







FRIDAY, MARCH 4, 2022





# The Jack Frost Scholarship Golf Tournament

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### Saturday, May 21, 2022 Green Acres Golf Course 8:00 AM Shotgun Start

**Proceeds Benefit** 

## The Jack Frost Scholarship Fund

(2 - \$2,500 Scholarships for Conrad Weiser Seniors)

\$70 if your registration is rec'd by April 30<sup>th</sup> and \$80 after that date

Includes Round of Golf With Cart • Beverages and Snacks
Pulled Pork/Pulled Chicken Dinner • \$5,000 Hole-In-One Prize Hole

Four Additional Hole-In-One Prize Holes
4 Person Scramble, Prizes awarded for 3 Flights
Pot of Gold Hole • Putting Contest

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**Also Available:** • 50/25/25 Cash & Prize Raffle Tickets

For more information contact:

### **TRINITY LUTHERAN CHURCH**

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Worship:

Wednesday 7:30 PM • Saturday 5:00 PM Sunday 8:00 & 10:45 AM • Sunday School For All Ages 9:15 AM

Called by Christ + Gathered in Grace + Joyfully Serving

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# Join us for

As we live into God's LOVE. Come and see... why you are a beloved child of God, and how you can share that love with others through service and action.

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## **Need-to-Know Info**

## This information was published on April 7, 2020. Rolling updates on COVID-19 can be found at the World Health Organization website at who.int. Updates can also be found at www.cdc.gov/COVID19.



#### Coronaviruses (CoV)

are a family of viruses that cause the common cold as well as more severe diseases. Source: World Health Organization

## 6 Feet 🔾 🗸

Practice social distancing, staying at least 6 feet (2 meters) from other people and avoiding group gatherings and crowded places, to help stop the spread of COVID-19. Source: Centers for Disease Control & Prevention (CDC)

#### **COVID-19**

SARS-CoV-2 is a strain of coronavirus that had not been previously identified in humans, making it a novel coronavirus. The disease caused by this virus is known as COVID-19.



#### Wuhan

Considered the epicenter of the outbreak, the first reported cases of COVID-19 emerged from this city located in China's Hubei province on December 31, 2019.

# 80%

of COVID-19 cases are mild, causing cold- or flu-like symptoms

Source: Chinese Center for Disease Contr and Prevention, as reported by the American Medical Association JAMA Network.

#### **COVID-19 Signs & Symptoms**



#### Fever • Cough • Shortness of Breath

Symptoms can range from mild to severe. Senior citizens and those with underlying medical conditions like cardiovascular disease, lung disease, cancer or diabetes are at increased risk for severe symptoms that may lead to viral pneumonia and even death.

Source: Centers for Disease Control & Prevention (CDC)

#### Face Mask FAQ

Should I be wearing a face mask?

#### YES

The CDC recommends wearing cloth face coverings in public settings. Face coverings can be fashioned from household items to cover the mouth and nose, and should be machine washed regularly. Surgical masks or N-95 respirators should be reserved for healthcare workers and medical first responders. Source: Centers for Disease Control & Prevention (CDC)

#### **Protect Yourself & Others**



- Wash hands frequently with soap and water for at least 20 seconds, and always before eating; after using the bathroom; and after blowing your nose, coughing or sneezing.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- 3. Cover your cough or sneeze with a tissue, then dispose of the tissue in the trash.
- **4.** Stay at home as much as possible, and always when sick until your symptoms are gone.

Source: National Center for Immunization and Respiratory Diseases (NCIRD)



If you feel sick with fever, cough or difficulty breathing, contact your doctor or local health department to help determine if you should be tested for COVID-19. People experiencing severe breathing problems should seek immediate medical attention. Source: Centers for Disease Control & Prevention (CDC)









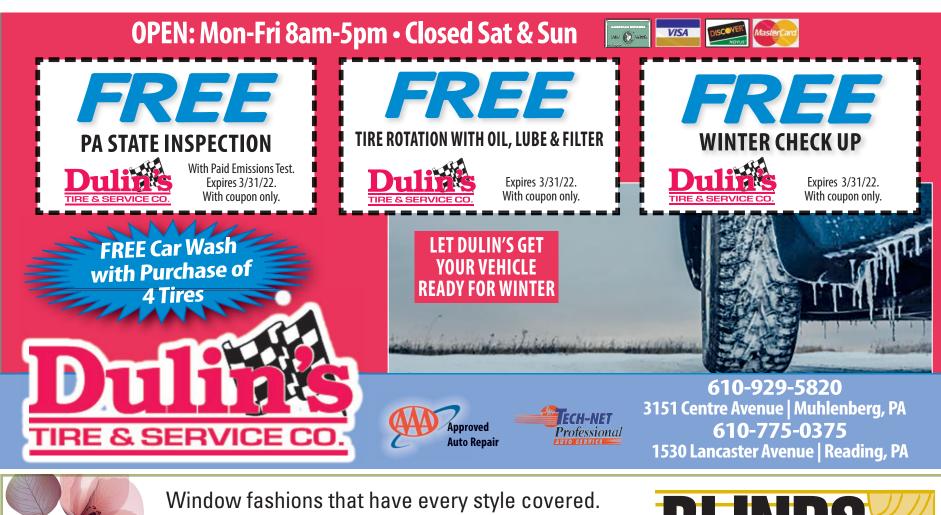
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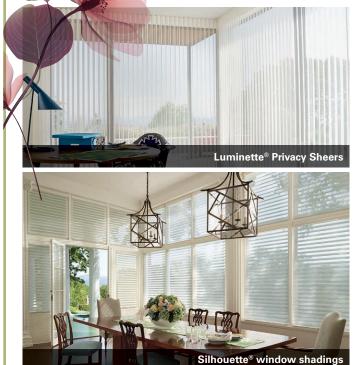
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