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Reginald F. Lewis Museum launches 'Men of Change' exhibition

Exhibition spotlights achievements of influential Black men

By Demetrius Dillard

A profoundly compelling and unique artistic exhibition has made its way to Baltimore. The Reginald F. Lewis Museum has announced the opening of "Men of Change: Power. Triumph. Truth," an exhibition that highlights the contributions of Black men over the course of American history, particularly in the 20th and 21 centuries.

The official announcement came on Feb. 21 - the same day the Men of Change program was held on the second-floor lobby of the Lewis Museum. The event highlighted revolutionary men - from Muhammad Ali, to James Baldwin and Kendrick Lamar, to Baltimore native Ta-Nehisi Coates - and the exhibition launch kicked off a week of activities that culminated Black History Month.

"I think it's incredibly fitting that this exhibit is here," said Reginald F. Lewis executive director Terri Freeman.

Through a partnership between the Ford Motor Company Fund, the

Continued on page 9

Men of Change Barbershop Challenge Finalists (l-r) Derick Ausby, owner, The Groomery Barber Club (formerly Conheads Men's Grooming); Justin Kimpton, National Program Manager of Ford Motor Company Fund's Men of Courage program; Joseph A. Powell, III and Nat Crittenden, co-owners, N'Style Hair Grooming. The Men of Change Exhibition has launched in the Reginald F. Lewis Museum and will run until Aug. 14. The exhibition pays homage to the positive contributions and achievements of 25 influential Black American men. Photo Credit: Jae Sip



How the Black Panthers used self-care as a form of empowerment

By Chazz Scott
Nucleus Team Member
Positively Caviar, Inc.

The term self-care has skyrocketed into the mainstream and social media over the past two years because of the pandemic. Between the presidential election; protests against police brutality; and of course the pandemic; many of us decided to use self-care as a necessity rather than a luxury. As a result, self-care became a word synonymous with survival in the modern era, and rightfully so.

Now, self-care could mean so many different things to people. It's easy to think it represents bubble baths, candles, or a simple social media post. Even though the word is commonly linked to practices, many of us don't realize the history of this term and where first began.

The origins of self-care first started to spread in the medical community in the early 1950s, but it wasn't until civil rights activists, particularly The Black Panther Party began to use it as a form to "counter activist burnout" that it gained mainstream popularity.

As activists' leaders fought for racial justice in the United States, they quickly realized the lack of medical resources further inhibited their fight for equality. By creating access to healthy food, setting up health clinics, and building programs to share necessary information, the Black Panther party put self-care into necessary action.

In a 2018 AFROPUNK interview, former Black Panther leader Angela Davis noted that she and Ericka Huggins began adopting mindfulness, yoga and



As we reflect on the history of self-care, it is essential to realize it's actually available to any and everyone, and it's our duty to pursue it. If we want to live a better life and develop the capacity to accomplish more in our professional and personal lives, ultimately feeling better within— self-care should be prioritized daily.

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meditation practices while incarcerated as a means of empowering and taking care of themselves.

So rather than a luxury, these leaders saw it as a necessity and a form of empowerment so they could have the sufficient capacity to continue their work for the long term.

In fact, Angela Davis said, "if we don't start practicing collective self-care now, there's no way to imagine, much less reach, a time of freedom." The legacy of how self-care originated can inform us how to effectively use our own self-care practices.

For civil rights activists to truly fight for freedom and equality, self-care

became a tool for them to use that did not require them to lean on systemic structures that often did not provide sufficient aid for long-term health and wellness.

As we reflect on the history of self-care, it is essential to realize it's actually available to any and everyone, and it's our duty to pursue it. If we want to live a better life and develop the capacity to accomplish more in our professional and personal lives, ultimately feeling better within— self-care should be prioritized daily.

Back in 2017, I was burnt out from my job, running a nonprofit and keeping up with the demands of life. At that time, I felt it was my duty to prioritize self-care to not only replenish my mind, body and soul but so I could show up as a better son, brother, and community member. When I practiced self-care consistently, I saw a shift in my energy, life satisfaction, as well as confidence. I never went back!

Here are a few self-care tips you can think about integrating into your life:

- *Meditation
- *Journaling
- *Reading a self-help or inspirational book
- *Take a walk in nature
- *Yoga
- *Mix up a smoothie full of fruits and veggies
- *Treat others nicely and give a smile to a stranger

Positively Caviar, Inc. is a 501(c)(3) nonprofit centered on using positive thinking and optimism as a vehicle to instill mental resilience and disrupt mental health stigmas faced in our communities. Each month, a member of our Nucleus Team features a column focused on mental and physical health tips, scientific studies, nutrition facts, and positive stories to support a positive and healthy lifestyle. To learn more about how you can support, volunteer, or donate to Positively Caviar, Inc., visit: positivelycaviar.com

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An advertisement for ShelfGenie, a storage solution for kitchen cabinets. The ad features a collage of images showing organized shelves with various kitchen items like plates, bowls, and jars. Text on the ad includes "HOME SWEET ORGANIZED HOME", "ShelfGenie EVERYTHING WITHIN REACH a neighborly company", "50% OFF INSTALLATION*", and "Schedule Your FREE Design Consultation: (844) 538-5547". There is also a small BBB logo in the bottom left corner.

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Janet

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Janet Currie
President, Bank of America Greater Maryland

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Guest Editorials/Commentary

COVID-19 showed we need a more diverse doctor workforce

By Robert Grant

Deaths related to COVID-19 were more than twice as high among Black, Latino, and Native American people as among whites in 2020, according to new research out from the National Cancer Institute.

It's only the latest reminder of the glaring inequity that plagues the U.S. healthcare system. Addressing that inequity will require boosting access to care among people from marginalized groups.

That's partially a supply problem — the United States needs more doctors, especially doctors who hail from historically underserved communities. Research shows that doctors from these communities are not only more likely to return there to practice but more likely to deliver better outcomes for their patients.

Over 83.7 million Americans live in places with limited access to primary care doctors, according to the Kaiser Family Foundation. They're disproportionately people of color.

Unfortunately, that figure will likely increase. A June 2021 report from the Association of American Medical Colleges estimates that the United States could be short 124,000 physicians by 2034.

Research has consistently shown a link between access to physicians and health outcomes. Life expectancies in areas with fewer doctors are, on average, lower than those in areas that have more. About 7,000 U.S. lives could be saved every year simply by narrowing care gaps in the country's most underserved communities.

To sustainably address the doctor shortage, we must recruit from the communities that are most acutely experiencing it. Numerous studies have found that a doctor's race or ethnicity is a strong indicator of where they eventually return to practice. The same goes for language, family income, and whether the doctor comes from a rural or urban area.

Patients also fare better when they can relate with the physician treating them. A 2018 National Bureau of Economic Research study found that Black men had significantly better health outcomes when treated by Black doctors.

This was also true for preventative care. Black men treated by Black doctors were 10 percent more likely to receive a flu shot and nearly 30 percent more likely to submit to cholesterol tests.

It's on medical schools to produce the doctors that historically marginalized, communities need. Sadly, they haven't done a very good job of that.

Black and Hispanic people make up more than 31 percent of the U.S. population but only a smidge over 20 percent of the student population at U.S. medical schools. Incoming medical students hail from disproportionately wealthy families, too. Last year, the median income of parents of medical school matriculants was \$140,000—double the overall median household income in this country.

International medical schools, by contrast, have made addressing inequity a priority. One-quarter of America's doctors attended medical school outside the country. In low-income communities, international medical graduates are one-third of the doctor workforce. And in areas where the population is majority non-white, IMGs are even more prevalent.

Graduates of international medical schools are also more likely to go into primary care, where the need, especially in underserved communities, is greatest. Of the U.S.-born international medical graduates who matched into residency programs last year, roughly 70 percent entered into primary care specialties.

The disparate racial impact of COVID-19 is a tragic example of those inequities. Developing a more diverse doctor workforce is one small way to work toward ending them.

Robert Grant, MD, is the senior associate dean for clinical studies at St. George's University School of Medicine, the largest sources of physicians for the United States (www.sgu.edu).



Commentary

A Legacy Worth Leaving

By Avery Ross

We are hardwired to deal with grief, but everyone grieves differently.

Acknowledging the complexities and simplicity of grief allow me to live a full life. Sometimes my grief manifests itself as gratitude for another day, sometimes it moves me to help others. As a grief counselor, I encourage others to acknowledge and move forward in grief. When we engage in open and honest conversations about death, we are giving ourselves the tools to manage grief.

My mother never minced words when it came to death. We had conversations over the dinner table throughout my life about it. When we knew she had congestive heart failure, we decided to celebrate her life while she was still here. She chose hospice, an end-of-life care option for terminally ill people and died peacefully in her sleep. She encouraged me to think about death in a positive light, rather than as a negative and frightening thing.

I was in my mother's favorite place when I found out that she died: Las Vegas. So, I went to her favorite hotel and lost \$20 in her honor. Because I would go with her, and she would win, and I would take her money and lose it. I said, "I'm

just being consistent."

My mother had her affairs in order before she died: from her funeral to where her belongings would go. It made our grieving process smoother to not focus on those things. I want the same for my son, so I've made my wishes clear to him. Instead of looking at it as a daunting task, I look at it as a gift to him. When you prepare your loved ones for what you want if you get sick and when you die, you are showing them just how much you love them.

Start by having a conversation with your loved ones about your wishes and the legacy you want to leave. What matters most to you? How do you want to be remembered? Do your spiritual or religious beliefs inform your values? Is there someone you want involved in your healthcare decisions?

There are many tools and resources to prepare you to have these conversations and get your affairs in order. Compassion & Choices offers an End of Life Decisions Guide & Toolkit that provides helpful information on end-of-life decisions.

Avery Ross is a grief counselor and bereavement facilitator based in New York.

‘Ashamed’: Newspapers Apologize for Decades of Negative Coverage on Black Communities

By Lauren Victoria Burke
NNPA Newswire Contributor

In a stark reminder of the importance of the Black Press established in the United States in 1827 by Sam Cornish and John Russwurm, American papers are beginning to analyze their coverage of African Americans.

In at least two instances an historical analysis by the newspapers themselves has been followed by an apology. The papers in the predominantly Black cities of Baltimore, Philadelphia and Kansas City studied and confronted decades of negative news coverage on Black communities.

The efforts also highlight the lack of diversity that continues to persist even in newsrooms in cities with large Black populations.

The Kansas City Star, established in 1880, issued an apology to their readership for what they admitted was consistently negative coverage of the local Black community.

The Star’s apology, published in December 2020, entitled *The Truth in Black and White; An Apology From the KC Star*, stated, “Our reporters searched court documents, archival collections, congressional testimony, minutes of meetings and digital databases... Reporters were frequently sickened by

times. It fed the fear and anxiety of white readers with stereotypes and caricatures that reinforced their erroneous beliefs about Black Americans. Through its news coverage and editorial opinions, *The Sun* sharpened, preserved and furthered the structural racism that still subjugates

appeared in the white papers primarily through the lens of crime. To read *The Inquirer* then would leave one wondering if Black people ever were born, ever died, if they lived lives in between— or if they simply sprouted, fully grown, in the city streets to call for civil rights, seek elected office, and commit various criminal infractions,” Lowery, a former reporter for *The Washington Post* who is now with CBS, wrote.

“The paper, of course, is not alone in its history. Its story is that of the modern American newspaper: The last half-century began with begrudging efforts at racial integration of both staff and coverage sparked by public pressure and protests; the decades to follow saw expanded efforts to recruit minority journalists before the industry cratered and many of those non-white journalists were the first to be shown the door,” Lowery continued.

The recent analysis by large papers in predominantly Black cities is likely to continue. The articles highlight the importance of historic curation, community image and news narrative, and the impact it has on historically marginalized communities.

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“In at least two instances an historical analysis by the newspapers themselves has been followed by an apology. The papers in the predominantly Black cities of Baltimore, Philadelphia and Kansas City studied and confronted decades of negative news coverage on Black communities.”

what they found— decades of coverage that depicted Black Kansas Citians as criminals living in a crime-laden world. They felt shame at what was missing: the achievements, aspirations and milestones of an entire population routinely overlooked, as if Black people were invisible.”

The Star went on to verify that Black news in the community was consistently underplayed and ignored. Their apology, which arrived months after the May 25, 2020 murder of George Floyd, was part of the effort around the country resulting from Floyd’s death that galvanized discussions on race in America.

On February 18 of this year, the Baltimore Sun did the same as the Kansas City Star.

“The Baltimore Sun frequently employed prejudice as a tool of the

Black Marylanders in our communities today,” the Sun editorial board bluntly stated.

“African Americans systematically have been denied equal opportunity and access in every sector of life — including health care, employment, education, housing, personal wealth, the justice system and civic participation. They have been refused the freedom to simply be, without the weight of oppression on their backs,” the Baltimore Sun editorial Board continued, adding that they were “ashamed” of past coverage of the Black Community.

The Philadelphia Inquirer published an article by Wesley Lowery analyzing the Philadelphia Inquirer’s history on race and the newsroom’s lack of diversity.

“Mentions of Black Philadelphia

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MICA and T. Rowe Price partner to host fifth annual Grassroots DesignFest to bring together local nonprofits, designers, students

Baltimore— On March 5, 2022, Maryland Institute College of Art (MICA) and T. Rowe Price, the Baltimore-based global investment manager, will host the fifth annual Grassroots DesignFest, matching local art, design and business students and professionals with Baltimore-area nonprofits to create branding concepts, logo designs, graphic identities, and other design projects at no cost.

Over the last four years, more than 65 nonprofits have participated, including PIVOT Baltimore— an organization that connects women released from the corrections system with critical services needed to reclaim their lives, rejoin their families and reinvigorate their communities— who was in need of a new brand identity and logo to better communicate its values to the public.

“Smaller nonprofit organizations often do not have the time or resources to engage professional designers to help them communicate and carry out their missions. DesignFest provides valuable, highly professional design expertise that has benefited nonprofits all over the city. It’s exciting to witness the impact of DesignFest on returning organizations like PIVOT over the years,” said Sheri Parks, vice president of Strategic Initiatives at MICA.

“From our very first introductions, we were struck by our team’s talent, passion, and care for our cause,” said Emily Thompson, co-founder of PIVOT Baltimore. “Working with a professional team allowed us to bring to life a logo and branding design that really captured the essence of our organization’s mission and values and present a cohesive image that brings warmth to our brand. We are looking forward to returning this year to expand on that work and apply those designs to an updated website.”

To see some of the outcomes from this annual event, Baltimore residents need not look any further than local bus stops. In 2020, Made in Baltimore participated in DesignFest to create a new advertising campaign, which was run on bus shelters around the city.

The nonprofit participants for this year’s event will



To see some of the outcomes from this annual event, Baltimore residents need not look any further than local bus stops. In 2020, Made in Baltimore participated in DesignFest to create a new advertising campaign, which was run on bus shelters around the city.

Courtesy Photo

continue to work on issues related to arts and culture, education, human services, and social justice and, in addition to PIVOT Baltimore, include: 29th Street Community Center Inc., Advancing Real Change, Inc., Ballet After Dark, Baltimore Concert Opera, Baltimore Jewelry Center, Baltimore Witness, Baltimore Youth Arts, BARCO Motor House, Business Volunteers

Maryland, Centro de los Derechos del Migrante, Inc., Chesapeake Youth Symphony Orchestra, Children’s Chorus of Maryland, Citizens Policing Project, Community Wealth Builders, Corner Team, Inc., DewMore Baltimore, Liberty Village Project, Maryland Consumer Rights Coalition, New Song Community Learning Center, Open Works, Patterson Park Public Charter School, Inc., PREPARE, Reading Partners, Riverside Neighborhood Association, Star-Spangled Banner Flag House, STEM Champions of Baltimore, The People’s Commission to Decriminalize MD, The Women’s Law Center of Maryland, and Weekend Backpacks for Homeless Kids, Inc.

This year’s event, which takes place virtually, will bring together more than 20 nonprofits and more than 100 designers, including undergraduate and graduate students from 11 colleges and universities as well as participants from across the country.

The T. Rowe Price Foundation conceived the idea for DesignFest by taking the “hackathon” model and applying it to an event that would engage the creative community and nonprofits here in Baltimore.

“It’s more important than ever for nonprofits to be able to effectively communicate their mission and purpose in today’s noisy landscape and to fundraise amidst the continued impact of the pandemic,” said John Brothers, president of the T. Rowe Price Foundation. “We’re excited to see the results of previous DesignFests in the community. It’s a great example of how business can partner with academia to support the community and provide learning opportunities for students and workplace talent.”

Participating students will gain firsthand experience collaborating with professionals, working with clients and gaining insights on the nonprofit sector. This year, students come from MICA, Bowie State University, California College of the Arts, Johns Hopkins University, Loyola University, Morgan State University, Stevenson University, Towson University, UMBC, University of Baltimore, and University of South Carolina.



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President Biden nominates Judge Ketanji Brown Jackson for U.S. Supreme Court

By Lauren Victoria Burke
NNPA Newswire Contributor

For the first time in American history, a Black woman has been nominated to serve on the U.S. Supreme Court.

By selecting Judge Ketanji Brown Jackson on February 25, 2022, President Joe Biden completed his pledge to select a Black woman for the court for the first time in history.

A Black woman has never served on the U.S. Supreme Court since it was created in 1789— over 232 years ago. Since then, only two other Black persons have served on the Supreme Court, Thurgood Marshall, who was appointed by President Lyndon Johnson in 1967, and Clarence Thomas, who was appointed by President George H. W. Bush in 1991 amid significant controversy.

In over two centuries, 114 justices have served on the Supreme Court and 108 of them have been White men.

Judge Ketanji Brown Jackson, 51, currently serves on the U.S. Court of Appeals for the District of Columbia Circuit. That federal court is seen as a feeder for nominees to the U.S. Supreme Court.

Judge Jackson was born in Washington, D.C., and raised in Miami, Florida. She attended Harvard University for college and law school and was the editor of the Harvard Law Review. She began her legal career as a clerk to U.S. Supreme Court Associate Justice Stephen Breyer.

In what may have been a clue that Judge Jackson would be nominated, the U.S. Court of Appeals for the District of



Judge Ketanji Brown Jackson, 51, currently serves on the U.S. Court of Appeals for the District of Columbia Circuit. That federal court is seen as a feeder for nominees to the U.S. Supreme Court.

Courtesy Photo/NNPA

Columbia broke with tradition on February 24, 2022, and issued an opinion on a Thursday. The scheduling change was noted by the media since the court typically only issues opinions on Tuesdays and Fridays.

Only one other woman of color has served on the Supreme Court, Associate Justice Sonia Sotomayor of New York, who was appointed by President Barack Obama in 2009. Three other women have served on the Supreme Court: Sandra Day O'Connor, who was appointed by President Ronald Reagan in 1981; Ruth Bader Ginsberg, who was appointed by President Bill Clinton in 1993; Associate Justice Elena Kagan, who was appointed by President Obama in 2010; and Associate Justice Amy Barrett who was appointed by President Donald Trump in 2020.

In 1958, just three percent of law school students were women. In 2020, women made up 54 percent of law students in the United States.

With her speed skating gold medal, Erin Jackson hopes to inspire more Black girls in winter sports



Erin Jackson became the first Black woman to win a speed skating medal when she took home the Gold during the 500 meters speed skating event on February 13, 2022 during the Winter Olympics.

Courtesy Photo/NNPA

By Stacy M. Brown
NNPA Newswire Senior National Correspondent @StacyBrownMedia

While the Super Bowl expectedly received all the attention in the sports world on Sunday, February 13, 2022, the Winter Olympics provided a most historical moment.

Erin Jackson became the first Black woman to win a speed skating medal when she took home the Gold during the 500 meters speed skating event.

Jackson's time of 37.04 seconds gave the American speed skating program its first medal at the Games in Beijing. It also marked the first individual medal by an American in a dozen years.

"Hopefully, this has an effect. Hopefully, we'll see more minorities, especially in the USA, getting out and trying these winter sports," Jackson, 29, declared.

A day after her historic medal victory, Jackson reflected on how she received her golden opportunity. She noted that Team USA flag bearer Brittany Bowe, a childhood friend, surrendered her spot in the 500-meter so Jackson could take her place.

"She was just saying she's so proud of me," Jackson said of Bowe during a nationally televised interview.

"We did it," she exclaimed. "Yeah, it was pretty wild."

Bowe declared that Jackson had earned the right to compete.

"She's ranked No. 1 in the world," Bowe told NBC News. "No one is more deserving than [Jackson] to get an opportunity to bring Team USA home a medal."

Hailing from Ocala, Florida, Jackson said she has roller-skated for as long as she could remember. She pursued inline speed skating in 2002, roller derby in 2012, and long-track speed skating in 2017.

A 2015 cum laude graduate of the University of Florida Honors Program, Jackson earned a Bachelor of Science degree in Materials, Science & Engineering.

Just two years later, Jackson transitioned from inline skating to speed skating on ice, where she quickly qualified for the 2018 Winter Olympics in Pyeongchang, South Korea.

She also earned an AS in Computer Science from Salt Lake Community College in 2020 and continues her work toward an AS in Exercise Science/Kinesiology.

Jackson says she wants to inspire other African American girls.

"I just hope [my gold medal win] sparks something," Jackson said.

"Maybe a young Black girl saw my race or something, and she's like, 'Oh. Maybe I should try this.' That would be amazing, even if it's just one person."

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Meet Central Scholarship's Tierra Dorsey

The First African American President in its 97-Year History

By Ursula V. Battle

On January 20, 2021, Kamala Harris was sworn in as vice president of the United States, becoming the first woman, first African American and first Asian American to hold the office. Simultaneously, another event was taking place that would set the course for another "first" to take place. Tierra Dorsey received a phone call informing her that she had been chosen to serve as president of Central Scholarship, becoming the first African American president in the organization's 97-year-history.

"I was offered the position on the same day that Kamala Harris was inaugurated as the first African American vice president," recalled Dorsey. "I was watching the program, and my phone started ringing. I will never forget that Inauguration Day. To be chosen to serve as president of Central Scholarship on such a historic day is such an honor."

Originally founded in 1924 to help Baltimore-area Jewish men to access higher education, Central Scholarship provides scholarships and interest free loans to help fund the financial gap between high school and post-secondary education. The organization also educates students about college affordability, and advocates for public policy to improve access to college and career training for low-income students.

"Although I may be the first person of color to serve as president of Central Scholarship, this organization has had a long-standing history of spearheading and supporting diversity and inclusion in the educational system," said Dorsey. "A lot of people don't realize the integral role women have played here at Central Scholarship."

Noting other women including Eleanor Levy, who served on the organization's Board Leadership from 1948-1951, Dorsey added, "Eleanor Levy's leadership and the role other women have played in Central Scholarship has been really strong. I believe it was inevitable that this would happen, and I am so proud to hold this honor."



Tierra Dorsey is president of Central Scholarship, the first African American to hold the post in the organization's history. Courtesy Photo

Dorsey assumed the role of president on March 1, 2021, succeeding Jan Wagner, who retired after nearly 20 years of service.

"Many people have never heard of Central Scholarship, and it really does surprise them that the organization has



**Central
Scholarship**
Go Higher.

been around for almost 100 years, and they have never heard of us," said Dorsey. "But one of my short-term goals is to increase awareness of the organization. We have a great reputation in the community with those who know about us. I want to protect that brand and that reputation. But I also want to raise awareness outside of the organization's current community about what we're doing, why we're doing what we are doing, and how we're having an impact on Maryland."

According to Dorsey, in addition to

news media and social media efforts, awareness opportunities include a virtual presentation in April for the National Scholarship Providers Association (NSPA), which seeks to advance the collective impact of scholarship providers and the scholarships they award.

"NSPA is a large and well-known organization," said Dorsey. "Presenting in April provides another platform for me to raise awareness about Central Scholarship. Another one of my goals is to have a better grip on our donor management system here. Technology is important in this industry, and I felt it was time to bring us into the 21st century as it relates to technology and outreach. I wanted look at what we achieved, and how we can do it more efficiently and impactfully. These are some of the short-term goals that I set, and I am pretty

happy to say that coming up on my first-year anniversary, I was able to accomplish them."

In her first year as president, Dorsey also garnered 80 new donors.

"I also want to see us grow our board," said Dorsey. "Central Scholarship will be turning 100-years-old in a few years. And if nothing else, I want to ensure that this organization is around for another one hundred or more years. I want to increase the sustainability of the support we provide. To be sustainable, you have to be on top of your game and be aware of what's happening in your industry."

Dorsey holds a M.S. in Management and Policy from the University of Maryland and a B.A. in Business Management from Notre Dame of Maryland University. Prior to her appointment at Central Scholarship, she was Executive Director of Development at Goucher College. Her extensive strategic business development and fundraiser experience also includes serving as Director of Major Gifts at Towson University and Senior Major Gifts Officer at Maryland Institute College of Art.

Central Scholarship has awarded over 300 students with more than \$1 million-per-year in scholarships and financial aid, ultimately helping to remove barriers to education and offer them a lifetime of economic opportunity and mobility.

Dorsey, 55, says her work allows her to carry on the legacy of her late grandmother, Mary Bond.

"This is my dream job because I am leading an organization whose mission matches my priorities, which is helping and giving... things that were sowed in me by my grandmother," said Dorsey. "She provided me with the foundation on the importance of giving back to the church. One of the reasons I applied for this position is because Central Scholarship gives so much to provide support for students to go to college."

For more information about Central Scholarship, visit <https://central-scholarship.org>.

Reginald F. Lewis Museum launches ‘Men of Change’ exhibition

Continued from page 1

Smithsonian Institution Traveling Exhibition Service and the Lewis Museum, the exhibition was able to come to Baltimore.

“Men of Change highlights revolutionary men—including Muhammad Ali, James Baldwin, W.E.B. DuBois, Kendrick Lamar, and Baltimore natives Frederick Douglass and Ta-Nehisi Coates—whose journeys have altered the history and culture of the country through politics, sports, science, entertainment, business and religion,” according to a Reginald F. Lewis museum statement.

“Each biography is paired with original artwork by a noted artist that accentuates the subjects’ individual legacies. The exhibition weaves a collective tapestry of what it is to be an African American man, past and present, and the legacy that only strengthens across generations.”

In conjunction with the exhibit opening, Ford is bringing two signature grassroots community initiatives to the Baltimore region: a Men of Courage Barbershop Challenge, which is in effect, and the Men of Courage Leadership Forum set to launch in the spring.

The exhibition, which consists of paintings, drawings, portraits, multimedia, profound quotes and more, will be on display until August 14, 2022.

Terri Freeman, executive director of Reginald F. Lewis Museum, Marquette Folley, content director of the Smithsonian Institution Traveling Exhibition Service; and Justin Kimpson, national program manager of the Ford Fund’s Men of Courage Program, delivered remarks during the 20-minute program.

“Men of Change is an exhibition that says unabashedly—at this point in our time, look for heroes. These are heroes. Some flawed, some not, but the truth is every human being in this exhibition, be it a voice or a face, is a hero,” Folly said. “I am proud to be a part of this project. It could not have been done alone, and we are so thankful to the Ford Motor Company Fund for helping to make this exhibition possible and for their



(From left) Terri Lee Freeman, executive director of the Reginald F. Lewis Museum; Marquette Folley, content director of Smithsonian Institution Traveling Exhibition Service; and Justin Kimpson, National Program Manager of the Men of Courage Program were featured speakers during the “Men of Change: Power. Triumph. Truth.” program held at Reginald F. Lewis Museum on Feb. 21.

Photos: Jae Sip



The Men of Change Exhibition is now on display at the Reginald F. Lewis Museum through August 22, 2022.

continued commitment to community enrichment. This support builds on our long relationship with the Ford Fund to tell the American story through a variety of exhibitions and programs.”

The exhibition tour that followed remarks and presentations gave program guests an up-close look at the artistic imagery that uplifts the positive

achievements and contributions Black men have made in shaping American culture.

“Men of Change” is a traveling exhibit, and has launched in other cities including Detroit and Los Angeles.

The Men of Courage Barbershop Program is an initiative of Ford Men of Courage Program. Concurrent with the

exhibition program was the naming of the Baltimore City and Prince George’s County barbershop finalists.

Derick I. Ausby, Sr. of Conheads Men’s Grooming in Baltimore, Nathaniel M. Crittenden, owner of N’Style Hair Grooming in Lanham, Md., were named the barbershop challenge finalists and will compete over the next three months to win a \$10,000 grant based on their implementation of initiatives and activities that educate and reinforce positive narratives around Black men. Joseph A. Powell III, co-owner of N’Style Hair Grooming, stood alongside Crittenden in receiving honors.

The very site where the exhibition will be is a constant reminder and example of a “Man of Change,” Freeman said, speaking in reference to Reginald F. Lewis, who became the first Black American to build a billion-dollar company.

“These individuals utilized their power. They understood what it is that they could contribute... they overcame difficulties to triumph” Freeman said, paying homage to the 25 Black men highlighted in the museum’s exhibit. “Again, I compared this to Reginald F. Lewis, who was determined that he was going to not just be at the table, but he was going to create a table for his own, and that regardless of where he started he was going to end up in a certain place. And he was going to do it by making sure, there was integrity and truthfulness behind it.”



Justin Kimpson, National Program Manager of Ford Motor Company Fund’s Men of Courage program.

Rambling Rose

Live entertainment
is still alive in Baltimore!



Rosa Pryor Trusty

Hello everyone! I hope everyone reading my column is well and safe. We haven't been out to any shows lately due to the fact that my "Boo-Boo" (Shorty) and I have been very sick, but being seen by specialists. We hope after surgery we both will be out very soon jumping up and down doing the James Brown. Keep us in your prayers. But I will continue to keep you informed on what is going on in the entertainment world.

I first want you to mark your calendar for an event my buddy DJ Mel is hosting an "Oldies/Old School Dance Party" with live entertainment. At this event you must dress to impress, there will be an open bar, open dinner buffet and live entertainment by a fantastic group called, "Style" on Saturday, March 12 from 9 p.m. until 1 a.m. at the Forest Park Senior Center, located 4801 Liberty Heights Avenue. For more information, call 410-493-3512.

My Class Reunion Committee of Edmondson High '63 is bringing everyone back together once again for our "First Friday Meet and Greet Party." Ready to share stories, meal and cocktails at the City View Bar and Grill, 6700 Security Blvd on Friday, March 4th starting at 1 p.m. We hope that if you haven't received your COVID vaccinations, we sincerely hope that you stay home and photos of our gathering will be sent to you. Every one of our classmates, friends and family members must wear their mask.

Even though COVID-19 is lifting a little and more venues are opening up for our enjoyment of entertainment, please still wear your mask. Venues such as; The Olive Branch Italian Grill, located 11706 Reisterstown Road in Reisterstown, Maryland have a R&B Brunch

every Saturday from 2-6 p.m. with live music and free admission thanks to Baltimore's renowned promoter, Carlos Hutchins. For more information, call 443-963-5711.

Our friend and "Musical Sons" Terry Battle and Jeff Wilson, who call themselves "The Sidestreet Duo" from the popular group "Jump Street Band" is performing a "Happy Hour" show every Sunday from 5-9 p.m. at a restaurant in Columbia, Maryland called 18th & 21st located 10980 Grantchester Way, Columbia, Maryland. For more information call 667-786-711. Check it out and tell them I sent you!

See live entertainment also while you are dining and have cocktails at City View, 6700 Security Blvd. every Friday from 7-11 p.m. On Friday, March 4, you can enjoy the live entertainment from "First Impressions" and DJ Mike Jones as the DJ between shows and Ms. Maybelle as your Hostess.

Randy Dennis, the popular radio personality and Line Dancing King will be showing off with his wife Tanya and hosting a "Line Dancing Happy Hour" with good food, drinks and good people every Wednesday from 6-10 p.m. at Crafty Crab Seafood, 8606 Liberty Road in Randallstown, Maryland. No cover charge. Go and have fun, but wearing your mask is required.

I am going to end by giving my condolences to the families of Ransom "Fingers" Williams, who was Carlos Hutchins best friend and who became a dear friend of mine, passed away February 6, 2022 and his memorial services were Monday, February 21 at Rising Sun First Baptist Church. He will truly be missed by so many.

I also want to give condolences to the family and friends of a very dear friend



DJ Mel Entertainment will host the Oldies/Old School Dance Party on Saturday, March 12, 2022, from 9 p.m. to 1 a.m. at the Forest Park Senior Center, 4801 Liberty Heights Avenue in Baltimore. For more information, call 410-493-3512.



Ernie Andrews, renowned jazz, pop and blues singer has passed away. Baltimore will remember him for singing at the Rosa Pryor Music Scholarship Black & Gold Ball in 2007.



Classmates of Edmondson High '63 is bringing back everyone for our "Meet & Greet" Gathering at City View Bar & Grill, 6700 Security Blvd on Friday, March 4, 2022 starting at 1 p.m. for cocktails and food. Everyone must wear a mask. All the friends and family members of the classmates are invited to join us.

of mine, renowned, nationally and internationally known jazz, blues recording artist, Ernie Andrews who performed here in Baltimore many times including a couple of times for my former organization "Rosa Pryor Music Scholarship Fund, Inc." He was a performer, entertainer and a vocalist extraordinaire. He passed away on Monday, February 21, 2022 at age 94 where he grew up in Los Angeles, California. He was born on Christmas day in Philadelphia, Pennsylvania in 1927. He has been performing since he was 17 years old. He was a recording artist with a 300,000 seller hit songs, "Soothe Me," and "Wrap It Up

and Put It Away." In 1969, Baltimore, Maryland became his home base. He worked with the East Coast and the Midwest, scoring another big hit record "Bridge over Troubled Waters." Rest in peace my friend.

Well, my friends, I have to go and take my medication and check on my "Boo-Boo." Enjoy your week, and remember I am only a phone call away at 410-833-9474 or email me at; rosapryor@aol.com. UNTIL THE NEXT TIME, I'M MUSICALLY YOURS.

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Masks and face coverings optional in city schools starting March 14

Baltimore—Based on the latest guidance from the federal health officials, the use of masks and face coverings will be optional for all persons in Baltimore City Public Schools campuses beginning Monday, March 14, 2022. However, masking for Central Office staff and visitors will be optional beginning Monday, March 7.

The Centers for Disease Control and Prevention (CDC) no longer recommends universal indoor mask wearing in K-12 schools and early education settings in areas with low or medium COVID-19 Community Levels. The COVID-19 levels in Baltimore City are in the low category.

City Schools will continue to evaluate our masking requirement if conditions change in our community and make changes if necessary.

The hard work and efforts of city schools students, staff, and families have been vital to slowing the spread of COVID-19 in our schools and community.

“Our school system and community have stepped forward in a huge way to reduce the spread of the pandemic. The data and guidance from the CDC are clear and unmistakable evidence. We have followed the advice of health experts, including the Baltimore City Health Department, implemented the proper precautions, and stayed vigilant through the different surges,” said Sonja Brookins Santelises, Chief Executive Officer of City Schools. “We appreciate the efforts of our stakeholders, and we will stay cautious and continue to follow the advice of health experts.”

The Board of School Commissioners supports optional masking in City Schools as well.

While masks will be optional generally, they will still be required in two cases: 1) close contacts for 10 days after exposure; and 2) those recovering from COVID for 10 days from the start of isolation.

For more information, visit:
baltimorecityschools.org/safety-procedures.

Two Maryland Educators Receive Nation's Highest Distinction for Math and Science Teaching

Anne Arundel and Baltimore City Teachers Among 102 National Presidential Award (PAEMST) Recipients

Baltimore— Two Maryland educators are among 102 teachers across the Nation to receive the Presidential Award for Excellence in Mathematics and Science Teaching (PAEMST), the United States' highest distinction for teaching in science, technology, engineering, mathematics, and/or computer science.

Joanie Gulden, a Title I mathematics teacher at Glen Burnie Park Elementary School in Anne Arundel County; and Melissa Thompson, a Project Lead the Way (PLTW) and science teacher at Arlington Elementary School in Baltimore City, are Maryland's most recent PAEMST recipients.

"The dedication these individuals and organizations have demonstrated to prepare students for careers in STEM fields, during what has been a difficult time for teachers, students, and families, plays a huge role in American innovation and competitiveness. The work that teachers and mentors do ensures that our Nation's children are able to unlock— for themselves and all of us— a world of possibilities," President Joe Biden noted.

"Our administration is proud to honor the outstanding contributions of Joanie Gulden and Melissa Thompson and congratulate them on achieving this distinguished national recognition," said Governor Larry Hogan. "Your drive, dedication and commitment in delivering an excellent education to the next generation of Maryland students is admirable and I extend my deepest gratitude for your extraordinary work in



Joanie Gulden, a Title I mathematics teacher at Glen Burnie Park Elementary School in Anne Arundel County
Courtesy Photo/MSDE

the classroom and education community."

The Awards Program recognizes honorees for their contributions to teaching and learning, along with their ability to help students make progress in science, technology, engineering, mathematics, and/or computer science. In addition to honoring individual achievement, the program also showcases the highest standards of STEM teaching.

Awardees receive a certificate signed by the President of the United States; a \$10,000 award from the National Science Foundation (NSF); and a trip to Washington, D.C. The teachers attend a series of recognition events, participate in professional development opportunities and discuss how to improve STEM education with policymakers.



Melissa Thompson, a Project Lead the Way and science teacher at Arlington Elementary School in Baltimore City
Courtesy Photo/MSDE

"The Maryland State Board of Education proudly celebrates this distinguished honor bestowed upon our State's educators," said State Board of Education President Clarence Crawford. "We thank Joanie and Melissa for their fierce commitment to fostering success among Maryland students."

"As we emerge from a pandemic that has highlighted the creativity and

dedication of our teachers, it is especially important that we recognize the outstanding work of our Presidential Award winners and their success in accelerating student learning," said State Superintendent of Schools Mohammed Choudhury. "MSDE is incredibly proud of Maryland's math and science Presidential Award recipients Joanie Gulden and Melissa Thompson. We celebrate their knowledge, expertise and ability to engage their students - these teachers are the top of the top in their fields, and among the very best in the nation."

Each year, PAEMST applications are reviewed at state and national levels by prominent mathematicians, scientists, mathematics/science education researchers, district level personnel and classroom teachers. Nominees are then sent to The White House Office of Science and Technology Policy (OSTP) for final selection.

Congress established the Awards in 1983. The President may recognize up to 108 exemplary teachers each year. NSF's Directorate for Education and Human Resources administers PAEMST on behalf of OSTP. Awards alternate between elementary (Kindergarten – 6th grade) and secondary (7th – 12th grade) teachers each year.

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Ravens to give offensive line a face-lift in 2022

By Tyler Hamilton

This time last year the Baltimore Ravens were facing a decision regarding offensive tackle Orlando Brown Jr. who wanted to play left tackle. However, the franchise already had stalwart Ronnie Stanley entrenched at the position. Stanley had signed a five-year \$98.75 million deal in 2020.

So Brown asked for a trade and the Ravens granted his wish. Brown was traded to the Kansas City Chiefs along with a 2021 second-round pick (58th overall) and a 2022 sixth-round pick in exchange for the 31st overall pick in 2021 draft, a 2021 third-round selection (94 overall), a 2022 fourth-round pick (either 136 or 144) and a 2022 fifth-round selection.

Former Pittsburgh Steelers tackle Alejandro Villanueva signed a two-year \$14 million contract to replace Brown at right tackle. The deal was one of the rare veteran free agents acquisitions that didn't work out for Baltimore. Ravens GM Eric DeCosta will likely waive Villanueva and save \$6 million in cap space.

As for Stanley, the veteran suffered an ankle injury in October that required surgery and ended his season.

"You get into training camp, and you think you're going to have Ronnie [Stanley], and then the next thing you know, he's out for another season," Harbaugh said last month. "I'm confident and excited about the fact that those two guys [Stanley and tight end Nick Boyle] should be back full speed next year."

"My understanding and belief was that Ronnie would come back this year [2021] and play really good football for us, be healthy, be strong and be ready to go, and he wasn't," DeCosta said. "That was a big setback, and I'm proud of the way the guys fought



Offensive tackle Ronnie Stanley, who signed a five-year, \$98.75 million deal in 2020 suffered an ankle injury in October 2021 that required surgery and ended his season. Photo Credit: NFL.com

through. I'm proud of the fact that we could battle through that, losing one of your very, very best players, losing a significant amount of salary cap to an injury like that.

"I can't really comment on his rehab at this point, but I'm optimistic. I truly believe that Ronnie is going to be back this year and play good football, play winning football and become, again, the Ronnie Stanley that was an All-Pro left tackle. If he can do that, that will be a huge, huge advantage for us moving forward. That being said, one of, probably, the points of emphasis this year is the offensive line."

DeCosta says the Ravens will likely add two or more offensive linemen. That may come by way of the draft

and free agency. Additionally, DeCosta referenced some younger players that they have waiting and are very excited about.

The interior part of the offensive line was dealt a tough blow before last seasons started when long-time All-Pro guard Marshall Yanda retired. Fortunately for Baltimore, they were able to sign veteran guard Kevin Zeitler who filled in admirably.

"I think just in general, what we do know is for us to be the very best offense we can be, we have to have a strong, commanding offensive line that can control people at the point of attack," DeCosta said. "I think that's kind of what our mindset is; if we're in the Draft and there's a guy there at [Pick] 14 and we like him, we'll take him. If we're comfortable trading back to [Pick] 20 thinking a guy might be there and he's an offensive lineman, then we'll take him. If there happens to be a [salary] cap casualty on March 18th and that guy looks like he can make our team better, then we'll probably try to swoop in. That's basically our mindset. If a team calls us and offers a guy and we have the draft capital to make it happen, potentially that's something that we might look at."

The Combine will give the Ravens an opportunity to get a closer look at some of the offensive linemen prospects. A guy like Northern Iowa's Trevor Penning will likely be a target. Minnesota tackle Daniel Faalele is a massive 6-foot-8, 387-pound lineman that fits the Ravens run-heavy offense as well.

Oklahoma guard Marquis Hayes is a punishing player on the inside that could help. Also, Iowa center Tyler Lindenbaum could be a home run of a pick in the first round. There's plenty of talent to go around. The Ravens should be able to cash in.

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Women's History Month Spotlight:

The Deltas Role in Women's History, Community Service, Support for Single Parents

By Andrea Blackstone

During Women's History Month, lesser-known facts can be learned about women and preeminent organizations such as Delta Sigma Theta Sorority, Inc. (Deltas). The not-for-profit organization, which was incorporated in 1930 has a longstanding history of supporting communities near and far. It dates to the sorority's founding by African American undergraduate college women at Howard University in 1913. According to the organization's national website, founders first initiated an act of public service by participating in the historic Woman Suffrage Procession during that same year.

The National Park Service noted (<https://www.nps.gov/articles/woman-suffrage-procession1913.htm>) that the procession was held to protest the exclusion of women from the democratic process. However, the NAACP's newspaper, *The Crisis*, provided details about orders for Black women to be segregated in the march.

Despite some accounts that describe these suffragists marching in the back, *The Crisis* documented that "twenty-five students from Delta Sigma Theta sorority from Howard University marched in cap and gown with the university women, as did six graduates of universities, including Mary Church Terrell," per the account.

The National Park Service's information also revealed that white suffrage leaders requested that Ida B. Wells-Barnett take an interior position at the march, instead of appearing alongside her fellow suffragists from Illinois, but she refused to comply.

Instead, the brave woman stepped in front of her delegation. Wells-Barnett proceeded in the procession with two white supporters, after pausing until the Illinois group marched past them. These female, African American advocates for justice are now known to be affiliated with the Deltas.

Information presented (<https://www.deltasigmatheta.org/>) on the Delta's national website chronicles others accounts of social action, leadership, career development, and

sorority service. The Deltas even started a "traveling library" which is otherwise known as the National Library Project.

In 1937, African Americans who resided in rural Southern areas gained access to books because of the investment in changing the lack of access to them.

Within all this rich legacy, the Annapolis Alumnae Chapter, Delta Sigma Theta Sorority, Inc. continues to uphold the sorority's mission of embracing sisterhood, supporting academic scholarship, and lending a hand to community members.

Nas I. Afi said that she has served as president of the Annapolis Alumnae Chapter for two consecutive, two-year terms since 2018.

Through the pandemic, the chapter spearheaded numerous activities, in addition to awarding scholarships for high school students and single parents. Some include the distribution of masks and other protective equipment to senior citizens, a COVID-19 pandemic vaccination information forum with physician experts who also focused on mental health was held, hosted book discussions, and Google workshop sessions targeting African American women. These opportunities allowed participants to learn more about using Google platforms for business and personal needs.

Gambrills, Maryland, resident LaWanda Ammons, who attended four online sessions through a virtual platform utilized by the Deltas, explained that she benefited from discovering job search options offered by companies within Google.

"The information shared and presented during each of the webinars has expanded my knowledge of what's available online," Ammons said. "The Google resources are endless on how it can assist me in saving time, being more organized and creative."

Supporting single parents in the community is another other focal point for Afi and other sorority sisters, after listening to them express a desire for a better life for themselves and their children.

"In hearing that many are looking for resources to propel and support them in

raising children and elevating themselves and looking to build a brighter future, Annapolis Alumnae is looking for ways to help them reach their goals. We seek to help them be empowered by offering these opportunities for single parents to gain new knowledge and skills that enable them to shape a sustainable future," Afi said. "The next Single Parent Workshop will focus on Budgeting Tips and Child Care Support Resources in Anne Arundel County. It is designed to help single parents get their finances in order

and improve in managing income and expenses for their family. The workshop will also make them aware of various resources that are available to help them with their children."

The virtual workshop takes place virtually on Saturday, March 12, 2022, from 12 noon to 2 p.m. It will offer seven money tips for single mothers. Registration is required in advance. Register for the workshop via <https://zoom.us/meeting/register/tJ0lcOuqrz4vE92qkGayxKTTy6IH1Y4PZbu>.

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