



TWIN CITY TIMES

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Thursday, March 10, 2022 • FREE

A Deeper Look at the Causes of Climate Change

LEWISTON / AUBURN, ME (February 18, 2022) -- Lewiston/Auburn Senior College is excited to welcome Rev. Allen Ewing-Merrill as our next Food For Thought speaker. He serves as Executive Director of The BTS Center in Portland which seeks to catalyze spiritual imagination, with enduring wisdom, for transformative faith leadership.

Originally from midcoast Maine, Allen is a graduate of the University of Maine and of Boston University School of Theology, and he is continuing his studies in a Doctor of Ministry program through Wesley Theological Seminary in Washington, DC. He has not only served as a pastor for over 20 years, but has extended his work to include experience in advocacy, direct action, and faith-based organizing around issues of social justice.

A favorite quote he often uses comes from environmentalist, Gus Speth: "The top environmental problems are selfishness, greed, and apathy."

Rev. Ewing-Merrill will engage us in a conversation about the spiritual roots of the climate crisis - and the work The BTS Center is doing to advance a spiritual response. Join us for this free zoom presentation and discussion Friday March 11, 2022, 11:00 a.m. - 12:30 p.m. To attend, email us at laseniorcollege@gmail.com by noon on March 10. Please include your name and the name of the program for which you are registering. We will send you an email with the link on the morning of the event.

Central Maine Healthcare Thanks Military Medical Team

LEWISTON, ME (February 28, 2022) -- Today, Central Maine Healthcare team members bid farewell with fanfare to the 20 U.S. Air Force members who have been working at Central Maine Medical Center for the past month. The military medical team from Eglin Air Force Base in Florida cared for patients with COVID-19 and with other healthcare needs, helped open up capacity at the hospital and provided much-needed relief to CMH team members. Monday was their final day working at CMMC.

CMH President and CEO Steve Littleton, DBA, FACHE, thanked them for caring for the community and CMH team members.

These and other staffing resources were made possible through the efforts of state and federal government partners. Gov. Janet Mills requested the COVID-19 Surge Response Team through FEMA on behalf of CMMC.

Lewiston Celebrates Cricket Wireless with Ribbon Cutting



LEWISTON, ME (March 2, 2022)

— A ribbon cutting ceremony was held for the opening of Cricket Wireless in Lewiston at 12:00 PM on Wednesday, March 2, 2022. Lewiston Mayor Carl Sheline was joined by LA Metro Chamber Board Chair + Schooner Estates Director of Operations John Rice, President + CEO of the LA Metro Chamber Shanna Cox, and members of the public.

"Our goal is to give customers something to smile about," said Sam Martinez, acting interim market director for Cricket Wireless. "That's why we deliver a simple, smart wireless experience that people deserve."

The store at 1128 Lisbon St brings customers:

Simple, transparent plans, starting at \$30/month;

Access to the 5G network on all plans and select Cricket smartphones;

No annual contract;

Rate plan pricing that includes monthly taxes;

Unlimited talk and text nationwide with all plans;

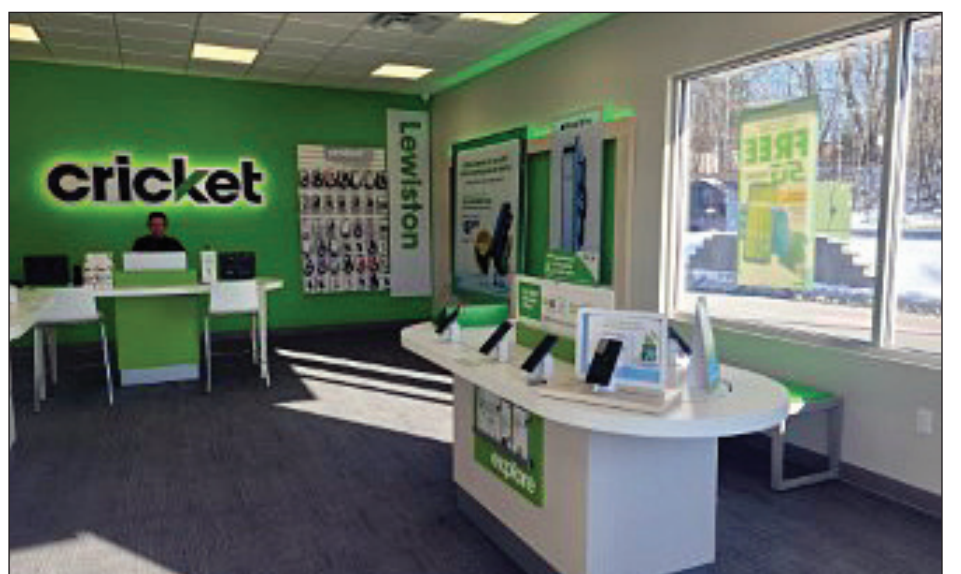
The power of Cricket is our nationwide 4G LTE network that covers more than 324 million* people; and

A great selection of smartphones from Samsung, LG, Alcatel, Motorola and others.

The Explore Hub: an easy way to explore Cricket's offerings in one central location.

*Based on overall coverage in U.S. Download speeds max of 8Mbps (LTE)/4Mbps (4G). Compatible device required. 4G LTE coverage is not equivalent to overall network coverage.

"Lewiston is a growing city full of economic possibilities where entrepre-



neurs, developers, and investors contribute to a vibrant and diverse community. I am so glad that Cricket Wireless opened this location and joined us in our great

city," remarked Mayor Sheline.

The store is open 10 a.m. to 6 p.m., Monday through Saturday, and 12 p.m. to 5 p.m., Sunday.

Follow us on Facebook!

Don't miss our weekly giveaways!

Newsmakers, Names & Faces

Gov. Mills Declares Feb. 21-28 Maine Unclaimed Property Week

AUGUSTA, ME (February 16, 2022) -- Maine Treasurer, Henry E.M. Beck today announced that Governor Janet Mills has officially declared February 21-28, 2022 Maine Unclaimed Property Week through a proclamation put forward by the Maine Office of the State Treasurer (OST). The proclamation builds on the National Association of State Treasurers (NAST) celebration of National

Unclaimed Property Day on February 1st and coincides with a telethon during Maine Unclaimed Property Week.

OST manages Maine's unclaimed property program. Unclaimed Property consists of money and other financial assets that are considered lost or abandoned when an owner cannot be located after a specified period of time of inactivity. It includes items such as bank accounts, un-

claimed checks, life insurance policies, unpaid wages, stocks and dividends, refunds, and safe deposit box contents. Unclaimed Property does not include real estate, animals or vehicles.

Each and every year, tens of millions of dollars go unclaimed by Maine residents. These financial assets are turned over by thousands of national and local businesses and organizations by a law called

MRSA Title 33, Chapter 45: Maine Revised Unclaimed Property Act. <http://legislature.maine.gov/statutes/33/title33ch45sec0.html>. The Treasurer's office holds these assets, free of charge, until claimed by the owner or heir. The State is currently holding over \$292,000,000 in unclaimed property. In the month of December alone, 3,001 claims were made against unclaimed property totaling \$1,572,332.99

Treasurer Beck said of the proclamation, "Maine continues to play a leading role among states in reuniting people with their unclaimed property," he said. "The Governor's proclamation recognizes and amplifies our commitment to the process, providing us a perfect launching pad for increasing awareness of unclaimed property in Maine." he said.

The Office of the Treasurer of State is established

in Article V, Part Third of the Constitution of the State of Maine. The core duties of the Treasurer's Office are debt management, cash management, trust fund administration and unclaimed property administration. Other major tasks assigned to the Treasurer are directorships on many of Maine's quasi-governmental debt issuing agencies and distributions under the Municipal Revenue Sharing Program.

Show Your Support for Biking & Walking

MAINE, STATE-WIDE (March 4, 2022) -- For the first time ever, Maine is creating a State-wide Active Transportation Plan (SATP). This is an exciting opportunity for you to shape Maine's bicycle and pedestrian future!

The Bicycle Coalition of Maine hopes Mainers will consider getting involved and making your voice heard in the process—we want the MaineDOT to know that people in this state care about biking, walking, rolling, and combating climate

change!

You are invited to learn more about the SATP and how you can get involved. The Bicycle Coalition of Maine hosted a webinar on Wednesday, March 9. Additionally, the first public meeting with the Maine-

DOT is scheduled for Tuesday, March 15 from 6 - 8 p.m., which you can attend.

We strongly encourage you to pre-register for the public forum, as one of the form's questions asks which of the plans is of the most interest to you,

and we need as many people as possible to click the "Active Transportation Plan" button!

To sign up for the webinar or the MaineDOT's first public meeting—or both—visit <https://www.bikemaine.org/2022/02/statewide-active-transportation-plan-update-webinar-public-forum-scheduled/>

If you have any questions about the BCM webinar, MaineDOT public forum, or Statewide Active Transportation Plan, please email jim@bikemaine.org.

AARP Maine Announces Statewide Virtual Listening Tour

PORTLAND, ME (March 2, 2022) -- AARP Maine will launch a statewide Virtual Listening

Tour on Monday, March 7th with a 90-minute community conversation led by AARP Maine State Direc-

tor Noël Bonam and Volunteer State President Carl Bucciantini. AARP expects to engage with hundreds of Mainers during the seven-part interactive tour to listen to their concerns and share ideas. In addition, AARP Maine will offer legislative updates on matters of importance to Mainers 50-plus.

There are seven events to cover the "regions" of Maine. All events are free, but regis-

tration is required. Mainers are encouraged to select the event that best suits their needs.

AARP Maine Virtual Listening Tour Lakes & Mountains

Date: March 23, 2022
Time: 7:00 PM – 8:30 PM

Counties: Androscoggin, Cumberland, Franklin, Oxford

Register Here: <https://aarp.cventevents.com/ListeningTour->

LakesandMtns

AARP Maine Virtual Listening Tour Mid-Coast Maine

Date: March 28, 2022
Time: 7:00 PM – 8:30 PM

Counties: Cumberland, Knox, Lincoln, Sagadahoc, Waldo

Register Here: <https://aarp.cventevents.com/ListeningMid-Coast>

AARP Maine Virtual Listening Tour Port-

land & Casco Bay

Date: March 30, 2022
Time: 7:00 PM – 8:30 PM

Counties: Cumberland

Register Here: <https://aarp.cventevents.com/ListeningCascoBay>

To learn more about AARP and our work in Maine, visit www.aarp.org/me and follow us on Facebook, Twitter and Instagram @aarpmaine.

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March Is Brain Injury Awareness Month

STATEWIDE (February 28, 2022) -- This March, Healthy Living for ME joins in recognizing March as Brain Injury Awareness Month. According to the Brain Injury Association of America, more than 3.6 million people sustain an acquired brain injury each year.

Acquired brain injuries fall into two categories, traumatic and non-traumatic. Traumatic brain injuries include contact injuries, such as those caused by falls or car accidents. Non-traumatic brain injuries are caused by occurrences such as strokes and infection.

"Brain Injury Awareness Month is a great time to let people know about the resources available to help them, including Healthy Living for ME. We

offer several workshops that are beneficial for those with brain injuries and their caregivers, and we're also pleased to work closely with organizations like the Brain Injury Association of America," said Maija Dyke, Contract and Business Manager of Healthy Living for ME.

"Brain injuries are serious and challenging, but they don't need to define a person. Through our close work with Healthy Living for ME, we've been able

to connect many people with education and support to help them and their loved ones improve their overall wellness as they deal with brain injuries," said Sarah Gaffney, Program Coordinator of the Brain Injury Association of America's Maine Chapter (BIAA-ME). Gaffney also encourages anyone affected by brain injury in Maine to connect with BIAA-ME's Maine Brain Injury Resource Center for *See Awareness, page 12*

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Newsmakers, Names & Faces

Saint Patrick's Parade Returns

PORTLAND, ME (March 13, 2022) -- The Saint Patrick's parade will be held this year on Commercial Street in Portland. The parade starts at Noon on Sunday March 13th beginning at the Portland Fish Pier near the Center Street intersection and

proceeds along Commercial Street and ending at the reviewing stand at Bell Buoy Park next to the Casco Bay Ferry Terminal.

This year's Grand Marshal will be Laoise Moore, Consul General for the Northeast Region

of the United States for the Irish Government.

The parade features the Claddagh Mhor Pipe Band, the Dunlap Highland Band and the Stillson School of Irish Dance. Other participants include the Ancient Order of Hibernians, the Maine Irish

Heritage Center, Maine Gaelic Sports Alliance, Portland Hurling Club and the Ceili dancers. They will be joined by, among others, mascots from local teams and companies, dignitaries, public safety representatives and the Irish American Club display of flags.

The Irish American Club of Maine was founded in 1973 and has served to preserve and promote Irish-American culture, history and community in Maine. In addition to the parade, the Club offers an annual St. Patrick's Dinner and Show, Ceilis with live music, Irish language and Ceili dance lessons and opportunities for cultural travel.

For more information on our organization, please visit the website irishofmaine.org or email club2@irishofmaine.org

Free Help this Tax Season

Guest Column by Sen. Ned Claxton

(March 4, 2022)

-- It's hard to believe that it's already March. We've made it through the darkest days of winter, and we even got a preview of some warmer weather in recent weeks. If you're like me, you're anxious to plan some outdoor activities and day trips for the coming months. Before we get too far ahead of ourselves, though, we have to remember one important task: filing our taxes!

Most of us look forward to our refunds but don't particularly enjoy

filing our taxes. It can be a time-consuming process, and these days most folks don't have extra time to spare. Filing your taxes can also be a daunting task for some. You might worry about missing an item you were supposed to report, or just leaving money on the table. If you find yourself feeling overwhelmed by the prospect of doing your taxes this year, there might be help available to you at no cost.

Thanks to a group called CASH Maine, lots of Mainers are eligible for free tax prep each year! CASH Maine is a coalition of about 50 nonprofits across the state that help residents achieve long-term financial stability. Tax preparation is a large part of that mission, but they also offer great resources to help set up your budget, reduce debt and build savings. To qualify for free tax assistance you must have a combined household income of \$58,000 or less per year; not have lived or worked outside Maine in the last year; and not been an active military member. There also are some other requirements. This year, CASH Maine affiliates are helping with tax prep

in-person and online, and there is a location in your area. To get started, visit www.cashmaine.org/coalition/lewistonauburn, email [laca\\$h@community-concepts.org](mailto:laca$h@community-concepts.org), or call 207-333-6419. All of the assistance folks receive for their taxes is provided by dedicated, Maine-based volunteers who are experts in their field. I'm grateful for their hard work and the help they provide.

Getting help with your taxes can ensure that you're not losing out on money you deserve. One example of this is the Earned Income Tax Credit (EITC). It helps working Maine families keep extra money in their pockets. But just because the EITC is available doesn't mean all folks who are eligible take advantage of it. In fact, about 20 percent of those eligible for the EITC don't claim it on their tax forms. Mainers who are eligible and claim the credit save \$2,107 on average, which is too much to let pass you by if you qualify! In the biennial budget we passed in the Legislature last year, we even increased and expanded the Maine EITC to cover more Mainers. Just because you haven't qual-

ified in the past doesn't mean that's still true. It's time to check again. This tax season, don't hesitate to reach out to those folks who are there to help if you find yourself needing assistance. CASH Maine is one of the best resources we have available to us as Mainers, and they have proven to be incredibly valuable year after year. If you need assistance getting in touch with other resources or want to talk about anything else, you can send me an email at Ned.Claxton@legislature.maine.gov or call my office at (207) 287-1515.

SeniorsPlus Announces Dementia Care Workshop Series to be Presented Remotely

LEWISTON, ME (February 14, 2022)

-- SeniorsPlus, the designated Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, will be present Care Partner Support Series – Five Sessions to Change. This series of virtual webinars is designed to educate and connect care partners of a person living with dementia. It is presented in conjunction with Positive Approach® to Care, the international program founded by the world-renown occupational therapist Teepa Snow. The five-part series is free and will be offered remotely Thursdays beginning March 17 and ending April 14, from 5:30pm – 7:00pm. Registration is required by calling 1-800-427-1241.

There is no fee for

the program, but participants will need to commit to participating in ALL five sessions from a quiet room with a computer/laptop/mobile device with a microphone and camera, and internet and email access. All participants will be asked to attend a short orientation a few days prior to the first session in order to work through any technical challenges.

Teepa Snow specializes in dementia care and dementia education. Her life mission is to shed a positive light on dementia. Led by Positive Approach Certified Consultants and Trainers, the series will run for five 90-minute weekly sessions. Teepa Snow videos, filmed at the Lewis-Mason-Thurston Area Agency on Aging, will be viewed

in each session to generate awareness, provide knowledge, and stimulate discussion. The series is progressive and includes such topics as Facing Dementia, Skills and Coping, The Long Haul, Taking Stock – Taking Care of You, and Putting It All Together. The series is conducted using a virtual meeting room. Participants will be able to see and converse with each other. These sessions are designed to help caregivers with real life situations, to guide them with troubleshooting, and provide the skills and knowledge that are unique to the program.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$749,890.00. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.

Established in 1972 and headquartered in Lewiston, SeniorsPlus is the Western Maine designated Area Agency on Aging covering Franklin, Oxford and Androscoggin counties. The overall program goal of SeniorsPlus is to assist older people and adults

with disabilities in its tri-county area to remain safely at home for as long as possible. The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices. SeniorsPlus envisions a future where all older adults and individuals with disabilities are engaged and respected while living quality, independent lives in the communities of their choice. In 2021, SeniorsPlus served a diverse population of almost 10,000 clients and fielded 185,000 phone inquiries.

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Ice Out Plunge To Benefit Special Olympics Maine

WINTHROP, ME (March 4, 2022) -- Special Olympics Maine and the Maine Law Enforcement Torch Run are excited to announce the 8th Ice Out Plunge. The event will take place on Saturday, March 19th at Noon sharp at the Winthrop Town Beach, Maranacook Lake and will be hosted by the Alfred W. Maxwell Jr Post 40 American Legion and Auxiliary. Sponsorship and support of this event being offered by Winthrop Police, Fire and Safety, Hammond Lumber

and The Maine Warden Service. For the past 30+ years nearly 800 members of Maine Law Enforcement have participated in the Law Enforcement Torch Run to raise money for and an awareness of Special Olympics through a variety of events. In March of 2020, and again in 2021, the Pandemic forced the cancellation of the annual Plunge. The Ice Out Plunge for 2022, however, IS BACK! We need all the help we can get in making

this plunge our best one yet! The past two years have presented numerous challenges to Special Olympics Maine and the program will be relying heavily on the come-back of several in-person fundraising events. The Ice Out theme relates to the time frame when the ice finally clears on the Lakes in Maine. Our first year called for digging a large hole in the ice and another year showed bright sun, sandy beaches and open water. You just never know what you are going to get in Maine. It will be interesting to see what is in store for 2022! Depending on the conditions we will either cut the "ice out" ourselves or jump in to open water. Either way, the ice will be "out" in our plunge location. Please note that we will be following Maine CDC guidelines for holding a safe event. This year everything will be taking place totally outdoors. Register Now! In order to participate in the plunge each person MUST raise a minimum of \$100. Each participant will receive a long-sleeve commemorative T-shirt. Additional incentives available for additional monies



raised & turned in before or at check in.

For some added fun we are hoping that our participants will get creative with their plunge attire! Costumes encouraged!

The plunge is open to everyone aged 8 and older. You can enter as an individual or as a team (5 or more members) You also have the option of plunging virtually at home... plunge safely in your own community, fill a kiddie pool with ice water, ice water over the head, spray yourself with the hose, or roll in the snow in your bathing suit.

Check-in for the plunge will take place outside at the Winthrop American Legion Post, 117 Bowdoin Street and will be held from 9:30-11:30 AM the day of the plunge. The plunge is at NOON sharp.

To register, FMI, or to check out "incentives and prizes" go to www.somaine.org

The following link will bring you to the Ice Out Plunge Registration Page

<https://secure.frontstream.com/ice-out-plunge-2022>



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Maine Has Chance to Lead by Ending Sale of Flavored Tobacco

PORTLAND, ME (March 1, 2022) – Flavors Hook Kids Maine, a coalition of organizations focused on ending the sale of flavored tobacco products in Maine, is applauding the news that the Food and Drug Administration has sent their proposed rules to the Office of Management and Budget (OMB) to prohibit the sale of menthol cigarettes and flavored cigars. The proposed rules would end the industry’s predatory targeting of Black

communities with menthol cigarettes, and will keep President Biden’s promise to follow the science and put America’s kids, and racial and health equity, at the center of his agenda.

“While this is very welcome and encouraging news nationally, we have the opportunity to lead locally,” said BJ McCollister, campaign manager for Flavors Hook Kids Maine. “The FDA process could take years to fully come to fruition. Here in Maine,

Bangor and Portland have already passed laws that will end the sale of flavored tobacco products on June 1. Our state is well positioned to take the lead and move forward with ending the sale of flavored tobacco products statewide. There is a bill before the legislature that is good policy and will show Maine’s leadership. While the news from the FDA is great, we can’t afford to wait for the rules to take effect, which could take years. The time to act in Maine is

now.” The Flavors Hook Kids Maine coalition is urging not only the OMB to expedite their review so the FDA can finalize and implement the necessary regulations, but also urging the Maine Legislature to pass LD 1550, An Act To End the Sale of Flavored Tobacco Products. If enacted, it would end the sale of flavored tobacco products such as candy- and fruit-flavored e-cigarettes, sweet flavored cigars and menthol ciga-

rettes, throughout Maine. “The Biden Administration is standing up to the tobacco industry and proposing a lifesaving policy that will protect kids from tobacco addiction and safe lives,” said McCollister. “The Maine Legislature and Gov. Mills have the opportunity to lead the way and take similar action here. Now is the time to take the steps necessary and to set the example for good policy.” Dozens of partners

have come together in support of the effort, including the Campaign for Tobacco-Free Kids, the American Heart Association, the American Lung Association, the American Cancer Society Cancer Action Network, the Christian Civic League, the Maine Children’s Alliance, Planned Parenthood of Northern New England and a variety of local organizations. More details can be found at www.FlavorsHookKidsMaine.org.

American Legion: Veteran Homes Closures are a Breach of Faith

(February 28, 2022) – The American Legion Department of Maine is vehemently opposed to the closure of the Maine Veterans Homes (MVH) in Caribou and Machias.

This closure affects a third (two out of six) Maine Veterans Homes in the State. These closures will affect the most vulnerable of Maine’s Veteran populations.

Along with The American Legion, all four

members of Congress, as well as the current and past Governors of our State have appealed to the Maine Veterans Home board to rethink this abhorrent decision and its cascading negative effects on our elderly and disabled veteran population.

Every effort must be made to ensure continued funding, and adequate staffing of these vital facilities, especially given the lack of options for all seniors in

Maine, and in Aroostook and Washington Counties in particular.

The Caribou MVH has provided assisted living/residential care, long term care, short term skilled nursing care, rehabilitation, therapy, and dementia and memory care and respite care since its opening in 1990.

The Machias MVH has provided assisted long-term and residential care and dementia and

memory care since 2005. These services are vital to our veterans in these two counties.

Authorized by the Legislature in 1977, with the first home having been built in Augusta in 1983, according to its website, “MVH has a special role to promote and improve Veterans’ long term health care benefits. MVH will serve as a bridge between Veterans and various organizations to create access to afford-

able and appropriate long-term care and rehabilitative services, both directly and through cooperative relationships.”

In the eyes of The American Legion Department of Maine, the closing of these two homes does not meet this commitment. The time for talking has passed, it is time for the MVH Board, the Federal Government (VA), the Legislature of the State of Maine (DHHS and DVEM)

to put their collective heads together and determine how these vital homes will remain open and operational.

As we say in the military “Deeds not words.” Now is not the time to break faith with those who served from WWII through Post 9-11 operations. We, the veterans, stepped up to serve our country and citizens. Now it is time for the MVH Board, the State of Maine, and the VA to do the same. It is the right thing to do!

Two-Thirds of Mainers Support Ending Sale of Flavored Tobacco Products

PORTLAND, ME – January 3, 2022 -- Nearly two-thirds of Maine voters support a law that would end the sale of all flavored tobacco products in Maine. The poll, released today, finds that more than half (53%) strongly favor such a law, and three-quarters (76%) are concerned about young people becoming addicted to tobacco products.

“This poll re-enforces what we know to be true: most Mainers understand that flavored tobacco products are being marketed to kids with the intent to get them hooked early,” said Rep. Michelle Meyer, who has sponsored statewide

legislation (LD1550) in Maine to end the sale of flavored tobacco products. “The health and safety of our children is paramount for Maine people, and it is time that a law be passed to end the sale of all flavored tobacco products in Maine.”

Support for the new law had nearly universal support in the poll, across all demographics, education levels, political parties and parental status.

The most powerful argument in favor of ending the sales of flavored tobacco products centers on the priority of protecting Maine children. Three times as many voters think

it is more important to end the sales of flavored tobacco products to help prevent Maine youth from starting and becoming addicted to these products over a statement that it is more important to protect local small businesses and their ability to employ members of the community by selling flavored tobacco products.

LD 1550, An Act To End the Sale of Flavored Tobacco Products, could be taken up by the Maine House of Representatives this year. If enacted, it would end the sale of flavored tobacco products such as candy- and fruit-flavored e-cigarettes, sweet flavored cigars and men-

thol cigarettes, throughout Maine. In October, the Bangor City Council voted to end the sale of flavored

tobacco products within the city, which will go into effect in June. The Portland City Council is set to take

up the issue this month, with other cities and towns around Maine potentially *See Tobacco, page 12*



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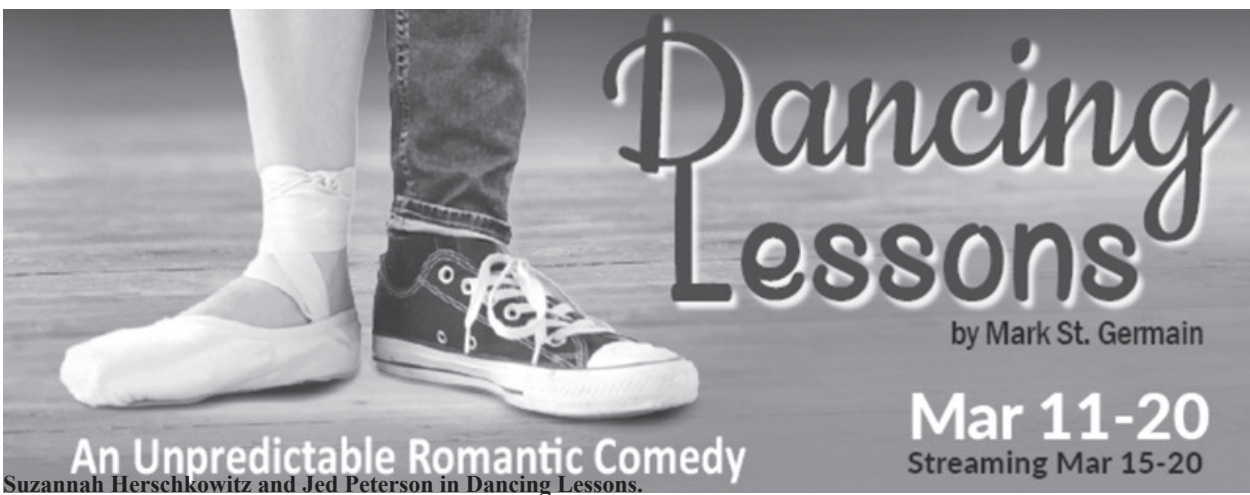
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Arts & Entertainment

Dancing Lessons Opens Next Week



Suzannah Herschkowitz and Jed Peterson in *Dancing Lessons*.



Playing her scientific neighbor Ever is JED PETERSON. Jed played the great Russian dancer Rudolf Nureyev in the world premier of Nureyev's *Eyes* and originated the role of Harry "the Hat" in the national tour of *CHEERS: Live On Stage*. He is a graduate of Moscow Art Theatre School (First American Ensemble), Princeton University, LaGuardia High School of Performing Arts, and the School of American Ballet.



Playing the wounded dancer Senga is SUZANNAH HERSCHKOWITZ. A graduate of the esteemed theatre drama program at Julliard, her recent credits include *Coriolanus* at The Public Theater in New York, and *Detroit '67* at Virginia Stage Company as well as the series *The Blacklist* and *The Last O.G.*

A wonderful combination of comedy and drama, *Dancing Lessons* tells the story of a science professor and a professional dancer who live solitary lives two floors apart in a New York apartment building.

Holed up in her apartment with a serious leg injury that threatens her career and identity, Senga is surprised when her socially awkward neighbor Ever, unexpectedly knocks on her door in desperate need of a dance lesson.

Offering her an absurd amount of money to teach him some moves so he can avoid embarrassing himself at an awards dinner, these two mis-matched souls engage in a series of funny and poignant dance lessons that quickly lead both of them out of their comfort zones.

"*Dancing Lessons* is the perfect play for this moment in time", says director Janet Mitchko, "and a delightful antidote to the feeling of isolation that so many people have experienced during COVID. It's about two people who have been living very isolated lives who learn how to connect with each other in ways that are both delightful and unpredictable. Charming, touching, funny and life-affirming, you'll find yourself laughing and moved, often in the same moment in this tender-hearted, sweet comedy".

March 11, 12, 13, 17, 18, 19, 20 - 2022

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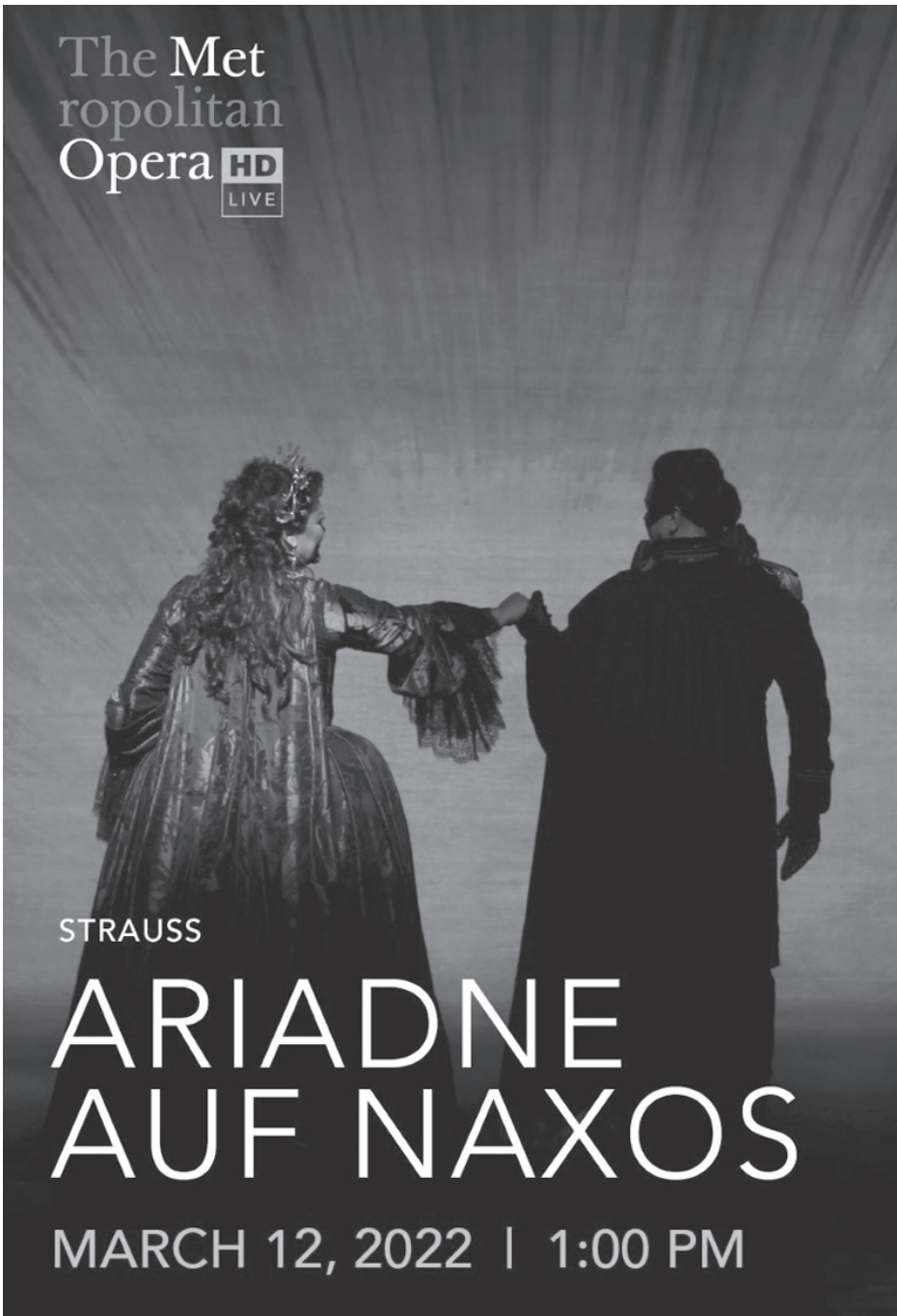
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“Ariadne Auf Naxos” Live in HD March 12



FRYEBURG, ME (February 28, 2022) — The Leura Hill Eastman Performing Arts Center presents the Met Opera’s Live in HD production of Ariadne auf Naxos on Saturday, March 12th at 1:00 pm. The exhilarating soprano Lise Davidsen makes her Live in HD debut in one of her signature roles, the mythological Greek heroine of Strauss’s enchanting masterpiece. The outstanding cast for this March 12 transmission also features mezzo-soprano Isabel Leonard

as the Composer of the opera-within-an-opera around which the plot revolves, with soprano Brenda Rae as the spirited Zerbinetta and tenor Brandon Jovanovich as Ariadne’s lover, the god Bacchus. Marek Janowski conducts. This live cinema transmission is part of the Met’s award-winning Live in HD series, bringing opera to movie theaters across the globe.

Opera enthusiast Joe De Vito will host his acclaimed Opera Lecture Series on Tuesday, March

8th at 3:00 pm in the LHE/PAC seminar room. The lectures are free and open to the public.

Live in HD tickets are \$28 for adults, \$25 for seniors (65+), and \$10 for students. Purchase tickets online at www.fryeburgacademy.org/pac, or call the box office at 207-544-9066. In order to keep our doors open, facemasks are required inside the building during all events. The LHE/PAC is located at 18 Bradley Street in Fryeburg, Maine on the campus of Fryeburg Academy.

Bar Association’s Law Day Contests For Students Open

AUGUSTA, ME (March 4, 2022) -- Maine students in grades 4-12 are invited to submit entries for this year’s Law Day contests sponsored by the Maine State Bar Association. This year’s theme is “Toward a More Perfect Union: The Constitution in Times of Change.”

Students in grades 4-8 may participate in the art poster contest and students in grades 9-12 may participate in the essay contest.

This year’s theme considers the Constitution as a dynamic document; one that not only outlines a blueprint for government, but also delegates power, articulates rights, and offers mechanisms for change. It is neither

perfect, nor exhaustive, as our nation’s history makes clear. Contemporary leaders and everyday citizens today raise their voices as loud as ever to fulfill the promise of the Constitution. Defining and refining those words of the Constitution might be our oldest national tradition, and how each of us works—together—toward a more perfect Union. Entries should reflect the student’s interpretation of the 2022 Law Day theme by responding to the following prompt: What role does the Constitution play in times of change?

The art poster contest has cash prizes of \$75 each for the first-place student and teacher and \$50 each for the second-place student and teacher in two

grade categories: 4-5 and 6-8. The essay contest has a \$100 first-place cash prize for both the student and teacher and a \$75 second-place cash prize for both the student and teacher. Winning essays and posters will be published online and in the Maine Bar Journal. The entry deadline is April 1, 2022, at 5:00 p.m.

Law Day was established in 1958 by President Dwight Eisenhower to mark the nation’s commitment to the rule of law. For more information about Law Day or to download the Law Day contest brochures, visit www.maine-bar.org > For the Public > Law Day or click here: <https://www.maine-bar.org/page/lawday>.

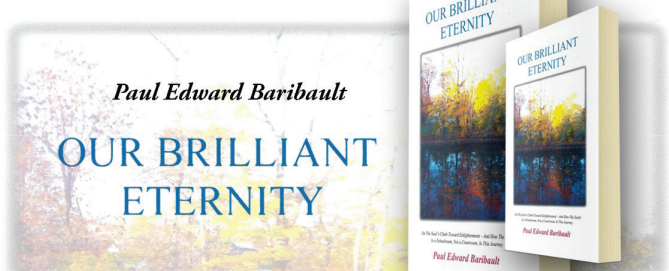
YCCC Launches Competitive Nursing Program in FALL 2022, Applications Now Being Accepted

Wells, ME (January 10, 2022) -- York County Community College (YCCC) is excited to announce that it has received approval from the Maine State Board of Nursing to offer a fully accredited Nursing program on our Wells, Maine Campus starting in the FALL of 2022. This is a competitive program with 32 seats. Prior to this YCCC’s nursing program has been in partnership with Southern Maine Community College.

To facilitate a Nursing Program, YCCC is pleased to welcome Lisa Gatti-Arnold as our newest faculty member. Lisa Gatti-Arnold holds a Master of Science in Nursing and a Bachelor of Science in Nursing from Wayne State University in Detroit, MI. Her 25 years of nursing experience includes diabetes education, geriatrics, and med-surg. She is a member of the National League for Nursing and the International Association for Human Caring. Gatti-Arnold has been

teaching nursing and allied health since 2007 and is passionate about nursing education as an avenue to prepare students to be the nurses of tomorrow.

“The creativity, passion, and experience Lisa has brought to the development and design of a Nursing program for the College have been invaluable.” said Tracey Cornell, YCCC’s Acting Dean of Academic Affairs. “She has been a wonderful addition to the York County
See YCCC, page 12



Paul Edward Baribault
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UUCB Concerts for a Cause presents Pretty Girls Sing Soprano



BRUNSWICK, ME (February 22, 2022) -- Pretty Girls Sing Soprano will perform live at the Brunswick UU Church for their Concerts for a Cause series on March 12, 2022 at 7:30 pm to raise money for this season's charities: Mid Coast Hunger Prevention Program and the Immigrant Legal Advocacy Project. Doors open at 6:30.

After having to cancel 14 concerts because of the pandemic, Concerts for a Cause is once again hosting benefit concerts using strict Covid protocols. A maximum of 120 seats will be sold (about

½ the normal capacity), and seats will be spaced 6 feet apart (or in family pods). All people must be masked and fully vaccinated and will provide a phone number for contact tracing purposes. No food or drink is allowed in the sanctuary.

Since their inception Pretty Girls Sing Soprano have quickly turned heads and gained a loyal following with their tight, clever and original harmonies, whether singing covers of great songs or singing originals written by their own Deana Gurney. Ingrid plays guitar or ukulele, and Deana plays keyboards. Their harmo-

nies are the only other instruments that they use.

The Pretty Girls will sing to your soul and leave you with a smile as they perform a variety of songs from bluegrass, folk, traditional to country and rock-n-roll. If you enjoy good music with top-notch vocals you need to check out Pretty Girls Sing Soprano.

Adults: \$12 in advance, \$15 at door, Students & Children: \$5, Available at the Unitarian Universalist Church office or online at <https://www.ticketstripe.com/prettygirls>

For more information: 729-8515

Maine State Music Theatre and Mumbai to Maine Host Mother's Day Fundraiser

BRUNSWICK, ME (March 4, 2022) – Treat the moms in your life to a full afternoon of culinary delights with Maine State Music Theatre and Mumbai to Maine on May 7 from 12 – 3 PM at the Maine Tasting Center in Wiscasset, Maine.

This Eat, Watch, and Learn event includes a wine and cheese tasting reception, a three-course meal with cooking lessons, a special Mother's Day gift, and automatic entry

to win Mumbai to Maine's Indian-simmer sauces, SKORDO Indian spices, and Bixby Chocolate.

Cherie Scott, a Mumbai-native who now calls Maine her home and the creator of Maine's first Indian-inspired culinary brand, will share her cultural roots and nostalgic anecdotes of her journey from Mumbai to Maine, as she provides the class with her coveted family recipes from the heart of India.

Tickets are \$150 per

person and all proceeds benefit Maine State Music Theatre's Revival Fund.

This event is sponsored by Mumbai to Maine, Maine Tasting Center, SKORDO, Bixby Chocolate, Pinkham's Gourmet Market, and Cody James Barry Photography & Design.

For more information, to view the full menu, and to buy tickets, visit www.msmt.org or call the Box Office at (207) 725-8769.



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SCAN to APPLY

USM LAC Senior College Spring Courses

LEWISTON, ME (February 18, 2022) -- The USM LAC Senior College is pleased to announce its Spring 2022 courses. The campus is located at 51 Westminster St., Lewiston, ME 04240, our email is laseniorcollege@gmail.com. We are happy to say we will be offering some courses on Zoom, and some in person for the Spring semester. We have noted which format a class will be held in, in the class description and when you register online. For your safety and that of others the university requires that masks be worn at all times, and you must show proof of vaccination on the first day of each class.

Registration on Coursestorm will begin on March 1, 2022. We can't wait to see you live or on ZOOM!

Working on Wikitree

Using the free collaborative family tree website wikitree.com to learn about how you are connected to others. Learn about how to share your family line, and document the lives of individuals. Find new ways to connect and collaborate. ZOOM

Instructor: Lin Wright

Genealogical Foundations

This class focuses on how genealogy works, best practices in research

and documentation.

In Person
Instructor: Lin Wright

Is "The Afterlife" Unscientific Poppycock?

There is a presumption that the survival of consciousness after death is inextricably bound to religion. In Dennet, Dawkins, Harris, and Hitchins' works, these self-styled "Four Horsemen of Atheism" purport to debunk both religion and the afterlife. Although they raise substantial objections to the Abrahamic religions, they suppose that they have consequently debunked all paranormal or supernatural explanations of bizarre phenomena. They further claim that reports such as those of "afterlife" experiences must violate the laws of science. This course will examine both the logical rigor of their works and the rational integrity of "life after life" reports. *Suggested book: Mortality, by Christopher Hitchens*

ZOOM
Instructor: Stephen Kercel

Living Well With Diabetes

This six week workshop helps people with type two diabetes learn a variety of day-to-day self-management skills like monitoring blood sugar, healthy eating, exercise, foot care etc. This

class will be facilitated via zoom, so all participants must have access to a device with both a Webcam and microphone. We do provide zoom support prior to the class starting.

ZOOM

Instructor: Katherine Mills Healthy Living for ME Coordinator at Seniors Plus

Games Galore-Pictionary Challenge

Let's have some virtual fun, in this first of three game nights featured on ZOOM. You may know Pictionary from way back, but this is a modern twist using ZOOM's whiteboard feature. You do not have to be able to draw, or know how to use the whiteboard to participate. Discover Zoom's lighter side. We can play games safely with our friends across the state and around the world.

Instructors: Mary Jane Beardsley and Judy Hierstein

ZOOM

Chicago Exposition 1893

What do Milton Hershey, L Frank Baum, Frank Loyd Wright, Frederick Law Olmsted, Thomas Edison, Nikola Tesla and a host of others have in common? They were all part of the 1893 Chicago Exposition a.k.a. World's Fair. Probably one of the greatest World's Fairs ever as it was an introduction to the

20th century.

Instructor: Alan Elze
In-Person

The Daughter of a Queen

This novel is based upon a slave who disguised herself as a man and became a member of the US cavalry during the Civil War, serving under general Sheridan. It is based upon a true woman and is a great read. Text: *Daughter of a Daughter of a Queen by Sarah Bird* may be purchased at Amazon or check with your local library. Plan on reading about 100 pages per session.

Instructor: Laura Sturgis

ZOOM
Male Singers-Songwriters

What was behind the lyrics to the Golden oldies we all know and love? What was happening behind the scenes? David takes a look at some old favorites and some new artists. John Denver and Paul Simon are back along with new additions Jimmy Buffett, Roy Orbison, John Fogerty and Don Henley.

Instructor: David Bernier

In-Person
Mark Twain: Non-Fiction Works 1852-1890

Most everyone knows of Tom Sawyer and Huck Finn, but Twain wrote a prodigious amount of non-fiction stories and material, which are sometimes funnier than his famous novels. The class will examine quite a few. This is a continuation of the Mark Twain class of the spring of 2019. Suggested book: *Mark Twain Collected Tales, Sketches, Speeches, and Essays; ISBN: 0940450364*

Instructor: Alan Elze
In-Person

Perennial Gardening

Spring is coming, and it's time to indulge in dreams of gardening. This course on ornamental gardening with perennial plants is for would-be perennial gardeners, those who have dabbled in perennial gardening and would like to improve their knowledge, and experienced gardeners who would like more scientific underpinning for their practice. Class sessions will include both lecture and time for sharing gardening tips and strategies. Topics include the botany of perennials, understanding soil, choosing plants, native plants, garden design, and garden maintenance.

Instructor: Jean Po-

tuchek

In- Person
Writing Your Life Story

We've all got stories! This informal class will get you on the road to writing about your life, from the mundane to the marvelous. Inviting all "non-writers" to join, this will not be a critique of your writing style or grammar. Take a chance on finding out that you've lived a pretty interesting life after all!

Instructor: Connie Jones

ZOOM
Games Galore-Trivial Pursuit

Mary Jane challenges YOU to have some virtual fun, and the second of three Game Nights featured on ZOOM. Everyone remembers Trivial Pursuit, but this is a modern twist using ZOOM's chat feature. With ZOOM, we can play games safely with our friends across the state and around the world.

Instructors: Mary Jane Beardsley and Judy Hierstein

ZOOM
20th Century Modern Abstract Artists

This course will explore the works and lives of four modern American artists, John Marin, Arthur Dove, Marsden Hartley and Georgia O'Keefe. The idea of the course is to explore abstract art to gain a new perspective and understanding of art and its place in our world and to get to know these fascinating personalities.

Instructor: Alene Staley

ZOOM
History and Practice of Painting Outdoors (en plein air)

A topic for aspiring painters and others interested in art history. For only two centuries have painters been able to work outside, a technological change that has revolutionized the visual arts. This brief course will provide a history of plein air painting and an introduction to its theory and practice.

Instructor: Mike Everett

In-Person
Conspiracy Theories

What are conspiracy theories? Why are they so easy to get started and difficult to dispel? We will take a look at the psychology behind conspiracy theories and how they have affected our society over the years.

Instructor: Elcha Buckman

In-Person
Games Galore-Mad Gab

Let's have some virtual fun, in this final of three game nights featured on ZOOM. This time, we will play MadGab, using ZOOM's chat feature, and your own quirky sense of the English language!

Instructors: Mary Jane Beardsley and Judy Hierstein

ZOOM

Family Tree Friday's

A genealogical potpourri focused on the ways we explore and share the stories of our families.

Instructor: Lin Wright

In-Person and ZOOM

Draw Near

In this online studio art course we will get up close and personal and examine small objects, then interpret them visually using a variety of techniques. We will explore how other artists have done the same, and spend time sharing our work, tips, successes and struggles with the class.

Instructor: Judy Hierstein

ZOOM

Green Dot By-stander Intervention Training

Participants will learn how and why a bystander may intervene safely and reduce the potential for harm caused by bullying or harassment.

Instructor: Peter Elias and a team from Green Dot

In-Person
Conversational Spanish for Beginners

We will learn and practice some beginning Spanish. You will need to spend some time between classes reviewing. Nothing like when in school. Text: Easy Spanish Step by Step

Instructor: Diane Parker

ZOOM
Western Philosophy of Morality

This course will examine the history of thought in morality from the ancient Greeks to modern thinkers. It will ask the students to examine their own thinking about the thinkers and their own moral principles.

Instructor: Anita Dennis

In-Person

Send all items for What's Going On to the Editor. Deadline is Friday by five.



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HISTORY
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Central Maine Power (CMP) Grants \$50,000 For Statewide Technology Literacy

The Covid 19 pandemic significantly highlighted the need for technology literacy across Maine. Maine Literacy Volunteer programs understood the significant inequalities that caused people with limited understanding of technology and limited access to technology devices such as computers, tablets and smart phones to struggle in a new virtual world. Many Literacy Volunteer programs had to severely limit tutors meeting face to face, which impacted learner's goals of learning to read, getting a high

school diploma, getting a driver's license, learning English for the first time, or getting a job.

To address this dilemma, Literacy Volunteers of Kennebec (also known as Literacy Volunteers of Greater Augusta) initiated a Technology Access Program which provided tutors and learners with tablets and internet connectivity, so our learners could be more informed about technology in addition to meeting their learning goals.

One of our tutors, recognized the importance of this program,

working with his own learner over zoom on the tablet and encouraged our program to apply to Central Maine Power (CMP) where he is employed, to help sustain this project and take steps to address the need statewide.

CMP clearly recognized the importance of giving back to the community by meeting one of the most relevant and prevailing needs in Maine of increasing digital/technology literacy. We are very pleased to announce that CMP awarded Literacy Volunteers of Kennebec (also known as Literacy

Volunteers of Greater Augusta) \$50,000.00 to expand technology literacy in Maine.

See the video at <https://vimeo.com/656729303/cfcb1c84fa> which explains the significance of this award!

Literacy Volunteers of Kennebec will be administering the CMP grant and will distribute funds to eight Literacy Volunteer Affiliate Programs across Maine to increase access to technology and develop skills in technology for those with limited literacy and those

who are new immigrants in need of English language skills in addition to technology literacy.

These funds are to be used for activities such as providing technology equipment (tablets, iPads, laptops) and/or providing technology instruction to learners at no cost. Technology equipment may be provided as a loan, for on-site use, or granting to learners, as best determined by the Literacy Volunteer Affiliate.

We thank CMP for this forward-thinking action that will significantly help to reduce the

inequalities of access to technology that many Mainers experience.

Maine Literacy Volunteer Statewide Program contact information is available through 211 or through the National Literacy Directory free hotline: 1-877-389-6874

Send all items for What's Going On to the Editor. Deadline is Friday by five.

Prepare Now for Spring Severe Weather

AUBURN, ME (Grassroots Newswire) (March 2, 2022)--According to the National Weather Service, March marks the start of the spring severe weather season: "...three months of danger that can imperil the unprepared."

Data published by the National Oceanic and Atmospheric Administration (NOAA) reveals that severe weather events are becoming more frequent and more devastating, warn disaster recovery specialists with SERVPRO in the Auburn area. NOAA reports that the period from 1980-2021 saw an annual average of 7.4 "billion-dollar" weather and climate events (adjusted to today's costs). When they looked at only the five most recent years (2017-2021), the annual average grew to 17.2 events. Last year alone (2021) delivered 20 "billion-dollar" weather or climate disaster events.

"It's not unusual to see severe weather in the spring," says Rick Isaacson, CEO of Servpro Industries, LLC. "Whenever

you have warm, moist air colliding with cool, dry air, you have the conditions for creating a thunderstorm, along with the possibility of lightning strikes, floods, hail, high winds, rip currents, and even wildfires and tornadoes. The problem is, you can't prevent these severe weather events and you can't predict very far in advance when and where they will hit. The only sensible approach is to take steps in advance to protect your family and property, especially as these disasters become more common."

SERVPRO urges Auburn-area home and business owners to check out state and federal resources online for tips on planning and preparing for a severe weather emergency now, as the spring severe weather season arrives. One such resource is the National Center for Environmental Health of The Centers for Disease Control and Prevention (CDC), which offers suggestions for creating an emergency kit and preparing family members

for severe weather emergencies at <https://www.cdc.gov/nceh/features/springweather/index.html>.

"Each year, SERVPRO professionals across the country respond to scenes of weather-related mayhem, helping families and business owners recover from flooding, fire, wind damage and more," said Isaacson. "While we are standing by to help whenever we are needed, we hope that our neighbors in the Auburn area

will heed this warning from the CDC: "...prepare for storms, floods, and tornadoes as if you know in advance they are coming, because in the spring, they very likely will."

SERVPRO specializes in disaster cleaning, restoration, and construction services, helping to remediate damage, making it "Like it never even happened," for both commercial and residential customers. For more information about SERVPRO,

please visit www.servpro.com. For more information on SERVPRO in the Auburn area, please contact please contact one of the local business owners below.

* For SERVPRO of Augusta/Waterville, please contact Anthony Wolverton who can be reached at (207) 622-7166 or awolverton@servproaw.com.

* For SERVPRO of Lewiston-Auburn, please contact James Brigham who can be reached at (207) 783-2500 or jbrigham@servprolewisonauburn.com.

* For SERVPRO of Oxford/South Paris - ME, please contact James Brigham who can be reached at (207) 539-2501 or jbrigham@servprolewisonauburn.com.

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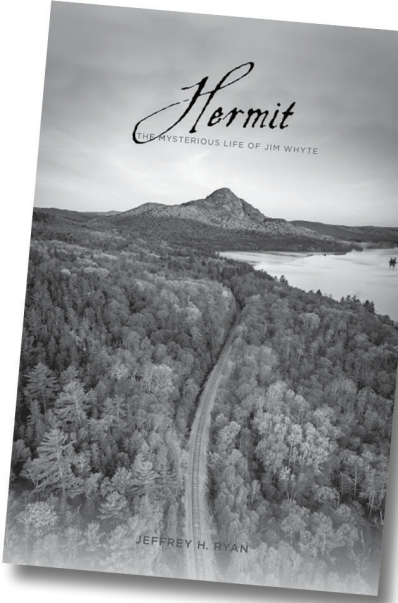
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 — Bill Bushnell, Bushnell on Books

"I can tell you it will not take you many days to read, because you won't be able to put it down. I wasn't surprised when Hermit was named a top pick for 2019 on a December Maine Calling show on Maine Public Radio."
 — George Smith, Bangor Daily News

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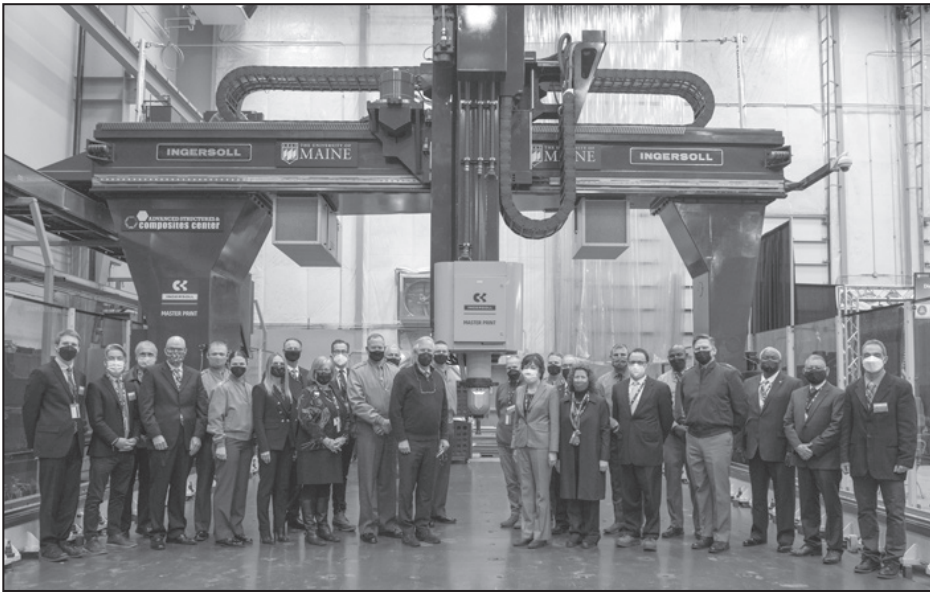
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UMaine Advanced Structures and Composites Center Produces World's Largest 3D-printed Logistics Vessel for U.S. Department of Defense



ORONO, ME (February 25, 2022) — The University of Maine Advanced Structures and Composites Center has achieved a groundbreaking milestone in composite manufacturing with the production of two 3D-printed prototype logistics vessels for the U.S. Department of Defense.

Marine Corps Systems Command's Advanced Manufacturing Operations Cell (AMOC), in collaboration with the UMaine Composites Center, used advanced manufacturing techniques to successfully develop the expendable polymeric composite ship-to-shore vessels. The longer of the two vessels, the largest ever 3D-printed, simulates ship-to-shore movement of 20-foot containers representing equipment and supplies. The second vessel can transport a Marine rifle-squad with organic equipment and three days of supplies. The prototypes can be connected, maximizing the transport capability of a single-tow vehicle.

The ship-to-shore logistics vessels align with the 38th Commandant of Marine Corps Gen. David Berger's vision to "seek the affordable and plentiful at the ex-

pense of the exquisite and few when conceiving of the future amphibious portion of the fleet," due to relatively low-cost, speed and ease of production.

"Our national security and economic security depend on an innovative and robust American manufacturing base," said Barbara K. McQuiston, director of Defense Research and Engineering for Research and Technology, Office of the Secretary of Defense. "I applaud the University of Maine's Advanced Structures and Composites Center for their pioneering work in the field of additive manufacturing. The advancements made here will bolster domestic manufacturing and ultimately support our warfighters in the field."

Joining McQuiston for the unveiling Feb. 25 at the UMaine Composites Center were U.S. Senators Susan Collins and Angus King, U.S. Department of Defense leadership and University of Maine officials.

"In 2019, UMaine unveiled the world's largest 3D-printed object — a 25-foot patrol boat. Today,

we celebrated the creation of 3D-printed vessels that will be more than twice as large and represent the next remarkable leap in innovation by UMaine," said Senators Susan Collins and Angus King and Representative Jared Golden. "This accomplishment is a prime example of how UMaine is leading the nation in large-scale additive manufacturing technology. These new boats continue the Composite Center's contributions to our national defense and will help fuel new breakthroughs in advanced manufacturing that will create good jobs here in Maine."

Using traditional materials and methods, landing craft utility vessels can take over one year to produce. The UMaine Composites Center printed and assembled one of the two vessels in a month. The vessels were produced using the world's largest polymer 3D printer, which the center commissioned on Oct. 10, 2019, earning three Guinness World Records.

To demonstrate the printer's capabilities, the Composites Center 3D-printed a 5,000-pound boat, 3Dirigo, in 72 hours, and printed a U.S. Army communications shelter in 48 hours. The printer, with both additive and precise subtractive manufacturing capabilities, enables rapid prototyping for both defense and civilian applications.

"This project demonstrates the art of the possible and the potential for AM to fundamentally alter how we think about connectors and their role in mobility and distribution within a contested environment," said LtGen Edward Banta, Deputy Commandant – Installation & Logistics, U.S. Marine Corps.

"As the Marine Corps seeks to modernize logistics to better respond to current and future conflicts, advancements in additive manufacturing will ensure we remain agile, lethal and expeditionary," said William Williford, executive director of Marine Corps

Systems Command.

The latest project to create the two 3D-printed logistics vessels is a significant milestone toward demonstrating advanced manufacturing techniques to rapidly constitute critical DOD assets closer to the point of need. The previously successful prototype was 3D printed in 2020, made from 25% aluminum. The vessels manufactured by the UMaine Composites Center are multimaterial composites with engineering polymer and fiber reinforcement.

"The University of Maine is at the forefront of cutting-edge research and high-impact technologies, including advanced manufacturing, AI and 3D printing important for industries in Maine and beyond," said University of Maine System Chancellor Dannel Malloy. "These prototype vessels are the latest innovations from the Composites Center that demonstrate the future of manufacturing. This is an exciting time for Maine's Carnegie R1 research enterprise. Congratulations to the talented group of faculty, staff and students for this milestone achievement."

"The leadership, vision and innovation of the Advanced Structures and Composites Center continue to make a difference in Maine and worldwide," said UMaine President Joan Ferrini-Mundy, vice chancellor for research and innovation for the University of Maine System. "The center's research and development capacity in collaboration with partners in Maine and beyond, its problem-solving capabilities and focus on workforce development are an important part of our Carnegie R1 top-tier research institution."

"Two years ago, we demonstrated that it was possible to 3D print a 25-foot patrol vessel in three days. Since then, partnering with the DOD, we have been improving material properties, speeding up the printing process and connecting our printer with high-performance computers that can monitor the print. With these tools in place, we have now printed a prototype vessel that will be tested by the U.S. Marine Corps (USMC). The Advanced Structures and Composites Center is at the cutting edge of advanced manufacturing research and development, advancing state-of-the-art technologies like large-scale additive manufacturing and high-performance computing to develop practical, rapidly deployable and cost-effective solutions for defense and civilian appli-

cations," said Habib Dagher, executive director of the UMaine Composites Center. "We thank our partners at the DOD, USMC, U.S. Army Engineer Research and Development Center (ERDC) and our Congressional delegation for their continued support. Today's groundbreaking achievement couldn't have been possible if not for the tremendous effort of our dedicated team of 260 ASCC faculty researchers, staff and students."

"These demonstration vessels represent an initial step toward defining future forward manufacturing capabilities, and also a balance between expendable system cost, performance and ease of manufacture," said Kyle Warren, UMaine senior program manager and principal investigator on the project.

The Advanced Structures and Composites Center is a world-leading interdisciplinary center for research, education and economic development, encompassing material sciences, advanced manufacturing and engineering of composites and structures. Housed in a 100,000-square-foot ISO-17025-accredited facility, the center has been recognized nationally and internationally for cutting-edge research programs leading and impacting new industries, including offshore wind and marine energy, civil infrastructure, biobased composites, large-scale 3D printing, soldier protection systems and innovative defense-related applications.

The Marine Corps' AMOC, established in 2019, conducts testing, experimentation and analysis to source innovative techniques and leverage advanced manufacturing technology. AMOC also provides 24/7 3D printing help desk support for the Fleet Marine Force and all equipment program offices.

YCCC

Continued from page 7

Community College campus and will be a true asset to our program and future students."

YCCC'S Nursing Program is designed to prepare individuals to become registered nurses at the Associate Degree level. The curriculum will blend Nursing courses with general education courses to provide a sound theoretical base of nursing practice. Students will participate in clinical and classroom experiences during each of the four semesters in the program. Clinical ex-

periences will be offered at hospitals and long-term care facilities located in York County. Upon successful completion of the program, graduates will be eligible to take the NCLEX Registered Nurse (RN) licensure examination.

For more information about the program, required prerequisites, and the application process, please visit www.yccc.edu/nursing.

View Online: <http://yccc.meritpages.com/news/YCCC-Launches-Competitive-Nursing-Program-in-FALL-2022/24048>

Tobacco

Continued from page 5

following their lead.

"The data shows that Mainers overwhelmingly support ending the sale of flavored tobacco products," said BJ McCollister, campaign manager for Flavors Hook Kids Maine. "We can do this by banding together not just for the health and safety of our kids, but for the health and safety of the entire state."

Dozens of partners have come together in support of the effort, including the Campaign for Tobacco-Free Kids, the American Heart Association, the American Lung Association, the American Cancer Society Cancer Action Network and several local organizations. More details can be found at www.FlavorsHookKidsMaine.org.

Awareness

Continued from page 2

brain injury information, resources, and support.

Among the workshops Healthy Living for ME offers, some that may be of particular help for those with brain injuries and their caregivers are HealthMatters and Building Better Caregivers. With nearly 50% of acquired brain injuries caused by falls, the Falls Prevention workshop offered by Healthy Living for ME is a resource that can help people reduce their risk of falling and sustaining a brain injury.

For more information on these, as well as other workshops and resources available through Healthy Living for ME, visit www.healthylivingforme.org, call 1-800-620-6036, or email info@healthylivingforme.org.

For more information about the Brain Injury Association of America and their Maine Chapter, as well as Brain Injury Awareness Month events and activities, visit www.biausa.org/maine, call 1-800-444-6443, or email MaineBrainInjuryInfo@biausa.org.

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Calendar

Send your submissions to the Editor. More online.

Mar. 15
GORHAM -- 8am Ordinance Committee Meeting TBD

Mar. 15
GORHAM -- 6:30pm Town Council Workshop Council Chambers

Mar. 16
GORHAM -- 8am Gorham Economic Development Corporation Meeting Conference Room A

Mar. 16
LEWISTON -- The Ladies of St Anne Sodality, Prince of Peace Parish will be having a general membership meeting on March 16 at 6 PM. at the Parish Hall 607 Sabattus St. The doors will be opened at 5:30. After a brief business meeting, there will be a Stand Up Bingo. Save a date for the upcoming Card Party to be held on April 6 at 6 PM. Tickets will be available at the March 16 meeting for \$5 or by contacting Anita 782-4516. Refreshments will be served by Flo Marquis.

Mar. 17
LEWISTON -- Care Partner Support Series – Five Sessions to Change: virtual webinars presented in conjunction with Positive Approach® to Care, the international program led by founder Teepa Snow. This class is designed to educate and connect care partners of a person living with dementia. Participants must agree to attend all five sessions, as well as an introductory program, and have appropriate internet access. Thursdays, March 17-April 14th, 5:30 – 7 pm, SeniorsPlus, 8 Falcon Road, Lewiston, ME 04240

Registration required: call 1-800-427-1241 or email gnelson@seniorsplus.org

Mar. 17
GORHAM -- 6:30pm Tentative Recurring Board of Appeals Meeting, Council Chambers

Mar. 17
GORHAM -- 6:30pm Tentative Recurring CIP

Meeting TBD

Mar. 19
LEWISTON -- 11:00am-1:00pm IN-PERSON program at the Lewiston Public Library Children's Department: GRAPHIC NOVELS TO THE RESCUE! Join the Lewiston Public Library Children's Department for an in-person program celebrating graphic novels. This program will take place on Saturday, March 19, 2022 from 11:00am-1:00pm in Callahan Hall on the 3rd floor of the library. No registration is required for this program, and it is free and open to all kids up to age 12 and their families. Costumes are encouraged but not required. Stop in anytime between 11:00am - 1:00. Activities (until supplies last) will include making comic strips, masks and capes, and posing in front of the cityscape backdrop for photos!

Mar. 21
LEWISTON & AUBURN -- 5:30 PM – 6:00 PM, on Zoom, Lewiston Public Library & Auburn Public Library: TOUGH TIMES: FROM HAVING A BAD DAY TO DYSTOPIAN APOCALYPSE Art has always helped get us through difficult times. In this presentation, the Museum Of Bad Art explores some of the ways artists react to disasters small and large, real and imagined. Free. Registration is required. The Zoom link will be posted to the Library website and Facebook prior to the event. You can also register by contacting Donna Wallace at dwallace@auburnpubliclibrary.org or 207-333- 6640 ext. 4. 513-3135; www.LPLonline.org

Mar. 26
GRAY -- Takeout

Bean Supper - First Congregational Church of Gray. You MUST order in advance. Contact Carol at 650-9093

and let her know your name, phone number, how many meals you want, and choice of pie. Cut off for reservations will be Wednesday, March 23 at 2:00 P. M. Please park at the Parish House, 5 Brown St. and enter the Parish House by the Front Door. Meals are single-sized and are \$10.00 each. Pick up time is 4:30 to 5:30 P. M. Please pay at time of pick up. Menu - Baked Pea Beans, 2 Red Hot Dogs, Coleslaw, Biscuit, and choice of Apple or Blueberry pie. Face masks and Social distancing required. Remember, Cut off for reservations will be Wednesday March 23!

Mar. 28
GORHAM -- 5:30pm Finance Committee Meeting TBD

Mar. 29
LEWISTON -- 5:30 PM – 7:00 PM, on Zoom, Lewiston Public Library: MAINE STATE MUSEUM LISTENING TOUR AT LPL The Maine State Museum is seeking community input to find the stories and broader themes that resonate with and reflect the many voices, interests, and identities of the people of Maine. There will be a series of discussions in different communities across the state from which the participants' responses will inform the museum's ongoing work. The Lewiston Public Library will be hosting one of these virtual discussions so that the people of Lewiston have an opportunity to weigh in. Free. Space is limited - registration is required. 513-3135; www.LPLonline.org

Apr. 2
ZOOM – 10:00 AM – 11:30 AM. Keynote Address: "Developing Youth Leadership through Model United Nations: A Conversation with Yanina Nicless Facilitated by Bret Bergst." Yanina Nicless, a riveting speaker, is the former Maine Model UN Secretary General and USM graduate from Ukraine. This event is sponsored by the Maine Chapter of The United Nations Association of the United States of America during its annual meeting. FMI go to our website: una-maine.org.

Apr. 6, Apr. 13
LEWISTON -- 3:30PM, Lewiston Public Library, MAKE ART WITH ARTVAN ArtVan will be providing an in-person hands-on creative art program in the Children's Department of the Lewiston Public Library for children ages 5-14 (ages 5-8 must be accompanied by an adult) for self-expression, personal growth, and fun. Free. All art supplies will be provided. 513-3133; www.LPLonline.org

Apr. 7, 8, 9, 10, 14, 15, 16, 17
Community Little Theatre (CLT) presents Disaster!, a new musical comedy with hit songs from the 1970s and plot elements reminiscent of disaster cult films. Performances at 7:30 p.m. on April 7, 8, 9, 14, 15, and 16; and at 2:00 p.m. on April 10 and 17. Call 207-783-0958 or visit BOX OFFICE | laclt-1 for tickets and information. Please visit at <https://www.laclt.com/covid-19-protocols> for information on safety protocols.

Send all items for What's Going On to the Editor. Deadline is Friday by five.

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Music & Memory Workshops for Aiding Dementia Care

LEWISTON, ME (February 28, 2022) -- SeniorsPlus, the designated Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, will be offering a Music & Memory program for adults who have Alzheimer's Disease or other related dementia and their caregivers. Music & Memory sessions will be presented one-on-one with caregivers and clients in their homes starting in April. The program is free and open to the public. Call 207 440-2340 or email mrussell@seniorsplus.org for more information and to schedule an appointment.

Music & Memory is an exciting, internationally-recognized, evidenced-informed program targeting individuals aging in place at home and their caregivers. A growing body of research proves how personalized playlists, presented in the context of Music & Memory, changes lives for the better. Music has been found to stimulate parts of the brain, and studies have demonstrated that music enhances the memory of Alzheimer's and dementia patients. Research has shown that favorite songs provide respite, ease transitions, and reduce caregiver stress.

The program is presented in partnership with Eastern Area Agency on Aging, which will offer Music & Memory in Penobscot, Piscataquis, Hancock, and Washington counties. It is funded through the Administration for Community Living.

Established in 1972 and headquartered in Lewiston, SeniorsPlus is the Western Maine designated Area Agency on Aging covering Franklin, Oxford, and Androscoggin counties. The overall program goal of SeniorsPlus is to assist older people and adults with disabilities in its tri-county area to remain safely at home for as long as possible. The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices. SeniorsPlus envisions a future where all older adults and individuals with disabilities are engaged and respected while living quality, independent lives in the communities of their choice. In 2021, SeniorsPlus served a diverse population of almost 10,000 clients and fielded 185,000 phone inquiries.

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WASHINGTON, D.C. - APRIL 7 - 13, 2022

Trip includes 7 days and 6 nights - 10 meals - Two guided tours of Washington, D.C. memorials. Evening guided tour of Memorials and Monuments. Admission to New Bible Museum. Tram ride through Arlington National Cemetery, admission to George Washington's Mount Vernon Estate and so much more. Price is \$749.00 per

person double occupancy with a \$75.00 due upon signing.

NASHVILLE SHOW TRIP - JUNE 11-19, 2022

Trip includes 9 days and 8 nights - 14 meals - Grand Ole Opry Show - Nashville Nightlife Dinner Theater - Guided tours of Nashville and Belle Meade Historic Site & Winery. Admission to the Country Music Hall of Fame. Admission to the Grand Ole Opry behind the Scenes Tour. Admission to Madame Tussauds Wax Museum. Price is \$1,025. per person double occupancy with a \$75.00 deposit due upon signing.

MACKINAC ISLAND - SEPTEMBER 10 - 18, 2022

Trip includes 9 days and 8 nights - 14 meals - Guided tour of Mackinaw City - Visit to

Mackinaw City. Visit to Mackinac Island including a guided Carriage Tour. Boat ride through the Soo Locks and free time and sightseeing in Sault Sainte Marie. Admission to Colonial Michillmackinac. Price is \$899.00 per person double occupancy with a \$75.00 deposit due upon signing.

WHITE MOUNTAIN HOTEL AND RESORT - DECEMBER 4 & 5, 2022 -

Trip includes 1 night lodging - 3 meals (Grand Sunday Brunch) - 2 different entertainment shows, Austrian Sleigh Ride through Jackson Village, Chocolate Tour, shopping and much more. \$100.00 deposit due upon signing. Total price not available at this time.

For questions and detailed information on these trips, please call: Claire - 207-784-0302 or Cindy- 207-345-9569.

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Send all items for What's Going On to the Editor. Deadline is Friday by five.

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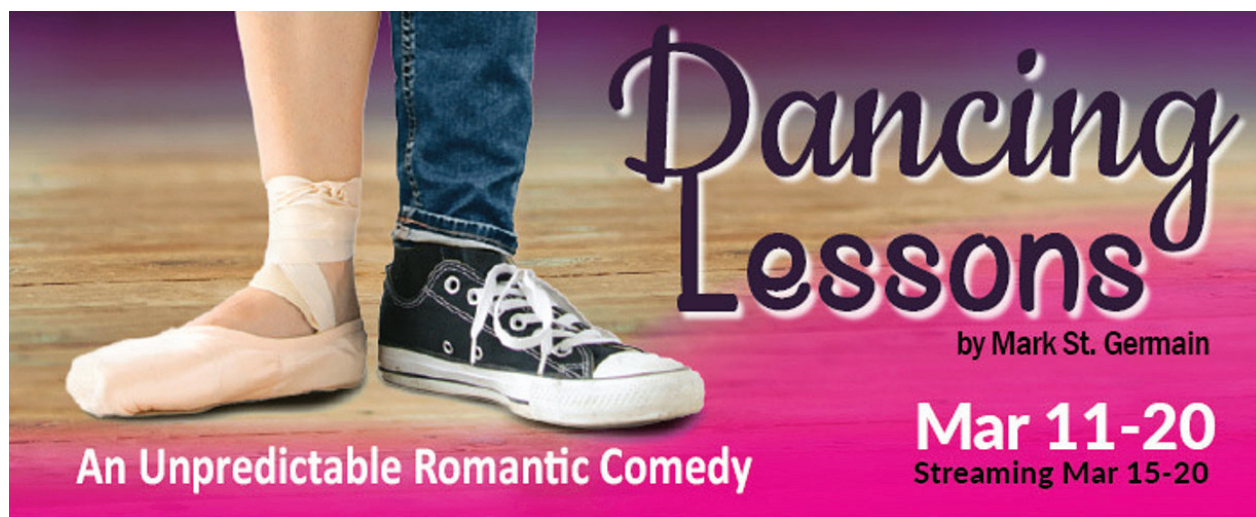
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The Box Office is OPEN for Mark St. Germain's *Dancing Lessons*!



LEWISTON, ME (February 23, 2022) – A professional dancer with a career-ending injury is thrown for a loop when a geoscientist shows up on her doorstep asking for a dance lesson. Offering her an absurd amount of money to teach him enough moves

to avoid embarrassing himself at an awards dinner, these two mis-matched souls engage in a series of lessons that lead them

both of out of their comfort zone. Charming, touching, funny and life-affirming, don't miss this delightfully unpredictable romantic

comedy.
 March 11, 12, 13, 17, 18, 19, 20 – 2022
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 For anyone unable to attend in-person, you can purchase a Video-On-Demand ticket to watch a recording of a live performance to enjoy from the comfort of your own home.
 Video-On-Demand: March 15-20
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A NOTE TO OUR AUDIENCE
 We are taking our decision to resume live performances very seriously and have upgraded our entire HVAC system with MERV filters for improved air-handling throughout the building that MEETS OR EXCEEDS ALL CDC SAFETY GUIDELINES for air circulation and filtration. We are also requiring proof of full vaccination or a negative COVID test within 24 hours to attend, and a mask must be worn while in the building.
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La Rencontre Brings Culture, Performing Arts, Language



Present Company will provide musical entertainment at the Franco Center's La Rencontre on Thursday, March 10. The performing trio includes Lorna Jollymore, Diane Meservier, and Margaret Dix. Doors to the event open at 9:30 a.m.

LEWISTON, ME (March 2, 2022) – Diverse cultures, performing arts, and languages come together at the Gendron Franco Center during La Rencontre (the gathering) starting at 10 a.m. Thursday, March 10. Doors will open at 9:30 a.m. Tickets will not be sold at the door and must be purchased by noon on Monday, March 7. Purchase online at www.francocenter.org or by phone at 207-689-2000.

Traditionally, in Franco culture, big celebratory meals included live music provided by members of the family and their neighbors. Many families made sure their kids each learned to play an instrument in order to entertain at such gatherings — and so, accordingly, the Gendron Franco Center invites local musicians to provide live music for its guests.

The 11:30 a.m. lunch will consist of a traditional Irish meal of corned beef, cabbage, potatoes, carrots, dinner rolls, and dessert. After lunch, Present Company will provide the entertainment. Members of this trio are three Franco-American cousins from Lewiston: Lorna Jol-

lymore, Diane Meservier, and Margaret Dix. They have been performing together in public as Present Company for almost 35 years. Their singing will be accompanied by Jollymore on the keyboards.

The ticket price of \$15 includes meal and entertainment. The Gendron Franco Center is at 46 Cedar Street, Lewiston. Parking is available in the mill lot; handicap parking is located near the elevator entrance in Lincoln St. Alley.

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