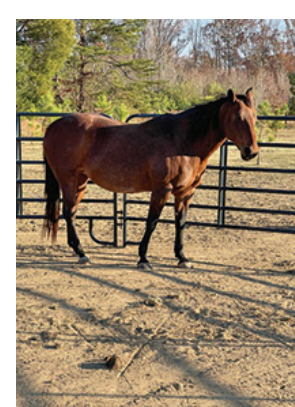
**ROOFS ANY TYPE: ANY ROOF, Asphalt, Metal, Wood. We Do Them All! Skylights and Fix Leaks, Too. We Beat Most Estimates. CALL CHUCK at 434-483-7055. (434) 483-7055**

### Lawncare

**Billy's Stump Grinding LLC:** Stump Grinding, Brush Removal, and Bobcat Work. Licensed and Insured. Free Estimates! Call 434-334-9347 or 336-514-2746. (336) 514-2746

### Miscellaneous

**We Pick Up Unwanted Scrap Metal for Free.** Motorcycles, Dirtbikes, Lawnmowers, Etc. Call 434-228-6651.



**EQUINE TRANSPORTATION** Buying a Horse or Already Have a Horse but Do Not Have a Way to Get it From Point A to Point B? We Provide Safe and Reliable Door to Door Transportation for Your Horse. Call or Text: 434-688-7646. (434) 688-7646



**Henderson's Cleaning Service: Licensed, Bonded and Insured. Serving Danville and Surrounding Areas. Regular Routine Cleaning: Weekly, Bi-Weekly and Monthly. Residential, Commercial and Small Business Services. Move-In, Move-Out, Organizing, Spring, Holiday and Deep Cleaning, and Carpet Cleaning. We also offer Painting, Pressure Washing, Disinfecting Services and General Home Repairs. References Available. Call Lena Today for a FREE Estimate! 804-878-9672. Check out our Website @ [www.Hendersonscleaning.com](http://www.Hendersonscleaning.com) (804) 878-9672 [lena@hendersonscleaning.com](mailto:lena@hendersonscleaning.com)**

### Collectibles

**Looking to Buy COMIC BOOKS:** Call 434-203-5395.

### Computers, Games & Systems

**Smith Corona Electric Typewriter** in Like New Condition. Has Carrying Case. Asking \$75. Call 336-627-7874

**T-Mobile Flip Phone** Brand New Never Used. Paid \$150. Asking \$100. Call 336-601-5407.

### Farm Equipment

**7410 Ford Frontend Loader** With Pocket + a Spear. Fits a 6610 and Up. Good Condition. Call (276) 634-8473.



**Pittsburgh 6FT Blade 3PT Hitch.** Asking \$350. Call (276) 732-7706.



**Pittsburgh Double Disk 5FT 3PT Hitch.** Asking \$600. Call (276) 732-7706.

## Can 'adaptogens' help relieve the stresses of the COVID pandemic?

by John Grimaldi, editorial contributor, the Association of Mature American Citizens [AMAC]

WASHINGTON, DC, Dec 31 -- The world has been in a state of extreme stress for nearly two years now since the breakout of the COVID pandemic. Sadly, there appears to be no end in sight. We may not be able to do anything about the cause but, perhaps, there is a way to deal with the effects by adapting to the stressors, not in a psychological way; rather by ingesting aptly named herbal medicines called adaptogens. Of course, before you begin self-medicating, whether the drug is a natural medication or a chemical-based medicine, it's important that you consult your healthcare provider.

Lest you think somebody came up with the "adaptogens" moniker to mask a 21st Century version of snake oil, think again. Or, at least, consider how the experts at the National Institutes of Health came to the conclusion that they might just be what the doctor orders in dealing with stress: "Adaptogens were initially defined as substances that enhance the 'state of non-specific resistance' in stress, a physiological condition that is linked with various disorders of the neuro-endocrine-immune system. Studies on animals and isolated neuronal cells have revealed that adaptogens exhibit neuroprotective, anti-fatigue, antidepressive, anxiolytic, nootropic and CNS stimulating activity. In addition, a number of clinical trials demonstrate that adaptogens exert an anti-fatigue effect that increases mental work capacity against a background of stress and fatigue, particularly in tolerance to mental exhaustion and enhanced attention."

In other words, adaptogens are not some new concoction. In fact, its origins date back thousands of years and "is a traditional herbal medicinal product consisting of a fixed combination of [plant] extracts." And, according to the Healthline Website, they can increase your resistance to stress, help you deal with exhausting situations and, as a bonus, they may also help you deal with weight gain.

Leslie Korn, PhD, a Harvard Medical School-trained traumatologist, was consulted on the use of adaptogens for the Healthline report and she says that they can enhance our "ability to come into balance" – a condition that the Mayo Clinic describes this way: "Balance problems can make you feel dizzy, as if the room is spinning, unsteady, or lightheaded. You might feel as if the room is spinning or you're going to fall down."

The Healthline report provides an example of how adaptogens work. "When we face a stressor, whether physical or mental, our bodies go through what's called general adaptation syndrome (GAS). GAS is a three-stage response: alarm, resistance, and exhaustion. Adaptogens help us stay in the resistance phase longer, via a stimulating effect that holds off the exhaustion. Instead of crashing in the midst of a stressful moment, task, or event, we attain equilibrium and can soldier on." The report goes on to suggest that you can take adaptogens as "herbal supplements in capsule form, added to smoothies as powders, or concocted into teas or soups." But it warns that you should consult with your doctor before taking any medications.

Here are a few the host of adaptogens that are available and what conditions they may serve:

- American ginseng (*Panax quinquefolius*): Boosts working memory, reaction time, calmness, and immune system
- Ashwagandha (*Withania somnifera*): Reduces stress and anxiety
- Eluethero root (*Eleutherococcus senticosus*): Improves focus and staves off mental fatigue
- Tulsi/Holy basil (*Ocimum sanctum*): Reduces physical and mental stress, stress-related anxiety, and depression



**Massey Ferguson Turning Plow** 3PT Hitch. Asking \$450. Call (276) 732-7706.



**9 Shank Massey Ferguson Tiller** 7FT 3PT Hitch. Asking \$750. Call (276) 732-7706.



**Gill Cultivator** 3FT Hitch Asking \$200. Call (276) 732-7706.



**Yard Plugger 6'6" 3FT Hitch** Asking \$1,200. Call (276) 732-7706.

**Chickens for Sale** 3 Laying Hens. \$15 for All 3. Call 434-709-4450.

**3 Pt Hitch Hay Spear,** Asking \$100. Call 336-583-2855 or 336-583-4016.

**HONEYBEE NUCS RAISED LOCALLY** 5 FRAMES Queen & Bees & Honey Put in Your Box. Extra Frames of Bee Available. Asking \$175. Call 434-770-8102. (434) 770-8102

### Fitness, Exercise, Sport

**Elliptical/Bicycle all In one Body Rider** Elliptical/Bicycle All in One Purchased for \$200. Selling for \$50. Works but Makes Loud Noise Call 434-792-9216. (434) 792-9216





# What's Going on in Shopperland



Shopperland is Danville, Pittsylvania County, & Caswell County

Please email community news to: [info@piedmontshopper.com](mailto:info@piedmontshopper.com)

## Marathon Milestone



Kirkland and Seattle-based relatives (L-R) David Wilt, Ben Whittle and Keller Wilt congratulate John Wilt for completing his 100th marathon at the November 28, 2021 Seattle Marathon. John's finishing time of 6:18:45 placed him 1st in his age group. Washington is John's 41st state on a journey to complete marathons in all 50 states and qualify for membership in the elite 50 States Marathon Club. At the starting line of the Seattle Marathon, John was honored to sing the National Anthem.

## NEED A NEW ROOF?

Call **DICKENS & SONS** today at **434-251-2968**

Over 30 Years Experience • Locally Owned & Operated  
Residential & Commercial Roofing  
Military & First Responder Discount Available  
Licensed | Bonded | Insured  
Dickie Dickens, Owner

## COMMUNITY HOLIDAY LIGHT SHOW "BEST IN SHOW" WINNERS ANNOUNCED

Danville Parks and Recreation is excited to announce the winners of the 2021 Community Holiday Light Show after tallying "Best in Show" votes. A portion of the show's proceeds go to benefit local charities or non-profits that patrons vote for at the end of the show's route.

"We're so happy to have been able to have a full version of the light show in 2021, as we had to scale back Children's Village and photos with Santa last year," said Special Events Coordinator, Taylor Roberts. "This year's light show was a huge success, and we thank everyone who supported our event in any capacity."

The following winners—along with their respective charities/non-profits—will receive a portion of proceeds:

- 1st – Trophy and Sign Center – God's Pit Crew
- 2nd – Dan River FFA – Claire Parker Foundation
- 3rd – Old House Life and Ramsey Restoration – Friends of the Old West End
- 4th – The Hughes Center – Smokestack Theatre
- 5th – Goodyear – United Way of Danville Pittsylvania County
- 6th – Danville Krampus – Danville-Pittsylvania County Cancer Association

The 2021 Community Holiday Light Show welcomed a total of 11,500 people; 3,189 cars; and 23 buses. The amount of money donated for "Best in Show" to non-profits totaled \$4,000; and gate worker groups earned over \$13,706. Lidl, a repeat sponsor of the event, donated over 3,000 cookies for attendees to enjoy. Additionally, Children's Village hosted 5,374 people, where 1,434 photos with Santa were taken.

Those wishing to participate in the 2022 Community Holiday Light Show by volunteering or building a display can contact Special Events at (434) 793-4636. There is no cost to enter a display.

## Local Advertising

### That Sticks

Call 434.822.1800 today to promote your business with print advertising that leaves a lasting impression!

## The Piedmont Shopper

In Print & Online  
434.822.1800 | [www.piedmontshopper.com](http://www.piedmontshopper.com)

Advertise in Danville's Favorite Paper

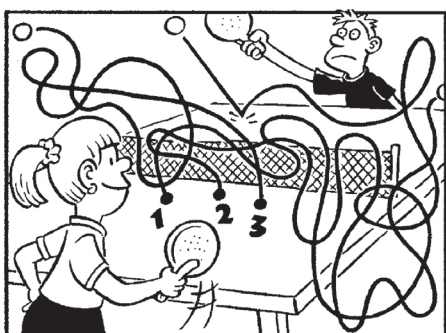
## MAGIC MAZE ● "THE SOUND OF MUSIC"

R B Y V S P M J H E B Y V T Q  
O E L I T G D B Y W T R P M K  
I A L F D R A B Y W U S S Q O  
M M T L A K U I F D B S Z X W  
U S U T E Q S K Z M E O N L J  
X H R S I Z T F A N D F C A L  
Y A W V I G R R O S A T L S T  
M Q M P H C I R D E I R F O E  
N L K I H A A R E F E U F C R  
B Z Y W V B U L B H G R O E G  
S R Q P N M L J I L S E I L H

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: PLAYED BY JULIE ANDREWS

Austria	Friedrich	Kurt	Max
Baroness	Georg	Liesl	Musical
Brigitta	Gretl	Louisa	Rolf
Franz	Herr Zeller	Marta	

©2022 King Features Syndicate, Inc. All rights reserved.



**CAN YOU SPOT** Ping Pong Patty's winning shot?  
Answer: No. 1 will put Freddy away.

## Junior Whirl

by Charles Barry Townsend



**MIME**  
**MILE**  
**TILE**  
**TALE**  
**TALK**

### DON'T GET BOXED IN!

You have five minutes to get out of this challenge. In this type of problem you are given a word that must be changed into another word in a series of moves. During each move, you must change one letter in the previous word, so as to form a new word. In our example, we changed MIME to TALK in four moves. See if you can change the following words in four moves each.

1. LESS to MORE
2. OUST to REND
3. PEST to GONE
4. RUBE to GENT
5. SALT to LICK

Answers:  
1. LESS, LOSS, LOSE, LORE, MORE  
2. OUST, RENT, GENT, GONE  
3. PEST, RENT, GENT, GONE  
4. RUBE, RUNT, RENT, GENT  
5. SALT, SILT, SILK, SICK, LICK

### CHANCE...CHA

FIG. 1

**DOODLE PICS!** The two pictures shown here are graphic presentations of familiar words, phrases or names. You have one minute to identify both.

### FALL PRIDE

FIG. 2

Answers: 1. Last chance, 2. "Pride goeth before a fall."

**CHAIN REACTION!** Take the seven letters printed below our diagram and place them in the circles so that eight four-letter words can be read, top to bottom, along the connecting lines. All the words will begin with the letter in the top circle.



Answers: Top to bottom, left to right: Fall, pals, pans, pine, pipe, pips, AILPSS

Illustrated by David Coulson



# OBITUARIES

"For whether we live, we live unto the Lord; and whether we die, we die unto the Lord: whether we live therefore, or die, we are the Lord's." - Romans 14:8

## Bobbie Moore Farrar

February 16, 1950 ~ December 25, 2021 (age 71)



Bobbie Moore Farrar, age 71, of Danville, VA, passed away on December 25, 2021, at Roanoke Carilion Hospital.

He was born on February 16, 1950, in Chase City, VA to the late Herman Farrar and Nellie Farrar.

Before his retirement, Mr. Farrar worked as a general contractor.

He is survived by his wife, Judy Farrar, of the residence; and children; Keith Farrar and his wife, Bonnie, and Kevin Farrar; step-children, Danny Satterfield (Jennifer), Ronnie Satterfield (Ashley Stiles), Junior Satterfield (Dianna Wolf), Devon Satterfield (Kim); and grandchildren: Stephen Farrar, Savannah Farrar, Hunter Lee Satterfield, Kallie Satterfield, Graci Satterfield, Devon Satterfield, Mia Satterfield, Jimmy Dawson, and Timmy Dawson.

In addition to his parents, Mr. Farrar was predeceased by six siblings.

Funeral services will be held at 2:00 p.m. on Wednesday, December 29, 2021 at Barker Funeral Home with Rev. Johnny Scott officiating. Visitation will be held one hour prior to the service at the funeral home. Interment will follow in Highland Burial Park. At other times, the family will be at the residence.

Barker Funeral Home is respectfully serving the Farrar family.

## Jean (Dix) McMillon

August 3, 1942 ~ December 24, 2021 (age 79)



Mrs. Jean McMillon, age 79, of Ringgold, VA, passed away on Friday, December 24, 2021 at Duke Raleigh Hospital in Raleigh, NC.

She was born on August 03, 1942, in North Carolina, to the late Humphrey Dix and Lily Laws Dix.

Before her retirement, Mrs. McMillon worked at the Corner Café, in Ringgold, VA.

She is survived by her son, Bobby Talbard and his wife, Sarah; grandchildren, Jordan Talbard, Jonathan Talbard, and Carrie Ann Talbard; brother, Curtis Dix and his wife, Marcia; and nieces, Donna Dickens and Wendy Poythress.

In addition to her parents, Mrs. McMillon was predeceased by her husband, Curtis McMillon; and siblings, William Dix, Dorothy Owens, Pauline Bean, Ernest Dix, Clarence Dix, and Linwood Dix.

Funeral services will be conducted at 12:00 p.m. on Tuesday, December 28, 2021 at Swicegood Funeral Home. Visitation will be held one hour prior to the service at the funeral home. Interment will follow in Floral Hills Memory Gardens. At other times, the family will be at the residence of her son, Bobby Talbard.

In lieu of flowers, donations may be made to the Ringgold Volunteer Fire Department, Ringgold Volunteer Fire Department. PO Box 10. Ringgold, VA 24586.

Swicegood Funeral Service is respectfully serving the McMillon/Talbard family.

## Loved One Whose Memory Lives On Forever in Your Heart

Honor the memory of your cherished one by sharing the story of their life with friends, neighbors and associates here in the community.



## Remembrances and Obituaries From

### The Piedmont Shopper

\$75.00

434.822.1800  
www.piedmontshopper.com  
Email: info@piedmontshopper.com

These free obituaries are sponsored by Swicegood-Barker Funeral Services as a service to their clients/families and Piedmont Shopper readers. Please let them know we appreciate their continued support.



Swicegood-Barker  
Funeral Services

Swicegood Funeral Home (434) 792-5611  
Barker Funeral Home (434) 792-7211  
www.swicegood-barker.com



## No Excuses! You Can Eat Healthy on a Budget

Happy New Year! If you're like millions of people, you've just made resolutions to improve your health and finances.

First — good job! What we eat and how much we spend on food are two areas of our lives where we have control. You can't easily change your mortgage or car payment, but you can adjust your food choices and expenditures starting today.

I've heard every excuse in the book about why it's impossible to eat healthfully on a budget. Here's some tough love from the Diva:

### I'm too busy!

Instead of saying "I'm too busy," say "I don't make it a priority to provide healthy meals for my family." How does that feel? We all have the same 24 hours in a day, and we make time for what's important to us. If your schedule is so packed you can't feed yourself, it's time to rethink your obligations.

### I never know what my schedule is going to be.

Meal planning is essential for those with erratic schedules. Plan "busy day" meals by cooking extra on the weekend. Use the crockpot in the morning to have meals waiting at the end of the day. If you're all on dif-

ferent schedules; stock your freezer with single portion, healthy meals available on demand, like homemade soups and casseroles.

### Healthy foods are too expensive.

Inexpensive foods that offer a powerhouse of nutrition should be the bulk of your diet. Here is a list of healthy foods that cost under \$1 per serving: Whole chickens, canned tuna and salmon, eggs, plain yogurt, peanut butter, beans, lentils, brown rice, oats, whole-wheat pasta, sweet potatoes, kale, cabbage, salad greens, carrots, apples, oranges, bananas, frozen vegetables, frozen berries, almonds, black and green teas, coffee, sparkling water.



### Healthy foods under \$1 a serving

### I don't know how to cook.

Like to eat? Well, learn to cook. While you're learning, teach the whole family. It's the greatest gift you can give them. The world is awash in recipes and tutorials on TV, online and in old-fashioned cookbook form.

### Cooking all the time is overwhelming.

I feel ya! It isn't fair for one person in a household to do all the cooking when everybody eats. Delegate cooking and cleaning up afterward to other family members when appropriate.

Even a toddler can help put dishes in the dishwasher.

### Cooking from scratch takes too long.

If you have time for fast food, you have time to cook food. Gather a handful of simple recipes that take 20 minutes or less and keep your pantry stocked with ingredients to make them. Take a little help from the store by purchasing pre-cut veggies, or rotisserie chicken.

### I don't have time to clip coupons.

Good! Don't. Most coupons are for name-brand processed foods anyway. And often store brands at regular price are still cheaper than name brands on sale.

### My family only likes fast food and convenience foods.

If your child was going outside and eating dirt, you'd stop them, right? Well, stop them from eating foods that damage their health. Food choices are important. Every bite we consume creates the building blocks from which our bodies grow and repair. We literally are what we eat. You may need to gradually wean your family off the junk while introducing healthier options, but their health depends on it. Do it.

Make your financial and physical health a priority in this new year. Cheers to a fresh start and another chance for us to get it right.

\*\*\*

Lifestyle expert Patti Diamond is the penny-pinching, party-planning, recipe developer and content creator of the website "Divas On A Dime — Where Frugal, Meets Fabulous!" Visit Patti at [www.divasonadime.com](http://www.divasonadime.com) and join the conversation on Facebook at [DivasOnADimeDotCom](https://www.facebook.com/DivasOnADimeDotCom). Email Patti at [divapatti@divasonadime.com](mailto:divapatti@divasonadime.com)

© 2022 King Features Synd., Inc.

**Huffy Stone Mtn. Bike** Huffy Stone Mtn. 5Spd. Girls Bike. Mint Condition. Only Used Once. Asking \$40. Leave Message at 434-770-1541. (434) 770-1541

**Pitching Machine** Asking \$75. Call 434-434-2512. (434) 434-2512 ext. 749 [klaaron77@yahoo.com](mailto:klaaron77@yahoo.com)

**Batting Cage** 24x12x12. Asking \$200. Call 434-434-2512. (434) 434-2512 ext. 749 [klaaron77@yahoo.com](mailto:klaaron77@yahoo.com)

**Orbatron Weight Set** Orbatron Plastic Weight Bar Dumbbell Set. Two-17.6 lbs, Six-8.8lbs, Four-4.4 lbs. Asking \$100.00 Cash Only. Text or Call 434-203-0819. (434) 203-0819 [vincewd85@gmail.com](mailto:vincewd85@gmail.com)

## Furniture & Accessories

**Wooden Entertainment Center** and Rocking Chair. Asking \$150 OBO. Call 336-514-8319.

**Cherry Twin Bedroom Set** 2 Shelves, 3 Drawers, Nightstand, Table, Bench, Mirror. Asking \$250. Call (434) 685-7386

**Nice Rocking Chair** For Sale or Will Trade for Headboard for Full Size Bed. Call 434-250-9750.

**2 Red Wingback Chairs** For Sale. Call 434-836-2335.

**This End Up Sofa Set** Durable Solid Wood Settee, Chair & Table. Like New Zippered Cushions for Easy Cleaning. Custom Made Throw Pillows. Asking \$55. Call 434-228-3457. (434) 228-3457

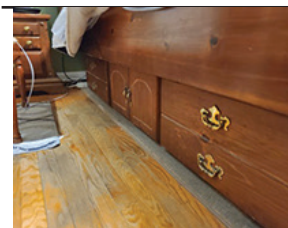
**Used Sleeper Sofa:** Wood and Metal Frame are in Good Condition. Needs Mattress. Asking \$25. Text or Call 434-203-0819. (434) 203-0819 [vincewd85@gmail.com](mailto:vincewd85@gmail.com)

**Large Recliner Bought from Sherwood House Furniture.** Only Two Yrs Old. Very Good Condition. Call 434-549-9010. (434) 549-9010 [brucepaline@yahoo.com](mailto:brucepaline@yahoo.com)

**Solid Wood End Table Cabinet** Natural Light Color Woodgrain Square Cabinet with Doors & Drawer. Ideal Sofa or Bedside Extra Storage. 24" High. Asking \$30. Call 434-228-3457. (434) 228-3457

**Unique Hand Made Coffee Table** Chopping Block Style Top, Solid Square Legs. Handsome Natural Finished Wood Sofa Table for Drinks or Extra Seating. 40"x22.5"x17". Asking \$25. Call 434-228-3457. (434) 228-3457

**Dark Wooden Armoire/Cabinet,** in Great Condition. Use for TV, or Clothing in BR, or Living Room. Asking \$125. Can Send Pictures. Call 434-250-6861.



**California King Waterbed** California King Size Water Bed with 6 Tour Pedestal Base New Mattress Bladder Good Condition Not Abused. Asking \$100. Call for Price 434-738-3214. (434) 738-3214 [rayray420@comcast.net](mailto:rayray420@comcast.net)

**Used Sleeper Sofa:** in Good Condition. Asking \$25. Call 434-203-0819. (434) 203-0819 [vincewd85@gmail.com](mailto:vincewd85@gmail.com)



**Guns**

Firearms for Sale Winchester SuperX 12 Gauge (1981) w/ Box in Great Condition. Asking \$975. Ruger 10/22 Black Synthetic Stock New in Box. Asking \$330. Diamond Back DB9 New in Box. Asking \$375. (434) 203-9010

**Health/Medical Supplies**

Clerical Administrative Assistant to Directors Responsibilities include: Organizing, Managing Files, Placing Orders, Checking in Deliveries, Serving as the Receptionist to the Director, Answering Phone Calls, Directing Callers to the Appropriate Party, Taking Messages, Delivering Mail, and Scheduling Appointments, Providing Support by Assisting with Their Duties. Must have the Ability to Keep Confidential Information, Maintain a Polite and Professional Communication via Phone and By Email and Be Computer Savvy. Monday-Thursdays \$11.00/HR, No Benefits. Hours 9:00 to 3:00 Each Day. Lunch from 12:00-1:00 If You Meet the Requirements and Interested Please Send Resume to Email Address: Itaylor@southsidedocs.com or Mail to HR/L. Taylor 1040 Main Street, Danville, VA 24541. Itaylor@southsidedocs.com

Jazzy 614HD Motorized Wheelchair: Great Condition, Charger Included. No Damage At All. Must See! Ready to Roll. Asking \$800. Call 480-304-1091. (480) 304-1091 jrlich1952@aol.com

Inogen One G3 Portable Oxygen Concentrator. Comes with 2 Batteries. Paid \$2,700, Asking \$2,000, Negotiable. Call 848-209-5137.

Trailer-Hitch Mounted Scooter Carrier, with Ramp. Paid \$475, Asking \$375, Negotiable. Call 848-209-5137.

ZooMe Electric Scooter: Like New Condition. Paid \$2,300, Asking \$1,700, Negotiable. Call 848-209-5137.

Mobility Chair Nice Mobility Chair with Brand New Batteries it Sit for Period and Batteries Were Bad but Replaced Them Today. LIKE NEW. Asking \$1,500. Call 434-770-9506. (434) 770-9506

**Heating & A/C Equipment**

Firewood for Sale: Asking \$35 and Up. Call 336-583-2855 or 336-583-4016.

Wood Heater for Sale: For More Information, Call 434-728-2960.

22,300 BTU Dura Glo Heater 22,300 BTU Kerosun Heater, Brand New Round Heater Still in the Box with Straps Still on It. Asking \$150. Call 336-388-2683. (336) 388-2683 jet0103@mebtel.net

Firewood For Sale \$30/Load \$30.00/Load. Delivered and Stacked. Oak. Call 336-312-3208. (336) 312-3208

Firewood for Sale: Mixed Hardwood. Asking \$65 for Truck Load. Call 434-203-5117. Leave Voicemail if No Answer. (434) 203-5117

Large Oak Infrared Heater: With Wheels and Extra Bulb. Like New. Asking \$100. Call 434-728-7700.

Free Firewood: On the Ground, Cut to Length and Haul Away. Mount Hermon Area. Contact: smath1234@comcast.net smath1234@comcast.net

Firewood for Sale: Seasoned. Asking \$80 a Truck Load. Call or Text 434-251-5407. (434) 251-5407

**Household Items**



Portable Garment Rack 2 Portable Garment Racks. Height: 71 Inches Maximum Width: 74 Inches, Steel Frame. Asking \$40. Call 434-738-3214. (434) 738-3214 rayray420@comcast.net

Presto Professional Salad Shooter: Slicer/Shredder, with Multiple Attachments & Instruction Booklet. Used Once, I Paid \$60. Asking \$30. Can Send Picture. Call 434-250-6861. keepdancn@comcast.net

**SAME DAY SERVICE**

**Denture EXPRESS**

**Dentures and Partial**

**STARTING AT \$495<sup>00</sup>**

**Upper & Lower Full Set \$990<sup>00</sup>**

**CHRISTOPHER ALLAMAN • DDS**

An Affordable, Quality, Full Service Dental Practice

**Now Accepting New Patients & VA Medicaid!!**

Dentures • Partial • Extractions • All Done on Site

**1.888.806.0467 • 276.632.1565**

5 Dudley Street, Martinsville, VA

**276.638.3265**

*We accept all major credit cards, VA Medicaid (age 21 & up) and CareCredit.*

Fancy Plate Chargers: 6 Piece, Asking \$25. 4 Piece, Asking \$20. Call 267-304-6062. (267) 304-6062 jamesbholland@centurylink.net

Plug in Computer End Tables Two End Tables with Outlet That You Can Plug a Computer Into, Came from Ashley's. Asking \$100. Call 864-293-8325. (864) 293-8325 johnebeasley24540@gmail.com

**Lawn & Garden**

Snow Blower for Sale, in Good Condition. Asking \$350. Call 434-420-3266.

Looking to Buy Cement Bowl for Birdbaths. Call 434-441-1364.

2 38" Simplicity Riding Mowers: and a 48" Cub Cadet. Needs Work, or to Use for Parts. Call for Price 434-228-8834.

Walk Behind Simplicity Snowblower Like New. Electric Starter. Cost New \$1000. Asking \$400. Call 434-349-6244 Leave Message If No Answer.

Looking for John Deere Hood Hood Needed - Looking for a Hood for a L170 John Deere Riding Mower. Call 434-250-5723. (434) 250-5723

Troy-Bilt Mower Troy-Bilt, 21" Push Mower w/Bagger. Runs Great. Asking \$35, Call and Leave Message, Call 434-770-1541. (434) 770-1541

Looking for a Riding Mower: No Longer Wanted, Mower Projects Reasonably Priced, in Good Repairable Condition. No Older than 10 Yrs Old. Call 434-251-3626. (434) 251-3626 kentstanley@yahoo.com

Craftsman 42" Deck Husqvarna 54" Deck. Kawasaki Engine. Call 434-429-8436.

Parts for Riding Lawnmowers: Tires, Decks, Starters and Grass Catchers. All in Excellent Condition. For More Information and Prices, Call 434-429-8436.

Frames for Craftsman Lawnmower Frames, Engines and Decks. All in Excellent Condition. For More Information and Prices, Call 434-429-8436.

**HONEYBEES RAISED LOCALLY 2022** 5 Frames Queen & Bees & Honey Put in Your Box. Asking \$175. Call Dan 434-770-8102 (434) 770-8102



**TREE MAINTENANCE AND REMOVAL: WLR Outdoor Services is a Veteran Owned and Operated Business that Takes A Lot of Pride in Our Work, and Strives for Excellence. We have All the Necessary Skills and Equipment to Perform Tree Work Safely and Efficiently. Give Us a Call, Text or Email for a Free Estimate! Call 434-688-7646, WLR@OUTDOOR-SERVICES@GMAIL.COM, Find Us On Google, and Like Us On Facebook. WWW.WLR@OUTDOOR-SERVICES.COM (434) 688-7646 wlroutdoorservices@gmail.com**

Needing Camping Wood Looking to Accept Donations of Firewood for Family Camping. I Have Means to Pick Up the Wood. Contact Me: 434-429-1416. (434) 429-1416

Bee Supplies and Hive Stand: Call for Price, 434-203-1723. (434) 203-1723

48" Craftsman Deck, Complete, in Good Shape. Painted, New Blades with Belts. Asking \$90. Call 434-713-4091. (434) 713-4091

Simplicity Deck 44, Complete. In Great Shape. No Rust. Asking \$125. Call 434-713-4091. (434) 713-4091

**Miscellaneous**

A Basic Pistol Class Will Be Held In The South Boston Area on Jan 29. Class Meets Concealed Weapon Permit Training. \$75 Each or \$125 Couple. Call 434-471-0196.

Concrete Trowel Machine: 8 HP Briggs and Stratton, 4' Span. Runs Great. Asking \$600. Call 434-724-6862.

Silver Coins For Sale: Morgan Silver Dollar and a Peace Dollar. Call for Price 336-514-5304.

29 Oz Can Fiberglass Resin with Hardener. All for \$25. Call 434-401-2466.

270 Rifle Brass for Sale \$5 for 20 Count. Call 434-401-2466

Building Full of Items for Sale. For More Information, Call 336-944-9603.

Trac Phone Card 200 Minutes. Paid \$40. Asking \$20. Call 336-601-5407.

50 Gallon Plastic Barrels: Asking \$10. Call 434-432-9505. (434) 688-1835 the4witchers55@zimbracloud.com

Upright Freezer Small Wanted 10 Cubic Ft. or Less Upright Freezer Only Cash, Can Pickup. Call 434-770-4800. (434) 770-4800 holleycoand1@yahoo.com

Want to BUY I Want to Buy a Wooden Queen Headboard Bed with Attached Mirror. Text Me Pics & Price 336-514-3243. (336) 514-3243

*Thank You*

**PRA Group**

A new year a new partnership...we are so thankful to the PRA Group, Inc. for their generous donation and interest in volunteering on the first house(s) in our Habitat Village North community. There level of sponsorship makes them "Frame Builders".

Many thanks to Miriam Housewright and Alexandra Bitonti for putting this partnership together. We look forward to working with your company in building strength, stability and self-reliance with shelter in 2022 and beyond.

**Danville-Pittsylvania County**

**Habitat for Humanity**

Vidalia Slice Wizard "As Seen on TV" Item, with All Attachments and Instruction Booklet, Works Great, New in Box, Nice Gift. Asking \$10. Call 434-250-6861. (434) 250-6861 keepdancn@comcast.net

Vidalia Slice Wizard "As Seen on TV" Item, with All Attachments and Instruction Booklet, Works Great, New in Box, Nice Gift. Asking \$10. Call 434-250-6861. (434) 250-6861 keepdancn@comcast.net

500 9X12" Clasp Envelopes 5 Boxes (100 Each) of 9X12" Clasp Envelopes - Brown "Craft" Paper, \$5/Box, Cash Only. Call 434-728-2824. (434) 728-2842 minorkey-sus@yahoo.com

Hoover Wind Tunnel Vacuum Cleaner, with Febreze Bag. In Good Condition. Asking \$20. Call 434-728-7700.

Specializing in Residential

**ROOF REPAIR**

**JORDAN ROOFING**

**434-791-1232**

**State Farm**

13995 U S Highway 29, Suite 700 Chatham, VA 24531

Bus 434.432.5461 Fax 434.432.8159

todd@toddbreaux.com  
toddbreaux.com • Find us on Facebook  
http://www.facebook.com/pages/Todd-Breaux-State-Farm-Agent

Todd Breaux, Agent

**Winter Market**

at the Danville Farmers' Market  
629 Craghead Street • 434-797-8961

**Open Saturdays**

**January 8 – March 26**

**9 a.m. to 1 p.m.**

*Weather Permitting*

**Baked Goods, Crafts, Meats, Eggs and Seasonal Produce**

Due to Virginia Department of Agriculture and Consumer Services Regulations, only service animals will be allowed into the building during Farmers' Market hours.

**Frozen Tilapia Fillets** 16 oz. \$3.29

**Fresh Boneless Chicken Breasts** lb. \$3.99

**North Carolina Shelled Pecans**

**Hall's Pastry Oatmeal Cookies**

**Homestead Creamery Milk, Lemonade Eggnog & Custards Dairy Specialties**

**Land O Lakes Butter** 16 oz. \$2.39

**Black Canyon Angus Beer**

**Chuck Roast** lb. \$4.49

**Homestead Creamery Eggnog** qt. \$3.99

**January SALE**

Prices Good Through January 12, 2022

"January, the first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, new beginnings, new attitudes." — Charmaine J. Forde, Author

**BOXED LUNCHES \$8.99** + tax (drink extra) Fax to Order: 434.793.1802

**100th ANNIVERSARY**

**MIDTOWN MARKET**

Successor to J.M. Church Grocery • Since 1921

7 Chambers St. • Danville, VA • 434.793.8211 • Mon. - Sat., 9am - 6pm





Photos courtesy of Anthony Carrino, TheBuild.tv

# Weathering the Storm

## 5 tips for disaster preparation

### FAMILY FEATURES

Over the past year, homeowners from coast to coast have experienced tussles with Mother Nature from arctic storms and heat waves to powerful hurricanes. Not only can storms wreak havoc on homes, they damage the fragile electric grid, which may result in power outages that can sometimes leave families in the dark for days or weeks.

While no amount of preparation can stop the forces of nature, planning ahead to manage blackouts can have a significant impact on you and your family. Get your home ready for what lies ahead with these tips from the Propane Education & Research Council and Anthony Carrino, a home designer, developer and contractor with more than 20 years of experience in the industry.

### Outdoor Maintenance

You may not realize it, but chores like cleaning the gutters and keeping your vegetation trimmed can actually make a big difference in the event of a major storm. If your gutters are full of debris, water rushing from your roof has no place to go, and that could mean major damage to your roof, siding and even foundation.

Falling branches and trees can create a great deal of damage not only on your home but also to surrounding powerlines, which can easily break, so it's a good idea to monitor closely for branches that could be affected by high winds and promptly remove dead trees that are especially risky in inclement weather.

If there's time, you should also secure any outdoor furniture or belongings that could blow away or get damaged in the storm. If you have them, secure the storm shutters. It's also a good idea to evaluate your yard's grading at least once a year to be sure the ground slopes away from the house to keep water from pooling against your foundation.

### Standby Power

Major weather events are often accompanied by extended power outages. Homeowners may turn to portable generators to turn the lights back on after the storm has passed. However, they are difficult to find and can only power a small portion of a family's home.

Unlike a portable generator, which can power only a few appliances in a home, a propane-powered standby generator or backup generator can be a total home solution, depending on the size of the unit. When a homeowner purchases a backup generator, a licensed technician installs the unit outside of the home and wires it to the home's electrical system. When a power outage occurs, the generator automatically senses the disruption of service and starts the generator's engine, which then delivers power to select appliances in the home.

Propane-powered standby generators can supply supplemental electricity in as little as 10 seconds after an outage. They are available in a variety of capacities to fit the needs of any size home and can power several major appliances, including furnaces, boilers, water heaters, cooking equipment, fireplaces and clothes dryers.

For homes that already run on propane, consider running important systems and appliances like the furnace, water heater, stove and fireplace on propane so they'll continue to run even during a power outage. The more appliances that run on propane, the smaller and less expensive your standby generator can be. Plus, propane is environmentally friendly and won't degrade over time like some other fuel sources, ensuring the backup generator reliably powers your home to give you added peace of mind.

### Home Systems

If your home is struck by a major storm, you may need to manually turn off the power, gas or water to prevent a life-threatening situation or further damage. Refresh your memory

regularly on where the shut-off valves are located. If your home has a propane tank, open the lid of the tank to reveal the shut-off valve then turn it to the right to shut off the propane. If there are multiple tanks, turn them all off the same way. If possible, be certain at least two members of the family are able to perform a safe shut-off just in case someone is injured or unable to access the shut-off site. If you turn off the propane, make sure a qualified technician from your propane supplier turns the gas back on and performs a leak check. Ensuring there isn't an issue is another step to safeguard your family after a disruption of service.

### Insurance Coverage

When your home is in the path of a major storm, insurance is an important

way to protect your investment. Reviewing your insurance coverage at least annually, if not every six months, can help you stay well-informed about possible exclusions and ensure you have the opportunity to increase your limits if you've made improvements or values have grown in your area.

An important aspect of good coverage is a thorough inventory of your possessions that details what you own and could potentially lose in a major storm. Including details like purchase price and condition may help smooth the way if you have to file a claim.

### Emergency Kit

Storms can blow in fast, so having some emergency equipment you can grab in a hurry may help ease your storm response. Include flashlights, a battery-powered radio, cellphone

charger and cash. You should also include first aid supplies, essential medications for everyone in the family, some nonperishable food and an adequate supply of water. Also include clothing and toiletry items, as well as supplies to care for your pets. It's also a good idea to have copies of important records like your insurance policy, an emergency contact list and any other personal documents you may need.

By planning ahead with an emergency kit, propane-powered generator and other steps, you can put your family and home in a better position to ride it out as safely and comfortably as possible — giving you peace of mind during and after the weather-related event.

Find more ideas to help get your home storm-ready at [Propane.com/Generators](http://Propane.com/Generators).







**Mobile Homes**  
12' x 12'4" Insulated Garage Excellent Condition With All Hardware. Call (276) 732-7706.

**Real Estate**  
**Doublewide for Sale:** 2017 New 1,800 Sq. Ft. 3 BR, 2 Bath, Front Porch, Rear Deck, Hardwood Floors, Upgraded Refrigerator and Range. 1.58 Clear Acre Lot. Located at 4263 Wyatt Farm Rd, Axton. Asking \$149,900. Please Call 434-724-6862.

**Land For Sale:** 2 Acre Flat Lot w/ Well, Septic, and Garage. Two 2 Acre Wooded Lots. 1 Beautiful Flat 7 Acre Lot With Timber. 6 Beautiful 2 Acre Flat Lots. Have Been Prepped for Sale. 93 Acres of Prime Hunting Land With Cabin and Standing Timber, Last Timbered 25 Years Ago. Old Dotman School in Milton NC With 15 Acres of Land. Call 434-822-5801

**Rental Property**  
**2 BR. APT. 1 St. Month Rent Free with Year Lease. Deposit Required. 2 Br. Apt. 1234 N. Main St. \$350 Mo./ \$350 Dep. Call Ellis Real Estate Monday thru Friday 434-792-6603. Office at 619 Holbrook Ave. (434) 792-6603**

**1 Br Apt. 1st. Month's Rent Free with Year Lease. Deposit Required. 1114 Richmond Blvd. \$310 Mo./ \$310 Dep. Call Ellis Real Estate Monday thru Friday 434-792-6603. Office at 619 Holbrook Ave. (434) 792-6603**

**1BR Apts 1st Month's Rent Free with Year Lease. Deposit Required. 1161 Paxton St. \$300 Mo./ \$300 Dep. Call Ellis Real Estate Monday thru Friday at 434-792-6603. Office at 619 Holbrook Ave. (434) 792-6603**

**Want to Rent a House** with Mother in Law Quarters Contact Naomi at 434-710-6251. Quarters or a Full Basement with Bedroom, Bathroom, and Kitchen for a Relative to Live Separate from Me.

**Looking for a Mobile Home** to Rent to Own. Must Have 3 BR, and Allow Pets. Call 434-709-2583.

**2 BR House 1st Month Free with Year Lease. Deposit Required. 509 Cliff St. \$400 Mo./ \$400 Deposit. Call Ellis Real Estate Mon. thru Fri. at 434-792-6603. Office at 619 Holbrook Ave. (434) 792-6603**

**2 BR Mobile Home 2 Baths.** Tunstall School District. Washer and Dryer Hookup. Stove and Fridge Included. \$500 Month / \$500 Deposit. No Pets. Call 434-489-5754.

**I'm Looking to Rent a Pet Friendly 2 BR House, in the Southside of Danville. Looking To Rent. Call 434-441-3918.**

**Giving New Meaning to Winterizing Your Home.....**

**B&H Market on the Dan**  
CONSIGNMENT • VINTAGE & MORE...

100 Commerce Street Danville Va. (just off Riverside Drive) • Monday - Saturday 10am - 5pm  
434-549-5980 • www.marketonthedan.com • Follow Us on Facebook!

**QUEEN BED HEADBOARD** Want to Buy Wooden Queen Headboard with Centered Mirror. Send Pics & Info to My Cell 336-514-7520. (336) 514-7520

**Looking for Old Porch Gliders and Chairs, Heavy. Cash Paid.** Call 434-421-7918. (434) 421-7918

**Wanting to Buy:** Unexpired Sealed Diabetic Test Strips. Paying \$8 Box Of 50; \$16 Box of 100. Call 276-340-8559. (276) 340-8559 martinsville914@yahoo.com

**Looking for Free or Very Reasonable Living Room Chairs.** Also Looking for Bath and Kitchen Towels. Can Pick Them Up. Call 434-709-2583.

**Weddings**  
**Bridal Dress** Cash Only .... Size Measured By Breast as a 16. Worn 1 Time. Call 434-251-2749. (434) 251-2749

Announce, Sell, Advertise, Recruit



To Advertise  
Call 434-822-1800

www.piedmontshopper.com

**NOW PLUMBING**

**COMFORT COOLING HEATING & AIR**  
"Where Quality Matters"

Expert fast and reliable installation, maintenance & repair for all your heating, cooling, and plumbing needs!

Locally Owned & Operated  
434-791-2051 • www.orangevans.com

**CHRISTIAN BROTHERS REMODELING**

Kitchens, Bathrooms, Wall Removal, Ceramic Tile, Doors, Decks, Laundry Rooms, Countertops & More.

**small and large REPAIRS** Jeff Gosney 434-334-8311

ESTABLISHED 1972

**Elvis Presley and Marie Doll** in The Box Brand New. Asking \$50. Call 434-724-4610.

**Radio Flyer Wagon** Asking \$100. Call 434-434-2512. (434) 434-2512 ext. 749 klaaron77@yahoo.com

**Utility Trailers**  
**4x6 Utility Trailer,** with Drop Gate and Title. Asking \$475 Firm. Call 434-710-0208.

**Wanting to Buy Utility Trailer:** 5'x 8' or One Close to That Size. Call 434-429-8436.

**Wanted To Buy**  
**Looking for a Bedliner** for a 1991 Toyota Tacoma 2WD Long Body Bed. As Well As 4 15" Wheels for 1991 Toyota Tacoma 2WD. Call 434-709-7783.

**Wanting to Buy:** Service Station and Farm Gas Pumps, and Air Meters. Call 434-728-2960.

**Looking to Buy New or Used Quilts.** Call 434-228-7292.

**Looking to Buy Twilight Zone** in VHS or DVD.

**Wanted Old Tube Type Radios** Buying Tube-Type Radios from the 1930's-1940's. Any Condition. Call or Text: 434-251-6826. (434) 251-6826

**Looking to Buy or Take River Rock Pieces** from 5" to 8" in Tan or Light Brown Colors. Call 434-572-9377.

**Old Motorcycle Wanted** Shovelhead or Panhead, but Open to All. I'm Interested in Just Parts as Well. Call 434-421-0012. (434) 421-0012

**Upright Freezer Small** Want to Buy 10 Cubic Ft or Smaller. Upright Freezer Only, Can Pick Up. Call 434-770-4800. (434) 770-4800 holleycoand1@yahoo.com

**Motorcycles, ATVs, Go Carts, 4x4s**

**Honda Black Rebel** Asking \$1200 "As-Is". Call 434-709-7689. (434) 709-7689 twimbush@aumail.averett.edu

**Old Motorcycle Wanted** Looking for a Old Motorcycle, Any Condition, Shovelhead or Panhead Preferred But Open to Any. Would Be Interested in Parts Too. Call 434-421-0012. (434) 421-0012

**2015 Yamaha Zuma 50 Scooter:** Only 785 Miles. As Close to a New Bike as You Will Find. Great, Dependable Transportation. Asking \$1995. Call 434-251-3626. (434) 251-3626 kentstanley@yahoo.com

**Wanting to Buy: Honda SL70,** or Any Other Size SL Bike, Running or Not, or Even Parts. Call or Text 434-575-2687. (434) 575-2687

**2011 Yamaha Grizzly 700 4x4** Wonderfully Maintained. Asking \$800. Call 434-299-9319 (434) 299-9319

**Looking to Buy Motorcycles, ATV'S,** or Dirt Bikes, Running or Not, at a Reasonable Price. Call 434-251-3626.

**Musical**  
**Crate Pro Audio Mixer** CSM-8. 12 Channel. Asking \$175. Call 336-627-7874.

**Looking to Buy a Small Music Organ.** Call 336-601-5407.

**Black X-Type Keyboard Music Stand,** in Box, Never Opened. Asking \$20, Cash Only. Call 434-728-2842. (434) 728-2842

**Recreation**  
**Men's Adult Bicycle** in Great Shape. Asking \$90. Call 336-601-5407.

**BASKETBALL GOAL** 8 Ft Adjustable Metal Post with Goal. In Good Shape Only Had for 4 Years. No Rust. Asking \$30. Call 434-203-7251. (434) 203-7251 superglidebob@comcast.net

**Tools & Accessories**  
**Tape Measures and Voltage meters** Brand New 25 Ft Tap Measures and Voltage Meters. \$2 a Price. Call 434-579-6972. (434) 579-6972 jh229125@gmail.com

**Matco Tool Box:** Asking \$2,000, OBO. For More Information, Call 434-770-3774.

**Leaf Vacuum Mower Attachment:** Pull Operated, Briggs and Stratton 900 Series. 205cc, 2600 RPM Motor. Runs Great. Asking \$850, Negotiable. Call 848-209-5137.

**Toys**  
**Plush Hobby Horse** Rocking Rider Maverick Hobby Horse. Talks and Sings. Asking \$50 OBO. Can Send Pictures. Call 434-770-6757. (434) 770-6757

**DRHA**  
DANVILLE REDEVELOPMENT AND HOUSING AUTHORITY

The Danville Redevelopment and Housing Authority will reopen its low-income public housing waiting list for 1, 2, 3, 4, and 5 bedroom apartments located at Cardinal Village, Cedar Terrace, Ingram Heights, and Pleasant View effective January 1, 2022 - February 28, 2022. Rent is based on income. Applications are available online at danville.housingmanager.com or via the link on DRHA's website, www.drhava.com. If you have any questions, please contact one of our site offices via phone or email.

**Cardinal Village, (434) 793-1222,**  
carla.harrison@drhava.com

**Cedar Terrace, (434) 793-2516,**  
khines@drhava.com or lkelley@drhava.com

**Ingram Heights, (434) 792-0303,** cchapman@drhava.com

**Pleasant View, (434) 792-0328,** cchapman@drhava.com

**GOOD is a haircut you love.**

**GREAT is a sweet price too.**

**ONLINE check-in**  
Save time. Every time.

Danville Coleman Market Place  
165 Holt Garrison Pkwy 550  
434-836-2851  
Call Salon for Hours of Operation

**ANY HAIRCUT \$9.99** Great Clips

**ANY HAIRCUT \$9.99** Great Clips

Not valid with any other offers. Limit one coupon per customer. No Copies. Taxes may apply. Valid at Coleman Market Place. OFFER EXPIRES 1/31/22.



**Los Tres Magueyes** Ph: 792-0601 • Fax: 792-1943  
2818 Riverside Dr.

All ABC Permits  
Eat In or Take Out • Catering  
Mon-Thurs 11am-10pm  
Fri 11am-11pm  
Sat 11:30am-11pm  
Sun 11:30am-9pm

**Restaurante Mexicano**

**\*Buy One Dinner Get One 1/2 Price\*** Offer Expires 1.31.22  
\*One Coupon Per Table

11am - 2:30pm  
Monday through Friday  
Lunch Special #1-6 only  
\$5.25 including drink!

Visit online at [lostresmagueyes.com](http://lostresmagueyes.com) Find us on Facebook



**Healthy Taco Salad**



**INGREDIENTS**

For the taco salad:

- 2 fajita-size flour tortillas swap corn tortillas to make gluten free
- 2 teaspoons extra-virgin olive oil divided
- 3/4 teaspoon kosher salt divided
- 1/2 teaspoon black pepper divided
- 1 pound 93% lean ground turkey
- 1 tablespoon chili powder
- 1 teaspoon ground cumin
- 1/2 teaspoon garlic powder
- 1 head romaine lettuce roughly chopped
- 1 can reduced-sodium black beans, rinsed and drained (15 ounces)
- 1 can Mexican-style corn, drained (11 ounces)

- 2 cups cherry tomatoes halved
- 1 medium ripe avocado peeled, pitted, and diced
- 1 cup loosely packed cilantro leaves
- 1/2 cup reduced fat shredded sharp cheddar cheese
- 1/4 cup thinly sliced green onions

For the salsa yogurt dressing:

- 1/4 cup prepared salsa
- 1/4 cup nonfat plain Greek yogurt

**INSTRUCTIONS**

Place a rack in the center of your oven, and preheat the oven to 425 degrees F. Coat a large rimmed baking sheet with nonstick spray. Stack the tortillas and cut them in half, then slice each half into 1/2-inch strips. Scatter the strips in the middle of the prepared baking sheet. Drizzle with 1 teaspoon olive oil, then sprinkle with 1/4 teaspoon salt and 1/4 teaspoon pepper. Toss to coat, then spread them into a single layer. Bake until golden brown and crisp, about 8 minutes, turning halfway through. Set aside to cool. Meanwhile, in a large, nonstick skillet, heat the remaining 1 teaspoon olive oil over medium high. Add the turkey, chili powder, cumin, garlic powder, and remaining 1/2 teaspoon salt and 1/4 teaspoon pepper. Break up the meat and stir with a spoon until it is cooked through, about 5 minutes. In a small bowl, stir together the salsa and Greek yogurt to make the dressing.

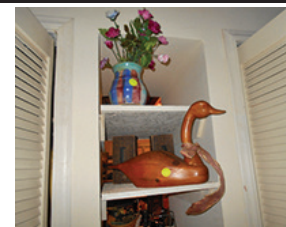
Place the romaine in a large serving bowl. Top with 1/4 cup of the salsa-yogurt mixture, the turkey, black beans, corn, tomatoes, avocado, cilantro, cheese, and green onions. Toss lightly to combine, then sprinkle the tortilla strips over the top. Serve immediately with remaining salsa-yogurt dressing as desired.

**Notes**

Make it ahead: Store the cooked ground turkey in the refrigerator for up to 4 days, the corn and black beans in a separate container for up to 4 days, the dressing in a container for up to 4 days, and the chopped tomatoes in a container for up to 3 days. Washed, chopped lettuce can also be stored in the crisper drawer for 2 to 3 days. Assemble the salad just before serving.

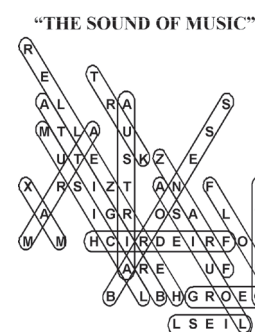


**Yard Sales**



171 Holder Street, Milton, NC ESTATE LIQUIDATION TAG SALE. Fri Jan 7th, 2022 from 10:00 AM - 05:00 PM. Sat Jan 8th, 2022 from 10:00 AM - 04:00 PM. Selling the Personal Property in the Estate of Harriet Brandon, Former Antique Dealer at 171 Holder Street, Milton N. C. Lot of Nice Merchandise in This Property - Go to Estate Sales. Net for Pictures. Sale Conducted by Joan Daniel. (434) 251-4256

**See You Next Week!**



**Even Exchange answers**

- |                   |                   |
|-------------------|-------------------|
| 1. Bitter, Butter | 6. Safer, Saber   |
| 2. Diver, Diner   | 7. Cornet, Corner |
| 3. Write, White   | 8. Handy, Hardy   |
| 4. Health, Hearth | 9. Sawyer, Lawyer |
| 5. After, Aster   | 10. Merge, Marge  |

Me after leaving Texas Roadhouse and eating all the free bread at the table



1. Who released the 1960 pop song "Where or When," which reached No. 3 on the Billboard chart?
2. Which band wrote and released "More Than a Feeling"?
3. What happened while "Smoke on the Water" was being recorded?
4. Who released "An Old Time Movie"?
5. Name the 1961 song that contains this lyric: "You're with me tonight, I'm captured by your charms, Oh pretty baby, won't you hold me in your arms?"

**Answers**

1. Dion & The Belmonts. The song originated in 1937 in the Broadway musical "Babes in Arms." It has been widely covered, including by The Beach Boys and Carly Simon.
2. Boston, in 1976. It took the main composer, Tom Scholz, five years to complete.
3. Deep Purple was recording in a casino in Montreux, Switzerland, in late 1971 when someone shot a flare gun at the ceiling during a Frank Zappa concert. The entire complex burned to the ground. The group ended up recording in the halls and stairways of the nearby Grand Hotel.
4. Scott McKenzie, in 1967.
5. "A Thousand Stars," by Kathy Young and the Innocents. Young, who was just 15 at the time the song climbed charts, was inducted into the Doo-Wop Hall of Fame in 2014.

(c) 2022 King Features Syndicate

*Lovely Lady Lingerie*

Everything You Need For A Fun And Romantic Evening  
**ADULT NOVELTIES**  
Lingerie • Costumes  
Lotions • Cards  
Herbal Male Enhancement Pills

434-822-6156  
Hours: Tues-Fri 11-6 Sat 11-4

58 EAST Ringgold, Va.  
(across from Ringgold Flea Market)

**Strange BUT TRUE**

By Lucie Winborne

\* At the height of their fashion craze in the 1580s and '90s, neck ruffs could include up to 6 yards of starched-stiff material with up to 600 pleats, supported by a wire, wooden frame or board.

\* In 2017, while on a plane, a woman used her sleeping husband's thumb to unlock his phone, thereby discovering he was cheating on her. She reportedly reacted with "such a ruckus" that the flight was forced to make an unscheduled landing in India.

\* Starfish don't have blood. They circulate nutrient by using seawater in their vascular system.

\* The first baseball caps were made from straw and worn by the New York Knickerbockers in 1849.

\* After the Titanic sank in 1912, ships sent to recover the dead ran out of embalming supplies. It was decided to preserve only the bodies of first-class passengers, due to the need to visually identify wealthy men in order to resolve disputes over their estates.

\* Between 1848 and 1850, the Gold Rush caused the population of San Francisco to grow from 900 to 35,000 people.

\* A mother black lace-weaver spider will drum on her web to call her babies to come and eat her alive.

\* In medieval times, fruit and vegetables were cooked because they were thought to cause disease with a book from 1500 even warning consumers to "Beware of green salads and raw fruits, for they will make your master sick."

\* Credito Emiliano, a bank in Italy, accepts Parmigiano-Reggiano cheese as collateral for small business loans, holding the cheese as insurance and aging it in climate-controlled vaults for the loan's duration.

\* A man literally died laughing while watching the movie "A Fish Called Wanda."

Thought for the Day: "Not all paths offer a vista. But every path offers a lesson." -- Toni Sorenson

(c) 2022 King Features Synd., Inc.